

ABCT 2020

54th Annual Convention

November 17–22

Better Access, Better Outcomes

Association for Behavioral and Cognitive Therapies

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Message From the Program Chairs



Shannon Wiltsey Stirman, Ph.D., *Program Chair, Dissemination and Training Division, National Center for PTSD and Department of Psychiatry and Behavioral Sciences, Stanford University*



Daniel M. Cheron, Ph.D., ABPP, *Associate Program Chair, Judge Baker Children's Center, Harvard Medical School*

As the 2020 Program Chair and Associate Chair, we welcome you to our 54th Annual Convention with the recognition that this year has brought unprecedented challenges, but also new opportunities to improve the responsiveness and effectiveness of the work that we all do. ABCT's mission is to enhance public health and well-being through the application of science, a goal that is reflected in our 2020 theme, "Better Access, Better Outcomes: Enhancing the Impact of Behavioral and Cognitive Therapies." At the time that this theme was selected, we had no idea that 2020 would present our field with the formidable challenge of providing uninterrupted access to care during a global pandemic, while sheltering in place. Many of our members rapidly transitioned to providing treatment through telehealth and grappled with questions about how best to provide access to those who lacked the resources or technology to engage in care. We also saw our society—and our field—called to action to ensure that individuals who continue to experience systemic racism or discrimination throughout their whole lives receive equitable treatment and opportunity. We have asked ourselves whether the treatments that we develop, study, and provide truly meet the needs of all we serve, and whether and how we can continue to improve their impact. These are questions that keep us up at night and fuel our own work, and we have worked to bring the same commitment in these roles as your Program Chair and Associate Chair. We are truly honored to have the opportunity to serve our organization, which has provided us with intellectual stimulation, friendships, and support for over two decades.

Developing a program amidst rapid changes in our society has been enormously rewarding. We have heard from our membership about ways that ABCT can grow and support diversity in our membership and respond to the important challenges that the individuals we serve face every day. We were fortunate that many of our members submitted highly relevant work in areas related to access to care and meeting the needs of diverse communities, and we hope that their presentations will inspire continued dialogue, action, and more innovation and research.

We have some exciting programming specific to increasing the impact of CBT. We are joined this year by a panel of experts who have pioneered methods related to treatment selection and personalization. Michelle Craske will moderate a panel

with Aaron Fisher, Greg Siegle, Jacqueline Persons, and Robert DeRubeis on the approaches they have developed and tested to ensure that clients receive tailored, effective, and efficient treatment. Drs. Aaron Beck and Judy Beck will present remarks on the evolution of CBT and reflections on the conference theme.

Additionally, you will see a number of presentations on access to care during the COVID-19 pandemic. A key challenge has been not only to provide continuity and equitable access to care, but to do so in a way that ensures that outcomes are commensurate, or even improve upon, traditional face-to-face care. Innovations in digital health and integration of recent findings on ways to personalize care to improve outcomes also remain highly relevant in the current environment. As Program Chairs, it has been our role to work with our committee to consider how we can address these concerns within the program we have sought to create over the past year.

Some of our featured speakers will also be sharing their work that is geared toward disseminating, implementing, and increasing access to evidence-based treatment. Dr. Luana Marques will help us kick off the conference on Wednesday with a rich description of work that she and her team are doing with diverse and underserved populations in a variety of community-based settings. Dr. Eric Youngstrom will be speaking about his pioneering efforts to develop open source strategies to disseminate psychological science and provide greater access to evidence-based assessment and information about behavioral and emotional disorders. We are thrilled that Dr. Torrey Creed will moderate a panel of speakers, Drs. Sosunmolu Shoyinka, Karriem Salaam, Amber Calloway, Mr. Hector Ayala, and Mr. Todd Inman. They will discuss important considerations to providing access to care for a diverse client population within Philadelphia's public behavioral healthcare system, which has implemented CBT in many of its service settings. The panelists will discuss important considerations and challenges related to providing telemental health in the midst of the pandemic, and will describe the work at every level of the system to address the impact of systemic racism and experiences of discrimination experienced by much of the population that seeks services within the system.

Dr. Allison Harvey's work has spanned the continuum from treatment development to implementation, and we look forward to hearing her work towards identification of novel intervention targets related to sleep and memory that are safe, powerful, inexpensive, and scalable. Dr. Zindel Segal will share advances in MBCT including recent digital mental health studies. We are also delighted that our 2019 Lifetime Achievement Award Winner, Dr. Phil Kendall, will present on his influential work, which has also focused on both improving clinical outcomes for child anxiety, and increasingly, on implementing these interventions. Finally, in his presidential address, Dr. Martin Antony will speak to us about the challenges and opportunities for CBT in the era of COVID.

This year, we continued innovating in our program process:

- We piloted a student reviewer program, and 55 students co-reviewed abstracts with their mentors.
- For the first time, posters will be virtual. This will allow you to attend more live programming and still browse posters in the topic areas that interest you.

It has been our privilege to serve as your Program Chairs this year, and we are

grateful to Dr. Martin Antony and the ABCT Board for entrusting us with these duties. We also want to thank Janice Svendsen for her administrative support and willingness to roll up her sleeves to help with the many tasks associated with program review and correspondence. We also would like to thank Drs. Alyssa Ward and Cameo Stanick (2019 Program Chair and Assistant) and Dr. Katharina Kircanski (Coordinator of Convention and Education Issues and 2017 Program Chair) for their support and guidance. This program comes to you via the substantial efforts of virtually hundreds of our members who have contributed to its creation. This includes the 2020 Program Committee, composed of over 280 members and 110 super reviewers, for their expertise, careful reviews, and flexibility during the peer review process. We simply would not have a convention without their dedication and service.

We also thank the chairs of the Convention and Education Issues Committee for their tireless work and exceptional job developing this year's excellent program: Brian Baucom (AMASS Chair), Christina Boisseau (Workshops Chair), Courtney Benjamin Wolk (Master Clinician Seminars Chair), Cole Hooley (Research & Professional Development Chair), Samantha Farris (Institutes Chair), and Gregory Chasson (2020 Program Chair). We can't express enough appreciation for Mary Jane Eimer and the Central Office team—most especially the unflappable Stephen Crane—who gracefully and thoughtfully worked to develop the best convention possible under unprecedented circumstances and tremendous uncertainty. Finally, we are forever grateful to our families, who have been so loving and tolerant of the time and work that went into the development of this convention.

We hope that you experience this as an engaging convention that inspires new scientific collaborations that increase our collective impact! Thanks for joining us this year.

ANNUAL MEETING *of* MEMBERS

Saturday, November 21, 2020 | 5:00–6:00 P.M. EST
via Zoom

All ABCT members are encouraged to attend this meeting. Learn about the Association's progress on our Strategic Intent, our 2020 accomplishments, and our priorities for 2021. Meet the newest members to the ABCT governance and help thank your colleagues who have contributed so much to ABCT's success over the past year.

Convention and Education Issues

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Katharina Kircanski, Ph.D.

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Associate Program Chair, 2020

Daniel M. Cheron, Ph.D.

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Continuing Education at ABCT

ABCT is proud to offer you opportunities to learn from proven educators. Here is an efficient and effective way to hone your clinical skills, learn the results of the latest research, and earn continuing education credits as well.

The continuing education fee is included in your general registration fee this year. **All attendees will be sent an access code to the Cadmium Survey Magnet where they can complete their sessions' quizzes, complete their evaluations, and keep track of continuing education credits.** The magnet also includes a certificate listing all your sessions that can be saved and/or printed.

Ticketed sessions require an additional payment beyond the general registration fee. For ticketed events, attendees must complete an individual evaluation form and a session quiz. Attendees must remain in the virtual session for the entire period in order to receive CE credit.

Psychology

ABCT is approved by the American Psychological Association to sponsor continuing education for psychologists. ABCT maintains responsibility for this program and its content. Attendance at each continuing education session in its entirety is required to receive CE credit. No partial credit is awarded; late arrival or early departure will preclude awarding of CE credit. For ticketed events and general sessions attendees must complete an individual evaluation form and pass an attendee quiz.

Social Work

ABCT application is under review for approval for 49 hours of CE.

Counseling

ABCT is approved by the National Board of Certified Counselors (NBCC) Approved continuing education provider. ACEP No. 5797 and may offer NBCC-approved clock hours for events that meet NBCC requirements. Programs that do not qualify for NBCC credit are clearly identified. ABCT is solely responsible for all aspects of the program.

Licensed Professionals

ABCT is approved by the California Association of Marriage and Family Therapist (CAMFT) to sponsor continuing education for counselors and MFT's. This conference will provide up to 26 hours of continuing education credit for LMFT's, LCSWs LPCC's and/or LEPs required by the California Board of Behavioral Sciences, ABCT maintains responsibility for this program/course and its contents. (Approval #133136).

Registration

Preregister on-line at www.abct.org. To pay by check, complete the registration form available in PDF format on the ABCT website by Friday, November 13. *Please note:* A PDF of the program book will be available and posted to the ABCT convention page. Please download the convention App to view and create your own personalized schedule.

To receive member registration fees, members must renew for 2021 before completing their registration process or to join as a New Member of ABCT.

Registration for all PRE-Convention Sessions (AMASS, Clinical Intervention Seminars, Institutes, Master Clinician Seminars) requires an additional fee. All pre-convention sessions will take place on Tuesday, November 17 or Wednesday, November 18.

General Registration

The general registration fee entitles the registrant to attend all events on November 18- November 22 except for ticketed sessions. There are additional ticketed events on Tuesday, November 17. Your canceled check is your receipt. Email confirmation notices will be generated automatically for on-line registrations and will be sent via email the same day you register. Email confirmation will be sent within 1 week for faxed and mailed registrations. If you do not receive an email confirmation in the time specified, please call the ABCT central office, (212) 647-1890, or email Tonya Childers at tchilders@abct.org.

All presenters (except for the first two presenters of ticketed CE sessions) must pay the general registration fee. Leaders of ticketed session will receive information regarding their registration procedure from the ABCT Central Office.

Admission to all ticketed sessions is by confirmation only. Ticketed sessions are sold on a first- come, first-served basis. Participants are strongly urged to register by Monday, November 16.

Please note: NO PURCHASE ORDERS WILL BE ACCEPTED.

To register, please choose one format:

Registering On-Line

The quickest method is to register on-line (go to abct.org and click on the convention banner on the home page or go to www.abct.org/conv2020). Use this method for immediate feedback on which ticketed sessions you will be attending. To receive members' discounted rates, your ABCT dues must be up to date. If your membership has lapsed, use this opportunity to renew.

To get member rates at this conference, your ABCT dues must be paid through October 31, 2021. The ABCT membership year is November 1, 2020 - October 31, 2021. To renew, go to abct.org.

Registering by Fax

You may fax your completed registration form, along with credit card information and your signature, to (212) 647-1865. If you choose this method, please DO NOT send a follow-up hard copy. This will cause double payment.

Registering by Mail

All preregistrations that are paid by check must be mailed to ABCT, 305 Seventh Avenue, 16th Floor, New York, NY, 10001.

Refund Policy

There are no refunds for the 2020 ABCT virtual convention.

Payment Policy

All fees must be paid in U.S. currency on a U.S. bank. Any bank fees charged to the Association will be passed along to the attendee. Please make checks payable to ABCT.

ABCT ONLINE WEBINARS

Learning doesn't need to stop at the Convention! ABCT is proud to provide webinars for psychologists and other mental health professionals. Our webinars can be attended live or viewed online at your convenience. Visit our website (abct.org) to view live, recorded, or archived webinars. **CE opportunities are available for many!** E-mail Veronica at vbowen@abct.org for more information.

Upcoming Webinar

CORY F. NEWMAN (December 3, 2020 | member price: \$20)
Supervision Essentials for Cognitive-Behavioral Therapy

Recorded Webinars

WILLIAM SHUNKAMOLAH

The Art and Science of Ethical Practice in Native Communities:
A Native Psychologist's Perspective

RIANA ELYSE ANDERSON

Healing Racial Trauma: Focusing on Racial Socialization as a CBT
Strategy for Black Youth

AMELIA ALDAO

Helping Clients Transition to the New Normal

RICARDO F. MUÑOZ

Disseminating Evidence-Based Interventions Globally:
On Digital Apothecaries and Massive Open Online Interventions

ANGELA FANG

Neuroscience-Informed CBT: Bridging the Gap Between Basic Brain
Findings and Clinical Care

>>> *and many more, at www.abct.org > Webinars*

ABCT Membership

Please join us! Added value for your membership dollars

Your annual ABCT membership gives you the most from your dues dollars for all stages of your career. Members receive more than just the lowest registration rates at the 2020 Virtual Convention:

- Stay connected and updated with your colleagues and the latest developments in mental health research through our list serve, the ABCT membership directory, and our online resources. Join one of 40+ SIGs, “like” us on Facebook, and follow us on Twitter! Share photos on our Instagram account and sign up for the convention app.
- Participate in our Find-a-CBT-Therapist online referral network at www.find-cbt.org. It continues to be our most frequently visited web page. To expand your listing and include your practice particulars, pay just \$50 more per year.
- FREE on-line access to all issues of *the Behavior Therapist*, featuring articles and reviews of research and clinical import, and our outstanding journals *Cognitive and Behavioral Practice* (4 times per year/ impact factor: 2.096) and *Behavior Therapy* (6 issues per year; the Institute for Scientific Information now ranks us 13th out of 121 clinical psychology journals, with an impact factor of 3.243).
- Expand your skill sets and earn CE with our growing list of webinars—attend live sessions or view online at your convenience. Planning for 2021 sessions is under way! Let us know what you'd like to see by responding to the survey right after our November virtual convention. And keep in mind that the 2020 ABCT convention will be available on-line for several months after the convention, giving you another opportunity to earn ce credits.
- Refer to our website for a growing list of resources on Coping with COVID-19; Resources to Combat Racism; Information on Opioids and the Opioid Crisis; Information on Seasonal Depression and more.
- Enrich the training growth of others by participating in our Mentorship Directory, where students in graduate programs can learn from your experiences as a mentor.
- Our on-line Job Bank connects job seekers with the best employment opportunities in CBT. Reasonable rates for employer listings.
- Access our growing library of syllabi and other teaching tools for the latest techniques and principles among CBT teaching resources.

A M B A S S A D O R S

Recognition

- Be recognized as a role model who has had a positive impact on colleagues, students, and community by encouraging participation and membership within ABCT
- Help your students and colleagues understand more about ABCT and supporting your professional home
- Be the local resource of association knowledge and be “in-the-know”

Student Ambassador Program

- Be the first to know upcoming deadlines for convention submissions and the student award programs
- Build your cv by being active in your professional organization
- Build your own professional network

Interested? Contact Rebecca Skolnick , Ph.D., at rskolnick@mindwellnyc.com

Rewards

- Be listed as an Ambassador on our website and listed in *tBT*
- Give back to your professional home

Join a growing group of members and convention attendees who support the association by renewing their memberships, attending annual conventions, and providing related information. The time commitment is small, no more than 30 minutes per month.

It's easy to become an ABCT ambassador

Learn more at:

<http://www.abct.org/Members/?m=mMembers&fa=ambassador>

Call for Continuing Education Sessions

55th Annual Convention • November 18–21, 2021 | New Orleans

Submissions will be accepted through the online submission portal, which will open after January 1, 2021. Submit a 250-word abstract and a CV for each presenter. For submission requirements and information on the CE session selection process, please visit www.abct.org and click on “Convention and Continuing Education.”

Workshops & Mini Workshops | Workshops cover concerns of the practitioner/ educator/researcher. Workshops are 3 hours long, are generally limited to 60 attendees, and are scheduled for Friday and Saturday. Please limit to no more than 4 presenters. Mini Workshops address direct clinical care or training at a broad introductory level. They are 90 minutes long and are scheduled throughout the convention. Please limit to no more than 4 presenters. When submitting for Workshops or Mini Workshop, please indicate whether you would like to be considered for the other format as well.

► For more information or to answer any questions before you submit your abstract, contact the **Workshop Committee Chair**, workshops@abct.org

Institutes | Institutes, designed for clinical practitioners, are 5 hours or 7 hours long, are generally limited to 40 attendees, and are scheduled for Thursday. Please limit to no more than 4 presenters.

For more information or to answer any questions before you submit your abstract, contact the **Institute Committee Chair**, institutes@abct.org

Master Clinician Seminars | Master Clinician Seminars are opportunities to hear the most skilled clinicians explain their methods and show taped demonstrations of client sessions. They are 2 hours long, are limited to 40 attendees, and are scheduled Friday through Sunday. Please limit to no more than 2 presenters.

► For more information or to answer any questions before you submit your abstract, contact the **Master Clinician Seminar Committee Chair**, masterclinicianseminars@abct.org

Research and Professional Development | Presentations focus on “how to” develop one’s own career and/or conduct research, rather than on broad-based research issues (e.g., a methodological or design issue, grantsmanship, manuscript review) and/or professional development topics (e.g., evidence-based supervision approaches, establishing a private practice, academic productivity, publishing for the general public). Submissions will be of specific preferred length (60, 90, or 120 minutes) and format (panel discussion or more hands-on participation by the audience). Please limit to no more than 4 presenters, and be sure to indicate preferred presentation length and format.

► For more information or to answer any questions before you submit your abstract, contact the **Research and Professional Development Chair** researchanddevelopmentseminars@abct.org

Submission deadline: February 1, 2021 3:00 a.m. EST

Understanding

the ABCT Convention

The ABCT Annual Convention is designed for practitioners, students, scholars, and scientists. All of the ABCT members involved in making the convention have as their central goals the provision of opportunities to meet the needs of the diverse audiences interested in the behavioral and cognitive therapies. Attendees have varying disciplines, varying levels of experience, varying theoretical orientations, as well as special clinical concerns. Just as important are the opportunities to meet people with similar interests for social as well as professional networking.

Some presentations will offer the chance to see and hear what is new and exciting in behavioral and cognitive work from our dynamic and vibrant presenters. Other presentations will address the clinical-scientific issues of how we develop empirical support for our work.

General Sessions and Ticketed Events

• GENERAL SESSIONS

Symposia: Presentations of data, usually investigating efficacy of treatment protocol or particular research. Symposia are either 60 minutes or 90 minutes in length. They have one or two chairs, one discussant, and between three and five papers.

Panel Discussions and Clinical Round Tables: Discussions (sometimes debates) by informed individuals on an important topic. These are organized by a moderator and have between three and six panelists who bring differing experience and attitudes to the subject matter.

Membership Panel Discussions: Organized by representatives of the Membership Committees, these events generally have a particular emphasis on training or career development.

Special Sessions: These events are designed to provide useful information regarding professional, rather than scientific, issues. For more than 25 years our Internship Overview and Postdoctoral Overview have been helping people find their educational paths.

Research and Professional Development (RPD): Presentations explicitly focused on broad-based research issues (e.g., a methodological or design issue, grantsmanship, manuscript review) and/or professional development topics (e.g., evidence-based supervision approaches, establishing a private practice, academic productivity, publishing for the general public).

Mini Workshops: Mini Workshops address direct clinical care or training at a broad, introductory level. They are 90 minutes in length and occur throughout the meeting.



After reviewing the 2020 Program, we hope you will turn to the online virtual convention website and begin to build your ultimate ABCT convention experience!

- ▶ *SEARCH* by topic, presenter, session, type, day/time
- ▶ *BROWSE* by day and view the entire program in time/day order
- ▶ *DEVELOP* your personal ABCT convention schedule

www.abct.org/conv2020

Clinical Grand Rounds: Master-level clinicians give simulated live demonstrations of therapy. Clients may be portrayed by graduate students studying with the presenter and specializing in the problem area to be treated.

Poster Sessions: One-on-one discussions between researchers, who display graphic representations of the results of their studies, and interested attendees. Because of the variety of interests and research areas of the ABCT attendees, between 1,200 and 1,500 posters are presented each year.

Special Interest Group Meetings: Nearly 40 SIGs meet each year to renew relationships, accomplish business (such as electing officers), and often offer presentations. SIG talks are not peer-reviewed by the Association, nor are they eligible for CE credit.

• **TICKETED EVENTS** *These listings—located throughout the program book—include a level of experience to guide attendees and offer CE credit.*

Workshops: Covering concerns of the practitioner/educator/researcher, Work-shops are an anchor of the Convention. These sessions are 3 hours long and are generally limited to 60 attendees.

Master Clinician Seminars: The most skilled clinicians explain their methods and show video demonstrations of client sessions. Offered throughout the Convention, these seminars are 2 hours long and are generally limited to 40 attendees.

Advanced Methodology and Statistics Seminars: Designed to enhance researchers' abilities, these are 4 hours long and limited to 40 attendees.

Institutes: Leaders and topics for Institutes are taken from previous ABCT Workshop and Master Clinician Seminar presentations in which a longer format is beneficial. They are offered as 8-hour or 5-hour sessions on Thursday, and are generally limited to 40 attendees.

Clinical Intervention Training: One-day event emphasizing the “how-to” of clinical intervention. The extended length allows for exceptional interaction. Participants attending a full-day session can earn 7 continuing education credits.

AWARDS & RECOGNITION

Awards Ceremony: Friday, 7:30 p.m. – 8:30 p.m.

Lifetime Achievement Award

Richard G. Heimberg, *Temple University*

Outstanding Mentor

David A. F. Haaga, Ph.D., *Professor of Psychology,
American University*

Anne Marie Albano Early Career Award for the Integration of Science and Practice

Emily L. Bilek, Ph.D., ABPP, *University of Michigan*

Sobell Innovative Addictions Research Award

Christopher Correia, Ph.D., *Auburn University*

Distinguished Friend to Behavior Therapy

Andrea Petersen, *Wall Street Journal* in-house writer,
who consistently takes a CBT approach when covering mental
health

Outstanding Service to ABCT

Lata K. McGinn, Ph.D., *Yeshiva University
and Cognitive Behavioral Consultants*

Virginia A. Roswell Student Dissertation Award

Alexandra Wertz Czywczynski, M.A., *University of Virginia and
University of Massachusetts Boston*

Leonard Krasner Student Dissertation Award

Nur Hani Zainal, M.S., *Pennsylvania State University*

AWARDS & RECOGNITION

Awards Ceremony: Friday, 7:30 p.m. – 8:30 p.m.

John R. Z. Abela Student Dissertation Award

Christopher J. Senior, M.A., *Catholic University of America*

Student Research Grant

Kelsey Pritchard, *University of Toledo*

HONORABLE MENTION: Christina L. Verzijl, B.A.,
University of South Florida

President's New Researcher

Joseph McGuire, Ph.D., *Johns Hopkins University School of Medicine*

Student Travel Award

Katherine Venturo-Conerly, *Harvard University*

Elsie Ramos Memorial Student Poster Awards

- Danielle Weber, M.A., *University of North Carolina at Chapel Hill*:
“Patterns of Emotional Communication in Same-Sex Female
Couples Before and After Couple Therapy”
- Gemma T. Wallace, B.A., *Colorado State University*: “Personality
and Emotion Dysregulation Dimensions Differentially Predict
Engagement in a Wide Range of Self-Injurious and Health-Risk
Behaviors”
- Rachel Weiler, MSc, *PGSP-Stanford PsyD Consortium*:
“Is Dialectical Behavior Therapy a Good Fit for Transgender and
Gender Nonbinary Patients?”

Mark Your Calendars

- November 1** 2021 Membership year begins
- January 1** Submission portal opens for submitting Continuing Education sessions
- January 31** Deadline for 2021 membership renewal without late fee penalty
- February 1** Deadline for CE Submissions (AMASS, Workshop, Institute, and Master Clinician Seminars)
- February 2** Call for General Sessions (Symposia, Panel Discussions, Clinical Roundtables)
- March 1** Deadline for ABCT award nominations
- March 2** Deadline for Call for General Sessions (Symposia, Panel Discussions, Clinical Roundtables)
- September 3** Deadline for ABCT officer nominations
- November** Election month: time to vote!
- November 18-21** 55th Annual Convention, New Orleans

Learn more about ABCT
Visit www.abct.org

Welcome to the 54th Annual ABCT Convention

**Better Access, Better Outcomes:
Enhancing the Impact of Behavioral
and Cognitive Therapies**

Martin M. Antony, Ph.D., President

Shannon Wiltsey Stirman, Ph.D., Program Chair

Daniel M. Cheron, Ph.D., ABPP, Associate Program Chair

Descriptions follow of several hundred events to be presented November 17–22, 2020. There are sessions on a large array of topic areas and all familiarity levels. If this is your first ABCT Convention, join Katharina Kircanski, ABCT's Convention and Education Issues Coordinator, at 6:15 P.M. to learn how to navigate the virtual platform and make the most of the virtual convention experience this year. Whether you are a new member, first-time convention attendee, or just want to learn how to navigate the convention, all are welcome. Take full advantage of earning continuing education credits that are complimentary for 2020 and discover the new electronic evaluation forms, CE certificates, attendee quizzes, and the credit tracking system. Discover networking opportunities, gain insights into the convention electronic program and how to plan your itinerary, and master the convention app.

Tuesday, November 17

Clinical Intervention Training 1:

ticket

Mobile Apps for Mental Health: Understanding Technologies for Use and Application in Cognitive and Behavioral Therapies

Tuesday, 11:00 a.m. – 5:00 p.m.
Earn 5 continuing education credits

Stephen M. Schueller, Ph.D., University of California Irvine, Department of Psychological Science

Basic to Moderate level of familiarity with the material

Primary Category: Technology

Key Words: *Technology, Workforce Development, Training*



STEPHEN M.
SCHUELLER

The number of mobile apps for mental health is regularly growing, with estimates that over 10,000 to 15,000 of such products exist. These tools are also more frequently entering into therapy, either by being introduced by providers or brought in by consumers. However, training in how to understand and use these tools in cognitive and behavioral practices is lagging beyond their development. As such, many clinicians report a desire to use these tools but an uncertainty around which tools to use and how. This training will provide clinicians with an overview of mobile apps for mental health and will focus on how to evaluate these tools and integrate them into clinical practice. Furthermore, this overview will be supplemented with presentations from several app companies to illustrate the functionality, evidence, and utility of these products. This training will address general competencies for the use of such tools while using specific tools as examples. Different models of integration into care will also be considered, including tools that add new treatment strategies, tools that extend treatment strategies, and ways to use tools, such as introducing consumers to cognitive and behavioral strategies or assisting in termination and booster sessions.

At the end of this session, the learner will be able to:

- Identify evaluation criteria related to the adoption of mobile apps for mental health.
- List different ways in which apps can be integrated into their clinical workflow.
- Identify common features present in mobile apps for mental health.
- Identify common barriers and facilitators to uptake of mobile apps for mental health.
- Explain factors to assess when considering the adoption of mobile apps for mental health.

Recommended Readings: Armstrong, C. M., Edwards-Stewart, A., Ciulla, R. P., Bush, N. E., Cooper, D. C., Kinn, J. T., Pruitt, L. D., Skopp, N. A., Blasko, K. A., & Hoyt, T. V. (2017). Department of Defense Mobile Health Practice Guide (3rd ed.). Defense Health Agency Connected Health, U.S. Department of Defense. Neary, M., & Schueller, S. M. (2018). State of the field of mental health apps. *Cognitive and Behavioral Practice*, 25(4), 531-537. Schueller, S. M., & Adkins, E. C. (2019). Mobile Health Technologies to Deliver and Support Cognitive-Behavioral Therapy. *Psychiatric Annals*, 49(8), 348-352. Wilhelm, S., Weingarden, H., Ladis, I., Braddick, V., Shin, J., & Jacobson, N. C. (2020). Cognitive-behavioral therapy in the digital age: Presidential address. *Behavior Therapy*, 51(1), 1-14.

Earn 7 continuing education credits

Institute 1:

ticket

Desirable Difficulties: Optimizing Exposure Therapy for Anxiety Through Inhibitory Learning**Attendees must watch 3-hour video before the live session on Tuesday.***Jon Abramowitz, Ph.D., University of North Carolina at Chapel Hill**Ryan J. Jacoby, Ph.D., Massachusetts General Hospital**Shannon M. Blakey, Ph.D., VA Mid-Atlantic MIRECC/Durham VA Health Care System*

Moderate level of familiarity with the material

Primary Category: Adult Anxiety

Key Words: *Anxiety, Exposure, Transdiagnostic*

A large proportion of therapists' caseloads includes patients with clinical anxiety. Although exposure therapy is highly effective for these conditions, many individuals fail to benefit and/or experience a return of fear ("relapse") at some point after treatment. Cutting-edge models of exposure therapy focus on an inhibitory learning theory of fear extinction, derived from basic research on learning and memory, which points to specific implementation techniques to optimize short- and long-term gains. Collectively, inhibitory learning strategies emphasize distress tolerance, as opposed to habituation of distress, and introduce "desirable difficulties" into exposure sessions by challenging patients to consolidate and generalize learning via novel therapeutic strategies. In line with this year's convention theme, this institute aims to help clinicians understand and apply this model to optimize exposure therapy outcomes. Incorporating attendee feedback from the 2019 ABCT institute that received extremely enthusiastic evaluations (100% recommended offering it again in 2020), the inhibitory learning model will first be described and distinguished from traditional approaches to exposure. Numerous strategies to optimize inhibitory learning will then be introduced and illustrated in detail. These strategies include framing exposure to disconfirm threat-based expectations (and thus selectively using cognitive therapy), introducing variability into exposure to decontextualize safety learning, deepening and augmenting safety learning (by combining fear cues, labeling affect, and targeting attentional focus), and eliminating (or judiciously using) safety behaviors. Applying the inhibitory learning model of exposure to complex, diverse, and comorbid symptom presentations will also be discussed. The institute will be interactive and include numerous case examples, video demonstrations, and experiential exercises.

At the end of this session, the learner will be able to:

- Distinguish the inhibitory learning approach to exposure from the traditional emotional processing approach.

- Explain why it is important to foster distress tolerance during exposure, as opposed to relying solely on habituation (reduction) of distress.
- Describe methods of tracking changes in expectations during exposure therapy, rather than SUDS.
- Describe how to introduce variability into exposure sessions and compare methods for eliminating versus judiciously using safety behaviors in exposure.
- Identify common pitfalls that clinicians may encounter during exposure therapy and how to address them using an inhibitory learning approach.

Recommended Readings: Craske, M. G., Treanor, M., Conway, C. C., Zbozinek, T., & Vervliet, B. (2014). Maximizing exposure therapy: an inhibitory learning approach. *Behaviour research and therapy*, 58, 10-23. Jacoby, R. J., & Abramowitz, J. S. (2016). Inhibitory learning approaches to exposure therapy: A critical review and translation to obsessive-compulsive disorder. *Clinical psychology review*, 49, 28-40. McGuire, J., & Storch, E. A. (2019). An inhibitory learning approach to cognitive-behavioral therapy for children and adolescents. *Cognitive and Behavioral Practice*, 26, 21-224. Blakey, S. M., & Abramowitz, J. S. (2016). The effects of safety behaviors during exposure therapy for anxiety: Critical analysis from an inhibitory learning perspective. *Clinical Psychology Review*, 49, 1-15. Blakey, S. M., & Abramowitz, J. S. (2019). Dropping safety aids and maximizing retrieval cues: Two keys to optimizing inhibitory learning during exposure therapy. *Cognitive and Behavioral Practice*, 26(1), 166-175.

Earn 2 continuing education credits

Master Clinician Seminar 1:

ticket

The Stanley-brown Safety Planning Intervention to Reduce Suicide Risk

Gregory K. Brown, Ph.D., Perelman School of Medicine at the University of Pennsylvania

Barbara Stanley, Ph.D., Columbia University Medical Center

Moderate level of familiarity with the material

Primary Category: Suicide and Self-Injury

Key Words: *Suicide, Treatment*

The Stanley-Brown Safety Planning Intervention is a widely-used, brief intervention that provides patients with a prioritized and specific set of coping strategies and sources of support that can be used should a suicidal crisis occur. The intent of the safety plan is to help individuals lower their imminent risk for suicidal behavior by consulting a pre-determined set of potential coping strategies and a list of individuals or agencies whom they may contact. By following a pre-determined set of internal coping strategies, social support activities, and help-seeking behaviors, patients have the opportunity to evaluate those strategies that are most effective. The presentation will include a review of the evidence supporting this intervention. Latest advances in the delivery of this intervention including a discussion of the barriers and facilitators when implementing safety planning within the health system. A demonstration of safety planning will be provided. Learning objectives for this workshop include: (1) Describe the background and rationale for conducting a brief Safety Planning Intervention, (2) Describe how to collaboratively develop a safety plan with individuals at high risk for suicide, (3) Describe how to evaluate the quality of the Safety Planning Intervention, (4) Describe the evidence supporting the use of the Safety Planning Intervention and (5) Describe the barriers and facilitators when implementing safety planning in the health system.

At the end of this session, the learner will be able to:

- Describe the rationale for the Safety Planning Intervention.
- Describe how to collaboratively develop a safety plan.
- Describe how to evaluate the quality of the Safety Planning Intervention.
- Describe the evidence supporting the use of the Safety Planning Intervention.
- Describe the barriers and facilitators when implementing safety planning in the health system.

Recommended Readings: Stanley, B., & Brown, G.K.: Safety Planning Intervention: A brief intervention to mitigate suicide. *Cognitive and Behavioral Practice* 19(2): 256-264,

May 2012. Stanley, B., Brown, G.K., Brenner, L.A., Galfalvy, H.C., Currier, G.W., Knox, K.L., Chaudhury, S.R., Bush, A.L., & Green, K.L.: Comparison of the Safety Planning Intervention with follow-up vs usual care of suicidal patients treated in the emergency department. *JAMA Psychiatry* 75(9): 894-900, Sep 2018. Stanley, B., Brown, G.K., Currier, G.W., Lyons, C., Chesin, M., & Knox, K.L.: Brief intervention and follow-up for suicidal patients with repeat ED visits enhances treatment engagement. *American Journal of Public Health* 105(8): 1570-2, Aug 2015. Stanley, B., Chaudhury, S., Chesin, M., Pontoski, K., Bush, A.M., Knox, K.L., & Brown, G.K. : An emergency department intervention and follow-up to reduce suicide risk in the VA: Acceptability and effectiveness. *Psychiatric Services* 67(6): 680-683, June 2016. Stewart, K.L., Darling, E.V., Yen, S., Stanley, B., Brown, G.K., & Weinstock, L.M.: Dissemination of the Safety Planning Intervention (SPI) to university counseling center clinicians to reduce suicide risk among college students. *Archives of Suicide Research* Page: 1-11, Jan 2019.

Earn 3 continuing education credits

Workshop 11:

ticket

Improving Treatment for Impulsive, Addictive, and Self-destructive Behaviors: Strategies from Mindfulness and Modification Therapy

Peggilee Wupperman, Ph.D., John Jay College of Criminal Justice, City University of New York
Jenny E. Mitchell, M.A., John Jay College of Criminal Justice

All levels of familiarity with the material

Primary Category: Treatment - Mindfulness & Acceptance

Key Words: *Addictive Behaviors, Bulimia, Anger / Irritability*

By the time clients attend treatment for dysregulated behavior, they have likely suffered substantial negative consequences—and yet they still often feel as though the behavior is impossible to resist. As a result, clients often display ambivalence about treatment, difficulty with treatment engagement, trouble completing therapy tasks, and less-than-optimal outcomes. These treatment barriers can leave both clients and therapists feeling overwhelmed and even hopeless. Therapists treating these clients need a targeted therapy that can address not just the presenting addictive/impulsive behavior, but also the host of other dysregulated behaviors that can impede treatment progress. Mindfulness and Modification Therapy is a transdiagnostic therapy that can be customized to address 1) specific dysregulated behaviors; 2) related difficulties with motivation, engagement, and retention; and 3) psychological constructs underlying this spectrum of behaviors. MMT targets dysregulated behavior by integrating guided mindfulness with key elements from Motivational Interviewing, Dialectical Behavior Therapy, Acceptance and Commitment Therapy, and other evidence-based treatments. Pilot trials have shown decreases in alcohol use, drug use, binge eating, physical aggression, and verbal aggression in self- and court-referred clients. Retention has consistently been greater than 80%. Case studies have shown decreases in trichotillomania, skin picking, smoking, compulsive shopping, and other behaviors. Participants in this workshop will gain skills to 1) conceptualize and address dysregulated behaviors in ways that improve engagement and decrease treatment obstacles, 2) customize treatment to fit diverse client needs, and 3) help clients begin moving toward lives that feel more fulfilling. Topics include: improving home-practice completion, evoking change behaviors when feeling stuck, improving attendance/retention, and eliciting values. Implementation will be demonstrated through case vignettes, videos, experiential exercises, and discussion of therapy procedures. Instructions for integrating strategies into existing treatments will be presented along with sample handouts that can be modified to fit client and provider needs.

At the end of this session, the learner will be able to:

- Describe a method of conceptualizing dysregulated behaviors that can improve treatment engagement.
- Utilize strategies and techniques that can be customized to fit diverse client needs and treatment plans.
- Apply strategies to improve home-practice completion and attendance.
- Describe strategies to evoke change even when feeling stuck and frustrated.
- Discuss empirically supported methods of helping clients move toward lives that feel more fulfilling.

Recommended Readings: Wupperman, P. (April 2019). Treating Impulsive, Addictive, and Self-Destructive Behaviors: Mindfulness and Modification Therapy. New York, NY: Guilford Press. Miller, W. R. (2015). Motivational interviewing in treating addictions. In H. Arkowitz, W. R. Miller, & S. Rollnick (Eds.), *Motivational interviewing in the treatment of psychological problems*, 2nd ed. (pp. 249–270). The Guilford Press. Wupperman, P., Gintoft-Cohen, M., Haller, D.L., Flom, P., Litt, L.C., & Rounsaville, B.J. (2015). Mindfulness and Modification Therapy for behavior dysregulation: A comparison trial focused on substance use and aggression. *Journal of Clinical Psychology*, 71, 964-978. Cassin, S. E., & Geller, J. (2015). Motivational interviewing in the treatment of disordered eating. In H. Arkowitz, W. R. Miller, & S. Rollnick (Eds.), *Motivational interviewing in the treatment of psychological problems*, 2nd ed. (pp. 344–364). The Guilford Press. Witkiewitz, K., Lustyk, M. K. B., & Bowen, S. (2013). Retraining the addicted brain: A review of hypothesized neurobiological mechanisms of mindfulness-based relapse prevention. *Psychology of Addictive Behaviors*, 27(2), 351–365. <https://doi-org.ez.lib.jjay.cuny.edu/10.1037/a0029258>

Earn 3 continuing education credits

Workshop 8:

ticket

**Engaging Teenagers with ADHD in Therapy:
Motivational Strategies, Turning Skills into
Habits, and Partnering with Parents**

Margaret Sibley, Ph.D., University of Washington School of Medicine

Moderate level of familiarity with the material

Primary Category: ADHD - Child

Key Words: *Adolescents, ADHD, Evidence-Based Practice*

Teenagers with ADHD rarely self-refer to therapy and those who do experience difficulties following through on behavioral intentions (Barkley et al., 2001). This workshop will discuss practical strategies that can be integrated into adolescent ADHD treatment to promote engagement among teens and their parents (Sibley & LaCount, 2020). Supporting Teens' Autonomy Daily (STAND) is an evidence-based behavior therapy for adolescent ADHD (Sibley et al., 2013, 2016, 2019) that is delivered to teens and their parents as a dyad. STAND draws its engagement strategies from a variety of sources: social psychology research on motivation, change-oriented therapies such as Motivational Interviewing (MI; Miller & Rollnick, 2013), research on therapy homework and habit formation, behavioral principles, and our own trial and error working with families. This presentation will not serve as a full training on STAND—rather it will specifically focus on the engagement techniques embedded into the treatment, which can be generalized to other therapies. The first hour of this presentation will focus on initial patient engagement. Topics will include how to build and strengthen parent and teen interest in attending therapy, utilize a strength-based approach that builds self-efficacy and optimism, build genuine relationships with and between family members, and tailor intervention to the client's readiness to change. The second hour will discuss how to promote skill practice and behavioral change outside of session. We will discuss how to devise out-of-session practice activities that set the individual up to succeed, increase client choice in therapy homework activities, and how parents can apply age-appropriate behavioral strategies encourage skill practice at home. We will also discuss therapeutic strategies to utilize when therapy homework is assigned and reviewed to promote consistent completion of weekly practice activities (e.g., imaginal practice, implementation intentions). In the final hour we will discuss how to promote sustained motivation to continue new habits after termination. Attendees will be taught how to self-evaluate their use of these strategies in session to promote application of selected strategies beyond the conference program.

At the end of this session, the learner will be able to:

- Structure, assign, and review therapy homework assignments using principles that promote consistent home skill practice.
- Integrate principles of social psychology, motivational interviewing, and behavior management into therapy with adolescents with ADHD.
- Engage parents in therapy in an age-appropriate manner that promotes adolescent autonomy with accountability.
- Guide parents and teens through the creation of a behavioral contract that satisfies both members of the dyad.
- Apply the skills learned in this session to additional evidence-based practices for youth and families.

Recommended Readings: Sibley, M.H., (2016). *Parent-Teen Therapy for Executive Function Deficits and ADHD: Building Skills and Motivation*. New York: Guilford.Sibley, M.H. & LaCount, P.A. (2020). Enhancing engagement and motivation with adolescents and parents: The Supporting Teens' Autonomy Daily (STAND) Model. In Allen, Hawes, and Essau (Eds.) *Family-Based Intervention for Child and Adolescent Mental Health: A Core Competencies Approach*. Cambridge: Cambridge University Press.Becker, S. (2020). *ADHD in Adolescence: Development, Assessment, and Treatment*. New York: Guilford Press.Miller, W. R., & Rollnick, S. (2013). *Motivational interviewing: Helping people change*. Guilford Press.Sibley, M.H., Rodriguez, L.M., Coxe, S.J., Page, T., & Espinal, K. (2019). Parent-Teen Group versus Dyadic Treatment for Adolescent ADHD: What Works for Whom? *Journal of Clinical Child and Adolescent Psychology*.

Earn 3 continuing education credits

Workshop 13:

ticket

Preparing Students as the Workforce of the Future: Managing and Adapting Practice (MAP) as a Comprehensive Model for Training in Evidence-informed Services for Youth Mental Health

Teri L. Bourdeau, ABPP, Ph.D., PracticeWise, LLC
Kimberly D. Becker, Ph.D., University of South Carolina
Bruce F. Chorpita, Ph.D., University of California, Los Angeles

Basic to Moderate level of familiarity with the material

Primary Category: Workforce Development / Training / Supervision

Key Words: *Education and Training, Evidence-Based Practice, Child*

This 3-hour workshop is intended for faculty who teach or seek to teach evidence-based practice for youth in their classes or practica. It will introduce participants to the Managing and Adapting Practice (MAP) system and its “Instructor Model,” which supports faculty with ready-to-use instructional materials (e.g., annotated slides, exercises, online learning resources, and clinical tools and guides) and the ability to award credentialing hours to students. Regularly updated content includes practices and clinical algorithms distilled from over 1,000 randomized trials for treatments targeting 11 problem areas (e.g., anxiety, disruptive behavior, suicidality, substance use), supported by easy-to-use guides, spreadsheets, and online tools. Specifically, this workshop will: (1) introduce attendees to the MAP system and resources, (2) demonstrate how curricula can be tailored for a diversity of learners and support their learning over time (e.g., undergraduate, graduate; psychology, social work, psychiatry; classroom and field settings), (3) demonstrate how to meet educational and clinical objectives related to practice delivery, real-time measurement, and integrative reasoning and clinical decision-making, and (4) cover best practices in instruction and training (e.g., use of role play in classes). With an expanded format, this year’s MAP presentation will have attendees participate in activities intended to support the development of syllabi, in-class and homework assignments, experiential exercises, and student evaluation methods tailored to their specific learners. Whether you wish to incorporate material into an existing curriculum or to develop an entire course, whether you are giving undergraduates a didactic overview or supervising graduate practicum, whether you are redesigning your entire clinical training model or simply updating a single lecture, this workshop will provide ideas and resources to make your teaching easier and more effective, helping you build the evidence-based thinkers, practitioners, and treatment developers of the future.

At the end of this session, the learner will be able to:

- Describe the MAP system and how it meets educational objectives related to practice delivery, real-time measurement, and clinical decision-making.
- Identify how the MAP curriculum can be tailored for a diversity of learners and support their learning over time.
- Identify how the MAP curriculum can be incorporated within one course or across multiple courses.
- Recognize empirically supported practices in instruction and training of youth mental health treatments.
- Select activities for rehearsing MAP resources in the classroom.

Recommended Readings: Chorpita, B. F., Daleiden, E. L., & Collins, K. S. (2014). Managing and Adapting Practice: A system for applying evidence in clinical care with youth and families. *Clinical Social Work Journal*, 42, 134-142. Chorpita, B. F., & Daleiden, E. L. (2014). Structuring the collaboration of science and service in pursuit of a shared vision. *Journal of Clinical Child and Adolescent Psychology*, 43, 323-338. Mennen, F. E., Cederbaum, J., Chorpita, B. F., Becker, K., Lopez, O., & Sela-Amit, M. (2018). The Large-Scale Implementation of Evidence-Informed Practice Into a Specialized MSW Curriculum. *Journal of Social Work Education*, 54(sup1), S56-S64. Kataoka, S. H., Podell, J. L., Zima, B. T., Best, K., Sidhu, S., Jura, M. B. (2014). MAP as a model for practice-based learning and improvement in child psychiatry training. *Journal of Clinical Child and Adolescent Psychology*, 43(2), 312-322. DOI:10.1080/15374416.2013.848773 Chorpita, B. F., & Daleiden, E. L. (2018). Coordinated strategic action: Aspiring to wisdom in mental health service systems. *Clinical Psychology: Science and Practice*, 25, e12264. <https://doi.org.pallas2.tcl.sc.edu/10.1111/cpsp.12264>

Earn 2 continuing education credits

Master Clinician Seminar 5:

ticket **Advancing the Functional Effectiveness of Children with ADHD at Home and School: Empirically Supported Programs to Build Organizational Skills Through Individual, Group, and School Treatments**

Richard Gallagher, Ph.D., Hassenfeld Children's Hospital at NYU Langone Medical Center

Jenelle Nissley-Tsiopinis, Ph.D., Children's Hospital of Philadelphia

Christina DiBartolo, LCSW, Children's Hospital of Philadelphia

Basic to Moderate level of familiarity with the material

Primary Category: ADHD - Child

Key Words: CBT, ADHD, School

Recent major advances have been made in the psychosocial treatment of children and adolescents with ADHD. Challenges in organization, time management, and planning are one of the most prominent problems that impact individual, family, and school adjustment for youth with ADHD. Various forms of Organizational Skills Training (OST) are well-established treatments for children with ADHD (Evans et al., 2018). OST with elementary school children has wide impact in improving organization, time management, and planning which in turn contributes to improved achievement and to reduced homework problems and family conflict (Abikoff et al., 2013). OST has been fully tested for elementary school children in clinical settings with promising results are being found for adaptations for group delivery and in school settings. The manualized treatment is provided two times per week in 20 sessions to intensely alter the ways children respond to school and home demands. Conceptually, OST recognizes how the symptoms of ADHD interfere with practical execution of steps needed during school days and at home. Parents and teachers see these practical executive function deficits as a critical concern. This presentation will review the full protocol (Gallagher et al., 2014) with emphasis on child, parent, and teacher orientation and skills building in five areas: supportive parent behavior management, tracking assignments, managing materials, time management, and planning. In addition to didactics, specific exercises, role plays, and videos will be used similar to those used to train over 25 research therapists and other clinicians. Participants will learn how to collaboratively engage children so that they feel empowered and how to incorporate positive responses from parents and teachers to effectively motivate children. A substantial portion of the program will review how the individual treatment can be adapted for group delivery and for provision by school personnel with children who do not necessarily

meet the criteria for ADHD. The presenters are authors of the clinical intervention, the extension for group delivery, and the team behind a test of an adaptation for school-based delivery being tested in a randomized controlled trial.

At the end of this session, the learner will be able to:

- Describe the skills deficits that over half of children with ADHD demonstrate in organization, time management, and planning.
- Effectively evaluate candidates for treatment and how to implement the components of organizational skills training for children.
- Apply organizational skills treatment for children in clinical settings.
- Apply individual treatment for group delivery.
- Guide school personnel in the delivery of the treatment.

Recommended Readings: Abikoff H, Gallagher R, Wells KC, et al. (2013). Remediating organizational functioning in children with ADHD: Immediate and long-term effects from a randomized controlled trial. *Journal of Consulting and Clinical Psychology*, 81, 113-128. doi: 10.1037/a0029648 Gallagher, R., Abikoff, H., & Spira, E. (2014) *Organizational Skills Training for Children with ADHD: An Empirically Supported Treatment*. New York: Guilford Press. Evans et al. (2018) Evidence-based psychosocial treatment for children and adolescents with ADHD. *Journal of Clinical Child and Adolescent Psychology*, 47, 157-198. Bikic et al. (2017) Meta-analysis of organizational skills intervention for children and adolescents with ADHD. *Clinical Psychology Review*, 52, 108-123. Gallagher, R., Spira, E., & Rosenblatt, J. (2018) *The Organized Child: An Effective Program to Maximize Your Kid's Potential - in School and in Life*. New York: Guilford Press.

Wednesday, November 18

10:30 a.m. – 12:30 p.m.

Earn 2 continuing education credits

Master Clinician Seminar 2:

ticket

Envy: A Cognitive Behavioral Approach

Robert L. Leahy, Ph.D., American Institute for Cognitive Therapy

Basic to Moderate level of familiarity with the material

Primary Category: Adult Depression

Key Words: *Social Relationships, Cognitive Schemas / Beliefs, Anger / Irritability*

Abstract Envy is a universal emotion that we can observe in animals, children and adults and is a key emotion in dominance hierarchies. It is an emotion that has evolved because those higher in dominance hierarchies are conferred greater advantage. There are three manifestations of envy—hostile, depressed and benign, where the latter is equivalent to admiration and often emulation. Envy is a social emotion focused on problematic comparisons with others, while jealousy is a concern about the threat to a relationship. We can be jealous of someone who threatens a valued relationship and also envious of the qualities that make them appear desirable in comparison with ourselves. Individuals are more likely to experience envy when the target behavior is valued by them, they believe it is possible that they might achieve these goals, they view the target of envy as “undeserving”, and they value status and recognition. Envy is associated with depression, anger, anxiety, rumination, and interpersonal hostility. In this presentation we will review the evolutionary adaptive value of envy (dominance hierarchies, social rank theory), the fundamental concern for fairness, schemas related to status, maladaptive “coping” (undermining the “competition” and avoidance of competitors), rumination, complaining, and self-critical thinking. The integrative clinical model includes the following: normalizing envy, validating envy to decrease shame and guilt, relating envy to positive values, focusing on turning envy into admiration and emulation, differentiating the self-concept beyond a focus on one dimension, and acceptance of envy while acting on valued goals. In addition, we will examine how we can modify dysfunctional beliefs about social comparison (Labeling (“He’s a winner, I am a loser”); Fortune-telling (“She will continue to advance, I will fall behind”); Dichotomous thinking (“You either win or lose”); Discounting positives (“The only thing that counts is getting ahead”); and Catastrophizing (“It’s awful not to be ahead of others”). Finally, we will review a case conceptualization of a case of depressive and

anxious envy. Participants are encouraged to evaluate their own experience of envy, either as the one who envies or the one who is the target of the envy of others.

At the end of this session, the learner will be able to:

- Identify envy, the emotions entailed in envy and the unhelpful thoughts related to envy.
- Identify problematic coping strategies underpinning envy.
- Develop a case conceptualization of the client's envy.
- Reverse anger, depression, anxiety, humiliation and rumination associated with envy.
- Use an integrative CBT model to reduce the negative impact of envy and help focus clients on adaptive functioning.

Recommended Readings: Fiske, S. (2012) *Envy Up, Scorn Down: How Status Divides Us*. Russell Sage Foundation: New York. Leahy, R.L. (2015) *Emotional Schema Therapy*. Guilford: New York. Smith, R. H., & Kim, S. H. (2007). Comprehending envy. *Psychological Bulletin*, 133(1), 46-64. van de Ven, N., Zeelenberg, M., & Pieters, R. (2009). Leveling up and down: The experiences of benign and malicious envy. *Emotion*, 9, 419-429. Schoeck, H. (1970/ 2010) *Envy: A Theory of Social Behaviour*. Liberty Fund.

Earn 2 continuing education credits

Master Clinician Seminar 3:

ticket

Conceptualization and Treatment of Disgust in Anxiety and Obsessive-compulsive Disorders

Dean McKay, ABPP, Ph.D., Fordham University

Moderate level of familiarity with the material

Primary Category: Adult Anxiety

Key Words: *Disgust, Anxiety, OCD (Obsessive Compulsive Disorder)*

There has been growing interest in addressing disgust as an emotion that motivates avoidance in anxiety and obsessive-compulsive disorders. For close to 30 years, evidence has accumulated to show that disgust is an important contributor to many conditions in these classes of disorders, and more recently, models of intervention have also been proposed. In making the transition from research to treatment, clinicians must disentangle the contributions of fear from disgust, and then craft client-specific evidence-based methods for alleviating disgust. Complicating this further, most practitioners have little formal knowledge of disgust in general or as it specifically relates to psychopathology. This Master Clinician Seminar, therefore, has the following three broad aims. First, this session will provide an overview of the nature of disgust and how it is unique from fear. Second, a systematic approach to assessing disgust in clients will be covered, and include a review of measures that available at no cost and that can be readily integrated into everyday practice. And third, recommendations for treatment to alleviate disgust reactions that prompt avoidance will be covered, including an overview of the current research and illustrative case illustrations. There will also be activities for attendees to develop skill in integrating disgust in exposure hierarchies. The session will conclude with a discussion of future directions in research evaluating the integration of disgust in evidence-based treatment plans.

At the end of this session, the learner will able to:

- Describe disgust as a motivator of avoidance in anxiety and obsessive-compulsive disorders.
- Describe disgust elicitors, specific classes of stimuli that provoke the emotion.
- Create hierarchies for use in treatment that incorporate disgust stimuli.
- Separate anxiety from disgust in conceptualizing treatment.
- Identify interventions aimed at alleviating disgust reactions.

Recommended Readings: Amoroso, C.R., Hanna, E.K., LaBar, K.S., Borg, J.S., Sinnott-Armstrong, W., & Zucker, N.L. (in press). Disgust theory through the lens of psychiatric medicine. *Clinical Psychological Science*. Mason, E.C., & Richardson, R. (2012). Treating disgust in anxiety disorders. *Clinical Psychology: Science & Practice*, 19, 180-194. McKay, D. (2017). Presidential Address: Embracing the Repulsive: The Case for Disgust

as a Functionally Central Emotional State in the Theory, Practice, and Dissemination of Cognitive-Behavior Therapy. *Behavior Therapy*, 48, 731-738. Olatunji, B.O., & McKay, D. (2009). *Disgust & Its Disorders*. Washington, DC: American Psychological Association.

McKay, D. (2006). Treating disgust reactions in contamination-based obsessive-compulsive disorder. *Journal of Behavior Therapy and Experimental Psychiatry*, 37, 53-59.

Earn 2 continuing education credits

Master Clinician Seminar 6:

ticket

Everything Old Is New Again: The Role of Worksheets in Growing (and Measuring) CBT Competence

Torrey A. Creed, Ph.D., Perelman School of Medicine at the University of Pennsylvania

Basic to Moderate level of familiarity with the material

Primary Category: Treatment - CBT

Key Words: *Transdiagnostic, Evidence-Based Practice, Competence*

Consider the CBT worksheet – a simple clinical tool that some clinicians may brush aside in efforts to ensure that therapy is engaging, skill-based, and tailored to an individual's goals and challenges. These client-focused goals are central to high-quality CBT, and use of CBT worksheets may facilitate, rather than hinder, the clinician and client's success. In this Master Clinician Seminar, Dr. Creed re-introduces CBT worksheets with a three-fold purpose. First, worksheets are framed as a direct clinical tool to help clients scaffold their learning of CBT strategies so that they can ultimately use them fluidly and naturally (i.e., without a worksheet). Discussion will include how to engage clients in this process, how to integrate worksheets in telehealth, and how to support clients in transitioning to a 'paperless' version of skill-use. Second, a parallel process is described for training and supervising new CBT therapists, as clinicians rely on CBT worksheets to build their own growing competence and confidence. Finally, Dr. Creed will present a method for rating completed CBT worksheets to evaluate clinician competence, based on preliminary findings from an ongoing NIMH-funded R01 research study (Stirman, PI, Creed, Co-I).

At the end of this session, the learner will be able to:

- Demonstrate strategies for engaging clients in the use of CBT worksheets to help them integrate CBT skills into their daily lives.
- Illustrate ways in which the use of CBT worksheets can scaffold new clinicians in building their confidence and CBT skills.
- Describe a strategy for leveraging CBT worksheets to evaluate clinician competence.

Recommended Readings: Creed, T.A., Frankel, S.A., German, R., Green, K.L., Jager-Hyman, S., Pontoski, K., Adler, A., Wolk, C.B., Stirman, S.W., Waltman, S.H., Williston, M.A., Sherrill, R., Evans, A.C., & Beck, A.T. (2016). Implementation of transdiagnostic cognitive therapy in diverse community settings: The Beck Community Initiative. *Journal of Consulting and Clinical Psychology*. <http://dx.doi.org/10.1037/ccp0000105>Creed,

T.A., Benjamin, C., Feinberg, B., Evans, A.C., & Beck, A.T. (2016). Beyond the Label: Relationship between community therapists' self-report of a cognitive-behavioral therapy orientation and observed skills. *Administration and Policy in Mental Health Services Research*, 43, 36-43. doi 10.1007/s10488-014-0618-5

Waltman, S.H., Hall, B., McFarr, L., Beck, A.T., & Creed, T.A. (2017). In-session stuck points and pitfalls of community clinicians learning CBT: A qualitative investigation. *Cognitive and Behavioral Practice*, 24, 256-267 <http://doi:10.1016/j.cbpra.2016.04.002>

Wiltsey Stirman, S., Marques, L., Creed, T.A., Gutner, C.A., DeRubeis, R., Barnett, P.G., Kuhn, E., Suvak, M., Owen, J., Vogt, ., Schoenwald, S., Johnson, C., Mallard, K., Beristianos, M., & LaBash, H. (2018). Leveraging routine clinical materials and mobile technology to assess CBT fidelity: the Innovative Methods to Assess Psychotherapy Practices (imAPP) study. (2018). *Implementation Science*, 13, 69. <https://doi.org/10.1186/s13012-018-0756-3>

Clinical Intervention Training 2:

ticket

SPACE: Parent Based Treatment for Childhood Anxiety and OCD

Wednesday, 10:30 a.m. - 7:00 p.m.
Earn 7 continuing education credits

Eli R. Lebowitz, Ph.D., Yale University School of Medicine

Moderate to high level of familiarity with the material

Primary Category: Child/Adolescent Anxiety

Key Words: *Anxiety, OCD, Parent-training*

Despite advances in treatment for childhood anxiety and related disorders, current treatments are not effective in up to 50% of cases. In recent years, there has been rapidly increasing interest in family accommodation, or the changes that parents make to their own behavior to help a child avoid or alleviate distress related to anxiety. Although it is intended to reduce anxiety in the short term, family accommodation is associated with greater symptom severity and impairment. SPACE (Supportive Parenting for Anxious Childhood Emotions) is a theory-driven intervention informed by research into parental entanglement in the symptoms of childhood anxiety and by the biology of mammalian parental behavior. SPACE teaches parents to recognize their accommodating behaviors, and to implement specific plans for reducing the accommodation while maintaining a supportive attitude towards the child. SPACE also includes tools for the following: increasing parents' ability to work cooperatively together; coping with responses to the reduced accommodation, including anger and distress; and enlisting the support of family and friends in what can sometimes be a difficult process. This session will present an overview of family accommodation and its associations with child anxiety, introduce SPACE and its treatment components, and review findings from clinical trials demonstrating the efficacy of SPACE.

At the end of this session, the learner will be able to:

- Explain associations between family accommodation and child anxiety.
- Assess levels of family accommodation.
- Describe the treatment of process of SPACE.



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- Apply tools to reduce family accommodation and increase parental support.
- Describe the research findings on the efficacy of SPACE treatment.

Recommended Readings: Lebowitz, E. R., & Majdick, J. M. (2020). The space program, a parent-based treatment for childhood and adolescent anxiety: Clinical case illustration. *Journal of Cognitive Psychotherapy*. doi: 10.1891/jcpsy-d-19-00028
Lebowitz, E. R., Marin, C., Martino, A., Shimshoni, Y., & Silverman, W. K. (2020). Parent-based treatment as efficacious as cognitive-behavioral therapy for childhood anxiety: A randomized noninferiority study of supportive parenting for anxious childhood emotions. *Journal of the American Academy of Child and Adolescent Psychiatry*, 59(3), 362-372. doi: 10.1016/j.jaac.2019.02.014
Lebowitz, E. R., & Shimshoni, Y. (2018). The space program, a parent-based treatment for childhood and adolescent OCD: The case of Jasmine. *Bulletin of the Menninger Clinic*, 82(4), 266-287.
Lebowitz, E. R., & Shimshoni, Y. (2018). The space program, a parent-based treatment for childhood and adolescent OCD: The case of Jasmine. *Bulletin of the Menninger Clinic*, 82(4), 266-287.
Salloum, A., Andel, R., Lewin, A. B., Johnco, C., McBride, N. M., & Storch, E. A. (2018). Family accommodation as a predictor of cognitive-behavioral treatment outcome for childhood anxiety. *Families in Society*, 99(1), 45-55. doi: 10.1177/1044389418756326
Storch, E. A., Salloum, A., Johnco, C., Dane, B. F., Crawford, E. A., King, M. A., . . . Lewin, A. B. (2015). Phenomenology and clinical correlates of family accommodation in pediatric anxiety disorders. *Journal of Anxiety Disorders*, 35, 75-81. doi: 10.1016/j.janxdis.2015.09.001

Earn 4 continuing education credits

AMASS 1:

ticket

Analyzing Longitudinal Data Collected During the Coronavirus Pandemic

Vivian C. Wong

Basic to moderate level of familiarity with the material

Primary Category: Research Methods and Statistics

Key Words: *Statistics, Causal Inference, Evaluation*

The COVID-19 global pandemic has had a profound effect on the lives of millions including those who are participants or potential participants in our longitudinal research studies. The occurrence of this kind of event not only affects participant recruitment and data collection but also the analysis of data collected before, during, and after the pandemic. This workshop will cover a set of research designs and statistical techniques (i.e., quasi-experimental methods) that are designed for testing longitudinal and causal hypotheses under these conditions. This workshop is intended for researchers who are interested in and/or conducting randomized control trials or quasi-experimental longitudinal studies. The workshop will also address internal and external validity concerns with implementing evaluation studies during the pandemic period and provide researchers with a framework for making decisions about planning and implementing their studies. Basic knowledge of and experience with longitudinal models (e.g., repeated-measures ANOVA, multilevel models, generalized estimating equations) is beneficial but not necessary.

At the end of this session, the learner will be able to:

- Describe quasi-experimental designs for intervention evaluation (i.e., regression-discontinuity, matching, and time series approaches).
- Evaluate the appropriateness of these quasi-experimental designs for a range of data collection scenarios and hypotheses.
- Provide a framework for considering study implementation decisions during the pandemic period.

Recommended Readings: West, S. G., Cham, H., Thoemmes, F., Renneberg, B., Schulze, J., & Weiler, M. (2014). Propensity scores as a basis for equating groups: Basic principles and application in clinical treatment outcome research. *Journal of consulting and clinical psychology*, 82(5), 906. Kim, Y., & Steiner, P. (2016). Quasi-experimental designs for causal inference. *Educational psychologist*, 51, 395-405. Shadish, W. R., Cook, T. D., & Campbell, D. T. (2002). *Experimental and quasi-experimental designs for generalized causal inference*. Boston: Houghton Mifflin.

Earn 2 continuing education credits

Master Clinician Seminar 4:

ticket

Whether We ‘Like’ It or Not, Psychologists Need to Embrace Social Media

Simon A. Rego, ABPP, Psy.D., Montefiore Medical Center

Basic to moderate level of familiarity with the material

Primary Category: Professional/ Interprofessional Issues

Key Words: *Technology / Mobile Health, Professional Issues, Dissemination*

Despite the many advances that have been made in the understanding of psychological disorders and the critical role that mental health experts play in their successful treatment, our field continues to struggle to: (a) reach newer and broader audiences, (b) explain psychological concepts in simple and creative ways, and (c) stand out on the increasingly crowded information superhighway. Complicating matters is the fact that: (a) graduate programs and internship sites tend to focus on ensuring that profession-wide competencies are met, and spend relatively less - and often, no - time preparing their graduates for the challenges involved in branding, marketing, advertising, and other promotional activities that we can use to communicate our messages to the public; and (b) the healthcare landscape continues to change rapidly, with an ever-increasing reliance on, and use of, technology. As a result, typical forums (e.g., journal articles, conference presentations, etc.) for delivering news about advances in our profession have become too narrow, traditional media (e.g., print, radio, television) have lost their centrality, and new platforms are continuously being created (e.g., social media). This seminar will present ways to capitalize on advances in technology to help share psychological concepts with new audiences, while also highlighting the ethics and risks involved in doing so as a psychologist.

At the end of this session, the learner will be able to:

- Describe several of the more popular social media platforms.
- Discuss the ethics and risks involved in psychologists' use of social media.
- Demonstrate ways in which use of social media can be done effectively.

Recommended Readings: Baier, A. L. (2019). The ethical implications of social media: Issues and recommendations for clinical practice. *Ethics & Behavior, 29*(5), 505-512.
Kolmes, K. (2012). Social media in the future of professional psychology. *Professional Psychology: Research and Practice, 43*(6), 606.
Tunick, R. A., Mednick, L., & Conroy, C. (2011). A snapshot of child psychologists' social media activity: Professional and ethical practice implications and recommendations. *Professional Psychology: Research and Practice, 42*(6), 440-447.

Earn 3 continuing education credits

Workshop 14:

ticket

Rediscovering Exposure: Enhancing the Impact of Cognitive Behavioral Therapy for Eating Disorders

WEDNESDAY

Glenn C. Waller, Ph.D., The University of Sheffield
Carolyn B. Becker, Ph.D., Trinity University
Nicholas Farrell, Ph.D., Rogers Behavioral Health

Moderate level of familiarity with the material

Primary Category: Eating Disorders

Key Words: *Eating, Exposure*

Cognitive-behavioral therapy for eating disorders (CBT-ED) has traditionally failed to use exposure therapy methods to best effect. Some CBT-ED interventions have recommended approaches that do not reflect the true potential of exposure (e.g., mistaking ‘white knuckling’ for true learning experiences), and some advocate what are effectively avoidant and safety behaviours (e.g., use of “alternative” safety strategies to help patients tolerate anxiety). Moreover, in practice, many clinicians omit key exposure-based techniques completely (e.g., openly weighing the patient; use of mirror exposure). Advocates of CBT for EDs also have done a relatively poor job of articulating when clinicians should conceptualize a strategy as exposure and when they should not. Finally, only recently has the field of eating disorders begun to catch up with the implementation of the inhibitory learning approach to exposure. This workshop will outline how exposure theories have developed and how they fit our understanding of how to treat eating disorders. The presenters will then detail and demonstrate key ways in which exposure therapy can be used to enhance CBT-ED in practice. They will focus on the use of an inhibitory learning approach, where exposure can be delivered more rapidly and with more pervasive benefits. Drawing on their new ABCT-affiliated book, which is the first of its kind to guide clinicians in evidence-based exposure therapy for eating disorders, the presenters will use case examples and role-playing to demonstrate how to implement exposure. This will be used to address a range of symptoms across the range of eating disorder diagnoses (e.g., food/eating-related fears, body image disturbance, recurrent binge-eating, etc.). Finally, the workshop will consider the contexts in which we can use exposure therapy in eating disorder services. This part of the workshop will include: a range of levels of treatment (in-patient; intensive day-patient; out-patient); working with families; addressing clinician reluctance to use exposure therapy; and working with service settings that are structured to make exposure difficult to implement.

At the end of this session, the learner will be able to:

- Identify appropriate eating disorder symptoms that could benefit from the use of exposure therapy techniques.
- Identify the avoidant and safety behaviours underpinning eating disorder symptoms.
- Explain the principles of effective exposure therapy.
- Describe how to implement exposure-based methods for eating disorder symptoms, using inhibitory learning principles.
- Identify and address clinicians' avoidance of exposure therapy.

Recommended Readings: Becker, C. B., Farrell, N. R., & Waller, G. (2019). Exposure therapy for eating disorders. New York, NY: Oxford University Press. Waller, G., & Raykos, B. (2019). Behavioral Interventions in the treatment of eating disorders. *Psychiatric Clinics of North America*, 42, 181–191. Reilly, E. R., Anderson, L. M., Gorrell, S., Schaumberg, K., & Anderson, D. A. (2017). Expanding exposure-based interventions for eating disorders. *International Journal of Eating Disorders*, 50, 1137-1141. Jansen, A. (1998). A learning model of binge eating: Cue reactivity and cue exposure. *Behaviour Research and Therapy*, 36, 257-272. Murray, S. B., Treanor, M., Liao, B., Loeb, K. L., Griffiths, S., & Le Grange, D. (2016). Extinction theory & anorexia nervosa: Deepening therapeutic mechanisms. *Behaviour Research and Therapy*, 87, 1-10.

Earn 5 continuing education credits

Institute 4:

ticket

Introduction to Process-based CBT

WEDNESDAY

Stefan G. Hofmann, Ph.D., Boston University

Steven C. Hayes, Ph.D., University of Nevada, Reno

David N. Lorscheid, B.S., Radboud University

Moderate level of familiarity with the material

Primary Category: Transdiagnostic

Key Words: CBT, Psychotherapy Process, Case Conceptualization / Formulation

Process-Based CBT (PCBT) is a radical departure from the latent disease model of the DSM and the absurd proliferation of the protocols-for-syndrome approach. Instead, PBCBT focuses on how to best target and change core biopsychosocial processes in a specific situation for given goals with a given client. This approach recognizes that psychotherapy typically involves non-linear (rather than linear), bidirectional (rather than unidirectional), and dynamic changes of many (rather than only a few) interconnected variables. Effective therapy changes the entire system toward a stable and adaptive state. For therapy to be most effective, we, therefore, need to embrace a systematic, assessment-guided, and theory-based approach to understand the relationships of the various problems of a given client. Functional analysis, the foundation of behavior therapy, provides the basis to understand these relationships. PBCBT acknowledges the complexity, inter-relatedness, and multidimensional levels of the problems in a given client. This workshop will illustrate how PBCBT is used to target key treatment processes by combining functional analysis with a dynamic and person-specific network approach. The workshop will discuss specific strategies to target specific processes in a specific client.

At the end of this session, the learner will be able to:

- Access the limitations and weaknesses of the contemporary medical model.
- Discuss an up-to-date understanding of the core processes of CBT.
- Develop an idiographic, functional diagnostic system that has treatment utility.
- Apply more progressive models and theories in clinical practice.
- Use functional analysis in conjunction with complex network approach in a given client.

Recommended Readings: Hayes, S. C. & Hofmann, S. G. (Eds.) (2018). *Process-based CBT: The science and core clinical competencies of cognitive behavioral therapy*. Oakland, CA: New Harbinger Publications. ISBN-13: 978-1626255968. Hofmann, S. G., & Hayes, S. C. (2019). The future of intervention science: Process-based therapy. *Clinical Psychological Science*, 7, 37-50. doi: 10.1177/2167702618772296 Hayes, S. C., Hofmann, S. G., Stanton, C. E., Carpenter, J. K., Sanford, B. T., Curtiss, J. E., & Ciarrochi, J. (2019).

The role of the individual in the coming era of process-based therapy. *Behaviour Research and Therapy*, 117, 40-53. doi: 10.1016/j.brat.2018.10.005. Hayes, S. C. & Hofmann, S. G. (2017). The third wave of CBT and the rise of process-based care. *World Psychiatry*, 16, 245-246. doi: 10.102/wps.20442 Hofmann, S. G., Curtiss, J. E., & Hayes, S. C. (in press). Beyond linear mediation: Toward a dynamic network approach to study treatment processes. *Clinical Psychology Review*. doi: 10.1016/j.cpr.2020.101824 Beyond Acceptance and Commitment Therapy: Process-Based Therapy CW Ong, ME Levin, MP Twohig - *The Psychological Record*, 2020 - Springer

Earn 5 continuing education credits

Institute 5:

ticket

Everything You Always Wanted to Know About Interpersonal Psychotherapy for Adolescents (IPT-A) and Never Had the Chance to Ask

Laura H. Mufson, Ph.D., Columbia University Vagelos College of Physicians and Surgeons and New York State Psychiatric Institute
Jami Young, Ph.D., Children’s Hospital of Philadelphia, University of Pennsylvania Perelman School of Medicine

Basic level of familiarity with the material

Primary Category: Child / Adolescent - Depression

Key Words: *Adolescents, Treatment, Depression*

Interpersonal Psychotherapy for Depressed Adolescents (IPT-A) was adapted from the adult model of IPT and is based on the premise that depression, regardless of its etiology, occurs in an interpersonal context. IPT-A is a 12-15 session treatment that focuses on improving depressive symptoms and interpersonal functioning. IPT-A has been adapted as a preventive intervention for adolescents at risk for depression and for preadolescents diagnosed with depression. This institute will provide an introduction to the principles of IPT as adapted for adolescents (IPT-A) and discuss its use in community settings such as school-based health clinics and primary care clinics. The course will include didactics on the main principles and techniques of the IPT-A treatment model; use of demonstrations of techniques; opportunity for short experiential role playing; and discussion of brief case examples. IPT-A has been demonstrated to be an efficacious treatment for adolescent depression (Mufson et al., 1999; Mufson et al., 2004; Rosselló & Bernal, 1999; Rosselló, Bernal, & Rivera-Medina, 2008) and is delineated in a published treatment manual (Mufson, Dorta, Moreau & Weissman, 2004). IPT-A meets the criteria of a “well-established treatment” for adolescent depression according to the American Psychological Association (David-Ferdon & Kaslow, 2009;) and is a recommended treatment for depressed adolescents (Zhou, Hetrick, Cuijpers et al., 2015; Weersing, Jeffries, Do, & Schwartz, 2016). IPT-A is recommended along with CBT in the newly published American Psychological Association Clinical Practice Guidelines for the treatment of Depression across the lifespan (2019) as the two interventions with the strongest evidence base for treating adolescents with depression. This course will present the goals and phases of IPT-A, identified problem areas, primary components of IPT-A approach, as well as specific therapeutic techniques such as the interpersonal inventory and communication analysis.

At the end of this session, the learner will be able to:

- Identify the basic principles of IPT-A.
- Describe the four interpersonal problem areas.
- Describe the key IPT-A techniques.
- Utilize the techniques through role plays and discussion of case examples.
- Apply the IPT-A treatment approach with depressed adolescent patients.

Recommended Readings: Mufson L, Dorta KP, Moreau D, Weissman MM. (2004) Interpersonal Psychotherapy for Depressed Adolescents, second edition. Guilford Publications, Inc.: New York. Sbrulati ES, Lyneham HJ, Mufson L, Schneiring CA. A Model of Therapist Competencies for the Empirically Supported Interpersonal Psychotherapy for Adolescent Depression. *Clinical Child and Family Psychology Review*. 2012, 15, 93-112. Mufson L, Dorta KP, Wickramaratne P, et al: A randomized effectiveness trial of interpersonal psychotherapy for depressed adolescents. *Arch Gen Psychiatry* 61:577-584, 2004. Gunlicks-Stoessel M, Mufson L, Jekal A, & Turner B. The impact of perceived interpersonal functioning on treatment for adolescent depression: IPT-A versus treatment as usual in school-based health clinics. *Journal of Consulting and Clinical Psychology*, 2010, 78 (2):260-267. Baerg-Hall E. and Mufson L. Interpersonal Psychotherapy for Depressed Adolescents (IPT-A): A Case Illustration. *Journal of Clinical Child and Adolescent Psychology*, 2009, 38(4):582-593. Markowitz, JC and Weissman, MM (eds.) (2012). *A Casebook in Interpersonal Psychotherapy*. Oxford University Press: New York.

Earn 5 continuing education credits

Institute 8:

ticket

Improving Access to Teen Sleep Treatments: How to Deliver Evidence-based Techniques to Help Young Adults Sleep Better and Feel Better

Colleen E. E. Carney, Ph.D., Ryerson University

Basic to Moderate level of familiarity with the material

Primary Category: Sleep / Wake Disorders

Key Words: *Adolescents, Sleep, Behavioral Medicine*

Sleep problems are both highly prevalent, and etiologically significant for mental health problems in adolescents and young adults. Most books/workshops focus on pediatric or adult sleep programs, but they are not suitable for this age group because the sleep problems of this group are unique. This age group experience circadian rhythm problems, hypersomnia, hypersomnolence and/or insomnia. What little treatment research exists for this age group focuses solely on CBT for insomnia and ignores the other problems. One helpful approach has been to recognize the transdiagnostic nature of these sleep problems and leverage case formulation and empirically supported techniques to help this group. Although we have evidence-based behavioral sleep medicine techniques to address sleep problems, access to such treatments is limited and access to training for professionals is nonexistent. This training will fill this void and teach specific cognitive behavioral sleep medicine approaches to teen sleep problems (Harvey et al., 2016). The format for the workshop will be didactic instruction, experiential exercises, demonstrations, and clinical. Attendees will have access to and learn how to use a validated free app to help adolescents and young adults sleep better.

At the end of this session, the learner will be able to:

- Describe the difference between these common teen sleep problems: voluntary sleep restriction, circadian rhythm dysregulation, hypersomnia, and insomnia.
- Prepare evidence-based solutions for voluntary sleep restriction, circadian rhythm dysregulation, hypersomnia, and insomnia.
- Use motivational interviewing to help teens buy-in to treatment engagement.
- Explain to teachers, parents and counselors in teens' lives about sleep myths, and how to communicate effectively and support teens in improving their sleep.
- Demonstrate to clients use a free app to track sleep and set goals.

Recommended Readings: Blake, M. J., Sheeber, L. B., Youssef, G. J., Raniti, M. B., & Allen, N. B. (2017). Systematic review and meta-analysis of adolescent cognitive-behavioral sleep interventions. *Clinical Child and Family Psychology Review*, 20(3), 227-249. Harvey,

A. G. (2016). A transdiagnostic intervention for youth sleep and circadian problems. *Cognitive and Behavioral Practice*, 23(3), 341-355.

Harvey, A. G., Hein, K., Dolsen, M. R., Dong, L., Rabe-Hesketh, S., Gumpert, N. B., ... & Smith, R. L. (2018). Modifying the impact of eveningness chronotype ("night-owls") in youth: A randomized controlled trial. *Journal of the American Academy of Child & Adolescent Psychiatry*, 57(10), 742-754.

Soehner, A. M., Bertocci, M. A., Levenson, J. C., Goldstein, T. R., Rooks, B., Merranko, J., ... & Hickey, M. B. (2019). Longitudinal associations between sleep patterns and psychiatric symptom severity in high-risk and community comparison youth. *Journal of the American Academy of Child & Adolescent Psychiatry*, 58(6), 608-617.

Dong, L., Gumpert, N. B., Martinez, A. J., & Harvey, A. G. (2019). Is improving sleep and circadian problems in adolescence a pathway to improved health? A mediation analysis. *Journal of consulting and clinical psychology*, 87(9), 757.

Earn 4 continuing education credits

AMASS 2:

ticket

**Encore AMASS Back by Popular Demand from
2019: Open Science Practices for Clinical
Researchers: What You Need to Know and How to Get
Started**

WEDNESDAY

Jessica L. Schleider, Ph.D., Stony Brook University
Michael Mullarkey, M.A., University of Texas-Austin

Basic level of familiarity with the material

Primary Category: Research Methods and Statistics

Key Words: *Research Methods, Statistics, Professional Development*

Clinical psychology is undergoing a revolution where hypotheses, data, materials, and papers are shared more openly than ever before, improving the credibility, accessibility, and transparency of the science we produce. Additionally, an increasing list of top-tier outlets for clinical trials now require (e.g., *Journal of Consulting and Clinical Psychology*, *Archives of General Psychiatry/JAMA Psychiatry*) or strongly encourage (e.g., *Clinical Psychological Science*) primary hypotheses to be preregistered in order to be considered for publication. Secondary analyses are also being subjected to ever-increasing scrutiny, with credibility of research findings becoming an integral part of the review process. However, clinical psychology has lagged behind other areas in adopting credibility-enhancing research practices. This may be at least partially because adopting such practices are often framed as a communal good, but a personal sacrifice of time and effort. The landscape is evolving such that open science practices are no longer optional and policies at leading clinical journals suggest that this will only increase over the near term (e.g., Davila, 2019; <https://www.apa.org/pubs/journals/features/ccp-ccp0000380.pdf>). This AMASS will teach easy-to-adopt strategies for enhancing the transparency, accessibility, and credibility of your research—and ways in which these practices actually save both personal time and effort. We will highlight: (a) using preregistration tools to boost odds of publication acceptance, regardless of your study results; (b) tools for staying even more up to date in your field; (c) earning credit, and disseminating your work, earlier in the paper-writing process; (d) creating easy-to-reproduce analyses that meet current publication standards for data transparency. This session will include hands-on practice with free, credibility increasing tools such as preprint servers, open data repositories, open source analysis tools (R & JAMOVI), and the Open Science Framework. This AMASS will also focus on immediate translation of at least one open science practice into each participant's workflow by the following day, no matter the type of research you conduct—from work on basic mechanisms of psychopathology to clinical trials to dissemination and implementation science.

At the end of this session, the learner will be able to:

- Learn how and why various credibility-enhancing practices can support and strengthen your (and your lab's) research.
- Establish a quicker ideas-to-paper pipeline (using preprint servers to disseminate research earlier).
- Download and apply at least one tool (including a point and click interface) that helps ensure your analyses are easy for others to reproduce.
- Explain how preregistration and registered reports can facilitate publication regardless of results.
- Discover at least one way you can apply open science practices in your research starting the next day, regardless of your research area within clinical psychology.

Recommended Readings: JAMOVI User Manual to Create Reproducible R Code Using a Point and Click Interface: <https://www.jamovi.org/user-manual.html> Nelson, L. D., Simmons, J., & Simonsohn, U. (2018). Psychology's renaissance. *Annual Review of Psychology*, 69(1), 511-534. Nosek, B. A., Ebersole, C. R., DeHaven, A. C., & Mellor, D. T. (2018). The preregistration revolution. *Proceedings of the National Academy of Sciences of the United States of America*, 115(11), 2600-2606. Srivastava, S. (2018). Sound Inference in Complicated Research: A Multi-Strategy Approach. <https://doi.org/10.31234/osf.io/bwr48> Tackett, J. L., Brandes, C. M., King, K. M., & Markon, K. E. (2019). Psychology's replication crisis and clinical psychological science. *Annual Review of Clinical Psychology*, 15, 579-604.

Earn 3 continuing education credits

Workshop 9:

ticket

Evidence-based Treatment for Prolonged Grief Disorder

Natalia A. Skritskaya, Ph.D., Columbia University
Katerine Shear, M.D., Columbia University School of Social Work

All level of familiarity with the material

Primary Category: Trauma and Stressor Related Disorder and Disasters

Key Words: *Grief / Bereavement, Evidence-Based Practice, Psychotherapy Process*

Prolonged Grief Disorder (PGD) is now an official diagnosis in the 11th revision of the International Classification of Diseases (ICD-11). It's key features are persistent and pervasive yearning, longing and/or preoccupation with the deceased accompanied by intense emotional pain. The emotional pain can take different forms, e.g. sadness, guilt, anger, denial, blame; difficulty accepting the death, feeling one has lost a part of one's self, an inability to experience positive mood, emotional numbness, difficulty in engaging with social or other activities. To meet criteria for PGD the symptoms have to persist for an abnormally long period of time (more than 6 months at a minimum) and clearly exceed expected social, cultural or religious norms for the individual's culture and context. The disturbance has to cause significant impairment in an important area of functioning. PGD is estimated to affect 1 in 10 bereaved people and clinicians are likely to come across such individuals in their practice. Complicated Grief Treatment (CGT) is a rigorously tested psychotherapy treatment for this condition with a 70% response rate across three NIMH-funded studies. CGT targets adaptation to loss. It was derived using a modification of Prolonged Exposure that incorporates strategies and techniques from Interpersonal Psychotherapy, Motivational Interviewing and psychodynamic psychotherapy. Therapists focus on helping clients to accept grief, manage emotional pain, imagine a promising future, strengthen relationships, tell the story of the death, learn to live with reminders and feel a connection to memories of the deceased. Using case examples and data from clinical research studies, Drs. Skritskaya and Shear will describe the treatment, and use video and experiential exercise to illustrate how to use it in practice.

At the end of this session, the learner will be able to:

- Describe grief using an attachment theory perspective.
- Explain what it means to adapt to loss of someone close and how adaptation can be derailed.
- Describe ICD-11 prolonged grief disorder.
- Analyze how work with the main themes of Complicated Grief Treatment can be used to address derailers and facilitate adaptation to loss.

- Apply CGT procedures in their practice.

Recommended Readings: Shear, M. K., Reynolds C. F. III, Simon N.M., Zisook S., Wang, Y., Mauro, C., Duan, N., Lebowitz, B., & Skritskaya, N. (2016). Optimizing Treatment of Complicated Grief: A Multicenter Randomized Clinical Trial. *JAMA Psychiatry*, 73(7), 685-694. Mauro, C., Reynolds, C. F., Maercker, A., Skritskaya, N., Simon, N., Zisook, S., ... & Shear, M. K. (2019). Prolonged grief disorder: clinical utility of ICD-11 diagnostic guidelines. *Psychological medicine*, 49(5), 861-867. Shear, M. K., & Bloom, C. G. (2017). Complicated grief treatment: An evidence-based approach to grief therapy. *Journal of Rational-Emotive & Cognitive-Behavior Therapy*, 35(1), 6-25. Skritskaya, N. A., Mauro, C., Garcia de la Garza, A., Meichsner, F., Lebowitz, B., Reynolds, C. F., ... & Shear, M. K. (2020). Changes in typical beliefs in response to complicated grief treatment. *Depression and Anxiety*. Shear, K., & Shair, H. (2005). Attachment, loss, and complicated grief. *Developmental Psychobiology: The Journal of the International Society for Developmental Psychobiology*, 47(3), 253-267.

Earn 1 Continuing Education Credit

Invited Address 1:

Leveraging Implementation Science and Community-Based Partnerships to Bridge the Science-Practice Gap Among Diverse Populations

WEDNESDAY

Dr. Luana Marques, Ph.D., Massachusetts General Hospital

Moderate level of familiarity with the material

Primary Category: *Dissemination & Implementation Science*

Keywords: *Implementation, cognitive behavioral therapy, underserved populations*

It takes 17-20 years for evidence-based practice (EBP) to reach routine practice, and this science-practice gap is 10 years larger in mental health and for underserved populations (Boren & Balas, 2000; Institute of Medicine, 2006). Narrowly focused strategies such as solely establishing the effectiveness of an EBP or training providers to deliver EBPs without addressing multilevel factors contributing to the science-practice gap are not sufficient to increase EBP uptake among diverse populations. Implementation science (IS) and community based participatory research (CBPR) provide a systematic method of implementation and evaluation to further address the science-practice gap (Bauer et al., 2015; Minkler & Wallerstein, 2011) and to reduce disparities. This presentation describes three projects that leverage IS and CBPR to address barriers to facilitate the adoption of EBPs for diverse populations: clients seeking Posttraumatic Stress Disorder (PTSD) treatment from a diverse community health center in Chelsea Massachusetts, high-risk young men served by a community organization, and inner-city youth. Results from a NIMH-funded implementation-effectiveness hybrid study of Cognitive Processing Therapy (CPT) for PTSD underscore significant client-level predictors of treatment engagement (e.g., language) and effect of provider-level modification on client outcomes (Youn et al., 2019; Marques et al., 2019). The second research project, exemplifies the feasibility, acceptability and effectiveness of a modular Cognitive Behavioral Theory (CBT) iteratively developed and delivered by paraprofessionals for high-risk young men involved in the justice system (Valentine et al., 2019; Marques et al., 2020). Last, the development and scalability of a cognitive behavioral skills focused summer internship to improve emotion regulation among urban youth facing adversity is discussed. Cross cutting implications of these studies will be presented, including barriers encountered by diverse populations and strategies for increasing access within underserved communities.



DR. LUANA
MARQUES

At the end of this session, the learner will be able to:

- Discuss implementation and CBPR strategies to increase the use of CBT for underserved populations
- Describe unique considerations for using a CBT approach in non-traditional settings
- List three adaptations that were made to CBT to meet the needs of diverse populations
- Analyze considerations related to tensions between fidelity and adaptation of CBT
- Describe findings related to the application of CBT for three underserved populations.

Orientation to the Virtual Convention

Join Katharina Kircanski, ABCT's Convention and Education Issues Coordinator at 6:15 pm to learn how to navigate the virtual platform and make the most of the virtual convention experience this year.

Whether you are a new member, first-time convention attendee, or just want to learn how to navigate our virtual convention, all are welcome. Take full advantage of earning continuing education credits that are complimentary for 2020. Discover the new electronic evaluation forms, CE certificates, attendee quizzes, and the credit tracking system. Enjoy networking opportunities, gain insights into the convention electronic program and learn how to plan your itinerary, and master the convention app. Keep in mind that we begin each day with an invited address.

Plan to stay connected to ABCT throughout the year via our website, Facebook page, Twitter, Instagram, Special Interest Groups, and other networking opportunities.

Next up, ABCT President Martin M. Antony welcomes you to ABCT's first virtual convention and presents his Presidential Address, **"CBT in the Era of COVID-19"**

Earn 1 continuing education credit

Presidential Address:

CBT in the Era of COVID-19

Martin M. Antony, Ph.D., Ryerson University

Primary Category: Health Care System / Public Policy

Key Words: *Public Health, Stress, Vulnerable Populations*



MARTIN M.
ANTONY

This year, the world has faced challenges unlike those that many of us have encountered in our lifetimes, including living through the COVID-19 pandemic, beginning to confront systemic racism and discrimination, and navigating ongoing political divisions. This presentation will focus on the impact of recent events on the work that we do, and how our efforts to alleviate human suffering through science can have an impact on the world around us. Some topics that will be touched on include the effects of COVID-19 on mental health and efforts to treat psychological distress, the challenges of adapting CBT during the pandemic, the politicization of public health and science, the intersection of COVID-19 with racism, equity, and access, and a possible role for CBT in helping people transition to a post-pandemic time.

At the end of this session, the learner will be able to:

- Describe ways in which COVID-19 has impacted upon mental health
- Describe how COVID-19 intersects with other societal issues, such as systemic racism and the political process
- Describe ways in which CBT can help to address mental health issues created by the COVID-19 pandemic

Recommended Readings: Dozois, D. J. A., & Mental Health Research Canada (2020). Anxiety and depression in Canada during the COVID-19 pandemic: A national survey. *Canadian Psychology* [advance online publication]. <http://dx.doi.org/10.1037/cap0000251> Fitzpatrick, K.M., Drawwe, G., & Harris, C. (2020). Facing new fears during the COVID-19 pandemic: The state of America's mental health. *Journal of Anxiety Disorders*, 75, 102291. <https://doi.org/10.1016/j.janxdis.2020.102291> Taylor, S. (2019). *The psychology of pandemics: Preparing for the next global outbreak of infectious disease*. Cambridge Scholars Publishing.

10:30 a.m. – 12:00 p.m.

Earn 1.5 continuing education credits

Panel Discussion 1

Shouting from the Rooftops: Sharing Evidence Based Treatment in the Age of (Mis) Information

MODERATOR: *Daniel L. Hoffman, ABPP, Ph.D.*, Long Island Jewish Medical Center of Northwell Health

PANELISTS: *David F. Tolin, ABPP, Ph.D.*, Institute of Living
Dean McKay, ABPP, Ph.D., Fordham University
Kevin Chapman, Ph.D., Kentucky Center for Anxiety and Related Disorders
Sara Becker, Ph.D., Brown University School of Public Health
Regine Galanti, Ph.D., Long Island Behavioral Psychology
Stevie N. Grasseti, Ph.D., West Chester University of Pennsylvania

Primary Category: Health Care System / Public Policy

Key Words: *Public Health, Dissemination, Technology / Mobile Health*

With unprecedented levels of internet access in the general public, consumers now have free, convenient, and instantaneous access to information about behavioral health treatment. Although there are many benefits to having open access to information, risks include a profusion of misinformation and echo chambers, in which like-minded individuals share and reinforce inaccurate, non-scientific, and pseudoscientific beliefs.

Evidence based treatments (EBT's) have fallen victim to such misinformation, with pseudoscience treatments proliferating in pop culture, online communities, and even in systems of care such as schools and community mental health settings.

Evidence based practitioners have the tools with which to engage with the public at large and in systems of care. However, EBT's have an image problem which needs to be addressed in those venues. Dissemination of accurate mental health information can improve public health, but overreliance on field-specific jargon may prevent effective communication with the lay public.

This panel brings together speakers who have bravely entered the fray by disseminating evidence-based information in community mental health settings and/or have interacted with the public in a wide array of media outlets, ranging from television to

social media, to blogs and print media. We discuss methods of disseminating information to increase acceptability and promote engagement of EBT's among professionals and the public. We will also address barriers to disseminating and implementing EBT's across systems of care, organizations (including inpatient and outpatient mental health care, schools, juvenile detention centers, and other settings), in multicultural groups, and on individual practitioner levels. Models and pitfalls of dissemination, implementation, and engagement will be discussed.

10:30 a.m. – 12:00 p.m.

Earn 1.5 continuing education credits

Panel Discussion 2

What Works and What Doesn't? Challenges and Solutions in Implementing Technology-enhanced Psychotherapy

MODERATOR: *David J. Miklowitz, Ph.D.*, UCLA Semel Institute for Neuroscience & Human Behavior

PANELISTS: *Patricia Walshaw, Ph.D.*, UCLA Semel Institute for Neuroscience & Human Behavior
Louisa Sylvia, Ph.D., Massachusetts General Hospital
Eric Granholm, Ph.D., University of California San Diego
Marc J. Weintraub, Ph.D., UCLA Semel Institute

Primary Category: Technology

Key Words: *Technology / Mobile Health, Implementation, Severe Mental Illness*

The study of technologies to enhance evidence-based treatment is a new and exciting field, but one that is fraught with challenges in implementation. Specific consideration is needed in how to design assessment and treatment applications for different populations, particularly patients with severe mental illness and their families. Developmental considerations are also essential in planning how to construct content for younger patients or diverse populations. The panelists are all conducting experiments that use a variety of technologies (apps, symptom tracking, Fitbit) to enhance evidence-based psychotherapy (CBT, family-focused therapy, group treatment by the Unified Protocol) in different populations (adults with schizophrenia or bipolar disorder, youth with mood disorders, adolescents at risk for psychosis, and broad populations). Initial discussion will focus on challenges related to design and interfacing with an IT team when building a user-interface. Decisions regarding amount of content that is helpful and what content should be prioritized to elicit therapeutic benefit will be discussed. Panelists will then focus on assessment (i.e., tracking of symptoms and functioning) and decisions around frequency and length of assessments. Finally, the topic of participant engagement in online programs will be examined, along with methods to facilitate engagement. The panelists will discuss issues around engaging individuals online who may already be resistant to treatment in the clinic, captivating adolescents who are already deluged with online content, and using

reward strategies. Modifying programs to accommodate different levels of symptomatology will also be explored.

10:30 a.m. – 12:00 p.m.

Earn 1.5 continuing education credits

Clinical Round Table 1

Intensive Delivery of Evidence-based Treatment for PTSD Across Diverse Contexts: successes, Challenges, and Strategies for Implementation

MODERATOR: *Jennifer S. Wachen, Ph.D.*, National Center for PTSD and Boston University School of Medicine

PANELISTS: *Kris Morris, Ph.D.*, Fort Belvoir Community Hospital
Edward C. Wright, ABPP, Ph.D., Massachusetts General Hospital
Cynthia Yamokoski, Ph.D., National Center for PTSD
Tara E. Galovski, Ph.D., Women's Health Sciences Division, VA National Center for PTSD

All levels of familiarity with the material

Primary Category: Trauma and Stressor Related Disorders and Disasters

Key Words: PTSD (*Posttraumatic Stress Disorder*), *Treatment/ Program Design*, *Veterans*

Cognitive Processing Therapy (CPT) and Prolonged Exposure (PE) are two of the strongest evidence-based psychotherapies (EBPs) for posttraumatic stress disorder, yet it can be challenging for patients to complete a full course of treatment. Modifying EBPs to be delivered within a shorter time frame may reduce likelihood of dropout and optimize potential positive treatment outcomes. Intensive versions of CPT and PE are beginning to be delivered in a variety of clinical settings, and research supporting their efficacy is ongoing. This clinical roundtable will discuss the implementation of CPT and PE in different intensive delivery formats with diverse patient populations in both research and clinical contexts. Dr. Yamokoski will discuss the acceptability, feasibility, and effectiveness of an intensive outpatient program at the VA Northeast Ohio Healthcare System based upon massed-delivery (3-5X per week) of PE or CPT with veteran patients. Dr. Wright will present on two intensive programs for PTSD at Home Base, a Red Sox Foundation and Massachusetts General Hospital Program serving veterans and their families. The Intensive Clinical Program provides two weeks of daily individual CPT or PE combined with group complementary therapies. The Accelerated Clinical Treatment program includes twice daily, individual PE combined with group-based psychoeducation, in vivo exposure, mindfulness, and fitness over a 4-day weekend. Dr. Morris will discuss an intensive 5-day combined group and individual CPT program delivered in the first randomized clinical trial of massed CPT with active duty military. Dr. Galovski will present a pilot study of 12 sessions of individual CPT delivered over 5 days with female victims of interpersonal

violence through the Center for Trauma Recovery in St. Louis. Dr. Wachen will moderate a discussion of strategies that have contributed to the success of implementing these interventions in novel formats and unique contexts.

10:30 AM – 12:00 PM

Earn 1.5 continuing education credits

Symposium 1

Addressing Diagnostic Challenges in Obsessive-compulsive Disorder, Psychosis, and Autism Spectrum Disorder

CHAIR: *Jennifer L. Buchholz, M.A., UNC Chapel Hill*

DISCUSSANT: *Monica E. Calkins, Ph.D., Perelman School of Medicine, University of Pennsylvania*

Moderate to Advanced level of familiarity with the material

Primary Category: Assessment

Key Words: *OCD (Obsessive Compulsive Disorder), Psychosis / Psychotic Disorders, Autism Spectrum Disorders*

Anxiety Sensitivity in Individuals with First Episode Psychosis

Jennifer L. Buchholz, M.A., UNC Chapel Hill

Tate Halverson, M.A., University of North Carolina at Chapel Hill

Kelsey Ludwig, M.A., University of North Carolina at Chapel Hill

David Penn, Ph.D., University of North Carolina - Chapel Hill

Julia Browne, M.A., University of North Carolina at Chapel Hill

John Gleeson, Ph.D., University of Melbourne

Mario Alvarez-Jimenez, Ph.D., Orygen, The National Centre Of Excellence In Youth Mental Health

Jon Abramowitz, Ph.D., University of North Carolina at Chapel Hill

Autism or Psychosis? Challenges and Recommendations for Differential Diagnosis

Brenna Maddox, Ph.D., Perelman School of Medicine at the University of Pennsylvania

Edward Brodtkin, M.D., Perelman School of Medicine at the University of Pennsylvania

Monica E. Calkins, Ph.D., Perelman School of Medicine, University of Pennsylvania

Kathleen Shea, MS, Research & Evaluation Group, Public Health Management Corporation

Katherine Luciano, LCSW, McLean Franciscan Community Based Acute Treatment Program

David Mandell, Other, Perelman School of Medicine at the University of Pennsylvania

Judith Miller, PhD, University of Pennsylvania

THURSDAY

Psychometric and Stigma Barriers to Assessing Subclinical Psychosis-like Experiences

Charlie A. Davidson, Ph.D., Mercer University; Emory University; Atlanta Center for Cognitive Therapy

Clinician Diagnostic Bias: Obsessive-compulsive Disorder Is Misdiagnosed When There Is a Co-occurring Trauma History

Emily Becker-Haimes, Ph.D., University of Pennsylvania

Katherine Wislocki, B.A., University of Pennsylvania School of Medicine

Stephen DiDonato, PhD, Thomas Jefferson University

Rinad S. S. Beidas, PhD, University of Pennsylvania Perelman School of Medicine; Penn Implementation Science Center at the Leonard Davis Institute of Health Economics (PISCE@LDI)

Amanda Jensen-Doss, Ph.D., University of Miami

Evaluating Discriminant Validity of the Obsessive-compulsive Inventory – Revised (OCI-R) in a Nonclinical Sample

Emily Steinberg, M.A., Fordham University

Dean McKay, ABPP, Ph.D., Fordham University

10:30 AM – 12:00 PM

Earn 1.5 continuing education credits

Symposium 2

Enhancing Employment Success Through Community-based Social Anxiety Treatment

CHAIR: Richard T. LeBeau, Ph.D., University of California, Los Angeles

DISCUSSANT: Risa B. Weisberg, Ph.D., VA Boston HCS / Boston University

Basic to Moderate level of familiarity with the material

Primary Category: Adult Anxiety

Key Words: *Social Anxiety, Randomized Controlled Trial, Dissemination*

A Multisite Trial of Work-related Cognitive Behavioral Therapy for Unemployed Persons with Social Anxiety: Study Methods and Sample Characteristics

Joseph Himle, Ph.D., University of Michigan

Richard T. LeBeau, Ph.D., University of California, Los Angeles

Addie Weaver, Ph.D., University of Michigan

Jennifer Jester, Ph.D., University of Michigan

Amy Kilbourne, Ph.D., University of Michigan

Michelle Craske, Ph.D., University of California, Los Angeles

Results from a Randomized Controlled Trial of Work-related Cognitive Behavioral Therapy vs. Vocational Services as Usual Among Unemployed Individuals with Social Anxiety

Michelle Craske, Ph.D., University of California, Los Angeles

Richard T. LeBeau, Ph.D., University of California, Los Angeles

Jennifer Jester, Ph.D., University of Michigan

Joseph Himle, Ph.D., University of Michigan

Moderators of Treatment Response to Work-related Cognitive Behavioral Therapy for Unemployed Individuals with Social Anxiety

Richard T. LeBeau, Ph.D., University of California, Los Angeles

Jennifer Jester, Ph.D., University of Michigan

Joseph Himle, Ph.D., University of Michigan

Michelle Craske, Ph.D., University of California, Los Angeles

Multiple Stakeholder Perspectives of Implementing Work-related Cognitive Behavioral Therapy in Vocational Service Settings: A Qualitative Study of Intervention Acceptability and Sustainability

Addie Weaver, Ph.D., University of Michigan

Joseph Himle, Ph.D., University of Michigan

Amy Kilbourne, Ph.D., University of Michigan

Michelle Craske, Ph.D., University of California, Los Angeles

Earn 1.5 continuing education credits

Symposium 3

Stps in the Real-world: Exploring Adaptations to Improve Access and Feasibility While Maintaining High Quality Care

CHAIR: *Sarah Tannenbaum, Psy.D.*, Judge Baker Children’s Center at Harvard Medical School

DISCUSSANT: *Carla C. Allan, Ph.D.*, Children’s Mercy/University of Missouri-Kansas City School of Medicine

Basic to Moderate level of familiarity with the material

Primary Category: ADHD - Child

Key Words: *ADHD, Child, Evidence-Based Practice*

Utilizing the Summer Treatment Program Model to Promote School Readiness in Young Children Living in Urban Poverty

Katie C. Hart, Ph.D., Florida International University - Center for Children and Families

Bridget Poznanski, M.S., Florida International University

Randi Cheatham-Johnson, M.S., Florida International University

Della Gregg, M.S., Florida International University

Katherine Zambrana, M.S., Florida International University

Akira Gutierrez Renzulli, M.A., Florida International University - Center for Children and families

Helen Flores, M.S., Florida International University - Center for Children and families

Lissandra Sotolongo, M.S., Florida International University - Center for Children and families

Tommy Chou, B.A., M.A., M.S., Florida International University

Jacqueline O. Moses, M.S., Florida International University

Feion Villodas, Ph.D., M.p.h., San Diego State University

Miguel T. Villodas, Ph.D., SDSU / UC San Diego Joint Doctoral Program in Clinical Psychology

Feasibility, Acceptability, and Efficacy of B.U.D.S. Program, a Clinical Adaptation of the Summer Treatment Program Aimed to Treat Children with ADHD and Disruptive Behaviors

Vasc Lopes, Psy.D., Columbia University Irving Medical Center

Vasc Lopes, Psy.D., Columbia University Irving Medical Center

Sustainability of the Summer Treatment Program for ADHD in a Non-profit Children's Hospital Setting

Simone Moody, Ph.D., Children's Mercy/University of Missouri-Kansas City School of Medicine

Madeline DeShazer, B.S., Children's Mercy Kansas City

Trista Perez Crawford, Ph.D., Children's Mercy Kansas City/University of Missouri Kansas City School of Medicine

Carla C. Allan, Ph.D., Children's Mercy/University of Missouri-Kansas City School of Medicine

A Pilot Study of Camp Baker, a Real-world Adapted Summer Treatment Program for Children with ADHD

Sarah Tannenbaum, Psy.D., Judge Baker Children's Center at Harvard Medical School

Marina Wilson, Judge Baker Children's Center at Harvard Medical School

Stephani Synn, M.A., Judge Baker Children's Center at Harvard Medical School

Rachel E. Kim, Ph.D., Judge Baker Children's Center

10:30 AM – 12:00 PM

Earn 1.5 continuing education credits

Symposium 4

Combined and Unimodal Treatment for Childhood Mental Health Disorders: The Impact of the Four Landmark NIMH-funded Trials on the Subsequent Use of Psychopharmacological and Psychosocial Treatment

CHAIRS: *Fiona L. Macphree, M.S., Florida International University*
William E. Pelham, Jr., Ph.D., Florida International University

DISCUSSANT: *Robert J. DeRubeis, Ph.D., Department of Psychology, University of Pennsylvania*

Moderate level of familiarity with the material

Primary Category: Treatment - Other

Key Words: *Child, Clinical Trial, Medication*

The Multimodal Treatment Study of Children with ADHD: Medication, Behavioral Intervention, or Their Combination – “just Say Yes to Drugs?”

William E. Pelham, Jr., Ph.D., Florida International University

Answers and More Questions from the Child/adolescent Anxiety Multimodal Study

Anne Marie Albano, Ph.D., Columbia University Clinic for Anxiety and Related Disorders

The Pediatric OCD Treatment Study

Martin E. Franklin, Ph.D., Rogers Behavioral Health Philadelphia

The Treatment for Adolescents with Depression Study

John Curry, ABPP, Ph.D., Duke University

10:30 AM – 12:00 PM

Earn 1.5 continuing education credits

Symposium 5

New Directions in Exposure Therapy for Eating Disorders

CHAIR: *Rachel Butler, M.A., Temple University*

DISCUSSANT: *Jon Abramowitz, Ph.D., University of North Carolina at Chapel Hill*

All level of familiarity with the material

Primary Category: Eating Disorders

Key Words: *Exposure, ERP (Exposure and Response Prevention)*

Exposure Therapy for Eating Disorders: A Systematic Review

Rachel Butler, M.A., Temple University

Richard G. Heimberg, Ph.D., Temple University

Coding Therapy Session Videos to Characterize Exposure Therapy for Treating Bulimia Nervosa

Kelsey E. Clark, M.S., Drexel University

Sarah Palasick, B.A., Columbia University School of Social Work

Emily K. Presseller, B.A., Drexel University

Elizabeth Lamb, B.A., Drexel University

Joanna E. Steinglass, M.D., Columbia University Irving Medical Center/New York State Psychiatric Institute

Stephanie M. Manasse, Ph.D., Center for Weight, Eating and Lifestyle Science (WELL Center)

Evan Forman, Ph.D., Drexel University

Caroline Fojtú, None, Drexel University

Adrienne S. Juarascio, Ph.D., Drexel University

An In-person Prolonged Imaginal Exposure Therapy Protocol for Eating Disorders Is Associated with Decreased Eating Disorder Symptoms, Anxiety, and Eating Disorder Fears

Cheri A. Levinson, Ph.D., The University of Louisville
Irina Vanzhula, M.S., University of Louisville
Leigh C. Brosof, B.A., University of Louisville
Caroline Christian, B.S., University of Louisville

Effects of a Brief, Food-based Exposure Intervention for Eating Disorders in an Inpatient Hospital Setting

Nicholas Farrell, Ph.D., Rogers Behavioral Health
Owen Bowie, M.S., Rogers Behavioral Health
Maxine Cimperman, M.S., Rogers Behavioral Health
Bradley C. Riemann, Ph.D., Rogers Behavioral Health
Cheri A. Levinson, Ph.D., The University of Louisville

The Role of Exposure in Residential Eating Disorder Treatment Outcomes

Adela Scharff, B.S., University at Albany, State University of New York
James F. Boswell, Ph.D., University at Albany, State University of New York
Gayle Brooks, Ph.D., The Renfrew Centers, Inc.

10:30 AM – 12:00 PM

Earn 1.5 continuing education credits

Symposium 6

Enhancing Evidence Based Treatment Approaches for Adolescents with Suicidality and Self-harm by Engaging Caregivers & Families

CHAIR: *Molly Adrian, Ph.D.*, UW

DISCUSSANT: *Elizabeth McCauley, ABPP, Ph.D.*, University of Washington School of Medicine

Moderate level of familiarity with the material

Primary Category: Suicide and Self-Injury

Key Words: *Adolescents, Suicide, Families*

Sexual Orientation as a Moderator Between Mental Pain and Suicide Attempts in Adolescents

Amy M. Brausch, Ph.D., Western Kentucky University

The Application of SAFETY-A in an Outpatient Crisis Clinic

Lucas Zullo, Ph.D., UCLA

Benjamin Rolon-Arroyo, Ph.D., UCLA

Jocelyn Meza, Ph.D., UCLA Semel Institute of Neuroscience

Sylwanna Vargas, M.P.H., M.A., West Los Angeles Veterans Association

Jeanne Miranda, Ph.D., University of California, Los Angeles

Joan Asarnow, Ph.D., UCLA School of Medicine

The Crisis Care Clinic: Evaluation of a Brief Co-treatment Model for Youth and Caregivers in Suicidal Crisis

Kalina Babeva, Ph.D., Seattle Children's Hospital

Eileen Twohy, Ph.D., University of Washington School of Medicine

Molly Adrian, Ph.D., UW

Kyrill Gurtovenko, Ph.D., Seattle Children's Hospital

Jennifer Blossom, Ph.D., Seattle Children's Hospital

Sophie King, B.A., Seattle Children's Hospital

Leah Erickson, B.S., Seattle Children's Hospital

Elizabeth McCauley, ABPP, Ph.D., University of Washington School of Medicine

Evaluation of a Dialectical Behavior Therapy Parent Skills Group for Caregivers of Adolescents with Suicidality and Non-suicidal Self Injury

Kyrill Gurtovenko, Ph.D., Seattle Children's Hospital

Hilary Mead, Ph.D., Seattle Children's Hospital

Samuel McGinnis, PsyD, Seattle Children's Hospital

Isabelle Tully, B.S., Seattle Children's Hospital

James Williamson, B.S., Seattle Children's Hospital

Earn 1.5 continuing education credits

Symposium 7

Barriers to Behavioral Health Treatment Entry, Engagement, and Outcomes in the Criminal Justice System

CHAIRS: Mandy Owens, Ph.D., University of Washington
Kelly Moore, Ph.D., East Tennessee State University
DISCUSSANT: Craig Henderson, Ph.D., Sam Houston State University

Basic to Moderate level of familiarity with the material

Primary Category: Criminal Justice / Forensics

Key Words: *Criminal Justice, Treatment*

Law Enforcement Officers' Willingness to Connect Individuals with Opioid Use Disorder to Treatment

Mandy Owens, Ph.D., University of Washington
Caleb Banta-Green, Ph.D., Alcohol and Drug Abuse Institute
Jason Williams, Ph.D., Alcohol and Drug Abuse Institute

The Role of Family Factors in Behavioral Health Treatment Use Among First-time Court-involved Youth

Johanna Folk, Ph.D., University of California San Francisco
Juliet Yonek, Ph.D., University of California San Francisco
Marina Tolou-shams, Ph.D., University of California San Francisco

Risk Factors for Double Stigma of Addiction and Incarceration Among People in Mandated Substance Use Treatment

Kelly Moore, Ph.D., East Tennessee State University

Identifying Treatment-related Factors and Targets in Correctional Rehabilitation: Comparing Evaluator and Self-reported Ratings

Christopher King, Ph.D., Other, Montclair State University
Sarah Hitchcock, B.A., Montclair State University
Kenny Gonzalez, M.A., Montclair State University
Amanda Palardy, B.S., Montclair State University
Nicole Guevara, B.A., Montclair State University

Multisystemic Therapy with Juvenile Justice-involved Youths: Mechanisms of Change Through Early Adulthood

Kaitlin Sheerin, M.A., University of Missouri
Charles M. Borduin, Ph.D., University of Missouri
Cynthia Brown, M.A., University of Missouri

Earn 1.5 continuing education credits

Symposium 8

Remembering (not) to Fear: Understanding the Development and Treatment of Anxiety and PTSD Through Translational Research on Fear Memory and Learning

CHAIRS: M. Alexandra Kredlow, Ph.D., Harvard University
Joseph K. Carpenter, M.A., Boston University

DISCUSSANT: Michael Otto, Ph.D., Boston University Center for Anxiety and Related Disorders

Moderate level of familiarity with the material

Primary Category: Translational

Key Words: *Translational Research, Anxiety, Fear*

Distinct Neural Profiles During Aversive Learning Mediate the Longitudinal Association of Childhood Trauma and Symptoms of Internalizing and Externalizing Psychopathology in Youth

Stephanie N. DeCross, B.A., Harvard University
Katie A. McLaughlin, Ph.D., Harvard University

Dissociable Neural Representations of Long-term Fear and Extinction Memory in Healthy Adults and PTSD

Joseph Dunsmoor, Ph.D., New York University
Augustin Hennings, B.S., University of Texas Austin
Mason McClay, B.S., University of Texas Austin
Jarrod Lewis-Peacock, Ph.D., University of Texas Austin

Updating Episodic Threat Memories by Combining Memory Reactivation and Cognitive Restructuring: A Potential Treatment Strategy for Anxiety

M. Alexandra Kredlow, Ph.D., Harvard University
Eugenia Zhukovsky, B.S., New York University
Elizabeth Phelps, Ph.D., Harvard University

Enhanced Mental Reinstatement of Exposure Treatment to Improve the Generalization of Learning in Claustrophobia

Joseph K. Carpenter, M.A., Boston University
Danielle M. Moskow, M.A., Boston University
Stefan G. Hofmann, Ph.D., Boston University

Effects of Sleep and Circadian Rhythm on Therapeutic Extinction

Edward Pace-Schott, Ph.D., Harvard Medical School/Massachusetts General Hospital

Jeehye Seo, Ph.D., University of Massachusetts Amherst

Naomi M. Simon, M.D., Anxiety and Complicated Grief Program, NYU Langone

Rebecca Spencer, Ph.D., University of Massachusetts Amherst

Scott Orr, Ph.D., Massachusetts General Hospital

Carolina Daffre, B.A., Massachusetts General Hospital

Katelyn Oliver, B.S., Massachusetts General Hospital and Martinos Center for
Biomedical Imaging

Ryan Bottary, B.S., Boston College

Sam Gazecki, B.A., Pacific Harbor Medical Group

Kylie Moore, B.A., Boston University

12:15 p.m. – 1:45 p.m.

Earn 1.5 continuing education credits

Panel Discussion 4

Supporting Doctoral Students of Color: Practical Suggestions for Psychology Departments

MODERATOR *Alexandria N. Miller, M.S.*, Suffolk University

PANELISTS *Linda E. Guzman, M.A.*, University of Arkansas

Ana J. Bridges, Ph.D., University of Arkansas

Vaishali V. Raval, Ph.D., Miami University

Akanksha Das, B.S., Miami University

Gabriela A. Nagy, Ph.D., Duke University

Sarah A. Hayes-Skelton, Ph.D., UMass Boston

Primary Category: Student Issues

Key Words: *Education and Training, Student Issues, Training / Training Directors*

Students from underrepresented racial and ethnic minority groups (URM) are enrolling in doctoral programs at increased rates, yet their average time to completion is longer, and attrition higher, compared to their White peers. Exposure to racial stressors and microaggressions in predominantly White doctoral programs can reduce URM students' sense of belonging, impair psychosocial functioning, and interfere with academic performance. Systemic changes are needed to correct injustices and provide access and opportunity to URM students.

Panelists include psychology professors, administrators, and graduate students with experience directly supporting and creating program-wide changes that positively impact the adjustment of URM students in predominantly white institutions. Panelists will share practical suggestions for psychology graduate programs to help support their graduate students of color, create a more inclusive environment within their programs, and make sustainable change for years to come.

THURSDAY

Panelists will explain (1) the different policies that have been successfully implemented in their programs, (2) the challenges to implementing programs such as these in established educational environments, and (3) ways to foster support/impress the importance of these changes for psychology departments that may be resistant to change.

Questions and comments will be solicited from the audience to foster a collaborative approach to navigating these barriers.

12:15 p.m. – 1:45 p.m.

Earn 1.5 continuing education credits

Panel Discussion 5

Service Utilization by Asian Americans with Psychosis

MODERATOR *Ivy R. Tran, M.A., Hofstra University*

PANELISTS: *Nadine Chang, Ph.D., Gracie Square Hospital*
Emily He, M.A., Clark Univerisity

Primary Category: Schizophrenia / Psychotic Disorders

Key Words: *Asian Americans, Psychosis / Psychotic Disorders, Stigma*

Asian Americans are the fastest growing population in the US, with over 72% growth over the past 20 years. It is well-documented that this group also demonstrates some of the highest rates of underutilization of behavioral healthcare services across all ethnic and racial groups. Contributing factors include stigma, availability of information about mental health and care, language barriers, acculturation and high financial cost. For individuals with severe mental illness (SMI), particularly with psychosis, untreated illness results in significant functional impairment and lifetime disability. Panelists will discuss 1) overall service utilization amongst Asian Americans with psychosis, 2) cultural and organizational barriers to receiving care, and 3) clinical considerations for working with this population in inpatient, and 4) outpatient settings. Finally, we will discuss challenges in conducting research and providing care to this population and future directions addressing anti-stigma efforts and early intervention programs for clinical high-risk and first-episode individuals.

Earn 1.5 continuing education credits

Symposium 10

Mechanisms and Moderators of Outcome in the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders in Global Contexts

CHAIR: *Elizabeth H. Eustis, Ph.D.*, Boston University

DISCUSSANT: *David H. Barlow, ABPP, Ph.D.*, Boston University Center for Anxiety and Related Disorders

Moderate level of familiarity with the material

Primary Category: Adult Anxiety

Key Words: *Transdiagnostic, Global Mental Health, Mediation / Mediators*

The Moderating Role of Neuroticism and Extraversion in the Effectiveness of the Unified Protocol on Depressive and Anxiety Symptoms and Quality of Life

Jorge Osma, Ph.D., Universidad de Zaragoza

Jorge Osma, Ph.D., Universidad de Zaragoza

Óscar Peris-Baquero, M.A., Universidad de Zaragoza

Carlos Suso-Ribera, Ph.D., Jaume I University

Alba Quilez-orden, M.A., Universidad de Zaragoza

María Vicenta Navarro-Haro, Ph.D., Universidad de Zaragoza

Understanding Change in an Internet-based Adaptation of the Unified Protocol

Carmen Schaeuffele, Freie Universitaet Berlin

Christine Knaevelsrud, Ph.D., Freie Universitaet Berlin

Babette Renneberg, Ph.D., Freie Universitaet Berlin

Johanna Boettcher, Ph.D., Psychologische Hochschule Berlin

Emotion Regulation as a Mechanism of Change in the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders Among Japanese Patients with Depressive and Anxiety Disorders

Masaya Ito, Ph.D., National Center for Cognitive-Behavior Therapy and Research, National Center of Neurology and Psychiatry

Yoshitake Takebayashi, Ph.D., Fukushima Medical University

Hiroko Fujisato, Ph.D., National Center of Neurology and Psychiatry

Hiroki Hosogoshi, Ph.D., Kansai University

Masaru Horikoshi, Ph.D., National Center for Cognitive-Behavior Therapy and Research, National Center of Neurology and Psychiatry

Earn 1.5 continuing education credits

Symposium 11

Meeting Clients Where They Are: The Use of Technology to Increase the Reach of Evidence-based PTSD Treatments

CHAIR: *Stephanie Y. Wells, Ph.D.*, Durham VA Health Care System/
VISN 6 Mid-Atlantic MIRECC

DISCUSSANT: *Stephen M. Schueller, Ph.D.*, University of California Irvine,
Department of Psychological Science

Moderate level of familiarity with the material

Primary Category: Technology

Key Words: *PTSD (Posttraumatic Stress Disorder), Technology / Mobile Health, Psychotherapy Outcome*

An Open Trial of an Asynchronous Texting Format for Cognitive Processing Therapy

Jiyoung Song, B.A., University of California, Berkeley/National Center for PTSD

Shannon Wiltsey Stirman, Ph.D., NCPTSD-Dissemination and Training Division

Thomas Hull, M.A., Columbia University

Patricia A. Resick, Ph.D., Duke University Medical Center

The Efficacy of Web-prolonged Exposure Among Military Personnel and Veterans with Posttraumatic Stress Disorder

Carmen P. McLean, Ph.D., National Center for PTSD

Edna Foa, Ph.D., University of Pennsylvania

Katherine Dondanville, ABPP, Psy.D., University of Texas Health Science Center at San Antonio

Christopher Haddock, Ph.D., NDRI-USA

Madeleine Miller, B.S., National Center for PTSD

Sheila A. Rauch, Ph.D., Emory University School of Medicine/VA Atlanta HCS

Jeffrey Yarvis, Ph.D., Carl R. Darnall Army Medical Center

Edward C. Wright, ABPP, Ph.D., Massachusetts General Hospital

Brittany Hall-Clark, Ph.D., UT Health San Antonio

Brooke Fina, LCSW, University of Texas Health Science Center at San Antonio

Brett Litz, Ph.D., Boston University School of Medicine & National Center for PTSD

Jim Mintz, Ph.D., University of Texas Health Science Center at San Antonio

Stacey Young-McCaughan, Ph.D., University of Texas Health Science Center at San Antonio

Alan L. Peterson, Ph.D., UT Health San Antonio

Effectiveness of a Therapist-assisted Online Cognitive Therapy for Posttraumatic Stress Symptoms

Meredith S. H. Landy, Ph.D., Mind Beacon Health Inc./Ryerson University

Peter Farvolden, Ph.D., Mind Beacon Health Inc.

Skye Fitzpatrick, Ph.D., York University

Anne C. Wagner, Ph.D., Ryerson University

Andrew J. Gentile, Ph.D., Mind Beacon Health Inc.

Candice M. M. Monson, Ph.D., Ryerson University

Beyond Symptom Reduction: The Impact of Trauma-focused Treatment on Veterans' Own Therapy Goals

Stephanie Y. Wells, Ph.D., Durham VA Health Care System/VISN 6 Mid-Atlantic MIRECC

Emily R. Wilhite, Ph.D., VA San Diego Healthcare System

Shannon Kehle-Forbes, Ph.D., Corporal Michael J. Crescenz Veterans Affairs Medical Center

Eric Dedert, Ph.D., Durham VA Health Care System, VISN-6 Mid-Atlantic MIRECC, & Duke University Medical Center

Kathleen M. M. Grubbs, Ph.D., VA San Diego Healthcare System

Lisa H. Glassman, Ph.D., VA San Diego Healthcare System

Janina Schnitzer, B.A., VA San Diego Healthcare System

Leslie Morland, Psy.D., VA San Diego Healthcare System/University of California, San Diego

Moral Elevation Online Intervention for Veterans Experiencing PTSD and Moral Injury Distress (MOVED): Assessing the Feasibility and Acceptability of a Web-based, Positive Psychology Intervention

Adam P. McGuire, Ph.D., VISN 17 Center of Excellence for Research on Returning War Veterans

Suzannah K. Creech, Ph.D., VHA VISN 17 Center of Excellence for Research on Returning War Veterans and the Central Texas Veterans Healthcare System; Dell Medical School of the University of Texas at Austin, Department of Psychiatry

Thane M. Erickson, Ph.D., Seattle Pacific University

Earn 1.5 continuing education credits

Symposium 12

Promoting Family Engagement in Evidence-based Treatments for ADHD Across Diverse Populations of Children and Adolescents

CHAIR: *Jenelle Nissley-Tsiopinis, Ph.D.*, Children's Hospital of Philadelphia

DISCUSSANT: *Thomas J. Power, Ph.D., ABPP*, Children's Hospital of Philadelphia; University of Pennsylvania Perelman School of Medicine

Basic to Moderate level of familiarity with the material

Primary Category: ADHD - Child

Key Words: *ADHD, Evidence-Based Practice, Child*

Engaging Families in Multimodal Treatment for ADHD: An Open Trial of ADHD Bootcamp in Primary Care Pediatrics

Sebastien Normand, Ph.D., Université du Québec en Outaouais

Jenelle Nissley-Tsiopinis, Ph.D., Children's Hospital of Philadelphia

Joanna Guiet, BSc, Université du Québec en Outaouais

Virginie Leblanc, BSc, Université du Québec en Outaouais

Jason Fogler, Ph.D., Boston Children's Hospital/Harvard Medical School

Jennifer A. Mautone, ABPP, Ph.D., Children's Hospital of Philadelphia/University of Pennsylvania

Thomas J. Power, Ph.D., ABPP, Children's Hospital of Philadelphia; University of Pennsylvania Perelman School of Medicine

Increasing Access to Evidence-based Treatment for ADHD Through Leveraging Emerging Workforces

Anil Chacko, Ph.D., New York University

Predicting Use of Attention-deficit/hyperactivity Disorder Treatment Implemented in Primary Care Pediatrics

Daniel A. Waschbusch, ABPP, Ph.D., Penn State Hershey

Benjamin Fogel, M.D., MPH, Penn State Health Milton S. Hershey Medical Center

Banku Jairath, M.D., Penn State Health Milton S. Hershey Medical Center

Deepa Sekhar, M.D., Penn State Health Milton S. Hershey Medical Center

Michelle Marino, BSN, RN, Penn State Health Milton S. Hershey Medical Center

Sara Mills Huffnagle, M.S., Penn State College of Medicine / PPI

Delshad Schroff, M.A., Penn State Health Milton S. Hershey Medical Center

James Waxmonsky, M.D., Penn State Health Milton S. Hershey Medical Center

Engaging Parents and Teens with ADHD in Clinical Treatment: The Supporting Teen's Autonomy Daily (STAND) Model

Margaret Sibley, Ph.D., University of Washington School of Medicine

12:15 PM – 1:45 PM

Earn 1.5 continuing education credits

Symposium 13

Why Are We Seeking Therapy? Caregiver-youth (dis) agreement on Targets for Youth Psychotherapy: Implications for Treatment Processes and Outcomes

CHAIR: *Olivia M. Fitzpatrick, B.A., Harvard University*

DISCUSSANT: *Eric A. Youngstrom, Ph.D., University of North Carolina at Chapel Hill*

All level of familiarity with the material

Primary Category: Treatment - Other

Key Words: *Families, Psychotherapy Outcome, Psychotherapy Process*

Prognostic Implications of Parent-youth Disagreement on Youth Anxiety Symptoms: Findings from the Child/adolescent Anxiety Multimodal Study

Emily Becker-Haimes, Ph.D., University of Pennsylvania

Amanda Jensen-Doss, Ph.D., University of Miami

Golda Ginsburg, Ph.D., University of Connecticut

Target Problem (mis) Matching: Predictors and Consequences of Parent-youth Agreement in a Sample of Anxious Youth

Lauren Hoffman, Psy.D., Columbia University Medical Center

Brian C. Chu, Ph.D., Rutgers University

THURSDAY

Caregiver-youth (Dis)agreement on Targets for Youth Psychotherapy as a Predictor of Treatment Processes and Outcomes

Olivia M. Fitzpatrick, B.A., Harvard University

Katherine Corteselli, M.A., Harvard University

John Weisz, Ph.D., Harvard University

Parent-adolescent Reports of Internalizing Problems at Psychiatric Inpatient Intake: Relation to Key Acuity Indicators During Hospitalization

Bridget Makol, M.S., University of Maryland- College Park

Andres De Los Reyes, Ph.D., University of Maryland at College Park

Rick Ostrander, Ph.D., Johns Hopkins School of Medicine

Elizabeth K. Reynolds, Ph.D., Johns Hopkins University

12:15 PM – 1:45 PM

Earn 1.5 continuing education credits

Symposium 14

Incorporating Fear, Anxiety, and Interoception into Eating Disorder Research and Treatment: New Directions, Paradigms, and Treatments

CHAIRS: *Tiffany A. Brown, Ph.D.*, University of California, San Diego
K. Jean Forney, Ph.D., Ohio University

DISCUSSANT: *April Smith, Ph.D.*, Miami University

Basic to Moderate level of familiarity with the material

Primary Category: Eating Disorders

Key Words: *Eating, Anxiety, Exposure*

Fear of Food, Phobia Severity, and Interoceptive Awareness Are Predictors of Meeting Criteria for Avoidant/restrictive Food Intake Disorder in Adults with Specific Phobia of Vomiting

Hana Zickgraf, Ph.D., University of South Alabama

Preliminary Validation of a Water Load Task in Individuals with Anorexia Nervosa

Tiffany A. Brown, Ph.D., University of California, San Diego

Taylor Perry, B.A., University of California San Diego

Christina E. Wierenga, Ph.D., University of California, San Diego

Walter H. Kaye, M.D., University of California, San Diego

**Fear of Food and Eating Associated with fullness and Gastrointestinal Distress:
Validating an Experimental Paradigm**

K. Jean Forney, Ph.D., Ohio University

Emma Harris, B.A., Ohio University

Christopher France, Ph.D., Ohio University

**Gastrointestinal-specific Anxiety in the Context of Overlapping Chronic
Idiopathic Gastroparesis and Eating Disorder Pathology: A Case Series Analysis**

Helen Burton Murray, Ph.D., Massachusetts General Hospital/Harvard Medical School

Robert Edwards, Ph.D., Brigham & Women's Hospital

April Mendez, B.S., Massachusetts General Hospital

Rowan Staley, B.S., Massachusetts General Hospital

Lauren Breithaupt, Ph.D., Massachusetts General Hospital/Harvard Medical School

Vitaly Napadov, Ph.D., Massachusetts General Hospital

Adrienne S. Juarascio, Ph.D., Drexel University

Braden Kuo, M.D., Massachusetts General Hospital

**Investigating Within-session and Between-session Habituation as Predictors
of Change over the Course of Exposure-based Treatment for Adolescents with
Eating Disorders**

Jamal H. Essayli, Ph.D., Penn State College of Medicine

Hana Zickgraf, Ph.D., University of South Alabama

Susan Lane-Loney, Ph.D., Penn State Medical School

Earn 1.5 continuing education credits

Symposium 15

Adaptations to Improve Access and Quality of Evidence-based Treatments: Processes for Selecting, Reporting, and Evaluating

CHAIR: *Clara Johnson, B.A., University of Washington*

DISCUSSANT: *Anna Lau, Ph.D., University of California, Los Angeles*

Moderate level of familiarity with the material

Primary Category: Dissemination & Implementation Science

Key Words: *Evidence-Based Practice, Treatment Development, Community-Based*

Dynamic Learning in a Stakeholder-engaged Adaptation Process: Examples from Collaborative Care for Co-occurring Disorders

Alex R. Dopp, Ph.D., RAND

Karen Chan Osilla, Ph.D., RAND Corporation

Venice Ceballos, CHW, University of New Mexico Health Sciences Center

Isabel Leamon, B.A., RAND Corporation

Lisa Meredith, Ph.D., RAND Corporation

Miriam Komaromy, M.D., Boston medical center

Vanessa Jacobsohn, M.D., University of New Mexico Health Sciences Center

Katherine Watkins, M.D., RAND Corporation

Agreement Between Observer- and Self-reported Adaptations to Cognitive Behavioral Therapies for PTSD, Depression and Anxiety

Clara Johnson, B.A., University of Washington

Jeanine Lane, M.A., Ryerson University

Iris Sijercic, B.A., Ryerson University

Norman Shields, Ph.D., Veterans Affairs Canada

Cassidy A. Gutner, Ph.D., Boston University

Torrey A. Creed, Ph.D., Perelman School of Medicine at the University of Pennsylvania

Luana Marques, Ph.D., Community Psychiatry Program for Research in Implementation and Dissemination of Evidence-Based Treatments, Department of Psychiatry, Massachusetts General Hospital

Candice M. M. Monson, Ph.D., Ryerson University

Shannon Wiltsey Stirman, Ph.D., NCPTSD-Dissemination and Training Division

A Mixed-methods Approach to Understanding Community Clinician Adaptations to Parent-child Interaction Therapy

Erika Luis Sanchez, M.A., University of California, Santa Barbara

Miya Barnett, Ph.D., Department of Clinical, Counseling, & School Psychology; University of California, Santa Barbara

Corinna Klein, MSW, University of California Santa Barbara

Juan Carlos Gonzalez, M.A., University of California, Santa Barbara

Common Strategies for Incorporating Culture into Psychotherapy for Ethnic Minority Youth

Alayna L. Park, Ph.D., Palo Alto University

Leslie Rith-Najarian, M.A., Department of Psychology, University of California - Los Angeles

Dana Saifan, M.A., UCLA

Resham Gellatly, M.A., UCLA

Eric Daleiden, Ph.D., PracticeWise, LLC

Stanley J. Huey, Jr., Ph.D., University of Southern California

Bruce F. Chorpita, Ph.D., University of California, Los Angeles

Using Written Exposure Therapy with Latinx Immigrants: Comparing Perceived Barriers by Clients and Providers

Arthur "Trey" Andrews, III, Ph.D., University of Nebraska-Lincoln

Laura Acosta, M.A., University of Nebraska-Lincoln

M. Natalia Acosta Canchila, B.S., University of Nebraska-Lincoln

James Kyle. Haws, B.A., University of Central Oklahoma

Earn 1.5 continuing education credits

Symposium 16

Using an Interpersonal Framework to Better Understand BPD Pathology and Self-injury

CHAIRS: *Katherine L. Dixon-Gordon, Ph.D.*, University of Massachusetts Amherst

Lauren Haliczzer, M.A., University of Massachusetts Amherst

DISCUSSANT: *Brianna J. Turner, Ph.D.*, University of Victoria

Basic to Moderate level of familiarity with the material

Primary Category: Suicide and Self-Injury

Key Words: *Social Relationships, Borderline Personality Disorder, Self-Injury*

The Role of Dysfunctional Interpersonal Emotion Regulation in Predicting Self-injury and Risky Behaviors

Madison M. Guter, M.A., American University

Lauren Haliczzer, M.A., University of Massachusetts Amherst

Nathaniel R. Herr, Ph.D., American University

Katherine L. Dixon-Gordon, Ph.D., University of Massachusetts Amherst

Effect of Peer Criticism on Negative Self-beliefs and Nonsuicidal Self-injury Urges

Lauren Haliczzer, M.A., University of Massachusetts Amherst

Lauren Harnedy, B.A., Massachusetts General Hospital

Caroline Ball, B.A., McLean Hospital

Katherine L. Dixon-Gordon, Ph.D., University of Massachusetts Amherst

Examining the Impact of Rejection and Social Comparison on Self-esteem in Young Adults with Borderline Personality Pathology

Julia R. Richmond, M.A., University of Toledo

Keith A. Edmonds, M.A., University of Toledo

Jason P. Rose, Ph.D., University of Toledo

Kim L. Gratz, Ph.D., University of Toledo

Differentiating Mechanisms for Risky Behavior Engagement: The Unique Role of Interpersonal Stress in Self-injurious Thoughts and Behaviors

Brooke Ammerman, Ph.D., University of Notre Dame

Earn 1.5 continuing education credits

Symposium 17

Expanding the Reach of Mental Health Services Through Effective Engagement with Families

CHAIR: *Rebecca Y. Woo, M.A., University of Texas at Austin*

DISCUSSANT: *Maya Boustani, Ph.D., Loma Linda University*

Basic to Moderate level of familiarity with the material

Primary Category: Dissemination & Implementation Science

Key Words: *Therapy Process, Therapeutic Alliance, Community-Based*

Patterns and Predictors of Parent Engagement in a School-based Mental Health Intervention

Jennifer Kurian, M.A., Illinois Institute of Technology

Desiree W. Murray, Ph.D., University of North Carolina at Chapel Hill

Laura Kuhn, Ph.D., University of North Carolina at Chapel Hill

Doré R. LaForett, Ph.D., University of North Carolina at Chapel Hill

Community Mental Health Professionals' Experiences Utilizing Interpretation and Translation Services with Non-english-speaking Clients

Resham Gellatly, M.A., UCLA

Alayna L. Park, Ph.D., Palo Alto University

Alejandra Torres Sanchez, B.A., University of California, Los Angeles

Kendal Reeder, B.S., University of California, San Diego

Cameo Stanick, Ph.D., LCP, Hathaway-Sycamores Child and Family Services

Jennifer Regan, PhD, Los Angeles County Department of Mental Health

Gina Perez, Psy.D., Hathaway-Sycamores Child and family Services

Debbie Mannens, MSW, Hathaway-Sycamores Child and Family Services

Andrea Letamendi, Ph.D., University of California, Los Angeles

Bruce F. Chorpita, Ph.D., University of California, Los Angeles

Therapist, Youth, and Parent Perspectives and Meta-perceptions of the Therapeutic Alliances in Outpatient Therapy Services

Rebecca Y. Woo, M.A., University of Texas at Austin

Sarah Kate Bearman, Ph.D., The University of Texas at Austin

Leonard Bickman, Ph.D., Florida International University

Community Clinician Engagement of Fathers in Parent Child Interaction Therapy

Corinna Klein, MSW, University of California Santa Barbara

Erika Luis Sanchez, M.A., University of California at Santa Barbara

Miya Barnett, Ph.D., Department of Clinical, Counseling, & School Psychology;
University of California, Santa Barbara

12:15 PM – 1:45 PM

Earn 1.5 continuing education credits

Symposium 18

Leveraging Claims Data to Examine EBP Implementation Outcomes in Children's Mental Health

CHAIR: *Joyce Lui, Ph.D.*, University of California Los Angeles

DISCUSSANT: *Carrie Comeau, LCSW*, Evidence Based Practice and Innovation Center, Philadelphia Department of Behavioral Health and Intellectual disAbility Services (DBHIDS)

Basic to Moderate level of familiarity with the material

Primary Category: Dissemination & Implementation Science

Key Words: *Implementation, Evidence-Based Practice, Health Care System*

Differentiating Administrative Claims from Observer Ratings of EBP Strategies

Julia R. Cox, Ph.D., University of California, Los Angeles

Debbie Innes-Gomberg, Ph.D., Los Angeles Department of Mental Health

Joyce Lui, Ph.D., University of California Los Angeles

Teresa Lind, Ph.D., University of California, San Diego

Anna Lau, Ph.D., University of California, Los Angeles

Lauren Brookman-Fraze, Ph.D., University of California, San Diego

Patterns of Child Service Use Within a System-driven Implementation of Multiple Ebps: How Does Implementation as Usual Align with Expected EBP Dose?

Joyce Lui, Ph.D., University of California Los Angeles

Debbie Innes-Gomberg, Ph.D., Los Angeles Department of Mental Health

Lauren Brookman-Fraze, Ph.D., University of California, San Diego

Anna Lau, Ph.D., University of California, Los Angeles

Train-to-sustain: Predictors of Sustainment in a Large-scale Implementation of Parent-child Interaction Therapy

Miya Barnett, Ph.D., Department of Clinical, Counseling, & School Psychology;
University of California, Santa Barbara

Lauren Brookman-Frazee, Ph.D., University of California, San Diego

Stephanie H. Yu, M.A., University of California, Los Angeles

Teresa Lind, Ph.D., University of California, San Diego

Joyce Lui, Ph.D., University of California Los Angeles

Susan Timmer, Ph.D., PCIT Training Center; CAARE Diagnostic and Treatment Center

Deanna Boys, M.A., PCIT Training Center; CAARE Diagnostic and Treatment Center

Anthony Uquiza, Ph.D., PCIT Training Center; CAARE Diagnostic and Treatment Center

Debbie Innes-Gomberg, Ph.D., Los Angeles Department of Mental Health

Anna Lau, Ph.D., University of California, Los Angeles

The Price Per Prospective Consumer of Providing Therapist Training and Consultation in Seven Evidence-based Treatments Within a Large Public Behavioral Health System: An Example Cost-analysis Metric

Kelsie H. Okamura, Ph.D., State of Hawai'i, Department of Health, Child & Adolescent Mental Health Division

Courtney Wolk, Ph.D., Department of Psychiatry, Perelman School of Medicine, University of Pennsylvania

Christina D. Kang-Yi, Ph.D., University of Pennsylvania

Rebecca Stewart, Ph.D., University of Pennsylvania

Ronnie Rubin, Ph.D., Department of Behavioral Health and Intellectual disAbility Services

Shawna Weaver, LCSW, Department of Behavioral Health and Intellectual disAbility Services

Arthur Evans, Ph.D., American Psychological Association

Zuleyha Cidav, Ph.D., University of Pennsylvania

Rinad S. S. Beidas, Ph.D., University of Pennsylvania Perelman School of Medicine; Penn Implementation Science Center at the Leonard Davis Institute of Health Economics (PISCE@LDI)

David Mandell, Perelman School of Medicine at the University of Pennsylvania

Earn 1.5 continuing education credits

Symposium 19

Enhancing Impact by Increasing Access: Implementation of Evidence-based Trauma Treatments Across the Lifespan and Diverse Delivery Systems

CHAIR: *Stefanie T. LoSavio, ABPP, Ph.D.*, Duke University Medical Center

DISCUSSANT: *Rochelle F. Hanson, Ph.D.*, Medical University of South Carolina

All level of familiarity with the material

Primary Category: Trauma and Stressor Related Disorders and Disasters

Key Words: *Trauma, Treatment, Implementation*

Training Child Advocacy Center Providers in Trauma Treatment for Early Childhood: Changes in Perspectives on Barriers, Facilitators, and Sustainability Throughout the Training Process

Allison B. Smith, M.A., University of Arkansas

Alex R. Dopp, Ph.D., RAND

Cameron Perrine, M.A., University of Arkansas

Kathryn Parisi, M.A., University of Arkansas

Karin Vanderzee, Ph.D., University of Arkansas for Medical Sciences

Sufna John, Ph.D., University of Arkansas for Medical Sciences

Nicola Edge, Ph.D., University of Arkansas For Medical Science

Teresa Kramer, Ph.D., University of Arkansas For Medical Science

Global Dissemination and Implementation of Trauma Treatments: Trauma-focused Cognitive Behavioral Therapy in El Salvador

Regan Stewart, Ph.D., Medical University of South Carolina

Rosaura Orengo-Aguayo, Ph.D., Medical University of South Carolina

Bianca Villalobos, Ph.D., University of Texas-Rio Grande

Aubrey R. Dueweke, Ph.D., Medical University of South Carolina

Andel Nicasio, Ph.D., Medical University of South Carolina

Michael K. de Arellano, Ph.D., Medical University of South Carolina

Training to Sustain: Implementation Outcomes Following Learning Collaborative Training for Community Providers Learning Cognitive Processing Therapy

Stefanie T. LoSavio, ABPP, Ph.D., Duke University Medical Center

Stefanie T. LoSavio, ABPP, Ph.D., Duke University Medical Center

Taylor Loskot, BA, National Center for PTSD and Stanford School of Medicine

Gwendolyn (Wendy) Bassett, LCSW, LCSW, Yale University School of Medicine

Benjamin Sher, M.A., LMSW, New York University Silver School of Social Work

Shannon Wiltsey Stirman, Ph.D., NCPTSD-Dissemination and Training Division

Virtual Implementation Pilot of Written Exposure Therapy in the Veterans Health Administration

Courtney B. Worley, ABPP, M.P.H., Ph.D., National Center for PTSD-Dissemination and Training Division

Denise M. Sloan, Ph.D., Boston University School of Medicine

Stefanie T. LoSavio, ABPP, Ph.D., Duke University Medical Center

Syed Aajmain, B.A., National Center for PTSD

Shannon Wiltsey Stirman, Ph.D., NCPTSD-Dissemination and Training Division

Craig Rosen, Ph.D., NCPTSD-Dissemination and Training Division

12:15 PM – 1:45 PM

Earn 1.5 continuing education credits

Symposium 20

20 Years of Studying CBT and Medications for Adults with OCD: What Have We Learned?

CHAIRS: *Blair Simpson, M.D., Ph.D., Columbia University/New York State Psychiatric Institute*

Edna Foa, Ph.D., University of Pennsylvania

DISCUSSANT: *David F. Tolin, ABPP, Ph.D., Institute of Living*

Moderate level of familiarity with the material

Primary Category: Obsessive Compulsive and Related Disorders

Key Words: OCD (*Obsessive Compulsive Disorder*), ERP (*Exposure and Response Prevention*)

The Power of CBT for Adults with OCD

Blair Simpson, M.D., Ph.D., Columbia University/New York State Psychiatric Institute

Extending the Course of CBT Increases Remission for Medicated Adults with OCD (Phase 1)

Michael Wheaton, Ph.D., Barnard College

Blair Simpson, M.D., Ph.D., Columbia University/New York State Psychiatric Institute

Edna Foa, Ph.D., University of Pennsylvania

Thea Gallagher, Psy.D., University of Pennsylvania

David Rosenfield, Ph.D., Southern Methodist University

Can OCD Patients Discontinue Sris Without Relapse After Successful EX/RP? (Phase 2)

Edna Foa, Ph.D., University of Pennsylvania

Blair Simpson, M.D., Ph.D., Columbia University/New York State Psychiatric Institute

Michael Wheaton, Ph.D., Barnard College

Thea Gallagher, Psy.D., University of Pennsylvania

David Rosenfield, Ph.D., Southern Methodist University

Predictors of Clinical Worsening During Double-blind Discontinuation versus Continuation of SRI Medication for OCD

Thea Gallagher, Psy.D., University of Pennsylvania

Edna Foa, Ph.D., University of Pennsylvania

Blair Simpson, M.D., Ph.D., Columbia University/New York State Psychiatric Institute

Michael Wheaton, Ph.D., Barnard College

David Rosenfield, Ph.D., Southern Methodist University

Earn 1.5 continuing education credits

Clinical Round Table 2

Not an ASD Expert? Not a Problem! Watch and Learn How You Can Use the Fundamentals of CBT to Treat Patients with Autism and Increase Access to Care

MODERATOR: *Rebecca Sachs, ABPP, Ph.D., CBT Spectrum*

PANELISTS: *Anne Marie Albano, Ph.D., Columbia University Clinic for Anxiety and Related Disorders*
Connor M. Kerns, Ph.D., The University of British Columbia
Matthew D. Lerner, Ph.D., Stony Brook University
Lauren Moskowitz, Ph.D., St. John's University
Sandra Pimentel, Ph.D., Montefiore Medical Center
Tamara E. Rosen, Ph.D., JFK Partners, University of Colorado School of Medicine

All level of familiarity with the material

Primary Category: Autism Spectrum and Developmental Disorders

Key Words: *Autism Spectrum Disorders, Underserved Populations, Adolescents*

According to most recent reports by the CDC, 1 in 59 children are identified with autism spectrum disorder (ASD) and ASD cuts across all racial, ethnic, and socioeconomic groups. Additionally, children and teens with ASD are more likely to develop co-occurring psychiatric conditions. Given these realities, autistic youth are increasingly appearing for treatment in an ever-widening variety of settings. However, many CBT practitioners often express that they feel under-equipped or that they lack the necessary knowledge to treat those with ASD. As a result, CBT is often withheld from this group, even though it is a powerful intervention that autistics can benefit from. Through interactive discussion and didactic roleplay, this roundtable will address common knowledge gaps and anxieties experienced by many clinicians when encountering individuals with ASD. We will review ways cognitive, emotional, sensory-motor, and social differences may present in individuals with ASD with an emphasis on how anxiety and executive functioning, including impulsivity may be impacted. Roleplay of specific cases will illustrate which core CBT interventions can be applied to this group, and when and how modifications to typical delivery of CBT can address these differences. Roleplay will show how treatment of some comorbidities can be addressed with modified CBT. In addition to differences in treatment, this roundtable will explore the commonalities between interventions for youth with ASD and other childhood behavior disorders, focusing on shared common principles and roleplaying shared procedures. Panelists from both ASD and non-ASD backgrounds will discuss how to address training and supervision issues of those working with ASD patients in a variety of settings. Panelists will discuss how to bridge the perceived gap between ASD and non-

ASD practitioners, and how CBT clinicians can capitalize on their expertise to treat those with ASD better than previously believed. We will also provide treatment guidelines and resources to leave attendees feeling more confident in treating this group, able to utilize many of the treatment skills they already possess, and thus be more willing to accept them as clients into their practice settings and expand access to evidence based care.

1:55 p.m. – 3:25 p.m.

Earn 1.5 continuing education credits

Panel Discussion 6

The Direct Impact of People with Lived Experience on Training and Research in Mental Healthcare

MODERATOR *Charlie A. Davidson, Ph.D.*, Mercer University; Emory University; Atlanta Center for Cognitive Therapy

PANELISTS *Elizabeth Thomas, Ph.D.*, Temple University
Emily Treichler, Ph.D., VA San Diego MIRECC/
University of California, San Diego
Terresa Ford, M.A., Emory University/Candler School of Theology
Caroline Mazel-Carlton, B.A., Hearing Voices Research and Development Project
Mary B. Kleinman, M.P.H., University of Maryland-College Park

Primary Category: Schizophrenia / Psychotic Disorders

Key Words: *Psychosis / Psychotic Disorders, Stakeholder Relevant, Stigma*

Multiple issues contribute to disparities in access to and engagement in evidence-based healthcare among people living with substance use disorder, psychosis, or other serious mental illness (SMI). Competent evidence-based psychological practice requires collaborative formulation and decision-making, as well as genuine nonjudgmental empathy and rapport. Stigmatized attitudes can make these competencies impossible. In addition, client barriers like mistrust, and systemic issues like involuntary hospitalization and substance use criminalization can create an adversarial relationship.

Contrarily, peer and consumer-led programs within and outside of traditional healthcare settings have demonstrated unprecedented reach and buy-in, as well as a growing evidence-base for effectiveness. Clinical researchers and trainees must learn from and work with people with lived experience of SMI and psychosis if we aim to reduce stigma-related barriers to care and improve effectiveness and impact. This panel discussion aims to challenge traditional attitudes and present several innovative approaches to work that integrally involves people with lived experience.

Ms. Ford and Ms. Mazel-Carlton will discuss the Hearing Voices (HVN) Research and Development Project, which has utilized trainers and researchers with lived experi-

ence to expand the HVN approach and better understand factors that make it effective. Dr. Thomas will discuss data collected from peers about what early intervention programs can do to enhance community participation. Ms. Kleinman will discuss recent work with a peer interventionist for substance use disorders in Baltimore. Dr. Treichler will discuss data from a collaborative decision-making intervention grant and her work with Disability Rights Nebraska. Dr. Davidson will briefly reflect on recent work about the impact of first-person narratives on mental health providers and trainees and use this as a jumping-off point to summarize and lead discussion among panelists and the audience.

1:55 p.m. – 3:25 p.m.

Earn 1.5 continuing education credits

Panel Discussion 7

Technology Use in Mental Healthcare: Real Life Opportunities and Challenges

MODERATOR *Jennifer Gentile, Psy.D.*, Boston Children's Hospital/Harvard Medical School, Ieso Digital Health

PANELISTS *Adrienne S. Juarascio, Ph.D.*, Drexel University
Sabine Wilhelm, Ph.D., Massachusetts General Hospital
Michelle G. Newman, Ph.D., The Pennsylvania State University

Primary Category: Technology

Key Words: *Technology / Mobile Health, Stakeholder Relevant, Evidence-Based Practice*

Mental health care interventions have historically occurred in the context of face to face patient-clinician interactions. With 117 million Americans living in federally designated mental health provider shortage areas, average therapy dropout rates hovering around 35%, and only about a half of all patients experiencing measurable improvement through their care, we may consider the responsible incorporation of technology into clinical practice.

In this symposium, the panelists will discuss the incorporation of technology into clinical practice and options available to clinicians and patients. Beyond telehealth, there are several advancements in digital mental health interventions that are available and purport to support and/or assess and treat people with mental health conditions. Since 1987, there have been 172 mental wellness applications, 119 measurement and testing apps and 62 digital therapeutics startups developed. We are just beginning to understand the landscape and are in the early stages of regulation and clinical validation. Randomized controlled trials of the interventions are becoming more common and further scrutiny occurs with the handful of companies seeking FDA approval.

Several of the available apps use technologies such as deep learning and artificial intelligence to analyze large data sets and gather additional information about the patient experience and presentation. Patterns and subtleties unrecognizable to the experienced clinician are easily identified using technology. We will discuss the science behind

high-quality digital interventions. Additionally, the panelists will comment on the current role of technology in the monitoring of intervention effectiveness and engagement.

Finally, in developing these interventions, those in private industry are seeking guidance from clinical experts to better understand how to engage patients, follow evidence-based protocols and provide interactions with their technology that result in improved patient outcomes. The panelist will discuss the pros and cons of working with industry to develop better technology informed interventions.

1:55 p.m. – 3:25 p.m.

Earn 1.5 continuing education credits

Panel Discussion 8

Thinking Pragmatically When Designing Suicide Prevention Effectiveness Research

MODERATOR *Stephen O'Connor, Ph.D.*, National Institute of Mental Health

PANELISTS: *Shireen L. Rizvi, ABPP, Ph.D.*, Rutgers University

Nadia S. Locey, Ph.D., University of Nevada, Reno

Anthony Pisani, Ph.D., University of Rochester School of Medicine

David B. Goldston, Ph.D., Duke University School of Medicine

Primary Category: Suicide and Self-Injury

Key Words: *Suicide, Treatment, Clinical Trial*

Suicide rates have risen by 33% in the past 20 years despite a growing body of research demonstrating the efficacy of therapeutic approaches emphasizing cognitive, behavioral, and/or emotion regulation strategies to reduce the risk of suicide attempts and/or intensity of suicidal ideation in both youth and adults. The field is now grappling with how best to translate these efficacy findings to real-world clinical settings where at-risk populations are concentrated and barriers to engagement are pervasive. The assembled panelists will describe how their clinical effectiveness trials have been designed to answer crucial questions that are pragmatic in nature and will have a near-term impact on care provided to suicidal individuals. Such questions include, 1) How do individual and systemic characteristics impact effectiveness of suicide prevention interventions? 2) What level of fidelity monitoring and feedback is needed to ensure quality care is provided? 3) Is it cost-effective and feasible to deliver full-package efficacious interventions in real-world clinical settings? If not, what adaptations are needed? 4) What considerations/adaptations are needed for individuals with co-occurring substance use concerns? The first two panelists are conducting a Sequential, Multiple Assignment Randomized Trial (SMART) of Dialectical Behavior Therapy, Collaborative Assessment and Management of Suicidality, and treatment as usual to better understand how to treat the heterogeneous population of suicidal college students receiving care in college counseling centers. The third panelist is conducting an effectiveness trial of the Attempted Suicide Short Intervention Program for recently hospi-

talized suicide attempt survivors within the context of New York States' rollout of the Zero Suicide initiative. The fourth panelist will describe an effort by the UCLA-Duke Center for Trauma-Informed Suicide, Self-Harm & Substance Abuse Treatment & Prevention to adapt and disseminate a developmentally-nuanced, trauma-informed, strengths-based, family-involved approach to safety planning for different settings and populations (e.g., emergency, triage, outpatient, schools, youth with co-occurring substance use problems).

1:55 p.m. – 3:25 p.m.

Earn 1.5 continuing education credits

Panel Discussion 9

Mutual Capacity Building in Psychology Research: Working to Close the Global Mental Health Gap

MODERATOR *Kristen S. Regenauer, B.A., University of Maryland- College Park*

PANELISTS: *Miya Barnett, Ph.D., Department of Clinical, Counseling, & School Psychology; University of California, Santa Barbara*

Lauren Ng, Ph.D., Department of Psychology, University of California, Los Angeles

Eve S. Puffer, Ph.D., Department of Psychology & Neuroscience, Duke Global Health Institute, Duke University

Catherine Carlson, Ph.D., MSW, University of Alabama

Jessica F. F. Magidson, Ph.D., University of Maryland

Primary Category: Global Mental Health

Key Words: *Global Mental Health*

Traditionally, “global mental health” and “local mental health” have been separated. However, in recent years, there has been a push to recognize local health as global health and vice versa. Both high-income countries (HICs) and low-and-middle income countries (LMICs) have a large mental health gap, in part, driven by a lack of qualified providers. “Mutual capacity building” refers to an equal exchange of ideas between LMICs and HICs and can help address the global mental health gap. In line with this year’s ABCT theme – Better Access, Better Outcomes: Enhancing the Impact of Behavioral and Cognitive Therapies – the goal of this panel is to discuss mutual capacity building’s potential role in delivering evidence-based therapies worldwide. Panelists will share their experiences of working with diverse populations in resource-limited settings in both LMICs and HICs. In an effort to reduce the mental health care gap, panelists will also reflect on the role of psychologists in therapy adaptation, delivery, and monitoring, and provider selection, training, and supervision. They will also discuss challenges in working in resource-limited settings around the world, lessons they have learned about mutual capacity building, and

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potential strategies for overcoming barriers in these settings. By the end of this session, attendees will have an understanding of mutual capacity building and how it can help lessen the mental health gap globally. Further, attendees will learn how to incorporate strategies learned through mutual capacity building in their own research.

1:55 PM – 3:25 PM

Earn 1.5 continuing education credits

Symposium 22

Understanding Factors Associated with Treatment Acceptability, Preference, and Satisfaction for Evidence-based Treatments for Elementary Aged Children

CHAIRS: *Jenelle Nissley-Tsiopinis, Ph.D.*, Children's Hospital of Philadelphia
Theresa Egan, Ph.D., Children's Hospital of Philadelphia

DISCUSSANT: *Frances Wymbs, Ph.D.*, Ohio University

All level of familiarity with the material
Primary Category: ADHD - Child
Key Words: ADHD, Child, Treatment

Who Is Coming to ADHD Bootcamp? parents' Baseline Ratings of the Acceptability of Pharmacological and Psychosocial Treatments for ADHD

Jason Fogler, Ph.D., Boston Children's Hospital/Harvard Medical School
Sebastien Normand, Ph.D., Universite du Quebec en Outaouais
Thomas J. Power, Ph.D., ABPP, Children's Hospital of Philadelphia; University of Pennsylvania Perelman School of Medicine
Jennifer A. Mautone, ABPP, Ph.D., Children's Hospital of Philadelphia/University of Pennsylvania
Jenelle Nissley-Tsiopinis, Ph.D., Children's Hospital of Philadelphia

Treatment Satisfaction and Treatment Choice: Questions Raised for Child-focused Treatment Compared to Parent-focused Treatment When Addressing Organizational Deficits in ADHD

Richard Gallagher, Ph.D., Hassenfeld Children's Hospital at NYU Langone Medical Center
Howard Abikoff, Ph.D., NYU School of Medicine
Christina DiBartolo, LCSW, Children's Hospital of Philadelphia

**Intervention Selection and Satisfaction in the Context of a Family-school
Intervention for ADHD**

*Thomas J. Power, Ph.D., ABPP, Children's Hospital of Philadelphia; University of
Pennsylvania Perelman School of Medicine*

*Jennifer A. Mautone, ABPP, Ph.D., Children's Hospital of Philadelphia/University of
Pennsylvania*

Yael Gross, MA, Children's Hospital of Philadelphia

Jenelle Nissley-Tsiopinis, Ph.D., Children's Hospital of Philadelphia

**Factors Associated with Satisfaction with a School-based Group Organizational
Skills Training Program for Elementary Students with Executive Functioning
Difficulties**

Theresa Egan, Ph.D., Children's Hospital of Philadelphia

Jenelle Nissley-Tsiopinis, Ph.D., Children's Hospital of Philadelphia

Phylicia Fitzpatrick Fleming, Ph.D., Children's Hospital of Philadelphia

Cristin Montalbano, Ph.D., Children's Hospital of Philadelphia

Katie Tremont, M.S., Children's Hospital of Philadelphia

Ami Kumar, M.Ed., Children's Hospital of Philadelphia

Howard Abikoff, Ph.D., NYU School of Medicine

*Richard Gallagher, Ph.D., Hassenfeld Children's Hospital at NYU Langone Medical
Center*

*Jennifer A. Mautone, ABPP, Ph.D., Children's Hospital of Philadelphia/University of
Pennsylvania*

*Thomas J. Power, Ph.D., ABPP, Children's Hospital of Philadelphia; University of
Pennsylvania Perelman School of Medicine*

Earn 1.5 continuing education credits

Symposium 23

From Computation to Implementation: Successes and Setbacks in Scaling-up Brief Interventions

CHAIR: *Jessica L. Schleider, Ph.D.*, Stony Brook University

DISCUSSANT: *Bruce F. Chorpita, Ph.D.*, University of California, Los Angeles

Basic to Moderate level of familiarity with the material

Primary Category: Treatment - Other

Key Words: *Treatment, Technology / Mobile Health, Dissemination*

Acceptability and Utility of an Open-access, Online Single-session Intervention Platform for Adolescent Mental Health

Jessica L. Schleider, Ph.D., Stony Brook University

Jenna Sung, B.A., Stony Brook University

Mallory Dobias, B.S., Stony Brook University

Michael Mullarkey, M.A., University of Texas-Austin

Emma Mumper, BA, Stony Brook University

Open Pilot Trial of a Single-session Consultation Service for Clients on Psychotherapy Wait-lists

Jenna Sung, B.A., Stony Brook University

Amanda Bianco, BA, Stony Brook University

Jessica L. Schleider, Ph.D., Stony Brook University

Predicting Mental Health Treatment Access in High-symptom Adolescents: Machine Learning Approaches

Mallory Dobias, B.S., Stony Brook University

Michael Sugarman, M.A., Stony Brook University

Michael Mullarkey, M.A., University of Texas-Austin

Jessica L. Schleider, Ph.D., Stony Brook University

Taking User-centered Design Seriously: An Eight Minute, Self-administered Intervention Decreases Self-hatred in Emerging Adults

Michael Mullarkey, M.A., University of Texas-Austin

Mallory Dobias, B.S., Stony Brook University

Michael Mullarkey, M.A., University of Texas-Austin

Christopher Beevers, Ph.D., The University of Texas at Austin

Jessica L. Schleider, Ph.D., Stony Brook University

1:55 PM – 3:25 PM

Earn 1.5 continuing education credits

Symposium 24

“can’t Fight This Feeling...” Emerging Constructs and New Perspectives on Affective Theories of Eating Disorders

CHAIRS: *Erin E. E. Reilly, Ph.D.*, Hofstra University
Irina Vanzhula, M.S., University of Louisville

DISCUSSANT: *Edward Selby, Ph.D.*, Rutgers University

Basic level of familiarity with the material

Primary Category: Eating Disorders

Key Words: *Eating, Emotion, Emotion Regulation*

Longitudinal Associations Between Emotional Reactivity and Eating Disorder Symptoms in a Clinical Sample

Lindsay Bodell, Ph.D., Western University

Amy Heard Egbert, M.A., Loyola University of Chicago

Carolina Anaya, B.A., University of Chicago

Jennifer Wildes, Ph.D., University of Chicago

Exploring Changes in Alexithymia Throughout Intensive DBT for Eating Disorders

Erin E. E. Reilly, Ph.D., Hofstra University

Tiffany A. Brown, Ph.D., University of California, San Diego

Vinushini Arunagiri, M.A., Hofstra University

Walter H. Kaye, M.D., University of California, San Diego

Christina E. Wierenga, Ph.D., University of California, San Diego

Affective Impulsivity: Does Trait Negative Urgency Predict Eating-related Negative Affect States in Adults with Binge-eating Psychopathology?

Lisa M. Anderson, Ph.D., University of Minnesota Medical School

Drew A. Anderson, Ph.D., University at Albany, State University of New York

Corrupted Positive Emotion in Anorexia Nervosa: Introducing a Novel Integrative Theoretical Model & Preliminary Evidence

Kathryn A. Coniglio, M.S., Rutgers University

Edward Selby, Ph.D., Rutgers University

THURSDAY

Higher Fluctuation in Anxiety Before, During, and After Meals Is Associated with Less Food Restraint

Irina Vanzhula, M.S., University of Louisville

Kayla Williams, Undergraduate, University of Louisville

Cheri A. Levinson, Ph.D., The University of Louisville

1:55 PM – 3:25 PM

Earn 1.5 continuing education credits

Symposium 25

Pragmatic Strategies for Assessing Psychotherapy Quality in Practice: Balancing Rigor and Efficiency

CHAIR: *Mary Rooney, Ph.D., NIMH*

DISCUSSANT: *Joel Sherrill, Ph.D., NIMH*

Moderate level of familiarity with the material

Primary Category: Dissemination & Implementation Science

Key Words: *Evidence-Based Practice, Implementation, Stakeholder Relevant*

A Randomized Trial to Identify Accurate and Cost-effective Fidelity Measurement Methods for Cognitive-behavioral Therapy in Community Mental Health Clinics: Preliminary Results from Project FACTS

Rinad S. S. Beidas, PhD, University of Pennsylvania Perelman School of Medicine;

Penn Implementation Science Center at the Leonard Davis Institute of Health Economics (PISCE@LDI)

Emily Becker-Haimes, Ph.D., University of Pennsylvania

Shannon Dorsey, Ph.D., University of Washington

Sonja Schoenwald, Ph.D., OSLC

Johanna Catherine Maclean, Ph.D., Temple University

David Mandell, Perelman School of Medicine at the University of Pennsylvania

Judy Shea, Ph.D., University of Pennsylvania

Perrin Fugo, M.S., University of Pennsylvania

Bryce D. McLeod, Ph.D., Virginia Commonwealth University

Michael French, Ph.D., University of Miami

Adina Lieberman, MPH, University of Pennsylvania

Melanie Klein, Ph.D., University of Pennsylvania

Jessica Fishman, Ph.D., University of Pennsylvania

Steven Marcus, Ph.D., University of Pennsylvania

Leveraging Routine Clinical Materials and Mobile Technology to Assess CBT Fidelity: The Innovative Methods to Assess Psychotherapy Practices (imAPP) Study

Torrey A. Creed, Ph.D., Perelman School of Medicine at the University of Pennsylvania

Developing a Pragmatic Quality Assessment for Children's Mental Health Services

Lauren Brookman-Frazee, Ph.D., University of California, San Diego

Anna Lau, Ph.D., University of California, Los Angeles

Brief Assessment of Effective Exposure: A Mechanism-informed Approach

Kristen Benito, Ph.D., Alpert Medical School of Brown University

1:55 PM – 3:25 PM

Earn 1.5 continuing education credits

Symposium 27

Assessing the Damage of Stigma: A Comprehensive Evaluation of Variables Affecting Public and Internalized Stigma Experienced by Active Duty Service Members and Veterans

CHAIR: *Sean A. Lauderdale, Ph.D.*, A&M-Commerce

DISCUSSANT: *Adam P. McGuire, Ph.D.*, VISN 17 Center of Excellence for Research on Returning War Veterans

Basic to Moderate level of familiarity with the material

Primary Category: Military and Veterans Psychology

Key Words: *Stigma, Veterans, Military*

Public Stigma for Women and Men Veterans with Combat Related PTSD: The Effect of Perceived Control, Causes of Mental Disorders, and Gender Role Beliefs

Ray Daniel, B.A., Texas A&M-Commerce

Sean A. Lauderdale, Ph.D., A&M-Commerce

Public Stigma for a Woman Veteran Experiencing Military Sexual Trauma

Sean A. Lauderdale, Ph.D., A&M-Commerce

Ray Daniel, B.A., Texas A&M-Commerce

THURSDAY

Examining Internalized Stigma for Mental Health Care Through a Socio-cultural Lens: Honor Culture Influences on Treatment Seeking in US Military Personnel

Larissa Tate, M.S., Uniformed Services University of the Health Sciences
David S. Riggs, Ph.D., Uniformed Services University of the Health Sciences
Brett A. Slagel, M.S., Uniformed Services University of the Health Sciences
Natascha Schvey, Ph.D., Uniformed Services University
Stephanie Jett, Ph.D., Georgia College

The Stigma of Moral Injury: Implications for Meaning Making Among Military Personnel and Veterans

Brett A. Slagel, M.S., Uniformed Services University of the Health Sciences
Natascha Schvey, Ph.D., Uniformed Services University
Larissa Tate, M.S., Uniformed Services University of the Health Sciences
David S. Riggs, Ph.D., Uniformed Services University of the Health Sciences
Stephanie Jett, Ph.D., Georgia College

1:55 PM – 3:25 PM

Earn 1.5 continuing education credits

Symposium 28

Repetitive and Addictive? Evaluating the Behavioral Addiction Model for Body-focused Repetitive Behaviors

CHAIRS: Abel S. Mathew, M.S., University of Wisconsin - Milwaukee
Han Joo Lee, Ph.D., University of Wisconsin - Milwaukee
DISCUSSANT: Douglas Woods, Ph.D., Marquette University

Basic to Moderate level of familiarity with the material
Primary Category: Obsessive Compulsive and Related Disorders
Key Words: *Trichotillomania, Addictive Behaviors, fMRI*

The Nosology of Trichotillomania and Excoriation Disorder: A Latent Variable Approach

Ivar Snorrason, Ph.D., Harvard Medical School
Courtney Beard, Ph.D., McLean Hospital/Harvard Medical School
Andrew D. Peckham, Ph.D., Harvard Medical School / McLean Hospital
Throstur Bjorguinsson, Ph.D., McLean Hospital/Harvard Medical School

Evidence from a Resting-state Functional Magnetic Resonance Imaging Pilot Study in Adults with Trichotillomania

Jennifer R. Alexander, M.S., Marquette University
Kristy Nielson, Ph.D., Marquette University
Douglas Woods, Ph.D., Marquette University

Resting-state Functional Connectivity of Supplementary Motor Area Associated with Skin-picking Symptom Severity

Ashleigh M. Harvey, M.S., University of Wisconsin - Milwaukee

Ashley A. Huggins, B.A., University of Wisconsin- Milwaukee

Christine L. Larson, Ph.D., University of Wisconsin- Milwaukee

Han Joo Lee, Ph.D., University of Wisconsin - Milwaukee

Approach Avoidance Training and Skin Picking Disorder

Abel S. Mathew, M.S., University of Wisconsin - Milwaukee

Han Joo Lee, Ph.D., University of Wisconsin - Milwaukee

3:35 p.m. – 5:05 p.m.

Earn 1.5 continuing education credits

Panel Discussion 10

CBT Campfire Storytelling Session

MODERATOR: *Simon A. Rego, ABPP, Psy.D.*, Montefiore Medical Center

PANELISTS: *Anne Marie Albano, Ph.D.*, Columbia University Clinic for Anxiety and Related Disorders

Martin E. Franklin, Ph.D., Rogers Behavioral Health Philadelphia

Michael A. Southam-Gerow, Ph.D., Virginia Commonwealth University

Maureen L. Whittal, ABPP, Ph.D., Vancouver CBT Centre/University of British Columbia

Primary Category: Student Issues

Key Words: *CBT, Professional Development, Education and Training*

“If history were taught in the form of stories, it would never be forgotten.” - Rudyard Kipling

Learning comes in many forms. *Storytelling* is one of our most ancient ways of communicating. Storytelling helps to forge connections among people, and between people and ideas. Stories convey the culture, history, and values that unite people. They are an effective way to transmit important information and values from one individual or community to the next. Stories allow leaders to influence, teach, and inspire. The stories we hold in common are an important part of the ties that bind. In addition, research (e.g., Moorman, 2015) has shown that a good story can help listeners retain important information, both in casual and formal learning settings, by allowing listeners to transform the story into their own ideas and experience. Thus stories are better remembered than simply stating a set of facts.

Historically, *campfire stories* provided a talisman against a hostile world, a record of bravery, and a way to pass on the culture of the tribe (Wiessner, 2014). Based on this idea, who couldn't use a round of good storytelling after the year we've all experienced? And

yet, while cognitive-behaviorally-oriented clinicians have increasingly embraced the use of stories in their clinical work (Friedberg & McClure, 2015), they have not necessarily been as quick to implement these strategies in their academic presentations, despite the fact that these types of creative methods are known to enhance information processing in sessions and thus, fuel learning to be utilized thereafter.

As such, the purpose of this panel discussion is to help audience members learn - about both the values of cognitive behavioral therapy and its implementation, through the telling of stories centered around the attempts of four experts in the field of CBT (Drs. Anne Marie Albano, Martin E. Franklin, Michael A. Southam-Gerow, and Maureen Whittal) to learn CBT and then apply it to various types of psychopathology, in all types of patients, and across different settings, throughout their careers. In aiming to keep with tradition, this CBT campfire session will strive to be intimate and personal by focusing solely on an interactive conversation between these four senior panelists - all of whom are amazing storytellers.

3:35 p.m. - 5:05 p.m.

Earn 1.5 continuing education credits

Panel Discussion 11

Blackademia: Challenges for Black Graduate Students and Professionals in the Academy

MODERATORS: *Jamilah R. George, M.S., University of Connecticut*
Destiny Printz Pereira, M.S., University of Connecticut

PANELISTS: *Jessica R. Graham-LoPresti, Ph.D., Suffolk University*
Darlene M. Davis, Ph.D., Other, Parents Zone, LLC
Alexandria N. Miller, M.S., Suffolk University
Broderick Sawyer, Ph.D., Behavioral Wellness Clinic

Primary Category: Culture / Ethnicity / Race

Key Words: *African Americans / Black Americans, Resilience, Oppression*

Representation of Black Americans in the field of psychology is increasing, however, the growth is occurring at a slow rate. The unique experiences of marginalization and generational trauma for Black Americans may still go unnoticed by the system of academia. This lack of recognition can have deleterious effects on retention and success. Discrimination, prejudice, and racism still permeate our country, including academic environments, which can lead Black Americans to feel strong emotions like anger, grief, sadness, or anxiety. Unfortunately, it is not possible for most Black Americans in academia to express these emotions safely without risk of retaliation, so instead, emotional suppression is often the only coping mechanism available. Due to a lack of advocacy and support from colleagues and graduate programs, Black Americans often employ necessary self-protective measures like emotional suppression, “code switching”, and social hypervigilance (Bron-dolo et al., 2009; DuBois, 1903; DeGruy, 2005). Many Black Americans in academia feel they cannot be authentic with their feelings and experiences due to a fear of retaliation

from predominately white colleagues, mentors, supervisors, research advisors, and systems at large. The current panel includes Black American-identified graduate students and professionals who will authentically share their unique experiences of academia, engage Black American attendees in these conversations, as well as generate ideas related to advocacy, allyship, and systemic change to address these issues. We also aim to engage non-Black attendees who are interested in learning about the impact of generational oppression and emotional suppression on the recruitment and retention of Black Americans in the field, and how they can act as allies to add to systemic and institutional change.

3:35 PM – 5:05 PM

Earn 1.5 continuing education credits

Symposium 29

Transdiagnostic Cognitive-behaviour Therapy for Anxiety Disorders in Community-based Care

CHAIR: *Martin D. Provencher, Ph.D., Université Laval*

DISCUSSANT: *Debra Hope, Ph.D., University of Nebraska-Lincoln*

Moderate level of familiarity with the material

Primary Category: Adult Anxiety

Key Words: *Anxiety, Transdiagnostic, CBT*

Transdiagnostic Group Cognitive Behavioral Therapy for Anxiety Disorders: Maintenance of Gains at the 12-month Follow-up Data

Pasquale Roberge, Ph.D., University of Sherbrooke

Martin D. Provencher, Ph.D., Université Laval

Patrick Gosselin, Ph.D., Université de Sherbrooke

Isabelle Gaboury, PhD, University of Sherbrooke

Helen-Maria Vasiliadis, Ph.D., University of Sherbrooke

Annie Benoit, MSc, University of Sherbrooke

Nathalie Carrier, MSc, University of Sherbrooke

Martin M. Antony, Ph.D., Ryerson University

Nils Chaillet, Ph.D., Université Laval

Janie Houle, Ph.D., Université du Québec à Montréal

Catherine Hudon, Ph.D., University of Sherbrooke

Peter J. Norton, Ph.D., Monash University

Cost-effectiveness of Group Transdiagnostic CBT in Adults with Anxiety Disorder

Alexandra Chapdelaine, M.S., University of Sherbrooke
Helen-Maria Vasiliadis, Ph.D., University of Sherbrooke
Martin D. Provencher, Ph.D., Université Laval
Annie C. Benoit, Ph.D., University of Sherbrooke
Peter J. Norton, Ph.D., Monash University
Pasquale Roberge, Ph.D., University of Sherbrooke

A Pilot Study of Brief CBT for Anxiety Delivered via Video Telehealth

Terri Fletcher, Ph.D., Michael E. DeBakey VA Medical Center
Darius B. Dawson, Ph.D., Michael E. DeBakey VA Medical Center
Jeffrey A. Cully, Ph.D., Baylor College of Medicine

Process and Outcome in Transdiagnostic Cognitive Behavioral Group Therapy: Alliance and Group Cohesion

Peter J. Norton, Ph.D., Monash University
Hoang Kim Luong, B.A. (hons), Monash University
Nathalie Carrier, MSc, University of Sherbrooke
Martin D. Provencher, Ph.D., Université Laval
Pasquale Roberge, Ph.D., University of Sherbrooke
Sean Drummond, Ph.D., Monash University

Treatment Integrity and Therapist Experience in Delivering a Transdiagnostic Group Treatment Protocol for Anxiety Disorders in Community-based Care

Martin D. Provencher, Ph.D., Université Laval
Pasquale Roberge, Ph.D., University of Sherbrooke
Peter J. Norton, Ph.D., Monash University

Earn 1.5 continuing education credits

Symposium 30

Increasing Access to Care Through Advances in Innovative Interventions for Serious Mental Illnesses

CHAIR: *Emily Treichler, Ph.D.*, VA San Diego MIRECC/University of California, San Diego

DISCUSSANT: *William Spaulding, Ph.D.*, Univ. Nebraska - Lincoln

All level of familiarity with the material

Primary Category: Schizophrenia / Psychotic Disorders

Key Words: *Psychosis / Psychotic Disorders, CBT, Implementation*

Development of a Peer-delivered Decision Support Intervention to Enhance Emerging Adults' Engagement in Evidence-based Treatment for Early Psychosis

Elizabeth Thomas, Ph.D., Temple University

Alicia Lucksted, Ph.D., University of Maryland Medical Center

Laura Siminoff, Ph.D., Temple University

Lisa Dixon, M.D., Columbia University

Maria O'Connell, Ph.D., Yale University

Irene Hurford, M.D., Irene Hurford MD

John Suarez, M.A., Temple University

Mark Salzer, Ph.D., Temple University

The Motivation and Skills Support (MASS) Smartphone Application: Development of an Mhealth Intervention to Improve Social Motivation in Schizophrenia

Jasmine Mote, Ph.D., Boston University

Kathryn Gill, B.A., Boston University

Lawrence Leung, B.A., San Francisco State University

David Gard, Ph.D., San Francisco State University

Kim Mueser, Ph.D., Boston University

Daniel Fulford, Ph.D., Boston University

Ride Bikes, Go Places: Developing a Peer Facilitated Transportation Intervention

Gretchen Sneathen, Ph.D., Temple University

Adapting Collaborative Decision Skills Training for Veterans with Serious Mental Illness Using a Qualitative, Participatory Approach

Emily Treichler, Ph.D., VA San Diego MIRECC/University of California, San Diego

Systematic Implementation of Cognitive Behavioral Therapy for Psychosis with
Early Intervention for Psychosis Coordinated Specialty Care Teams
Sarah L. Kopelowich, Ph.D., University of Washington School of Medicine
Jennifer Blank, B.A., University of Washington School of Medicine
Jonathan Olson, Ph.D., University of Washington
Jeffery Roskelley, LICSW, University of Washington
Ryan Melton, Ph.D., Early Assessment and Support Alliance

3:35 PM – 5:05 PM

Earn 1.5 continuing education credits

Symposium 32

Evidence-based Assessment to Improve Diagnosis, Case Formulation, and Outcomes: Online Resources to Improve Practice

CHAIR: Margaret Crane, M.A., Temple University

Basic level of familiarity with the material

Primary Category: Assessment

Key Words: *Assessment, Evidence-Based Practice, Education and Training*

Assessment of Youth Anxiety Disorders

Margaret Crane, M.A., Temple University

Nicole Fleischer, M.S., Philadelphia College of Osteopathic Medicine

Philip C. Kendall, ABPP, Ph.D., Temple University

Free, Online Tools for Evidence-based Assessment

Eric A. Youngstrom, Ph.D., University of North Carolina at Chapel Hill

More Than Moody: Applying Evidence-based Assessment to Improve Outcomes for Youth with Depression or Bipolar Disorder

Anna Van Meter, Ph.D., The Feinstein Institutes for Medical Research

Evidence-based Assessment of ADHD

Samantha Margherio, M.A., Ohio University

Evidence-base Assessment of Oppositional Defiant Disorder

Andrew Freeman, Ph.D., University of Nevada, Las Vegas

Earn 1.5 continuing education credits

Symposium 33

Cognitive Bias Modification in the Clinic

CHAIR: Courtney Beard, Ph.D., McLean Hospital/Harvard Medical School

DISCUSSANT: Nader Amir, Ph.D., San Diego State University

Basic to Moderate level of familiarity with the material

Primary Category: Treatment - Other

Key Words: *Cognitive Biases / Distortions, Technology / Mobile Health, Treatment Development*

Habitworks: Smartphone-delivered Cognitive Bias Modification for Interpretation

Courtney Beard, Ph.D., McLean Hospital/Harvard Medical School

Ramya Ramadurai, B.S., McLean Hospital

Kirsten Christensen, B.S., McLean Hospital

R. Kathryn R. McHugh, Ph.D., McLean Hospital/Harvard Medical School

Throstur Bjorgvinsson, Ph.D., McLean Hospital/Harvard Medical School

Delivering a Cognitive Bias Modification Intervention in Primary Care, with Patients Who Have Anxiety Disorders

Risa B. Weisberg, Ph.D., VA Boston HCS / Boston University

Cognitive Bias Modification for Interpretation in an Intensive/residential Treatment Program for Obsessive-compulsive & Related Disorders (OCRDs)

Martha Falkenstein, Ph.D., McLean Hospital

Kara Kelley, B.A., McLean Hospital

Devin Dattolico, B.S., McLean Hospital

Sriramya Pothuri, B.S., University of Massachusetts Boston

Jason Krompinger, Ph.D., McLean Hospital OCD Institute; Harvard Medical School

Christian Webb, Ph.D., Harvard Medical School

Courtney Beard, Ph.D., McLean Hospital/Harvard Medical School

How Much Is Too Much? A Dosage Evaluation of At-home Attention Bias Modification

William Taboas, Ph.D., San Diego State University

Nader Amir, Ph.D., San Diego State University

Earn 1.5 continuing education credits

Symposium 34

Pizza, Mirrors, and Fullness, Oh My! Understanding Mechanisms of Change Underlying Exposure Interventions for Eating Disorders

CHAIRS: *D. Catherine Walker, Ph.D.*, Union College
Erin E. E. Reilly, Ph.D., Hofstra University
DISCUSSANT: *Carolyn B. Becker, Ph.D.*, Trinity University

Moderate level of familiarity with the material
Primary Category: Eating Disorders
Key Words: *Exposure, Eating, Body Image*

An Exploratory Mixed-methods Examination of Session-by-session Mechanistic Change in Exposure Therapy for Bulimia Nervosa

Kelsey E. Clark, M.S., Drexel University
Sarah Palasick, B.A., Columbia University School of Social Work
Emily K. Presseller, B.A., Drexel University
Elizabeth Lamp, B.A., Drexel University
Joanna E. Steinglass, M.D., Columbia University Irving Medical Center/New York State Psychiatric Institute
Stephanie M. Manasse, Ph.D., Center for Weight, Eating and Lifestyle Science (WELL Center)
Evan Forman, Ph.D., Drexel University
Caroline Fojtu, Drexel University
Adrienne S. Juarascio, Ph.D., Drexel University

Mediators of Change in an Online Imaginal Exposure Treatment for Eating Disorders

Brenna M. Williams, B.A., University of Louisville
Cheri A. Levinson, Ph.D., The University of Louisville

Early Changes in Eating-related Fears and Body-related Safety Behaviors Predict Treatment Outcome in Exposure-based CBT for Eating Disorders

Nicholas Farrell, Ph.D., Rogers Behavioral Health
Leigh C. Brosch, B.A., University of Louisville
Irina Vanzhula, M.S., University of Louisville
Caroline Christian, B.S., University of Louisville
Owen Bowie, M.S., Rogers Behavioral Health
Cheri A. Levinson, Ph.D., The University of Louisville

Examining Within-session and Between-session Change in Exposure-meal-related Distress During Intensive Outpatient Treatment for Eating Disorders

Lisa M. Anderson, Ph.D., University of Minnesota Medical School

Erin E. E. Reilly, Ph.D., Hofstra University

D. Catherine Walker, Ph.D., Union College

Meichai Chen, B.A., Union College

Julie N. Morison, Ph.D., HPA/LiveWell

Drew A. Anderson, Ph.D., University at Albany

3:35 PM – 5:05 PM

Earn 1.5 continuing education credits

Symposium 35

Direct-to-consumer Marketing of Evidence-based Mental Health Interventions: Innovative Approaches to Increasing the Appeal

CHAIR: *Alexandra Werntz, M.A., University of Virginia*

DISCUSSANT: *Kelsie H. Okamura, Ph.D., State of Hawai'i, Department of Health, Child & Adolescent Mental Health Division*

Basic to Moderate level of familiarity with the material

Primary Category: Dissemination & Implementation Science

Key Words: *Evidence-Based Practice, Dissemination, Service Delivery*

Increasing the Appeal of CBT: Latent Profile Analysis of Reactions to Different Ways of Describing CBT

Alexandra Werntz, M.A., University of Virginia

Bethany A. Teachman, Ph.D., University of Virginia

Predictors of Evidence-informed Action for Youth Mental Health Services Among a Large Multiethnic Parent Sample

Spencer Choy, B.A., University of Hawaii at Manoa

Brad J. J. Nakamura, Ph.D., University of Hawaii at Manoa

Online Randomized Controlled Trial of a Podcast Intervention to Increase Parent Critical Appraisal of Mental Healthcare Claims

Vanesa Mora Ringle, M.S., University of Miami

Amanda Jensen-Doss, Ph.D., University of Miami

THURSDAY

Moderators of Parent Responses to Direct-to-consumer Marketing Materials: A Randomized Trial

Sara Becker, Ph.D., Brown University School of Public Health

Sarah Helseth, Ph.D., Brown University School of Public Health

Katherine Escobar, B.A., Brown University

Daniel Squires, Ph.D., Brown University

Melissa Clark, Ph.D., Brown University

Valarie Zeithaml, Ph.D., M.B.A., University of North Carolina at Chapel Hill, Kenan-Flagler Business School

Anthony Spirito, Ph.D., Alpert Medical School of Brown University

3:35 PM – 5:05 PM

Earn 1.5 continuing education credits

Symposium 36

Novel Approaches to Explore Proximal Risk for Suicide and Self-injury

CHAIR: *Esther C. Park, B.A., Florida State University*

DISCUSSANT: *Xieying Huang, M.S., Florida State University*

Basic to Moderate level of familiarity with the material

Primary Category: Suicide and Self-Injury

Key Words: *Suicide, Risk / Vulnerability Factors, Technology / Mobile Health*

How Do People Feel in the Moment Before They Engage in a Suicide attempt?: investigation of Affective Experience Within the Immediate Suicidal Context

Esther C. Park, B.A., Florida State University

Alexandria Hayford, Florida State University

Joseph Franklin, Ph.D., Florida State University

Digital Social Communication and Real-time Suicide Risk

Daniel Coppersmith, M.A., Harvard University

Evan Kleiman, Ph.D., Rutgers, The State University of New Jersey

Walter Dempsey, Ph.D., University of Michigan

Shirley B. Wang, Ph.D., Queen Mary University of London

Alexander Millner, Ph.D., Harvard University

Jeff Huffman, M.D., Massachusetts General Hospital

Matt Nock, Ph.D., Harvard University

Distal versus Proximal Prediction Accuracy of “warning Signs” for Suicide Attempt

Kathryn P. Linthicum, B.A., Florida State University
Xieying Huang, M.S., Florida State University
Lauren Harris, B.A., Florida State University
Chloe Bryen, B.A., Florida State University
Jessica Ribeiro, Ph.D., Florida State University

Personalized Short-term Prediction of Suicidal Ideation and Self-harm Urges

Jonathan W. Reeves, M.A., University of California, Berkeley
Thomas Tollefsen, Ph.D., University of Oslo
Aaron J. Fisher, Ph.D., University of California at Berkeley
Sabrina Darrow, Ph.D., University of California, San Francisco

The Effects of Acute Sleep Deprivation on Suicidal Behaviors in a Virtual Reality Paradigm

Lauren Harris, B.A., Florida State University

3:35 PM – 5:05 PM

Earn 1.5 continuing education credits

THURSDAY

Symposium 37

Reaching Beyond Disruptive Behavior Disorders: New Directions for Parent-child Interaction Therapy (PCIT) Research

CHAIRS: *Corey C. Lieneman, M.S., University of Nebraska Medical Center/West Virginia University*
Cheryl B. McNeil, Ph.D., West Virginia University
DISCUSSANT: *Jonathan Comer, Ph.D., Florida International University*

Moderate level of familiarity with the material

Primary Category: Parenting / Families

Key Words: *PCIT (Parent Child Interaction Therapy), Child, Parent Training*

Parent-child Interaction Therapy for Toddlers: Building Secure Attachments and Training Compliance in One- and Two-year-olds

Corey C. Lieneman, M.S., University of Nebraska Medical Center/West Virginia University
Cheryl B. McNeil, Ph.D., West Virginia University
Emma I. Girard, Psy.D., UC Davis

**Addressing Disruptive Behaviors in Children on the Autism Spectrum:
Implementing Parent-child Interaction Therapy with Community Clinicians**

Lauren B. Quetsch, Ph.D., University of Arkansas
Cheryl B. McNeil, Ph.D., West Virginia University

**The Infant Behavior Program: What About Language in a Predominately Latinx
Sample of High-risk Infants and Their Mothers?**

Perrine Heymann, M.S., Florida International University
Daniel Bagner, Ph.D., Florida International University

The Turtle Program: PCIT for Young Children Displaying Behavioral Inhibition

Danielle R. Novick, M.S., University of Maryland- College Park
Kelly A. Smith, B.A., University of Maryland, College Park
Christina M. Danko, Ph.D., University of Maryland- College Park
Lindsay R. Druskin, B.A., West Virginia University
Nicholas J. Wagner, Ph.D., Boston University
Kelly O'Brien, Ph.D., Alvord, Baker & Associates, LLC
Kenneth H. Rubin, Ph.D., University of Maryland, College Park
Andrea M. Chronis-Tuscano, Ph.D., University of Maryland, College Park

3:35 PM – 5:05 PM

Earn 1.5 continuing education credits

Symposium 38

**Enhancing the Clinical Impact of Trauma-focused
CBT: Access, Individual Differences, Process, and
Neurobiology**

CHAIR: *John R. Keefe, Ph.D., Weill Cornell Medical College*
DISCUSSANT: *Carmen P. McLean, Ph.D., National Center for PTSD*

Basic to Moderate level of familiarity with the material

Primary Category: Trauma and Stressor Related Disorders and Disasters

Key Words: *Trauma, Dissemination, Change Process / Mechanisms*

**Patient Characteristics and Other Predictors of Outcomes in Written Exposure
Therapy for PTSD**

Syed Aajmain, B.A., National Center for PTSD

**Competence in Delivering Cognitive Processing Therapy Interventions and the
Therapeutic Alliance Both Predict PTSD Symptom Outcomes**

John R. Keefe, Ph.D., Weill Cornell Medical College
Samantha Hernandez, B.A., National Center for PTSD

Sustainment of Cognitive Processing Therapy: Reach and Fidelity Across Three Mental Health Systems

Shannon W. Stirman, Ph.D., ABCT

Diagnostic and Predictive Neuroimaging Biomarkers for Posttraumatic Stress Disorder

Sigal Zilcha-Mano, Ph.D., University of Haifa

3:35 PM – 5:05 PM

Earn 1.5 continuing education credits

Symposium 39

Toward Personalization: Examining Cognitive Risk Factors for Obsessive-compulsive Disorder

CHAIR: Robert E. E. Fite, M.A., Miami University

DISCUSSANT: Sabine Wilhelm, Ph.D., Massachusetts General Hospital

Basic to Moderate level of familiarity with the material

Primary Category: Obsessive Compulsive and Related Disorders

Key Words: OCD (*Obsessive Compulsive Disorder*), *Cognitive Schemas / Beliefs, Risk / Vulnerability Factors*

Characterizing Incompleteness in OCD: Comparing Data-driven and Model-based Clustering Approaches

Caitlin A. Stamatis, M.S., University of Miami

Marcelo Hoexter, M.D., Ph.D., University of São Paulo School of Medicine

Eurípides Miguel, M.D., Ph.D., University of São Paulo School of Medicine

Kiara R. Timpano, Ph.D., University of Miami

Testing Model Invariance of the Thought-action Fusion Scale for Liberals and Conservatives

Kelsey Evey, West Virginia University

Robert E. E. Fite, M.A., Miami University

J. P. Gonzales, M.S., Communicus, Inc. (Unaffiliated)

Joshua C. Magee, Ph.D., Miami University

Aaron Luebbe, Ph.D., Miami University

Shari A. Steinman, Ph.D., West Virginia University

Addressing the Specificity of Thought-action Fusion to Symptoms of Obsessive-compulsive Disorder: Delineating the Role of Magical Thinking, Sensitivity, and Thought Content

Robert E. E. Fite, M.A., Miami University

THURSDAY

Intentionality and Moral Thought-action Fusion

Jedidiah Siev, Ph.D., Swarthmore College

Rebecca Zhou, B.A., Swarthmore College

McKenzie Himelein-Wachowiak, B.A., Swarthmore College

Catherine Norris, Ph.D., Swarthmore College

Symptom-specific Threat Perception Mediates the Relationship Between Obsessive Beliefs and OCD Symptoms

Noah C. Berman, Ph.D., College of the Holy Cross

Hilary Weingarden, Ph.D., Massachusetts General Hospital; Harvard Medical School

Sabine Wilhelm, PhD, Massachusetts General Hospital

5:15 p.m. – 6:45 p.m.

Earn 1.5 continuing education credits

Clinical Round Table 3

Addressing Race-based Stress and Trauma in Cognitive-behavioral Treatment with People of Color

MODERATOR: *Juliette McClendon, Ph.D., VA Boston Healthcare System*

PANELISTS: *Maurice Endsley, Jr., Ph.D., Edward Hines, Jr. VA Hospital*

Keisha Ross, Ph.D., St. Louis Veterans Health Care System

Clarice Wang, Ph.D., VA St. Louis Healthcare System

Veronica L. Shead, Ph.D., St. Louis VA Health Care System

Asale Hubbard, Ph.D., San Francisco VA Healthcare System

All level of familiarity with the material

Primary Category: Culture / Ethnicity / Race

Key Words: *Underserved Populations, Oppression, Evidence-Based Practice*

For this clinical round table, a team of clinicians with expertise in treating individuals who have experienced race-based stress and trauma (RBST; e.g., discrimination, micro-aggressions, exposure to race-based violence) will discuss how mental health clinicians can provide effective, culturally responsive, cognitive-behavioral assessment and intervention to clients of Color. RBST is a significant social determinant of racial/ethnic disparities in mental health and health care use. People of Color (PoC) may present to psychotherapy with emotional distress that is caused or exacerbated by chronic experiences with RBST. Consequences of the unpredictable and persistent nature of chronic RBST include increased engagement in unhealthy behaviors (e.g., substance use, social isolation), decreased engagement in healthy behaviors (e.g., exercise, sleep), and intensification of negative emotions such as shame, sadness, helplessness, anger, and mistrust. PoC often also engage in practices that support resilience, such as spirituality, social support and

other internal coping strategies. However, individuals may require assistance to routinely implement and further enhance these resilience practices. Unfortunately, many clinicians possess a limited knowledge of how to intervene to improve the emotional well-being of individuals who are impacted by RBST. Inadequate attention to the unique cultural experiences of PoC, as well as a history of maltreatment, abuse, and experimentation has contributed to mistrust, wariness, and avoidance of mental health care among these marginalized populations. Addressing this crisis requires continued attention, clinician education, and the development, dissemination and implementation of novel, culturally responsive and evidence-based assessment and intervention strategies. The panel will address such topics as how to discuss RBST with clients, how to recognize the mental health effects of RBST, and how to effectively intervene within the context of individual and group cognitive-behavioral therapy. Special attention will be paid to the intersection of race/ethnicity with other marginalized identities (e.g., gender, age, ability, LGBTQ+).

5:15 p.m. – 6:15 p.m.

Earn 1.5 continuing education credits

Panel Discussion 12

Expanding Access to Behavioral and Cognitive Therapies in Resource Constrained Settings: Lessons Learned from Global Mental Health Research

MODERATOR: *Lena S. S. Andersen, Ph.D.*, University of Cape Town

PANELISTS: *Jessica F. F. Magidson, Ph.D.*, University of Maryland
Laura Murray, Ph.D., Johns Hopkins University School of Public Health
Lauren Ng, Ph.D., Department of Psychology, University of California, Los Angeles
Conall O’Cleirigh, Ph.D., Harvard Medical School
Eve S. Puffer, Ph.D., Department of Psychology & Neuroscience, Duke Global Health Institute, Duke University
Steven Safren, Ph.D., University of Miami

Primary Category: Global Mental Health

Key Words: *Implementation, Global Mental Health, Evidence-Based Practice*

Despite a well-established evidence base for behavioral and cognitive therapies, there is a mental health treatment gap in accessing these interventions worldwide. In the U.S. disparities in access have been documented in minority populations, while in low- and middle-income countries (LMICs) the general population has even more limited access to evidence-based therapies. Global barriers include system-level barriers such as shortages of mental health professionals, structural barriers such as long distances to clinics particularly in rural areas, and psychological barriers such as fear of stigmatization. The cultural and

linguistic applicability of traditional therapies may also play a role in disparities in access. In order to broaden access and improve outcomes to cognitive and behavioral therapies, innovative strategies are needed to overcome the aforementioned barriers. A valuable resource for innovative strategies is global mental health research conducted in resource constrained settings. These studies have adapted traditional cognitive and behavioral interventions to overcome implementation barriers including shortening interventions, translating and culturally adapting interventions, and task-shifting treatment delivery to a cadre of professional available at the community level. The proposed panel will consist of a number of global mental health researchers who have extensive experience working in LMICs, including South Africa, Ethiopia, India, Zimbabwe, Zambia, Kenya, Thailand, Rwanda and Liberia. The panelists will discuss their experiences culturally adapting evidence-based protocols, training and supervising paraprofessional providers, and conducting NIH-funded randomized controlled trials of the adapted protocols for addressing a range of conditions including depression, substance use, trauma, adherence to chronic medication, and child and adolescent mental health. The panelists will deliberate on the applicability of the lessons learned from LMICs to U.S. settings to address mental health disparities in minority populations. Future considerations and priorities for extending the reach and strengthening the impact of cognitive and behavioral therapies in the U.S. and abroad will be discussed.

5:15 PM – 6:45 PM

Earn 1.5 continuing education credits

Symposium 40

From the Classroom to the Community: increasing Access to Evidence-based Mental Health Support for College Students

CHAIR: *Carla D. Chugani, Ph.D.*, University of Pittsburgh School of Medicine

DISCUSSANT: *Alec L. Miller, Psy.D.*, Cognitive Behavioral Consultants

Basic to Moderate level of familiarity with the material

Primary Category: Student Issues

Key Words: *DBT (Dialectical Behavior Therapy), Treatment, Student Issues*

The Development of an Upstream Prevention Mental Health Course for Undergraduate Students

James Mazza, Ph.D., University of Washington

Jaclyn Lally, Ph.D., University of Washington

Acceptability, Feasibility, and Preliminary Effectiveness of a Dialectical Behavior Therapy Skills-infused College Course

Carla D. Chugani, Ph.D., University of Pittsburgh School of Medicine

Robert Coulter, Ph.D., MPH, University of Pittsburgh

Barbara Fuhrman, Ph.D., University of Pittsburgh Medical Center

Janine Talis, MPH, University of Pittsburgh Medical Center

Courtney Murphy, B.S., University of Pittsburgh Medical Center

Elizabeth A. Miller, M.D., Ph.D., University of Pittsburgh School of Medicine

The Changing Climate of the University Health Setting: Initial Results from a Large Scale Longitudinal Study

Amanda A. Uliaszek, Ph.D., University of Toronto

Tayyab Rashid, Ph.D., University of Toronto, Scarborough

An Intensive Outpatient Program (IOP) for Suicidal Depressed College Students: The Co-star IOP

Tina R. Goldstein, PhD, Ph.D., University of Pittsburgh School of Medicine

Kimberly Poling, LCSW, University of Pittsburgh

Dara Sakolsky, M.D., Ph.D., University of Pittsburgh

David Brent, M.D., University of Pittsburgh

5:15 PM – 6:45 PM

Earn 1.5 continuing education credits

Symposium 41

Cultural and Contextual Factors Affecting Individuals with Schizophrenia-spectrum Disorders Across the Illness Trajectory

CHAIR: *Daisy Lopez, B.A., M.S., University of Miami*

DISCUSSANT: *Irwin Rosenfarb, Ph.D., Alliant International University*

Advanced level of familiarity with the material

Primary Category: Schizophrenia / Psychotic Disorders

Key Words: *Schizophrenia, Vulnerable Populations, Culture*

Cultural Differences in Mental Health Disclosure, Help-seeking, and Concurrence with Stigmatized Beliefs in the Assessment of Subclinical Psychosis-like Experiences

Charlie A. Davidson, Ph.D., Mercer University; Emory University; Atlanta Center for Cognitive Therapy

The Effect of Enculturation and Acculturation on Suicidal Ideation in Hispanic Patients with Schizophrenia

Any Weisman de Mamani, Ph.D., University of Miami

The Mitigating Effect of Family Cohesion on the Relationship Between Self-conscious Emotions and Suicidal Ideation in Ethnic Minorities with Schizophrenia

Daisy Lopez, B.A., M.S., University of Miami

Advances in Family Intervention for First Episode Psychosis Grounded in the Recovery After an Initial Episode of Schizophrenia Early Treatment Program (RAISE-ETP) Trial

Shirley Glynn, Ph.D., UCLA

The Mitigating Effect of Family Cohesion on the Relationship Between Self-conscious Emotions and Suicidal Ideation in Ethnic Minorities with Schizophrenia

Daisy Lopez, B.A., M.S., University of Miami

5:15 PM – 6:45 PM

Earn 1.5 continuing education credits

Symposium 42

Outside the Traditional Clinic: Incorporating Data Science into the Delivery of Evidence-based Treatment Before, During, and After Service Utilization

CHAIRS: *Xin Zhao, M.S., Florida International University*
Adela Timmons, Ph.D., Florida International University

DISCUSSANT: *Jonathan Comer, Ph.D., Florida International University*

Moderate to Advanced level of familiarity with the material

Primary Category: Technology

Key Words: *Technology / Mobile Health*

Predictive Modeling of Psychiatric Illness Using Electronic Medical Records and a Novel Machine Learning Approach with Artificial Intelligence

Matthew Nemesure, B.S., Dartmouth College

Michael Heinz, M.D., Dartmouth Hitchcock

Raphael Huang, Dartmouth College

Nicholas Jacobson, Ph.D., Geisel School of Medicine, Dartmouth College

Understand and Improve Seeking and Consumption of Mental Health Information Online: A Simple Probe of ADHD and Its Treatment on Google Using Time Series Analyses

Xin Zhao, M.S., Florida International University

Xin Zhao, M.S., Florida International University

Stefany Coxe, Ph.D., Florida International University

Adela Timmons, Ph.D., Florida International University

Stacy L. Frazier, Ph.D., Florida International University

Examination of Trends of Behavioral Improvement over the Course of a One-year Afterschool Behavioral Intervention Using Time Series

Morgan Jusko, M.A., Florida International University

Morgan Jusko, M.A., Florida International University

Joseph Raiker, Ph.D., Florida International University

Adela Timmons, Ph.D., Florida International University

Anne Morrow, Ph.D., Nova Southeastern University

Cynthia Lozano, B.A., Florida International University

Mileini Campey, M.S., Florida International University

Kelcey Little, M.S., Marcus Autism Center

The Technological Interventions for Ecological Systems (TIES) App for Remote Sensing of Mental Health

Adela Timmons, Ph.D., Florida International University

Matthew Ahle, B.S., Florida International University

Jacqueline Duong, B.A., San Diego State University

Jonathan Comer, Ph.D., Florida International University

Earn 1.5 continuing education credits

Symposium 43

From Symptoms to Functioning in Children and Adolescents Across Care Settings

CHAIR: *Andrew Freeman, Ph.D.*, University of Nevada, Las Vegas

DISCUSSANT: *Eric A. Youngstrom, Ph.D.*, University of North Carolina at Chapel Hill

Basic to Moderate level of familiarity with the material

Primary Category: Assessment

Key Words: *Assessment, Bipolar Disorders, Child*

Quality of Life in a Nationally Representative Sample of Children

Jessica Janos, M.A., University of North Carolina at Chapel Hill

Eric A. Youngstrom, Ph.D., University of North Carolina at Chapel Hill

Cecil Reynolds, Ph.D., Texas A&M University

Robert Findling, M.D., MBA, Virginia Commonwealth University school of Medicine

Functional Impairment Among Youth in Crisis: Caregiver Needs or Youth's Symptoms?

Yen-Ling Chen, M.A., University of Nevada, Las Vegas

Matthew Schurr, M.A., University of Nevada, Las Vegas

Megan Freeman, Ph.D., Nevada Department of Health and Human Services, Division of Child and Family Services

Andrew Freeman, Ph.D., University of Nevada, Las Vegas

Self-reported Quality of Life in Youth with Bipolar Disorder

Kayla Fobian, B.A., University of Nevada, Las Vegas

Jessica Janos, M.A., University of North Carolina at Chapel Hill

Jennifer K. Youngstrom, Ph.D., University of North Carolina at Chapel Hill

Robert Findling, M.D., MBA, Virginia Commonwealth University school of Medicine

Eric A. Youngstrom, Ph.D., University of North Carolina at Chapel Hill

Andrew Freeman, Ph.D., University of Nevada, Las Vegas

Impact of Irritability and Anhedonia on Depression Severity and Functional Impairment

Samantha Sherwood, M.A., University of Nevada, Las Vegas

Jennifer K. Youngstrom, Ph.D., University of North Carolina at Chapel Hill

Robert Findling, M.D., MBA, Virginia Commonwealth University school of Medicine

Eric A. Youngstrom, Ph.D., University of North Carolina at Chapel Hill

Andrew Freeman, Ph.D., University of Nevada, Las Vegas

Earn 1.5 continuing education credits

Symposium 44

Websites, Apps, and Chatbots: Evaluating the Potential of Technology-based Interventions to Expand Access to Evidence-based Treatments and Improve Clinical Outcomes

- CHAIRS: *Robert J. DeRubeis, Ph.D.*, Department of Psychology, University of Pennsylvania
Akash Wasil, M.A., University of Pennsylvania
- DISCUSSANT: *Robert J. DeRubeis, Ph.D.*, Department of Psychology, University of Pennsylvania

All level of familiarity with the material

Primary Category: Technology

Key Words: *Technology / Mobile Health, Treatment, Public Health*

THURSDAY

Three Apps Have 90% of Users: An Examination of the Reach of Commercially Available Smartphone Apps for Depression and Anxiety

- Sarah Gillespie, B.A.*, University of Minnesota
Akash Wasil, M.A., University of Pennsylvania
Rebecca Shingleton, Ph.D., Harvard University
Chelsey Wilks, Ph.D., Harvard University
John Weisz, Ph.D., Harvard University

Smartphone Apps for Depression and Anxiety: A Systematic Review of Evidence-based Content and an Application of User-adjusted Analyses

- Akash Wasil, M.A.*, University of Pennsylvania
Sarah Gillespie, B.A., University of Minnesota
Raveena Patel, B.A., University of Pennsylvania
Annemarie Petre, B.A., University of Pennsylvania
Katherine E. Venturo-Conerly, B.A., Harvard University
Rebecca Shingleton, Ph.D., Harvard University
John Weisz, Ph.D., Harvard University
Robert J. DeRubeis, Ph.D., Department of Psychology, University of Pennsylvania

Testing an Adjunctive Mobile Application Designed to Increase Treatment Engagement in DBT

Natalia Macrynika, M.A., City University of New York, The Graduate Center & Hunter College

Paul Greene, Ph.D., Manhattan Center for Cognitive-Behavioral Therapy

Regina Miranda, Ph.D., Hunter College, City University of New York

Impact of Coaching on Outcomes, Engagement, and Processes of Change in an Online ACT Intervention

Jennifer Krafft, M.S., Utah State University

Carter H. Davis, B.A., Utah State University

Michael Twohig, Ph.D., Utah State University

Michael E. Levin, Ph.D., Utah State University

Optimizing Digital Treatment for Emotional Disorders: A Just-in-time Adaptive Intervention Approach

Andrea N. Niles, Ph.D., Youper

Jose Hamilton Vargas, M.D., Youper

Diego Dotta Couto, M.A., Youper AI

Thiago Marafon, M.S., Youper AI

James Gross, Ph.D., Stanford University

Earn 1.5 continuing education credits

Symposium 45

Mathematics for Mechanisms: Using Computational Modeling-informed Approaches to Understand the Processes That Promote Eating Disorders

CHAIRS: *Ann F. Haynos, Ph.D.*, University of Minnesota
Shirley B. Wang, Ph.D., Queen Mary University of London

DISCUSSANT: *Pamela K. Keel, Ph.D.*, Florida State University

Basic to Moderate level of familiarity with the material

Primary Category: Eating Disorders

Key Words: *Eating, fMRI, Anorexia*

Parsing Decision-making Systems in Anorexia Nervosa Using a Computationally-informed Translational Neuroeconomic Paradigm

Ann F. Haynos, Ph.D., University of Minnesota

Samantha Abram, Ph.D., Sierra Pacific Mental Illness Research Education and Clinical Centers, San Francisco VA Medical Center, and the University of California, San Francisco

David Redish, Ph.D., University of Minnesota

Angus MacDonald, Ph.D., University of Minnesota

Scott Crow, M.D., University of Minnesota

Computational Modeling of Decision-making Biases Associated with Restrictive Eating

Shirley B. Wang, Ph.D., Queen Mary University of London

Madhusmita Misra, M.D., Massachusetts General Hospital

Kamryn Eddy, Ph.D., Massachusetts General Hospital

Alexander Millner, Ph.D., Harvard University

Matt Nock, Ph.D., Harvard University

Meghan Lauze, B.A., Massachusetts General Hospital

Meghan Slattery, NP, Massachusetts General Hospital

Franziska Plessow, Ph.D., Massachusetts General Hospital

Jennifer Thomas, Ph.D., Massachusetts General Hospital

Computational Neuroscience Approaches to Understanding Maladaptive Behavior in Anorexia Nervosa

Joanna E. Steinglass, M.D., Columbia University Irving Medical Center/New York State Psychiatric Institute

Karin Foerde, Ph.D., Columbia University Medical Center

Bkaur Uniacke, M.D., Columbia University Irving Medical Center

Nathaniel Daw, Ph.D., Princeton University

Timothy Walsh, M.D., Columbia University Irving Medical Center/New York State Psychiatric Institute

Daphna Shohamy, Ph.D., Columbia University

Social Perceptions and Valence in Anorexia Nervosa

Carrie J. McAdams, M.D., Ph.D., UT Southwestern Medical Center

Carlisdania Mendoza, M.D., UT Southwestern Medical School

Sarah Pelfrey, M.A., UT Southwestern Medical School

Jayne Palka, B.S., UT Southwestern Medical School

When the Need to Stop Is a Surprise: Computational Neuroimaging of Control-related Prediction Errors in Bulimia Nervosa

Laura Berner, Ph.D., Icahn School of Medicine at Mount Sinai

Katia M. Harlé, Ph.D., University of California, San Diego

Alan Simmons, Ph.D., University of California, San Diego and VA San Diego Healthcare System

Angela Yu, Ph.D., University of California, San Diego

Martin Paulus, M.D., Laureate Institute for Brain Research

Christina E. Wierenga, Ph.D., University of California, San Diego

Amanda Bischoff-Grethe, Ph.D., University of California, San Diego

Ursula Bailer, M.D., Medical University of Vienna

Walter H. Kaye, M.D., University of California, San Diego

Earn 1.5 continuing education credits

Symposium 46

**Social Relationships and Addictive Behaviors: A
Transdiagnostic Perspective**

CHAIRS: *Katherine McDermott, M.S., Florida State University*
Brittany M. Mathes, M.S., Florida State University
DISCUSSANT: *Julia D. Buckner, Ph.D., Louisiana State University*

Basic level of familiarity with the material

Primary Category: Addictive Behaviors

Key Words: *Addictive Behaviors, Social Relationships, Transdiagnostic*

**Social Media and Disordered Eating Behaviors Among Middle-aged Women: Not
Just a Millennial Concern**

Katherine A. Thompson, M.A., University of North Carolina at Chapel Hill
Emily Walsh, B.A., University of North Carolina at Chapel Hill
Alexandra Miller, M.A., University of North Carolina at chapel hill
Anna Bardone-Cone, Ph.D., The University of North Carolina at Chapel Hill

**Comfort and Human-like Characteristics Determine Object Choice and
Attachment**

Cathy Kwok, M.S., Macquarie University
Jonathan David, MRes, Macquarie University
Cassandra Crone, BPsych, Macquarie University
Vani Kakar, MPhil, Macquarie University
Jessica Grisham, Ph.D., UNSW Sydney
Melissa Norberg, Ph.D., Macquarie University

**Social Anxiety, Coping Motives, and Cannabis Use Problems: The Role of
Attachment**

Katherine McDermott, M.S., Florida State University
Jesse R. Cogle, Ph.D., Florida State University

Effects of a Brief Intervention for Interpersonal Needs on Alcohol Use

Brittany M. Mathes, M.S., Florida State University
Carter Bedford, B.S., Florida State University
Danielle M. Morabito, B.A., Florida State University
Norman B. Schmidt, Ph.D., Department of Psychology, Florida State University

Earn 1 continuing education credits

Symposium 47

The Unique Roles of Self-injury Imagery and Image Exposure in Assessing and Treating Self-injurious Thoughts and Behaviors

CHAIR: *Hannah R. R. Lawrence, M.A.*, Alpert Medical School of Brown University

DISCUSSANT: *Christine B. Cha, Ph.D.*, Teachers College, Columbia University

Basic to Moderate level of familiarity with the material

Primary Category: Suicide and Self-Injury

Key Words: *Suicide, Self-Injury, Risk / Vulnerability Factors*

Suicidal Imagery: Associations with Characteristics of Suicidal Cognitions and Risk for Suicidal Behavior

Hannah R. R. Lawrence, M.A., Alpert Medical School of Brown University

Jacqueline Nesi, Ph.D., Brown University

Rebecca Schwartz-Mette, Ph.D., University of Maine

Online Self-injury Activities Among Psychiatrically Hospitalized Adolescents: Prevalence, Functions, and Perceived Consequences

Jacqueline Nesi, Ph.D., Brown University

Taylor A. Burke, PhD, Alpert Medical School of Brown University

Hannah R. R. Lawrence, M.A., Alpert Medical School of Brown University

Heather MacPherson, Ph.D., Alpert Medical School of Brown University

Anthony Spirito, Ph.D., Alpert Medical School of Brown University

Jennifer C. Wolff, Ph.D., Alpert Medical School of Brown University

Nonsuicidal Self-injury Scar Concealment from the Self and Others: Prevalence, Correlates, and Implications

Taylor A. Burke, Ph.D., Alpert Medical School of Brown University

Brooke Ammerman, Ph.D., University of Notre Dame

Jessica Hamilton, Ph.D., Western Psychiatric Institute and Clinic University of Pittsburgh Medical Center

Jonathan Stange, Ph.D., University of Illinois at Chicago

Marilyn L. Piccirillo, Ph.D., University of Washington

Earn 1.5 continuing education credits

Symposium 48

Assessing and Addressing Barriers to Treatment Among Survivors of Sexual Assault

CHAIRS: *Amie R. Newins, Ph.D.*, University of Central Florida
Laura Wilson, Ph.D., University of Mary Washington

DISCUSSANT: *Terri Messman-Moore, Ph.D.*, Miami University

All level of familiarity with the material

Primary Category: Trauma and Stressor Related Disorders and Disasters

Key Words: *Violence / Sexual Assault, CBT, Treatment*

Intensive Outpatient Treatment for PTSD Among Survivors of Sexual Assault

Amie R. Newins, Ph.D., University of Central Florida
Deborah C. Beidel, ABPP, Ph.D., University of Central Florida
Clint Bowers, Ph.D., University of Central Florida
Sandra Neer, Ph.D., University of Central Florida
David Rozek, Ph.D., University of Central Florida

Factors That Influence How Female College Students React to Sexual Assault Survivors

Laura Wilson, Ph.D., University of Mary Washington
Laura Wilson, Ph.D., University of Mary Washington
Madeleine Murphy-Neilson, B.S., University of Mary Washington
Jordan Pamlaney, B.S., University of Mary Washington
Rebecca Reed, B.S., University of Mary Washington
Hannah Truex, B.S., University of Mary Washington
Kristen Kumaniec, B.S., University of Mary Washington

Peer Responses to Sexual Assault Disclosures in a College Sample: Understanding Peers as Facilitators of Further Help-seeking

CJ Fleming, Ph.D., Elon University

PTSD Treatment for Sexual Assaults with and Without Substance-involvement

Anna E. Jaffe, Ph.D., University of Washington
Anna E. Jaffe, Ph.D., University of Washington
Debra Kaysen, Ph.D., ABPP, Stanford University
Brian N. Smith, Ph.D., National Center for PTSD, Women's Health Sciences Division
Tara E. Galovski, Ph.D., Women's Health Sciences Division, VA National Center for PTSD
Patricia A. Resick, Ph.D., Ph.D., Duke University Medical Center

Earn 1 continuing education credits

Symposium 49

Personalizing Parent Management Training: Innovative Approaches for Improving Treatment Outcomes

CHAIR: *Raelyn Loiselle, M.A., University of North Carolina at Chapel Hill*

DISCUSSANT: *Mary Rooney, Ph.D., NIMH*

Moderate level of familiarity with the material

Primary Category: Child / Adolescent - Externalizing

Key Words: *Aggression / Disruptive Behavior / Conduct Problems, Parent Training, Treatment Development*

Optimizing Behavioral Parent Training for Low-income Families: personalization, Progress and Next Steps

Deborah J. Jones, Ph.D., University of North Carolina at Chapel Hill

Alexis Georgeson, M.A., University of North Carolina at Chapel Hill

April Highlander, M.A., University of North Carolina at Chapel Hill

Kaeley Jenkins, B.S., University of North Carolina at Chapel Hill

Raelyn Loiselle, M.A., University of North Carolina at Chapel Hill

Madison McCall, B.S., University of North Carolina at Chapel Hill

Patrick Turner, B.A., University of North Carolina at Chapel Hill

Jennifer K. Youngstrom, Ph.D., University of North Carolina at Chapel Hill

Rex Forehand, Ph.D., University of Vermont

Nicole Bresland, Ph.D., University of Vermont

Karen Guan, Ph.D., University of California, Los Angeles

Bruce F. Chorpita, Ph.D., University of California, Los Angeles

The Persin Approach: Developing a Personalized Version of PCIT for Culturally Diverse Families

May Yeh, Ph.D., San Diego State University, Child & Adolescent Services Research Center, University of California, San Diego

May Yeh, Ph.D., San Diego State University, Child & Adolescent Services Research Center, University of California, San Diego

Kristen McCabe, Ph.D., University of San Diego; Child & Adolescent Services Research Center

Argero Zerr, Ph.D., California state University Channel Islands; University of San Diego; Child & Adolescent Services Research Center

Devynne Diaz, B.A., San Diego State University

Parent Management Training and Emotion Coaching for Children with Callous-unemotional Traits: Initial Outcomes and Treatment Feasibility

Lynn Fainsilber Katz, Ph.D., University of Washington

Robert J. McMahon, Ph.D., Simon Fraser University, British Columbia; BC Children's Hospital, Vancouver

Suzanne Kerns, Ph.D., Center for Effective Interventions

Michael D. Pullmann, Ph.D., University of Washington

Kyrill Gurtovenko, Ph.D., Seattle Children's Hospital

Dave Pasalich, Ph.D., Australia National University

Shannon Dorsey, Ph.D., University of Washington

7:00 p.m. – 8:30 p.m.

Earn 1.5 continuing education credits

Panel Discussion 14

Interdisciplinary Training in an Academic Medical Center: The Role of the Psychologist

MODERATOR: *Lindsay Brauer, Ph.D., University of Chicago*

PANELISTS: *Yasmin Asvat, Ph.D., University of Chicago Medicine*
Sheehan Fisher, Ph.D., Northwestern University Feinberg School of Medicine
Fabiana N. Araujo, Ph.D., University of Chicago

Primary Category: Workforce Development / Training / Supervision

Key Words: *Education and Training*

Clinical psychologists are increasingly integrated in interdisciplinary teams in academic medical centers, supporting services and training within psychiatry departments and various specialty medical clinics. This panel aims to highlight effective strategies for interdisciplinary collaboration and training in evidence-based psychological interventions that ultimately enhance patient care. The presenters will discuss 1) the various pathways to integration of psychological services within specialty medical clinics, 2) models of training for psychology trainees in interdisciplinary settings, 3) strategies to support cross-disciplinary training, including respect for differing learning styles, training expectations, and cultures, and 4) reflections on overcoming training obstacles relevant to the specific area of clinical expertise. Dr. Brauer will discuss strategies to support reciprocal integration of clinical psychology trainees (externs, predoctoral interns, postdoctoral fellows) and psychiatry residents into specialty Obsessive-Compulsive and Related Disorders and Severe Mental Illness clinics within a psychiatry department. She will also present program evaluation data supporting general outpatient cognitive-behavioral therapy training curriculum for psychiatry residents. Dr. Asvat will discuss the successes and challenges of integrating psych-oncology sub-specialty services into a psychiatry consultation-liaison service that supports training for clinical psychology externs, predoctoral interns, psychiatry residents, fellows, and medical students. Dr. Fisher will discuss training strategies for psychiatry res-

idents and fellows in a women's mental health clinic, focusing on the use of acceptance and commitment therapy. Finally, Dr. Araujo will describe an approach to integrating psychology predoctoral interns and externs into primary care, strategies to support psychological training of primary care residents, and program evaluation data on medical student training performed by clinical psychologists.

7:00 p.m. – 8:30 p.m.

Earn 1.5 continuing education credits

Panel Discussion 15

This Panel Is for You (Yes, You!): Creating an Inclusive Culture of Allyship to Fix the “leaky Pipeline”

MODERATORS: *Lauren S. Hallion, Ph.D.*, University of Pittsburgh
Broderick Sawyer, Ph.D., Behavioral Wellness Clinic

PANELISTS: *Jessica R. Graham-LoPresti, Ph.D.*, Suffolk University
Lizabeth Roemer, Ph.D., University of Massachusetts
Boston
R. Sonia Singh, Ph.D., VA South Central MIRECC
Matthew D. Skinta, ABPP, Ph.D., Roosevelt University

Primary Category: Professional/ Interprofessional Issues

Key Words: *Culture, Stakeholder Relevant, Oppression*

Despite our best intentions, “the academy” still struggles to support and retain women, people of color, sexual and gender minorities, people with disabilities, and everyone else working within institutions that were not designed with their needs in mind. In many cases, a lack of consideration for these needs stem from an honest lack of lived experience as a member of a traditionally marginalized group. Further, the inability for marginalized groups to honestly express their experiences adds additional complications to this phenomenon. One reason for a lack of authentic communication from marginalized groups to privileged others about their authentic needs in academia, is widespread cultural anxiety around these issues (“what if I offend someone?”) that leads to defensiveness/avoidance, which prevents learning and change. Creating a culture that supports diversity and inclusion requires us to face our fears and approach these issues with curiosity, nondefensiveness, compassion for ourselves and others, and an ability to listen, with a willingness to be changed by what we hear. Panelists bring a wide range of scientific and clinical expertise, as well as personal perspectives and lived experience. In modeling these conversations and sharing knowledge, this panel will help to demystify, destigmatize, and decatastrophize constructive dialogue around issues of diversity and inclusion.

Earn 1.5 continuing education credits

Panel Discussion 17

Provision of Culturally Robust Interventions in 2020 and Beyond: Truths, Myths, and Opportunities for Growth

MODERATORS: *Giovanni Ramos, M.A.*, University of California Los Angeles
Tommy Chou, B.A., M.A., M.S., Florida International University

PANELISTS: *Denise A. Chavira, Ph.D.*, UCLA
Stanley J. Huey, Jr., Ph.D., University of Southern California
Wei-Chin Hwang, Ph.D., Claremont McKenna College and Private Practice
Anna Lau, Ph.D., University of California, Los Angeles
Armando A. Pina, Ph.D., Arizona State University

Primary Category: Culture / Ethnicity / Race

Key Words: *Culture, Evidence-Based Practice, Treatment*

Despite the rising cultural diversity of the United States population (United States Census Bureau, 2018), diversity within the country's mental health workforce has remained relatively unchanged (American Psychological Association, 2018). Considering concerns in the field regarding provider-client cultural mismatch and potential lack of data supporting the efficacy of evidence-based treatments (EBTs) for diverse groups (Cabassa & Baumann, 2013), investigators have increasingly called for attention to cultural factors in the provision of mental health care (Rathod et al., 2018). In response to these concerns, two main approaches have emerged: 1) culturally adapting EBTs for specific minority groups (Castro, Barrera, & Holleran Steiker, 2010), and 2) providing EBTs with cultural competency/humility (Huey, Tilley, Jones, & Smith, 2014). Each approach represents a different theoretical position with distinctive implications for research and clinical implementation.

Aligned with this year's theme of *enhancing the impact of behavioral and cognitive therapies*, this panel seeks to 1) review current literature, and dispel common myths related to cultural competency/humility; 2) examine multiple theoretical and data-driven approaches to the provision of culturally robust care, evaluating their strengths and weaknesses as well as potential applicability to science and practice; and 3) discuss training strategies to develop a mental health workforce capable of responding to the needs of a multicultural society. Discussants bring extensive expertise in the training of culturally competent doctoral-level clinicians (Chavira, Lau); empirical examination of cultural competency/humility models through systematic reviews and metanalytic work (Huey, Piña); development of theoretically-informed frameworks for cultural adaptation of EBTs (Hwang); and the use of data-driven, selective and directive approaches for the provision of culturally robust EBTs (Lau, Piña). Panelists will provide actionable strategies to promote cultural

competency/humility while attending to multiple sources of diversity beyond only race or ethnicity (e.g., religion, sexual preference, gender).

7:00 PM – 8:30 PM

Earn 1.5 continuing education credits

Symposium 31

If You Build It, They Still May Not Come: Utilizing Telehealth Technology to Increase Access and Sustain Evidence-based Mental Health Treatments

CHAIR: *Regan Stewart, Ph.D.*, Medical University of South Carolina

DISCUSSANT: *Carolyn Turvey, Ph.D.*, US Department of Veterans Affairs

Basic level of familiarity with the material

Primary Category: Technology

Key Words: *Technology / Mobile Health, Evidence-Based Practice*

Addressing Barriers to Care Among Underserved Youth: Telehealth Delivery of Trauma-focused Cognitive Behavioral Therapy

Regan Stewart, Ph.D., Medical University of South Carolina

Rosaura Orengo-Aguayo, Ph.D., Medical University of South Carolina

Megan Wallace, LISW/CP, Medical University of South Carolina

Michael K. de Arellano, Ph.D., Medical University of South Carolina

Beyond Brick and Mortar: Leveraging Videoconferencing Technology to Remotely Treat Early-onset Anxiety Disorders

Jonathan Comer, Ph.D., Florida International University

Jonathan Comer, Ph.D., Florida International University

Jami M. Furr, Ph.D., Florida International University

Karina Silva, B.A., Florida International University

Anthony Puliafico, Ph.D., Columbia University Medical Center

Using the Consolidated Framework for Implementation Science Research (CFIR) Framework to Explore Sustainability Factors Across Kansas Child Telebehavioral Settings

Eve-Lynn Nelson, Ph.D., University of Kansas Medical Center

Alice Zang, Ph.D., University of Kansas Medical Center

Ilana Engle, M.A., University of Kansas Medical Center

Annaleis Giovanetti, M.A., University of Kansas

Stephanie Punt, M.A., University of Kansas

Trauma Center-based, Technology-enhanced Stepped Care Program for
Traumatic Injury Survivors

Tatiana Davidson, Ph.D., Medical University of South Carolina
Margaret T. Anton, Ph.D., Medical University of South Carolina
Leigh E. Ridings, Ph.D., Medical University of South Carolina
Olivia Bravoco, B.S., Medical University of South Carolina
Bruce Crookes, M.D., Medical University of South Carolina
Kenneth Ruggiero, Ph.D., Medical University of South Carolina

7:00 PM – 8:30 PM

Earn 1.5 continuing education credits

Symposium 50

**Therapeutic Alliance in Treatments for Individuals with
Autism Spectrum Disorder**

CHAIR: Erin Kang, Ph.D., Montclair State University

DISCUSSANT: Matthew D. Lerner, Ph.D., Stony Brook University

Moderate level of familiarity with the material

Primary Category: Autism Spectrum and Developmental Disorders

Key Words: *Autism Spectrum Disorders, Therapeutic Alliance*

Associations Between Therapeutic Alliance and Peer-related Outcomes in Group-based Social Skills Interventions for Youth with Autism Spectrum Disorder

Erin Kang, Ph.D., Montclair State University
Ayla N. Gioia, B.S., Stony Brook University
Matthew D. Lerner, Ph.D., Stony Brook University

Therapeutic Alliance Formation in Autism: The Importance of Strong Relationship-building Early in Treatment

Alexis M. Brewe, B.A., The University of Alabama
Carla Mazefsky, Ph.D., University of Pittsburgh School of Medicine
Susan White, ABPP, Ph.D., The University of Alabama

THURSDAY

Alliance as a Predictor of Treatment Outcome in the Treatment of Anxiety and Autism Spectrum Disorder (TAASD) Trial

Connor M. Kerns, Ph.D., The University of British Columbia

Sophie Smit, M.A., University of British Columbia

Brent Small, Ph.D., University of South Florida

Sophie A. Palitz Buinewicz, M.A., Temple University

Lesley Norris, M.A., Temple University

Adam Lewin, Ph.D., University of South Florida

Philip C. Kendall, ABPP, Ph.D., Temple University

Eric A. Storch, Ph.D., Baylor College of Medicine

Jeffrey J. Wood, Ph.D., UCLA

7:00 PM – 8:30 PM

Earn 1.5 continuing education credits

Symposium 51

Five Year Outcomes and Implementation Advances in the Raise-early Treatment Program First Episode Psychosis Trial

CHAIR: *Shirley Glynn, Ph.D., UCLA*

DISCUSSANT: *Kim Mueser, Ph.D., Boston University*

Basic to Moderate level of familiarity with the material

Primary Category: Schizophrenia / Psychotic Disorders

Key Words: *Psychosis / Psychotic Disorders, Early Intervention, Dissemination*

Outcomes During and After Early Intervention Services for First-episode Psychosis: results over Five Years from the RAISE-ETP Trial

Delbert Robinson, M.D., Donald and Barbara Zucker School of Medicine at Hofstra/Northwell

Individual Resiliency Training for E-NAVIGATE: Prioritizing for the Next Decade of Treatment

Piper Meyer-Kalos, Ph.D., University of Minnesota

Using What We Have Learned: Improvements for Family Education and Leadership and Team Guidance in NAVIGATE

Susan Gingerich, MSW, Independent Consultant

Strategies to Improve Supported Employment and Education Outcomes in Coordinated Specialty Care for First Episode Psychosis

Shirley Glynn, Ph.D., UCLA

Earn 1.5 continuing education credits

Symposium 52

Strengthening CBT by Shifting Our Focus from Treatments to Therapists

CHAIR: *Jacqueline B. Persons, Ph.D.*, Oakland CBT Center

DISCUSSANT: *Tony Rousmaniere, Psy.D.*, University of Washington School of Medicine

All level of familiarity with the material

Primary Category: Treatment - Other

Key Words: *Psychotherapy Outcome, Treatment Development, Training / Training Directors*

Enhancing Mental Health Care by Matching Patients to Providers' Empirically Derived Strengths

James F. Boswell, Ph.D., University at Albany, State University of New York

Michael Constantino, Ph.D., University of Massachusetts Amherst

David Kraus, Ph.D., Outcome Referrals Inc

Alice Coyne, M.S., University of Massachusetts Amherst

Understanding Therapist Effects: In What Ways and for What Are Therapists Different?

Soo Jeong Youn, Ph.D., Massachusetts General Hospital/Harvard Medical School

Louis Castonguay, Ph.D., The Pennsylvania State University

Rebecca Janis, M.S., Pennsylvania State University

Andrew McAleavey, Ph.D., Weill Cornell Medical College

Jeffrey A. Hayes, Ph.D., The Pennsylvania State University

Benjamin Locke, Ph.D., Pennsylvania State University

A Longitudinal Analysis of the Performance of One Evidence-based Psychotherapist

Sarah Coe-Odess, M.A., University of Virginia

Cannon Thomas, Ph.D., University of California, San Francisco

Jacqueline B. Persons, Ph.D., Oakland CBT Center

CBT Trainees' Case-specific Reflections on Their Problematic Reactions to Patients

Jeffrey A. Hayes, Ph.D., The Pennsylvania State University

Earn 1.5 continuing education credits

Symposium 53

Body Image Concerns and Disordered Eating in Male and Female College Students

CHAIR: *Lauren A. Stutts, Ph.D.*, Davidson College

DISCUSSANT: *Drew A. Anderson, Ph.D.*, University at Albany, State University of New York

Basic to Moderate level of familiarity with the material

Primary Category: Eating Disorders

Key Words: *Body Image, Eating, Gender*

Intersectionality and Measurement Validity of the Eating Disorder Examination Questionnaire in Latinx Undergraduates in the U.S

Kelsey N. Serier, M.S., University of New Mexico

Mindy L. McEntee, Ph.D., Arizona State University

Jamie M. Smith, M.S., University of New Mexico

Jane Ellen Smith, Ph.D., University of New Mexico

Is Exercise in Eating Psychopathology a Clinical Gray Area? Exploring Pathological Exercise in Male College Students Using Latent Profile Analysis

Kathryn A. Coniglio, M.S., Rutgers University

Edward Selby, Ph.D., Rutgers University

Examining Weight and Shape Concerns and Disordered Eating by Gender and Their Relationship to Self-control: A Longitudinal Study

Kerstin K. Blomquist, Ph.D., Furman University

Lauren A. Stutts, Ph.D., Davidson College

Effects of a Brief Dissonance-based Intervention on Body Image in Women and a Pilot Sample of Men

Taryn A. Myers, Ph.D., Virginia Wesleyan University

Earn 1.5 continuing education credits

Symposium 54

On the Importance of Gender and Sexual Minority Identity in the Study of Predictors and Consequences of and Interventions for Alcohol and Cannabis Use and Co-use

CHAIR: *Bradley T. Conner, Ph.D.*, Colorado State University

DISCUSSANT: *Brian Borsari, Ph.D.*, University of California, San Francisco

Basic to Moderate level of familiarity with the material

Primary Category: Addictive Behaviors

Key Words: *Addictive Behaviors, Gender, LGBTQ+*

Exploring Sensation Seeking, Protective Behavioral Strategy Use, and Consequences for Alcohol and Cannabis Among Gender Minority and LGBTQ+ Students

Mark A. Prince, Ph.D., Colorado State University

Shelby Tuthill, B.A., Colorado State University

Bradley T. Conner, Ph.D., Colorado State University

Comparing Use, Descriptive and Injunctive Norms, and Their Relations to Consequences of Alcohol and Cannabis Use and Co-use Between Individuals Identifying as Gender Majority versus Gender Minority

Bradley T. Conner, Ph.D., Colorado State University

Mark A. Prince, Ph.D., Colorado State University

Mental Health Concerns Trump Drinking Risk Concerns Among Parents of Sexual Minority Incoming College Students

Joseph Labrie, Ph.D., Loyola Marymount University

Sarah C. Boyle, M.A., M.S., Loyola Marymount

Sebastian Baez, N.A., Loyola Marymount University

Relations Between Minority Stress, Intimate Partner Violence, Alcohol Use, and Cannabis Use in Sexual and Gender Minority Young Adults

Ryan C. Shorey, Ph.D., University of Wisconsin - Milwaukee

Kalei Glozier, B.A., University of Wisconsin, Milwaukee

Haley Kolb, M.S., University of Wisconsin-Milwaukee

Emily Munoz, B.S., University of Wisconsin, Milwaukee

Gloria Romero Romero, M.S., University of Tennessee, Knoxville

Hannah Grigorian, M.A., University of Tennessee - Knoxville

Gregory Stuart, Ph.D., University of Tennessee - Knoxville

Earn 1.5 continuing education credits

Symposium 55

Relationship Conflict in Minority Couples

CHAIR: *Michelle Leonard, Ph.D.*, University of Michigan Dearborn

DISCUSSANT: *Michael E. Newcomb, Ph.D.*, Northwestern University Feinberg School of Medicine

Advanced level of familiarity with the material

Primary Category: Couples / Close Relationships

Key Words: *Couples / Close Relationships, LGBTQ+, Ethnicity*

Conflict Management Strategies Among Arab American Couples

Michelle Leonard, Ph.D., University of Michigan Dearborn

Identifying Risk Factors for Intimate Partner Violence Among Sexual and Gender Minorities Assigned Female at Birth

Sarah W. Whitton, Ph.D., University of Cincinnati

Greg Swann, M.A., Northwestern

Michael E. Newcomb, Ph.D., Northwestern University Feinberg School of Medicine

Trajectories and Culturally Relevant Factors of Psychological and Physical Aggression Among Mexican American Couples over the Early Years of Marriage

Erika Lawrence, Ph.D., The Family Institute at Northwestern University

Callie Mazurek, M.A., The Family Institute at Northwestern University

Quinn Hendershot, B.A., The Family Institute at Northwestern University

Alexa B. Chandler, M.A., The University of Arizona

Relationship Power and Intimate Partner Violence in Sexual Minority Male Couples

Stephen Bosco, M.A., Hunter College, City University of New York

Gabriel Robles, Ph.D., MSW, Rutgers University

Rob Stephenson, Ph.D., University of Michigan School of Nursing

Tyrel J. Starks, Ph.D., Hunter College, City University of New York

Earn 1.5 continuing education credits

Symposium 56

Improving Child and Adolescent Behavioral Health Service Access and Outcomes: Novel Treatment Scale-outs, Empirical Mechanisms, and Implementation Models

CHAIR: *Samuel O. Peer, Ph.D.*, Idaho State University

DISCUSSANT: *Miya Barnett, Ph.D.*, Department of Clinical, Counseling, & School Psychology; University of California, Santa Barbara

Basic to Moderate level of familiarity with the material

Primary Category: Child / Adolescent - Externalizing

Key Words: *Child, Change Process / Mechanisms, Implementation*

Integrating Teacher-child Interaction Training (TCIT) into a Large-scale Head Start Mental Health Consultation Program

Angela Moreland, Ph.D., Medical University of South Carolina

Grace Sheila. Hubel, Ph.D., College of Charleston

John Cooley, Ph.D., University of Colorado Anschutz Medical Campus

Efficacy and Feasibility of a Primarily Internet-based Intervention for Aggressive Youth: First Randomized Control Trial of Internet-adapted Coping Power for Middle Childhood

Meagan Heilman, M.A., The University of Alabama

Chuong Bui, Ph.D., University of Alabama

John E. Lochman, ABPP, Ph.D., The University of Alabama

Bradley White, Ph.D., The University of Alabama

Mixed-methods Interdisciplinary Perspectives on Community-based Learning Collaboratives: Explanatory Evidence of Sustained Adoption of Evidence-based Child Mental Health Practices

Megan Bird, B.S., Idaho State University

Samuel O. Peer, Ph.D., Idaho State University

Rochelle F. Hanson, Ph.D., Medical University of South Carolina

Cost-benefit Analysis of Mentoring Program for Adolescents at Risk of Juvenile Delinquency

Allison B. Smith, M.A., University of Arkansas

Alex R. Dopp, Ph.D., RAND

Manolya Tanyu, Ph.D., American Institutes for Research

Carla Herrera, Ph.D., Herrera Consulting Group, LLC

G. Roger Jarjoura, Ph.D., American Institutes for Research

Earn 1 continuing education credits

Invited Address 2:

The Thrilling Path from Treatment Development to Implementation: Can transdiagnostic Treatment Approaches and Implementation Science Close Critical Gaps for Adolescents and Adults With mental Health Problems?

Allison Harvey, Ph.D., University of California at Berkeley

Primary Category: Transdiagnostic

Key Words: *Cognitive processes, Dissemination, Sleep*

Mental health problems remain common, chronic and difficult to treat. Progress toward improving outcomes must include the identification of novel intervention targets that are safe, powerful, inexpensive and scalable. This lecture will describe two transdiagnostic intervention targets and discuss the use of the experimental therapeutics approach to develop and disseminate treatments. The first transdiagnostic intervention target to be discussed is sleep and circadian dysfunction. An observation that underpins this approach is that prior research has tended to treat specific sleep problems (e.g., insomnia) in specific diagnostic groups (e.g., depression). Yet real-life sleep and circadian problems are often not so neatly categorized, particularly in mental illness, where features of insomnia often overlap with delayed sleep phase, irregular sleep-wake schedules, and even hypersomnia. In the hope of addressing this complexity, the Transdiagnostic Intervention for Sleep and Circadian Dysfunction (TranS-C) was developed. TranS-C is transdiagnostic in two ways: It addresses a range of sleep and circadian problems across a range of mental and physical health problems. The results from two RCTs that tested TranS-C for high-risk youth and adults diagnosed with a mental illness will be described. The second intervention target to be described is patient memory for the content of treatment. This transdiagnostic target is important as poor memory for treatment is common and is associated with worse treatment outcome. Data will be presented on the development and outcome from an approach to improving memory for treatment: the adjunctive Memory Support Intervention. The final part of the lecture will highlight the importance of implementation science



ALLISON
HARVEY

for the future of our field. At this point in history, relatively few innovative, scientifically derived treatment development efforts ever get implemented and sustained in routine practice settings. There are many reasons for this, yet this gap is truly a disservice to the ever evolving and complex needs of the public.

At the end of this session, the learner will be able to:

- Describe the value of studying transdiagnostic targets.
- Recite data on how transdiagnostic interventions can be derived.
- Describe the challenge ahead as our field works out how to scale and sustain evidence-based psychological treatments in routine care.

Recommended Readings: Harvey, A.G., & Buysse, D. J. (2017). Treating sleep problems: A transdiagnostic approach. Guilford Press. Harvey, A.G., Hein, K., Dolsen, M.R., Dong, L., Rabe-Hesketh, S., Gumpport, N.B., Kanady, J., Wyatt, J.K., Hinshaw, S.P., Silk, J.S., Smith, R.L., Thompson, M.A., Zannone, N., & Blum, D.J. (2018). Modifying the impact of eveningness chronotype (“night-owls”) in youth: A randomized controlled trial. *Journal of the American Academy of Child & Adolescent Psychiatry*, 57, 742-754. Harvey, A. G., Lee, J., Smith, R., Gumpport, N., Hollon, S. D., Rabe-Hesketh, S., Hein, K., Dolsen., M.R., Hamen, K., Kanady, J., Thompson, M. A., & Abrons, D. (2016). Improving outcome for mental disorders by enhancing memory for treatment. *Behavior Research and Therapy*, 81, 35-46.

11:30 a.m. – 1:00 p.m.

Special Session - Internship Training Site Overview

Jeanette Hsu, Ph.D., VA Palo Alto Health Care System
Crystal S. Lim, Ph.D., University of Mississippi Medical Center

The Internship Training Site Overview is designed to help students learn about the internship application and selection process, including what to look for when applying to or selecting an internship, how to prepare for internship interviews, and how to find a good internship “fit.” The program will consist of two parts. The first 90 minutes will feature a panel discussion by behaviorally oriented internship directors from American and Canadian institutions. These presenters will address both the training director and

the student perspectives of the application process, including the criteria used to assess applicants. Questions from the audience will be accepted at the end of the segment. The second section will consist of informal meetings between internship site representatives and prospective internship applicants. If you are a student and are either just beginning to learn about internships and the application process or are in the process of applying for internship now, we encourage you to attend. Internship sites that would like to be represented at this event should contact Dakota McPherson at the ABCT Central Office: dmcpherson@abct.org.

11:45 a.m. – 12:45 p.m.

Earn 1 continuing education credits

Lifetime Achievement Award Address

Managing Anxiety in Youth: More Action Than Talk

Philip C. Kendall, ABPP, Ph.D., Temple University

Primary Category: Child / Adolescent - Anxiety

Key Words: *Anxiety, Treatment, Youth*

Clinical strategies within empirically supported treatments, and a flexible manual-based approach, will be the focus. Some guiding theory and the findings from key studies will be considered, as will the data-based predictors, moderators, and mediators of differential treatment outcomes. Technological advances will be mentioned, including computer-assisted (a) treatment, (b) therapist training, and (c) parent-training, and a compatible phone app. The next needed efforts will be suggested.

At the end of this session, the learner will be able to:

- Describe the nature of anxiety in youth, including cognitive, behavioral, and familial forces.
- List the intervention skills needed for the provision of mental health services for youth suffering from anxiety.
- Identify key features of manual-based treatment of anxiety in youth, as well as technology-related applications.

Recommended Readings: Wood, J., Kendall, P. C., Wood, K., Kerns, C., Seltzer, M., Small, B., Lewin, A., & Storch, E. (2020) Cognitive behavioral treatments for anxiety in youth with Autism Spectrum Disorder: A randomized clinical trial. *Journal of the American Medical Association (JAMA) Psychiatry*, 77, 474-483. Villabø, M., Narayanan, M., Compton, S., Kendall, P. C., & Neumer, S. (2018). Cognitive-behavioral therapy for youth anxiety: An effectiveness evaluation in community practice. *Journal of Consulting and Clinical Psychology*, 86, 751-764. Kendall, P. C., Cummings, C., Villabo, M., Narayanan, M., Treadwell, K., Birmaher, B., Compton, S., Piacentini, J., Sherrill, J., Walkup, J., Gosch, E., Keeton, C., Ginsburg, G., Suveg, C., & Albano, A. M. (2016). Mediators of change in the Child/Adolescent Anxiety Multimodal treatment Study. *Journal of Consulting and Clinical Psychology*, 84, 1-14.

Earn 1.5 continuing education credits

Mini Workshop 2

Culturally-informed Care for Military Service Members and Veterans: Understanding How to Serve Those Who Have Served

Jeffrey Goodie, ABPP, Ph.D., Uniformed Services University of the Health Sciences

Larissa Tate, M.S., Uniformed Services University of the Health Sciences

Maegan M. Paxton Willing, M.P.H., Uniformed Services University of the Health Sciences

Jeffrey H. Cook, Ph.D., Uniformed Services University of the Health Sciences

Basic to Moderate level of familiarity with the material

Primary Category: Military and Veterans Psychology

Key Words: *Military, Veterans, Culture*

Since 9/11/2001, the United States has faced extended military engagements, deploying over four million men and women in support of military operations in the Middle East (Department of Veterans Affairs, 2018). Many of these service members have experienced multiple deployments to these areas. The increased number and duration of these deployments has increased the likelihood of service members being exposed to traumatic events and other military-related stressors. Compared to the civilian population, service members are a higher risk for developing a variety of behavioral health difficulties; yet the rate at which they seek help for these concerns is alarmingly low (Sharp et al., 2015). Thus, when service members and veterans do pursue psychological services, it is imperative for them to have access to quality care. To provide the best care to this population, professionals must be aware of and understand the unique experiences and demands placed on service members and their families. Clinicians caring for those who have served have a responsibility to develop the cultural competence enabling them to provide quality care for service members and veterans. Awareness of the history, traditions, language, and culture of the military helps providers unfamiliar with working with this population develop a better understanding of the unique needs of service members and veterans. Presenters in this workshop will draw from their various backgrounds as current and former active duty psychologists and as civilian providers working within military treatment facilities, VAs, and community-based clinics to educate attendees about the unique needs of military patients. We will compare working with a civilian population to working with military populations, review key considerations necessary when treating service members and vet-

erans, and discuss and provide resources relevant to military-specific, evidence-based cognitive-behavioral interventions.

At the end of this session, the learner will be able to:

- Describe military history, language, and culture pertinent to working with service members and veterans.
- Discuss challenges and key considerations to providing behavioral health services for service members and veterans and compare these to working with a civilian population.
- Present current research base and clinical practice of CBT treatments and intervention adaptations for working with service members and veterans.

Recommended Readings: Hom, M., Stanley, I., Schneider, M. & Joiner, T. (2017). A systematic review of help-seeking and mental health service utilization among military service members. *Clinical Psychology Review*, 53, 59-78. Moore, B. (2019). Understanding and working within military culture. In B. Moore & W. Penk (Eds.), *Treating PTSD in military personnel: A clinical handbook* (9-19). New York, NY: The Guilford Press. Raskin, P. (2020). Serving those who serve: Psychotherapy with military clients. *Journal of Clinical Psychology*, 1-4. doi: 10.1002/jclp.22917

11:45 a.m. – 1:15 p.m.

Earn 1.5 continuing education credits

Mini Workshop 6

Strategies for Engaging in Advocacy as a Psychological Professional: A Skills-based Introduction

FRIDAY

Brian A. Feinstein, Ph.D., Northwestern University
Abigail W. Batchelder, M.P.H., Ph.D., Massachusetts General Hospital/
Harvard Medical School
Anu Asnaani, Ph.D., University of Utah
Lorraine Alire, M.A., University of Massachusetts Boston

Basic level of familiarity with the material

Primary Category: Professional / Interprofessional Issues

Key Words: *Professional Issues, Vulnerable Populations, Community-Based*

Psychologists are trained to conduct research, provide clinical services, and teach, but they are rarely trained to engage in advocacy (i.e., promoting social and political reform to improve society). While advocacy can be a powerful tool for collaborating with systemically oppressed communities to reduce health disparities, incorporating advocacy into one's work as a psychological professional requires knowledge and skills that are rarely addressed

in training programs. As such, the goal of this workshop is to provide researchers, clinicians, educators, and students with practical skills for incorporating advocacy into their work. The workshop will begin with a brief discussion of what advocacy entails and the theoretical frameworks that can be used to inform advocacy efforts. Then, the presenters will provide recommendations for how to incorporate advocacy into different domains (e.g., research, clinical work, teaching), drawing on the available empirical evidence and their own experiences working with underserved populations (e.g., sexual and gender minorities, people of color, people living with HIV). The presenters will also discuss strategies for sustainably engaging in advocacy in the context of other professional expectations, including translating these efforts into traditionally valued academic products (e.g., publications, grants). Interactive exercises (e.g., small group discussions) will be used to promote active learning and collaboration. The workshop will end with a discussion of skills for preventing burnout, a common consequence of engaging in advocacy. In line with the convention theme, the workshop will enhance the impact of cognitive-behavioral research and practice by empowering participants to effectively and sustainably incorporate advocacy into their work as psychologists.

At the end of this session, the learner will be able to:

- Identify strategies for incorporating advocacy into different domains of psychological work.
- Describe ways of translating advocacy efforts into traditionally valued academic products.
- Identify strategies to manage burnout related to engaging in advocacy, especially among psychologists from systematically oppressed groups.

Recommended Readings: Nadal, K. L. (2017). “Let’s get in formation”: On becoming a psychologist-activist in the 21st century. *American Psychologist*, 72, 935-946. Vera, E. M., & Speight, S. L. (2003). Multicultural competence, social justice, and counseling psychology: Expanding our roles. *The Counseling Psychologist*, 31, 253-272. Gorski, P. C. (2015). Relieving burnout and the “martyr syndrome” among social justice education activists: The implications and effects of mindfulness. *The Urban Review*, 47, 696-716.

Earn 1.5 continuing education credits

Panel Discussion 19

Can a Brief Vacation Fix Your Problems? Strengthening the Impact of CBT Through Intensive and Short-term Interventions

MODERATORS: *Michael Friedman, B.A., Rutgers University, The State University of New Jersey*
Melissa Pedroza, B.A., Rutgers University, The State University of New Jersey

PANELISTS: *Jon Abramowitz, Ph.D., University of North Carolina at Chapel Hill*
Cheryl B. McNeil, N/A, Ph.D., West Virginia University
Thomas H. Ollendick, ABPP, Ph.D., Virginia Tech
Jessica L. Schleider, Ph.D., Stony Brook University
Denise M. Sloan, Ph.D., Boston University School of Medicine

Primary Category: Treatment - CBT

Key Words: CBT, *Treatment/ Program Design, Implementation*

Challenges related to dissemination, costs, and treatment retention limit access and utilization of empirically supported treatments, increasing the need for an alternative approach to traditional mental health services. Emerging research underscores the benefits of innovative interventions that abbreviate traditional, weekly treatment as an effective adaptation of cognitive behavioral therapy. Intensive and expedient approaches demonstrate equivalent improvement in symptom severity and impairment when compared to longer, evidence-based CBT protocols and provide a more cost-effective, scalable, and appealing form of treatment. Panelists were chosen to present on their research and clinical expertise on the development and implementation of brief, intensive treatments. Dr. Jonathan Abramowitz will consider the use of a modified, time efficient version of Exposure and Response Prevention for OCD and a brief, intensive Cognitive Behavioral Therapy for Panic Disorder. Dr. Cheryl McNeil will describe the implementation of a 5-day course of Parent Child Interaction Therapy (PCIT), a family-based intervention for ODD and ADHD. Dr. Thomas Ollendick will explore his research condensing traditional weekly treatment into a three-hour long, single-session exposure-based intervention across different phobias. Dr. Jessica Schleider will discuss mechanism targeted and theoretically precise single-session interventions (SSIs) for anxiety, depression, and relation difficulties. Dr. Denise Sloan will present on the development of Written Exposure Therapy, a 5-session empirically supported treatment for Posttraumatic Stress Disorder, and ongoing research implementing an intensive model of this treatment within inpatient settings. These experts will discuss the adaptation, effectiveness, and application of brief interven-

tions and consider the implications for guiding future research and clinical practice. They will also identify the advantages and challenges of these interventions and highlight how clinicians can effectively integrate these practices into their clinical work across psychopathology.

11:45 a.m. – 1:15 p.m.

Earn 1.5 continuing education credits

Panel Discussion 20

Expanding Access to Treatment Through Cognitive Behavioral Peer Support

MODERATORS: *Steven D. Hollon, Ph.D.*, Vanderbilt University
Noah Robinson, M.S., Vanderbilt University

PANELISTS: *Steven D. Hollon, Ph.D.*, Vanderbilt University
Noah Robinson, M.S., Vanderbilt University
Michelle Craske, Ph.D., University of California, Los Angeles
Brandon Bergman, Ph.D., Harvard Medical School
Karen Fortuna, Ph.D., Dartmouth College
Daisy R. Singla, Ph.D., University of Toronto, Sinai Health

Primary Category: Program / Treatment Design

Key Words: CBT, Community-Based, Dissemination

Despite recent advances in evidence-based psychotherapies, nearly two thirds of individuals with mental health disorders do not receive treatment. This panel will explore how peer-based interventions can address barriers to treatment and expand access to interventions. Panelists were chosen based on their experience developing scalable peer-based interventions that target a variety of psychopathologies including depression, anxiety, substance use disorders and serious mental illness. Dr. Steven Hollon will discuss the implementation of a peer-based behavioral activation intervention to treat depression in rural India. Dr. Michelle Craske will discuss the development of STAND, a peer-based tool to treat psychopathology for undergraduates at UCLA through video coaching support for online therapies. Dr. Karen Fortuna will explore the development of peer-based interventions for individuals with serious mental illness that are deployed through live video, smartphone applications and internet forums. Dr. Brandon Bregman will discuss the development and evaluation of community-based interventions for substance use disorders that are delivered through online social networks. Dr. Daisy Singla will describe the development of a telehealth behavioral activation intervention to treat perinatal depression. Lastly, Noah Robinson will explore the development of a virtual reality peer support intervention to treat substance use disorders. Panelists will discuss their perspectives on the current limitations, ethical implications and future directions of using peer-based interventions to expand the reach of psychological interventions.

Earn 1.5 continuing education credits

Clinical Round Table 4:

Why Does Couple Therapy Sometimes Fail? Let Me Count the Ways

MODERATOR: *Danielle M. Weber, M.A.*, University of North Carolina at Chapel Hill

PANELISTS: *Donald Baucom, Ph.D.*, University of North Carolina at Chapel Hill

Anthony L. Chambers, ABPP, Ph.D., Northwestern University

Jay Lebow, ABPP, Ph.D., The Family Institute at Northwestern University

Kristina Coop Gordon, Ph.D., University of Tennessee-Knoxville

Tamara G. Sher, Ph.D., The Family Institute at Northwestern University

All level of familiarity with the material

Primary Category: Couples / Close Relationships

Key Words: *Couples / Close Relationships*

Despite impressive gains in evidence-based couple therapies, many couples are unable to make improvements in their relationships (see Halford et al., 2016). Importantly, there are multiple reasons why couples may fail to improve. At the broader environmental level, couples may face stressors (e.g., systemic societal discrimination, poverty) which may not only impose additional stress on the relationship but also pose obstacles to engaging in couple therapy (e.g., financial strain making it difficult to consistently attend sessions). At the couple level, some issues focused upon by couples are generally harder to treat; that is, couple therapy is generally better at reducing negative conflictual patterns than increasing positives. The couple also may not have an effective therapeutic alliance with the therapist; if the therapeutic relationship does not feel balanced or collaborative, this also can interfere with therapeutic progress. Finally, at the individual level, one partner may be experiencing a significant physical or psychological condition which creates notable stress for the couple and can compromise the couple's ability to focus on improving the relationship itself. In line with this year's convention theme, the purpose of this clinical roundtable is to explore expert clinicians' experiences with these environmental, couple, and individual factors which contribute to "failures" in couple therapy. This esteemed panel has expertise in couple therapy more generally as well as the specific factors presented above. Through discussion of these obstacles to effective couple therapy, this panel can highlight important future directions for these treatments which may address some of these obstacles and, therefore, optimize clinical outcomes.

Earn 1.5 continuing education credits

Symposium 21

Improving Access and Efficacy: Novel Interventions to Target Transdiagnostic Mechanisms of Anxiety Disorders

CHAIR: *Laurel Sarfan, M.A., Miami University*

DISCUSSANT: *Courtney Beard, Ph.D., McLean Hospital/Harvard Medical School*

Basic to Moderate level of familiarity with the material

Primary Category: Adult Anxiety

Key Words: *Anxiety, Change Process / Mechanisms, Technology / Mobile Health*

An Initial Test of Worry Disengagement Training to Reduce Pathological Worry

Katherine McDermott, M.S., Florida State University

Jesse R. Cogle, Ph.D., Florida State University

A Novel Intervention: Testing the Dynamic Relations Between Social Anxiety Symptoms and Experiential Avoidance

Laurel Sarfan, M.A., Miami University

Joshua C. Magee, Ph.D., Miami University

Elise M. Clerkin, Ph.D., Miami University

Supplementing Cognitive Bias Modification with Virtual Reality: Examining the Impact of Imagery on Symptom Change in Heights Fear

Amber L. Billingsley, M.S., West Virginia University

Elise M. Clerkin, Ph.D., Miami University

Shari A. Steinman, Ph.D., West Virginia University

Near and Far Transfer of Online Cognitive Bias Modification for Negative Prospection: Effects on Expectancy Bias and Positive Outlook but Not on Anxiety and Performance During a Speech Stressor

Nauder Namaky, M.A., University of Virginia

Jeremy W. Eberle, M.A., University of Virginia

Bethany A. Teachman, Ph.D., University of Virginia

Cognitive Bias Modification for Intolerance of Uncertainty

Shari A. Steinman, Ph.D., West Virginia University

Joseph Dunsmoor, Ph.D., New York University

Cierra Edwards, M.S., West Virginia University

Emma R. Pino, West Virginia University

Kathleen A. Koval, B.S., West Virginia University

Earn 1.5 continuing education credits

Symposium 57:

From Theory to Practice: Applying Minority Stress and the Psychological Mediation Framework to LGBTQ+ Populations

CHAIR: *Kelly Davis, M.A., University of Montana*

DISCUSSANT: *Kelly Davis, M.A., University of Montana*

All level of familiarity with the material

Primary Category: LGBTQ+

Key Words: *LGBTQ+, Stigma*

Bi-negative Minority Stress and Alcohol Use Disorder Symptoms Among Non-exclusively Oriented Women

Kinsie J. Dunham, B.A., University of Montana

Proximal Stress as Cognitive, Affective, and Behavioral Processes: Correlates and a Test of a Model to Inform Clinical Intervention

James M. Brennan, M.A., University of Montana

Facets of Self-compassion Mediate the Relationship Between Heterosexist Experiences and Psychological Distress

Molly Bowlen, M.A., University of Montana

Measuring Multicultural Competencies with Gender and Sexual Minorities: A Study of Therapy Dyads

Hillary A. Powell, Ph.D., University of New England

Shaina Ore, University of Montana

Bryan Cochran, Ph.D., University of Montana

Earn 1.5 continuing education credits

Symposium 58

Contextual Challenges in Conditions of Ongoing Stress and Adversity: A Mixed-methods Exploration of Culturally Relevant Assessment and Treatment Approaches in Low- and Middle-income Countries

CHAIRS: *Anushka Patel, M.A.*, Trauma Recovery Center, University of California San Francisco; The University of Tulsa
Sriramya Potluri, B.S., University of Massachusetts Boston

DISCUSSANT: *Luana Marques, Ph.D.*, Community Psychiatry Program for Research in Implementation and Dissemination of Evidence-Based Treatments, Department of Psychiatry, Massachusetts General Hospital

All level of familiarity with the material

Primary Category: Global Mental Health

Key Words: *Community-Based, Culture, Vulnerable Populations*

Identifying Key Idioms of Distress That Are Predictive of Psychopathology: “thinking Too Much,” Daily Stressors and Psychopathology in Sri Lankan War Survivors

Nuwan D. Jayawickreme, Ph.D., Manhattan College

Chu Kim-Prieto, Ph.D., The College of New Jersey

Rachel Roby, B.A., The College of New Jersey

Justin Lacasse, D.O., Tufts University, School of Medicine

Eranda Jayawickreme, Ph.D., Wake Forest University

The Paradox of ‘Post’ Trauma Symptoms in Contexts of Ongoing Adversity: Using a Continuous Traumatic Stress Framework to Explore Experiences of Gender-based Violence in Indian Women from Slums

Sriramya Potluri, B.S., University of Massachusetts Boston

Anushka Patel, M.A., Trauma Recovery Center, University of California San Francisco; The University of Tulsa

War-related Violence and Daily Stressors in Sri Lankan War Survivors: An Ecological Model of Mental Health and Coping

Fiona Thomas, M.S., London Clinical Psychology Residency Consortium; Ryerson University

Malasha D'souza, BSc, University of Toronto

Olivia Magwood, MPH, Bruyère Research Institute

Sivalingam Kirupakaran, B.A., THEME Institute

Kelly McShane, Ph.D., Ryerson University

11:45 AM – 1:15 PM

Earn 1.5 continuing education credits

“Ask NIMH” – Program Officers from NIMH Discuss Current Funding Priorities and Opportunities for Clinical Research & Training

PANELISTS: Mary Rooney, Ph.D., National Institute of Mental Health

Stephen O'Connor, Ph.D., National Institute of Mental Health

Alexander Talkovsky, Ph.D., National Institute of Mental Health

Adam Haim, Ph.D., National Institute of Mental Health

Joel Sherill, Ph.D., National Institute of Mental Health

Basic level of familiarity

Primary Categories: Dissemination & Implementation Science, Translational

Key words: *Research Funding, Translational Research, Implementation*

This engaging session will orient participants to the current funding priorities at the National Institute of Mental Health (NIMH) and will include an extensive Q&A session with program officers from the Division of Services and Interventions Research and the Division of Translational Research. Participants will have the opportunity to ask program officers their most pressing questions and will gain valuable insights into the NIH grant application and funding process, NIMH funding priorities (including the 2020 NIMH Strategic Plan), and NIMH's experimental therapeutics approach to interventions and services research. Program officers representing the areas of translational research, effectiveness research, preventative and treatment interventions research, suicide prevention research, and implementation science will participate in these discussions. This session provides an excellent opportunity for current and prospective NIMH grantees to interact virtually with NIMH program officers, who can serve as valuable resources to investigators throughout the grant application cycle. Early career investigators, mentors, and experienced investigators are encouraged to attend.

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At the end of this session, the learner will be able to:

- Know where and how to identify the most current information about NIMH research priorities.
- Understand the NIMH funding mechanisms that support clinical research and research training.
- Enhance their knowledge of NIMH's current clinical research initiatives, including the experimental therapeutics approach to intervention development and testing and RDoC as a framework for understanding and studying psychopathology.

Recommended Readings: National Institute of Mental Health (NIMH). (2020). The National Institute of Mental Health Strategic Plan. <https://www.nimh.nih.gov/about/strategic-planning-reports/index.shtml>. Insel TR, Gogtay N. National Institute of Mental Health clinical trials: new opportunities, new expectations. *JAMA Psychiatry*. 2014 Jul 1;71(7):745-6. doi: 10.1001/jamapsychiatry.2014.426. Barch DM, Gotlib IH, Bilder RM, Pine DS, Smoller JW, Brown CH, Huggins W, Hamilton C, Haim A, Farber GK. Common Measures for National Institute of Mental Health Funded Research. *Biological Psychiatry* 2016 Jun; 79 (12) , e91 - e96. DOI: <http://dx.doi.org/10.1016/j.biopsych.2015.07.006>. Kozak MJ, Cuthbert BN. The NIMH Research Domain Criteria Initiative: Background, issues, and pragmatics. *Psychophysiology*. 2016 Mar;53(3):286-97. doi:10.1111/psyp.12518

12:00 p.m. – 3:00 p.m.

Earn 3 continuing education credits

Workshop 1:

ticket

How to Apply Cognitive Behavioral Principles to Transgender Care: An Evidence-based Transdiagnostic Framework

Colleen A. Sloan, Ph.D., VA Boston Healthcare System
Danielle S. Berke, Ph.D., Hunter College of The City University of New York, CUNY Graduate Center

Basic to Moderate level of familiarity with the material

Primary Category: LGBTQT+

Key Words: LGBTQ+, Transdiagnostic, Treatment

Transgender and gender-diverse (TGD) individuals are disproportionately burdened by pervasive discrimination, marginalization, and other oppressive social forces (e.g., transphobia). These stressors contribute to well-documented mental health disparities including elevated rates of suicide, anxiety, and depression. While many mental health profes-

sionals and ABCT attendees alike are motivated to use the tools of cognitive-behavioral science to address these disparities, far fewer feel prepared to effectively treat clinical distress in TGD people in a culturally affirming, tailored, and evidence-based manner. This gap maintains disparities for this marginalized group and limits the impact and outcomes of cognitive-behavioral science and practice, particularly as it relates to positive outcomes for TGD people. This workshop is designed to provide basic knowledge of clinical distress in TGD populations along with strategies to conceptualize and intervene in presenting problems, utilizing cognitive-behavioral and minority stress (Meyer, 2003) frameworks. Presenters will demonstrate how to effectively apply cognitive-behavioral treatment strategies to directly address presenting problems and symptoms of TGD clients. The workshop aims to develop and/or enhance application of basic cognitive behavioral strategies (e.g., cognitive restructuring, behavioral activation) and third-wave CBT principles (e.g., mindfulness, compassion, acceptance) to the needs of a marginalized community. The workshop is intended for audiences who have some to little knowledge regarding transgender health. In order to enhance participants' engagement and learning, case vignettes, experiential exercises and role-plays, will be embedded throughout this workshop, and will be offered in an affirming, non-judgmental, and supportive environment. The broader implications and social impact of addressing transgender mental health disparities will be emphasized.

At the end of this session, the learner will be able to:

- Develop case conceptualizations of clinical distress associated with transgender-specific stressors using an integration of cognitive-behavioral and minority stress frameworks.
- Apply and adapt specific cognitive interventions (e.g., cognitive restructuring) to address clinical distress in TGD individuals.
- Apply and adapt specific behavioral interventions (e.g., exposure; behavioral activation) to address clinical distress in TGD individuals.
- Apply third-wave CBT principles to the conceptualization of clinical distress in TGD individuals.
- Apply third-wave CBT intervention strategies to the treatment of clinical distress in TGD individuals.

Recommended Readings: Austin, A., & Craig, S. L. (2015). Transgender affirmative cognitive behavioral therapy: Clinical considerations and applications. *Professional Psychology: Research and Practice*, 46(1), 21. Hendricks, M. L., & Testa, R. J. (2012). A conceptual framework for clinical work with transgender and gender nonconforming clients: An adaptation of the Minority Stress Model. *Professional Psychology: Research and Practice*, 43(5), 460. Sloan, C. A., Berke, D. S., & Shipherd, J. C. (2017). Utilizing a dialectical framework to inform conceptualization and treatment of clinical distress in transgender individuals. *Professional Psychology: Research and Practice*, 48(5), 301. Dickey, Lore M., & Singh, A. A. (2016). Training tomorrow's affirmative psychologists: Serving transgender and gender nonconforming people. *Psychology of Sexual Orientation and Gender Diversity*, 3, 137-139. <https://doi.org/10.1037/sgd0000175> James, S. E., Herman, J. L., Rankin, S., Keisling, M., Mottet, L., & Anafi, M. (2016). *The Report of the 2015 U.S. Transgender Survey*. Washington, DC: National Center for Transgender Equality.

Earn 3 continuing education credits

Workshop 2:

ticket

Acceptance and Commitment Therapy: Working with Parents of Adolescents with Anxiety and OCD

Lisa W. Coyne, Ph.D., McLean/Harvard Medical School
Phoebe S. Moore, Ph.D., University of Massachusetts Medical School

Moderate level of familiarity with the material

Primary Category: Parenting / Families

Key Words: ACT (*Acceptance & Commitment Therapy*), Anxiety, Adolescents

Anxiety disorders are remarkably common in adolescence youth (Kessler RC, Avenevoli S, Costello E, & et al, 2012), with 1 in 5 teens experiencing clinically significant anxiety by age 18. Adolescents with anxiety or OCD engage in avoidance behaviors that may provide short-term relief, but that also create a feedback loop resulting in adolescents' increased fear and decreased self-efficacy. Parent accommodation and lack of autonomy-granting behavior play an important role in the persistence of this feedback loop. However, this can be difficult to change for parents who may struggle with their own avoidance behaviors coupled with skill deficits in implementing consistent, effective behavior support strategies. Acceptance and Commitment Therapy (ACT) is a cognitive-behavioral approach to psychopathology derived from basic research on human language processes and verbal behavior. A robust evidence base suggests that ACT compares favorably with CBT. Findings regarding ACT efficacy with anxious youth and parents are encouraging, and represent a compelling rationale for further study, especially in light of recent findings that 48% of youngsters with anxiety who were successfully treated with cognitive behavioral therapy relapse (Ginsburg, Becker-Haimes, Keeton, Kendall, Iyengar, Sakolsky, Albano, Peris, Compton, & Piacentini, 2018). An ACT approach views anxiety and OCD disorders as conditions in which individuals unwilling to experience anxiety thereby over-rely on attempts to prevent, avoid, or escape this experience. Rigid and inflexible engagement in these avoidance behaviors can knock young people far off their developmental course and pull parents into unhelpful coercive patterns with their teens, or into the role of emotion managers. This workshop will present an evidence-based, manualized approach to using ACT for parents raising children with anxiety and OCD. Using didactic presentation, exercises, role plays, and demonstrations, presenters will engage clinicians in discussion about parenting children and teens with OCD, and, support them in parenting flexible, curious, and brave youngsters.

At the end of this session, the learner will be able to:

- Discuss parenting of adolescents with anxiety and/or OCD and ACT from a behavior analytic perspective.

- Identify ways to develop an alliance with parents that supports their motivation to engage in treatment.
- Use ACT components such as mindfulness, acceptance, and perspective-taking experientially with parents to address psychological inflexibility around parenting practices.
- Use ACT components such as creative hopelessness, valuing, and committed action to increase parental motivation to engage in treatment, identify behavior change targets, and establish goals for treatment.
- Integrate ACT with behavioral parent training approaches to support adaptive, flexible, and developmentally sensitive parenting practices.

Recommended Readings: Whittingham, K. & Coyne, L. W. (2019). *Acceptance and Commitment Therapy: The Clinician's Guide to Supporting Parents*. Elsevier: UK.

Coyne, L. W. & Murrell, A. R. (2009). *The Joy of Parenting: An Acceptance and Commitment Therapy Guide to Parenting in the Early Years*. Oakland, CA: New Harbinger

Evelyn R. Gould, Jonathan Tarbox, Lisa Coyne, Evaluating the effects of Acceptance and Commitment Training on the overt behavior of parents of children with autism, *Journal of Contextual Behavioral Science*, Volume 7, 2018, Pages 81-88, ISSN 2212-1447, <https://doi.org/10.1016/j.jcbs.2017.06.003>.

Acceptance and Commitment Therapy versus Cognitive Behavior Therapy for Children With Anxiety: Outcomes of a Randomized Controlled Trial Karen M. Hancock, Jessica Swain, Cassandra J. Hainsworth, Angela L. Dixon, Siew Koo & Karen Munro Pages 296-311 | Published online: 21 Mar 2016

Jacquelyn N. Raftery-Helmer, Phoebe S. Moore, Lisa Coyne, Kathleen Palm Reed, Changing problematic parent-child interaction in child anxiety disorders: The promise of Acceptance and Commitment Therapy (ACT), *Journal of Contextual Behavioral Science*, Volume 5, Issue 1, 2016, Pages 64-69, ISSN 2212-1447, <https://doi.org/10.1016/j.jcbs.2015.08.002>.

Earn 3 continuing education credits

Workshop 3:

ticket **Alliance-focused Training for CBT: Strategies for Improving Retention and Outcome by Identifying and Repairing Ruptures in the Therapeutic Alliance**

J. Christopher Muran, Ph.D., Gordon F. Derner School, Adelphi University
Catherine F. Eubanks, Ph.D., Yeshiva University - Ferkauf Graduate School
of Psychology

Basic to Moderate level of familiarity with the material

Primary Category: Treatment - Other

Key Words: *Therapeutic Alliance, Psychotherapy Process, Emotion Regulation*

Successful treatment requires a healthy working alliance between therapist and client. There is increasing evidence in the research literature that problems, or ruptures, in the alliance are common challenges faced by many therapists. When therapists are unable to repair a rupture, the likelihood of premature termination or poor outcome is increased; however, rupture-repair is associated with improved outcome. This workshop will equip participants with empirically supported strategies for resolving alliance ruptures by presenting Alliance-Focused Training (AFT). Drawing on our NIMH-funded program of research, which has focused on improving therapists' abilities to identify and repair ruptures with clients with depression, anxiety, and personality disorder diagnoses, we will present examples of confrontation ruptures, where there is movement against the other or the work of therapy, and withdrawal ruptures, where there is movement away from the other or the work of therapy. We will also discuss how therapists can use intrapersonal markers of therapist internal experience to identify ruptures. We will present examples of strategies for repairing ruptures, including both immediate strategies that involve renegotiating the task or goal, and expressive strategies that draw on the use of metacommunication, or communication about the communication process, to collaboratively explore ruptures and understand the relational schemas that underlie them. We will also present findings from our efforts to train therapists to identify and repair ruptures, and discuss how alliance-focused training targets emotion regulation as the essential therapist skill. We will present several strategies that therapists can use to enhance their abilities to regulate their emotions in the context of ruptures.

At the end of this session, the learner will be able to:

- Identify interpersonal markers of alliance ruptures that are commonly observed in CBT.
- Identify intrapersonal markers of alliance ruptures that therapists commonly experience.

- Use mindfulness and awareness-oriented exercises to more effectively regulate their emotions in the context of alliance ruptures.
- Use immediate repair strategies to renegotiate tasks and/or goals in treatment.
- Use metacommunication strategies to collaboratively explore a rupture with a client.

Recommended Readings: Muran, J.C., & Eubanks, C.F. (2020). Performance under pressure: Negotiating emotion, difference, and rupture. *American Psychological Association*. Muran, J.C., Safran, J.D., Eubanks, C.F., & Gorman, B.S. (2018). The effect of alliance-focused training on a cognitive-behavioral therapy for personality disorders. *Journal of Consulting and Clinical Psychology*, 86, 384-397. doi: 10.1037/ccp0000284 Eubanks, C.F., Muran, J.C., & Safran, J.D. (2018). Alliance rupture repair: A meta-analysis. *Psychotherapy*, 55, 508-519. doi: 10.1037/pst0000185 Safran, J.D., & Muran, J.C. (2000). Negotiating the therapeutic alliance: A relational treatment guide. New York: Guilford Press. Eubanks, C.F. (2019). Alliance-focused formulation: A work in process. In U. Kramer (Ed.), *Case formulation for personality disorders: Tailoring psychotherapy to the individual client* (pp. 337-354). Cambridge, MA: Elsevier.

12:00 p.m. – 3:00 p.m.

Earn 3 continuing education credits

Workshop 4:

ticket

CBT for GI Disorders - Clinical Training Plus Print and Digital Dissemination

Melissa G. Hunt, Ph.D., University of Pennsylvania

Moderate level of familiarity with the material

Primary Category: Health Psychology / Behavioral Medicine - Adult

Key Words: CBT, Health Psychology, Treatment Development

Irritable Bowel Syndrome (IBS) is a highly prevalent disorder that is highly co-morbid with anxiety and depression and shares conceptual overlap with panic, agoraphobia and social anxiety. It also leads to considerable disability and distress. Managing these patients requires a good conceptual understanding of the biopsychosocial and cognitive underpinnings of IBS as well as the kinds of avoidance behaviors (both obvious and subtle) that maintain and often exacerbate symptoms and disability. Good CBT skills are essential but incorporating GI specific phenomena (like bowel control anxiety and fear of food) are also important. There is significant empirical evidence supporting the use of CBT in treating IBS, including multiple RCTs. The inflammatory bowel diseases (IBDs), such as Crohn's Disease and ulcerative colitis, have clear biological pathophysiology, but share some of the same symptoms and can lead to heightened risk for IBS in a subset of patients. In addition, many IBD patients experience shame, avoidance and social anxiety about their

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condition. This workshop will cover what is known about the etiology and symptoms of IBS, how IBS patients present in clinical practice, IBS in the context of co-morbid panic, agoraphobia and/or social anxiety, formulating appropriate treatment goals and basic cognitive and behavioral strategies for treating IBS, including IBS that is comorbid or secondary to a more serious IBD. The workshop will include pragmatic skills training, as well as information about development of a new CBT for IBS App, and a forthcoming book on CBT for IBD patients and clinicians. Case material reflecting patients along a spectrum of severity will provide for lively discussion and acquisition of new skills and techniques. Audience participation, clinical questions and role-playing will be welcomed. Application of evidence-based psychotherapies to chronic GI disorders is sometimes referred to as psychogastroenterology. Unfortunately, there are very few providers trained in GI informed psychotherapy. We desperately need more skilled clinicians to treat this large underserved population. ABCT's membership is an obvious target audience, since they bring advanced CBT skills and need only acquire an understanding of GI specifics.

At the end of this session, the learner will be able to:

- Develop a case conceptualization that integrates GI disorders with any co-morbid mood or anxiety disorders.
- Describe what unique cognitive distortions and behavioral avoidance strategies (especially fear of incontinence and dietary restrictions) tend to maintain and exacerbate distress and disability in GI disorders.
- Modify the standard CBT approach to anxiety disorders to treat GI patients effectively.
- Incorporate evidence based, empirically supported print and digital media into a course of CBT for GI disorders.
- Collaborate effectively with gastroenterologists in managing these sometimes complex patients.

Recommended Readings: Hunt, M. (2018). Chronic GI Disorders. In A. Maikovitch Editor (Ed.), Handbook of Psychosocial Interventions for Chronic Pain, pp. (X-X). Informa UK Limited, New York, NY. Keefer, L., Palsson, O. S. & Pandolfino, J.E. (2018). Best practice update: Incorporating psychogastroenterology into management of digestive disorders. *Gastroenterology*, 154 (5), 1249-1257. Kinsinger, S.W. (2017). Cognitive-behavioral therapy for patients with irritable bowel syndrome: current insights. *Psychology Research and Behavior Management*, 10, 231-237. Hunt, M. (2019). Cognitive Behavioral Therapy for Irritable Bowel Syndrome. In W.H. Sobin Editor (Ed.), Management of Chronic GI Disorders Using Central Neuromodulators and Psychologic Therapies, pp. (95-141). Springer Nature Switzerland AG. Cassidy, K. L. (2019). Exposure Therapy for Functional GI Disorders. In W.H. Sobin Editor (Ed.), Management of Chronic GI Disorders Using Central Neuromodulators and Psychologic Therapies, pp. (143-174). Springer Nature Switzerland AG.

1:00 p.m. – 2:00 p.m.

Special Session

Internship Meet and Greet

Crystal S. Lim, Ph.D., University of Mississippi Medical Center

Jeanette Hsu, Ph.D., VA Palo Alto Health Care System

For description please see “Internship Training Site Overview” at 11:30 a.m.

1:30 p.m. – 3:00 p.m.

Earn 1.5 continuing education credits

Mini Workshop 3:

Using Acceptance-based Treatment Approaches to Enhance Therapy for Eating Disorders

Kelsey E. Clark, M.S., Drexel University

Adrienne S. Juarascio, Ph.D., Drexel University

Stephanie M. Manasse, Ph.D., Center for Weight, Eating and Lifestyle Science (WELL Center)

Paakhi Srivastava, Ph.D., Drexel University

Basic level of familiarity with the material

Primary Category: Eating Disorders

Key Words: *Acceptance* , *Experiential Avoidance* , *Eating*

Cognitive-behavioral therapy (CBT) is considered the predominant first-line evidence-based treatment for eating disorders (EDs). A key feature of treatment is the implementation of behavioral strategies, such as regular eating and reduction in dietary restraint. Many clients with EDs struggle to enact these difficult behavioral recommendations due to the negative internal experiences that occur as a result (i.e., uncomfortable thoughts, emotions, urges, and physical sensations). For example, clients may have difficulty eating regularly or eating avoided foods due to resultant fear of weight gain, feelings of fullness, or urges to self-induced vomit. Desire to avoid these negative internal experiences or belief that they are intolerable leads to continuation of ED behaviors.

Strategies to address this avoidance and intolerance of internal experiences are therefore necessary, and acceptance-based treatment approaches derived from Acceptance and Commitment Therapy are well-suited to deliver such skills. By learning how to practice mindful awareness in the moment, separate internal experiences from behaviors, accept unpleasant internal experiences, and then choose actions in accordance with long-term personal values, clients become well-equipped to engage in challenging behavior change. Infusion of acceptance-based strategies with the behavioral components of CBT for EDs therefore can facilitate treatment adherence, enhance motivation, and improve clients' ability to cope with and tolerate distress. Recent and ongoing research in the field of ED treatment demonstrates reduction in eating pathology and improved treatment outcomes when acceptance-based treatment approaches are used. This workshop aims to help clinicians understand and apply acceptance-based approaches to enhance therapy for EDs. The theory of acceptance-based treatment will be described and the ways in which it augments traditional CBT approaches will be outlined. In this interactive, hands-on training, presenters will teach effective strategies for delivering acceptance-based treatment approaches for EDs. Live demonstration and case examples will depict how experiential exercises, metaphors, and at-home practice are used for most effective treatment.

At the end of this session, the learner will be able to:

- Define the construct of avoidance/intolerance of negative internal experiences and identify three examples relevant to eating disorders.
- Describe the six key parts of the Acceptance and Commitment Therapy model.
- Identify three examples of strategies to elicit the need for acceptance in treatment.
- Explain how acceptance-based approaches can be used to augment cognitive-behavioral therapy for eating disorders.
- Share three examples of experiential exercises and metaphors to use with clients.

Recommended Readings: Haynos, A. F., Lillis, J., Forman, E. M., & Butryn, M. L. (2016). Mindfulness and acceptance for treating eating disorders and weight concerns: Evidence-based interventions. Oakland: Context Press. Juarascio, A. S., Manasse, S. M., Schumacher, L., Espel, H., & Forman, E. M. (2017). Developing an acceptance-based behavioral treatment for binge eating disorder: Rationale and challenges. *Cognitive and Behavioral Practice*, 24(1), 1-13. doi:10.1016/j.cbpra.2015.12.005 Hayes, S. C., & Smith, S. X. (2005). *Get out of your mind & into your life: The new Acceptance & Commitment Therapy*. Oakland, CA: New Harbinger Publications. Stoddard, J. A., & Afari, N. (2014). *The big book of ACT metaphors: A practitioner's guide to experiential exercises and metaphors in Acceptance and Commitment Therapy*. Oakland, CA: New Harbinger Publications. Juarascio, A. S., Manasse, S. M., Espel, H. M., Schumacher, L. M., Kerrigan, S., & Forman, E. M. (2017). A pilot study of an acceptance-based behavioral treatment for binge eating disorder. *Journal of Contextual Behavioral Science*, 6(1), 1-7. doi:10.1016/j.jcbs.2016.12.003

Earn 1.5 continuing education credits

Mini Workshop 4:

Assessing and Treating Misophonia: Clinical Considerations for a Novel Condition

Clair Robbins, Ph.D., Duke University Medical Center
Zachary Rosenthal, Ph.D., Duke University Medical Center

Basic to Moderate level of familiarity with the material

Primary Category: Treatment - CBT

Key Words: *Anger / Irritability, Anxiety, Emotion Regulation*

“Many people dislike specific sounds. For example, nails scraping a chalkboard can elicit quick and intense emotional reactions in many people. But for some, there are specific sounds that automatically trigger strong and distressing emotional reactions (e.g., anger and anxiety). Misophonia is a newly described condition characterized by emotional and physiological reactivity in response to specific sounds (e.g., chewing, pen tapping, etc.). Often, this reaction takes the form of intense anger or anxiety. New research suggests up to 20% of adults may experience symptoms of misophonia. While the exact nature and causes of misophonia are unknown, research suggests it has possible underpinnings in emotional circuits of the brain and is not related to one specific psychiatric or neurologic disorder. Further, individuals struggling with misophonia may have a range of co-occurring and complex medical and psychiatric conditions (e.g., anxiety, obsessive-compulsive, mood, and/or personality disorders). Because individuals with misophonia may present for care at a variety of specialty clinics including those specializing in mental and behavioral health, occupational therapy, neurology, and audiology, treatment approaches likely need to be multi-disciplinary and team-based. The purpose of this workshop is to provide practical information to clinicians regarding the assessment and treatment of misophonia. This workshop will provide (a) an overview of misophonia including a review of the scientific body of research in practical and clinician-friendly terms, (b) discussion of considerations relevant to assessing misophonia, and (c) treatments recommendations for working with patients who experience misophonia. Treatment considerations will focus on the application of empirically supported processes of change as part of taking a multidisciplinary approach to treatment. Case examples will be provided. Trainees can expect to receive information about providing treatment for misophonia using empirically supported principles of behavioral, cognitive, and emotional change from contemporary cognitive behavioral therapies as part of the care pathway for preventing and skillfully managing anger and anxiety responses to misophonic triggers.”

At the end of this session, the learner will be able to:

- Develop an understanding of misophonia as it relates to other related problems associated with sensitivity and reactivity to sounds.
- Discuss the emerging scientific research on misophonia.
- Identify core components to facilitate effective assessment of misophonia.
- Identify fundamental treatment considerations relevant to misophonia.
- Discuss the application of evidence-based treatment principles to misophonia.

Recommended Readings: Brout, J. J., Edelstein, M., Erfanian, M., Mannino, M., Miller, L. J., Rouw, R., Kumar, S., & Rosenthal, M. Z. (2018). Investigating misophonia: A review of the empirical literature, clinical implications, and a research agenda. *Frontiers in Neuroscience*, 12, 36. Kumar, S., Tansley-Hancock, O., Sedley, W., Winston, J. S., Callaghan, M. F., Allen, M., ... & Griffiths, T. D. (2017). The brain basis for misophonia. *Current Biology*, 27(4), 527-533. Frank, B., & McKay, D. (2019). The suitability of an inhibitory learning approach in exposure when habituation fails: A clinical application to misophonia. *Cognitive and Behavioral Practice*, 26(1), 130-142. Schröder, A. E., Vulink, N. C., van Loon, A. J., & Denys, D. A. (2017). Cognitive behavioral therapy is effective in misophonia: An open trial. *Journal of Affective Disorders*, 217, 289-294. Wu, M. S., Lewin, A. B., Murphy, T. K., & Storch, E. A. (2014). Misophonia: Incidence, phenomenology, and clinical correlates in an undergraduate student sample. *Journal of Clinical Psychology*, 70(10), 994-1007.

1:30 p.m. – 3:30 p.m.

Earn 1.5 continuing education credits

Mini Workshop 12:

Enhancing Access to CBT with Spirituality

David H. Rosmarin, ABPP, Ph.D., McLean Hospital/Harvard Medical School

Basic level of familiarity with the material

Primary Category: Treatment - CBT

Key Words: CBT, *Spirituality and Religion*

The vast majority of the population has spiritual/religious beliefs (Pew Research Center, 2012), and the statistical majority of mental health patients wish to discuss spirituality in treatment (Rosmarin, Forester, Shassian, Webb & Björgvinsson, 2015). Furthermore, clergy receive more referrals than professionals for mental health concerns, even when symptoms are severe (Wang, Berglund & Kessler, 2003), and inclusion of Buddhism-based mindfulness has greatly facilitated popularization and dissemination of Cognitive Behavior Therapy (CBT) worldwide. It therefore stands to reason that integrating spirituality into CBT can improve access, and ultimately the reach and impact, of evidence-based treatments. This workshop will present a framework for CBT clinicians to conceptual-

ize the relevance of spirituality to a variety of mental health concerns, based on current research. Attendees will also emerge with concrete skills in how to implement a brief CBT-based assessment of spirituality in clinical practice, in order to better engage patients about this fundamental yet oft-neglected area of life.

At the end of this session, the learner will be able to:

- Describe at least three ways that spirituality is functionally related to mental health.
- Formulate spiritual resources and struggles in clinically meaningful terms.
- Implement a brief CBT-based assessment of spirituality in clinical practice.

Recommended Readings: Rosmarin, D.H. (2018). *Spirituality & Cognitive Behavior Therapy: A Guide for Clinicians*. New York: Guilford Press. Rosmarin, D.H. & Koenig, H. (2020). *Handbook of Religion and Mental Health*, 2nd Edition. Massachusetts: Academic Press. Weber, S. R., & Pargament, K. I. (2014). The role of religion and spirituality in mental health. *Current opinion in psychiatry*, 27(5), 358-363.

1:30 p.m. – 3:00 p.m.

Earn 1.5 continuing education credits

Clinical Round Table 5:

You Better Work: Adapting Evidence-based Practices and Research Protocols for Clinical Work with Sexual and Gender Minorities from Diverse Backgrounds

MODERATOR: *Justin L. Birnholz, Ph.D.*, US Department of Veterans Affairs

PANELISTS: *Jeffrey M. Cohen, Psy.D.*, Columbia University Medical Center

Trevor A. Hart, Ph.D., Ryerson University

Audrey Harkness, Ph.D., University of Miami

Michael S. Boroughs, Ph.D., University of Windsor

Claire A. Coyne, Ph.D., Northwestern University Feinberg School of Medicine

Benjamin A. Katz, M.A., The Hebrew University of Jerusalem

All level of familiarity with the material

Primary Category: LGBTQ+

Key Words: LGBTQ+, *Treatment/ Program Design, DBT (Dialectical Behavior Therapy)*

Despite the increased attention in clinical and research literature on the specific needs and experiences of sexual and gender minorities (SGMs) in the past two decades, few evidence-based interventions, practices, or protocols for individual or group treatment have been designed for SGMs. Indeed, the standard models have been consistently developed and tested on predominantly presumed cisgender heterosexual people. As such, clinicians and researchers who specialize in gender and sexuality issues in general and SGM

care in particular are tasked with adapting existing models for this population, with the hopes that these models are applicable to SGM populations. Even when there are models created specifically for SGMs, they are most often limited in scope to select, over-represented portions of the SGM population, most notably White American gay cisgender male. Those working with a more diverse range of patients within the SGM population must include further adaptations in order to extend this work to the rest of the population. This clinical roundtable discussion will explore how others have developed such adaptations for diverse groups within the broader SGM population and how to apply these adaptations in clinical practice. These diverse groups include transgender and gender non-binary/non-conforming people, Latinx and indigenous SGMs, bisexual men and women, HIV+ people, Orthodox Jewish SGMs, college students, and LGBTQ-identified children and their families. The presenters and moderator work with diverse settings as well: VA hospitals, children's hospitals, academic medical centers, community-based organizations, and public universities, across three countries (USA, Canada and Israel). The presenters will also discuss adapting individual protocols created for cisgender heterosexual adults to individual and group therapy with diverse SGMs for practice in real world clinical settings.

1:30 p.m. – 3:00 p.m.

Earn 1.5 continuing education credits

Clinical Round Table 7:

Reaching Further: Expanding the Impact of Exposure Therapy via Novel Delivery Methods and Applications to New Clinical Areas

MODERATOR: *Nicholas Farrell, Ph.D.*, Rogers Behavioral Health

PANELISTS: *Jon Abramowitz, Ph.D.*, University of North Carolina at Chapel Hill

Carolyn B. Becker, Ph.D., Trinity University

Melanie Harned, ABPP, Ph.D., VA Puget Sound Health Care System & University of Washington

Brett J. Deacon, Ph.D., Illawarra Anxiety Clinic

Dean McKay, ABPP, Ph.D., Fordham University

Laura Simons, Ph.D., Stanford University

All level of familiarity with the material

Primary Category: Treatment - CBT

Key Words: *Exposure, Eating, Pain*

Considered “one of the greatest success stories in the history of clinical psychology” (Abramowitz, Deacon, & Whiteside, 2019), exposure therapy has helped countless individuals with anxiety disorders for the better part of a century. However, the impact of exposure therapy on improving public health has been limited by its narrow focus on anxiety disorders as well as an overall lack of availability. Moreover, some individuals receive little

benefit from exposure. Improvements are needed to address these gaps. Fortunately, there have recently been increased efforts to expand the overall impact of exposure. In particular, there has been exploration of applying exposure to novel problem areas (e.g., chronic pain) as well as investigating novel delivery methods (e.g., brief, intensive treatment) to increase the feasibility and accessibility of exposure. Consistent with the ABCT convention's theme of increasing the reach and effectiveness of evidence-based treatments, the objective of our roundtable is to bring awareness to several recent efforts that have expanded the impact of exposure. Panelists include six distinguished exposure therapy experts, each of whom has been at the forefront of research and clinical efforts aimed at enhancing exposure therapy's benefits on public health. Panelists will discuss unique adaptations of exposure to "new" clinical areas, drawing on their experiences applying exposure to eating disorders, chronic pain, misophonia, postpartum OCD and co-occurring borderline personality disorder and PTSD. They will also describe their work in several innovative delivery methods for exposure to enhance its feasibility and effectiveness, including couples-based treatment, brief courses of exposure, and using particularly intense exposure tasks. Audience members will be given ample opportunity to ask questions of panelists and/or share their own perspectives on novel adaptations of exposure therapy.

1:30 p.m. – 3:00 p.m.

Earn 1.5 continuing education credits

Panel Discussion 18

Taking the Road Less Traveled: Increasing Access to CBT via Unique Careers

Moderators *Ilyse Dobrow DiMarco, Ph.D.*, North Jersey Center for Anxiety and Stress Management

Amelia Aldao, Ph.D., Together CBT

Panelists *Ilyse Dobrow DiMarco, Ph.D.*, North Jersey Center for Anxiety and Stress Management

Amelia Aldao, Ph.D., Together CBT

Andrea N. Niles, Ph.D., Youper

Michelle Drapkin-Clarke, Ph.D., CBT Center of Central NJ

Shirley B. Wang, Ph.D., Queen Mary University of London

Primary Category: Professional/ Interprofessional Issues

Key Words: *Professional Development, Technology / Mobile Health, Industry*

As mental health professionals, we're generally presented with one of two career paths: research or clinical work (or some combination thereof). Yet there are actually many possible career options for those trained in evidence-based treatments and clinical science, including roles in management consulting, technology start-ups, popular press writing, journalism, and behavioral health consulting. Individuals in these roles are tasked with applying clinical and research skills in novel and unique ways. In so doing, they can often

reach significantly larger and more diverse audiences than can traditional mental health practitioners, thereby helping to increase access to CBT. In this panel, professionals who pursued non-traditional careers will discuss their career trajectories and offer guidance for those looking to pursue similar paths. Questions for panelists will be solicited ahead of time and in real time on ABCT's social media platforms, which will allow panelists to tailor the discussion to the specific needs of the audience. Panelists include a former tenure-track faculty member and management consultant who founded a CBT group practice and consults for mental health start-ups (Dr. Amelia Aldao); a popular press writer/blogger (Dr. Ilyse Dobrow DiMarco); a behavior scientist who consults with organizations to develop large-scale evidence-based interventions (Dr. Michelle Drapkin); the director of science and research at a digital mental health startup (Dr. Andrea Niles); and a journalist who recently returned to academia (Dr. Shirley Wang). The panel will cover topics as diverse as: 1) understanding how your training in evidence-based approaches and clinical science can be an asset in a variety of non-traditional roles; 2) identifying your strengths and the industry that best fits them; 3) developing a powerful elevator pitch; 4) networking effectively online and in your community; 5) turning your CV into a resume; and 6) interviewing for jobs and negotiating offers.

1:30 p.m. – 3:00 p.m.

Earn 1.5 continuing education credits

Panel Discussion 42

So You Want to Make an App? Taking Digital Mental Health Ideas from Vision to Execution

MODERATOR: *Timothy L. Verduin, Ph.D.*, NYU Langone Health

PANELISTS: *Helen L. Egger, M.D.*, NYU Langone Medical Center
Katherine Driscoll, M.P.H., Hassenfeld Children's Hospital
at NYU Langone Medical Center
Rachel Podbury, B.A., Hassenfeld Children's Hospital at
NYU Langone Medical Center

Primary Category: Technology

Key Words: *Technology / Mobile Health, Treatment / Program Design*

Digital Health is among the fastest growing technology sectors, with investment in digital mental health skyrocketing. Though mental health specialists possess the interest, expertise, and moral imperative to lead this digital revolution, few are familiar with strategies for bringing ideas to execution. This panel discussion will outline methods for creating digital solutions as mental health professionals. The panel is presented by The WonderLab, a digital innovation lab founded by psychiatrists and psychologists within NYU Langone Health's Department of Child & Adolescent Psychiatry. The intended audience includes mental health professionals and learners who are interested or newly engaged in creating digital solutions for improving mental healthcare. The panel will introduce participants to digital product strategies in two sections:

Finding the Right Problem: We will share approaches innovators use to identify their “customers” (potential users of digital mental health products), to understand the problems customers are facing, and to get customers to help design the solution. Talking to customers early in the discovery process helps innovators avoid validating their own preordained ideas and building a suboptimal product. This section will also introduce attendees to market landscape analysis approaches for determining how their ideas may fit within the universe of existing solutions, both digital and traditional.

Finding the Right Solution: We will describe the interplay between Human-Centered Design, Hypothesis-Driven Development, and Agile Team Dynamics, three digital product development approaches common in the technology industry but less familiar to those in mental healthcare.

We will share how these principles have led to our own product decisions via a demo of *When to Wonder*, an app-based, early childhood mental health research study and direct-to-family tool available on the Google Play Store and the Apple App Store. Attendees will learn how to apply these concepts to their own digital health ideas. A handbook, consisting of presentation content, a resource list, and digital strategy “homework” will be provided.

1:30 PM – 3:00 PM

Earn 1.5 continuing education credits

Symposium 26

Interpersonal Dysfunction: Understanding the Mechanisms and Potential Targets of Treatment for People with Chronic Social Impairment

CHAIR: *Kibby McMahon, M.A., Duke University*

DISCUSSANT: *M. Zachary Rosenthal, Ph.D., Duke University School of Medicine*

All level of familiarity with the material

Primary Category: Personality Disorders

Key Words: *Social Relationships, Personality Disorders, Treatment Development*

Borderline Personality Disorder Features and Couples Conflict: Evidence of Risky and Resilient Partnerships

Nathaniel R. Herr, Ph.D., American University

Alexandra Long, M.A., American University

Madison M. Guter, M.A., American University

Vincent Barbieri, M.A., American University

Interpersonal Events Differentially Predict Specific Behavioral Responses in Individuals with BPD

Nicole D. Cardona, M.A., Boston University Center for Anxiety and Related Disorders
Matthew W. Southward, Ph.D., University of Kentucky
Shannon Sauer-Zavala, Ph.D., University of Kentucky

Attachment or Emotion Regulation, Why Not Both? Evaluating Mechanisms of Change Driving Interpersonal Conflict in Borderline Personality Disorder

Julianne W. Tirpak, M.A., Boston University
Steven Sandage, Ph.D., M.Div., The Albert & Jessie Danielsen Institute, Boston University
Shannon Sauer-Zavala, Ph.D., University of Kentucky

The Impact of a Phone-based Emotion Regulation Intervention on the Ability to Perceive Other People's Emotions in a Transdiagnostic Sample

Kibby McMahan, M.A., Duke University
M. Zachary Rosenthal, Ph.D., Duke University School of Medicine

1:30 PM – 3:00 PM

Earn 1.5 continuing education credits

Symposium 60:

Better Access and Better Outcomes: Relationship Education Programs During the Perinatal Period

CHAIR: *Maggie O'Reilly-Treter, MA, University of Denver*

DISCUSSANT: *Brian D. Doss, Ph.D., University of Miami*

Basic level of familiarity with the material

Primary Category: *Couples / Close Relationships*

Key Words: *Couples / Close Relationships, Perinatal*

The Before Baby Relationship Checkup

James Cordova, Ph.D., Clark University

Ellen Darling, Ph.D., Clark University

Emily L. Maher, M.A., Clark University

Tatiana D Gray, Ph.D., Springfield College

Nancy Byatt, D.O., University of Massachusetts Memorial Hospital

Tiffany A Moore Simas, M.D., University of Massachusetts Memorial Hospital

A Research Program Testing the Effectiveness of a Preventive Intervention for Couples with a Newborn

Richard E. Heyman, Ph.D., New York University

Katherine J. Baucom, Ph.D., University of Utah

Amy M Slep, Ph.D., New York University

Danielle M Mitnick, Ph.D., New York University

Michael F Lorber, Ph.D., New York University

Preventing Postpartum Depression Using a Perinatal Healthy Relationship Education Program

Maggie O'Reilly-Treter, M.A., University of Denver

Galena K. Rhoades, Ph.D., University of Denver

Sara Mazzoni, M.D., University of Alabama Birmingham

Impacts of a Relationship and Co-parenting Intervention for Disadvantaged, Expectant Couples

Lane L. Ritchie, Ph.D., VA Greater Los Angeles Healthcare System

Maggie O'Reilly-Treter, MA, University of Denver

Scott Stanley, Ph.D., University of Denver

Galena K. Rhoades, Ph.D., University of Denver

Earn 1.5 continuing education credits

Symposium 61:

Novel Avenues in the Study of Fear Learning Mechanisms: Implications for Pediatric Anxiety and Its Treatment

CHAIR: *Rany Abend, Ph.D., NIMH*

DISCUSSANT: *Katharina Kircanski, Ph.D., NIMH*

Basic to Moderate level of familiarity with the material

Primary Category: Child / Adolescent - Anxiety

Key Words: *Anxiety, Child, Neuroscience*

Using Computational Modeling to Test Neurodevelopmental Theories of Threat Learning in Anxiety

Rany Abend, Ph.D., NIMH

Andrea Gold, Ph.D., Warren Alpert Medical School of Brown University

Jennifer Britton, Ph.D., University of Miami

Kalina Michalska, Ph.D., University of California Riverside

Tomer Shechner, Ph.D., University of Haifa

Daniel S. Pine, M.D., Section on Development and Affective Neuroscience, Emotion and Development Branch, National Institute of Mental Health, National Institutes of Health

Leveraging Multivariate Brain Imaging Methods to Optimize CBT Approaches in Pediatric Anxiety

Kalina Michalska, Ph.D., University of California Riverside

Dana Glenn, B.A., UCR

Megan Peters, Ph.D., University of California, Irvine

Youth Exposed to Maltreatment Show Age-related Alterations in Hippocampal-fronto-amygdala Function During Extinction Recall

Dylan G. Gee, Ph.D., Yale University

Natalie Colich, Ph.D., Harvard University

Margaret Sheridan, Ph.D., University of North Carolina Chapel Hill

Daniel S. Pine, M.D., Section on Development and Affective Neuroscience, Emotion and Development Branch, National Institute of Mental Health, National Institutes of Health

Katie A. McLaughlin, Ph.D., Harvard University

A New Wave of Fear Learning: Extending Classical Fear Conditioning to Observational and Avoidance Conditioning in Pediatric Anxiety

Tomer Shechner, Ph.D., University of Haifa

Bram Vervliet, Ph.D., Harvard Medical School, Massachusetts General Hospital

Zohar Klein, B.A., M.A., School of Psychological Sciences, University of Haifa, Israel.

Yael Skversky-Blocq, M.A., University of Haifa

2:15 p.m. – 3:15 p.m.

Special Session - Postdoctoral Paths for Professional Development

Jeanette Hsu, Ph.D., VA Palo Alto Health Care System

Debra Kaysen, Ph.D., ABPP, Stanford University

Panelists will address important issues for interns and others considering applying to a postdoctoral residency training program and those who are interested in postdoctoral research funding. Topics to be addressed include: what applicants should look for in a postdoctoral training program; the differences between research and clinical postdoctoral training, including how training is funded; the advantages or disadvantages of following a postdoctoral path in terms of professional development; how best to find and select a program that fits the applicant's needs; the impact of APA accreditation in the postdoctoral arena; what training sites are looking for in evaluating applications; tips on how to prepare for the interview; and how postdoctoral offers are made and the process of accepting an offer. There will be time for questions from the audience during the panel presentation. After the panel, prospective postdoctoral applicants will be able to meet with representatives from postdoctoral programs. Postdoctoral sites that would like to be represented in this event should contact Dakota McPherson at the ABCT Central Office: dmcpherson@abct.org.

FRIDAY

Earn 1.5 continuing education credits

Invited Panel 1:

Promoting Better, Equitable Access to Evidence-Based Mental Health Services in a Community Behavioral Health System

Torrey A. Creed, Ph.D., Perelman School of Medicine at the University of Pennsylvania

Hector Ayala, MHS, Hispanic Community Counseling Services

Amber Calloway, Ph.D., University of Pennsylvania

Todd Inman, MBA, The Mental Heaven Show and Founder of Aristocrat TV

Karriem Salaam, M.D., FAPA, Drexel University College of Medicine & Founding Member of Global Health Psychiatry

Sosunmolu Shoyinka, M.D., Department of Behavioral Health and Intellectual disAbility Services

Primary Category: Dissemination & Implementation Science

Key Words: *Dissemination & Implementation, Race, Stigma*

This panel will describe efforts to provide evidence-based treatments to individuals who seek mental health services through the City of Philadelphia's Community Behavioral Health (Medicaid reimbursement) network. Panelists will discuss steps taken to provide continuity of care and ensure access to consumers who are unable to access telehealth technologies during the COVID-19 pandemic. Additionally, panelists will share important considerations, from the system and agency levels to the therapy session itself, to address the impact of systemic racism and experiences of discrimination experienced by much of the population that seeks services within the system. Dr. Shoyinka, Chief Medical Officer of Department of Behavioral Health and Intellectual disAbility Services (DBHIDS) will describe system-level efforts to support and promote evidence-based treatments, including training programs and policy-level interventions. Mr. Ayala, CEO, Hispanic Community Counseling Services, will discuss the agency's involvement in a CBT training program, including efforts fully implement and sustain CBT after training, and adaptations that were required to meet the needs of the population that the agency serves. Dr. Calloway, who provides CBT training through the Beck Community Initiative, will highlight considerations for training and the importance of attention to cultural competence and responsiveness when implementing CBT. Dr. Salaam will describe the perspective of a therapist who learned CBT through the city's training initiative. Mr. Inman, a mental health survivor who advocates for awareness and an end to the stigma in minority communities will discuss essential considerations for working with mental health consumers and communities that are traditionally underserved by mental healthcare systems.

At the end of this session, the learner will be able to:

- Describe at least three approaches taken in a public mental health system to promote access to culturally competent, evidence-based treatment.
- Define at least two steps that can be taken to minimize disruptions in service and ensure equitable access to care during the COVID-19 pandemic.
- List at least 1 system, 1 clinic, and 1 therapist-level strategy to address systemic racism and experiences of discrimination.
- Provide 1 strength and 1 challenge each when balancing fidelity and necessary adaptations to behavioral and cognitive interventions to address the needs of consumers of services offered through a public mental health system.

Recommended Readings: Creed, T. A., Frankel, S. A., German, R. E., Green, K. L., Jager-Hyman, S., Taylor, K. P., ... & Williston, M. A. (2016). Implementation of transdiagnostic cognitive therapy in community behavioral health: The Beck Community Initiative. *Journal of consulting and clinical psychology, 84*(12), 1116. Naz, S., Gregory, R., & Bahu, M. (2019). Addressing issues of race, ethnicity and culture in CBT to support therapists and service managers to deliver culturally competent therapy and reduce inequalities in mental health provision for BAME service users. *The Cognitive Behaviour Therapist, 12*. Graham, J. R., Calloway, A., & Roemer, L. (2015). The buffering effects of emotion regulation in the relationship between experiences of racism and anxiety in a Black American sample. *Cognitive Therapy and Research, 39*(5), 553-563. Williams, N. J., Wolk, C. B., Becker-Haimes, E. M., & Beidas, R. S. (2020). Testing a theory of strategic implementation leadership, implementation climate, and clinicians' use of evidence-based practice: a 5-year panel analysis. *Implementation Science, 15*(1), 10.

3:15 p.m. – 4:15 p.m.

Special Session

Postdoctoral Meet and Greet

Jeanette Hsu, Ph.D., VA Palo Alto Health Care System
Debra Kaysen, Ph.D., ABPP, Stanford University

Prospective postdoctoral applicants will be able to meet with representatives from postdoctoral programs. A list of participating sites will be listed on the convention website. Postdoctoral sites that would like to be represented in this event should contact Dakota McPherson at the ABCT Central Office dmcpherson@abct.org.

Earn 1.5 continuing education credits

Mini Workshop 1:

Breaking the Fix: Recovery-oriented Cognitive Therapy Targeting Fixed Delusions

Aaron P. Brinen, Psy.D., Drexel University College of Medicine
Dimitri G. Perivoliotis, Ph.D., VA San Diego Healthcare System, University of California, San Diego

Basic to Moderate level of familiarity with the material

Primary Category: Treatment - CBT

Key Words: *Recovery, Cognitive Therapy, Psychosis / Psychotic Disorders*

A strongly entrenched belief, or fixed delusion, sounds like an insurmountable obstacle for cognitive therapy, and disproving it can seem like a prerequisite for successful treatment and recovery from serious mental illness. For many individuals, they have complete conviction that the belief is true, and some clinicians refer to this as a fixed delusion. For some individuals, the very treatment designed to disprove the delusion increases their conviction in the belief and separates the individual from the clinician. These challenges often precipitate avoidance of treatment. Recovery-oriented cognitive therapy (CT-R) for psychosis is an empirically-supported treatment that operationalizes recovery and resiliency in a collaborative way. This INTRODUCTORY workshop will introduce through lecture, experiential activity, video, and role-play the basic protocol of CT-R, how to start using it to circumnavigate the “fixed” nature of the delusion and identify mutually satisfying targets for treatment (worry, avoidance, rumination). CT-R applies across the range of illness severity, and includes a way to understand these beliefs or delusions in a functional way that can keep the individual from engaging and getting the life of his choosing, along with strategies for action to promote that life to its fullest. This workshop will review the process of developing a formulation of the delusion (beliefs, compensatory strategies, and emotions) and a strategy for long term resolution of the symptoms with or without eventual identification of the experiences as a delusion. The strategy is grounded in the CT-R protocol of activating a competing network of beliefs and an adaptive mode of functioning, collaborating on development of aspirations, increasing/evaluating the role of activity in the individual’s life, and reinforcing belief networks to make the adaptive mode dominant.

At the end of this session, the learner will be able to:

- List the three stages of the basic protocol for Recovery Oriented CT.
- Describe two methods for developing targets for interventions regarding delusion.

- Explain the relationship between increases activity/action and reduction of delusional conviction.

Recommended Readings: Freeman, D., Kathryn, T., Andrew, M., & Felicity, W. (2019). Treatable clinical intervention targets for patients with schizophrenia. *Schizophrenia Research*. <https://doi.org/10.1016/j.schres.2019.07.016> Grant, P.M., Bredemeier, K., & Beck, A.T. (2017) Six-month follow-up of recovery-oriented cognitive therapy for low-functioning individuals with schizophrenia. *Psychiatric Services*, 68(10), 997-1002. Brinen, AP, Sokol, L, & Fox, M.: The Comprehensive Clinician's Guide to Cognitive Behavioral Therapy (Chapter 10) in Sokol, L., & Fox, M. (Eds.). PESI Publishing & Media Page: 229-239, 2019.

3:15 p.m. – 4:45 p.m.

Earn 1.5 continuing education credits

Mini Workshop 5:

What We Didn't Learn in Graduate School: Lessons Learned from Real World Practice

Patrick B. McGrath, Ph.D., NOCD
Brett J. Deacon, Ph.D., Illawarra Anxiety Clinic

Basic to Moderate level of familiarity with the material

Primary Category: Treatment - CBT

Key Words: *Training / Training Directors, Student Issues, Therapy Process*

CBT is the recommended first-line treatment for numerous mental health problems. Although we were trained to use this approach following standard protocols, our real-world experience has taught us many lessons we wish we learned in graduate school. This Mini Workshop reviews these lessons learned. We discuss issues such as protocol versus client-driven therapy, designing and implementing exposure tasks for challenging presentations, substance abuse, family accommodation, therapy-interfering behaviors, motivating ambivalent clients, dealing with co-occurring biomedically-focused treatment, and helping clients with real-world issues that our diagnostically-focused training did not address. The presenters will use case examples, describe novel ways to implement therapy with difficult presentations, and openly review their challenges and successes in these areas. Attendees will have opportunity to discuss their difficult cases as well.

At the end of this session, the learner will be able to:

- Use CBT with a broad range of clients.
- Work with clients and families that may be difficult, unmotivated, or are not responding to therapy.
- Address challenging issues that can interfere with therapy.

Recommended Readings: Hayes, SC & Hofmann, SG. (2018). *Process-Based CBT: The Science and Core Clinical Competencies of CBT*. New Harbinger, CA. Abramowitz, J, Deacon, B, Whiteside, S. (2019, 2nd. ed.). *Exposure Therapy for Anxiety: Principles and Practice*. Guilford Press, NY. Whitaker, R. (2011). *Anatomy of an Epidemic: Magic Bullets, Psychiatric Drugs, and the Astonishing Rise of Mental Illness in America*. Random House, NY.

3:15 p.m. – 4:45 p.m.

Earn 1.5 continuing education credits

Panel Discussion 22:

Strategies for Identifying Key Intervention Components for Sexual and Gender Minority Populations

MODERATOR: *Brian A. Feinstein, Ph.D.*, Northwestern University

PANELISTS: *Abigail W. Batchelder, M.P.H., Ph.D.*, Massachusetts General Hospital/ Harvard Medical School
Danielle S. Berke, Ph.D., Hunter College of The City University of New York, CUNY Graduate Center
Conall O’Cleirigh, Ph.D., Harvard Medical School
Matthew D. Skinta, ABPP, Ph.D., Roosevelt University
Colleen A. Sloan, Ph.D., VA Boston Healthcare System

Primary Category: LGBTQ+

Key Words: LGBTQ+, *Treatment, Clinical Utility*

Identifying intervention components in both research and clinical contexts can be challenging, particularly when working with sexual and gender minority individuals who may be affected by minority stress, oppression, and internalized stigma. Multiple strategies exist for identifying and adapting key intervention components, including refining existing evidence-based strategies, selecting theory-based content, and utilizing community participatory feedback. In this panel, we will discuss strategies and perspectives on how to identify, address, and adapt critical intervention components when working with sexual and gender minorities. Dr. Skinta will begin by reflecting on how the components of minority stress theory can be conceptualized as transdiagnostic risk factors, which can be paired with evidence-based processes to develop flexible non-manualized approaches to working with clients who present with a myriad of symptoms related to societal bias. Next, Dr. Sloan will discuss strategies for integrating intervention content, instructions, and guidance for trauma-related problems that are complicated by experiences of marginalization and oppression into evidence-based treatments for PTSD and other trauma- and stress-related problems. Dr. O’Cleirigh will then describe the importance of being sensitive to developmental challenges throughout the lifespan that may create vulnerabilities for gay and bisexual men when implementing empirically supported CBT interventions, only some of which have been tested in sexual minority populations. Dr. Berke will then explain how she has used community based participatory research methods to adapt an

empirically supported violence prevention program for diverse transwomen. Finally, Dr. Batchelder will describe how she took a multiple-pronged approach to refine existing evidence-based content based on theory and stakeholder feedback to iteratively develop an intervention to improve HIV self-care among sexual minority men living with HIV and substance use disorders. Together, this panel will discuss and weigh strategies for identifying, selecting, and adapting intervention components to increase access and improve outcomes for sexual and gender minority individuals.

3:15 p.m. – 4:45 p.m.

Earn 1.5 continuing education credits

Panel Discussion 23:

When It's Not Over: Understanding, Preventing, and Treating Ongoing and Pervasive Exposure to Trauma

MODERATORS: *Rachel R. Ouellette, M.S.*, Florida International University
Loreen S. Magarino, M.S., Florida International University

PANELISTS: *Marc S. Atkins, Ph.D.*, University of Illinois at Chicago
Rochelle F. Hanson, Ph.D., Medical University of South Carolina
Sierra Carter, Ph.D., Georgia State University
Michael A. Lindsey, M.P.H., Ph.D., MSW, New York University

Primary Category: Child / Adolescent - Trauma / Maltreatment

Key Words: *Trauma, Prolonged Exposure, Treatment*

Mental health treatments for traumatic stress often rely on the assumption that traumatic experiences are past occurrences with the danger no longer present (Stein, Wilmot, Solomon, 2016). Continuous or ongoing exposure to trauma is defined as, “the experience and impact of living in contexts of realistic current and ongoing danger” (Eagle & Kaminer, 2013). Little research examines if common trauma-focused treatments are appropriate or effective for those experiencing continuous traumatic stress, raising ethical questions about the limitations of some trauma-focused treatment protocols in these contexts (Somer & Ataria, 2014; Diamond, Lipsitz, Hoffman, 2013). This discourse is profoundly significant for low-income and racial, ethnic, and/or sexual minority communities whom experience elevated rates of ongoing exposure to distinct forms of traumatic stress (e.g., community violence and discrimination) and correlated mental health difficulties (Gaylord-Harden, So, Bari, Henry, Tolan, 2017; Asakura, 2019).

We are inviting experts working with marginalized youth whom experience prolonged exposure to high adversity and trauma with the aim of discussing how continuous traumatic stress is situated within the broader discourse about how trauma is defined, understood, and treated. Panelists bring expertise in unmet mental health needs for vulnerable youth (Lindsey), influences of trauma alongside psychosocial stressors such as racism (Carter), longstanding collaborative work with urban communities (Atkins), and dissem-

ination and implementation of trauma-focused, evidence-based interventions (Hanson). The conversation will invite researchers to 1) describe continuous exposure to adversity and trauma in the communities they work with, 2) share perspectives and evidence on how prolonged exposure challenges and diversifies the definition and treatment of trauma, and 3) discuss recommendations for clinical practice and empirical work to increase the alignment, relevance, and effectiveness of psychological treatment and mental health promotion for communities experiencing continuous exposure to adversity and trauma.

3:15 p.m. – 4:45 p.m.

Earn 1.5 continuing education credits

Spotlight Research 1:

Comparative Effectiveness Research in Veterans with PTSD: A Randomized Clinical Trial of Prolonged Exposure and Cognitive Processing Therapy, VA Cooperative Study #591

CHAIR: *Paula P. Schnurr, Ph.D.*, National Center for PTSD
PANELISTS: *Kathleen M. Chard, Ph.D.*, Cincinnati VA Medical Center
Josef Ruzek, Ph.D., Palo Alto University
Brian Marx, Ph.D., Behavioral Science Division, NCPTSD

Primary Category: Treatment - CBT

Key Words: CBT, PTSD (*Posttraumatic Stress Disorder*), Veterans

CERV-PTSD is a randomized comparative effectiveness trial of two of the most effective treatments for PTSD, Prolonged Exposure (PE) and Cognitive Processing Therapy (CPT), in veterans. The US Department of Veterans Affairs implemented a national training initiative in 2006 to disseminate these treatments, both of which are recommended at the highest level in PTSD practice guidelines. Despite evidence that PE and CPT are effective, there is limited evidence about their effectiveness relative to one another.

CERV-PTSD was designed to advance the delivery of care for PTSD by providing conclusive information about whether one treatment is better than the other, overall, and for different types of patients. When designing the study, we considered proposing an equivalence design given the limited evidence suggesting that the treatments differ. We also considered proposing a superiority design, hypothesizing that CPT is superior to PE given some prior findings. However, because methodological factors may account for the suggested difference between PE and CPT, we decided to propose a superiority design with a nondirectional hypothesis. We believed the question this design allows us to ask – is one treatment more effective than the other? – was the most appropriate given the available evidence.

The primary objective was to compare the effectiveness of PE and CPT for reducing PTSD symptom severity. The secondary objective was to compare the effectiveness of PE and CPT for reducing the severity of comorbid mental health problems and service utili-

zation and improving functioning and quality of life. The tertiary objective was to examine how patient preferences relate to treatment outcome.

The study randomized 916 male and female veterans with military-related PTSD across 17 sites to receive PE or CPT and assessed outcomes during treatment and at post-treatment and 3- and 6-month follow-up. The standard dose of treatment was 12 weekly sessions but could range from 10-14 depending on treatment response. Speakers will describe the design and rationale for methodological decisions, present results, and discuss an innovative centralized assessment procedure for conducting clinician interview. Analyses are ongoing but will be ready for presentation at the meeting.

At the end of this session, the learner will be able to:

- Describe the rationale for comparing Prolonged Exposure and Cognitive Processing Therapy.
- Compare the differential benefits of Prolonged Exposure and Cognitive Processing Therapy.
- Apply findings to assist patients in shared decision making.

Recommended Readings: Schnurr, P.P., Chard, K.M., Ruzek, J.I., et al. (2015). Design of VA Cooperative Study #591: CERV-PTSD, Comparative effectiveness research in veterans with PTSD. *Contemporary Clinical Trials*, 41, 75-84. doi: 0.1016/j.cct.2014.11.017Resick, P.A., Wachen, J.S., Dondaville, K.A., et al. (2017). Effect of group vs individual Cognitive Processing Therapy in active-duty military seeking treatment for posttraumatic stress disorder: A randomized clinical trial. *JAMA Psychiatry*, 74, 28-36. doi: 10.1001/jamapsychiatry.2016.2729Foa, E.B., McLean, C.P., Zang, Y., et al. (2018). Effect of Prolonged Exposure therapy delivered over 2 weeks vs 8 weeks vs Present-Centered Therapy on PTSD symptom severity in military personnel: A randomized clinical trial. *JAMA*, 319, 354-364. doi: 10.1001/jama.2017.21242

Earn 1.5 continuing education credits

Clinical Round Table 8:

Taking Care of Us to Better Serve Them: Impact of Clinician Well-being on Patient Outcomes

MODERATOR: *Caitlin B. Shepherd, Ph.D.*, Smith College

PANELISTS: *Amanda R. McGovern, Ph.D.*, McGovern Psychotherapy, LLC
Erin K. Engle, Psy.D., Columbia University Medical Center
Megan Feltenberger, Ph.D., Weill Cornell Medicine
Colleen Morrisette, Psy.D., Private Practice
Jared O’Garro-Moore, Ph.D., Columbia University Medical Center
Jenae A. Richardson, Psy.D., Veterans Affairs Palo Alto Health Care System

All level of familiarity with the material

Primary Category: Professional/ Interprofessional Issues

Key Words: *Professional Issues, CBT, Treatment*

Statistics show that healthcare providers are at increased risk for burnout, a condition including emotional exhaustion, depersonalization, and inefficacy. The detrimental impact of provider burnout on patient care has been well-documented in the medical community; thus, improving the well-being of providers has been deemed a public health issue. Research demonstrates that job demands, resources, and personal characteristics all play a role in susceptibility to burnout. While relatively less attention has been paid to mental health clinicians, emerging evidence suggests that they are especially vulnerable. The nature of psychotherapeutic work presents unique job demands including maintaining strong relationships with clients, tending to clients’ emotional needs, and being exposed to traumatic details of clients’ lives. Burnout among clinicians can lead to impaired professional functioning and reduced competence and has been associated with poorer treatment outcomes for patients. Therefore, addressing clinician burnout and providing access to well-being interventions are critical for improving quality and outcomes of evidence-based cognitive-behavioral treatments and reducing barriers to implementation.

The purpose of this clinical roundtable is to discuss clinician burnout and approaches for enhancing well-being. Relevant theoretical models of burnout and empirical evidence will be presented to provide participants with a framework for understanding burnout, its signs, and its contributing factors. Panelists will compare experiences in clinical practice to the literature with an emphasis on how burnout might vary across settings, roles, and specialties. Research on the connection between clinician burnout and patient outcomes will be reviewed and panelists will share tips for recognizing and ethically dealing with these effects in clinical practice. Participants will learn about systemic efforts aimed at

enhancing well-being and how they might implement organizational changes in different clinical settings. Finally, research-supported cognitive-behavioral strategies for personally managing the negative effects of burnout will be shared and panelists will discuss how they incorporate these into their own practice.

3:15 PM – 4:45 PM

Earn 1.5 continuing education credits

Symposium 62:

Making Distress Tolerance a Focal Point of Prevention and Treatment Models for Diverse Mental Health Conditions

CHAIR: *Christopher C. Conway, Ph.D.*, Fordham University

DISCUSSANT: *R. Kathryn R. McHugh, Ph.D.*, McLean Hospital/Harvard Medical School

All level of familiarity with the material

Primary Category: Transdiagnostic

Key Words: *Distress Tolerance, DBT (Dialectical Behavior Therapy), Psychotherapy Outcome*

The Efficacy of Skills for Improving Distress Intolerance in Substance Users: A Randomized Clinical Trial

Marina Bornovalova, Ph.D., University of South Florida

Kelly Lane, BA, University of Southern Florida

Lance M. Rappaport, Ph.D., University of Windsor

The Neurobiological Basis of Distress Tolerance in Substance Use Disorder

Elizabeth Reese, M.S., University of North Carolina, Chapel Hill

Jennifer Yi, M.A., University of North Carolina, Chapel Hill

Julianna Maccarone, MPH, M.A., University of North Carolina, Chapel Hill

Katlyn McKay, B.A., University of North Carolina, Chapel Hill

Anna Bartuska, B.S., B.A., University of North Carolina, Chapel Hill

Elliot Stein, Ph.D., National Institute of Mental Health

Thomas Ross, Ph.D., National Institute on Drug Abuse

Stacey B. Daughters, Ph.D., University of North Carolina, Chapel Hill

Psychometric Properties of the Distress Tolerance Scale Among Internalizing Disorder Outpatients

Anthony J. Rosellini, Ph.D., Boston University Center for Anxiety and Related Disorders

Esther S. Tung, M.A., Boston University Center for Anxiety and Related Disorders

Timothy A. Brown, Psy.D., Boston University Center for Anxiety and Related Disorders

FRIDAY

The Structure of Distress Tolerance and Neighboring Emotion Regulation Abilities

Christopher C. Conway, Ph.D., Fordham University

Kristin Naragon-Gainey, Ph.D., University of Western Australia

Molly Penrod, M.S., University of Missouri-Kansas City

3:15 PM – 4:45 PM

Earn 1.5 continuing education credits

Symposium 63

A Close Examination of Interpersonal Behavior Associated with Intimate Partner Violence

CHAIR: *Alexandra K. Wojda, M.A., University of North Carolina at Chapel Hill*

DISCUSSANT: *K. Daniel O'Leary, Ph.D., Stony Brook University*

Basic to Moderate level of familiarity with the material

Primary Category: Couples / Close Relationships

Key Words: *Couples / Close Relationships, Violence / Sexual Assault*

Aggression in the Context of Partner Threat: The Role of Trauma Exposure

Alexandra C. Mattern, M.S., The Pennsylvania State University

Amy D. Marshall, Ph.D., The Pennsylvania State University

Myths or Facts: (1) Distressed Couples Have Skills Deficits and (2) Couples Behavior Results from Distress, Not IPV

Richard E. Heyman, Ph.D., New York University

Amy Smith Slep, Ph.D., New York University

Katherine J. Baucom, Ph.D., University of Utah

Jill Malik, Ph.D., New York University

Examining the Emotional Dynamics of Bidirectional Psychological Violence Among Treatment-seeking Couples

Alexandra K. Wojda, M.A., University of North Carolina at Chapel Hill

Donald Baucom, Ph.D., University of North Carolina at Chapel Hill

Danielle M. Weber, M.A., University of North Carolina at Chapel Hill

Andrew Christensen, Ph.D., University of California, Los Angeles

Explaining the Longitudinal Link Between Severe Physical Aggression and Relationship Outcomes in Community Couples: Comparing Three Possible Mediators Over Seven Years

Erika Lawrence, Ph.D., The Family Institute at Northwestern University

Kathleen Reardon, Ph.D., The Family Institute at Northwestern University

Callie Mazurek, M.A., The Family Institute at Northwestern University

Lena Blum, M.S., The Family Institute at Northwestern University

3:15 PM – 4:45 PM

Earn 1.5 continuing education credits

Symposium 64

Cost-effectiveness and Cost-benefit Analyses of CBT and Alternative Interventions for Childhood Attachment, Anxiety, Depression, Alcohol Abuse, and Suicide Prevention: Methods as Well as Findings

CHAIR: *Brian T. Yates, Ph.D., American University*

DISCUSSANT: *Michael C. Freed, Ph.D., National Institute of Mental Health*

Basic level of familiarity with the material

Primary Category: Dissemination & Implementation Science

Key Words: *Clinical Trial, Professional Development, Research Methods*

Costs, Cost-effectiveness, and Cost-benefit of Attachment Biobehavioral Catch-up (ABC) Intervention

Alexis French, M.A., Duke University Medical Center

Brian T. Yates, Ph.D., American University

Cost-effectiveness of Interventions for Pediatric Depression: A Systematic Review and Simulation Study

Alessandro De Nadai, Ph.D., Texas State University

Tara Little, M.A., Texas State University

Troy Quast, Ph.D., University of South Florida

Kaitlyn Westerberg, B.A., Texas State University

Kevin Patyk, B.A., Texas State University

Joseph Etherton, Ph.D., Texas State University

Eric A. Storch, Ph.D., Baylor College of Medicine

Sean Gregory, Ph.D., Northern Arizona University

FRIDAY

Evaluating the Cost-effectiveness of an Online Single-session Intervention for Depression Among Kenyan Adolescents

Akash Wasil, M.A., University of Pennsylvania

Tom L. Osborn, B.A., Shamiri Institute, Inc

Brian T. Yates, Ph.D., American University

Robert J. DeRubeis, Ph.D., Department of Psychology, University of Pennsylvania

Do the Benefits Outweigh the Costs? Computerized Cognitive Behavioral Therapy Compared to Standard Treatment for Alcohol Use

Corinne N. Kacmarek, M.A., American University

Brian T. Yates, Ph.D., American University

Cost, Cost-effectiveness, and Cost-benefit of Collaborative Assessment and Management of Suicidality versus Enhanced Care as Usual in an Active Duty Military Population

Phoebe K. McCutchan, M.P.H., American University

Brian T. Yates, Ph.D., American University

David Jobes, Ph.D., Department of Psychology, The Catholic University of America

Earn 1 continuing education credits

Symposium 65

Youth Global Mental Health and Implementation Science: Past Evidence and Future Directions

CHAIR: *Katherine E. Ventura-Conerly, B.A., Harvard University*

DISCUSSANT: *Laura Murray, Ph.D., Johns Hopkins University School of Public Health*

Basic to Moderate level of familiarity with the material

Primary Category: Global Mental Health

Key Words: *Implementation, Global Mental Health, Adolescents*

Implementation and Effectiveness of Adolescent Health Interventions in Lmic

Daisy R. Singla, Ph.D., University of Toronto, Sinai Health

Ahmed Waqas, MBBS, Human Development Research Foundation

Syed Usman Hamdani, MBBS, Ph.D., Human Development Research Foundation

Nadia Suleman, M.A., Human Development Research Foundation

Syeda Wajeeha Zafar, M.S., Human Development Research Foundation

Zill e-Huma, B.A., Human Development Research Foundation

Khalid Saeed, Ph.D., WHO Regional Office for the Eastern Mediterranean

Chiara Servili, M.D., Department of Mental Health and Substance Abuse, World Health Organization

Atif Rahman, Ph.D., University of Liverpool

Sustaining and Scaling Global Mental Health Interventions for Children and Families: Integrating Lessons Learned from Implementation Science

Eve S. Puffer, Ph.D., Department of Psychology & Neuroscience, Duke Global Health Institute, Duke University

Savannah Johnson, B.A., Duke University

Wilter Rono, B.A., Moi University

Mercy Korir, B.A., Moi University Teaching and Referral Hospital

Bonnie Kaiser, Ph.D., University of California at San Diego

Taylor Wall, MSc, Duke University

Elsa Friis Healy, M.Sc., Duke University

Ali Giusto, Ph.D., Columbia University

Eric Green, Ph.D., Duke University

Justin Rasmussen, B.A., Duke University

David Ayuku, Ph.D., Moi University

Online Single-session Interventions for Indian Adolescents: Findings from a Hybrid Type 1 Effectiveness-implementation Randomized Controlled Trial

Akash Wasil, M.A., University of Pennsylvania

Suh Jung Park, University of Pennsylvania

Sarah Gillespie, B.A., University of Minnesota

Rebecca Shingleton, Ph.D., Harvard University

John Weisz, Ph.D., Harvard University

Robert J. DeRubeis, Ph.D., Department of Psychology, University of Pennsylvania

3:30 p.m. – 6:30 p.m.

Earn 3 continuing education credits

Workshop 5:

ticket

Cognitive Therapy for Suicide Prevention

Kelly Green, Ph.D., University of Pennsylvania

Gregory K. Brown, Ph.D., Perelman School of Medicine at the University of Pennsylvania

Moderate level of familiarity with the material

Primary Category: Suicide and Self-Injury

Key Words: *Suicide, CBT*

Cognitive Therapy for Suicide Prevention (CT-SP) is a suicide-specific psychotherapy that is based primarily on the assumption that individuals who are suicidal or who attempt suicide lack specific cognitive or behavioral skills for coping effectively with suicidal crises. The primary focus of CT-SP is on targeting suicide risk directly, rather than focusing on the treatment of other psychiatric disorders. Although there are many motivations and distal risk factors for suicide, the principal aim of this treatment is to identify the specific triggers and proximal risk factors that occur during a suicidal crisis and then to identify specific skills that could be used to help individuals survive future crises. CT-SP has been recognized as one of the few evidence-based psychotherapy interventions specifically for suicide prevention. In a landmark randomized controlled trial CT-SP was found to be efficacious for preventing suicide attempts as well as decreasing other risk factors for suicide such as depression and hopelessness. Specifically, patients who received CT-SP were approximately 50% less likely to make a repeat suicide attempt during the follow-up period than those who did not receive CT-SP (Brown et al., 2005). Recently, CT-SP has been adapted for individuals who have chronic suicidal thoughts but may not have had recent suicidal behavior. Such adaptations are especially important because some high-risk groups such as older adults make fewer suicide attempts and are more likely to die on their first attempt (Dombrowski et al., 2005). Therefore, targeting suicidal ideation is critical for averting suicide in such individuals. This workshop will discuss case conceptualization

for individuals with chronic suicidal ideation, as well as adaptations made to the original treatment for this population.

At the end of this session, the learner will be able to:

- Describe the empirical evidence for CT-SP.
- Use the narrative interview to elucidate an individual's suicide risk curve.
- Create a case conceptualization and treatment goals to reduce suicide risk for individuals with chronic suicidal ideation.
- Apply suicide-specific CBT strategies to target suicidal ideation and suicide risk.
- Utilize the Relapse Prevention Task to assess whether a patient is ready to terminate treatment.

Recommended Readings: Green, K. L. & Brown, G. K. (2015). Cognitive Therapy for Suicide Prevention: An illustrative case example. In C. J. Bryan (Ed.), *Cognitive Behavioral Therapy for Preventing Suicide Attempts: A Guide to Brief Treatments Across Clinical Settings*. New York, NY: Routledge. Brown, G. K., Tenhave, T., Henriques, G. R., Xie, S. X., Hollander, J. E., & Beck, A. T. (2005). Cognitive therapy for the prevention of suicide attempts: A randomized controlled trial. *JAMA*, 294, 563-570. Wenzel, A., Brown, G. K., & Beck, A. T. (2008). *Cognitive therapy for suicidal patients: Scientific and clinical applications*. Washington, DC: APA Books. Bhar, S. S., & Brown, G. K. (2012). Treatment of depression and suicide in older adults. *Cognitive and Behavioral Practice*, 19(1), 116-125. Brown, G. K., Wright, J. H., Thase, M. E., & Beck, A. T. (2012). In Simon R. I., Hales R. E. (Eds.), *Cognitive therapy for suicide prevention* (2nd ed. ed.) American Psychiatric Publishing, Inc., Arlington, VA.

Earn 3 continuing education credits

Workshop 6:

ticket **Coordinated Interventions for School Refusal:
Advanced Skills for Working with Families and
Schools**

Brian C. Chu, Ph.D., Rutgers University
Laura C. Skriver, Ph.D., Evidence-Based Practitioners of New Jersey

Moderate level of familiarity with the material
Primary Category: Child / Adolescent - Anxiety

Key Words: *School, Anxiety, Child*

School attendance problems are one of the most vexing and impairing problem behaviors that affect childhood. An acute episode of school refusal can quickly become chronic and interfere in multiple domains of the youth and family's lives. Anxiety, depressed mood, and intolerance of negative affect are often at the root of school refusal. Successful intervention requires a concerted, coordinated effort involving the child, family, school and therapist/mental health professional. Barriers to successful intervention include family context, caregiver mental health, and school attitudes and priorities that conflict with family/youth goals. Attendees of the workshop will become familiar with the scope of the problem, a mood-based conceptualization of school refusal that focuses on avoidance of negative affect, and intervention strategies that incorporate functional assessment, family problem solving, reward planning, and collaboration with schools. Multiple case studies will be presented and attendees will work in small groups to offer solutions. Attendees may also bring local examples for group consultation. Presenters will moderate a discussion of effective interventions and help attendees tailor established interventions to their local contexts.

At the end of this session, the learner will be able to:

- Describe the theory behind a cognitive-behavioral approach to addressing school refusal that focuses on avoidance of negative affect.
- Apply functional assessment strategies to help parents encourage approach behaviors.
- Apply family problem solving, parent training, and reward planning to decrease conflict and increase approach behaviors.
- Problem-solve graded re-entry with schools that balance appropriate supports with healthy challenges.
- Coordinate school refusal treatment with school personnel and collateral health professionals in a way that enhances continuity of care.

Recommended Readings: Heyne, D., Gren-Landell, M., Melvin, G., & Gentle-Genitty, C. (2019). Differentiation between school attendance problems: Why and how? *Cognitive and Behavioral Practice*, 26(1), 8-34. Kearney, C. A., & Graczyk, P. (2014, February). A response to intervention model to promote school attendance and decrease school absenteeism. In *Child & Youth Care Forum* (Vol. 43, No. 1, pp. 1-25). Springer US. Chu, B. C., Guarino, D., Mele, C., O'Connell, J., & Coto, P. (2019). Developing an online early detection system for school attendance problems: results from a research-community partnership. *Cognitive and Behavioral Practice*, 26(1), 35-45. Brouwer-Borghuis, M. L., Heyne, D., Sauter, F. M., & Scholte, R. H. (2019). The link: an alternative educational program in the Netherlands to reengage school-refusing adolescents with schooling. *Cognitive and Behavioral Practice*, 26(1), 75-91. McKay-Brown, L., McGrath, R., Dalton, L., Graham, L., Smith, A., Ring, J., & Eyre, K. (2019). Reengagement with education: a multidisciplinary home-school-clinic approach developed in Australia for school-refusing youth. *Cognitive and Behavioral Practice*, 26(1), 92-106.

3:30 p.m. – 6:30 p.m.

Earn 3 continuing education credits

Workshop 7:

ticket **Deliberate Practice for Cognitive-behavioral
Therapy: Training Methods to Enhance
Acquisition of CBT Skills**

James F. Boswell, Ph.D., University at Albany, State University of New York
Tony Rousmaniere, Psy.D., University of Washington School of Medicine

Basic level of familiarity with the material

Primary Category: Workforce Development / Training / Supervision

Key Words: *Education and Training, Supervision*

Psychotherapists credit effective supervision as the single most important contributor to their professional development (Orlinsky & Rønnestad, 2005), and experienced therapists continue to seek supervision and consultation even when they are no longer required to do so (Lichtenberg, et al., 2014). However, as currently practiced, effective supervision is not necessarily common. For example, supervisees report that a large proportion of their supervisors are ineffective and occasionally harmful (Ellis et al., 2014), and the success of supervision, as evidenced by improved client outcomes, is yet to be convincingly established (Watkins, 2011). In fact, Rousmaniere et al. (2016) found that supervision accounted for less than 1% of the variance in treatment outcomes in one large clinic. Addressing this gap, this workshop aims to improve the effectiveness of CBT supervision and clinical training via a model for using deliberate practice to enhance trainee's acquisition of core CBT skills. Deliberate practice proffers that the quality of practice is just as important

as the quantity-expert-level performance is primarily the result of expert-level practice. Backed by decades of research on a wide range of other professions—from sports to math, medicine, and the arts—deliberate practice may help CBT clinicians achieve higher levels of skill mastery. More specifically, deliberate practice is a highly structured, intentional activity with the specific goal of improving performance through behavioral rehearsal and graded stimuli, combined with immediate feedback (e.g., Rousmaniere, 2016, 2018). As noted, the present workshop centers on deliberate practice exercises to enhance development of CBT skills. These exercises address the two major domains of psychotherapy skills: interpersonal (with the client) and intrapersonal (within the therapist). The exercises are appropriate for supervision, graduate coursework, and career-long professional development. The model is intended to be used throughout psychologists' career-span, from beginning trainee to experienced clinicians (Goodyear & Rousmaniere, 2017). The workshop is highly experiential, with many opportunities for participants to try deliberate practice themselves.

At the end of this session, the learner will be able to:

- Describe the research support for, and basic principles of, implementing deliberate practice in CBT training.
- Apply deliberate practice principles in the CBT training and supervision process.
- Demonstrate flexible application of CBT-focused deliberate practice that meets the needs of the individual trainee.
- Utilize observations from the deliberate practice process to inform evaluations of trainee competence.
- Integrate deliberate practice into graduate coursework and clinical supervision.

Recommended Readings: Rousmaniere, T.G. (2019). *Mastering the Inner Skills of Psychotherapy: A Deliberate Practice Handbook*. Seattle, WA: Gold Lantern Press. Rousmaniere, T.G. (2016). *Deliberate Practice for Psychotherapists: A Guide to Improving Clinical Effectiveness*. New York, NY: Routledge Press (Taylor & Francis). Boswell, J.F. (2013). Intervention strategies and clinical process in transdiagnostic cognitive behavioral therapy. *Psychotherapy*, 50, 381-386. doi: 10.1037/a0032157. Tolin, D.F. (2016). *Doing CBT: A comprehensive guide to working with behaviors, thoughts, and emotions*. New York: Guilford Press. Persons, J.B. (2012). *The case formulation approach to cognitive-behavior therapy*. New York: Guilford Press.

Membership Panel 1:

Clinical Work and Private Practice in the Age of Telehealth

CHAIR: *Thomas L. Rodebaugh, Ph.D., Washington University in St. Louis*

PANELISTS: *Jonathan B. Grayson, Ph.D., The Grayson LA Treatment Center for Anxiety & OCD*
Janie J. Hong, Ph.D., Redwood Center for CBT and Research and University of California - Berkeley
Jelena Kecmanovic
Mitchell L. Schare, ABPP, Ph.D., Hofstra University

All level of familiarity with the material

Primary Category: Workforce Development/Training/Supervision

Key Words: *professional development, cognitive-behavioral career, private practice*

By the time mental health professionals have a license to practice, they may feel both over-prepared in regard to providing services and under-prepared in regard to the practical and financial realities of sustaining a practice. They may also find that models of private practice and clinical work are more varied and complex than they had anticipated. On top of those concerns, the ongoing pandemic has forced clinicians at all levels of training (including students) to begin offering telehealth services. (1) Realities of clinical work now: Use of telehealth, challenges and opportunities. (2) Mode of clinical work: Should you practice as an individual or with a group? As a specialist or generalist? How much of your work is likely to be “traditional private practice” versus consulting or clinical work in the context of a position that focuses more on other work (e.g., such as training)? (3) Insurance: Whether to take it and how to go about doing so. (4) Logistics: Renting space, effective advertising, and legal issues. Our panelists have a wide range of experiences in developing and maintaining private practices, and have all transitioned more of their practice to telehealth in recent months. They will provide both a guide to their thinking on these issues and practical advice as to common pitfalls and best practices. Much of the panel’s allotted time will be made available for questions and answers.

Earn 1.5 continuing education credits

Research and Professional Development 1

Crafting a Message for the Masses: A Primer on Using Blogs and Twitter to Disseminate Cognitive Behavioral Science Online

PANELISTS: *Andres De Los Reyes, Ph.D.*, University of Maryland at College Park
Carmen P. McLean, Ph.D., National Center for PTSD
Deborah R. Glasofer, Ph.D., Columbia/NY State Psychiatric Institute
Ilana Seager van Dyk, M.A., The Ohio State University

Basic level of familiarity with the material

Primary Category: Professional / Interprofessional Issues

Key Words: *Professional Development, Technology / Mobile Health, Dissemination*

Despite decades of remarkable advancement in the use of cognitive and behavioral interventions for a wide range of mental health concerns, evidence-based care remains out of reach for many. The recent explosion of digital media provides an exciting opportunity to reach previously unreachable communities through their smartphones and computers, without necessarily requiring a traditional media platform (e.g., television, newspaper). Instead, a growing community of researchers, clinicians, and advocates is leveraging social media (including Twitter and blogs) to educate consumers about evidence-based treatments and how to access them. In line with research on the effectiveness of psychoeducation as an early intervention, many of these social media posts provide the public with critical and timely information about mental health symptoms and, in so doing, empower consumers to seek out the care they may need. In this session, organized by ABCT's Public Education and Media Dissemination Committee, we hope to arm attendees with the communication tools they need to contribute to this dissemination effort. First, Dr. Andres De Los Reyes will draw on his considerable expertise in storytelling to lead a discussion about how to craft an effective message that will be engaging for a broad audience. Next, attendees will consider and identify goals they have for their own use of digital media. Finally, attendees will visit one or both of the following activity stations for hands-on experience: 1) a brief primer by Twitter expert Dr. Carmen McLean on creating a Twitter profile and writing a tweet, or 2) a brief session focused on identifying effective characteristics of blogs, and outlining an initial blog post, led by prolific blogger Dr. Deborah Glasofer. Attendees may bring their own ideas for tweets and blog posts, or use the examples provided. No prior experience needed.

At the end of this session, the learner will be able to:

- Describe three key characteristics of a well-crafted message intended for a public audience.

- Identify two goals for their media use and use these goals to guide the creation of a Twitter profile or blog.
- Write a tweet and/or outline a blog post about a topic related to cognitive behavioral science and practice.

Recommended Readings: Crew, B. (2019, May 9). 10 tips for tweeting research. Retrieved from <https://www.natureindex.com/news-blog/ten-tips-tweeting-research-academic> Wilcox, C., Brookshire, B., & Goldman, J. G. (Eds.). (2016). *Science blogging: the essential guide*. Yale University Press. Tutelman, P. R., Dol, J., Tougas, M. E., & Chambers, C. T. (2018). Navigating your social media presence: Opportunities and challenges. *Clinical Practice in Pediatric Psychology*, 6(3), 289.

5:00 p.m. – 6:30 p.m.

Earn 1.5 continuing education credits

Mini Workshop 7:

Developing Academic Careers in Psychosocial Research: Female-specific Challenges and Solutions

Victoria E. Cosgrove, Ph.D., Division of Child and Adolescent Psychiatry
 Louisa Sylvia, Ph.D., Massachusetts General Hospital
 Amy E. West, Ph.D., Children’s Hospital Los Angeles/ University of
 Southern California Keck School of Medicine
 Mary A. Fristad, Ph.D., Nationwide Children’s Hospital

All level of familiarity with the material

Primary Category: Professional / Interprofessional Issues

Key Words: *Career Development, Professional Development, Student Issues*

It is estimated that women constitute 30% of biomedical researchers worldwide. Underrepresentation is suspected to be in part due to discrimination and stereotyping. Faculty members routinely rate male candidates as both more competent and hireable than females. Individual factors, including childbearing, child rearing, and external pressure to nurture rather than achieve career success undeniably affect advancement of female faculty across academic lines pursuing research-focused careers in scientific research. Barriers include subtle and non-subtle gender discrimination in the workplace; gender-based pay gaps; coping with gender bias; balancing family and work in the career building years; managing the burden of work and family “mental load”, among other topics. The NIH has largely taken the approach of addressing advancement gaps via policy changes favoring young investigators, with a hope to accelerate their independence. NIH policies to reduce the mean age of first-time ROIs (age 42) have been in place for years with little success. These initiatives are in direct conflict with a disproportionate increase in delayed child-

bearing (age 35-39) nationally and the inverse relationship between academic advancement and childrearing. Drs. Cosgrove, West, Sylvia, and Fristad all have pursued academic careers while simultaneously serving in other personally demanding life roles. The aims of this Mini-Workshop will be to (1) increase awareness about the underrepresentation of women in biomedical science, with a specific emphasis on inclusion of women scientists in biopsychosocial clinical research; (2) understand personal and professional challenges that often influence a woman's decision to pursue a career in biopsychosocial clinical research; and (3) brainstorm successful strategies to increase the representation of women on a local and national level.

At the end of this session, the learner will be able to:

- Increase awareness about the underrepresentation of women in biomedical science, with a specific emphasis on inclusion of women scientists in biopsychosocial clinical research.
- Describe personal and professional challenges that often influence a woman's decision to pursue a career in biopsychosocial clinical research.
- Brainstorm successful strategies to increase the representation of women on a local and national level.

Recommended Readings: Moss-Racusin CA, van der Toorn J, Dovidio JF, Brescoll VL, Graham MJ, Handelsman J. A "Scientific Diversity" Intervention to Reduce Gender Bias in a Sample of Life Scientists. *CBE Life Sci Educ.* 2016 fall;15(3)Conner AL, Cook KS, Correll SJ, Markus HR, Moss-Racusin CA, Muller CB, Raymond JL, Simard C. Obscuring gender bias with "choice". *Science.* 2014 Mar 14;343(6176):1200. Ellis J, Fosdick BK, Rasmussen C. Women 1.5 Times More Likely to Leave STEM Pipeline after Calculus Compared to Men: Lack of Mathematical Confidence a Potential Culprit. *PLoS ONE.* 2016;11(7):e0157447.

Earn 1.5 continuing education credits

Mini Workshop 8:

Applying Cognitive-behavioral Therapy Principles to Avoidant/restrictive Food Intake Disorder: Children, Adolescents, and Adults

Helen Burton Murray, Ph.D., Massachusetts General Hospital/Harvard Medical School

Lauren Breithaupt, Ph.D., Massachusetts General Hospital/Harvard Medical School

Kendra Becker, Ph.D., MGH/HMS

Basic level of familiarity with the material

Primary Category: Eating Disorders

Key Words: *Eating, CBT, Feeding Problems*

Avoidant/Restrictive Food Intake Disorder (ARFID) is a feeding and eating disorder that affects children, adolescents, and adults who cannot meet their nutritional needs, typically because of sensory sensitivity, fear of aversive consequences, and/or apparent lack of interest in eating or food. ARFID can have significant medical (e.g., weight loss, dependence on enteral feeding) and/or psychosocial (e.g., inability to eat socially) consequences. ARFID is often under-recognized and under-treated, particularly given its new addition to DSM-5. To increase clinicians' awareness and skillset, this Workshop will cover treatment of ARFID within a cognitive-behavioral framework. Our team at Massachusetts General Hospital manualized cognitive-behavioral strategies for ARFID (CBT-AR; Thomas & Eddy, 2019). To increase treatment accessibility and augment therapist-delivered treatment, our team has a forthcoming self-help book for adults and a complementary self-guided mobile Application. We will provide a comprehensive workshop on individual and family-supported formats of our 20-30 session CBT-AR, including its four stages: (1) psychoeducation and regular eating; (2) re-nourishment and treatment planning; (3) addressing maintaining mechanisms (including sensory sensitivity, fear of aversive consequences, and/or apparent lack of interest in eating or food); and (4) relapse prevention. Combining both didactics and interactive components, we will offer case vignettes, role plays, experiential exercises, and materials (e.g., patient handouts) for clinicians to use in their practice. Throughout, we will provide ideas for adapting CBT-AR to different treatment settings (e.g., behavioral medicine), with tools to augment treatment and increase treatment access. We will also present and overview of the evidence for CBT-AR, with findings from our recently completed clinical trial. Overall, our workshop will fulfill a critical need of clinicians who are already seeing patients with ARFID and as yet have no resources on which to base treatment plans.

At the end of this session, the learner will be able to:

- Develop a case conceptualization of dimensional ARFID symptoms from a cognitive-behavioral framework.
- Explain the basic tenets of cognitive-behavioral treatment for ARFID.
- Employ CBT-based techniques for ARFID treatment, guided by a manualized approach.
- Recognize implementation approach options for different clinic settings, including use of complementary mobile Application technology.
- Appreciate the research evidence for cognitive-behavioral techniques for ARFID.

Recommended Readings: Thomas, J. J., & Eddy, K. (2019). Cognitive-behavioral therapy for avoidant/restrictive food intake disorder: children, adolescents, and adults. Cambridge, UK: Cambridge University Press. Becker, K. R., Keshishian, A. C., Liebman, R. E., Coniglio, K. A., Wang, S. B., Franko, D. L., ... & Thomas, J. J. (2019). Impact of expanded diagnostic criteria for avoidant/restrictive food intake disorder on clinical comparisons with anorexia nervosa. *International Journal of Eating Disorders*, 52(3), 230-238. Becker, K. R., Breithaupt, L., Lawson, E. A., Eddy, K. T., & Thomas, J. J. (2020). Co-occurrence of avoidant/restrictive food intake disorder and traditional eating psychopathology. *Journal of the American Academy of Child and Adolescent Psychiatry*, 59(2), 209-212. Thomas, J. J., Lawson, E. A., Micali, N., Misra, M., Deckersbach, T., & Eddy, K. T. (2017). Avoidant/restrictive food intake disorder: a three-dimensional model of neurobiology with implications for etiology and treatment. *Current psychiatry reports*, 19(8), 54. Murray, H. B., Bailey, A. P., Keshishian, A., Silvernale, C. J., Staller, K., Eddy, K. T., Thomas, J. J., Kuo, B. (2019). Prevalence and characteristics of DSM-5 avoidant/restrictive food intake disorder in adult neurogastroenterology patients. *Clinical Gastroenterology and Hepatology*, epub ahead of print.

Earn 1.5 continuing education credits

Clinical Round Table 9:

In the Face of COVID-19: Clinical Considerations When Delivering Evidence-based Treatments During a Crises and Applications Going Forward

MODERATOR: *Colleen Cullen, Psy.D.*, Columbia University Medical Center

PANELISTS: *Zachary Blumkin, Psy.D.*, Columbia University Medical Center
Erica Gottlieb, Ph.D., Columbia University Medical Center
Jennifer Sayers, ABPP, Ph.D., Evidence Based Treatment Centers of Seattle
Shireen L. Rizvi, ABPP, Ph.D., Rutgers University

All level of familiarity with the material

Primary Category: Program / Treatment Design

Key Words: *Evidence-Based Practice, Clinical Decision Making, Public Health*

One of the greatest global crises, COVID-19, resulted in bare supermarkets, businesses shuttering, and the general population engaging in the unnatural behavior of social distancing. Both the CDC and WHO acknowledged a significant increase in stress and fear due to COVID-19. During this time, many mental health practitioners acknowledged an ongoing duty to continue to provide support to those who are struggling. However, the transmission of the virus, plus the subsequent recommendation of social distancing, resulted in difficulty delivering evidence-based interventions. In order to continue to provide support for those already in treatment and to be able to offer services for those who are newly suffering, this panel will discuss clinical considerations when providing clinical care during a pandemic. Additionally, this panel will discuss how experiences from this crisis can positively inform how we deliver evidence-based interventions in the future.

The panelists established and executed organizational and systemic changes to help provide support to the larger population isolated by the recommendations of social distancing. The panelists are clinicians and directors in an intensive group therapy program, an intensive outpatient program, and a research and training clinic. The clinical considerations include large systemic changes (such as transitioning programs to teletherapy and developing new clinical guidelines), accommodations to provide support to clinical staff and research students, considerations for patients engaging in telehealth treatment, and ways to continue to expand and offer services to the larger population amid a stable demand for services. Existing research and history on how the field of clinical psychology, and especially those delivering evidence-based interventions, have responded to similar global incidents will be briefly reviewed. Additionally, the panelists will discuss specific recommendations resulting from their experiences as well as pitfalls which occurred during the rollout of these macro and micro changes to treatment. Implications for future

5:00 p.m. – 6:30 p.m.

Earn 1.5 continuing education credits

Panel Discussion 24:

When Small Effects Leave Big Problems: Understanding and Augmenting the Modest Effectiveness of Cognitive and Behavioral Therapies for Youth Depression

MODERATOR: *Rachel Vaughn-Coaxum, Ph.D.*, University of Pittsburgh School of Medicine

PANELISTS: *Dikla Eckshtain, Ph.D.*, Massachusetts General Hospital, Harvard Medical School
V. Robin Weering, Ph.D., San Diego State University
Meredith Gunlicks-Stoessel, Ph.D., University of Minnesota
Jessica Jenness, Ph.D., University of Washington
Erika Forbes, Ph.D., University of Pittsburgh

Primary Category: Child / Adolescent - Depression

Key Words: *Depression, Psychotherapy Outcome, Child*

Despite more than 50 years of clinical trials on psychotherapies for youth depression, effect sizes remain modest with roughly a 60% probability that a given youth will respond to therapy (Eckshtain et al., 2019; Weisz et al., 2017). Psychotherapies for depression, including cognitive behavioral therapies, have significantly smaller effects than therapies for other common youth problems (e.g., anxiety and disruptive behavior disorders). Given that depression therapies lag behind, and treatment non-response is costly at both a societal and individual level, high federal priority is now focused on identifying who is most likely to respond, the conditions under which cognitive and behavioral therapies are most effective, and innovative approaches to personalizing treatments for youths at risk of non-response. **This panel aims to highlight cross-disciplinary research on 1) psychosocial and neurobiological factors that inform our understanding of depression treatment non-response and 2) recent and emerging approaches to tailoring interventions and targeting new treatment mechanisms to improve outcomes.** This panel brings together clinical and developmental experts working to illuminate and directly tackle individual-up through system-level factors that are key for improving our understanding of poor treatment response. Panelists' expertise includes dissemination and implementation of cognitive and behavioral therapies, moderators and candidate neurobiological treatment targets in the etiology and course of depression, and mechanism-focused clinical trials tailoring cognitive and behavioral therapies. We will discuss recent research on identified moderators of treatment outcomes for evidence-based therapies, and innovative approaches being used to tailor cognitive and behavioral therapies to enhance outcomes among youths at high-risk of non-response. We will then discuss conceptual and empir-

ical approaches for identifying neurobiological treatment targets, as well as barriers and practical considerations for translating basic science to treatment innovation. Finally, we will discuss future directions for a translational intervention science aimed at optimizing depression treatments across youth populations.

5:00 PM – 6:00 PM

Earn 1 continuing education credits

Symposium 66:

Minority Stress and Health Disparities: Indications for Intervention Development and Adaptation to Increase Treatment Access and Outcomes for Diverse Substance Using Individuals

CHAIR: *Trevor A. Hart, Ph.D.*, Ryerson University

DISCUSSANT: *David Pantalone, Ph.D.*, University of Massachusetts Boston

Basic to Moderate level of familiarity with the material

Primary Category: Culture / Ethnicity / Race

Key Words: *Substance Abuse, African Americans / Black Americans, LGBTQ+*

Psychosocial Predictors of Crystal Methamphetamine Use Among Gay, Bisexual and Other Men Who Have Sex with Men (gbMSM): The Importance of Depression and Cognitive Escape

Graham W. Berlin, B.A., Ryerson University

Trevor A. Hart, Ph.D., Ryerson University

Syed W. Noor, M.P.H., Ph.D., Ryerson University

Shayna Skakoon-Sparling, Ph.D., Ryerson University

Nathan Lachowsky, Ph.D., University of Victoria

Joseph Cox, M.D., Regional Public Health Department, CIUSSS du Centre-Sud-de-l'Île-de-Montréal

David Moore, M.D., Department of Medicine At UBC, The BC Centre For Excellence In HIV/AIDS

Gilles Lambert, Ph.D., The Montreal Public Health Dept., Institut National De Santé Publique Du Québec

Jordan Sang, Ph.D., BC Centre for Excellence in HIV/AIDS

Mark Gaspar, Ph.D., Dalla Lana School of Public Health, University of Toronto

Jody Jollimore, MPP, Community-Based Research Centre

Daniel Grace, Ph.D., Dalla Lana School of Public Health University of Toronto

FRIDAY

Psychosocial and Structural Syndemic Barriers to Successful Treatment Outcomes for Individuals Receiving Medication for Opioid Use Disorder

Mary B. Kleinman, M.P.H., University of Maryland- College Park

Christopher Seitz-Brown, Ph.D., University of Maryland

Valerie Bradley, MPS, University of Maryland

Morgan Anvari, University of Maryland

Hannah Tralka, undergraduate student, University of Maryland, College Park

Aaron Greenblatt, M.D., University of Maryland School of Medicine

Jessica F. F. Magidson, Ph.D., University of Maryland

Internalized Stigmas, Alcohol Use, and HIV Care: Examining the Role of Avoidance

Kristen S. Regenauer, B.A., University of Maryland- College Park

Jennifer Belus, Ph.D., University of Maryland- College Park

Bronwyn Myers, Ph.D., South African Medical Research Council

Abigail W. Batchelder, M.P.H., Ph.D., Massachusetts General Hospital/ Harvard Medical School

John Joska, Ph.D., University of Cape Town

Lena S. S. Andersen, Ph.D., University of Cape Town

Conall O’Cleirigh, Ph.D., Harvard Medical School

Steven Safren, Ph.D., University of Miami

Jessica F. F. Magidson, Ph.D., University of Maryland

Earn 1.5 continuing education credits

Symposium 67

**Expanding the Reach of Transdiagnostic Interventions:
Adapting the Unified Protocols for Children and
Adolescents to Non-internalizing Disorders and
Alternative Treatment Delivery Formats**

CHAIRS: Sarah M. Kennedy, Ph.D., Children's Hospital Colorado/
University of Colorado, School of Medicine
Jill Ehrenreich-May, Ph.D., University of Miami

DISCUSSANT: Michael A. Southam-Gerow, Ph.D., Virginia Commonwealth
University

All level of familiarity with the material

Primary Category: Transdiagnostic

Key Words: Child, Transdiagnostic, Treatment

**Targeting Elevated Borderline Features in a Clinical Sample of Youth with
Emotional Disorders Using the Unified Protocol for Children and Adolescents**

Niza Tonarely, M.S., University of Miami
Jill Ehrenreich-May, Ph.D., University of Miami

**The Effect of Transdiagnostic Emotion-focused Treatment on Obsessive-
compulsive Symptoms in Children and Adolescents**

Ashley M. Shaw, Ph.D., Florida International University
Elizabeth R. Halliday, B.S., University of Miami
Jill Ehrenreich-May, Ph.D., University of Miami

**Preliminary Evidence for the Unified Protocol with Adolescents at High Risk for
Serious Mental Illness**

Marc J. Weintraub, Ph.D., UCLA Semel Institute
Jamie Zinberg, M.A., UCLA Semel Institute
Carrie Bearden, Ph.D., University of California, Los Angeles
David J. Miklowitz, Ph.D., UCLA Semel Institute for Neuroscience & Human Behavior

**Application of the Unified Protocol for Children in the Treatment of Pediatric
Irritability**

Jessica Hawks, Ph.D., Children's Hospital Colorado/University of Colorado, School
of Medicine
Sarah M. Kennedy, Ph.D., Children's Hospital Colorado/University of Colorado,
School of Medicine
Jacob Holzman, Ph.D., University of Colorado Anschutz Medical Campus

An Initial Description and Pilot Study of the Spanish Internet-delivered Version of the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders in Adolescents (iUP-A)

Julia García-Escalera, Ph.D., National Distance Education University

Bonifacio Sandín, Ph.D., National Distance Education University

Rosa M. Valiente, Ph.D., National Distance Education University

Julia García-Escalera, Ph.D., National Distance Education University

Victoria Espinosa, M.S, National Distance Education University

Paloma Chorot, Ph.D., National Distance Education University

5:00 PM – 6:30 PM

Earn 1.5 continuing education credits

Symposium 68:

Methodological Advances in Research on Sexual and Gender Minority Health: Accounting for New Terminology, Multiple Identities, and Within-group Variability

CHAIR: *Brian A. Feinstein, Ph.D., Northwestern University*

DISCUSSANT: *Debra Hope, Ph.D., University of Nebraska-Lincoln*

All level of familiarity with the material

Primary Category: LGBTQ+

Key Words: LGBTQ+, Vulnerable Populations, Stigma

Developmental and Contextual Influences on Self-identification Among Bisexual, Pansexual, and Queer Male Youth

Brian A. Feinstein, Ph.D., Northwestern University

Brian Dodge, Ph.D., Indiana University Bloomington

Brian Mustanski, Ph.D., Northwestern University

The Sexual Orientation and Gender Identities of Young Sexual and Gender Minorities Assigned Female at Birth: Developmental, Cohort, and Racial Differences

Emily Devlin, B.A., University of Cincinnati

Michael E. Newcomb, Ph.D., Northwestern University Feinberg School of Medicine

Sarah W. Whitton, Ph.D., University of Cincinnati

Disclosure, Discrimination, and Mental Health Among Bi+ Adults: The Roles of Primary Identity and Multiple Identity Label Use

Manuel Hurtado, Jr., B.A., Northwestern University

Brian A. Feinstein, Ph.D., Northwestern University

Christina Dyar, Ph.D., Northwestern University

Joanne Davila, Ph.D., Stony Brook University

Perspectives from Transgender and Gender Diverse People on How to Ask About Gender

Jae Puckett, Ph.D., Michigan State University

Nina Brown, B.S., Wayne State University

Terra Dunn, B.S., Michigan State University

Brian Mustanski, Ph.D., Northwestern University

Michael E. Newcomb, Ph.D., Northwestern University Feinberg School of Medicine

5:00 PM – 6:30 PM

Earn 1.5 continuing education credits

Symposium 69

Mechanisms of Novel Relationship Education Programs for Low-income Couples

CHAIR: *Brian D. Doss, Ph.D., University of Miami*

DISCUSSANT: *Kristina Coop Gordon, Ph.D., University of Tennessee-Knoxville*

Moderate level of familiarity with the material

Primary Category: Couples / Close Relationships

Key Words: *Couples / Close Relationships, Change Process / Mechanisms, Technology / Mobile Health*

Examining Mechanisms of Change in Satisfaction for Couples Receiving Relationship Education

Erica A. Mitchell, Ph.D., The University of Tennessee, Knoxville

Patricia Roberson, Ph.D., The University of Tennessee, Knoxville

Morgan Merrick, B.A., University of Tennessee

James Cordova, Ph.D., Clark University

Kristina Coop Gordon, Ph.D., University of Tennessee-Knoxville

Mechanisms of Change and Maintenance in Online Relationship Programs for Distressed Low-income Couples

Yunying Le, Ph.D., University of Miami

McKenzie K. K. Roddy, M.S., University of Miami

S. Gabe Hatch, B.S., University of Miami

Brian D. Doss, Ph.D., University of Miami

FRIDAY

Relational and Psychological Mechanisms of Change in Low Income Couples' Perceived Health

McKenzie K. K. Roddy, M.S., University of Miami

Brian D. Doss, Ph.D., University of Miami

Mechanisms of Change: Explaining the Impact of Motherwise on Birth Outcomes

Galena K. Rhoades, Ph.D., University of Denver

Maggie O'Reilly-Treter, M.A., University of Denver

Sara Mazzoni, M.D., University of Alabama Birmingham

5:00 PM – 6:00 PM

Earn 1 continuing education credits

Symposium 70

Phase I Tests of Culturally Adapted Behavioral and Mindfulness-based Interventions to Improve Mental Health Using Online and in Person Methods for Latinxs

CHAIR: *Natalie Arbid, Ph.D., Harbor UCLA*

DISCUSSANT: *Christina S. Lee, Ph.D., Boston University*

Basic to Moderate level of familiarity with the material

Primary Category: Culture / Ethnicity / Race

Key Words: *Hispanic American/ Latinx*

Padres Preparados Online: Technology-based Parent Training for Latinx Families with Preschoolers

Samantha M. Corralejo, Ph.D., Boston Children's Hospital

Melanie Domenech Rodriguez, Ph.D., Utah State University

Mindfulness, Culture, and Clinical Practice: Clinician Experiences Utilizing Mindfulness and Acceptance with Hispanics/latinos

Rebeca Castellanos, Ph.D., Medical University of South Carolina

Kate Flory, Ph.D., University of South Carolina

Rosaura Orengo-Aguayo, Ph.D., Medical University of South Carolina

SIG Poster Expo

Each SIG selects poster presentations submitted by their members on their topic or population. SIG posters feature young researchers doing the most up-to-the-minute studies.

View more than 220 posters in the gallery and listen to the individual recordings. Some posters have QR codes imbedded with more information. Browse the virtual website for a complete listing of title and authors arranged by special interest group.

Awards Ceremony

Congratulations to the 2020 ABCT Award Recipients

Career/Lifetime Achievement

Richard G. Heimberg, Ph.D., *Temple University*

Outstanding Mentor

David A. F. Haaga, Ph.D., Professor of Psychology, *American University*

Anne Marie Albano Early Career Award for the Integration of Science and Practice

Emily L. Bilek, Ph.D., ABPP, *University of Michigan*

Sobell Innovative Addictions Research Award

Christopher Correia, Ph.D., *Auburn University*

Distinguished Friend to Behavior Therapy

Andrea Petersen, *Wall Street Journal* in-house writer, who consistently takes a CBT approach, when covering mental health

Outstanding Service to ABCT

Lata K. McGinn, Ph.D., *Yeshiva University and Cognitive Behavioral Consultants*

Virginia A. Roswell Student Dissertation Award

Alexandra Werntz Czywczyński, M.A., *University of Virginia and University of Massachusetts Boston*

Leonard Krasner Student Dissertation Award

Nur Hani Zainal, M.S., *Pennsylvania State University*

John R. Z. Abela Student Dissertation Award

Christopher J. Senior, M.A., *Catholic University of America*

Student Research Grant

Kelsey Pritchard, University of Toledo

Honorable Mention

Christina L. Verzijl, B.A., *University of South Florida*

President's New Researcher Award

Joseph McGuire, Ph.D., *Johns Hopkins University School of Medicine*

Student Travel Award

Katherine Venturo-Conerly, *Harvard University*

Elsie Ramos Memorial First Author Poster Awards

Danielle Weber, M.A, *University of North Carolina at Chapel Hill*: "Patterns of Emotional Communication in Same-Sex Female Couples Before and After Couple Therapy"

Gemma T. Wallace, B.A., *Colorado State University*: "Personality and Emotion Dysregulation Dimensions Differentially Predict Engagement in a Wide Range of Self-injurious and Health-risk Behaviors"

Rachel Weiler, MSc, *PGSP-Stanford PsyD Consortium*: "Is Dialectical Behavior Therapy (DBT) a Good Fit for Transgender and Gender Non- Binary (TGNB) Patients?"

Saturday, November 21

10:30 AM – 11:30 AM

Earn 1 continuing education credits

Invited Address 3:

Helping Give Away Psychological Science: Bringing the Best of Our Work to the People Who Would Benefit

Eric A. Youngstrom, Ph.D., University of North Carolina at Chapel Hill

Primary Category: Dissemination & Implementation Science

Key Words: *Dissemination, Implementation, Assessment*

Psychologists create a huge amount of research and clinical materials every year. Only a fraction of it directly helps patients. Problems of awareness, access, and applicability are among the obstacles. Open-source approaches to dissemination show great promise in fixing the leaky pipeline due to easy accessibility and low cost. For example, Wikipedia is the largest encyclopedia in the world and the 5th most visited internet site. Wikiversity, whose audience is practitioners and graduate students, is a sister site geared towards teaching and practice. Imagine if we could use these to share resources and improve implementation of psychological science. Well, we can! The proof-of-concept projects have included editing more than 300 pages on Wikipedia and also on Wikiversity. An Evidence Based Assessment site has more than 200 pages that have been accessed more than 275,000 times. The pages include links to more than 250 PDFs of measures (stored on OSF.io so the links will not rot), along with details about scoring and interpretation. An assessment center with free, automated scoring for more than 70 scales has been built with grants from the APS, SSCP, SCCAP/Division53, SCP/Division 12, and the APA/CODAPAR. It provides free scoring reports, and it has been used more than 35,000 times. Creative Commons licensing, widely used in the arts, offers an easy way for us to share the science and practice. Free, simple strategies will let us crowdsource the expertise of ABCT and bring the best information to the people who would benefit.

At the end of this session, the learner will be able to:

- Identify three advantages to using Wikipedia for dissemination of information about emotional and behavioral issues and resources.
- Locate at least three free assessment resource kits on Wikiversity that can be used in clinical practice, research, and teaching.
- Use Creative Commons licensing to make it easier to share resources and maintain control of our work.



ERIC
YOUNGSTROM

Recommended Readings: Becker-Haimes, E. M., Tabachnick, A. R., Last, B. S., Stewart, R. E., Hasan-Granier, A., & Beidas, R. S. (2020). Evidence base update for brief, free, and accessible youth mental health measures. *Journal of Clinical Child & Adolescent Psychology*, 49, 1-17. <https://doi.org/10.1080/15374416.2019.1689824>Friedberg, R. D., Nakamura, B. J., Winkelspect, C., Tebben, E., Miller, A., & Beidas, R. S. (2018). Disruptive innovations to facilitate better dissemination and delivery of evidence-based practices: Leaping over the tar pit. *Evidence-Based Practice in Child and Adolescent Mental Health*, 3, 57-69. <https://doi.org/10.1080/23794925.2018.1427009>Lessig, L. (2008). Remix. Penguin. Available for free download at: <https://archive.org/details/LawrenceLessigRemix>

Earn 1.5 continuing education credits

Invited Panel 2:

Personalizing Treatment to Improve CBT Outcomes

Michelle Craske, Ph.D., University of California, Los Angeles
Robert J. DeRubeis, Ph.D., Department of Psychology, University of Pennsylvania

Aaron J. Fisher, Ph.D., University of California at Berkeley

Jacqueline B. Persons, Ph.D., Oakland CBT Center

Greg J. Siegle, Ph.D., University of Pittsburgh School of Medicine

Primary Category: Treatment - CBT

Key Words: *Case Conceptualization/Formulation, Evidence-Based Practice, Neuroscience*

This panel discussion focuses on innovations in research and practice related to using individual patient-level data to develop personalized interventions and improve clinical outcomes. Robert DeRubeis will describe recent trends and methods in the effort to promote evidence-based predictions of individual patients' mental health intervention outcomes. He will point to promising recent uses of these methods to promote evidence-based treatment selection, more powerful between-treatment comparisons, and improvements in the allocation of mental health resources. Aaron Fisher will discuss the collection, preparation, and analysis of person-level data for generating clinical insights. In addition, he will discuss specific methods for modeling and predicting individual behavior, with an eye toward building real-time adaptive interventions. Jacqueline Persons will provide a brief review of the evidence supporting the hypothesis that therapist use of an idiographic case formulation improves outcome and reduces dropout in CBT. Dr. Siegle will review evidence from neuroimaging studies suggesting brain mechanisms associated with depression, how they change in CBT, and how their assessment can be used to predict who is likely to respond to CBT. Given multiple obstacles to using assessment of neural mechanisms to guide treatment, he will also describe an alternate approach, in which targeted pretreatments are used to address predictive mechanisms, to make it more likely that individuals who are originally predicted to not respond to CBT are more likely to respond.

At the end of this session, the learner will be able to:

- Identify how and why multivariable prediction models can be used to enhance personalized, or precision, mental health, beyond what can be achieved with research on moderators of treatment response
- Describe idiographic science, broadly, including applications of person-specific methods to issues of personalization and prediction
- Describe the state of the evidence supporting the hypothesis that therapist use of an idiographic case formulation improves outcome and reduces dropout in CBT
- Identify how to improve precision in cognitive behavioral therapy by working to target individuals' brain mechanisms

Recommended Readings: Delgado, J., & Lutz, W. (2020, Advance Online Publication). A developmental pathway towards precision mental health care. *JAMA Psychiatry*. <https://doi.org/10.1001/jamapsychiatry.2020.1048> DeRubeis, R. J. (2019). The history, current status, and potential future of precision mental health. *Behaviour Research and Therapy*, 123, 103506. <https://doi.org/10.1016/j.brat.2019.103506> Fisher, A. J., Medaglia, J. D., & Jeronimus, B. F. (2018). Lack of group-to-individual generalizability is a threat to human subjects research. *Proceedings of the National Academy of Sciences*. June 2018, 201711978; <https://doi.org/10.1073/pnas.1711978115> Persons, J. B. & Hong, J. J. (2016). Case formulation and the outcome of cognitive behavior therapy. In N. Tarrier & J. Johnson (Eds.), *Case formulation in cognitive behaviour therapy* (2nd ed., pp. 14-37). New York, NY: Routledge. Siegle, G. J., Thompson, W. K., Collier, A., Berman, S. R., Feldmiller, J., Thase, M. E., & Friedman, E. S. (2012). Toward clinically useful neuroimaging in depression treatment: Prognostic utility of subgenual cingulate activity for determining depression outcome in cognitive therapy across studies, scanners, and patient characteristics. *Archives of General Psychiatry*, 69(9), 913-924. NIHMSID 524641. [doi:10.1001/archgenpsychiatry.2012.65](https://doi.org/10.1001/archgenpsychiatry.2012.65)

11:45 a.m. – 12:45 p.m.

Special Session

Becoming Board Certified in Behavioral & Cognitive Therapy

Robert Klepac, Ph.D., ABPP, University of Texas Health Science Center at San Antonio

Linda C. Sobell, ABPP, Ph.D., Nova Southeastern University

Primary Category: Workforce Development/Training/Supervision

This workshop will focus on how to become a Board Certified Specialist in Behavioral and Cognitive Psychology. Certification by ABPP demonstrates psychologists have met their specialty's standards and competencies. Board Certification is valuable for several reasons: (a) it is increasingly becoming an expectation in our profession; (b) it enhances practitioner credibility for patients; (c) it distinguishes you from other psychologists; (d) there are potential salary increases by the VA, hospitals, the military, and other health care facilities; (e) it enhances qualifications as an expert witness; (f) it facilitates inter-jurisdictional licensing and practice mobility; and (g) it streamlines the credentialing process for licensing boards, and insurance companies. The application process for regular, early entry (graduate students, interns, and residents), and senior option candidates will be reviewed.

Special Session

**Directors of Clinical Training / Internship Training
Directors Meeting**

Debora J. Bell, Ph.D., University of Missouri-Columbia

Primary Category: Workforce Development / Training / Supervision

Join this informal discussion of issues of common concern to those responsible for the training of clinical psychologists. The first half of this session will be devoted to issues most relevant to academic doctoral program directors. Representatives from internship programs are invited to join the meeting for the second half of the session, which will be devoted to the discussion of issues of concern to both groups.

11:45 a.m. – 1:15 p.m.

Earn 1.5 continuing education credits

Clinical Grand Round:

**Doing Dialectical Behavior Therapy with Sexual and
Gender Minority People: A Live Demonstration**

CHAIR: *Jeffrey M. Cohen, Psy.D., Columbia University Medical Center*

Panelist: *Colleen A. Sloan, Ph.D., VA Boston Healthcare System*

Primary Category: LGBTQ+

Key Words: LGBTQ+, DBT (*Dialectical Behavior Therapy*), *Treatment*

Sexual and gender minority (SGM) people experience chronic invalidation at both the systemic and interpersonal levels which contributes to increased risk for emotional disorders. SGM people are more likely to seek out mental health treatment and professional guidelines recommend the adaptation of existing evidence-based treatments to address the unique aspects of SGM mental health.

Dialectical Behavior Therapy (DBT) is a treatment for emotion dysregulation, which is rooted in theory regarding the impact of individual-level vulnerability and an invalidating environment. This framework readily lends itself for work with SGM people who by nature of their marginalized identity may have increased vulnerability and who also experience chronic invalidation. DBT contains four modes of treatment including group skills training and individual psychotherapy. The skills training mode teaches skills in a group format, which may empower marginalized people. The individual psychotherapy mode focuses on analyzing problem behavior via chain analysis and generating solutions to facilitate behavioral change. DBT emphasizes a dialectical worldview which balances



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acceptance with change which also lends itself to work with SGM people given ongoing discrimination and systemic oppression.

This clinical grand round focuses on implementing DBT with SGM people. Two expert researcher/clinicians will demonstrate how to apply and adapt DBT in order to enhance treatment outcomes. The session will begin with an overview of DBT, including a discussion regarding the integration of the biosocial theory of emotion dysregulation (Linehan, 1993) and minority stress theories (e.g., Meyer, 2003), and how both explain increased risk of emotional disorders for SGM people. The session will then focus on live therapy demonstrations of the individual psychotherapy and skills training group modes of DBT. The presenters will demonstrate how to teach DBT skills from each skills module with adapted teaching points relating to minority stress. Utilizing a roleplay format, presenters will conduct a behavior chain analysis relevant to SGM health disparities. The session will conclude with questions from the audience.

At the end of this session, the learner will be able to:

- Understand how to integrate minority stress theories with the biosocial model for clinical work with SGM people.
- Describe examples of SGM minority stress factors and how they relate to the invalidating environment.
- Apply a dialectical stance to sexual and gender minority mental health.
- Identify ways to adapt DBT skills training when working with sexual and gender minority people.
- Conduct a behavior chain analysis that is affirming and relevant to sexual and gender minority identities and health.

Earn 1.5 continuing education credits

Panel Discussion 25:

Latinx Mental Health in 2020: Current Trends, Challenges, and Future Directions

MODERATOR: *Giovanni Ramos, M.A., University of California Los Angeles*

PANELISTS: *Denise A. Chavira, Ph.D., UCLA*

Omar G. Gudiño, ABPP, Ph.D., University of Kansas

Armando A. Pina, Ph.D., Arizona State University

Antonio Polo, Ph.D., DePaul University

Catherine D. Santiago, Ph.D., Loyola University Chicago

Primary Category: Culture / Ethnicity / Race

Key Words: *Hispanic American/ Latinx, Ethnicity, Underserved Populations*

Despite presenting with similar and in some cases higher prevalence rates of mental disorders than non-Latinx Whites (Vilsaint et al., 2019), Latinx individuals are less likely to receive mental health services (Ault-Brutusac & Alegria, 2018). Even when Latinx families access care, it is more unlikely they obtain high-quality, evidence-based treatments (EBTs) compared to non-Latinx Whites (Wang et al., 2005; Wang, Berglund, & Kessler, 2000). Factors driving these disparities include distribution of and access to providers (Cummings, Allen, Clennon, Ji, & Druss, 2017); attitudinal barriers, including stigma and cultural beliefs (Breland-Noble, Bell, Burriss, & AAKOMA, 2011); and system-level variables, such as linguistic barriers and lack of clinicians' cultural competency (Stockdale, Lagomasino, Siddique, McGuire, & Miranda, 2008). These mental health disparities are concerning given that at nearly 60 million, Latinxs represent the largest racial/ethnic minority group in the United States. (Pew Research Center, 2019).

In an effort to *enhance the impact of behavioral and cognitive therapies* in the Latinx community, panelists will: 1) discuss current sociopolitical issues that affect mental health outcomes among Latinx families (e.g., immigration and asylum policies, political discourse); 2) examine latest research trends in the field, including intersectionality with other marginalized identities (e.g., LGBTQ+, rural, Black), and the emphasis on methodological pluralism (i.e., quantitative, qualitative, mixed-methods); and 3) explore future directions in research and intervention development (e.g., treatment modalities that go beyond brick-and-mortar individual therapy). Speakers bring extensive expertise in community-based research and program development (Chavira, Polo, Santiago); empirical examination of effectiveness and cultural robustness of EBTs (Piña, Polo); risk factors, such as community stressors and trauma, as well as sources of resilience, including familism and ethnic identity (Chavira, Gudiño, Santiago); and dissemination and implementation of innovative methods to deliver mental health care, such as paraprofessional-led and technology-based interventions (Chavira, Piña).

Earn 1.5 continuing education credits

Panel Discussion 26:

Treating Obesity Among Black Women Patients Using a Culturally Sensitive, Evidence-based, Behavioral Obesity Treatment Program Implemented in Community Primary Care Clinics

MODERATOR: *Carolyn Tucker, Ph.D.*, University of Florida

PANELISTS: *Carolyn Tucker, Ph.D.*, University of Florida
Meagan A. Henry, M.A., University of Florida
Kirsten Klein, M.A., University of Florida
Stephen Anton, Ph.D., University of Florida
Nipa Shah, M.D., University of Florida

Primary Category: Primary Care / Integrated Care

Key Words: *African Americans / Black Americans, Community-Based, Obesity*

Obesity is now considered an epidemic disease in the United States. This disease is higher among Black women (54.8%) compared to Hispanic women (50.6%), White women (38%), Asian women (14.8%), and men of any race/ethnicity (NHAMES, 2015-16). Yet, Black women are underrepresented in clinical weight loss trials (Fitzgibbon et al., 2010); furthermore, these trials have demonstrated low weight loss maintenance (Tsai et al., 2010). The US Preventive Task Force has recommended that all adults with obesity participate in evidence-based, intensive, multicomponent obesity treatment programs. In a clinical review article by Ard (2015) it was concluded that primary care settings are ideal for delivering such programs. The panelists will discuss an effective, *culturally sensitive*, intensive, multicomponent, behavioral program for promoting weight loss and maintaining weight loss among Black women primary care patients with obesity—a program that was implemented at the community-based primary care clinics in low-income communities that were used by the participating patients, and implemented by the patients' physicians and community health workers at these clinics. This program is called the Health-Smart for Treating Obesity (HSTO) Program. It was informed by (a) the patient-centered culturally sensitive health care (PC-CSHC) model (Tucker, Herman, Ferdinand, et al., 2007), (b) the culturally sensitive community-based participatory research (CBPR) approach (Belone, Lucero, Duran, et al., 2016), and (c) the results of focus groups with Black women patients to identify culturally sensitive provider behaviors. Patient empowerment is emphasized in the PC-CSHC model, and community empowerment is emphasized in the CBPR approach. Panelists will discuss the aforementioned model, approach, the focus group results, the impact of the HSTO Program on participating patients' weight and weight loss maintenance, and implications of the results for treating obesity and reducing obesity disparities. Finally, panelists will highlight the social determinants of health-related systemic, organizational, and policy challenges faced when implementing the HSTO Program and strategies for overcoming these challenges.

Earn 1.5 continuing education credits

Mini Workshop 9:

Behavioral Activation for Later-life Depression

Ann M. Steffen, Ph.D., University of Missouri-St. Louis

Basic to Moderate level of familiarity with the material

Primary Category: Treatment - CBT

Key Words: *Depression, Behavioral Activation, Psychotherapy Process*

Depression is the second leading cause of disability in the US. Specific subgroups of older adults are at risk but underserved due to the national workforce shortage of behavioral health providers trained in aging. Middle-aged and older adults are also impacted by a number of family stressors that increase risk for depression, including being primary caretakers for a spouse, grandchildren or disabled adult children. This workshop trains clinicians to identify and respond to age-related challenges in depression assessment and intervention, using behavioral activation as a strategy of change. Topics covered include assessment, development of an individualized case formulation, setting treatment goals, and implementation of behavioral activation with older adult clients. This approach includes common modifications to behavioral activation (rationale, assessing, systematically tracking, and increasing rewarding events over time) that have been demonstrated to be effective with older adults. Further, training will address ways to use printed aids provided at the workshop to help with communication, structuring sessions and maintaining focus - all critical to effective and professionally rewarding treatment with this complex population.

At the end of this session, the learner will be able to:

- Demonstrate an understanding of the attitude, knowledge and skill competencies for evidence-based assessment of depression in older adults.
- Explain one conceptual model for depression in later life and relevance of behavioral activation as a change strategy.
- Identify and describe key considerations in the application of behavioral activation with older adults.
- Describe and implement at least one evidence-based modification of behavioral activation with older adults.
- Create a professional development plan for attaining additional competencies in clinical interventions with older adults.

Recommended Readings: Haigh, E. A., Bogucki, O. E., Sigmon, S. T., & Blazer, D. G. (2018). Depression among older adults: a 20-year update on five common myths and misconceptions. *The American Journal of Geriatric Psychiatry*, 26(1), 107-122. American Psychological Association. (2014). Guidelines for psychological practice with older adults.

The American Psychologist, 69(1), 34. Pasterfield, M., Bailey, D., Hems, D., McMillan, D., Richards, D., & Gillbody, S. (2014). Adapting manualized Behavioural Activation treatment for older adults with depression. *The Cognitive Behaviour Therapist*, 7. <https://doi-org.ezproxy.umsl.edu/10.1017/S1754470X14000038> Areán, P. A., Gum, A., McCulloch, C. E., Bostrom, A., Gallagher-Thompson, D., & Thompson, L. (2005). Treatment of depression in low-income older adults. *Psychology and Aging*, 20(4), 601-609 Orgeta, V., Brede, J., & Livingston, G. (2017). Behavioural activation for depression in older people: Systematic review and meta-analysis. *The British Journal of Psychiatry*, 211(5), 274-279. <https://doi-org.ezproxy.umsl.edu/10.1192/bjp.bp.117.205021>

11:45 AM – 1:15 PM

Earn 1.5 continuing education credits

Symposium 72:

Mindfulness and Acceptance Based Approaches for Psychosis: Current Evidence and Future Directions

CHAIRS: *Lyn A. Ellett, Ph.D.*, Royal Holloway, University of London
Brandon Gaudiano, Ph.D., Brown University/Butler Hospital

DISCUSSANT: *Roger Vilardaga, Ph.D.*, Duke University

All level of familiarity with the material

Primary Category: Schizophrenia / Psychotic Disorders

Key Words: *Psychosis / Psychotic Disorders, Mindfulness, ACT (Acceptance & Commitment Therapy)*

Mindfulness Groups for Individuals with Persecutory Delusions: A Pilot Randomised Controlled Trial

Lyn A. Ellett, Ph.D., Royal Holloway, University of London

Paul Chadwick, Ph.D., University of Bath

Eryna Tarant, BSc, Surrey and Borders NHS Foundation Trust

Christos Kouimtsidis, Ph.D., Surrey and Borders NHS Foundation Trust

Jessica Kingston, Ph.D., Royal Holloway, University of London

Laura Vivarelli, MRCPsych, Surrey and Borders NHS Foundation Trust

Jeewaka Mendis, Ph.D., University of Surrey

SATURDAY

Effectiveness and Implementation of Acceptance and Commitment Therapy for Inpatients with Psychosis in a Routine Psychiatric Intensive Care Setting: Open and Pilot Randomized Controlled Trials

Brandon Gaudio, Ph.D., Brown University/Butler Hospital

Stacy Ellenberg, M.S., Binghamton University

Barbara Ostrove, M.A., Butler Hospital

Jennifer Johnson, Ph.D., Michigan State University

Kim Mueser, Ph.D., Boston University

Ivan W. Miller, Ph.D., Brown University

Recovery ACT: Feasibility and Acceptability of Group Acceptance and Commitment Therapy for People with Psychosis

Eric Morris, Ph.D., La Trobe University

Eliot Goldstone, DPsych, Northwestern Mental Health

Jacinta Clemente, MPsych, Northwestern Mental Health

Jesse Gates, Ph.D., Orygen Youth Health EPPIC, Northwestern Mental Health

John Farhall, Ph.D., La Trobe University

Marilyn Cugnetto, Ph.D., Academic Psychology Unit, Northwestern Mental Health

Integrated Coping Awareness Therapy: A Randomized Controlled Trial Targeting Stress Reactivity in First-episode Psychosis

Tate Halverson, M.A., University of North Carolina at Chapel Hill

Tate Halverson, M.A., University of North Carolina at Chapel Hill

Piper Meyer-Kalos, Ph.D., University of Minnesota

David Penn, Ph.D., University of North Carolina at Chapel Hill

Earn 1.5 continuing education credits

Symposium 73

Mental Health Interventions on College Campuses

CHAIRS: *Katherine R. Buchholz, Ph.D.*, Wellesley Centers for Women
Tiffany Artime, Ph.D., Pacific Lutheran University
DISCUSSANT: *Jason Kilmer, Ph.D.*, University of Washington School of
Medicine

Basic to Moderate level of familiarity with the material

Primary Category: Treatment - Other

Key Words: *College Students, Evidence-Based Practice, Treatment*

**Evidence-based Therapy Addressing Trauma in College Counseling Centers:
Training and Implementation**

Katherine R. Buchholz, Ph.D., Wellesley Centers for Women
Tiffany Artime, Ph.D., Pacific Lutheran University
Matthew Jakupcak, Ph.D., VA Puget Sound Health Care System; Dept of Psychiatry &
Behavioral Sciences, University of Washington

**Adaptation of an Evidence-based Online Depression Prevention Intervention for
a College Campus**

Tracy Gladstone, Ph.D., Wellesley Centers for Women, Wellesley College
Katherine R. Buchholz, Ph.D., Wellesley Centers for Women
Sophia Rintell, B.A., Wellesley Centers for Women
Erica Plunkett, M.S., Wellesley Centers for Women

**Impact of Medication Status, Year in School, and Internalizing Conditions on
Response to Treatment for ADHD in College Students**

Laura D. Eddy, Ph.D., The Citadel
Arthur D. Anastopoulos, Ph.D., University of North Carolina Greensboro
Joshua Langberg, Ph.D., Virginia Commonwealth University

Earn 1.5 continuing education credits

Symposium 74

Identifying Risk Factors and Preventing Suicide in Autistic Individuals

CHAIR: *Brenna Maddox, Ph.D.*, Perelman School of Medicine at the University of Pennsylvania

DISCUSSANT: *E David Klonsky, Ph.D.*, University of British Columbia

All level of familiarity with the material

Primary Category: Autism Spectrum and Developmental Disorders

Key Words: *Autism Spectrum Disorders, Suicide, Self-Injury*

Universal Suicide Risk Screening and Patients with Autism in Pediatric Hospitals: Implementation Considerations

Cy Nadler, Ph.D., Children’s Mercy/University of Missouri-Kansas City School of Medicine

Suicidality in Adolescents with ASD Seeking Outpatient Treatment for Impaired Emotion Regulation: Rates, Inter-rater Agreement, and Associated Mental Health Problems

Caitlin M. Conner, Ph.D., University of Pittsburgh School of Medicine

Susan White, ABPP, Ph.D., The University of Alabama

Carla Mazefsky, Ph.D., University of Pittsburgh School of Medicine

The Role of Anxiety and Bullying Experiences in Parent-reported Suicidal Ideation in Children with Autism Spectrum Disorder

Michelle Hunsche, B.A., University of British Columbia

Sonja Saqui, M.A., University of British Columbia

Pat Miranda, Ph.D., The University of British Columbia

Anat Zaidman-Zait, Ph.D., Tel-Aviv University

Teresa Bennett, Ph.D., McMaster University

Eric Duku, Ph.D., McMaster University

Mayada Elsabbagh, Ph.D., McGill University

Stelios Georgiades, Ph.D., McMaster University

Isabel M. Smith, M.D., DalHousie University

Peter Szatmari, M.D, MSc, FRCPS, University of Toronto

Wendy J. Ungar, Ph.D., University of Toronto

Tracy Vaillancourt, Ph.D., University of Ottawa

Joanne Volden, Ph.D., University of Alberta

Charlotte Waddell, M.D., Simon Fraser University

Lonnie Zwaigenbaum, Ph.D., University of Alberta

Connor M. Kerns, Ph.D., The University of British Columbia

**Modifying the Safety Planning Intervention for Autistic Adolescents and Adults:
A Community-partnered Approach**

Shari Jager-Hyman, Ph.D., University of Pennsylvania

Samantha Crabbe, MSED, University of Pennsylvania

Megan Airey, B.A., B.S., Children's Hospital of Philadelphia

David Mandell, Perelman School of Medicine at the University of Pennsylvania

Brenna Maddox, Ph.D., Perelman School of Medicine at the University of Pennsylvania

Earn 1.5 continuing education credits

Symposium 75

Evidence-based Interventions for College Student Health Behaviors: Improving Buy-in and Navigating Barriers to Implementation

CHAIR: *Laura Holt, Ph.D.*, Trinity College

DISCUSSANT: *Meredith Ginley, Ph.D.*, East Tennessee State University

All level of familiarity with the material

Primary Category: Addictive Behaviors

Key Words: *Addictive Behaviors, CBT, Sleep*

How to Best Help College Students Quit Vaping? A Qualitative Analysis of Student Perspectives

Laura Holt, Ph.D., Trinity College

Carolyn Najarian, BS Anticipated 6/2020, Trinity College

Clara Pigeon, BS Anticipated 6/2020, Trinity College

A Risky Proposition: College Students' Ideas About What Gambling Is

Jeremiah Weinstock, Ph.D., Saint Louis University

A Latent Class Analysis of Correlates of College Student Alcohol Use and PA Group Membership

Craig Henderson, Ph.D., Sam Houston State University

Chelsie M. Young, Ph.D., Rowan University

Maxwell Christensen, B.A., Sam Houston State University

Emma Anderson-White, B.S., Sam Houston State University

Cody Sze, B.A., Sam Houston State University

laian Najjar, MSc, M.A., University of Houston

J. Leigh Leasure, Ph.D., University of Houston

Clayton Neighbors, Ph.D., University of Houston

CBT for College Students with Insomnia

Daniel J. Taylor, Ph.D., Ph.D., University of Arizona

Earn 1.5 continuing education credits

Symposium 76

From Emotion to Rash Action: Understanding Within-person Urgency in Psychopathology

CHAIRS: *Sarah H. Sperry, M.S.*, University of Illinois at Urbana-Champaign Department of Psychology; Medical University of South Carolina Addiction Sciences Division & Bipolar Disorder Research Program
Rebecca Fortgang, Ph.D., Harvard University

DISCUSSANT: *Donald Lynam, Ph.D.*, Purdue University Department of Psychological Sciences

Moderate level of familiarity with the material

Primary Category: Transdiagnostic

Key Words: *Emotion, Longitudinal, Technology / Mobile Health*

Exploring Within-person Cascade Models of Urgency: Dynamics of Stress, Affect, and Impulsivity

Aidan Wright Wright, Ph.D., University of Pittsburgh

Brinkley Sharpe, B.A., University of Pittsburgh Department of Psychology

Sarah H. Sperry, M.S., University of Illinois at Urbana-Champaign Department of Psychology; Medical University of South Carolina Addiction Sciences Division & Bipolar Disorder Research Program

Extending the Stress Cascade Model of Urgency: Positive-experience Triggers of Positive Urgency

Sarah H. Sperry, M.S., University of Illinois at Urbana-Champaign Department of Psychology; Medical University of South Carolina Addiction Sciences Division & Bipolar Disorder Research Program

Brinkley Sharpe, B.A., University of Pittsburgh Department of Psychology

Aidan Wright Wright, Ph.D., University of Pittsburgh

State-level Correlates of Trait Negative Urgency

Kevin M. King, Ph.D., University of Washington, Seattle

The Role of Negative Urgency in Resisting Real-time Suicidal Urges

Rebecca Fortgang, Ph.D., Harvard University

Alexander Milner, Ph.D., Harvard University

Kathryn Bentley, Ph.D., Harvard Medical School/Massachusetts General Hospital

Evan Kleiman, Ph.D., Rutgers, The State University of New Jersey

Daniel Coppersmith, M.A., Harvard University

Jeff Huffman, M.D., Massachusetts General Hospital

Matt Nock, Ph.D., Harvard University

11:45 AM – 1:15 PM

Earn 1.5 continuing education credits

Symposium 81

Sexual Minority Stress and Health Disparities: Indications for Intervention Development and Adaptation to Increase Treatment Access and Outcomes for Diverse Populations of Sexual Minority Individuals

CHAIR: *Jacklyn D. Foley, Ph.D.*, Massachusetts General Hospital

DISCUSSANT: *David Pantalone, Ph.D.*, University of Massachusetts Boston

Basic to Moderate level of familiarity with the material

Primary Category: LGBTQ+

Key Words: LGBTQ+, Stress, Health Psychology

Comparison of Mental Health and Substance Use Disparities by Gender and Sexual Orientation

Abigail W. Batchelder, M.P.H., Ph.D., Massachusetts General Hospital/ Harvard Medical School

Amelia M. Stanton, Ph.D., Harvard Medical School/Massachusetts General Hospital

Norik Kirakosian, B.S., Massachusetts General Hospital, Behavioral Medicine Program

Dana King, BA, Fenway Health

Chris Grasso, MPH, The Fenway Institute

Jennifer Potter, M.D., Harvard Medical School

Kenneth Mayer, M.D., The Fenway Institute

Conall O’Cleirigh, Ph.D., Harvard Medical School

SATURDAY

A Heavy Burden: Associations Between Sexual Minority Status, Mental Health, and Body Mass Index (BMI) in Women

Alison Goldblatt, M.A., University of Massachusetts Boston

Sarah Bankoff, Ph.D., VA Boston Healthcare System/Boston University School of Medicine

Sabra Katz-Wise, Ph.D., Harvard Medical School/Boston Children's Hospital

David Pantalone, Ph.D., University of Massachusetts Boston

Effects of Perceived Heterosexism on Trauma Related Symptoms Among Sexual Minority Young Adults

Danielle S. Berke, Ph.D., Hunter College of The City University of New York, CUNY Graduate Center

Madeleine D. Tuten, B.A., Hunter College

Madalyn Liautaud, B.A., The Graduate Center, City University of New York

Mechanisms in the Relationship Between Crystal Methamphetamine Use and STI Diagnosis and HIV/STI Risks in Gay, Bisexual, and Other Men Who Have Sex with Men (gbMSM)

Trevor A. Hart, Ph.D., Ryerson University

Kiffer Card, BSc., Ph.D., Simon Fraser University

Shayna Skakoon-Sparling, Ph.D., Ryerson University

Graham W. Berlin, B.A., Ryerson University

Nathan Lachowsky, Ph.D., University of Victoria

David Moore, MD, Department of Medicine At UBC, The BC Centre For Excellence In HIV/AIDS

Darrell Tan, M.D.,FRCPC, Ph.D., St. Michael's Hospital

Daniel Grace, Ph.D., Dalla Lana School of Public Health University of Toronto

Joseph Cox, M.D., Regional Public Health Department, CIUSSS du Centre-Sud-de-l'Île-de-Montréal

Jody Jollimore, MPP, Community-Based Research Centre

Gilles Lambert, Ph.D., The Montreal Public Health Dept., Institut National De Santé Publique Du Québec

Abbie Parlett, BSc., Ryerson University

Marc Messier-Peet, HB.Sc.M.Sc, Centre intégré universitaire de santé et de services sociaux du Centre-Sud-de-l'île-de-Montréal

Alan Lal, BSc., Search Results Web result with site links BC Centre for Excellence in HIV/AIDS

Jordan Sang, Ph.D., BC Centre for Excellence in HIV/AIDS

Syed W. Noor, M.P.H., Ph.D., Ryerson University

Jared Star, BSW, RSW, University of Manitoba

Loss-framed Messages to Reduce Sexual Risk Compensation Associated with Pre-exposure Prophylaxis (PrEP)

Jacklyn D. Foley, Ph.D., Massachusetts General Hospital

Peter Vanable, Ph.D., Syracuse University

Earn 3 continuing education credits

Workshop 10:

ticket

Facilitating Personal Recovery in Bipolar Disorder

Steven Jones, Ph.D., Lancaster University
Elizabeth Tyler, Psy.D., Lancaster University

Moderate level of familiarity with the material

Primary Category: Bipolar Disorders

Key Words: *Bipolar Disorders, Cognitive Therapy, Recovery*

Bipolar disorder affects 1-2 % of the population, is a potentially life long condition and is associated with increased risks of self-harm, suicide, substance use problems and anxiety. NICE guidance recommends access to psychological therapies for people with bipolar and highlights the importance of taking a recovery focused approach to care. There are a range of psychological therapies which have shown promise in improving mood and relapse outcomes in bipolar disorder. However, there is much less evidence indicating how to improve personal recovery and other functional outcomes in this condition. Personal recovery, the ability to live a personally satisfying and engaged life, is a valued outcome amongst service users including people living with bipolar disorder. Recovery focused therapy in an evidence based approach developed to work in partnership with clients to identify and work towards their personal recovery goals considering functional, social and work outcomes as well as mood. This workshop will highlight developments in understanding and treating bipolar disorder from a personal recovery perspective. This will include assessment of personal recovery, key components of the intervention, applications in clinical practice and adaptations for specific groups.

At the end of this session, the learner will be able to:

- Describe the current NICE guidelines for psychological therapy for bipolar disorder and recommendations for further research.
- Explain differences between clinical and personal recovery approaches in bipolar disorder.
- Demonstrate effective use of the Bipolar Recovery Questionnaire to assess and monitor personal recovery.
- Utilise techniques for improving recovery outcomes in bipolar disorder including the application of behavioural experiments.
- Revise RfT for use with older adults.

Recommended Readings: NICE (2014). Bipolar Disorder: The assessment and management of bipolar disorder in adults, children and young people in primary and secondary care. National Clinical Guideline Number 185. NICE: London. Jones, S. H., Lobban, F., Cooke, A. et al. (2010). Understanding bipolar disorder: Why some people experience ex-

treme mood states and what can help. British Psychological Society: Leicester. Jones, S. H., Smith, G., Mulligan, L., Lobban, F., Law, H., Dunn, G., Welford, M., Kelly, J., Mulligan, J., Morrison, A. (2014). Recovery focused CBT for individuals with recent onset bipolar disorder: A randomised controlled pilot trial. *British Journal of Psychiatry*, 206, 58-66. Tyler, E., Lobban, F., Sutton, C., Depp, C., Laidlaw, K., Johnson, S & Jones, S. (2016). A feasibility randomised controlled trial of recovery focused CBT for older adults with bipolar disorder: Study protocol. *BMJ Open*, 6:e010590 doi:10.1136/bmjopen-2015-010590. Lobban, F., Taylor, K., Murray, C., Jones, S. (2012). Bipolar Disorder is a two-edged sword: a qualitative study to understand the positive edge. *Journal of Affective Disorders*. 141, 204-212

12:00 p.m. – 3:00 p.m.

Earn 3 continuing education credits

Workshop 12:



Microaggressions in Therapy: Effective Approaches to Managing, Preventing, and Responding to Them

Monnica T. Williams, ABPP, Ph.D., University of Ottawa
Matthew D. Skinta, ABPP, Ph.D., Roosevelt University

All level of familiarity with the material

Primary Category: Culture / Ethnicity / Race

Key Words: *Culture, LGBTQ+, Therapeutic Relationship*

This workshop is specifically for clinicians who want to be more effective in their use of evidence-based practices with people of color and sexual and gender minorities. Given the increasing diversity of clients seeking mental health care, there is a growing need to enhance the sensitivity of therapeutic interventions. Many marginalized groups experience large disparities in access and utilization of mental health care. These disparities have multiple causes, but they do exist in part from well-intentioned clinicians who have not yet acquired the skills and knowledge necessary to effectively engage diverse clients. Microaggressions have been identified as a common and troubling cause for poor retention and inadequate treatment outcomes for people of color. Additionally, microaggressions in the everyday lives of people from stigmatized groups have been linked to numerous negative mental health outcomes. Repeated exposure to microaggressions can cause psychological unwellness and even trauma symptoms. Thus, all clinicians can benefit from a better understanding of microaggressions to improve their work with clients and to help clients navigate microaggressions in their daily lives. We will discuss the theoretical basis of the problem (microaggressions), the cognitive-behavioral mechanisms by which the problem is maintained, and how to address this using CBT principles, with a focus on the role of the

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therapist. Therapists will learn how to effectively support clients who may be experiencing microaggressions in their daily lives. We will also discuss new research surrounding the impact of microaggressions and review assessment strategies for uncovering the effects of stigma-related stress and trauma in clients. The workshop will include examples, discussion, and Q&A.

At the end of this session, the learner will be able to:

- Identify microaggressions in interpersonal interactions and the environment.
- Define microaggressions and explain how they are connected to bias and stereotypes.
- Address ruptures in the therapeutic alliance due to microaggressions.
- Support clients coping with distress or impairment due to microaggressions.
- List various (at least 5) types of psychopathologies connected to experiences of microaggressions.

Recommended Readings: Williams, M. T. (2020). Managing Microaggressions: Addressing Everyday Racism in Therapeutic Spaces. ABCT Series on Implementation of Clinical Approaches. Oxford University Press. Nadal, K. L. (2013). Contemporary perspectives on lesbian, gay, and bisexual psychology. That's so gay! Microaggressions and the lesbian, gay, bisexual, and transgender community. American Psychological Association. doi: 10.1037/14093-000Williams, M. T. (2020). Microaggressions: Clarification, evidence, and impact. *Perspectives on Psychological Science*, 15(1), 3-26. doi: 10.1177/1745691619827499Williams, M. & Halstead, M. (2019). Racial microaggressions as barriers to treatment in clinical care. *Directions in Psychiatry*, 39(4), 265-280.Sue, D. W., Alsaedi, S., Awad, M. N., Glaeser, E., Calle, C. Z., & Mendez, N. (2019). Disarming racial microaggressions: Micro-intervention strategies for targets, White allies, and bystanders. *American Psychologist*, 74(1), 128-142.

Earn 1.5 continuing education credits

Mini Workshop 10:

Introduction to the “Coping Long Term with Active Suicide Program (CLASP)”

Ivan W. Miller, Ph.D., Brown University
Brandon Gaudiano, Ph.D., Brown University/Butler Hospital
Lauren Weinstock, Ph.D., Brown University

Basic to Moderate level of familiarity with the material

Primary Category: Suicide and Self-Injury

Key Words: *Suicide, Prevention, Transdiagnostic*

Suicidal behavior is a major public health problem in this country. Despite the significance of this issue, relatively few interventions to reduce suicidal behavior have been developed and empirically tested/validated. We have developed a new intervention called Coping Long Term with Active Suicide Program (CLASP) that targets multiple risk factors for suicide using a unique combination of formats (in-person and telephone) and therapeutic strategies (values-goals clarification, problem solving, significant other support). The CLASP intervention is an adjunctive intervention specifically designed to reduce subsequent suicidal behavior in high risk populations during times of acute risk or transition. CLASP has three major components: 1) three individual, in-person meetings, 2) one significant other/family meeting and 3) and 11 brief (15-30 min) phone contacts with the patient and his/her significant other. The strategies used in CLASP are adapted from two main therapeutic approaches: Acceptance and Commitment Therapy (ACT) and the McMaster Model of Family Functioning. Recent research has demonstrated that CLASP produces significant reductions in suicidal behavior in high risk patients transitioning from emergency departments and psychiatric inpatient units. This mini-workshop will provide an overview of the CLASP intervention, intervention materials, case examples and empirical research, so that clinicians and researchers can consider utilizing this intervention in their own settings. Teaching techniques will include didactics and individual and group role-playing.

At the end of this session, the learner will be able to:

- Describe CLASP intervention, its components, and empirical research.
- Appreciate the advantages and challenges of providing a telephone-based intervention to high-risk, potentially suicidal, individuals.
- Explain how values-goals clarification strategies can be adapted to target suicidal behaviors.

Recommended Readings: Miller, I., Gaudiano, B. & Weinstock, L. (2016). The Coping Long Term with Active Suicide Program (CLASP): Description and Pilot Data. *Suicide and Life-Threatening Behavior*, 46, 752-761. Miller, I., Camargo, C., Arias, S., Sullivan, A., Allen, M., Goldstein, A., Manton, A., Espinola, J., Jones, R., Hasegawa, K., & Boudreaux, E. (2017). Suicide Prevention in an Emergency Department Population: the ED-SAFE Study. *JAMA-Psychiatry*, 74 (6), 563-570. Gaudiano, B., Wenze, S., Weinstock, L., Tezanos, K., & Miller, I. (2017). Valued Living and Its Relationship to Medication Adherence in Patients with Bipolar and Comorbid Substance Use Disorders. *The Journal of Nervous and Mental Disease*, 205, 178-181.

1:30 p.m. – 3:00 p.m.

Earn 1.5 continuing education credits

Mini Workshop 11:

Beyond Butterflies: Delivering CBT for Children and Adolescents with Gastrointestinal Symptoms

Bradley Jerson, Ph.D., Connecticut Children’s and UConn Department of Pediatrics
Amy E. Hale, Ph.D., Boston Children’s Hospital/Harvard Medical School
Kari Baber, Ph.D., Children’s Hospital of Philadelphia

All level of familiarity with the material

Primary Category: Health Psychology / Behavioral Medicine - Child

Key Words: *Behavioral Medicine, Adolescents, Health Psychology*

Gastrointestinal symptoms (pain, nausea, bowel symptoms) are among the most common somatic symptoms experienced by children and adolescents, with large, community samples suggesting that more than 20% of children and adolescents experience symptoms consistent with functional gastrointestinal disorder (FGID) diagnosis (e.g. irritable bowel syndrome, functional abdominal pain and nausea; Robin et al., 2018; Saps et al., 2018). Although FGIDs can be markers of anxiety and depression, they can also be experienced in the absence of other psychiatric symptoms. FGIDs are disorders of the gut-brain axis and CBT has demonstrated positive effects (Brent et al. 2008; Rutten et al. 2015) on these symptoms such that treatment guidelines for nearly all pediatric FGIDs now include CBT (Hyams et al. 2016). There is significant need for CBT providers who can treat these populations in community mental health, primary care, and private practice settings, but many lack GI-specific training. Tailoring of CBT for treatment of FGIDs includes adaptations to traditional CBT language and behavioral strategies, but unfortunately there are limited educational and training opportunities for behavioral health professionals to learn these skills. In this workshop, a trio of pediatric psychologists integrated in Gastroenterology programs at academic children’s hospitals will orient participants to the application of

SATURDAY

CBT for GI symptoms. An overview of FGID criteria, the biopsychosocial conceptualization that frames CBT interventions for patients with FGIDs, and the evidence base for CBT interventions in this patient population will be reviewed. Metaphors, cognitive restructuring strategies, and GI-specific relaxation strategies will be introduced. We will use case illustrations and role plays to demonstrate how to communicate effectively about the biopsychosocial conceptualization of pediatric FGIDs and associated impairment (e.g., school avoidance), tailoring CBT interventions to target common maladaptive cognitions and behaviors in patients with FGIDs. This workshop is intended for students and trainees at all levels, as well as clinicians who practice outside of subspecialty medical practices.

At the end of this session, the learner will be able to:

- Explain the etiology and maintenance of functional gastrointestinal disorders commonly seen in community settings, including abdominal pain, nausea, vomiting, and bowel disturbances.
- Effectively incorporate biological mechanisms, associated gastrointestinal symptoms, and accompanying impairment into their CBT case conceptualizations.
- Implement at least 1 CBT-based treatment plan for a patient with one of the diagnoses discussed in the workshop.

Recommended Readings: van der Veek, S. M., de Haan, E., Derkx, H. H. F., Benninga, M. A., & Boer, F. (2017). Psychological factors addressed in cognitive behaviour therapy for paediatric functional abdominal pain: Which are most important to target? *Journal of Health Psychology*, 1-11. Hyams, J. S., Di Lorenzo, C., Saps, M., Shulman, R. J., Staiano, A., & van Tilburg, M. (2016). Childhood functional gastrointestinal disorders: child/adolescent. *Gastroenterology*, 150(6), 1456-1468. Reed-Knight, B., Claar, R. L., Schurman, J. V., & van Tilburg, M. A. (2016). Implementing psychological therapies for functional GI disorders in children and adults. *Expert Review of Gastroenterology & Hepatology*, 10(9), 981-984.

Earn 1.5 continuing education credits

Clinical Round Table 10:

Stuck on a Feeling: Targeting the Mechanism of Cognitive Inflexibility Through CBT to Improve Psychiatric Outcomes in Autism Spectrum Disorders

MODERATOR: *Lauren Kenworthy, Ph.D.*, Children’s National Hospital

PANELISTS: *Cara Pugliese, Ph.D.*, Children’s National Hospital

Amy Keefer, ABPP, Ph.D., Center for Autism and Related Disorders,
Kennedy Krieger Institute/ Department of Psychiatry
and Behavioral Sciences, Johns Hopkins University
School of Medicine

Katherine Gotham, Ph.D., Rowan University

Matthew D. Lerner, Ph.D., Stony Brook University

Connor M. Kerns, Ph.D., The University of British Columbia

Julia Bascom, None, Autistic Self Advocacy Network

All level of familiarity with the material

Primary Category: Autism Spectrum and Developmental Disorders

Key Words: *Autism Spectrum Disorders, CBT, Change Process / Mechanisms*

The primary goals of this clinical roundtable are to 1) understand how cognitive inflexibility manifests across psychiatric disorders in autism spectrum disorders (ASD) and impacts treatment progress, 2) learn empirically supported techniques targeting flexibility to improve treatment outcomes, and 3) recognize when cognitive inflexibility is protective in ASD and could prevent exacerbation of psychiatric problems.

Executive function problems are a “transdiagnostic intermediate phenotype,” or risk factor, for many psychiatric disorders (Snyder & Miyake, 2015). The executive function domain of cognitive inflexibility is a diagnostic marker of ASD, defined by insistence on sameness, inflexible adherence to routines, ritualized patterns of behavior, and perseverative interests. Meta-analytic evidence demonstrates that cognitive flexibility is significantly impaired in typically developing individuals with major depression (MDD), obsessive-compulsive disorder (OCD), post-traumatic stress disorder (PTSD), and anxiety disorders (Snyder & Miyake, 2015; Demetriou et al., 2017). Given the high rates of co-occurring psychiatric disorders in ASD, this hallmark feature of ASD may confer additional risk for the development of psychiatric problems. Conversely, certain aspects of inflexibility in ASD may serve as protective factors: cognitive inflexibility around daily living or therapeutic routines may serve to reduce anxiety and increase treatment compliance; and inclusion of focused interests in the therapeutic process may improve engagement and guide novel therapeutic approaches.

This panel brings together experts in ASD who specialize in treating core flexibility impairments and psychiatric disorders that co-occur with ASD (e.g., MDD, OCD, PTSD, anxiety). The moderator will introduce neuropsychological correlates of cognitive inflexibility in ASD and discuss common strengths and weaknesses that stem from cognitive inflexibility. Panelists will demonstrate how they conceptualize cognitive flexibility in their own CBT work in relation to the development, maintenance, or reduction of psychiatric symptoms, and provide examples of how they target cognitive flexibility through CBT in their own practice.

1:30 PM – 3:00 PM

Earn 1.5 continuing education credits

Symposium 71:

It's All in the Family: Integrating Family into the Treatment of Suicidality and BPD

CHAIR: *Lauren B. Yadlosky, Ph.D.*, McLean Hospital, Harvard Medical School Dept of Psychiatry

DISCUSSANT: *Alan Fruzzetti, Ph.D.*, McLean Hospital, Harvard Medical School Dept of Psychiatry

Basic to Moderate level of familiarity with the material

Primary Category: Parenting / Families

Key Words: *Families, Borderline Personality Disorder, DBT (Dialectical Behavior Therapy)*

Helping Parents with Sensitive Children: Strategies and Procedures Within DBT for Pre-adolescent Children Model

Francheska Perepletchikova, Ph.D., Weill Cornell Medical College, Department of Psychiatry

Integrating Dialectical Behavior Therapy and Parenting Interventions for At-risk Parent Child Dyads

Maureen Zalewski, Ph.D., University of Oregon, Department of Psychology

Adapting Family Connections to Maximize Family Participation: A Non-randomized Comparison Study

Sophie I. Liljedahl, Ph.D., Finjagården Treatment Center; Sahlgrenska University Hospital (East)

The Family Connections Program: outcomes and a Parent's Perspective

Lauren B. Yadlosky, Ph.D., McLean Hospital, Harvard Medical School Dept of Psychiatry

Earn 1.5 continuing education credits

Symposium 77:

Social Media and Mental Health: Exploring Cognitive and Behavioral Mechanisms Using Diverse Methodologies

CHAIR: *Lauren A. Rutter, Ph.D.*, Indiana University Bloomington

DISCUSSANT: *Jacqueline Nesi, Ph.D.*, Brown University

All level of familiarity with the material

Primary Category: Technology

Key Words: *Technology / Mobile Health, Cognitive Vulnerability, Depression*

Examining the Relationship Between Social Media Use, Online Discrimination, and Depression Among Diverse College Students

Cody Weeks, M.A., Montclair State University

Petty Tineo, M.A., Montclair State University

Tanya Singh, M.A., Montclair State University

Farah Mahmud, M.S., Montclair State University

Emily Kline, M.A., Montclair State University

Diana Torsiello, B.A., Montclair State University

Megan Rusco, B.A., Montclair State University

Carrie Masia Warner, Ph.D., Montclair State University

Jazmin Reyes-Portillo, Ph.D., Montclair State University

When - And for Whom - Does Facebook Use Turn Maladaptive?

Natalia Macrynika, M.A., City University of New York, The Graduate Center & Hunter College

Regina Miranda, Ph.D., Hunter College, City University of New York

Distorted Thinking Online: Evidence for Cognitive Distortions in Depressed Twitter Users

Lauren A. Rutter, Ph.D., Indiana University Bloomington

Krishna Bathina, M.S., Indiana University Bloomington

Marijn Ten Thij, Ph.D., Indiana University Bloomington

Lorenzo Lorenzo-Luaces, Ph.D., Indiana University Bloomington

Johan Bollen, Ph.D., Indiana University Bloomington

Online Social Media Activity Shows Differences in the Circadian Rhythm of Depressed vs. Non-depressed Twitter Users

Lorenzo Lorenzo-Luaces, Ph.D., Indiana University Bloomington

Marijn Ten Thij, Ph.D., Indiana University Bloomington

Lauren A. Rutter, Ph.D., Indiana University Bloomington

Johan Bollen, Ph.D., Indiana University Bloomington

1:30 PM – 3:00 PM

Earn 1.5 continuing education credits

Symposium 78

The Role of Parenting Cognitions for Engaging Parents in Treatments to Manage Disruptive Child Behavior

CHAIR: *Hali Kil, Ph.D., Centre for Addiction and Mental Health*

DISCUSSANT: *Brendan F. Andrade, Ph.D., Centre for Addiction and Mental Health*

Basic to Moderate level of familiarity with the material

Primary Category: Parenting / Families

Key Words: *Parenting, Families, Externalizing*

Parent Cognitions and Child ADHD Symptoms and Impairment as Related to Parental Perceptions of ADHD Treatment

Yuanyuan Jiang, Ph.D., Saint Paul University

Devon Chazan, M.Ed., University of Alberta

Minyeong Cho, University of Alberta

Parental Attributions, Parenting Skills, and Readiness for Treatment in Parents of Children with Disruptive Behavior

Hali Kil, Ph.D., Centre for Addiction and Mental Health

Julia Martini, B.A., B.Ed., York University

Brendan F. Andrade, Ph.D., Centre for Addiction and Mental Health

Cultural Differences in Parental Mental Health Literacy and Treatment Attitudes About ADHD

Janet Mah, Ph.D., BC Children's Hospital

Wendy Li, B.A., BC Children's Hospital

Earn 1.5 continuing education credits

Symposium 79:

Adapting Transdiagnostic Cognitive Behavioral Therapies for Novel Settings

- CHAIR: *Nicole J. LeBlanc, Ph.D.*, Massachusetts General Hospital
DISCUSSANT: *Luana Marques, Ph.D.*, Community Psychiatry Program for Research in Implementation and Dissemination of Evidence-Based Treatments, Department of Psychiatry, Massachusetts General Hospital

Basic to Moderate level of familiarity with the material

Primary Category: Treatment - CBT

Key Words: *Transdiagnostic, CBT, Treatment Development*

A Single-session Workshop to Enhance Emotional Awareness and Emotion Regulation for Graduate Students

- Emily E. Bernstein, M.A.*, Harvard University
Nicole J. LeBlanc, Ph.D., Massachusetts General Hospital
Kathryn Bentley, Ph.D., Harvard Medical School/Massachusetts General Hospital
Paul Barreira, M.D., Harvard University
Richard McNally, Ph.D., Harvard University

Implementation and Effectiveness of a Transdiagnostic Modular CBT Curriculum for High-risk Young Men

- Soo Jeong Youn, Ph.D.*, Massachusetts General Hospital/Harvard Medical School
Anna Bartuska, B.S., B.A., University of North Carolina at Chapel Hill
E. David Zepeda, Ph.D., Boston University School of Public Health
Juliana Ison, B.A., Massachusetts General Hospital
Lillian Blanchard, B.S., Massachusetts General Hospital
Kimberlye E. Dean, Ph.D., Massachusetts General Hospital
Derri Shtasel, M.D., Massachusetts General Hospital
Luana Marques, Ph.D., Community Psychiatry Program for Research in Implementation and Dissemination of Evidence-Based Treatments, Department of Psychiatry, Massachusetts General Hospital

Adapting Transdiagnostic Cognitive-behavioral Treatment for an Intensive Outpatient Program for Young Adults with Substance Use Disorders: feasibility and Initial Efficacy

Kathryn Bentley, Ph.D., Harvard Medical School/Massachusetts General Hospital
James McKowen, Ph.D., Massachusetts General Hospital/Harvard Medical School
Lisa Cohen, Psy.D., Massachusetts General Hospital
A. Eden Evins, M.P.H., M.D., Massachusetts General Hospital
Kelsey Lowman, B.A., Massachusetts General Hospital

Establishing a Collaborative Care CBT Milieu in Adolescent Inpatient Units

Torrey A. Creed, Ph.D., Perelman School of Medicine at the University of Pennsylvania
Scott H. Waltman, ABPP, Psy.D., Center for Dialectical and Cognitive Behavior Therapy
Michael Williston, Psy.D., University of Pennsylvania

A Pilot Adaption of a Smartphone-based Transdiagnostic Cognitive Behavioral Treatment for Suicide Risk Reduction

Evan Kleiman, Ph.D., Rutgers, The State University of New Jersey
Evan Kleiman, Ph.D., Rutgers, The State University of New Jersey
Kathryn Bentley, Ph.D., Harvard Medical School/Massachusetts General Hospital
Joseph S. Maimone, B.A., Massachusetts General Hospital
Erin Kilbury, M.A., Harvard University
Rebecca Fortgang, Ph.D., Harvard University
Kelly Zuromski, Ph.D., Harvard University
Jeff Huffman, M.D., Massachusetts General Hospital
Matt Nock, Ph.D., Harvard University

Earn 1.5 continuing education credits

Symposium 80:

Identifying Ethnic Minority Adolescents at Greatest Risk of Mental Health Problems: Assessing Intervention Targets and Enhancing Engagement in Care

CHAIR: *Josephine Shih, Ph.D.*, Saint Joseph's University

DISCUSSANT: *Anna Lau, Ph.D.*, University of California, Los Angeles

Basic level of familiarity with the material

Primary Category: Culture / Ethnicity / Race

Key Words: *Culture, Risk / Vulnerability Factors, Underserved Populations*

Comparing European American, Vietnamese American, and Vietnamese Adolescents: Who Is More at Risk for Internalizing Symptoms and Which Types of Stressors Matter More?

Josephine Shih, Ph.D., Saint Joseph's University

William Tsai, Ph.D., Department of Applied Psychology, New York University.

Bahr Weiss, Ph.D., Vanderbilt University

Anna Lau, Ph.D., University of California, Los Angeles

Discrimination, Family Factors and Externalizing Symptoms in Rural Latinx Youth: Sex Matters

Carolyn Ponting, M.A., University of California, Los Angeles

Referral and Eligibility Patterns of Youth At-risk for Depression in Urban School Settings

Antonio Polo, Ph.D., DePaul University

Amber Ramos, B.A., DePaul University

Averill F. Obee, B.A., DePaul University

Jeanette Figueroa, B.S., DePaul University

Jesus Eduardo Solano-Martinez, B.A., DePaul University

Laura Saldana, B.A., DePaul University

Culturally Adapting Youth Mental Health First Aid Training for Asian American Parents at School

Cixin Wang, Ph.D., University of Maryland- College Park

Jia Li Liu, Ph.D., University of Maryland, College Park

Kristen Marsico, M.A., University of Maryland, College Park

Qianyu Zhu, M.A., University of Maryland, College Park

Earn 1.5 continuing education credits

Symposium 82

Increasing Access to Evidence-based Services in Pediatric Primary Care

CHAIR: *Jami Young, Ph.D.*, Children’s Hospital of Philadelphia, University of Pennsylvania Perelman School of Medicine

DISCUSSANT: *Laura H. Mufson, Ph.D.*, Columbia University Vagelos College of Physicians and Surgeons and New York State Psychiatric Institute

All level of familiarity with the material

Primary Category: Primary Care / Integrated Care

Key Words: *Primary Care, Child, Underserved Populations*

Eliciting Stakeholder Feedback to Adapt and Implement an Early Childhood Behavioral Sleep Intervention in Primary Care

Ariel A. Williamson, Ph.D., Children’s Hospital of Philadelphia & University of Pennsylvania Perelman School of Medicine

Olivia Cicalese, M.S., Children’s Hospital of Philadelphia

Izabela Milaniak, M.A., University of Pennsylvania

Bethany Watson, M.A., University of Pennsylvania

Brittney Evans, M.S., Children’s Hospital of Philadelphia

Chimereodo Okoroji, M.A., Children’s Hospital of Philadelphia

Rinad S. S. Beidas, Ph.D., University of Pennsylvania Perelman School of Medicine; Penn Implementation Science Center at the Leonard Davis Institute of Health Economics (PISCE@LDI)

Amy Kratchman, B.A., Children’s Hospital of Philadelphia

Frances Barg, Ph.D., MEd, university of Pennsylvania

Katharine Rendle, Ph.D., MSW, MPH, university of Pennsylvania

Alexander G. Fiks, M.D., MSCE, Children’s Hospital of Philadelphia; University of Pennsylvania Perelman School of Medicine

Thomas J. Power, Ph.D., ABPP, Children’s Hospital of Philadelphia; University of Pennsylvania Perelman School of Medicine

Jodi Mindell, Ph.D., CBSM, Children’s Hospital of Philadelphia/Saint Joseph’s University

Adolescent Depression in Primary Care: Opportunities for Early Identification and Prevention

Jami Young, Ph.D., Children's Hospital of Philadelphia, University of Pennsylvania Perelman School of Medicine

Molly Davis, Ph.D., Perelman School of Medicine at the University of Pennsylvania
Victoria Rio, B.S., The Children's Hospital of Philadelphia

Morgan L. Bush, B.A., Children's Hospital of Philadelphia

Rebecca M. Kanine, Ph.D., Children's Hospital of Philadelphia

Jason D. Jones, Ph.D., The Children's Hospital of Philadelphia

Alyssa Farley, Ph.D., Boston University

Implementing, Evaluating and Sustaining a Positive Parenting Intervention in Primary Care

Joanne N. Wood, M.D., M.S., University of Pennsylvania School of Medicine

Kratchman Devon, B.S., Children's Hospital of Philadelphia

Samantha Schilling, MD, MSHP, Department of Pediatrics, University of North Carolina

Engaging Families, Educators, and Primary Care Providers to Reduce Services Disparities

Jennifer A. Mautone, ABPP, Ph.D., Children's Hospital of Philadelphia/University of Pennsylvania

Alex Holdaway, Ph.D., Children's Hospital of Philadelphia

Phylicia Fitzpatrick Fleming, Ph.D., Children's Hospital of Philadelphia

Marsha Ariol, M.S., Children's Hospital of Philadelphia

La'Shaunte Casher, M.A., Children's Hospital of Philadelphia

Meaghan Lee, B.A., Children's hospital of Philadelphia

Thomas J. Power, Ph.D., ABPP, Children's Hospital of Philadelphia; University of Pennsylvania Perelman School of Medicine

Earn 1.5 continuing education credits

Symposium 83

**New Directions in Means Safety Interventions:
Enhancing Engagement and Outcomes**

CHAIR: *Gabriela K. Khazanov, Ph.D.*, Corporal Michael J. Crescenz VA Medical Center

DISCUSSANT: *Peter C. Britton, Ph.D.*, Canandaigua V. A. Medical Center

Basic to Moderate level of familiarity with the material

Primary Category: Suicide and Self-Injury

Key Words: *Suicide, Treatment Development, Implementation*

Psychosocial Correlates of Safe Firearm Storage Practice Among U.S. Gun Owners

Craig J. Bryan, Psy.D., National Center for Veterans Studies

AnnaBelle Bryan, M.S., National Center for Veterans Studies

Michael D. Anestis, Ph.D., School of Psychology

Joye C. Anestis, Ph.D., University of Southern Mississippi

Project Safe Guard: Leveraging Motivational Interviewing to Prompt Safe Firearm Storage Within the Mississippi National Guard

Michael D. Anestis, Ph.D., School of Psychology

Daniel Capron, Ph.D., University of Southern Mississippi

AnnaBelle Bryan, M.S., National Center for Veterans Studies

Craig J. Bryan, Psy.D., National Center for Veterans Studies

A Pilot Randomized Clinical Trial of a Lethal Means Safety Intervention for Young Adults with Firearm Familiarity at Risk for Suicide

Ian H. Stanley, M.S., VA Boston Healthcare System

Melanie A. Hom, M.S., Florida State University

Natalie Sachs-Ericsson, Ph.D., Florida State University

Austin Gallyer, B.S., Florida State University

Thomas Joiner, Ph.D., Florida State University

Adapting the Safety Check for Wide-scale Implementation in Health Systems for Prevention of Pediatric Firearm Injury and Mortality

Rinad S. S. Beidas, Ph.D., University of Pennsylvania Perelman School of Medicine;
Penn Implementation Science Center at the Leonard Davis Institute of Health
Economics (PISCE@LDI)

Amy Pettit, Ph.D., University of Pennsylvania

Christina Johnson, B.S., University of Pennsylvania

Molly Davis, Ph.D., Perelman School of Medicine at the University of Pennsylvania

Rebecca Cunningham, M.D., University of Michigan

David Hemenway, Ph.D., Harvard University

Benjamin Hoffman, M.D., Oregon Health & Science University

Shari Jager-Hyman, Ph.D., University of Pennsylvania

Cheryl A. King, Ph.D., University of Michigan

Adina Lieberman, MPH, University of Pennsylvania

Lynn Massey, L.M.S.W., University of Michigan

Frederick Rivara, M.D., M.P.H., University of Washington

Eric Sigel, M.D., University of Colorado

Maureen Walton, M.P.H., Ph.D., University of Michigan

Courtney Benjamin Wolk, Ph.D., University of Pennsylvania

Shari Barkin, M.D., M.S.H.S., Vanderbilt University

Earn 1.5 continuing education credits

Symposium 84

Extending the Impact of Cognitive and Behavioral Therapies Through the Integration of Health Outcomes: A Closer Look at Emotion Regulation Processes

CHAIRS: *Laura J. Dixon, Ph.D., University of Mississippi*
Aaron A. Lee, Ph.D., University of Mississippi

DISCUSSANT: *Kim L. Gratz, Ph.D., University of Toledo*

Moderate level of familiarity with the material

Primary Category: Transdiagnostic

Key Words: *Emotion Regulation, Health Anxiety, Change Process / Mechanisms*

Examining the Effect of Acute Aerobic Exercise on State-based Emotion Regulation During Emotional Distress

Michael J. McDermott, Ph.D., University of Louisiana at Lafayette
Christopher R. Berghoff, Ph.D., University of South Dakota
Randy L. Aldret, Ed.D., Edward Via College of Osteopathic Medicine
Greggory R. Davis, Ph.D., University of Louisiana at Lafayette
David M. Bellar, Ph.D., University of North Carolina at Charlotte

Emotion Dysregulation Mediates the Relation of Valued Action Obstruction and Physical Health

Jennifer Kuo, M.A., University of South Dakota
Emily A. Kalantar, B.A., University of South Dakota
Lucas D. Baker, B.S., University of South Dakota
Rachel C. Bock, B.S., University of South Dakota
Christopher R. Berghoff, Ph.D., University of South Dakota

The Effect of Negative Emotion on Responses to an Analogue Addictive behaviors Paradigm

Matthew T. Tull, Ph.D., University of Toledo
Aaron A. Lee, Ph.D., University of Mississippi
Margaret M. Baer, B.A., University of Toledo
Keith A. Edmonds, M.A., University of Toledo
Chase D. Riling, University of Toledo
Kim L. Gratz, Ph.D., University of Toledo

Examining the Mediating Role of Emotion Regulation Difficulties in Behavioral Avoidance of Gastrointestinal Symptoms

Sara Witcraft, M.A., University of Mississippi

Laura J. Dixon, Ph.D., University of Mississippi

Emotion Regulation Among Adults with Asthma: Association with Symptom Control, Rescue Inhaler Overuse, and Acute Healthcare Utilization

Aaron A. Lee, Ph.D., University of Mississippi

Patric Leukel, B.S., University of Mississippi

Laura J. Dixon, Ph.D., University of Mississippi

Ann-Marie Rosland, M.D., University of Pittsburgh

1:30 p.m. – 3:00 p.m.

Earn 1.5 continuing education credits

Research and Professional Development 2

Dr. Strangeabct Or: How I Learned to Stop Worrying and Love the Camera Conducting an Effective Television Interview

PANELISTS: *Gwilym Roddick, LCSW, Other, The Ross Center*
Kevin Chapman, Ph.D., Kentucky Center for Anxiety and Related Disorders
Emily Bilek, ABPP, Ph.D., University of Michigan
Ilana Seager van Dyk, M.A., The Ohio State University

All level of familiarity with the material

Primary Category: Dissemination & Implementation Science

Key Words: *Scientist-Practitioner, Anxiety, Exposure*

Close your eyes. Does the thought of sitting in front of a camera sharing your knowledge of evidence-based practice and research activate your limbic system in an uncomfortable way? If you have been brave enough to try, are there safety behaviors you have engaged in when doing such interviews? Or have you simply avoided them out of embarrassment or fear of inadequacy? Would you like to share your professional expertise with the world through video, but aren't sure you will "get it right" or be effective? If you answered yes to any or all of these questions, you should attend our Professional Development session. This 90-minute demonstration will provide attendees with instruction about conducting an effective television- or video-based interview. Numerous research studies have illustrated the helpful impact television and video have had on destigmatizing mental health services and the people who seek them. Research also suggests that without quick and easily disseminable products like video, it can take several years for both practitioners and consumers learn about the most helpful methods of treatment. Unlike scholarly or even newspaper articles, television and web-based video is designed to be short, specific, and plainspoken. Critically, most clinicians and researchers have little-to-no experience being

interviewed for a public audience, leading to a dearth of effective media appearances by CBT experts. This session will attempt to fill this gap in the media by providing attendees with both a) the skills to take part in a filmed interview, and b) space to reflect upon the ways in which exposure-based principles can be utilized to overcome attendees' own fears about being on camera. First, Dr. Kevin Chapman and members of ABCT's Public Education and Media Dissemination Committee will lead a live- and video-projected demonstration of a successful television interview. In addition, up to two volunteer participants will have the opportunity to engage in a practice interview on a topic of their choosing, followed by feedback. Participants who wish to volunteer for the practice interview should bring three questions they have prepared on a topic with which they are familiar.

At the end of this session, the learner will be able to:

- Describe the basic elements of an effective expert practitioner/researcher television interview or video.
- Identify up to three behaviors and beliefs that are inhibiting them from video-based media work, and potential cognitive and behavioral strategies they could use to counter them.
- Describe the basic elements of a short web-based video.

Recommended Readings: Working with the media. (2020, January 1st). American Psychological Association. Retrieved February 1st, 2020, From <https://www.apa.org/pubs/authors/working-with-media> Norman C. H. Wong, Kathryn L. Lookadoo & Gwendelyn S. Nisbett (2017). "I'm Demi and I Have Bipolar Disorder": Effect of Parasocial Contact on Reducing Stigma Toward People With Bipolar Disorder, *Communication Studies*, 68:3, 314-333, DOI: 10.1080/10510974.2017.1331928 Cynthia A. Hoffner & Elizabeth L. Cohen (2012). Responses to Obsessive Compulsive Disorder on Monk Among Series Fans: Parasocial Relations, Presumed Media Influence, and Behavioral Outcomes, *Journal of Broadcasting & Electronic Media*, 56:4, 650-668, DOI: 10.1080/08838151.2012.732136

Earn 1.5 continuing education credits

Panel Discussion 27:

Adaptations in Mental Healthcare Treatment Delivery and Research Conducted in Response to the COVID-19 Pandemic in an Urban Setting

MODERATOR: *Julianne W. Tirpak, M.A.*, Boston University

PANELISTS: *Lisa Smith, Ph.D.*, Boston University Center for Anxiety and Related Disorders

Todd Farchione, Ph.D., Boston University Center for Anxiety and Related Disorders

Barbara W. Kamholz, Ph.D., VA Boston Healthcare System

Ryan Madigan, Psy.D., Boston Child Study Center

Jason Krompinger, Ph.D., McLean Hospital OCD Institute; Harvard Medical School

Primary Category: Health Care System / Public Policy

Key Words: *Health Care System, Implementation, Public Policy*

On 3/10/20 a state of emergency was declared in the state of Massachusetts (MA) due to the COVID-19 outbreak. On 3/11/20 the outbreak was labelled a pandemic by WHO. On 3/15/20, 164 cases were reported by the MA Dept. of Public Health (MA-DPH), with the number of presumptive positive and confirmed cases continuing to sharply rise as the virus is further transmitted, and as more frequent testing procedures are implemented. In response to the pandemic, the Federal CDC and the MA-DPH recommend implementation of community mitigation strategies, including the cancellation of large gatherings, and the practice of social distancing.

Social isolation has been correlated to mental health symptoms such as anxiety and depression based on social disconnectedness and perceived isolation. The uncertainty of contagion is an additional factor that contributes to anxiety. Fear of contracting COVID-19 and the widespread call for social distancing is likely to result in a sudden surge in psychological symptoms that could threaten to overwhelm existing mental healthcare services.

The panel will describe their implementation of mental healthcare best practices as the pandemic unfolds, including remote telemental healthcare, residential care in the face of anticipated high demand for service, and attempts to continue ongoing treatment outcome research. Additionally, presenters will comment on aspects of training and supervision as the change in demand for service delivery modalities affects clinicians with varying amounts of experience. The panel will also seek to compile pandemic related trends in mental health symptomatology.

Panelists were chosen based on their ability to discuss changes in the treatment delivery from a range of settings in the greater Boston area including general outpatient

3:15 p.m. – 4:45 p.m.

Earn 1.5 continuing education credits

Panel Discussion 28:

Navigating Barriers to Suicide Treatment and Research Among High-risk Populations During Critical Care Transitions

MODERATOR: *Caroline S. Holman, Ph.D.*, Brown University & Providence VA Medical Center

PANELISTS: *Melanie L. Bozzay, Ph.D.*, Brown University & Providence VA Medical Center
Lauren Weinstock, Ph.D., Brown University
Jennifer Barredo, Ph.D., Brown University & Providence VA Medical Center
Heather Schatten, Ph.D., Brown University & Butler Hospital
Jennifer Primack, Ph.D., Brown University & Providence VA Medical Center

Primary Category: Suicide and Self-Injury

Key Words: *Suicide, Service Delivery, Technology / Mobile Health*

Patients are at significantly elevated risk of suicide during vulnerable transitions in care (e.g., discharge from psychiatric hospitalization; release from jail). These transitional periods are thus critical opportunities to reduce suicides. This panel will discuss ongoing efforts to implement suicide interventions during these care transitions across a range of settings affiliated with the Brown Medical School (e.g., adult psychiatric hospitals, the Veterans Affairs hospital system, jail system). Initial discussions will focus on barriers to treatment implementation across settings, with an eye towards challenges at the institutional (e.g., closed versus open systems of care; climate towards transitional support and patients in crisis) and individual (e.g., diversity considerations regarding developmental stage, cultural backgrounds) levels. Next, panelists will discuss strategies and lessons learned for tailoring treatment development to address these barriers, and unique ethical issues in implementing and testing these interventions in these groups (e.g., confidentiality, determination of 'good clinical practice' for patients with particular symptom profiles). We will share our experiences with implementing specific intervention modalities (e.g., Brief CBT for Suicide, Safety Planning Interventions) within these settings, and discuss the challenges involved in leveraging technology (e.g., smartphone application development) to augment existing care, and/or increase access to treatment for high-risk populations. Informally, we will also discuss the importance of supporting staff and clinicians who are

working closely with patients in crisis who often have limited access to resources. Finally, our panel will discuss challenges and lessons learned from generalizing interventions developed to address risk during transitions in care to being the standard of care for high-risk populations during high risk periods.

3:15 p.m. – 4:45 p.m.

Earn 1.5 continuing education credits

Panel Discussion 29:

Opening the Toolbox: Expanding Access to Clinical Psychological Science Through Open Science Practices

MODERATORS: *Matthew W. Southward, Ph.D.*, University of Kentucky
Kathryn P. Linthicum, B.A., Florida State University

PANELISTS: *Aaron J. Fisher, Ph.D.*, University of California at Berkeley
Bethany A. Teachman, Ph.D., University of Virginia
Jessica L. Schleider, Ph.D., Stony Brook University
Thomas L. Rodebaugh, Ph.D., Washington University in St. Louis
Lauren S. Hallion, Ph.D., University of Pittsburgh

Primary Category: Dissemination & Implementation Science

Key Words: *Professional Issues, Dissemination, Methods*

Psychology's open science movement centers on enhancing the accessibility of replicable, trustworthy findings. Open methods, open datasets, and pre-registered hypotheses allow for clearer communication and translation between basic psychopathology research and more applied work. The use of pre-prints can facilitate greater access to new findings by practitioners and policymakers. Further, opening the process by which we conduct clinical research can engage relevant stakeholders (e.g., clinicians, patients, policymakers) in generating useful hypotheses and designing applicable methods while also enhancing trust among peers and community members.

However, there are some unique challengers to implementing open science practices for those at different career stages. For instance, pre-registering analyses may contribute to a slower pace of research for early career researchers. Potential collaborators working with hard-to-reach populations may be less willing to share data, given the lack of incentives for conducting team science. Further, researchers may not know how to effectively initiate collaborations with providers or view this possibility as ceding autonomy.

We have gathered panelists ranging from graduate students to leading experts in the field who have thoughtfully considered and begun to implement open science practices in both basic and applied psychopathology research. We will first define open science using relevant examples from clinical psychology. We will then underscore the unique challenges of conducting clinical psychology research using open science principles. Finally, panelists will share their experiences implementing open science practices (e.g., pre-registration, pre-prints, public data sharing, initiating and maintaining stakeholder collaborations) in

their research and discuss novel strategies to expand the reach of these practices. We hope that the panelists' and moderators' range of experiences will provide audience members at all career stages with relevant, thought-provoking, and tangible advice on how to use open science practices in their own work. To facilitate this, we will create an Open Science Framework (OSF) page with resources discussed by the panel for audience members to use.

3:15 p.m. – 4:45 p.m.

Earn 1.5 continuing education credits

Panel Discussion 30:

Learning to Lead: Fostering Organizational Leadership Skills in Psychology

MODERATORS: *H. Gemma Stern, B.S., Rutgers University*
Emily Badin, M.A., Rutgers University

PANELISTS: *Anne Marie Albano, Ph.D., Columbia University Clinic for Anxiety and Related Disorders*
Kevin Chapman, Ph.D., Kentucky Center for Anxiety and Related Disorders
Brian C. Chu, Ph.D., Rutgers University
Simon A. Rego, ABPP, Psy.D., Montefiore Medical Center
Antonette M. Zeiss, Ph.D., Retired

Primary Category: Workforce Development / Training / Supervision

Key Words: *Career Development, Professional Development, Education and Training*

As the professional roles of psychologists expand, trainees aspire to become leaders across diverse settings at local, regional, and national levels. While psychology programs successfully promote mastery in research, teaching, and clinical work, they often lack specific training related to organizational leadership and administration. However, psychologists have the foundational skills that are essential in leadership roles, such as, expertise in behavioral change principles, motivation and engagement strategies, and a broad understanding of systemic dynamics. Explicit training in organizational leadership may increase access to these positions for psychologists to enhance the impact and reach of evidence-based care. The purpose of this panel is to discuss the career trajectories of psychologists in leadership positions ~ the experiences they had or wish they had, the necessary skills and how to build them, and the various career inflection points that led to leadership positions. Dr. Brian Chu will highlight essential training experiences for university leadership in a psychology department. Dr. Simon Rego will highlight the needed skills and experiences to prepare as a director of clinical training at a prominent internship site and as Chief of Psychology. Dr. Anne Marie Albano will address the leadership skills required to lead an academic medical center, as well as her experiences in program development and as a woman in leadership. Dr. Kevin Chapman will examine his career path as a founder and director of a successful private practice and a national public leader

in psychology through the media. Finally, Dr. Antonette Zeiss will consider the skill set required to be a national leader in mental health at the Department of Veterans Affairs. Each will discuss leadership roles in national organizations (Drs. Albano and Zeiss were past presidents of ABCT; Dr. Rego is former Representative at Large; Dr. Chu is the current editor of *Cognitive & Behavioral Practice*; Dr. Chapman is past program chair), policy, and advocacy. The panel will discuss implications for guiding future graduate training in psychology.

3:15 p.m. – 4:45 p.m.

Earn 1.5 continuing education credits

Research and Professional Development 3

It Never Hurts to Ask! Strategies to Negotiate Academic Job Offers

PANELISTS: Shona N. Vas, Ph.D., University of Chicago
Fabiana N. Araujo, Ph.D., University of Chicago

Basic to Moderate level of familiarity with the material

Primary Category: Professional / Interprofessional Issues

Key Words: *Professional Development, Training / Training Directors, Women's Issues*

Negotiation is a critical component of obtaining and retaining academic jobs, yet most aspiring psychologists do not receive training on how to be effective negotiators. Negotiation has significant long-term implications, as failure to negotiate a first salary can result in >\$500,000 in lost wages by age 60. Per research on the gender gap, women are less likely to initiate or engage in negotiations and set lower expectations for the process. Gender differences perpetuate a salary gap with 2017 estimates showing that women earn 73.2% of men's salaries. The purpose of this workshop is to provide instruction in the benefits and process of negotiation, drawing on lessons learned from industry and academia. Consistent with the conference theme, understanding the cognitive and behavioral components of negotiation will enhance its effectiveness. In the first stage of negotiation, candidates identify what they want by articulating what is important to them and what they value for this position and their career. The second stage is identifying what is being negotiated. Candidates prepare for this process by identifying what they need to be most successful in this position, knowing with whom they are negotiating, and understanding the context surrounding the position. The third stage is engaging in the negotiation, which includes key considerations like how to preserve the relationship and when to walk away. We will present case examples and engage in role play to demonstrate these skills. Thus, by the end of the presentation, participants will be equipped with skills and strategies to successfully negotiate.

At the end of this session, the learner will be able to:

- Recognize the importance of negotiation as a specific skill with implications for professional development.

- Identify components of particular elements of the position that may be negotiable.
- Learn specific skills to negotiate successfully.

Recommended Readings: Babcock & Laschever (2008). *Ask for It: How women can use the power of negotiation to get what they really want*. New York: Random House. Kupfer Schneider, A. & Kupfer, D. (2017). *Smart and savvy: Negotiation strategies in academia*. Meadows Communication, LLC. Seligman, L.D., et al. (2018). Preparing women in academic psychology for their first compensation negotiation: A panel perspective of challenges and recommendations. *Professional Psychology: Research and Practice*, 49, 282-9.

3:15 PM – 4:45 PM

Earn 1.5 continuing education credits

Symposium 85

Responses to Reward and Threat Across the Translational Pipeline: Improving Outcomes and Access

CHAIRS: Anna Franklin, M.A., University of Pennsylvania
 Gabriela K. Khazanov, Ph.D., Corporal Michael J. Crescenzo VA Medical Center

DISCUSSANT: Michelle Craske, Ph.D., University of California, Los Angeles

Moderate level of familiarity with the material

Primary Category: Adult Depression

Key Words: Anxiety, Depression, CBT

Affective Responses to Threat and Reward Events in Generalized Anxiety Disorder and Major Depressive Disorder

Anna Franklin, M.A., University of Pennsylvania
 Gabriela K. Khazanov, Ph.D., Corporal Michael J. Crescenzo VA Medical Center
 Ayelet M. Ruscio, Ph.D., University of Pennsylvania

Neural Responses to Reward and Loss as Predictors and Mechanisms of Symptom Change in Cognitive Behavioral Therapy for Depressed Adolescent Girls

Christian Webb, Ph.D., Harvard Medical School
 Randy Auerbach, Ph.D., Columbia University
 Erin Bondy, B.A., Washington University in St. Louis
 Colin Stanton, B.A., Yale University
 Lindsay Appleman, B.A., Harvard Medical School
 Diego A. Pizzagalli, Ph.D., Harvard Medical School - McLean Hospital

**Reward and Threat as Predictors of Depression Treatment Outcome: A
Secondary Analysis of a Randomized Clinical Trial**

Gabriela K. Khazanov, Ph.D., Corporal Michael J. Crescenzo VA Medical Center
Colin Xu, M.A., University of Pennsylvania
Barnaby Dunn, Ph.D., University of Exeter
Zachary D. Cohen, M.A., University of Pennsylvania
Robert J. DeRubeis, Ph.D., Department of Psychology, University of Pennsylvania
Steven D. Hollon, Ph.D., Vanderbilt University

**Challenging Threats to and Identifying Rewards for EBP Delivery in the Publicly
Funded Behavioral Health System**

Rebecca Stewart, Ph.D., University of Pennsylvania
Carrie Comeau, LCSW, Evidence Based Practice and Innovation Center, Philadelphia
Department of Behavioral Health and Intellectual disAbility Services (DBHIDS)
Nathaniel Williams, Ph.D., LCSW, Boise State University
Rinad S. S. Beidas, Ph.D., University of Pennsylvania Perelman School of Medicine;
Penn Implementation Science Center at the Leonard Davis Institute of Health
Economics (PISCE@LDI)

3:15 PM – 4:45 PM

Earn 1.5 continuing education credits

Symposium 86

**Understanding the Therapeutic Process of Exposure
Therapy to Optimize Treatment**

CHAIRS: *Sophie A. Palitz Buinewicz, M.A.*, Temple University
Jennifer L. Buchholz, M.A., UNC Chapel Hill

DISCUSSANT: *David F. Tolin, ABPP, Ph.D.*, Institute of Living

Moderate level of familiarity with the material

Primary Category: Treatment - CBT

Key Words: *Exposure, Anxiety, Therapy Process*

**The Relationship Between Therapist Behaviors During Exposure Tasks and
Treatment Outcomes for Anxious Youth**

Sophie A. Palitz Buinewicz, M.A., Temple University
Philip C. Kendall, ABPP, Ph.D., Temple University

Treatment Credibility and Outcome Expectancy as Predictors of Exposure Therapy Outcome

Jennifer L. Buchholz, M.A., UNC Chapel Hill

Samantha N. Hellberg, B.A., University of North Carolina at Chapel Hill

Heidi J. Ojalehto, B.S., University of North Carolina at Chapel Hill

Shannon M. Blakey, Ph.D., VA Mid-Atlantic MIRECC/Durham VA Health Care System

Jon Abramowitz, Ph.D., University of North Carolina at Chapel Hill

Outcomes and Mechanisms of Change in Acceptance and Regulation Approaches to Exposures for Intrusive Thoughts

Brooke M. Smith, Ph.D., Western Michigan University

Jennifer Barney, M.S., Utah State University

Clarissa Ong, M.S., Utah State University

Tyson Barrett, Ph.D., Utah State University

Michael E. Levin, Ph.D., Utah State University

Michael Twohig, Ph.D., Utah State University

Patient Adherence as a Predictor of Outcome from ERP: Obsessive-compulsive Symptom Dimensions and Maintenance Factors

Heidi J. Ojalehto, B.S., University of North Carolina at Chapel Hill

Jon Abramowitz, Ph.D., University of North Carolina at Chapel Hill

Samantha N. Hellberg, B.A., University of North Carolina at Chapel Hill

Jennifer L. Buchholz, M.A., University of North Carolina at Chapel Hill

Michael Twohig, Ph.D., Utah State University

Earn 1.5 continuing education credits

Symposium 87

Barriers to Mental Health Treatment Access Among Marginalized Racial and Ethnic Groups

CHAIR: *Alexandra L. Silverman, B.A., University of Virginia*

DISCUSSANT: *Crystal L. Barksdale, M.P.H., Ph.D., National Institute of Mental Health*

All level of familiarity with the material

Primary Category: Culture / Ethnicity / Race

Key Words: *Race, Ethnicity, Underserved Populations*

Relationship Between Beliefs About Mental Health Treatment, Multi-level Barriers, and Use of Mental Health Treatment

Alexandra L. Silverman, B.A., University of Virginia

Bethany A. Teachman, Ph.D., University of Virginia

Barriers to Quality and Effective Mental Healthcare for Black Americans: A Client Perspective

Jessica R. Graham-LoPresti, Ph.D., Suffolk University

Tahirah Abdullah, Ph.D., University of Massachusetts, Boston

Noor Tahirkheli, M.A., University of Massachusetts, Boston

Shannon Hughley, B.A., University of Massachusetts, Boston

Samantha Duterville, M.A., University of Massachusetts, Boston

Amber Calloway, Ph.D., University of Pennsylvania

Community Definitions of Mental Health, Priority Areas, and Barriers to Care Across Five Diverse Communities: Integrated Qualitative and Quantitative Methods to Addressing Mental Health Disparities

Anu Asnaani, Ph.D., University of Utah

Ana Sanchez-Birkhead, Ph.D., University of Utah

Ifrah R. Majeed, B.A., University of Utah

Sheila Crowell, Ph.D., University of Utah

Refugee Mental Health: The Impact of Traumatization and Nationality on Referral Acceptance

Monnica T. Williams, ABPP, Ph.D., University of Ottawa

Victoria Schlaudt, Ph.D., University of Miami

Rahel Bosson, M.D., University of Louisville

Lisa Hooper, Ph.D., University of Northern Iowa

Earn 1.5 continuing education credits

Symposium 88

Quantifying Minority Stress: Treatment-related Targets and Attitudes Among Sexual and Gender Minorities

CHAIRS: *Mallory Dobias, B.S.*, Stony Brook University
Kathryn Fox, Ph.D., University of Denver

DISCUSSANT: *Aaron Blashill, Ph.D.*, San Diego State University

Basic to Moderate level of familiarity with the material

Primary Category: LGBTQT+

Key Words: LGBTQ+, Stigma

Self-hatred in Young Adults: Examining the Roles of Gender, Sexual Orientation, and Depression

Mallory Dobias, B.S., Stony Brook University

Michael Mullarkey, M.A., University of Texas-Austin

Jessica L. Schleider, Ph.D., Stony Brook University

Associations Among Sexual and Gender Minority Identities and Self-punishment and Pain Intentions in Adolescents

Kathryn Fox, Ph.D., University of Denver

Shirley B. Wang, Ph.D., Queen Mary University of London

Matt Nock, Ph.D., Harvard University

Emotional Changes Following Discrimination Induction in Gender- and Sexuality-diverse Adolescents

Diana Smith, B.A., UC San Diego

Kathryn Fox, Ph.D., University of Denver

Mikaela Carter, M.A., Massey University

Brian Thoma, Ph.D., University of Pittsburgh, Dept Psychiatry

Jill Hooley, Ph.D., Harvard University

A Typology of Parental Responses to Sexual and Gender Minority Children: Associations with Offspring Mental Health and Parents' Willingness to Pursue Parenting Interventions

Kirsty A. Clark, M.P.H., Ph.D., Yale School of Public Health

Lea R. Dougherty, Ph.D., University of Maryland, College Park

John E. Pachankis, Ph.D., Department of Social and Behavioral Sciences, Yale School of Public Health

Earn 1.5 continuing education credits

Symposium 89

Improving Usability and Implementation of Evidence-based Psychotherapies: A Human-centered Design Approach

CHAIR: *Brenna N. Renn, Ph.D., University of Nevada, Las Vegas*

DISCUSSANT: *Adam J. Haim, Ph.D., National Institute of Mental Health*

Basic to Moderate level of familiarity with the material

Primary Category: Dissemination & Implementation Science

Key Words: *Implementation, Underserved Populations, Treatment Development*

Task Sharing to Improve Access to Geriatric Depression Care in Primary Care: Barriers and Facilitators Reported by Providers and Staff

Brenna N. Renn, Ph.D., University of Nevada, Las Vegas

Oleg Zaslavsky, Ph.D., MHA, RN, University of Washington

Frances Chu, MLIS, MSN, RN, University of Washington

Emily Ishado, MSW, University of Washington

Patricia A. Areán, Ph.D., University of Washington, Seattle

Adapting the Collaborative Assessment and Management of Suicidality (CAMS) Framework for High Schools

Stephanie Brewer, Ph.D., University of Washington

Jessica Coifman, MPH, University of Washington

Heather Cook, MEd, University of Washington

Erin McRee, B.A., University of Washington

Janine Jones, Ph.D., University of Washington

Aaron Lyon, Ph.D., University of Washington

Iterative Redesign of a Behavioral Skills Training Program for Use in Educational Settings

Jill J. Locke, Ph.D., University of Washington

Karen Elizabeth. Bearss, Ph.D., University of Washington

Earn 1.5 continuing education credits

Symposium 90

New Directions in Clarifying the Role of Substance Use in Suicide Risk

CHAIRS: *Matthew T. Tull, Ph.D.*, University of Toledo
Margaret M. Baer, B.A., University of Toledo

DISCUSSANT: *Richard Liu, Ph.D.*, Brown University

All level of familiarity with the material

Primary Category: Addictive Behaviors

Key Words: *Suicide, Substance Abuse, Underserved Populations*

The Role of Suicidal Motivation and Intention in Opioid Overdose

R. Kathryn R. McHugh, Ph.D., McLean Hospital/Harvard Medical School

Roger D. Weiss, M.D., McLean Hospital/Harvard Medical School

Margaret L. Griffin, Ph.D., McLean Hospital/Harvard Medical School

Catherine Trinh, B.A., McLean Hospital

Ian Rockett, Ph.D., West Virginia University

Hilary Connery, MD, Ph.D., Harvard Medical School

Number of Lifetime Substance Use Disorders Is Associated with Lifetime Suicide Attempts Through Lifetime Traumatic Event Frequency

Margaret M. Baer, B.A., University of Toledo

Matthew T. Tull, Ph.D., University of Toledo

Kim L. Gratz, Ph.D., University of Toledo

Characterizing Suicide Risk Among Individuals Using Opioids: Subtypes and Comorbidity

Lisham Ashrafioun, Ph.D., VA Center of Excellence for Suicide Prevention

Marijuana Use at Baseline Predicts Later Suicidal Ideation Severity as Well as Increased Variability in Rates of Suicidal Ideation over Time

Nicholas Allan, Ph.D., Ohio University

Catherine Accorso, M.A., Ohio University

Amanda M. Raines, Ph.D., Southeast Louisiana Veterans Health Care System

Lisham Ashrafioun, Ph.D., VA Center of Excellence for Suicide Prevention

Tracy Stecker, Ph.D., College of Nursing, Medical University of South Carolina

Earn 1.5 continuing education credits

Symposium 91

Transdiagnostic Treatment Approaches to Improving Access and Outcomes Among Veterans

CHAIRS: *Amanda M. Raines, Ph.D.*, Southeast Louisiana Veterans Health Care System
Cassidy A. Gutner, Ph.D., Boston University

DISCUSSANT: *David H. Barlow, ABPP, Ph.D.*, Boston University Center for Anxiety and Related Disorders

Basic to Moderate level of familiarity with the material

Primary Category: Transdiagnostic

Key Words: *Transdiagnostic, Treatment, Veterans*

Evaluating the Utility of a Safety Aid Reduction Treatment in Rural Veterans: A Pilot Investigation

Amanda M. Raines, Ph.D., Southeast Louisiana Veterans Health Care System

Aaron Norr, Ph.D., VA Puget Sound

Jessica Chambliss, M.S., Southeast Louisiana Veterans Health Care System

Jessica Walton, Ph.D., Southeast Louisiana Veterans Health Care System

Gala True, Ph.D., Southeast Louisiana Veterans Health Care System

Laurel Franklin, Ph.D., Southeast Louisiana Veterans health Care System

Norman B. Schmidt, Ph.D., Department of Psychology, Florida State University

Does One Approach Fit All? Examining the Impact of Transdiagnostic Treatment in Trauma-exposed Veterans

Cassidy A. Gutner, Ph.D., Boston University

Caroline Canale, B.A., University of Delaware

Scott Litwack, Ph.D., VA Boston Healthcare System

Barbara L. Niles, Ph.D., National Center for PTSD, Behavioral Division at VA Boston Healthcare System and Boston University School of Medicine

Michale Suwak, Ph.D., Suffolk University

Shannon W. Stirman, Ph.D., ABCT

A Randomized Controlled Trial Comparing Transdiagnostic Behavior Therapy (TBT) and Behavioral Activation in Veterans with Affective Disorders

Mary O. Shapiro, Ph.D., Medical University of South Carolina

daniel Gros, Ph.D., Medical University Of South Carolina, Ralph H Johnson VAMC

3:30 p.m. – 6:30 p.m.

Earn 3 continuing education credits

Workshop 15:

ticket

Unraveling PTSD: Using Case Conceptualization to Enhance Identification and Targeting of Key Beliefs in Cognitive Processing Therapy

Stefanie T. LoSavio, ABPP, Ph.D., Duke University Medical Center
Gwendolyn (Wendy) Bassett, LCSW, LCSW, Yale University School of
Medicine

All level of familiarity with the material

Primary Category: Trauma and Stressor Related Disorder and Disasters

Key Words: PTSD (Posttraumatic Stress Disorder), Case Conceptualization / Formulation, Cognitive Therapy

When treating posttraumatic stress disorder (PTSD), it's easy to get overwhelmed by all of your clients' erroneous beliefs, not knowing where to start or where focus your efforts to get the most benefit. Consistent with this year's conference theme of enhancing the effectiveness of evidence-based therapies, this workshop will go beyond the session-by-session "how-to's" of Cognitive Processing Therapy (CPT) and focus on harnessing the skill of case conceptualization to better target CPT's key mechanisms to improve effectiveness. Presented by a CPT trainer and CPT expert consultants, this workshop will address how to get more out of CPT by sharpening your skills to identify, formulate, prioritize, and target key beliefs that are most central to unraveling your clients' PTSD. How do people think before trauma, and what ways of thinking do we develop to protect those pre-trauma beliefs or avoid painful emotions? Why do patients struggle to stop blaming themselves or others not responsible for their trauma even though it keeps them stuck in guilt, shame, and anger? This institute will provide a framework for conceptualizing common patient thinking resulting from trauma that will allow you to anticipate and skillfully address your clients' beliefs. This institute will also cover how to identify "keystone" beliefs-high-priority treatment targets that are holding clients' PTSD together. Additionally, this institute will discuss beliefs that clients struggle to let go of and strategies to explore for the function of these beliefs, which, when not addressed, may prevent your client from making progress in treatment. Finally, this institute will cover effective strategies to target keystone beliefs to unravel your clients' PTSD. The session, appropriate for both those new to CPT as well as

advanced CPT therapists, will be interactive and include numerous case examples, video demonstrations, and experiential exercises.

At the end of this session, the learner will be able to:

- Describe how traumatic events may shatter or strengthen prior beliefs.
- Utilize various sources of information in treatment to conceptualize patient beliefs.
- Identify and prioritize key trauma-related beliefs.
- Explore the function of difficult-to-resolve patient beliefs.
- Demonstrate Socratic questioning techniques to challenge high-priority beliefs.

Recommended Readings: Resick, P. A., Monson, C. M., Chard, K. M. (2017). *Cognitive Processing Therapy for PTSD: A Comprehensive Manual*. Guilford Publications. Padesky, C.A. (1993). Socratic questioning: Changing minds or guiding discovery? Keynote address European Congress of Behavioural and Cognitive Therapies, London, September 24, 1993. (Available online: <http://padesky.com/newpad/wp-content/uploads/2012/11/socquest.pdf>) Janoff-Bulman, R. (1989). Assumptive worlds and the stress of traumatic events: Applications of the schema construct. *Social Cognition*, 7(2), 113-136. Farmer, C. C., Mitchell, K. S., Parker-Guilbert, K., & Galovski, T. E. (2016). Fidelity to the cognitive processing therapy protocol: Evaluation of critical elements. *Behavior Therapy*, doi:10.1016/j.beth.2016.02.009 Schumm, J. A., Dickstein, B. D., Walter, K. H., Owens, G. P., & Chard, K. M. (2015). Changes in posttraumatic cognitions predict changes in posttraumatic stress disorder symptoms during cognitive processing therapy. *Journal of Consulting and Clinical Psychology*, 83(6), 1161.

5:00 p.m. – 6:00 p.m. EST via Zoom

Annual Meeting of Members

All ABCT members are encouraged to attend this meeting. Learn about the Association's progress on our Strategic Intent, our 2020 accomplishments, and our priorities for 2021. Meet the newest members to the ABCT governance and help thank your colleagues who have contributed so much to ABCT's success over the past year.

Earn 1.5 continuing education credits

Research and Professional Development 4:

Seeing and Using Open Platforms to Bring Evidence-based Psychology to the People Who Would Benefit: A Dissemination and Implementation Workshop

PANELISTS: *Eric A. Youngstrom, Ph.D.*, University of North Carolina at Chapel Hill
Mian-Li Ong, Ph.D., Mayo Clinic
Elizabeth D. Wilson, B.S., University of North Carolina at Chapel Hill
Hannah Kim, B.S., Helping Give Away Psychological Science
Emma G. Choplin, B.S., University of Miami

Basic to Moderate level of familiarity with the material

Primary Category: Dissemination & Implementation Science

Key Words: *Dissemination, Assessment, Implementation*

The leaky pipeline is a well-established metaphor for the challenges preventing research advances from reaching clinicians, consumers, and the general public. Evidence-based assessment (EBA) can improve formulation, diagnosis, treatment plans, and outcomes – but only if clinicians are aware of them, can find them, and use them. Open-source approaches to dissemination show great promise in bridging the leaky pipeline due to easy accessibility and low cost. For example, Wikipedia is the largest encyclopedia in the world and the 5th most visited Internet site. Wikiversity is a sister site geared towards teaching and practice. This workshop shares pages on these, with links to several different open-sourced platforms that improve the dissemination of psychological science, including some of the best free assessment tools and therapy resources. General descriptions and background are geared towards the general public on Wikipedia; Wikiversity hosts more technical scoring and interpretative information. An assessment center with free, automated scoring for more than 65 scales has been built with grants from the APS, SSCP, SC-CAP/Division53, SCP/Division 12, and the APA/CODAPAR. We discuss the impact of the different dissemination approaches, provides suggestions on future directions that the field can take, and introduces opportunities for collaboration and audience contributions. In the workshop, we show resources, and then use high structure activities such as paired role plays to apply resources as clinicians and clients. QR codes and tiny URLs disseminate the information, and the Open Science Framework provides a back end to store files and resources. Participants will leave with more than 65 free scoring assessments, more than 200 PDFs, 300 printed pages worth of support materials, and exposure to ways of updating and elaborating the information available.

At the end of this session, the learner will be able to:

- Access and use at least two free online assessments that could be used in one's work.
- Discuss and provide feedback about a resource kit for working with emotional and behavioral problems.
- Create a network to share suggestions and get updated versions of kits and materials.
- Identify 3 free resources available online (and discoverable via Google search) that provide information about psychological services.
- Describe the steps involved in editing and monitoring content on Wikipedia and Wikiversity.

Recommended Readings: Youngstrom, E. A., Van Meter, A., Frazier, T. W., Hunsley, J., Prinstein, M. J., Ong, M. L., & Youngstrom, J. K. (2017). Evidence-Based Assessment as an Integrative Model for Applying Psychological Science to Guide the Voyage of Treatment. *Clinical Psychology: Science and Practice*, 24, 331-363. <https://doi.org/10.1111/cpsp.12207>Beidas, R. S., Stewart, R. E., Walsh, L., Lucas, S., Downey, M. M., Jackson, K., Fernandez, T., & Mandell, D. S. (2015). Free, brief, and validated: Standardized instruments for low-resource mental health settings. *Cognitive & Behavioral Practice*, 22, 5-19. <https://doi.org/10.1016/j.cbpra.2014.02.002>Friedberg, R. D., Nakamura, B. J., Winkelpect, C., Tebben, E., Miller, A., & Beidas, R. S. (2018). Disruptive Innovations to Facilitate Better Dissemination and Delivery of Evidence-Based Practices: Leaping Over the Tar Pit. *Evidence-Based Practice in Child and Adolescent Mental Health*, 3, 57-69. <https://doi.org/10.1080/23794925.2018.1427009>Youngstrom, E. A., & Van Meter, A. (2019). Working smarter, not harder: comparing evidence based assessment to the conventional routine assessment process. In S. Dimidjian (Ed.), *Evidence-based practice in action* (pp. 167-183). Guilford Press.Jensen-Doss, A., & Hawley, K. M. (2011). Understanding Clinicians' Diagnostic Practices: Attitudes Toward the Utility of Diagnosis and Standardized Diagnostic Tools. *Administration and Policy in Mental Health*, 38, 476-485. <https://doi.org/10.1007/s10488-011-0334-3>

Earn 1.5 continuing education credits

Research and Professional Development 5:

Breaking Bias in Academic Medicine: An Interprofessional Prevention Program Targeting Gender Bias Throughout a Medical School

PANELISTS: *Dr. Marian Tanofsky-Kraff, Ph.D.*, Uniformed Services University of the Health Sciences
Bernasha Anderson, Ph.D., Uniformed Services University of the Health Sciences
Jeffrey D. Quinlan, M.D., Uniformed Services University of the Health Sciences

Advanced level of familiarity with the material

Primary Category: Professional / Interprofessional Issues

Key Words: *Gender, Prevention*

Women face higher rates of sexual harassment and gender discrimination than men, and men are most likely to perpetrate sexual harassment. Sexual harassment/discrimination are common in U.S. healthcare training programs, with nearly 60% of women reporting some experience of gender bias. Women who report indirect and/or direct sexual harassment leave work earlier, take longer breaks, and have higher rates of absenteeism compared with those who report no experiences. Women of color and sexual minority women may experience a higher incidence of harassment when compared to White and heterosexual women. The majority of this harassment and discrimination are perpetrated by senior physicians; and neither female trainees or doctors are immune to these behaviors. Women in science, psychology and medicine who report sexual harassment are more likely to relinquish leadership positions, leave their field or institution, and are less likely to be hired compared to men. Also, they are less likely to be published and cited in peer-reviewed journals and receive grant funding. Responding to calls for an overhaul of institutional policies and a commitment to social change, an interprofessional team of psychologists and physicians developed and implemented Breaking Bias, a prevention program designed to reduce gender bias throughout graduate and medical school departments. The program is provided to faculty, students, and staff across departments. Participants engage in interactive discussions in both small and large groups, reflecting on videos and vignettes aimed at highlighting various forms of gender bias. Program feedback data will be presented. Workshop participants will receive the training to develop a gender bias prevention program at their institutions. Training will be provided through a multicultural lens to strengthen awareness of intersectionality and its impact on gender bias. Attendees will learn how to create safe spaces during gender bias prevention programs that elicit self-reflection of biases. Participants will develop facilitation skills that deepen interprofessional dialogue. Attendees will receive tools to promote ally ship for women in psychology, science, and medical careers which will help to improve quality of life and production.

At the end of this session, the learner will be able to:

- Create a gender bias prevention program at their home institutions that centers multiculturalism and allyship.
- Recognize unconscious or conscious biases in the medical and psychological academic environment.
- Develop facilitation skills that strengthen inter-professional dialogue about gender bias.

Recommended Readings: National Academy of Sciences (2018). *Sexual Harassment of Women: Climate, Culture, and Consequences in Academic Sciences, Engineering, and Medicine*. Washington, D.C.: National Academies Press. Odic, D., & Wojcik, E. H. (2020). The publication gender gap in psychology. *American Psychologist*, 75(1), 92-103. Ayvazian, A. (1995). Interrupting the cycle of oppression: The role of allies as agents of change. *Fellowship*, 61 (1-2), 6-9.

5:00 p.m. – 6:30 p.m.

Earn 1.5 continuing education credits

Panel Discussion 31

CBT During a Global Pandemic: Lessons Learned About Access to Information and Care, Professional Mental Health and Utilizing Current CBT Evidence to Inform Novel Decision Making

MODERATOR: *Rebecca Sachs, ABPP, Ph.D., CBT Spectrum*

PANELISTS: *Rebecca Sachs, ABPP, Ph.D., CBT Spectrum*

Anne Marie Albano, Ph.D., Columbia University Clinic for Anxiety and Related Disorders

Lena S. S. Andersen, Ph.D., University of Cape Town

Destiny Printz Pereira, M.S., University of Connecticut

Jessica Stern, Ph.D., NYU Langone Medical Center

Caleb W. Lack, Ph.D., University of Central Oklahoma

Joanathan Kaplan, Ph.D., SoHo CBT + Mindfulness Center

Primary Category: Health Care System / Public Policy

Key Words: *Community-Identified Problems, Technology / Mobile Health, Global Mental Health*

At the ABCT convention in November 2020, 8 months from submission entry, we expect the world as well as our CBT community to be quite different. Due to medical and public health realities related to Covid-19 (CV-19) and the rapidly changing restrictions on daily life, the way we practice and teach CBT has required major adaptations and creativity. Additionally, while some settings have loosened constraints/increased flexibility to

the delivery of CBT, other settings have made severe restrictions and cutbacks to care. This diverse panel, representing CBT practitioners from a variety of settings who research/work with very different patient and student populations, will reflect on the past 8 months. Reflections will include: how individual and institutional practices have changed since a global pandemic was announced on 3/12/20, which changes we presume will endure, and what new changes we expect as society transitions back to post CV-19 life. We will discuss the observed impact of CV-19 (day-to-day uncertainty, big shifts in occupational, parenting, and home responsibilities, economic and medical pressures, ruptures to social fabric, and realities of grief/loss) on the groups we work with. The treatment of those with anxiety, OCD, PTSD, and depression will be underscored, as well as observed impact on more vulnerable groups such as the severely mentally ill, those with chronic health conditions, and those from marginalized communities with already limited access to medical and mental healthcare. We will discuss similarities to and differences from clinical and academic work we did prior to 3/12/20. Highlighted in this panel discussion will be the ways in which prior clinical knowledge, technology use (eg teletherapy, virtual reality, app based delivery of CBT), and less traditional training formats (eg nurse-delivered community CBT) were leveraged to inform delivery and dissemination of CBT in the past 8 months. We will compare personal observations, discussions with colleagues, and data collected to discuss shifts in clinical and academic priorities, practice of CBT, and effects on mental health of CBT practitioners from Spring to Fall of 2020 and discuss recommendations for future preparedness of the CBT community to meet similar challenges and crises.

5:00 p.m. – 6:30 p.m.

Earn 1.5 continuing education credits

Panel Discussion 32:

Innovative Strategies for Representative Inclusion of Latinx Individuals in Training, Research, Assessment, and Treatment

MODERATOR: *Gabriela A. Nagy, Ph.D.*, Duke University

PANELISTS: *Maria M. Santos, Ph.D.*, California State University, San Bernadino

Juan I. Prandoni, Ph.D., El Futuro Inc.

Stephanie Salcedo, Ph.D., Durham VA Medical Center

Sylvanna Vargas, M.P.H., M.A., West Los Angeles Veterans Association

Primary Category: Culture / Ethnicity / Race

Key Words: *Hispanic American/ Latinx, Competence, Culture*

The rapidly growing US Latinx (gender-inclusive term for individuals from Latin American descent in the US) population represents the largest racial/ethnic minority group. Compared to White counterparts, this subset of the population experiences a unique configuration of stressors that contribute to the development of health disparities.

Despite advances in clinical research and practice, barriers limit access to EBTs among members of this group. Factors that limit access to EBTs include the underrepresentation of Latinx individuals as providers in the clinical workforce, as research participants in empirical studies, and as patients in services providing high-quality EBTs. In this panel, we seek to discuss unique cultural and contextual challenges facing this population at the levels of training and supervision, assessment, research, and treatment. Panelists from various career levels (e.g., graduate trainee, postdoctoral trainee, faculty) and from distinct sectors (e.g., community health clinic, academic medical center, VA hospital, psychology master's/doctoral programs) will provide recommendations for ensuring representative inclusion of individuals from Latinx backgrounds into clinical research and practice. The discussion will first address the rationale for building culturally-relevant training and supervision infrastructure in Latinx mental health (e.g., virtual learning cohorts, multicultural peer consultation, workforce pipeline programs). Panelists will then describe cultural considerations to take into account when conducting assessment and clinical care with Latinx individuals (i.e., cultural adaptations). Strategies for optimally engaging Latinx individuals in research and treatment will be discussed (e.g., relying on community-engaged research methods). Panelists will speak to “lessons learned” and address general and site-specific challenges and facilitators to initiating and sustaining the aforementioned programs and strategies. The discussion will conclude with recommendations for others interested in engaging in strategies to be more inclusive of Latinx individuals in various aspects of clinical psychological science.

5:00 p.m. – 6:30 p.m.

Earn 1.5 continuing education credits

Panel Discussion 33

Closing the Gap: Transporting Evidence-based Interventions to Diverse “real World” Settings via Community-partnered Research

MODERATOR: *Sheila Rouzitalab, Psy.M., Rutgers University*

PANELISTS: *Christine J. Laurine, Psy.M., Rutgers University, GSAPP*
Anu Asnaani, Ph.D., University of Utah
Tara Mehta, Ph.D., University of Illinois at Chicago
Nuwan D. Jayawickreme, Ph.D., Manhattan College

Primary Category: Dissemination & Implementation Science

Key Words: *Community-Based, Underserved Populations, Implementation*

It is widely accepted that traditional research methods have failed to solve the problem of disparities in mental health services, particularly in underserved and under-resourced communities. Community-partnered research (CPR) may be a particularly effective approach to reducing disparities in mental health care and improving the uptake of EBPs in diverse cultural and community contexts, both nationally and internationally. However, effectively engaging in CPR can be challenging, as the application of CPR to

the mental health field is relatively new and without standardized methods of implementation or evaluation. The goal of this panel is to provide a forum for discussion on how to improve the effectiveness of EBPs for underserved populations via CPR, with the ultimate goal of reducing disparities in mental health services. Panelists will: (1) present successes/challenges and examples of conducting CPR across diverse settings, (2) provide concrete strategies that can support each phase of CPR (e.g., initiation of the relationship; implementation of activities; sustainability), and (3) engage in discussion regarding how to design, implement, and evaluate the impact of interventions developed via CPR. Dr. Anu Asnaani will discuss how to obtain grant funding for academic-community partnerships, and to engage community partners in the development of a culturally-informed framework for EBP implementation, both domestically and internationally. Dr. Tara Mehta and Christine Laurine will discuss approaches to supporting the implementation of EBPs for underserved youth. Dr. Mehta will discuss building on existing organizational structures and partnering with community stakeholders to implement EBPs. Christine Laurine will discuss training and education for “gatekeepers” of mental health referrals in child health-care systems. Finally, Dr. Nuwan Jayawickreme will discuss research methodologies and data analyses to evaluate efforts from a global mental health perspective. Directly aligned with the convention theme of enhancing the impact of behavioral and cognitive therapies, attendees will gain a deeper understanding of how to effectively engage in CPR to reduce disparities in care, from conception of studies to their completion.

5:00 PM – 6:00 PM

Earn 1 continuing education credits

Symposium 92

Mediators of Cognitive-behavioral Interventions for Depression: Evidence from Treatment and Prevention Trials

CHAIRS: *Steven Brunwasser, Ph.D., Rowan University*
Judy Garber, Ph.D., Vanderbilt University
DISCUSSANT: *Steven D. Hollon, Ph.D., Vanderbilt University*

Basic to Moderate level of familiarity with the material
Primary Category: Adult Depression
Key Words: *Mediation / Mediators, Depression, Prevention*

Cognitive and Affective Change in Cognitive Behavioral Therapy for Depression
Megan L. Whelen, B.S., The Ohio State University
Megan L. Whelen, B.S., The Ohio State University
Daniel R. Strunk, Ph.D., The Ohio State University

Mediators of Psychological Treatments for Depression: Lessons Learned from Low- and Middle-income Countries
Daisy R. Singla, Ph.D., University of Toronto, Sinai Health

5:00 PM – 6:30 PM

Earn 1.5 continuing education credits

Symposium 93

Social Processes and Psychopathology: Effects of Disorders and Symptoms on Relationships Across the Lifespan

CHAIR: *Melanie Fischer, Ph.D.*, Heidelberg University Hospital;
University of Heidelberg

DISCUSSANT: *Norman B. Epstein, Ph.D.*, School of Public Health, University
of Maryland

Moderate level of familiarity with the material

Primary Category: Couples / Close Relationships

Key Words: *Couples / Close Relationships, Adolescents, Mood*

PTSD Symptom Clusters Predict Real Time Emotion Regulatory Processes in Couples with PTSD During Relational Intimacy

Steffany J. Fredman, Ph.D., The Pennsylvania State University

Melanie Fischer, Ph.D., Heidelberg University Hospital; University of Heidelberg

Donald Baucom, Ph.D., University of North Carolina at Chapel Hill

Yunying Le, Ph.D., University of Miami

Emily Taverna, B.S., The Pennsylvania State University

Sy-Miin Chow, Ph.D., The Pennsylvania State University

Amy D. Marshall, Ph.D., The Pennsylvania State University

Effects of Depression, Anxiety, and Relationship Satisfaction on Vocally Encoded Emotional Arousal and Its Regulation During Couple Conversations

Melanie Fischer, Ph.D., Heidelberg University Hospital; University of Heidelberg

Donald Baucom, Ph.D., University of North Carolina at Chapel Hill

Danielle M. Weber, M.A., University of North Carolina at Chapel Hill

A. K. Munion, Ph.D., University of Utah

Daniel Bauer, Ph.D., University of North Carolina at Chapel Hill

Brian R. W. R. W. Baucom, Ph.D., University of Utah

Depressive Symptoms and Prospective Changes in Friendship Status in Adolescence

Maya Massing-Schaffer, M.A., Department of Psychology and Neuroscience, University of North Carolina at Chapel Hill

Jacqueline Nesi, Ph.D., Brown University

Mitch J. Prinstein, Ph.D., Department of Psychology and Neuroscience, UNC Chapel Hill

Suicidal Ideation and Family Functioning in Youth at High Risk for Bipolar Disorder

David J. Miklowitz, Ph.D., UCLA Semel Institute for Neuroscience & Human Behavior

David J. Miklowitz, Ph.D., UCLA Semel Institute for Neuroscience & Human Behavior

John Merranko, MA, University of Pittsburgh Medical Center

Marc J. Weintraub, Ph.D., UCLA Semel Institute for Neuroscience & Human Behavior

Patricia Walshaw, Ph.D., UCLA Semel Institute for Neuroscience & Human Behavior

Manpreet Singh, M.D., Stanford University Dept of Psychiatry

Kiki Chang, M.D., Menlo Park

Christopher Schneck, M.D., Department of Psychiatry

5:00 PM – 6:30 PM

Earn 1.5 continuing education credits

Symposium 94

Real-time Monitoring of Suicide Risk to Understand, Predict, and Prevent Suicide

CHAIRS: Daniel Coppersmith, M.A., Harvard University
Aleksandra Kaurin, Ph.D., University of Pittsburgh

DISCUSSANT: Matt Nock, Ph.D., Harvard University

All level of familiarity with the material

Primary Category: Suicide and Self-Injury

Key Words: *Suicide, Self-Injury, Technology / Mobile Health*

Real-time Monitoring of Suicidal Thoughts and Behaviours in Adolescents: Towards Scalability, Transparency and Reproducibility

Olivia J. Kirtley, Ph.D., KU Leuven

Multimodal Real-time Assessment of Suicidal Thoughts

Daniel Coppersmith, M.A., Harvard University

Evan Kleiman, Ph.D., Rutgers, The State University of New Jersey

Walter Dempsey, Ph.D., University of Michigan

Shirley B. Wang, Ph.D., Queen Mary University of London

Kathryn Bentley, Ph.D., Harvard Medical School/Massachusetts General Hospital

Alexander Millner, Ph.D., Harvard University

Rebecca Fortgang, Ph.D., Harvard University

Jeff Huffman, M.D., Massachusetts General Hospital

Matt Nock, Ph.D., Harvard University

Modelling Suicidality in Response to Daily Interpersonal Stress Using Real-time Micro-trajectories

Aleksandra Kaurin, Ph.D., University of Pittsburgh

Alexandre Dombrowski, Ph.D., University of Pittsburgh

Aidan Wright Wright, Ph.D., University of Pittsburgh

Sleep Problems and Suicide Risk Among Adolescents: A Multimodal, Real-time Monitoring Study Following Discharge from Acute Psychiatric Care

Catherine Glenn, Ph.D., Old Dominion University

Evan Kleiman, Ph.D., Rutgers, The State University of New Jersey

Jaclyn Kearns, M.A., University of Rochester

Anne Boatman, B.A., University of Rochester

Yeates Conwell, M.D., University of Rochester Medical Center

Linda Alpert-Gillis, Ph.D., University of Rochester Medical Center

Wilfred Pigeon, Ph.D., University of Rochester Medical Center

What Can Passive Assessments of Physiological Distress Tell Us About Suicidal Thinking?

Evan Kleiman, Ph.D., Rutgers, The State University of New Jersey

Evan Kleiman, Ph.D., Rutgers, The State University of New Jersey

Kathryn Bentley, Ph.D., Harvard Medical School/Massachusetts General Hospital

Joseph S. Maimone, B.A., Massachusetts General Hospital

Jeff Huffman, M.D., Massachusetts General Hospital

Matt Nock, Ph.D., Harvard University

Earn 1.5 continuing education credits

Symposium 95

Challenges and Opportunities in the Quantitative Study of Sexual and Gender Minorities

CHAIR: *Benjamin A. Katz, M.A., The Hebrew University of Jerusalem*

DISCUSSANT: *Susan E. Walch, Ph.D., University of West Florida*

All level of familiarity with the material

Primary Category: LGBTQ+

Key Words: *Risk / Vulnerability Factors, LGBTQ+, Vulnerable Populations*

The Impact of Minority Stress on Rates of Personality Disorders by Sexual Orientation: Results from a Large, Nationally Representative Sample of U.S. Adults

Tenille C. Taggart, M.A., Stony Brook University

Jared G. Gabrielli, B.A., Stony Brook University

Nicholas R. Eaton, Ph.D., Stony Brook University

How a Transdiagnostic Approach Can Help Understanding of Bias in the Diagnosis of Borderline Personality Disorder Among Sexual and Gender Minority Individuals

Craig Rodriguez-Seijas, Ph.D., University of Michigan

A Daily Diary Study of Minority Stress and Negative and Positive Affect Among Sexual and Gender Minority Adolescents: Moderating Effects of Depression, Gender Identity, and Race

Ethan H. Mereish, Ph.D., American University

Robert Miranda, Jr., Ph.D., Brown University

David Hawthorne, M.S., University of Maryland, College Park

A Network Theory of Minority Stress

Benjamin A. Katz, M.A., The Hebrew University of Jerusalem

Examining Interrelationships of Syndemic Indicators and Minority Stress Among Young Sexual Minority Men

Jasper S. Lee, M.S., University of Miami, Department of Psychology

Noelle A. Mendez, B.A., University of Miami

Kirsty A. Clark, M.P.H., Ph.D., Yale School of Public Health

Anthony Maiolatesi, B.A., Yale School of Public Health

Jillian Scheer, Ph.D., Yale School of Public Health

Audrey Harkness, Ph.D., University of Miami

John E. Pachankis, Ph.D., Department of Social and Behavioral Sciences, Yale School of Public Health

Steven Safren, Ph.D., University of Miami

Earn 1.5 continuing education credits

Symposium 96

Improving Treatment Outcomes for Comorbid Chronic Pain and Posttraumatic Stress: Recent Translational Findings

- CHAIRS: *Nicole A. Short, Ph.D.*, University of North Carolina at Chapel Hill
Andrew H. Rogers, M.A., University of Houston
- DISCUSSANT: *Sheila A. Rauch, Ph.D.*, Emory University School of Medicine/
VA Atlanta HCS

Moderate level of familiarity with the material

Primary Category: Comorbidity

Key Words: *Pain, Trauma, CBT*

Acute Stress Symptoms Mediate the Transition from Acute to Persistent Pain After Sexual Assault

- Nicole A. Short, Ph.D.*, University of North Carolina at Chapel Hill
Andrew Tungate, Ph.D., University of North Carolina at Chapel Hill
Kenneth Bollen, Ph.D., University of North Carolina at Chapel Hill
Kristen Witkemper, B.A., University of North Carolina at Chapel Hill
Megan Lechner, MSN, UCHealth
Kathy Bell, M.S., RN, Tulsa Forensic Nursing Services
Jenny Black, BSN, Austin SAFE
Jennie Buchanan, M.D., Denver Health
Rhiannon Reese, MA, LPC, Crisis Center of Birmingham
Israel Liberzon, M.D., Texas A&M
Sheila A. Rauch, Ph.D., Emory University School of Medicine/VA Atlanta HCS
Samuel McLean, M.D., University of North Carolina at Chapel Hill

Anxiety Sensitivity Partially Explains the Association Between PTSD and Pain in Veterans

- Amanda M. Raines, Ph.D.*, Southeast Louisiana Veterans Health Care System
Sunni Primeaux, Ph.D., Southeast Louisiana Veterans Health Care System
Chelsea Ennis, M.S., Southeast Louisiana Veterans Health Care System
Jessica Walton, Ph.D., Southeast Louisiana Veterans Health Care System
Nicholas Allan, Ph.D., Ohio University
Michael J. Zvolensky, Ph.D., University of Houston
Norman B. Schmidt, Ph.D., Department of Psychology, Florida State University
Laurel Franklin, Ph.D., Southeast Louisiana Veterans health Care System

Pain Intensity and Alcohol Use Motives Among Firefighters: The Moderating Role of Pain-related Anxiety

Andrew H. Rogers, M.A., University of Houston

Maya Zegel, M.A., University of Houston

Jana Tran, Ph.D., Houston Fire Department

Michael J. Zvolensky, Ph.D., University of Houston

Anka Vujanovic, Ph.D., University of Houston

Pilot Feasibility and Acceptability of a Novel Cognitive Behavioral Group Intervention Addressing Comorbid Pain and Trauma History Among Chronic Pain Outpatients

Seema Patidar, Ph.D., University of North Carolina at Chapel Hill

Nicole A. Short, Ph.D., University of North Carolina at Chapel Hill

Amy Goetzinger, Ph.D., University of North Carolina at Chapel Hill

Skye Margolies, Ph.D., University of North Carolina at Chapel Hill

Brooke Chidgey, M.D., University of North Carolina at Chapel Hill

5:00 p.m. – 6:30 p.m.

Earn 1.5 continuing education credits

Mini Workshop 14

**Socratic Dialogue and Collaborative Empiricism:
Practical Strategies to Overcome Common Pitfalls**

Scott H. Waltman, ABPP, Psy.D., Center for Dialectical and Cognitive
Behavior Therapy

Brittany C. Hall, Ph.D., UT Southwestern Medical Center

Lynn McFarr, Ph.D., Harbor-UCLA Med. Ctr & CBT California

Moderate level of familiarity with the material

Primary Category: Treatment - CBT

Key Words: *Cognitive Therapy, Cognitive Restructuring, Psychotherapy Process*

One of the most challenging CBT skills to learn is compassionately and artfully guiding a client to take a more balanced or helpful perspective. Socratic Questioning is at the heart of cognitive exploration; however, it is a complicated skill that is difficult to learn (Clark & Egan, 2015; Padesky, 1993). Common problems of clinicians learning Socratic Questioning included not knowing which questions to ask, trying to get the client to arrive at specific conclusions, or trying to convince the client. This mini-workshop will focus on demystifying the process of guided discovery and presenting a practical framework for implementation of Socratic strategies. Essential components such as identifying the key cognitions to target,

gathering more information, curiously listening, providing a summary, and tying it all together will be reviewed and practiced. Mini-workshop participants will leave with an understanding of how to use a specific framework for Socratic dialogue and collaborative empiricism. This mini-workshop is geared towards frontline clinicians, supervisors, and trainers and will focus on the strategies that have been found to be successful in two separate large-scale CBT implementation initiatives. Experiential methods of learning will be emphasized.

At the end of the session, the learner will be able to:

- Use a framework to conceptualize the process of Socratic Dialogue.
- How to focus on key cognitions to targets with Socratic strategies.
- Use curiosity to facilitate collaborative empiricism.

Recommended Readings: Waltman, S. H., Codd, R. T., McFarr, L. M., & Moor, B. A. (in press). Socratic questioning for therapists and counselors: Learn how to think and intervene like a cognitive behavior therapist. Routledge Overholser, J. C. (2018). *The Socratic Method of Psychotherapy*. New York: Columbia University Press. Padesky, C. A. (1993). Socratic questioning: Changing minds or guiding discovery. Paper presented at the A keynote address delivered at the European Congress of Behavioural and Cognitive Therapies, London. Retrieved from: <http://padesky.com/newpad/wp-content/uploads/2012/11/socquest.pdf>

5:00 p.m. – 6:30 p.m.

Earn 1.5 continuing education credits

Mini Workshop 15

Cognitive-behavioral Therapy to Target Executive Dysfunction in Adults with ADHD

Mary V. Solanto, Ph.D., Hofstra University
Amanda Spray, Ph.D., NYU Langone Medical Center

All level of familiarity with the material

Primary Category: ADHD - Adult

Key Words: *ADHD, Cognitive Therapy, Adult*

Executive dysfunction is a major cause of educational and occupational impairment in adults with ADHD. This workshop will review the foundations, treatment parameters, and specific components of a well-validated CBT intervention to address executive dysfunction (Solanto et al, Amer J of Psychiatry, 2010) as it is being implemented in adults with ADHD and, more recently, as it is being tailored to the needs of college students and of military veterans with ADHD. Specific CBT intervention methods include the following: (1) Effective use of daily planners and organizers; (2) Contingent self-reinforcement; (3) “Chunking” of complex tasks into manageable parts; (4) Minimization of external distractors, (5) Use of a matrix to differentiate “urgent” from “important” tasks; (6)

Flow-charting of goals and sub-components; (7) Visualization of long-term rewards and consequences - to counteract steeper “temporal discounting,” in ADHD; (8) “Traditional” CBT to target dysfunctional “automatic thoughts” that engender anxiety and depression, which are more prevalent in ADHD. Various “mantras” that encompass adaptive cognitive self-instructions are repeated strategically throughout the program in order that they may be internalized as guides to behavior. Generalization and maintenance of treatment gains are fostered by weekly “home exercises,” which are structured opportunities to practice the new cognitive and behavioral habits outside the session. College students with ADHD have higher rates of course failures and incompletes, have lower GPAs, and are less likely to graduate than their peers without ADHD. The workshop will include description and discussion of a CBT with strategies tailored to the academic and social contexts, cues, and consequences experienced by college students with ADHD. Studies of military personnel and veterans reveal an increased prevalence of ADHD diagnosis - up to 10%, compared with 4% in the general adult population - yet little specialized treatment of ADHD has been developed for these individuals. This workshop will include a discussion of the challenges of working with this population as well as the results of an evaluation of a CBT intervention that has been modified and implemented to address their needs

At the end of this session, the learner will be able to:

- Identify the types and consequences of executive dysfunction experienced by adults.
- Describe the principles underlying the development of CBT for executive dysfunction in adults.
- Delineate the components of effective implementation of CBT intervention for executive dysfunction in adults with ADHD.
- Describe the modifications to CBT to address the needs of college students with ADHD.
- Describe the modifications to CBT to address the needs of military personnel and veterans with ADHD.

Recommended Readings: Solanto, M. V., Marks, D. J., Wasserstein, J., Mitchell, K., Abikoff, H., Alvir, J. M., & Kofman, M. D. (2010). Efficacy of meta-cognitive therapy (MCT) for adult ADHD. *American Journal of Psychiatry*, 167(8), 958-968. Solanto, M. V. (2011). *Cognitive-Behavioral Therapy for Adult ADHD: Targeting Executive Dysfunction*. New York, N.Y.: Guilford Press. Barkley, R. A., et al. (2008). *ADHD in adults: What the science says*. New York, N.Y., The Guilford Press. Brown, T. E. (2013). *A New Understanding of ADHD in Children and Adults: Executive Function Impairments*. New York, N.Y., Routledge. Thomas, M., A. Rostain, and F. Prevatt, ADHD diagnosis and treatment in college students and young adults. *Adolesc Med State Art Rev*, 2013. 24(3): p. 659-79.

Membership Panel 2

Clinical Work after Graduate Training: Clinically Focused Careers across Diverse Health Care Settings

CHAIR: Shannon M. Blakey, PhD, Durham VA Health Care System/
VA-Mid Atlantic Mental Illness Research, Education and
Clinical Center (MIRECC)

PANELISTS: Wei-Chin Hwang, Ph.D., Claremont McKenna College and
Private Practice
Rachel C. Leonard, PhD, Rogers Memorial Hospital
Sasha M. Rojas, M.A., University of Arkansas
Martha Sparks, PhD, Mount Sinai West Hospital

All level of familiarity with the material

Primary Category: Workforce Development/Training/Supervision

Key Words: *Professional development, Student issues*

Most psychology trainees are familiar with the university faculty model of professional practice, yet psychologists are employed across a wide array of settings, including independent practices, Veterans Affairs (VA) and non-VA academic medical centers, and other integrated health care systems. Despite the diverse applicability of advanced psychology degrees, students and recent graduates may have limited exposure to clinically focused careers. This panel, sponsored by the ABCT Student Membership Committee, will provide trainees and early career professionals insight into “a day in the life” of psychologists who engage in clinical work across diverse professional settings. Collectively, members of this panel will be able to speak to working in private practices, specialty telemental health teams, VA medical center outpatient clinics, residential and outpatient non-profit hospital clinics, and integrated behavioral health clinics (e.g., primary care). In addition to describing their career trajectories and lessons learned along the way, panelists will offer guidance on: understanding the differences between various practice settings, obtaining the necessary training to successfully embark on different clinically focused career paths, identifying mentors and referral sources to sustain one’s clinical career, operating within an interprofessional setting, and more. There will be ample opportunity for attendee participation in addition to moderated Q&A.

Earn 1.5 continuing education credits

Clinical Round Table 11

Assessment and Treatment of Perinatal Mental Health: Increasing Access to Evidence-based Care for a Vulnerable Population

MODERATORS: *Samantha N. Hellberg, B.A.*, University of North Carolina at Chapel Hill
Paul Geiger, Ph.D., University of North Carolina at Chapel Hill

PANELISTS: *Margaret M. Howard, Ph.D.*, Brown University/Women & Infants Hospital of Rhode Island
Fiona L. Challacombe, Ph.D.
Pamela Wiegartz, Ph.D., Brigham and Women's Hospital/Harvard Medical School
Tiffany Hopkins, Ph.D., University of North Carolina at Chapel Hill
Crystal Schiller, B.S., M.A., Ph.D., University of North Carolina at Chapel Hill

All level of familiarity with the material

Primary Category: Treatment - CBT

Key Words: *Perinatal, Evidence-Based Practice, Vulnerable Populations*

This clinical roundtable aims to disseminate empirically-supported considerations for assessing and treating mental health concerns during the perinatal period. Pregnant and postpartum individuals are at risk for the onset and exacerbation of various psychological conditions. Notably, when untreated, these conditions bear significant consequences for the individual, child, and family. Moreover, these disorders remain underrecognized and undertreated perinatally. In parallel, the perinatal period also offers an opportunity to increase access to evidence-based care (EBC) given high rates of medical service utilization. Interventions are empirically-supported in the general adult population for common perinatal psychological disorders (e.g., depression, OCD, PTSD); yet, the majority of studies have excluded perinatal women. Researchers and clinicians indicate concerns that EBTs may cause undue stress and risk. Yet, these notions are largely unsupported by research, and may create yet another barrier to care on top of broader systemic and perinatal barriers. Indeed, the benefits appear to largely outweigh the risks. In support of increasing access to EBTs during this critical period, panelists will draw upon the broad and perinatal-specific evidence to inform the assessment, conceptualization, and treatment of perinatal mental health across various contexts. Our panelists will discuss the presentation of psychological conditions in pregnancy and postpartum, emphasizing unique biopsychoso-

cial factors to consider in case conceptualization and treatment planning. We will address considerations for screening and diagnosis, including collaboration with key stakeholders (e.g., healthcare providers). The safety, efficacy, and best practices for implementing EBTs (e.g., CBT, DBT, Prolonged Exposure, ACT) during pregnancy and postpartum will be examined. We will reflect on the risks and benefits of providing EBTs perinatally. In our discussion, we intend to highlight key gaps in our current evidence, and important next steps for optimizing perinatal mental health care within the broader healthcare system and improving our understanding of the phenomenology and treatment of psychological conditions during this vulnerable period.

6:45 p.m. – 8:15 p.m.

Earn 1.5 continuing education credits

Spotlight Research 2

Augmenting CBT with Real-time Fmri Amygdala Neurofeedback Training Increases Early Response to Therapy and Long-term Outcomes

CHAIR: Greg J. Siegle, Ph.D., University of Pittsburgh School of Medicine

Panelist: Kimberly Young, Ph.D., University of Pittsburgh School of Medicine

Primary Category: Neuroscience

Key Words: *Neurocognitive Therapies, CBT, Depression*

Patients undergoing cognitive behavioral therapy (CBT) for major depressive disorder (MDD) are less likely to relapse when they experience a “sudden gain:” a 25% between-sessions drop in Beck Depression Inventory (BDI-II) scores during the first third of therapy. The current study examined the effects of augmenting CBT with real-time fMRI neurofeedback (rtfMRI-nf) to increase the amygdala response to positive memories on depressive symptoms. Our rtfMRI-nf procedure uses principles of CBT including restructuring emotional processing towards the positive and enhancing feelings of sense of self-efficacy. We predict that pretreatment with this intervention prior to undergoing a course of CBT will increase the number of participants who experience a sudden gain.

Thirty-eight right-handed adult participants diagnosed with MDD completed two rtfMRI-nf sessions before receiving 10 weeks of CBT. Twenty participants received amygdala rtfMRI-nf and eighteen received rtfMRI-nf from a parietal control region. Depressive symptoms were assessed via BDI-II at baseline, during the first 3 weeks and final 2 weeks of CBT, and at a 6 month follow-up.

Of participants who completed the prescribed course of CBT, 15 (75%) from the experimental and 6 (33%) from the control rtfMRI-nf group met criteria for a sudden gain. While the groups did not differ in depression severity at the end of therapy, those in the active group maintained lower scores at the 6-month follow-up relative to the control group.

Patients who received rtfMRI-nf training to increase amygdala response to positive memories showed greater symptom improvement and a higher proportion experienced sudden gains during first three weeks of CBT relative to controls who learned to control a parietal region not implicated in depression or emotional processing. While both groups

exhibited similar symptom reductions by the end of therapy, only the experimental group maintained these symptom reductions at the 6-month follow-up. Our results suggest that enhancing positive emotional processing through rtfMRI-nf training prior to cognitive-behavioral treatments for depression facilitates the treatment.

At the end of this session, the learner will be able to:

- Understand the role of the amygdala in recovery from MDD.
- Present an overview of neurofeedback for psychiatric disorders and why it is an ideal method for augmenting cognitive therapies.
- Present evidence from an ongoing clinical trial demonstrating enhanced response when clinical therapy is augmented with neurofeedback.

Recommended Readings: Young, K.D., Siegle, G.J., Zotev, V., Phillips, R., Misaki, M., Yuan, H., Drevets, W.C., Bodurka, J. Randomized clinical trial of real-time fMRI amygdala neurofeedback for major depressive disorder: Effects on symptoms and autobiographical memory recall. *Am J Psychiatry*. 2017; 174(8):748-755. Kelly, M.A., Roberts, J.E., Ciesla, J.A. Sudden gains in cognitive behavioral treatment for depression: when do they occur and do they matter? *Behav Res Ther*. 2005;43:703-714. MacDuffie, K.E., MacInnes, J., Dickerson, K.C., Eddington, K.M., Strauman, T.J., Adcock, R.A. Single session real-time fMRI neurofeedback has a listing impact on cognitive behavioral therapy strategies. *Neuroimage: Clinical*. 2018; 19:868-875

6:45 p.m. – 8:15 p.m.

Earn 1.5 continuing education credits

Research and Professional Development 6

Steering Students Towards STEM Grants: Writing a Successful National Science Foundation Graduate Research Fellowship Application in Clinical Psychology

PANELISTS: Kathryn A. Coniglio, M.S., Rutgers University
Shirley B. Wang, Ph.D., Queen Mary University of London
Daniel Coppersmith, M.A., Harvard University
Jonathan W. Reeves, M.A., University of California, Berkeley
Rebecca Revilla, B.A., The University of Alabama
Jamilah Silver, B.S., Stony Brook University

Basic to Moderate level of familiarity with the material

Primary Category: Student Issues

Key Words: *Research Funding, Career Development, Professional Development*

The National Science Foundation Graduate Research Fellowship Program (NSF GRFP) is a prestigious fellowship that provides financial support and enrichment oppor-

tunities to graduate students in science, technology, engineering, and mathematics. The fellowship offers a generous stipend and grants the fellow considerable autonomy in developing an independent research program. The GRFP, however, explicitly precludes individuals from applying if their graduate program primarily involves clinical practice, or if their research focuses on diagnosis, epidemiology, disease prevention, medical or behavioral interventions, clinical outcomes, or patient-oriented research. As a result, few students in clinical psychology apply to this fellowship. Clinical psychology students who apply are often given feedback that their proposal is “too clinical.” Therefore, the purpose of this panel will be to illustrate and discuss methods for writing a successful NSF GRFP application to encourage more clinical psychology students to apply for this fellowship. A diverse panel of 5 current NSF GRFP awardees in clinical psychology will serve as presenters. Panelists have a broad range of research interests, including eating disorders, suicide and non-suicidal self-injury, trauma, psychophysiology, and youth behavioral disorders. The panel will begin with a brief overview of the GRFP and highlight differences between the GRFP and other popular funding mechanisms (e.g., NIH predoctoral National Research Service Award). Next, panelists will share strategies they employed for 1) describing their research plan to fellowship reviewers, 2) linking their personal statement to their research plan to create a cohesive application, and 3) identifying strategic individuals to write recommendation letters on their behalf. Finally, the panel will conclude with an opportunity for attendees to ask the panelists questions in a large group format.

At the end of this session, the learner will be able to:

- Recognize the benefits of pursuing doctoral education with an NSF graduate research fellowship.
- Describe the elements of a successful graduate research fellowship research plan.
- Explain how to connect the research plan to the personal statement in creating a cohesive, competitive application.

Recommended Readings: National Science Foundation Graduate Research Fellowship Program solicitation <https://www.nsf.gov/pubs/2019/nsf19590/nsf19590.pdf>Telling a Story: The Secret Ingredient to Getting an NSF Fellowship <https://www.psychological-science.org/observer/telling-a-story-the-secret-ingredient-to-getting-an-nsf-fellowship>From the NSF: The National Science Foundation’s Investments in Broadening Participation in Science, Technology, Engineering, and Mathematics Education through Research and Capacity Building <https://www.lifescied.org/doi/pdf/10.1187/cbe.16-01-0059>

Earn 1.5 continuing education credits

Mini Workshop 16

Sex, drugs, and Fortnite: How to Help Caregivers Navigate Life's Trickiest Parenting Moments

Andrea B. Temkin, Psy.D., Weill Cornell Medical College/NYP
Shannon M. Bennett, Ph.D., Weill Cornell Medicine
Samuel Fasulo, Ph.D., New York University School of Medicine
Anthony Puliafico, Ph.D., Columbia University Medical Center
Lisa W. Coyne, Ph.D., McLean/Harvard Medical School

Moderate level of familiarity with the material

Primary Category: Parenting / Families

Key Words: *Parenting, Treatment, Adolescents*

A key component to enhancing the impact of cognitive-behavioral therapies for youth and young adults is optimizing the role of parents in supporting their children through new challenges. Yet, most parents are often at a loss as how to manage many of the issues that arise in their children's lives. Discovering that a teen or young adult is engaging in sexual relationships, experimenting with drugs, or is simply more interested in playing video games than focusing on schoolwork can leave parents scrambling for appropriate strategies. Extreme parental reactions can interfere with a youth's willingness to engage in skillful behavior, and discrepant parent and child values can create a significant conflict in treatment. In the midst of these challenges, it is easy for providers to feel stuck in the middle and unsure of how help parents respond appropriately. This mini-workshop aims to give clinicians concrete tools to help parents navigate their most difficult parenting dilemmas. Experts in cognitive-behavioral therapy, dialectical behavior therapy, parent management training, and acceptance and commitment therapy will present on the in-session tips and tricks they use to address common issues that arise in adolescence and early adulthood. Presenters will relay their favorite metaphors, go-to-skills, and most effective techniques. Role-plays will demonstrate how to individualize evidence-based-strategies in an accessible manner, while providing tools to increase buy-in and promote follow-through. Presenters will aim to highlight the best that these different theoretical frameworks have to offer regarding parenting strategies, and providers will leave armed with new ideas and increased confidence around how to help the families they work with.

At the end of this session, the learner will be able to:

- Demonstrate how to validate parental concerns around youth behavior.
- Recall 3 specific evidence-based strategies parents can use to set appropriate limits.

- Model how parents can communicate with their teens and young adults about concerning behavior.

Recommended Readings: Jones, L. B., Whittingham, K., Coyne, L. W., & Lightcap, A. (2016). A contextual behavioral science approach to parenting intervention and research. In R. Zettle, S. Hayes, A. Biglan, & D. Barnes-Holmes (Eds.), *The Wiley Handbook of Contextual Behavioral Science*. New York: Wiley & Sons. Pp. 398-421. Rathus, J. H., & Miller, A. L. (2000). DBT for adolescents: Dialectical dilemmas and secondary treatment targets. *Cognitive and Behavioral Practice*, 7(4), 425-434. Nelson, L. J., Padilla-Walker, L. M., & Nielson, M. G. (2015). Is hovering smothering or loving? An examination of parental warmth as a moderator of relations between helicopter parenting and emerging adults' indices of adjustment. *Emerging Adulthood*, 3(4), 282-285.

6:45 p.m. – 8:15 p.m.

Earn 1.5 continuing education credits

Panel Discussion 34

Cultural Adaptations and Considerations for Delivering Evidence-based Treatments: Enhancing the Impact of Interventions Through Community Healing and Intergenerational Narratives

MODERATOR: *Alexandra Hernandez-Vallant, B.S., University of New Mexico*

PANELISTS: *Keri Kirk, Ph.D., Department of Defense*

Dawn Henderson, Ph.D., Duke University; Collective Health and Education Equity Research (CHEER) Collaborative

Samara Toussaint, Psy.D., Path2Growth Counseling Services

Kamilla Venner, Ph.D., University of New Mexico, Center on Alcoholism, Substance Abuse, and Addictions (CASAA)

Carrie Winterowd, Ph.D., Oklahoma State University

Christina S. Lee, Ph.D., Boston University

Primary Category: Culture / Ethnicity / Race

Key Words: *Culture, Evidence-Based Practice, Underserved Populations*

Given the increasing diversification of the United States, the field of cultural adaptation of evidence-based treatments (EBTs) is positioned well to not only enhance the impact of EBTs but to ameliorate the glaring dissemination gap from bench science to practice. The evidence base is emerging with regards to articulating a scientific approach to culturally adapting EBTs for practice settings. The premise of culturally adapting or

tailoring an intervention is that conducting such changes will enhance the acceptability and therefore the impact of mental health interventions for underserved, marginalized populations (in which EBTs have not been developed, tested and evaluated for). Work done by the panelists on adaptations in the field may increase efficacy and effectiveness of intervention at the *individual* level and enhance the efficacy and effectiveness of interventions on a broader scale (e.g., uptake of EBTs in community mental health settings). Panelists share expertise in culturally tailoring and adapting interventions to different populations and health care settings (military, school, community), and will describe the efficacy and clinical significance of these adaptations. Initial discussions will focus on how the different disciplines approach cultural tailoring and adapting interventions for improved efficacy. Next, the panelists will speak to best practices for tailoring interventions for various communities (e.g., urban versus rural, Tribal communities) and contextually/culturally specific variables to be aware of (e.g., racial justice, historical and intergenerational trauma, spirituality, social determinants of health). Examples of treatments that will be presented include community/multilevel interventions, cognitive behavioral therapy (CBT), motivational interviewing (MI), community reinforcement and family training (CRAFT) and trauma-focused therapy. The panelists will discuss the importance of honoring multiple ways of knowing, community healing, and narrative storytelling and how these values can enhance the efficacy of interventions as well as target systemic oppression to create an avenue for social change.

6:45 PM – 8:15 PM

Earn 1.5 continuing education credits

Symposium 98

Discrimination and Mental Health: Examining the Impacts of a Chronic Stressor

CHAIRS: *Kimberly E. Dean, Ph.D.*, Massachusetts General Hospital
Juliette McClendon, Ph.D., VA Boston Healthcare System

DISCUSSANT: *Jillian Shepherd, Ph.D.*, US Department of Veterans Affairs

Basic to Moderate level of familiarity with the material

Primary Category: Culture / Ethnicity / Race

Key Words: *Race, Trauma, Stress*

Microaggressions and PTSD Symptoms Among Black Americans: Exploring the Link

Jessica R. Graham-LoPresti, Ph.D., Suffolk University
Tahirah Abdullah, Ph.D., University of Massachusetts, Boston
Noor Tahirkheli, M.A., University of Massachusetts, Boston
Shannon Hughley, B.A., University of Massachusetts, Boston
LaTina Waston, B.A., University of Massachusetts, Boston

The Effect of Early Life Racial Discrimination Experiences on Adult Maladjustment and Accelerated Aging for African Americans: Exploring the Moderating Role of Socioeconomic Advantage and Disadvantage

Sierra Carter, Ph.D., Georgia State University

Mei Ling Ong, Ph.D., University of Georgia

Ronald Simons, Ph.D., University of Georgia

Frederick Gibbons, Ph.D., University of Connecticut

Man Kit Lei, Ph.D., University of Georgia

Steven R. Beach, Ph.D., University of Georgia

Discrimination and Substance Use: The Serially Mediating Effects of Perceived Discrimination, Distress, and Willingness to Use

Kimberlye E. Dean, Ph.D., Massachusetts General Hospital

Anna C. J. Long, Ph.D., Louisiana State University

Paul Frick, Ph.D., Louisiana State University

Julia D. Buckner, Ph.D., Louisiana State University

Discriminatory Stress Moderates Racial/ethnic Differences in Psychiatric Symptom Severity and Use of Mental Health Treatment

Juliette McClendon, Ph.D., VA Boston Healthcare System

Daniel Perkins, Ph.D., The Pennsylvania State University

Laurel Copeland, Ph.D., VA Central Western Massachusetts Healthcare System

Erin Finley, Ph.D., MPH, Veterans Evidence-based Research Dissemination and Implementation Center, South Texas Veterans Health Care System

Dawne Vogt, Ph.D., National Center for PTSD, Women's Health Sciences Division

Earn 1.5 continuing education credits

Symposium 99

Mechanisms of Attention and Reward in Self-injurious Thoughts and Behaviors

CHAIRS: *Beverlin Del Rosario, M.A.*, The Graduate Center, City University of New York

Aliona Tsypes, Ph.D., University of Pittsburgh

DISCUSSANT: *Matt Nock, Ph.D.*, Harvard University

All level of familiarity with the material

Primary Category: Suicide and Self-Injury

Key Words: *Suicide, Self-Injury, Cognitive Processes*

Cognitive Accessibility and Attention Disengagement as Mechanisms in the Relation Between Reflection and Suicide-specific Rumination

Beverlin Del Rosario, M.A., The Graduate Center, City University of New York
Regina Miranda, Ph.D., Hunter College, City University of New York

Suicide-related Attention Bias and Disengagement Among At-risk Adolescents

Regina Miranda, Ph.D., Hunter College, City University of New York
Ana Ortin, Ph.D., Hunter College, CUNY
Jhovelis Manana, B.A., Hunter College, CUNY
Christina Rombola, M.A., Hunter College, CUNY

Reward Processing in Suicide Attempters: An EEG/ERP Study

Aliona Tsypes, Ph.D., University of Pittsburgh
Max Owens, Ph.D., University of South Florida St. Petersburg
Brandon E. Gibb, Ph.D., Binghamton University

Steady-state Visual Evoked Potentials Reveal Deficits in the Ability to Inhibit Attention to Negative Interpersonal Stimuli in Adolescents Who Engage in Non-suicidal Self-injury

Kiera James, M.S., Binghamton University (SUNY)
Holly Kobezak, BA, Binghamton University (SUNY)
Brandon E. Gibb, Ph.D., Binghamton University

Neural Responses to Monetary and Social Feedback in Children and Adolescents with Non-suicidal Self-injury

Julia Case, M.A., Temple University
Thomas M. Olino, Ph.D., Temple University

Earn 1.5 continuing education credits

Symposium 100

Building a Rainbow Bridge Between Research and Practice: Improving Access to Affirming, Evidence-based Care for Suicidal Sexual and Gender Minority Youth

CHAIRS: *Ilana Seager van Dyk, M.A., The Ohio State University*
Lucas Zullo, Ph.D., UCLA

DISCUSSANT: *Shelley Craig, Ph.D., University of Toronto*

All level of familiarity with the material
Primary Category: Suicide and Self-Injury
Key Words: *Suicide, LGBTQ+, Adolescents*

Treatment Recommendations and Barriers to Care for Suicidal SGM Youth: A Qualitative Study

Lucas Zullo, Ph.D., UCLA
Ilana Seager van Dyk, M.A., The Ohio State University
Elizabeth W. Ollen, Ph.D., UCLA
Jeanne Miranda, Ph.D., University of California, Los Angeles

Temporal Trends in Suicidal Thoughts and Behaviors Among LGB and Heterosexual Youth

Richard Liu, Ph.D., Brown University
Rachel F. L. Walsh, B.S., Temple University
Ana E. Sheehan, B.A., University of Delaware
Shayna M. Cheek, B.A., Duke University
Sarina M. Carter, B.S., University of Massachusetts Amherst

Non-suicidal Self-injury, Suicidal Ideation, and Suicide Attempt Among Sexual Minority Children

Christopher Albright, B.S., San Diego State University/UC San Diego Joint Doctoral Program in Clinical Psychology
Jerel Calzo, Ph.D., MPH, San Diego State University
Kathryn Fox, Ph.D., University of Denver
Brian A. Feinstein, Ph.D., Northwestern University
Aaron Blashill, Ph.D., San Diego State University

A Daily Diary Study of Minority Stress and Suicidal and Nonsuicidal Self-injurious Thoughts and Behaviors Among Sexual and Gender Minority Youth

Ethan H. Mereish, Ph.D., American University

Jessica R. Peters, Ph.D., Brown University

Matthew Killam, B.A., Brown University

Ryan Segur, M.S., Brown University Department of Psychiatry and Human Behavior

Shirley Yen, Ph.D., Harvard Medical School

Implementing Attachment-based Family Therapy for Depressed and Suicidal LGBTQ+ Youth in Community Settings: Feasibility, Acceptability and Preliminary Effectiveness

Jody Russon, Ph.D., Virginia Tech

Judy Morissey, LCSW, Mazzoni Center

Jamie Dellinger, MFT, Virginia Tech

Bora Jin, Ph.D., Duksung Women's University

Guy S. Diamond, Ph.D., Center for Family Intervention Science, Drexel University

6:45 PM – 8:15 PM

Earn 1.5 continuing education credits

Symposium 101

Eating Pathology in Sexual and Gender Minority Populations: Sociocultural Risk Factors, Assessment Considerations, and Treatment Outcomes

CHAIRS: *Courtney S. Warren, ABPP, Ph.D., University of Nevada, Las Vegas; Choose Honesty, LLC*
Tiffany A. Brown, Ph.D., University of California, San Diego

DISCUSSANT: *Aaron Blashill, Ph.D., San Diego State University*

All level of familiarity with the material

Primary Category: Eating Disorders

Key Words: *Eating, Body Image, LGBTQ+*

Obesity and Eating Disorder Disparities Among Sexual and Gender Minority Youth: Findings from the ABCD Study

Natascha Schwey, Ph.D., Uniformed Services University of the Health Sciences

Arielle Pearlman, B.A., Uniformed Services University of the Health Sciences

Mikela Murphy, B.A., Uniformed Services University of the Health Sciences

Joshua C. Gray, Ph.D., Uniformed Services University of the Health Sciences

The Roles of Family Pressures and Appearance Ideal Internalization in the Relationship Between Outness and Appearance Self-esteem

Taryn A. Myers, Ph.D., Virginia Wesleyan University

Makayla Kelley, B.A., Ball State University

Internalized Weight Bias Moderates the Relationships Between Anxiety About Gender Expression and Eating Disorder Pathology

Samantha P. Spoor, B.S., University of Louisville

Irina Vanzhula, M.S., University of Louisville

Leigh C. Broscof, B.A., University of Louisville

Lisa P. Michelson, M.A., M.S., University of North Carolina School of Medicine

Mattison Jade Hale

Cheri A. Levinson, Ph.D., The University of Louisville

Sexual Orientation-based Differential Item Functioning in Eating Disorder and Body Image Measures Among Men

Joseph M. Donahue, M.A., University at Albany, State University of New York

Melissa Simone, Ph.D., University of Minnesota

Christina Scharmer, M.A., University at Albany, State University of New York

Lisa M. Anderson, Ph.D., University of Minnesota Medical School

Drew A. Anderson, Ph.D., University at Albany, State University of New York

Gender Minorities in Eating Disorders Treatment: A Case Series on Treatment Outcomes

Kimberly Claudat, Ph.D., University of California, San Diego

Courtney Simpson, Ph.D., University of California, San Diego

Christina E. Wierenga, Ph.D., University of California, San Diego

Walter H. Kaye, M.D., University of California, San Diego

Tiffany A. Brown, Ph.D., University of California, San Diego

Earn 1.5 continuing education credits

Symposium 102

Leveraging Systems to Improve Accessibility in Child and Adolescent Mental Health

CHAIR: *Jennifer Blossom, Ph.D.*, Seattle Children's Hospital

DISCUSSANT: *Jonathan Comer, Ph.D.*, Florida International University

Moderate level of familiarity with the material

Primary Category: Program / Treatment Design

Key Words: *Service Delivery, Child, Adolescents*

Anchors Away: Using Mobile Technologies to Disseminate Self-help CBT Directly to Children and Families

Kathryn Kriegshauser, Ph.D., Kansas City Center for Anxiety Treatment, P.A.

Chris Sexton, PhD MSLSCSW, Kansas City Center for Anxiety Treatment

Implementing Stepped Care Services to Enhance Access to Evidence-based Pediatric Anxiety Treatment

Jennifer Blossom, Ph.D., Seattle Children's Hospital

Kendra Read, Ph.D., University of Washington

Phuonguyen Chu, B.A., Seattle Children's Research Institute

Anna Voelpel, B.A., Seattle Children's

Gretchen Sullivan, MHA, Seattle Children's

Improving Access to Mental Health Treatment for Young Children in Foster Care

Bridget Cho, M.A., UC Davis/University of Kansas

Susan Timmer, Ph.D., PCIT Training Center; CAARE Diagnostic and Treatment Center

Brandi Hawk, PhD, UC Davis

Designing Evidence Based Asynchronous Remote Interventions to Support Depression Management Using Behavioral Activation

Jessica Jenness, Ph.D., University of Washington

Ria Nagar, B.A., University of Washington

Arpita Bhattacharya, MSCS, University of Washington

Sean Munson, Ph.D., University of Washington

Julie Kientz, Ph.D., University of Washington

Implementing Behavioral Health Screening Procedures in Juvenile Intake with Front-line Staff

Casey A. Pederson, M.A., Clinical Child Psychology Program University of Kansas

Kathleen Kemp, Ph.D., Brown University/Rhode Island Family Court

Earn 1.5 continuing education credits

Symposium 103

Emerging Trends in Social Media and Alcohol Use Among Young Adults

CHAIR: *Mai-Ly N. Steers, Ph.D.*, Duquesne University

DISCUSSANT: *Mai-Ly N. Steers, Ph.D.*, Duquesne University

All level of familiarity with the material

Primary Category: Addictive Behaviors

Key Words: *Alcohol, Addictive Behaviors, Technology / Mobile Health*

Objective versus Subjective Assessment of Daily Time on Facebook, Instagram, Snapchat, and Twitter and Alcohol Use over the First Year of College

Sarah C. Boyle, M.A., M.S., Loyola Marymount

Joseph Labrie, Ph.D., Loyola Marymount University

Objective Exposure to Alcohol-related Content on Instagram During the College Transition: Prospective Associations with Alcohol Use over the First Year and Mechanisms of Influence

Joseph Labrie, Ph.D., Loyola Marymount University

Sarah C. Boyle, M.A., M.S., Loyola Marymount

Posting Alcohol-related Content and Texting Under the Influence: Alcohol and Technology Use Among Hispanic College Students on the U.s./mexico Border

Mariany G. Perez, B.S., University of Texas at El Paso

Claudia J. Woloshchuk, B.A., University of Texas at El Paso

Marcos Lerma, B.S., University of Texas at El Paso

Carlos Portillo, Jr., B.S., University of Texas at El Paso

Gabriel Frietze, Ph.D., University of Texas, El Paso

Theodore V. Cooper, Ph.D., University of Texas at El Paso

“I Still Don’t Know What Happened, Complete Blackout”: a Content Analysis of Tweets Referencing Alcohol-induced Amnesia

Rose Marie Ward, Ph.D., Miami University

Benjamin Riordan, Ph.D., The University of Sydney

Jennifer E. Merrill, Ph.D., Brown University

Earn 1.5 continuing education credits

Symposium 104

Enhancing Access and Outcomes of Psychological Care: Development and Adaptations of Acceptance- and Mindfulness-based Interventions for Medical Populations

CHAIRS: *Christina M. Luberto, Ph.D.*, Harvard Medical School/MGH
Miryam Yusufov, Ph.D., Harvard Medical School
DISCUSSANT: *Joanna Arch, Ph.D.*, University of Colorado Boulder

Basic to Moderate level of familiarity with the material
Primary Category: Treatment - Mindfulness & Acceptance
Key Words: *Acceptance, Mindfulness, Vulnerable Populations*

Adapting Mindfulness-based Cognitive Therapy for Video Delivery for Patients with Depressive Symptoms After Acute Coronary Syndrome

Christina M. Luberto, Ph.D., Harvard Medical School/MGH
Sydney Crute, B.S., Massachusetts General Hospital
Amy Wang, B.A., Massachusetts General Hospital
Jeff Huffman, M.D., Massachusetts General Hospital
Gloria Yeh, M.D., M.P.H., Harvard Medical school
Elyse Park, M.P.H., Ph.D., Massachusetts General Hospital

Patient Perspectives on the Acceptability of a Peer-delivered Psychotherapy Intervention Integrating Mindfulness to Target HIV Adherence and Substance Use in Cape Town

Alexandra Rose, M.S., University of Maryland- College Park
Jennifer Belus, Ph.D., University of Maryland- College Park
Lena S. S. Andersen, Ph.D., University of Cape Town
John Joska, Ph.D., University of Cape Town
Bronwyn Myers, Ph.D., South African Medical Research Council
Steven Safren, Ph.D., University of Miami
Jessica F. F. Magidson, Ph.D., University of Maryland

Facets of Psychological Well Being in Pre-loss Grief: Potential Intervention Targets for Third Wave Therapies

Jonathan Singer, M.A., University of Nevada, Reno

Miles Neilson, University of Nevada, Reno

Madeline K. Wilson, University of Nevada, Reno

Elisabeth McLean, B.A., University of Nevada, Reno

Tony Papa, Ph.D., University of Nevada, Reno

Acceptance and Commitment Therapy (ACT) Based Treatment Development for Cancer Patients at Risk for Substance Use Disorder

Miryam Yusufov, Ph.D., Harvard Medical School

Kristy Dalrymple, Ph.D., Rhode Island Hospital/Alpert Medical School of Brown University

Joseph Greer, Ph.D., Harvard Medical School

James Tulsy, M.D., Harvard Medical School

William Pivl, M.D., MPH, Harvard Medical School

A Values-based Exposure Intervention for Exercise Anxiety in Cardiac Rehabilitation: Phase I Preliminary Trial Outcomes

Mindy M. Kibbey, B.A., Rutgers, the State University of New Jersey

Anagha A. Babu, B.A., Rutgers, the State University of New Jersey

Brandon L. Alderman, Ph.D., Rutgers, the State University of New Jersey

Ana Abrantes, Ph.D., Butler Hospital & Brown University

Samantha G. Farris, Ph.D., Rutgers, the State University of New Jersey

Sunday, November 22

10:30 a.m. – 11:30 a.m.

Earn 1 continuing education credits

Invited Address 4:

Strange Bedfellows Share Mutual Dreams: Increasing Access to Mindfulness Based Interventions for Mood and Anxiety Disorders

Zindel Segal, C.Psych., University of Toronto- Scarborough

Primary Category: Dissemination & Implementation Science

Key Words: *Depression, Mindfulness, Dissemination*

Digital delivery of therapy content represents one avenue for increasing access to evidence-based treatments (Muñoz et al., 2015), with this format's virtues being especially highlighted during the COVID19 pandemic. Indeed, the strong evidence base for Mindfulness-Based Cognitive Therapy tied to its, paradoxically, limited availability in the community spurred the development of Mindful Mood Balance (MMB), a digital version of in person MBCT. Using MMB as a case study, I will present findings from a recent RCT (N=460) evaluating MMB against Usual Depression Care in a large HMO, to highlight the professional challenges that must be navigated in order to successfully migrate an in-person intervention to the web (Segal et al., 2020). The nub of the problem has to do with the nature of partnerships and commercialization, two topics that require stepping outside of our comfort zones as treatment developers (Mohr et al., 2020). Partnerships enable you to stay true to the guiding principle in digitizing your work, namely ensuring treatment fidelity. To achieve this, you will need to form partnerships with programmers, eLearning experts, web developers and stakeholders. While your work may not have been motivated by commercial incentives, you will need a strategy for positioning your work in a crowded mental health digital marketplace. In this marketplace, the results of a satisfaction survey are considered as credible as outcomes from a well-powered RCT and clarifying what distinguishes your approach from the rest of the field is paramount. Finally, distribution channels already exist that deliver mental health content to millions of subscribers and present a choice point about whether to have your work featured as one of their offerings or to mount a public facing website to reach the public more directly. It is likely that just as evidence-based treatments differ, so will their respective routes to digital delivery. Broader



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dissemination of evidence-based care for mental disorders is one of ABCT's core missions and digital mental health offers one concrete approach to supporting this ideal.

At the end of this session, the learner will be able to:

- Identify barriers to accessing mental health treatment for depressive and anxiety disorders.
- Learn about the efficacy of digital versus face to face treatments.
- Distinguish three factors that determine online reach of digital interventions: partnerships, commercialization strategies and distribution channels.

Recommended Readings: Outcomes of Online Mindfulness-Based Cognitive Therapy for Patients With Residual Depressive Symptoms: A Randomized Clinical Trial. Segal ZV, et al. JAMA Psychiatry. 2020. PMID: 31995132 Coached Mobile App Platform for the Treatment of Depression and Anxiety Among Primary Care Patients: A Randomized Clinical Trial. Graham AK, et al. JAMA Psychiatry. 2020. PMID: 32432695 Massive Open Online Interventions: A Novel Model for Delivering Behavioral-Health Services Worldwide. Muñoz, R,F et al., Clinical Psychological Science. 2015. <https://doi.org/10.1177/2167702615583840>

Earn 1.5 continuing education credits

Spotlight Research 3:

Adaptation and Implementation of Self-system Therapy for Older Adults with Advanced Lung Cancer

CHAIR: Timothy Strauman, Ph.D., Duke University

PANELISTS: Katherine Ramos, Ph.D., Duke University Medical Center

Jennie Riley, M.S., Duke University Medical Center

Kaylee Faircloth, M.A., Duke University

Primary Category: Health Psychology / Behavioral Medicine - Adult

Key Words: *Treatment Development, Behavioral Medicine, Aging*

The National Institutes of Health strongly emphasizes continued efforts for researchers to study and show how evidence-based practices and interventions are effectively translated to and used in real-world settings. Our study, funded by the National Institute on Aging, is adapting the use of Self-System Therapy (SST; Strauman & Eddington, 2017), an empirically validated intervention based on current models of motivation and goal pursuit, to treat depression and distress in older adults with late stage lung cancer. SST has already been adapted for use in older adults with chronic pain (Waters et al., 2015). The focus of SST for lung cancer (SST-LC) is to target cancer-related distress, and to enhance physical activity directly linked to personal values that offer older adults a sense of purpose and meaning (Presley et al., 2017). The focus for this presentation is to guide audience members across the process of adaptation and implementation of SST-LC using the ADAPTOME implementation framework (Chambers & Norton, 2016). Based on interviews and focus groups (N=12), videoconference (VC) technology with patients as well as user testing (N=5), we will discuss how SST-LC is being developed and iteratively refined in an open trial to test its feasibility, acceptability, and promise with a sample of older adults (N=25) living with Stage III or Stage IV lung cancer. Specifically, we will present our study data using ADAPTOME's framework across key features of intervention refinement, service setting, target audience, and model of delivery. Our hope is to inform researchers about strategies for adaptation within the context of implementation to improve the fit between their own interventions and context.

At the end of this session, the learner will be able to:

- Presented an overview and summary of self-system therapy (SST) and its applications and empirical support to date.
- Described in detail the process of adapting SST for a unique target population, i.e., older adults with advanced lung cancer.
- Presented key features of adaptation, including intervention refinement, model of delivery, and assessment of acceptability and fidelity.

Recommended Readings: Presley, C. J., Reynolds, C. H., & Langer, C. J. (2017). Caring for the older population with advanced lung cancer. American Society of Clinical

Oncology Educational Book, 37, 587-596. Strauman, T.J., and Eddington, K.M. (2017). Treatment of depression from a self-regulation perspective: Basic concepts and applied strategies in self-system therapy. *Cognitive Therapy and Research*, 41, 1-15. Waters, S.J., Strauman, T.J., McKee, D.C., Campbell, L.C., Shelby, R.A., Dixon, K.E., Fras, A.M., and Keefe, F.J. (2015). Self-system therapy for distress associated with persistent low back pain: A randomized clinical trial. *Psychotherapy Research*, 26, 472-483.

11:45 a.m. – 1:15 p.m.

Earn 1.5 continuing education credits

Mini Workshop 17

Utilizing Criminal Events as the Unit of Analysis in Forensic Case Formulation and Treatment

Raymond Chip Tafrate, Ph.D., Central Connecticut State University

Basic to Moderate level of familiarity with the material

Primary Category: Criminal Justice / Forensics

Key Words: *Forensic Psychology, Criminal Justice, CBT*

Addressing antisocial patterns is no longer just an “add-on” area of practice. Among the general populations in many countries, justice-involvement has become as prevalent as common mental health disorders. For this reason, practitioners across numerous settings will encounter adolescents and adults whose antisociality puts them at risk for significant loss because of reckless decision-making, destructive activities, and deeper involvement in the criminal justice system. Such cases pose a range of challenges that are quite different from addressing the traditional mental health needs of those suffering from mainly internalizing problems such as anxiety and depression. CBT has been shown to be effective with antisocial and forensic clientele, although modifications of CBT practices are required for this client group. Successful forensic intervention requires a focus on a set of risk domains and thinking patterns that facilitate criminal and antisocial behavior (beyond mental health symptoms). Step-by-step guidelines will be provided for analyzing specific criminal events to better understand the relative influence of criminogenic thinking patterns and other key risk domains (e.g., substance misuse, antisocial companions, maladaptive leisure time) at the time offenses were committed. The functional analysis of criminal events provides a unique snapshot of the potential causes and maintenance of criminal behavior and can enhance standardized risk assessments. The analysis of criminal events forms the groundwork for collaboratively identifying relevant treatment goals. This workshop is highly interactive, incorporating structured learning activities including audio-recorded work samples, small group exercises, and “real”-plays.

At the end of this session, the learner will be able to:

- Recognize key distinctions between traditional mental health treatment and effective interventions for antisocial and forensic clients.
- Conceptualize forensic cases around criminal risk domains most active during recent offenses in order to identify critical life areas to address in treatment.
- Identify criminogenic thoughts and thinking patterns that drive specific incidents of antisocial and criminal conduct.

Recommended Readings: Tafrate, R. C., Mitchell, D., & Simourd, D. J. (2018). CBT with justice-involved clients: Interventions for antisocial and self-destructive behaviors. Guilford Press. Morgan, R. D., Kroner, D. G., & Mills, J. F. (2018). A treatment manual for justice involved persons with mental illness: Changing lives and changing outcomes. Routledge/Taylor & Francis Group. Mitchell, D., Tafrate, R. C., & Freeman, A. (2015). Antisocial personality disorder. In A. T. Beck, D. D. Davis, & A. Freeman (Eds.), *Cognitive therapy of personality disorders* (3rd ed., pp. 346–365). Guilford Press.

11:45 a.m. – 1:15 p.m.

Earn 1.5 continuing education credits

Clinical Round Table 12

Improving Evidence-based Therapies for Culturally Diverse Patients: Perspectives from Multiple Treatment Contexts

MODERATORS: *Janie J. Hong, Ph.D.*, Redwood Center for CBT and Research and University of California, Berkeley
Christine J. Laurine, Psy.M., Rutgers University, GSAPP

PANELISTS: *Janie J. Hong, Ph.D.*, Redwood Center for CBT and Research and University of California, Berkeley
Christine J. Laurine, Psy.M., Rutgers University, GSAPP
Nancy H. Liu, Ph.D., University of California, Berkeley
Ariane Ling, Ph.D., NYU Langone Medical Center
Adrian Aguilera, Ph.D., University of California, Berkeley

All level of familiarity with the material

Primary Category: Culture / Ethnicity / Race

Key Words: *Culture, Underserved Populations, Treatment*

As the profiles of patients seeking treatment grow increasingly culturally diverse, evidence-based therapies (EBTs) have been notably slow in their ability to address diversity factors in treatment. Cultural adaptations frequently focus on group-based differences and can lend themselves to ethno-cultural stereotypes. Moreover, the limitations and influence of treatment context on care are rarely considered. To better understand the needs of diverse patients, data and insights from multiple treatment contexts must be considered.

The panelists are clinicians, researchers, and trainees with a specific interest in improving care for ethnic-minority populations. The treatment contexts represented span from a specialty clinic for veteran and military populations, university training clinic, mobile telephone-based care to private practice. Panelists will each present the unique challenges and strengths of clinical treatment and research in their respective contexts and populations and offer insights on addressing cultural factors in these contexts. Panelists will also discuss ways that training programs can actively promote and support the provision of EBTs within a culturally-informed framework. The panelists will then come together to identify common questions and themes and offer concrete strategies to provide culturally responsive evidence-based care.

11:45 a.m. – 1:15 p.m.

Earn 1.5 continuing education credits

Panel Discussion 35:

**Intersectional Experiences of Marginalization
in Academia: Enhancing the Accessibility and
Effectiveness of Interventions Through Inclusivity and
Systemic Change in Doctoral Training**

MODERATORS: *Broderick Sawyer, Ph.D.*, Behavioral Wellness Clinic
R. Sonia Singh, Ph.D., VA South Central MIRECC

PANELISTS: *Alexandra Hernandez-Vallant, B.S.*, University of New Mexico
Alexander A. Jendrusina, Ph.D., Ann Arbor Veterans
Healthcare System
Yash Bhambhani, Ph.D., Montefiore Medical Center
Nestor Noyola, M.A., Clark University
Terence Ching, Ph.D., University of Connecticut

Primary Category: Oppression and Resilience Minority Health

Key Words: *Oppression, Resilience, LGBTQ+*

Students in graduate programs holding marginalized identity statuses often endure distress unique to their sociocultural group. However, this stress can sometimes look similar across identity. This intersectional panel includes students and early-career professionals who hold a wide array of marginalized identities. Towards this end, the present panel will highlight the unique experiences of marginalization and resilience factors that graduate students from marginalized identities embody. Further, this panel will highlight the need for more inclusivity in academic training environments to facilitate diverse perspectives on mental health research and practice. Stressors across identity are highly contextual, and while research is being done to address coping, the following panel is designed to highlight qualitative strategies for attendees, as well as discuss allyship for diverse students. The panel will focus on three aims. First we will explore barriers to inclusion and exclusion in academic spaces for doctoral students, post-doctoral fellows and early career faculty,

highlighting the role of intersectionality (e.g., the ADDRESSING framework; Hays, 2001) as well as minority stress and resilience in training and professional development. Second, we will review allyship and the potential ways in which allyship has influenced panelist experiences. This will include a discussion of what it means to be an ally. Third, we will discuss learning evidenced based practices through our identity-based lenses, how that influences adaptations to our clinical practice and research activities, and suggestions for clinical training to better diversify perspectives on evidenced-based care.

11:45 a.m. – 1:15 p.m.

Earn 1.5 continuing education credits

Panel Discussion 36:

Clinical Considerations for Culturally Tailored Treatment with Underserved Youth

MODERATORS: *Angela W. Wang*, Rutgers University

Tian Saltzman, B.A., Rutgers University

PANELISTS: *Shalonda Kelly, Ph.D.*, Rutgers University

Jeffrey P. Winer, Ph.D., Boston Children's Hospital/
Harvard Medical School

May Yeh, Ph.D., San Diego State University, Child &
Adolescent Services Research Center, University of
California, San Diego

Denise A. Chavira, Ph.D., UCLA

Kevin Chapman, Ph.D., Kentucky Center for Anxiety and
Related Disorders

Primary Category: Vulnerable Populations

Key Words: *Adolescents, Child, Therapeutic Alliance*

In response to the ABCT Convention's call to address the question of "enhancing the impact of behavioral and cognitive therapies", our panel seeks to address clinical considerations and ideas on how to make EBTs more culturally sensitive to enhance therapeutic change for underserved youths. This panel features the expertise and perspectives of five clinical psychologists representing the interests of populations that are often underrepresented in clinical research and practice. Namely, youths who identify themselves as ethnic, racial or cultural minorities and/or coming from immigrant and/or refugee backgrounds. In addition to coping with the normative developmental changes and related stresses, these underrepresented youth also tend to endure unique challenges such as acculturation anxiety, intergenerational conflict, and discrimination, putting them at higher risks for developing both internalizing and externalizing disorders. This highlights the importance of developing, incorporating, and maintaining cultural sensitivity when working with the ever-growing population of at-risk youth. We believe that developing these skills is most efficient when various health care providers (e.g., clinicians and researchers)

come together and share their experiences to enhance treatment efficacy, dissemination, and acceptability. Panelists will be sharing their general experiences and tips in working with at-risk youths, how to address unique challenges that at-risk youths face in therapy settings, and, when applicable, provide clinical examples and data. In addition, considerations in multi-stakeholder explanatory models and recommendations for facilitating positive alliance formation in cross-racial therapy will be discussed. Furthermore, panelists will elaborate on how to adapt EBTs to address the unique needs of underrepresented groups while honoring the idiographic needs of individuals within those groups. Attending participants will walk away with immediately applicable ideas and considerations to incorporate cultural sensitivity into their work.

11:45 AM - 1:15 PM

Earn 1.5 continuing education credits

Symposium 105:

What's Love Got to Do with It? Romantic Relationship Risk and Protective Factors for Mental Health and Well-being in Sexual and Gender Minorities of Different Identities

CHAIR: *Anna L. Gilmour, M.A.*, University of Colorado Boulder

DISCUSSANT: *Joanne Davila, Ph.D.*, Stony Brook University

All level of familiarity with the material

Primary Category: LGBTQ+

Key Words: *Couples / Close Relationships, LGBTQ+, Resilience*

Actor and Partner Effects of Relationship Satisfaction on Depressive Symptoms Among Same-sex Couples

Anna L. Gilmour, M.A., University of Colorado Boulder

Mark A. Whisman, Ph.D., University of Colorado Boulder

Sarah W. Whitton, Ph.D., University of Cincinnati

An Examination of Minority Stress, Dyadic Coping, and Internalizing Symptoms Among Young Male Same-sex Couples Using Actor-partner Interdependence Models

Elissa L. Sarno, Ph.D., Northwestern University Feinberg School of Medicine

Michael E. Newcomb, Ph.D., Northwestern University Feinberg School of Medicine

Relationship Status, Partner Gender, and Daily Affect Among Bisexual, Pansexual, and Queer Adults

Ellora Vilkin, B.A., Stony Brook University

Brian A. Feinstein, Ph.D., Northwestern University

Christina Dyar, Ph.D., Northwestern University

Joanne Davila, Ph.D., Stony Brook University

Romantic Relationship Involvement as a Protective Factor for Mental Health Among Sexual and Gender Minorities Assigned Female at Birth

Sarah W. Whitton, Ph.D., University of Cincinnati

Christina Dyar, Ph.D., Northwestern University

Lisa M. Godfrey, M.A., University of Cincinnati

Michael E. Newcomb, Ph.D., Northwestern University Feinberg School of Medicine

The Effects of Experiences of Victimization on Protective Factors and the Moderating Role of Internalized Transphobia in Transgender Men

Kai Kline, B.S., M.A., Arizona State University

Lauren Hocker, B.A., M.A., M.C., Arizona State University

Ashley K. Randall, Ph.D., Arizona State University

Earn 1.5 continuing education credits

Symposium 106:

Neurocognitive Mechanisms and Applications of Psychosocial Interventions in Bipolar Disorders Across the Lifespan

CHAIRS: *Heather MacPherson, Ph.D.*, Warren Alpert Medical School of Brown University
Snezana Urosevic, Ph.D., Minneapolis VAMC
DISCUSSANT: *Lauren B. Alloy, Ph.D.*, Temple University

All level of familiarity with the material

Primary Category: Bipolar Disorders

Key Words: *Bipolar Disorders, Cognitive Processes, Psychotherapy Outcome*

Early Intervention for Youth at High Risk for Bipolar Disorder

David J. Miklowitz, Ph.D., UCLA Semel Institute for Neuroscience & Human Behavior
Patricia Walshaw, Ph.D., UCLA Semel Institute for Neuroscience & Human Behavior
Marc J. Weintraub, Ph.D., UCLA Semel Institute
Catherine Sugar, Ph.D., UCLA Semel Institute
John Merranko, M.A., University of Pittsburgh Medical Center
Manpreet Singh, M.D., Stanford University Dept of Psychiatry
Kiki Chang, M.D., Menlo Park
Aimee Sullivan, Ph.D., University of Colorado Anschutz Medical Campus
Christopher Schneck, M.D., Department of Psychiatry

Improving Physical Activity in Bipolar Disorder: Exploring Potential Moderators

Louisa Sylvia, Ph.D., Massachusetts General Hospital
Marina Rakhilin, B.S., Massachusetts General Hospital
Selen Amado, B.A., Dauten Family Center for Bipolar Treatment Innovation, Massachusetts General Hospital
Madelaine Faulkner, M.A., University of California-San Francisco
Caitlin Selvaggi, M.A., Massachusetts General Hospital
Nora Horwick, M.A., Massachusetts General Hospital
Mark Pletcher, M.D., University of California-San Francisco
Andrew Nierenberg, M.D., Massachusetts General Hospital

Relationship Between Cognitive Flexibility and Subsequent Course of Mood Symptoms and Suicidal Ideation in Young Adults with Childhood-onset Bipolar Disorder

Heather MacPherson, Ph.D., Warren Alpert Medical School of Brown University

Gracie A. Jenkins, B.S., Bradley Hospital and Brown University

Daniel Dickstein, M.D., Alpert Medical School of Brown University; Bradley Hospital, PediMIND Program

Steeper Aging-related Cognitive Decline in Older Adults with Bipolar Disorders

Snezana Urosevic, Ph.D., Minneapolis VAMC

Adriana Seelye, Ph.D., Minneapolis VA Health Care System

Paul Thwas, Ph.D., Minneapolis VAMC

11:45 AM – 1:15 PM

Earn 1.5 continuing education credits

Symposium 107

The Impact of Social Factors on the Onset and Maintenance of Self-injurious Thoughts and Behaviors

CHAIR: *Christianne Esposito-Smythers, Ph.D., George Mason University*

DISCUSSANT: *Adam B. Miller, Ph.D., University of North Carolina at Chapel Hill*

Basic to Moderate level of familiarity with the material

Primary Category: Suicide and Self-Injury

Key Words: *Suicide, Self-Injury, Social Relationships*

The Moderating Role of Stressful Life Events on the Relationship Between Negative Cognitive Styles and Non-suicidal Self-injury: Testing a Vulnerability-stress Model

Joey C. Cheung, B.S., Temple University

Kristen M. Sorgi, M.A., Temple University

Marin Kautz, B.A., Temple University

Michael S. McCloskey, Ph.D., Temple University

Lauren B. Alloy, Ph.D., Temple University

The Role of Sociotropy and Interpersonal Stress in Suicide

HaeJoon Kim, M.A., Fordham University

Margaret Andover, Ph.D., Fordham University

The Impact of Religion on Suicidal Ideation Among Transgender Adults

Ana Rabasco, M.A., Fordham University

Margaret Andover, Ph.D., Fordham University

Depressive Symptom Severity Mediates the Relation Between Avoidant Style and Suicidal Ideation

Roberto Lopez, Jr., M.A., George Mason University

Leslie Brick, Ph.D., Quantitative Science Program, Departments of Psychiatry & Human Behavior and Neurology, Alpert Medical School of Brown University

Annamarie B. Defayette, B.A., George Mason University

Emma D. Whitmyre, M.A., George Mason University

Jennifer C. Wolff, Ph.D., Brown Medical School/Rhode Island Hospital

Elisabeth Frazier, Ph.D., Brown University

Anthony Spirito, Ph.D., Alpert Medical School of Brown University

Christianne Esposito-Smythers, Ph.D., George Mason University

An Initial Investigation of Suicide Attempt Disclosures Among U.S. Veterans

Sarah Carter, Ph.D., Uniformed Services University of the Health Sciences

Brooke Ammerman, Ph.D., University of Notre Dame

Heather Gebhardt, Ph.D., VA Puget Sound Health Care System

Jonathon Buchholz, M.D., VA Puget Sound Health Care System

Mark A. Reger, Ph.D., VA Puget Sound Health Care System

11:45 AM - 1:15 PM

Earn 1.5 continuing education credits

Symposium 108

Enhancing the Impact of Evidence-based Practices Through Task-shifting

CHAIR: *Brenna Maddox, Ph.D.*, Perelman School of Medicine at the University of Pennsylvania

DISCUSSANT: *Kimberly Hoagwood, Ph.D.*, New York University School of Medicine

All level of familiarity with the material

Primary Category: Dissemination & Implementation Science

Key Words: *Implementation, Evidence-Based Practice, Underserved Populations*

Helping Those Who Help Others: Building a System to Empower Community Health Workers Who Provide Services to Vulnerable Families

Maya M. Boustani, Ph.D., Loma Linda University

Dina Bashoura, B.A., Loma Linda university

Diane G. Marin, B.A., Loma Linda University

Task-shifted Treatment for Fathers' Alcohol Use and Family Engagement in Kenya: A Mixed-methods Exploration of Child and Partner Outcomes

Ali Giusto, Ph.D., Columbia University

David Ayuku, Ph.D., Moi University

Wilter Rono, B.A., Moi University

Mercy Korir, B.A., Moi University Teaching and referral hospital

Milton Wainberg, M.D., Columbia University/New York state psychiatric institute

Eve S. Puffer, Ph.D., Department of Psychology & Neuroscience, Duke Global Health Institute, Duke University

A Randomized Control Trial of a Peer-led Intervention: NAMI Basics

Jesslyn Jamison, M.A., University of Texas at Austin

Sarah Kate Bearman, Ph.D., The University of Texas at Austin

Molly Lopez, Ph.D., The University of Texas at Austin Steve Hicks School of Social Work

Nichole M. Baker, B.A., University of Texas at Austin

Project ECHO Autism: Task-shifting ASD Expertise to Community Mental Health Providers

Michal L. Cook, MSW, Department of Psychology & Neuroscience, TEACCH Autism Program, University of North Carolina at Chapel Hill

Nicole Dreiling, Ph.D., Department of Psychiatry, TEACCH Autism Program, University of North Carolina at Chapel Hill

Elena Lamarche, B.A., TEACCH Autism Program, University of North Carolina at Chapel Hill

Laura G. Klinger, Ph.D., University of North Carolina at Chapel Hill, TEACCH Autism Program

Earn 1.5 continuing education credits

Symposium 109

Expanding Access to CBT Through Primary Care: Pilot Data on Brief Interventions for Mental and Behavioral Health Concerns

CHAIR: *Robyn L. Shepardson, Ph.D.*, VA Center for Integrated Healthcare

DISCUSSANT: *Jeffrey Goodie, ABPP, Ph.D.*, Uniformed Services University of the Health Sciences

All level of familiarity with the material

Primary Category: Primary Care / Integrated Care

Key Words: *Primary Care, Integrated Care, Treatment*

Transdiagnostic Modular CBT Anxiety Intervention for Primary Care Behavioral Health Settings: Preliminary Pilot RCT Data on Feasibility, Acceptability, and Effectiveness

Robyn L. Shepardson, Ph.D., VA Center for Integrated Healthcare

Jennifer S. Funderburk, Ph.D., VA Center for Integrated Healthcare

Risa B. Weisberg, Ph.D., VA Boston HCS / Boston University

Stephen A. Maisto, Ph.D., Syracuse University

Treating Opiate-dependent Patients' Pain: a Pilot RCT of a Values-based Behavioral Intervention for Chronic Pain in Primary Care Patients with Opiate Dependence

Risa B. Weisberg, Ph.D., VA Boston HCS / Boston University

Victoria Ameral, Ph.D., VA Boston Healthcare System

Lisa Uebelacker, Ph.D., Brown University & Butler Hospital

Genie Bailey, M.D., Brown University / SSTAR

Debra Herman, Ph.D., Brown University / Butler Hospital

Michael Stein, M.D., Boston University School of Public Health

Acceptability of Clinician-supported PTSD Coach Among VA Primary Care Patients

Kyle Possemato, Ph.D., VA Center for Integrated Healthcare

Eric Kuhn, Ph.D., National Center for PTSD

Gregory Beehler, Ph.D., VA Center for Integrated Healthcare

Kimberly Barrie, MPH, LCSW, VA Center for Integrated healthcare

Delores Puran, B.A., VA National center for PTSD

Goal Setting and Goal Attainment in a Pilot Trial of Peer-delivered Whole Health Coaching: A Novel Approach to Engage Veterans with Posttraumatic Stress Disorder

Emily M. Johnson, Ph.D., VA Center for Integrated Healthcare

Emily M. Johnson, Ph.D., VA Center for Integrated Healthcare

Kyle Possemato, Ph.D., VA Center for Integrated Healthcare

Matthew Chinman, Ph.D., VA Pittsburgh Healthcare System

Stephen A. Maisto, Ph.D., Syracuse University

Brian Martens, Ph.D., Syracuse University

Feasibility Outcomes from a Pilot Trial of Brief CBT for Chronic Pain: Extending the Reach of Biopsychosocial Treatment for Chronic Pain

Gregory Beehler, Ph.D., VA Center for Integrated Healthcare

Jennifer S. Funderburk, Ph.D., VA Center for Integrated Healthcare

Paul R. King, Ph.D., VA Center for Integrated Healthcare

Katherine Dollar, Ph.D., VA Center for Integrated Healthcare

Jennifer Murphy, Ph.D., Mental Health Service

Wade Goldstein, M.A., VA Center for Integrated Healthcare

Michael Wade, M.S., VA Center for Integrated Healthcare

Alicia Heapy, Ph.D., VA PRIME Center

11:45 AM – 1:15 PM

Earn 1.5 continuing education credits

Symposium 110

Understanding and Promoting Access to Family Involvement in Treatment for PTSD

CHAIR: *Lillian Reuman, Ph.D., BU School of Medicine/VA Boston Healthcare System*

DISCUSSANT: *Keith D. Renshaw, Ph.D., George Mason University*

Moderate level of familiarity with the material

Primary Category: Trauma and Stressor Related Disorders and Disasters

Key Words: *PTSD (Posttraumatic Stress Disorder), Veterans, Families*

Identifying Female Veterans Beliefs and Barriers Regarding Family Involvement in PTSD Treatment

Lillian Reuman, Ph.D., BU School of Medicine/VA Boston Healthcare System

Johanna Thompson-Hollands, Ph.D., National Center for PTSD

SUNDAY

Scaling the Walls: A Qualitative Analysis of Women Veterans' Willingness to Involve Loved Ones in Their PTSD Treatment

Johanna Thompson-Hollands, Ph.D., National Center for PTSD

Lillian Reuman, Ph.D., BU School of Medicine/VA Boston Healthcare System

Relationship Partner Involvement in Veteran PTSD Management and Treatment

Hayley C. Fivcoast, Ph.D., Northwestern University

Shahrzad Mavandadi, Ph.D., CMC VA Medical Center / University of Pennsylvania

Christen Holmes, B.A., Corporal Michael J. Crescenz VA Medical Center

Steven L. Sayers, Ph.D., University of Pennsylvania and CMC VA Medical Center

A Feasibility Pilot Study of an Intervention to Encourage Veterans with PTSD to Initiate Treatment

Steven L. Sayers, Ph.D., University of Pennsylvania and CMC VA Medical Center

Eric Kuhn, Ph.D., National Center for PTSD

Christopher Erbes, Ph.D., Minneapolis VAMC, University of Minnesota

Christina Babusci, B.A., Corporal Michael Crescenz VA medical Center

11:45 AM - 12:45 PM

Earn 1.5 continuing education credits

Symposium 111

Understanding and Targeting Mechanistic 'overcontrol' Across the Lifespan: How Children, Adolescents and Adults Exhibit Overcontrolled Tendencies and Respond to Treatment

CHAIR: *Kirsten Gilbert, Ph.D., Washington University in St. Louis*

DISCUSSANT: *Anthony Pinto, Ph.D., Northwell Health Zucker Hillside Hospital*

Basic to Moderate level of familiarity with the material

Primary Category: Transdiagnostic

Key Words: *Transdiagnostic, DBT (Dialectical Behavior Therapy), Anorexia*

One Size Does Not Fit All: Assessing Self-control and Personality Profiles to Improve Allocation of Evidence-based Treatments

Roelie J. Hempel, Ph.D., Radically Open Ltd

Sophie Rushbrook, D.Clin.Psy, Dorset HealthCare University NHS Foundation Trust

Do Adolescents with Restrictive Eating Disorders Exhibit Overcontrol and Does Targeting Overcontrol with Radically Open Dialectical Behaviour Therapy for Adolescents Improve Outcomes?

Julian Baudinet, Psy.D., Maudsley Centre for Child and Adolescent Eating Disorders

11:45 AM – 1:15 PM

Earn 1.5 continuing education credits

Symposium 112

Can Technology Really Enhance Mental Health in Older Adults?

CHAIR: *Jan Mohlman, Ph.D.*, William Paterson University

DISCUSSANT: *Fred Muench, Ph.D.*, Center on Addiction

Basic level of familiarity with the material

Primary Category: Aging and Older Adults

Key Words: *Technology / Mobile Health, Treatment Development, Assessment*

Therapist-supported Meru Health Mobile Intervention Reduces Depressive and Anxiety Symptoms in Middle Aged and Older Adults

Christine Gould, ABPP, Ph.D., VA Palo Alto Health Care System/Stanford

Chalise Carlson, M.A., VA Palo Alto

Christina Chick, Ph.D., Stanford University

Valerie Forman Hoffman, Ph.D., MPH, Meru Health

Erin Cassidy-Eagle, Ph.D., Stanford University

Eric Kuhn, Ph.D., National Center for PTSD

The Impact of Age on a Text Messaging Intervention's Impact on Hazardous Drinking and Other Health Outcomes: An Exploratory Study

Alexis Kuerbis, Ph.D., LCSW, Hunter College, City University of New York

Fred Muench, Ph.D., Center on Addiction

Evaluating the Feasibility of a Mobile Application + Health Coach Intervention for Older Adults with Chronic Noncancer Pain

Cary Reid, M.D., Ph.D., Weill Cornell Medical College

Mette Dyrberg, MSc, MYmee

Patricia Kim, MSW, Weill Cornell Medical College

Sylvia Lee, BS, Weill Cornell Medical College

Danielle Vaamonde, BS, Weill Cornell Medical College

Eric Goldwein, MPH, Columbia University

Nicole Bundy, M.D., Ph.D., Mymee

1:30 p.m. – 3:00 p.m.

Earn 1.5 continuing education credits

Panel Discussion 37

Moving Forward in Increasing Equity and Diversity in Our Ranks: A Solution-focused Approach

MODERATOR: *Sasha Gorrell, Ph.D.*, University of California San Francisco

PANELISTS: *Lynn F. Bufka, Ph.D.*, American Psychological Association
Shawn Jones, Ph.D., Virginia Commonwealth University
Sandra Pimentel, Ph.D., Montefiore Medical Center
Simon A. Rego, ABPP, Psy.D., Montefiore Medical Center
Laura D. Hovey, ABPP, Ph.D., The University of Texas Rio Grande Valley
Jillian Shipherd, Ph.D., US Department of Veterans Affairs

Primary Category: Culture / Ethnicity / Race

Key Words: *Global Mental Health, Public Health, Underserved Populations*

Over recent years, our Association members have consistently discussed inequity in our ranks, most commonly identifying the inadequate representation of women. We have actively denounced the notorious “leaky pipeline” and encouraged efforts to shift our collective culture. However, two critical perspectives have largely been missing from our broader discourse: (1) the intersectionality of sexual orientation, race, ethnicity, and gender and (2) a solution-focused approach. Thanks to the tireless work and advocacy of many individuals, our awareness of the numerous obstacles that thwart equity and inclusion is heightened. Awareness of inequity often leads to a desire to learn how our collective efforts might best be channeled to optimize change in our respective communities, and research and clinical contexts.

In order to move forward with effective actions that promote and uphold optimal equity and inclusion, the field must engage in discussion regarding “what has worked.” Specifically, not only what has worked for some marginalized groups, but what has effectively promoted the health and well-being of an expanding number of individuals who represent an intersection of minority categories.

This panel is comprised of six panelists with distinguished backgrounds in research, practice, and advocacy, all of whom have unique insight related to increasing equity and diversity in their respective milieus, and who can speak to positive change in their collective experience. Topics of the larger panel include identifying specific mechanisms of change that have allowed for cultural shifts in promoting marginalized groups. Panelists will also explore ways in which barriers to equity and inclusion – both in policy and practice, have been overcome. In addition to generating viable solutions, the panel aims to

provide researchers and clinicians alike with suggestions for how to ‘bring it home,’ and disseminate identified change mechanisms on a local level.

1:30 p.m. – 3:00 p.m.

Earn 1.5 continuing education credits

Panel Discussion 38

The Impact of the COVID-19 Pandemic: Dissemination, Intervention, & Training Efforts in a Panicked Society

MODERATOR: *Daniel L. Hoffman, ABPP, Ph.D.*, Long Island Jewish Medical Center of Northwell Health

PANELISTS: *Joanna Yost, Ph.D.*, University of Virginia School of Medicine
Casey Cavanaugh, Ph.D., University of Virginia
Peter J. D’Amico, ABPP, Ph.D., Northwell Health Zucker Hillside Hospital
Shane Owens, ABPP, Ph.D., Farmingdale State College

Primary Category: Global Mental Health

Key Words: *Public Health, Dissemination, Resilience*

During the winter of 2020, the novel coronavirus (COVID-19) became a worldwide pandemic with implications across many aspects of people’s lives. The public was overwhelmed by the sheer volume and rapidly changing information from both traditional and social media. Possibly more than ever before, EBT clinicians engaged in public-facing dissemination efforts through a wide array of media venues to address anxiety, panic, OCD, trauma and grief. Regulations about interjurisdictional practice of and telemental health service provision were relaxed, enabling providers to overcome barriers to care. Licensed mental health professionals and graduate student trainees dealt with conflicts between doctoral programs and training sites, as well as lack of training in telepsychology service provision. Mental health workers across disciplines were retasked, with minimal crisis-response training. Clinicians were assigned to provide EBT to front line medical staff, emergency department and ICU workers, as well as patients in isolation.

Our panel includes researchers and clinicians who focus on the impact of message framing on the public health crisis that contributed to maladaptive behavior. We review helpful (problem solving, calming) and unhelpful (anxiety-inducing, maladaptive) messages delivered through traditional and social media. We highlight successes and missed opportunities of engaging the public with psychoeducation and coping strategies for stressors and symptoms. Overcoming the interruption of psychology graduate education and training, as well as service provision across settings will be discussed. Challenges and innovative solutions regarding remote work across institutions will be reviewed, across inpatient, outpatient, behavioral medicine consult-liaison services, and integrated primary care settings. Implications of the COVID-19 mental health response for future public health crises are reviewed, and recommendations are made.

Earn 1.5 continuing education credits

Symposium 113

Mental Health and Substance Use Among Diverse Sexual Minority Men: Diverse Methods to Better Understand How to Increase Treatment Outcomes

CHAIR: *Trevor A. Hart, Ph.D.*, Ryerson University

DISCUSSANT: *Christopher Martell, ABPP, Ph.D.*, University of Massachusetts Amherst

Basic to Moderate level of familiarity with the material

Primary Category: LGBTQ+

Key Words: LGBTQ+, *Substance Abuse, Depression*

Depression Is Associated with Bacterial Sexually Transmitted Infections (STIs) Among Gay, Bisexual, and Other Men Who Have Sex with Men (gbMSM)

Trevor A. Hart, Ph.D., Ryerson University

Syed W. Noor, M.P.H., Ph.D., Ryerson University

Shayna Skakoon-Sparling, Ph.D., ryerson University

Samer Lazkani, HBSc., Ryerson University

Abbie Parlett, BSc., Ryerson University

Marc Messier-Peet, HB.ScM.Sc., Centre intégré universitaire de santé et de services sociaux du Centre-Sud-de-l'île-de-Montréal

Alan Lal, BSc., Search Results Web result with site links BC Centre for Excellence in HIV/AIDS

Jordan Sang, Ph.D., BC Centre for Excellence in HIV/AIDS

Gaurav Parulekar, BSc., Ryerson University

Daniel Grace, Ph.D., Dalla Lana School of Public Health University of Toronto

Gilles Lambert, Ph.D., The Montreal Public Health Dept., Institut National De Santé Publique Du Québec

Joseph Cox, M.D., Regional Public Health Department, CIUSSS du Centre-Sud-de-l'île-de-Montréal

Jody Jollimore, MPP, Community-Based Research Centre

David Moore, M.D., Department of Medicine At UBC, The BC Centre For Excellence In HIV/AIDS

Nathan Lachowsky, Ph.D., University of Victoria

Darrell Tan, M.D., FRCPC, Ph.D., St. Michael's Hospital

Correlates of Sexual Arrangements and Mental Health in a Sample of Latinx Sexual Minority Men in the United States

Gabriel Robles, Ph.D., MSW, Rutgers University

Stephan Bosco, M.A., The Graduate Center of the City University of New York

Tyrel J. Starks, Ph.D., Hunter College, City University of New York

The Moderating Effect of Internalized Heterosexism on Relationship-based Stigma and Mental Health Among Partnered Sexual Minority Men

Trey V. Dellucci, M.S., The Graduate Center at CUNY

Gabriel Robles, Ph.D., MSW, Rutgers University

Tyrel J. Starks, Ph.D., Hunter College, City University of New York

Unique Syndemic-related Clusters in a Sample of Sexual Minority Men

Christopher Chiu, M.A., University of Massachusetts Boston

Amy K. Marks, Ph.D., Suffolk University

Eva Woodward, Ph.D., Central Arkansas Veterans Healthcare System

David Pantalone, Ph.D., University of Massachusetts Boston

1:30 PM – 3:00 PM

Earn 1.5 continuing education credits

Symposium 114

Extensions of Culturally Sensitive Trauma-informed Care to Diverse Populations

CHAIR: *Molly Franz, Ph.D., Boston University School of Medicine & National Center for PTSD*

DISCUSSANT: *Debra Hope, Ph.D., University of Nebraska-Lincoln*

Basic to Moderate level of familiarity with the material

Primary Category: Oppression and Resilience Minority Health

Key Words: *Underserved Populations, Trauma, Treatment*

Identifying and Addressing Mental Health Needs of Sexual Minorities with PTSD Symptoms

Brandon J. Weiss, Ph.D., Georgia Southern University

Chelsea Thweatt, B.S., Georgia Southern University

Michaela D. Simpson, B.A., Georgia Southern University

Implementing WET with Latinx Immigrants: Provider Perceptions and Initial Pilot in Primary Care

Arthur "Trey" Andrews, III, Ph.D., University of Nebraska, Lincoln
Laura Acosta, M.A., University of Nebraska, Lincoln
M. Natalia Acosta Canchila, B.S., University of Nebraska, Lincoln
James Kyle. Haws, B.A., University of Central Oklahoma

Strengthening Family Coping Resources (SFCR): A Community-based Model to Address Traumatic Stress Across the Family System

Laurel J. Kiser, Ph.D., University of Maryland School of Medicine
Molly Franz, Ph.D., National Center for PTSD, VA Boston Healthcare System
Eryn Yamin, B.A., University of Maryland school of Medicine

A Pilot Effectiveness Trial of Strength at Home in a Court-mandated Civilian Sample

Molly Franz, Ph.D., Boston University School of Medicine & National Center for PTSD
Casey T. Taft, Ph.D., National Center for PTSD, VA Boston Healthcare System, and Boston University School of Medicine
Catherine D'Avanzato, Ph.D., Rhode Island Hospital and Alpert Medical School of Brown University, Department of Psychiatry and Human Behavior
Hannah Cole, B.A., National Center for PTSD, VA Boston Healthcare System
Emily Rothman, Ph.D., Boston University

Cultural Adaptations of Prolonged Exposure to Increase Effectiveness When Treating PTSD and Minority Stress in a Marginalized Veteran: A Case Report

Colleen A. Sloan, Ph.D., VA Boston Healthcare System

Earn 1.5 continuing education credits

Symposium 115

**Biopsychosocial Determinants of Anxiety, Trauma,
and Health-related Quality of Life (HRQOL) in
Gastrointestinal Conditions**

CHAIR: *Cecelia I. Nelson, M.S., West Virginia University*

DISCUSSANT: *Laura Reigada, Ph.D., City University of New York, Brooklyn
College and the Graduate Center*

Basic to Moderate level of familiarity with the material
Primary Category: Health Psychology / Behavioral Medicine - Child
Key Words: *Behavioral Medicine, Health Psychology, Anxiety*

**Exploring Biobehavioral Relations Between Gut-specific Anxiety and Intestinal
Tissue Permeability**

Casey D. Wright, M.S., West Virginia University

Caleb Heder, NA, West Virginia University

Alyssa Rittinger, West Virginia

Daniel W. McNeil, Ph.D., West Virginia University

**Predictors of Health-related Quality of Life in Youth with Inflammatory Bowel
Disease**

Cecelia I. Nelson, M.S., West Virginia University

Ellen Manegold, Ph.D., University of Arkansas

Margo Szabo, Ph.D., Children's Hospital of Philadelphia

Audra Rouster, M.D., West Virginia University Medicine

Brian Riedel, M.D., West Virginia University Medicine

Christina Duncan, Ph.D., West Virginia University

**The Moderating Role of Parent-child Concordance on Physician's Description of
Anxiety Symptoms in Pediatric Inflammatory Bowel Disease**

*Barbara Storch, B.S., B.A., The Graduate Center and Brooklyn College, City University
of New York*

*Keith Benkov, M.D., Icahn School of Medicine and Susan and Leonard Feinstein IBD
Clinical Center at Mount Sinai*

*Laura Reigada, Ph.D., City University of New York, Brooklyn College and the
Graduate Center*

What Puts Patients with Inflammatory Bowel Disease at Risk for Illness-related Post-traumatic Stress Disorder (PTSD)?

Tiffany Taft, Psy.D., Northwestern University Feinberg School of Medicine

Alyse Bedell, Ph.D., Northwestern University Feinberg School of Medicine

Majdoline Jayoushe, M.D., Northwestern University Feinberg School of Medicine

Sarah Quinton, Psy.D., Northwestern University Feinberg School of Medicine

Sharon Jedel, Psy.D., Rush University

Ece Mutlu, M.D., Rush University

Stephen Hanauer, M.D., Northwestern University Feinberg School of Medicine

1:30 PM – 3:00 PM

Earn 1.5 continuing education credits

Symposium 116

An Examination of the Psychological Mediation Framework and Its Relation to Self-injurious Thoughts and Behaviors Among LGBTQ Individuals from Early Adolescence to Adulthood

CHAIR: *Christianne Esposito-Smythers, Ph.D.*, George Mason University

DISCUSSANT: *Mitch J. Prinstein, Ph.D.*, Department of Psychology and Neuroscience, UNC Chapel Hill

Basic to Moderate level of familiarity with the material

Primary Category: Suicide and Self-Injury

Key Words: *Suicide, Self-Injury, LGBTQ+*

Suicidal Ideation and Non-suicidal Self-injury Among Sexual Minority Adolescents: The Mediating Role of Emotion Regulation

Jennifer A. Poon, Ph.D., Alpert Medical School of Brown University

Richard Liu, Ph.D., Brown University

Associations Between Self-identified Sexual Orientation and Trajectories of Emotion Dysregulation and Depressive Symptoms from Early to Middle Adolescence

Roberto Lopez, Jr., M.A., George Mason University

Stefanie Gonçalves, M.A., George Mason University

Tara M. Chaplin, Ph.D., George Mason University

Christianne Esposito-Smythers, Ph.D., George Mason University

Negative Interpersonal Cognitions Among Self-identified LGBTQ Undergraduates Who Engage in Suicidal and Non-suicidal Self-harm

Joey C. Cheung, B.S., Temple University

Kristen M. Sorgi, M.A., Temple University

Nicole K. Ciesinski, B.A., Temple University

Michael S. McCloskey, Ph.D., Temple University

Body Disconnection as a Mediator of the Relationship Between Victimization and Suicide Attempts Among Transgender and Gender Diverse Adults

Ana Rabasco, M.A., Fordham University

Margaret Andover, Ph.D., Fordham University

1:30 PM – 3:00 PM

Earn 1.5 continuing education credits

Symposium 117

Setting Matters: Unique and Shared Considerations for the Implementation of Evidence-based Practices in Schools and Clinics

CHAIRS: *Allison S. Nahmias, Ph.D., MIND Institute, University of California, Davis*
Lauren Brookman-Frazee, Ph.D., University of California, San Diego

DISCUSSANT: *Aaron Lyon, Ph.D., University of Washington*

All level of familiarity with the material

Primary Category: Dissemination & Implementation Science

Key Words: *Evidence-Based Practice, Implementation, Child*

Comparison of Provider Perspectives of Inner Context Factors Related to Implementation of Evidence-based Interventions for Children with ASD in Schools and Outpatient Mental Health Clinics

Allison Jobin, Ph.D., UCSD Department of Psychiatry, Rady Children's Hospital San Diego, and the Child & Adolescent Services Research Center

Aubyn Stahmer, Ph.D., MIND Institute, University of California, Davis

Allison S. Nahmias, Ph.D., MIND Institute, University of California, Davis

Anna Lau, Ph.D., University of California, Los Angeles

Lauren Brookman-Frazee, Ph.D., University of California, San Diego

**Perceptions of EBP Fit by Therapists Practicing in School vs Clinic Settings:
Interactions with Implementation Climate and Mental Health Intervention
Problem Focus**

Mojdeh Motamedi, Ph.D., University of California San Diego

Mojdeh Motamedi, Ph.D., University of California San Diego

Anna Lau, Ph.D., University of California, Los Angeles

Teresa Linda, Ph.D., University of California San Diego

Lauren Brookman-Frazee, Ph.D., University of California, San Diego

**Exploration of Inter-and Intra-agency Factors Influencing the Use,
Recommendation, or Training of Cognitive Behavioral Interventions Within
CAPTAIN**

Allison S. Nahmias, Ph.D., MIND Institute, University of California, Davis

Jennica Li, B.A., University of California, Davis MIND Institute

Melina Melgarejo, Ph.D., San Diego State University

Patricia Schetter, M.A., BCBA, University of California, Davis MIND Institute

Jessica Suhrheinrich, Ph.D., BCBA-D, San Diego State University

Aubyn Stahmer, Ph.D., MIND Institute, University of California, Davis

**Understanding suicide prevention practices and needs for tailoring a suicide
prevention protocol in public school districts serving diverse youth: A qualitative
study with school stakeholders**

Stephanie H. Yu, M.A., University of California, Los Angeles

Stephanie H. Yu, M.A., University of California, Los Angeles

Laurel Bear, Ph.D., Los Angeles County Department of Mental Health

Joan Asarnow, Ph.D., UCLA School of Medicine

David B. Goldston, Ph.D., Duke University School of Medicine

Conor O'Neill, Ph.D., Duke University

Tamar Kodish, M.A., University of California, Los Angeles

Anna Lau, Ph.D., University of California, Los Angeles

**Scaling-out of Evidence-based Interventions from Schools to Community Mental
Health Settings: Mental Health Provider's Perspectives on Adaptation Areas**

Kelsey Dickson, Ph.D., San Diego State University and CASRC

Lauren Kenworthy, Ph.D., Children's National Hospital

Laura Anthony, Ph.D., University of Colorado Anschutz Medical Campus

Lauren Brookman-Frazee, Ph.D., University of California, San Diego

Earn 1.5 continuing education credits

Symposium 118

Novel Intervention and Implementation Approaches to Improve Behavioral Health Care Access and Outcomes in Primary Care Settings

CHAIR: *Alex R. Dopp, Ph.D.*, RAND

DISCUSSANT: *V. Robin Weering, Ph.D.*, San Diego State University

All level of familiarity with the material

Primary Category: Primary Care / Integrated Care

Key Words: *Primary Care, Integrated Care, Treatment Development*

Pilot Feasibility, Acceptability, and Efficacy of an Evidence-based Behavioral Sleep Intervention in Urban Primary Care

Ariel A. Williamson, Ph.D., Children’s Hospital of Philadelphia & University of Pennsylvania Perelman School of Medicine

Olivia Cicalese, M.S., Children’s Hospital of Philadelphia

Brittney Evans, M.S., Children’s Hospital of Philadelphia

Chimereodo Okoroji, M.A., Children’s Hospital of Philadelphia

Rinad S. S. Beidas, Ph.D., University of Pennsylvania Perelman School of Medicine; Penn Implementation Science Center at the Leonard Davis Institute of Health Economics (PISCE@LDI)

Alexander G. Fiks, M.D., MSCE, Children’s Hospital of Philadelphia; University of Pennsylvania Perelman School of Medicine

Jodi Mindell, PhD, CBSM, Children’s Hospital of Philadelphia/Saint Joseph’s University

Thomas J. Power, Ph.D., ABPP, Children’s Hospital of Philadelphia; University of Pennsylvania Perelman School of Medicine

Promoting Treatment Access Following Pediatric Primary Care Depression Screening: Initial Outcomes of a Trial of Web-based, Single-session Interventions

Jessica L. Schleider, Ph.D., Stony Brook University

Mallory Dobias, B.S., Stony Brook University

Julia Fassler, B.A., Stony Brook University

Akash Shroff, Stony Brook University

Susmita Pati, M.D., Stony Brook University School of Medicine & Stony Brook Children’s Hospital

Collaborative Care for Co-occurring Opioid Use and Mental Health Disorders

Alex R. Dopp, Ph.D., RAND Corporation

Katherine Watkins, M.D., RAND Corporation

Lisa Meredith, Ph.D., RAND Corporation

Isabel Leamon, B.A., RAND Corporation

Kirsten Becker, M.S., RAND Corporation

Cristina Murray-Krezan, M.S., University of New Mexico Health Sciences Center

Matthew Cefalu, Ph.D., RAND Corporation

Lina Tarhuni, MPH, University of New Mexico Health Sciences Center

Kimberly Page, Ph.D., University of New Mexico Health Sciences Center

Miriam Komaromy, M.D., Boston Medical Center

Application of Behavioral Economics Strategies to Improve Provider Use of Evidence-based Suicide Prevention Strategies in Primary Care

Shari Jager-Hyman, Ph.D., University of Pennsylvania

Emily Becker-Haimes, Ph.D., University of Pennsylvania

Courtney Benjamin Wolk, Ph.D., University of Pennsylvania

Molly Davis, Ph.D., Perelman School of Medicine at the University of Pennsylvania

Rinad S. S. Beidas, Ph.D., University of Pennsylvania Perelman School of Medicine;
Penn Implementation Science Center at the Leonard Davis Institute of Health
Economics (PISCE@LDI)

Katherine Wislocki, B.A., University of Pennsylvania School of Medicine

Anne Futterer, B.A., M.S., Perelman School of Medicine at the University of
Pennsylvania

Darby Marx, B.A., Perelman School of Medicine at the University of Pennsylvania

Jennifer A. Mautone, ABPP, Ph.D., Children's Hospital of Philadelphia/University of
Pennsylvania

Jami Young, Ph.D., Children's Hospital of Philadelphia, University of Pennsylvania
Perelman School of Medicine

Alison Buttenheim, Ph.D., MBA, University of Pennsylvania

Earn 1.5 continuing education credits

Symposium 119

School-based Interventions for Under-served Communities: Increasing the Reach and Impact of Evidence-based Practice

CHAIR: *Maya M. Boustani, Ph.D.*, Loma Linda University

DISCUSSANT: *Steven W. Evans, Ph.D.*, Ohio University

Basic to Moderate level of familiarity with the material

Primary Category: Vulnerable Populations

Key Words: *School, Underserved Populations, Implementation*

Promoting Classroom Social and Academic Functioning Among Children at Risk for ADHD: The Making Socially Accepting Inclusive Classrooms Program

Amori Y. Mikami, Ph.D., The University of British Columbia

Julie S. Owens, Ph.D., Ohio University

Steven W. Evans, Ph.D., Ohio University

Development and Preliminary Effectiveness of a Dialectical-behavior Therapy Skills Tier 2 Program Delivered in a School-based Setting

Maya M. Boustani, Ph.D., Loma Linda University

Erica Mazzone, B.A., Loma Linda University

Gaby Bagnara, M.A., Loma Linda University

Kelly Vogel, B.S., Loma Linda University

Talia Banayan, B.A., Loma Linda University

Hannah Jutzy, B.S., Loma Linda University

Chalita Antommartchi, B.A., Loma Linda University

Acceptability and Feasibility of a Smartphone Application to Support Mental Health Counseling in an Urban High School Setting

Michael J. Silverstein, B.A., Drexel University

Chandler Puhly, M.S., Drexel University

Ellen McGeoch, M.S., NeuroFlow

Adam Pardes, M.S., NeuroFlow

Brian Daly, Ph.D., Drexel University

An Inner Setting Look into Treating Trauma Within Rural Schools
Heather Halko, Ph.D., Judge Baker Children's Center, Harvard Medical School
Kaoru Powell, M.A., University of Montana
Erika Burgess, B.A., University of Montana
Cameo Stanick, Ph.D., LCP, Hathaway-Sycamores Child and Family Services
Kaitlyn Ahlers, Ph.D., University of Washington
Anisa Gorforth, Ph.D., ABPP, University of Montana

1:30 PM – 3:00 PM

Earn 1.5 continuing education credits

Symposium 120

Cognitive Bias Modification: Novel Strategies to Improve Access and Outcomes in Children, Adolescents, and Adults

CHAIRS: *Deepika Bose, M.S., Florida International University*
Akanksha Das, B.S., Miami University

All level of familiarity with the material

Primary Category: Cognitive Science/ Cognitive Processes

Key Words: *Cognitive Biases / Distortions, Anxiety, OCD (Obsessive Compulsive Disorder)*

Trajectories of Response to Attention Bias Modification for Youth Anxiety

Deepika Bose, M.S., Florida International University
Ilya Yaroslavsky, Ph.D., Cleveland State University
Yasmin Rey, Ph.D., Florida International University
Michele Bechor, Ph.D., Neurobehavioral Institute
Yair Bar-Haim, Ph.D., Tel Aviv University
Daniel S. Pine, M.D., Section on Development and Affective Neuroscience, Emotion and Development Branch, National Institute of Mental Health, National Institutes of Health
Wendy Silverman, ABPP, Ph.D., Yale University Child Study Center
Jeremy W. Pettit, Ph.D., Florida International University

Interpretation Bias Modification for Anxiety in Youth and Emerging Adults

Michelle Rozenman, Ph.D., University of Denver
Anni Subar, B.A., University of Denver
Christina Logan, B.A., California State University Long Beach
Araceli Gonzalez, Ph.D., California State University Long Beach

Randomized Control Trial of Cognitive Bias Modification as an Inoculation Tool for Social Anxiety in Incoming Undergraduate Students

Akanksha Das, B.S., Miami University

Sarah Dreyer-Oren, B.A., Miami University

Rachel Geyer, B.A., Miami University

Robert E. E. Fite, M.A., Miami University

Elizabeth Kiel, Ph.D., Miami University

Elise M. Clerkin, Ph.D., Miami University

Evaluating the Impact of Cognitive Bias Modification for Social Threat Interpretations in Daily Life Using Ecological Momentary Assessment and Passively Sensed Mobility Data

Katharine E. Daniel, M.A., University of Virginia

Katharine E. Daniel, M.A., University of Virginia

Sanjana Mendu, B.S., University of Virginia

Anna Baglione, M.A., University of Virginia

Lihua Cai, M.A., University of Virginia

Miranda L. Beltzer, M.A., University of Virginia

Alexander Daros, Ph.D., University of Virginia

Mehdi O. Boukhechba, Ph.D., Engineering Systems and Environment, University of Virginia

Laura E. Barnes, Ph.D., University of Virginia

Bethany A. Teachman, Ph.D., University of Virginia

Assessing Cognitive Biases and Threat Reactivity in Body Dysmorphic Disorder via Virtual Reality

Berta J. Summers, Ph.D., Massachusetts General Hospital

Anna Schwartzberg, B.A., Massachusetts General Hospital

Sabine Wilhelm, Ph.D., Massachusetts General Hospital

Earn 1.5 continuing education credits

Symposium 121

Tech for Two: Utilizing Technology to Improve Access to Effective Couples' Interventions

CHAIR: *Kayla Knopp, Ph.D.*, VA San Diego Healthcare System

DISCUSSANT: *Howard Markman, Ph.D.*, University of Denver

Basic to Moderate level of familiarity with the material

Primary Category: Couples / Close Relationships

Key Words: *Couples / Close Relationships, Technology / Mobile Health, Treatment*

The Moderating Role of External Stress on Effects of Web-based Relationship Interventions for Low-income Couples

Karen Rothman, M.S., University of Miami

Brian D. Doss, Ph.D., University of Miami

Online Relationship Interventions for Veterans

Kayla Knopp, Ph.D., VA San Diego Healthcare System

Emily Georgia Salivar, Ph.D., Nova Southeastern University

Brian D. Doss, Ph.D., University of Miami

Janina Schnitzer, B.A., VA San Diego Healthcare System

Leslie A. Morland, Psy.D., VA San Diego Healthcare System

RCT of Brief Telehealth and In-person Couples' Treatment for PTSD

Leslie Morland, Psy.D., VA San Diego Healthcare System/University of California, San Diego

Kayla Knopp, Ph.D., VA San Diego Healthcare System

Alexandra Macdonald, Ph.D., The Citadel, Military College of South Carolina

Kathleen M. M. Grubbs, Ph.D., VA San Diego Healthcare System

Margaret-Anne Mackintosh, Ph.D., VA Palo Alto Health Care System

Candice M. M. Monson, Ph.D., Ryerson University

Lisa H. Glassman, Ph.D., VA San Diego Healthcare System

Julia Becker-Cretu, Psy.D., Southeast Louisiana Veterans Health Care System

Frederic Sautter, Ph.D., Southeast Louisiana Veterans Health Care System

Elizabeth Wrape, Ph.D., VA San Diego Healthcare System

Shirley Glynn, Ph.D., UCLA

Couple HOPES: An Uncontrolled Trial of a Self-help, Online Couple Intervention for PTSD

Skye Fitzpatrick, Ph.D., York University

Robert Valela, B.Comm., Ryerson University

Kristen Whitfield, B.A., Ryerson University

Sonya Varma, B.S., York University

Brian D. Doss, Ph.D., University of Miami

Kayla Knopp, Ph.D., VA San Diego Healthcare System

Leslie Morland, Psy.D., VA San Diego Healthcare System/University of California, San Diego

Alec Toller, M.Psy., Circlesnake Productions

Meredith S. H. Landy, Ph.D., Mind Beacon Health Inc./Ryerson University

Candice M. M. Monson, Ph.D., Ryerson University

1:30 PM – 3:00 PM

Earn 1.5 continuing education credits

Symposium 151

Best Practices in Disseminating CBT Through Digital Apps

CHAIR: *Melissa G. Hunt, Ph.D.*, University of Pennsylvania

DISCUSSANT: *Sabine Wilhelm, Ph.D.*, Massachusetts General Hospital

Basic to Moderate level of familiarity with the material

Primary Category: Technology

Key Words: *Technology / Mobile Health, CBT, Psychotherapy Outcome*

Bringing CBT for IBS to the Digital Space: challenges, Opportunities and Outcomes

Melissa G. Hunt, Ph.D., University of Pennsylvania

Best Practices in Translating CBT into Engaging Digital Therapeutics (DTx) with Fidelity: Critical Success Factors for Increasing Access, Outcomes, Retention and Content Design

Marie Chellingworth, The CBT Resource

Evaluating Mobile Apps That Promote Cognitive-behavioral Therapies

Stephen M. Schueller, Ph.D., University of California Irvine, Department of Psychological Science

Earn 1.5 continuing education credits

Research and Professional Development 7

Part II: Enhancing the Translational Pipeline to Advance Neuroscience-informed Clinical Practice

PANELISTS: *Angela Fang, Ph.D.*, MGH/Harvard Medical School
Greg J. Siegle, Ph.D., University of Pittsburgh School of Medicine
Andrew D. Peckham, Ph.D., Harvard Medical School / McLean Hospital
Maria Kryza-Lacombe, M.A., San Diego State University/ University of California, San Diego, Joint Doctoral Program in Clinical Psychology

All level of familiarity with the material

Primary Category: Neuroscience

Key Words: *Neurocognitive Therapies, Translational Research, Neuroscience*

The translation gap, whereby insights from basic research do not make it into routine clinics, is well-known. Previous ABCT institutes have addressed this gap by bringing basic research findings to clinicians; yet trainees immersed in basic and mechanistic research are rarely given training in how to make their own work applicable for real-world clinics. This institute therefore takes the complementary approach of focusing on how early-stage researchers working in the neurocognitive domain (including those outside ABCT's usual attendees) can improve the likelihood that their work penetrates clinical audiences by incorporating translational, implementation, and dissemination-ready thinking into their work. We are specifically targeting early stage basic investigators who might not otherwise be trained in how to reach real-world clinicians with their work. Thus, this session will begin with an introduction of (a) promising neurocognitive and translational interventions (b) often neglected barriers to their implementation in real-world clinical practice, and (c) our attempts to address these barriers using principles of implementation science. Then, the institute will provide insight into how implementation thinking can enhance the impact of research by allowing early stage investigators (doctoral students, post-docs, residents, or junior faculty) in neuroscience and psychology programs to give brief (5 minute) research proposals that focus on translating findings in basic science to the clinic (e.g., cognitive bias modification, pharmacologic modulators, neural stimulation, neurofeedback). Each presentation will be followed by a 15-minute discussion with a multidisciplinary expert panel of facilitators from neuroscience, clinical science, and implementation science who will foster discussion of how to optimize translational opportunities and address implementation challenges likely to arise from this work before it begins in earnest. If 8 or fewer early stage investigators apply, this will be done in a single group format. Otherwise we will break into smaller groups. The session will conclude with

a synthesis of the discussion by identifying best practices for designing, conducting, and evaluating translational research.

At the end of this session, the learner will be able to:

- Evaluate existing models of dissemination of neuroscience research in the mental health community at large.
- Recognize common barriers to integrating neuroscience principles into clinical practice.
- Describe common interests and diverging needs across stakeholders (academics, industry, and patients) in the translation of neuroscientific research.
- Articulate the benefits of neuroscience teaching for students and patients relevant for case formulation and treatment planning.
- Identify next steps for increasing adoption of neuroscience in the psychology clinic.

Recommended Readings: De Raedt, R. (2020). Contributions from neuroscience to the practice of Cognitive Behaviour Therapy: Translational psychological science in service of good practice. *Behaviour Research and Therapy*, 105, 103545. Field, T. A., Beeson, E. T., & Jones, L. K. (2016). Neuroscience-informed cognitive-behavior therapy in clinical practice: A preliminary study. *Journal of Mental Health Counseling*, 38(2), 139-154. Linden, D. E. (2012). The challenges and promise of neuroimaging in psychiatry. *Neuron*, 73(1), 8-22. Siegle, G. J., & Coan, J. (2017). Neuroscience relevant to core processes in psychotherapy. In S. C. Hayes & S. G. Hofmann (Eds.), *Process-Based CBT: The Science and Core Clinical Competencies of Cognitive Behavioral Therapy* (pp. 153-178). Oakland, CA: New Harbinger. Siegle, G. J., Cramer, A. O. J., van Eck, N. J., Spinhoven, P., Hollon, S. D., Ormel, J., . . . Bockting, C. L. H. (2018). Where are the breaks in translation from theory to clinical practice (and back) in addressing depression? An empirical graph-theoretic approach. *Psychol Med*, 1-11.

Earn 1.5 continuing education credits

Panel Discussion 39

The Truth About of Having It All: Struggles and Solutions for Working Parents in Psychology

MODERATOR: *Andrea B. Temkin, Psy.D.*, Weill Cornell Medical College/NYP

PANELISTS: *Shannon M. Bennett, Ph.D.*, Weill Cornell Medicine
Daniel Cheron, Ph.D., Judge Baker Children’s Center /
Harvard Medical School
David Langer, Ph.D., Suffolk University
Sannisha Dale, Ph.D., University of Miami
Janie J. Hong, Ph.D., Redwood Center for CBT and
Research and University of California - Berkeley
Christine J. Cho, Psy.M., Rutgers University, Graduate
School of Applied and Professional Psychology

Primary Category: Professional/ Interprofessional Issues

Key Words: *Parenting, Career Development, Professional Issues*

Many psychologists dedicate their lives to advancing the field and improving the well-being of others. Though the work is rewarding and important, external and internal pressure to produce (whether by publishing more, fighting for policy changes, or carrying high caseloads) can create very real dilemmas for psychologists who are also parents. Competing demands makes it difficult to thrive at work and at home, and can hamper the ability of these individuals to receive appropriate training, advance research, and deliver interventions. Graduate students frequently feel stuck between delaying family planning and being forced to navigate training systems that are ill-equipped to support those with children. Early-to-mid career psychologists face pressure to fully commit to their job in order to establish a successful career trajectory. Late career professionals must learn how to balance the ever-increasing needs of their children while taking on more responsibility at work. For everybody, topics such as parental leave, finding childcare, scheduling work around school-pick up and soccer practice, and even learning when to use vs. ignore your psychology knowledge can be daunting. Unfortunately, these conflicts can feel alienating and guilt-inducing at work and at home. This panel hopes to raise awareness of some of the personal and systematic struggles that working parents face within psychology. Speakers will relay their own experiences as parents and help share insights and strategies on ways to advocate for the needs of your family while continuing to be a productive member of the workforce. Equally as important will be hearing from panelists on ways that training programs, places of work, leaders, and psychological organizations as a whole can actively support those who are attempting to balance career and family. While it may not be possible to truly “have it all,” this panel will help illuminate the ways in which psychologists at different stages of their careers and in different work settings have navigated the demands of being a working psychologist and a parent. Ultimately, the aim of the panel is to consid-

er both individual and systematic factors that will help empower this large portion of the workforce to continue advancing research and clinical care.

3:15 PM – 4:45 PM

Earn 1.5 continuing education credits

Symposium 122

The Role of Religion and Therapeutic Implications for Muslim Americans

CHAIR: *Merranda McLaughlin, B.A., University of Miami*

DISCUSSANT: *Amy Weisman de Mamani, Ph.D., University of Miami*

Basic level of familiarity with the material

Primary Category: Spirituality and Religion

Key Words: *Treatment Development, Spirituality and Religion, Underserved Populations*

Religious and Spiritual Coping Strategies in Muslim Americans. Are We Asking the Right Questions?

Stephanie Winkeljohn Black, Ph.D., Penn State Harrisburg

Benjamin Jepps, Ph.D., Augustana University

Patrick Pössel, University of Louisville

Spiritual Bypassing as a Moderator of the Relationship Between Religiosity and Psychological Distress in Muslim Americans

Salman Ahmad, M.S., University of Miami

Amy Weisman de Mamani, Ph.D., University of Miami

Predictors of Help-seeking and Therapeutic Preferences in Muslim Americans

Merranda McLaughlin, B.A., University of Miami

Amy Weisman de Mamani, Ph.D., University of Miami

Online Islamically Integrated CBT for Muslim Women with Infertility: Preliminary Findings & Future Directions

Mona Elgohail, Ph.D., Drexel University

Pamela Geller, Ph.D., Drexel University

SUNDAY

Earn 1.5 continuing education credits

Symposium 123

Using Technology-facilitated Methods to Improve Understanding of Romantic Couple Interactions

CHAIR: *Darren J. Garcia, M.S., University of Tennessee - Knoxville*

DISCUSSANT: *Richard E. Heyman, Ph.D., New York University*

All level of familiarity with the material

Primary Category: Couples / Close Relationships

Key Words: *Couples / Close Relationships, Technology / Mobile Health, Methods*

Automated Classification of Suicide Risk from Acoustic and Linguistic Variables During Couple Interaction

Feea Leifker, M.P.H., Ph.D., The University of Utah

Sandeep Chakravarthula, M.S., University of Southern California

Shaoyen Tseng, M.S., University of Southern California

Haoqi Li, M.S., University of Southern California

Panayiotis G. Georgiou, Ph.D., University of Southern California

Shrikanth Narayanan, Ph.D., University of Southern California

Karena Leo, M.S., University of Utah

Colin Adamo, M.S., University of Utah

Jasara Hogan, M.S., University of Utah

Alexander O. Crenshaw, M.S., University of Utah

Craig J. Bryan, Psy.D., National Center for Veterans Studies

Brian R. W. R. W. Baucom, Ph.D., University of Utah

Linking Dynamic Systems of Nonverbal Behavior in Romantic Couples with Self-report Outcome Data Following a Brief Intervention

Darren J. Garcia, M.S., University of Tennessee, Knoxville

Darren J. Garcia, M.S., University of Tennessee, Knoxville

Kristina Gordon, Ph.D., University of Tennessee, Knoxville

Michael Finn, PhD, Osher Center for integrative Medicine at Vanderbilt university medical Center

Patricia Roberson, Ph.D., The University of Tennessee, Knoxville

James Cordova, Ph.D., Clark University

Incorporating Bluetooth Proximity Sensors into Objective Assessment of Physical Activity in Couples

Katherine J. Baucom, Ph.D., University of Utah

Mackenzie S. McBride, University of Utah

Carlene Deits-Lebehn, M.S., University of Utah

Katie Fortenberry, Ph.D., University of Utah

Kara Frame, M.D., University of Utah

Paula Williams, Ph.D., University of Utah

Brian R. W. R. W. Baucom, Ph.D., University of Utah

The Automatic Detection of Couple Conflict via Wearable Sensors

Adela Timmons, Ph.D., Florida International University

Theodora Chaspari, Ph.D., Texas A&M University

Yehsong Kim, B.A., University of Southern California

Sohyun Han, M.A., University of Southern California

Shrikanth Narayanan, Ph.D., University of Southern California

Gayla Margolin, Ph.D., University of Southern California

Earn 1.5 continuing education credits

Symposium 124

Uncovering Dynamic Clinical Processes: Statistical Approaches for Intensive Longitudinal Data

CHAIRS: *Craig Henderson, Ph.D.*, Sam Houston State University
Ki Eun Shin, Ph.D., Columbia University, Teachers College

DISCUSSANT: *Michelle G. Newman, Ph.D.*, The Pennsylvania State University

All level of familiarity with the material

Primary Category: Research Methods and Statistics

Key Words: *Longitudinal, Statistics, Technology / Mobile Health*

Daily Physical Activity and Alcohol Use Among Young Adults

Craig Henderson, Ph.D., Sam Houston State University

Craig Henderson, Ph.D., Sam Houston State University

David Conroy, Ph.D., Penn State University

Lee Van Horn, Ph.D., University of New Mexico

Kim Henry, Ph.D., Colorado State University

Tessa Long, M.A., Sam Houston State University

Lauren Ryan, M.A., Sam Houston State University

Jennifer Boland, M.A., Sam Houston State University

Maddison Schiafo, M.A., Oregon State Hospital

Jennifer Waldo, M.A., Springstone, Inc.

Cody Sze, B.A., Sam Houston State University

Modeling Dynamic Symptom Relations in Depression and Anxiety: A Network Analysis Approach

Ki Eun Shin, Ph.D., Columbia University, Teachers College

Michelle G. Newman, Ph.D., The Pennsylvania State University

Uncovering the Dynamic Network Structure of the Emotion Regulation Deficits in Social Anxiety Disorder

Hanjoo Kim, Ph.D., Michigan Medicine

Sojung Kim, Ph.D., Korea University

Michelle G. Newman, Ph.D., The Pennsylvania State University

Advanced, Non-normal Models of Alcohol Use in Daily Life

Lance M. Rappaport, Ph.D., University of Windsor

Rachel Smail-Crevier, M.S., University of Windsor

Ananda Amstadter, Ph.D., Virginia Commonwealth University

Earn 1.5 continuing education credits

Symposium 125

Enhancing the Impact of Behavioral and Cognitive Therapies by Identifying and Addressing Sleep Problems

CHAIR: *Reut Gruber, Ph.D.*, McGill University

DISCUSSANT: *Merrill Wise, M.D.*, Mid-South Pulmonary and Sleep Specialists

Basic to Moderate level of familiarity with the material

Primary Category: Sleep / Wake Disorders

Key Words: *Sleep, Treatment*

**Enhancing the Impact of Behavioral and Cognitive Therapies:
why Develop a Transdiagnostic Intervention for Sleep Problems?**

Allison Harvey, Ph.D., University of California at Berkeley

Sleep Intervention in the Prevention of Internalizing Problems of Adolescents at Risk for Depression

Nicholas Allen, Ph.D., University of Oregon

Exploring the Therapeutic Potential of Morning Bright Light for PTSD

Alyson Zalta, Ph.D., University of California Irvine

Earn 1.5 continuing education credits

Symposium 126

Developing the Workforce to Meet the Mental Health Needs of Older Adults

CHAIR: *Patrick J. Raue, Ph.D.*, University of Washington School of Medicine

DISCUSSANT: *Joel Sherrill, Ph.D.*, NIMH

All level of familiarity with the material

Primary Category: Aging and Older Adults

Key Words: *Older Adults, Depression, Integrated Care*

Volunteer-delivery of Behavioral Activation in Senior Centers: A Randomized Pilot Study

Patrick J. Raue, Ph.D., University of Washington School of Medicine

Brittany Mosser, MSW, LICSW, University of Washington

Mariah corey, M.S., University of Washington

Patient Activation: Feasibility of a Lay-delivered, Low-intensity Psychosocial Intervention for Depression

Brenna N. Renn, Ph.D., University of Nevada, Las Vegas

Patrick J. Raue, Ph.D., University of Washington School of Medicine

Patricia A. Areán, Ph.D., University of Washington, Seattle

Anna Ratzliff, MD, Ph.D., University of Washington

Behavioral Activation Through Peer Support as a Strategy for Reducing Hospital Readmissions and Improving Outcomes Among Older Adults with Chronic Medical Illness and Depression

Kyaien O. Conner, M.P.H., Ph.D., MSW, University of South Florida

Amber Gum, Ph.D., USF

Erica Anderson, M.S., USF

Treating Depression Among Elder Abuse Victims

Jo Anne Sirey, Ph.D., Weill Cornell Medical College

Nili Solomonov, Ph.D., Weill Cornell Medical College

Samprit Banerjee, Ph.D., Weill Cornell Medical College

Arielle Guillod, B.S., Weill Cornell Medical College

Paula Zanotti, B.A., Weill Cornell Medical College

Earn 1.5 continuing education credits

Symposium 127

Improving Outcomes from Exposure Therapy for Anxiety-related Disorders: Social, Behavioral, Physiological, and Neural Factors

CHAIR: *Cynthia L. Lancaster, Ph.D.*, University of Nevada, Reno

DISCUSSANT: *Stefan G. Hofmann, Ph.D.*, Boston University

Basic to Moderate level of familiarity with the material

Primary Category: Treatment - CBT

Key Words: *Exposure, Anxiety, Trauma*

What Is the Specificity of Social Support in Predicting Response to Treatment? Comparing Treatments for PTSD/SUD with and Without Prolonged Exposure

Cynthia L. Lancaster, Ph.D., University of Nevada, Reno

Daniel Gros, Ph.D., Medical University Of South Carolina, Ralph H Johnson VAMC

Yueran Yang, Ph.D., University of Nevada, Reno

Therese Killeen, Ph.D., Medical University of South Carolina

Kathleen Brady, M.D., Ph.D., Medical University of South Carolina

Sudie Back, Ph.D., Medical University of South Carolina

A Comparison of Judicious and Injudicious Safety Behavior Use During Exposure Therapy for Spider Phobia

Samantha Meckes, M.A., University of Nevada, Reno

Cynthia L. Lancaster, Ph.D., University of Nevada, Reno

Skin Conductance Reactivity to Neutral-anticipatory and Trauma Imagery, and Symptom Change in a Randomized, Placebo-controlled Trial of Yohimbine-augmented Exposure Therapy in Male Veterans with PTSD

Adam Cobb, Ph.D., Medical University of South Carolina

Augmenting Virtual Reality Exposure Therapy for Public Speaking Anxiety with Transcranial Direct Current Stimulation

Mollie McDonald, B.A., University of Nevada, Reno

Samantha Meckes, M.A., University of Nevada, Reno

Cynthia L. Lancaster, Ph.D., University of Nevada, Reno

Transcranial Direct Current Stimulation Augments in Vivo Exposure Therapy for Specific Fears, with Moderation by Baseline Negative Prognostic Indicators and a Poorer Early Response

Adam Cobb, Ph.D., Medical University of South Carolina

Earn 1.5 continuing education credits

Symposium 128

Between Cognitive and Behavioral Therapies and Psychedelics: Toward Integration and Optimized Therapeutic Outcomes

CHAIR: *Richard J J. Zeifman, M.A., Ryerson University*

DISCUSSANT: *Steven C. Hayes, Ph.D., University of Nevada, Reno*

Basic to Moderate level of familiarity with the material

Primary Category: Treatment - CBT

Key Words: *Treatment, CBT, Transdiagnostic*

Between Cognitive and Behavioral Therapies and Psychedelics: Toward an Integrated Therapeutic Model

Richard J J. Zeifman, M.A., Ryerson University

Meg Spriggs, Ph.D., Imperial College London

Hannes Kettner, MSc, Imperial College London

Anne C. Wagner, Ph.D., Ryerson University

Taylor Lyons, MSc, Imperial College London

Robin Carhart-Harris, Ph.D., Imperial College London

Leveraging Psychedelics to Enhance Cognitive Behavioral Therapy for Substance Use Disorders: Observations from a Randomized Clinical Trial of Psilocybin for Smoking Cessation

Albert Garcia-Romeu, M.A., Ph.D., Johns Hopkins University School of Medicine

John Fedota, Ph.D., National Institute of Drug Addiction, IRP

Roland Griffiths, Ph.D., Johns Hopkins University School of Medicine

Elliot Stein, PhD, National Institute of Mental Health

Matthew Johnson, PhD, Johns Hopkins University School of Medicine

Psilocybin-assisted Therapy of Major Depressive Disorder Using Acceptance and Commitment Therapy as a Therapeutic Frame

Jordan Slushower, M.D., M.S., Yale University School of Medicine

Jeffrey Guss, M.D., NYU

Robert Krause, DNP, APRN-BC, Yale University School of Nursing

Ryan Wallace, M.D., MPH, Yale University School of Medicine

Monnica T. Williams, ABPP, Ph.D., University of Ottawa

Sara Reed, M.S., LMFT, Yale University

Matthew D. Skinta, ABPP, Ph.D., Roosevelt University

Six-month Outcomes from a Pilot Trial of Cognitive-behavioral Conjoint Therapy for PTSD with MDMA

Anne C. Wagner, Ph.D., Ryerson University

Candice M. M. Monson, Ph.D., Ryerson University

Rachel E Liebman, Ph.D., Ryerson University

Richard J.J. Zeifman, M.A., Ryerson University

Ann T Mithoefer, BSN, Private Practice

Michael C Mithoefer, M.D., MAPS Public Benefit Corporation

3:15 PM – 4:15 PM

Earn 1.5 continuing education credits

Symposium 129

Psychologists as Social Justice Advocates: Intertwining Research and Advocacy to Improve Mental Health and Equity Among Marginalized Groups

CHAIRS: *Emily Treichler, Ph.D.*, VA San Diego MIRECC/University of California, San Diego

Jennifer N. Crawford, Ph.D., Division of Community Behavioral Health, University of New Mexico Health Sciences Center

DISCUSSANT: *Colleen A. Sloan, Ph.D.*, VA Boston Healthcare System

All level of familiarity with the material

Primary Category: Professional/ Interprofessional Issues

Key Words: *Underserved Populations, Public Policy, Training / Training Directors*

Social Justice Advocacy and Diversity Training at the Postdoctoral Level: Systematically Assessing and Addressing Training Gaps to Expand Advocacy Capacity in the Field of Psychology

Jennifer N. Crawford, Ph.D., Division of Community Behavioral Health, University of New Mexico Health Sciences Center

Emily Treichler, Ph.D., VA San Diego MIRECC/University of California, San Diego

Impact of One-day Trauma Psychoeducation Workshops on Improving Understanding of Trauma in a Range of Community Stakeholders: Mental Health Legislation and Policy Implications in the Caribbean

Ifrah R. Majeed, B.A., University of Utah

S. Robyn Charlery White, Ph.D., Herstoire

Anu Asnaani, Ph.D., University of Utah

Wide-net Mandated Reporting of Title IX Sexual Violence Incidents: Who Does This Policy Help?

Kelly Cuccolo, M.A., University of North Dakota

RaeAnn Anderson, Ph.D., University of North Dakota

Sara Kuhn, MLIS, University of North Dakota

3:15 PM – 4:45 PM

Earn 1.5 continuing education credits

Symposium 130

Fostering Intimacy and Emotional Connection in Diverse Couples Across Relational Contexts

CHAIRS: *Karena Leo, M.S., University of Utah*

Jessica Kansky, M.A., University of Virginia

DISCUSSANT: *Mikhila Wildey, Ph.D., Grand valley state university*

Basic to Moderate level of familiarity with the material

Primary Category: Couples / Close Relationships

Key Words: *Couples / Close Relationships, LGBTQ+, Change Process / Mechanisms*

Clarifying Associations Between Dyadic Communication and Relationship Functioning: A Couple's Interdependence Approach

Kendell M. Doyle, B.A., The Graduate Center, City University of New York

Tyrel J. Starks, Ph.D., Hunter College, City University of New York

Male Couples' Sexual Agreement Presence and Types: Associations with Relationship Quality

Lisa M. Godfrey, M.A., University of Cincinnati

Sarah W. Whitton, Ph.D., University of Cincinnati

Greg Swann, M.A., Northwestern

Michael E. Newcomb, Ph.D., Northwestern University Feinberg School of Medicine

Attachment and Parasympathetic Coregulation of an Acute Stressor in Intimate Dyads

Binghuang A. Wang, M.S., Binghamton University

Eileen Barden, M.S., Binghamton University - State University of New York

Leanna Z. Poole, B.A., Binghamton University

Christina Balderrama-Durbin, Ph.D., Binghamton University

Does Improved Empathic Accuracy Underlie Improvements in Couple Therapy?
Alexander O. Crenshaw, M.S., University of Utah
Karen H. Petty, Ph.D., Couples and Family Clinic, Ralph H. Johnson VA Medical Center; Medical University of South Carolina
Jenna B. Teves, Ph.D., Ralph H. Johnson VA Medical Center
Alice Huang, M.A., Ralph H. Johnson VA Medical Center
Jerez Mitchell, Ph.D., Ralph H. Johnson VA Medical Center
Julian Libet, Ph.D., Ralph H. Johnson VA Medical Center

3:15 PM – 4:45 PM

Earn 1.5 continuing education credits

Symposium 131

Assessing Demographics in Research: How Important Is It, Really?

CHAIR: *Alexandria N. Miller, M.S., Suffolk University*
DISCUSSANT: *Lizabeth Roemer, Ph.D., University of Massachusetts Boston*

Basic to Moderate level of familiarity with the material
Primary Category: Research Methods and Statistics
Key Words: *Race, LGBTQ+, Ethnicity*

Assessing Race and Ethnicity in Research: Is a Check-box Sufficient?
Alexandria N. Miller, M.S., Suffolk University

Racial Demographic Labels for the African Diaspora: Ethnocultural and Historical Considerations
Tsoto Ablorh, B.A., University of Massachusetts Boston
Lizabeth Roemer, Ph.D., University of Massachusetts Boston

The Importance and Development of Inclusive Demographic Forms for LGBTQ+ Communities
Lauren Wadsworth, Ph.D., Genesee Valley Psychology

Going Beyond Labels When Capturing Sexual Identity Among LGBTQ+ Individuals
John L. McKenna, M.S., Suffolk University

Measuring Meaning: Comparison of a Single-item and a Multifaceted Measure of Spirituality

Keryn Kleiman, M.A., Kean University

Neil Patel, M.A., Kean University

Paola Ricardo, M.A., Kean University

Jennifer Block-Lerner, Ph.D., Kean University

Donald Marks, Psy.D., Kean University

3:15 PM – 4:45 PM

Earn 1.5 continuing education credits

Symposium 132

Transdiagnostic Mechanisms of Emotion Regulation in Treatment: Perspectives Across Mood, Anxiety, and Personality Disorders

CHAIR: *Matthew W. Southward, Ph.D., University of Kentucky*

DISCUSSANT: *Katherine L. Dixon-Gordon, Ph.D., University of Massachusetts Amherst*

Basic to Moderate level of familiarity with the material

Primary Category: Transdiagnostic

Key Words: *Emotion Regulation, Transdiagnostic, Change Process / Mechanisms*

Specifying the Mechanisms and Targets of Emotion Regulation: A Translational Framework from Affective Science to Psychological Treatment

Matthew W. Southward, Ph.D., University of Kentucky

Shannon Sauer-Zavala, Ph.D., University of Kentucky

Jennifer Cheavens, Ph.D., Ohio State University

Less Is More: The Role of Decreasing the Frequency of Maladaptive Behaviors and Increasing the Frequency of DBT Skill Use in Improvements in DBT

Kristen P. Howard, M.A., The Ohio State University

Matthew W. Southward, Ph.D., University of Kentucky

Jennifer Cheavens, Ph.D., Ohio State University

Disaggregating Between- and Within- person Relations Among Skills Use, Perceived Effectiveness, and Negative Affect in Dialectical Behavior Therapy Skills Training

Jeremy W. Eberle, M.A., University of Virginia

Matthew W. Southward, Ph.D., University of Kentucky

Andrada D. Neacsiu, Ph.D., Duke University Medical Center

Putting the “cognitive” Back in Cognitive Therapy: Sustained Cognitive Change as a Mediator of In-session Insights and Depressive Symptom Improvement

Iony D. Ezawa, M.A., The Ohio State University

Benjamin Pfeifer, Ph.D., Ann Arbor Veterans Healthcare System, University of Michigan Department of Psychiatry

Daniel R. Strunk, Ph.D., The Ohio State University

3:15 PM – 4:45 PM

Earn 1.5 continuing education credits

Symposium 133

Advancing the Clinical Evidence Base for Irritability: New Insights Across Development and Diagnostic Boundaries

CHAIR: *Spencer C. Evans, Ph.D., Harvard University*

DISCUSSANT: *Jeffrey D. Burke, Ph.D., University of Connecticut*

All level of familiarity with the material

Primary Category: Anger

Key Words: Anger / Irritability, Transdiagnostic, Aggression / Disruptive Behavior / Conduct Problems

Prospective Associations Between Irritability and Later Internalizing Symptoms from Early Childhood Through Adolescence

Lea R. Dougherty, Ph.D., University of Maryland, College Park

Emma Chad-Friedman, M.S., University of Maryland, College Park

Thomas M. Olin, Ph.D., Temple University

Daniel Klein, Ph.D., Stony Brook University

Transdiagnostic Profiles of Youth Irritability and Their Response to Modular CBT and Behavioral Parent Training

Spencer C. Evans, Ph.D., Harvard University

John Weisz, Ph.D., Harvard University

Sherelle Harmon, Ph.D., Harvard University

Disentangling the Heterogeneity of Adolescent Irritability: Examining the Tonic and Phasic Components of Irritability and Their Differential Outcomes

Jamilah Silver, B.S., Stony Brook University

Gabrielle Carlson, M.D., Stony Brook University

Thomas M. Olin, Ph.D., Temple University

Greg Perlman, Ph.D., Stony Brook University

Roman Kotov, Ph.D., Stony Brook University

Daniel Klein, Ph.D., Stony Brook University

Chronic Irritability in Young Adults: Associations with Personality Pathology, Emotion Regulation and Coping Strategies, and Attitudes Towards Mental Health Services

Oliver G. Johnston, B.S., M.S., University of Connecticut

Dean Cruess, Ph.D., University of Connecticut

Jeffrey D. Burke, Ph.D., University of Connecticut

5:00 p.m. – 6:30 p.m.

Earn 1.5 continuing education credits

Clinical Round Table 13

Flexible Use of Evidence-based Treatments for Women's Mental Health

MODERATOR: *Lindsay Brauer, Ph.D., University of Chicago*

PANELISTS: *Candice Norcott, Ph.D., University of Chicago*

Sheehan Fisher, Ph.D., Northwestern University Feinberg School of Medicine

All level of familiarity with the material

Primary Category: Women's Issues

Key Words: *Women's Health*

Accessing evidence-based mental health services, despite routine contact with the healthcare system, may be quite difficult for women during the postpartum period. Some barriers are related to the postpartum period itself, and include lack of time, stigma, and difficulty accessing or coordinating childcare (Goodman et al., 2009). Other barriers may result from the healthcare system and include lack of training by providers in identifying and treating women's mental health issues, stigma, and difficulty navigating the referral process (Bayrampour et al., 2018). Presenters will discuss strategies to mitigate these barriers and increase access to brief, flexible, evidence-based treatment to support women's mental health. Dr. Brauer will discuss strategies to implement behavioral activation strategies in a woman's postpartum routine to enhance self-care and mood. She will also discuss strategies to support engagement in exposure and response prevention for postpartum obsessive-compulsive disorder in an intensive treatment format. Dr. Fisher will discuss acceptance and commitment therapy strategies to attenuate symptoms of postpartum anxiety, as well as strategies to address postpartum relational issues. Dr. Norcott will discuss issues that complicate and buffer women experience's experience of postpartum disorders including post-traumatic stress disorder related to labor and delivery. She will also discuss the use of cognitive processing therapy and prolonged exposure, as well as the use of mindfulness practice, in addressing these presenting concerns.

Earn 1.5 continuing education credits

Clinical Round Table 14

Challenges Accepted, Lessons Learned: Implementing Evidence-based Practices in the Nation’s Largest Certified Community Behavioral Health Organization (CCBHO)

MODERATOR: *Deborah R. Frost, Ph.D.*, Compass Health

PANELISTS: *Paul Thomlinson, Ph.D.*, Compass Health Network
Michaela Muehlbach, Psy.D., Compass Health Network
Sarah E. Lea, Ph.D., Compass Health Network

All level of familiarity with the material

Primary Category: Improved Use of Research Evidence

Key Words: *Evidence-Based Practice, Dissemination, Industry*

The primary goals of this clinical roundtable are to illuminate both challenges and opportunities inherent in large-scale, real-world implementation of EBPs, from the vantage point of the nation’s largest CCBHO, Missouri’s Compass Health Network. The CCBHO movement, launched in 2017, is the first Federal designation in behavioral health since the Community Mental Health Act of 1963, and is a potent engine for expansion and dissemination of EBPs. However, it is little known or understood in academic research and training circles, or even on the larger national behavioral health stage. A raft of EBPs, including CBT (including trauma-focused, insomnia, and other variants), DBT, Zero-Suicide, and others are required by CCBHO certification standards, and few EBP implementation and dissemination efforts likely rival the scale and alacrity with which these models have been deployed in our systems. As such, we have learned valuable lessons from the implementation side about what constitutes the real barriers to high fidelity implementation of EBPs in the real world of contemporary behavioral health organizations. This hard-won knowledge is essential to helping overcome the widely acknowledged “science to service gap” and improving outcomes for those we serve. The panelists will discuss: (1) examples of bureaucratic red tape that can become obstacles to full implementation and sustainability, such as sliding fee scales, specific billing issues, limitations on credentialing for certain providers to deliver EBPs; (2) challenges related to recruiting staff with EBP training, investing in staff development around EBPs, and maintaining fidelity to EBPs; (3) opportunities for inclusion and application of real-world data and evidence in evaluating the impact of EBPs in our CCBHO settings; (4) insights from research, diffusion of innovation theory, and managerial/clinical practice that have demonstrated relevance to overcoming some of these obstacles. The widely experienced panel include psychologists with training, credentialing, experience, and current professional roles relevant to the subject matter at hand, including clinical leadership and executive management, clinical practice, research, and organizational psychology.

Earn 1.5 continuing education credits

Panel Discussion 40

Unique Considerations in Training Masters-level Evidence-based Practitioners: What We Do, How We Do It, and Why We Like It

MODERATOR: *Matthew Capriotti, Ph.D.*, San Jose State University

PANELISTS: *Stacy S. Forcino, Ph.D.*, California State University, San Bernadino
Maria M. Santos, Ph.D., California State University, San Bernadino
Georganna Sedlar, Ph.D., University of Washington
Caleb W. Lack, Ph.D., University of Central Oklahoma
Annesa Flentje, Ph.D., University of California, San Francisco

Primary Category: Workforce Development / Training / Supervision

Key Words: *Training / Training Directors, Supervision*

ABCT's 2020 convention theme focuses on increasing access to evidence-based psychotherapy as a means to enhance population-level outcomes. Increasing access requires, among other things, increasing the use of evidence-based practice (EBP) among front-line mental health providers. The vast majority of psychotherapists practicing in community settings are Masters-level practitioners (MLPs), not clinical psychologists. Training MLPs in EBP during their graduate training can increase implementation of evidence-based psychotherapy and improve outcomes for a much wider segment of the population. However, little is known about how to do this effectively, and there is typically little discussion of training of MLPs at ABCT and in related circles. Further, MLP training is frequently implemented by doctoral-level psychologists, who are rarely exposed to models of teaching MLPs during their own education and training.

In this panel, 6 faculty members from 5 different EBP-focused Masters programs discuss "what works and what doesn't" in training MLPs. We will attend to the unique considerations inherent in MLP training; that is, we will discuss how effective Masters-level training is not just "cramming" a doctoral clinical training sequence into an accelerated timeline. Topics will include strategies for evidence-based supervision and consultation, assessment of clinical competencies, and the incorporation of clinical research experiences into training. Panelists will also discuss their own career paths, joys and challenges in doing this work, and similarities and differences with other academic career paths. We hope that this panel will appeal to attendees already involved in MLP training as faculty or clinical supervisors, and graduate students, postdocs, and others who want to learn more about this large, growing, and underdiscussed subarea of academic clinical psychology.

Earn 1.5 continuing education credits

Panel Discussion 41

Innovative Research Methods to Improve the Effectiveness, Practice Relevance, and Uptake of Evidence-based Practices

MODERATOR: *Joel Sherrill, Ph.D., NIMH*

PANELISTS: *Rinad S. S. Beidas, Ph.D., University of Pennsylvania Perelman School of Medicine; Penn Implementation Science Center at the Leonard Davis Institute of Health Economics (PISCE@LDI)*
Tina R. Goldstein, Ph.D., University of Pittsburgh School of Medicine
Philip C. Kendall, ABPP, Ph.D., Temple University
Aaron Lyon, Ph.D., University of Washington
Jonathan Purtle, Drexel University Dornsife School of Public Health
Elizabeth A. Stuart, Ph.D., Johns Hopkins Bloomberg School of Public Health

Primary Category: Research Methods and Statistics

Key Words: *Research Methods, Evidence-Based Practice, Treatment Development*

NIMH-supported ALACRITY Centers (Advanced Laboratories for Accelerating the Reach and Impact of Treatments for Youth and Adults with Mental Illness) are intended to serve as incubators for T2 translational research with near-term impact to transform mental health care. The Centers incorporate transdisciplinary collaborations and methods from new and established fields (e.g., information technology, systems science, human centered design, behavioral economics). In this panel, investigators from five ALACRITY Centers will highlight innovative methods their Centers employ, including: Using discrete-choice experiments to elucidate stakeholder preferences for implementation strategies and frameworks from behavioral economics to address implementation barriers (Dr. Beidas); Leveraging data from the electronic medical record to enhance clinical care across stages from identification and screening to treatment selection, targeting and timing (Dr. Goldstein); Applying human centered design to refine evidence-based practices (EBPs) to improve compatibility with clinical workflows (Dr. Lyon); Using agent-based modeling to simulate and design strategies to improve the way research evidence is used by policymakers in decisions about adopting EBPs (Dr. Purtle); and Employing advances in methods for causal mediation analysis to examine mechanisms that account for the benefit of behavioral interventions (Dr. Stuart). Dr. Kendall, an experienced intervention developer, will reflect on how these approaches can facilitate the intervention development and testing pathway. Consistent with the 2020 Convention theme, panel/audience discussion will

focus on how these research methods can be used to refine and improve the practice-relevance and effectiveness of interventions and how these methods can be used to address factors that impact the uptake, implementation, and sustained use of EBPs.

5:00 p.m. – 6:30 p.m.

Earn 1.5 continuing education credits

Spotlight Research 4

Mental Health Impact on Community Members Following Mass Violence Incidents: Results from Parkland

CHAIR: Angela Moreland, Ph.D., Medical University of South Carolina

Panelist: Dean Kilpatrick, Ph.D., Medical University of South Carolina

Primary Category: Violence / Aggression

Key Words: PTSD (*Posttraumatic Stress Disorder*), Depression

Mass violence incidents (MVIs) most often occur suddenly in typically peaceful settings and result in death and physical injury to many direct victims. Their impact extends to family members, friends and loved ones of victims; members of the affected community; first-responders; and recovery service providers. MVIs have multiple immediate and long-term psychological/behavioral effects on victims and the community (e.g., shock, anxiety, depression, grief, problematic substance use). To examine the mental health impact that MVIs have on community members, online and mail surveys were completed by 11,000 community members from five different MVI sites across the United States. Data was collected using address-based sampling from the impacted communities. The current presentation will provide results and information from 1,500 community members from Parkland, Florida, who lived in the area during the school shooting at Stoneman Douglas High School. Results will describe mental health impact of community members following a MVI, including posttraumatic stress disorder, depression, social support, and substance use. Analyses will examine differences among different levels of proximity to the incident, including physical closeness to the direct victims and association with the school. Information from this study can be used to: (1) inform city and government officials about existing availability and use of different victim services; (2) emphasize the importance of service provision as it pertains to individual mental health and community recovery, and (3) allow communities to better allocate resources after a MVI.

At the end of this session, the learner will be able to:

- Understand the mental health impact of mass violence incidents.
- Describe the impact of mass violence on community members.
- Describe how to utilize findings for future mass violence incidents.

Recommended Readings: Felix, E. D., et al. (2017). Social and Contextual Influences on Mental Health Following an Episode of Mass Violence. *Journal of Interpersonal Violence*. Hobfoll, S. E., et al. (2007). Five Essential Elements of Immediate and Mid-Term Mass Trauma Intervention: Empirical Evidence. *Journal of Psychiatry*, 70(4), 283-315. Krouse, W. J. & Richardson, D.J. (2015). Mass Murder with Firearms: Incidents and Victims, 1999-2013. Congressional Report Service.

Earn 1 continuing education credits

Symposium 134

From Risk to Resilience: Enhancing Our Understanding of Mental Health Disparities in Transgender and Gender Diverse Individuals

CHAIRS: *Amelia M. Stanton, Ph.D.*, Harvard Medical School/
Massachusetts General Hospital
James A. Scholl, Ph.D., VA Boston Healthcare System

DISCUSSANT: *Jillian Shipherd, Ph.D.*, US Department of Veterans Affairs

Basic to Moderate level of familiarity with the material

Primary Category: LGBTQ+

Key Words: *Gender, Risk / Vulnerability Factors, Resilience*

Differences in Mental Health Symptom Severity Among Individuals Whose Gender Identities Differ from Their Assigned Sex at Birth: Findings from a Large Community Health Sample

Amelia M. Stanton, Ph.D., Harvard Medical School/Massachusetts General Hospital
Abigail W. Batchelder, M.P.H., Ph.D., Massachusetts General Hospital/ Harvard Medical School

Norik Kirakosian, B.S., Massachusetts General Hospital, Behavioral Medicine Program
James A. Scholl, Ph.D., VA Boston Healthcare System

Dana King, B.A., The Fenway Institute
Chris Grasso, MPH, The Fenway Institute

Jennifer Potter, MD, Harvard Medical School

Kenneth Mayer, MD, The Fenway Institute

Conall O’Cleirigh, Ph.D., Harvard Medical School

Internalized Transphobia and Emotion Regulation Difficulties as Proximal Risk Factors for Psychological Distress in Transgender and Gender Diverse Individuals

Danielle S. Berke, Ph.D., Hunter College of The City University of New York, CUNY Graduate Center

Madeleine D. Tuten, B.A., Hunter College

Madalyn Liautaud, B.A., The Graduate Center, City University of New York

Exploration of the Relationships Between Marginalization Stress, Social Anxiety, and Overall Well-being in Transgender and Gender Diverse Adults

Allura L. Ralston, M.A., University of Nebraska-Lincoln

Allura L. Ralston, M.A., University of Nebraska-Lincoln

Brenna Lash, M.P.H., University of Nebraska-Lincoln

M. Natalia Acosta Canchila, B.S., University of Nebraska-Lincoln

Jae Puckett, Ph.D., Michigan State University

Debra Hope, Ph.D., University of Nebraska-Lincoln

5:00 PM – 6:30 PM

Earn 1.5 continuing education credits

Symposium 135

Innovative Approaches for Advancing Research on Treatment and Prevention of Mood Disorders

CHAIR: Autumn Kujawa, Ph.D., Vanderbilt University

DISCUSSANT: Scott A. Langenecker, Ph.D., University of Utah

Moderate level of familiarity with the material

Primary Category: Treatment - CBT

Key Words: *Depression, Neuroscience, Technology / Mobile Health*

Social and Monetary Reward Responsiveness as Predictors of Response to Cognitive Behavior Therapy for Adolescent Depression

Autumn Kujawa, Ph.D., Vanderbilt University

Samantha L. Pegg, B.S., Massachusetts General Hospital

Haley Green, B.S., Vanderbilt University

Personalized Prediction of Treatment Outcome for Depressed Patients in a Naturalistic Psychiatric Hospital Setting

Christian Webb, Ph.D., Harvard Medical School

Zachary D. Cohen, M.A., University of Pennsylvania

Courtney Beard, Ph.D., McLean Hospital/Harvard Medical School

Marie Forgeard, PhD, William James College

Elana S. Israel, B.A., Mclean Hospital

Nathaniel Lovell-Smith, B.A., Harvard Medical School & McLean Hospital

Thorstur Bjorgvinsson, Ph.D., McLean Hospital/Harvard Medical School

Lessons Learned from Conducting Large, Pragmatic Comparative Effectiveness Trials with Online, Patient-centered Communities

Louisa Sylvia, Ph.D., Massachusetts General Hospital

Sophie Greenebaum, B.A., Massachusetts General Hospital

Marina Rakhilin, B.S., Massachusetts General Hospital

Selen Amado, BA, Dauten Family Center For Bipolar Treatment Innovation, Massachusetts General Hospital

Thilo Deckersbach, Ph.D., University of Applied Sciences Europe

Andrew Nierenberg, M.D., Massachusetts General Hospital

Social and Non-social Reward: A Preliminary Examination of Clinical Improvement and Neural Reactivity in Adolescents Treated with Behavioral Therapy for Anxiety and Depression

Michael T. Liuzzi, M.A., San Diego State University

Karen T. G. Schwartz, M.S., SDSU/UCSD JDP

Maria Kryza-Lacombe, M.A., San Diego State University/ University of California, San Diego, Joint Doctoral Program in Clinical Psychology

V. Robin Weering, Ph.D., San Diego State University

Jillian Lee Wiggins, Ph.D., SDSU/UCSD

Exploring Adolescent Characteristics and Family Mechanisms That Predict Treatment Response to Primary Care Online Interventions for Adolescent Depression

Jennifer Suor, Ph.D., University of Illinois at Chicago

Katie Burkhouse, Ph.D., University of Illinois at Chicago

Tracy Gladstone, Ph.D., Wellesley Centers for Women, Wellesley College

Linda Schiffer, M.S., MPH, University of Illinois at Chicago

Mia Lee, M.D., University of Illinois at Chicago

Benjamin Van Voorhees, M.D., MPH, University of Illinois at Chicago

Earn 1.5 continuing education credits

Symposium 136

Improving Outcomes by Understanding Technology and Sleep in Young Adults

CHAIR: *Nicole E. Carmona, M.A., Ryerson University*

DISCUSSANT: *Kathryn A. Roecklein, Ph.D., University of Pittsburgh*

Basic to Moderate level of familiarity with the material

Primary Category: Sleep / Wake Disorders

Key Words: *Technology / Mobile Health, Sleep, Adolescents*

Sleep, Technology Use, and Mood: A Daily Diary Study

Julia Marver, M.A., Fairleigh Dickinson University

Jesse Allen-Dicker, M.A., Fairleigh Dickinson University

Eleanor McGlinchey, Ph.D., Fairleigh Dickinson University

Elizabeth Martin, M.A., Fairleigh Dickinson University

Technology, Sleep, and Health in Adolescents with an Evening Circadian Preference: An Actigraphic and Ecological Momentary Assessment Study

Nicole B. Gumpert, M.A., University of California, Berkeley

Caitlin E. Gasperetti, M.A., University of California at Berkeley

Jennifer Silk, Ph.D., University of Pittsburgh

Allison Harvey, Ph.D., University of California at Berkeley

Trusting Teens to Make Health-related Changes with a Cognitive and Behavioural App for Sleep Disturbance

Colleen E. E. Carney, Ph.D., Ryerson University

Nicole E. Carmona, M.A., Ryerson University

Improving Access and Outcomes for Teen Sleepers: Results from a Feasibility Trial of an Evidence-based App for Sleep Disturbance

Nicole E. Carmona, M.A., Ryerson University

Colleen E. E. Carney, Ph.D., Ryerson University

Earn 1.5 continuing education credits

Symposium 138

Psychology's Role in the Implementation of Evidence-based Practice in Pediatric Acute Care Settings

CHAIRS: *Elizabeth K. Reynolds, Ph.D.*, Johns Hopkins University
Mackenzie S. Sommerhalder, Ph.D., Johns Hopkins
University School of Medicine

DISCUSSANT: *Elisabeth Frazier, Ph.D.*, Brown University

Moderate level of familiarity with the material

Primary Category: Treatment - Other

Key Words: *Adolescents, DBT (Dialectical Behavior Therapy), Parent Training*

Engaging Psychology on Inpatient Psychiatric Units: Models, Methods, and Areas for Growth

Jarrod Leffler, Ph.D., Mayo Clinic

The Impact of Parent Management Training in Child and Adolescent Psychiatry Day Hospital on Emergency Department Visit and Hospital Readmissions: A Quality Improvement Study

Mackenzie S. Sommerhalder, Ph.D., Johns Hopkins University School of Medicine

Efficacy and Sustainability of Dialectical Behavior Therapy for Inpatient Adolescents: A Follow-up Study

Alison Tebbett-Mock, Ph.D., Northwell Health Zucker Hillside Hospital

Starting a Positive Behavior Interventions & Supports (PBIS) Model on a Children's Inpatient Psychiatric Unit

Jennifer Hellmuth, Ph.D., Brown University

Earn 1.5 continuing education credits

Symposium 140

Increasing Access to Evidence-based Care Through Lay-counselor-delivered Interventions: Outcomes from Randomized Controlled Trials in Low- and Middle-income Countries

CHAIR: *Katherine E. Ventura-Conerly, B.A., Harvard University*

DISCUSSANT: *Eve S. Puffer, Ph.D., Department of Psychology & Neuroscience, Duke Global Health Institute, Duke University*

Basic to Moderate level of familiarity with the material

Primary Category: Global Mental Health

Key Words: *Global Mental Health, Randomized Controlled Trial, Underserved Populations*

Testing the Effectiveness and Implementation of a Brief Version of the Common Elements Treatment Approach (CETA) in Ukraine

Laura Murray, Ph.D., Johns Hopkins University School of Public Health

Kristie Metz, Ph.D., Johns Hopkins University

Jura Augustinavicius, Ph.D., Johns Hopkins University

Jeremy Kane, Ph.D., Johns Hopkins University

Quincy Moore, MPH, Johns Hopkins University

Emily Haroz, M.A., Ph.D., Johns Hopkins Bloomberg School of Public Health

Sergey Bogdanov, Ph.D., National University Kyiv-Mohyla Academy

Paul Bolton, MSc, MPH, DTMH, MBBS, Johns Hopkins University

Examining Child and Guardian Perceptions of Trauma-focused Cognitive Behavioral Therapy in Kenya and Tanzania

Noah S. Triplett, B.A., University of Washington

Christopher Akiba, MPH, University of North Carolina at Chapel Hill

Leah Lucid, B.A., University of Washington

Kate Benjamin, BA, Seattle Pacific University

Augustine Wasonga, M.A., Ace Africa Kenya

Kathryn Whetten, Ph.D., Center for Health Policy and Inequalities Research, Duke University

Shannon Dorsey, Ph.D., University of Washington

Multiple Mediation Analysis of the Peer-delivered Thinking Healthy Programme for Perinatal Depression: Findings from Two Parallel, Randomised Controlled Trials

Daisy R. Singla, Ph.D., University of Toronto, Sinai Health

David MacKinnon, Ph.D., Arizona State University

Daniela Fuhr, Ph.D., London School of Hygiene and Tropical Medicine

Siham Sikander, Ph.D., Health Services Academy

Atif Rahman, Ph.D., University of Liverpool

Vikram Patel, Ph.D., Harvard Medical School

A Four-week Group Intervention Reduces Adolescent Depression and Anxiety in Kenya:

outcomes of a Randomized Clinical Trial of the Shamiri Intervention

Tom L. Osborn, B.A., Shamiri Institute, Inc

Katherine E. Ventura-Conerly, B.A., Harvard University

Akash Wasil, M.A., University of Pennsylvania

Rediet Alemu, HS, Harvard University

Christine Wasanga, Ph.D., Kenyatta University

Jessica L. Schleider, Ph.D., Stony Brook University

John Weisz, Ph.D., Harvard University

School-based, Lay-provider-delivered Single-session Interventions Reduced Anxiety in Kenyan Adolescents: Outcomes from a Randomized Controlled Trial

Katherine E. Ventura-Conerly, B.A., Harvard University

Tom L. Osborn, B.A., Shamiri Institute, Inc

Akash Wasil, M.A., University of Pennsylvania

Christine Wasanga, Ph.D., Kenyatta University

John Weisz, Ph.D., Harvard University

Earn 1.5 continuing education credits

Symposium 146

Extending Our Understanding of Suicidality and Self-harm in Obsessive Compulsive and Anxiety Related Disorders

CHAIRS: *Samantha N. Hellberg, B.A.*, University of North Carolina at Chapel Hill
Jon Abramowitz, Ph.D., University of North Carolina at Chapel Hill

DISCUSSANT: *Adam B. Miller, Ph.D.*, University of North Carolina at Chapel Hill

All level of familiarity with the material

Primary Category: Obsessive Compulsive and Related Disorders

Key Words: *Suicide, OCD (Obsessive Compulsive Disorder), Anxiety*

Exploring the Prevalence and Presentation of Suicidal Ideation in a Large Sample of Individuals with Primary OCD

Samantha N. Hellberg, B.A., University of North Carolina at Chapel Hill

Jon Abramowitz, Ph.D., University of North Carolina at Chapel Hill

Heidi J. Ojalehto, B.S., University of North Carolina at Chapel Hill

Jennifer L. Buchholz, M.A., UNC Chapel Hill

Bradley C. Riemann, Ph.D., Rogers Behavioral Health

Obsessive-compulsive Disorder and Nonsuicidal Self-injury Disorder: Prevalence in a Veteran Sample

Tapan Patel, M.S., Durham VA Medical Center

Adam Mann, M.S., CRS, LCMHCA, Duke University/Durham VA

Shannon M. Blakey, Ph.D., VA Mid-Atlantic MIRECC/Durham VA Health Care System

Nathan Kimbrel, PhD, Durham VA/MIRECC/Duke University

The Concurrent Mediation Role of Perceptions of Defeat and Entrapment, and Experiential Avoidance in the Pathways to Suicidal Acts in Obsessive-compulsive Disorder (OCD)

Ioannis Angelakis, B.S., M.S., Ph.D., University of South Wales

Patricia Gooding, Ph.D., University of Manchester

Suicidal Ideation as a Predictor of the Relationship Between Nocturnal Wakefulness and Negative Affect in Patients with Anxiety-related Disorders

Lily A. Brown, Ph.D., University of Pennsylvania

Kevin Narine, B.A., University of Pennsylvania

Reem AlRabiah, B.A., University of Pennsylvania

Obsessive Beliefs and Suicidality in Obsessive-compulsive Disorder

Martha Falkenstein, Ph.D., McLean Hospital

Kara Kelley, B.A., McLean Hospital

Devin Dattolico, B.S., McLean Hospital

Jason Kropfingger, Ph.D., McLean Hospital OCD Institute; Harvard Medical School

Christian Webb, Ph.D., Harvard Medical School

Courtney Beard, Ph.D., McLean Hospital/Harvard Medical School

5:00 PM – 6:30 PM

Earn 1.5 continuing education credits

Symposium 148

Bayesian Approaches to Modeling Psychiatric Vulnerability and Treatment Mechanisms

CHAIR: *Caitlin A. Stamatis, M.S., University of Miami*

DISCUSSANT: *Donald J. Robinaugh, Ph.D., Massachusetts General Hospital*

Moderate to Advanced level of familiarity with the material

Primary Category: Research Methods and Statistics

Key Words: *Statistics, Research Methods, Technology / Mobile Health*

Applying Stochastic Search Variable Selection to Identify Predictors of Posttraumatic Stress Disorder in the Wake of Hurricane Irma

Sierra Bainter, Ph.D., University of Miami

Zachary Goodman, M.A., University of Miami

Caitlin A. Stamatis, M.S., University of Miami

Kiara R. Timpano, Ph.D., University of Miami

Bayesian Testing of Clinical Predictions in Psychopathology Networks

Donald Williams, B.A., University of California, Davis

Joris Mulder, Ph.D., Tilburg University

Philippe Rast, Ph.D., University of California, Davis

SUNDAY

Set Shifting Deficits Related to Transdiagnostic Risk for Psychopathology: A Hierarchical Bayesian Drift Diffusion Modeling Approach

Caitlin A. Stamatias, M.S., University of Miami
Nikki Puccetti, B.A., University of Miami
Kiara R. Timpano, Ph.D., University of Miami
Aaron Heller, Ph.D., University of Miami

A Bayesian Approach to Incorporating Clinical Expertise in Personalized Symptom Networks

Julian Burger, M.S., University of Amsterdam
Date C Van der Veen, M.S., University Medical Center Gronigen
Sacha Epskamp, Ph.D., University of Amsterdam

Heteronormative Relationship Education for Same-gender Couples – a Bayesian Approach

S. Gabe Hatch, B.S., University of Miami
Karen Rothman, M.S., University of Miami
McKenzie K. K. Roddy, M.S., University of Miami
Rebecca Dominguez, B.S., University of Miami
Yunying Le, Ph.D., University of Miami
Brian D. Doss, Ph.D., University of Miami

6:45 p.m. – 8:15 p.m.

Earn 1.5 continuing education credits

Panel Discussion 43

**What Do We Expect and How Do We Get There?
Using Evidence-based Strategies to Teach Core Clinical
Competencies to Undergraduates**

MODERATOR: *Susan Wenze, Ph.D., Lafayette College*

PANELISTS: *Stephanie M. Ernestus, Ph.D., Stonehill College*
CJ Fleming, Ph.D., Elon University
Kerstin K. Blomquist, Ph.D., Furman University
*James F. Boswell, Ph.D., University at Albany, State
University of New York*
Tony T. Wells, Ph.D., Oklahoma State University

Primary Category: Workforce Development / Training / Supervision

Key Words: *Education and Training, Training / Training Directors, Student Issues*

The APA's professional psychology competency benchmarks were designed to promote evidence-based psychology education and training for healthcare and psychotherapy professions (Fouad et al., 2009). However, these competency standards largely address

doctoral-level training and begin by providing standards for when a student is ready for practicum. In contrast, the APA's guidelines for undergraduate psychology education are general, and do not specifically address clinical learning goals (APA, 2016). This creates a significant gap, as 1) most undergraduate Psychology majors will not continue to graduate school, 2) masters-level programs are not addressed by the competency benchmarks and undergraduates who continue into masters programs need a strong foundation on which to build evidence-based-practice skills, and 3) those students who do continue to doctoral programs may not have had their clinically-relevant skills scaffolded to prepare them for graduate school. Therefore, a need exists to determine what clinical competencies should be addressed at the undergraduate level and how those competencies can best be taught and those skills shaped. Addressing this gap may help improve the engagement and understanding in evidence-based therapy in the consumer and masters-level clinical populations and improve teaching at undergraduate and graduate levels. Identifying and teaching core clinical competencies at the undergraduate level is key for bridging the research-practitioner gap, especially when the gap is most widely manifested among masters-level clinicians.

This panel will address this need for curriculum standards by drawing on the experience of panelists who teach clinical and psychotherapy courses. These panelists were chosen to represent a diversity of perspectives, techniques, and classroom structures for teaching undergraduates in settings ranging from small-liberal arts colleges to large classroom research universities. Discussion will address specific clinical undergraduate competency standards (professionalism, relational effectiveness, scientific knowledge, and application) and related pedagogical strategies at the undergraduate level.

Earn 1.5 continuing education credits

Symposium 137

Latinx Youth At-risk for Suicide: The Interplay Between Family, Social and Psychiatric Processes

CHAIR: *Jazmin Reyes-Portillo, Ph.D.*, Montclair State University

DISCUSSANT: *Regina Miranda, Ph.D.*, Hunter College, City University of New York

Basic to Moderate level of familiarity with the material

Primary Category: Suicide and Self-Injury

Key Words: *Hispanic American/ Latinx, Families, Risk / Vulnerability Factors*

Parental Suicidal Behaviors and Childhood Externalizing Disorders: Clarifying Early Markers of Suicide Risk in Young Adults

Lillian Polanco-Roman, Ph.D., Columbia University Medical Center

Ana Ortin, Ph.D., Hunter College, CUNY

Thomas Corbeil, MPH, Columbia University

Kiara Alvarez, Ph.D., Massachusetts General Hospital/Harvard Medical School

Melanie Wall, Ph.D., Columbia University

Madelyn Gould, Ph.D., Columbia University

Margarita Alegria, Ph.D., Massachusetts General Hospital

Hector Bird, M.D., Columbia University

Glorisa Canino, Ph.D., University of Puerto Rico Medical School

Cristiane Duarte, M.P.H., Ph.D., Columbia University - New York State Psychiatric Institute

Racial Microaggressions and Suicide Ideation Among Latinx College Students: The Mediating Role of Depression and the Moderating Role of Family Support

Petty Tineo, M.A., Montclair State University

Diana Torsiello, B.A., Montclair State University

Cody Weeks, M.A., Montclair State University

Tanya Singh, M.A., Montclair State University

Farah Mahmud, M.S., Montclair State University

Megan Rusco, B.A., Montclair State University

Carrie Masia Warner, Ph.D., Montclair State University

Jazmin Reyes-Portillo, Ph.D., Montclair State University

**Anxiety Symptom Clusters, Family Psychiatric History, and Suicidal Ideation
Among Diverse Young Adult Outpatients**

Jazmin Reyes-Portillo, Ph.D., Montclair State University

Payal Desai, M.P.H., Columbia University Medical Center

Preanka Singh, B.A., New York State Psychiatric Institute/Columbia University Irving
Medical Center

Maria Carolina Zerrate, M.D., New York Presbyterian Hospital - Washington Heights
Clinic

Rebecca Erban De La Vega, Psy.D., New York Presbyterian / Columbia University
Medical Center

Shannon M. Bennett, Ph.D., Weill Cornell Medicine

Anne Marie Albano, Ph.D., Columbia University Clinic for Anxiety and Related
Disorders

Cristiane Duarte, M.P.H., Ph.D., Columbia University - New York State Psychiatric
Institute

**Early Intervention for Suicide Risk Among Immigrant Youth: A Cognitive-
behavioral, Family Systems, and Multicultural Therapy Approach**

Kiara Alvarez, Ph.D., Massachusetts General Hospital/Harvard Medical School

Pilar Bancalari, B.A., Columbia Mailman School of Public Health

Azariah Boyd, B.A., Massachusetts General Hospital

Nestor Noyola, M.A., Clark University

6:45 PM – 7:45 PM

Earn 1 continuing education credits

Symposium 139

**A Complexity Perspective on Comorbidity: Identifying
Replicable Patterns Using a Network Approach**

CHAIRS: *Daniel P. Moriarity, M.A.*, Temple University

Payton J. Jones, M.A., Harvard University

DISCUSSANT: *Stefan G. Hofmann, Ph.D.*, Boston University

Moderate level of familiarity with the material
Primary Category: Research Methods and Statistics

Key Words: *Comorbidity, Statistics, Mood*

**Using Network Analysis to Examine Symptoms of Anxiety, Depression, and
Eating Disorder Pathology in Individuals with Anorexia Nervosa**

Ani C. Keshishian, B.A., University of Louisville

Cheri A. Levinson, Ph.D., The University of Louisville

Mood Symptoms and Impairment Due to Substance Use: A Network Perspective on Comorbidity

Daniel P. Moriarity, M.A., Temple University

Corinne P. Bart, M.A., Temple University

Allison Stumber, B.A., Temple University

Payton J. Jones, M.A., Harvard University

Lauren B. Alloy, Ph.D., Temple University

Replication of Symptom Network Structure of Comorbid Alcohol Use Disorder and Anxiety Disorder in a Patient Sample

Justin Anker, Ph.D., University of Minnesota

Matt Kushner, Ph.D., University of Minnesota

6:45 PM – 8:15 PM

Earn 1.5 continuing education credits

Symposium 141

Paradigm Shifts in the Study of Attention Biases from Infancy to Adulthood

CHAIRS: *Tracy A. Dennis-Tiway, Ph.D., Hunter College and the Graduate Center of the City University of New York*
Amy K. Roy, Ph.D., Fordham University

DISCUSSANT: *Brandon E. Gibb, Ph.D., Binghamton University*

Moderate level of familiarity with the material
Primary Category: Child / Adolescent - Anxiety
Key Words: *Anxiety, Adolescents, Adult*

Using Mobile Eye-tracking to Capture Attentional Dynamics in the Context of Temperamental Risk for Internalizing Disorders

Koraly Pérez-Edgar, Ph.D., The Pennsylvania State University

Kelley Gunther, M.S., The Pennsylvania State University

Alicia Vallorani, M.S., The Pennsylvania State University

Multimethod Examination Attention Bias Heterogeneity in Anxious Adolescents

Amy K. Roy, Ph.D., Fordham University

Tracy A. Dennis-Tiway, Ph.D., Hunter College and the Graduate Center of the City University of New York

Sarah Myruski, Ph.D., Hunter College, City University of New York

Mariah L. DeSerisy, B.S., M.A., Fordham University

Melanie R. Silverman, M.A., Fordham University

6:45 PM – 8:15 PM

Earn 1.5 continuing education credits

Symposium 142

New Research at the Interface of Values and Psychopathology

CHAIR: *Todd B. Kashdan, Ph.D.*, George Mason University

DISCUSSANT: *Steven C. Hayes, Ph.D.*, University of Nevada, Reno

Basic to Moderate level of familiarity with the material
Primary Category: Treatment - Mindfulness & Acceptance
Key Words: ACT (*Acceptance & Commitment Therapy*), Resilience

Do Values Make Distress Easier to Bear?

Kerry Kelso, M.A., George Mason University

Joshua J. Broman-Fulks, Ph.D., Appalachian State University

Stephen Semcho, M.A., University of Kentucky

Meaning, Purpose, and Experiential Avoidance as Predictors of Valued Living: A Daily Diary Study

Jeffrey M. Pavlacic, M.A., University of Mississippi

Stefan E. Schulenberg, Ph.D., University of Mississippi

Erin M. Buchanan, Ph.D., Harrisburg University

Well-being Through Stability: The Benefits of Reacting Less to Pleasant Activities in Daily Life

David Disabato, Ph.D., Kent State University

Karin G. Coifman, Ph.D., Kent State University

The Personalized Psychological Flexibility Index: Details on a Hybrid Idiographic/nomothetic Approach

Todd B. Kashdan, Ph.D., George Mason University

David Disabato, Ph.D., Kent State University

Fallon Goodman, Ph.D., University of South Florida

James Doorley, M.A., George Mason University

Earn 1.5 continuing education credits

Symposium 143

What You Don't Know About the Menstrual Cycle May Hurt You(r Patients): Applications for Effective Assessment, Research, and Clinical Practice

CHAIR: *Jessica R. Peters, Ph.D.*, Brown University

DISCUSSANT: *Kim L. Gratz, Ph.D.*, University of Toledo

All level of familiarity with the material

Primary Category: Women's Issues

Key Words: *Women's Health, Psychophysiology, Emotion Regulation*

Reliable and Valid Diagnosis of DSM-5 Premenstrual Dysphoric Disorder: The Carolina Premenstrual Assessment Scoring System

Tory Eisenlohr-Moul, Ph.D., University of Illinois at Chicago

Katja Schmalenberger, MSc, Heidelberg University

Premenstrual Exacerbation of Suicidal Ideation and Associated Risk Factors

Sarah A. Owens, M.A., University of North Carolina at Chapel Hill

Tory Eisenlohr-Moul, Ph.D., University of Illinois at Chicago

The Menstrual Cycle as a Source of Symptom Variability in Borderline Personality Disorder: Implications for Researchers and Behavior Therapists

Jessica R. Peters, Ph.D., Brown University

Sarah A. Owens, M.A., University of North Carolina at Chapel Hill

Katja Schmalenberger, MSc, Heidelberg University

Tory Eisenlohr-Moul, Ph.D., University of Illinois at Chicago

Dysregulated Acoustic Startle Response Across the Menstrual Cycle in Premenstrual Dysphoric Disorder (PMDD)

Liisa Hantsoo, Ph.D., Johns Hopkins School of Medicine

Rachel Johnson, M.S., Colorado School of Public Health

Mary Sammel, ScD, Colorado School of Public Health

Christian Grillon, Ph.D., National Institute of Mental Health, Section on Neurobiology of Fear and Anxiety

C. Neill Epperson, M.D., University of Colorado School of Medicine

Earn 1.5 continuing education credits

Symposium 145

Advances in Idiographic Clinical Science: Highlighting the Clinical Utility of the Person-specific Approach

CHAIRS: *Jonathan W. Reeves, M.A., University of California, Berkeley*
Hannah G. Bosley, M.A., University of California, Berkeley

DISCUSSANT: *Thomas L. Rodebaugh, Ph.D., Washington University in St. Louis*

Basic to Moderate level of familiarity with the material
Primary Category: Improved Use of Research Evidence
Key Words: *Clinical Utility, Statistics, Stakeholder Relevant*

Using Routine Outcome Monitoring Data to Identify the Timing and Proximal Risk Factors of Suicidal Ideation

Jonathan W. Reeves, M.A., University of California, Berkeley
Thomas Tollefsen, Ph.D., University of Oslo
Aaron J. Fisher, Ph.D., University of California, Berkeley
Sabrina Darrow, PhD, University of California, San Francisco

How Often Are Your Symptoms Really Changing? A Comparison of Client-predicted and Model-derived Lag Lengths Using Psychological Time Series Data

Marilyn L. Piccirillo, Ph.D., University of Washington
Madelyn R. Frumkin, B.A., Washington University in St. Louis
Thomas L. Rodebaugh, Ph.D., Washington University in St. Louis

How Feeling Leads to Doing: An Application of Idiographic Latent Profile Analysis to Identify Clinically-relevant Links Between Person-specific Mood States and Behaviors

Hannah G. Bosley, M.A., University of California, Berkeley
Aaron J. Fisher, Ph.D., University of California, Berkeley

Personalized Models of Eating Disorder Symptoms Across 25 Days: Implications for Precision Intervention

Cheri A. Levinson, Ph.D., The University of Louisville

Earn 1.5 continuing education credits

Symposium 147

Who Gets the Most Bang for Their Buck? Predictors of Intensive Treatment Response for Youth Anxiety and Related Disorders

CHAIR: *Jami M. Furr, Ph.D.*, Florida International University

DISCUSSANT: *Donna B. Pincus, Ph.D.*, Boston University Center for Anxiety and Related Disorders

Moderate level of familiarity with the material

Primary Category: Treatment - Other

Key Words: Anxiety, CBT, Treatment/ Program Design

Predictors of Outcome in Group-based Intensive CBT for Youth with Anxiety and Obsessive-compulsive Disorder

Kathryn Boger, ABPP, Ph.D., McLean Hospital

Taylor Wilmer, Ph.D., McLean Hospital

Outcome Predictors in an Effective Therapeutic Summer Camp for Youth with OCD, Anxiety And/or Depressive Disorders

Ashley R. Ordway, Ed.S., University of Florida

Ryan McCarty, M.S., University of Florida

Predictors of Treatment Outcome in Intensive Cognitive-behavioral Treatment of Panic Disorder in Adolescents

Ovsanna Leyfer, Ph.D., Boston University Center for Anxiety and Related Disorders

Donna B. Pincus, Ph.D., Boston University Center for Anxiety and Related Disorders

Evaluating Predictors of Intensive Group Behavioral Treatment (IGBT) Response for Youth with Selective Mutism: Who Is Most Likely to Benefit?

Natalie Hong, M.S., Florida International University

Danielle Cornacchio, M.A., UCLA

Karina Silva, B.A., Florida International University

Aileen Herrera, M.S., RMHCI, Florida International University

Jami M. Furr, Ph.D., Florida International University

Jonathan Comer, Ph.D., Florida International University

Earn 1.5 continuing education credits

Symposium 149

Novel Analytic Methods for Clinical Science: Recent Approaches to Modeling Psychopathology

CHAIR: *Duncan G. Jordan, Ph.D.*, Murray State University

DISCUSSANT: *Donald J. Robinaugh, Ph.D.*, Massachusetts General Hospital

Moderate level of familiarity with the material

Primary Category: Research Methods and Statistics

Key Words: *Statistics, Research Methods*

Temporal Network Analysis for Clinical Science: Considerations as the Paradigm Shifts?

Duncan G. Jordan, Ph.D., Murray State University

E. Samuel Winer, Ph.D., Mississippi State University

Taban Salem, Ph.D., Millsaps College

Unsupervised Machine Learning Applications in Mental Health: Promise and Perils

Alessandro De Nadai, Ph.D., Texas State University

Ryan Zamora, M.S., Texas State University

Douglas Gunzler, Ph.D., Case Western Reserve University School of Medicine

Dag by Time-slice: Bayesian Structure Learning in Longitudinal Measurement

Brandon Frank, M.A., M.S., University of Florida

Dean McKay, ABPP, Ph.D., Fordham University

Landon Hurley, Ph.D., West Haven VA Medical Center

Item Selection Approaches in Network Analysis: An Eating Disorder Network Example

Irina Vanzhula, M.S., University of Louisville

Caroline Christian, B.S., University of Louisville

Jordan Drake, Undergraduate, University of Louisville

Sarah E. Ernst, The University of Louisville

Cheri A. Levinson, Ph.D., The University of Louisville

Seeing the Impossible: Visualizing Latent Variable Models

Dustin Fife, Ph.D., Rowan University

Earn 1.5 continuing education credits

Symposium 150

Assessing, Anticipating, and Treating Suicidality in Trauma Survivors with and Without Posttraumatic Stress Disorder

CHAIR: *Skye Fitzpatrick, Ph.D., York University*

DISCUSSANT: *Lily A. Brown, Ph.D., University of Pennsylvania*

Basic level of familiarity with the material

Primary Category: Trauma and Stressor Related Disorders and Disasters

Key Words: *PTSD (Posttraumatic Stress Disorder), Suicide, Trauma*

Prediction of Suicidality in Trauma-exposed Individuals with Alcohol or Substance Use Disorders Using Item Response Theory

Skye Fitzpatrick, Ph.D., York University

Antonio A. Morgan-Lopez, Ph.D., RTI International

Tanya Saraiya, M.A., Medical University of South Carolina

Sudie Back, Ph.D., Medical University of South Carolina

Teresa Lopez-Castro, Ph.D., City College of New York CUNY

Sonya Norman, Ph.D., University of California San Diego

Lesia Ruglass, Ph.D., Rutgers University

Lissette M. Saavedra, Ph.D., RTI International

Denise Hien, Ph.D., Rutgers University

Resilience Mediates the Association Between PTSD Symptoms and Suicidal Ideation Among Treatment-seeking Suicidal Army Soldiers

Christopher R. DeCou, Ph.D., University of Washington School of Medicine

Martina Fruhbauerova, B.A., University of Washington School of Medicine

Katherine Anne Comtois, Ph.D., MPH, University of Washington School of Medicine

Nonlinear Change Patterns in Daily Suicidal Ideation During Massed Cognitive Processing Therapy (CPT) for PTSD

Craig J. Bryan, Psy.D., National Center for Veterans Studies

Jeffrey Tabares, Ph.D., National Center for Veterans Studies

Jonathan Butner, Ph.D., University of Utah

AnnaBelle Bryan, M.S., National Center for Veterans Studies

Kelsi Rugo, M.S., National Center for Veterans Studies

Feea Leifker, M.P.H., Ph.D., The University of Utah

David Rozek, Ph.D., University of Utah School of Medicine

A Pilot Effectiveness Trial of DBT with and Without the DBT Prolonged Exposure Protocol for PTSD Among High-risk and Multi-diagnostic Patients in Public Mental Health Agencies

Melanie Harned, ABPP, Ph.D., VA Puget Sound Health Care System & University of Washington

Sara Schmidt, Ph.D., Seattle Institute of Biomedical and clinical research

Kathryn Korslund, ABPP, Ph.D., THIRA Health

Robert Gallop, Ph.D., West Chester University

Thursday Poster Sessions

10:30 a.m. – 12:30 p.m.

PS 1: ADDICTIVE BEHAVIORS

Poster Session 1A

Key Words: *Violence / Sexual Assault, Substance Abuse, Prevention*

(PS1-A1) Rape Myth Acceptance, Alcohol Use, and Bystander Behavior Among Heavy Drinking College Men

Emily Munoz, M.A.¹, Haley Kolp, M.S.², Sarah A. Horvath, M.S.³, Brian Borsari, Ph.D.⁴, Brian T. Wymbs, Ph.D.³, Christine Gidycz, Ph.D.³, Gregory Stuart, Ph.D.⁵, Ryan C. Shorey, Ph.D.⁶, 1. University of Wisconsin Milwaukee, 2. University of Wisconsin-Milwaukee, 3. Ohio University, 4. San Francisco VAMC/UCSF, 5. University of Tennessee - Knoxville, 6. University of Wisconsin - Milwaukee

(PS1-A2) Alcohol Use and Misuse During the Transition to University: The Role of Emotion Regulation Difficulties

Carolyn E. Helps, M.S., Christina L. Robillard, M.S., Andrew Switzer, M.S., Brianna J. Turner, Ph.D., University of Victoria

(PS1-A3) Social Anxiety and Drinking: The Role of Drinking to Manage Post-event Processing Following a Social Event

Cristina N. Abarno, M.A.¹, Ian P. Albery, Ph.D.², Meredith A. Terlecki, Ph.D.³, Antony C. Moss, Ph.D.², Elizabeth M. Lewis, B.S.¹, Julia D. Buckner, Ph.D.¹, 1. Louisiana State University, 2. London South Bank University, 3. University of East London

(PS1-A4) Food as a Substitute for Substances: An Examination of Personality Traits Among Adolescents Engaging in Food Addiction, Substance Use, and Polysubstance Use

Diana Rodriguez, B.S.¹, Bradley T. Conner, Ph.D.¹, Rachel A. Rebecca, M.D.², 1. Colorado State University, 2. UC Health

(PS1-A5) Perceived Importance Moderates Harm Reduction via Protective Behavioral Strategies

Jordan A. Ortman, Jennifer L. Shipley, M.P.H., Megan Strouger, M.S., Abby L. Braitman, Ph.D., Old Dominion University

(PS1-A6) Acceptability of Relapse Prevention and Recovery Support Messages Among Individuals in Substance Use Treatment

Eliza L. Marsh, B.S.¹, Sage Feltus, B.A.¹, Brittany L. Stevenson, Ph.D.², Claire Blevins, Ph.D.³, Tosca D. Braun, Ph.D.⁴, Ana Abrantes, Ph.D.⁵, 1. Brown University & Butler Hospital, 2. University of Minnesota, 3. Brown University, 4. Warren Alpert Medical School of Brown University, 5. Butler Hospital & Brown University

(PS1-A7) Anxiety Sensitivity and Young Adult Alcohol Use: The Longitudinal Association Between Alcohol Cognitions and Alcohol Problems

Charlotte Corran, B.A., Roisin O'Connor, Ph.D., Concordia University

(PS1-A8) Expenditures for Alcohol, Drug, and Gambling Activities in Persons Experiencing Homelessness

Michael McLaughlin¹, Gabrielle Sharbin¹, Lourah M. Kelly, Ph.D.³, Kristyn Zajac, Ph.D.³, Carla Rash, Ph.D.³, 1. University of Connecticut, 2. University of Connecticut, School of Medicine, 3. UConn Health School of Medicine

(PS1-A9) Assessing Distal Cues for Nicotine Use: Virtual Reality Devices in Cue Reactivity for Smokers and Vapers

Matthew J. Samora, M.A.¹, Teresa Indriolo,² Rebecca E. Lubin, B.A.², Danielle L. Hoyt, M.A.², Megan Milligan, B.S.², Santiago Papini, M.A., M.S.³, Jasper Smits, Ph.D.³, Michael Otto, Ph.D.², 1. Boston University Center for Anxiety and Related Disorders, 2. Boston University, 3. The University of Texas at Austin

(PS1-A10) Negative Urgency and State-level Fluctuations in Positive Alcohol Expectancies and Reinforcement-based Craving

Noah R. Wolkowicz, M.S., Isabel Augur, B.S., Lindsay S. Ham, Ph.D., Alec Martin, Maria Folkerth, University of Arkansas

(PS1-A11) I Can't Wait to Participate: Fear of Missing Out, Impulsivity and Alcohol Use

Sarah A. Lust, Ph.D., Christopher J. Correia, Ph.D., Auburn University

(PS1-A12) Grit, Theories of Emotion, and Alcohol Use in Adults with Substance Use Disorders

Catherine D. Trinh, B.A.¹, Margaret L. Griffin, Ph.D.², R. Kathryn R. McHugh, Ph.D.², Elizabeth T. Kneeland, Ph.D.², Roger D. Weiss, M.D.², 1. McLean Hospital, 2. McLean Hospital/Harvard Medical School

(PS1-A13) Heavy Episodic Drinking and Sexual Victimization in White and Asian College Women

Aria Wiseblatt, B.A.¹, Maria Testa, Ph.D.², Jennifer P. Read, Ph.D.³, 1. University at Buffalo, 2. University of Buffalo, 3. University at Buffalo, SUNY

(PS1-A14) Emotion Regulation Difficulties Moderate the Effect of Panic-relevant Sensations on Smoking Urges Following a Biological Challenge

Emily K. Burr, B.A.¹, Neha Rao,¹ Erick Fedorenko, M.S.¹, Mindy M. Kibbey, B.A.², Samantha G. Farris, Ph.D.¹, 1. Rutgers University, 2. Rutgers, the State University of New Jersey

- (PS1-A15) Racial and Ethnic Group Differences on a Brief Screener for Alcohol Use Disorder Among Adolescents in an Emergency Department**
Gabriela Aisenberg, B.S.¹, Nazaret C. Suazo, B.A.¹, Lynn Hernandez, Ph.D.², Anthony Spirito, Ph.D.¹, 1. Alpert Medical School of Brown University, 2. CUNY School of Medicine
- (PS1-A16) Assertiveness in Alcoholic Drink Refusal Among Female College Students**
Kristina C. Murphy, M.A.¹, Lauren Francis, M.A.², Olivia L. Bolts, M.A.³, Rachael Hodge, M.A.⁴, Jessie Gruber, M.A.², Nora E. Noel, Ph.D.², 1. Delta Behavioral Health, 2. University of North Carolina Wilmington, 3. Colorado State University, 4. Coastal Horizons Center
- (PS1-A17) The Relationship Between Distress Tolerance and Alcohol Craving in a Lab-based Experiment**
Isabel Augur, B.S., Noah R. Wolkowicz, M.S., Kyle C. Sadosky, B.A., Kelly E. Walls, None, Lindsay S. Ham, Ph.D., University of Arkansas
- (PS1-A18) Act with Awareness: The Role of Clinicians' Mindfulness on Adolescent Clients' Substance Use**
Virginia K. A. Mutch, Ph.D.¹, David G. Stewart, ABPP, Ph.D.², 1. Montefiore Medical Center, 2. Harvard Medical School
- (PS1-A19) Using a Microintervention Design to Study Mechanisms of Behavior Change in Alcohol Use Disorder**
Cathryn G. Holzhauser, Ph.D.¹, Elizabeth Epstein, Ph.D.¹, David Smelson, Psy.D.¹, Kristin Mattocks, M.P.H., Ph.D.², 1. University of Massachusetts Medical School, 2. US Department of Veterans Affairs
- (PS1-A20) Why and Why Not: Frequent Gamblers Reasons for and Against Completing a Gambling Disorder Screener**
Samuel C. Peter, M.S.¹, Tori Horn, M.A.², Abby McPhail, M.A., M.S.³, Andrew W. Meyers, Ph.D.², James P. Whelan, Ph.D.⁴, 1. Durham VA, 2. University of Memphis, 3. University of Memphis, 4. The University of Memphis
- (PS1-A21) Alcohol Risk Reduction Program for National Guard Members: Pilot Study of Telehealth vs In-person Delivery Platform for Individuals and Couples**
Elizabeth Epstein, Ph.D.¹, David Smelson, Psy.D.¹, Cathryn G. Holzhauser, Ph.D.¹, Emily L. Starratt, B.S.¹, Ayorkor Gaba, Psy.D.¹, Barbara S. McCrady, Ph.D.², Thomas Hildebrandt, Psy.D.³, Rachel Rosen, M.S.⁴, 1. University of Massachusetts Medical School, 2. University of New Mexico, 3. Mount Sinai Medical School, 4. Rutgers University
- (PS1-A22) More Stigma, More Treatment? Stigma and Treatment-seeking for Substance Use Disorders**
Madeline B. Benz, M.S., Korine Cabrera, M.A., Nora K. Kline, M.A., Lia S. Bishop, M.A., Kathleen M. Palm Reed, Ph.D., Clark University
- (PS1-A23) Personality and Emotion Dysregulation Dimensions Differentially Predict Engagement in a Wide Range of Self-injurious and Health-risk Behaviors**
Gemma T. Wallace, M.S., Kimberly L. Henry, Ph.D., Karen C. Barrett, Ph.D., Bradley T. Conner, Ph.D., Colorado State University

(PS1-A24) Substance Use Screening and Rates of Treatment Referral Among Juvenile-justice Involved Youth

Ali M. Yurasek, Ph.D.¹, Jessica Otero, B.S.¹, Kathleen Kemp, Ph.D.², Marina Tolou-shams, Ph.D.³, 1. University of Florida, 2. Brown University Warren Alpert Medical School, 3. University of California San Francisco

(PS1-A25) Family-based Two-week Partial Hospitalization for Youth with Mood Disorders: How Does It Help?

Mian-Li Ong, Ph.D.¹, Kate J. Zelic, Ph.D.², Sara Caflisch, B.S.³, Hadley Lange, None³, Jennifer Geske, M.S.¹, Jarrod Leffler, ABPP, Ph.D.¹, 1. Mayo Clinic, 2. Children's Minnesota, 3. St. Olaf College

Poster Session 1B

Key Words: *Substance Abuse, Motivation, Measurement*

(PS1-B26) Motivational Inventory Underlying Substance Engagement (MI-USE) Scale: A Validation Study

Leah Church, B.A., Rickie L. Miglin, B.S., Nadia Bounoua, M.A., Naomi Sadeh, Ph.D., University of Delaware

(PS1-B27) Effects of Blackouts and Drinking Attitude on Intention to Change Drinking Behavior

Melissa Hatch, B.A.¹, Angelo M. DiBello, Ph.D.², Mary Beth Miller, Ph.D.³, Clayton Neighbors, Ph.D.⁴, Kate B. Carey, Ph.D.⁵, 1. Brown University, 2. City University of New York, Brooklyn College, 3. Department of Psychiatry, University of Missouri-Columbia, 4. University of Houston, 5. Brown University School of Public Health

(PS1-B28) Tailgating-related Normative Beliefs and Risky Alcohol Use Among College Students

Christopher J. Correia, Ph.D., Cassidy Powell, Lola Mahner, Auburn University

(PS1-B29) Difficulties with Emotion Regulation and Drinking to Cope Mediate the Relationship Between Peer Alienation and Alcohol-related Impairment Among College Students

Sarah Chun, B.S., Jordan Skalisky, M.S., Katherine S. Benjamin, B.A., Amy H. Mezulis, Ph.D., Seattle Pacific University

(PS1-B30) Prescription Stimulant Expectancies for Cognitive Enhancement Differ Based on History of Nonmedical Prescription Stimulant Use and ADHD Diagnosis

Nicholas R. Livingston, B.S., Shaylee Ketelhut, Lauren Zimmerman, M.S., Caitlin A. Falco, B.S., Alison Looby, Ph.D., University of Wyoming

(PS1-B31) Enacted Stigma, Depression, and Self-compassion Among People in Substance Use Treatment

Tosca D. Braun, Ph.D.¹, Eliza L. Marsh, B.S.², Sage Feltus, B.A.², Brittany L. Stevenson, Ph.D.³, Claire Blevins, Ph.D.⁴, Ana Abrantes, Ph.D., 1. Warren Alpert Medical School of Brown University, 2. Brown University & Butler Hospital, 3. University of Minnesota, 4. Brown University, 5. Butler Hospital & Brown University

- (PS1-B33) College Student Health-related Behaviors Pre- and Post- COVID-19 Pandemic**
Cassie A. Sutton, M.A.¹, Stephanie Osborn, B.S.², Samantha Miller, B.S.², Jessica Irons, Ph.D.³, Amber M. Henslee, Ph.D.², 1. University of Kansas, 2. Missouri University of Science and Technology, 3. James Madison University
- (PS1-B34) Out with the Old, and in with the Evidence-based Treatment: The Overhaul of an Intensive Outpatient Program for Veterans with Substance Use Disorders**
Gretchen Kelmer, Ph.D., Rocky Mountain Regional VA Medical Center
- (PS1-B35) A Survey of the Strengths and Limitations of Cognitive Behavioral Therapy for the Treatment of Opioid Use Disorder**
David Festinger, Ph.D.¹, Hannah R. Callahan, M.P.H.², Portia Womer, M.P.H.¹, Patrick M. Mullen, M.S.¹, Jilian Pesce, B.A.¹, Christina B. Shook, Psy.D.¹, Robert DiTomasso, ABPP, Ph.D.¹, Stephanie Felgoise, ABPP, Ph.D.¹, Michelle R. Lent, PhD¹, 1. PCOM, 2. Philadelphia College of Osteopathic Medicine
- (PS1-B36) Tobacco Use Predicts Treatment Dropout and Outcome in an Acute Psychiatric Treatment Setting**
Elizabeth T. Kneeland, Ph.D.¹, Andrew D. Peckham, Ph.D.¹, R. Kathryn R. McHugh, Ph.D.¹, Roger D. Weiss, M.D.¹, Courtney Beard, Ph.D.¹, Thröstur Björgvinsson, Ph.D.², 1. McLean Hospital/Harvard Medical School, 2. McLean Hospital & Harvard Medical School
- (PS1-B37) Conformity to Masculine Norms and Hazardous Alcohol Use Among College Males: The Role of Sexual Victimization**
Kayla M. Ford, B.S.¹, Isabel Augur, B.S.¹, Lindsay S. Ham, Ph.D.¹, Jessica L. Fugitt, Ph.D.², 1. University of Arkansas, 2. Eugene J. Towbin VA Healthcare Center
- (PS1-B38) Do Elaborations of Ambiguous Desire States Influence How People Perceive Caffeine vs. Food Cravings?**
Kelechi P. Uzoegwu, B.S., Rachel Geyer, B.A., Sarah L. Adut, M.A., Annika S. Goldman, B.S., Robert E. E. Fite, M.A., Elise M. Clerkin, Ph.D., Joshua C. Magee, Ph.D., Miami University
- (PS1-B39) Shyness and Susceptibility to Social Influence: Stronger Concordance Between Norms and Drinking Among Shy Individuals**
Chelsie M. Young, Ph.D.¹, Mai-Ly N. Steers, Ph.D.², Nicholas Crist, B.A.², Alexcia Aris¹, Paige Ryan, LCSW³, 1. Rowan University, 2. Duquesne University, 3. Northwestern University Feinberg School of Medicine
- (PS1-B40) Wine and Dine: Drinking Together and Its Link to More Positive Relationship Functioning in Individuals and Couples**
Lindsey M. Rodriguez, Ph.D.¹, Angelo M. DiBello, Ph.D.², 1. University of South Florida, 2. City University of New York, Brooklyn College
- (PS1-B41) Savoring: An Acceptable Buffer Against Cannabis Problems?**
Maha N. Mian, M.A., Brianna R. Altman, M.A., Luna F. Ueno, M.A., Mitch Earleywine, Ph.D., University at Albany, State University of New York

- (PS1-B43) Simultaneous Alcohol and Marijuana Use in Young Adults Who Identify as Not Exclusively Heterosexual**
Haley Kolp, M.S.¹, Sarah A. Horvath, M.S.², Emily Munoz, M.A.³, Ryan C. Shorey, Ph.D.⁴, 1. University of Wisconsin-Milwaukee, 2. Ohio University, 3. University of Wisconsin Milwaukee, 4. University of Wisconsin - Milwaukee
- (PS1-B44) A Confirmatory Factor Analysis of the CEBRACS for Food and Alcohol Disturbance**
Maria E. Meinerding, M.S., Lindsey Poe, M.S., Jeremiah Weinstock, Ph.D., Saint Louis University
- (PS1-B45) Association of Anxiety Sensitivity to Years of Substance Use, PTSD, and Depression in Latino Men Admitted to a Residential Substance Abuse Treatment Program**
Leonard a. Doerfler, Ph.D.¹, Salomé A. Wilfred, M.A.², 1. Assumption College, 2. University of Missouri-Kansas City
- (PS1-B46) Looming Anxiety and Smoking Cessation**
Amanda Kaufmann, M.A., David Haaga, Ph.D., Elizabeth Malloy, Ph.D., American University
- (PS1-B47) Alcohol Misuse to Down-regulate Positive Emotions: A Multiple Mediator Analysis Among US Military Veterans**
Nicole H. Weiss, Ph.D.¹, Shannon R. Forkus, M.A.¹, Alexa M. Raudales, B.A.¹, Melissa Schick, M.A.¹, Ateka Contractor, Ph.D.², 1. University of Rhode Island, 2. University of North Texas
- (PS1-B48) Treatment Rejection as a Risk Factor for Alcohol Use Treatment Dropout**
Hannah Grigorian, M.A.¹, Meagan Brem, M.A.¹, Alisa Garner, M.A.¹, Gloria Romero, M.S.¹, Alyssa M. Medenblik, B.A.¹, Autumn Rae Florimbio, M.A.¹, Ryan C. Shorey, Ph.D.², Scott Anderson, Ph.D.³, Gregory Stuart, Ph.D.¹, 1. University of Tennessee, Knoxville, 2. University of Wisconsin - Milwaukee, 3. Cornerstone of Recovery
- (PS1-B49) Relations Between Social Media Use and Several Self-injurious and Health-risk Behaviors Among Adolescents Admitted to a Psychiatric Inpatient Hospital**
Gemma T. Wallace, M.S.¹, Shane Kentopp, M.S.¹, Ryan L. Rahm-Knigge, M.S.¹, Audrey M. Shillington, Ph.D., MSW¹, Bradley T. Conner, Ph.D.¹, Rachel A. Rebecca, M.D.², 1. Colorado State University, 2. UC Health
- (PS1-B50) Preliminary Efficacy of Expectancy Challenge Interventions to Modify Expectancies and Intent to Engage in Nonmedical Prescription Stimulant Use Among College Students**
Lauren Zimmerman, M.S., Caitlin A. Falco, B.S., Kayla Mohler, B.A., Chantelle McGee, None, Alison Looby, Ph.D., University of Wyoming

(PS1-C51) Understanding the Role of ADHD, Emotion Regulation, and Sleep in Predicting Cannabis Craving in Teens

Tori Humiston, M.S.¹, Amy Hughes Lansing, Ph.D.¹, Maria Drakulich, B.A.¹, Catherine Stanger, Ph.D.², Alan Budney, Ph.D.³, 1. University of Nevada, Reno, 2. Dartmouth College, 3. Geisel School of Medicine at Dartmouth

(PS1-C52) An Examination of Associations Among Substance Use Urges and the Use of Specific Dialectical Behavior Therapy Skills as Reported in Daily Diary Cards

Sandra Chen, M.A.¹, Robert M. Montgomery, M.A.², Erica Rozmid, Ph.D.¹, Adina Polack, M.A.¹, Lindsey Thornburg, B.A.¹, Lynn M. McFarr, Ph.D.³, Marget Thomas, Psy.D.¹, Ashley Conner, M.A.¹, 1. CBT California, 2. CSU Northridge, 3. Harbor-UCLA Medical Center & CBT California

(PS1-C54) You're Stressing Me Out: The Secondhand Effects of Alcohol Use

Morgan Boyle, M.S., Marissa Alliegro, M.S., Mark A. Prince, Ph.D., Marguerite N. Hazen, B.A., Olivia L. Bolts, M.A., Colorado State University

(PS1-C55) Associations Between Behavioral Jealousy, Drinking to Cope, and Alcohol Related Problems

Angelo M. DiBello, Ph.D.¹, Lindsey M. Rodriguez, Ph.D.², 1. City University of New York, Brooklyn College, 2. University of South Florida

(PS1-C56) An Examination of Alcohol Salience, Attitudes, and Drinking Behavior Among Actively Religious Muslim College Students

Omar Elwasli¹, Angelo M. DiBello, Ph.D.¹, Clayton Neighbors, Ph.D.², Kate B. Carey, Ph.D.³, 1. City University of New York, Brooklyn College, 2. University of Houston, 3. Brown University School of Public Health

(PS1-C57) Consideration of Future Consequences and Marijuana Use in Truant Adolescents

Michelle Castro Arredondo, Daniel Moolchand, Meredith Berry, Psy.D., Ali M. Yurasek, Ph.D., University of Florida

(PS1-C58) Psychological Distress, Obsessive Compulsive Drinking Thoughts and Alcohol Consumption in Low-income Young Adult Drinkers

Brittney Greene, Ashley Seepaul, Khin Htet, Joel Erbllich, Ph.D., Hunter College, City University of New York

(PS1-C59) Maladaptive Social Strategies Connect Social Anxiety to Alcohol Consumption

Joseph H. Lancaster, Elizabeth A. McDermott, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University

(PS1-C60) Sex and Age Differences in the Initiation and Prevalence of Opioid Misuse in a Nationally Representative Sample

Minh D. Nguyen, B.A.¹, Shelly F. Greenfield, M.P.H., M.D.², Dawn E. Sugarman, Ph.D.², Kathryn R. McHugh, Ph.D.², 1. McLean Hospital, 2. McLean Hospital/Harvard Medical School

- (PS1-C61) **Sweetening the Pot: Exploring Differences Between Frequent Gamblers Who Do and Do Not Gamble Under the Influence of Cannabis**
Abby McPhail, M.A., M.S.¹, Samuel C. Peter, M.S.², Qian Li, B.A.¹, James P. Whelan, Ph.D.¹, Ken C. Winters, Ph.D.³, Andrew W. Meyers, Ph.D.¹, 1. University of Memphis, 2. Durham VA, 3. Oregon Research Institute
- (PS1-C62) **Harassment Experienced by Displaced Cigarette and E-cigarette Users Moderates the Relationship Between Displacement Imposition and the Importance of Quitting**
Delaney Dunn, MS, Emily Warner, B.A., Susanna Lopez, M.S., Thad Leffingwell, Ph.D., Oklahoma State University
- (PS1-C63) **Anxiety Sensitivity as a Potential Moderator of Coping-motive and Anxiety Associations with Problematic Substance Use in Emerging Adult Substance Users**
Daniel Cole, B.S., Casey Guillot, Ph.D., Nathan T. Kearns, B.S., M.S., Heidemarie Blumenthal, Ph.D., University of North Texas
- (PS1-C64) **Sleep and Substance Use in an African American Sample Screening for an Alcohol and Trauma: Preliminary Data from a Treatment Study**
Shelby Goodwin, M.S.¹, Russell Marks, M.A.², Ashton Clark, M.S.¹, Brian Brandler, M.A.¹, Daniel Roche, Ph.D.¹, Melanie Bennett, Ph.D.¹, 1. University of Maryland School of Medicine, 2. VAMHCS
- (PS1-C65) **Associations Between Childhood Abuse and Chronic Pain in Adults with Substance Use Disorders**
Nadine R. Taghian, B.S.¹, Margaret L. Griffin, Ph.D.², Alexandra Chase, B.A.¹, Shelly F. Greenfield, M.P.H., M.D.², Roger D. Weiss, M.D.², R. Kathryn R. McHugh, Ph.D.², 1. McLean Hospital, 2. McLean Hospital/Harvard Medical School
- (PS1-C66) **Does THC Intake Moderate the Relation Between Cannabis Use Motives and Mental Health Outcomes?**
Alexander J. Tyskiewicz, Gemma T. Wallace, M.S., Bradley T. Conner, Ph.D., Colorado State University
- (PS1-C67) **Contributions of Dimensions of Substance Use Risk Toward Substance Craving**
Kevin Jaworski, B.A., Joseph H. Lancaster, Ilya Yaroslavsky, Ph.D., Cleveland State University
- (PS1-C68) **Shame and Craving for Substances Across Time**
Kevin Jaworski, B.A., Cheyene K. Horner, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University
- (PS1-C69) **The Role of Psychological Trauma in Relation to an Injury Incident in Brief Motivational Intervention for Alcohol Misuse Delivered in the Emergency Department**
Carlos Portillo, Jr., B.S., Dylan Richards, M.A., Craig A. Field, M.P.H., Ph.D., University of Texas at El Paso

- (PS1-C70) The Role of Spirituality on Alcohol Expectancies, Risky Drinking, and Sexual Victimization Among American Indian and Alaska Native College Students**
Alexandra Hernandez-Vallant, B.S.¹, Katherine Hirschak, Ph.D.², Kamilla Venner, Ph.D.², 1. University of New Mexico, 2. University of New Mexico, Center on Alcoholism, Substance Abuse, and Addictions (CASAA)
- (PS1-C71) The Effect of Negative Affect, Negative Urgency, and Working Memory Capacity on Alcohol Consumption Among Young Adult Problematic Drinkers**
Caitlin A. Falco, B.S., Adrian Seiloff, Alison Looby, Ph.D., University of Wyoming
- (PS1-C72) Depressive Symptoms as a Moderator of College Student Response to Computerized Alcohol Intervention**
Nicole Hall, B.A.¹, Angelo M. DiBello, Ph.D.², Chan Jeong Park, M.S.¹, Lindsey Freeman, M.S.¹, Ellen Meier, Ph.D.³, Eleanor Leavens, Ph.D.⁴, Thad Leffingwell, Ph.D.⁵, Mary Beth Miller, Ph.D.⁶, 1. University of Missouri-Columbia, 2. City University of New York, Brooklyn College, 3. University of Wisconsin-Stevens Point, 4. University of Missouri-Kansas City School of Medicine, 5. Oklahoma State University, 6. Department of Psychiatry, University of Missouri-Columbia
- (PS1-C73) Drinking Motives Differentially Relate to Context-specific Alcohol Consumption**
Dennis Hoyer, M.S., Christopher J. Correia, Ph.D., Auburn University
- (PS1-C74) Psychometric Properties of the Perceived Stress Scale in Homeless Smokers**
Carla Rash, Ph.D.¹, Gabrielle Sharbin², Michael McLaughlin², 1. University of Connecticut, School of Medicine, 2. University of Connecticut
- (PS1-C75) A Contingency Management Program to Increase Medication Assisted Treatment for Opioid Use in an Emergency Department Sample**
Matthew J. Dwyer, M.S., Andrea Sun, Natalie Donisi, Schyler Newman, B.A., Bethany Raiff, Ph.D., Rowan University

Poster Session 1D

Key Words: *Addictive Behaviors, Behavior Analysis*

- (PS1-D76) The Relation Between Perceived Social Norms and Internet Gaming Among College Students**
Qian Li, B.A.¹, Samuel C. Peter, M.S.², James P. Whelan, Ph.D.¹, Andrew W. Meyers, Ph.D.¹, Meredith K. Ginley, Ph.D.³, 1. The University of Memphis, 2. Durham VA, 3. East Tennessee State University
- (PS1-D77) Using Machine Learning to Model Problematic Smartphone Use Severity: The Important Role of Fear of Missing Out**
Jon D. Elhai, Ph.D.¹, Haibo Yang, Ph.D.², Dmitri Rozgonjuk, Ph.D.³, Christian Montag, Ph.D.³, 1. University of Toledo, 2. Tianjin Normal University, 3. Ulm University
- (PS1-D78) Therapist Estimates of Their Own Competence: What Are They Good For?**
Robert J. Zhou, B.A., Daniel R. Strunk, Ph.D., The Ohio State University

(PS1-D79) Residence, College Alcohol Beliefs, and Alcohol Use Among College**Drinkers**

Jennifer L. Shipley, M.P.H., Sarah J. Ehlke, M.A., Megan Strouger, M.S., Abby L. Braitman, Ph.D., Old Dominion University

(PS1-D80) Barriers to Completing Cognitive Behavioral Therapy for Clients Across Three Different Mental Health Systems

Samantha M. Hernandez, B.A.¹, Syed Aajmain, B.A.¹, Clara Johnson, B.A.², Jiyoung Song, B.A.¹, Juliana Ison, B.A.³, Amber Calloway, Ph.D.⁴, Yesenia Aguilar Silvan, B.A.⁵, Cierra Bryant, B.S.⁶, Luana Marques, Ph.D.⁷, Torrey Creed, Ph.D.⁶, Shannon W. Stirman, Ph.D.⁸, 1. National Center for PTSD, 2. University of Washington, 3. Massachusetts General Hospital, 4. University of Pennsylvania, 5. University of California, Los Angeles, 6. University of Pennsylvania School of Medicine, 7. Harvard Medical School, 8. ABCT

(PS1-D81) Comorbidity as a Moderator of Treatment Outcomes Comparing Interoceptive versus in vivo Exposure for Panic Disorder

Nora Barnes-Horowitz, B.A.¹, Bita Mesri, Ph.D.², Kavya Mudiham, B.A.³, Michelle Craske, Ph.D.¹, 1. University of California, Los Angeles, 2. OCD and Anxiety Program of Southern California, 3. University of Oregon

(PS1-D82) You Can Bring a Patient to Water...: Challenges to Engaging a Substance-misusing Population in EBT for PTSD

Nina Z. Dadabhoy, MA, Alessandra DeFonzo, B.S., Rachel Proujansky, Psy.D., Jeffrey Foote, Ph.D., Carrie Wilkens, Ph.D., Center for Motivation and Change

(PS1-D83) Session by Session Change in Children's Internalizing Problems During a Group Intervention for Post-Traumatic Stress Disorder at an Elementary School

Caroline Guzi, M.A.¹, Fabianne Blake, M.A.², Rosa L. Boniface, M.A.¹, Stevie N. Grassetti, Ph.D.¹, 1. West Chester University of Pennsylvania, 2. West Chester University

(PS1-D84) Parents' Support of Cognitive Reframing and Youth Anxiety Treatment Outcome

Celine Lu, B.A., Stefanie L. Sequeira, M.S., Jennifer Silk, Ph.D., University of Pittsburgh

(PS1-D85) Improving Outcomes with Cognitive Behavioral Therapy and Measurement-based Care for Anxiety, Depression, and Comorbid Adult Clients at a Community-based Training Clinic

Hayoung Ko, M.A.¹, Alyssa J. Gatto, M.S.¹, Lee Cooper, Ph.D.², 1. Virginia Polytechnic Institute and State University, 2. Virginia Tech

(PS1-D86) Efficacy of a Brief Mobile Intervention to Reduce Problematic Alcohol Use in College Students Through Text-delivered Protective Behavioral Strategy Reminders

Nicholas R. Livingston, B.S., Caitlin A. Falco, B.S., Lauren Zimmerman, M.S., Alison Looby, Ph.D., University of Wyoming

(PS1-D87) Treatment-seeking Adults with Alcohol Use Disorder: Evidence for Greater Neurocognitive Severity in Females

Danielle L. Hoyt, M.A.¹, Megan Milligan, B.S.¹, Emily Meyer, B.A.², Todd Farchione, Ph.D.², Michael Otto, Ph.D.¹, 1. Boston University, 2. Boston University Center for Anxiety and Related Disorders

(PS1-D88) Social Support Roles in Substance Use to Cope and Childhood**Maltreatment**

Joseph H. Lancaster, Kevin Jaworski, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University

(PS1-D89) The Relationships Between E-cigarette Use and Other Addictive Behaviors and Mental Health Symptoms in a Predominantly Latinx College Student**Sample**

Marcos Lerma, B.S., Carlos Portillo, Jr., B.S., Christopher Marquez, Joshua Torres, Kevin Sandoval, Theodore V. Cooper, Ph.D., University of Texas at El Paso

(PS1-D90) TENACITY: Telemedicine-based Cognitive Therapy for Veterans with Chronic Migraine

Amy S. Grinberg, Ph.D.¹, Elizabeth K. Seng, Ph.D.², Jason J. Sico, M.D.³, Brenda T. Fenton, Ph.D.³, Charles C. Austin⁴, Laura J. Burrone, B.A.¹, Hayley Lindsey, B.A.³, John P. Ney, M.D.⁵, Teresa Damush, Ph.D.⁶, 1. VA Connecticut Healthcare System, 2. Yeshiva University - Ferkauf Graduate School of Psychology, Albert Einstein College of Medicine; VA Connecticut Healthcare System, 3. VA Connecticut Healthcare System, Yale School of Medicine, 4. Richard L. Roudebush VA Medical Center, 5. Edith Nourse Rogers Memorial VA Medical Center; Boston University Department of Neurology, 6. Veteran's Health Administration HSRD and QUERI Centers, Richard L. Roudebush VA Medical Center; Indiana University School of Medicine

(PS1-D91) Stage of Change as a Predictor of CPT Dropout

Christine E. Naydenov, M.A., Lisa S. Elwood, Ph.D., University of Indianapolis

(PS1-D92) Session-to-session Symptom Dynamics in Cognitive Therapy for Depression

Brooklyn Bailey, B.A., Daniel R. Strunk, Ph.D., The Ohio State University

(PS1-D93) Testing Different Forms of Cognitive Behavior Therapy for Women with Low Health Literacy

Claire Weaver, James W. Griffith, Ph.D., Northwestern University Feinberg School of Medicine

(PS1-D94) Writing and Well-being: Comparing Varied Expressive Writing Tasks on Posttraumatic Stress Symptoms and Life Satisfaction

Zena Dadouch, M.A.¹, Alyssa Mielock, B.S.², Diana Robinson, M.A.¹, Michelle M. Lilly, Ph.D.¹, 1. Northern Illinois University, 2. Northern Illinois University

(PS1-D95) Long-term Maintenance of Well-being Following Cognitive Behavioral Treatment for Anxiety and Related Disorders

Nicole D. Cardona, M.A.¹, Maya Nauphal, M.A.², Jacqueline R. Bullis, Ph.D.³, Erin F. Ward-Ciesielski, Ph.D.², Todd Farchione, Ph.D.², 1. Boston University, Department of Psychological and Brain Sciences, 2. Boston University Center for Anxiety and Related Disorders, 3. McLean Hospital/Harvard Medical School

(PS1-D96) Effect of Traumatic Events in Use of Alcohol and Focus of Treatment

Seung-U Lim, M.A.¹, Ki-Young Lim, M.D., Ph.D.², Jae-Hoon Chung, M.D.¹, 1. Ajou Good Hospital, 2. Ajou University School of Medicine

(PS1-D97) Frequency of Day to Day Sudden Gains and Reversals During Psychotherapy Predict Outcome from Cognitive-behavioral Therapy for Generalized Anxiety Disorder

Michelle G. Newman, Ph.D., Jeremy T. Schwob, M.A., The Pennsylvania State University

(PS1-D98) Clinically Significant Change in Cognitive-behavioral Therapy vs. Light Therapy for Winter Depression

Kelly J. Rohan, Ph.D.¹, Julie Camuso, B.S.¹, Jessica Perez, B.A.¹, Praise Iyiewuare, M.P.H.¹, Julia Terman, B.A.¹, Pamela M. Vacek, Ph.D.², Michael J. DeSarno, M.S.², 1. University of Vermont, 2. University of Vermont College of Medicine

(PS1-D99) The Effectiveness of the Personalized Normative Feedback for Japanese Gamblers: A Randomized Controlled Trial

Yokomitsu Kengo, Ph.D.¹, Eiichi Kamimura, Ph.D.², Ryuhei So, M.D.³, 1. Ritsumeikan University, 2. Niigata University, 3. Okayama Psychiatric Medical Center

(PS1-D100) Post Treatment Cognitive Behavioral Strategy Use in an Adult Trichotillomania Sample

Emily Carlson, M.A., Elizabeth Malloy, Ph.D., David Haaga, Ph.D., American University

1:00 p.m. – 3:00 p.m.

PS2: ADHD-ADULT; ADHD-CHILD; SCHIZOPHRENIA/ PSYCHOTIC DISORDERS; PERSONALITY DISORDERS; SLEEP/WAKE DISORDERS; SPIRITUALITY & RELIGION; TIC & IMPULSE CONTROL DISORDERS

Poster Session 2A

Key Words: ADHD, Substance Abuse, Depression, Addictive Behaviors, College Students

(PS2- A1) Sluggish Cognitive Tempo, ADHD, and Depression Symptoms as Predictors of Substance Abuse

Savannah L. King, M.A., Nicole F. Greenberg, M.A., Matthew Jarrett, Ph.D., The University of Alabama

(PS2- A2) Scaffolding by Romantic Partners in College Students with High and Low ADHD Traits

Will Canu, Ph.D.¹, Toria Davenport¹, Maggie Witherspoon, B.S.¹, Judah W. Serrano, M.S.², Elizabeth Lefler, Ph.D.³, Erik Willcutt, Ph.D.⁴, Cynthia Hartung, Ph.D.², Brian T. Wymbs, Ph.D.⁵, 1. Appalachian State University, 2. University of Wyoming, 3. University of Northern Iowa, 4. The University of Colorado at Boulder, 5. Ohio University

(PS2- A3) How Much Do Parents Scaffold College Students with Significant ADHD Traits versus Peers with Negligible ADHD?

Will Canu, Ph.D.¹, Maggie Witherspoon, B.S.¹, Toria Davenport¹, Judah W. Serrano, M.S.,², Elizabeth Lefler, Ph.D.³, Erik Willcutt, Ph.D.⁴, Cynthia Hartung, Ph.D.², Brian T. Wymbs, Ph.D.⁵, 1. Appalachian State University, 2. University of Wyoming, 3. University of Northern Iowa, 4. The University of Colorado at Boulder, 5. Ohio University

(PS2- A4) Do Teacher Rated Child ADHD Symptoms Conditionally Effect the Relationship Between Child Executive Functioning and Writing Abilities?

Elia F. Soto, M.S., Lauren N. Irwin, M.S., Elizabeth S. Chan, M.A., Jamie Spiegel, M.A., M.S., Fatou Gaye, B.S., Alissa Cole, Michael J. Kofler, Ph.D., Florida State University

(PS2- A5) Factor Structure and Validation of the ADHD Daily Problems**Questionnaire-college (ADPQ-C) Adaptation**

*Austin B. Burns*¹, *Annie A. Garner, Ph.D.*¹, *Stephen P. Becker, Ph.D.*², *Michael J. Kofler, PhD*³, *Matthew Jarrett, Ph.D.*⁴, *Aaron Luebbe, Ph.D.*⁵, *Leonard Burns, Ph.D.*⁶, 1. Saint Louis University, 2. Cincinnati Children's Hospital Medical Center, 3. Florida State University, 4. The University of Alabama, 5. Miami University, 6. Washington State University

(PS2- A6) Factor Structure of the ADHD Stigma Questionnaire in a Diverse Sample of Adults

Catherine Stachniak, M.A., Annie A. Garner, Ph.D., Saint Louis University

(PS2- A7) The Impact of Behavioral and Optimistic Parenting Training and Immersive Virtual Reality on Parental Affiliate Stigma

Jae Hyung Ahn, M.A., Alicia M. Chunta, B.A., George J. DuPaul, Ph.D., Lee Kern, Ph.D., Lehigh University

(PS2- A8) Parent and Teacher Reported Social Strengths in ADHD and Autism Spectrum Disorder

*Caroline E. Miller, B.A.*¹, *Elia F. Soto, M.S.*², *Nicole B. Groves, M.S.*², *Elizabeth S. Chan, M.A.*², *Erica L. Wells, M.S.*², *Michael J. Kofler, PhD*², 1. The University of British Columbia, 2. Florida State University

(PS2- A9) The Relationship Between Discounting Rate and Procrastination in University Students with Tendency to ADHD

Mana Oguchi, M.A., Toru Takahashi, M.A., Yusuke Nitta, M.A., Hiroaki Kumano, M.D., Ph.D., Waseda University

(PS2- A10) Illicit Use of Prescription Stimulants: ADHD Symptom Types Associated with Recreational/academic Motivations

Justin Mendonca, B.S., Kevin J. Armstrong, Ph.D., Mississippi State University

(PS2- A11) Latinx Parents' Knowledge About Childhood ADHD: The Role of Parental Gender Differences

Anne Malkoff, M.S., Alyson Gerdes, Ph.D., Marquette University

(PS2- A12) Academic Underachievement Mediates the Relationship Between ADHD and Diminished Self-esteem in Children

Jessie L. Betancourt, B.A., R. Matt Alderson, Ph.D., Delanie K. Roberts, M.A., Brooke Baker, None, Oklahoma State University

(PS2- A13) Disentangling the Effects of Attentional Difficulties on Fears of Social Evaluation and Social Anxiety: Unique Interactions with Sluggish Cognitive Tempo Symptoms

*Joseph Fredrick, M.A.*¹, *Stephen P. Becker, Ph.D.*², *Aaron Luebbe, Ph.D.*¹, *Leonard Burns, Ph.D.*³, *Michael J. Kofler, Ph.D.*⁴, *Matthew Jarrett, Ph.D.*⁵, 1. Miami University, 2. Cincinnati Children's Hospital Medical Center, 3. Washington State University, 4. Florida State University, 5. The University of Alabama

(PS2- A14) Child Self-report of Emotion Dysregulation Is Associated with Emotional Disinhibition on a Novel Emotional Go/no Go Task Among Youth with ADHD

Kirsten Leaberry, M.S., Kelly E. Slaughter, M.S., Joseph Reese, M.S., Meaghan M. Flynn, B.A., Sarah Rooney, B.A., Paul J. Rosen, Ph.D., University of Louisville

- (PS2- A15) **Diagnostic Utility of Wechsler Intelligence Scale for Children-v Indexes in Differentiating Children with Differing Attention Deficit Hyperactivity Disorder Symptomatology**
Erin A. McLean, M.A., Jamie Scharoff, B.A., Hannah Walcoe, M.A., Jennifer Lent, M.A., Phyllis S. Ohr, Ph.D., Hofstra University
- (PS2- A16) **Fluid Reasoning, Academic Performance, and Internalizing Symptoms: What's the Connection?**
Erin A. McLean, M.A., Josefina Toso Salman, M.A., Jamie Scharoff, B.A., Phyllis S. Ohr, Ph.D., Hofstra University
- (PS2- A17) **The Company You Keep: A Longitudinal Analysis of Risk Factors for Deviant Peer Affiliation in Adolescents with ADHD**
Daria Taubin, B.A., Julia D. McQuade, Ph.D., Amherst College
- (PS2- A18) **Treatment Sensitivity of Impairment Ratings on the ADHD Rating scale-5: Evidence from the MOSAIC Intervention Trial**
Elise L. Everly, B.A.¹, Julie S. Owens, Ph.D.¹, Amori Y. Mikami, Ph.D.², Steven W. Evans, Ph.D.¹, 1. Ohio University, 2. The University of British Columbia
- (PS2- A19) **Objective Behavioral Measurement of ADHD Symptom Severity in Relation to Substance Use Risk Among ADHD College Students**
Kirk D. Mochrie, Ph.D.¹, Tony Cellucci, ABPP, Ph.D.², Rebecca Harrell, M.A.², John Lothes, II, M.A.³, 1. Triangle Area Psychology (TAP) Clinic, 2. East Carolina University, 3. University of North Carolina, Wilmington
- (PS2- A20) **Do ADHD and Sluggish Cognitive Tempo Symptoms Uniquely Predict Friendship Features?**
Nicole F. Greenberg, MA¹, Savannah L. King, M.A.¹, Stephen P. Becker, Ph.D.², Michael J. Kofler, Ph.D.³, Leonard Burns, Ph.D.⁴, Aaron Luebbe, Ph.D.⁵, Matthew Jarrett, Ph.D.¹, 1. The University of Alabama, 2. Cincinnati Children's Hospital Medical Center, 3. Florida State University, 4. Washington State University, 5. Miami University
- (PS2- A21) **The Impact of Emotion Regulation on ADHD and Depressive Symptoms in Emerging Adults**
Hannah Meidahl, B.A., Michelle L. Buffie, M.A., Douglas W. Nangle, Ph.D., University of Maine
- (PS2- A22) **Examining Comorbid ADHD and Depression by Comparing Networks Through Time-varying Vector Autoregressive Modeling**
Antonio F. Pagan, B.A., Kaley A. Roberts, B.A., Casey Thornton, M.A., Gregory H. Mumma, Ph.D., Texas Tech University
- (PS2- A23) **Do Symptoms of Sluggish Cognitive Tempo Uniquely Predict Response to Interpersonal Stress in College Students?**
Melissa C. Miller, M.S., Steven Shapiro, Ph.D., Auburn University
- (PS2- A24) **The Effects of High-intensity Interval Training on Mood in College Students with and Without ADHD**
Judah W. Serrano, M.S.¹, Zoe O. Hendricks¹, John Vasko¹, Patrick A. LaCount, Ph.D.², Cynthia Hartung, Ph.D.¹, 1. University of Wyoming, 2. Seattle Children's Research Institute

(PS2- A25) Multiple Informant Integration in ADHD Symptom Ratings as Predictive of Concurrent and Longitudinal Impairment

Michelle M. Martel, Ph.D., Ashley Eng, M.A., Pevittr S. Bansal, M.S., Tess Smith, M.A., Patrick K. Goh, M.A., University of Kentucky

Poster Session 2B

Key Words: *Borderline Personality Disorder, DBT (Dialectical Behavior Therapy), Change Process / Mechanisms*

(PS2-B26) Changes in Shame and Coping Strategies over the Course of Dialectical Behavior Therapy

Katharine Bailey, PsyM, Qingqing Yin, M.S., Molly Stern, B.A., Shireen L. Rizvi, ABPP, Ph.D., Rutgers University

(PS2-B27) Parenting Behaviors Moderates Link Between Infant Temperament and Later ADHD Symptoms

Sydney M. Risley, M.A.¹, Rebecca Warren, BAC², Lauren B. Jones, M.A.¹, Elizabeth Kiel, Ph.D.¹, 1. Miami University, 2. College of Wooster

(PS2-B29) Negative Halo Effects in Parent Ratings of ADHD and Conduct Problems

Helena F. Alacha, M.A., Elizabeth Lefler, Ph.D., University of Northern Iowa

(PS2-B30) Evening Circadian Preference Is Associated with Worse Emotion Regulation and Affect in Adolescent Girls but Not Boys

Nicholas P. Marsh, B.A.¹, Stephen P. Becker, Ph.D.¹, Joshua Langberg, Ph.D.², 1. Cincinnati Children's Hospital Medical Center, 2. Virginia Commonwealth University

(PS2-B31) Emotion Dysregulation as a Mediator of the Relationship Between BPD Criteria and Social Network Functioning

Anne M. Neary, B.S., Elinor E. Waite, B.A., Katherine L. Dixon-Gordon, Ph.D., The University of Massachusetts, Amherst

(PS2-B32) An Examination of Risk-taking in Attention-deficit/hyperactivity Disorder: A Meta-analytic Review

Delanie K. Roberts, M.A., R. Matt Alderson, Ph.D., Jessie L. Betancourt, B.A., Elaine F. Arrington, M.A., Oklahoma State University

(PS2-B33) From Biology to Behavior: Mapping Emotion Dysregulation Profiles in Youth with and Without ADHD

Kathleen E. Feeney¹, Stephanie S. Morris, M.S.¹, Rachel B. Tenenbaum, M.S.¹, Rosario Pintos Lobo, M.S.¹, Armena Jafarmadar, B.S.¹, Jessica Martinez, B.A.¹, Cameron S. Riopelle, Ph.D.², Erica D. Musser, Ph.D.¹, 1. Florida International University, 2. University of Miami

(PS2-B34) Sluggish Cognitive Tempo Symptoms, but Not ADHD or Internalizing Symptoms, Are Uniquely Related to Mind-wandering in Adolescents with ADHD

Joseph Fredrick, M.A.¹, Stephen P. Becker, Ph.D.², 1. Miami University, 2. Cincinnati Children's Hospital Medical Center

(PS2-B35) Far from Me, Myself, and I: Assessing Psychological Distancing from Painful Memories Among Narcissistic Men

Ellen F. Finch, B.A., Jill Hooley, Ph.D., Harvard University

- (PS2-B36) **Does Anxiety Moderate the Relationship Between Executive Functioning and Pediatric Attention-deficit/hyperactivity Disorder?**
Carolyn Marsh, B.A., Elia F. Soto, M.S., Nicole B. Groves, M.S., Elizabeth S. Chan, M.A., Lauren N. Irwin, M.S., Michael J. Kofler, Ph.D., Florida State University
- (PS2-B37) **Working Memory Abilities Are Moderated by Autonomic Reactivity and Regulation Among Youth with Attention-deficit/hyperactivity Disorder**
Stephanie S. Morris, M.S.¹, Anthony Ward, Ph.D.², Erica D. Musser, Ph.D.¹, 1. Florida International University, 2. University of Texas Health Science Center at Houston
- (PS2-B38) **Experiential Avoidance and Trait Mindfulness Mediate the Relation Between Borderline Personality Disorder Features and Purpose in Life**
Logan Wahl, B.A., Sara Moss, M.A., Jennifer Cheavens, Ph.D., The Ohio State University
- (PS2-B39) **Title: Pre-post Treatment Change in Parental ADHD Knowledge: Comparing Culturally-adapted Treatment to Standard Evidence-based Treatment**
Ewald M. Wefelmeyer, B.S., B.A., Ellie Rogge, Anne Malkoff, M.S., Alyson Gerdes, Ph.D., Marquette University
- (PS2-B40) **Examining the Influence of Negative Affect and ADHD on Domains of Parenting Stress**
Meaghan M. Flynn, B.A., Kelly E. Slaughter, M.S., Joseph Reese, M.S., Sarah Rooney, B.A., Paul J. Rosen, Ph.D., University of Louisville
- (PS2-B41) **Examining the Influence of Prosocial Behavior on the Relationship Between Executive Functioning and Teacher-reports of Inattention and Hyperactivity/impulsivity in Preschoolers**
Kelsey R. Eackles, B.S., Darcy M. Allan, Ph.D., Ohio University
- (PS2-B42) **Examining the Association of Emotion Dysregulation with Social Functioning and Aggression in Children with ADHD**
Katherine P. Taylor, B.A.¹, Leanne Tamm, Ph.D.¹, Stephen P. Becker, Ph.D.², Richard Loren, Ph.D.¹, 1. Cincinnati Children's Hospital, 2. Cincinnati Children's Hospital Medical Center
- (PS2-B43) **Examining the Role of Executive Functioning in Predicting Treatment Outcomes in Young Children with Attention-deficit/hyperactivity Disorder**
Melissa Hernandez, M.S., Megan Hare, M.S., Paulo A. Graziano, Ph.D., Anthony Dick, Ph.D., Florida International University
- (PS2-B45) **Motives for Opioid Use Explain the Relation Between Borderline Personality Disorder Pathology and Opioid Use Problems**
Kayla M. Scamaldo, M.A., Matthew T. Tull, Ph.D., Kim L. Gratz, Ph.D., University of Toledo
- (PS2-B46) **Mindfulness as a Mechanism of Change in Dialectical Behavioral Therapy for Borderline Personality Disorder**
Philippa Hood, B.A.¹, Alexander Chapman, Ph.D.¹, Michael Maraun, Ph.D.¹, Shelley McMain, Ph.D.², Janice Kuo, Ph.D.³, 1. Simon Fraser University, 2. University of Toronto, 3. Palo Alto University
- (PS2-B47) **The Longitudinal Effects of Parent Emotion Socialization and ADHD Symptoms in Childhood on Adolescent Emotion Dysregulation**
Arianna Mordy, B.A., Julia D. McQuade, Ph.D., Amherst College

- (PS2-B48) Piloting the Lifestyle Enhancement for ADHD Program (LEAP): Effectiveness of Behavioral Parent Training Enhanced to Target Physical Activity, Sleep, and Screen Time**
Michelle Kuhn, Ph.D.¹, Nguyen Tran, B.S.¹, Pooja Tandon, M.P.H., M.D.², Patrick A. LaCount, Ph.D.³, Tyler Sasser, Ph.D.¹, Mark Stein, Ph.D.¹, Jason Mendoza, M.P.H., M.D.¹, Erin Schoenfelder Gonzalez, Ph.D.², 1. Seattle Children's Hospital, 2. University of Washington School of Medicine, 3. Seattle Children's Research Institute
- (PS2-B49) Trait Mindfulness in Adolescent ADHD: Associations with ADHD Severity and Sluggish Cognitive Tempo**
Jessica R. Lunsford-Avery, Ph.D., Scott H. Kollins, Ph.D., John T. Mitchell, Ph.D., Duke University Medical Center
- (PS2-B50) A Qualitative Examination of Adolescent ADHD in Urban High Schools**
Nellie Shippen, M.A.¹, Sha Raye Horne², Andrea M. Chronis-Tuscano, Ph.D.², Patricia A. Triece, B.A.², Michael C. Meinzer, Ph.D.¹, 1. University of Illinois at Chicago, 2. University of Maryland, College Park

Poster Session 2C

Key Words: *Borderline Personality Disorder, Social Relationships, Measurement*

- (PS2-C51) Borderline Personality Disorder and Romantic Relationships: The Exploration of Romantic Competence and Social Cognition**
Ian B. Penzel, B.A., M.S., Rosemary N. Gray, Ph.D., University of North Carolina at Greensboro
- (PS2-C52) The Agreement Between Clients' and Their Therapists' Ratings of Personality Features**
Caroline E. Balling, B.S., Douglas B. Samuel, Ph.D., Purdue University
- (PS2-C53) Emotion Regulation in Borderline Personality Disorder: Roles of General Abilities and Specific Strategies**
Kristen M. Sorgi, M.A., Nicole K. Ciesinski, B.A., Joey C. Cheung, B.S., Megan Shaud, Martha K. Fahlgren, M.A., Michael S. McCloskey, Ph.D., Temple University
- (PS2-C54) Borderline Identity Disturbance Predicting Relationship Satisfaction**
Madison M. Guter, M.A., Vincent Barbieri, M.A., Alexandra D. Long, M.A., Nathaniel R. Herr, Ph.D., American University
- (PS2-C55) Psychopathy, Firearm Ownership, and Safety Practices Among College Students**
Olivia C. Preston, M.A., Sarah Butterworth, M.A., Joye C. Anestis, Ph.D., University of Southern Mississippi
- (PS2-C56) Longitudinal Examination of the DSM-5 Alternative Model for Personality Disorders' Traits and Personality Dysfunction Dimensions**
Eunyoe Ro, Ph.D.¹, Lee Anna Clark, Ph.D.², 1. Southern Illinois University Edwardsville, 2. University of Notre Dame

- (PS2-C57) **The Role of Borderline Personality Pathology in the Relation Between Social Comparison and Self-esteem**
Julia R. Richmond, M.A., Keith A. Edmonds, M.A., Jason P. Rose, Ph.D., Kim L. Gratz, Ph.D., University of Toledo
- (PS2-C58) **Increasing Hope: Can It Be Substituted for DBT Commitment Period?**
Kristina C. Murphy, M.A.¹, Kristen Van Swearingen, B.S.², Emily A. Rowe, M.A.¹, John Lothes, II, M.A.², Kirk D. Mochrie, Ph.D.³, 1. Delta Behavioral Health, 2. University of North Carolina Wilmington, 3. Triangle Area Psychology (TAP) Clinic
- (PS2-C59) **Are There Differences in the Clinical Presentations of Patients with Borderline Personality Disorder Based on Treatment Setting?**
Madeline Ward, B.A.¹, Isabel Benjamin, B.A.¹, Mark Zimmerman, M.D.², 1. Alpert Medical School of Brown University, 2. Rhode Island Hospital/Alpert Medical School of Brown University
- (PS2-C60) **Cognitive Reappraisal Enhances Empathic Accuracy in Individuals with BPD Traits Due to Increased Distress**
Jessica A. Birg, B.A., Madison M. Guter, M.A., Alexandra D. Long, M.A., Nathaniel R. Herr, Ph.D., American University
- (PS2-C61) **The Influence of Rejection Sensitivity and Fear of Negative Evaluation on Emotion Recognition**
Vincent Barbieri, M.A., Jessica A. Birg, B.A., Madison M. Guter, M.A., Nathaniel R. Herr, Ph.D., American University
- (PS2-C62) **The Looking-glass Self in Borderline Personality Disorder: The Mediating Role of Metaperceptions in Self-image Instability**
Stephen C. Collazo, B.A., Rosemary N. Gray, Ph.D., University of North Carolina at Greensboro
- (PS2-C63) **Behavioral Responses to Anger in Borderline Personality: A Qualitative Investigation**
Destiney L. MacLean, Anna Garlock, Matthew W. Southward, Ph.D., Shannon Sauer-Zavala, Ph.D., University of Kentucky
- (PS2-C64) **Emotion Regulation Difficulties: The Mediating Role Between the Tolerance of Negative Affective States and Symptoms of Borderline Personality Disorder**
Nicole Seligman, M.A., Margaret Andover, Ph.D., Fordham University
- (PS2-C65) **Fluctuation in Grandiose and Vulnerable Narcissism Following Feedback**
Ian Kloss, Samantha Peka, B.A., University of South Carolina, Aiken
- (PS2-C66) **Do You See What I See? Assessing Agreement Between BPD Patients and Researchers on EMA Items of Behavioral Responses to Emotional Experiences**
Nicole Stumpp, B.S., Alexander Urs, University of Kentucky
- (PS2-C67) **How Do People with Borderline Personality Disorder Describe Their Feelings? : The Effects of Emotion Labeling on Emotion Regulation Strategy Use**
Sonya Varma, B.S., Skye Fitzpatrick, Ph.D., York University
- (PS2-C68) **Accuracy of Mental-state Attributions Within a Borderline Personality Disorder Context**
Cheyene K. Horner, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University

- (PS2-C69) **Attentional Biases in Response to Borderline Personality Disorder-specific Stimuli**
Cheyene K. Horner, B.A., Rebecca Ly, None, Eric S. Allard, Ph.D., Cleveland State University
- (PS2-C70) **Maladaptive Emotion Regulation Mediates the Relationship Between Sympathetic Reactivity and Self-harm Tendencies Within a Borderline Personality Disorder Context**
Cheyene K. Horner, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University
- (PS2-C71) **Sympathetic and Subjective Reactivity Predicting Negative Affect in Daily-life Within a Borderline Personality Disorder Context**
Cheyene K. Horner, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University
- (PS2-C72) **The Predictive Validity of the DSM-5 Alternative Model for Borderline Personality Disorder: Associations with Coping Strategies, General Distress, Rumination, and Suicidal Ideation Across One Year**
Kapil Chauhan, M.S.¹, John J. Donahue, Psy.D.², Rebecca Thompson, Ph.D.³, 1. Johns Hopkins University, 2. University of Baltimore, 3. George Mason University
- (PS2-C73) **Development and Feasibility of BEGIN: A Psychoeducation Intervention for Individuals at Risk for Psychosis**
Shaynna N. Herrera, Ph.D.¹, Romi Lyallpuri, B.S.¹, Obiora Nnaji, M.D.², Matthew Dobbs, M.A.¹, Cansu Sarac, B.A.¹, Katarzyna Wyka, Ph.D.³, Lawrence Yang, Ph.D.⁴, Cheryl M. Corcoran, M.D.¹, Yulia Landa, M.S., Psy.D.¹, 1. Icahn School of Medicine at Mount Sinai, 2. Elmhurst Hospital, 3. City University of New York Graduate School of Public Health and Health Policy, 4. New York University College of Global Public Health,
- (PS2-C74) **The Role of Sleep Quality in the Relations of Borderline Personality Disorder Symptom Severity to Nonsuicidal Self-injury and Suicide Risk Among Patients with Substance Use Disorders**
Kayla M. Scamaldo, M.A., Matthew T. Tull, Ph.D., Kim L. Gratz, Ph.D., University of Toledo
- (PS2-C75) **Episodic Life Stress in Borderline Personality Disorder**
Keri Stewart, Ilya Yaroslavsky, Ph.D., Cleveland State University

Poster Session 2D

Key Words: Tic Disorders, Tourette Syndrome

- (PS2-D76) **Cross-cultural Clinical Characteristics of Children with Tourette Disorder**
Jordan T. Siede, M.S., Douglas Woods, Ph.D., Marquette University
- (PS2-D78) **An Examination of Change in Frequency and Perceived Utility of Sleep-related Safety Behaviours During Cognitive Behavioural Therapy for Insomnia**
Nicole E. Carmona, M.A., Rachel Bedder, Colleen E. Carney, Ph.D., Ryerson University
- (PS2-D79) **The Prevalence and Consequences of Insomnia in Primary Brain Tumor Patients: Assessing Need in Neuro-oncology**
Kelcie D. Willis, M.S., Scott Ravvits, M.S., Autumn Lanoye, Ph.D., Ashlee Loughan, Ph.D., Other, Virginia Commonwealth University

- (PS2-D80) **Cognitive Behavioral Therapy Improves Cognitive Reactivity in Insomnia**
Aleksandra Usyatynsky, M.A., Colleen E. Carney, Ph.D., Ryerson University
- (PS2-D81) **The Hinting Task and Higher-functioning Populations: Preliminary Revisions**
Joel M. Martin, Ph.D., Alaina Hanke, Tessa Miller, Jaclyn Boyer, B.A., Butler University
- (PS2-D82) **Characteristic Profiles of Treatment Responders and Nonresponders After Cognitive Behavioural Insomnia Therapy: An Exploratory Study**
Parky H. Lau, B.A., Maya Amestoy, Onkar S. Marway, M.S., Alison Carney, B.A., Colleen E. Carney, Ph.D., Ryerson University
- (PS2-D84) **Stigma of Mental Illness and Substance Use Disorders: Does Religious Fundamentalism Play a Role?**
Emily A. Rowe, M.A.¹, Jacqueline Hersh, Ph.D.², Lisa Curtin, Ph.D.², Andrew E. Monroe, Ph.D.², 1. Delta Behavioral Health, 2. Appalachian State University
- (PS2-D85) **The Role of Negative Cognitive Schemas, Childhood Adversity, and Psychotic Symptoms in Clinically High Risk (CHR) Populations**
Madeline R. Pike, B.A., Yinghao Zhang, B.S., Allison LoPilato, Ph.D., Emory University
- (PS2-D86) **Psychosis-spectrum Experiences Among Adolescents in a Juvenile Justice Setting: A Pilot Study Exploring the Need for Screening and Assessment**
Elizabeth Thompson, Ph.D.¹, Kara A. Fox, B.A.², Sheiry Soriano, M.A.³, Temma Schaechter⁴, Anthony Spirito, Ph.D.¹, Kathleen Kemp, Ph.D.², 1. Alpert Medical School of Brown University, 2. Brown University Warren Alpert Medical School, 3. Warren Alpert Medical School of Brown University, Department of Psychiatry and Human Behavior, Providence, RI, 4. Brown University
- (PS2-D87) **Attitudes and Preferences of Christian and Non-religious Individuals Regarding Mental Illness and Treatment**
Taylor R. Rodriguez, M.S.¹, David Schultz, M.A.², Tiffany Harrop, M.A.², Olivia C. Preston, M.A.², Brian A. Bulla, M.A.², Jacob A. Finn, Ph.D.³, Joye C. Anestis, Ph.D.², 1. The University of Southern Mississippi, 2. University of Southern Mississippi, 3. Minneapolis VAMC
- (PS2-D88) **The Impact of Caregiver Strain and Comorbid Symptoms on Treatment Utilization in Persistent Tic Disorders**
Brianna Wellen, M.S.¹, Michael Himle, Ph.D.¹, Christine Conelea, Ph.D.², Douglas Woods, Ph.D.³, 1. The University of Utah, 2. University of Minnesota, 3. Marquette University
- (PS2-D89) **Development of a Family Care Transition Model for a First Episode of Psychosis**
Bryan J. Stiles, B.A.¹, Sunny Cheng, Ph.D., RN², Maria Monroe-DeVita, Ph.D.¹, Chris McCain, B.S.¹, 1. University of Washington School of Medicine, 2. University of Washington, Tacoma
- (PS2-D90) **Feasibility and Acceptability of a Mobile Ecological Momentary Intervention for Patients with Psychotic-spectrum Disorders Following a Psychiatric Hospitalization: Open Trial Findings**
Gloria M. Peters, B.A.¹, Hyun Seon Park, B.S.¹, Ethan Moitra, Ph.D.², Brandon Gaudiano, Ph.D.³, 1. Brown University & Butler Hospital, 2. Alpert Medical School of Brown University, 3. Brown University/Butler Hospital

- (PS2-D91) Examining the Interaction Between Morally Injurious Events and Religiosity in Relation to Alcohol Misuse Among Military Veterans**
Emmanuel D. Thomas, B.A.¹, Nicole H. Weiss, Ph.D.¹, Shannon R. Forkus, M.A.¹, Ateka Contractor, Ph.D.², 1. University of Rhode Island, 2. University of North Texas
- (PS2-D92) Promoting Treatment Engagement of Patients with Psychosis by Focusing on Differences in Causal Beliefs Between Patients and Clinicians**
Rotem Rosenthal Oren, M.A.¹, David Roe, Ph.D.², Ilanit Hasson-Ohayon, Ph.D.³, Elizabeth Thomas, Ph.D.⁴, Yaara Zisman-Ilani, M.A., Ph.D.⁴, 1. Haifa University, 2. Univ of Haifa, 3. Bar-Ilan University, 4. Temple University
- (PS2-D93) Understanding Protective Factors of Sleep: Interactive Effects of Neighborhood Safety and Family Conflict on Achieved Sleep Duration in Children**
Amanda K. Nelson, B.A., George J. DuPaul, Ph.D., Lehigh University
- (PS2-D94) Affect Lability, Tic Severity, and Impairment Among Youth with Chronic Tic Disorders**
Kesley A. Ramsey, Ph.D.¹, Joey Ka-Yee Essoe, Ph.D.¹, Eric A. Storch, Ph.D.², Adam Lewin, ABPP, Ph.D.³, Tanya Murphy, M.D., M.S.³, Joseph McGuire, Ph.D.¹, 1. Johns Hopkins University School of Medicine, 2. Baylor College of Medicine, 3. University of South Florida
- (PS2-D95) Homework Adherence Predicts Therapeutic Improvement from the Comprehensive Behavioral Intervention for Tics (CBIT)**
Joey Ka-Yee Essoe, Ph.D.¹, Emily J. Ricketts, Ph.D.², Kesley A. Ramsey, Ph.D.¹, John Piacentini, ABPP, Ph.D.³, Douglas Woods, Ph.D.⁴, Alan L. Peterson, Ph.D.⁵, Lawrence Scahill, Ph.D.⁶, Sabine Wilhelm, Ph.D.⁷, John Walkup, M.D.⁸, Joseph McGuire, Ph.D.¹, 1. Johns Hopkins University School of Medicine, 2. UCLA Jane & Terry Semel Institute for Neuroscience & Human Behavior, 3. Childhood OCD, Anxiety & Tic Disorders Program, UCLA Jane & Terry Semel Institute for Neuroscience & Human Behavior, 4. Marquette University, 5. UT Health San Antonio, 6. Marcus Autism Center, Children's Healthcare of Atlanta, 7. Massachusetts General Hospital, 8. The Pritzker Department of Psychiatry and Behavioral Health
- (PS2-D96) Sleep Disruption and E-cigarette Use Characteristics: Mediating Role of Depressed Mood**
Megan Milligan, B.S.¹, Danielle L. Hoyt, M.A.¹, Michael Otto, Ph.D.¹, Lora Garey, Ph.D.², Michael J. Zvolensky, Ph.D.², 1. Boston University, 2. University of Houston
- (PS2-D97) Examining the Relationship Between Religious Coping and Mental Health Through Locus of Control on Caregivers of Patients with Dementia**
Maria A. Rodriguez, Amy Weisman de Mamani, Ph.D., Olivia Altamirano, M.S., University of Miami
- (PS2-D98) Understanding Underlying Cognitions and Salient Thought Processes in Individuals at Risk for Psychosis**
Cansu Sarac, B.A.¹, Shaynna N. Herrera, Ph.D.¹, Zarina Bilgrami, B.A.¹, Jonathan Myers, B.A.¹, Emmett Larsen, B.A.², Cheryl M. Corcoran, M.D.¹, 1. Icahn School of Medicine at Mount Sinai, 2. Stony Brook University

(PS2-D99) The Association of Sex with Social Behavior Following Decreased Sleep: An Interpersonal Salience Hypothesis

Feven Fisseha, B.A., Amanda Chue, Ph.D., Kathleen C. Gunthert, Ph.D., American University

(PS2-D100) Differences in Positive Autobiographical Memories Among People with and Without Schizophrenia
Lana Marks, B.A.1, Jasmine Mote, Ph.D.2, Ann M. Kring, Ph.D.3, 1. University of California, Berkeley, 2. Boston University, 3. University of California at Berkeley

3:30 p.m. – 5:30 p.m.

PS3: CHILD/ADOLESCENT ANXIETY; CHILD/ADOLESCENT- EXTERNALIZING; CHILD/ADOLESCENT-SCHOOL-RELATED ISSUES**Poster Session 3A**

Key Words: Anxiety, CBT, Child

(PS3-A1) CBT and SPACE for Childhood Anxiety Significantly Reduces Anxiety Sensitivity

Cristina L. Nardini, B.A.¹, Eli R. Lebowitz, Ph.D.², Carla E. Marin, Ph.D.¹, Wendy Silverman, ABPP, Ph.D.¹, 1. Yale University Child Study Center, 2. Yale University School of Medicine

(PS3-A2) The Relationship Between Parental Worry and Motivation for Their Child's Treatment of Emotional Disorders

Weiyang Chen, B.S., Elizabeth Halliday, B.S., Jill Ehrenreich-May, Ph.D., University of Miami

(PS3-A3) The Phenomenology of Dissociative Symptoms in Pediatric Anxiety: Clinical Characteristics and Implications for Treatment

Nicholas S. Myers, M.A., Joseph McGuire, Ph.D., Johns Hopkins University School of Medicine

(PS3-A4) Fearful Temperament, Social Anxiety, and Depressive Symptoms in Clinically Anxious Youth: The Role of Catastrophizing Cognitions

Haley E. Conroy, B.A., Elizabeth M. Raines, M.A., Erika S. Trent, M.A., Emma C. Woodward, M.A., Abigail E. Candelari, M.A., Andres G. Viana, ABPP, Ph.D., University of Houston

(PS3-A5) Optimizing Multi-informant Reports of Adolescent Safety Behaviors to Predict Observed Behavior and Referral Status

Bridget Makol, B.S., M.S.¹, Taylor Rezeppa, B.S.², Hide Okuno, B.A.¹, Andres De Los Reyes, Ph.D.¹, 1. University of Maryland, College Park, 2. UPMC Western Psychiatric Institute & Clinic

- (PS3-A6) Associations Between Parental Negative Affect and Child Anxiety: Child Attributional Style as a Moderator**
Benjamin M. Isenberg, B.A.¹, Judy Garber, Ph.D.¹, Susanna Sutherland, M.S.¹, Bridget A. Nestor, M.S.¹, Elizabeth McCauley, ABPP, Ph.D.², Guy S. Diamond, Ph.D.³, Kelly Schloredt, ABPP, Ph.D.², 1. Vanderbilt University, 2. University of Washington School of Medicine, 3. Center for Family Intervention Science, Drexel University
- (PS3-A7) Temperament and Cultural Variables Predict Anxiety Subtypes in Latinx Youth**
Elizabeth S. Bocanegra, B.A.¹, Carolyn Ponting, M.A.¹, Susanna Chang, Ph.D.², Denise A. Chavira, Ph.D.³, 1. University of California, Los Angeles 2. UCLA Semel Institute for Neuroscience & Human Behavior, 3. UCLA
- (PS3-A8) What Emotion Regulation Strategies Are Related to Anxiety and Depression Symptoms? An Ecological Momentary Assessment Study**
Yasmeen T. Alawadhi, Michele Smith, B.A., Kevin M. King, Ph.D., University of Washington, Seattle
- (PS3-A9) A Longitudinal Assessment of Perceived Control and Anxiety Symptoms Using Ecological Momentary Assessment (EMA)**
Celine Lu, B.A.¹, Stefanie L. Sequeira, M.S.¹, Haley N. Fitzgerald¹, Jennifer Silk, Ph.D.¹, Cecile D. Ladouceur, Ph.D.², 1. University of Pittsburgh, 2. University of Pittsburgh School of Medicine
- (PS3-A10) The Relationship Between Stressful Life Events and the Error-related Negativity in Youth**
Lushna M. Mehra, B.S., Alexandria Meyer, Ph.D., Florida State University
- (PS3-A11) Patient-centered Responsiveness Within Evidence-based Care for Child Internalizing Problems: An Empirical Evaluation of Treatment Protocols**
Christopher Georgiadis, B.A., Deepika Bose, M.S., Rebecca Wolenski, B.S., Natalie Hong, M.S., Jonathan Comer, Ph.D., Florida International University
- (PS3-A12) Beliefs About Exposure Therapy in Youth Seeking Anxiety Treatment**
Elle Brennan, Ph.D., Nicholas Sawchuk, B.A., Stephen Whiteside, Ph.D., Mayo Clinic
- (PS3-A13) Treatment Outcomes Following Parent-coached Exposure-only Treatment for Pediatric Anxiety**
Elle Brennan, Ph.D., Nicholas Sawchuk, B.A., Stephen Whiteside, Ph.D., Mayo Clinic
- (PS3-A14) Evaluating the Efficacy of an Intensive Group Behavioral Treatment Program Targeting Selective Mutism at a University-based Community Clinic**
Lauren E. Webb, M.A., Phyllis S. Ohr, Ph.D., Olenka S. Olesnycky, M.A., Anne Fraiman, B.S., Julia Weisman, B.A., Jamie Scharoff, B.A., Josefina Toso Salman, M.A., Vanessa Ng, M.A., Danielle Schullman, M.A., Hannah Walcoe, M.A., Erin A. McLean, M.A., Jennifer Lent, M.A., Hofstra University
- (PS3-A15) Parental Predictors of Treatment Response to Group Behavioral Treatment of Selective Mutism**
Sarah L. Anderson, Ph.D.¹, Rosalind E. Catchpole, Ph.D.², Janet W. Mah, Ph.D.², Susan Baer, M.D., Ph.D.², Tamara Salih, M.D.², Megan MacFadden, M.D.², 1. The University of British Columbia, 2. BC Children's Hospital

- (PS3-A16) Links Between Parenting and Children's Anxiety-relevant Outcomes: The Role of Mother-level Moderators**
Muskan Chander, Natalee N. Price, M.A., Elizabeth Kiel, Ph.D., Miami University
- (PS3-A17) Multi-method Predictors of Treatment Response in the Turtle Program for Children High in Behavioral Inhibition**
Lindsay R. Druskin, B.A.¹, Kelly A. Smith, B.A.², Danielle R. Novick, M.S.², Nicholas J. Wagner, Ph.D.³, Christina M. Danko, Ph.D.², Lea R. Dougherty, Ph.D.², Andrea M. Chronis-Tuscano, Ph.D.², Kenneth H. Rubin, Ph.D.², 1. West Virginia University, 2. University of Maryland, College Park, 3. Boston University
- (PS3-A18) Anxiety Sensitivity and Heart Rate Variability in Anxious Youth**
Anishka Jean, B.A.¹, Emily M. O'Bryan, Ph.D.¹, Kimberly T. Stevens, Ph.D.¹, Liya Mammo, B.A.¹, Benjamin W. Katz, B.A.², Akanksha Das, B.S.³, David F. Tolin, ABPP, Ph.D.⁴, 1. Anxiety Disorders Center, The Institute of Living, 2. University of Wisconsin-Milwaukee, 3. Miami University, 4. Institute of Living
- (PS3-A19) Parental Emotion Socialization Interacts with Fearful Temperament to Predict Childhood Social Anxiety: A Focus on Punitive Responses**
Erika S. Trent, M.A., Elizabeth M. Raines, M.A., Haley E. Conroy, B.A., Emma C. Woodward, M.A., Abigail E. Candelari, M.A., Andres G. Viana, ABPP, Ph.D., University of Houston
- (PS3-A20) Predictors of Treatment Satisfaction Among Adolescents Following an Intensive Cognitive-behavioral Intervention**
Maya Nauphal, M.A., Ovsanna Leyfer, Ph.D., Donna B. Pincus, Ph.D., Boston University Center for Anxiety and Related Disorders
- (PS3-A21) Fear of Negative Evaluation Influences Visual Attention in Adolescents with Social Anxiety Disorder**
Nicole N. Capriola-Hall, M.S.¹, Thomas H. Ollendick, ABPP, Ph.D.², Susan White, ABPP, Ph.D.¹, 1. The University of Alabama, 2. Virginia Tech
- (PS3-A22) Stalking Victimization Precedes Stalking Perpetration: Applying Social Learning Theory to College Stalking**
Shaun Meyers, Joanna L. Herres, Ph.D., The College of New Jersey
- (PS3-A23) School Refusal in Adolescents Prior to Acute Care Admission**
Stephanie N. Rohrig, Ph.D.¹, Payal Desai, M.P.H.², Shannon M. Bennett, Ph.D.¹, Elaina Zengedui, Psy.D.³, Angela Chiu, Ph.D.¹, 1. Weill Cornell Medicine, 2. Columbia University Medical Center, 3. Mount Sinai Morningside
- (PS3-A24) Transdiagnostic Intensive CBT for Youth Anxiety Disorders: Preliminary Findings**
Alicia R. Fenley, M.A., Kelsey Hudson, Ph.D., Ovsanna Leyfer, Ph.D., Donna B. Pincus, Ph.D., Boston University Center for Anxiety and Related Disorders
- (PS3-A25) Therapist Reflections on Reward Use During Treatment**
Lesley A. Norris, M.A., Jonathan C. Rabner, M.A., Rebekah J. Mennies, M.A., Philip C. Kendall, ABPP, Ph.D., Temple University

- (PS3-B26) The Relationship Between Young Children's Intolerance of Uncertainty and Their Anxiety Presentations According to Mother and Father Reports**
Briana L. Bice, B.A.¹, Alyssa M. Farley, Ph.D.¹, Kelsey Hudson, Ph.D.¹, Jonathan Comer, Ph.D.², Ovsanna Leyfer, Ph.D.¹, 1. Boston University Center for Anxiety and Related Disorders, 2. Florida International University
- (PS3-B27) Social Anxiety, Separation Anxiety, and Generalized Anxiety's Relationship with Self-reported Ratings of Worry and Physical Symptoms**
Paige N. Picou, B.S., Thompson Davis III, Ph.D., Louisiana State University
- (PS3-B28) Co-occurring Social Anxiety and Depressive Symptoms Among Adolescents: Links to Social Functioning Within Social Interactions with Unfamiliar Peers**
Nicholas Bellamy, B.A., Hide Okuno, B.A., Bridget Makol, B.S., M.S., Andres De Los Reyes, Ph.D., University of Maryland- College Park
- (PS3-B29) Relationship Between Family Environment and Negative Cognitions in Children with Specific Phobia**
Maria Velasquez, Kimberly Ellison, M.S., Thompson E. Davis, III, Ph.D., Louisiana State University
- (PS3-B30) Psychometric Properties of the Korean Version of the Revised Children's Manifest Anxiety Scale, Second Edition Among a Community Sample of Korean Children**
Yun Ji Cha, M.A.¹, Ji-Hae Kim, Ph.D.¹, Eun-Ho Lee, M.A.², Soon-Taeg Hwang, Ph.D.³, Sang-Hwang Hong, Ph.D.⁴, 1. Samsung Medical Center, 2. Depression Center, Department of Psychiatry, Samsung Medical Center, 3. Chungbuk National University, 4. Chonju National University of Education
- (PS3-B31) Children's Attention Biases Toward Emotional Faces Are Related to Reparative Behavior Only When Physiological Regulation Is Strong**
Katrina Farris, B.A.¹, Sarah E. Garcia, Ph.D.², Erin C. Tully, Ph.D.¹, 1. Georgia State University, 2. University of Denver
- (PS3-B32) Child Separation Anxiety and Maternal Immigrant Stress: Moderating Role of Heart Rate Variability**
Natalia Nava, Nallely Chacon, Juan C. Hernandez, B.A., Linda Luecken, Ph.D., Marisol Perez, Ph.D., Arizona State University
- (PS3-B33) Development and Preliminary Validation of a Measure of Caregiver-child Interactions Around Political News**
Joyce X. Wong, B.A., Shannon Exley, B.A., Loie Faulkner, B.A., Nicole Caporino, Ph.D., American University
- (PS3-B34) Worrying About Worry: Metacognitions Predict CBT Outcome in Youth with Anxiety Disorders**
Rebecca Wolenski, B.S., Jeremy W. Pettit, Ph.D., Florida International University
- (PS3-B35) Mindful Walking to Enhance Intensive Group Behavioral Treatment of Selective Mutism in Children**
Olenka S. Olesnycky, M.A., Vanessa Ng, M.A., Phyllis S. Ohr, Ph.D., Hofstra University

- (PS3-B36) **The Impact of Emotion Dysregulation and Psychological Inflexibility on Anxiety and Depressive Symptoms in Adolescents**
Kelsey Hudson, Ph.D., Alyssa M. Farley, Ph.D., Donna B. Pincus, Ph.D., Boston University Center for Anxiety and Related Disorders
- (PS3-B37) **Mother-reported Orientations in the Home and Anxiety Sensitivity of Children**
Angelina Cantelli, Kimberly Ellison, M.S., Thompson E. Davis, III, Ph.D., Louisiana State University
- (PS3-B38) **Anxiety, Executive Dysfunction, and Global Impairment: Examining a Mediation Model in Treatment-seeking Youth**
Laura Nelson Darling, M.A., Alicia R. Fenley, M.A., Donna B. Pincus, Ph.D., Boston University Center for Anxiety and Related Disorders
- (PS3-B39) **Caregiver's Beliefs About Their Child's Anxiety: An Important Factor in Child Quality of Life**
Elizabeth Halliday, B.S., Jill Ehrenreich-May, Ph.D., University of Miami
- (PS3-B40) **Does Living Arrangement Influence Adolescent Anxiety? An Examination Among Parent-adolescent Dyads**
Emily Roemhild, B.A., Sarah E. Francis, Ph.D., University of Toledo
- (PS3-B41) **Does Parental Sensitivity to Their Child's Anxiety Predict Their Engagement in Family Accommodation?**
Emily Roemhild, B.A., Sarah E. Francis, Ph.D., University of Toledo
- (PS3-B42) **Testing Prevailing Beliefs About Differential Response Rates When Treating Pediatric Anxiety**
Jonathan C. Rabner, M.A., Lesley A. Norris, M.A., Philip C. Kendall, ABPP, Ph.D., Temple University
- (PS3-B43) **Parental Anxiety Sensitivity for the Child: Convergence with Parent and Adolescent Anxiety Sensitivity**
Sarah E. Francis, Ph.D., Emily Roemhild, B.A., The University of Toledo
- (PS3-B44) **Examining Intergenerational Patterns of Anxiety Sensitivity Among Parent-adolescent Dyads for Both Mothers and Fathers**
Sarah E. Francis, Ph.D., Emily Roemhild, B.A., Deborah Wong, The University of Toledo
- (PS3-B45) **A Cultural Adaptation of Cognitive Behavior Therapy for Asian Preschool Children: Long-term Effects of a Preventive Intervention for Anxiety and Behavioral Inhibition**
Takahito Takahashi, Ph.D.¹, Shin-ichi Ishikawa, Ph.D.², 1. University of Miyazaki, 2. Faculty of Psychology, Doshisha University
- (PS3-B46) **Negative Emotionality Moderates the Relation Between Effortful Control and Child Anxiety and Depression Symptom Severity in a Sample of Children with Anxiety Disorders**
Elizabeth M. Raines, M.A., Haley E. Conroy, B.A., Erika S. Trent, M.A., Emma C. Woodward, M.A., Abigail E. Candelari, M.A., Andres G. Viana, ABPP, Ph.D., University of Houston

- (PS3-B47) Child ERN Mediates Relation Between Child Dysregulated Fear and Kindergarten Adjustment**
 Sydney M. Risley, M.A., Madison Hannapel, Elizabeth M. Aaron, B.A., Elizabeth Kiel, Ph.D., Miami University
- (PS3-B48) Interaction of Avoidance and Negative Affect as a Transdiagnostic Predictor of Treatment Outcome in Anxious and Depressed Youth**
 Emily Badin, M.A., Michael Friedman, B.A., Brian C. Chu, Ph.D., Rutgers University, The State University of New Jersey
- (PS3-B49) Intensive Group Behavioral Treatment for Older Youth with Selective Mutism: A Preliminary Open Trial**
 Rachel A. Kupferberg, M.S.¹, Joelle A. Dorse, B.A.², Shelley B. Avny, Ph.D.³, Camilo Ortiz, Ph.D.⁴, 1. Long Island University, Post, 2. Child and Adolescent Anxiety Practice, 3. Child & Adolescent Anxiety Practice (CAAP), 4. Long Island University Post
- (PS3-B50) Comparing Profiles of Executive Dysfunction in Anxious-only and Anxious/depressed Youth: Implications for Treatment**
 Alicia R. Fenley, M.A., Laura Nelson Darling, M.A., Donna B. Pincus, Ph.D., Boston University Center for Anxiety and Related Disorders

Poster Session 3C

Key Words: *Emotion Regulation, Externalizing, Child*

- (PS3-C51) Exploring the Link Between Genetic Risk and Externalizing and Internalizing Problems in Young Children: The Role of Emotion Dysregulation**
 Andre Maharaj, B.S., M.S., Ph.D.¹, Alexis M. Garcia, M.S.², Jennifer Coto, M.S.², Paulo A. Graziano, Ph.D.², 1. University of Massachusetts Boston, 2. Florida International University
- (PS3-C52) Efficacy of the Parent Training Component of Dialectical Behavioral Therapy for Children with Disruptive Mood Dysregulation Disorder in a Group Format**
 Katherine H. Fogarty, M.A., Phyllis S. Ohr, Ph.D., Hofstra University
- (PS3-C53) Getting out of the Therapy Room: The Association Between Exposure Tasks Conducted Outside the Therapy Room and Treatment Outcomes**
 Sophie A. Palitz Buinewicz, M.A., Anthony Leon, Chelsea Frantz, B.A., Sarah Kelly, B.A., Jennifer Conciene, B.A., Ryan O'Neill, B.A., Bridget Feler, B.A., Philip C. Kendall, ABPP, Ph.D., Temple University
- (PS3-C54) Does Interpretation Bias Modification Exert Transfer Effects to Other Cognitive and Emotional Constructs in Youth?**
 Anni Subar, B.A., Emily Jones, B.A., Michelle Rozenman, Ph.D., University of Denver
- (PS3-C55) Active and Passive Social Media Usage in Both Adolescents and Young Adults with Anxiety**
 Shannon Gasparro, B.A.¹, Payal Desai, M.P.H.², Angela Chiu, Ph.D.³, Shannon M. Bennett, Ph.D.³, 1. Weill Cornell Medical College, 2. Columbia University Medical Center, 3. Weill Cornell Medicine

- (PS3-C56) Adult's Perceptions of Youth Disruptive Behaviors: Potential Influences of Cultural Values**
Ting Tong, B.A., Yen-Ling Chen, M.A., Andrew Freeman, Ph.D., University of Nevada, Las Vegas
- (PS3-C57) Examining the Associations Between Parental Emotion Socialization Strategies and Non-suicidal Self-injury in Adolescence**
Helen White, B.A.¹, Thanharat Silamongkol, B.A.¹, Andrea Wiglesworth, B.S.², Madelyn Labella, Ph.D.³, Bonnie Klimes-Dougan, Ph.D.⁴, Kathryn R. Cullen, M.D.⁵, 1. University of Minnesota, 2. University of Minnesota- Twin Cities, Department of Psychology, 3. University of Delaware, 4. University of Minnesota, Department of Psychology, 5. University of Minnesota, Department of Psychiatry
- (PS3-C58) Developmental Pathways to Internalizing Psychopathology: Unhealthy Parenting Mediated by Perfectionism**
Alexandra M. Burgess, Ph.D., Elizabeth Pedone, B.A., Worcester State University
- (PS3-C59) Agree to Disagree: Discrepancies in Parent-child Ratings of Selective Mutism Symptoms**
Joelle A. Dorse, B.A.¹, Rachel A. Kupferberg, M.S.², Shelley B. Avny, Ph.D.³, 1. Child and Adolescent Anxiety Practice, 2. Long Island University, Post, 3. Child & Adolescent Anxiety Practice (CAAP)
- (PS3-C60) Different Trajectories of Youth Delinquency by Child Welfare Out-of-home Placements**
Kajung Hong, B.A.¹, Nick Morelli, B.A.¹, Jackelyne Garcia, B.A.², Hilda Delgadillo, B.A.², Claire Voss², Alina Mráz², Andrew Alvarez², Gabrielle Verdura, B.A.², Miguel T. Villodas, Ph.D.¹, 1. SDSU / UC San Diego Joint Doctoral Program in Clinical Psychology, 2. San Diego State University
- (PS3-C61) The Effect of Maternal Stress and Family Conflict on Child Anxious/ depressed Symptomology**
Allison Smith, B.S., Thompson E. Davis, III, Ph.D., Louisiana State University
- (PS3-C62) The Role of Parental Psychological Control in Self-consciousness and Adolescent Social Anxiety**
Ashlynn Smart, Banan Ramadan, B.S., Caroline Lee, B.A., Hannah Kelm, None, Trent C. Harris, None, Heidemarie Blumenthal, Ph.D., University of North Texas
- (PS3-C63) Is Children's Anxiety Impacted by the Influence of Socioeconomic Status on Parental Overprotection?**
Lauren Gispert, M.S., Alexandra Harris, B.A., Lourdes Suarez-Morales, Ph.D., Nova Southeastern University
- (PS3-C64) Assessing Attachment in Toddlers Clinically-referred for Behavior Problems Using Observational Measures**
Corey C. Lieneman, M.S.¹, Nancy M. Wallace, Ph.D.², Jane R. Kohlhoff, B.A., Ph.D., Psy.D.², Sara Cibralic², Susan Morgan, RN³, Erinn Hawkins, Ph.D.⁴, Cheryl B. McNeil, Ph.D.⁵, 1. University of Nebraska Medical Center/West Virginia University, 2. University of New South Wales, 3. Karitane, 4. Menzies Health Institute Queensland, School of Applied Psychology, Griffith University, 5. West Virginia University

- (PS3-C65) **Effect of PCIT with and Without Distress Tolerance Phone Coaching on DMDD Symptoms**
*Jack Lee, Ph.D.*¹, *Michael S. Accardo, M.A.*², *Phyllis S. Ohr, Ph.D.*², *Alixandra Wilens*², 1. Hofstra University, Psychological Services Long Island, 2. Hofstra University
- (PS3-C66) **Secondary or Ancillary? Describing the Nature of the Delivery, Training, and Supervision of Behavioral Parent Training Programs for Children with Behavioral Challenges**
*Michelle Vardanian, B.A.*¹, *Anil Chacko, Ph.D.*¹, *Elysha Clark-Whitney, B.A.*², *Nina Bigio, None*¹, *Kaitlyn Kugler*, 1. New York University, 2. Weill Cornell Medicine
- (PS3-C67) **Tantrum Tool: Using Digital Parent Training with Videoconferencing to Improve Access to Treatment for Pediatric Irritability**
*Sonia N. Rowley, B.A.*¹, *Andrea Diaz Stransky, M.D.*², *David Grodberg, M.D.*², *Denis G. Sukhodolsky, Ph.D.*¹, 1. Yale University School of Medicine, Child Study Center, 2. Yale University School of Medicine
- (PS3-C68) **Cu Traits and Pathological Narcissism in Relation to Peer Perception and Status**
*Tiffany A. Gray, B.A.*¹, *Christopher Barry, Ph.D.*², 1. Washington University, 2. Washington State University
- (PS3-C69) **A Randomized Controlled Trial to Evaluate a Social Skills Training Intervention for Sibling Conflict**
*Stacy S. Forcino, Ph.D.*¹, *Michelle Grimes, Ph.D.*², 1. California State University, San Bernardino, 2. Southern Utah University
- (PS3-C70) **Social Problems in Young Children: The Interplay of ADHD Symptoms and Facial Emotion Recognition**
Breanna Dede, M.A., *Bradley White, Ph.D.*, The University of Alabama
- (PS3-C71) **Assessing Avoidance Behavior in Unfamiliar Situations in Children with Anxiety Disorders**
*Verena Pflug, M.S.*¹, *Silvia Schneider, Ph.D.*², 1. Mental Health Research and Treatment Center, Ruhr University Bochum, 2. Research and Treatment Center, Ruhr University Bochum
- (PS3-C73) **Youth Irritability Moderates the Relation Between Community Violence Exposure and Disruptive Behavior Disorder Symptoms**
Rafaella J. Jakubovic, B.S., *Deborah Drabick, Ph.D.*, Temple University
- (PS3-C74) **What Is “treatment as Usual”? A Qualitative Study of Home-grown Family Treatment Intervention in Denmark**
*Amrita Ramakrishnan*¹, *Christoffer Scavenius, Ph.D.*², *Anil Chacko, Ph.D.*¹, 1. New York University, 2. VIVE - The Danish Center for Social Science Research
- (PS3-C75) **School-based Accommodations Among Anxious Youth in Treatment: Prevalence and Clinical Correlates**
*Katherine E. Phillips, M.A.*¹, *Elizabeth Pinney*¹, *Kristina Conroy, B.A.*², *Jonathan Comer, Ph.D.*², *Philip C. Kendall, ABPP, Ph.D.*¹, 1. Temple University, 2. Florida International University

(PS3-D76) Examining the Link Between Interpersonal Relationships, Hostile Attribution Bias and Externalizing Concerns

Megan Hennessy, B.A.¹, Lauren Henry, Ph.D.¹, Jessica Hawks, Ph.D.², Kristen A. Torres, B.S.¹, 1. Children's Hospital Colorado, 2. Children's Hospital Colorado/University of Colorado, School of Medicine

(PS3-D77) Implementation of Mindfulness for Teachers and Students in an Urban Elementary School

Adrienne Garro, Ph.D.¹, Giuliana Stillo, B.A.¹, Yael Osman, M.A.¹, Christina Galese, B.A.¹, Jonathan Mintz, B.A.¹, Jared Hammond, M.A.¹, Jonah McManus, M.S.¹, Vanessa Vega, M.A.¹, Ben Foote, B.A.¹, Oscar Kosecki, M.A.¹, Kelly Kondroski, M.A.¹, Ava Ramsundar, B.A.¹, Amy Saltzman, M.D.², 1. Kean University, 2. A Still Quiet Place

(PS3-D78) Implementation Intention, Perceived Barriers, and Feedback for Translating an In-person Bystander Bullying Intervention to a Technology-based Platform: Perspectives from Key School Personnel

Aida Midgett, Ed.D.¹, Diana Doumas, Ph.D.¹, Valerie H. Myers, Ph.D.², 1. Boise State University, 2. Klein Buendel, Inc.

(PS3-D79) Promoting Hopeful Thinking in Victimized Youth

Miriam Crinion, B.A., Susan M. Swearer, Ph.D., Taylor Morris, B.A., Raul A. Palacios, II, Ed.S., Cara Jack, University of Nebraska-Lincoln

(PS3-D80) Measurement of Self-regulation in Children and Evaluation in a Yoga Intervention Program

Jennifer Ishaq, BA, Liz Goncy, Ph.D., Shereen Naser, Ph.D., Cleveland State University

(PS3-D81) A Randomized Controlled Trial of the Impact of an Advocacy Intervention on Adolescent Girls' School Discipline and Disengagement

Megan Granski, M.A., Shabnam Javdani, Ph.D., NYU Steinhardt School of Culture, Education, and Human Development

(PS3-D82) School Refusal in a Treatment-seeking Pediatric Sample: An Investigation of Individual and Maternal Characteristics

Hannah S. Ishimuro, M.S.¹, Paula K. Yanes-Lukin, Ph.D.¹, Charlotte G. Marratta, B.A.¹, Blanca C. Connelly, B.S.¹, Laura H. Mufson, Ph.D.², 1. New York State Psychiatric Institute, Columbia University Irving Medical Center, 2. Columbia University Vagelos College of Physicians and Surgeons and New York State Psychiatric Institute

(PS3-D83) Promoting Positive Skills in Children and Adolescents Through School-based Yoga Intervention

Jennifer Ishaq, BA, Liz Goncy, Ph.D., Shereen Naser, Ph.D., Cleveland State University

(PS3-D84) The Topography of Bullying Experiences for Youth with ASD or ADHD

Hannah Morton, M.S., Raymond Romanczyk, Ph.D., Jennifer Gillis, Ph.D., Binghamton University

- (PS3-D86) **Interrelations of Therapeutic Alliance in Novel Exposure-based Cognitive Behavioral Therapy with and Parent Training for Irritability in Youth**
Courtney A. Agorsor, M.A., Ramaris E. German, Ph.D., Kelly Dombek, M.A., Melissa A. Brotman, Ph.D., National Institute of Mental Health
- (PS3-D87) **Evaluating Factors Related to Parent-teacher Reporting Discrepancy of Head Start Preschoolers' Aggressive Behaviors**
Sarah C. Boland, B.A., Austin F. Lau, M.S., Tammy D. Barry, Ph.D., Washington State University
- (PS3-D88) **Latent Profiles of Youth Problem Behaviors Using Multi-informant Approach in a High Risk Sample**
Jenika Hardeman, M.S., Deborah Drabick, Ph.D., Temple University
- (PS3-D89) **Social-emotional Learning Moderates Relationship Between Program Implementation Quality and Student Mental Health in School-wide Social-emotional and Character Development Intervention**
Arielle V. Linsky, M.S.¹, Maurice J. Elias, Ph.D.¹, Caryn Rodgers, Ph.D.², 1. Rutgers University, 2. Albert Einstein College of Medicine
- (PS3-D90) **Disruptive Mood Dysregulation Disorder Symptoms and Emotional/behavioral Problems in a Japanese Community Sample Aged 6 to 18**
Fumito Takahashi, Ph.D.¹, Kohei Kishida, M.A.², 1. Shinshu University, 2. Doshisha University
- (PS3-D91) **Adolescents' Experiences of Discrimination in High Achieving Settings: Internalizing Mental Health Risk and School Mental Health Help Seeking**
Aijah Goodwin, M.A., Anna C.J. Long, Ph.D., Louisiana State University
- (PS3-D92) **Academic and Self-regulatory Functioning of Upper Elementary Students Enrolled in Organizational Skills Training**
Cristin Montalbano, Ph.D., Phylicia Fitzpatrick-Fleming, Ph.D., Theresa Egan, Ph.D., Thomas Power, ABPP, Ph.D., Jennifer A. Mautone, ABPP, Ph.D., Katie Tremont, M.S., Ami Kumar, M.S., Jaclyn Cacia, M.S., Jenelle Nissley-Tsiopinis, Ph.D., Children's Hospital of Philadelphia/University of Pennsylvania
- (PS3-D93) **Do Internalizing Symptoms Mediate the Relation Between Anxiety Sensitivity and Peer Victimization?**
Jake C. Steggerda, B.A.¹, Juventino Hernandez Rodriguez, Ph.D.², Timothy A. Cavell, Ph.D.¹, 1. University of Arkansas, 2. University of Texas Rio Grande Valley
- (PS3-D94) **Does Peer Acceptance Moderate the Relation Between Anxiety Sensitivity and Peer Victimization?**
Jake C. Steggerda, B.A.¹, Freddie A. Pastrana, Ph.D.², Juventino Hernandez Rodriguez, Ph.D.³, Timothy A. Cavell, Ph.D.¹, 1. University of Arkansas, 2. Medical University of South Carolina, 3. University of Texas Rio Grande Valley
- (PS3-D95) **The Role of Classroom Environment on Prosocial Behavior in Emotional Support Classrooms**
Sara Franklin-Gillette, B.A., Eliana Rosenthal, B.A., George J. DuPaul, Ph.D., Lehigh University
- (PS3-D96) **Rejection Sensitivity and Social Support as Predictors of Peer Victimization Among Youth with Psychiatric Illness**
Katherine Hyde, B.A., Timothy A. Cavell, Ph.D., University of Arkansas

(PS3-D97) Rejection Sensitivity and Peer Victimization as Predictors of Internalizing Problems Among Adolescents with Psychiatric Illness*Katherine Hyde, B.A., Timothy A. Cavell, Ph.D., University of Arkansas***(PS3-D98) Peer Victimization and Internalizing Distress in Youth: The Moderating Role of Mindfulness and Self-compassion***Cara M. McClain, M.A., E. Bailey Crittenden, E. Cole Green, B.A., Savannah Hill, Mika E. Long, Callie J. Roach, Gabrielle A. Thornton, L. Christian Elledge, Ph.D., The University of Tennessee, Knoxville***(PS3-D99) Identifying Protective Factors for School Absenteeism***Mirae J. Fornander, M.A., Victoria Bacon, Melanie Rede, B.A., University of Nevada, Las Vegas***(PS3-D100) Student Perceptions of School Staff's Respect for Diversity Is Related to Bullying and Feelings of Safety***Victoria Bacon, Melanie Rede, B.A., Zuzana Warhola, Mirae J. Fornander, M.A., University of Nevada, Las Vegas*

6:00 p.m. – 8:00 p.m.

**PS4: ADULT DEPRESSION; ANGER; CRIMINAL JUSTICE/
FORENSICS; CULTURE/ETHNICITY/RACE****Poster Session 4A**

Key Words: *Emotion Regulation, Depression, Ethnicity*

(PS4-A1) Cultural Variation in Emotion Regulation Strategy Adaptiveness*Kelsey M. Irvin, M.A., Madison N. Beedon, B.A., Debora J. Bell, Ph.D., University of Missouri-Columbia***(PS4-A2) Differences in the Perception of Effectiveness of Depression Treatments for Self and Others***Megan L. Sullivan, M.A.¹, Kaylin Jones, B.A.¹, Ashley Baratz, Ph.D.¹, Yan Leykin, Ph.D.², 1. Palo Alto University, 2. Palo Alto University & University of California, San Francisco***(PS4-A3) Poor Early Symptom Reduction Is Okay: An Examination of Cognitive Behavioral Therapy Skills Developments***Samuel T. Murphy, B.S., Daniel R. Strunk, Ph.D., The Ohio State University***(PS4-A4) Relationships Among Sleep, Anhedonia, and Anticipatory and Consummatory Reward Responsivity***Sarah T. Wieman, B.A.¹, Alora A. Rando, M.S.¹, Helen Z. MacDonald, Ph.D.², Kimberly A. Arditte Hall, Ph.D.³, Michael Suvak, Ph.D.¹, Gabrielle I. Liverant, Ph.D.¹, 1. Suffolk University, 2. Emmanuel College, 3. Framingham State University*

- (PS4A5) Heightened Depression Predicts Increased Alcohol Use During Two Major Hurricanes**
Kristen Van Swearingen, B.S., Faith S. Crews, B.S., Matison W. McCool, M.A., Melissa Urch, M.A., Maria G. Espinosa-Hernandez, Ph.D., Nora E. Noel, Ph.D., University of North Carolina Wilmington
- (PS4A6) Depression Moderates the Association Between Fixed vs. Malleable Mindsets of Mental Health and Prognostic Pessimism**
Kristen P. Howard, M.A., Samantha B. Wick, Jennifer Cheavens, Ph.D., The Ohio State University
- (PS4A7) The Role of Emotion Regulation as a Mediator Between Social Problem Solving and Depression**
Jade Perry, B.A., Michelle L. Buffie, M.A., Douglas W. Nangle, Ph.D., University of Maine
- (PS4A8) Relationship of Reward Responsiveness to Severity and Course Features of Major Depressive Disorder**
Auburn R. Stephenson, B.A., Elizabeth C. Wade, M.A., Ayelet M. Ruscio, Ph.D., University of Pennsylvania
- (PS4A9) Linkages Between Experiential Avoidance, Brooding Rumination, and Depression Severity Within a Clinical Sample: An Examination of Prospective and Indirect Effects**
Kylee F. Behringer, B.A., Luke F. Heggeness, M.A., Michael J. Pellicane, M.A., Jeffrey A. Ciesla, Ph.D., Kent State University
- (PS4A10) The Effectiveness of a Brief Online Mindful Breathing Intervention on Decreasing Attentional Difficulties and Maladaptive Thought Patterns Associated with Depression**
Teal Raffaele, M.A., Katherine McMoran, Ph.D., Nancy E. Adleman, Ph.D., The Catholic University of America
- (PS4A11) Dampening Decreases During Brief Psychiatric Treatment for Individuals with Bipolar Disorder and Major Depressive Disorder**
Ramya S. Ramadurai, B.A.¹, Andrew D. Peckham, Ph.D.², Thröstur Björgvinsson, Ph.D.², Courtney Beard, Ph.D.², 1. American University, 2. McLean Hospital/Harvard Medical School
- (PS4A12) Body Mass Index and Atypical Balance as Predictors of Seasonal Affective Disorder Treatment Outcomes**
Praise Iyiewuare, M.P.H., Kelly J. Rohan, Ph.D., University of Vermont
- (PS4A13) Treatment Outcomes in Depressed Patients Who Do Not Believe They Deserve to Get Better**
Douglas Terrill, B.A., Mark Zimmerman, M.D., Rhode Island Hospital/Alpert Medical School of Brown University
- (PS4A14) Emotion Regulation Repertoires in Those Who Use Substances to Cope with Depression**
Elizabeth A. McDermott, B.A., Joseph H. Lancaster, Ilya Yaroslavsky, Ph.D., Cleveland State University

- (PS4-A15) **Predicting Depression Treatment Response in a Naturalistic Clinical Setting Using EEG and Cognitive Control Measures**
Nathaniel M. Lovell-Smith, B.A., Nainika Vaidya, Elana S. Israel, B.A., Courtney Beard, Ph.D., Kirsten Christensen, B.S., Thröstur Björgvinsson, Ph.D., Christian Webb, Ph.D., Mclean Hospital/Harvard Medical School
- (PS4-A16) **The Impact of Cognitive Distortions on Negative Social Comparisons and Depressive Symptoms: A Six-month Longitudinal Study**
Adam Iskrac, M.A., Hofstra University
- (PS4-A17) **Inflammatory Signaling Is Associated with Distinct Neural Reward Anticipation in Individuals with vs. Without a Depression History**
Iris K. Chat, M.A.¹, Marin M. Kautz, M.A.¹, Christopher Coe, Ph.D.², Lyn Y. Abramson, Ph.D.², Thomas M. Olinio, Ph.D.¹, Lauren B. Alloy, Ph.D.¹, 1. Temple University, 2. University of Wisconsin - Madison
- (PS4-A18) **Depression Moderates the Relationship Between Objective Sleep Indicators and Next-day Experiences of Anger**
Elijah R. Murphy, B.A., Feven Fisseha, B.A., Kathleen C. Gunthert, Ph.D., Amanda Chue, Ph.D., American University
- (PS4-A19) **The Relationship Between Childhood Trauma and Seasonal Affective Disorder Symptom Severity: Insomnia and Hypersomnia as Mediators**
Yuqi Wang, B.S., Delainey L. Wescott, B.S., Kathryn A. Roecklein, Ph.D., University of Pittsburgh
- (PS4-A20) **Depressive Realism, Attributional Style, and Response to a Negative Mood Induction**
Sayde L. Ackerman, B.A., Fernando Krause, M.A., Zoren Degtyarev, B.S., Michael Moore, Ph.D., Adelphi University
- (PS4-A21) **The Role of Dysfunctional Sleep Cognitions in Nightly Perceptions of Sleep Quality**
Delainey L. Wescott, B.S., Kathryn A. Roecklein, Ph.D., University of Pittsburgh
- (PS4-A22) **A Machine Learning Approach to Predicting Depression Symptom Improvement over the Course of Cognitive-behavioral Therapy**
Christina S. Galiano, M.A., Alexandra M. Andrea, M.S., Timothy A. Brown, Psy.D., Anthony J. Rosellini, Ph.D., Boston University Center for Anxiety and Related Disorders
- (PS4-A23) **Magnetoencephalographic Correlates of Reward Processing and Depression Severity in Mood Disorders**
Christina Wusinich, M.S., Jessica Gilbert, Ph.D., Carlos A. Zarate, Jr., M.D., National Institute of Mental Health
- (PS4-A24) **Effect of Demographic and Clinical Factors on Depression Self-efficacy**
Kaylin Jones, B.A.¹, Ricardo Munoz, Ph.D.¹, Yan Leykin, Ph.D.², 1. Palo Alto University, 2. Palo Alto University & University of California, San Francisco
- (PS4-A25) **Depression Symptoms Relate to Reduced Eye Gaze During a Live Webcam Interaction, Beyond Social Anxiety: An Eye-tracking Study**
Ashley N. Howell, Ph.D., University of Tennessee at Chattanooga

- (PS4-B26) **Walking on the Bright Side: Relations Between Affective States, Depression, and Gait Parameters**
Divya Kumar, B.A., Ashlynn Joseph, Hannah Dart, Alicia E. Meuret, Ph.D., Southern Methodist University
- (PS4-B27) **Relationship Between Social Support and Depression in Bisexual Women**
Susan Wenze, PhD, Julia H. Howard, B.A., Lafayette College
- (PS4-B28) **Anhedonia, Depression, and Diurnal Reward Seeking**
Erick A. Rogers, B.A., Andrew Freeman, Ph.D., University of Nevada, Las Vegas
- (PS4-B30) **Cingulate Prediction of Response to Antidepressant and Cognitive Behavioral Therapies for Depression: Theory, Meta-analysis, and Empirical Application**
Marlene V. Strega, M.S.¹, Greg J. Siegle, Ph.D.², Kymberly Young, Ph.D.², 1. Virginia Tech, 2. University of Pittsburgh School of Medicine
- (PS4-B31) **Daily Weight Increases Prospectively Predict Reduced Dietary Self-monitoring for Participants Enrolled in a Behavioral Weight Loss Program**
Michael P. Berry, B.S., Evan Forman, Ph.D., Drexel University
- (PS4-B32) **The Impact of Negative Problem Orientation on Depressive Symptoms Depends on Emotion Regulation**
Michelle L. Buffie, M.A., Jade Perry, B.A., Douglas W. Nangle, Ph.D., University of Maine
- (PS4-B33) **Purpose in Life as a Moderator of the Concurrent and Long-term Relationships Between Depression and Chronic Health Conditions**
Diana J. Cox, B.S., Kathleen C. Gunthert, Ph.D., American University
- (PS4-B34) **A Novel Approach for Disengagement from Rumination: A Replication and Extension**
Curtis Wojcik, B.A., Eve Rosenfeld, M.A., John Roberts, Ph.D., University at Buffalo
- (PS4-B35) **Experimentally Examining Aversive Tendencies in Individuals Who Fear Happiness**
Amanda C. Collins, M.S., E. Samuel Winer, Ph.D., Mississippi State University
- (PS4-B36) **Emotion Reactivity and Momentary Subjective Reactivity to Negative Stimuli: The Moderating Role of Depression**
Katherine G. Sheehan¹, Caroline S. Holman, Ph.D.², Gracie A. Jenkins, B.S.³, Hae-Joon Kim, M.A.¹, 1. Fordham University, 2. Brown University & Providence VA Medical Center, 3. Bradley Hospital and Brown University
- (PS4-B37) **Adapting Cognitive Behavioral Therapy for Depression After TBI: Two Case Studies**
Sylvie Tuchman, B.A.¹, Lauren Fisher, Ph.D.¹, Ross Zafonte², Maurizio Fava, M.D.¹, Paola Pedrelli, Ph.D.¹, 1. Massachusetts General Hospital, 2. Spaulding Rehabilitation Network
- (PS4-B38) **Beliefs About Emotions and Non-acceptance of Emotion in Major Depressive Disorder**
Natasha H. Bailen, M.A., Renee Thompson, Ph.D., Washington University in St. Louis

- (PS4-B39) **Does Self-compassion Moderate the Association Between Negative Life Events and Depressive Symptoms?**
Julia M. Salinger, M.A., Mark A. Whisman, Ph.D., University of Colorado Boulder
- (PS4-B40) **Cognitive and Behavioral Avoidance Coping Strategies Differentially Predict Stress Generation**
Amanda Lewis, B.A., Thomas J. Harrison, B.A., Josephine Shih, Ph.D., Saint Joseph's University
- (PS4-B41) **Virtual Reality Reward Training: Autobiographical Memory Changes Correlate with Improved Anhedonia**
Emmily Hovhannisyani¹, Christina F. Sandman, M.A.¹, Anastassia V. Costello, B.A.¹, Kelly Chen, B.S.², Michael Sun, Ph.D.³, Halina Dour, Ph.D.⁴, Michael Treanor, Ph.D.¹, Michelle Craske, Ph.D., 1. University of California Los Angeles, 2. University of Arizona, 3. Dartmouth College, 4. Orlando VA Healthcare System
- (PS4-B42) **Feeling More Joy Than You Should: Predictors of Joy and Sadness After a Mood Induction Procedure of Sadness Through Virtual Reality**
Jessica Navarro-Siurana, M.S.¹, Marta Miragall, Ph.D.², Javier Fernández-Álvarez, M.S.³, Lorena Desdentado, M.S.¹, Jaime Navarrete, M.S.¹, Rosa M. Baños, Ph.D.⁴, 1. University of Valencia, 2. Department of Basic and Clinical Psychology and Psychobiology, Jaume I University, Spain; CIBER Fisiopatología Obesidad y Nutrición (CIBEROBN), Instituto Carlos III, Spain, 3. Università Cattolica del Sacro Cuore, 4. Polibienestar Institute, Valencia, Spain; CIBER Fisiopatología Obesidad y Nutrición (CIBEROBN), Instituto Carlos III, Spain; Department of Personality, Evaluation and Psychological Treatment, University of Valencia, Spain
- (PS4-B43) **Availability of Empirically-supported Internet-based Cognitive-behavioral Therapy (iCBT) for Depression: A Systematic Review**
John Buss, B.S., Indiana University
- (PS4-B44) **Maladaptive Emotion Regulation and the Development of Depressive Symptoms in Individuals Perceiving High Stress Levels**
Elizabeth A. McDermott, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University
- (PS4-B45) **Assessing Self-referent Processing in Comparison to Depressive Symptoms: What Does Reaction Time Gain?**
Justin Dainer-Best, Ph.D., Bard College
- (PS4-B46) **Comparison of Common Self-report Measures of Anhedonia and Depression in a Clinician-assessed Group of Anhedonic vs. Non-anhedonic Adults, with and Without Depression**
Kathleen H. Maloney, M.A., Kari Eddington, Ph.D., Paul Silvia, Ph.D., University of North Carolina at Greensboro
- (PS4-B47) **The Associations Among Savoring Beliefs, Cognitive Reappraisal, and Depressive Symptoms in a Community Sample of Emerging Adults**
Sarah E. Moran, B.A., Laura McKee, Ph.D., Georgia State University
- (PS4-B48) **Network Analysis of Depressive Symptoms and Substance Use Among Veterans Seeking Treatment for Substance Use Disorders**
Benjamin Pfeifer, Ph.D., Joseph W. VanderVeen, Ph.D., Jamie J. Winters, Ph.D., Ann Arbor Veterans Healthcare System, University of Michigan Department of Psychiatry

- (PS4-B49) **Examining the Clinical Implications of Anger Assessment Among Patients in Treatment for Depression**
 Annaleis K. Giovanetti, B.A., Stephanie E. Punt, M.A., Haley Hart, B.A., Stephen S. Ilardi, Ph.D., University of Kansas
- (PS4-B50) **Being a Master of My Feelings: Emotional Self-efficacy Predicts Lower Negative but Higher Positive Affect in Daily Life Across Clinical and Community Samples**
 Stanley Seah, M.A., Karin G. Coifman, Ph.D., Kent State University

Poster Session 4C

Key Words: *Depression, Social Anxiety, Abuse / Maltreatment*

- (PS4-C51) **The Roles of Social Anxiety and Self-esteem on the Relationship Between Bullying Victimization and Depression: A Mediation Analysis**
 Maria C. DiFonte, M.A., Ellen Flannery-Schroeder, ABPP, Ph.D., University of Rhode Island
- (PS4-C52) **Effects of LKM on Anger, Arousal, and Empathic Concern**
 Shelley L. Kind, M.S.¹, Cecelia Buckley, B.S.², Gabrielle I. Liverant, Ph.D.², 1. Suffolk University, UCSD/VA San Diego, 2. Suffolk University
- (PS4-C53) **Looking Beyond Depression: A Meta-analysis of the Effect of Behavioral Activation on Depression, Anxiety, and Activation**
 Aliza T. Stein, M.A.¹, Emily Carl, M.A.¹, Pim Cuijpers, Ph.D.², Eirini Karyotaki, Ph.D.³, Jasper Smits, Ph.D.¹, 1. The University of Texas at Austin, 2. Vrije Universiteit Amsterdam, 3. Harvard Medical School
- (PS4-C55) **Thoughts About past and Future Negative Experiences and Emotions Incrementally Predicts Depression over Cognitive Vulnerabilities**
 Sean A. Lauderdale, Ph.D.¹, Kelli Lahman, B.A.², Ray Daniel, B.A.³, 1. A&M-Commerce, 2. Texas A & M University-Commerce, 3. Texas A&M-Commerce
- (PS4-C56) **Rumination on Problems: A New Scale to Broaden Our Understanding of Depressive Rumination in the Prediction of Depression, Anxiety, and Stress**
 Clorinda E. Velez, Ph.D.¹, Kim Ngan Hoang, B.A.², Elizabeth Krause, Ph.D.², Jane Gillham, Ph.D.², 1. Quinnipiac University, 2. Swarthmore College
- (PS4-C57) **How Individual Differences in Psychosocial Factors Affect Interrogative Suggestibility and False Memory**
 Amanda N. Raymond, M.A.¹, Eunyo Ro, Ph.D.², Sarah Love², Lisa Wood², 1. Sam Houston State University, 2. Southern Illinois University Edwardsville
- (PS4-C58) **Testing Rumination and Impulsivity as Predictors of Stress Generation in Men**
 Thomas J. Harrison, B.A., Amanda Lewis, B.A., Josephine Shih, Ph.D., Saint Joseph's University
- (PS4-C59) **Family Environment and Mental Health Problems: Differences Across Sex and Culture**
 Sadia Saleem, Ph.D., Sissi Ribeiro, M.A., Keith D. Renshaw, Ph.D., Sarah T. Giff, M.A., George Mason University

- (PS4-C60) Parental Stress in Immigrant and Cultural Minority Families of Preschoolers with Developmental Delay: Examining the Roles of Acculturation, Enculturation, and Child Problem Severity**
Kristina Conroy, B.A., Natalie Frech, B.A., Amanda Sanchez, M.S., Daniel Bagner, Ph.D., Jonathan Comer, Ph.D., Florida International University
- (PS4-C61) Persistence of Suicidal Ideation Is Associated with Impulsivity and Sensation Seeking in Court-involved, Non-incarcerated (CINI) Youth**
Margaret Webb, B.S., B.A.¹, Alyssa Vieira, B.S.², Kathleen Kemp, Ph.D.¹, 1. Warren Alpert Medical School of Brown University, 2. Rhode Island Hospital, Lifespan
- (PS4-C62) Examining Perceptual and Structural Barriers as Moderators on the Relationship Between Psychological Distress and Mental Health Service Use**
Daniel H. Saravia¹, Patricia Orozco¹, Isabel López, M.A.², Miguel Palacios¹, Stephen Gonzalez¹, Jonathan Martinez, Ph.D.¹, 1. California State University, Northridge, 2. University of California, Santa Barbara
- (PS4-C63) An Examination of Ethnic Differences in Parental Monitoring Among Court Involved, Non-incarcerated Youth**
Nazaret C. Suazo, B.A.¹, Lauren Micalizzi, Ph.D.², Aya Cheaito, B.S.³, Kara A. Fox, B.A.⁴, Margaret Webb, B.S., B.A.⁵, Gabriela Aisenberg, B.S.¹, Sara Becker, Ph.D.⁶, Anthony Spirito, Ph.D.¹, Kathleen Kemp, Ph.D.⁴, 1. Alpert Medical School of Brown University, 2. University of Saint Joseph, 3. University of Vermont, 4. Brown University Warren Alpert Medical School, 5. Warren Alpert Medical School of Brown University, 6. Brown University School of Public Health
- (PS4-C64) The Effects of Acculturation Stress, Life Events, and Daily Hassles on Automatic Thoughts in Latinx Children**
Karina Tuohy, M.S., Lourdes Suarez-Morales, Ph.D., Nova Southeastern University
- (PS4-C65) Does Perceived Social Support Moderate the Relationship Between Stressful Life Events and Suicidality in Incarcerated Individuals?**
Shania Siebert, M.S.¹, Kelly Moore, Ph.D.¹, Jennifer Johnson, Ph.D.², 1. East Tennessee State University, 2. Michigan State University
- (PS4-C66) Proposed Subtypes of Anger Rumination: Brooding and Reflection and Their Associations with Aggression**
Fayth Walbridge, B.A., Kathleen L. Ramsey, M.A., Stephanie D. Smith, Ph.D., Tiffany G. Harris, M.S., University of Southern Mississippi
- (PS4-C67) The Cognitive Process Influencing Anger in Children and Adolescents**
Kohei Kishida, M.A.¹, Masaya Takebe, Ph.D.², Chisato Kuribayashi, Ph.D.³, Yuichi Tanabe, M.A.⁴, Shim-ichi Ishikawa, Ph.D.⁵, 1. Doshisha University, 2. Faculty of Psychology, Risho University, 3. Faculty of Education, Shinshu University, 4. Takarazuka Board of Education, 5. Faculty of Psychology, Doshisha University
- (PS4-C68) Individual's Sensitivity to Manipulation in Decisions to Join Clinical Trials**
Erica F. Hamlin, M.S.¹, Jamie Giglio, M.S.¹, Laura Dunn, M.D.², Ricardo Munoz, Ph.D.¹, Yan Leykin, Ph.D.³, 1. Palo Alto University, 2. Stanford University, 3. Palo Alto University & University of California, San Francisco

- (PS4-C69) Psychometric Properties of the Late Positive Potential in Adult Women**
Amanda N. Holbrook, B.A.¹, Shaan McGhie, B.A.², Emily Meissel, B.A.³, Nader Amir, Ph.D.⁴, 1. University of San Diego, 2. Harvard University, 3. UCSD/SDSU Doctoral Program, 4. San Diego State University
- (PS4-C70) Structural and Attitudinal Barriers to Seeking Treatment for Anger: Analysis from the National Comorbidity Survey-replication Data**
Lynette C. Krick, B.A., Jennifer R. Fanning, Ph.D., McLean Hospital
- (PS4-C71) Association Between Stress and Depression: The Mediating Role of Emotion Regulation**
Kellyann M. Navarre¹, Kelsey J. Pritchard, M.A.², Peter G. Mezo, Ph.D.¹, 1. University of Toledo, 2. The University of Toledo
- (PS4-C72) Autonomy & Motivation in Drug Treatment Court Clients Who Are Parents**
Christian N. Sanders, B.A., Sally MacKain, Ph.D., University of North Carolina Wilmington
- (PS4-C73) Emotion Regulation in College Students with Self-reported Risky Behavior**
Rachelle H. Kromash, Hannah G. Mitchell, M.A., Thalia P. Sullivan, B.A., Meredith K. Ginley, Ph.D., Kelly Moore, Ph.D., East Tennessee State University
- (PS4-C74) Adolescent Profiles of Responses to Anger, Sadness, and Worry: Concurrent and Longitudinal Associations with Psychopathology**
Valerie Scelsa, M.S., Aaron Luebbe, Ph.D., Miami University
- (PS4-C75) Safety Findings from a Randomized Controlled Trial (RCT) of Heated Yoga for Depression**
Richard Norton, B.S.¹, Megha Nagaswami, B.A.¹, Ashley K. Meyer, B.A.¹, Chris C. Streeter, M.D.², David Mischoulon, M.D., Ph.D.¹, Maren Nyer, Ph.D.¹, 1. Massachusetts General Hospital, 2. Boston University School of Medicine & National Center for PTSD

Poster Session 4D

Key Words: *Trauma, Underserved Populations, Ethnicity*

- (PS4-D76) Therapists' Adherence to and Feasibility of CBT for Undocumented Immigrants and Their Families**
Desiree L. Curcio, M.S.¹, Kayla D. Sanchez, M.S.¹, Tara Larsen, B.S.¹, Brittany Bonasera, M.A.², Subasri Ashok, B.S.¹, Melyssa M. Mandelbaum, M.S.¹, Carly Stern, B.A.¹, Anders Chan, M.S.¹, Weiyi Liao, B.S.¹, Mary Elsharouny, M.S.¹, Yaacov Wenick, M.S.¹, 1. Long Island University, 2. Hofstra University
- (PS4-D77) Acculturation and Loneliness: Does Anxiety Sensitivity Have a Role?**
Alexandra K. Gold, M.A.¹, Taylor Duncan, M.A.¹, Michael J. Zvolensky, Ph.D.², Michael Otto, Ph.D.¹, 1. Boston University, 2. University of Houston
- (PS4-D78) Overview of Cultural Immersion Opportunities in Clinical Psychology Training**
Eva L. Feindler, Ph.D., Subasri Ashok, B.S., Long Island University

- (PS4-D79) **Reliability and Validity of the Perceived Asian and Western Media Appearance Pressure Scales: A Chinese Developed Measure**
Katrina Obleada, M.A.¹, Si Woo Chae, B.A.¹, Thomas Le, M.S.², Kelly Vitousek, Ph.D.¹, 1. University of Hawai'i at Manoa, 2. University of Maryland, College Park
- (PS4-D80) **We Are Family: Family Clinicians' Perspectives on Sibling Therapy in Individualistic and Collectivistic Cultures**
Melyssa M. Mandelbaum, M.S., Subasri Ashok, B.S., Allison Rumelt, M.S., Allison Schwab, M.S., Sarah C. Immerman, M.S., Erica Pazmino, M.S., Sophie Strauss, B.A., Eva L. Feindler, Ph.D., Long Island University
- (PS4-D81) **The Relationship Between Acculturative Stress and Depression, Anxiety, and Suicide Ideation in International Students**
Jingyan Gu, B.A., Janelle Y. Wee, B.S., Keyne C. Law, Ph.D., Seattle Pacific University
- (PS4-D82) **Experiences of Receiving Mental Health Support - The Do's and Don'ts for Mental Healthcare Providers and Trainees**
Pankhuri Aggarwal, B.A., M.A.¹, McKenna Freeman, B.A.¹, Baiju Gopal, Ph.D.², Vaishali V. Raval, Ph.D.¹, 1. Miami University, 2. Christ University
- (PS4-D83) **Cultural Variability in Sociobehavioral Correlates of Depression: A Daily Diary Investigation**
Ti Hsu, M.S.¹, Elizabeth B. Raposa, Ph.D.², 1. The University of Iowa, 2. Fordham University
- (PS4-D84) **Clients of Color and Emotional Schemas: Effects on Mental Health**
Jenny E. Mitchell, M.A., Peggilee Wupperman, Ph.D., John Jay College of Criminal Justice, City University of New York
- (PS4-D85) **Knowledge and Attitudes About Psychotherapy: Perspectives from Mexican and Mexican American Adults in Treatment**
Isabel López, M.A., Andrés J. Consoli, Ph.D., University of California, Santa Barbara
- (PS4-D86) **Self-affirmation Effects on Subsyndromal Depression**
Daniel N. Like, Stanley J. Huey, Jr., Ph.D., Crystal X. Wang, B.A., M.A., University of Southern California
- (PS4-D87) **Social Anxiety and the Relationship Between Discrimination and Internalized Racism in Black Young Adults**
Emily A. Kline, M.A., Carrie Masia, Ph.D., Sally L. Grapin, Ph.D., Jazmin Reyes-Portillo, Ph.D., Michael T. Bixter, Ph.D., Jamaal Matthews, Ph.D., DeVanté Cunningham, M.P.H., M.A., Farah Mahmud, M.S., Cody Weeks, M.A., Tanya Singh, M.A., Montclair State University
- (PS4-D88) **Perceived Racism and Neighborhood Ethnic Composition**
Brandilynn Knapp, James Anderson, Ph.D., Southeastern University
- (PS4-D89) **Acculturative Stress and Anxiety in Latinx Youth: Uncovering Factors Associated with Differential Experiences**
Christopher Gomez, B.A., Omar G. Gudiño, ABPP, Ph.D., University of Kansas
- (PS4-D90) **Racial Differences in Youth Reporting on Depressive Symptoms and Negative Cognitions**
Paige F. Adenuga, B.A., Thompson E. Davis, III, Ph.D., Louisiana State University

- (PS4-D91) **Racial Differences in Youth Reporting on Anxious and Depressive Symptoms and Anxiety Sensitivity**
Paige F. Adenuga, B.A., Thompson E. Davis, III, Ph.D., Louisiana State University
- (PS4-D92) **Examining the Role of Race and Socioeconomic Status on the Relationship Between Potentially Traumatic Events and BPD Features in College Students**
Nikita Parulkar, B.S., Grace Y. Cho, Katherine L. Dixon-Gordon, Ph.D., The University of Massachusetts, Amherst
- (PS4-D93) **Generational Differences in Perceptions of Depression Among South Asian American Immigrants**
Meghana Nallajerla, B.A.¹, Paul Rozin, Ph.D.², Robert J. DeRubeis, Ph.D.³, 1. Stanford University, 2. University of Pennsylvania, 3. Department of Psychology, University of Pennsylvania
- (PS4-D94) **Comparing White and Non-white Clinical Outcomes in a Heated Yoga Intervention for Depression**
Megha Nagaswami, B.A., Richard Norton, B.S., Maren Nyer, Ph.D., David Mischoulon, M.D., Ph.D., Massachusetts General Hospital
- (PS4-D95) **The Link Between Cultural Orientation and Psychological Help Seeking in an Asian and Asian American Undergraduate Sample**
Linsey R. Mathew, B.A., Rebecca K. Browne, B.S., Laura J. Austin, M.S., Sarah Schwartz, Ph.D., Jessica R. Graham-LoPresti, Ph.D., Suffolk University
- (PS4-D96) **“Who’s This Person I’m Talking To?”: The Meaning and Impact of Personalismo for Latinx Sexual Minority Men’s Health Care Access and Outcomes**
Daniel Mayo, B.S.¹, Rosana Smith-Alvarez, B.A.¹, Daniel Hernandez Altamirano, B.S.¹, Brooke G. Rogers, M.P.H., Ph.D.², Steven Safren, Ph.D.¹, Audrey Harkness, Ph.D.¹, 1. University of Miami, 2. Brown University Medical School
- (PS4-D97) **The Lived Experiences of Second-generation Chinese American College Students Seeking Mental Health Services**
Wei-Ting Rachel Chang, Psy.D., Nataliya Zelikovsky, Ph.D., Sarah Scalse, M.A., Gregory Roth, Ph.D., Sharon Lee Armstrong, Ph.D., La Salle University
- (PS4-D98) **Relations Between Online Racial and Ethnic Discrimination and Mental Health Among Latinx Young Adults: The Protective Role of Social Support**
Nora L. Portillo, B.A., Sally L. Grapin, Ph.D., Carrie Masia, Ph.D., Michael T. Bixter, Ph.D., Jazmin Reyes-Portillo, Ph.D., Montclair State University
- (PS4-D99) **Using a Mentorship CBT Consultation Model with International Psychologists in Training to Enhance Multicultural Competencies**
Sarah C. Immerman, M.S., Erica Pazmino Koste, M.A., M.S., Eva L. Feindler, Ph.D., Long Island University
- (PS4-D100) **Discriminatory Acts and Racial/ethnic Identity of Perpetrators: Are Microaggressions Reframed When an Ingroup Member Is the Perpetrator?**
Christin A. Mujica, B.S., Ana J. Bridges, Ph.D., University of Arkansas

11:30 a.m. – 1:30 p.m.

PS5: ASSESSMENT; BEHAVIOR ANALYSIS; PROGRAM TREATMENT DESIGN; RESEARCH METHODS & STATISTICS; TREATMENT- MINDFULNESS & ACCEPTANCE; TREATMENT-OTHER; WORKFORCE DEVELOPMENT/ TRAINING/SUPERVISION

Poster Session 5A

Key Words: *Anger / Irritability, Adolescents, Assessment*

(PS5-A1) A Preliminary Examination of a New Social Frustration Paradigm to Assess Youth Irritability

Erica Ferrara, B.A., Kaley Davis, B.A., Jill M. Stadterman, M.A., Melanie R. Silverman, M.A., Emily Hirsch, M.A., Amy K. Roy, Ph.D., Fordham University

(PS5-A2) What's the Problem? Therapists' Use of Idiographic and Nomothetic Assessment to Plan Youth Psychotherapy

Katherine Corteselli, M.A., Spencer C. Evans, Ph.D., Elizabeth Wolock, B.A., John Weisz, Ph.D., Harvard University

(PS5-A3) A Meta-analytic Review of Personality Traits and Their Associations with Treatment Outcomes: Implications for Improving Outcomes in Cognitive-behavioral Therapies

Meredith A. Bucher, M.A., Douglas B. Samuel, Ph.D., Purdue University

(PS5-A4) Reliability and Validity of the Beck Scale for Suicide Ideation (BSS): A Cross-cultural Application Among Korean Adults

Younghwan Choi, M.A.¹, Eun-Ho Lee, M.A.², Soon-Taeg Hwang, Ph.D.³, Sang-Hwang Hong, Ph.D.⁴, Ji-Hae Kim, Ph.D.⁵, 1. Department of Psychiatry, Samsung Medical Center, 2. Depression Center, Department of Psychiatry, Samsung Medical Center, 3. Chungbuk National University, 4. Chinju National University of Education, 5. Samsung Medical Center

- (PS5-A5) Japanese Version of a Revised Short Version of Working Alliance Inventory (J-WAI-SR): Development and Examination of Psychometric Properties**
Asaka Kawamura, M.A.¹, Yoshitake Takebayashi, Ph.D.², Tomonari Irie, Ph.D.³, Mayu Sekiguchi, Ph.D.¹, Suguru Iwano, Ph.D.⁴, Yuji Sakano, Ph.D.⁵, 1. Health Sciences University of Hokkaido, 2. Department of Health Risk Communication, School of Medicine, Fukushima Medical University, 3. Hokusho University, 4. Oita University, 5. Health Science University of Hokkaido
- (PS5-A6) Diagnostic Accuracy of the Child and Adolescent Symptom Inventory (CASI-4R) Substance Use Subscale in Detecting Substance Use Disorders in Youths**
Angelina Pei-Tzu Tsai, M.S.¹, Eric A. Youngstrom, Ph.D.¹, Kenneth D. Gadow, Ph.D.², Andrea S. S. Young, Ph.D.³, The LAMS Group ⁴, 1. University of North Carolina at Chapel Hill, 2. Department of Psychiatry Center for Understanding Biology using Imaging Technology (CUBIT), 3. Johns Hopkins University, 4. The LAMS Group
- (PS5-A7) Assessing the Utility of Ecological Momentary Assessment in Measuring Change in an Adult ADHD Treatment Study**
Kaley A. Roberts, B.A., Antonio F. Pagan, B.A., Casey Thornton, M.A., Gregory H. Mumma, Ph.D., Texas Tech University
- (PS5-A8) Youth Self-report Psychometric Properties of the Strengths and Difficulties Questionnaire with an Ethnically Diverse Sample**
Marina M. Matsui, B.S., Tommie M. Laba, M.A., Katherine-Anne Kimura, B.S., Brad J. J. Nakamura, Ph.D., University of Hawai'i at Manoa
- (PS5-A9) Questionnaire Development for Assessing Youth Utilization of 13 Practice Elements Distilled from the Evidence-base**
Marina M. Matsui, B.S., Matthew Milette-Winfrey, Ph.D., Brad J. J. Nakamura, Ph.D., University of Hawai'i at Manoa
- (PS5-A10) Diagnostic Accuracy of ASEBA Scales Across Informants: A Meta-analysis**
Joshua Langfus, B.A., Jacquelynne Genzlinger, M.A., Eric A. Youngstrom, Ph.D., University of North Carolina at Chapel Hill
- (PS5-A11) Treatment Sensitivity of the STICSA in Anxiety and Related Disorders**
Olivia Provost-Walker, B.A.¹, Virginia Tsekova, B.A.¹, Karen Rowa, Ph.D.², Ashleigh Elcock, B.A.³, Randi E. McCabe, Ph.D.⁴, Martin M. Antony, Ph.D.¹, 1. Ryerson University, 2. McMaster University, St. Joseph's Healthcare Hamilton, 3. St. Joseph's Healthcare Hamilton, 4. McMaster University
- (PS5-A12) Informant Reported Difficulties with Emotion Regulation**
Melanie F. Midkiff, M.S.¹, James Gerhart, Ph.D.¹, Kim L. Gratz, Ph.D.², 1. Central Michigan University, 2. University of Toledo
- (PS5-A13) Exploration of the Psychometric Properties of the Emotionality, Activity, Sociability, and Impulsivity (EASI) Scale in Preoperative Pediatric Populations**
Shelby M. Shivak, B.A.¹, Kirstie L. Walker, Ph.D.¹, Donald Sharpe, Ph.D.¹, Stuart Wilson, Ph.D.¹, Jennifer M. O'Brien, Ph.D.², Mateen Raazi, M.D.², Kristi D. Wright, Ph.D.¹, 1. University of Regina, 2. University of Saskatchewan
- (PS5-A14) An Examination of the Factor Structure of the Multidimensional Psychological Flexibility Inventory**
Kelsey Thomas, M.A., Joseph R. Bardeen, Ph.D., Tracy K. Witte, Ph.D., Travis Rogers, M.S., Natasha Benfer, M.S., Kate Clauss, M.A., Auburn University

- (PS5-A15) Preliminary Results of a Spanish Adaptation and Validation of the Fear of Spiders Questionnaire for Fear of Cockroaches**
Maria Palau-Batet¹, Jorge Grimaldos¹, Sonia Mor¹, Sara Nebot, Ph.D.², Juana Bretón-López, Ph.D.¹, Soledad Quero, Ph.D.¹, 1. Universitat Jaume I, 2. ITA PREVI Castellón
- (PS5-A17) A Taxometric Analysis of Experiential Avoidance**
Alex Kirk, M.A.¹, Joshua J. Broman-Fulks, Ph.D.², Joanna Arch, Ph.D.¹, 1. University of Colorado Boulder, 2. Appalachian State University
- (PS5-A18) Measurement of Tinnitus Distress: Confirmatory Factor Analysis of the Tinnitus Handicap Inventory and Tinnitus Functional Index and Development of a Combined Short Form**
Madelyn Frumkin, M.A.¹, Donna Kallogjeri, M.P.H., M.D.², Jay Piccirillo, M.D.², Eldre Beukes, Ph.D.³, Vinaya Manchainah, Ph.D.³, Gerhard Andersson, Ph.D.⁴, Thomas L. Rodebaugh, Ph.D.¹, 1. Washington University in St. Louis, 2. Washington University School of Medicine, 3. Lamar University, 4. Linkoping University
- (PS5-A19) The Ohio Scales, Short Form, Problem Severity Domain: A Psychometric Study Using a Large Community Mental Health Caregiver Sample Within Hawai'i's Youth System of Care**
Tommie M. Laba, M.A.¹, Amanda M. Vincent, B.A.¹, Taylor A. Stacy, B.S.¹, David S. Jackson, Ph.D.², Brad J. J. Nakamura, Ph.D.¹, 1. University of Hawai'i at Manoa, 2. University of Hawai'i at Manoa, State of Hawaii Child & Adolescent Mental Health Division
- (PS5-A21) Personal Goals and Standards: Evaluating Distinctive Relationships with Mood and Anxiety Symptoms**
Blake A. Mallory, B.S., Walter D. Scott, Ph.D., Washington State University
- (PS5-A22) Foreseeing Problems down the Line: Broad-spectrum Predictive Utility of Brief, Early Screening for Clinically Significant Irritability**
Ana M. Urena Rosario¹, Jillian L. Wiggins, Ph.D.², Cassidy E. Owen², Justin Smith, Ph.D.³, Lauren S. Wakschlag, Ph.D.⁴, 1. Alliant International University - California School of Professional Psychology, 2. San Diego State University, 3. Northwestern University Feinberg School of Medicine, 4. Northwestern University
- (PS5-A23) Discrepancies Between Parent and Adolescent Mental Health Presenting to an Adolescent Partial Hospitalization Program**
Daniella Gelman, B.A., Abby J. de Steiguer, MSc, Molly Hedrick, Ph.D., Emma Pendleton Bradley Hospital/Warren Alpert Medical School of Brown University
- (PS5-A24) Diagnostic Likelihood Ratios of the SCARED in Predicting Childhood Anxiety Disorders**
Zachary Goodman, M.A.¹, Elizabeth Casline, M.S.¹, Amanda Jensen-Doss, Ph.D.², Jill Ehrenreich-May, Ph.D.¹, Sierra Bainter, Ph.D.¹, 1. University of Miami, 2. Kristi House Children's Advocacy Center
- (PS5-A25) The Impact of Involuntary Transport on Patients' Reporting of Psychiatric Symptoms**
Linda Ruan¹, Doug Chod², Rebecca S. Saionz, B.A.³, Tita Atte, M.P.H.¹, Guy S. Diamond, Ph.D.³, Guy M. Weissinger, Ph.D.³, 1. Drexel University, 2. Newport Academy, 3. Center for Family Intervention Science, Drexel University

Key Words: *DBT (Dialectical Behavior Therapy), Mindfulness, Clinical Utility*

(PS5-B26) I'm Suicidal: How Could Mindfulness Possibly Help?

Kirk D. Mochrie, Ph.D.¹, Rebecca Harrell, M.A.², John Lothes, II, M.A.³, Eric Guendner, M.A.⁴, Jane St. John, M.A.⁴, 1. Triangle Area Psychology (TAP) Clinic, 2. East Carolina University, 3. University of North Carolina Wilmington, 4. Delta Behavioral Health

(PS5-B27) Patterns of Adverse Childhood Experiences Across Multiple States: A Latent Class Analysis

Holly Turner, B.S., Austen Taylor K. Matro, B.A., University of Hawai'i at Manoa

(PS5-B28) The Therapeutic Alliance: A Nonspecific or Specific Mediator of Change in Psychotherapy?

Alexandra Bowling, B.A., Allison L. Baier, M.A., Norah C. Feeny, Ph.D., Case Western Reserve University

(PS5-B29) A Needs Assessment of Community Health Workers Who Work with Underserved Children and Families in the United States

Dina Bashoura, B.A., Diane G. Marin, B.A., Maya M. Boustani, Ph.D., Loma Linda University

(PS5-B30) Addressing Emergent Life Events with CBT: Does Treatment Focus Matter?

Vanessa Perez, Karen Guan, Ph.D., Bruce F. Chorpita, Ph.D., University of California, Los Angeles

(PS5-B31) The Factor Structure of the Mood and Anxiety Symptom Questionnaire (MASQ): Associations with Symptoms of Depression, Pessimism, and Response to a Negative Mood Induction

Fernando Krause, M.A., Michael Moore, Ph.D., Adelphi University

(PS5-B32) Relationship and Demographic Predictors of Dropout from Partner-assisted versus Individual Smoking Cessation Treatment Programs

Zane M. Fechter, Lisa M. Godfrey, M.A., Sarah W. Whitton, Ph.D., University of Cincinnati

(PS5-B33) Pilot Data on the Habit-based Sleep Health Intervention ('HABITS') via Low-cost, Efficient Health Promotion Intervention

Vera Portnova, B.A., University of California at Berkeley

(PS5-B34) Gender as a Moderator on the Relationship Between Alcohol Use and Protective Behavioral Strategies

Hannah B. Sawyer¹, Maria Folkerth¹, Isabel Augur, B.S.¹, Kayla M. Ford, B.S.¹, Lindsay S. Ham, Ph.D.¹, Byron L. Zamboanga, Ph.D.², 1. University of Arkansas, 2. Smith College

(PS5-B35) Personalized Feedback for Smoking and Anxiety Sensitivity: A Randomized Controlled Trial

Tanya Smit, B.S., Clayton Neighbors, Ph.D., Matthew W. Gallagher, Ph.D., Michael J. Zvolensky, Ph.D., Lorra Garey, Ph.D., University of Houston

- (PS5-B36) **Addressing Parent-adolescent Relationship Quality in the Treatment of Adolescent Depression: Development and Piloting of a Novel Intervention**
Madison Aitken, Ph.D.¹, Brendan F. Andrade, Ph.D.¹, Wei Wang, Ph.D.¹, Darren Courtney, M.D.¹, Daphne Korczak, M.D., M.S.², Ameeta Sagar, MSW¹, Peter Szatmari, M.D.¹, 1. Centre for Addiction and Mental Health, 2. Hospital for Sick Children
- (PS5-B37) **DBT in a Partial Hospital Program Shows Promising Outcomes for Reducing Depression, Anxiety, Hopelessness, and Suffering**
John Lothes, II, M.A.¹, Kirk D. Mochrie, Ph.D.², Sara C. Matney¹, Jane St. John, M.A.³, Nicole R. Merrigan, M.A.³, 1. University of North Carolina Wilmington, 2. Triangle Area Psychology (TAP) Clinic, 3. Delta Behavioral Health
- (PS5-B38) **Confirmatory Factor Analysis and Estimator Comparison of Two Short Forms of and Irrational and Rational Beliefs Scale**
Joanne Raptis, M.A.¹, Ray DiGuiseppe, ABPP, Ph.D.², Bernard Gorman, Ph.D.³, William F. Chaplin, Ph.D.¹, 1. St. John's University, 2. St. John's University - Psychology Department, 3. Adelphi University
- (PS5-B39) **Factor Structure and Measurement Invariance of the CCAPS-34 and CCAPS-62**
Meredith S. Pescatello, M.S., Scott Baldwin, Ph.D., Brigham Young University
- (PS5-B40) **The Breath-counting Task and Interoceptive Sensibility**
Justin R. Leiter-McBeth, B.S., Madiana Rangel, Jason Liou, B.S., Hannah C. Herc, M.A., Peter G. Mezo, Ph.D., University of Toledo
- (PS5-B41) **Examining the Psychometric Properties of the Children's Emotion Management Scales Within a Psychiatric Sample**
Feven A. Ogbaselase, M.A.¹, Valerie Scelsa, M.S.¹, Laura Stoppelbein, Ph.D.², Leilani Greening, Ph.D.³, Paula J. Fite, Ph.D.⁴, Stephen P. Becker, Ph.D.⁵, Aaron Luebbe, Ph.D.¹, 1. Miami University, 2. The University of Alabama, 3. Glenwood, Autism & Behavioral Health Center, 4. University of Kansas, 5. Cincinnati Children's Hospital Medical Center
- (PS5-B42) **Feasibility and Acceptability of a One-session Behavioral Activation Intervention for Medical Hospital Patients**
Courtney Forbes, M.A.¹, Cheryl Mccullumsmith, M.D., Ph.D.², 1. University of Toledo, 2. University of Toledo Medical Center
- (PS5-B44) **Feasibility of Idiographic Network Models for Personalised Clinical Practice**
Alessandra C. Mansueto, M.S., Reinout W. Wiers, Ph.D., Julia C.M. van Weert, Ph.D., Barbara C. Schouten, Ph.D., Sacha Epskamp, Ph.D., University of Amsterdam
- (PS5-B45) **Nontraditional Mental Healthcare Service Preferences Among Generation Zs and Millennials**
Katherine A. Cohen, M.A.¹, Emily G. Lattie, Ph.D.², 1. Northwestern University Feinberg School of Medicine, 2. Northwestern University
- (PS5-B46) **Integrating Evidence Based Practice with Co-designed Mental Health Services for Young People**
Jessica Stubbing, B.A., Auckland University

- (PS5-B47) **Specific Mindfulness Factors Predict Expressive Suppression and Cognitive Reappraisal**
Allison M. Sylvia, B.S., Lynley Turkelson, M.A., Natalie Madl, Caleb Hendrix, Quintino Mano, Ph.D., University of Cincinnati
- (PS5-B48) **The Effects of Social Support on Treatment Outcomes in a Cbt/dbt-based Intensive Outpatient Program**
Hillary Cohen, B.A.¹, David H. Rosmarin, ABPP, Ph.D.², Jacob Arett, B.S.¹, 1. Center for Anxiety, 2. McLean Hospital/Harvard Medical School
- (PS5-B49) **Using Reliable Change Index at a Community-based Clinic for Meaningful Evaluation of Treatment Outcomes**
Phuc T. Nguyen, B.A., Nancy H. Liu, Ph.D., University of California, Berkeley

Poster Session 5C

Key Words: *Perinatal, Mindfulness, Depression*

- (PS5-C51) **Take a Step Back: Examining Regulatory Strategies in the Face of Future Threats**
Lena Etzel, B.A., Sara Levens, Ph.D., Jennifer B. Webb, Ph.D., Jaime Bochantin, Ph.D., University of North Carolina at Charlotte
- (PS5-C52) **Flourishing Mindfully: Mindfulness Moderates the Associations of Stress, Psychopathology, and Grit with Flourishing**
Lucas S. LaFreniere, Ph.D.¹, Sarah E. Lord, Ph.D.², 1. Skidmore College, 2. Center for Technology and Behavioral Health, Dartmouth College
- (PS5-C53) **Mindful Men May Suffer More: Gender Differences in Mindfulness Moderate the Impact of Anxiety and Depression on Functioning**
Lucas S. LaFreniere, Ph.D.¹, Sarah E. Lord, Ph.D.², 1. Skidmore College, 2. Center for Technology and Behavioral Health, Dartmouth College
- (PS5-C54) **Preliminary Evaluation of a Mindfulness Training Course for Medical Students**
Elijah J. Richardson, B.A.¹, Danielle E. Drury, B.S.¹, Elizabeth Pearce, B.S.¹, Joshua J. Broman-Fulks, Ph.D.¹, Ben Atkinson, M.A.², Kelly Maiche ², Luke Ford ², 1. Appalachian State University, 2. University of North Carolina Asheville
- (PS5-C55) **The Impact of Comorbid Depression on Emotion Regulation Therapy for Generalized Anxiety**
Michal E. Clayton, B.A.¹, Megan E. Renna, Ph.D.², Richard G. Heimberg, Ph.D.³, David Fresco, Ph.D.⁴, Douglas Mennin, Ph.D.¹, 1. Teachers College, Columbia University, 2. The Ohio State University College of Medicine, 3. Temple University, 4. University of Michigan
- (PS5-C56) **Reduction in Avoidance Mediates the Impact of Transdiagnostic Brief Behavioral Therapy for Youth Anxiety and Depression**
Selena A. Baca, B.S.¹, Pauline Goger, M.S.², Merissa Kado, M.A.¹, V. Robin Weersing, Ph.D.³, 1. San Diego State University, 2. SDSU/UC San Diego Joint Doctoral Program in Clinical Psychology, 3. SDSU-UCSD JDP in Clinical Psychology

- (PS5-C57) **Treatment of Misophonia Using an Acceptance- and Mindfulness-based Approach: A Case Study**
Lindsay Fruehauf, M.S., Kat Green, Ph.D., Brigham Young University
- (PS5-C58) **Loving-kindness Meditation Promotes Mental Health in University Students**
Christina Totzeck, Ph.D.¹, Stefan G. Hofmann, Ph.D.², Jürgen Margraf, Ph.D.¹, 1. Ruhr University Bochum, 2. Boston University
- (PS5-C59) **Pathways to Enhancing Outcomes of School-based Mindfulness Intervention Programming: Parental Mindfulness and Experiential Avoidance**
Emily A. Meadows, M.A., Sarah E. Francis, Ph.D., The University of Toledo
- (PS5-C60) **Cognitive Fusion Mediates the Relationship Between Mindfulness and Anxiety**
Christian A. Hall, B.S., Kimberly Holt, Esther C. Killius, B.A., Joshua J. Broman-Fulks, Ph.D., Appalachian State University
- (PS5-C61) **Cognitive Fusion and Stigma: Exploring Perceived Stigma and Attitudes Toward Mental Illness**
Grace A. Lyons, B.A., Amanda B. Chamberlain, B.A., Chad E. Drake, Ph.D., Southern Illinois University
- (PS5-C62) **A Mixed-methods Analysis of Mobile ACT Microintervention Responses from Two Cohorts**
Sydney Hoel, B.S.¹, Amanda Victory, B.A.², Zachary Stowe, M.D.¹, Melvin McInnis, M.D.², Amy Cochran, Ph.D.¹, Emily Kroska, Ph.D.³, 1. University of Wisconsin - Madison, 2. University of Michigan, 3. University of Iowa
- (PS5-C63) **Evaluating the Relationship Between Mindfulness and Response to a Single-session Repetitive Negative Thinking Intervention**
Molly E. St. Denis, Christopher D. Hughes, Maria C. Alba, Psy.M., Shireen L. Rizvi, ABPP, Ph.D., Rutgers University
- (PS5-C64) **Predictors of Skills Use in Dialectical Behavior Therapy Clients**
Alexandra M. King, M.S., Rutgers University
- (PS5-C65) **Single Session Mindfulness, Emotion Education, and Distress Tolerance in an Emerging Adult Sample: Preliminary Findings**
Niza A. Tonarely, M.S., Jill Ehrenreich-May, Ph.D., University of Miami
- (PS5-C66) **Improving Self-compassion Among People with Social Anxiety Disorder: Direct vs. Indirect Compassion Exercises**
Nancy Kocovski, Ph.D.¹, Jan Fleming, M.D.², 1. Wilfrid Laurier University, 2. The Mindfulness Clinic
- (PS5-C67) **Self-compassion, Valued Action, and Quality of Life: Identifying Reciprocal Mediation Paths**
Emily A. Kalantar, B.A., Jennifer Kuo, M.A., Rachel C. Bock, B.S., Ashmita Ghosh, Joel C. Stroman, Christopher R. Berghoff, Ph.D., University of South Dakota

- (PS5-C68) Mindfulness-based Intervention for Students with ASD and Challenging Behavior**
Monica Shah, Psy.D.¹, Lauren Moskowitz, Ph.D.², Joshua C. Felwer, ABPP, Ph.D.³, 1. St. John's University, Center for Anxiety, 2. St. John's University, 3. Syracuse University, College of Arts and Sciences, Department of Psychology, School Psychology Program
- (PS5-C69) The Effect of Mindfulness on Depression and Cortisol Responses in Youth Exposed to Childhood Maltreatment: Findings from a Pilot Randomized Clinical Trial**
Zsofia P. Cohen, B.S.¹, Elisabeth Akeman, M.S.¹, Robin L. Aupperle, Ph.D.¹, Kent Teague, Ph.D.², Jennifer Hays-Grudo, Ph.D.³, Martin Paulus, M.D.¹, Namik Kirlic, Ph.D.¹, 1. Laureate Institute for Brain Research, 2. University of Oklahoma, 3. OSU Center for Health Sciences
- (PS5-C70) Factors of Mindfulness and Adherence to Meditation: Deficits in Non-reactivity May Influence Decision to Quit the Practice**
Brooke A. Duarte, M.S., Gina Falcone, M.S., Ph.D., Matthew Jerram, Ph.D., Suffolk University
- (PS5-C71) A New Brief Mindfulness Training Program for Teachers: Examining Self-reported Correlates and Observed Group Differences Among Elementary Teachers Who Did and Did Not Participate**
Emily Hershorer, B.A.¹, Emily Marks ¹, Stevie N. Grasseti, Ph.D.², 1. West Chester University, 2. West Chester University of Pennsylvania
- (PS5-C72) The Effects of Mindfulness and Modification Therapy on General Psychopathology**
John E. Engle, B.S., Peggilee Wupperman, Ph.D., John Jay College of Criminal Justice, City University of New York
- (PS5-C73) ACT for actors: testing the Feasibility and Acceptability of a Group Protocol Intended to Treat Audition Anxiety in Musical Theater Performers**
Michael Jacobs, M.A.¹, Sarah A. Novak, Ph.D.¹, Shayna N. Herrera, Ph.D.², Anne R. Limowski, M.A.¹, 1. Hofstra University, 2. Icahn School of Medicine at Mount Sinai
- (PS5-C74) Stress, Mindfulness, Self-compassion, and Alcohol Use in College Students: A Mediational Model**
John Buell, B.A., Jennifer E. Phillips, Ph.D., Nicholas L. Salsman, ABPP, Ph.D., Xavier University

Poster Session 5D

Key Words: *Group Therapy, Psychoeducation, Culture*

- (PS5-D75) The Role of Group Cohesion in Psychoeducational Groups with Latino College Students**
Ediza Garcia, Psy.D., Elizabeth Terrazas-Carrillo, Ph.D., Anthony Verduzco, B.A., Amanda Rodriguez, B.A., Alejandro Flores, B.A., Daniela Vela, B.A., Karina Rosas, B.A., Artlitz Chapa, B.A., Cristina Oviedo, B.A., Alyssa Vera, B.A., Texas A&M International University

- (PS5-D76) **Therapist Perceptions of Modular Treatment Fit for White Youth vs. Youth of Color**
Alexis N. Jankowski, B.A.¹, Katherine Corteselli, M.A.², John Weisz, Ph.D.², 1. Boston College, 2. Harvard University
- (PS5-D77) **Differential Associations Between Change in Functioning and Symptoms**
Simone I. Boyd, M.A.¹, Mark Zimmerman, M.D.², 1. Rhode Island Hospital Department of Psychiatry, 2. Rhode Island Hospital/Alpert Medical School of Brown University
- (PS5-D78) **Older and More Impaired Youth Have Less Focused Treatment Than Others in Children's Public Mental Health**
Rachelle L. Podhorzer, Kalyn L. Holmes, M.A., Charles W. Mueller, Ph.D., University of Hawai'i at Manoa
- (PS5-D79) **Asking for Help: Predictors and Barriers to Psychological Help-seeking in a Diverse College Sample**
Laura J. Austin, M.S., Sarah Schwartz, Ph.D., Suffolk University
- (PS5-D80) **Split Alliance in Family Therapy: Differences Across Treatment Model and Phase**
Nicole P. Porter, M.A.¹, Aaron Hogue, Ph.D.¹, Alice Pope, Ph.D.², Sarah Dauber, Ph.D.¹, Molly Bobek, LCSW¹, 1. Center on Addiction, 2. St. John's University
- (PS5-D81) **A Review of Parent Child Interaction Therapy (PCIT): Applications for Youth Anxiety**
Sharon T. Phillips, B.S.¹, Matthew Mychailyszyn, Ph.D.², 1. Kennedy Krieger Institute, 2. Towson University
- (PS5-D82) **Pre- vs. Post-treatment Outcomes for Adolescents Participating in Dialectical Behavior Therapy**
Lena L. DeYoung, B.S.¹, Anna C. Gilbert, B.S.¹, Christine M. Barthelemy, B.S.¹, Gracie A. Jenkins, B.S.¹, Jennifer A. Poon, Ph.D.², Kerri L. Kim, Ph.D.¹, 1. Bradley Hospital and Brown University, 2. Alpert Medical School of Brown University
- (PS5-D83) **Effects of Self-stigma on Help-seeking Intent in a University Population**
Allison B. Duncan, B.A., Elizabeth A. Garcia, M.A., Madison Crowder, B.S., Susan L. Kenford, Ph.D., Xavier University
- (PS5-D84) **Common Clinical Challenges in Learning and Implementing Structured Evidence-based Psychotherapies: A Mixed Methods Investigation**
Nichole Sams¹, Jaden M. Duffy, B.A.¹, Brenna N. Renn, Ph.D.², Rebecca Crabb, Ph.D.¹, Grace C. Niu, Ph.D.³, George S. Alexopoulos, M.D.⁴, Patrick J. Raue, Ph.D.⁵, Patricia A. Areán, Ph.D.¹, 1. University of Washington, Seattle, 2. University of Nevada, Las Vegas, 3. Mindstrong Health, 4. Weill Cornell Medicine, 5. University of Washington School of Medicine
- (PS5-D85) **Training Psychiatry Residents in Evidence-based Psychotherapy: Relationships Between Theoretical Orientations, Attitudes Towards CBT, and Knowledge of CBT Principles**
Sonia Matwin, Ph.D., Jolene Jacquart, M.A., Vanderbilt University Medical Center

- (PS5-D86) Do Treatment Dropouts Benefit from Prematurely-terminated Courses of Dialectical Behavior Therapy (DBT)?**
Rachel A. Weiler, M.S.¹, Sanno Zack, Ph.D.², Julia Birt, M.S.³, Rebecca Poplawski, M.S.³, Alix Simonson, M.S.³, Alexis Moore, M.S.³, Hannah Steinberg, M.S.³, 1. PGSP-Stanford Psy. D. Consortium, 2. Stanford University, 3. PGSP-Stanford PSY. D. Consortium
- (PS5-D87) Effectiveness of DBT Skills Group for Emotion Regulation and Coping Skills Acquisition in Patients with Psychosis**
Alix Simonson, M.S.¹, Alexis Moore, M.S.¹, Sanno Zack, Ph.D.², 1. PGSP-Stanford PSY. D. Consortium, 2. Stanford University
- (PS5-D88) Extending Project ECHO to Schizophrenia Spectrum Disorders: Assessing Consultation Needs of Multi-disciplinary Teams**
Chris McCain, B.S.¹, Cameron Michels, M.A.², Jennifer Blank, B.A.¹, 1. University of Washington School of Medicine, 2. University of Washington, Seattle
- (PS5-D89) Training Pediatric Care Coordinators in Motivational Interviewing**
Tara A. Von Mach, M.P.H., MSW¹, Kelly Walker Lowry, Ph.D.², Aileen Westover, M.A.³, Chris Haen, LCSW⁴, 1. Ann & Robert H. Lurie Children's Hospital of Chicago, 2. Partial Hospitalization & Intensive Outpatient Programs, Lurie Children's Hospital; Northwestern University, 3. Lurie Children's Hospital, 4. Northeastern University
- (PS5-D90) Dialectical Behavior Therapy Adapted for a Partial Hospital and Intensive Outpatient Program**
Rebecca Harrell, M.A.¹, Kirk D. Mochrie, Ph.D.², John Lothes, II, M.A.³, Eric Guendner, M.A.⁴, Jane St. John, M.A.⁴, 1. East Carolina University, 2. Triangle Area Psychology (TAP) Clinic, 3. University of North Carolina Wilmington, 4. Delta Behavioral Health
- (PS5-D91) Therapist and Patient Attitudes Toward Client Independent Review of Psychotherapy Sessions**
Brittany R. King, M.A.¹, James F. Boswell, Ph.D.², 1. University at Albany, SUNY, 2. University at Albany, State University of New York
- (PS5-D92) Working with High-risk Families: Preliminary Outcomes from a Pilot Domestic Violence Intervention for Court Referred Mothers**
Sarah Danzo, M.A., Hope Vaccaro, B.A., Samuel B. Seidman, B.A., Arin Connell, Ph.D., Case Western Reserve University
- (PS5-D93) Practice and Dissemination of Screening Brief Intervention and Referral to Treatment: Integrating Psychology Interns into Medical Student Education**
Julie A. Schumacher, Ph.D.¹, Daniel C. Williams, Ph.D.¹, Nicholas McAfee, Ph.D.¹, Michael B. Madson, Ph.D.², Crystal S. Lim, Ph.D.¹, 1. University of Mississippi Medical Center, 2. University of Southern Mississippi
- (PS5-D94) Improving Evidence-based Psychotherapy Training Using Patient Reported Outcome Measures**
Jolene Jacquart, M.A., Sonia Matwin, Ph.D., Vanderbilt University Medical Center

- (PS5-D95) A Qualitative Analysis of Patient Attitudes Regarding the Use of Provider Track Records for Patient-therapist Matching**
Carly M. Schwartzman, M.A.¹, Adela Scharff, B.A.¹, Averi N. Gaines, B.A.², Heather J. Muir, M.A.², Brittany R. King, M.A.¹, James F. Boswell, Ph.D.¹, Michael Constantino, Ph.D.², 1. University at Albany, State University of New York, 2. University of Massachusetts Amherst
- (PS5-D96) Effect of Self-reported Symptom Severity and Perceived Need for Treatment on Session Attendance at University Psychology Clinic**
Elizabeth A. Garcia, M.A., Allison B. Duncan, B.A., Madison Crowder, B.S., Susan L. Kenford, Ph.D., Xavier University
- (PS5-D97) Motivational Interviewing Training Alters Caregiver Attitudes Towards Substance Abuse**
Karl W. Vosatka, B.S., Mark Lukowitsky, Ph.D., Victoria Balkoski, M.D., Patricia Gallagher, B.S., Nicole Bromley, Psy.D., Albany Medical Center
- (PS5-D98) Does Self-kindness Moderate the Relationship Between Borderline Symptoms and Feelings of Shame and Disgust?**
Jyotsna Panthee, M.A., Taylor Pitcher, B.A., Nicholas L. Salsman, ABPP, Ph.D., Xavier University
- (PS5-D99) Rehabilitative and Augmentative Benefits of Heated Yoga for Electroconvulsive Therapy-resistant Major Depressive Disorder: A Case Report**
Ashley K. Meyer, B.A.¹, Richard Norton, B.S.¹, Hitoshi Sakurai, M.D., Ph.D.¹, Chris C. Streeter, M.D.², David Mischoulon, M.D., Ph.D.¹, Maren Nyer, Ph.D.¹, 1. Massachusetts General Hospital, 2. Boston University School of Medicine & National Center for PTSD
- (PS5-D100) Green Mental Health: Promoting Social-emotional Skills via Outdoor Physical Activities in Park-based After-school Programs**
Enid A. Moreira, B.A., Allison C. Goodman, B.A., Stacy Frazier, Ph.D., Florida International University

PS6: COGNITIVE SCIENCE/COGNITIVE PRACTICES; TRAUMA AND STRESSOR-RELATED DISORDERS AND DISASTERS

Poster Session 6A

Key Words: PTSD (Posttraumatic Stress Disorder), Suicide, Prolonged Exposure

(PS6-A1) Changes in Suicidal Ideation in Prolonged Exposure for PTSD versus Prolonged Exposure Plus Sertraline

Kathy Benhamou, B.A.¹, Alexandra B. Klein, M.A.¹, Allison L. Baier, M.A.¹, Peter L. Rosencrans, M.S.², Rosemary S. Walker, M.S.², Lori A. Zoellner, Ph.D.², Norah C. Feeny, Ph.D.¹, 1. Case Western Reserve University, 2. University of Washington

(PS6-A2) Trauma Center-based Early Risk-reduction Intervention for Patients with Violent and Non-violent Injuries in the Context of a Stepped-care Clinical Service

Yulia Gavrilova, Ph.D., Naomi Ennis, M.A., Meagan Mack, M.A., Margaret T. Anton, Ph.D., Leigh E. Ridings, Ph.D., Kenneth Ruggiero, Ph.D., Tatiana Davidson, Ph.D., Medical University of South Carolina

(PS6-A3) Evaluating Algorithms for Case Identification of Posttraumatic Stress Disorder Within Veterans Affairs Medical Records

Samantha Moshier, Ph.D.¹, Brian Marx, Ph.D.², Terence Keane, Ph.D.³, 1. Emmanuel College, 2. Behavioral Science Division, NCPTSD, 3. Boston University School of Medicine & National Center for PTSD

(PS6-A4) Investigating the Interactions Between State and Trait Anxiety on Task Switching: Effects of Anxiety Irrespective of Worry and Depression

Abigail L. Barthel, M.A.¹, Idan M. Aderka, Ph.D.², Tory Drescher, B.S.³, Andrew Byrne, B.A.³, Stefan G. Hofmann, Ph.D.³, 1. Center for Anxiety and Related Disorders, Boston University, 2. University of Haifa/Boston University, 3. Boston University

(PS6-A5) “I’ve Had to Bury a Lot of Kids over the Years...”: Violence Prevention Streetworkers’ Exposure to Trauma

Helen Z. MacDonald, Ph.D., Janese Free, Ph.D., Emmanuel College

(PS6-A6) Trait Mindfulness and Attention to Emotional Information: An Eye Tracking Study

Morganne A. Kraines, Ph.D.¹, Lucas Kelberer, Ph.D.², Cassandra P. Krug Marks, M.S.³, Tony T. Wells, Ph.D.³, 1. Alpert Medical School of Brown University/Butler Hospital, 2. Kansas City VA Medical Center, 3. Oklahoma State University

(PS6-A7) Posttraumatic Stress Disorder Symptom Severity and Eating Pathology: The Role of Emotion Regulation Difficulties

Ariana G. Vidana, B.S., Tara L. Spitzgen, M.A., Kylee A. Spencer, Kim L. Gratz, Ph.D., Matthew T. Tull, Ph.D., University of Toledo

- (PS6-A8) The Role of Drinking to Cope as a Mechanism Between Sleep Problems and Heavy Episodic Drinking Among Trauma Survivors: A Longitudinal Test**
Alexandra N. Brockdorf, B.S.¹, James Kyle Haws, M.A.¹, Kim L. Gratz, Ph.D.², Terri L. Messman-Moore, Ph.D.³, David DiLillo, Ph.D.¹, 1. University of Nebraska-Lincoln, 2. University of Toledo, 3. Miami University
- (PS6-A9) Remembering the Neutral: How Depression and Anhedonia Impact Source Memory**
Nathan M. Hager, M.A., Matthew R. Judah, Ph.D., Old Dominion University
- (PS6-A10) Worry and Mindfulness' Effect on Working Memory**
Robinson De Jesus Romero, M.S.¹, Giovanni Trado-Santiago, Ph.D.², Lydia Rodriguez-Corcelles², 1. Indiana University, 2. University of Puerto Rico-Rio Piedras
- (PS6-A11) Distress Intolerance and Executive Function in a Youth Clinical Sample**
Hillary L. Ditmars, M.A.¹, Alex E. Keller, M.A.², Jonathan Comer, Ph.D.³, Donna B. Pincus, Ph.D.¹, 1. Boston University Center for Anxiety and Related Disorders, 2. Boston University, 3. Florida International University
- (PS6-A12) Self-report Measures of Our Stream of Consciousness: Does the Method of Assessment Matter?**
Tina Chou, Ph.D.¹, Anish Kanabar, B.A.¹, Marta Migó, B.A.¹, Darin D. Dougherty, M.D.¹, Jill Hooley, Ph.D.², 1. Massachusetts General Hospital/Harvard Medical School, 2. Harvard University
- (PS6-A13) An Examination of the Structure of Cognitive Control Using Six Abbreviated Task Paradigms**
Emily M. Bartholomay, M.A.¹, Sarah J. Kertz, Ph.D.², 1. Southern Illinois University Carbondale, 2. Southern Illinois University
- (PS6-A14) "We Can Make It a Happier day:" What Predicts Trauma Anniversary Reactions Marked by Growth?**
Madeline J. Bruce, M.S., Terri L. Weaver, Ph.D., Saint Louis University
- (PS6-A15) Mnemonic Discrimination and Social Anxiety: The Role of State Anxiety**
Gabriella T. Ponzini, M.S., Sarah Segeare, Julean Bender, Shari Steinman, Ph.D., West Virginia University
- (PS6-A16) Development and Pilot Testing of a Trauma-focused Cognitive-behavioral Self-management Mobile App for Post-traumatic Stress Symptoms**
Madeleine Miller, B.S., Carmen P. Mclean, Ph.D., Adrian Davis, M.A., National Center for PTSD
- (PS6-A17) A Person-centered Exploration of Dissociative Experiences and Facets of Mindfulness**
Annie-Lori C. Joseph, B.A., Brooke A. Duarte, M.S., Gina Falcone, M.S., Ph.D., Matthew Jerram, Ph.D., Suffolk University
- (PS6-A18) Can We See It to Believe It? Comparing Observational and Direct Fear Extinction Learning Among Adults**
Yael Skversky-Blocq, M.A., Shahar Shmuel, B.A., Tomer Shechner, Ph.D., University of Haifa

- (PS6-A19) Sex Differences in Stress, Trauma, and Relationship to Alcohol Use Severity in a Community Sample of Non-disordered Individuals**
Katie N. Kim, MSW, Rajita Sinha, Ph.D., Dongju Seo, Ph.D., Department of Psychiatry, Yale School of Medicine
- (PS6-A20) Evaluating the Impact of a Pilot Empowerment Self-defense Program Integrated in a University Counseling Center**
Maiya Hotchkiss, B.A.¹, Jessica B. Palatnik ¹, Lisa Weinberg, Ph.D.², Danielle S. Berke, Ph.D.³, 1. Hunter College, City University of New York, 2. Montclair State University, 3. Hunter College of The City University of New York, CUNY Graduate Center
- (PS6-A21) Concurrent Validity of the Peritraumatic Distress Inventory (PDI) in Relation to Physiological Indicators of Peritraumatic Distress in Trauma Center Patients**
Aizara Ermekbaeva ¹, Kenneth Ruggiero, Ph.D.², Tatiana Davidson, Ph.D.², Margaret T. Anton, Ph.D.², Janelle F. Barrera, M.P.H.¹, Brian E. Bunnell, Ph.D.¹, 1. University of South Florida, 2. Medical University of South Carolina
- (PS6-A22) Military Sexual Trauma: Treatment Outcomes of Veterans and Service Members with Military Sexual Trauma in a Two-week Intensive Program for PTSD**
Lauren Gibson, B.A., Ph.D.¹, Elyse Lynch, B.A.², Cory Stasko, M.S.², Elizabeth Goetter, Ph.D.², Yijie Han, M.S.², Kalo Tanev, M.D.¹, Thomas Spencer, M.D.², Edward C. Wright, ABPP, Ph.D.², 1. Harvard Medical School, 2. Massachusetts General Hospital
- (PS6-A23) Examining the Relationship Between Childhood Trauma and Complicated Grief After Loss: The Mediating Role of Difficulties in Emotion Regulation**
Stephanie X. Wu, B.A.¹, Matteo Malgaroli, Ph.D.¹, Samrachana Adhikari, Ph.D.¹, Bryana Schantz, B.A.², Carly Miron, B.A.², Madeleine Rassaby, B.A.², Alan Chen, M.S.³, Rebecca R. Suzuki, B.A.¹, Emma Toner, B.A.⁴, Donald J. Robinaugh, Ph.D.⁴, Naomi M. Simon, M.D., M.S.³, 1. New York University School of Medicine, 2. NYU Langone Medical Center, 3. NYU Langone, Dept. of Population Health, 4. Massachusetts General Hospital
- (PS6-A24) Predictors of Community Helping Behavior After Hurricane Harvey**
Bailey R. Pascuzzi, B.S, Behnaz Darban, M.A., Megan Millmann, M.S., Ellie Ramón, Hollie Box, M.A., Malena Gimenez-Zapiola, B.A., Mary Short, Ph.D., Steven L. Bistricky, Ph.D., University of Houston- Clear Lake
- (PS6-A25) Advancing Our Understanding of Complicated Grief Treatment by Examining Change in Intra-individual Symptom Dynamics**
Daniella Levine, B.A.¹, Eric Bui, M.D., Ph.D.², Donald J. Robinaugh, Ph.D.¹, 1. Massachusetts General Hospital, 2. Massachusetts General Hospital, Harvard Medical School

Key Words: PTSD (Posttraumatic Stress Disorder), Emotion Regulation, Cognitive Therapy

(PS6-B26) Improvements in Emotion Regulation as a Predictor of Change in PTSD Symptoms Following Cognitive Processing Therapy

Gillian M. Alcolado, Ph.D., Natalie Wright, B.S., Ronak Patel, Ph.D., Sarah J. Chauk, Psy.D., Natalie P. Mota, Ph.D., David J. Podnar, Ph.D., Ji Hyun Ko, Ph.D., University of Manitoba

(PS6-B27) Trauma Timing Moderates the Link Between Social Support and PTSD Symptoms in Survivors of Interpersonal Violence

Kelci Straka, B.A.¹, Alyson Zalta, Ph.D.¹, Vanessa Tirone, Ph.D.², Daria Orlowska³, Rebecca Blais, Ph.D.⁴, Ashton Lofgreen, Ph.D.², Brian Klassen, Ph.D.², Philip Held, Ph.D.², Natalie Stevens, Ph.D.², Elizabeth Adkins, Ph.D.⁵, Amy Dent, Ph.D.¹, 1. University of California Irvine, 2. Rush University Medical Center, 3. Western Michigan University, 4. Utah State University, 5. Northwestern University Feinberg School of Medicine

(PS6-B28) Using Network Analysis to Deepen Understanding of Posttraumatic Stress After Intimate Partner Abuse

Zoe Bridges-Curry, M.A., Tamara Newton, Ph.D., The University of Louisville

(PS6-B29) Overcoming Adversity and Stress Injury Support (OASIS): Evaluation of Residential Treatment Outcomes for U.S. Service Members with PTSD

Naju J. Madra, M.A.¹, Kristen H. Walter, Ph.D.¹, Casey B. Kohen, M.A.¹, Cameron McCabe, Ph.D.¹, Jessica Watrous, Ph.D.¹, Justin Campbell, Ph.D.², Cynthia Thomsen, Ph.D.¹, 1. Naval Health Research Center, 2. Naval Medical Center San Diego

(PS6-B30) Computer Gameplay Is Associated with Increased Intrusion Distress Following an Analogue Trauma

Christopher R. DeJesus, M.A., Brittany Bonasera, M.A., Mitchell L. Schare, ABPP, Ph.D., Hofstra University

(PS6-B31) Giving Thanks Is Associated with Lower PTSD Severity: A Meta-analytic Review of Gratitude and PTSD

Angela L. Richardson, M.A., Matthew W. Gallagher, Ph.D., University of Houston

(PS6-B32) Do Certain Characteristics of Intimate Partner Violence Differentially Predict Post Traumatic Stress Symptoms?

Rimsha Majeed, M.S.¹, Bre'Anna L. Free, B.A.¹, Alexandra J. Lipinski, M.S.², Rivian K. Lewin, M.S.², J. Gayle Beck, Ph.D.¹, 1. University of Memphis, 2. The University of Memphis

(PS6-B33) The Effects of Racial Diversity on PTSD Treatment Outcomes in Group Cognitive Processing Therapy

Emy Willis, M.S.¹, Margaret Mackintosh, Ph.D.², Nancy Cha, Ph.D.³, Leslie Morland, Psy.D.⁴, 1. University of Central Florida, 2. National Center for PTSD, 3. VA San Diego Healthcare System, 4. VA San Diego Healthcare System/University of California, San Diego

- (PS6-B34) **Increasing Cognitive Load Attenuates the Moderating Effect of Attentional Inhibition on the Relationship Between Posttraumatic Stress Symptoms and Threat-related Attention Bias Variability**
Kate Clauss, M.A.¹, Thomas A. Daniel, Ph.D.², Robert Gordon, Ph.D.¹, Kelsey Thomas, M.A.¹, Joseph R. Bardeen, Ph.D.¹, 1. Auburn University, 2. Westfield State University
- (PS6-B35) **The Bidirectional Relationship Between Parent and Child Psychological Functioning Following a Natural Disaster**
Jennifer Piscitello, M.A., Emily L. Robertson, M.A., Mary Lou Kelley, Ph.D., Louisiana State University
- (PS6-B36) **Not All Traumas Are Created Equal: differential Risk and Phenotypic Expression of PTSD in Relation to Index Traumatic Life Events in U.S. Military Veterans**
Lorig Kachadourian, Ph.D.¹, Ilan Harpaz-Rotem, Ph.D.², Steven M. Southwick, M.D.², Robert Pietrzak, Ph.D.², 1. VA Connecticut Healthcare System, 2. Yale University School of Medicine
- (PS6-B37) **Double Dipping: Depression Symptoms Among Incarcerated Women Who Completed Two Rounds of Exposure-based Trauma Focused Group Therapy**
Roselee J. Ledesma, M.A., Ana J. Bridges, Ph.D., University of Arkansas
- (PS6-B38) **Associations Between Rape Myths, Post-trauma Cognitions, and Growth in Sexual Assault Survivors**
Nicole J. Barlé, M.A., Sin-Ying Lin, M.A., K. Daniel O'Leary, Ph.D., Stony Brook University
- (PS6-B39) **Examining Associations Between Posttraumatic Stress Disorder Symptoms and Deliberate Self-harm Through Emotion Dysregulation**
Alexa M. Raudales, B.A.¹, Svetlana Goncharenko, M.A.¹, Shannon R. Forkus, M.A.¹, Ateka Contractor, Ph.D.², Nicole H. Weiss, Ph.D.¹, 1. University of Rhode Island, 2. University of North Texas
- (PS6-B40) **Sleep-related Anxiety and Sleep State Misperception in Women with Posttraumatic Stress Disorder**
Kimberly A. Arditte Hall, Ph.D.¹, Kimberly B. Werner, Ph.D.², Michael G. Griffin, Ph.D.², Tara E. Galovski, Ph.D.³, 1. Framingham State University, 2. University of Missouri St. Louis, 3. Women's Health Sciences Division, VA National Center for PTSD
- (PS6-B41) **An Interaction Model of Hurricane Michael Experience, Posttraumatic Stress Symptoms, Experiential Avoidance, and Trauma-related Sleep Disturbance**
Samantha M. Nagy, M.S., Daniel J. Gildner, M.S., Scott M. Pickett, Ph.D., Florida State University
- (PS6-B42) **Maternal Trauma: Proximal and Distal Outcomes in the Perinatal Period**
Laura C. Curren, M.A.¹, Shea E. Gold, B.A.¹, Tithi D. Baul, M.P.H.², Martha C. Tompson, Ph.D.¹, 1. Boston University, 2. Boston Medical Center
- (PS6-B43) **Reductions in Shame as a Potential Mediator Between Increased Access to Emotion Regulation Strategies and Reductions in PTSD Severity**
Aidan J. Flynn, M.S., Alexander A. Puhalla, M.A., Amanda S. Vaught, Psy.D., Coatesville VAMC

- (PS6-B44) **Components of Shame as Moderators Between Emotion Dysregulation and PTSD Severity in a Combat Veteran Population**
Aidan J. Flynn, M.S., Alexander A. Puhalla, M.A., Amanda S. Vaught, Psy.D., Coatesville VAMC
- (PS6-B45) **There Once Was a Road Through the Woods: An Examination of Trauma Disclosure Beliefs and Attitudes Towards Support Utilization Using Random Forests**
Kenneth McClure, B.S.¹, Ryan Mathew. Kozina, M.S.², Layla M. Elmi, B.S.², Alicia Bachtel, M.A.², Joshua D. Clapp, Ph.D.², 1. University of Notre Dame, 2. University of Wyoming
- (PS6-B47) **Discrepancies Between Veteran-self-report and Partner-report of PTSD Symptoms: Association with Relationship Satisfaction**
Bingyu Xu, B.A., Elyse Lynch, B.A., Edward C. Wright, ABPP, Ph.D., Thomas Spencer, M.D., Bonnie Ohye, Ph.D., Massachusetts General Hospital
- (PS6-B48) **Social Behavior and Emotional Experiences Among Bereaved Adults with and Without Complicated Grief: An Ecological Momentary Assessment Study**
Ilana Ander, B.A.¹, Emma Toner, B.A.¹, Nicole J. Leblanc, Ph.D.¹, Eric Bui, M.D., Ph.D.², Donald J. Robinaugh, Ph.D.¹, 1. Massachusetts General Hospital, 2. Massachusetts General Hospital, Harvard Medical School
- (PS6-B49) **Revisiting the Predictive Value of Heart Rate Relative to PTSD and Depression in Trauma Center Patients: Does It Matter When It's Measured?**
Aizara Ermekbaeva ¹, Kenneth Ruggiero, Ph.D.², Tatiana Davidson, Ph.D.², Margaret T. Anton, Ph.D.², Janelle F. Barrera, M.P.H.¹, Brian E. Bunnell, Ph.D.¹, 1. University of South Florida, 2. Medical University of South Carolina
- (PS6-B50) **The Bidirectional Relationship Between Health-promoting Behaviors and Post-traumatic Stress Disorder**
Xiao Chen Luo, Ph.D., Genna Hymowitz, Ph.D., Brittain Mahaffey, Ph.D., Lucero Molina, B.A., Adam Gonzalez, Ph.D., Stony Brook University

Poster Session 6C

Key Words: *Trauma, PTSD (Posttraumatic Stress Disorder), Experiential Avoidance*

- (PS6-C51) **Extending the Relationship Between the Behavioral Inhibition System and Posttraumatic Stress Symptoms in a Sample of Trauma-exposed, U.S. Mturk Workers**
Daniel J. Gildner, M.S.¹, Scott M. Pickett, Ph.D.², 1. Oakland university, 2. Florida State University
- (PS6-C52) **Evaluation of PTSD Symptoms and Subjective Distress Tolerance: Impact on Quality of Life**
Emily Ahles, B.A., Lisa S. Elwood, Ph.D., University of Indianapolis
- (PS6-C53) **Predictors of Complicated Grief and Posttraumatic Growth in Young Adults with Parental Bereavement During Adolescence**
Jieun Kwon, M.A., Sungeun You, Ph.D., Chungbuk National University

- (PS6-C54) Hope in the Acute Aftermath of Trauma in the Emergency Department**
Kathy Benhamou, B.A.¹, Alex O. Rothbaum, M.A.¹, Alexandra B. Klein, M.A.¹, Allison L. Baier, M.A.¹, Alexander Vu, M.A.¹, Andrew A. Cooper, Ph.D.², John J. Como, M.P.H., M.D.³, Norah C. Feeny, Ph.D.¹, 1. Case Western Reserve University, 2. University of Toronto, 3. Case Western Reserve University School of Medicine
- (PS6-C55) Protective Factor of Resilience Between Adverse Childhood Experiences and Anxiety and Dissociative Symptoms in Emerging Adulthood**
Taylyn J. Jameson, B.A., Ellen Jopling, M.A., Joelle LeMoult, Ph.D., University of British Columbia
- (PS6-C56) Does Social Support Moderate the Association Between Elapsed Time Since Leaving an Abusive Romantic Partner and Mental Health Symptoms: An Investigation of Women Exposed to Intimate Partner Violence**
Bre'Anna L. Free, B.A., Rimsha Majeed, M.S., Alexandra J. Lipinski, M.S., Rivian K. Lewin, M.S., J. Gayle Beck, Ph.D., University of Memphis
- (PS6-C57) Posttraumatic Stress Symptoms and Processing of Emotional Stimuli**
Hannah C. Espeleta, Ph.D., Danielle Taylor, Ph.D., Jacob D. Kraft, M.S., DeMond Grant, Ph.D., Oklahoma State University
- (PS6-C58) Self- and Self-blame Posttraumatic Cognitions Significantly Predict Depression Symptoms for Patients with a Military Sexual Trauma (MST) History**
Michelle Fernando, M.S.¹, Ellen I. Koch, Ph.D.¹, Lance R. Roehl, B.S.¹, Karen Saules, Ph.D.¹, Stephen Jefferson, Ph.D.¹, Joseph Tu, B.A.¹, Minden B. Sexton, Ph.D.², 1. Eastern Michigan University, 2. Ann Arbor Veterans Healthcare System
- (PS6-C59) The Indirect Effect of Trauma-related Shame on Scrupulosity and Trauma-related Mental Contamination**
Alyssa C. Jones, M.A., Audra Goodley, Sarah Hayden, Christal Badour, Ph.D., University of Kentucky
- (PS6-C60) Effect of an Internet-based Intervention for Adjustment Disorder on the Purpose in Life**
Soledad Quero, Ph.D.¹, Cintia Tur,¹ Sonia Mor ¹, Daniel Campos, Ph.D.¹, Iryna Rachyla, Ph.D.¹, Helio Marco, Ph.D.², 1. Universitat Jaume I, 2. Universidad de Valencia
- (PS6-C61) A Network Analysis of Two Conceptual Approaches to the Etiology of PTSD**
Natasha Benfer, M.S., Travis Rogers, M.S., Joseph R. Bardeen, Ph.D., Auburn University
- (PS6-C63) Obsessive Beliefs in the Prediction of Posttraumatic Stress Symptoms**
Caleigh Koppelman, Heidi J. Ojalehto, B.S., Peyton Miyares, Emma DeMartino, Samantha N. Hellberg, B.A., Jennifer L. Buchholz, M.A., Jon Abramowitz, Ph.D., University of North Carolina at Chapel Hill
- (PS6-C64) Factors Related to Post-traumatic Growth in Survivors of Intimate Partner Violence**
Korine Cabrera, M.A., Nora K. Kline, M.A., Kathleen M. Palm Reed, Ph.D., Clark University
- (PS6-C65) Negative Social Reactions Following Disclosure: Comparisons of Survivors' Experiences and Posttraumatic Stress Following Different Forms of Victimization**
Catherine M. Reich, Ph.D., Alixandra Johnson, Grace Pegel, B.S., Jeremy Jamieson, B.S., University of Minnesota Duluth

- (PS6-C66) The Moderating Role of Perceived Social Support in the Relation Between Posttraumatic Stress Disorder and Substance Misuse Among Black College Students**
Miranda E. Reyes, M.A., Joseph S. Rossi, Ph.D., Emmanuel D. Thomas, B.A., Nicole H. Weiss, Ph.D., University of Rhode Island
- (PS6-C67) PTSD, TBI, and Alcohol Use Among Active Duty Service Members Who Deployed to Combat Zones**
Margaret A. Caruso, B.A.¹, Jennifer L. Robinson, Ph.D.¹, Jeffrey S. Katz, Ph.D.¹, Michael Dretsch, Ph.D.², Christopher J. Correia, Ph.D.¹, 1. Auburn University, 2. US Army Medical Research Directorate-West, Walter Reed Army Institute for Research
- (PS6-C68) The Relationship Between Substance-related Campus Sexual Assault, Substance Use Coping, and Posttraumatic Stress Symptoms**
Elijah B. Buckwalter, Olivia A. Ortelli, Joanna L. Herres, Ph.D., The College of New Jersey
- (PS6-C69) Mental Health Stigma and Trauma in Latino/as**
Cassandra Hernandez, B.A.¹, Sean A. Lauderdale, Ph.D.², 1. Texas A&M University-Commerce, 2. A&M-Commerce
- (PS6-C70) Applying an Altruistic Positive Writing for Psychological Distress Caused by COVID-2019: An On-going Intervention Study**
Bingsu Wang, Ph.D.¹, Muyang Li, B.S.², Yinyin Zang, Ph.D.², Jie Zhong, Ph.D.³, 1. School of Psychological and Cognitive Sciences and Beijing Key Laboratory of Behavior and Mental Health, Peking University, Beijing, China, 2. Peking University, 3. Clinical and Health Psychology Department, School of Psychological and Cognitive Sciences, Peking University
- (PS6-C71) Social Reactions to Substance-related Campus Sexual Assault Depend on Who You Tell**
Olivia A. Ortelli, None, Joanna L. Herres, Ph.D., The College of New Jersey
- (PS6-C72) The Moderating Effect of Emotion Dysregulation in Childhood Victimization and Depersonalization Symptoms**
Rhiannon Gibbs, M.A., Sara C. Haden, Ph.D., Long Island University
- (PS6-C73) Prolonged Exposure for Treating PTSD Among Individuals Receiving Methadone or Buprenorphine for Opioid Use Disorder**
Kelly R. Peck, Ph.D., Danyelle Pagan, B.S., B.A., Elias Klempere, Ph.D., Gary Badger, M.S., Stacey C. Sigmon, Ph.D., University of Vermont
- (PS6-C74) PTSD Severity as a Predictor of Treatment Outcomes in a Partial Hospital Program**
Erin E. Beckham, B.A.¹, Kaitlyn R. Wellcome, M.A.², Antonia V. Seligowski, Ph.D.³, Kirsten Christensen, B.S.¹, Thröstur Björgvinsson, Ph.D.³, Courtney Beard, Ph.D.³, 1. McLean Hospital, 2. University of Massachusetts. Boston, 3. McLean Hospital/Harvard Medical School
- (PS6-C75) Fear of Pain as a Predictor of Concurrent and Downstream PTSD Symptoms**
Anna C. Barbano, B.S.¹, Matthew T. Tull, Ph.D.¹, Nicole M. Christ, M.A.¹, Hong Xie, M.D., Ph.D.¹, Brian Kaminski², Xin Wang, M.D., Ph.D.¹, 1. University of Toledo, 2. ProMedica Toledo Hospital

Poster Session 6D

Key Words: Trauma, Risk / Vulnerability Factors, Case Conceptualization / Formulation

(PS6-D76) Everyday Moral Injury: Can MI Result from Common Violations in the Workplace?

Ryan Smout, M.A., Anthony H. Ahrens, Ph.D., American University

(PS6-D77) Exploring Treatment Retention for Skills Training in Affective and Interpersonal Regulation (STAIR) Group in a Substance Use Disorder Outpatient Clinic

Alessandra DeFonzo, B.S., Nina Z. Dadabhoy, M.A., Rachel Proujansky, Psy.D., Jeffrey Foote, Ph.D., Carrie Wilkens, Ph.D., Center for Motivation and Change

(PS6-D78) The Prevalence of Guilt in the Development of Posttraumatic Stress Disorder

Victoria Argento, M.A., Christopher R. DeJesus, M.A., Mitchell L. Schare, ABPP, Ph.D., Hofstra University

(PS6-D79) Sexual Trauma and Negative Posttraumatic Cognitions Among Veterans Seeking Treatment for Posttraumatic Stress Disorder (PTSD) and Alcohol Use Disorder (AUD)

Emily R. Wilhite, Ph.D.¹, Michelle Pitts, Ph.D.², Moira Haller, Ph.D.², Sonya Norman, Ph.D.³, 1. VA San Diego Healthcare System, 2. VA San Diego Healthcare System/University of California, San Diego, 3. University of California San Diego

(PS6-D80) The Value of Trauma-focused Cognitive Behavioral Therapy (TF-CBT) in Addressing the Therapeutic Needs of Trafficked Youth: A Case Study

Yahaira Marquez, Ph.D.¹, Allison T. Dovi, Ph.D.², 1. Rowan University, 2. Nemours/Al DuPont Hospital for Children

(PS6-D81) The Relationship Between Posttraumatic Stress and Posttraumatic Growth in Cancer Survivors

Laura J. Long, M.A., Matthew W. Gallagher, Ph.D., University of Houston

(PS6-D82) Posttraumatic Stress Disorder Modulates Avoidance of Positive Emotions Among Trauma-exposed Military Veterans in the Community

Nicole H. Weiss, Ph.D.¹, Melissa Schick, M.A.¹, Ateka Contractor, Ph.D.², Svetlana Goncharenko, M.A.¹, Alexa M. Raudales, B.A.¹, Shannon R. Forkus, M.A.¹, 1. University of Rhode Island, 2. University of North Texas

(PS6-D83) Associations Among Sexual Assault Characteristics and Social Reactions to Disclosure in a Sample of Undergraduate Women

Danielle S. Citera, B.A., Shira Falk Ritholtz, Ph.D., Andrea Bergman, Ph.D., Elissa J. Brown, Ph.D., St. John's University

(PS6-D84) Posttrauma Symptoms and Interpersonal Functioning: The Moderating Role of Empathy

Layla M. Elmi, B.S., Joshua D. Clapp, Ph.D., University of Wyoming

(PS6-D85) Guilt and Shame Proneness Predicts Growth in Sexual Assault Survivors

Nicole J. Barlé, M.A., Sin-Ying Lin, M.A., K. Daniel O'Leary, Ph.D., Stony Brook University

- (PS6-D86) Examining Associations Between Moral Binding Values and Interpersonal Trauma Survivors' Blame Attributions**
Catherine M. Reich, Ph.D.¹, Erin Casanova¹, Stephanie A. Sacks, Ph.D.², Naseem Farahid¹, Tanya Mulzon³, Grace Pegel, B.S.¹, Jeremy Jamieson, B.S.¹, 1. University of Minnesota Duluth, 2. Cognitive Behavioral Therapy Center of the Palm Beaches, 3. Lake Superior College
- (PS6-D87) Are Trauma Anniversaries Simply PTSD Reminders?**
Madeline J. Bruce, M.S., Terri L. Weaver, Ph.D., Saint Louis University
- (PS6-D88) PTSD and Migraine in College Students: Examining the Mediating Role of Pain-related Anxiety**
Patricia J. Mejia, B.S., Morgan Maples, B.S., Madison Istre, B.S., Michael J. McDermott, Ph.D., University of Louisiana at Lafayette
- (PS6-D89) Adverse Childhood Experiences (ACES), Posttraumatic Stress, Drug-alcohol Use, Mindfulness, and Academic Performance Among College Students**
Lexi Kearns¹, Daniel Loomis, B.A.¹, Rebecca L. Laconi, B.S.², Zachary Getz, B.S.¹, Mikaela Armao¹, Tyler Healy¹, Elizabeth Gillooly¹, Michael J. Gawrysiak, Ph.D.¹, 1. West Chester University of Pennsylvania, 2. West Chester University
- (PS6-D90) The Relationship Between Adverse Childhood Experiences and Risky Sexual Behavior Among College Students**
Kyle Neubert, Hannah Grigorian, M.A., Gregory Stuart, Ph.D., Klara P. Houck, University of Tennessee - Knoxville
- (PS6-D91) The Role of Forgiveness and Ethnic Differences**
Kacie E. Hester¹, Kimberly Taylor, B.S.², David T. Solomon, Ph.D.¹, 1. Western Carolina University, 2. Western Carolina University Psychology Department
- (PS6-D92) Sex Differences in Posttraumatic Stress Disorder: Implications for Diagnosis and Treatment**
Carolina Gutierrez, B.S., Ty Schepis, Ph.D., Alessandro S. De Nadai, Ph.D., Texas State University
- (PS6-D93) Intra-familial Homicide: Assessing Needs and the Impact on the Family System**
Allison Rozovsky, M.S., Ashley DeBlasi, M.S., Julie Stout, M.S., Corrie Jackson, Ph.D., Scott Browning, Ph.D., Chestnut Hill College
- (PS6-D94) The Impact of PTSD Hyperarousal Symptoms on Reaction Time**
Rachel M. Ahrenholtz, B.S., Marisa C. Ross, B.S., Josh Cisler, Ph.D., University of Wisconsin - Madison
- (PS6-D95) Male and Female Perceptions of Group Cohesion in an Intensive Treatment Setting for PTSD: Implications for Military and Trauma-informed Treatment Centers**
Elyse Lynch, B.A.¹, Bingyu Xu, B.A.¹, Edward C. Wright, ABPP, Ph.D.¹, Kalo Tanev, M.D.², Elizabeth Goetter, Ph.D.¹, 1. Massachusetts General Hospital, 2. Harvard Medical School
- (PS6-D96) The Effects of Trauma Type on Subsequent Alcohol Use and PTSD Symptomology**
Olivia A. Ortelli, Meagan F. McDowell, B.A., Joanna L. Herres, Ph.D., The College of New Jersey

- (PS6-D97) **A Longitudinal Investigation of the Meaning-making Model in Middle-aged Adults Who Have Experienced Trauma**
Reagan E. Fitzke, B.S.¹, Dylan Marsh, B.S.², Mark A. Prince, Ph.D.², 1. University of Southern California, 2. Colorado State University
- (PS6-D98) **Adaptations to Consider When Transitioning the Delivery of TF-CBT from Face-to-face to Telehealth Overnight: What We Learned During COVID-19**
Allison T. Dovi, Ph.D., Elizabeth A. Gravallese-Anderson, Psy.D., Nemours/AI DuPont Hospital for Children
- (PS6-D99) **The Mediating Role of Maladaptive Emotion Regulation Between PTSD Symptoms and Alcohol Use**
Elizabeth A. McDermott, B.A., Joseph H. Lancaster, Ilya Yaroslavsky, Ph.D., Cleveland State University
- (PS6-D100) **Consequences of Rumination and Stress on Individuals with PTSD Symptoms**
Elizabeth A. McDermott, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University

4:00 p.m. – 6:00 p.m.

PS7: AGING AND OLDER ADULTS; COMORBIDITY; GLOBAL MENTAL HEALTH; HEALTH CARE SYSTEM/ PUBLIC POLICY; IMPROVED USE OF RESEARCH EVIDENCE; POSITIVE PSYCHOLOGY; PREVENTION; PRIMARY CARE/INTEGRATED CARE; TRANSDIAGNOSTIC

Poster Session 7A

Key Words: *Aging, Depression*

- (PS7-A1) **Age and Depression: A Comparison of Depressive Symptoms Across Young, Middle-age, and Older Adults**
Alexandra Laffer, M.A., Joe Fulton, B.A., M.A., University of Kansas
- (PS7-A2) **Emotion Regulation in Aging: Investigating Emotion Regulation and Depression in Older Adults, Using Indices of Mood, Cognitive, and Cardiovascular Reactivity/recovery in Response to Sad Mood Induction**
Liv Valö, B.A., Colin M. Bosma, M.A., Evan Vidas, B.A., William O'Neil, B.A., Emily A. Haigh, Ph.D., University of Maine
- (PS7-A3) **Influence of Co-morbid Mental Health Diagnosis on Substance Use Outcomes in a Dual-diagnosis Group Treatment Program**
Megan D. McCarthy, B.S., Bingyu Xu, B.A., Elizabeth Goetter, Ph.D., Thomas Spencer, M.D., Rene' Lento, Ph.D., Massachusetts General Hospital

- (PS7-A4) **Skills-based Outpatient Addiction Recovery (SOAR) Program: Feasibility and Effectiveness of a Dual-diagnosis Harm Reduction Intensive Outpatient Program for Veterans**
Rene' Lento, Ph.D., Megan D. McCarthy, B.S., Thomas Spencer, M.D., Elizabeth Goetter, Ph.D., Massachusetts General Hospital
- (PS7-A5) **The Overlap Between Psychotic Disorders, Substance Use, and Adversity: A Systematic Review of the Literature and Clinical Implications**
Victoria C. Paterson, B.A.¹, Alissa Pencer, Ph.D.¹, Philip Tibbo, M.D.², Amira Hmidan, B.A., 1. Dalhousie University, 2. Nova Scotia Health Authority
- (PS7-A6) **Well-being in Action: Examining the Impact of Acceptance and Commitment Training in Community-dwelling Older Adults**
Anne I. Roche, M.A., Emily Kroska, Ph.D., Marcie King Johnson, M.A., Holly Sesker, Monee' Turner, B.A., Julian van Heukelum, Regan Fleisher, Natalie Denburg, Ph.D., University of Iowa
- (PS7-A7) **Mental Health Literacy Among Indian School Teachers: Results from a Single-day Psychoeducational Intervention**
Tanya Singh, M.A., Jazmin Reyes-Portillo, Ph.D., Montclair State University
- (PS7-A8) **Examination of Identity Continuity and Pre-loss Grief in Family Members with a Terminal Illness: An Exploratory Study**
Madeline K. Wilson, Miles Neilson, Elisabeth McLean, B.A., Lori A. Berg, Giana M. Azizeh, Emily E. Laurita, Erik Anderson, B.A., Anthony Papa, Ph.D., Jonathan Singer, M.A., University of Nevada, Reno
- (PS7-A9) **The Relationship Between Stigma, Mental Health, and Mindfulness**
Genesis M. Saenz, Olivia Altaminano, M.S., Amy Weisman de Mamani, Ph.D., University of Miami
- (PS7-A10) **Social Relationships, Substance Use, and HIV Care in a Resource-limited Setting in South Africa**
Kristen S. Regenauer, B.A.¹, Jennifer Belus, Ph.D.¹, Alexandra Rose, M.S.¹, Talya Gordon, None², John Joska, Ph.D.³, Bronwyn Myers, Ph.D.⁴, Steven Safren, Ph.D.⁵, Sibabalwe Ndamase, B.A.³, Sybil Majokweni, B.S.³, Jessica F. Magidson, Ph.D.², 1. University of Maryland- College Park, 2. University of Maryland, 3. University of Cape Town, 4. South African Medical Research Council, 5. University of Miami
- (PS7-A11) **Age Predicts Remission from Depression in a Partial Hospitalization Program**
Isabel Benjamin, B.A.¹, Madeline Ward, B.A.¹, Mark Zimmerman, M.D.², 1. Alpert Medical School of Brown University, 2. Rhode Island Hospital/Alpert Medical School of Brown University
- (PS7-A12) **Increasing Reach: Enhancing Aging-related CE Interests of Master's Level Clinicians**
Kelly A. Bergstrom, M.A., Ann M. Steffen, Ph.D., Selmi Kallmi, M.A., University of Missouri-St. Louis

- (PS7-A13) **Understanding How Clinicians Treat Children with Comorbid Diagnoses in Public Mental Health Following a Cognitive-behavioral Therapy Training Approach**
Grace S. Woodard, B.S.¹, Rashed AlRasheed ², Wilson Sheffield, B.A.², Lucy Berliner, LICSW³, Shannon Dorsey, Ph.D.², 1. University of Miami, 2. University of Washington, 3. Harborview Abuse and Trauma Center
- (PS7-A14) **Patient with Dementia Distress and Caregiver Positive Relationship Quality: An Auto-residual Cross-lag Analysis**
McKenzie K. Roddy, M.S.¹, Mark E. Kunik, M.P.H., M.D.², Amber B. Amspoker, Ph.D.², 1. Baylor College of Medicine, 2. Center for Innovations in Quality, Effectiveness, and Safety
- (PS7-A15) **Gender Differences in Social Problems, Anxiety, and Depression in ASD and ADHD**
Allison B. Ratto, Ph.D., Alyssa D. Verbalis, Ph.D., A. Chelsea Armour, M.A., Lauren Kenworthy, Ph.D.³, Children's National Hospital
- (PS7-A16) **Emotion Socialization as a Moderator of the Relation Between Neural Activity During Frustration and Later Emotion Regulation Difficulties**
Shannon Gair, M.S.¹, Hallie Brown, M.S.¹, Rosanna Breaux, Ph.D.², Claudia Lugo-Candelas, Ph.D.³, Jennifer M. McDermott, Ph.D.¹, Elizabeth Harvey, Ph.D.¹, 1. University of Massachusetts Amherst, 2. Virginia Polytechnic Institute and State University, 3. Columbia University/New York State Psychiatric Institute
- (PS7-A17) **Does Therapist Adherence Predict Perinatal Depression Treatment Outcomes in the Mom's Good Mood Icbt Program?**
Keith S. Dobson, Ph.D.¹, Jessica Y. Li, B.Sc.¹, Beibei Zhu, Ph.D.², Shanshan Shao, Ph.D.², Fangbiao Tao, Ph.D.², Shahirose Premji, Ph.D.³, 1. University of Calgary, 2. Anhui Medical University, 3. University of Toronto
- (PS7-A18) **Profiles of Conduct Problems, Callous-unemotional Behaviors, and Anxiety: Associations with Neighborhood Factors and Peer Processes**
Lindsay B. Myerberg, M.A., Priscila Colon, B.A., Deborah Drabick, Ph.D., Temple University
- (PS7-A19) **Dementia Cognitive Symptomology in Relation to Caregiver Depression and Anxiety**
Olivia Altamirano, M.S., Amy Weisman de Mamani, Ph.D., University of Miami
- (PS7-A20) **Post-traumatic Stress Disorder and Eating Disorder Symptoms: A Network Analysis**
Jillian D. Nelson, M.A.¹, Sarah Fischer, Ph.D.¹, Joanna Marino, Ph.D.², Rebecca Hardin, Psy.D.², 1. George Mason University, 2. Potomac Behavioral Solutions
- (PS7-A21) **A Mindfulness Intervention for Older Adults in Skilled Nursing Facilities**
Christian R. Terry, M.A., Alissa Dark-Freudeman, Ph.D., Sally MacKain, Ph.D., University of North Carolina Wilmington

- (PS7-A22) Assessing Openness to Implementation of an Evidence-based Intervention: A Preliminary Investigation in Kyiv, Ukraine**
 Kimberly Hook, M.A., Ph.D.¹, Milana Opanasenko, B.A.², Evelina Goncharenko, B.A.², Vitalii Kodobetskyi, B.A.², Andrii Kopytko, B.A.², Olga Kovalchuk, B.A.², Julia Kozishkurt, B.A.², Andriy Girmyk, Ph.D.², Sergiy Bogdanov, Ph.D.², 1. Boston University School of Medicine/Boston Medical Center/Massachusetts General Hospital, 2. National University of Kyiv-Mohyla Academy
- (PS7-A23) An Experiential Momentary Assessment of the Differential Impacts of General and Daily Sleep Quality on Variation in Daily Affect Using the Beiwe Research Platform**
 Colin M. Bosma, M.A., Evan Vidas, B.A., Ethan Seymour, None, Emily A. Haigh, Ph.D., University of Maine
- (PS7-A24) Associations Between Lifetime Posttraumatic Stress Disorder and Obsessive-compulsive Symptomatology: Evidence from the National Comorbidity Survey Replication**
 Rose E. Luehrs, M.A., M.S., Virginia K. McCaughey, B.A., Amy K. Marks, Ph.D., Suffolk University
- (PS7-A25) Drinking and Affective Outcomes of a Small Randomized Control Trial for Hazardous Drinkers with Negative Affect: A Comparison of Three Treatment Conditions**
 Giao Q. Tran, Ph.D., University of Cincinnati

Poster Session 7B

Key Words: *Global Mental Health, Adolescents, Depression*

- (PS7-B26) Depressed with High Well-being? Examining Patterns of Depression and Well-being Among Indian Adolescents**
 Rose E. Franzen, B.S.¹, Akash Wasil, M.A.², 1. Children's Hospital of Philadelphia, 2. University of Pennsylvania
- (PS7-B27) The Associations Between Social Media and Mental Health Constructs in Predominantly Hispanic College Students**
 Marcos Lerma, B.S., Joshua Torres, Carlos Portillo, Jr., B.S., Kevin Sandoval, Roberto Sagaribay, B.A., Theodore V. Cooper, Ph.D., University of Texas at El Paso
- (PS7-B28) Effects of Adverse Childhood Experiences Among Predominantly Hispanic College Students Living on the U.S./Mexico Border**
 Mariany G. Perez, B.S., Claudia J. Woloshchuk, B.A., Sandra Sierra, Luis F. Corona, Christopher Marquez, Theodore V. Cooper, Ph.D., University of Texas at El Paso
- (PS7-B29) Understanding Therapist Drift**
 Andrew J. Speers¹, Navjot Bhullar, Ph.D.¹, Suzanne M. Cosh, Ph.D.², Bethany Wootton, Ph.D.³, 1. University of New England, NSW, Australia, 2. University of New England, 3. University of Technology, Sydney

(PS7-B30) Does Negative Emotion Differentiation Influence Daily Self-regulation? A 4-year Daily Diary Study

Brad Brown, B.S.¹, David Disabato, Ph.D.², Fallon Goodman, Ph.D.¹, Todd B. Kashdan, Ph.D.³, 1. University of South Florida, 2. Kent State University, 3. George Mason University

(PS7-B31) Treatment Practices Associated with Suicide Treatment Progress in Children's Public Mental Health

Puanani J. Hee, Ph.D.¹, Kelsie H. Okamura, Ph.D.¹, Trina E. Orimoto, Ph.D.², David S. Jackson, Ph.D.³, Charles W. Mueller, Ph.D.⁴, 1. State of Hawai'i, Department of Health, Child & Adolescent Mental Health Division, 2. State of Hawai'i, Department of Health, Child and Adolescent Mental Health Division, 3. University of Hawai'i at Manoa, State of Hawaii Child & Adolescent Mental Health Division, 4. University of Hawai'i at Manoa

(PS7-B32) Patterns of Practice-based Evidence in a Statewide Youth Public Mental Health System

Puanani J. Hee, Ph.D.¹, Trina E. Orimoto, Ph.D.², Liam O. Mueller, B.S., Ph.D.³, Scott K. Shimabukuro, Ph.D.¹, David S. Jackson, Ph.D.⁴, Charles W. Mueller, Ph.D.⁵, 1. State of Hawai'i, Department of Health, Child & Adolescent Mental Health Division, 2. State of Hawai'i, Department of Health, Child and Adolescent Mental Health Division, 3. Ohio University, 4. University of Hawai'i at Manoa, State of Hawaii Child & Adolescent Mental Health Division, 5. University of Hawai'i at Manoa

(PS7-B33) Resilience-promoting Factors and Psychological Distress in an Anxiety Treatment Seeking Sample

Danielle A. A. Uy, MA¹, Ariella P. Lenton-Brym, M.A.¹, Karen Rowa, Ph.D.², Randi E. McCabe, Ph.D.³, Martin M. Antony, Ph.D.¹, 1. Ryerson University, 2. McMaster University, St. Joseph's Healthcare Hamilton, 3. McMaster University

(PS7-B34) Change in Treatment-seeking for Health-related Anxiety Following the COVID-19 Pandemic

Julianne W. Tirpak, M.A.¹, Lisa Smith, Ph.D.², 1. Boston University, 2. Boston University Center for Anxiety and Related Disorders

(PS7-B35) The Impact of Mental Health Clinic Relocation on New Patient Demographics: A Geographic Information Systems Analysis

Julianne W. Tirpak, M.A.¹, Lisa Smith, Ph.D.², 1. Boston University, 2. Boston University Center for Anxiety and Related Disorders

(PS7-B36) Barriers Accessing Mental Health Treatment Amongst Underrepresented First-Generation College Students Predicts Depressive Symptoms

Kate Bartolotta, B.A., Caitlin Rodgers, Roscoe Garner, IV, Elizabeth B. Raposa, Ph.D., Fordham University

(PS7-B37) Impact of Partial Hospitalization and Intensive Outpatient Programs for Children and Adolescents: A Systematic Review

Tara A. Von Mach, M.P.H., MSW¹, Kelly Walker Lowry, Ph.D.², Andrea J. Fawcett³, Nicholas Hatzis, M.D.⁴, 1. Ann & Robert H. Lurie Children's Hospital of Chicago, 2. Partial Hospitalization & Intensive Outpatient Programs, Lurie Children's Hospital; Northwestern University, 3. Ann & Robert H. Lurie Children's Hospital, 4. Northwestern University Feinberg School of Medicine

- (PS7-B38) State Mental Health Authority Officials' Perceptions of Barriers to Using Children's Mental Health Research**
Julia J. Spandorfer, B.A.¹, Katherine Nelson², Jonathan Purtle³, Rozhan Ghanbari², Mary McKay, Ph.D.⁴, Kimberly Hoagwood, Ph.D.⁵, 1. New York University Langone Health, 2. Drexel University, 3. Drexel University Dornsife School of Public Health, 4. Washington University in St. Louis, 5. New York University School of Medicine
- (PS7-B39) Burning up or Burning Out? How Different Types of Stress Affect Levels of Self-compassion**
Leah Brassard, B.A., Nancy Kocovski, Ph.D., Wilfrid Laurier University
- (PS7-B40) Burnout, Job Satisfaction, and Work-family Conflict Among Rural Medical Providers**
Danielle L. Terry, ABPP, PhD, Guthrie Family Medicine
- (PS7-B41) Does Vividness of Visual Imagery Buffer Against the Negative Consequences of Experiential Avoidance on Ability to Savor Positive Emotions?**
Sarah Dreyer-Oren, M.A., Rachel Geyer, B.A., Akanksha Das, B.S., Elise M. Clerkin, Ph.D., Miami University
- (PS7-B42) Hope Attenuates the Negative Impact of Stress and Depressive Symptoms on Goal Striving**
Sara Moss, M.A.¹, Matthew W. Southward, Ph.D.², Logan Wahl, B.A.¹, Jennifer Cheavens, Ph.D.¹, 1. The Ohio State University, 2. University of Kentucky
- (PS7-B43) Practices Predicting Progress in Manualized and Non-manualized Youth Community Mental Health Services**
Trina E. Orimoto, Ph.D.¹, Kalyn L. Holmes, M.A.², Puanani J. Hee, Ph.D.³, Lesley Slavin, Ph.D.⁴, David S. Jackson, Ph.D.⁵, Charles W. Mueller, Ph.D.², 1. State of Hawai'i, Department of Health, Child and Adolescent Mental Health Division, 2. University of Hawai'i at Manoa, 3. State of Hawai'i, Department of Health, Child & Adolescent Mental Health Division, 4. Child and Adolescent Mental Health Division, Department of Health Hawaii, 5. University of Hawai'i at Manoa, State of Hawaii Child & Adolescent Mental Health Division
- (PS7-B44) Examining Treatment Foster Care Through a Practice Element, Treatment Target and Progress Lens**
Jonathan K. Ahuna, B.A.¹, Puanani J. Hee, Ph.D.², Trina E. Orimoto, Ph.D.³, David S. Jackson, Ph.D.⁴, Charles W. Mueller, Ph.D.⁵, 1. University of Hawai'i at Mānoa, 2. State of Hawai'i, Department of Health, Child & Adolescent Mental Health Division, 3. State of Hawai'i, Department of Health, Child and Adolescent Mental Health Division, 4. University of Hawai'i at Manoa, State of Hawaii Child & Adolescent Mental Health Division, 5. University of Hawai'i at Manoa
- (PS7-B45) Development and Initial Validation of the Adult Coping Inventory**
Kristen Hollas, B.A., Kelsey G. Coulthard, B.A., Jennifer Piscitello, M.A., Mary Lou Kelley, Ph.D., Louisiana State University
- (PS7-B46) Comparing Detrending to Time-varying Vector Autoregressive Modeling in Comorbid ADHD and Depression**
Antonio F. Pagan, B.A., Kaley A. Roberts, B.A., Casey Thornton, M.A., Gregory H. Mumma, Ph.D., Texas Tech University

- (PS7-B47) **Shift-and-persist Coping as a Protective Factor Among African American Youth**
Olutosin Adesogan, B.S., Justin Lavner, Ph.D., Steven R. Beach, Ph.D., University of Georgia
- (PS7-B48) **Understanding Medical Care of Ex-guerillas in Colombia: Cognitive and Emotional Predictors of Healthcare Workers' Perception and Avoidance**
M. Natalia Acosta Canchila, B.S., Laura Acosta, M.A., James Kyle Haws, M.A., Arthur "Trey" Andrews, III, Ph.D., University of Nebraska-Lincoln
- (PS7-B49) **You Can Sometimes Get What You Want: Exploring Parent and Youth Psychosocial Treatment Knowledge of and Preferences for Evidence-based Approaches**
Jennifer S. Schild, B.S., David A. Langer, ABPP, Ph.D., Suffolk University
- (PS7-B50) **Clarifying Links Between Emotion Beliefs and Regulatory Strategy Use: An Idiographic, Multimethod Assessment of Emotion Regulation**
Gabriella Silva, B.S., Julie Monsees, Fallon Goodman, Ph.D., University of South Florida

Poster Session 7C

Key Words: CBT, Primary Care, Integrated Care

- (PS7-C51) **Let's Talk: A Study Measuring Patient Receptivity and Comprehension of Cognitive Behavior Therapy**
Marin G. Olson, M.A.¹, Ralph L. Olson, Ph.D.², Laura VandenAvond, Ph.D.³, 1. Minnesota State University, Mankato, 2. Marquette Family Medicine Residency, 3. Northern Michigan University
- (PS7-C52) **An Investigation of Caregiver Age, Education, and Baseline Knowledge as Predictive Barriers to Completion of a Community-based Child Abuse and Bullying Prevention Program**
Michelle Cusumano, B.A., Jenni R. Marques, B.A., M.A., Elissa J. Brown, Ph.D., Lois Beekman, B.A., St. John's University
- (PS7-C53) **Feasibility and Acceptability of an Asthma Coping Skills Intervention for Low-ses Latino Families**
Julia George-Jones, B.A., Catherine Esperanza, B.A., Cinthia Alvarado, B.A., Erin M. Rodríguez, Ph.D., University of Texas at Austin
- (PS7-C54) **Explicit and Implicit Biases Toward Patients with Mental Health and Substance Use Conditions in a Sample of Emergency Department Providers**
Nikita Parulkar, B.S.¹, Elinor E. Waite, B.A.¹, Lauren Simpson¹, Elizabeth M. Schoenfeld, M.D., M.S.¹, Linda M. Isbell, Professor, Ph.D.¹, Karen Kalmakis, Ph.D.¹, William Soares III, M.D., M.S.², Katherine L. Dixon-Gordon, Ph.D.¹, 1. University of Massachusetts Amherst, 2. Institute for Healthcare Delivery and Population Science
- (PS7-C55) **Efficacy Analysis of Child Sexual Abuse, Physical Abuse and Bullying Modules in an Accessible Community Based Prevention Program**
Jenni R. Marques, B.A., M.A., Michelle Cusumano, B.A., Elissa J. Brown, Ph.D., Lois Beekman, B.A., St. John's University

- (PS7-C56) Sociodemographic and Clinical Factors Associated with Patient Engagement in Outpatient Mental Health Services Following Referral from Primary Care**
Angela A. Song, B.A.¹, David W. Oslin, Ph.D.², Courtney Wolk, Ph.D.³, 1. Perelman School of Medicine, University of Pennsylvania, 2. University of Pennsylvania and CMC VA Medical Center, 3. Department of Psychiatry, Perelman School of Medicine, University of Pennsylvania
- (PS7-C57) Adverse Childhood Experiences and Healthcare Usage in Pediatric Primary Care: Implications for Healthcare Practitioners**
Nicole Fleischer, Psy.D., Eboni Winford, Ph.D., Caleb Corwin, Ph.D., Cherokee Health Systems
- (PS7-C58) Relationship Between Motivation for and Level of Physical Activity, and Eudaimonic Wellbeing: A SMART Platform Study**
Danielle M. Caissie, B.A., Hilary A. Power, M.A., Kristi D. Wright, Ph.D., Tarun Katapally, Ph.D., University of Regina
- (PS7-C59) The Status of SBIRT Training in Medical Education: A Cross-discipline Review and Evaluation of SBIRT Curricula and Educational Research**
Nicholas McAfee, Ph.D.¹, Julie A. Schumacher, Ph.D.¹, Michael B. Madson, Ph.D.², Margo Hurlocker, Ph.D.³, Daniel C. Williams, Ph.D.¹, 1. University of Mississippi Medical Center, 2. University of Southern Mississippi, 3. University of New Mexico
- (PS7-C60) Efficacy of Collaborative Care in Addressing Adolescent Anxiety, Depression, and Suicidal Ideation in Pediatric Primary Care**
Farah Mahmud, M.S.¹, Carrie Masia, Ph.D.¹, Virginia Twersky, LCSW, MSW², Karimi Mailutha, M.P.H., M.D.³, Alan Meltzer, M.D.³, Susan Scherer, M.D.³, Walter Rosenfeld, M.D.², Thomas Zaubler, M.D.³, 1. Montclair State University, 2. Atlantic Health System, 3. Atlantic Medical Group
- (PS7-C61) Psychometric Properties of Various Measures of Subjective Well-being**
Lauren Linford, M.S., Jared Warren, Ph.D., Brigham Young University
- (PS7-C62) Barriers to and Facilitators of Delivering CBT Anxiety Interventions in Integrated Primary Care**
Robyn L. Shepardson, Ph.D.¹, Terri L. Fletcher, Ph.D.², Jennifer S. Funderburk, Ph.D.¹, Risa B. Weisberg, Ph.D.³, Gregory Beehler, Ph.D.¹, Stephen A. Maisto, Ph.D.⁴, 1. VA Center for Integrated Healthcare, 2. VA South Central MIRECC, 3. VA Boston Healthcare System, 4. Syracuse University
- (PS7-C63) The Collegiate Optimism Orientation Test**
Conner L. Deichman, Emilia M. Bingham, B.S., Rachel L. Hileman, Libby Evans, B.S., Charlotte R. Esplin, M.S., Scott R. Braithwaite, Ph.D., Brigham Young University
- (PS7-C64) The Allostatic Load of Adverse Events and Its Impact on Youth Mental Health**
Eliana Rosenthal, B.A., Sara Franklin-Gillette, B.A., George J. DuPaul, Ph.D., Lehigh University
- (PS7-C65) Mental Health Correlates of Pragmatic Prospection**
Ryan Sharets, Tiffany Schell, Abigail Laver, Alana Adams, Ayelet M. Ruscio, Ph.D., University of Pennsylvania

- (PS7-C66) Investigating Risk Compensation as a Moderator in the Relation Between Sensation Seeking and Injury-related Outcomes**
Megan M. Gardner, B.A., Jeff Grimm, B.S., Bradley T. Conner, Ph.D., Colorado State University
- (PS7-C67) Strength-focused Treatment in Multi-systemic Therapy for Youth in Public Mental Health Care**
Emilee H. Turner, M.A., Kalyn L. Holmes, M.A., Charles W. Mueller, Ph.D., University of Hawai'i at Mānoa
- (PS7-C68) Intervention Strategies in PCBH: Relation to Follow-up Attendance and Symptom Improvement**
Ana J. Bridges, Ph.D., Linda E. Guzman, M.A., Meredith Scafe, M.A., LCSW, Ayla R. Mapes, M.A., University of Arkansas
- (PS7-C69) Self-compassion and Self-forgiveness as Predictors of Mental Health**
Kayla A. Lord, M.S., Hannah Cunningham, Kathrine Jankowska, Vanessa Alvarez, Ph.D., Michael Swak, Ph.D., Suffolk University
- (PS7-C70) Effectiveness of Evidence-based CBT for Anxiety Disorders: Using Technology to Evaluate a Multisite Primary Care Integrated Behavioral Health Program**
Olivia E. Bogucki, Ph.D.¹, Dagoberto Heredia, Jr., Ph.D.¹, Julia R. Craner, Ph.D.², Summer L. Berg, LICSW¹, Carol Goulet, Ph.D.³, Nathaniel J. Lombardi, Ph.D.³, Michelle A. LeRoy, ABPP, Ph.D.³, Sydney S. Kelpin, M.S.¹, Craig N. Sawchuk, ABPP, Ph.D.¹, 1. Mayo Clinic, 2. Mary Free Bed, 3. Mayo Clinic Health System
- (PS7-C71) Purpleone: An Effective Domestic Violence Bystander Intervention Training for Community Members**
Melanie D. Hetzel-Riggin, Ph.D.¹, Lori Palisin, B.A.², Michelle Swarm, B.A.², Francesca M. Giardina, B.A.³, Danielle Wiczorek,¹ Elias M. Manjerovic³, 1. Penn State Behrend, 2. Safe Journey, 3. Penn State Erie, The Behrend College
- (PS7-C72) To Intervene or Not: A Thematic Analysis of Bystander Decision Making in Response to Sexual Risk**
Madison E. Edwards, B.A.¹, Hanna M. Grandgenett, M.A.¹, Michelle Haikalis, Ph.D.², Sarah J. Gervais, Ph.D.¹, David DiLillo, Ph.D.¹, 1. University of Nebraska-Lincoln, 2. Brown University
- (PS7-C73) Exploring Changes in Self-compassion Following Group Intervention for Veterans with PTSD Symptoms**
Mara Sindoni, B.A., Allyson Coffey, B.S., Shannon M. Mckenzie, B.A., Kyle Possemato, Ph.D., Abigail Ramon, Ph.D., Syracuse VA Center for Integrated Healthcare
- (PS7-C74) Honesty on Electronic Mental Health Screening for College Students**
Rebecca S. Saionz, B.A., Guy M. Weissinger, Ph.D., Guy S. Diamond, Ph.D., Center for Family Intervention Science, Drexel University
- (PS7-C75) A Preliminary Analysis of the Association Between Lower-order Grit Scales and Pleasant, Neutral, and Unpleasant Images Lpps**
Catherine Accorso, M.A., Ohio University

(PS7-D76) A Latent Profile Analysis of the Ohio Scales, Problem Severity Domain, Short Form

Holly Turner, B.S., Joshua J. Kim, David S. Jackson, Ph.D., Charles W. Mueller, Ph.D., University of Hawai'i at Manoa, State of Hawaii Child & Adolescent Mental Health Division

(PS7-D77) Symptom-relevant Autobiographical Memories: A Potential Treatment Target

M. Alexandra Kredlow, Ph.D.¹, Hayley E. Fitzgerald, M.A.², Joseph K. Carpenter, M.A.², Megan A. Pinaire, B.S.², Eugenia Zhukovsky, B.S.³, Michael Otto, Ph.D.², Stefan G. Hofmann, Ph.D.², Elizabeth Phelps, Ph.D.¹, 1. Harvard University, 2. Boston University, 3. New York University

(PS7-D78) Investigating the Relative Specificity and Strength of Associations Among Emotion Regulation Difficulties and Various Mental Health Symptoms

Joe Friedman, Samantha N. Hellberg, B.A., Emily Walsh, B.A., Kenan Sayers, Peyton Miyares, Heidi J. Ojalehto, B.S., Jennifer L. Buchholz, M.A., Jon Abramowitz, Ph.D., University of North Carolina at Chapel Hill

(PS7-D79) Quality of Life Changes at 12-months Follow-up After the Unified Protocol Delivered in Group Format in Public Mental Health Settings in Spain

Jorge Osmá, Ph.D.¹, Oscar Peris-Baquero ², Carlos Suso-Ribera, Ph.D.³, Alba B. Quilez-Orden, M.A.², María Vicenta Navarro-Haro, Ph.D.⁴, Cristina Acuses, ⁵, 1. Universidad de Zaragoza, 2. Instituto de investigación Sanitaria de Aragón; Universidad de Zaragoza, 3. Jaume I University, 4. Instituto de investigación Sanitaria de Aragón; Universidad de Zaragoza., 5. Instituto de investigación Sanitaria de Aragón y Universidad de Zaragoza

(PS7-D80) I Think, Therefore...: Commonalities and Distinctions in Appraisals of Intrusive Thoughts

Abigail Szkutak, B.A.¹, Sabine Wilhelm, Ph.D.¹, Ryan J. Jacoby, Ph.D.¹, Jin Shin, B.A.², 1. Massachusetts General Hospital, 2. Washington University in St. Louis

(PS7-D81) Active Ingredients for Meaningful Impact: Exploring the Relationship Between CBT Components and Functional Outcomes for High-risk Young Men

Anna D. Bartuksa, B.S., B.A.¹, Kimberlye E. Dean, Ph.D.¹, Lillian Blanchard, B.S.¹, Juliana Ison, B.A.¹, Soo Jeong Youn, Ph.D.², E. David Zepeda, Ph.D.³, Derri Shtasel, M.D.¹, Luana Marques, Ph.D.⁴, 1. Massachusetts General Hospital, 2. Massachusetts General Hospital/Harvard Medical School, 3. Boston University School of Public Health, 4. Harvard Medical School

(PS7-D82) Youth Top Problems and Early Treatment Response to the Unified Protocols for the Transdiagnostic Treatment of Emotional Disorders in Children and Adolescents

Lauren Milgram, B.A.¹, Niza A. Tonarely, M.S.², Jill Ehrenreich-May, Ph.D.², 1. Pediatric Anxiety Research Center, Brown University Medical School, 2. University of Miami

- (PS7-D83) **Perceived Ability to Tolerate Distress as a Moderator on the Relationship Among Stress, Depressive Symptoms, Anxiety Symptoms, and Unhelpful Coping**
Allison N. Lass, M.S., E. Samuel Winer, Ph.D., Mississippi State University
- (PS7-D84) **Building a Multidimensional Measurement Model of Emotion Regulation**
Esther S. Tung, M.A., Grace N. Anderson, B.A., Timothy A. Brown, Psy.D., Anthony J. Rosellini, Ph.D., Boston University Center for Anxiety and Related Disorders
- (PS7-D85) **Does Rumination Mediate the Influence of Positive Affect on Depression? An Investigation of Hierarchical Models of Vulnerability**
Brandon Koscinski, M.A., Christa Burton, Nicholas Allan, Ph.D., Ohio University
- (PS7-D86) **Impact of a Brief Web-based Intervention for Anxiety Sensitivity on Social Functioning**
Danielle M. Morabito, B.A., Norman B. Schmidt, Ph.D., Florida State University
- (PS7-D87) **The Impact of Parent Psychopathology on Parenting Practices and Self-efficacy**
Kristen A. Torres, B.S.¹, Lauren Henry, Ph.D.¹, Jessica Hawks, Ph.D.², Megan Hennessy, B.A.¹, 1. Children's Hospital Colorado, 2. Children's Hospital Colorado/University of Colorado, School of Medicine
- (PS7-D88) **Convergent Validity of the Multidimensional Emotional Disorder Inventory Across Cognitive Behavioral Therapy**
Andrew J. Curren, M.A.¹, Omid V. Ebrahimi, M.S.², Anthony J. Rosellini, Ph.D.¹, Todd Farchione, Ph.D.¹, David H. Barlow, ABPP, Ph.D.¹, 1. Boston University Center for Anxiety and Related Disorders, 2. University of Oslo
- (PS7-D89) **Implicit Beliefs About Emotions Are Related to Emotion Regulation Strategies in College Students with Social Anxiety Symptoms**
Anne R. Limowski, M.A., Olenka S. Olesnycky, M.A., William C. Sanderson, Ph.D., Hofstra University
- (PS7-D91) **Experiential Avoidance as a Moderator of the Relationship Between Alcohol Consumption and Depression**
Andres Roque, M.A.¹, Noelle Smith, Ph.D.², Alicia E. Meuret, Ph.D.¹, 1. Southern Methodist University, 2. Yale University School of Medicine; Northeast Program Evaluation Center, VA Central Office
- (PS7-D92) **Differential Associations of Emotion Regulation Facets and Emotional Disorder Symptom Dimensions**
Grace N. Anderson, B.A., Esther S. Tung, M.A., Timothy A. Brown, Psy.D., Anthony J. Rosellini, Ph.D., Boston University Center for Anxiety and Related Disorders
- (PS7-D93) **Baseline Trait Mindfulness May Predict RSA Reactivity in Response to Sad Mood Induction**
Alora A. Rando, M.S., Sarah T. Wieman, B.A., Michael Suwak, Ph.D., Gabrielle I. Liverant, Ph.D., Suffolk University

(PS7-D94) EMA Predictors of Treatment Response in Anhedonia

Angela M. Pisoni, M.A.¹, Macey L. Arnold, B.A.¹, Jessica Kinard, Ph.D.², Paul M. Cemasov, B.A.², Rachel Phillips, B.S.², Delia Kan, B.S.², McRae Scott², Louise Freeman², Courtney Pfister², Lisalynn Kelley¹, Kevin Haworth, Ph.D.¹, Gabriela A. Nagy, Ph.D.¹, Jason A. Oliver, Ph.D.¹, Erin Walsh, Ph.D.², Stacey B. Daughters, Ph.D., Gabriel S. Dichter, Ph.D.², Moria J. Smoski, Ph.D.², 1. Duke University Medical Center, 2. University of North Carolina at Chapel Hill

(PS7-D95) Diminished Positivity Is Key to Understanding Conflicted Shyness in Children

Phebe Albert, M.A., Erin M. McDonald, B.A., Erin C. Tully, Ph.D., Georgia State University

(PS7-D96) Relationships Between Anhedonia, Interpretation Bias, and Thoughts of Suicide and Self-harm in an Acute Psychiatric Sample

Daniel S. Johnson, B.S.¹, Andrew D. Peckham, Ph.D.², Kirsten Christensen, B.S.¹, Thröstur Björgvinsson, Ph.D.³, Courtney Beard, Ph.D.², 1. McLean Hospital, 2. McLean Hospital/Harvard Medical School, 3. McLean Hospital & Harvard Medical School

(PS7-D97) Regulatory Focus and the P Factor: Evidence for Self-regulation as a Transdiagnostic Feature of Psychopathology

Adrienne Romer, Ph.D.¹, Ahmad Hariri, Ph.D.², Timothy Strauman, Ph.D.², 1. McLean Hospital/Harvard Medical School, 2. Duke University

(PS7-D98) Exploring the Feasibility of the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders in Children and Adolescents with Autism Spectrum Disorder Symptoms

Ashley R. Karlovich, B.A., Elizabeth Halliday, B.S., Niza A. Tonarely, M.S., Jill Ehrenreich-May, Ph.D., University of Miami

(PS7-D99) Applying Computational Modeling of Attentional Threat Bias to Improve Insight on Mechanism and Individual Differences

Reut Naim, Ph.D.¹, Simone P. Haller, Ph.D.¹, Julia Linke, Ph.D.¹, Katharina Kircanski, Ph.D.², Allison Jaffe, B.S.¹, Melissa A. Brotman, Ph.D.¹, 1. National Institute of Mental Health, 2. NIMH

(PS7-D100) Development and Validation of the Repetitive Negative Thoughts Questionnaire (RNTQ)

Zoe E. Stout, M.A.¹, Nicholas Van Dam, Ph.D.², 1. Hofstra University, 2. Ichan School of Medicine

6:30 p.m. – 8:30 p.m.

SIG POSTER EXPO**ADDICTIVE BEHAVIORS SIG****(ABSIG-01) Development and Deployment of Integrated Alcohol-hiv Training Services to Frontline Healthcare Providers in a Global Priority Setting**

Morayo Akande, Brown University School of Public Health

- (ABSIG-02) **Affective Mediators of the Relation Between Perceived Discrimination and Substance-related Problems Among Black Young Adults**
Nina Glover, Louisiana State University
- (ABSIG-03) **Psychosocial Factors Related to Greater Context-specific Drinking Among Socially Anxious Drinkers**
Jackson C. Green, Louisiana State University
- (ABSIG-04) **Social Support as a Protective Factor for Risky Drinking Motives for Adolescents with Anxious Attachment**
Faraha Hasan, University of North Texas
- (ABSIG-05) **Racial/ethnic Differences in Prevalence Trends for Hallucinogen Use by Age Cohort: Findings from the 2018 National Survey on Drug Use and Health**
Zoe Jahn, University of Ottawa
- (ABSIG-06) **Short-term Mating Orientation as a Predictor of Alcohol-related Risky Sexual Behavior Among College Students**
Susanna Lopez, M.S., Oklahoma State University
- (ABSIG-07) **Social Anxiety's Relation to Smoking E-cigarettes Prior to Smoking Combustible Cigarettes Among Dual Smokers: The Impact of E-cigarette Outcome Expectancies**
Paige E. Morris, Louisiana State University
- (ABSIG-08) **Drug Use Concordance and Dyadic Adjustment in Couples with Substance Misuse Across Drug Types and Measurement Methods**
Kristen L. Mummert, Medical University of South Carolina
- (ABSIG-09) **Cannabis-related and Cannabis-free Reinforcement Predict CUD in College Students Above and Beyond Depressive Symptoms**
Ricarda K. Pritschmann, University of Florida
- (ABSIG-10) **Reliability of a Timeline Followback Measure of Caffeinated Coffee Consumption**
Linda C. Sobell, ABPP, Ph.D., Nova Southeastern University
- (ABSIG-11) **Pain-related Fears May Predict Subsequent Alcohol and Non-medical Prescription Drug Use Among Adolescents**
McKenzie Watson, University of North Texas

ANXIETY DISORDERS SIG

- (ADSIG-01) **Are We Really Measuring Trait Anxiety? Meta-analyses of the State-trait Anxiety Inventory in Individuals with Anxiety and Depressive Disorders**
Kelly A. Knowles, M.A., Vanderbilt University
- (ADSIG-02) **Does Intolerance of Uncertainty Play a Role in the Relationship Between OCD, Health Anxiety, and Coronavirus-specific Anxiety?**
Gabrielle R. Messner, B.A., Barnard College Psychology Department

- (ADSIG-03) **The Relationship Between Anxiety Sensitivity and Self-compassion Among OCD Patients**
Alicia Lopez, M.A., Elizabeth McIngvale, Ph.D., Throstur Bjorgvinsson, Ph.D., McLean OCD Institute// Houston
- (ADSIG-04) **The Unique Contribution of Perfectionistic Cognitions to Anxiety Disorder Symptoms in a Treatment-seeking Sample**
Jesse McCann, B.S., University of Pennsylvania
- (ADSIG-05) **Attention Shifting and Worry**
Kathleen Caulfield, B.A., Department of Psychology, University of Pittsburgh
- (ADSIG-06) **Associations Between Academic Satisfaction and Mental Health Among College Students**
Tracy Neville, Emmanuel College
- (ADSIG-07) **The Association Between Posttraumatic Cognitions and Depression on Physical Health Among Sexual Minority Men Living with HIV and Histories of Trauma Who Are Poorly Engaged in HIV Care**
Megan Wirtz, B.A., Massachusetts General Hospital/Harvard University
- (ADSIG-08) **COVID-19 and the Variability of Fear by Sexuality, Political Ideology, and Anxiety**
Camron Williams, Western Carolina University

ATTENTION DEFICIT/HYPERACTIVITY DISORDER SIG

- (ADHDSIG-01) **Exploring Student-teacher Relationships and Praise as Predictors of Student Rule Violations**
Hannah Grace Rew, Regent University
- (ADHDSIG-02) **ADHD Symptoms and Emotion Reactivity in Adolescent Girls: Associations with Depression, Anxiety, and Suicidality**
Melissa Wei, M.A., Harvard University
- (ADHDSIG-03) **Children's ADHD Symptoms and Friendship Patterns Across a School Year**
Yeeun Lee, University of British Columbia
- (ADHDSIG-04) **Investigating the Contribution of Partner ADHD Symptoms to Self-reported Impairment**
Levi Toback, Ohio University
- (ADHDSIG-05) **Risky Sexual Behavior in College Student Drinkers with ADHD: Patterns, Correlates, and Gender Differences**
Lauren E. Oddo, B.A., University of Maryland, College Park
- (ADHDSIG-06) **Examining Effects of Parental Engagement in an STP Home-based Reward Contingency Plan**
Madeline DeShazer, Ohio University
- (ADHDSIG-07) **Seeking to Identify Malleable Factors Explaining Why Adult ADHD Increases Risk of Intimate Partner Violence**
Sangha Park, Ohio University

- (ADHDSIG-08) Emotion Regulation as a Mediator of the Relation Between ADHD Symptoms and Self-esteem in College Students
Elizabeth Bodalski, University of South Carolina
- (ADHDSIG-09) Is Sluggish Cognitive Tempo a Relevant Risk Factor for Functional Impairment in Young Adults Beyond ADHD and Internalizing Disorders?
Nicole Duby, Ohio University
- (ADHDSIG-10) Prospective Impact of COVID-19 on Mental Health Functioning in Adolescents with and Without ADHD
Delshad Shroff, Virginia Tech
- (ADHDSIG-11) Examination of ADHD Symptom Severity, Depression Symptoms, and Alcohol Related Negative Consequences in College Students with ADHD
Ariela Kaiser, University of Illinois at Chicago
- (ADHDSIG-12) Examining the Differential Effect of Parental Involvement to Inattention and Hyperactivity-impulsivity Symptoms to Academic Achievement for Children with ADHD
Jaida Condo, Florida State University

AUTISM SPECTRUM AND DEVELOPMENTAL DISABILITIES SIG

- (ASDDSIG-01) Parent Perspectives on the Active Ingredients of a Parent-implemented Naturalistic Developmental Behavioral Intervention
Kyle M. Frost, B.A., Michigan State University
- (ASDDSIG-02) Predictors of Dropout in Augmented Group-based Pivotal Response Treatment: Evidence from a Randomized Control Trial
Tyler C. McFayden, M.S., Virginia Polytechnic Institute and State University
- (ASDDSIG-03) Virtual Social Skills Camp for Adolescents on the Autism Spectrum During COVID-19
Mariani Weinstein, B.A., University of North Carolina at Greensboro
- (ASDDSIG-04) Impact of the covid-19 Pandemic on People with Autism: The COPE Study
Hunter Scott, B.S., The University of Alabama
- (ASDDSIG-05) An EEG Metric of Face Processing Indexes Informant Discrepancy of Autism Symptoms in Adolescents with ASD
Isha Malik, Stony Brook University
- (ASDDSIG-06) The Relationship Between Vocal Emotion Recognition and Autism Symptoms: Moderation by Cognitive Abilities
Talena C. Day, B.A., Stony Brook University
- (ASDDSIG-07) Single-session Growth-mindset Intervention Improves Perceived Control and Depression in Youth with ASD: A Pilot RCT
Alan H. Gerber, M.A., Stony Brook University

- (ASDDSIG-08) **A Preliminary Psychometric Analysis of the Difficulties with Emotion Regulation Scale (DERS) Among Autistic Youth and Adults: Factor Structure, Reliability, and Validity**
Alana J. McVey, M.S., Marquette University
- (ASDDSIG-09) **In Pursuit of the Golden Egg: Utility of Difference Scores in an Observational Social Skill Assessment**
Grace Lee Simmons, B.S., The University of Alabama
- (ASDDSIG-10) **Neurodevelopment and Quality of Life: ASD and ADHD Associated with Lower Self-reported Quality of Life in Children**
Elizabeth A. DeLucia,
- (ASDDSIG-11) **The Relationship Between Parent-reported Symptomatology and Observed Peer interaction Among Autism Spectrum Disorder**
Khushi S. Narvekar,
- (ASDDSIG-12) **Lessons Learned at a Multidisciplinary Pediatric Feeding Disorders Clinic Serving Patients with and Without Autism**
Anne S. Morrow, Ph.D., Nova Southeastern University (where work was conducted) & South Florida Integrative Medicine (current)
- (ASDDSIG-13) **Validation of the Levels of Emotional Awareness in Children Scale in Children with Autism**
Shelley Randall, Cincinnati Children's Hospital Medical Center

BEHAVIORAL MEDICINE AND INTEGRATED PRIMARY CARE SIG

- (BMIPCSIG-01) **Greater Levels of Prosocial Emotions Are Associated with Fewer Depressive Symptoms in Patients After Acute Coronary Syndrome**
Sydney Crute, BS, MGH
- (BMIPCSIG-02) **Prep Awareness, Uptake, and Related Psychosocial Factors Among Sexual Minority Men Amid an HIV Epidemic**
Tiffany R. Glynn, M.S., University of Miami
- (BMIPCSIG-03) **Rural vs. Urban Primary Care Patients' Utilization of Integrated Primary Care Services**
Meredith Scafe, M.A., LCSW, University of Arkansas
- (BMIPCSIG-04) **Differences in Initial Satisfaction with Psychiatry Meetings as a Function of Sexual Orientation, Gender Diversity, and Racial and Ethnic Minority Status**
Isabel Benjamin, B.A., Alpert Medical School of Brown University
- (BMIPCSIG-05) **Evaluation of a Pilot Psychoeducational Intervention for Subjective Cognitive Concerns in Older Adults**
Annika S. Goldman, B.S., Miami University

- (BMIPCSIG-06) **Coldness, Isolation, and Over-identification with Emotions: Indirect and Direct Associations with Minority Stress and Depression Symptoms Among Gender and Sexual Minority Adults**
Julia Lynch, Department of Psychology, University of Montana
- (BMIPCSIG-07) **Clearing the Fog: Correlations Between Depression and Cannabis Misuse Among Cisgender, Binary-transgender, and Non-binary Individuals**
Olivia Hamblin, University of Montana
- (BMIPCSIG-08) **The Effects of Maternal Depressive Symptoms on Pediatric Asthma Outcomes Amongst Latinx and Black Children**
Sheena Starr, Ferkauf Graduate School of Psychology, Yeshiva University
- (BMIPCSIG-09) **Couples with MS Coping with Uncertainty: A Qualitative Study**
Kaitlin McGarragle, Ryerson University
- (BMIPCSIG-10) **Pathways to Health and Optimal Engagement in HIV Care Among SMM with Trauma Histories: Relationships with Coping, Mental Health, and Substance Use**
Samantha M. McKetchnie, LCSW, Massachusetts General Hospital
- (BMIPCSIG-11) **Internalized Homonegativity Predicts COVID-19 Preventative Behaviors**
Kasey Morey, Western Carolina University
- (BMIPCSIG-12) **The Dysmorphic Concern Questionnaire: Measurement Invariance by Gender and Race/ethnicity Among Sexual Minority Adults**
Kaitlin Rozzell, M.A., University of Hawai'i at Manoa

BEHAVIORAL SLEEP MEDICINE SIG

- (BSMSIG-01) **Sleep, Anxiety, Depression, and Pain Catastrophizing in Treatment Seeking Veterans and Veteran Family Members with Chronic Pain and Opioid Misuse**
Abigail Ault, Allison Wilkerson, Shayla Lester, Georgia Mappin, Elizabeth J. Santa Ana, Lillian Christon, Sharlene Wedin, Kathryn Bottonari, Wendy Balliet, Lauren Carter, Wendy Muzzy, M.S., Jenna McCauley, Mark George, Jeffrey Borckardt, Medical University of South Carolina
- (BSMSIG-02) **An Exploratory Study: Environmental Influence of Light and Noise on Young Adult Sleep Quality**
Kathy Sexton-Rack, Elmhurst University
- (BSMSIG-03) **Sleep Characteristics, Fatigue, and Academic Performance in College Students with Morning, Intermediate, and Evening Chronotypes**
Kelly Kim¹, Alisa Huskey¹, Sarah Emert¹, Jessica Dietch², Daniel Taylor¹, 1. University of Arizona, 2. Stanford University of Medicine; VA Palo Alto Health Care System
- (BSMSIG-04) **Evaluation of Sleep and Circadian Diagnoses and Transdiagnostic Treatment Modules Received in a Community Mental Health Setting**
Heather Hilmore, Nicole B. Gumpert, M.A., Allison Harvey, Ph.D., University of California, Berkeley

- (BSMSIG-05) The Effects of Alcohol Consumption and Stress on Insomnia Symptoms in Nurses**
Odalis G. Garcia¹, Danica Slavish¹, Jessica Dietch², Daniel Taylor³, Sophie Wardle-Pinkston, Camilo J. Ruggiero, Kimberly Kelly, 1. University of North Texas, 2. Stanford University of Medicine; VA Palo Alto Health Care System, 3. University of Arizona
- (BSMSIG-06) The Impact of Work, Socioeconomic Status, and Sleep Characteristics on Academic Performance in College Students**
Raizel Esguerra-Wong¹, Jessica Dietch², Daniel Taylor¹, 1. University of Arizona, 2. Stanford University of Medicine; VA Palo Alto Health Care System
- (BSMSIG-07) The Role of Fatigue in the Congruency of Insomnia Complaint and Sleep Disturbance After Cognitive Behavioural Therapy for Insomnia**
Onkar S. Marway, M.S., Olya Bogouslavsky, Colleen E. Carney, Ph.D., Ryerson University
- (BSMSIG-08) Actigraphy-based Sleep Quality Components as Predictors of Changes in Negative Affect and Stress: Examining the Moderating Role of Asthma**
Hannah Nordberg, B.A.¹, Chloe Raines¹, Melina Corriveau¹, Maria M. Berthet-Mirón¹, Margot L. Salsman¹, Colette Bice², Juliet Kroll, M.A.¹, Denise C. Park³, Sherwood Brown², Thomas Ritz, Ph.D.¹, 1. Southern Methodist University, 2. UT Southwestern Medical Center, 3. University of Texas at Dallas
- (BSMSIG-09) An Investigation of Medication Use on Dysfunctional Beliefs and Treatment Recovery in Cognitive Behavioural Insomnia Therapy**
Parkey H. Lau, B.A., Maya Amestoy, Colleen E. Carney, Ph.D., Ryerson University
- (BSMSIG-10) Invitation to Test a Direct, Self-observation Approach to Reduce Sleep-related “thinking Too Much”**
Sidney Nau, Insomnia Research Project

BIPOLAR DISORDERS SIG

- (BIPOLARSIG-01) The Impact of Long-term Verbal Memory and Response to Treatment for Adolescents With Symptoms of Bipolar Disorder**
Jason Tinero, M.S., Alaina Baker M.S., Shauna Geraghty, Psy.D., Victoria Cosgrove, Ph.D., Prevention & Intervention Lab, Stanford University School of Medicine
- (BIPOLARSIG-02) Mania Symptom Dimensions and Suicidal Risk in Bipolar Disorder**
Evan A. Albury, Amy T. Peters, Nevita George, Noah J. French, Audrey R. Stromberg, Alec P Shannon, Louisa G. Sylvia, Andrew A. Nierenberg, Massachusetts General Hospital
- (BIPOLARSIG-03) Emotion Differentiation in Young Adults at Risk for Bipolar Disorder Disturbance During the First Year of College**
Cynthia M. Villanueva, Stevi Ibonie, Emily Jensen, Lucca Eloy, Sidney D’Mello, & June Gruber, University of Colorado, Boulder
- (BIPOLARSIG-04) Positive Social Side of Bipolar Disorder? Examining Associations between Social Networks and Connectedness with Bipolar Risk and Mood Disturbance Dimensions among First-Year College Students**
Stevi G. Ibonie, Montana L. Ploe, Gabrielle Kizeev, Cynthia M. Villanueva, Liza Silverman, & June Gruber, University of Colorado, Boulder

- (BIPOLARSIG-05) Associations Between Emotion Interpretation Bias, Social Support, and Mood Symptoms in Young Adults With Bipolar Disorder**
Ellen Anderson^{1,2}, Emily Mintz⁴, Anna Van Meter^{1,2,3} 1. Department of Psychiatry Research, Zucker Hillside Hospital; 2. The Feinstein Institutes for Medical Research, Institute for Behavioral Science; 3. The Donald and Barbara Zucker School of Medicine at Hofstra/Northwell, 4. Barnard University
- (BIPOLARSIG-06) Bipolar I Disorder Associated with Decreased Eudaimonia**
Douglas Katz¹, Ph.D., Maya Kuperberg¹, M.D., Nevita George¹, Masoud Kamali, M.D.¹, Daniel Mroczek, Ph.D.², Emily Bastarache, Ph.D.² 1. Massachusetts General Hospital, 2. Northwestern University
- (BIPOLARSIG-07) Measuring Therapeutic Alliance in Adolescents at High Risk of Mood Disorder Undergoing Family-Focused Therapy**
Nicole Wong B.S, Kayla Carta B.S., David J. Miklowitz Ph.D., University of California, Los Angeles
- (BIPOLARSIG-08) Bipolar Disorder Risk and Emotion-Related Impulsivity in Emerging Adults During the First-Year of College**
Elizabeth Hoelscher¹, Cynthia M. Villanueva¹, Liza Silverman¹, Angela Bryan¹, Melissa A. Cyders², Ph.D., Lauren Weinstock³, Ph.D., Sheri Johnson, Ph.D.⁴, Jessica Borelli⁵, Michelle Shiota⁶, June Gruber¹, 1. University of Colorado, Boulder, 2. Indiana University-Purdue University, Indianapolis, 3. Brown University, 4. University of California, Berkeley, 5. University of California, Irvine, 6. Arizona State University

BLACK AMERICANS IN RESEARCH AND BEHAVIOR THERAPY SIG

- (BARBTSIG-01) The Intergenerational Effect of African American Mother's Experiences of Racial Discrimination on Children's PTSD Symptoms While Living in Trauma-exposed Environments**
Ashanti Brown, Post-Bac Research Assistant, Georgia State University
- (BARBTSIG-02) Impact of Personality Traits on the Association Between Race-related Stress, Psychological and Suicide Outcomes in Black/African Americans: A Moderated Mediation Model**
Jasmine Phillips, M.A., Sam Houston State University
- (BARBTSIG-03) Unicorns, Leprechauns, and White Allies: Much Discussed but Rarely Seen**
Noor Sharif, B.A., Ph.D. candidate, University of Ottawa
- (BARBTSIG-04) The Moderating Role of Resiliency in the Relationship Between Emotion Regulation and Trauma Symptoms Among a Community Sample of African American Men with High Levels of Trauma Exposure**
Devon Slaughter, AS, B.S., Georgia State University
- (BARBTSIG-05) The Racial Trauma Scale: Seeing Trauma in Colour**
Jade Gallo, BSc., University of Ottawa

(BARBSIG-06) Social Reactions to Disclosure of Campus Sexual Assault and PTSD Symptoms Among Black Female Undergraduates
Isabel Rodriguez, The College of New Jersey

CHILD & ADOLESCENT ANXIETY SIG

(CAASIG-01) Behavioral Traps of Anxious and Depressed Youth: The Relationship between Life Stressors and Negative Avoidance Responses
Sanjna Nandal, Rutgers University

(CAASIG-02) Brief Behavioral Therapy for Anxiety and Depression in Pediatric Primary Care: Group Differences in Secondary Outcomes at Week 32
Karen Schwartz, Ph.D., University of Maryland, College Park
John F. Dickerson, Ph.D., Center for Health Research- Kaiser Northwest

(CAASIG-03) Community Therapists' Attitudes and Beliefs about Exposure
Anna Charlton, Brown University

(CAASIG-04) State Space Grids to Study Change in Youth Receiving Treatment for Anxiety Disorders
Matthew Carper, Ph.D., Brown University

(CAASIG-05) Impact of Parenting Style on Youth Anxiety and Depression
Hye Yoon Jeong, Ph.D., Rutgers University

CHILD & ADOLESCENT DEPRESSION SIG

(CADSIG-01) Investigating Whether Depressed Youth Exhibiting Elevated Inflammation Perform Worse on Measures of Executive Functioning, Verbal Fluency and Episodic Memory in a Large, Population Based Sample of Dutch Adolescents
Naoise Mac Giollabhui, M.A.¹, Lauren B. Alloy, Ph.D.¹, Catharina Hartman, Ph.D.², 1. Temple University, 2. University Medical Center Groningen, the Netherlands

(CADSIG-02) Treatment Planning Method and Therapeutic Alliance in Cognitive-Behavioral Treatment for Youths
Daniel Farina, Jennifer S. Schild, B.S., David A. Langer, ABPP, Ph.D., Suffolk University

(CADSIG-03) Parenting, Anxiety, and Depression in Adolescent Inpatients
Carly Maitlin, B.A.¹, Rachel Y. Levin, B.A.², Christina M. Sanzari, B.A.¹, Alexandra Bettis, Ph.D.¹, Richard Liu, Ph.D.¹, 1. Alpert Warren Medical School of Brown University, 2. Massachusetts General Hospital and Harvard Medical School

(CADSIG-04) Long Term Verbal Memory and Learning: Is Adolescent Depression Associated With Neurocognitive Functioning
Alaina Baker, M.S., Jason Tinero, M.S. Shauna Geraghty, Psy.D., Victoria E. Cosgrove, Ph.D., Stanford University

CLINICAL PSYCHOLOGY AT LIBERAL ARTS COLLEGES SIG

- (CPLACSIG-01) #bopo: The Effect of Body Positive Social Media Content on Women's mood and Self-compassion**
Hope Rutter, Kaley Michael, Brittany Repak, Cindy Campoverde, Thao Hoang, Kathy Berenson, Gettysburg College
- (CPLACSIG-02) Media Effects on Concerns About the Spread of the Novel Coronavirus**
Phoebe Sanders¹, Haley Ward¹, Jane Reel¹, Anna Van Meter, Ph.D.², Michael Wheaton, Ph.D.¹, 1. Barnard College, Columbia University, 2. Feinstein Institute
- (CPLACSIG-03) Intolerance of Uncertainty and Obsessive-compulsive Personality Disorder**
Haley Ward, Michael Wheaton, Ph.D., Barnard College, Columbia University
- (CPLACSIG-04) How Is the COVID-19 Pandemic Affecting Individuals with OCD?**
Alana Silber, Haley Ward, Michael Wheaton, Ph.D., Barnard College, Columbia University
- (CPLACSIG-05) Adolescent Mental Health Changes Associated with Initial School Closures During the COVID-19 Pandemic**
Courtney Wilmington, Caroline Swords, Lori M. Hilt, Ph.D., Lawrence University
- (CPLACSIG-06) Investigating the Role of Rumination in Brief Interventions to Reduce Depressive Symptoms in Adolescents**
El Homer, Caroline Swords, Lori M. Hilt, Ph.D., Lawrence University
- (CPLACSIG-07) Attention Symptoms as a Possible Risk Factor to Consider for Referrals Related to Suicide Concerns**
Andrea Lara, Caroline Swords, Lori M. Hilt, Ph.D., Lawrence University
- (CPLACSIG-08) The Mediating Role of Emotion Regulation in the Relationship Between Adverse Childhood Experiences and Depression**
Miranda M. Thompson, Kristjen Lundberg, Laura Knouse, Ph.D., University of Richmond
- (CPLACSIG-09) A Dissonance-based Body Image Program for Mothers and Daughters in Church Settings: A Pilot Study**
Kate Montgomery, Sofia Siddiqui, Kerstin K. Blomquist, Ph.D., Furman University
- (CPLACSIG-10) The Moderating Role of Social Support and Avoidant Coping in the Relationship Between Racial-ethnic Stress and Depression in Emerging Adults**
Margaret Azu, Jonathan Paul, Cas Meade, Julia D. McQuade, Ph.D., Amherst College
- (CPLACSIG-11) Identifying Predictors of Victim Blaming in a Sexual Assault Scenario**
Emma Knowles, Robert Askew, Danielle Lindner, Ph.D., Stetson University
- (CPLACSIG-12) 30 Years of Women's Underrepresentation in ABCT Leadership**
Catie Holshouser, Laura E. Sockol, Ph.D., Davidson College

CLINICAL PSYCHOLOGICAL SCIENCE SIG

- (CPSSIG-01) **Investigating the Dynamics of Repetitive Negative Thought in Posttraumatic Stress Disorder: An Ecological Momentary Assessment Study**
Cameron P. Pugach, M.A., Casey May, B.S., Blair Wisco, Ph.D., 1. University of North Carolina at Greensboro
- (CPSSIG-02) **Emotion Regulation Repertoires in Trauma-exposed College Students: Associations with PTSD Symptoms and Emotional Awareness**
Cameron P. Pugach, M.A., Blair Wisco, Ph.D., University of North Carolina at Greensboro
- (CPSSIG-03) **C-reactive Protein as a Biomarker for Anhedonia in Treatment-resistant Depression**
Caroline Wendzel, B.A., AmeriCorps

CHILD MALTREATMENT AND INTERPERSONAL VIOLENCE SIG

- (CMIVSIG-01) **Parent-child Concordance and Discordance in Family Violence Reporting: A Descriptive Analysis of a Nationally Representative Sample**
Jasara Hogan, Medical University of South Carolina
- (CMIVSIG-02) **Child Maltreatment and Observed Parenting as Predictors of Suicidal Ideation in Adolescent Inpatients**
Rachel Y. Levin, B.A., Massachusetts General Hospital and Harvard Medical School
- (CMIVSIG-03) **Mindfulness Promotes Resilience Among Childhood Sexual Abuse Survivors: Emotion Dysregulation, Depression, and Anxiety**
Shaina A. Kumar, M.A., University of Nebraska-Lincoln
- (CMIVSIG-04) **Enhanced Vagal Tone and Extinction Learning as Potential Transdiagnostic Protective Factors Among Youth Exposed to Violence**
Eli Susman, The Stress and Development Lab, Psychology Department, Harvard University
- (CMIVSIG-05) **The Moderating Role of Service Utilization in the Association Between Early Childhood Abuse and Verbal and Nonverbal Abilities**
Monica Martinez, M.A., University of Houston - Clear Lake
- (CMIVSIG-06) **Using Virtual Reality to Assess the Efficacy of a Motivational Interviewing Bystander Intervention**
Hanna M. Grandgenett, M.A., University of Nebraska-Lincoln
- (CMIVSIG-07) **Risk Factors and Target Audiences in Statewide Rape Prevention Efforts: An Archival Analysis**
Agnes Rieger, University of Illinois at Urbana-Champaign
- (CMIVSIG-08) **Parents' Negative Expectations for Child Sexual Abuse Victim Recovery: Influence of Child-related Factors**
Chelsey Wisheart, UNL Child Maltreatment Lab

(CMIVSIG-09) **Stalking Victimization: Analysis of Co-occurring Violence Against Animal Companions, Perpetrator-victim Relationship Effects, and Emotional Impact**

Patti Timmons Fritz, Ph.D., C. Psych., University of Windsor

(CMIVSIG-10) **Shame Frequencies in Relation to Gender and Trauma Type in Trauma-exposed Youth**

Hannah Sebald, B.A., Medical University of South Carolina

COGNITIVE THERAPY SIG

(COGTSIG-01) **Differential Effects of Training in the Memory Support Intervention on Therapist Use of Individual Memory Support Strategies**

Krista Fisher, University of California, Berkeley

(COGTSIG - 02) **Late Positive Potential Indexes Baseline and Treatment-related Changes in Anxiety Sensitivity**

Faviana Bautista, University of Maryland

CLINICAL RESEARCH METHODS AND STATISTICS SIG

(CRMSSIG-01) **Emotion Network Density as a Potential Clinical Marker: Comparison of Ecological Momentary Assessment and Daily Diary**

Ki Eun Shin¹, Michelle G. Newman, Ph.D.², Nicholas Jacobson, Ph.D.³, 1. SUNY Upstate Medical University, 2. The Pennsylvania State University, 3. Geisel School of Medicine, Dartmouth College

(CRMSSIG-02) **Personality Factors of Psychopathy to Inform Treatment Planning**

Thomas DiBlasi, M.A., Hofstra University

(CRMSSIG-03) **Reliability and Validity Practices in Randomized Controlled Trials: Current Trends and Recommendations**

Jennifer A Z Romano, M.S., Meredith S. Pescatello, M.S., Scott Baldwin, Ph.D., Brigham Young University

(CRMSSIG-04) **Vector Autoregressive Models of Discrete Physiological States: An Idiographic Examination of Autonomic Nervous System Regulation in Mood and Anxiety Disorders**

Esther Howe, B.A., Aaron J. Fisher, Ph.D., University of California, Berkeley

(CRMSSIG-05) **Vector Autoregressive Models of Avoidance: an Idiographic Approach to Behavioral Avoidance in GAD and MDD**

Julia M. Levitan, Aaron J. Fisher, Ph.D., University of California, Berkeley

(CRMSSIG-06) **Using Exploratory Structural Equation Modeling with Probit Regression to Model the Latent Structure of Emotion Regulation Strategies**

Gemma T. Wallace, M.S., Mark A. Prince, Ph.D., Kimberly L. Henry, Ph.D., Karen C. Barrett, Ph.D., Bradley T. Conner, Ph.D., Colorado State University

COUPLES RESEARCH AND THERAPY SIG

- (CRTSIG-01) **Effects and Mechanisms of a Web-based Single Session Savoring Intervention for Partnered Individuals**
Binghuang A. Wang, M.S., Hannah Siegel, Melissa Gates, B.S., Xinni Wang, BS, BA., Christina Balderrama-Durbin, Ph.D., Binghamton University - State University of New York
- (CRTSIG-02) **The Impact of Adaptive and Maladaptive Cognitive Processing Strategies on Trauma Disclosure Avoidance in Couples**
Kaitlyn McCarthy, Binghamton University - SUNY
- (CRTSIG-03) **Effects of Online OurRelationship & ePREP Programs for Couples With Severe Intimate Partner Violence**
Rebecca Dominguez, B.S., University of Miami
- (CRTSIG-04) **The Presence of Forgiveness: Which Facets of Mindfulness Predict Forgiveness in Couples?**
Matthew D. McCall, B.S., University of Tennessee, Knoxville
- (CRTSIG-05) **First Time Pregnancy and COVID-19: Partner Provided Social Support Throughout Pregnancy Is Critical for Expectant Mothers' Emotional Health**
Iris Fraude, B.S., Laura M. Armstrong, Ph.D., Jennifer Langhinrichsen-Rohling, Ph.D., University of North Carolina at Charlotte
- (CRTSIG-06) **Identifying Assimilated Core Beliefs After Infidelity**
Victoria L. O'Connor, M.A., Jennifer Langhinrichsen-Rohling, Ph.D., University of North Carolina at Charlotte
- (CRTSIG-07) **Love in the Time of COVID-19: An Examination of Relationship and Individual Functioning Among Committed Couples in the United States While Under Shelter-in-place Orders**
Danielle M. Weber, M.A., University of North Carolina at Chapel Hill
- (CRTSIG-08) **Variety Is the Spice of Life: Sex, Long-distance and Relationship Satisfaction**
Heather Chamberland, Psy.D.¹, Bahareh Sahebi, Psy.D.¹, Molly Neuhalphen, M.S.², Tamara G. Sher, Ph.D.¹, 1. The Family Institute at Northwestern University, 2. Solid Foundations Therapy Group
- (CRTSIG-10) **Honey, I'm at My Respective Home: Exploring Long-distance Relationships Against Geographically Close Relationships**
Helena Ojarovsky, Triston Li, Maggie M. Parker, M.S., Richard E. Mattson, Ph.D., Binghamton University
- (CRTSIG-11) **Coupling with COVID-19: A Mixed Methods Study of Couples Coping with the Pandemic**
Christen Abraham, Charles Giraud, B.A., Michelle Leonard, Ph.D., University of Michigan - Dearborn
- (CRTSIG-12) **Exposure to Violence and Attitudes Toward Drinking**
Jae Eun Park, B.S., B.A., Tulane University

(CRTSIG-13) Emotion Regulation as a Mediator of Childhood Trauma Exposure and Dyadic Adjustment in Substance-misusing Couples
Jessica Brower, M.A., Medical University of South Carolina

DISSEMINATION AND IMPLEMENTATION SCIENCE SIG

(DISSIG-01) Engagement Factors Related to Research Participation in a Clinical Trial on Engaging Youth and Caregivers in Mental Health Services
Celine Lu, B.A., University of Pittsburgh

(DISSIG-02) School Mental Health Providers Perspectives on School Ecology: Understanding Context to Improve Mental Health Services
Wendy Chu, B.A., University of California, Los Angeles

(DISSIG-03) An Examination of Changes in Attitudes and Competence Throughout a Transdiagnostic Cognitive Behavioral Therapy Training in Community Mental Health
Margaret Crane, M.A., Temple University

(DISSIG-04) Youth Trauma Exposure and Under-treatment of Co-occurring Mental Health Concerns
Katherine Wislocki, B.A., University of Pennsylvania School of Medicine

(DISSIG-05) Latinx Sexual Minority Mens Access to Hiv-prevention and Behavioral Health Services During COVID-19: Opportunities for Improved Implementation
Elliott Weinstein, MPH, Health Promotion and Care Research Lab, University of Miami

(DISSIG-06) Use of Evidence-based Practices Under Treatment-as-usual and Evidence-based-practice-initiatives
Siena Tugendrajch, M.A., University of Missouri-Columbia

(DISSIG-07) Therapist Participation in Community-based Research: What Factors May Impact the Decision to Enroll?
Carlin Hoffacker, University of Pennsylvania

(DISSIG-08) Routine Progress Monitoring in Behavioral Parent Training Programs; A Mixed-methods Study of Clinician Attitudes
Corinna Klein, MSW, University of California Santa Barbara

(DISSIG-09) Does Telecoaching Engagement Differ Based on the Gender and Age of the Telecoach or Intervention User?
Suraj Patel, University of Virginia

(DISSIG-10) Scaling-up Child and Youth Mental Health Services: Assessing Coverage of a County-wide Prevention and Early Intervention Initiative During One Fiscal Year
Cole Hooley, Ph.D., LCSW, Brigham Young University

(DISSIG-11) Mixed Methods Evaluation of a Hybrid Measurement Feedback System for Treatment Integrity and Client Progress Monitoring
Jack Andrews, B.S., University of Missouri

FORENSIC ISSUES AND EXTERNALIZING BEHAVIORS SIG

- (FORSIG-01) Opportunities to Improve Parent Training Interventions for School-age Children with Disruptive Behavior Problems
Siena Tugendrajch, M.A., University of Missouri-Columbia
- (FORSIG-02) Preliminary Comparative Effectiveness of Brief Cognitive Processing Therapy Compared to Traditional Cognitive Processing Therapy on Reducing PTSD Symptom Severity and Externalizing Behaviors
Allison M. Sylvia, B.S., University of Cincinnati
- (FORSIG-03) The Impact of General Counseling Services on the Likelihood of Adult Arrest in Externalizing Youth: Lessons from the National Longitudinal Study of Adolescent to Adult Health
Cameron Perrine, M.A., University of Arkansas
- (FORSIG-04) The Influence of Conduct Disorder Symptoms on Intimate Partner Violence Perpetration and Victimization and Relationship Functioning
Charli M. Kirby, B.A., Department of Psychiatry & Behavioral Sciences, Medical University of South Carolina

LATINX SIG

- (LATINXSIG-01) Latinx Representation in Anxiety/OCD Services Versus Other Psychiatric Hospital Services
Elena Schiavone, B.A., Bradley Hospital
- (LATINXSIG-02) Idiographic Family, Peer, and School Problems Among Low-income Latinx Youth Receiving Depression Treatment
Haedy Gorostieta, Depaul University
- (LATINXSIG-03) Comparing English and Spanish Speaking Therapists' Coaching Behaviors
Yessica Green Rosas, University of California, Santa Barbara
- (LATINXSIG-04) Social Support and Mental Health Outcomes Among LGB People of Color
Jessica Ruiz, University of Central Florida
- (LATINXSIG-05) Acculturation Status Differences Between Latinx Immigrants, Their Parents, and Their Children: Association with Mental Health
Camryn Shepard, University of Arkansas
- (LATINXSIG-06) Shared-decision Making with Caregivers of Latinx Youth Following a Large-scale EBP Implementation Effort in Publicly-funded Children's Mental Health Services
Blanche Wright, M.A., University of California, Los Angeles
- (LATINXSIG-07) Testing Dual Paths of Discrimination-related Health Effects Among Immigrant and Us-born Latinxs
Sara Reyes, B.A., University of Nebraska-Lincoln

(LATINXSIG-08) Exploring Research Trust Among Racial and Sexual Minority**Research Participants***Wilmer A. Rivas, University of Southern California***MILITARY PSYCHOLOGY SIG****(MVPSIG-01) Permanent Change of Station Moves and Disordered-eating Attitudes and Behaviors in Prevention-seeking Adolescent Military Dependents***M.K. Higgins Neyland, Ph.D.¹, Lisa Shank, Ph.D.¹, Jason Lavender, Ph.D.¹, Alexander Rice, Ph.D.¹, Kathrin Hennigan, B.S.¹, Senait Solomon, B.A.¹, Phillip Kroke, B.S.¹, Natasha Schwey, Ph.D.¹, Tracy Sbrocco, Ph.D.¹, Denise Wilfley, Ph.D.², Sarah Jorgensen, D.O.³, Jack Yanowski, M.D., Ph.D.⁴, Cara Olsen, Dr.PH.¹, Mark Haigney, M.D.¹, David Klein, M.D.⁵, Jeffrey D. Quinlan, M.D.¹, Marian Tanofsky-Kraff, Ph.D.¹, Rachel Schindler, B.A.¹, 1. Uniformed Services University of the Health Sciences, 2. Washington University School of Medicine, 3. Fort Belvoir Community Hospital, 4. Eunice Kennedy Shriver National Institute of Child Health and Human Development, 5. Joint Bases Andrews and Anacostia-Bolling***MINDFULNESS & ACCEPTANCE SIG****(MASIG-01) Parenting Styles and Trait Mindfulness in Youth: Does It Matter?***Veronica L. O'Brien, LCMHC¹, Tabitha Ostrout, B.A.², Alexa Barrett¹, Christin Collie¹, Nicole Dennis¹, Anna Johnson¹, Brittany Shearer, M.S.¹, Salli Lewis, Ph.D.¹, 1. Center for Research, Assessment, and Treatment Efficacy, 2. Center for Research Assessment, and Treatment Efficacy (CREATE)***(MASIG-02) Cardiovascular Recovery from Emotional Stress: Operationalizing Equanimity Following Mindfulness-based Stress Reduction***Emma E. McBride, M.A., Jeffrey M. Greeson, Ph.D., Rowan University***(MASIG-03) Improvement in Social Anhedonia Is Mediated by Improvement in Mindfulness***Corinne N. Carlton, B.S.¹, Ligia Antezana, M.S.², Katelyn Garcia, B.A.¹, John Richey, Ph.D.¹, 1. Virginia Tech, 2. Virginia Polytechnic Institute and State University***(MASIG-04) Moderating Effect of Trait Mindfulness on Acute Changes in Emotion***Jacqueline K. Douglas, M.S., M.P.S., Peggilee Wupperman, Ph.D., John Jay College of Criminal Justice, City University of New York***(MASIG-05) Trait Mindfulness Predicts Neurocognitive Functioning in University Students***Gabrielle R. Chin, M.A., Jeffrey M. Greeson, PhD, Emma E. McBride, M.A., Hana H. Lee, B.A., Amanda P. Colangelo, Rowan University***(MASIG-06) Mindfulness and Affect: A Network Analytic Approach***Grant Jones, B.A.¹, Matthew Nock, Ph.D.¹, Richard J. McNally, Ph.D.¹, Amanda Shallcross, MPH, ND², Harvard University, 2. New York University*

(MASIG-07) Understanding the Relationship Between Trait Mindfulness, Psychopathology, and Suicidal Ideation Among Ruminative Adolescents
Morgan E. Fisher, Caroline Swords, Lori M. Hilt, Ph.D., Lawrence University

NATIVE AMERICAN ISSUES IN BEHAVIOR THERAPY AND RESEARCH SIG

(NAIBTRSIG-01) The Relationship of Historical Loss and Acculturation with Alcohol Expectancies and Alcohol Use Among Native American People
Melanie Cain, B.A., Carrie Winterowd, Ph.D., Aisha Farra, Oklahoma State University

OBESITY AND EATING DISORDERS SIG

(OEDSIG-01) Validation the Nine Item ARFID Screen (NIAS) Subscales For Distinguishing ARFID Profiles and Differentiating ARFID From Other Eating Disorders
Melissa Dreier¹, B.A., Helen B. Murray^{1,2}, Ph.D., Kendra R. Becker^{1,2}, Ph.D., Hana F. Zickgraf³, Ph.D., Kamryn T. Eddy^{1,2}, Ph.D., Jennifer J. Thomas^{1,2}, Ph.D., 1. Massachusetts General Hospital, 2. Harvard Medical School, 3. University of South Alabama

(OEDSIG-02) Disinhibited-Eating and Mood Symptoms in Youth at Risk for Type 2 Diabetes
Taylor Swanson^{1,2,3}, B.A., Marian Tanofsky-Kraff^{1,2,3}, Ph.D., Megan N. Parker^{1,2}, M.S., Eliana Ramirez¹, B.A., Anna Zenno¹, M.D., Sarah LeMay-Russel^{1,2}, M.S., Meghan E. Bryne^{1,2}, M.S., Sheila M. Brady¹, MSN, CRNP, Lisa M. Shank^{1,2}, Ph.D., MPH, Lauren B. Shomaker⁴, Ph.D., Jack A. Yanovski¹, M.D., Ph.D., 1. Eunice Kennedy Shriver National Institute of Child Health and Human Development, NIH, 2. Uniformed Services University of the Health Sciences, 3. Metis Foundation and Department of Medicine, Military Cardiovascular Outcomes Research (MiCOR) Program, USU, 4. Colorado State University, College of Health and Human Services

(OEDSIG-03) The Temporal Relationship Between Eating Disorder and Obsessive-Compulsive Disorder Symptoms
Shruti Shankar Ram, B.S., Shelby Ortiz, M.A., Joshua Magee, Ph.D., April R. Smith, Ph.D., Miami University

(OEDSIG-04) What Is Healthy Eating? Exploring Latent Profiles of Intuitive Eating and Nutritionally Healthy Eating in Emerging Adult Women
Kelsey N. Seiver¹, M.S., Katherine E. Belon², Ph.D., Jane Ellen Smith¹, Ph.D., 1. University of New Mexico, 2. Raymond G. Murphy VA Medical Center

(OEDSIG-05) Exploring Mindfulness as a Bridge Between Eating Disorder and Post-Traumatic Stress Disorder Symptoms: A Network Analysis
Emma Grace Roberts, Brenna M. Williams, B.A., Cheri A. Levinson, Ph.D., University of Louisville

(OEDSIG-06) The Unique Contribution of Positive Affect on Body Dissatisfaction
Gabriella Pucci, B.A., Emma Harris, B.A., Sarah Horvath, M.S., K. Jean Forney, Ph.D., Ohio University

- (OEDSIG-07) An Examination of Appetite Hormones and Cognitive and Behavioral Bulimic Symptomatology**
Emily Presseller, B.A., Kelsey Clark, M.S., Caroline Fojtu, (undergraduate), Adrienne Juarascio, Ph.D., Drexel University
- (OEDSIG-08) Sexual Minority Stress and Sexual Objectification increase risk for Disordered Eating in Bisexual Women**
Shelby Ortiz, B.A., Selime Salim, M.A., April Smith, Ph.D, Terri Messman-Moore, Ph.D., Miami University
- (OEDSIG-09) Perceptions of Professional Competence and Trustworthiness: The Influence of Weight**
Hannah Fitterman-Harris, B.A., Ruth Shach, M.S., M.P.H., Katrina Friedrich, B.A., Jillian S. Vander Wal, Ph.D., Saint Louis University
- (OEDSIG-10) A Craving State of Mind: Examining State- and Trait-based Predictors of Food Consumption**
Molly Fennig ¹, B.A., Julia M. Holmes ², Ph.D., Drew A. Anderson ², Ph.D., Lisa M. Anderson ¹, Ph.D., 1. University of Minnesota, 2. University at Albany, State University of New York

OPPRESSION AND RESILIENCE SIG

- (ORSIG-01) Examining Treatment Outcomes in an Acute Clinical Care Setting at the Intersection of Racial/ethnic and Sexual/gender Minority Status**
Simone Imani Boyd, M.A.¹, Isabel K. Benjamin, B.A., Craig Rodrigues-Seijas, Ph.D.¹, Mark Zimmerman, M.D.² 1. Rhode Island Hospital. 2. Warren Alpert Medical School of Brown University
- (ORSIG-02) Assessing the Toll of Racism in Francophone Communities: Development of the French Version of the University of Connecticut Racial/Ethnic Stress & Trauma Scale (UnRESTS)**
Josee-Michele Richer, M.Ed., Monnica T. Williams, Ph.D., Sara de la Salle, B.Sc., Noor Sharif, B.A., University of Ottawa
- (ORSIG-03) PrEP Knowledge as a Protective Factor for Intent to Use PrEP Among Latinx Sexual Minority Men in Miami**
Daniel Hernandez Altamirano, B.S., Daniel Mayo, B.S., Bill Chan, B.S., Steven A. Safren, Ph.D., Audrey Harkness, Ph.D., University of Miami

PARENTING AND FAMILIES SIG

- (PFSIG-01) Addressing Black Infant Mortality: Evaluating a Safe Sleep Train-the-trainer Program**
Kalani Gates, M.A.¹, Tabitha Dibacco, M.A.¹, Summer Chahin, M.A.¹, Alex Hamilton, M.A.¹, Cheryl Dickson, M.D.², Amy Damashek, Ph.D.¹ 1. Western Michigan University, 2. Western Michigan University Homer Stryker School of Medicine

- (PFSIG-02) ADHD as a Moderator of Treatment Outcomes for the Multiple Family Group Service Model**
Meredith Cohen, Amrita Ramakrishnan, Melinda Stewart, Lia Iwai, Anil Chacko, Ph.D., New York University Department of Applied Psychology
- (PFSIG-03) Cultural Socialization Practices Among Parents of Black Children: Exploring Patterns Across International Borders**
Ayanda Chakawa, Ph.D., Children's Mercy Hospital and University of Missouri Kansas City School of Medicine
- (PFSIG-04) Predictors of Parent Psychopathology During the COVID-19 Pandemic**
Courtney S. Swanson¹, Rosanna Breaux, Ph.D.¹, Tyler C. McFayden, M.S.¹, Thomas H. Ollendick, ABPP, Ph.D.², 1. Virginia Polytechnic Institute and State University, 2. Virginia Tech
- (PFSIG-05) Parents' Preferred Sources of Information on Their Children's Mental Health**
Sarah Rabbitt, Ph.D.¹, Olivia Canning², 1. Oberlin College, 2. Rhode Island Hospital
- (PFSIG-06) The Moderating Role of Supportive Parenting on the Relation Between Child Irritability and Solitary Play Behaviors**
Stephanie N. Pham¹, Kelly A. Smith, B.A.¹, Lindsay R. Druskin², Hailey M. Fleece¹, Kenneth H. Rubin, Ph.D.¹, 1. University of Maryland, College Park, 2. West Virginia University
- (PFSIG-07) Testing Gender as a Moderator of the Association Between Direct Inhibitory Control Tasks and Teacher Ratings**
Stephanie Burns, Christie Pickel, Darcey M. Allan, Ph.D., Ohio University

PSYCHOSIS AND SCHIZOPHRENIA SPECTRUM SIG

- (PSSSIG-01) "Mini-quits" for Enhancing Smoking Cessation for Persons with Comorbid Serious Mental Illness and Tobacco Dependence: A Mixed Methods Study**
*Diana Arntz^{*1,2,3}, Ph.D., Kristina Schnitzer^{1,3}, M.D., Nathaniel Phillips, B.A.¹, Melissa Culhane Maravic¹, Ph.D., MPH, Sally Reyerling⁴, M.D., Michael Fetters^{5,6}, M.D., MPH, Gladys N. Pachas^{1,3}, M.D., Bianca Deeb⁷, MSW, Sarah Pratt⁸, Ph.D., Corinne Cather^{*1,2,3}, Ph.D., A. Eden Evins^{1,2,3}, M.D., MPH, 1. Center for Addiction Medicine, Department of Psychiatry, Massachusetts General Hospital, 2. Center of Excellence for Psychosocial & Systemic Research, Massachusetts General Hospital, 3. Department of Psychiatry, Harvard Medical School, 4. Massachusetts Psychiatric Society, Waltham, MA, 5. Mixed Methods Research & Scholarship Program, University of Michigan, Ann Arbor, 6. Department of Family Medicine, University of Michigan, Ann Arbor, 7. Bay Cove Human Services, 8. Department of Psychiatry, The Dartmouth Institute, Concord*
- (PSSSIG-02) Person-first Language, Identify-first Language and Their Effect on People with Serious Mental Illness: A Scoping Study**
Robert Mercado, B.S.¹, Shelly Ben-David, Ph.D.², Emily B.H. Treichler^{1,3}, Ph.D., 1. VA San Diego Mental Illness Research, Education, and Clinical Center (MIRECC), 2. University of British Columbia, 3. University of California, San Diego

(PSSSIG-03) The Impact of Recovery-oriented Cognitive Therapy on Improving**Agency and Temporal Self-evaluations**

*Ivy R. Tran*¹, M.A., *Mark Serper*¹, Ph.D., *Nicholas Forand*², Ph.D., *Whitney Muscat*¹, M.A., *Ecem Demirli*¹, M.A., *Elisa Nelson*³, Ph.D., *Nina Bertolami*³, B.A., *Paul Grant*³, Ph.D., 1. Hofstra University, 2. Northwell Zucker Hillside Hospital, 3. Beck Institute

(PSSSIG-04) Potential of Priming Effects to Enhance the Efficacy of a Simple Behavioral Intervention on Attenuated Psychotic Symptoms in an Undergraduate Population

Katie Beck-Felts, B.A.¹, *Rebecca M. Wolfe*, M.A.², *Jessica Stinson*, M.A.², *Elaine F. Walker*, Ph.D.¹, *Charlie A. Davidson*, Ph.D.^{*1, a} 1. Department of Psychology, Emory University, 2. Department of Psychology, University of Nebraska - Lincoln, 3. ABCT Member

(PSSSIG-05) An Estimated Prevalence of Cognitive Behavioral Therapy for Psychosis (CBTp) Providers in the U.S. and Canada

Elizabeth Nutting, *Sarah Kopelovich*, Ph.D., *Clarence Spigner*, MPH, DrPH, *Helen Teresa Buckland*, Ph.D., *Jennifer Blank*, B.A., University of Washington

(PSSSIG-06) Motivation and Psychotic Symptoms as Predictors of Role Functioning in First Episode Psychosis

Nicole R. DeTore, Ph.D.^{*1,2}, *Oyenike Balogun-Mwangi*, Ph.D.³, *Miriam Tepper*, M.D.^{2,4}, *Samantha Hines*, B.A.¹, *Corinne Cather*, Ph.D.^{*1,2}, *Zlatka Russinova*, Ph.D.⁵, & *Kim T. Mueser*, Ph.D.^{*5}, 1. Massachusetts General Hospital, 2. Harvard Medical School, 3. Salve Regina University, 4. Cambridge Health Alliance, 5. Boston University

(PSSSIG-07) Helping Young Adults Succeed at Work and School Through IPS Supported Employment

Gary Bond, *Deborah Becker*, *Sarah Swanson*, *Jessica Marbacher*, *Daniel Ressler*, *Robert Drake*, Westat

SEXUAL AND GENDER MINORITY SIG**(SGMSIG-01) Non-binary Assigned Male at Birth Individuals Report the Highest Odds of Suicidal and Self-harm Ideation Relative to Other Patients: Findings from a Large Community Health Sample**

Norik Kirakosian, B.S., Massachusetts General Hospital, Behavioral Medicine Program

(SGMSIG-02) Sexual Assault Revictimization Among Sexual Minority Individuals: A Systematic Review and Meta-analysis

Allyson Blackburn, B.A., University of Illinois at Urbana-Champaign

(SGMSIG-03) Whose Side am I On? Examining Conflicts in Allegiances as a Mediator Between Intersectional Discrimination and Mental Health Among Latinx Sexual Minority Adults

Benjamin F. Shepherd, Nova Southeastern University

(SGMSIG-04) Sexual Minority Stress Across Different Racial/ethnic Groups: The Role of Parental Rejection

Kathleen K. Little, B.S., University of Miami

- (SGMSIG-05) **Childhood Adversity and Adult Somatic Symptoms Among Latinx Sexual Minority Men: The Moderating Role of Stigma-related Mental Health Knowledge**
Daniel Mayo, B.S., University of Miami
- (SGMSIG-06) **Impact of Social Support and Social Stress on the Psychosocial Functioning of Transgender Youth**
Nicole D. Cardona, M.A., Boston University, Department of Psychological and Brain Sciences
- (SGMSIG-07) **Expanding the Spectrum: The Sexual Identity, Behavior, and Attraction of Transgender and Gender Diverse People**
Kalei Glozier, B.A., Michigan State University
- (SGMSIG-08) **Relationship Between Childhood Sexual Abuse, Trauma Symptoms, and Risky Sexual Behaviors Among Men Who Have Sex with Men**
Sara Rodriguez, B.A., The Fenway Institute
- (SGMSIG-09) **Testing Minority Stress Theory: A Systematic Review of Minority Stress Factors and Suicide Ideation and Attempt in Sexual Minorities**
Shayan Asadi, B.A., Centre for Addiction and Mental Health
- (SGMSIG-10) **Serving Queer People of Color: A National Peer Support Helpline by and for LGBTQ+ South Asians**
Kevin Narine, B.A., Perelman School of Medicine at the University of Pennsylvania
- (SGMSIG-11) **Latino Sexual Minority Men's Sexual and Behavioral Health During COVID-19: A Syndemic Perspective**
Elliott Weinstein, MPH, Health Promotion and Care Research Lab, University of Miami
- (SGMSIG-12) **Sexual Orientation-based Victimization and Suicidality: How Race Matters**
Ashley Pate, M.S., Mississippi State University

SUICIDE AND SELF-INJURY SIG

- (SSISIG-01) **The Frequency of Suicidal Thoughts Prior to Treatment Influences Resolution of Suicidal Ideation During Treatment**
Douglas Terrill, B.A., Rhode Island Hospital/Alpert Medical School of Brown University
- (SSISIG-02) **The Impact of Adolescent and Adult Social Functioning on Self-injurious Thoughts and Behaviors**
Simone I. Boyd, M.A., Rhode Island Hospital Department of Psychiatry
- (SSISIG-03) **Exploring the Relationship Between Functions of Non-suicidal Self-injury and the Self-injury Implicit Association Test**
Nigel Jaffe, Williams College
- (SSISIG-04) **Suicidal Ideation During the COVID-19 Pandemic: Examining a Diverse Sample of Adolescents and Young Adults**
Ilana Gratch, B.A., Teachers College, Columbia University

- (SSISIG-05) **The Relationship Between Disclosure of Suicidality and Suicide Attempt History Among Young Adults**
Lauren Richardson, Texas Tech University
- (SSISIG-06) **The Decision to Help-Seek Immediately Following a Suicide Attempt: Prevalence and Correlates Within an Emergency Department Sample**
Anne Knorr, B.A., Geisinger Medical Center
- (SSISIG-07) **Does Impulsivity Differentiate College Students with Increasing Severity of Suicidality over and Above Ideation-to-action Theories?**
Lourah M. Kelly, Ph.D., University of Connecticut, School of Medicine
- (SSISIG-08) **Comparing Outcomes of a Suicide Risk Reduction Intensive Outpatient Program to an Adapted Version for Low Income Community Health Settings**
Megan Lacritz, University of Texas Southwestern and Children's Health
- (SSISIG-09) **Feedback Processing as It Relates to Suicidal Ideation and Suicidal Behavior**
Asha Pavuluri, B.S., M.S., University of Maryland, College Park
- (SSISIG-10) **Factors Associated with Non-suicidal Self-injury in an Undergraduate Academically-at-risk Sample**
Lia Follet, B.S., University of Maryland at College Park
- (SSISIG-11) **Does Social Media Use Confer Suicide Risk? A Systematic Review of the Evidence**
Jose Menjivar, Hunter College
- (SSISIG-12) **Family Emotional Functioning as a Longitudinal Predictor of Adolescent Suicidal Ideation**
Katherine Sarkisian, M.S., University of Wisconsin-Madison
- (SSISIG-13) **Clinical Severity and Internet Behaviors in an Online Non-suicidal Self-injury Sample: A Gender Status Comparison**
Vincent P. Corcoran, M.A., Fordham University

STUDENT SIG

- (STUDENTSIG-01) **Trainee Attitudes Towards Evidence-based Practice Before Training Predict Their Post-training Skill Acquisition**
Mariah McIntosh, University of Arkansas
- (STUDENTSIG-02) **Insecure Attachment Explains the Relationship Between Intimate Partner Violence Victimization and Depressive Symptoms**
Blake S. Farrell, University of Tennessee - Knoxville
- (STUDENTSIG-03) **'My Name Is My Identity': Understanding Conceptualizations of Gender Identity to Improve Measurement**
Sage Volk, University of Nebraska-Lincoln
- (STUDENTSIG-04) **A Review of Diagnostic Instruments for Children on the Autism Spectrum: Methodological and Gender Considerations**
*Rebecca Bradley¹, Ayla R. Mapes, M.A.¹, Hannah N. Booker², Lauren B. Quetsch, Ph.D.¹,
 1. University of Arkansas, 2. Harding University, Department of Behavioral Sciences*

TIC AND OBSESSIVE-COMPULSIVE RELATED DISORDERS SIG

(TOCRDSIG-01) Diurnal Tic Frequency in Adults with Tourette's Disorder

Ariel J. Rissman, Ph.D.¹, Emily J. Ricketts, Ph.D.², Helen J. Burgess, Ph.D.³, Meredith E. Coles, Ph.D.⁴, Joseph McGuire, Ph.D.⁵, Dana McMakin, Ph.D.⁶, John Piacentini, ABPP, Ph.D.⁷, Christopher S. Colwell, Ph.D.¹, 1. University of California, Los Angeles, 2. UCLA Jane & Terry Semel Institute for Neuroscience & Human Behavior, 3. University of Michigan, 4. Binghamton University, 5. Johns Hopkins University School of Medicine, 6. Florida International University, 7. Childhood OCD, Anxiety & Tic Disorders Program, UCLA Jane & Terry Semel Institute for Neuroscience & Human Behavior

(TOCRDSIG-02) The Relationship Between Insight into OCD Symptoms and Psychiatric Comorbidity Among Patients Seeking Intensive/residential Treatment for OCD

Andreas Bezaier, B.S.¹, Devin Dattolico, B.S.², Martha Falkenstein, Ph.D.², Jason Krompinger, Ph.D.³, 1. OCD Institute, Office of Clinical and Assessment Research, McLean Hospital/Harvard Medical School, 2. McLean Hospital, 3. McLean Hospital OCD Institute; Harvard Medical School

(TOCRDSIG-03) Homelessness Risk in a Sample of Low-income Older Adults with Hoarding Disorder

Kylie A. Baer, BA¹, Eliza J. Davidson, B.S.², Gabriella Lis, B.S.³, James O E Pittman, Ph.D., LCSW⁴, Brian H. Blanco, LCSW⁴, David H. Sommerfeld, Ph.D., MSW⁴, Catherine R. Ayers, Ph.D., ABPP⁴, 1. Department of Veteran Affairs, San Diego, 2. San Diego State University/ UC San Diego Joint Doctoral Program in Clinical Psychology, 3. University of California, San Diego, 4. Department of Psychiatry, University of California, San Diego

(TOCRDSIG-04) Response Inhibition in Youth with OCD and Comorbid Tics, Hair-pulling, and Skin-picking

Erin M. Mamaril, B.S.¹, Kristen G. Benito, Ph.D.¹, Sarah H. Morris, Ph.D.¹, Christine Conelea, Ph.D.², Nicole McLaughlin, Ph.D.³, Anna S. Charlton, B.S.¹, Brady Case, M.D.¹, Abbe Garcia, Ph.D.³, 1. Alpert Warren Medical School of Brown University, Pediatric Anxiety Research Center, Bradley Hospital, 2. University of Minnesota, 3. Alpert Warren Medical School of Brown University, Butler Hospital

(TOCRDSIG-05) OCD Symptom Severity and Quality of Life 1 Year Following Intensive/residential Treatment

Caroline Strang¹, Martha Falkenstein, Ph.D.², 1. Scripps College, 2. McLean Hospital

(TOCRDSIG-06) Utility of Emotion Regulation Strategies in Intensive Treatment of Obsessive-compulsive Disorder

Melissa Wei, M.A.¹, Nathaniel Van Kirk, Ph.D.², Adam M. Reid, Ph.D.³, 1. Harvard University, 2. McLean Hospital/Harvard Medical School, 3. CBTeam, LLC

(TOCRDSIG-07) Content Analysis of Twitter Chatter About Tic Disorders

Serina E. Weiler, Kalina Regnier, Isaac P. Seneca, Anjelica M. Martinez, Matthew Capriotti, Ph.D., San Jose State University.

TRAUMA AND PTSD SIG

- (TPTSDSIG-01) Bystander Attitudes and Efficacy: Links to PTSD Symptoms and Type of Trauma Exposure**
Erika Boohan, B.A., Elizabeth Otto, B.A., Hanna M. Grandgenett, M.A., Shaina A. Kumar, M.A., David DiLillo, Ph.D., University of Nebraska-Lincoln
- (TPTSDSIG-02) Assessing Trauma History Using Self-report: The Misclassification of Trauma Exposure Status**
Myranda Cook, B.A., Dane Rivers, Cameron P. Pugach, M.A., Blair Wisco, Ph.D., The University of North Carolina at Greensboro
- (TPTSDSIG-03) Trauma and Emotional Difficulties in Active-duty Soldiers**
Arielle Hershkovich, B.A.¹, Faigy Mandelbaum, M.A.², Mitchell L. Schare, ABPP, Ph.D.³, Oren Hason, B.A.⁴, Laura Rabin, Ph.D.², 1. Montclair State University, 2. Brooklyn College of CUNY, 3. Hofstra University, 4. Lone Soldier Center, Jerusalem, Israel
- (TPTSDSIG-04) Do Social Skills Protect Against Internalizing and Externalizing Symptoms in Youth Exposed to Violence in Multiple Contexts?**
Emily Hockenberry, B.A., Amy H. Lee, M.A., Elissa J. Brown, Ph.D., St. John's University
- (TPTSDSIG-05) Characterizing the Trauma and Trauma Treatment Experiences of Unaccompanied Migrant Children (UAC) in the United States**
Zabin S. Patel, M.P.H., M.S.¹, Elizabeth Casline, M.S.¹, Vanessa Ramirez, Psy.D.², Amanda Jensen-Doss, Ph.D.², 1. University of Miami, 2. Kristi House Children's Advocacy Center
- (TPTSDSIG-06) Types of Trauma-related Blame and Posttraumatic Distress**
Catherine M. Reich, Ph.D.¹, Kelly McKnight¹, Stephanie A. Sacks, Ph.D.², Naseem Farahid, Other¹, Tanya Mulzon,³ Grace Pegel, B.S.¹, Jeremy Jamieson, B.S.¹, 1. University of Minnesota Duluth, 2. Cognitive Behavioral Therapy Center of the Palm Beaches, 3. Lake Superior College
- (TPTSDSIG-07) Post-traumatic Growth After Sexual Assault: Associations with Romantic Partner Disclosure**
Emily Turner, Anais Ortiz, Sarah T. Giff, M.A., Keith D. Renshaw, Ph.D., Jennifer DiMauro, George Mason University
- (TPTSDSIG-08) The Relationship Between Perfectionistic Cognitions and Posttraumatic Stress Symptom Change During CBT in a Treatment-seeking Trauma-exposed Sample**
Eirini Zoupou,¹ Reem AlRabiah, B.A.¹, Jesse McCann, B.S.¹, Jeremy Tyler, Psy.D.², 1. University of Pennsylvania, 2. University of Pennsylvania School of Medicine

TECHNOLOGY AND BEHAVIOR CHANGE SIG

- (TECHSIG-01) The Supporting Providers and Reaching Kids Toolkit: A Tablet-based Tool to Promote Delivery of Trauma-focused Cognitive Behavioral Therapy**
Nicole Litvitskiy, Medical University of South Carolina

- (TECHSIG-02) **The Ethical Implications of Using Social Media to Retain Justice-involved Youth in Behavioral Health Research**
Christopher Rodriguez, University of California San Francisco
- (TECHSIG-03) **Introducing “ruminaid”: The Development of an Evidence-based Intervention App for Depressive Rumination**
Eve Rosenfeld, M.A., University at Buffalo
- (TECHSIG-04) **How Has COVID-19 Impacted College Students’ Perceptions of Intellicare, A Digital Stress Management App?**
Emily Hersch, Northwestern University
- (TECHSIG-05) **Multidisciplinary Iterative Design Process of Supporting Providers and Reaching Kids Toolkit**
Gabriela Becerra, Medical University of South Carolina

WOMEN’S ISSUES IN BEHAVIOR THERAPY SIG

- (WIBTSIG-01) **Shame and Guilt as Moderators for the Relationship Between Rape Attributions and Posttraumatic Growth in Sexual Assault Survivors**
Emily Turner, Sarah T. Giff, M.A., Keith D. Renshaw, Ph.D., Anais Ortiz, George Mason University
- (WIBTSIG-02) **The Processes Operating Between Women’s Body Image and Sexual Outcomes to Target in Clinical Intervention**
Kasey Morey, Erin A. Van Gorkom, B.S., David de Jong, Ph.D., Kendall N. Poovey, B.A., Western Carolina University
- (WIBTSIG-03) **Beliefs About Alcohol’s Role in Sexual Consent and Consent Behaviors Among College Students**
Cari B. Lee, B.A., Shawn P. Cahill, Ph.D., Benjamin W. Katz, B.A., University of Wisconsin - Milwaukee
- (WIBTSIG-04) **Women’s Sexual Pleasure: Roles of Dissociation and Partner Responsiveness During Sexual Assault Discussions**
Erin A. Van Gorkom, B.S., David de Jong, Ph.D., Kasey Morey, Kendall N. Poovey, B.A., Western Carolina University
- (WIBTSIG-05) **Heavy Episodic Drinking and Sexual Victimization in White and Asian College Women**
Aria Wiseblatt, B.A., Maria Testa, Ph.D., Jennifer P. Read, Ph.D., University at Buffalo, State University of New York
- (WIBTSIG-06) **Does Previous Help-seeking Moderate the Association Between Positive Problem Solving and PTSD Symptoms in Adult Women Survivors of Intimate Partner Violence**
Katherine Nesbitt, Bre’Anna L. Free, B.A., Rivian K. Lewin, M.S., Rimsha Majeed, M.S., Nicollette Dwyer, Sam Brackens, J. Gayle Beck, Ph.D., University of Memphis

(WIBTSIG-07) Racial Differences in Socioecological Resources Among Treatment-seeking Female Veterans Endorsing Assaultive Military Sexual Trauma

Michelle Fernando, M.S.¹, Shelly Thornton, Lisa Valentine, Ph.D.², Erin Smith, Ph.D.³, Natalie Wilver, Minden B. Sexton, Ph.D.³, 1. Eastern Michigan University, 2. Ann Arbor Veterans Healthcare System, University of Michigan Department of Psychiatry, 3. Ann Arbor Veterans Healthcare System

11:30 a.m. – 1:30 p.m.

PS 8: MILITARY AND VETERANS PSYCHOLOGY; SUICIDE AND SELF-INJURY

Poster Session 8A

Key Words: *Veterans, Suicide, Translational Research*

(PS8-A1) White Matter Integrity, Suicidal Ideation, and Executive Dysfunction in Veterans: Targets for Future Treatment

Delaney K. Davey, B.S.¹, Sarah M. Jurick, Ph.D.², Laura D. Crocker, Ph.D.², Samantha N. Hoffman, B.S.³, Mark Sanderson-Cimino, B.S.³, David F. Tate, Ph.D.⁴, Carmen Velez, M.A.⁵, Lisa Delano-Wood, Ph.D.⁶, Amy J. Jak, Ph.D.², 1. Research Service, Veterans Affairs San Diego Healthcare System, 2. VA San Diego Healthcare System, 3. San Diego State University/University of California San Diego Joint Doctoral Program in Clinical Psychology, 4. Department of Neurology, University of Utah, Salt Lake City, UT, USA; Missouri Institute of Mental Health, 5. Department of Neurology, University of Utah School of Medicine; Missouri Institute of Mental Health, 6. Research Service, VA San Diego Healthcare System

(PS8-A2) Examining the Role of Income and Employment on Digital Monitoring Studies with Psychiatric Patients

Maha Al-Suwaidi, B.A.¹, Frankie Ramirez, M.A.¹, Rebecca Fortgang, Ph.D.¹, Dylan DeMarco¹, Hye In Lee, B.S.¹, Daniel Coppersmith, M.A.¹, Shirley B. Wang, M.A.¹, Evan Kleiman, Ph.D.², Kate Bentley, Ph.D.³, Alexander Millner, Ph.D.¹, Kelly Zuromski, Ph.D.¹, Jeffrey Huffman, M.D.⁴, Matthew Nock, Ph.D.¹, 1. Harvard University, 2. Rutgers, The State University of New Jersey, 3. Massachusetts General Hospital/Harvard Medical School, 4. Massachusetts General Hospital (MGH)

(PS8-A4) Differences in Cognitive and Emotional Responses Across Moral Injury Types in Veterans

Candice L. Hayden, B.A.¹, Adam P. McGuire, Ph.D.², 1. University of Texas at Tyler, 2. VISN 17 Center of Excellence for Research on Returning War Veterans

(PS8-A5) Risk and Resilience Correlates with Non-suicidal Self-injury Among Left Behind Adolescents in Rural China

Carly Maitlin, B.A.¹, Rachel Y. Levin, B.A.², Richard Liu, Ph.D.¹, Xiangru Zhu, Ph.D.³, Christina M. Sanzari, B.A.¹, 1. Warren Alpert Medical School of Brown University, 2. Massachusetts General Hospital and Harvard Medical School, 3. Henan University

(PS8-A6) The Impact of Resilience and Social Support on the Relationship Between PTSD and Eating Disorders Among Veterans

Megan Sienkiewicz, B.S.¹, Sabrina L. Hardin, B.A.¹, Erika J. Wolf, Ph.D.², Karen Mitchell, Ph.D.¹, 1. National Center for PTSD Women's Health Sciences Division, VA Boston Healthcare System, 2. National Center for PTSD Behavioral Science Division, VA Boston Healthcare System

(PS8-A7) Variability in Attitudes Towards Safety Planning Across Provider Type

Katherine Wislocki, B.A.¹, Emily Becker-Haimes, Ph.D.², Courtney Wolk, Ph.D.³, Molly Davis, Ph.D.⁴, Shari Jager-Hyman, Ph.D.⁴, Anne Futterer, B.A., M.S.⁴, Darby Marx, B.A.⁴, Jami Young, Ph.D.⁵, Jennifer A. Mautone, ABPP, Ph.D.⁶, Rinad S. Beidas, Ph.D.², 1. University of Pennsylvania School of Medicine, 2. University of Pennsylvania, 3. Department of Psychiatry, Perelman School of Medicine, University of Pennsylvania, 4. Perelman School of Medicine at the University of Pennsylvania, 5. Children's Hospital of Philadelphia, University of Pennsylvania Perelman School of Medicine, 6. Children's Hospital of Philadelphia/University of Pennsylvania

(PS8-A8) Fear of Negative Evaluation and Impulsivity-like Traits: Independent and Interactive Effects on Suicidal Ideation Among College Students

Emma G. Preston, B.A.¹, Adrian Bravo, Ph.D.², Margo Hurlocker, Ph.D.³, Elizabeth B. Raposa, Ph.D.⁴, 1. University of Southern California, 2. College of William & Mary, 3. University of New Mexico, 4. Fordham University

(PS8-A9) Sexual Minority Status and NSSI History Within Emerging Adults and Adolescents

Meredith B. Whitfield, B.S.¹, Amy M. Brausch, Ph.D.¹, Jennifer J. Muehlenkamp, Ph.D.², 1. Western Kentucky University, 2. University of Wisconsin - Eau Claire

(PS8-A10) Body Investment as a Protective Factor in the Relationship Between Acquired Capability for Suicide and Suicidal Behavior

Amy M. Brausch, Ph.D., Paige Nichols, B.A., Eliza Laves, B.S., Rebekah Clapham, B.A., Western Kentucky University

(PS8-A11) Clarifying the Role of Emotion Dysregulation in the Relationship Between Childhood Maltreatment and NSSI

Sherry E. Woods, M.S., Lauren Haliczzer, M.A., Nathan Fitzgerald, Katherine L. Dixon-Gordon, Ph.D., University of Massachusetts, Amherst

(PS8-A12) Disordered Eating Behaviors and Acquired Capability for Suicide Among Women Who Engage in Non-suicidal Self-injury

Chelsea R. Ennis, Ph.D.¹, Allison Daurio, B.A.², Kimberly M. Martinez, B.A.³, Jeanette Taylor, Ph.D.², 1. Southeast Louisiana Veterans Health Care System, 2. Florida State University, 3. University at Albany, State University of New York

(PS8-A13) Association Between Anxiety and Suicidality in College Students

Danielle M. Moskow, M.A.¹, Sarah K. Lipson, Ph.D.², Martha C. Tompson, Ph.D.¹, 1. Boston University, 2. Boston University School of Public Health

(PS8-A14) A Systematic Review of Posttraumatic Stress and Resilience Trajectories and Covariates in Veterans and Service Members

Jeffrey M. Pavlacic, M.A.¹, Erin M. Buchanan, Ph.D.², Shannon McCaslin, Ph.D.³, Stefan E. Schulenberg, Ph.D.¹, 1. University of Mississippi, 2. Harrisburg University, 3. National Center for PTSD

- (PS8-A15) In-theater Diagnostic Rates of Anxiety Disorders Among US Army Soldiers Between 2008 and 2013**
Larissa Tate, M.S., Maegan M. Paxton Willing, M.S., David S. Riggs, Ph.D., Uniformed Services University of the Health Sciences
- (PS8-A16) Affect Intensity and Non-suicidal Self-injury: The Moderating Role of Emotional Avoidance**
Nazaret C. Suazo, B.A.¹, Svetlana Goncharenko, M.A.², Alexa M. Raudales, B.A.², Ateka Contractor, Ph.D.³, Nicole H. Weiss, Ph.D.², 1. Alpert Medical School of Brown University, 2. University of Rhode Island, 3. University of North Texas
- (PS8-A17) The Impact of the Military Lifestyle on Alexithymia in Adult Military Children**
Brianne Freeman, M.S., Emily Georgia Salivar, Ph.D., Nova Southeastern University
- (PS8-A18) Testing Racial and Ethnic Differences Across Specific Features of Nonsuicidal Self-injury**
Kerri-Anne Bell, M.A., Zareen Mir, B.A., Eleonora M. Guzmán, Christine B. Cha, Ph.D., Teachers College, Columbia University
- (PS8-A19) Incidence Rates of Sleep Diagnoses in Deployed Service Members from 2008 to 2013**
Maegan M. Paxton Willing, M.S., Larissa Tate, M.S., David S. Riggs, Ph.D., Uniformed Services University of the Health Sciences
- (PS8-A21) Examining the Interplay of Military Sexual Trauma and Emotion Dysregulation on Alcohol Misuse Among US Military Veterans**
Shannon R. Forkus, M.A.¹, Ateka Contractor, Ph.D.², Nicole H. Weiss, Ph.D.¹, 1. University of Rhode Island, 2. University of North Texas
- (PS8-A22) Morally Injurious Experiences and Alcohol Misuse: The Moderating Role of Positive Emotion Dysregulation**
Shannon R. Forkus, M.A.¹, Melissa Schick, M.A.¹, Svetlana Goncharenko, M.A.¹, Emmanuel D. Thomas, B.A.¹, Ateka Contractor, Ph.D.², Nicole H. Weiss, Ph.D.¹, 1. University of Rhode Island, 2. University of North Texas
- (PS8-A23) Self-efficacy and Coping Style in Iraq and Afghanistan-era Veterans with and Without Mild Traumatic Brain Injury and Posttraumatic Stress Disorder**
McKenna S. Sakamoto, B.A.¹, Victoria C. Merritt, Ph.D.¹, Sarah M. Jurick, Ph.D.¹, Laura D. Crocker, Ph.D.¹, Samantha N. Hoffman, B.S.², Amy J. Jak, Ph.D.¹, 1. VA San Diego Healthcare System, 2. San Diego State University/University of California San Diego Joint Doctoral Program in Clinical Psychology
- (PS8-A24) Examining Quality of Life in Veterans with PTSD: The Potential Roles of Mental Health Symptoms and Protective Factors**
Binh An Howard, B.A., Christina Burns, B.A., Taeja Mitchell, M.S., Adam P. McGuire, Ph.D., VISN 17 Center of Excellence for Research on Returning War Veterans
- (PS8-A25) Examining Posttraumatic Stress Disorder and Parenting Competence in a Veteran Sample: The Moderating Effect of Gender**
Emma A. Archibald, B.A., Amy E. Street, Ph.D., Jaimie L. Gradus, D. Phil., M.P.H., National Center for PTSD

(PS8-B26) Distress Tolerance: A Protective Factor for Emotionally Dysregulated Adolescents with NSSI

Emma Smith, B.A.¹, Ibukun Olabinjo, B.A.², Alissa Ellis, M.A., Ph.D.², Jocelyn Meza, Ph.D.², Joan Asarnow, Ph.D.³, 1. University of California, Los Angeles, University of California, Davis, 2. UCLA Semel Institute of Neuroscience, 3. UCLA School of Medicine

(PS8-B27) Mechanisms of Fear of Missing out in Relation to Thwarted Belongingness and Perceived Burdensomeness: Role of Anxiety and Self-esteem

Natasaha Basu, M.A., Phillip M. Smith, Ph.D., University of South Alabama

(PS8-B28) Treatment Expectations, Rejection Sensitivity and Suicidality in Acute Psychiatric Treatment

Jessica M. Duda, B.A.¹, Hans S. Schroder, Ph.D.², Inga D. Wessman, M.S.³, Ivar Snorrason, Ph.D.⁴, Kirsten Christensen, B.S.¹, Thröstur Björgvinsson, Ph.D.⁵, 1. McLean Hospital, 2. McLean Hospital/Harvard Medical School, 3. University of Iceland, 4. Harvard Medical School, 5. McLean Hospital & Harvard Medical School

(PS8-B29) Somatic Symptoms of Depression Predict Self-injurious Behavior in Adolescent Girls

Azure Reid-Russell, B.S.¹, Adam B. Miller, Ph.D.², Matteo Giletta, Ph.D.³, Paul D. Hastings, Ph.D.⁴, Karen D. Rudolph, Ph.D.⁵, George Slavich, Ph.D.⁶, Leah Somerville, Ph.D.¹, Mitchell J. Prinstein, ABPP, Ph.D.⁷, Matthew Nock, Ph.D.¹, 1. Harvard University, 2. University of North Carolina at Chapel Hill, 3. Tilburg University, 4. University of California, Davis, 5. University of Illinois Urbana-Champaign, 6. University of California, Los Angeles, 7. University of North Carolina, Chapel Hill

(PS8-B30) Suicide Prevention via Social Cognitive Theory: Mediating Effect of Stigma on Mental Health Attitudes and Help-seeking Behavior Among Youth

Ariel M. Domlyn, M.A.¹, Darien Collins, B.A.¹, Hunter Bury, B.A.¹, Paige Selking, B.A.², Bill Lindsey², Mark Weist, Ph.D.¹, 1. University of South Carolina, 2. National Alliance on Mental Illness of South Carolina

(PS8-B31) The Impact of NSSI and Sexual Assault Co-occurrences on Disclosure Characteristics

Keely Thornton, Brooke Ammerman, Ph.D., University of Notre Dame

(PS8-B32) Assessing Mental Health Risk Factors for Suicidal Ideation Among Hispanic Youth in the Juvenile Justice System

Sheiry Soriano, M.A., Elizabeth Thompson, Ph.D., Kara A. Fox, B.A., Anthony Spirito, Ph.D., Kathleen Kemp, Ph.D., Warren Alpert Medical School of Brown University, Department of Psychiatry and Human Behavior

(PS8-B33) The Impact of State Anti-discrimination Laws on the Relationship Between Minority Stressors and Suicide Attempts Among Transgender and Gender Diverse Adults

Ana Rabasco, M.A., Margaret Andover, Ph.D., Fordham University

- (PS8-B34) **Self-esteem Partially Mediates the Relationship Between Internalized Racism, Internalized Heterosexism, and Suicidal Ideation Among Latino Gay Men**
Andrew M. Huckins-Noss, B.A.¹, Nestor Noyola, B.S., M.A.², 1. Harvard University, 2. Clark University
- (PS8-B35) **Development and Validation of the Expectancies for Body-focused Coping Questionnaire**
Courtney Forbes, M.A., Kim L. Gratz, Ph.D., Matthew T. Tull, Ph.D., University of Toledo
- (PS8-B36) **The Effects of Daily Distress Tolerance Skills Use on Acts of Nonsuicidal Self-injury in a Dialectical Behavior Therapy Partial Hospitalization Program**
Matison W. McCool, M.A., Nora E. Noel, Ph.D., University of North Carolina Wilmington
- (PS8-B37) **Suicidal Thoughts and Behaviors in Preadolescent Children: Findings and Replication in Two Population-based Samples**
Rachel Walsh, B.S.¹, Ana E. Sheehan, B.A.², Richard Liu, Ph.D.³, 1. Temple University, 2. University of Delaware, 3. Alpert Warren Medical School of Brown University
- (PS8-B38) **Using Natural Language Processing to Examine Suicide Attempt Narratives Among Adults Admitted to Inpatient Psychiatry**
Jaclyn C. Kearns, M.A.¹, Catarina L. Carosa, B.A.², Sarah E. Pursell¹, Edmund Pizzarello, B.A.³, Kenneth R. Conner, M.P.H., Psy.D.³, 1. University of Rochester, 2. Butler Hospital, 3. University of Rochester Medical Center
- (PS8-B39) **Reducing Suicide Risk After Psychiatric Hospitalization: Improving Valued Living May Target Hopelessness Among Veterans**
Caroline S. Holman, Ph.D.¹, Melanie L. Bozzay, Ph.D.¹, Ivan W. Miller, III, Ph.D.², Jennifer Primack, Ph.D.¹, 1. Brown University & Providence VA Medical Center, 2. Brown University & Butler Hospital
- (PS8-B40) **High Betrayal Trauma and Suicide Risk and Resilience: Does Timing Matter?**
Holly R. Gerber, M.S., Arthur M. Nezu, MA, PhD, DHL, ABPP, Christine M. Nezu, ABPP, Ph.D., Drexel University
- (PS8-B41) **Effects of Residential Dialectical Behavioral Therapy on Emotion Dysregulation and Risk-taking Behaviors for Suicidal/Self-harming Adolescents**
Emily A. Kumpf, B.A., Luciana G. Payne, Ph.D., Alan Fruzzetti, Ph.D., Cynthia Kaplan, Ph.D., McLean Hospital and Harvard Medical School
- (PS8-B42) **Emotion Regulation as a Mediator Between Physical Aggression and the Frequency of Lifetime Suicide Attempts**
Catarina L. Carosa, B.A.¹, Alyson B. Randall, B.A.², Jessica F. Sandler, B.A.², Heather Schatten, Ph.D.², Ivan W. Miller, III, Ph.D.², Michael F. Arney, Ph.D.², 1. Butler Hospital, 2. Brown University & Butler Hospital

(PS8-B43) Psychometric Properties of an Updated Self-injurious Thoughts and Behaviors Interview: Reliability and Inter-informant Agreement of Suicide Attempt Among Adolescents

Sara N. Fernandes, M.A.¹, Ilana Gratch, B.A.², Kerri-Anne Bell, M.A.², Olivia H. Pollak, B.S.², Kathryn Fox, Ph.D.³, Christine B. Cha, Ph.D.², 1. Columbia University/New York State Psychiatric Institute, 2. Teachers College, Columbia University, 3. University of Denver

(PS8-B44) Assessing Nonsuicidal Self-injury in Adolescents: Reliability and Inter-informant Agreement of an Updated Self-injurious Thoughts and Behaviors Interview

Kerri-Anne Bell, M.A.¹, Ilana Gratch, B.A.¹, Sara N. Fernandes, M.A.², Olivia H. Pollak, B.S.¹, Christine B. Cha, Ph.D.¹, Kathryn Fox, Ph.D.³, 1. Teachers College, Columbia University, 2. Columbia University/New York State Psychiatric Institute, 3. University of Denver

(PS8-B45) Social Support and Nonsuicidal Self-injury Among Adolescent Psychiatric Inpatients

John Kellerman, B.A.¹, Alexander Millner, Ph.D.², Victoria Joyce, B.S.³, Carol Nash, M.S.³, Ralph Buonopane, Ph.D.³, Matthew Nock, Ph.D.², Evan Kleiman, Ph.D.¹, 1. Rutgers University, The State University of New Jersey, 2. Harvard University, 3. Franciscan Children's Hospital

(PS8-B46) Differences in Nonsuicidal Self-injury Functions Among Heterosexual and Sexual Minority Groups

John Kellerman, B.A.¹, Kara B. Fehling, Ph.D.², Brian Feinstein, Ph.D.³, Cindy J. Chang, Psy.M.¹, Evan Kleiman, Ph.D.¹, Edward Selby, Ph.D.¹, 1. Rutgers University, The State University of New Jersey, 2. NYCBT, 3. Rosalind Franklin University of Medicine and Science

(PS8-B47) Does Sexual Minority Identity Differentiate Risk for Suicidal Thoughts and Behaviors Among Those Who Engage in NSSI?

Ava K. Ferguson, B.S., M.S.¹, Meredith B. Whitfield, B.S.², Eliza Laves, B.S.², Jennifer J. Muehlenkamp, Ph.D.³, Amy M. Brausch, Ph.D.², 1. Western Kentucky University, University of Southern Mississippi, 2. Western Kentucky University, 3. University of Wisconsin - Eau Claire

(PS8-B48) An Experimental Approach to Assess Stigmatizing Attitudes Towards Persons Who Die by Suicide and Their Loved Ones

Hannah R. Krall, B.A., Casey A. Schofield, Ph.D., Skidmore College

(PS8-B50) Perceived Burden Among Adult Medical Patients: Associations with Liability, Self-hate, and Suicide Risk

Annabelle M. Mourmet, B.A.¹, Ian H. Stanley, M.S.², Deborah J. Snyder, LCSW, MSW¹, Maryland Pao, M.D.¹, Lisa M. Horowitz, M.P.H., Ph.D.¹, 1. National Institute of Mental Health, 2. VA Boston Healthcare System

- (PS8-C51) Emotion Regulation Problems and Suicidality Among Adolescent Psychiatric Inpatients
Megan E. Rech, B.A., Michelle A. Patriquin, ABPP, Ph.D., The Menninger Clinic
- (PS8-C52) Emotion Regulation Deficits and Their Physiological Substrates Predict Suicide Risk
Zachary DeMoss, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University
- (PS8-C53) Perceived Social Support as Moderator for Non-suicidal Self-injury Frequency Among Emerging Adults: Type of Social Support Matters
Li Shen Chong, B.S., Rachel Clegg, M.A., Edward C. Merritt, M.A., Elana Gordis, Ph.D., University at Albany, State University of New York
- (PS8-C54) Exploration of the Potential Impact of a Resilience-based Intervention on Suicidal Ideation and Positive Affect During the First Semester of College
Elisabeth Akeman, M.S., Namik Kirlic, Ph.D., Kelly T. Cosgrove, M.A., Danielle Deville, M.A., Timothy J. McDermott, M.A., Robin L. Aupperle, Ph.D., Laureate Institute for Brain Research
- (PS8-C55) Social Problem-Solving Moderates Perceived Stress and Emotion Reactivity in Predicting Suicide Ideation Among College Students
Arthur M. Nezu, MA, Ph.D., DHL, ABPP, Christine M. Nezu, ABPP, Ph.D., Holly R. Gerber, M.S., Jenna Damico, B.S., Dicle Ozel, B.S., Drexel University
- (PS8-C56) The Moderating Effect of Social Support on the Association Between Emotion Dysregulation and Non-suicidal and Suicidal Behavior
Amy M. Brausch, Ph.D., Eliza Laves, B.S., Western Kentucky University
- (PS8-C57) Evaluating an Acceptance and Commitment Group Intervention for Suicidal Individuals with Emotional Pain
Jacqueline K. Krychiw, M.A.¹, Elizabeth S. Weinstein, M.A.¹, Olivia Peros, M.A.¹, Erin F. Ward-Ciesielski, Ph.D.², 1. Hofstra University, 2. Boston University Center for Anxiety and Related Disorders
- (PS8-C58) History of Non-suicidal Self-injury Moderates the Relation of Rejection Distress to Increased Risk for Eating Disorder Urges: A Daily Diary Study
Tara L. Spitznagel, M.A.¹, Chan N. To², Anthony H. Ahrens, Ph.D.², 1. University of Toledo, 2. American University
- (PS8-C59) Social Problem Solving Mediates the Relationship Between Sexual Harassment and Suicide Ideation
Jenna Damico, B.S., Arthur M. Nezu, M.A., Ph.D., DHL, ABPP, Christine M. Nezu, ABPP, Ph.D., Holly R. Gerber, M.S., Dicle Ozel, B.S., Drexel University
- (PS8-C60) Family Support and Peer Support Moderate the Relationship Between Distress Tolerance and Suicide Risk in Black College Students
Anisha L. Thomas, M.A.¹, Amy M. Brausch, Ph.D.², 1. Mississippi State University, 2. Western Kentucky University

- (PS8-C61) Suicide Intervention Practices of Community Mental Health Care Providers**
Hannah Tyler, Ph.D.¹, Brooke Fina, LCSW¹, John Moring, Ph.D.², Katherine Dondanville, ABPP, Psy.D.¹, David Rozek, Ph.D.³, 1. University of Texas Health Science Center at San Antonio, 2. University of Texas Health, 3. University of Central Florida
- (PS8-C62) Cross-sectional Analysis of LGBTQ and Non-LGBTQ Adolescents Entering a Suicide Prevention Intensive Outpatient Program**
Molly Michaels, M.A.¹, Jessica King, Ph.D.², Graziela Solomon, M.S.², Sunita M. Stewart, ABPP, Ph.D.³, 1. UT Southwestern, 2. Children's Medical Center Dallas, 3. UT Southwestern and Children's Health, Dallas
- (PS8-C63) Examining the Relationship Between an Interpersonal Stressor, Dissociation, and Negative Affect Among Those with and Without NSSI**
Elizabeth Eberlin, B.A., Lauren Haliczzer, M.A., Katherine L. Dixon-Gordon, Ph.D., University of Massachusetts Amherst
- (PS8-C64) Examining the Different Effects of Sources of Social Support on the Relationship Between Non-Suicidal Self-injury and Suicide Risk Among LGBTQ-identifying Youth**
Joey C. Cheung, B.S., Kristen M. Sorgi, M.A., Martha K. Fahlgren, M.A., Nicole K. Ciesinski, B.A., Michael S. McCloskey, Ph.D., Temple University
- (PS8-C65) Delayed Reward Discounting in High and Low Lethality Suicide Attempts**
Jessica L. Gerner, B.A., Dede K. Greenstein, Ph.D., Laura Waldman, LCSW, Carlos A. Zarate, Jr., M.D., Elizabeth D. Ballard, Ph.D., National Institute of Mental Health
- (PS8-C66) Time Spent with Peers and Technology Use Predicting Prospective Suicidal Ideation in Adolescent Girls: An Ecological Momentary Assessment Study**
Emily A. Hutchinson, B.S.¹, Jessica L. Hamilton, Ph.D.², Jessica Mak¹, Jennifer Silk, Ph.D.¹, 1. University of Pittsburgh, 2. University of Kansas Medical Center
- (PS8-C67) The Role of Emotion Dysregulation in the Relationship Between Emotional Intensity and Deliberate Self Harm in a Community Sample of United States Military Veterans**
Svetlana Goncharenko, M.A.¹, Alexa M. Raudales, B.A.¹, Shannon R. Forkus, M.A.¹, Ateka Contractor, Ph.D.², Nicole H. Weiss, Ph.D.¹, 1. University of Rhode Island, 2. University of North Texas
- (PS8-C68) The Relationship Between Risky Behavior Engagement and Related Distress with Past-year Suicidal Ideation**
Rachel Glein, B.S.¹, Caitlin M. O'Loughlin, B.A., M.A.¹, Brooke Ammerman, Ph.D.², 1. ASSIST Lab, University of Notre Dame, 2. University of Notre Dame
- (PS8-C69) The Four-function Model and Its Relationship to Stress Reactivity Among Individuals Who Reported Non-suicidal Self-injury**
Aubrey J. Legasse, B.S., B.A., Victoria E. Quinones, M.A., Colin M. Bosma, M.A., Lydia Lavoie, Dorien Baudeuwyns, Ethan Seymour, Emily A. Haigh, Ph.D., University of Maine

- (PS8-C70) **Resting-state Functional Network Coherence in Children with Early Emerging Suicidal Thoughts and Behaviors**
Andrea Wiglesworth, B.S.¹, Kathryn R. Cullen, M.D.², Conner Falke, B.S., B.A.³, Bonnie Klimes-Dougan, Ph.D.⁴, 1. University of Minnesota- Twin Cities, Department of Psychology, 2. University of Minnesota, Department of Psychiatry, 3. University of Minnesota, School of Public Health Biostatistics, 4. University of Minnesota, Department of Psychology
- (PS8-C71) **The Mediating Role of Normalization of Suicide on the Relationship Between Suicide Bereavement and Suicidality**
Gabby M. Zeller, M.S., Carolyn Pepper, Ph.D., Kandice Perry, M.S., Alejandra Reyna, M.S., Lara Glenn, University of Wyoming
- (PS8-C72) **Context of Engagement in Valued Action in Reducing Likelihood of Passive Suicidal Ideation in College Students**
Lourah M. Kelly, Ph.D.¹, Kristin Serowik, Ph.D.², Virginia K. McCaughey, B.A.³, Jennifer C. Wolff, Ph.D.⁴, Lance Swenson, Ph.D.³, 1. University of Connecticut, School of Medicine, 2. Yale University/ West Haven Veterans Affairs, 3. Suffolk University, 4. Brown Medical School/Rhode Island Hospital
- (PS8-C73) **Suicide Risk Among Persons Living with HIV**
Jesse McCann, B.S.¹, Lily A. Brown, Ph.D.¹, Wenting Mu, Ph.D.¹, Ifrah Majeed, B.A.¹, Stephen Durborow, B.S.¹, Song Chen, Ph.D.², Michael Blank, Ph.D.¹, 1. University of Pennsylvania, 2. University of Wisconsin - La Crosse
- (PS8-C74) **Cultural Protective and Risk Factors for Suicidal Ideation in College Students on the U.S./Mexico Border**
Claudia J. Woloshchuk, B.A., Mariany G. Perez, B.S., Jennifer De Alba, Nallely Ramirez, B.S., Andrea Rodriguez-Crespo, Theodore V. Cooper, Ph.D., University of Texas at El Paso
- (PS8-C75) **Suicide Risk, Reasons for Living, and Protective Factors in Individuals with Disabilities**
Katelyn McKinney, Amy M. Brausch, Ph.D., Western Kentucky University

Poster Session 8D

Key Words: *Suicide, Substance Abuse, Alcohol*

- (PS8-D76) **Substance Use Frequency Relates to Suicidal Ideation Through Perceived Burdensomeness and to Suicide Attempts Through Capability for Suicide**
Margaret Baer, B.A., Matthew T. Tull, Ph.D., Kim L. Gratz, Ph.D., University of Toledo
- (PS8-D77) **Understanding Risk for Suicide: The Role of Social Anxiety Disorder**
Julia S. Yarrington, M.A.¹, Richard T. LeBeau, Ph.D.¹, Julian E. Ruiz, B.A.¹, Joseph A. Himle, Ph.D.², Michelle Csaske, Ph.D.¹, 1. University of California Los Angeles, 2. University of Michigan
- (PS8-D78) **Does Over-general Autobiographical Memory Mediate the Association Between Child Abuse and Suicidal Ideation Among Adolescents?**
Brianna Meddaoui, B.A., Ilana Gratch, B.A., Christine B. Cha, Ph.D., Teachers College, Columbia University

- (PS8-D79) Heavy Episodic Drinking and Suicidal Behaviors in College Students with Depressive Symptoms: Implications for Risk-assessment and Treatment**
Emma R. Hayden, B.S., Paola Pedrelli, Ph.D., Massachusetts General Hospital
- (PS8-D80) Veteran and Partner Interest in a Couples-based Suicide Intervention**
Chandra E. Khalifian, Ph.D.¹, Janina Schnitzer¹, Katerine Rashkovsky², Kayla Knopp, Ph.D.³, Samantha A. Chalker, Ph.D.⁴, Feea Leifker, M.P.H., Ph.D.⁵, Colin Depp, Ph.D.¹, Shirley Glynn, Ph.D.⁶, Craig J. Bryan, Psy.D.⁷, Leslie Morland, Psy.D.², 1. University of California San Diego, 2. VA San Diego Healthcare System/University of California, San Diego, 3. VA San Diego Healthcare System, 4. UCSD and VA San Diego Center for Stress and Mental Health, 5. The University of Utah, 6. University of California Los Angeles, 7. National Center for Veterans Studies
- (PS8-D81) Jaspr Health: Reimagining Care for Suicidal Patients in Emergency Departments**
Tia Tyndal, B.A.¹, Irene Zhang, M.A.¹, Nadia Kako, B.A.², Linda A. Dimeff, Ph.D.³, Tophier Jerome², David A. Jobes, ABPP, Ph.D.¹, 1. The Catholic University of America, 2. Evidence-Based Practice Institute, 3. Jaspr Health, Inc.
- (PS8-D82) Fmri Correlates of Suicidal Ideation in Adolescents During the First 90 Days of Residential Care**
Amanda Schwartz, B.S., Matthew Dobbertin, Joseph M. Aloï, Ph.D., Johannah Bashford-Largo, Ru Zhang, Ph.D., Erin Carollo, B.S., Sahil Bajaj, Ph.D., James Blair, Ph.D., Karina Blair, Ph.D., Boys Town National Research Hospital, Center for Neurobehavioral Research
- (PS8-D83) Understanding Comfort with and Engagement in Assessing Suicide Risk and Asking About Firearm Safety for Suicide Prevention Among Mississippi Health Care Providers**
Allison E. Bond, B.A., Michael D. Anestis, Ph.D., The University of Southern Mississippi
- (PS8-D84) Utilizing Suicide Status Form Core Construct Ratings to Predict Post-treatment Self-reported Suicide Risk in Crisis Stabilization Consumers**
Ethan W. Graure, M.A.¹, Victoria A. Colborn, M.A.¹, Amy Miller, LCSW², David A. Jobes, ABPP, Ph.D.¹, 1. The Catholic University of America, 2. Commonwealth of Virginia
- (PS8-D85) Suicide Planning in Adolescents: Assessing Reliability, Validity, and Inter-informant Agreement of an Updated Self-injurious Thoughts and Behaviors Interview (SITBI-R)**
Olivia H. Pollak, B.S.¹, Ilana Gratch, B.A.¹, Sara N. Fernandes, M.A.², Kerri-Anne Bell, M.A.¹, Kathryn Fox, Ph.D.³, Christine B. Cha, Ph.D.¹, 1. Teachers College, Columbia University, 2. Columbia University/New York State Psychiatric Institute, 3. University of Denver
- (PS8-D86) Self-discrepancy and Suicidal Ideation**
Eric Uhl, B.A.¹, Anna S. Freedland, M.S.¹, Yan Leykin, Ph.D.², Jedidiah Siev, Ph.D.³, Rachel Hechinger³, 1. Palo Alto University, 2. Palo Alto University & University of California, San Francisco, 3. Swarthmore College
- (PS8-D87) Interoceptive Deficits Moderate the Relationship Between Bulimia Symptoms and Suicide Behavior**
Amy M. Brausch, Ph.D., Rebekah Clapham, B.A., Eliza Laves, B.S., Paige Nichols, B.A., Western Kentucky University

- (PS8-D88) **Benefits and Barriers to Suicidal Behavior in First-year College Students: The Role of Stigma**
Melissa S. Jankowski, M.A., Cynthia Erdley, Ph.D., University of Maine
- (PS8-D90) **Examining the Temporal Stability of Suicide Capability: A Latent Growth Analysis**
Kaitlyn R. Schuler, M.A.¹, Katrina Rufino, Ph.D.², Caitlin Wolford-Clevenger, Ph.D.³, Phillip M. Smith, Ph.D.¹, 1. University of South Alabama, 2. University of Houston, 3. University of Alabama at Birmingham
- (PS8-D91) **The Protective Effects of Female Gender on Suicidal Ideation in Psychiatric Inpatients with Severe Alcohol Use**
Kaitlyn R. Schuler, M.A., Phillip M. Smith, Ph.D., University of South Alabama
- (PS8-D92) **Indicators of Suicidal Outcomes Among 6 to 12-year-old Treatment Seeking Youth**
Rachel L. Doyle, B.A., Paula J. Fite, Ph.D., University of Kansas
- (PS8-D93) **An Exploratory Investigation of the Emotional Cascade Theory in Adults with Non-suicidal Self-injury and Suicidal Ideation**
Juliana M. Holcomb, B.A.¹, Peter J. Franz, M.A.², Matthew Nock, Ph.D.², 1. Harvard University & Massachusetts General Hospital, 2. Harvard University
- (PS8-D94) **Examining the Interaction of Momentary Agitation with IPTS Constructs to Predict Short-term Changes in Suicidal Ideation**
Joseph S. Maimone, B.A.¹, Kate Bentley, Ph.D.², Matthew Nock, Ph.D.³, Evan Kleiman, Ph.D.⁴, 1. Massachusetts General Hospital, 2. Massachusetts General Hospital/Harvard Medical School, 3. Harvard University, 4. Rutgers, The State University of New Jersey
- (PS8-D95) **Emotion Reactivity, Emotion Regulation, and Suicidality Among Those with a Recent History of Nonsuicidal Self-injury**
Caitlin M. O'Loughlin, B.A., M.A.¹, Brooke Ammerman, Ph.D.², 1. ASSIST Lab, University of Notre Dame, 2. University of Notre Dame
- (PS8-D96) **Acquired Capability of Suicide and Suicidal Imagery in Suicide Ideators and Attempters**
Ju Su Ko, B.S., Sungeun You, Ph.D., Chungbuk National University
- (PS8-D97) **Perceived Public Stigma of Suicide Attempters and Help Seeking in Suicidal Individuals on Amazon Mturk**
Samantha E. Jankowski, M.A.¹, Olivia Peros, M.A.¹, Erin F. Ward-Ciesielski, Ph.D.², 1. Hofstra University, 2. Boston University Center for Anxiety and Related Disorders
- (PS8-D98) **How Components of Social Anxiety Relate to the Interpersonal Theory of Suicide**
John E. Bogucki, Keyne C. Lau, Ph.D., Seattle Pacific University

(PS8-D99) Asking About past Suicide Attempts in a General Hospital Setting: A Comparison of Pediatric and Adult Medical Inpatients

Annabelle M. Mournet, B.A.¹, Maryland Pao, M.D.¹, Abigail Ross, M.P.H., Ph.D., MSW², Daniel Powell, B.A.¹, Sandra McBee-Strayer, Ph.D.³, Elizabeth Wharff, Ph.D., LICSW, MSW², Colin Harrington, M.D.⁴, June Cai, M.D.⁵, Cynthia Claassen, Ph.D.⁶, Deborah J. Snyder, LCSW, MSW¹, Lisa M. Horowitz, M.P.H., Ph.D.¹, Jeffrey A. Bridge, Ph.D.³, 1. National Institute of Mental Health, 2. Boston Children's Hospital, 3. Nationwide Children's Hospital, 4. Rhode Island Hospital/Alpert Medical School of Brown University, 5. Walter Reed National Medical Military Center, 6. John Peter Smith Health Network

1:45 p.m. – 3:45 p.m.

PS9: LGBTQ+; PARENTING/FAMILIES; SEXUAL FUNCTIONING; SPORTS PSYCHOLOGY

Poster Session 9A

Key Words: LGBTQ+, Gender, Sexuality

(PS9-A1) Service Provider Identities and the Associated Comfort Level of Sexual and Gender Minority Clients

Thomas Schlechter, B.A., Amy Przeworski, Ph.D., Case Western Reserve University

(PS9-A2) Suicidal Behaviors in Rural Sexual Minorities: Examining Desire for Death and Positive Emotions

Sunia H. Choudhury, M.A., M.S., Jeff Klibert, ABPP, Ph.D., Georgia Southern University

(PS9-A3) The Relationship Between Sexual Position Preference and Consent Communication Among Sexual Minority Cisgender Men

John L. McKenna, M.S., Susan M. Orsillo, Ph.D., Suffolk University

(PS9-A4) Peer Victimization and Dating Anxiety in LGB Youth

Kathleen K. Little, B.S., Kristin M. Lindahl, Ph.D., University of Miami

(PS9-A5) The Psychometric Development of a Gender Diversity Screening Measure to Assess Across the Full Gender Spectrum (Binary and Nonbinary)

Amber Song, B.A.¹, Andrew Freeman, Ph.D.², Blythe A. Corbett, Ph.D.³, Eleonora Sadikova, B.A.⁴, Lauren Kenworthy, Ph.D.¹, Alyssa D. Verbalis, Ph.D.¹, Sara Shakin, B.A.¹, Madison Mohajerin, B.A.¹, John Strang, Psy.D.¹, 1. Children's National Hospital, 2. University of Nevada Las Vegas, 3. Vanderbilt University Medical Center, 4. University of Virginia

(PS9-A6) Differences in Identity Salience, Centrality, and Concealment Among Heterosexuals, Sexual Minorities, and Heterosexuals Who Report Same-sex Behavior and Attraction

John Kellerman, B.A.¹, Cindy J. Chang, PsyM¹, Brian Feinstein, Ph.D.², Kara B. Fehling, Ph.D.³, Evan Kleiman, Ph.D.¹, Edward Selby, Ph.D.¹, 1. Rutgers University, The State University of New Jersey, 2. Rosalind Franklin University of Medicine and Science, 3. NYCBT

- (PS9-A7) **Intersectional Discrimination, Identity Commitment, and Mental Health Among Latinx Sexual Minorities**
Roberto Renteria, M.A., Cristalis Capielo, Ph.D., Arizona State University
- (PS9-A8) **Perceptions and Experiences of Sexual Healthcare in Urban versus Rural Young Men Who Have Sex with Men**
Kyle Jozsa, M.A., Michael E. Newcomb, Ph.D., Northwestern University Feinberg School of Medicine
- (PS9-A9) **Marginalization Stress and Social Support Among Transgender and Gender Diverse Adults**
Hannah M. Coffey, B.A., Brenna Lash, M.P.H., Allura L. Ralston, M.A., Debra Hope, Ph.D., University of Nebraska-Lincoln
- (PS9-A10) **Differences in Physiological and Psychological Indices of Emotion Regulation Between Sexual Minority and Heterosexual Youth**
Roberto López, Jr., M.A., Stefanie Gonçalves, M.A., Tara M. Chaplin, Ph.D., George Mason University
- (PS9-A11) **Mental Health Disparities Between Cisgender and Gender Diverse Youth Seeking Treatment at an Urban Community Mental Health Center**
Roberto López, Jr., M.A.¹, Jason Feinberg, M.A.¹, Richard N. Leichtweis, Ph.D.², Christianne Esposito-Smythers, Ph.D.¹, 1. George Mason University, 2. Inova Kellar Center
- (PS9-A12) **Exclusive and Non-exclusive Sexual Minorities: Coming out Stress**
Camron Williams, Sara E. Roles, B.S., David T. Solomon, Ph.D., Western Carolina University
- (PS9-A13) **Identifying School-based Intervention Targets for the Risk of Suicide Attempt Amongst Gender Questioning Youth**
Ya-Wen Chang, B.A., Shou En Chen, B.S., Teachers College, Columbia University
- (PS9-A14) **Risk Factors for Obesity Among Sexual and Gender Minority Assigned Female at Birth Youth**
Emily Devlin, B.A., Sarah W. Whitton, Ph.D., University of Cincinnati
- (PS9-A15) **Help-seeking for IPV from Mental Health Providers: Desires for and Barriers to Care Among SGM-AFAB Young Adults**
Margaret Lawlace, B.A.¹, Emily Devlin, B.A.¹, Lisa M. Godfrey, M.A.¹, Michael E. Newcomb, Ph.D.², Sarah W. Whitton, Ph.D.¹, 1. University of Cincinnati, 2. Northwestern University Feinberg School of Medicine
- (PS9-A16) **Negative Reactions to Assault Disclosure and Posttraumatic Stress and Alcohol Use Among Bisexual Women: Consideration of Anti-bisexual Stigma**
Selime R. Salim, M.A.¹, Terri L. Messman-Moore, Ph.D.², 1. Miami University, Oxford, 2. Miami University
- (PS9-A17) **Are We Using Evidence-based Practice? A Systematic Review of Clinical Literature for Working with Transgender and Gender Diverse Adults**
Natalie R. Holt, M.A.¹, Allura L. Ralston, M.A.¹, Debra Hope, Ph.D.¹, Richard MocarSKI, Ph.D.², Nathan Woodruff³, 1. University of Nebraska-Lincoln, 2. University of Nebraska at Kearney, 3. Trans Collaborations

- (PS9-A18) “You’re a Wall, and Any Weakness Is Emasculating:” Exploring Machismo, Gender Expression, and Healthcare Service Use Among Latino Sexual Minority Men**
Rosana Smith-Alvarez, B.A.¹, Daniel Hernandez Altamirano, B.S.¹, Daniel Mayo, B.S.¹, Brooke G. Rogers, M.P.H., Ph.D.², Steven Safren, Ph.D.¹, Audrey Harkness, Ph.D.¹, 1. University of Miami, 2. Brown University Medical School
- (PS9-A19) A Deeper Understanding of Adaptive Responses to Minority Stress Experiences in Marginalized Sexual Identities**
Dana Ergas, M.S., Christina Balderrama-Durbin, Ph.D., Binghamton University, State University of New York
- (PS9-A20) Naturalistically-observed vs. Self-reported Social Predictors of Self-injurious Thoughts and Behaviors Among Sexual and Gender Minority Youth**
Janine Galione, Ph.D.¹, Julia A. Gajewski-Nemes, B.A.², Deanna M. Kaplan, M.A.³, Colin Tidwell, B.A.⁴, Matthias R. Mehl, Ph.D.⁴, Nicole Nugent, Ph.D.⁵, 1. Bradley Hospital/Alpert Medical School of Brown University, 2. Alpert Medical School of Brown University, 3. University of Arizona / Brown University, 4. University of Arizona, 5. Warren Alpert Medical School of Brown University
- (PS9-A21) Transgender Veteran’s Access to Gender-related Health Care Services: The Role of Minority Stress**
Hillary A. Powell, M.A.¹, Rebecca Stinson, Ph.D.², Christopher Erbes, Ph.D.³, 1. The University of Montana; Minneapolis VAMC, 2. Minneapolis VAMC, 3. Minneapolis VAMC, University of Minnesota
- (PS9-A22) AWARENESS: A Pilot I-CBT Program on Intersectional Minority Stress for SGM Populations**
Gowri Sunder, B.A.¹, Hannah Bosely, M.A.², Nicholas Heck, Ph.D.³, Annesa Flentje, Ph.D.¹, 1. University of California, San Francisco, 2. University of California, Berkeley, 3. Marquette University
- (PS9-A23) Acceptability and Feasibility of a Brief Mental Health Prevention Workshop for LGBTQ Youth and Young Adults**
Christen Seyl, Natalie R. Holt, M.A., Debra Hope, Ph.D., University of Nebraska-Lincoln
- (PS9-A24) Using a Comprehensive Gender Minority Stress Model to Predict Problematic Alcohol Use**
Louis Lindley, M.A.¹, Loren Bauerband, Ph.D.², M. Paz Galupo, Ph.D.¹, 1. Towson University, 2. University of Missouri
- (PS9-A25) The Impact of Social Support on the Relationship Between Social Anxiety and Sexual Identity Disclosure Among Sexual Minorities**
Justin T. Miller, B.S., Michaela D. Simpson, B.A., Brandon J. Weiss, Ph.D., Georgia Southern University

- (PS9-B26) **Bi-negativity and Social Support: Exploring Queer and Non-queer Social Support Among Nonexclusively-oriented Women**
Kinsie J. Dunham, B.A., Kelly Davis, M.A., Bryan Cochran, Ph.D., University of Montana
- (PS9-B27) **A Mixed Methods Pilot Study of the Feasibility and Acceptability of a Two-session Behavioral Parent Training for Aggressive, Defiant, and Disruptive Behavior Problems in Preadolescents**
Hannah Haskell, B.A., Emily G. Hichborn, B.S., James Craig, Ph.D., Dartmouth
- (PS9-B28) **Relational Ambiguity in Same-gender versus Different-gender Emerging Adult Relationships**
Simon F. Abimosleh, B.S., Neslihan James-Kangal, M.A., Sarah W. Whitton, Ph.D., University of Cincinnati
- (PS9-B29) **LGBTQ+ Individuals and the Effects of Religion on Homonegativity and Self Esteem**
Maria L. Miller, David T. Solomon, Ph.D., Sara E. Roles, B.S., Western Carolina University
- (PS9-B30) **Is Dialectical Behavior Therapy (DBT) a Good Fit for Transgender and Gender Non-binary (TGNB) Patients?**
Rachel A. Weiler, M.S.¹, Alix Simonson, M.S.¹, Sanno Zack, Ph.D.², 1. PGSP-Stanford Psy. D. Consortium, 2. Stanford University
- (PS9-B31) **“it Doesn’t Matter If I’m on Prep or Not, I’m Still Going to Contract HIV Somehow:” HIV-related Fatalistic Beliefs Among Latino Sexual Minority Men in Miami**
Daniel Hernandez Altamirano, B.S.¹, Daniel Mayo, B.S.¹, Rosana Smith-Alvarez, B.A.¹, Brooke G. Rogers, M.P.H., Ph.D.², Steven Safren, Ph.D.¹, Audrey Harkness, Ph.D.¹, 1. University of Miami, 2. Brown University Medical School
- (PS9-B32) **Effects of Parental Emotion Regulation on Transmission of Affective Instability**
Courtney Weaver, B.A., Tannaz Mirhosseini, M.A., Anna Olczyk, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University
- (PS9-B33) **Case Study: Adapting Evidence-based Group Interventions to Address Emotional Distress in Transgender and Nonbinary Youth and Their Caregivers**
Claire A. Coyne, Ph.D., Diane Chen, Ph.D., Jonathan Poquiz, Ph.D., Paige Ryan, LCSW, Northwestern University Feinberg School of Medicine
- (PS9-B34) **Masculine of Center Gender Expression, Not Gender Identity, Labels as a Risk Factor for Obesity Among Sexual and Gender Minorities Assigned Female at Birth**
Emily Devlin, B.A., Sarah W. Whitton, Ph.D., University of Cincinnati
- (PS9-B35) **Predictors of Parental Perceptions of Treatment Barriers to Utilizing Evidence-based Services Among a Large Diverse Multiethnic Sample**
Spencer Choy, B.A., Maya Waldrep, Brad J. J. Nakamura, Ph.D., University of Hawaii at Manoa

- (PS9-B36) **Children's Empathic Emotions Are Associated with Strong Parent-child Relationships When Parents Use Regulated Discipline**
Kyستن A. Buote, B.A., Erin C. Tully, Ph.D., Georgia State University
- (PS9-B37) **Evidence-based Treatments in Non-traditional Settings: Examining a Mobile Unit vs. Outpatient Services for Children and Families**
Ayla R. Mapes, M.A.¹, Lauren B. Quetsch, Ph.D.¹, Kathryn Parisi, M.A.¹, Kate Moeller, None¹, Emma I. Girard, Psy.D.², Cheryl B. McNeil, Ph.D.³, 1. University of Arkansas, 2. University of California, Davis, 3. West Virginia University
- (PS9-B38) **Pretty and Witty and Gay: Positive Affect Regulation Mediates the Relationship Between Queer Identity Factors and Psychological Distress**
Alexandra D. Long, M.A.¹, Ilana Seager van Dyk, M.A.², 1. American University, 2. The Ohio State University
- (PS9-B39) **Inconsistent Bedtime Routines Mediates the Relationship Between Parenting Stress and Bedtime Resistant Behaviors**
Kristy L. Larsen, M.A., Sara Jordan, Ph.D., University of Southern Mississippi
- (PS9-B40) **Right Wing Authoritarianism and Beliefs in Personal Control: How Do These Factors Interact to Predict Sexual Prejudice?**
Jessica L. Grom, M.A., Daniel J. Lanni, M.A., Dominic J. Parrott, Ph.D., Georgia State University
- (PS9-B41) **Executive Functions, Harsh Parenting, and Coercion in Mothers of Preschoolers**
Rachel K. Zukerman, B.A., Brooke Edelman, B.A., Tamara Del Vecchio, Ph.D., St. John's University
- (PS9-B42) **Exclusive and Non-exclusive Sexual Minorities: Differences in Depression, Anxiety, and Stress**
Sara E. Roles, B.S., Camron Williams, David T. Solomon, Ph.D., Western Carolina University
- (PS9-B43) **The Impact of Internalized Homonegativity Facets on PTSD Symptomology Following Sexual Trauma**
David T. Solomon, Ph.D., Elizabeth Combs, M.A., Western Carolina University
- (PS9-B44) **Religious Upbringing and the LGBTQ+ Community**
Brittney Collins, Sara E. Roles, B.S., David T. Solomon, Ph.D., Western Carolina University
- (PS9-B45) **Incorporating Health Behaviors and Mindfulness into Behavioral Parent Training for ADHD**
Nguyen Tran, B.S.¹, Michelle Kuhn, Ph.D.¹, Mark Stein, Ph.D.¹, Jason Mendoza, M.P.H., M.D.¹, Tyler Sasser, Ph.D.¹, Patrick A. LaCount, Ph.D.², Pooja Tandon, M.P.H., M.D.³, Cindy Ola, Ph.D.¹, Erin Schoenfelder Gonzalez, Ph.D.³, 1. Seattle Children's Hospital, 2. Seattle Children's Research Institute, 3. University of Washington School of Medicine
- (PS9-B46) **Sex, Drugs, and Therapy: A Critical Examination of Moderating Factors Affecting CBT Treatment Outcomes for Reducing HIV and SUD Risk Behaviors Among Gay and Bisexual Men**
Neil D. Schwartz, B.S., Benjamin F. Shepherd, Thomas C. Ingram, M.A., Nova Southeastern University

- (PS9-B47) **Sexual Minority Individuals, Adverse Childhood Experience and Substance Use**
 Kyle Eymann, B.A., Liz Goncy, Ph.D., Cleveland State University
- (PS9-B48) **Is Family Support Enough? Exploring the Role of Perceived Support for LGBTQ Youth When Coping with Bullying Victimization**
 Catherine M. Jones, B.A., Samantha A. Kesselring, B.A., Susan M. Swearer, Ph.D., Raul A. Palacios, II, Ed.S., University of Nebraska-Lincoln
- (PS9-B49) **Differences in Homonegativity in Heterosexual and Sexual Minority Communities**
 Ashley M. Hosey, M.A., Sara E. Roles, B.S., David T. Solomon, Ph.D., Western Carolina University
- (PS9-B50) **A Conjoint Experiment to Understand Spanish Speaking Parents' Preferences for Prevention Programs in Head Start**
 Gillian Sternheim, M.S.¹, Sara Mollins, M.S.¹, Erica Hoffman, M.S.¹, Aria Grillo, M.S.¹, Lee Cohen, M.S.¹, Sara Guttentag, B.A.¹, Greta L. Doctoroff, Ph.D.¹, Frances Wymbys, Ph.D.², Anil Chacko, Ph.D.³, 1. Yeshiva University - Ferkauf Graduate School of Psychology, 2. Ohio University, 3. New York University

Poster Session 9C

Key Words: *Parenting, Sleep, Adolescents*

- (PS9-C51) **Understanding the Impact of Parenting on Adolescent Sleep: A Machine Learning Analysis**
 Caitlin E. Gasperetti, M.A.¹, Katherine A. Kaplan, Ph.D.², 1. University of California at Berkeley, 2. Stanford University
- (PS9-C52) **Exploratory Analysis of Adversity, Treatment Outcome, and the Role of the Parent-child Relationship**
 Simone Chad-Friedman, B.A.¹, Hannah Brockstein, B.S.², Irene Zhang, M.A.¹, Nina Shiffrin, Ph.D.², Colleen Cummings, Ph.D.², M K. Alword, Ph.D.², Brendan Rich, Ph.D.¹, 1. Catholic University of America, 2. Alvord, Baker & Associates, LLC
- (PS9-C53) **Parent Intention to Engage in an Online Healthy Lifestyle Intervention for Their Youth Treated with Psychotropic Medications and Who Are Overweight or Obese: An Elicitation Study**
 Kathryn A. Richardson, B.A., Christine L. McKibbin, Ph.D., University of Wyoming
- (PS9-C54) **Helicopter Parenting: Exploring the Motivations and Defining Behaviors of Parents Who Hover**
 Karina A. Turner, M.A., Christine Walther, Ph.D., Sara R. Elkins, Ph.D., University of Houston - Clear Lake
- (PS9-C55) **The Treatment of Early Childhood Anxiety Through Group-format Parent Child Interaction Therapy - Coaching Approach Behavior and Leading by Modeling (PCIT-CALM)**
 Jennifer Lent, M.A., Erin A. McLean, M.A., Caroline Mazzer, M.A., Anne Fraiman, B.S., Jamie Scharoff, B.A., Julia Weisman, B.A., Phyllis S. Ohr, Ph.D., Hofstra University

- (PS9-C56) The Mediating Role of Emotion Socialization in Maternal and Child Depressive Symptoms**
Kayley Morrow, B.A.¹, Quyen B. Do, B.A.¹, Cecile D. Ladouceur, Ph.D.², Jennifer Silk, Ph.D.¹, 1. University of Pittsburgh, 2. University of Pittsburgh School of Medicine
- (PS9-C57) Maternal Cognitions About Their Parenting Contextualize the Relation Between Maternal Physiology and Overprotective Parenting**
Elizabeth M. Aaron, B.A., Elizabeth Kiel, Ph.D., Miami University
- (PS9-C58) The Impact of Parental Depression on Positive Parenting Behaviors Across Time**
Emma D. Whitmyre, M.A.¹, Roberto López, Jr., M.A.¹, Annamarie B. Defayette, M.A.¹, Abigail Wojcik¹, Mikaella Robles, B.A.¹, Sophia Zmorzenski¹, Jennifer C. Wolff, Ph.D.², Anthony Spirito, Ph.D.³, Christianne Esposito-Smythers, Ph.D.¹, 1. George Mason University, 2. Brown Medical School/Rhode Island Hospital, 3. Alpert Medical School of Brown University
- (PS9-C59) Perceptions of Infant Simulators Influenced by Caregivers' Depressive Symptoms**
Sarah Altman-Ezzard, B.A.¹, Debra Zeifman, Ph.D.², 1. New York State Psychiatric Institute/Columbia University Irving Medical Center, 2. Vassar College
- (PS9-C60) Demographics, Subjective Social Status, and Stigma as Barriers of Use of Youth Mental Health Referrals from Primary Care**
Rebecca Revilla, B.A., Abbey Gregg, M.P.H., Ph.D., Jenny Cundiff, Ph.D., Bradley White, Ph.D., The University of Alabama
- (PS9-C61) Maternal Depression, Parenting Stress, and Sibling Conflict**
Stacy S. Forcino, Ph.D.¹, Emily-Anne S. del Rosario¹, Michelle Grimes, Ph.D.², 1. California State University, San Bernadino, 2. Southern Utah University
- (PS9-C63) The Moderating Effect of Accommodation on Emotional Warmth in Youth Anxiety**
Theresa R. Gladstone, B.A., Emily P. Wilton, B.A., Sydney D. Biscarri Clark, B.S., Ashley A. Lahoud, B.A., Christopher A. Flessner, Ph.D., Kent State University
- (PS9-C64) Parental Depression, Adolescent Attachment, and Adolescent Mental Health Outcomes: A Systematic Review of the Literature**
Shereen Balanji, B.A. (Hons), Marlene M. Moretti, Ph.D., Simon Fraser University
- (PS9-C65) Testing BSF Intervention Effects on Co-parenting – a Latent Variable Approach with Destructive Conflict as a Mediator**
Alexa B. Chandler, M.A., Melissa A. Curran, Ph.D., David A. Sbarra, Ph.D., Heidi A. Hamann, Ph.D., Mary-Frances O'Connor, Ph.D., The University of Arizona
- (PS9-C66) Adolescent Engagement in Parent-adolescent Interactions**
Molly E. Hale, M.S.¹, Janice L. Zeman, Ph.D.², Audrey L. Bell, B.A.², 1. University of Georgia, 2. College of William & Mary
- (PS9-C67) Adolescent-parent Discussions: Context Predicts Parental Emotion Socialization Response**
Molly E. Hale, M.S.¹, Zoe Nelson, B.S.², Emma Shahin², Janice L. Zeman, Ph.D.², 1. University of Georgia, 2. College of William & Mary

- (PS9-C68) **Examining Elaborative Co-remembering as a Protective Factor in the Intergenerational Transmission of Psychopathology**
Caroline Swetlitz, M.A.¹, Sarah Lynch, B.A.¹, Cathi Propper, Ph.D.², Nicholas J. Wagner, Ph.D.¹, 1. Boston University, 2. University of North Carolina at Chapel Hill
- (PS9-C69) **Building Early Connections: Increasing the Reach of Evidence-based Psychosocial Interventions for Young Children on Chicago's West Side**
Emily Wolodiger, Ph.D., Christina Iyengar, M.P.H., Caitlin Otwell, M.A., Diamond Phillips, B.S., Latha Soorya, Ph.D., Jennifer Moriuchi, Ph.D., Cynthia Pierre, Ph.D., Niranjan Karnik, M.D., Ph.D., Allison Wainer, Ph.D., Rush University Medical Center
- (PS9-C70) **Examining Caregiver Strain Within Community Mental Health Services for Children with Autism Spectrum Disorder**
Gina C. May, B.A.¹, Kassandra Martinez, B.A.¹, Eliana Hurwich-Reiss, Ph.D.¹, Barbara Caplan, Ph.D.², Colby Chlebowski, Ph.D.¹, Lauren Brookman-Frazee, Ph.D.¹, 1. University of California, San Diego, 2. UC San Diego
- (PS9-C71) **Let's Talk About Safe Sex: A Multi-wave Assessment of Adolescents' Sexual Communication with Parents and Peers**
Emily S. Bibby, B.A.¹, Laura Widman, Ph.D.², Caitlin Turpyn, Ph.D.¹, Eva H. Telzer, Ph.D.¹, Jacqueline Nesi, Ph.D.³, Sophia Choukas-Bradley, Ph.D.⁴, Mitchell J. Prinstein, ABPP, Ph.D.⁵, 1. University of North Carolina at Chapel Hill, 2. North Carolina State University, 3. Alpert Medical School of Brown University, 4. University of Pittsburgh, 5. University of North Carolina at Chapel Hill
- (PS9-C72) **Relationship Between Separation Anxiety and Family Accommodation in a Treatment Seeking Sample**
Alex E. Keller, M.A.¹, Donna B. Pincus, Ph.D.², 1. Boston University, 2. Boston University Center for Anxiety and Related Disorders
- (PS9-C73) **Exploratory and Confirmatory Factor Analysis of the Stress Index for Parents of Adolescents Among adolescents with Psychiatric Disorders**
Francesca Penner, M.A., Kiana Wall, M.A., Carla Sharp, Ph.D., University of Houston
- (PS9-C74) **Moment-to-moment Affect Synchrony in Caregiver-child Interactions**
Lauren M. Henry, M.S.², Sofia Torres, B.A.², Kelly H. Watson, Ph.D.², Jon Ebert, Psy.D.³, Tarah Kuhn, Ph.D.³, Meredith Gruhn, M.S.², Allison Vreeland, M.S.², Rachel Siciliano, M.S.², Allegra S. Anderson, M.S.², Abigail Ciriegio², Bruce Compas, Ph.D.², 1. Children's Hospital Colorado, 2. Vanderbilt University, 3. Vanderbilt University Medical Center
- (PS9-C75) **Enhancing Parent-child Interaction Therapy in Rural Kentucky by Accounting for Effects of Parent-reported Reactivity on Parent and Child Behaviors During an Analog Behavior Observation**
Tim Thornberry, Jr., Ph.D., Western Kentucky University

Poster Session 9D

Key Words: *Child, Families, Externalizing*

- (PS9-D76) **Differential Role of Family Cohesion, Expressiveness, and Control on Child Internalizing and Externalizing Problems**
Allison C. Smith, B.S., Thompson E. Davis, III, Ph.D., Louisiana State University

- (PS9-D77) The Influence of Sexual Victimization History on the Sexual Consent Process**
Paige Szarafin, Rachael Shaw, B.A., Jennifer P. Read, Ph.D., University at Buffalo, SUNY
- (PS9-D78) A Qualitative Analysis of Attrition in Parent-child Interaction Therapy**
Aaditi Vijay, Ph.D.¹, Amber Ufford, Ph.D.¹, Talia Wigod, Psy.D.², Melville Francis, Psy.D.¹, Casey O'Brien, Psy.D.³, Caroline Bucher, B.A.¹, Alec L. Miller, Psy.D.⁴, Lata McGinn, Ph.D.⁵, 1. Cognitive and Behavioral Consultants, 2. Staff Psychologist, 3. Cognitive and Behavioral Therapy, 4. Cognitive Behavioral Consultants, 5. Yeshiva University
- (PS9-D79) Paternal Perceptions of Maternal Roles and Parenting Confidence and Involvement During the Transition to Parenthood**
Miriam Zegarac, B.A., Violeta J. Rodriguez, M.S., Dominique La Barrie, B.A., Anne Shaffer, Ph.D., University of Georgia
- (PS9-D80) Parent-child Role Confusion: How Family Processes Influence Caretaking Behaviors in Children of Parents with a History of Depression**
Karissa A. DiMarzio, B.A.¹, Jennifer Thigpen, Ph.D.², Juliana Acosta, M.S.¹, Chelsea Dale, M.S.¹, Rex Forehand, Ph.D.³, Bruce Compas, Ph.D.⁴, 1. Florida International University, 2. PP, 3. University of Vermont, 4. Vanderbilt University
- (PS9-D81) Relationship Between Respiratory Sinus Arrhythmia and Affective Ratings**
Courtney Weaver, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University
- (PS9-D82) Women's Experiences of Sex in Romantic Relationships**
Erin A. Van Gorkom, B.S., David de Jong, Ph.D., Western Carolina University
- (PS9-D83) What Is the Longitudinal Relationship Between Pornography Use and Sexual Esteem?**
Meghan Maddock, MS, Scott R. Braithwaite, Ph.D., Brigham Young University
- (PS9-D84) Sexual Risk and Emergency Contraception in Hispanic College Students**
Luis F. Corona, Carlos Portillo, Jr., B.S., Roman Fregoso, B.S., Sandra Sierra, Andrea Rodriguez-Crespo, Theodore V. Cooper, Ph.D., University of Texas at El Paso
- (PS9-D85) Finding Congruence: Investigating the Validity of the Pornography Incongruence Model**
Dorian Hatch, None¹, S. Gabe Hatch, B.S.², Conner L. Deichman¹, Charlotte R. Esplin, M.S.¹, Scott R. Braithwaite, Ph.D.¹, 1. Brigham Young University, 2. University of Miami
- (PS9-D87) What Motives Drive Pornography Use?**
Charlotte R. Esplin, M.S.¹, S. Gabe Hatch, B.S.², Dorian Hatch, None¹, Conner L. Deichman, None¹, Scott R. Braithwaite, Ph.D.¹, 1. Brigham Young University, 2. University of Miami
- (PS9-D88) Should Self-compassion Be a Target for Preventing Overcontrol with Anxious Children?**
Lauren B. Jones, M.A., Elizabeth Kiel, Ph.D., Miami University
- (PS9-D89) Various Aspects of Parent Stress on Child Self-esteem**
Jerrica R. Guidry, M.A., Thompson E. Davis, III, Ph.D., Louisiana State University

(PS9-D90) Alcohol-related Sexual Expectancies Link College Students' Alcohol Use and Hookup Behaviors

Alisa Garner, M.A.¹, Autumn Rae Florimbio, M.A.¹, Hannah Grigorian, M.A.¹, Meagan Brem, M.A.², Gloria Romero, M.S.¹, Tara L. Cornelius, Ph.D.³, Ryan C. Shorey, Ph.D.⁴, L. Christian Elledge, Ph.D.⁵, Gregory Stuart, Ph.D.¹, 1. University of Tennessee - Knoxville, 2. University of Tennessee, Knoxville, 3. Grand Valley State University, 4. University of Wisconsin - Milwaukee, 5. The University of Tennessee, Knoxville

(PS9-D91) Pornography Consumption and Sexual Satisfaction: Longitudinal Differences Between Biological Sexes

Elena K. Henderson, M.A., M.S., Scott R. Braithwaite, Ph.D., Brigham Young University

(PS9-D92) Impact of Prevention Efforts on Self-injurious Thoughts and Behaviors During College

Rebecca Hammond, None¹, Yeonsoo Park, M.A.¹, Caitlin M. O'Loughlin, B.A., M.A.², Brooke Ammerman, Ph.D.¹, 1. University of Notre Dame, 2. ASSIST Lab, University of Notre Dame

(PS9-D93) Impact of Mindfulness on Emotion Regulation and Anxiety in Sport

Hannah M. Thomas, B.A.¹, Carol R. Glass, Ph.D.¹, Thomas O. Minkler, B.A., M.A.², Megan Hut, M.A.¹, Caroline H. Weppner¹, 1. The Catholic University of America, 2. West Virginia University

(PS9-D94) Qualitative Experiences of Receiving Unsolicited Parenting Advice with Academic Mothers of Toddlers

Elizabeth S. Weinstein, M.A., Kayla DeFazio, M.A., Sarah A. Novak, Ph.D., Hofstra University

(PS9-D95) Evaluating the Importance of Risk-benefit Analysis for Risky Behaviors Among Individuals with non-suicidal Self-injury

Kathryn T. Evans, Vincent P. Corcoran, M.A., Margaret Andover, Ph.D., Fordham University

(PS9-D96) Negative Emotional States and Experiential Avoidance in Sport: What Role Does Mindfulness Play?

Caroline H. Weppner, B.A.¹, James D. Doorley, M.A.², Carol R. Glass, Ph.D.¹, Megan Hut, M.A.¹, Thomas O. Minkler, B.A., M.A.³, 1. The Catholic University of America, 2. George Mason University, 3. West Virginia University

(PS9-D97) Executive Functioning, Emotion Control, and Discipline in Mothers of Preschoolers

Brooke Edelman, B.A., St. John's University

(PS9-D98) Examining the Relationship Between Components of Mindfulness and Free Throw Shooting in Men's and Women's Collegiate Basketball Players

Daniel R. Cohn, M.A., M.S., LeeAnn Cardaciotto, Ph.D., Andrew Wolanin, Psy.D., Daniel Rodriguez, Ph.D., Sharon Lee Armstrong, Ph.D., La Salle University

(PS9-D99) Improving Youth's Access to the Benefits of Mindfulness Through Youth Sport: Mindfulness and Its Effect on Sports Anxiety, Self-efficacy, and General Well-being

Kaylynn R. Frantz, Hannah C. Herc, M.A., Cassidy Serr, Sarah E. Francis, Ph.D., Mojisola Tiamiyu, Ph.D.¹, Peter G. Mezo, Ph.D., The University of Toledo

(PS9-D100) Examining Mediating Processes of the Association Between Body Image and Sexual Pleasure to Target in Clinical Intervention*Kendall N. Poovey, B.A., David de Jong, Ph.D., Western Carolina University*

4:00 p.m. – 6:00 p.m.

ADULT ANXIETY; HEALTH PSYCHOLOGY/BEHAVIORAL MEDICINE- CHILD**Poster Session 10A**Key Words: *Social Anxiety, Mindfulness, Adult***(PS10-A1) The Impact of Mindfulness Training on Post-event Processing Among Individuals with Clinically Elevated Social Anxiety***Shayon Tayebi¹, Elizabeth M. Lewis, B.S.¹, Richard G. Heimberg, Ph.D.², Julia D. Buckner, Ph.D.¹, 1. Louisiana State University, 2. Temple University***(PS10-A2) Comparisons on Phobic Fear and Anxiety Symptoms Across Hispanic, Asian, and White Americans***Elizabeth N. Hernandez, B.A., Isabel G. Aguirre, B.A., Michiyo Hirai, Ph.D., The University of Texas Rio Grande Valley***(PS10-A3) The Role of Perceived Anxiety Control in Relation to Social Anxiety Symptoms: A Short-term Longitudinal Study***Isabel G. Aguirre, B.A., Elizabeth N. Hernandez, B.A., Michiyo Hirai, Ph.D., University of Texas Rio Grande Valley***(PS10-A4) Using Machine Learning to Identify Predictors of Symptom Improvement in Social Anxiety Disorder***Alexandra M. Andrea, M.S., Christina S. Galiano, M.A., Timothy A. Brown, Psy.D., Anthony J. Rosellini, Ph.D., Boston University Center for Anxiety and Related Disorders***(PS10-A5) General Belongingness but Not Hurricane-specific Social Support Buffers the Relationship Between Cognitive Vulnerabilities and Mental Health Outcomes Following a Hurricane***Hannah C. Broos, B.A., Kiara R. Timpano, Ph.D., Maria M. Llabre, Ph.D., University of Miami***(PS10-A6) Anticipatory Processing Manipulations Influences Neural Mechanisms of Self-imagery Processing***Jacob D. Kraft, M.S., Danielle E. Deros, B.S., Kaitlyn Nagel, B.A., Danielle Taylor, Ph.D., Kristen Frosio, M.S., DeMond Grant, Ph.D., Oklahoma State University***(PS10-A7) Exploring the Dynamic Structure of Contextual Emotion Regulation in the Daily Lives of Socially Anxious People***Katharine E. Daniel, M.A., Miranda L. Beltzer, M.A., Hudson Golino, Ph.D., Laura E. Barnes, Ph.D., Bethany A. Teachman, Ph.D., University of Virginia*

- (PS10-A8) **Hope, Optimism, and Self-efficacy Predicting Mental Health & Illness in a Community Sample Exposed to Hurricane Harvey**
Johann M. D'Souza, M.A., Matthew W. Gallagher, Ph.D., University of Houston
- (PS10-A9) **Treatment Effects on Fear of Negative Evaluation and the Moderating Roles of Cognitive Distortions and Mindfulness Facets on the Relationship Between Fear of Negative Evaluation and Social Anxiety**
Brennah V. Ross, B.S.¹, Emily B. O'Day, M.A.¹, Amanda S. Morrison, Ph.D.², Philippe R. Goldin, Ph.D.³, James Gross, Ph.D.⁴, Richard G. Heimberg, Ph.D.¹, 1. Temple University, 2. California State University, East Bay, 3. Betty Irene Moore School of Nursing, University of California, Davis, 4. Stanford University
- (PS10-A10) **Social Anxiety Symptoms and Performance Monitoring Brain Activity**
Danielle Taylor, Ph.D.¹, Jacob D. Kraft, M.S.¹, Danielle E. Deros, B.S.¹, Kaitlyn Nagel, B.A.¹, Kristen Frosio, M.S.¹, Evan White, Ph.D.², DeMond Grant, Ph.D.¹, 1. Oklahoma State University, 2. Laureate Institute for Brain Research
- (PS10-A11) **Immune Response to Phobic Fear**
Alex Kirk, M.A., Raeghan Mueller, M.A., Kent Hutchison, Ph.D., Joanna Arch, Ph.D., University of Colorado Boulder
- (PS10-A12) **Do the Data Support Clinical Intuitions About Barriers to Cognitive-behavioral Therapy for Panic Disorder?**
Rachel A. Schwartz, M.A.¹, Dianne L. Chambless, Ph.D.¹, Jacques P. Barber, Ph.D.², Barbara Milrod, M.D.³, 1. University of Pennsylvania, 2. Adelphi University, 3. Weill Cornell Medical College
- (PS10-A13) **Obsessive Beliefs and Anxiety Symptoms Predict Vigilance-, Health-, and Social-related Safety Behaviors**
Meghan W. Cody, Ph.D.¹, Jessica R. Beadel, Ph.D.², Emily M. O'Bryan, Ph.D.³, Alison C. McLeish, Ph.D.⁴, 1. W.G. (Bill) Hefner VA Medical Center, 2. Dayton Veterans Affairs Medical Center, 3. Anxiety Disorders Center, The Institute of Living, 4. The University of Louisville
- (PS10-A14) **Cognitive Distortions and the Use of Mindfulness Skills in the Relationship Between Loneliness and Social Anxiety**
Emily B. O'Day, M.A.¹, Brennah V. Ross, B.S.¹, Amanda S. Morrison, Ph.D.², Philippe R. Goldin, Ph.D.³, James Gross, Ph.D.⁴, Richard G. Heimberg, Ph.D.¹, 1. Temple University, 2. California State University, East Bay, 3. Betty Irene Moore School of Nursing, University of California, Davis, 4. Stanford University
- (PS10-A15) **Psychometric Properties of a Novel Computer-based Measure of Outcome Probability Bias for Social Anxiety**
Amanda A. Draheim, M.A., Page Anderson, Ph.D., Georgia State University
- (PS10-A16) **Examining the Effects of the Therapeutic Alliance on Long-term Outcomes Following CBT in Adults with Anxiety Disorders**
Maya Nauphal, M.A.¹, Erin F. Ward-Ciesielski, Ph.D.¹, Elizabeth H. Eustis, Ph.D.², Jacqueline R. Bullis, Ph.D.³, Todd Farchione, Ph.D.¹, 1. Boston University Center for Anxiety and Related Disorders, 2. Boston University, 3. McLean Hospital/Harvard Medical School

- (PS10-A17) Group Cohesion in Cognitive-behavioral Therapy for Anxiety and Related Disorders**
Virginia Tsekova, B.A.¹, Olivia Provost-Walker, MA¹, Karen Rowa, Ph.D.², Ashleigh Elcock, B.A.³, Randi E. McCabe, Ph.D.², Martin M. Antony, Ph.D.¹, 1. Ryerson University, 2. McMaster University, St. Joseph's Healthcare Hamilton, 3. St. Joseph's Healthcare Hamilton
- (PS10-A18) Cognitive Restructuring Skill Acquisition in Anxiety Disorders: The Role of Emotion Dysregulation**
Benjamin W. Katz, B.A.¹, Hannah Levy, Ph.D.², Anishka Jean, B.A.², Jessica Mullins, M.D.³, David F. Tolin, ABPP, Ph.D.⁴, 1. University of Wisconsin-Milwaukee, 2. Anxiety Disorders Center, The Institute of Living, 3. Department of Obstetrics and Gynecology, Hartford Hospital, 4. Institute of Living
- (PS10-A19) Experiential Avoidance as a Mediator in the Relationship Between Childhood Trauma and Anxiety in College Students**
Rebecca Michel, B.A., Maria C. DiFonte, M.A., Katharine E. Musella, B.A., Ellen Flannery-Schroeder, ABPP, Ph.D., University of Rhode Island
- (PS10-A20) Anxiety Sensitivity Predicts Anxiety Through Reduced Exposure to Exercise**
Christian A. Hall, B.S., Elijah J. Richardson, B.A., Joshua J. Broman-Fulks, Ph.D., Appalachian State University
- (PS10-A21) Toward Just-in-time Interventions: Detecting Different Temporal Stages of State Social Anxiety**
Maria A. Larrazabal, M.S.¹, Ilana Ladis, B.A.¹, Haroon Rashid, Ph.D.¹, Katharine E. Daniel, M.A.¹, Miranda L. Beltzer, M.A.¹, Mehdi O. Boukhechba, Ph.D.², Laura E. Barnes, Ph.D.¹, Bethany A. Teachman, Ph.D.¹, 1. University of Virginia, 2. Engineering Systems and Environment, University of Virginia
- (PS10-A22) Ethnic Identity and Its Relationship to Constructs of Social Anxiety**
Jin Shin, B.A., Thomas L. Rodebaugh, Ph.D., Washington University in St. Louis
- (PS10-A23) Cancer Worry and Anxiety in Women Undergoing Mastectomy with Breast Reconstruction: A Prospective Study**
Zoë E. Laky, B.A.¹, William G. Austen, Jr., M.D.¹, Hilary Weingarden, Ph.D.², Sabine Wilhelm, Ph.D.¹, 1. Massachusetts General Hospital, 2. Massachusetts General Hospital; Harvard Medical School
- (PS10-A24) An Examination of the Relationship Between Anxiety Sensitivity and Fear of Cancer Recurrence in Breast Cancer Survivors**
Carly Miron, B.A.¹, Matteo Malgaroli, Ph.D.², Kristin L. Szuhany, Ph.D.², Emma L. Jennings, B.S.¹, Madeleine Rassaby, B.A.¹, Samrachana Adhikari, Ph.D.², Bryana Schantz, B.A.¹, Rebecca R. Suzuki, B.A.², Rebecca E. Lubin, B.A.³, Rachel Eakley, M.A., M.S., RN, Other¹, Gabriella Riley, M.D.¹, Abraham Chachoua, M.D.¹, Marleen Meyers, M.D.¹, Jane Rosenthal, M.D.¹, Naomi M. Simon, M.D., M.S.¹, 1. NYU Langone Medical Center, 2. New York University School of Medicine, 3. Boston University
- (PS10-A25) Repetitive Negative Thinking Explains the Relationship Between Attentional Control and Anxiety**
Bryant Stone, B.S.¹, Emily M. Bartholomay, M.A.², 1. Southern Illinois University, 2. Southern Illinois University Carbondale

- (PS10-B26) Are Gains in Mindfulness Maintained 3 Years Following Acute Treatment with the Unified Protocol?**
Brittany Woods Burns, M.A.¹, Jacqueline R. Bullis, Ph.D.², Todd Farchione, Ph.D.³, David H. Barlow, ABPP, Ph.D.³, 1. Boston University, 2. McLean Hospital/Harvard Medical School, 3. Boston University Center for Anxiety and Related Disorders
- (PS10-B27) Associations Between Procrastination and Anxiety Disorders and the Impacts of Cognitive Behavioral Therapy**
Stephen Allen, B.A., Erin F. Ward-Ciesielski, Ph.D., Todd Farchione, Ph.D., David H. Barlow, ABPP, Ph.D., Boston University Center for Anxiety and Related Disorders
- (PS10-B28) The Role of Financial Anxiety in Hispanic College Students' Current and Future Academic Performances**
Isabel G. Aguirre, B.A.¹, Elizabeth N. Hernandez, B.A.², Michiyo Hirai, Ph.D.², 1. University of Texas Rio Grande Valley, 2. The University of Texas Rio Grande Valley
- (PS10-B29) Using Trial-level Bias Scores to Examine Attention Bias and Attention Bias Variability Among People with and Without Social Anxiety Disorder**
Praful R. Gade, None, Anthony Molloy, M.A., Page Anderson, Ph.D., Georgia State University
- (PS10-B30) Implicit Assessment of Emotions in Specific Phobia: Experiential, Physiological, and Behavioral Correlates**
Gregory Bartoszek, Ph.D.¹, Daniel Cervone, Ph.D.², Erin R. Fitzsimmons, B.A.¹, Irena Curanovic, B.A.¹, 1. William Paterson University, 2. University of Illinois at Chicago
- (PS10-B32) Understanding Fomo: The Role of Anxiety Sensitivity, Rumination, and Loneliness**
Rebecca E. Lubin, B.A., Hayley E. Fitzgerald, M.A., Taylor Duncan, M.A., Michael Otto, Ph.D., Boston University
- (PS10-B33) Mediators and Moderators of the Relationship Between Social Anxiety and Co-morbid Depression: Loneliness, the Need to Belong, and Perceived Social Support**
Alison Manning, M.A.¹, Lata McGinn, Ph.D.², 1. Ferkauf Graduate School of Psychology, 2. Yeshiva University
- (PS10-B34) Understanding the Impact of Maternal Parenting Practices on College Students' Experiences of Social Anxiety Through Emotion Regulation**
Megan M. Perry, B.A., Mary J. Schadegg, M.A., Laura J. Dixon, Ph.D., University of Mississippi
- (PS10-B35) When Two Hearts Beat as One: Heart-rate Synchrony in Social Anxiety Disorder**
Abigail L. Barthel, M.A.¹, Maya Asher, Ph.D.², Idan M. Aderka, Ph.D.³, Stefan G. Hofmann, Ph.D.⁴, 1. Center for Anxiety and Related Disorders, Boston University, 2. Private Practice, 3. University of Haifa/Boston University, 4. Boston University

- (PS10-B36) **The Effect of Sexual Harassment Experience on the Relationship Between Rumination and Social Anxiety**
Sebastian Szollos, B.A., Jessica R. Winder, M.A., Dylan Pencakowski, B.A., David P. Valentiner, Ph.D., Northern Illinois University
- (PS10-B37) **Examining Interpersonal and Intrapersonal Emotion Regulation as Mediators in Interpersonal Stress and Affective Symptoms**
Kelsey J. Pritchard, M.A., Kellyann M. Navarre, Peter G. Mezo, Ph.D., The University of Toledo
- (PS10-B38) **Thoughts About past and Future Negative Experiences and Emotions Incrementally Predicts Anxiety over Cognitive Vulnerabilities**
Sean A. Lauderdale, Ph.D., Kelli Lahman, B.A., Ray Daniel, B.A., Texas A & M University, Commerce
- (PS10-B39) **Heterogeneity of the Anxiety-related Attention Bias Is Predicted by Individual Differences in Threat-safety Discrimination and Cognitive Control**
Wai Man Wong, Elizabeth Davis, Sarah Myruski, Ph.D., Tracy A. Dennis-Tiwary, Ph.D., Hunter College, City University of New York
- (PS10-B40) **Agreeableness Relates to Arousal-related Distress During a Laboratory-based Task**
Alex Meyers, B.A., Thomas Fergus, Ph.D., Baylor University
- (PS10-B41) **Intolerance of Uncertainty and Anxiety Sensitivity as Predictors of Treatment Outcome in Adults with Anxiety-related Disorders**
Anishka Jean, B.A.¹, Emily M. O'Bryan, Ph.D.¹, Kimberly T. Stevens, Ph.D.¹, Jessica G. Bimstein, B.S.¹, David F. Tolin, ABPP, Ph.D.², 1. Anxiety Disorders Center, The Institute of Living, 2. Institute of Living
- (PS10-B42) **Investigating the Role of Emotion Dysregulation in Anxiety and Chronic Disease Self-management Among Adults with Skin Disease**
Mary J. Schadegg, M.A., Laura J. Dixon, Ph.D., University of Mississippi
- (PS10-B43) **Examining the Relationship Between Emotion Regulation, Quality of Sleep and Anxiety Disorder Diagnosis**
Bryana Schantz, B.A.¹, Kristin L. Szuhany, Ph.D.², Samvachana Adhikari, Ph.D.², Alan Chen, M.S.³, Joseph H. Grochowalski, Ph.D.⁴, Rebecca R. Suzuki, B.A.², Carly Miron, B.A.¹, Madeleine Rassaby, B.A.¹, Emma L. Jennings, B.S.¹, Mackenzie L. Brown, B.A.⁵, Susanne S. Hoepfner, Ph.D.⁵, Eric Bui, M.D., Ph.D.⁶, Naomi M. Simon, M.D., M.S.¹, 1. NYU Langone Medical Center, 2. NYU School of Medicine, 3. NYU Langone, Dept. of Population Health, 4. New York University, 5. Massachusetts General Hospital, 6. Massachusetts General Hospital, Harvard Medical School
- (PS10-B44) **Incremental Predictive Utility of AAQ-II Scores for Anxiety Disorder Symptomology**
Christian A. Hall, B.S., Danielle E. Drury, B.S., Megan L. Keough, Joshua J. Broman-Fulks, Ph.D., Annie Dephouse-Student, B.S., Appalachian State University
- (PS10-B45) **Evaluating the Acceptability of Common Humanity Enhanced Exposure for Individuals with Social Anxiety**
Elizabeth Slivjak, B.A., Joanna Arch, Ph.D., University of Colorado, Boulder
- (PS10-B46) **The Affective Consequences of Co-rumination and Co-distraction**
Ashley M. Battaglini, M.A., Joelle LeMoult, Ph.D., The University of British Columbia

- (PS10-B47) **Mediational Effects of Emotional Control on the Relationship Between Emotion Regulation and Positive Affect**
Bethany A. Harris, B.A., Maya Nauphal, M.A., Todd Farchione, Ph.D., David H. Barlow, ABPP, Ph.D., Boston University Center for Anxiety and Related Disorders
- (PS10-B48) **The Impact of Daily Emotion Regulation Strategy Use on Worry and Rumination**
Michal E. Clayton, B.A.¹, Megan E. Renna, Ph.D.², David H. Klemanski, M.P.H., Psy.D.³, Caroline E. Kerns, Ph.D.⁴, Katie A. McLaughlin, Ph.D.⁵, Douglas Menin, Ph.D.¹, 1. Teachers College, Columbia University, 2. The Ohio State University College of Medicine, 3. Yale University School of Medicine, 4. Northwestern University Feinberg School of Medicine, 5. Harvard University
- (PS10-B49) **The Relationship Between Perceptions of Interoceptive Accuracy and Alexithymia in Social Anxiety**
Alicia Kruzelock, B.S., B.A., Matthew R. Judah, Ph.D., Old Dominion University
- (PS10-B50) **Moderators of the Relationships Between State and Trait Anxiety and Depersonalization**
Noah J. French, B.A., Jeremy W. Eberle, M.A., Bethany A. Teachman, Ph.D., University of Virginia

Poster Session 10C

Key Words: *Social Anxiety, Distress Tolerance, Social Relationships*

- (PS10-C51) **The Relationship Between Perceived Social Support and Distress Tolerance in Individuals with Social Anxiety Disorder Compared to Generalized Anxiety Disorder**
Madeleine Rassaby, B.A.¹, Kristin L. Szuhany, Ph.D.², Carly Miron, B.A.¹, Emma L. Jennings, B.S.¹, Susanne S. Hoepfner, Ph.D.³, Mackenzie L. Brown, B.A.³, Bryana Schantz, B.A.¹, Rebecca R. Suzuki, B.A.², Rachel Eakley, M.A., M.S., RN¹, Stephanie X. Wu, B.A.⁴, Camille Johnson¹, Eric Bu i, M.D., Ph.D.⁵, Naomi M. Simon, M.D., M.S.¹, 1. NYU Langone Medical Center, 2. NYU School of Medicine, 3. Massachusetts General Hospital, 4. New York University School of Medicine, 5. Massachusetts General Hospital, Harvard Medical School
- (PS10-C52) **The Neural Impact of Excessive Reassurance Seeking in Social Anxiety**
Christian I. Lunsford, B.S., Danielle E. Deros, B.S., Jacob D. Kraft, M.S., Kaitlyn Nagel, B.A., Danielle Taylor, Ph.D., Kristen Frosio, M.S., DeMond Grant, Ph.D., Oklahoma State University
- (PS10-C53) **Generating Anxiety Sensitivity Profiles Using Profile Analysis via Principal Component Analysis**
Charlene Minaya, B.A., Se-Kang Kim, Ph.D., Dean McKay, ABPP, Ph.D., Fordham University
- (PS10-C54) **Shyness Mindset and Sexual Harassment Responses Among Female College Students**
Jessica R. Winder, M.A., David P. Valentiner, Ph.D., Northern Illinois University

- (PS10-C55) The Effects of Age and Trait Anxiety on the Generalization of Contextual Fear and Avoidance**
Zohar Klein, B.A., M.A.¹, Smadar Berger, B.A.¹, Bram Versliet, Ph.D.², Tomer Shechner, Ph.D.³, 1. School of Psychological Sciences, University of Haifa, Israel., 2. Laboratory for Biological Psychology, KU Leuven, Belgium. Leuven Brain Institute, KU Leuven, Belgium., 3. University of Haifa
- (PS10-C56) Cannabis Use Patterns in Those Seeking Cognitive Behaviour Therapy for Social Anxiety Disorder**
Melise Ouellette, B.S.¹, Karen Rowa, Ph.D.², Randi E. McCabe, Ph.D.¹, 1. McMaster University, 2. St. Joseph's Healthcare Hamilton
- (PS10-C57) Social Anxiety and Dissociation: The Moderating Role of Emotion Regulation**
Matthew A. Cook, M.S., Amie R. Newins, Ph.D., University of Central Florida
- (PS10-C58) The Impact of Transdiagnostic Risk Factors on the Relationship Between Social Anxiety and Social Safety Behaviors**
Jessica R. Beadel, Ph.D.¹, Meghan W. Cody, Ph.D.², Emily M. O'Bryan, Ph.D.³, Alison C. McLeish, Ph.D.⁴, 1. Dayton Veterans Affairs Medical Center, 2. W.G. (Bill) Hefner VA Medical Center, 3. Anxiety Disorders Center, The Institute of Living, 4. The University of Louisville
- (PS10-C59) The Role of Social Interaction Anxiety on Mood Disturbance Following a Discussion of Emotional Events in Individuals with Generalized Anxiety Disorder**
Alex H. Buhk, M.A., Pallavi V. Babu, M.A., Amy L. Capparelli, Ph.D., Jason C. Levine, Ph.D., University of Toledo
- (PS10-C60) Examining the Relation of Intolerance of Uncertainty to Other Correlates of Social Anxiety Disorder**
Yasunori Nishikawa, M.A.¹, Katie Fracalanza, Ph.D.², Neil A. Rector, Ph.D.³, Judith Laposa, Ph.D.⁴, 1. Centre for Addiction & Mental Health, 2. Stanford University, Department of Psychiatry & Behavioral Neurosciences, 3. Sunnybrook Health Sciences Centre and University of Toronto, 4. Centre for Addiction and Mental Health
- (PS10-C61) Changes in Anxiety and Depression Scores of College Freshmen over the Last 10 Years: evidence for Increased Severity of Symptoms**
Sarah Robertson, Ph.D, College of Charleston
- (PS10-C62) The Relationship Between Symptoms and Social Functioning over the Course of Cognitive-behavioral Therapy for Social Anxiety Disorder**
Sei Ogawa, Ph.D.¹, Risa Imai, Ph.D.², Masako Suzuki, Ph.D.², Tatsuo Akechi, Ph.D.², Toshi A.Furukawa, Ph.D.³, 1. Nagoya City University Graduate School of Humanities and Social Sciences, 2. Department of Psychiatry and Cognitive-Behavioral Medicine, Nagoya City University Graduate School of Medical Sciences, 3. Department of Health Promotion and Human Behavior, Kyoto University Graduate School of Medicine / School of Public Health

- (PS10-C63) **Assessing for Differences in Fear Conditioning Among Socially Anxious Individuals with Comorbid Anxiety or Depression**
Julian E. Ruiz, B.A.¹, Tom Barry, Ph.D.², Richard T. LeBeau, Ph.D.¹, Michael Treanor, Ph.D.³, Richard Kim, B.A.⁴, Joseph A. Himle, Ph.D.⁵, Michelle Craske, Ph.D.¹, 1. University of California, Los Angeles, 2. University of Hong Kong, 3. UCLA, 4. Southern Methodist University, 5. University of Michigan
- (PS10-C64) **Shared and Unique Contributions of Anxiety and Depression to Mind-wandering Thoughts**
Marta Migó, B.A.¹, Tina Chou, Ph.D.¹, Darin D. Dougherty, M.D.¹, Jill Hooley, Ph.D.², 1. Massachusetts General Hospital/Harvard Medical School, 2. Harvard University
- (PS10-C65) **Anxiety Sensitivity and Poor Physical Health: Examining the Role of State Emotion Dysregulation When Distressed**
Patricia J. Mejia, B.S., Michael J. McDermott, Ph.D., University of Louisiana at Lafayette
- (PS10-C66) **The Relationship Between Self-disclosure and Intimate Relationship Satisfaction Among Individuals with Social Anxiety Disorder and Healthy Controls**
Ariella P. Lenton-Brym, M.A., Danielle A. A. Uy, MA, Candice M. Monson, Ph.D., Martin M. Antony, Ph.D., Ryerson University
- (PS10-C67) **The Indirect Role of Perseverative Thinking in the Association Between Perceived Stress and Sleep Disturbance Among Adults with Skin Disease Symptoms**
Heather L. Clark, M.S., Laura J. Dixon, Ph.D., University of Mississippi
- (PS10-C68) **Emotion Regulation as a Mediator in the Relationship Between Childhood Trauma and Symptoms of Social Anxiety Among College Students**
Katharine E. Musella, B.A.¹, Maria C. DiFonte, M.A.², Rebecca Michel, B.A.², Ellen Flannery-Schroeder, ABPP, Ph.D.², 1. The University of Rhode Island, 2. University of Rhode Island
- (PS10-C69) **A Translational Study: The Role of Safety Learning and Cue Saliency on Anxiety-related Overgeneralized Fear and Subjective Anxiety**
Hyein Cho, M.A.¹, Boyang Fan, B.A.¹, Qin Lin, B.A.², Tracy A. Dennis-Tiwary, Ph.D.², 1. The Graduate Center, The City University of New York, 2. Hunter College, The City University of New York
- (PS10-C70) **Motivational Underpinnings of Alcohol Use in People with Social Anxiety disorder: a Daily Diary Study**
Brad Brown, B.S., Gabriella Silva, B.S., Fallon Goodman, Ph.D., University of South Florida
- (PS10-C71) **Relationships Between Rumination, Emotion Regulation and Trait-anxiety in Healthy Volunteers**
Mayu Naruse, Ph.D.¹, Shuntaro Aoki, Ph.D.², Takeshi Inoue, M.D., Ph.D.³, 1. Faculty of psychology, Mejiro University, 2. Fukushima Medical University, 3. Tokyo Medical University
- (PS10-C72) **Self-imagery: Neural Indices of Emotional Processing Among Worriers**
Kaitlyn Nagel, B.A., Jacob D. Kraft, M.S., Danielle E. Deros, B.S., Kristen Frosio, M.S., Danielle Taylor, Ph.D., DeMond Grant, Ph.D., Oklahoma State University

- (PS10-C73) **The Effect of Intolerance of Uncertainty and Spider Fear on Gaze**
Kathleen A. Koval, B.S.¹, Thomas Armstrong, Ph.D.², Shari Steinman, Ph.D.¹, 1. West Virginia University, 2. Whitman College
- (PS10-C74) **Psychological Inflexibility and Anxiety: Do Rigid Behavioral Repertoires Play a Role in the Relationship Between Anxiety Sensitivity and Anxiety Outcomes?**
Bennett P. Armand, B.S., Jessica M. Criddle, B.S., Michael J. McDermott, Ph.D., University of Louisiana at Lafayette
- (PS10-C75) **The Influence of Interoceptive Awareness on Emotion Regulation and Anxiety**
Lorena Desdentado, M.S.¹, Marta Miragall, Ph.D.², Javier Fernández-Álvarez, M.S.³, Jessica Navarro-Siurana, M.S.¹, Jaime Navarrete, M.S.¹, Rosa M. Baños, Ph.D.⁴, 1. University of Valencia, 2. Department of Basic and Clinical Psychology and Psychobiology, Jaume I University, Spain; CIBER Fisiopatología Obesidad y Nutrición (CIBEROBN), Instituto Carlos III, Spain, 3. Università Cattolica del Sacro Cuore, 4. Polibienestar Institute, Valencia, Spain; CIBER Fisiopatología Obesidad y Nutrición (CIBEROBN), Instituto Carlos III, Spain; Department of Personality, Evaluation and Psychological Treatment, University of Valencia, Spain

Poster Session 10D

Key Words: Anxiety, Fear, Panic

- (PS10-D76) **Functional Relationships Between Safety Behaviors and Safety Signals**
Juan C. Restrepo-Castro, Ph.D.¹, Leonidas Castro-Camacho, ABPP, Ph.D.², 1. Universidad de La Sabana, 2. Universidad de los Andes
- (PS10-D77) **Examining Correlations Between the Beads Task and Intolerance of Uncertainty**
Emma R. Pino, Miranda N. Signorelli, Ivy M. Keen, Shari Steinman, Ph.D., Amber L. Billingsley, M.S., West Virginia University
- (PS10-D78) **Coping Strategies Associated with Agoraphobic Cognitions and Bodily Sensations in a Hispanic Sample: A Longitudinal Study**
Elizabeth N. Hernandez, B.A., Isabel G. Aguirre, B.A., Michiyo Hirai, Ph.D., University of Texas Rio Grande Valley
- (PS10-D79) **The Association of Nocturnal Panic Attacks with Suicidal Thoughts and Behaviors**
Nicole S. Smith, M.A., Rachel L. Martin, M.A., Brian W. Bauer, M.S., Shelby L. Bandel, M.S., Daniel Capron, Ph.D., University of Southern Mississippi
- (PS10-D80) **Using Fear of Sleep and Responsibility for Harm to Differentiate Nocturnal and Daytime Panic**
Nicole S. Smith, M.A., Daniel Capron, Ph.D., University of Southern Mississippi
- (PS10-D81) **Improving Communication in Individuals with Social Anxiety Disorder Through Animal Assisted Intervention**
Alex H. Buhk, M.A., Amy L. Capparelli, Ph.D., Pallavi V. Babu, M.A., Jason C. Levine, Ph.D., University of Toledo

- (PS10-D82) **The Effects of Social Anxiety Safety Behavior Fading on Negative Social Interpretation Bias**
Lauren A. Stentz, B.A., Haley Michael, Jesse R. Cogle, Ph.D., Florida State University
- (PS10-D83) **Panic Symptoms Moderate the Relation of Anxiety Sensitivity Facets and Anxiety Medication Use Among Psychotherapy-seeking Adults**
Rachel C. Bock, B.S.¹, Joel C. Stroman¹, Ashmita Ghosh¹, Jasmine M. Schneider¹, Christopher R. Berghoff, Ph.D.¹, Matthew T. Tull, Ph.D.², Kim L. Gratz, Ph.D.², 1. University of South Dakota, 2. University of Toledo
- (PS10-D84) **Pediatric Chronic Conditions and Parental Monitoring in the Adolescent Brain Cognitive Development Study**
Mikela Murphy, B.A.¹, Joshua C. Gray, Ph.D.², 1. Department of Medical & Clinical Psychology, Uniformed Services University, Bethesda, MD, 2. Uniformed Services University of the Health Sciences
- (PS10-D85) **Do Implicit Negative Appraisals of Anxiety Moderate the Relationship Between Anxiety and Depression?**
Hannah Duttweiler, B.A., Emma Cho, B.S., Lisa Starr, Ph.D., University of Rochester
- (PS10-D86) **A Friend for You: Reliance on Surrogates Among Socially Anxious Individuals**
Nick Zabara, B.A., M.A., David A. Moscovitch, Ph.D., University of Waterloo
- (PS10-D87) **When Instability Presents Benefits: Sudden Gains and Losses in Attention Bias Modification**
Hyein Cho, M.A.¹, Yue Li, B.A.², Tracy A. Dennis-Tiwary, Ph.D.³, 1. The Graduate Center, The City University of New York, 2. Teachers College, Columbia University, 3. Hunter College, City University of New York
- (PS10-D88) **Clinical vs. Subclinical Anxiety Levels in Adults: Are the Differences Meaningful?**
Austin A. Shell¹, Hannah Hunter, B.S.¹, Kristy B. Allen, Ph.D.¹, Thomas H. Ollendick, ABPP, Ph.D.², 1. The University of Tennessee, Knoxville, 2. Virginia Tech
- (PS10-D89) **Differential Response to Errors and Its Implications for Anxiety Disorders**
Amanda N. Holbrook, B.A.¹, Nader Amir, Ph.D.², 1. University of San Diego, 2. San Diego State University
- (PS10-D90) **Distress Tolerance Mediates the Relationship Between Anxiety Sensitivity and Social Anxiety**
Kevin Narine, B.A., Edna Foa, Ph.D., Perelman School of Medicine at the University of Pennsylvania
- (PS10-D91) **Physical Activity as a Health Goal and Mhealth Target in Adolescent/young Adult Survivors of Childhood Cancer**
Sara King-Dowling, Ph.D.¹, Katie Darabos, Ph.D.¹, Alexandra M. Psihogios, Ph.D.¹, Bridget O'Hagan, M.S.¹, Christine Hill-Kayser, M.D.², Dava Szalda, M.D.¹, Wendy Hobbie, R.N., Other¹, Jill P. Ginsberg, M.D.¹, Lamia P. Barakat, Ph.D.¹, Lisa Schwartz, Ph.D.¹, 1. The Children's Hospital of Philadelphia, 2. Perelman School of Medicine at the University of Pennsylvania

- (PS10-D92) Planning for Implementation: Stakeholder Identified Barriers and Facilitators of Survivorship Care Plans for Adolescent and Young Adult Survivors of Childhood Cancer**
Bridget O'Hagan, M.S.¹, Courtney Wolk, Ph.D.², Janet Deatrck, Ph.D.³, Katie Darabos, Ph.D.¹, Sara King-Dowling, Ph.D.¹, Anna Campbell, R.N.¹, Victoria Rio, B.S.¹, Dava Szalda, M.D.¹, Christine Hill-Kayser, M.D.², Wendy Hobbie, R.N.¹, Lamia P. Barakat, Ph.D.¹, Lisa Schwartz, Ph.D.¹, 1. The Children's Hospital of Philadelphia, 2. Perelman School of Medicine, University of Pennsylvania, 3. University of Pennsylvania School of Nursing
- (PS10-D93) Cognitive Reappraisal and Intrapersonal Goal Attainment Among Adolescents and Young Adults with a History of Cancer**
Katie Darabos, Ph.D.¹, Carole Tucker, Ph.D.², Lamia P. Barakat, Ph.D.¹, Sara King-Dowling, Ph.D.¹, Lisa Schwartz, Ph.D.¹, 1. The Children's Hospital of Philadelphia, 2. Temple University
- (PS10-D94) Investigating the Moderating Impact of Worry on Perfectionism and Anxiety Disorders**
Christa Burton, Brandon Koscinski, M.A., Nicholas Allan, Ph.D., Ohio University
- (PS10-D95) Evaluating Child Dental Fear, Child Behavior, and Caregiver-child Interactions During Pediatric Dental Appointments**
Christopher K. Owen, M.S.¹, Christa Lilly, Ph.D.¹, Kelly Hickey, M.A.², Lauren B. Quetsch, Ph.D.³, Masahiro Heima, Ph.D., Other⁴, Cheryl B. McNeil, N/A, Ph.D.¹, Daniel W. McNeil, Ph.D.¹, 1. West Virginia University, 2. Case Western Reserve University, 3. University of Arkansas, 4. Kagoshima University
- (PS10-D96) Exploring the Impact of Waiting Time on Child Behavior During Healthcare Appointments**
Sarah M. Lipinski¹, Morgan Simpson¹, Hannah E. Brown¹, Christopher K. Owen, M.S.¹, Lauren B. Quetsch, Ph.D.², Kelly Hickey, M.A.³, Kelsey R. Eackles, B.S.⁴, Christa Lilly, Ph.D.¹, Masahiro Heima, Ph.D.⁵, Cheryl B. McNeil, Ph.D.¹, Daniel W. McNeil, Ph.D.¹, 1. West Virginia University, 2. University of Arkansas, 3. Case Western Reserve University, 4. Ohio University, 5. Kagoshima University
- (PS10-D97) Examining Personality Characteristics and Negative Emotionality in Misophonia: Implications for Treatment of This New Condition**
Rachel E. Guetta, B.A.¹, Deepika Anand, Ph.D.¹, Clair Cassiello-Robbins, Ph.D.², Jacqueline Trumbull, B.A.¹, M. Zachary Rosenthal, Ph.D.³, 1. Duke University, 2. Duke University Medical Center, 3. Duke University School of Medicine
- (PS10-D98) Cognitive Fusion's Mediating Role Between Types of Repetitive Thinking and Anxiety**
Shannon B. Underwood, B.S., Eric D. Tiftt, M.A., Max Z. Roberts, M.A., John P. Forsyth, Ph.D., University at Albany, State University of New York
- (PS10-D99) Intolerance of Uncertainty, Negative Reinforcement Drinking Motives, and Alcohol Use in College Students with Clinically Elevated Worry**
Jessica G. Bimstein, B.S.¹, Anishka Jean, B.A.¹, Emily M. O'Bryan, Ph.D.¹, Alison C. McLeish, Ph.D.², 1. Anxiety Disorders Center, The Institute of Living, 2. The University of Louisville

(PS10-D100) Factors Associated with Parent Acceptability of the Medical Behavioral Treatment of Pediatric Encopresis

Emily Hirschhorn, M.S., Camilo Ortiz, Ph.D., Long Island University, Post

6:15 p.m. – 8:15 p.m.

**PS 11: CHILD/ADOLESCENT DEPRESSION;
NEUROSCIENCE; OBSESSIVE COMPULSIVE AND RELATED
DISORDERS; STUDENT ISSUES**

Poster Session 11A

Key Words: *Child, Depression, Emotion*

(PS11-A1) The Impact of Emotion Differentiation on Adverse Childhood Experiences (ACES) and Depressive Symptoms in Preschool Aged Children

Ella S. Sudit, BA, Kirsten Gilbert, Ph.D., Joan Luby, M.D., Washington University in St. Louis

(PS11-A2) Life Stress, Early Maltreatment, and Prospective Associations with Depression and Anxiety in Preadolescent Children: A Six-year Multi-wave Study

Rachel Y. Levin, B.A., Carly Maitlin, B.A., Christina M. Sanzari, B.A., Richard Liu, Ph.D., Massachusetts General Hospital and Harvard Medical School

(PS11-A3) Testing the Replicability of Internalizing Symptom Network Structure in Youth with Subclinical Symptoms of Anxiety and Depression

Jennifer Frederick, B.A., Mei Yi Ng, Ph.D., Kathrine Black, B.A., Samuel Hawes, Ph.D., Raul Gonzalez, Ph.D., Florida International University

(PS11-A4) Motivation to Change Depressive Behaviors: Alexithymia, Attentional Impulsivity, and Sensation Seeking Traits Inhibit Improved Performance on Reward Contingent Tasks

Kevin Petranu, B.A., Lauren Ehret, Ph.D., Rogers Memorial Hospital

(PS11-A5) Maternal Depression Is Associated with Enhanced Threat Sensitivity When Parental Involvement Is Low: An ERP Study

Samuel B. Seidman, B.A., Hope Vaccaro, B.A., Sarah Danzo, M.A., Arin Connell, Ph.D., Case Western Reserve University

(PS11-A6) Depression, Anxiety Sensitivity, and Drinking Motives in an Adolescent Sample

Caroline Lee, B.A., Banan Ramadan, B.S., Hannah Kelm, Ashlynn Smart, Heidemarie Blumenthal, Ph.D., University of North Texas

(PS11-A7) Maternal and Paternal Behaviors as Potential Moderators of the Relation Between Peer Victimization and Depression and Overt Aggression in Male and Female Latino Adolescents

Emily A. Velandia, B.A., Vladyslav Naumov, B.A., Clare T. Wilkes, B.A., Scott Plunkett, Ph.D., California State University, Northridge

- (PS11-A8) Prospective relations between maternal Depression and Adolescents' sleep-problem Trajectories**
Abigail E. Pine, B.A., Susanna Sutherland, M.S., Bridget A. Nestor, M.S., Judy Garber, Ph.D., Vanderbilt University
- (PS11-A9) Children with Moderate Regulation Are Most Physiologically Engaged While Witnessing Their Parents' Emotions**
Arden M. Cooper, B.S.¹, Alyssa Ames-Sikora, Ph.D.², Erin C. Tully, Ph.D.¹, 1. Georgia State University, 2. Columbia University Clinic for Anxiety and Related Disorders, Westchester
- (PS11-A10) Individual Differences in Social Media Use Among Psychiatrically Hospitalized Adolescents**
Kara A. Fox, B.A.¹, Jacqueline Nesi, Ph.D.¹, Alexandra Bettis, Ph.D.¹, Jennifer C. Wolff, Ph.D.², Mitchell J. Prinstein, ABPP, Ph.D.³, 1. Warren Alpert Medical School of Brown University, 2. Brown Medical School/Rhode Island Hospital, 3. University of North Carolina Chapel Hill
- (PS11-A11) Social Reward Responsivity as a Neurobiological Marker of Resilience to Depression Among Adolescents Exposed to Child Adversity**
Marin M. Kautz, M.A., Iris K. Chat, M.A., Mora Grehl, B.A., Thomas M. Olino, Ph.D., Lauren B. Alloy, Ph.D., Temple University
- (PS11-A12) Language Indicating Sadness During Problem-talk Moderates the Association Between Co-rumination and Depression in Adolescents**
Emily Scarpulla, M.A., Helen Day, Ph.D., Cynthia Erdley, Ph.D., University of Maine
- (PS11-A13) Negative Inferential Style Mediates the Association Between Racial Identity and Depressive Symptoms Among African American Adolescents**
Amber A. Graham, M.A.¹, Naoise MacGiollabhui, M.S.¹, Allison Stumper, M.A.¹, Lyn Y. Abramson, Ph.D.², Lauren B. Alloy, Ph.D.¹, 1. Temple University, 2. University of Wisconsin-Madison
- (PS11-A14) Emotion Regulation Difficulties Mediate the Relationship Between Sleep Problems and Suicidal Ideation in Adolescent Inpatient Population**
Afsoon Gazor, M.Ed.¹, William D. Brown, Ph.D.², S. Kamal Naqvi, M.D.², Sunita M. Stewart, ABPP, Ph.D.³, 1. UT Southwestern Medical Center, 2. Children's Health - Children's Medical Center/University of Texas Southwestern Medical Center, 3. UT Southwestern and Children's Health, Dallas
- (PS11-A15) Co-rumination as a Predictor of Depression Continuity Among Adolescents**
Meghan Huang, M.A., Lisa Starr, Ph.D., University of Rochester
- (PS11-A16) Attention, Rumination, and Depression in Youth with Negative Inferential Styles: A Prospective Study**
Lara S. Rifkin, M.A., Naoise Mac Giollabhui, M.A., Philip C. Kendall, ABPP, Ph.D., Lauren B. Alloy, Ph.D., Temple University
- (PS11-A17) Mapping the Course of Emotion Intensity and Lability During the Month Following Inpatient Discharge: A Daily Diary Study of Suicidal Teens**
Katherine M. Tezanos, B.A., Christine B. Cha, Ph.D.¹, Shirley Yen, Ph.D.², 1. Teachers College, Columbia University, 2. Harvard Medical School and Warren Alpert Medical School of Brown University

- (PS11-A18) **Can't Get You out of My Mind: Does Social Support Moderate the Repetitive Negative Thinking-depression Relationship in Diverse Adolescents?**
Naomi Tarlow, M.S., Annette M. La Greca, Ph.D., ABPP, Ph.D., University of Miami
- (PS11-A19) **Depression and Difficulties with Emotion Dysregulation: Concurrent Trajectories of Change in Adolescents**
Annamarie B. Defayette, M.A.¹, Emma D. Whitmyre, M.A.¹, Roberto López, Jr., M.A.¹, Brad Brown, B.S.², Jennifer C. Wolff, Ph.D.³, Anthony Spirito, Ph.D.⁴, Christianne Esposito-Smythers, Ph.D.¹, 1. George Mason University, 2. University of South Florida, 3. Brown Medical School/Rhode Island Hospital, 4. Warren Alpert Medical School of Brown University
- (PS11-A20) **Sex Differences in the Relation Between Pubertal Synchrony and Depressive Symptoms**
Allison Stumper, M.A., Lauren B. Alloy, Ph.D., Temple University
- (PS11-A21) **Depressive Symptoms Are Associated with the Interaction of Negative Cognitive Style, Acute Life Stressors, and Cumulative HPA Axis Exposure**
Erin E. Curley, M.A.¹, Benjamin G. Shapero, Ph.D.², Lauren B. Alloy, Ph.D.¹, 1. Temple University, 2. Massachusetts General Hospital
- (PS11-A22) **Children's Risk for Depression Predicts Differential Activation of Reward Structures When Losing for Another versus Oneself**
Erin M. McDonald, B.A.¹, Sarah E. Garcia, Ph.D.², Jackson Gray, M.A.¹, Erin C. Tully, Ph.D.¹, 1. Georgia State University, 2. Georgia State University, University of Denver
- (PS11-A23) **Parental Positive and Negative Affect in Parent-child Interactions as Moderators in the Longitudinal Link Between Family Stressors and Depressive Symptoms in Adolescent Girls**
Yuqi Wang, B.S., Rosalind Butterfield, M.S., Cecile D. Ladouceur, Ph.D., Jennifer Silk, Ph.D., University of Pittsburgh School of Medicine
- (PS11-A24) **Examining Neighborhood Stress and Parental Expressed Emotion in Children's Depressive Symptoms**
Phoebe Brosnan, M.A.¹, Sakshi Shah¹, Martha C. Tompson, Ph.D.¹, Gail N. Kemp, M.P.H., Ph.D.², Joan Asamow, Ph.D.³, 1. Boston University, 2. University of Scranton, 3. University of California, Los Angeles School of Medicine
- (PS11-A25) **Co-rumination and Beliefs About Co-rumination in College Students: Tradeoffs Between Friendship Closeness and Depressive Symptoms**
Emily Franco, B.A.¹, Carolina Daffre, B.A.², Kayla Ma, M.S.³, Hannah Fajer, B.A.¹, Tali Lesser¹, Alexa Cilia¹, Megan Scafaria¹, Youlim Song¹, Alison A. Papadakis, Ph.D.¹, 1. Johns Hopkins University, 2. Massachusetts General Hospital, 3. Johns Hopkins University School of Public Health

(PS11-B26) Examining Clinician Experience as a Predictor of Exposure Exercise Use in Obsessive-compulsive Disorder

Christina Puccinelli, B.Sc.¹, Dubravka Gavric, Ph.D.¹, Irena Milosevic, Ph.D.¹, Randi E. McCabe, Ph.D.², Noam Soreni, M.D.¹, Duncan Cameron, Ph.D.¹, Gillian M. Alcolado, Ph.D.³, Karen Rowa, Ph.D.¹, 1. McMaster University, St. Joseph's Healthcare Hamilton, 2. McMaster University, 3. University of Manitoba

(PS11-B27) Emotion Regulation Difficulties as a Potential Mediator Linking Sleep Disturbance to Obsessive Compulsive Symptoms

Joe Friedman, Samantha N. Hellberg, B.A., Megan Butcher, Emily Walsh, B.A., Kenan Sayers, Peyton Miyares, Heidi J. Ojalehto, B.S., Jennifer L. Buchholz, M.A., Jon Abramowitz, Ph.D., University of North Carolina at Chapel Hill

(PS11-B28) Examining the Interacting Roles of Sleep Disturbance and Distress Tolerance in Predicting Depressive Symptoms Among Individuals with Elevated Obsessive-compulsive Symptoms (OCS)

Dana Nguyen, Samantha N. Hellberg, B.A., Megan Butcher, Heidi J. Ojalehto, B.S., Jennifer L. Buchholz, M.A. Jon Abramowitz, Ph.D., University of North Carolina at Chapel Hill

(PS11-B29) Negative Interactions with Peers and Parents Predict Adolescent Depression

Alexandra M. Gray, Emily S. Bibby, B.A., Eva H. Telzer, Ph.D., University of North Carolina at Chapel Hill

(PS11-B30) Affective Reactivity to Positive Daily Events in Adolescence

Katherine S. Benjamin, B.A., Sarah Chun, B.S., Amy H. Mezulis, Ph.D., Seattle Pacific University

(PS11-B31) Time to Response to Cognitive Behavioral Therapy versus Supportive Psychotherapy in Body dysmorphic Disorder

Marc Hiranandani ¹, Sabine Wilhelm, Ph.D.¹, Katharine A. Phillips, M.D.², Jennifer L. Greenberg, Psy.D.¹, Susanne S. Hoepfner, Ph.D.¹, 1. Massachusetts General Hospital, 2. Weill Cornell Medical College

(PS11-B32) Course and Clinical Correlates of Obsessive-compulsive Disorder with or Without Comorbid Personality Disorder

Clara Law, M.A.¹, Gina M. Belli, B.A.¹, Christina Boisseau, Ph.D.¹, Maria C. Mancebo, Ph.D.², Jane L. Eisen, Ph.D.³, Steven A. Rasmussen, M.D.⁴, 1. Northwestern University Feinberg School of Medicine, 2. Butler Hospital & Brown University, 3. McLean Hospital, 4. Brown Medical School

(PS11-B33) Early Childhood Self and Other Directed Violence Links with Adult Cortical Thickness

Ana E. Sheehan, B.A., Nadia Bounoua, M.A., Rickie L. Miglin, B.S., Naomi Sadeh, Ph.D., Jeffrey Spielberg, B.A., University of Delaware

(PS11-B34) How Has CBT Been Adapted for Adolescents with Depression and a Chronic Illness? A Scoping Review

Maria Loades, Psy.D.¹, Alice Morey, B.A.², 1. University of Bristol & University of Bath, 2. University of Bath

- (PS11-B35) The Role of Avoidance in Behavioral Activation Outcomes for Adolescents with Major Depressive Disorder**
 Madeline R. Pike, B.A.¹, Yinghao Zhang, B.S.¹, Ellen M. Andrews, B.A.², Allison LoPilato, Ph.D.¹, Brittany DeVries, B.S.¹, Michael Treadway, Ph.D.¹, W E. Craighead, ABPP, Ph.D.¹, 1. Emory University, 2. University of Texas Southwestern Medical Center
- (PS11-B36) Stability of Emotion-based and Intentional Hair-pulling over Time**
 Allison F. Coyne, B.A., Emily Carlson, M.A., Elizabeth Malloy, Ph.D., David Haaga, Ph.D., American University
- (PS11-B37) Win, Lose, or Draw: Refining Measurement of the Reward Positivity in Depression**
 Nathan M. Hager, M.A., Matthew R. Judah, Ph.D., Old Dominion University
- (PS11-B38) Could Healthy Eating Aid in Cbt's Treatment of Adolescent Depression? Food for Thought**
 Kyler Lehrbach, B.A.¹, Anthony Spirito, Ph.D.², Shira Dunsiger, Ph.D.², Megan Ranney, M.P.H., M.D.², 1. Lifespan/Rhode Island Hospital, 2. Warren Alpert Medical School of Brown University
- (PS11-B39) Pediatric Obsessive-compulsive Symptoms over Time**
 Emily P. Wilton, B.A.¹, Anna K. Luke, M.A.², Rachel Ankney, M.A.³, Theresa R. Gladstone, B.A.¹, Kristoffer S. Berlin, Ph.D.³, Christopher A. Flessner, Ph.D.¹, 1. Kent State University, 2. Boston Children's Hospital/Harvard Medical School, 3. University of Memphis
- (PS11-B40) Secondary Outcomes for a Group Intensive Outpatient Program for Pediatric OCD**
 Oxana L. Stebbins, M.S.¹, Alyssa M. Nevell, Ed.S.², Thomas M. Pankau, M.S.³, Rachel S. Ryan, B.A.², Nayara Aparecida Da Costa Silva Beall, B.A.², Jiayi K. Lin, Psy.D.², Thane M. Erickson, Ph.D.³, Geoffrey A. Wiegand, Ph.D.², Anna L. Villavicencio, Ph.D.⁴, Kendra L. Read, Ph.D.², 1. Ann Arbor VA & Seattle Pacific University, 2. University of Washington & Seattle Children's Hospital, 3. Seattle Pacific University, 4. Seattle Children's Hospital
- (PS11-B41) Parental Emotion Socialization Predicts Adolescent Internalizing Symptomatology: The Influence of Emotion Regulation and Peer Socialization**
 Molly E. Hale, M.S.¹, Janice L. Zeman, Ph.D.², 1. University of Georgia, 2. College of William & Mary
- (PS11-B42) The Effects of Parent-child Dysfunctional Interactions on Child Internalizing Problems Related to Negative Mood**
 Jerrica R. Guidry, M.A., Thompson E. Davis, III, Ph.D., Louisiana State University
- (PS11-B43) Relationships Between Experiential Avoidance, Depression, and Severe OCD in an Intensive/residential Treatment Sample**
 Morgan E. Browning, B.A., B.S.¹, Nathaniel P Van Kirk, Ph.D.², Jacob A. Nota, Ph.D.², Martha Falkenstein, Ph.D.¹, Jason Kropfingier, Ph.D.², 1. McLean Hospital, 2. McLean Hospital OCD Institute; Harvard Medical School
- (PS11-B44) The Relationship Between Parent Childhood Trauma and Child Depression Symptoms: Parental Acceptance as a Mediator**
 Yuqi Wang, B.S., Rosalind Butterfield, M.S., Cecile D. Ladouceur, Ph.D.², Jennifer Silk, Ph.D., University of Pittsburgh

- (PS11-B45) Validation of a Brief Screening Measure for Depression in Adolescents and Young Adults with Substance Use Disorders**
Kelsey Lowman, B.A.¹, Kate Bentley, Ph.D.², Hitoshi Sakurai, M.D., Ph.D.¹, Lisa Rines-Toth, M.A.¹, James McKowen, Ph.D.², Amy Yule, M.D.³, 1. Massachusetts General Hospital, 2. Massachusetts General Hospital/Harvard Medical School, 3. Boston Medical Center
- (PS11-B46) The Clinical Profile of Obsessive-compulsive Disorder in College Students**
Matthew Buckley, B.S.¹, Anthony Robinson, M.A.², Amitai Abramovitch, Ph.D.¹, 1. Texas State University, 2. Louisiana State University
- (PS11-B47) Sexual Functioning and Quality of Life Across Symptom Dimensions in Obsessive Compulsive Disorder**
Gina M. Belli, B.A.¹, Clara Law, MA¹, Christina Boisseau, Ph.D.¹, Maria C. Mancebo, Ph.D.², Jane L. Eisen, Ph.D.³, Steven A. Rasmussen, M.D.⁴, 1. Northwestern University Feinberg School of Medicine, 2. Butler Hospital & Brown University, 3. McLean Hospital, 4. Brown Medical School
- (PS11-B48) Neurocognitive Predictors of Treatment Outcomes in Psychotherapy for Comorbid PTSD and Substance Use Disorders**
David P. Cenkner, B.S.¹, James C. Scott, Ph.D.², Kevin Lynch, Ph.D.³, Shannon Kehle-Forbes, Ph.D.¹, Melissa Polusny, Ph.D.⁴, Edna Foa, Ph.D.³, Ruben Gur, Ph.D.³, David W. Oslin, Ph.D.⁵, 1. Corporal Michael J. Crescenz Veterans Affairs Medical Center, 2. University of Pennsylvania School of Medicine / Philadelphia VA Medical Center, 3. Perelman School of Medicine at the University of Pennsylvania, 4. University of Minnesota, 5. University of Pennsylvania and CMC VA Medical Center
- (PS11-B49) Less Attention to Neutral Stimuli Is Associated with Greater Depressive Symptoms**
Erick Fedorenko, M.S., Patrick Barnwell, Richard Contrada, Ph.D., Rutgers University
- (PS11-B50) Anthropomorphism Within the Obsessive-compulsive Spectrum: Examining Potential Links Between Hoarding and Obsessive Compulsive Symptoms**
Dakota McNamara, M.A.¹, Katie Kriegshauser, Ph.D.², Andrew D. Wiese, M.A.³, 1. Kansas City University of Medicine and Biosciences, 2. Kansas City Center for Anxiety Treatment (KCCAT), 3. University of Missouri Kansas City

Poster Session 11C

Key Words: OCD (*Obsessive Compulsive Disorder*), Anxiety, Emotion

- (PS11-C51) Examining Associations Between Shame and Not Just Right Experiences**
Zoe Trout, B.A., Thomas Fergus, Ph.D., Baylor University
- (PS11-C52) Likelihood Estimates Moderate the Impact of a Thought-action Fusion Task on Anxiety**
Sindhu Shivaji, M.S.C.P., Thomas Fergus, Ph.D., Baylor University
- (PS11-C53) Religiosity, OCD Tendencies, and Appraisals of Intrusive Thoughts**
Kyle Surace, M.A., Debbie M. Warman, ABPP, Ph.D., University of Indianapolis

- (PS11-C54) **The Relation Between Recollections of Early Life Attachment with Primary Caregivers, Childhood Saving Behaviors, and Current Hoarding Severity in a Sample of Adults with Hoarding Disorder**
Catharine E. Hamilton, M.S., Maria I. Lockwood, B.S., Sage Bates, M.S., Gregory S. Chasson, Ph.D., Illinois Institute of Technology
- (PS11-C55) **Sensory Processing Sensitivity in the Prediction of Obsessive Compulsive Symptoms**
Maria Carvajal, Samantha N. Hellberg, B.A., Heidi J. Ojalehto, B.S., Jennifer L. Buchholz, M.A., Jon Abramowitz, Ph.D., University of North Carolina at Chapel Hill
- (PS11-C56) **Does Ruminative Thinking Play a Role in Contamination-related Distress?**
Gabrielle R. Messner, B.A., Michael Wheaton, Ph.D., Barnard College
- (PS11-C58) **Relationship Between Thought-action Fusion and the Sentence Task**
Samuel R. Cares, MSW, Katie H. Mangan, B.S., Kevin D. Wu, Ph.D., Northern Illinois University
- (PS11-C59) **Learning from Experience: Do Consequences of Heavy Alcohol Use Predict Future Engagement in the Behavior Among Students Transitioning to University?**
Christina L. Robillard, M.Sc., Carolyn E. Helps, M.S., Cassandra Turner, B.A., Brianna J. Turner, Ph.D., University of Victoria
- (PS11-C60) **Using Unsupervised Machine Learning to Generate Clinically Actionable Information in Excoriation Disorder**
Carolina Gutierrez, B.S.¹, Suzanne Mouton-Odum, Ph.D.², Zehlia Bicak, B.S.¹, Kevin Patyk, B.A.¹, Alessandro S. De Nadai, Ph.D.¹, 1. Texas State University, 2. Baylor College of Medicine
- (PS11-C61) **OCD Symptoms in Trauma-exposed Individuals with and Without Probable PTSD**
Heidi J. Ojalehto, B.S., Kenan Sayers, Emma DeMartino, Tamira Daniely, Samantha N. Hellberg, B.A., Jennifer L. Buchholz, M.A., Jon Abramowitz, Ph.D., University of North Carolina at Chapel Hill
- (PS11-C62) **Investigating Incompleteness: A Computerized Approach-avoidance Task for Not-just-right Experiences**
Sarah R. Lee, M.A., Johanna A. Younce, M.A., Samuel R. Cares, MSW, Kevin D. Wu, Ph.D., Northern Illinois University
- (PS11-C63) **Perfectionism and Risk in Intimacy in Trichotillomania**
Meghan K. Flannery, B.A.¹, David Haaga, Ph.D.¹, Martha Falkenstein, Ph.D.², 1. American University, 2. McLean Hospital
- (PS11-C64) **Impact of Comorbid Depression Severity on Imaginal Exposure Outcomes for Patients with OCD**
Noah C. Berman, Ph.D.¹, Dianne Hezel, Ph.D.², Molly Nadel¹, Sabine Wilhelm, Ph.D.³, 1. College of the Holy Cross, 2. Columbia University Medical Center, 3. Massachusetts General Hospital
- (PS11-C65) **Probabilistic Reasoning and Levels of OC Beliefs**
Debbie M. Warman, ABPP, Ph.D.¹, Katya Viswanadhan, Psy.D.², 1. University of Indianapolis, 2. Connections Health Collaborative Counseling

- (PS11-C66) **Obsessive Compulsive Tendencies and Attitudes Towards Violent Intrusive Thoughts**
Debbie M. Warman, ABPP, Ph.D., Jennifer Cole, M.A., University of Indianapolis
- (PS11-C67) **Obsessive Compulsive Tendencies and Delusion Proneness**
Debbie M. Warman, ABPP, Ph.D., University of Indianapolis
- (PS11-C68) **Saving Inventory-revised: Differential Item Functioning by Gender**
Stephanie E. Hudiburgh, M.S., Kiara R. Timpano, Ph.D., University of Miami
- (PS11-C69) **An Experimental Examination of the Relationship Between Religion and Moral Thought-action Fusion**
Johanna A. Younce, M.A., Sarah R. Lee, M.A., Kevin D. Wu, Ph.D., Northern Illinois University
- (PS11-C70) **Personality Characteristics in Persons with Body-focused Repetitive Behavior Disorders**
Jennifer R. Alexander, M.S.¹, David C. Houghton, Ph.D.², Christopher C. Bauer, M.S.³, Douglas Woods, Ph.D.¹, 1. Marquette University, 2. University of Texas Medical Branch, 3. Medical College of Wisconsin
- (PS11-C71) **Examining the Impact of Obsessive-compulsive Symptomology on Delay Discounting**
Cierra Edwards, M.S., Shari Steinman, Ph.D., West Virginia University
- (PS11-C72) **Scrupulosity and Reassurance-seeking: An Examination of the Association Between Obsessive-compulsive Symptom Dimensions and Urges to Seek Reassurance in Response to a Behavioral Task**
Katie H. Mangen, B.S., Samuel R. Cares, MSW, Kevin D. Wu, Ph.D., Northern Illinois University
- (PS11-C73) **Validity of the Compulsivity (CMP) Scale of the MMPL-3**
Jelani Daniel, M.A., Jessica Reyes, B.A., Steven L. Bistricky, Ph.D., Ryan J. Marek, Ph.D., University of Houston, Clear Lake
- (PS11-C74) **Assessing Pre-commitment Readiness for Clients with Obsessive Compulsive Disorder and Co-occurring Conditions: A Decision Making Model and Case Example**
Craig A. Gordon, II, M.A.¹, Alexandra Gasbarro, M.A.¹, Sarah Fischer, Ph.D.², Victoria Wendell, B.S.¹, Rebecca Hardin, Psy.D.¹, Joanna Marino, Ph.D.¹, 1. Potomac Behavioral Solutions, 2. George Mason University
- (PS11-C75) **P600 as a Biomarker of Negative Interpretation Bias in Obsessive-compulsive Disorder**
Alexis M. Cruz, B.A., William Taboas, Ph.D., Nader Amir, Ph.D., San Diego State University

(PS11-D76) The Role of Faculty in Students' Well-being in Higher Education

Kelley M. Wick, B.A.¹, Tyler L. Stevenson, M.S.², Ellice R. Ramm, M.A.³, Linnea R. Swanson, B.A.¹, Samantha A. Kesselring, B.A.¹, Susan M. Swearer, Ph.D.¹, Caron A. C. Clark, Ph.D.¹, 1. University of Nebraska-Lincoln, 2. Arizona State University, 3. California State University, Sacramento

(PS11-D77) A Systematic Review of the Effectiveness of Cognitive Behavioral Therapy with Asian American Youth

Rongyu Xin, B.S., Olivia M. Fitzpatrick, B.A., Harvard University

(PS11-D78) Evaluation of the Koru Mindfulness Program on Emerging Adult Mental Health

Kimberly Holt, Esther C. Killius, B.A., Christian A. Hall, B.S., Joshua J. Broman-Fulks, Ph.D., Elisabeth Cavallaro, M.P.H., Alex F. Howard, M.P.H., Appalachian State University

(PS11-D79) Differences Between Self-oriented Perfectionism and Socially Prescribed Perfectionism in Predicting Functions of Self-damaging Behaviors

Christina L. Robillard, M.Sc., Nicole K. Legg, M.S., Tristen Lozinski, Brianna J. Turner, Ph.D., University of Victoria

(PS11-D80) Brooding Rumination, Emotional Distress, and Sleep Disturbance Among Undergraduates Who Engage in Hazardous Drinking Behavior: Findings from a Two-week Daily Diary Study

Caleb M. Moldovan, B.A., Luke F. Heggeness, M.A., Christian A. Bean, M.A., Christopher B. Summers, M.A., Jeffrey A. Ciesla, Ph.D., Kent State University

(PS11-D81) Interventions Have a Moderate Effect in Increasing Physical Activity in University Students, a Meta-analysis

Francesca Favieri, Psy.D.¹, Melanie N. French, M.A.², Maria Casagrande, Ph.D.¹, Eunice Y. Chen, Ph.D.², 1. Department of Psychology, "Sapienza" University of Rome, 2. Temple University

(PS11-D82) Reward Probability and Mindfulness Predict Posttraumatic Stress Severity Among College Students

Michael B. Quin, Jr., Daniel Loomis, B.A., Rebecca L. Laconi, B.S., Zachary Getz, B.S., Michael J. Gawrysiak, Ph.D., West Chester University of Pennsylvania

(PS11-D83) When Perfect Is Never Good Enough: Investigating the Predictive Role of Discrepancy Perfectionism on Task-related Anxiety and Overall Psychological Well-being

Madeleine Rassaby, B.A.¹, Clair Cassiello-Robbins, Ph.D.², Shannon Sauer-Zavala, Ph.D.³, 1. NYU Langone Medical Center, 2. Duke University Medical Center, 3. University of Kentucky

(PS11-D84) Does Method Matter in Mindfulness Teaching? examining Outcomes of an Experienced, Novice and Online Mindfulness Teachings on Anxiety and Mindfulness

John Lothes, II, M.A., Sara C. Matney, University of North Carolina Wilmington

- (PS11-D85) **The Apple Doesn't Fall Far from the Tree: Familial Influences on Psychological Treatment Seeking**
Rae D. Drach, M.A., Jaime A. Coffino, M.P.H., M.A., Lauren E. Blau, M.A., Julia M. Hormes, Ph.D., University at Albany, State University of New York
- (PS11-D86) **College Student Attitudes Towards Women's Heavy Drinking on Instagram**
Catherine B. Schuler, M.A., Madison Crowder, B.S., Allison B. Duncan, B.A., Susan L. Kenford, Ph.D., Xavier University
- (PS11-D87) **An Examination of the Effect of Color-coding on the Comprehension and Retention of Social Skills in an Orthodox Jewish Sample of 9-14-year-old Girls**
Devora Samet, Psy.D., Camilo Ortiz, Ph.D., Long Island University - Post
- (PS11-D88) **Developing and Evaluating a Single-session Online Mental Health Promotion Intervention for Elite College Students: Findings from Interviews and a Randomized Controlled Trial**
Madison E. Taylor, B.A., Akash Wasil, M.A., Robert J. DeRubeis, Ph.D., 1. University of Pennsylvania
- (PS11-D89) **A Preliminary Examination of the Relationship Between Generalized Problematic Internet Use, Rumination, Perceived Burdensomeness, and Thwarted Belongingness**
Jingyan Gu, B.A.¹, Keyne C. Law, Ph.D.¹, Fallon Ringer, M.S.², Rachel L. Martin, M.A.³, Hyejin Jin, M.A.³, Daniel Capron, Ph.D.³, Michael D. Anestis, Ph.D.⁴, Thomas Joiner, Ph.D.², 1. Seattle Pacific University, 2. Florida State University, 3. University of Southern Mississippi, 4. School of Psychology
- (PS11-D90) **Reward Probability Uniquely Accounts for Cannabis Use Severity Among Trauma-exposed Individuals After Controlling for Posttraumatic Stress**
Daniel Loomis, B.A., Rebecca L. Laconi, B.S., Zachary Getz, B.S., Michael J. Gawrysiak, Ph.D., West Chester University of Pennsylvania
- (PS11-D91) **The Effect of a Three-week Stress Mindset Intervention with First-year College Students**
Caitlyn Loucas, M.A., Laura H. Taouk, B.S., Kathleen C. Gunthert, Ph.D., American University
- (PS11-D92) **Effects of a Combination of Mindfulness Stress Reduction and Behavioral Activation on Mental Health in College Students: A Feasibility Study**
Tomonari Irie, Ph.D.¹, Asaka Kawamura, M.A.², 1. Hokusho University, 2. Health Sciences University of Hokkaido
- (PS11-D93) **Creating an Accessible Autonomous Motivation Intervention for College Students**
Chan N. To, Anthony H. Ahrens, Ph.D., American University
- (PS11-D94) **Childhood Exposure to Maternal Threatening Behaviors and Depression, Worry, and ADHD Symptoms in Young Adults: The Mediating Role of Perceived Anxiety Control**
Reagan M. Hylton, B.A., Erika S. Trent, M.A., Andres G. Viana, ABPP, Ph.D., University of Houston

- (PS11-D95) **Motive and Gender as Factors in College Students' Views of Nonmedical Prescription Stimulant Use**
Alynn G. Summit, B.A., Nora E. Noel, Ph.D., University of North Carolina Wilmington
- (PS11-D96) **“strategic Mindsets Overcome Obstacles to Health”: Preliminary Results of the SMOOTH Resiliency Training Program**
Alicia Klanecky Earl, Ph.D.¹, Thomas L. Budesheim, Ph.D.¹, Erin Budesheim, B.S.², Matt Steranka, B.S.¹, Sophia Daley¹, Romi Dazzio¹, Hannah Milius¹, Hannah Mulholland¹, 1. Creighton University, 2. University of Illinois Urbana-Champaign
- (PS11-D97) **Identity in Conflict: The University as Source of Discord**
Angelica Riveros, Ph.D., Elena Camarena, Ph.D., Luz Iturbe, Ph.D., Karina Leon, B.A., Michelle Teran, M.A., National University of Mexico
- (PS11-D98) **Dating in College: The Dark Side of Romantic Relationships**
Angelica Riveros, Ph.D., Fernanda Ledesma, M.A., Felipe Navarro, M.P.H., Blanca Elizabeth Jiménez-Cruz, Ph.D., National University of Mexico
- (PS11-D99) **Developing and Evaluating a Single-session Intervention for Indian College Students: Findings from Focus Groups and Preliminary Data from a Randomized Controlled Trial**
Tanvi Malhotra, B.A.¹, Nandita Tuteja, B.A.¹, Nivedita Nandakumar, B.A.¹, Avantika Bhatia, Ph.D.¹, Akash Wasil, M.A.², Robert J. DeRubeis, Ph.D.², 1. Ashoka University, 2. University of Pennsylvania
- (PS11-D100) **Crowdsourcing Indian College Students to Identify Mental Health Promotion Strategies**
Tanvi Malhotra, B.A.¹, Nivedita Nandakumar, B.A.¹, Nandita Tuteja, B.A.¹, Avantika Bhatia, Ph.D.¹, Akash Wasil, M.A.², Robert J. DeRubeis, Ph.D.², 1. Ashoka University, 2. University of Pennsylvania

11:30 a.m. – 1:30 p.m.

PS 12: COUPLES/CLOSE RELATIONSHIPS; SUICIDE AND SELF-INJURY; VIOLENCE/AGGRESSION

Poster Session 12A

Key Words: *Couples / Close Relationships, Sexuality, Technology / Mobile Health*

(PS12-A1) **Variety Is the Spice of Life: Sex, Long-distance and Relationship Satisfaction**
Heather Chamberland, Psy.D.¹, Bahareh Sahebi, Psy.D.¹, Molly Neuhalphen, M.S.², Tamara G. Sher, Ph.D.¹, 1. The Family Institute at Northwestern University, 2. Solid Foundations Therapy Group

(PS12-A2) **Romantic Relationships Problems in a Sample Suicidal Military Personnel**
Samantha A. Chalker, Ph.D.¹, Chandra E. Khalifian, Ph.D.², Robert Milano³, Jacqueline Dende³, 1. UCSD and VA San Diego Center for Stress and Mental Health, 2. University of California San Diego, 3. The Catholic University of America

(PS12-A3) **Do Your Friends and Family Contribute to Attachment Security, Above and Beyond Your Partner?**
Xinni Wang, B.S., B.A., Allison M. McKinnon, M.S., Samantha A. Wagner, M.S., Maggie M. Parker, M.S., Richard E. Mattson, Ph.D., Binghamton University

(PS12-A4) **Observed Interpersonal Predictors and Manifestations of Romantic Relationship Jealousy**
Corey Pettit, B.A., Meghan Costello, B.A., Jessica Kansky, M.A., Joseph P. Allen, Ph.D., University of Virginia

(PS12-A5) **Attitudinal Acceptance of Intimate Partner Violence: The Role of Person-level Factors**
Angela G. Candrilli, Maggie M. Parker, M.S., Richard E. Mattson, Ph.D., Binghamton University

(PS12-A6) **Relational Pornography Use and Longitudinal Individual Outcomes: Does Watching Porn Together Affect Subsequent Perception of Problematic Porn Use and Depressive Symptoms?**
Elena K. Henderson, M.A., M.S., William Crosland, Adriana Guittierrez, Scott R. Braithwaite, Ph.D., Brigham Young University

(PS12-A7) **Examining the Correlates of Psychological Flexibility in Romantic Relationship and Family Dynamics: A Meta-analysis**
Ronald D. Rogge, Ph.D., Jennifer S. Daks, M.A., University of Rochester

- (PS12-A8) Patterns of Emotional Communication in Same-sex Female Couples Before and After Couple Therapy**
Danielle M. Weber, M.A., Kimberly Z. Pentel, M.A., Donald Baucom, Ph.D., Alexandra K. Wojda, M.A., Emily A. Carrino, B.A., University of North Carolina at Chapel Hill
- (PS12-A9) Back and Forth: Predictors of Conflict Avoidance in Long-distance Romantic Relationships Across Periods of Separation and Reunion**
Emily A. Carrino, B.A.¹, Donald Baucom, Ph.D.¹, Danielle M. Weber, M.A.¹, Alexandra K. Wojda, M.A.¹, Jennifer Belus, Ph.D.², Kimberly Z. Pentel, M.A.¹, Matthew Cohen, Ph.D.³, Melanie Fischer, Ph.D.⁴, 1. University of North Carolina at Chapel Hill, 2. University of Maryland- College Park, 3. University of North Carolina Department of Psychiatry, 4. Heidelberg University Hospital; University of Heidelberg
- (PS12-A10) Turning Towards Inclusivity: An Adaptation of the Relationship Checkup for Same-sex Couples**
Tatiana D. Gray, Ph.D.¹, Taylor Dovala, M.A.², James Cordova, Ph.D.², 1. Springfield College, 2. Clark University
- (PS12-A11) Predictors of Paternal Postpartum Depression: A Meta-analysis**
Zachary J. Blackhurst, Ph.D., Scott R. Braithwaite, Ph.D., Brigham Young University
- (PS12-A12) Marital Status, Close Relationships, and All-cause mortality: results from a 10-year Study of Nationally Representative Older Adults**
Atina Manvelian, M.A., David A. Sbarra, Ph.D., University of Arizona
- (PS12-A13) Potential for High Prevalence of Intimate Partner Violence Among Sexual Minority Couples to Bias Couples-based Research**
Nicholas S. Perry, Ph.D.¹, Brian R. Baucom, Ph.D.², David Huebner, M.P.H., Ph.D.³, 1. Warren Alpert Medical School of Brown University, 2. University of Utah, 3. Milken Institute School of Public Health
- (PS12-A14) Unmet Need for Couple Therapy and Barriers to Treatment-seeking in a Community Sample of Married Adults**
Anna L. Gilmour, M.A., Mark A. Whisman, Ph.D., University of Colorado Boulder
- (PS12-A15) “Honey, We’re Doing Our Thing Again!”: The Influence of Relationship Pattern Labeling on Intimacy and Relationship Satisfaction in Couples’ Relationships**
Jenna Rice, B.A., James Cordova, Ph.D., Clark University
- (PS12-A16) Insight into OCD in an Interpersonal Context: Associations with Perceived Criticism and Partners’ Symptom Accommodation**
Melanie Fischer, Ph.D.¹, Alexandra K. Wojda, M.A.², Donald Baucom, Ph.D.², Selina Ludwig, M.S.³, Jon Abramowitz, Ph.D.², 1. Heidelberg University Hospital; University of Heidelberg, 2. University of North Carolina at Chapel Hill, 3. University of Heidelberg
- (PS12-A17) Early Maladaptive Schemas Uniquely Predict Unidirectional versus Bidirectional Unwanted Pursuit Behaviors via Motivations to Initiate Contact with Ex-partner**
Fallon J. Richie, B.A., Iris Fraude, B.S., Victoria L. O’Connor, M.A., Deana Celaj, Jennifer Langhinrichsen-Rohling, Ph.D., University of North Carolina at Charlotte

- (PS12-A18) Respiratory Sinus Arrhythmia in Couples' Stress Recovery: The Role of Support and Relationship Health**
Leanna Z. Poole, B.A., Binghuang A. Wang, M.S., Eileen Barden, M.S., Christina Balderrama-Durbin, Ph.D., Binghamton University
- (PS12-A19) Interpersonal Trauma Histories and Accommodation Among LGBTQ Veterans and Partners Seeking Couples-based PTSD Treatment**
Ingrid Solano, Ph.D., MFT¹, Kayla Knopp, Ph.D.¹, Katerine Rashkovsky², Leslie Morland, Psy.D.², 1. VA San Diego Healthcare System, 2. VA San Diego Healthcare System/University of California, San Diego
- (PS12-A20) Gender Differences in Links Between PTSD and Relationship Functioning**
Kayla Knopp, Ph.D.¹, Rachel McInnis², Katerine Rashkovsky², Elizabeth Wrape, Ph.D.¹, Chandra E. Khalifian, Ph.D.³, Leslie Morland, Psy.D.², 1. VA San Diego Healthcare System, 2. VA San Diego Healthcare System/University of California, San Diego, 3. University of California San Diego
- (PS12-A21) Short and Sweet: The Effects of a Brief Relationship Education Program on Depression and Relationship Satisfaction**
Michaela J. DiPillo, B.A.¹, Patricia Roberson, Ph.D.¹, Erica A. Mitchell, Ph.D.¹, James Gordova, Ph.D.², Kristina Coop Gordon, Ph.D.¹, 1. The University of Tennessee, Knoxville, 2. Clark University
- (PS12-A22) Effect of Alcohol and Substance Use Discordance on Relationship Functioning**
Sabrina Bothwell, B.S.¹, Dominic J. Parrott, Ph.D.¹, Konrad Bresin, Ph.D.¹, Christopher I. Eckhardt, Ph.D.², 1. Georgia State University, 2. Purdue University
- (PS12-A23) Psychopathology Relates Differently to Actors' and Partners' Romantic Relationship Satisfaction: A Meta-analysis**
Lily Assaad, M.S., Douglas B. Samuel, Ph.D., Purdue University
- (PS12-A24) Investigating Actor-partner Effects in Intimate Partner Violence in Female Same-sex Relationships**
Quyên A. Do, M.Ed, Shelby B. Scott, Ph.D., University of Texas at San Antonio
- (PS12-A25) Race Matters in Assessment of Expressed Emotion**
Ortal Nakash¹, Dianne L. Chambless, Ph.D.¹, Kelly M. Allred, Ph.D.², Eliora Porter, Ph.D.³, Rachel A. Schwartz, M.A.¹, Moriah J. Brier, Ph.D.⁴, 1. University of Pennsylvania, 2. VA Puget Sound Health Care System, 3. Boston University, 4. A Puget Sound Health Care System - Seattle Division

Poster Session 12B

Key Words: *Intimate Partner Aggression, Clinical Utility, Assessment*

- (PS12-B26) Men's Positive and Negative Outcome Expectancies for Partner Abuse: Confirmatory Factor Analysis and Clinical Utility**
Haley A. Miles-McLean, M.A., Adam D. LaMotte, M.A., Christopher M. Murphy, Ph.D., University of Maryland, Baltimore County

- (PS12-B27) **When You're Not Sure You're the Only One: Examining Suspicions of Infidelity and Their Impact on Relationship Functioning**
Triston Li, Maggie M. Parker, M.S., Helena Ojarovsky, Richard E. Mattson, Ph.D., Binghamton University
- (PS12-B28) **Couples' Social Skills: Analyzing Repertoires in Heterosexual and Homosexual Couples**
Bruno Luiz Avelino Cardoso, Ph.D.¹, Zilda Aparecida Pereira Del Prette, Ph.D.¹, Sheila Giardini Murta, Ph.D.², 1. Federal University of Sao Carlos, 2. University of Brasilia
- (PS12-B29) **The Associations Between Cultural Values and Intimate Relationship Functioning**
Saily Gomez Batista, B.A.¹, Andrew Lee, B.A.², Robin A. Barry, Ph.D.¹, 1. University of Wyoming, 2. University of Maryland, Baltimore
- (PS12-B30) **Aggression in the Digital Era: Assessing the Validity of the Cyber-mad Questionnaire**
Dominick F. DeMarsico, B.A., Nadia Bounoua, M.A., Rickie L. Miglin, B.S., Naomi Sadeh, Ph.D., University of Delaware
- (PS12-B31) **An Exploratory Analysis of the Five Factor Personality Dimensions in Intermittent Explosive Disorder**
Nicole K. Ciesinski, B.A., Joey C. Cheung, B.S., Kristen M. Sorgi, M.A., Martha K. Fahlgren, M.A., Michael S. McCloskey, Ph.D., Temple University
- (PS12-B32) **Inventory of Dating Stress: Preliminary Factor Structure and Initial Construct Validity**
Timothy J. Sullivan, B.A., Joanne Davila, Ph.D., Stony Brook University
- (PS12-B33) **Is Early Substance Use Initiation Related to Increased Revictimization Risk in Young Adult Dating Relationships?**
Evan J. Basting, B.A., Nicole P. Wolf, B.S., Liz Goncy, Ph.D., Cleveland State University
- (PS12-B35) **Predictors of Relationship Pathways for Cohabiting Parents Expecting a Baby**
Maggie O'Reilly Treter, M.A., Scott Stanley, Ph.D., Galena Rhoades, Ph.D., University of Denver
- (PS12-B36) **A Meta-analytic Review of Neuroticism and Marital Satisfaction**
Charlotte R. Esplin, M.S., Scott R. Braithwaite, Ph.D., Alan Hawkins, Ph.D., Dorian Hatch, None, Conner L. Deichman, Brigham Young University
- (PS12-B37) **Romantic Relationship Behaviors and Attitudes Among Adults Reporting Unwanted First Sexual Intercourse**
Charlie Huntington, M.A., Scott Stanley, Ph.D., Galena Rhoades, Ph.D., University of Denver
- (PS12-B38) **Expected Reactions to Cyber Abuse Victimization in Adult Romantic Relationships**
Penny A. Leisring, Ph.D., Quinnipiac University
- (PS12-B39) **Sexual Assault Victimization and Perpetration Among Those Involved in Greek Life and Varsity Athletics: A Large National Study**
Kate W. Hamilton, M.A., Stephanie Ward, B.A., Emily Matis, B.A., Kate Walsh, Ph.D., Yeshiva University - Ferkauf Graduate School of Psychology

- (PS12-B40) Relationship Satisfaction and Depression After Traumatic Brain Injury: An Actor-partner Interdependence Model of Patients and Caregivers in Latin America**
Grace B. McKee, Ph.D.¹, Paul Perrin, Ph.D.², Yaneth Rodriguez Agudelo, Ph.D.³, Silvia Leonor Olivera Plaza, M.S.⁴, Maria Cristina Quijano, M.S.⁵, Chimdindu Ohayagha, M.S.², Duygu Kuzu, Ph.D.², Anna Cariello, M.A.², Juan Carlos Arango-Lasprilla, Ph.D.⁶, 1. Hunter Holmes McGuire VA Medical Center, 2. Virginia Commonwealth University, 3. National Institute of Neurology and Neurosurgery, Mexico, 4. Universidad Surcolombiana, 5. Departamento de Ciencias Sociales, Edificio El Samán, Colombia, 6. BioCruces Health Research Institute, Cruces University Hospital
- (PS12-B41) An Examination of the Associations Between Discrepant Relationship Satisfaction and Partner Depression and Anxiety**
Alexandra K. Wojda, M.A.¹, Donald Baucom, Ph.D.¹, Melanie Fischer, Ph.D.², 1. University of North Carolina at Chapel Hill, 2. Heidelberg University Hospital; University of Heidelberg
- (PS12-B42) Broken Sexual Agreements Associated with Lower Relationship Quality but Not Mental Health Among Sexual Minority Men**
Lisa M. Godfrey, M.A.¹, Sarah W. Whitton, Ph.D.¹, Michael E. Newcomb, Ph.D.², 1. University of Cincinnati, 2. Northwestern University Feinberg School of Medicine
- (PS12-B43) Broader Autism Phenotype and Relationship Satisfaction in Parents of a Child with Autism: The Role of Partner Discrepancy**
Chelsea N. Carson, M.A.¹, Naomi Ekas, Ph.D.², Chrystyna Kouros, Ph.D.¹, 1. Southern Methodist University, 2. Texas Christian University
- (PS12-B44) Bi-directional Effects of Observed Romantic Relationship Quality and Mental Health from Adolescence to Adulthood**
Jessica Kansky, M.A., Joseph P. Allen, Ph.D., University of Virginia
- (PS12-B45) Subgroup Differences in Prevalence and Correlates of Extramarital Sex in a Probability Sample of Married Latinx Adults**
Lizette Sanchez, B.A.¹, Mark A. Whisman, Ph.D.¹, Kristina Coop Gordon, Ph.D.², Jessica A. Hughes, Ph.D.³, 1. University of Colorado Boulder, 2. University of Tennessee, Knoxville, 3. University of California, San Diego
- (PS12-B46) Zen and Religiosity: Intrinsic Religiosity Matters When Considering Mindfulness in Romantic Relationships**
Shayla A. Wieser, B.A.¹, Katherine A. Lenger, M.A.¹, Matthew D. McCall, B.S.¹, Alexander Khaddouma, Ph.D.², Jennifer Bolden, Ph.D.¹, Kristina Coop Gordon, Ph.D.¹, 1. University of Tennessee, Knoxville, 2. University of Hawai'i at Manoa
- (PS12-B47) Direct and Indirect Associations Between Adverse Childhood Events, PTSD, Alcohol Misuse, and Intimate Partner Violence in a Sample of U.S. Military Couples**
Mollie E. Shin, B.A., Elizabeth S. Allen, Ph.D., University of Colorado Denver
- (PS12-B48) Household Division of Labor and Decision Making, Attitudes Toward Women, and Relationship Satisfaction**
Bailey A. Steele, B.A., Mark A. Whisman, Ph.D., University of Colorado at Boulder

- (PS12-B49) **Rethinking Global Measures of Marital Quality to Explain Variance in Depressive Symptoms and Diagnoses**
Bailey A. Steele, B.A., Mark A. Whisman, Ph.D., University of Colorado at Boulder
- (PS12-B50) **Preliminary Exploration of EA Task Segments and Their Association to Relationship Satisfaction**
Charles Giraud, B.A., Christen Abraham, Michelle Leonard, Ph.D., University of Michigan Dearborn

Poster Session 12C

Key Words: *Resilience, Social Relationships, Clinical Decision Making*

- (PS12-C51) **The Impact of Frames Depicting Bullying: Unpacking Differences Across Gender**
Abigail M. Stark, M.S., Sarah W. Hopkins, M.S., Gary D. Fireman, Ph.D., Suffolk University
- (PS12-C52) **Title: Narrative Influence: Autobiographical Stories of past Bullying, Social Risk Taking, and Emotions**
Sarah W. Hopkins, M.S., Abigail M. Stark, M.S., Gary D. Fireman, Ph.D., Suffolk University
- (PS12-C53) **The Role of Problematic Pornography and Victim Blaming on Lower Support for Victims of Sexual Assault**
Klara P. Houck, Kyle Neubert, Hannah Grigorian, M.A., Gregory Stuart, Ph.D., Autumn Rae Florimbio, M.A., University of Tennessee-Knoxville
- (PS12-C54) **Harsh Parenting and Later Aggression: Ethnicity as a Moderator**
Li Shen Chong, B.S., Edward C. Merritt, M.A., Elana Gordis, Ph.D., University at Albany, State University of New York
- (PS12-C55) **The Role of Social Problem Solving and Gender Role Ideologies on Attitudes Toward Sexual Aggression**
Dicle Ozel, B.S., Arthur M. Nezu, M.A., Ph.D., DHL, ABPP, Christine M. Nezu, ABPP, Ph.D., Drexel University
- (PS12-C56) **Antisocial Personality Traits Link College Students' Family of Origin Violence and Emotional Partner Abuse**
Blake S. Farrell, Gloria Romero, M.S., Alisa Garner, M.A., Gregory Stuart, Ph.D., University of Tennessee-Knoxville
- (PS12-C57) **Protective Behavioral Strategies for Reducing Sexual Aggression, Risky Sex, and Heavy Drinking Among College Men**
Olivia R. Westemeier¹, Teresa A. Treat, Ph.D.¹, William R. Corbin, Ph.D.², Richard J. Viken, Ph.D.³, 1. University of Iowa, 2. Arizona State University, 3. Indiana University
- (PS12-C58) **Differential Associations Between Physical, Psychological and Sexual IPV on Personal Values, Self-efficacy, Empowerment and PTSD Symptoms in a Sample of Treatment-seeking Women**
Sara B. Danitz, Ph.D., Danielle Shayani, B.S., Katherine M. Iverson, Ph.D., National Center for PTSD

- (PS12-C59) **Alcohol Use and Aspects of Emotion Dysregulation Relate to Cyber Dating Abuse Perpetration**
Alisa Garner, M.A.¹, Rebecca M. Skadberg, M.A.¹, Meagan Brem, M.A.¹, Tara L. Cornelius, Ph.D.², Michelle Drouin, Ph.D.³, Todd Moore, Ph.D.¹, Gregory Stuart, Ph.D.¹, 1. University of Tennessee, Knoxville, 2. Grand Valley State University, 3. Purdue University-Fort Wayne
- (PS12-C60) **Linking Corporal Punishment Approval and Dating Abuse Perpetration Among Young Adults: The Effect of Catastrophizing and Trait Forgiveness**
Evan J. Basting, B.A., Liz Goncy, Ph.D., Cleveland State University
- (PS12-C61) **Internalizing and Externalizing Symptoms Stemming from Regretted Sexual Experiences of College Students in the United States**
Roselyn Peterson, M.S., Robert D. Dvorak, Ph.D., University of Central Florida
- (PS12-C62) **Alcohol Intoxication Impairs Emotion Differentiation to Potentiate Intimate Partner Aggression**
Molly A. Maloney, M.S.¹, Sean Lane, Ph.D.¹, Christopher I. Eckhardt, Ph.D.¹, Dominic J. Parrott, Ph.D.², 1. Purdue University, 2. Georgia State University
- (PS12-C63) **The Impact of a Guided Mood-induction in Inducing and Modifying Symptoms of Sadness Among Adolescents**
Lianna Trubowitz, M.A., Lata McGinn, Ph.D., Yeshiva University, Ferkauf Graduate School of Psychology
- (PS12-C64) **Within-couple Trait Anger Discrepancies, Alcohol Misuse, and Physical IPA Perpetration**
Andrea A. Massa, M.S.¹, Christopher I. Eckhardt, Ph.D.¹, Dominic J. Parrott, Ph.D.², 1. Purdue University, 2. Georgia State University
- (PS12-C65) **The Indirect Effects of Disinhibition on Physical Aggression Through Cognitive Concerns Across Genders**
Brian A. Bulla, M.A., Joye C. Anestis, Ph.D., Nicole S. Smith, M.A., Olivia C. Preston, M.A., Daniel Capron, Ph.D., University of Southern Mississippi
- (PS12-C66) **Sexual Assault Characteristics and Reporting Status Among Men Receiving a Forensic Medical Examination**
Daniel W. Oesterle, B.S.¹, Amanda Gilmore, Ph.D.¹, Kathy Gill-Hopple, Ph.D.², Grace Boyers-McKee, Ph.D.³, 1. Georgia State University, 2. Medical University of South Carolina, 3. Virginia Commonwealth University
- (PS12-C67) **Likelihood for Youth to Report Bias-motivated Victimization to an Adult Professional Is Influenced by Severity Level and Familiarity with the Perpetrator**
Shannon G. Litke, B.A.¹, Jenna Kiely, B.S.¹, Michael J. Silverstein, B.A.¹, Sarah Gally, Other¹, Chandler Puhly, M.S.¹, Brian Daly, Ph.D.¹, Lisa Jones, Ph.D.², 1. Drexel University, 2. Crimes Against Children Research Center, University of New Hampshire
- (PS12-C68) **Problem Alcohol Use and Distress Tolerance in the Perpetration of Controlling Behaviors in Sexual Minority Relationships**
Nora K. Kline, M.A., Korine Cabrera, M.A., Kathleen M. Palm Reed, Ph.D., Clark University

- (PS12-C69) **Psychological Profiles of Court-mandated and Community Samples of Intimate Partner Abusers**
Adriana B. Bastardas-Albero, M.A.¹, Julia Babcock, Ph.D.¹, Patricia Warford, Psy.D.², 1. University of Houston, 2. Oregon Institute of Technology
- (PS12-C70) **Depression Symptoms of Victims of Sexual Violence: The Exacerbating Roles of Self-blame and Catastrophizing**
Nicole P. Wolf, B.S., Liz Gony, Ph.D., Cleveland State University
- (PS12-C71) **Emotional Dysregulation as a Mediator in the Cycle of Physical Violence**
Emily S. Miller, M.A.¹, Sara C. Haden, Ph.D.², Jake Tempchin, B.A.³, Rhiannon Gibbs, M.A.², 1. Long Island University, Brooklyn, 2. Long Island University, 3. The Graduate Center, CUNY
- (PS12-C72) **Self-persuasion: An Avenue for Change in Rape Myth Acceptance and Toxic Masculinity Attitudes**
Theresa J. Buczek, M.A., Melanie D. Hetzel-Riggin, Ph.D., Penn State Behrend
- (PS12-C73) **Helping Parents Manage Aggressive and Defiant Behavior in a Sample of Preteens: A Qualitative Analysis of Task-based Grounding as a Disciplinary Strategy**
Emily G. Hichborn, B.S., Hannah Haskell, B.A., James Craig, Ph.D., Craig Donnelly, M.D., Dartmouth
- (PS12-C74) **Associations with Witnessing Domestic Violence Among Predominantly Hispanic Undergraduates Living on the U.s./mexico Border**
Mariany G. Perez, B.S., Claudia J. Woloshchuk, B.A., Neida Amador, Jennifer De Alba, Emilio Posada, Theodore V. Cooper, Ph.D., University of Texas at El Paso
- (PS12-C75) **Uncertainty, Jealousy and Aggression in Intimate Relationships**
Kathryn M. Bell, Ph.D., Erin Norris, B.A., Acadia University

Poster Session 12D

Key Words: *Risky Behaviors, Depression, Emotion*

- (PS12-D76) **Alexithymia, Depression, and Risky and Self-injurious Behaviors: The Effects of Describing One's Emotions and Emotional States on Behavior**
Ashley Wright, B.S., Margaret Andover, Ph.D., Hae-Joon Kim, M.A., Ana Rabasco, M.A., Fordham University
- (PS12-D77) **Analysis of Trait Aggression, Depression, and Gender on Nonsuicidal Self-injury Versatility**
Joshua J. DeSon, B.A.¹, Caroline S. Holman, Ph.D.², Emily H. Brackman, Ph.D.¹, Justyna Jurska, M.A.¹, Margaret Andover, Ph.D.¹, 1. Fordham University, 2. Brown University & Providence VA Medical Center
- (PS12-D78) **Would You Intervene? The Relationship Between Individual Personality Traits and Bystander Intervention**
Melanie D. Hetzel-Riggin, Ph.D., Cheyenne T. Huellen, B.S., Alexandra Willmes, B.A., Theresa J. Buczek, M.A., Penn State Behrend

- (PS12-D79) **Assessing Treatment Engagement as a Moderator on the Association Between Childhood Sexual Abuse and Suicidal Ideation**
Lindsay E. Abrahams, B.A., Ilana Gratch, B.A., Christine B. Cha, Ph.D., Teachers College, Columbia University
- (PS12-D80) **Are Social Constraints a Predictor of Suicidal Ideation in High Risk Samples?**
Rachel Caraffi, B.A., David Disabato, Ph.D., Karin G. Coifman, Ph.D., Kent State University
- (PS12-D81) **Non-suicidal Self Injury in Asian Americans: Shame as a Potential Moderator**
Rocky B. Marks, B.A., Yu-Chin Lin, M.S., Janelle Y. Wee, B.S., Jingyan Gu, B.A., Keyne C. Law, Ph.D., Seattle Pacific University
- (PS12-D82) **Thwarted Belongingness, Perceived Burdensomeness, and Suicide Ideation Among Asian Americans: A Study of Shame as a Mediator**
Yu-Chin Lin, M.S., Rocky B. Marks, B.A., Janelle Y. Wee, B.S., Jingyan Gu, B.A., Keyne C. Law, Ph.D., Seattle Pacific University
- (PS12-D83) **Drinking in Moderation: How Alcohol Use Moderates the Association Between Panic and IDAS Suicidality Scale**
Adrian R. Lopez-Marquez, B.A., Rachel L. Martin, M.A., Daniel Capron, Ph.D., University of Southern Mississippi
- (PS12-D84) **Exploring the Immediate Suicidal Context via Coding Free-responses of Suicidal Ideators and Attempters**
Calvary R. Fielden, Esther C. Park, B.A., Alexandria Hayford, Joe Franklin, Ph.D., Florida State University
- (PS12-D85) **The Relationship Between Acculturation, Acculturative Stress, and Non-suicidal Self-injury in First- and Second-generation Emerging Adult Immigrants in the United States**
Aiyana Rice, B.A.¹, Shaun Cook, Ph.D.², Andrew Bland, Ph.D.², Aaron Porter, Ph.D.², 1. Penn State College of Medicine, 2. Millersville University
- (PS12-D86) **Does Study Methodology Inflate the Association Between Parent-to-child Aggression and Later Dating Abuse? A Meta-analytic Investigation**
Evan J. Basting, B.A.¹, Courtney Dunn, B.A.², Liz Goncy, Ph.D.¹, 1. Cleveland State University, 2. Virginia Commonwealth University
- (PS12-D87) **The Influence of Gender on Acquired Capability for Suicide: Tests of a Parallel Mediation Model**
Kandice Perry, M.S., Lana Glenn, Carolyn Pepper, Ph.D., University of Wyoming
- (PS12-D88) **Prevalence of Non-suicidal Self-injury Among Lesbian, Gay, Bisexual, and Transgender Individuals: A Systematic Review and Meta-analysis**
Shayna Cheek, M.A.¹, Richard Liu, Ph.D.², Ana E. Sheehan, B.A.³, Rachel Walsh, B.S.⁴, Christina M. Sanzari, B.A.³, Evelyn M. Hernandez Valencia, B.A.⁵, 1. Duke University, 2. Warren Alpert Medical School of Brown University, 3. University of Delaware, 4. Temple University, 5. University of Pittsburgh
- (PS12-D89) **Influence of Pain Tolerance on the Relationship Between past NSSI and Acquired Capability for Suicide**
Janelle Y. Wee, B.S., Jingyan Gu, B.A., Keyne C. Law, Ph.D., Seattle Pacific University

- (PS12-D90) **Cognitive Flexibility and Its Relations to Persistence of Non-suicidal Self-injury**
Yeonsoo Park, M.A., Brooke Ammerman, Ph.D., University of Notre Dame
- (PS12-D91) **Subscales of the Anger Rumination Scale as Predictors of Aggression**
Kathleen L. Ramsey, M.A., Fayth Walbridge, B.A., Tiffany G. Harris, M.S., Stephanie D. Smith, Ph.D., University of Southern Mississippi
- (PS12-D92) **The Effect of Social Rejection on Risky Decision-making for Individuals with and Without a History of Non-suicidal Self-injury**
Alyssa L. Conigliaro, M.A.¹, Jennifer Babekov, M.A.¹, Emily Barkley-Levenson, Ph.D.¹, Erin F. Ward-Ciesielski, Ph.D.², 1. Hofstra University, 2. Boston University Center for Anxiety and Related Disorders
- (PS12-D93) **A Retrospective Investigation of Adolescent Bullying Involvement and Non-suicidal Self-injury**
Grace E. Murray¹, Stephanie Jarvi Steele, Ph.D.², 1. McLean Hospital, 2. Williams College
- (PS12-D95) **Vulnerability and Resilience Factors Associated with Suicidal Ideation in Left-behind Children in Rural China**
Claudia Paszek, B.A.¹, Richard Liu, Ph.D.¹, Xiangru Zhu, Ph.D.², 1. Warren Alpert Medical School of Brown University, 2. Henan University
- (PS12-D96) **The Role of Interpersonal Emotion Regulation in Differentiating Between Suicide Ideation and Attempts**
Mariah Xu, M.A., Regina Miranda, Ph.D., Hunter College, City University of New York
- (PS12-D97) **The Impact of Social Support, Perceived Stress, and Suicide Bereavement on Suicidal Ideation and Meaning in Life in Emerging Adults**
K. Naomi Pak, M.A., Alison Cuellar, Ph.D., Lawrence Cheskin, M.D., Jerome Short, Ph.D., Sarah Fischer, Ph.D., George Mason University
- (PS12-D98) **Difficulties in Emotion Regulation Moderate the Relation Between Severity of Childhood Sexual Abuse and History of Suicide Attempts**
Evelyn M. Hernandez Valencia, B.A., Sarah L. Brown, Ph.D., Lori N. Scott, Ph.D., University of Pittsburgh
- (PS12-D99) **Examining the Predictive Power of the Big 5 Personality Traits and Cannabis Use on Non-suicidal Self-injury**
Monika Sahleen, B.S., Ryan L. Rahm-Knigge, M.S., Bradley T. Conner, Ph.D., Colorado State University

PS 13: EATING DISORDERS; WEIGHT MANAGEMENT

Poster Session 13A

Key Words: *Eating, Abuse / Maltreatment*

(PS13-A1) The Relationship Between Childhood Maltreatment, Avoidant Coping, and Eating Disorder Symptoms

Diane L. Rosenbaum, Ph.D.¹, Kamila White, Ph.D.², Tiffany Artime, Ph.D.³, 1. Penn State Abington, 2. University of Missouri - St. Louis, 3. Pacific Lutheran University

(PS13-A2) The Predictive Value of Marital Status, Parental Status, and Educational Attainment for Men and Women's Eating Pathology Across 30-year Follow-up

Madeline R. Wick, M.S.¹, Tiffany A. Brown, Ph.D.², Elizabeth H. Fitzgerald, M.S.¹, Pamela K. Keel, Ph.D.¹, 1. Florida State University, 2. University of California San Diego

(PS13-A3) Fat Talk Trumps Weight Teasing in Predicting Disordered Eating Behavior

Lauren Francis, M.A.¹, Denise M. Martz, Ph.D.², M Webb, Ph.D.², Amy T. Galloway, Ph.D.², 1. University of North Carolina Wilmington, 2. Appalachian State University

(PS13-A4) Test and Extension of the Dual-pathway Model for Bulimic Pathology and Muscle-building Behavior in Men: A Daily Diary Study

Jamie-Lee Pennesi, Ph.D., Aaron Blashill, Ph.D., Alexandra Convertino, B.S., Jonathan L. Heim, Ph.D., San Diego State University

(PS13-A5) Associations Between the Eating Disorder Flexibility Index (EDFLIX) and Exercise Motives and Behaviors

McKenzie Miller, B.S., Julia M. Hormes, Ph.D., University at Albany, State University of New York

(PS13-A6) A Moderated Mediation Model of Eating Disorder Severity and Exercise Frequency

McKenzie Miller, B.S., Sydney K. Heiss, M.A., Julia M. Hormes, Ph.D., University at Albany, State University of New York

(PS13-A7) Do the Cognitive Symptoms of Bulimia Nervosa Improve in Cognitive Behavioral Therapy?

Mandy Lin, M.S., Paakhi Srivastava, Ph.D., Adrienne S. Juarascio, Ph.D., Drexel University

(PS13-A8) Examining the Relationship Between Deficits in Self-concept Clarity and Eating Disorder Presentation

Sarah Ali, B.S., Pamela K. Keel, Ph.D., Florida State University

(PS13-A9) Trajectory of Change in Overvaluation of Shape and Weight and Body Dissatisfaction in Relation to Symptoms of Bulimia Nervosa During Cognitive Behavior Therapy

Paakhi Srivastava, Ph.D., Adrienne S. Juarascio, Ph.D., Drexel University

- (PS13-A10) **A Naturalistic Examination of the Dual Pathway Model of Binge Eating Using an Ecological Momentary Assessment Approach**
Paakhi Srivastava, Ph.D., Christina R. Felonis, B.A., Olivia Wons, B.S., Adrienne S. Juarascio, Ph.D., Drexel University
- (PS13-A11) **Puberty's Impact on Food Cravings and Loss of Control Eating Among Healthy Youth in the Laboratory and in Daily Life**
Megan N. Parker, M.S.¹, Marian Tanofsky-Kraff, Ph.D.¹, Ross Crosby, Ph.D.², Deborah Altman, B.A.³, Taylor Swanson, B.A.³, Eliana Ramirez, B.S.³, Nia Moore, B.A.³, Sarah Rubin, B.A.³, Lisa Shank, Ph.D.¹, Meghan Byrne, M.S.¹, Sarah LeMay-Russell, M.S.¹, Shanna Yang, M.S., Other⁴, Natasha Schvey, Ph.D.¹, Scott Engel, Ph.D.², Sheila Brady, Other³, Susan Yanowski, M.D.⁵, Jack Yanovski, M.D., Ph.D.³, 1. Uniformed Services University of the Health Sciences, 2. Center for Bio-Behavioral Research, 3. Eunice Kennedy Shriver National Institute of Child Health and Human Development, 4. National Institute of Health, 5. National Institute of Diabetes, Digestive and Kidney Diseases
- (PS13-A12) **Repetitive Negative Thinking and Emotional Nonacceptance Moderate the Relationship Between Details and Flexibility and OCD but Not Eating Disorders**
Sarah E. Ernst, B.S., Leigh Brosos, M.S., Cheri A. Levinson, Ph.D., University of Louisville
- (PS13-A13) **Evaluation of the Diagnostic Threshold Between Bulimia Nervosa and Sub-threshold Bulimia Nervosa**
Sarah Johnson, B.A., Kelsie Forbush, Ph.D., Trevor Swanson, Ph.D., University of Kansas
- (PS13-A14) **Feasibility and Acceptability of a Body Kindness Guided Self-help Intervention for Emerging Adult Women**
Courtney Rogers, M.A., Jennifer B. Webb, Ph.D., Lia Bauert, B.S., Jordan Carelock, B.A., Gretel Maya Farfan, Emorie Worthington, University of North Carolina at Charlotte
- (PS13-A15) **Hedonic Hunger as a Mechanism of Action in Outpatient Cognitive Behavioral Therapy for Bulimia Nervosa**
Christina R. Felonis, B.A., Adrienne S. Juarascio, Ph.D., Drexel University
- (PS13-A16) **Unpacking the Association Between Conformity to Feminine Norms and Disordered Eating: Eating Styles and Emotion Suppression as Mediators**
Thomas Le, M.S.¹, Catherine Forestell, Ph.D.², 1. University of Maryland, College Park, 2. College of William & Mary
- (PS13-A17) **The Impact of Fitspiration Content on Body Satisfaction and Negative Mood: An Experimental Study**
Lauren A. Stutts, Ph.D., Emilia G. Rounds, Davidson College
- (PS13-A18) **Preliminary Results from in the Mirror: Functional Appreciated Bodies (IM FAB), a Novel Bodyfunctionality Mirror Exposure Eating Disorder Risk Factor Reduction Program**
Antonia Hamilton¹, Meichai Chen, B.A.², D. Catherine Walker, Ph.D.², 1. University at Albany, State University of New York, 2. Union College
- (PS13-A19) **Differential Impact of Mindful Eating Facets on Obesity-related Eating Behaviors**
Jennifer A. Battles, M.S., Carly Carrasco-Wyant, B.S., Tamara Loverich, Ph.D., Eastern Michigan University

- (PS13-A20) **A Network Analysis Investigation of Disordered Eating Across Demographic and Regional Subpopulations Using a National Epidemiological Sample**
 Ani C. Keshishian, B.A.¹, Caroline Christian, B.S.¹, Nicholas Peiper, M.P.H., Ph.D.², Cheri A. Levinson, Ph.D.¹, 1. University of Louisville, 2. Pacific Institute for Research and Evaluation (PIRE)
- (PS13-A21) **Title: Effects of a Brief Dissonance-based Intervention on Affect, Self-objectification, and Muscle Dysmorphia in a Pilot Sample of Men**
 Trevaughn McNeill, B.A., Ryan De Los Reyes, B.A., Jessica Gurley, Katherine Frederick, Taryn A. Myers, Ph.D., Virginia Wesleyan University
- (PS13-A22) **Associations Among Disordered Eating, Transition Milestones, and Gender Identity Congruence in a Nationwide U.S. Sample of Gender Minority Adolescents**
 Savannah R. Roberts, B.S., B.A., Rachel H. Salk, Ph.D., Madelaine T. Romito, B.A., Brian Thoma, Ph.D., Michele Levine, Ph.D., Sophia Choukas-Bradley, Ph.D., University of Pittsburgh
- (PS13-A23) **Predictors of Disordered Eating in Undergraduate Students with and Without a History of Nonsuicidal Self-injury**
 Carolyn E. Helms, M.S., Nicole K. Legg, M.S., Andrew Switzer, M.S., Brianna J. Turner, Ph.D., University of Victoria
- (PS13-A24) **Happy, Sad or Hungry? Predictors of Emotional Eating in the Context of Emotional Affect**
 Grace E. Coleman, B.A., Bridget A. Hearon, Ph.D., Albright College
- (PS13-A25) **Expecting Results: Parental Expectation and Early Weight Gain in the Treatment of Adolescents with Anorexia Nervosa (AN)**
 Connor Mears, B.A.¹, Sonakshi Negi, B.A.¹, Veronica Kreter, B.S.¹, Anushua Bhattacharya, B.A.¹, C. Alix Timko, Ph.D.², 1. Children's Hospital of Philadelphia, 2. University of Pennsylvania School of Medicine / Children's Hospital of Philadelphia

Poster Session 13B

Key Words: Motivation, Change Process / Mechanisms, Eating

- (PS13-B26) **Motivation to Change Predicts Naturalistic Changes in Binge Eating and Purging, but Not Fasting, Exercise, or Changes in Body Weight**
 Paraskevi E. Kambanis, B.A., Angeline R. Bottera, M.S., Christopher J. Mancuso, B.S., Kyle P. De Young, Ph.D., University of Wyoming
- (PS13-B27) **Unintentional Weight Suppression: Do Volitional and Non-volitional Weight Loss Have Similar Effects?**
 Joanna Y. Chen, B.S., Elin L. Lesser, Ph.D., Amani D. Piers, M.S., Michael R. Lowe, Ph.D., Drexel University
- (PS13-B28) **Emotion Differentiation Promotes Less Restrictive Eating in a Binge Eating Sample**
 Christina Chwyl, B.A.¹, Evan Forman, Ph.D.¹, Stephanie M. Manasse, Ph.D.², 1. Drexel University, 2. Center for Weight, Eating and Lifestyle Science (WELL Center)

- (PS13-B29) The Role of Distress Intolerance on Maladaptive Coping with Body Dissatisfaction**
Lindsay M. Gillikin, B.A.¹, Stephanie M. Manasse, Ph.D.², Mandy Lin, M.S.¹, Adrienne S. Juarascio, Ph.D.¹, Paakhi Srivastava, Ph.D.¹, 1. Drexel University, 2. Center for Weight, Eating and Lifestyle Science (WELL Center)
- (PS13-B30) Clarifying the Relationship Between Measures of Distress Tolerance and Eating Pathology**
Elizabeth Lampe, B.A.¹, Evan Forman, Ph.D.², Stephanie M. Manasse, Ph.D.¹, 1. WELL Center, Drexel University, 2. Drexel University
- (PS13-B31) Eating Disorder Symptom Prevalence in People of Color in Randomized Clinical Trials for Full or Sub-threshold Bulimia Nervosa**
Mandy Lin, M.S., Lindsay M. Gillikin, B.A., Adrienne S. Juarascio, Ph.D., Drexel University
- (PS13-B32) Who Is More Willing to Exert Effort for Food? An Examination of Effort Valuation for Food Rewards in Individuals with Binge Eating**
Megan Michael, B.S., Adrienne S. Juarascio, Ph.D., Drexel University
- (PS13-B33) Gender Congruence, Minority Stress, and Eating Pathology Among Transgender and Non-binary Individuals**
Claire E. Cusack, B.A.¹, M. Paz Galupo, Ph.D.², 1. Association for Behavioral and Cognitive Therapies, 2. Towson University
- (PS13-B34) Associations Between Problematic Internet Use and Disordered Eating: It Is Not Simply an Effect of Mood or Loneliness**
Michele L. Hiserodt, B.S., Michael Otto, Ph.D., Alexandra K. Gold, M.A., Boston University
- (PS13-B35) Social Appearance Anxiety Is Strongly Related to Eating Disorder Symptoms Regardless of Age in Both Clinical Eating Disorder and Nonclinical Cases**
Jordan E. Drake, Caroline Christian, B.S., Cheri A. Levinson, Ph.D., University of Louisville
- (PS13-B36) Measurement Invariance of the Bulimia Test Revised: An Examination of Non-clinical Latina and Non-latina White Undergraduate Women**
Riley M. Sebastian, B.A., Kelsey N. Serier, M.S., Jamie Smith, M.S., Jane E. Smith, Ph.D., University of New Mexico
- (PS13-B37) The Role of Body Shame, Body Mass Index and Age in the Eating Disorders Risk: Where and When Should We Intervene? A Moderated Mediation Model**
Diana Burychka, M.S.¹, Marta Miragall, Ph.D.², Rosa M. Baños, Ph.D.³, 1. Polibienestar Institute, University of Valencia, 2. Department of Basic and Clinical Psychology and Psychobiology, Jaume I University, Spain; CIBER Fisiopatología Obesidad y Nutrición (CIBEROBN), Instituto Carlos III, Spain, 3. Polibienestar Institute, Valencia, Spain; CIBER Fisiopatología Obesidad y Nutrición (CIBEROBN), Instituto Carlos III, Spain; Department of Personality, Evaluation and Psychological Treatment, University of Valencia, Spain

- (PS13-B38) **Online Dating Experience and Body Dissatisfaction in a Predominantly Hispanic/Latinx College Sample**
Roberto Sagaribay, B.A., Jennifer De Alba, Emilio Posada, Nallely Ramirez, B.S., Luis F. Corona, Theodore V. Cooper, Ph.D., University of Texas at El Paso
- (PS13-B39) **Weight Suppression Is Negatively Associated with Bulimic Symptoms Among Individuals with a History of Class 3 Obesity**
K. Jean Forney, Ph.D.¹, Megan L. Rogers, M.S.², Charlotte Grillo, M.S.², Thomas Joiner, Ph.D.², Pamela K. Keel, Ph.D.², 1. Ohio University, 2. Florida State University
- (PS13-B40) **The Moderating Role of Self-compassion Between Emotion-focused Impulsivity and Dietary Restraint**
Courtney E. Breiner, B.A., Christina Scharmer, M.A., Drew A. Anderson, Ph.D., University at Albany, State University of New York
- (PS13-B41) **Temporal Trends in Adolescent Problematic Weight Management Behaviors from 1999 Through 2013: A Nationally Representative Study**
Christina M. Sanzari, B.A.¹, Carly Maitlin, B.A.¹, Rachel Y. Levin, B.A.², Richard Liu, Ph.D.¹, 1. Warren Alpert Medical School of Brown University, 2. Massachusetts General Hospital and Harvard Medical School
- (PS13-B42) **Social Comparison and Body Dissatisfaction: Moderating Role of Self-compassion**
Allison F. Wagner, M.A., Brooke L. Bennett, M.S., Si Woo Chae, B.A., Kaitlin A. Hill, M.A., Kelly Vitousek, Ph.D., University of Hawai'i at Manoa
- (PS13-B43) **Skepticism Towards Media Messages as a Predictor of Lower Body Dissatisfaction**
Brooke L. Bennett, M.S., Allison F. Wagner, M.A., Rachel D. Marshall, M.S., Kaitlin Rozzell, M.A., Janet D. Latner, Ph.D., University of Hawai'i at Manoa
- (PS13-B44) **Examining Negative Urgency in Women Previously Diagnosed with Bulimia Nervosa or Purging Disorder at 10-year Follow-up**
Sarah A. Horvath, M.S., Emma Harris, B.A., Gabriella Pucci, B.S., K. Jean Forney, Ph.D., Ohio University
- (PS13-B45) **Influence of Perceived Self-competence on Psychological Well-being in Adolescent Cancer Survivors**
Jackson M. Hewitt, Ellen Jopling, M.A., Katerina Rnic, Ph.D., Michael Papsdorf, Ph.D., Joelle LeMoult, Ph.D., University of British Columbia
- (PS13-B46) **General versus Hunger/satiety-specific Interoceptive Awareness in Predicting Disordered Eating**
Erica Ahlich, M.A., Sarah Attaway, Diana Rancourt, Ph.D., University of South Florida
- (PS13-B47) **Establishing a Link Between Compulsive Exercise and Intolerance of Uncertainty**
Christina Scharmer, M.A.¹, Sasha Gorrell, Ph.D.², Erin E. Reilly, Ph.D.³, Joseph M. Donahue, M.A.¹, Drew A. Anderson, Ph.D.¹, 1. University at Albany, State University of New York, 2. University of California San Francisco, 3. Hofstra University

- (PS13-B48) **Examining Heart Rate Variability as an Indicator of Top-down Inhibitory Control over Emotions and Eating Behaviors Among Individuals with and Without Binge Eating**
Angeline R. Bottera, M.S., Christopher J. Mancuso, B.S., Paraskevi E. Kambanis, B.A., Kyle P. De Young, Ph.D., University of Wyoming
- (PS13-B49) **Gender Differences in Body Image Disturbances in Adolescents: Implications for the Tripartite Model of Body Image**
Savannah R. Roberts, B.S., B.A., Brianna A. Ladd, B.A., Anne J. Maheux, B.A., Sophia Choukas-Bradley, Ph.D., University of Pittsburgh
- (PS13-B50) **Coping as a Motivation to Eat Mediates the Relationship Between PTSD and Eating Disorder Symptoms in Trauma-exposed Veterans**
Sabrina L. Hardin, B.A., Megan Sienkiewicz, B.S., Erika J. Wolf, Ph.D., Karen Mitchell, Ph.D., National Center for PTSD Women's Health Sciences Division, VA Boston Healthcare System

Poster Session 13C

Key Words: *Eating*

- (PS13-C51) **The Relationship Between Body Mass Index, Weight-related Teasing, Eating Disorder Symptoms, and Weight Bias Internalization**
Diane L. Rosenbaum, Ph.D., Michael Bernstein, Ph.D., Paige Sfida, Penn State Abington
- (PS13-C52) **Momentary Changes in Social-evaluative Fears Predict Momentary Eating Disorder and Social Anxiety Symptoms**
Rowan Hunt, B.A., Cheri A. Levinson, Ph.D., University of Louisville
- (PS13-C53) **Developing and Validating a Paradigm to Measure Fear of Weight Gain**
Sophie R. Abber, B.A.¹, Elizabeth Lampe, B.A.², Stephanie M. Manasse, Ph.D.², 1. Drexel University, 2. WELL Center, Drexel University
- (PS13-C54) **Peer Recognition of Behavioral Symptoms of Eating Disorders Among College Students**
Sarah Blackstone, Ph.D.¹, Celeste Sangiorgio, B.A., M.A.², Aimee Johnson, Ph.D.¹, 1. James Madison University, 2. St. John's University
- (PS13-C55) **Eating Pathology in Sexual Minority Populations: The Indirect Effect of Emotion Regulation Deficits**
Lindsay M. Gillikin, B.A.¹, Stephanie M. Manasse, Ph.D.², Ilana Seager van Dyk, M.A.³, 1. Drexel University, 2. Center for Weight, Eating and Lifestyle Science (WELL Center), 3. Ohio State University
- (PS13-C56) **Interoceptive Awareness and Suicidal Ideation in a Clinical Eating Disorder Sample: The Role of Body Trust**
Taylor Perry, B.A.¹, Christina Wierenga, Ph.D.², Walter H. Kaye, M.D.², Tiffany A. Brown, Ph.D.², 1. UC San Diego Eating, 2. University of California San Diego
- (PS13-C57) **Validity of Two Methods for Determining an Expected Body Weight in Adolescents with Anorexia Nervosa and Atypical Anorexia**
Samantha L. Winnie, MSW, Jessica Van Huysse, Ph.D., Natalie Prohaska, M.D., Terrill Bravender, M.P.H., M.D., University of Michigan

- (PS13-C58) **A Characterization of Alcohol Consumption During Binge Eating in Individuals with Binge Eating Disorder**
Megan Michael, B.S., Caroline Fojtu, Adrienne S. Juarascio, Ph.D., Drexel University
- (PS13-C59) **Neurobiological Deficits in Inhibition Processing Strengthen the Relationships Between Urges and Binge Eating in Daily Life**
Megan N. Parker, M.S.¹, Helen Murry, M.S.², Hasan Ayaz, Ph.D.², Adrienne S. Juarascio, Ph.D.², Stephanie M. Manasse, Ph.D.³, 1. Uniformed Services University of the Health Sciences, 2. Drexel University, 3. Center for Weight, Eating and Lifestyle Science (WELL Center)
- (PS13-C60) **Family-based Treatment for Anorexia Nervosa: Development and Preliminary Assessment of an Intensive Outpatient Program**
Marina Chibazakura, B.S., Samantha Martin, B.S., Katrina Kerrigan, B.A., Alexandra Thiel, Ph.D., Angela Doyle, Ph.D., Alexia Spanos, Ph.D., Emory Strickland, Psy.D., Ariel Ravid, Ph.D., Evidence Based Treatment Centers of Seattle
- (PS13-C61) **Characterizing Objective and Maladaptive Physical Activity in Individuals with Binge Eating Disorder**
Olivia Wons, B.S., Megan Michael, B.S., Adrienne S. Juarascio, Ph.D., Drexel University
- (PS13-C62) **Examining Disordered Eating and Nonsuicidal Self-injury Through the Lens of Objectification Theory: The Role of Interoceptive Awareness and Emotional Reactivity**
Natalie M. Perkins, M.S., Shruti Shankar Ram, B.S., April Smith, Ph.D., Miami University
- (PS13-C63) **Disordered Eating and Drinking: Examining Drinking Behaviors and Negative Alcohol-related Consequences in a Disordered Eating College Sample**
Kristen Van Swearingen, B.S., Nora E. Noel, Ph.D., University of North Carolina Wilmington
- (PS13-C64) **Femininity and Fasting in African American Women: An Opposite Response**
Courtney E. Breiner, B.A., Khrystina Warnstadt, Christina Scharmer, M.A., Drew A. Anderson, Ph.D., University at Albany, State University of New York
- (PS13-C65) **An Integrated Model of Eating Disordered Behavior in Sexual Minority Young Adults**
Alexandra D. Convertino, B.S.¹, Jonathan L. Helm, Ph.D.², Jamie-Lee Pennesi, Ph.D.², Manuel Gonzales IV, B.A.¹, Aaron Blashill, Ph.D.², 1. San Diego State University/ University of California, San Diego Joint Doctoral Program in Clinical Psychology, 2. San Diego State University
- (PS13-C66) **The Influence of External Eating on Binge Eating and High-fat Food Intake in General Population**
Tamara Escrivá-Martínez, M.S.¹, Rocio Herrero, Ph.D.¹, Marta Rodríguez-Arias, Ph.D.¹, Rosa M. Baños, Ph.D.², 1. Faculty of Psychology, University of Valencia, 2. Polibienestar Institute, Valencia, Spain; CIBER Fisiopatología Obesidad y Nutrición (CIBEROBN), Instituto Carlos III, Spain; Department of Personality, Evaluation and Psychological Treatment, University of Valencia, Spain

- (PS13-C67) **Avoidance Food Craving: How Does the Dimension of Craving Relate to Mealtime Anxiety in an Eating Disorder Treatment Sample?**
 Christina L. Verzijl, M.A.¹, Erica Ahlich, M.A.¹, Joshua Nadeau, Ph.D.², Nicholas R. Farrell, Ph.D.³, Jessica Cook, M.S.³, Diana Rancourt, Ph.D.¹, 1. University of South Florida, 2. Rogers Memorial Hospital, 3. Rogers Behavioral Health
- (PS13-C68) **Gender Differences in Clinical Presentation of Treatment Seeking Adolescents with Eating Disorders**
 Claire Trainor, B.A.¹, Sasha Gorrell, Ph.D.², Erin Accurso, Ph.D.², Daniel Le Grange, Ph.D.³, 1. Drexel University, 2. University of California San Francisco, 3. University of California San Francisco, University of Chicago Emeritus
- (PS13-C69) **Emotion and Autonomic Responses During Emotion-eliciting Film Clips in an Eating Disorders Sample**
 Eunice Y. Chen, Ph.D., Melanie N. French, M.A., Temple University
- (PS13-C71) **Effects of Asian Media Consumption on Body Comparisons and Appearance Preferences Among Undergraduate Females**
 Si Woo Chae, B.A., Katrina Obleada, M.A., Brooke L. Bennett, M.S., Kelly Vitousek, Ph.D., University of Hawai'i at Manoa
- (PS13-C72) **Athletic Identity in Relation to Compulsive and Excessive Exercise**
 Madeline Palermo, M.S., Diana Rancourt, Ph.D., University of South Florida
- (PS13-C73) **The Effect of Alcohol Consumption During Binge Eating on Impulsivity, Habitual Binge Eating, and Binge Planning in Individuals with Binge Eating Disorder**
 Caroline Fojtu, Adrienne S. Juarascio, Ph.D., Megan Michael, B.S., Drexel University
- (PS13-C74) **Nonsuicidal Self-injury and Suicidality Are Unique Predictors of Eating Disorder Pathology and Behaviors over and Above Negative Urgency**
 Alyssa M. Izquierdo, B.S., Sarah Fischer, Ph.D., George Mason University
- (PS13-C75) **Exploring Symptom Pathology in Men with Eating Disorders: A Latent Profile Analysis**
 Natalie A. Babich, B.A.¹, Kara A. Christensen, Ph.D.¹, Kelsey Hagan, Ph.D.², Kelsie Forbush, Ph.D.¹, 1. University of Kansas, 2. Stanford University

Poster Session 13D

Key Words: *Eating, Research Methods, Measurement*

- (PS13-D76) **Implicit Attitudes Toward Eating Disorder Stimuli and Disordered Eating Symptoms**
 Shruti Shankar Ram, B.S., Natalie M. Perkins, M.S., April Smith, Ph.D., Miami University
- (PS13-D77) **Examining the Relative Roles of Weight Suppression and Lifetime Highest Weight in the Maintenance of Bulimic Disorders**
 Emma Harris, B.A., Sarah A. Horvath, M.S., Gabriella Pucci, B.S., K. Jean Forney, Ph.D., Ohio University

- (PS13-D78) **Examining the Impact of Compulsive Exercise on Quality of Life in the Context of Eating Pathology**
Kimberly M. Martinez, B.A., Christina Scharmer, M.A., Drew A. Anderson, Ph.D., University at Albany, State University of New York
- (PS13-D79) **Psychosocial Factors Related to Healthy and Unhealthy Weight Control Behaviors Among Nursing Students**
Jennifer Barinas, M.A., Ryon McDermott, Ph.D., Sharon Fruh, Ph.D., RN, University of South Alabama
- (PS13-D80) **Perfectionism Predicts Exercise Dependency over Time in Adolescent Females**
Sarah E. Ernst, B.S., Irina Vanzhula, M.S., Cheri A. Levinson, Ph.D., University of Louisville
- (PS13-D81) **Examining Delay Discounting as a Predictor of Treatment Outcomes in a Behavioral Weight Loss Program**
Mary K. Martinelli, M.A., Meghan L. Butryn, Ph.D., Drexel University
- (PS13-D82) **Reward Processing, Executive Function, and Physical Activity in a Pilot Text-delivered Intervention for Obese Adolescents**
Caroline Cummings, M.A.¹, Amy Hughes Lansing, Ph.D.¹, Catherine Stanger, Ph.D.², 1. University of Nevada, Reno, 2. Dartmouth College
- (PS13-D83) **Emotional Distress Tolerance Moderates the Relation Between Acceptance-based Behavioral Weight Loss Treatment and Long-term Weight Loss Outcomes**
Diane H. Dallal, M.S., Michael P. Berry, B.S., Evan Forman, Ph.D., Drexel University
- (PS13-D84) **Exploring Attitudes Towards Food as a Potential Risk Factor and Treatment Target for Disordered Eating in Adolescents, Emerging Adults, and Adults with Clinically Diagnosed Eating Disorders**
Arielle S. Wolinsky, M.A.¹, Adrienne S. Juarascio, Ph.D.², Julia M. Hormes, Ph.D.¹, 1. University at Albany, State University of New York, 2. Drexel University
- (PS13-D85) **The Eating Pathology Symptom Correlates of Gender Performativity in a Cisgender Sample**
Samantha P. Spoor, B.S.¹, Irina Vanzhula, M.S.¹, Lisa P. Michelson, M.A., M.S.², Mattison Jade Hale, Cheri A. Levinson, Ph.D.¹, 1. University of Louisville, 2. University of North Carolina School of Medicine
- (PS13-D86) **The Role of Grit in Weight Loss Maintenance**
Christine C. Call, M.S., Laura D'Adamo, B.A., Nicole T. Crane, B.A., Meghan L. Butryn, Ph.D., Drexel University
- (PS13-D87) **Differences in Components of Social Anxiety Across Eating Disorder Diagnoses**
Brooke L. Bennett, M.S.¹, Marlee C. Layh, M.A.², Sarah E. Reynolds, M.A.³, Jessica L. Luzier, ABPP, Ph.D.⁴, 1. University of Hawai'i at Manoa, 2. Eastern Carolina University, 3. Marshall University, 4. West Virginia University School of Medicine-Charleston Campus

- (PS13-D88) Meeting Clients Where They Are: Acceptability and Efficacy of a Parent Training-focused Weight Management Program for Children That Is Delivered in the Home**
 Corby K. Martin, Ph.D.¹, Jenelle R. Shanley, Ph.D.², Keely R. Hawkins, Ph.D.³, Shannon R. Self-Brown, Ph.D.⁴, Christoph Höchsmann, Ph.D.², Melissa C. Osborne, M.P.H., Ph.D.⁵, Monique M. LeBlanc, Ph.D.⁶, Amanda E. Staiano, Ph.D.², John W. Apolzan, M.S., Ph.D.², 1. Pennington Biomedical - Louisiana State University, 2. Pacific University Oregon, 3. Pennington Biomedical Research Center, 4. School of Public Health, Georgia State University & National SafeCare Training and Research Center, USA, 5. Georgia State University, 6. Southeastern Louisiana University
- (PS13-D89) Increasing Access to Psychological Services Before and After Bariatric Surgery: Predictors of Bariatric Surgery Candidacy and Outcomes**
 Stephanie E. Punt, M.A.¹, Jessica L. Hamilton, Ph.D.², Stephen S. Ilardi, Ph.D.¹, Ashley C. Rhodes, Ph.D.², Brendon T. Elliot¹, Jeremy L. McLeod¹, Brooke L. Shuey¹, 1. University of Kansas, 2. University of Kansas Medical Center
- (PS13-D90) Antifat Attitudes, Weight Bias Internalization, and Age: Do Adults Exhibit More Antifat Attitudes Towards Adults or Children and Does Weight Bias Internalization Moderate This Association?**
 Monique M. LeBlanc, Ph.D.¹, Corby K. Martin, Ph.D.², 1. Southeastern Louisiana University, 2. Pennington Biomedical, Louisiana State University
- (PS13-D92) Gender Differences in the Association Between Emotion Recognition and Disordered Eating**
 Jumi Hayaki, Ph.D, Noah C. Berman, Ph.D., College of the Holy Cross
- (PS13-D93) Neural Predictors of 'Rapid Response' in Adolescents with Anorexia Nervosa**
 Victoria Perko, M.A.¹, Kelsie Forbush, Ph.D.¹, Sara Gould, ABPP, Ph.D.², Brienne Richson, M.A.¹, Kylie Christian, B.A.¹, Danielle Chapa, M.A.¹, Laura Martin, Ph.D.³, 1. University of Kansas, 2. Children's Mercy Kansas, 3. University of Kansas Medical Center
- (PS13-D94) Filling the Empty Spot: Investigating the Link Between Loneliness and Pathological Eating**
 Hayley E. Fitzgerald, M.A., Taylor Duncan, M.A., Michael Otto, Ph.D., Boston University
- (PS13-D95) Predicted and Actual Experience of Exercise and Their Discrepancy Predict Weight Loss and Physical Activity Outcomes**
 Nicole T. Crane, B.A., Mary K. Martinelli, M.A., Meghan L. Butryn, Ph.D., Drexel University
- (PS13-D96) Social Anxiety Moderates the Relation Between Body Mass Index (BMI) and Eating Behaviors**
 Yvette Karway, M.A., Johanna Jarcho, Ph.D., Temple University
- (PS13-D97) Examining Objectification Theory in Caribbean Women**
 Genicelle W. Barrington, B.S., Danielle Lindner, Ph.D., Stetson University
- (PS13-D99) Exploring the Relationship Between Relative Reinforcing Value of Food and Disordered Eating from a Categorical, Dimensional, and Trait-level Perspective**
 Mallory M. Moore¹, Hana Zickgraf, Ph.D.², 1. University of Chicago, 2. University of South Alabama

(PS13-D100) When Adolescent Self-report Is Not Enough: A Confirmatory Factor**Analysis of the Anorectic Behavior Observation Scale**

Sonakshi Negi, B.A.¹, Connor Mears, B.A.¹, Sydney K. Heiss, M.A.², Rhonda Merwin, Ph.D.³, Nancy Zucker, Ph.D.³, Julia M. Hormes, Ph.D.², Rebecka Peebles, M.D.¹, C. Alix Timko, Ph.D.⁴, 1. Children's Hospital of Philadelphia, 2. University at Albany, State University of New York, 3. Duke University, 4. University of Pennsylvania School of Medicine / Children's Hospital of Philadelphia

4:00 p.m. – 6:00 p.m.

PS 14: Dissemination & Implementation Science; Technology; Vulnerable Populations; Women's Issues

Poster Session 14A

Key Words: *Treatment, Stakeholder Relevant, Community-Identified Problems*

(PS14-A1) Mental Health Providers' Perceptions of Barriers to Treatment Engagement Among Youth and Caregivers

Wendy Chu, B.A., Cary Johnstone, Julia Thoppil, W. Joshua Bradley, B.A., Eleanor G. Wu, B.A., Davielle Lakind, Ph.D., Kimberly D. Becker, Ph.D., University of South Carolina

(PS14-A2) Participatory Study to Identify Practice-informed Implementation Determinants for Integrating Behavioral Health and Primary Care

Ariel M. Domlyn, M.A.¹, Abraham Wandersman, Ph.D.², Mark Weist, Ph.D.¹, 1. University of South Carolina, 2. University of South Carolina; Wandersman Center

(PS14-A3) Clinical Supervision: A Potential Strategy to Improve Implementation Climate

Rashed AlRasheed¹, Noah S. Triplett, M.S.¹, Grace S. Woodard, B.S.², Rosemary Meza, M.S.¹, Sophia Robinson, B.A.¹, Shannon Dorsey, Ph.D.¹, 1. University of Washington, 2. University of Miami

(PS14-A4) Examining Session Duration, Session Frequency, and Treatment Outcome in Adults with Severe Mental Illness in a Community Setting

Marlen Diaz, B.A., Nicole B. Gumpfort, M.A., Allison Harvey, Ph.D., 1. University of California, Berkeley

(PS14-A5) Clinician TF-CBT Stuck Points: Doubts About Trauma-focused Cognitive Behavioral Therapy Among Participants in a Community-based Learning Collaborative

Elizabeth Casline, M.S.¹, Zabin S. Patel, M.P.H., M.S.¹, Dominique Phillips, B.A.¹, Ashley M. Shaw, Ph.D.², Vanessa Ramirez, Psy.D.³, Amanda Jensen-Doss, Ph.D.³, 1. University of Miami, 2. Florida International University, 3. Kristi House Children's Advocacy Center

- (PS14-A6) A Qualitative Examination of a School-based Implementation of Computer-assisted Cognitive-behavioral Therapy for Child Anxiety**
Margaret Crane, M.A.¹, Katherine E. Phillips, M.A.¹, Colleen Maxwell, M.A.¹, Lesley A. Norris, M.A.¹, Lara S. Rifkin, M.A.¹, Jacob Blank¹, Sami Sorid², Kendra L. Read, Ph.D.³, Anna Swan, Ph.D.⁴, Philip C. Kendall, ABPP, Ph.D.¹, Hannah Frank, Ph.D.⁵, 1. Temple University, 2. College of William & Mary, 3. University of Washington School of Medicine, 4. University of California San Francisco, 5. Warren Alpert Medical School of Brown University
- (PS14-A7) A College-based Guided Self-change Program Targeting Problematic Substance Use Among Young Adults**
Robbert J. Langwerden, M.S., Michelle Hospital, Ph.D., Staci L. Morris, Psy.D., Eric Wagner, Ph.D., Florida International University
- (PS14-A8) Feasibility and Acceptability of a Community-based Participatory Research Approach to Engaging LGBTQ Youth**
Cindy J. Chang, Psy.M., Christine J. Laurine, Psy.M., Maria C. Alba, Psy.M., Sheila Rouzitalab, Psy.M., Brian C. Chu, Ph.D., Rutgers University
- (PS14-A9) Evidence-based Practice Attitudes Among Preservice Doctoral Training Graduate Students**
Tristan J. Maesaka, B.A., Maya Waldrep, Brad J. J. Nakamura, Ph.D., University of Hawai'i at Manoa
- (PS14-A10) Acceptability and Feasibility of School-based Mental Health Interventions Implementation and Research: A Qualitative Study of School Staff Perspectives**
Rebecca M. Kanine, Ph.D.¹, Beatriz Cabello, B.A.¹, Courtney Wolk, Ph.D.², Billie S. Schwartz, Ph.D.¹, Jennifer A. Mautone, ABPP, Ph.D.³, 1. Children's Hospital of Philadelphia, 2. Department of Psychiatry, Perelman School of Medicine, University of Pennsylvania, 3. Children's Hospital of Philadelphia/University of Pennsylvania
- (PS14-A11) Evidence-based Practice Efficiency in Community Mental Health: An Examination of EBP Delivery Length and Client Discharge Rates**
Noah S. Triplett, M.S.¹, Grace S. Woodard, B.S.², Rashed AlRasheed¹, Rosemary Meza, M.S.¹, Sophia Robinson, B.A.¹, Shannon Dorsey, Ph.D.¹, 1. University of Washington, 2. University of Miami
- (PS14-A12) Subjective Norms and Perceived Behavioral Control: Augmenting Traditional Therapist Attitudinal Research with Theory of Planned Behavior Constructs for Predicting Evidence-based Practice**
Taylor A. Stacy, B.S., Da Eun Suh, M.A., Kaitlin A. Hill, M.A., Brad J. J. Nakamura, Ph.D., University of Hawai'i at Manoa
- (PS14-A13) Integrating Psychological Services Across a Health Care System: An Implementation Science Pilot Study**
Kristen Riley, Ph.D., Sara Ghassemzadeh, B.S., James Terhune, M.S., Melissa Fluehr, B.S., Maia L. Buschmann, M.S., Graduate School of Applied and Professional Psychology, Rutgers University

- (PS14-A14) The Financial Climate in Publicly-funded Mental Health Clinics: Development and Psychometric Evaluation of the Agency Financial Status Scales**
Colleen Maxwell, M.A.¹, Mark Ehrhart, Ph.D.², Nathaniel Williams, Ph.D., LCSW³, Tyler Moore, Ph.D.⁴, Philip C. Kendall, ABPP, Ph.D.¹, Rinad S. Beidas, Ph.D.⁴, 1. Temple University, 2. University of Central Florida, 3. Boise State University, 4. Perelman School of Medicine at the University of Pennsylvania
- (PS14-A15) Patient Characteristics Affect Providers' Treatment Choice**
Jiyoung Song, B.A.¹, Hector A. Garcia, Psy.D.², Erin P. Finley, M.P.H., Ph.D.², Shannon W. Stirman, Ph.D.³, 1. National Center for PTSD, 2. University of Texas Health Science Center at San Antonio, 3. Association for Behavioral and Cognitive Therapies
- (PS14-A16) Youth Outcomes Following Clinical Provider Participation in a Community Based Learning Collaborative (CBLC)**
Zabin S. Patel, M.P.H., M.S.¹, Elizabeth Casline, M.S.¹, Vanessa Ramirez, Psy.D.², Amanda Jensen-Doss, Ph.D.², 1. University of Miami, 2. Kristi House Children's Advocacy Center
- (PS14-A17) Changes in the Utilization of Psychological Services in a Diverse Youth Population**
Rebecca K. Browne, B.S.¹, Sarah Schwartz, Ph.D.¹, Roger Jarjoura, Ph.D.², Carla Herrera, Ph.D.³, Manolya Tanyu, Ph.D.², 1. Suffolk University, 2. American Institutes for Research, 3. Herrera Consulting Group, LLC
- (PS14-A18) A Novel State-funded Cognitive-behavioral Training in Childhood Depression**
Lauren Seibel¹, Kimberly Hoagwood, Ph.D.¹, Kara M. Dean-Assael, MSW², Lydia Franco, Ph.D., MSW², Phuong Tran, B.S.², Jayson K. Jones, MSW², Andrew F. Cleek, Psy.D.², Sarah M. Horwitz, Ph.D.¹, 1. New York University School of Medicine, 2. New York University
- (PS14-A19) The Role of School Factors on the Implementation of a CBT Program for Youth with ASD and Anxiety in Public School Settings**
Katherine Pickard, Ph.D.¹, Caitlin Middleton, Ph.D.², Richard Boles, Ph.D.³, Audrey Blakeley-Smith, Ph.D.⁴, Lisa Hayutin, Ph.D.², Erin Engstrom, Ph.D.⁴, Allison Meyer, Ph.D.⁴, Nuri Reyes, Ph.D.⁴, Tanea Tanda, B.S., Ph.D.³, Judy Reaven, Ph.D.¹, 1. JFK Partners, University of Colorado School of Medicine, 2. Children's Hospital Colorado, University of Colorado Anschutz Medical Campus, 3. University of Colorado Anschutz Medical Campus, 4. JFK Partners, University of Colorado Anschutz Medical Campus
- (PS14-A20) Parent Management Training Oregon Model and Family-based Services as Usual for Behavioral Problems in Youth: A National Randomized Controlled Trial in Denmark**
Christoffer Scavenius, Ph.D.¹, Michelle Vardanian, B.A.², Anil Chacko, Ph.D.², Megan Granski, M.A.³, Gwen Anderson, Masters Student, 1. VIVE - The Danish Center for Social Science Research, 2. New York University, 3. NYU Steinhardt School of Culture, Education, and Human Development

(PS14-A21) A Novel Application of the Rapid Assessment Procedure Informed Clinical Ethnography in a statewide Mhealth Implementation

Kera N. Mallard-Swanson, M.P.H.¹, Nicole A. Stadnick, M.S., Ph.D.², Stephen M. Schueller, Ph.D.¹, Elizabeth V. Eikey, Ph.D.³, Gloria Mark, Ph.D.⁴, Margaret Schneider, Ph.D.⁵, Kai Zheng, Ph.D.⁴, Dana B. Mukamel, Ph.D.⁶, Dara H. Sorkin, Ph.D.⁷, University of California Irvine, 2. University of California San Diego, 3. University of California San Diego, Department of Family Medicine and Public Health & The Design Lab, 4. University of California, Irvine, Department of Informatics, School of Information and Computer Sciences, 5. University of California Irvine, Department of Population Health and Disease Prevention, 6. University of California Irvine, Division of General Internal Medicine, 7. University of California Irvine, Department of Medicine

(PS14-A22) Attending to Return on Investment for CBT for MDD as a Strategy for Improved Access

Danielle L. Hoyt, M.A., Michael Otto, Ph.D., Boston University

(PS14-A23) Using the Stages of Implementation Completion (SIC) to Understand Variation in Collaborative Care Implementation

Grace P. Kinkler, B.A.¹, Cecilia Livesey, M.D.¹, David Mandell², David W. Oslin, Ph.D.³, Courtney Wolk, Ph.D.², 1. University of Pennsylvania, 2. Perelman School of Medicine at the University of Pennsylvania, 3. University of Pennsylvania and CMC VA Medical Center

(PS14-A24) Assessing Therapist Adherence and Competence in Delivering Video-conferenced Group Cognitive Behavioral Stress Management: Adaptation and Application of a RAND Corporation Fidelity Coding System

Marcella May, M.A.¹, Molly Ream, B.A.¹, Sara Milrad, Ph.D.², Dolores Perdomo, Ph.D.¹, Sara Czaja, Ph.D.³, Mary Ann Fletcher, Ph.D.⁴, Devika Jutagir, Ph.D.⁵, Daniel Hall, Ph.D.⁶, Nancy Klimas, M.D.⁴, Michael Antoni, Ph.D.¹, 1. University of Miami, 2. Florida Atlantic University, 3. Weill Cornell Medical College, 4. Nova Southeastern University, 5. Memorial Sloan Kettering Cancer Center, 6. Massachusetts General Hospital

(PS14-A25) Addressing Barriers to Mental Health Service Utilization Among Muslim Youth and Families Using a Community-based Participatory Research Approach

Christine J. Laurine, Psy.M., Sheila Rouzitalab, Psy.M., Cindy J. Chang, Psy.M., Brian C. Chu, Ph.D., Rutgers University

Poster Session 14B

Key Words: *Service Delivery, Implementation*

(PS14-B26) Measuring Availability and Accessibility to Behavioral Health Services as Part of Scale-up: A Scoping Review, Part 1

Cole Hooley, Ph.D., LCSW, Yerenia Flores, B.S., Kristina Vauch, B.S., Cory Dennis, Ph.D., LCSW, Brigham Young University

(PS14-B27) Treatment Utilization Among Veterans Engaged in Outpatient Group Psychotherapy for Substance Use Disorders via Telemental Health

Benjamin Pfeifer, Ph.D., Lisa Valentine, Ph.D., Jamie J. Winters, Ph.D., Ann Arbor Veterans Healthcare System, University of Michigan Department of Psychiatry

- (PS14-B28) **Feasibility and Acceptability of the Empatica E4 Sensor to Passively Assess Physiological Symptoms of Depression**
Ashley K. Meyer, B.A.¹, Szymon Fedor, Ph.D.², Asma Ghandeharioun, M.S.², David Mischoulon, M.D., Ph.D.¹, Rosalind W. Picard², Paola Pedrelli, Ph.D.¹, 1. Massachusetts General Hospital, 2. The Media Lab, Massachusetts Institute of Technology
- (PS14-B29) **Making the Most out of Technology: A Cross-sectional Mixed Methods Survey on Why Consumers Download Mental Health Applications from the Virtual Marketplace**
Dylan Fisher, B.S.¹, Brenna N. Renn, Ph.D.², Reza Hosseini Ghomi, M.D., M.S.¹, Andrew D. Carlo, M.P.H., M.D.¹, 1. University of Washington School of Medicine, 2. University of Nevada, Las Vegas
- (PS14-B30) **A Feasibility Trial of a Texting Intervention for College Students Experiencing Parental Divorce**
Alexa E. Freeman, B.A., Caroline E. Shanholtz, M.C., David A. Sbarra, Ph.D., University of Arizona
- (PS14-B31) **A Randomized Control Trial of Video Modeling versus Script for Enacting Skill Change in a Group of Master's Level Trainee Clinicians**
Brandon Matsumiya, M.S., Clint Bowers, Ph.D., Amie R. Newins, Ph.D., Deborah C. Beidel, ABPP, Ph.D., Sandra Neer, Ph.D., University of Central Florida
- (PS14-B32) **Examining Therapists' Attitudes, Subjective Norms, Perceived Behavioral Control, and Behavioral Intentions for the Use of Practices Derived from the Evidence-base with Disruptive Behavior Youth**
Albert C. Mah, M.A., Marina M. Matsui, B.S., Kaitlin A. Hill, M.A., Brad J. J. Nakamura, Ph.D., University of Hawai'i at Manoa
- (PS14-B33) **Implemented Evidence Based Treatment for Youth Maintains a Narrow Focus of Treatment Than Usual Care**
Kalyn L. Holmes, M.A., Tommie M. Laba, M.A., Charles W. Mueller, Ph.D., University of Hawai'i at Manoa
- (PS14-B34) **A Call for Community Violence Intervention Programs at Level I Trauma Centers**
Tatiana Davidson, Ph.D.¹, Kerry O'Loughlin, B.A.¹, Margaret T. Anton, Ph.D.¹, Leigh E. Ridings, Ph.D.¹, Meagan Mack, M.A.¹, Yulia Gavrilova, Ph.D.¹, Ashley B. Hink, M.D.¹, Rachel Houchins, M.D.², Kenneth Ruggiero, Ph.D.¹, 1. Medical University of South Carolina, 2. Prisma Health - Midlands
- (PS14-B35) **Are Tech-based Interventions Really Accessible? A Mixed Methods Exploration of Barriers to Compliance with a Smartphone Application for Bulimia Nervosa**
Emily K. Presseller, B.A., Adrienne S. Juarascio, Ph.D., Drexel University
- (PS14-B36) **Clinical Supervision of Mental Health Services: A Systematic Review of Supervision Characteristics and Practice Elements Associated with Formative and Restorative Outcomes**
W. Joshua Bradley, B.A., Kimberly D. Becker, Ph.D., University of South Carolina

- (PS14-B37) **The Moderating Effect of Psychological Safety on the Relationship Between Implementation Leadership, Implementation Climate, and Therapist Self-efficacy with Evidence-based Practices**
Vivian Byeon, B.A.¹, Anna Lau, Ph.D.¹, Alison Hamilton, M.P.H., Ph.D.¹, Teresa Lind, Ph.D.², Lauren Brookman-Frazee, Ph.D.², 1. University of California, Los Angeles, 2. University of California, San Diego
- (PS14-B38) **Evaluating Longitudinal Correlates of Treatment Outcome Through Technological Integration**
Devin Dattolico, B.S.¹, Nathaniel P Van Kirk, Ph.D.², Jacob A. Nota, Ph.D.², 1. McLean Hospital, 2. McLean Hospital OCD Institute; Harvard Medical School
- (PS14-B39) **The Influence of Collaboration on Therapeutic Alliance in Youth Mental Health Services**
Angelina F. Ruiz, B.A., Meredith R. Boyd, M.A., Bruce F. Chorpita, Ph.D., Kimberly D. Becker, Ph.D., University of California, Los Angeles
- (PS14-B40) **Mindfulness as a Predictor of Fear of Missing out on Rewarding Experiences (FOMO)**
Emily Rooney, M.A.¹, Caleb Hallauer, M.A.¹, Joël Billieux, Ph.D.², Jon D. Elhai, Ph.D.¹, 1. University of Toledo, 2. University of Lausanne
- (PS14-B41) **Building a Recommender Algorithm for Emotion Regulation Using Contextual Bandits**
Miranda L. Beltzer, M.A., Mawulolo K. Ameko, M.S., Mehdi O. Boukhechba, Ph.D., Laura E. Barnes, Ph.D., Bethany A. Teachman, Ph.D., University of Virginia
- (PS14-B42) **Treatment in Your Pocket: A Randomized Controlled Trial of Smartphone Delivered Cognitive Bias Modification as an Augmentation to Acute Care**
Ramya S. Ramadurai, B.A.¹, Erin E. Beckham, B.A.², Kyleigh Watson², Daniel S. Johnson, B.S.², Kirsten Christensen, B.S.², John P. Pollak, Ph.D.³, James Kizer⁴, R. Kathryn R. McHugh, Ph.D.², Þröstur Björgvinsson, Ph.D.², Courtney Beard, Ph.D.², 1. American University, 2. McLean Hospital / Harvard Medical School 3. Cornell Tech, 4. Curiosity Health
- (PS14-B43) **How Do “Real World” Telemental Health Providers Provide Telemental Health Care?**
Janelle F. Barrera, M.P.H.¹, Brandon Welch, Ph.D.², Nikolaos Kazantzis, Ph.D.³, Rajivi N. Thakkar¹, Dylan Turner, B.S.⁴, Brian E. Bunnell, Ph.D.¹, 1. University of South Florida, 2. Medical University of South Carolina, 3. Monash University, 4. Doxy.me LLC
- (PS14-B44) **Perceptions of Evidence-based Assessment Following Training in the Assessment of Trauma-related Symptoms: A Look at Three Training Modalities**
Megan M. Boyd, B.A.¹, Sara Dolan, Ph.D.¹, Jeffrey Wherry, Ph.D.², Stacy Ryan-Pettes, Ph.D.¹, 1. Baylor University, 2. University of Texas
- (PS14-B45) **Examining the Link Between Caregiver Perceptual Barriers and Perceived Helpfulness of Youth Mental Health Treatment Modalities**
Christopher Georgiadis, B.A., Laura Bry, M.S., Daniel Bagner, Ph.D., Jonathan Comer, Ph.D., Florida International University

- (PS14-B46) **Assessing User Experience During Online Interpretation Training for Anxiety**
Henry Behan, M.S., Claudia P. Calicho-Mamani, B.A., Bethany A. Teachman, Ph.D., University of Virginia
- (PS14-B47) **Innovative Methods for Using Redcap as a Platform to Improve Client Access to Reliable Measurement-based Care in Cbt-related Therapies**
Joel G. Sprunger, Ph.D.¹, Claire Rowe, B.S.¹, Erica L. Birkley, Ph.D.¹, Kathleen M. Chard, Ph.D.², 1. University of Cincinnati College of Medicine, 2. Cincinnati VA Medical Center
- (PS14-B48) **Creation and Refinement of a Technology-based Parent Training Program to Reduce Disruptive Behavior Problems in Early Childhood**
Lucy McGoron, Ph.D., Florentine Friedrich, B.S., Sharmi Purkayestha, B.S., Elizabeth Towner, Ph.D., Steven Ondersma, Ph.D., Wayne State University
- (PS14-B49) **Effectiveness of a Transdiagnostic Evidence-based Treatment on Improving Child Clinical Outcomes in Community Mental Health in Washington State**
Cristian J. Rivera Nales, B.S., University of Washington, Seattle
- (PS14-B50) **A Market Analysis of Digital Mental Health Products Driven by a Statewide Implementation Project**
John Bosco S. Bunyi, M.A., MFT¹, Martha Neary, B.A., M.S.¹, Stephen M. Schueller, Ph.D.¹, Nicole A. Stadnick, M.S., Ph.D.², Elizabeth V. Eikey, Ph.D.², Gloria Mark, Ph.D.², Margaret Schneider, Ph.D.¹, Kai Zheng, Ph.D.¹, Dana B. Mukamel, Ph.D.⁷, Dara H. Sorkin, Ph.D.¹, 1. University of California, Irvine 2. University of California, San Diego

Poster Session 14C

Key Words: *Violence / Sexual Assault, Technology / Mobile Health, Women's Issues*

- (PS14-C51) **Does an Imbedded Bystander Intervention Module Impact Student's Beliefs and Attitudes?**
Melanie D. Hetzel-Riggan, Ph.D.², Scott Stroupe, J.D., Other, Elias M. Manjerovic Penn State Erie, The Behrend College
- (PS14-C52) **Video Game Genre Preference Data of Smokers Interested in Gamified Smoking Cessation Treatments**
Caitlyn Upton, M.S., Bethany Raiff, Ph.D., Andrea Sun, Rowan University
- (PS14-C53) **Differences in Adolescent Messaging Behaviors During School and Non-school Hours in the Acute Post-hospitalization Period**
Annie Resnikoff, B.S.¹, Janine Galione, Ph.D.², Marisa Marraccini, Ph.D.³, Jeff Huang, Ph.D.⁴, Nicole Nugent, Ph.D.¹, 1. Warren Alpert Medical School of Brown University, 2. Bradley Hospital / Warren Alpert Medical School of Brown University, 3. University of North Carolina at Chapel Hill, 4. Brown University
- (PS14-C54) **Associations Between Income and Barriers to Mental Health Treatment for Youth**
Ellen A. Anderson, B.S.¹, Anna Van Meter, Ph.D.¹, Eric A. Youngstrom, Ph.D.², 1. Feinstein Institutes for Medical Research, 2. University of North Carolina at Chapel Hill

- (PS14-C55) Participant Experience with and Overall Acceptability of Smartphone-delivered EMA Suicide Assessment**
 Kyleigh Watson¹, Ramya S. Ramadurai, B.A.², Erin E. Beckham, B.A.¹, Kirsten Christensen, B.S.¹, Thröstur Björgvinsson, Ph.D.¹, Courtney Beard, Ph.D.¹, 1. McLean Hospital & Harvard Medical School, 2. American University
- (PS14-C56) Adapting Measurement-based Care Technology to Support School Mental Health Practice**
 Samantha Doerr, B.A.¹, Corey Fagan, Ph.D.², A. Paige Peterson, M.S.², Aaron Lyon, Ph.D.², Freda Liu, Ph.D.², 1. Seattle Pacific University, 2. University of Washington
- (PS14-C57) Enhancing the Quality of Online Study Data in Clinical Psychology Research: A Comparison of Participant Inattention Measures**
 Heeyewon Jeong, M.A., Eleonora M. Guzmán, Neha Parvez, B.A., Christine B. Cha, Ph.D., Teachers College, Columbia University
- (PS14-C58) Curating the Digital Mental Health Landscape with a Guide to Behavioral Health Apps: A Case Study**
 Robert M. Montgomery, M.A.¹, Lamar Kerley, MFT², Martha Neary, B.A., M.S.³, Stephen M. Schueller, Ph.D.³, Nicole A. Stadnick, M.S., Ph.D.⁴, Elizabeth V. Eikey, Ph.D.⁴, Gloria Mark, Ph.D.³, Margaret Schneider, Ph.D.³, Kai Zheng, Ph.D.³, Dana B. Mukamel, Ph.D.³, Dara H. Sorkin, Ph.D.³, 1. California State University Northridge, 2. Kern Behavioral Health and Recovery Services, 3. University of California, Irvine, 4. University of California, San Diego
- (PS14-C59) The Effect of Online Self-help Completion for PTSD in Post-disaster Settings: A Multi-group Comparison Between White and Black Adolescents**
 Allura L. Ralston, M.A.¹, Laura Acosta, M.A.¹, Arthur "Trey" Andrews, III, Ph.D.¹, Tatiana Davidson, Ph.D.², Kenneth Ruggiero, Ph.D.², 1. University of Nebraska-Lincoln, 2. Medical University of South Carolina
- (PS14-C60) Investigation of the Relation Between Cell Phone Use and Facets of Mindfulness**
 Esther C. Killius, B.A., Elijah J. Richardson, B.A., Elizabeth Pearce, B.S., Joshua J. Broman-Fulks, Ph.D., Appalachian State University
- (PS14-C61) The Relationship Between Emotion Dysregulation, Cyber Dating Abuse, and Surveillance of Electronic Communications**
 Rebecca M. Skadberg, M.A.¹, Alisa Garner, M.A.¹, Meagan Brem, M.A.¹, Tara L. Cornelius, Ph.D.², Michelle Drouin, Ph.D.³, Gregory Stuart, Ph.D.¹, Todd Moore, Ph.D.¹, 1. University of Tennessee-Knoxville, 2. Grand Valley State University, 3. Purdue University-Fort Wayne
- (PS14-C62) Theory of Mind and Emotional Understanding in Deaf and Hard of Hearing College Students**
 Brittany A. Blose, B.S., Kelsey Fisher, B.S., Lindsay S. Schenkel, Ph.D., Rochester Institute of Technology
- (PS14-C63) Facial and Body Posture Emotion Identification in Deaf and Hard of Hearing Young Adults**
 Kelsey Fisher, B.S., Brittany A. Blose, B.S., Lindsay S. Schenkel, Ph.D., Rochester Institute of Technology

- (PS14-C64) The Impact of Recommendations on Participation in Psychosocial Services for Breast Cancer Survivors**
 Rebecca R. Suzuki, B.A.¹, Carly Miron, B.A.², Madeleine Rassaby, B.A.², Samrachana Adhikari, Ph.D.¹, Kristin L. Szuhany, Ph.D.¹, Emma L. Jennings, B.S.², Bryana Schantz, B.A.², Matteo Malgaroli, Ph.D.¹, Rebecca E. Lubin, B.A.³, Rachel Eakley, M.A., M.S., RN, Other², Camille Johnson ², Stephanie X. Wu, B.A.¹, Abraham Chachoua, M.D.², Marleen Meyers, M.D.², Jane Rosenthal, M.D.², Naomi M. Simon, M.D., M.S.², 1. New York University School of Medicine, 2. NYU Langone Medical Center, 3. Boston University
- (PS14-C65) Stakeholder Perspectives on Using Mobile Technology to Support Patients with Psychosis Post-hospitalization**
 Hyun Seon Park, B.S.¹, Gloria M. Peters, B.A.¹, Jessica D. Vining, B.A.², Brandon Gaudiano, Ph.D.¹, Ethan Moitra, Ph.D.³, 1. Brown University & Butler Hospital, 2. Stonehill College, 3. Warren Alpert Medical School of Brown University
- (PS14-C66) Rumination and Smartphone Use Expectancies Predict Problematic Smartphone Use Severity**
 Caleb Hallauer, M.A.¹, Emily Rooney, M.A.¹, Joël Billieux, Ph.D.², Jon D. Elhai, Ph.D.¹, 1. University of Toledo, 2. University of Lausanne
- (PS14-C67) Law Enforcement Well-being: Social Support and the Mediating Role of Psychological Flexibility**
 Jacey L. Anderberg, Jasmine M. Schneider, Ellie R. Coyle, Rebecca A. Weiland, Lucas D. Baker, Christopher R. Berghoff, Ph.D., University of South Dakota
- (PS14-C68) The Acceptability and Working Alliance of Military Families Receiving Treatment via Telehealth**
 Sharon T. Phillips, B.S., Jaime Benson, Ph.D., Christi Culpepper, Ph.D., Lauren O'Donnell, Psy.D., Michelle G. Bubnik-Harrison, Ph.D., Sara Hinojosa, Ph.D., Jamila Ray, Ph.D., Susan Perkins-Parks, Ph.D., Jennifer Crockett, Ph.D., Kennedy Krieger Institute
- (PS14-C69) Characteristics of “real-world” Telemental Health Providers and Their Use and Perspectives on Telemedicine**
 Janelle F. Barrera, M.P.H.¹, Brandon Welch, Ph.D.², Dylan Turner, B.S.³, Brian E. Bunnell, Ph.D.¹, 1. University of South Florida, 2. Medical University of South Carolina, 3. Doxy.me LLC
- (PS14-C70) Parents’ Willingness to Pay for a CBT App for Youth with Disruptive Behaviors**
 Sarah Rabbitt, Ph.D., Oberlin College
- (PS14-C71) Personality Traits and Risky Sexual Behaviors Among Female Adolescent Psychiatric Inpatients: The Role of Sensation Seeking Dimensions, Positive Urgency and Negative Urgency**
 Elizabeth A. Ballinger-Dix, B.A., Ryan L. Rahm-Knigge, M.S., Shane Kentopp, M.S., Bradley T. Conner, Ph.D., Colorado State University
- (PS14-C72) Acceptance and Commitment Therapy Processes and Problematic Use of Mobile Phones**
 Max Z. Roberts, M.A., Shannon B. Underwood, B.S., Eric D. Tiftt, M.A., John P. Forsyth, Ph.D., University at Albany, State University of New York

- (PS14-C73) **Do Interactive Video Games Change Bystander Beliefs and Attitudes?**
Danielle Wiczorek, Hannah Heukeshoven, Alexandra Willmes, B.A., Cheyenne T. Huellen, B.S., Elias M. Manjerovic, Francesca M. Giardina, B.A., Theresa J. Buczek, M.A., Melanie D. Hetzel-Riggin, Ph.D., Penn State Erie, The Behrend College
- (PS14-C74) **Weekly Diary Entry as an Indicator of Cognitive and Affective Engagement in a CBM-I Smartphone App**
Erin E. Beckham, B.A.¹, Ramya S. Ramadurai, B.A.², Kyleigh Watson¹, Thröstur Björgvinsson, Ph.D.¹, Courtney Beard, Ph.D.¹, 1. McLean Hospital & Harvard Medical School, 2. American University
- (PS14-C75) **Associations Between Perceived Stress, Job Satisfaction and Technology Use Among Rural Medical Providers**
Michelle Tolle, Other, Danielle L. Terry, ABPP, Ph.D., Guthrie Family Medicine

Poster Session 14D

Key Words: *Perinatal, Assessment, Stakeholder Relevant*

- (PS14-D76) **The Appalachian Provider's Perspective on Perinatal Mental Health Screening and Referral: Current Practice, Barriers, and Solutions**
Mira Snider, M.S., Shari Steinman, Ph.D., West Virginia University
- (PS14-D77) **The Illinois Rape Myth Acceptance Scale – Subtle Version: The Development of a Subtler Measure of Rape Myth Acceptance**
Alexandra Thelan, M.A., Elizabeth A. Meadows, Ph.D., Kelly Mannion, M.S., Central Michigan University
- (PS14-D78) **A Pilot Study of a Single-session, Internet-based Insomnia Treatment for College Students with Insomnia Symptoms and a History of Suicide Ideation**
Eric Crosby, MSW, Tracy K. Witte, Ph.D., Auburn University
- (PS14-D79) **Engagement, Compliance, and Participation in a Community-based Randomized Clinical Trial Involving Youth with Trauma**
Cynthia J. Marquez Miranda, M.A., Sofia Schachner, B.A., Andrea M. Samayoa-Sosa, B.A., Flint M. Espil, Ph.D., Victor Carrion, M.D., Stanford University
- (PS14-D80) **The Impact of Social Support and Pregnancy Planning on Postpartum Anxiety Among Young Mothers**
Gabrielle Massi, M.A., Randy Fingerhut, Ph.D., La Salle University
- (PS14-D81) **Predicting Disclosure Self-efficacy in an HIV Disclosure Intervention for HIV+ Mothers**
Marya Schulte, Ph.D.¹, William D. Marelich, Ph.D.², Lisa Armistead, Ph.D.³, Debra Murphy, Ph.D.¹, 1. University of California, Los Angeles, 2. California State University, Fullerton, 3. Georgia State University
- (PS14-D82) **Is What Happened to Me Rape? understanding the Role of Acknowledgement Status on Self-perceptions Held by Survivors of Rape**
Alexandra J. Lipinski, M.S., Rivian K. Lewin, M.S., Bre'Anna L. Free, B.A., Rimsha Majeed, M.S., J. Gayle Beck, Ph.D., University of Memphis

- (PS14-D83) **Associations Between Posttraumatic Stress Symptoms and Alcohol-related Consequences Among College Women Who Experienced a Sexual Assault**
Samantha Berg, B.S., Matthew A. Cook, M.S., Amie R. Newins, Ph.D., University of Central Florida
- (PS14-D84) **Primary Appraisal, Coping, and Prenatal Depression in Women with High-risk Pregnancy**
Molly Norman, M.A., Randy Fingerhut, Ph.D., Sara Naselsky, B.A., La Salle University
- (PS14-D85) **Sexual Trauma and Sexual Dysfunction in Women**
Alexa F. Connors, M.S., Angelica Guerrero, M.S., Gwendolyn Mcinnes, B.S., University of La Verne
- (PS14-D86) **A Novel Approach for Treatment-resistant depression: combining Behavioral Activation with Transcranial Magnetic Stimulation**
Sabine P. Schmid, Ph.D., Ryan Webler, B.A., Laura Battaglia, LICSW, MSW, Melanie Swanson, R.N., University of Minnesota
- (PS14-D87) **Emotion Regulation: Does It Predict the Effectiveness of Youth Mentoring Relationships?**
Savannah B. Simpson, B.A., Nicola Forbes, B.A., Megan Soukup, Elizabeth B. Raposa, Ph.D., Fordham University
- (PS14-D88) **Understanding Sex Differences in Physical Activity Behavior: The Role of Anxiety Sensitivity**
Gloria J. Gomez, B.A.¹, Emily K. Burr, B.A.², Mindy M. Kibbey, B.A.², Samantha G. Farris, Ph.D.², 1. Rutgers University-New Brunswick, 2. Rutgers University
- (PS14-D89) **Instagram Use and Sorority Affiliation Do Not Predict Body Dissatisfaction Among Undergraduate Women and Are Not Mediated by Thin-ideal Internalization**
Dominique Toscano, B.S., D. Catherine Walker, Ph.D., Union College
- (PS14-D90) **The Effects of Infertility on Postpartum Adjustment**
Amanda J. Slater, M.A., Elana Maurin, Ph.D., Emma Arons, Psy.D., 1. Chicago School of Professional Psychology
- (PS14-D91) **Pilot Testing of Brief CBT for Chronic Pain and Concurrent Internet-delivered CBT for Insomnia**
Lisham Ashrafioun, Ph.D.¹, Gregory Beehler, Ph.D.², Gregory Reeves, MSW¹, Wade Goldstein, M.A.², Todd Bishop, Ph.D.¹, Wilfred Pigeon, Ph.D.¹, 1. VA Center of Excellence for Suicide Prevention, 2. VA Center for Integrated Healthcare
- (PS14-D92) **Procedural Justice in Restrictive Mental Health Environments: A Gateway to Recovery**
Jennifer Blank, B.A.¹, Rebecca M. Wolfe, M.A.², Andrea Avila, Ph.D.³, William Spaulding, Ph.D.², 1. University of Washington School of Medicine, 2. University of Nebraska-Lincoln, 3. University of Nebraska-Lincoln, Patton State Hospital
- (PS14-D93) **College Student Perceptions of a Moderate and a Heavy Drinking Woman on Instagram**
Madison Crowder, B.S., Catherine B. Schuler, M.A., Allison B. Duncan, B.A., Susan L. Kenford, Ph.D., Xavier University

- (PS14-D94) **Efficacy of Cognitive-behavioral Therapy for Anxiety-related Disorders in Sexual Minorities**
Kevin Narine, B.A., Edna Foa, Ph.D., Perelman School of Medicine at the University of Pennsylvania
- (PS14-D95) **“there Is Still a Long Way to go:” Women’s Under-representation in Higher-prestige Roles at the 2019 Annual Meeting of the Association for Behavioral & Cognitive Therapies**
Emily S. Redler, B.S.¹, Isabella K. Pallotto, B.S.², Mimi Webb, B.S.¹, Brien Culhane¹, Laura E. Sockol, Ph.D.¹, 1. Davidson College, 2. University of North Carolina at Chapel Hill
- (PS14-D96) **Therapeutic Alliance in Asynchronous, Web-based Psychotherapy**
Xiaochen Luo, Ph.D., Brittain Mahaffey, Ph.D., Lucero Molina, B.A., Jacqueline Tilley, Ph.D., Adam Gonzalez, Ph.D., Stony Brook University
- (PS14-D97) **Characteristics of Homeless Adults Who Improve Housing Status over Time**
Gabrielle Sharbin, Lourah M. Kelly, Ph.D., Michael McLaughlin, Carla Rash, Ph.D., University of Connecticut
- (PS14-D98) **Effectiveness of E-health Interventions for Externalizing Behaviors: A Meta-analysis**
Celeste Sangiorgio, B.A., M.A., Tamara Del Vecchio, Ph.D., Kathleen Everson, B.A., Melanthy Parpas, B.A., St. John’s University
- (PS14-D99) **Women’s Pornography Use and Mental Health Risks: An Evaluation of Objectification Theory**
Alexis Adler, B.S., Danielle Lindner, Ph.D., Stetson University
- (PS14-D100) **Post #metoo: Polyvictimization of Interpersonal Violence and Mental Health in College Women**
Amaka Imoh, B.S., Denise M. Martz, Ph.D., Amy D. Page, Ph.D., Appalachian State University

6:15 p.m. – 8:15 p.m.

PS 15: Child/Adolescent Trauma; Autism; Health Psychology

Poster Session 15A

Key Words: *Autism Spectrum Disorders, Technology / Mobile Health, Assessment*

- (PS15-A1) **Parent and Clinician Perceptions of a Clinician-guided, Parent-led Telemedicine Screening Tool for Autism Risk in Toddlers**
Kathryn Marsh, Ph.D., Jessica J. Capretto, Ph.D., Laura L. Corona, Ph.D., Amy Weitlauf, Ph.D., Jeffrey Hine, Ph.D., Anna Berman, B.S., Alexandra Miceli, B.A., Amy Nicholson, M.A., Caitlin Reichstein, Ph.D., Neill J. Broderick, Ph.D., Sara Francis, Ph.D., Pablo J. Juarez, Other, Alison Vehorn, M.S., Liliana J. Wagner, Ph.D., Zachary Warren, Ph.D., Vanderbilt University Medical Center

- (PS15-A2) Parent-child Interaction Therapy for Children with Severe Intellectual Disability: adapted Protocol and Case Study Results**
Kathryn Lachance, M.S., Samuel O. Peer, Ph.D., Robert D. Rieske, Ph.D., Karolina Štětínová, B.A., Idaho State University
- (PS15-A3) Acceptability of Behavioral Play Therapy for Fears in Children with Williams Syndrome**
Brianna N. Young, B.A.¹, Karen Levine, Ph.D.², Brianna Yund, M.S.¹, Bonita Klein-Tasman, Ph.D.¹, 1. University of Wisconsin-Milwaukee, 2. Boston University
- (PS15-A4) Stress and Empowerment in Parents of Minimally Verbal Children with ASD Following an Enhanced Pivotal Response Treatment Group**
Angela Dahiya, M.S.¹, Angela Scarpa, Ph.D.², Jennifer R. Bertollo, B.A.², Ligia Antezana, M.S.¹, Tyler C. McFayden, M.S.¹, Heather A. Kissel, B.A.¹, Deanna Swain, Ph.D.³, 1. Virginia Tech, 2. Virginia Tech Autism Clinic & Center for Autism Research, 3. Weill Cornell Medical College
- (PS15-A5) Predictors of Parental Distress, Parent-child Dysfunctional Interaction, and Difficult Child Stress in Mothers of Children Diagnosed with Autism Spectrum Disorder**
Emma Wilkinson, B.A., Kristin V. Christodulu, Ph.D., University at Albany, State University of New York
- (PS15-A6) Restricted and Repetitive Behaviors and Social Impairments in Relation to Separation Anxiety in Youth with and Without Autism Spectrum Disorder**
Nathaniel Iskhakov, Talena C. Day, B.A., Joseph Giacomantonio, B.S., Erin Libsack, M.A., Matthew D. Lerner, Ph.D., Stony Brook University
- (PS15-A7) The Development and Preliminary Effectiveness of a Novel Intervention Aimed to Improve Executive Functioning and Social Skills in Preschools with Autism Spectrum Disorder**
Rebecca C. Handsman, B.A.¹, Lauren Kenworthy, Ph.D.², Abigail Brandt, M.A.¹, Robin Han, M.S.¹, Allison B. Ratto, Ph.D.², 1. Children's National Health System, 2. Children's National Hospital
- (PS15-A8) Parent Report of Autism Symptoms: Parental Education Moderates Agreement Between Parent and Clinician Report**
Jennifer R. Bertollo, B.A., Megan Fok, B.S., Angela Scarpa, Ph.D., Virginia Tech; Virginia Tech Autism Clinic & Center for Autism Research
- (PS15-A10) Adaptive Functioning in Children with ASD Complicated by Anxiety and Aggressive Behavior**
Rebecca P. Jordan, B.A., Carla Kalvin, Ph.D., Sonia N. Rowley, B.A., Karim Ibrahim, Psy.D., Denis G. Sukhodolsky, Ph.D., Yale University School of Medicine, Child Study Center
- (PS15-A11) Effects of Race on Age at First Diagnosis: The Changing Impacts of IQ and Autism Severity in Childhood**
Serene Habayeb, Ph.D., Andrea De La Torre, B.S., Allison B. Ratto, Ph.D., Children's National Hospital

- (PS15-A12) Clinical Indicators of Sibling Relationship Quality in Children with ASD**
 Cheng Liu, B.A.¹, Saashi Bedford, M.S.¹, Pat Mirenda, Ph.D.¹, Anat Zaidman-Zait, Ph.D.², Teresa Bennett, Ph.D.³, Eric Duku, Ph.D.³, Mayada Elsabbagh, Ph.D.⁴, Stelios Georgiades, Ph.D.³, Isabel M. Smith, M.D.⁵, Peter Szatmari, M.D.⁶, Wendy J. Ungar, Ph.D.⁷, Tracy Vaillancourt, Ph.D.⁸, Charlotte Waddell, M.D.⁹, Lonnie Zwaigenbaum, M.D.¹⁰, Connor M. Kerns, Ph.D.¹, 1. University of British Columbia, 2. Tel-Aviv University, 3. McMaster University, 4. McGill University, 5. DalHousie University, 6. Centre for Addiction and Mental Health, 7. University of Toronto, 8. University of Ottawa, 9. Simon Fraser University, 10. University of Alberta
- (PS15-A13) Community-based Parent Education for Caregivers of Children Newly Diagnosed with Autism Spectrum Disorder**
 Anna Milgramm, M.A.¹, Laura L. Corona, Ph.D.², Cortney Janicki-Menzie, M.A.³, Kristin V. Christodulu, Ph.D.¹, 1. University at Albany, State University of New York, 2. Vanderbilt University Medical Center, 3. Center for Autism and Related Disabilities, University at Albany State University of New York
- (PS15-A14) Sleep Difficulties Following Child Sexual Abuse**
 Akemi E. Mii, B.A., Katie Meidlinger, M.A., Kelsey McCoy, B.A., M.A., Emily A. Sonnen, M.A., T. Zachary Huit, M.A., Hannah M. Coffey, B.A., Mary Fran Flood, Ph.D., David J. Hansen, Ph.D., University of Nebraska, Lincoln
- (PS15-A15) Community Providers' Self-reported Use of Evidence-based Practices to Treat Anxiety in Youth with ASD**
 Lauren Moskowitz, Ph.D.¹, Megan Braconnier, M.A.¹, Iris Garza, B.S.¹, Connor M. Kerns, Ph.D.², Amy Drahota, Ph.D.³, Latha Soorya, Ph.D.⁴, Allison Wainer, Ph.D.⁴, Elizabeth Cohn, Ph.D.⁵, Matthew D. Lerner, Ph.D.⁶, 1. St. John's University, 2. University of British Columbia, 3. Michigan State University, 4. Rush University Medical Center, 5. Adelphi University, 6. Stony Brook University
- (PS15-A16) Perceptions of Individuals with Intellectual and Developmental Disabilities Regarding Assistance and Helpfulness for Achieving Post High School Success**
 Jennifer K. Kramer, M.A., Anthony J. Goreczny, Ph.D., Dane C. Bluestone, M.S., Terrie Haggey, M.A., Deborah Goodnow, M.S., Renee Carter, B.A., Asia Williams, B.S., Phillip Suess, M.S., Hunter Helsel, M.S., Chatham University
- (PS15-A17) Examining Barriers to Evidence-based Treatments for Disruptive Behavior in Young Children with ASD**
 Rosmary Ros-Demarize, Ph.D., Laura A. Carpenter, Ph.D., Medical University of South Carolina
- (PS15-A18) Stress in Parents of Young Children with Autism Spectrum Disorders, Attention Deficit Hyperactivity Disorder, and Language Impairments: The Influence of Language, Behavior Problems, and Temperament**
 Chelsea Day, M.S., Rita Obeid, Ph.D., Elizabeth J. Short, Ph.D., Case Western Reserve University
- (PS15-A19) The Effects of Intolerance of Uncertainty and Personal Relevance on Recall of Information**
 Stephen Costello, B.A.¹, Irena Curanovic, B.A.¹, Gregory Bartoszek, Ph.D.¹, Rachel Ranney, M.A.², Evelyn Behar, Ph.D.³, 1. William Paterson University, 2. University of Illinois at Chicago, 3. Hunter College, City University of New York

- (PS15-A20) **Examining Behavioral Concerns of Latinx Caregivers of Children with ASD**
Cassandra J. Gomez Alvarado, B.A.¹, Jasper A. Estabillo, Ph.D.¹, Blanche Wright, M.A.¹, Aubyn Stahmer, Ph.D.², Lauren Brookman-Frazee, Ph.D.³, Anna Lau, Ph.D.¹, 1. University of California, Los Angeles, 2. MIND Institute, University of California, Davis, 3. University of California, San Diego
- (PS15-A21) **Observed Social Behaviors During a Naturalistic Peer Conversation Task and Internalizing Profiles in Children with Autism Spectrum Disorder**
Rachael A. Muscatello, Ph.D., Blythe A. Corbett, Ph.D., Vanderbilt University Medical Center
- (PS15-A22) **The Relationship Between Parent-report of Atypical Social Behavior and First Impressions Ratings by Peers with ASD**
Jessica E. Granieri, M.A.¹, Alan H. Gerber, M.A.², Morgan L. McNair, B.S.², Matthew D. Lerner, Ph.D.², 1. Binghamton University, 2. Stony Brook University
- (PS15-A23) **Investigating Language Skills in Autistic Monolingual and Dual-language Learning Youth**
Nicole Nadwodny, B.S.¹, Lauren Kenworthy, Ph.D.¹, Gabrielle E. Reimann, B.S.², A. Chelsea Armour, M.A.³, Allison B. Ratto, Ph.D.¹, 1. Children's National Hospital, 2. National Institute of Mental Health, 3. Children's National Health System
- (PS15-A24) **Exploring Associations Between Autism Symptoms in Childhood and Later Depression in Autistic Adolescents: Who Is at Risk?**
Gabrielle Gunin, B.S.¹, Macy G. Turley, B.A.², Ellen Wilkinson, M.A.¹, Vanessa Bal, Ph.D.¹, 1. Rutgers University, 2. Rutgers University, New Brunswick

Poster Session 15B

Key Words: *Abuse / Maltreatment, Trauma*

- (PS15-B25) **Latent Class Analysis of Adverse Childhood Experiences: Examining Co-occurrence**
Rose E. Franzen, B.S.¹, Bonnie Bowers, Ph.D.², 1. Children's Hospital of Philadelphia, 2. Hollins University
- (PS15-B26) **Community Violence Exposure and Internalizing Symptoms: Do Callous-unemotional Behaviors Moderate This Relation Among Urban Youth?**
Valerie S. Everett, B.A., Deborah Drabick, Ph.D., Temple University
- (PS15-B27) **Examining the Moderating Role of Positive Emotion Dysregulation in the Relationship Between Childhood Abuse and PTSD in a Sample of United States Military Veterans**
Svetlana Goncharenko, M.A.¹, Shannon R. Forkus, M.A.¹, Alexa M. Raudales, B.A.¹, Ateka Contractor, Ph.D.², Nicole H. Weiss, Ph.D.¹, 1. University of Rhode Island, 2. University of North Texas

- (PS15-B28) **Identifying the Barriers and Pathways of Receiving Mental Health Services Among Undocumented Youths**
Hanan Salem, B.A.¹, Natalie Robles, M.S.², Angela Blizzard, Ph.D.³, Betty Alonso², Dainelys Garcia, Ph.D.³, 1. Florida International University, 2. ConnectFamilias, 3. University of Miami
- (PS15-B29) **Examining Parenting Style as a Mediator in the Relationship Between Childhood Maltreatment and Emotion Regulation**
Artemisia Valeri, M.S.¹, Sara C. Haden, Ph.D.², 1. Long Island University, Brooklyn, 2. Long Island University
- (PS15-B30) **Avoidant Coping Mediates the Link Between Childhood Emotional Abuse and Borderline Personality Disorder Features of Affect Instability and Identity Problems**
Jessica A. Seddon, M.S.¹, Anne Shaffer, Ph.D.², Kristel Thomassin, Ph.D.¹, 1. University of Guelph, 2. University of Georgia
- (PS15-B31) **Adverse Childhood Experiences, Intimate Partner Violence Victimization, and Posttraumatic Stress Disorder Symptoms Among College Students**
Gloria Romero, M.S., Meagan Brem, M.A., Kristin Fields, Hannah Grigorian, M.A., Alisa Garner, M.A., Autumn Rae Florimbio, M.A., Gregory Stuart, Ph.D., University of Tennessee-Knoxville
- (PS15-B32) **Childhood Maltreatment, Emotion Socialization, and Psychological Distress: A Parallel Multiple Mediation Investigation**
Benjamin W. Katz, B.A.¹, Patricia J. Long, Ph.D.², 1. University of Wisconsin-Milwaukee, 2. University of New England
- (PS15-B33) **Maternal History of Childhood Trauma Predicts Internalizing and Externalizing Symptoms in Offspring: Maternal Emotion Regulation as a Mechanism**
Laura Martin, B.A., Keith D. Renshaw, Ph.D., Kelsey L. Mauro, M.A., Tara M. Chaplin, Ph.D., George Mason University
- (PS15-B34) **Caregiver Reported Emotion Dysregulation as a Mediator Between Threat-specific Maltreatment Exposure and Internalizing, Externalizing, and PTSD Symptoms**
Augustine Lombera, III, B.A.¹, Amy H. Lee, M.A.², Komal Sharma-Patel, Ph.D.², Elissa J. Brown, Ph.D.², 1. Child HELP Partnership, 2. St. John's University
- (PS15-B35) **Engagement in TF-CBT: Comparison Between Individual and Group Treatment Modalities**
Kate Theimer, Ph.D., Juliana R. Soper, B.S., Elizabeth Risch, Ph.D., Oklahoma University Health Sciences Center
- (PS15-B36) **Using Safecare's Parent-child Interaction Module with Taiwanese Families at Risk for Physical Abuse: A Pilot Study**
Yi-Chuen Chen, Ph.D.¹, Po-Ching Chou, M.D.², Shannon R. Self-Brown, Ph.D.³, Beverly L. Fortson, Ph.D.⁴, 1. Department of Psychology, National Chung Cheng University, Chia-Yi, Taiwan, 2. Department of Pediatrics, Kaohsiung Municipal Ta-Tung Hospital, Kaohsiung, Taiwan., 3. School of Public Health, Georgia State University & National SafeCare Training and Research Center, 4. Sexual Assault Prevention and Response Office, U.S. Department of Defense

- (PS15-B37) **Comorbid Externalizing Disorders and Suicidality as Predictors of Youth with Posttraumatic Stress Disorder Receiving Treatment Without Traumatic Stress as a Focus**
Austen Taylor K. Matro, B.A., Charles W. Mueller, Ph.D., University of Hawai'i at Manoa
- (PS15-B38) **Perceptions of Severity of Childhood Sexual Abuse Based on Perpetrator Age and Expectation of Perpetrator Gender**
Kalynn C. Gruenfelder, M.S., C. Thresa Yancey, Ph.D., Georgia Southern University
- (PS15-B39) **Project SAFE: Session Attendance as a Predictor of Outcomes Following Child Sexual Abuse**
Kelsey McCoy, B.A., M.A., Hannah M. Coffey, B.A., Katie Meidlinger, M.A., Emily A. Sonnen, M.A., T. Zachary Huit, M.A., Akemi E. Mii, B.A., Mary Fran Flood, Ph.D., David J. Hansen, Ph.D., University of Nebraska-Lincoln
- (PS15-B40) **Substance Use and PTSD Symptom Trajectories During and After Integrated Treatment in Trauma-exposed Adolescents**
Zachary Adams, Ph.D.¹, Elizabeth Kwon, Ph.D.¹, Michael McCart, Ph.D.², Ashli Sheidow, Ph.D.², Jason Chapman, Ph.D.², Michael K. de Arellano, Ph.D.³, Carla K. Danielson, Ph.D.³, 1. Indiana University, 2. Oregon Social Learning Center, 3. Medical University of South Carolina
- (PS15-B41) **Examining the Role of Caregiver Depressive Symptoms in Adolescents' Emotion Regulation Difficulties: Preliminary Evidence from an Open Trial of TF-CBT**
Amy H. Lee, M.A.¹, Augustine Lomber, III, B.A.², Komal Sharma-Patel, Ph.D.¹, Elissa J. Brown, Ph.D.¹, 1. St. John's University, 2. Child HELP Partnership
- (PS15-B42) **Considerations for CBT Intervention Following Child Sexual Abuse: Parental Expectations as a Moderator of Child Internalizing Symptoms**
Emily A. Sonnen, M.A., T. Zachary Huit, M.A., Katie Meidlinger, M.A., Kelsey McCoy, B.A., M.A., Akemi E. Mii, B.A., Hannah M. Coffey, B.A., David J. Hansen, Ph.D., Mary Fran Flood, Ph.D., University of Nebraska, Lincoln
- (PS15-B43) **The Prevalence and Correlates of Trauma Exposure in Justice-involved Adolescents**
Cassidy L. Tennity, B.A., Emily L. Feldman, B.A., Stevie N. Grassetti, Ph.D., West Chester University
- (PS15-B44) **Can Social Support Decrease Anxiety for Survivors of Childhood Psychological Abuse?**
Charissa Chamorro, M.A.¹, Sara C. Haden, Ph.D.¹, Nicole Cain, Ph.D.², Linda S. Penn, Ph.D.¹, 1. Long Island University, 2. Rutgers University
- (PS15-B45) **Community-based Mental Health Effectiveness Trial Utilizing Three Treatment Modalities Indicates Reduction in PTSD Symptoms in Youth**
Andrea M. Samayoa-Sosa, B.A.¹, Sofia Schachner, B.A.¹, Cynthia J. Marquez Miranda, M.A.¹, Flint M. Espil, Ph.D.², Victor Carrion, M.D.¹, 1. Stanford University, 2. Stanford University School of Medicine
- (PS15-B47) **Teacher Exposure to Students' Traumatic Events and Correlates of Protective Factors Against Teachers' Secondary Stress**
Sarah T. Cohn, M.S., Chelsea Stack-Jew, M.S., Erum Nadeem, Ph.D., Yeshiva University, Ferkauf Graduate School of Psychology

(PS15-B48) Childhood Adversity and Maladaptive Emotion Regulation in a Child Partial Hospital Program

Abby J. de Steiguer, M.Sc.¹, Sarah E. Barnes, Ph.D.², Stephanie H. Parade, Ph.D.¹, Anne S. Walters, Ph.D.¹, 1. Emma Pendleton Bradley Hospital/Warren Alpert Medical School of Brown University, 2. Warren Alpert Medical School of Brown University

(PS15-B49) Relative Importance of Concrete, Perceptual, and Trauma-specific Barriers in Completing Trauma-specific Therapy

Tohar Scheininger, B.S., Elissa J. Brown, Ph.D., St. John's University

Poster Session 15C

Key Words: *Exercise, Depression, Health Psychology*

(PS15-C50) The Road to Exercise Is Paved with Good Intentions: Evaluating Depressive Symptoms in Relation to Self-selected Exercise Goals

Stephanie Logue, Samantha Moshier, Ph.D., Emmanuel College

(PS15-C51) Youth-parent Trauma Agreement and Youth Reported Trauma Symptoms Within a clinical Sample of Low-income, Ethnic Minority Youths

Miya M. Gentry, B.A., M.A., Mairin Cotter, B.A., Nadia Floyd, B.A., Laura Siracusa, B.A., M.A., Tenzin Yangchen, B.A., M.A., Melissa Dackis, Ph.D., Sandra Pimentel, Ph.D., Montefiore Medical Center

(PS15-C52) Development of a Retrospective Maternal Support Questionnaire Using Exploratory Factor Analysis

Samantha J. Klaver, M.A.¹, David T. Solomon, Ph.D.², 1. University of Central Florida, 2. Western Carolina University

(PS15-C53) Expectations for Opioid Medication in the Dental Setting

Jamey T. Brumbaugh, B.S., Jonathan J. Gore, Isabella Hurley, None, Casey D. Wright, M.S., D. Cade Brawley, Daniel W. McNeil, Ph.D., West Virginia University

(PS15-C54) The Preliminary Efficacy of Expressive Helping for Chinese American Cancer Patients and Survivors

Charlotte Teng, M.A.¹, Sophia Hon, MSW¹, Angela Wang, B.A.¹, Ruidi Zhu, B.A.¹, Liwei Zhang, Ph.D.², Tiffany Wong¹, William Tsai, Ph.D.¹, 1. New York University, 2. School of Social Work. Rutgers University

(PS15-C55) Acute Orofacial Pain in the Context of Chronic Pain

Hannah E. Brown, Jonathan J. Gore, Isabella Hurley, Jamey T. Brumbaugh, B.S., Cecelia I. Nelson, M.S., D. Cade Brawley, Other, Daniel W. McNeil, Ph.D., West Virginia University

(PS15-C56) Childhood Neglect and Adulthood Proneness to Guilt or Shame: The Mediating Role of Disconnection Cognitive Schema

Mahsa Mojallal, M.A., Raluca Simons, Ph.D., Jeffrey Simons, Ph.D., Surabhi Swaminath, B.S., University of South Dakota

(PS15-C57) Are More Mindful Students Less Reactive to Acute Emotional Stress?

Amanda P. Colangelo, Gabrielle R. Chin, M.A., Emma E. McBride, MA, Hana H. Lee, B.A., Jeffrey M. Greeson, Ph.D., Rowan University

- (PS15-C58) **Exercise Identity as a Moderator of Relationships Between Weight Management Motivation and Maladaptive Exercise Behaviors**
Cody Staples, B.S., Madeline Palermo, M.S., Christina L. Verzijl, M.A., Diana Rancourt, Ph.D., University of South Florida
- (PS15-C59) **Typical Stress Eating Response Moderates the Relation of Stress and Caloric Intake**
Jennifer Kuo, M.A., Cameron J. Miller, Emily M. Larson, B.S., Lucas D. Baker, Emily A. Kalantar, B.A., Christopher R. Berghoff, Ph.D., University of South Dakota
- (PS15-C60) **“Walking in Faith” - Positive Religious Coping Associated with Resilience Factors Among Black Women Living with HIV and Histories of Trauma**
Sannisha Dale, Ph.D., University of Miami
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Allegra S. Anderson, M.S.¹, Kelly H. Watson, Ph.D.¹, Jon Ebert, Psy.D.², Tarah Kuhn, Ph.D.², Meredith Gruhn, M.S.¹, Allison Vreeland, M.S.¹, Lauren Henry, Ph.D.³, Rachel Siciliano, M.S.¹, Abigail Ciriegio¹, Sofia Torres, B.A.¹, Bruce Compas, Ph.D.¹, 1. Vanderbilt University, 2. Vanderbilt University Medical Center, 3. Children’s Hospital Colorado
- (PS15-C62) **A Preliminary Randomized Clinical Trial of a Digital CBT APP for Irritable Bowel Syndrome**
Melissa G. Hunt, Ph.D., Sofia M. Miguez, Benjamin Dukas, Alejandro Medina, University of Pennsylvania
- (PS15-C63) **How Does the Patient-provider Relationship Affect the Association Between Perceived Discrimination and Adherence Attitudes?**
Alexandra E. Pizzuto, B.A., Mona Clifton, M.A., Keith Sanford, Ph.D., Baylor University
- (PS15-C64) **Does Depression Predict Outcomes in Behavioral Treatment for Chronic Pain?**
Cara L. Dochat, M.S.¹, Matthew Herbert, Ph.D.², Niloofar Afari, Ph.D.², Julie Wetherell, Ph.D.², 1. San Diego State University/University of California San Diego Joint Doctoral Program in Clinical Psychology, 2. VA San Diego Healthcare System/University of California, San Diego
- (PS15-C65) **Concerns About Physical Symptoms Are Associated with Overuse of Health Care and Short-acting Medication Among Individuals with Asthma**
Sara Witcraft, M.A., Laura J. Dixon, Ph.D., Aaron Lee, Ph.D., University of Mississippi
- (PS15-C66) **Divine Spiritual Struggles, Divine Support, and Cognitive Correlates of Suicidal Ideation Among Female Adolescents Who Have Been Sexually Abused**
Emily Johnson, M.A.¹, Ernest N. Jouriles, Ph.D.¹, Mindy Jackson², Annette Mahoney, Ph.D.³, Renee McDonald, Ph.D.¹, 1. Southern Methodist University, 2. Dallas Children’s Advocacy Center, 3. Bowling Green State University
- (PS15-C67) **The Impact of Psychological Distress and HIV Stigma on ART Adherence Across Catholic and Nonreligious Individuals**
Noelle A. Mendez, B.A., Merranda McLaughlin, B.A., Steven Safren, Ph.D., University of Miami
- (PS15-C68) **Contrast Avoidance Predicts Pain Interference and Marijuana Problems in Marijuana Users Reporting Pain**
Katherine McDermott, M.S., Jesse R. Cougle, Ph.D., Florida State University

- (PS15-C70) **Current Stress Moderates the Association Between Adverse Childhood Experiences (ACEs) and Symptoms of Anxiety and Depression in Youth**
Rachel Siciliano, M.S.¹, Jon Ebert, Psy.D.², Tarah Kuhn, Ph.D.², Kelly H. Watson, Ph.D.¹, Meredith Gruhn, M.S.¹, Allison Vreeland, M.S.¹, Lauren Henry, Ph.D.³, Allegra S. Anderson, M.S.¹, Abigail Ciriegio¹, Sofia Torres, B.A.¹, Bruce Compas, Ph.D.¹, 1. Vanderbilt University, 2. Vanderbilt University Medical Center, 3. Children's Hospital Colorado
- (PS15-C71) **The Role of Parent-caregiver Engagement During Children's Emergency Shelter Service Use**
Luisa Lopez Mader, B.A.¹, Sara Brammer, Ph.D.², Dennis Meier, Ph.D.², Erin Hambrick, Ph.D.¹, 1. University of Missouri-Kansas City, 2. Synergy Services, Inc.
- (PS15-C72) **The Relationship Between Pain and Cancer-related Traumatic Distress in Breast Cancer Survivors**
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- (PS15-C73) **Validation of the Valuing Questionnaire in Adults with Cardiovascular Risk**
Mindy M. Kibbey, B.A.¹, Angelo M. DiBello, Ph.D.², Anagha A. Babu, B.A.¹, Gloria J. Gomez, B.A.³, Samantha G. Farris, Ph.D.¹, 1. Rutgers University, 2. City University of New York, Brooklyn College, 3. Rutgers University-New Brunswick
- (PS15-C74) **Self Esteem Moderates the Relationship Between Adverse Life Events and Clinical Diagnoses for Black Women Living with HIV**
Sherene Samuels Saunders, M.P.H., Sannisha Dale, Ph.D., University of Miami

Poster Session 15D

Key Words: *Behavioral Activation, Anxiety, Depression*

- (PS15-D75) **The Effect of Positive and Negative Affect Treatment on Behavioral Approach and Inhibition Systems**
Wendy Huerta, B.A.¹, Yujia Peng, Ph.D.¹, Michelle Craske, Ph.D.¹, Alicia E. Meuret, Ph.D.², Thomas Ritz, Ph.D.², 1. University of California, Los Angeles, 2. Southern Methodist University
- (PS15-D76) **Reductions in Symptom Severity During Cognitive Behavioral Treatments for Anxiety Disorders: The Role of Emotion Regulation**
Emily Meyer, B.A., Maya Nauphal, M.A., Erin F. Ward-Ciesielski, Ph.D., Todd Farchione, Ph.D., David H. Barlow, ABPP, Ph.D., Boston University Center for Anxiety and Related Disorders
- (PS15-D77) **Examining the Association of Difficulties in Emotion Regulation and Substance & Medication Use with Underlying Personality Pathology and Mindful Eating Traits Among College Students**
Debbie S. Torres, M.A., Hannah Willingham, Emily Tullos, B.A., Chelsea Ratcliff, Ph.D., Sam Houston State University

- (PS15-D79) **Taking a Break from Social Media: Impact and Gender Differences on College Students' Body Image and Well-being**
Deanne Zotter, Ph.D., Kelsey Blum, B.A., Kelly Bradley, M.A., Erin Walsh, B.A., Sonia Schuler, B.S., Kelly Daudert, Hannah Crespy, West Chester University
- (PS15-D80) **A Novel Exposure-focused Treatment for Irritability: Parent and Child Reports of Symptom Improvement**
Ramaris E. German, Ph.D., Kelly Dombek, M.A., Courtney A. Agorsor, M.A., Katharina Kircanski, Ph.D., Melissa A. Brotman, Ph.D., National Institute of Mental Health
- (PS15-D81) **Understanding Caregiver Variables That Predict Child Outcomes in Trauma-focused Cognitive Behavioral Therapy**
Caroline Canale, B.A., Adele Hayes, Ph.D., University of Delaware
- (PS15-D82) **Resilience as a Predictor of Successful CBT Outcome for Anxiety-related Disorders in a Naturalistic Treatment Setting**
Kevin Narine, B.A.¹, Yinyin Zang, Ph.D.², Edna Foa, Ph.D.¹, 1. Perelman School of Medicine at the University of Pennsylvania, 2. Peking University
- (PS15-D83) **The Unified Protocol for Treatment of Emotional Disorders in the Spanish Public Mental Health System Using a Blended Format: Study Protocol for a Multicenter, Randomized, Superiority, Controlled Trial**
Jorge Osma, Ph.D.¹, Oscar Peris-Baquero, Other², Carlos Suso-Ribera, Ph.D.³, María Vicenta Navarro-Haro, Ph.D.², Alba B. Quilez-Orden, M.A.², Cristina Acuses,² Ignacio Miralles, Psy.D.³, 1. Universidad de Zaragoza, 2. Instituto de investigación Sanitaria de Aragón; Universidad de Zaragoza, 3. Jaume I University
- (PS15-D84) **Observation Oriented Modeling of CBT Outcomes for Social Anxiety Disorder**
Raymond C. Hawkins, II, Ph.D., ABPP¹, James W. Grice, Ph.D.², 1. Fielding Graduate University, 2. Oklahoma State University
- (PS15-D85) **The Effect of Guided Narrative Technique on Secondary Traumatic Stress in COVID-2019 Outbreak: An Online Intervention Study**
Muyang Li, B.S.¹, Yuxi Wang, M.S.¹, Bingsu Wang, Ph.D.², Qiang Chen, M.A.¹, Yixuan Wang, M.S.¹, Jiamin Bao, B.S.³, Yinyin Zang, Ph.D.¹, 1. Peking University, 2. School of Psychological and Cognitive Sciences and Beijing Key Laboratory of Behavior and Mental Health, Peking University, 3. Depart of Renmin University of China
- (PS15-D86) **Psychological Flexibility Mediates the Relation of Social Support and Burnout Among Police Officers**
Jasmine M. Schneider, Jacey L. Anderberg, Cameron J. Miller, Michaela S. Ahrenholtz, Lucas D. Baker, Christopher R. Berghoff, Ph.D., University of South Dakota
- (PS15-D87) **The Role of Cognitive Fusion in Relationships Between Mood Symptoms and Smoking in Cancer Survivors**
Pallavi V. Babu, M.A., Alex H. Buhk, M.A., Jason C. Levine, Ph.D., University of Toledo
- (PS15-D88) **Does a Brief Mindfulness Exercise Facilitate Emotional Recovery from Stress in College Students?**
Hana H. Lee, B.A., Emma E. McBride, M.A., Gabrielle R. Chin, M.A., Amanda P. Colangelo, Other, Jeffrey M. Greeson, Ph.D., Rowan University

- (PS15-D89) **Mindfulness in Anti-oppression Pedagogy: Enhancing the Effects of Difficult Intergroup Dialogues**
Akanksha Das, B.S., Yue Li, Ph.D., Sarah Dreyer-Oren, M.A., Rachel Geyer, B.A., Elise M. Clerkin, Ph.D., Miami University
- (PS15-D90) **Do Activation-specific Interventions and Homework Completion Predict Future Depression?**
Maria M. Santos, Ph.D.¹, Berenice Rosas¹, Alexander Oseguera-Chavez¹, Arianna Mariano¹, Jonathan Kanter, Ph.D.², 1. California State University, San Bernadino, 2. University of Washington
- (PS15-D91) **Examining the Links Between Sleep Quality and Treatment Outcomes in Depression and Anxiety for an Internet-based Cognitive-behavioral Therapy Program**
Kaitlyn Pham, Jennifer M. Gamarra, M.A., Eliza Congdon, Ph.D., Inna Arnaudova, Ph.D., Michelle Craske, Ph.D., University of California, Los Angeles
- (PS15-D92) **Trainee-delivered Cognitive Behavioral Therapy (CBT): Effects on Life Satisfaction vs. Symptoms of Depression and Anxiety**
Allison Peipert, B.S., Lorenzo Lorenzo-Luaces, Ph.D., Indiana University-Bloomington
- (PS15-D93) **Worry and Rumination Worsen Self-rated Psychological and Physical Health Among Breast Cancer Patients**
Megan E. Renna, Ph.D.¹, Rosie Shroul, Ph.D.¹, Annelise A. Madison, B.A.², Janice K. Kiecolt-Glaser, Ph.D.¹, 1. Ohio State University College of Medicine, 2. Ohio State University
- (PS15-D94) **Does Group Size Matter? Group Size and Symptom Reduction in Trauma Treatment**
Aubrey R. Dueweke, Ph.D.¹, Danielle E. Baker, M.A.², Marie Karlsson, Ph.D.², Melissa Zielinski, Ph.D.², Ana J. Bridges, Ph.D.², 1. Medical University of South Carolina, 2. University of Arkansas
- (PS15-D95) **Are Prospective Doctoral Students Satisfied with Doctoral Programs' "visit Days" That Target Underrepresented Student Recruitment?**
Brian Wiley, M.S., Stevie N. Grassetti, Ph.D., Fabianne Blake, M.A., West Chester University
- (PS15-D96) **Social Support Moderates the Relationship Between Substance Use and Medication Adherence Among Black Women Living with HIV**
Rachelle Reid, M.S., Sannisha Dale, Ph.D., University of Miami
- (PS15-D97) **Therapeutic Alliance, Regardless of Rater, Predicts Anger and Aggression Outcomes in Psychotherapy for Intermittent Explosive Disorder**
Martha K. Fahlgren, M.A., Kristen M. Sorgi, M.A., Nicole K. Ciesinski, B.A., Joey C. Cheung, B.S., Kristen Buckley, Michael S. McCloskey, Ph.D., Temple University
- (PS15-D99) **Validity of the Somatic Complaints Scales of the MMPI-2-RF in a Chronic Pain Setting**
Lauren D. Mickens, B.A.¹, Duyen M. Nghiem, M.A.¹, Dustin B. Wygant, Ph.D.², Ryan J. Marek, Ph.D.¹, 1. University of Houston-Clear Lake, 2. Eastern Kentucky University

(PS15-D100) Empathy Enhancement in Young Adult Residential Camp Counselors:
How Campers with Special Needs Help Their Counselors
Eva L. Feindler, Ph.D., Faculty, Long Island University

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Call for Papers | 2021 ABCT Annual Convention | New Orleans, LA

ABCT is proud to announce the 2021 convention theme of *Championing CBT: Promoting Cognitive and Behavioral Practice and Science in the Context of Public Health, Social Justice, Policy, Research, Practice, and Training*.

Sometimes it can feel like swimming against a strong current when advocating for cognitive and behavioral science and practice (i.e., henceforth, "CBT") outside of our close professional circles. The international landscape of mental health prevention, intervention, and training is replete with alternative theories, practices, and interests. The 2021 Annual Convention will place a spotlight on success stories, trials, and lessons learned related to promoting CBT and differentiating it from the other mental health worldviews. In doing so, the ABCT community will come together for a rich discussion that facilitates a core component of the organization's mission to facilitate "the global application of behavioral, cognitive, and biological evidence-based principles." Examples of topics consistent with this theme include, but are not limited to, the following (in no particular order):

- Advocating for the value of CBT in the priorities of major funding agencies and organizations (e.g., importance of promoting cognitive and behavioral science within the NIMH RDoC framework).
- Providing a platform for CBT in the context of social justice (e.g., using cognitive and behavioral science and practice to affect change in prejudice and stigma).
- Encouraging CBT with policymakers to enhance public health through science and practice (e.g., adopting cognitive and behavioral science and practice to reduce unhealthy behaviors, like smoking).
- Promoting CBT priorities in the training of the mental health researchers and practitioners of tomorrow (e.g., encouraging CBT principles as part of establishing training competencies and standards).
- Educating the public about CBT on social media and other public-facing platforms (e.g., impacting public perception of CBT via #CBTWorks).
- Supporting dissemination and implementation of CBT (e.g., integrating CBT principles in a population-level health initiative or system).

Submissions may be in the form of symposia, clinical round tables, panel discussions, and posters. Information about the convention and how to submit abstracts will be on ABCT's website, www.abct.org, after January 1, 2021. The online submission portal for general submission will open on February 1, 2021.