

**ABCT**

Wisdom of Purpose and Perspective: Extending the Social Impact of Cognitive Behavioral Science

# 53rd Annual Convention

## November 21–24, 2019 | Atlanta, GA

Welcome From the Program Chair	—	ii
About the Itinerary Planner	—	iii
President's Address	—	iii
Clinical Intervention Trainings	—	iv
Institutes	—	v
AMASS	—	v
Master Clinician Seminars	—	vi
Workshops	—	vi
General Sessions	—	viii
• <i>Clinical Roundtables</i>	—	viii
• <i>Mini Workshops</i>	—	ix
• <i>Panel Discussions</i>	—	x
• <i>Symposia</i>	—	xiv
• <i>Invited Addresses</i>	—	xxiii
• <i>Research &amp; Professional Development</i>	—	xxiv
• <i>Spotlight Research</i>	—	xxiii
Special Invited Panels	—	xxv
Special Interest Groups	—	xxvi
Registration	—	xxvii
Hotels	—	xxviii

## Welcome From the Program Chair

Alyssa Ward, Ph.D., LCP, Virginia Department of Medical Assistance Services  
& Virginia Commonwealth University School of Medicine

---



As the 2019 Program Chair, I welcome you to our 53rd Annual Convention with enthusiasm and hope that this year brings us one step closer to our mission and the goals that bind us together. ABCT is committed to enhancing public health and well-being through the application of science, and that promise is reflected in our theme for 2019: “Wisdom of Purpose and Perspective: Extending the Social Impact of Cognitive Behavioral Science.” Working in leadership at a state Medicaid program, I am immersed each day in decisions that drive the social impact of our collective work on a systems level. In Virginia we are implementing a radical redesign of our system to create an evidence-based, trauma-informed, and prevention-oriented array of behavioral health services to our members, who even with expansion are largely women and children. The work of translating scientific findings to policy and regulation is not one that our graduate training traditionally prepares us for, and I believe we have opportunities in organizations such as ours to support the development of critical skills in this area towards expanding our impact. I have brought the passion that fuels me in my work as a public servant to this role as your Program Chair, and it has been my honor to serve our organization in this way.

Developing a program around this theme has been timely as we are convening in a state that has recently passed legislation significantly limiting women’s reproductive rights. Many within our organization have voiced concern for the impact of these regulations, our meeting occurring in this state context, and the rights and experiences of women both in our organization and in our world. As Program Chair, it has been my role to work with our committee to consider how we can address these concerns within the relatively relevant program we have sought to create over the past year.

We have some exciting programming specific to the impact of CBT on public health. We are humbled to be joined this year by both international and domestic experts who have made large-scale impact on service systems and vulnerable populations. Dr. Sonja Schoenwald, a trailblazer in the dissemination and implementation of treatments for youth into complex community-based settings, will facilitate a panel discussion involving Ileana Arias, Richard Puddy, and Craig Thomas from the Centers for Disease Control and Prevention. Dr. Vikram Patel is a Harvard psychiatrist whose ground-breaking work has focused on reducing the treatment gap for mental disorders in low-resource countries. He was recently awarded the John Dirks Canada Gairdner Global Health Award, a prestigious honor given to the world’s top scientists in global health. His TED Talk on “Mental Health for All by Involving All” has over 1 million views and in 2015 he was named by *TIME* Magazine as among the world’s 100 most influential people. He will be speaking with us on building our workforce to promote global delivery of services. Dr. Matthew Sanders joins us from Australia where over the last four decades he has built an international reputation as a clinical researcher developing treatments that address childhood behavior problems and promote stronger families. Professor Sanders’ Triple P parenting system has now helped approximately 4 million children and their families. It is used in more than 25 countries and has been translated into 21 languages other than English. More than 75,000 practitioners have been trained in its delivery. He will be speaking

with us about his transformational body of work and future opportunities for social impact.

Following the passing of the abortion legislation in Georgia this summer, we worked creatively with our committee to develop an additional invited panel to bring attention to the pressing issue of using psychological science to responsibly inform and advocate policy and regulation development, with special attention to the local context here in Atlanta. We are so grateful for the fast, flexible, and thoughtful efforts of our esteemed colleague and long-time ABCT member Dr. Lynn Bufka, the Associate Executive Director for practice research and policy at the American Psychological Association, and support from our Local Arrangements Chair, Dr. Leah Farrell-Carnahan. This panel will include a diversity of speakers, including women’s rights advocates representing the local climate who will address the topic “Realizing ABCT’s Mission in a Politicized World.”

Finally, in his presidential address, Dr. Bruce Chorpita will speak to us about maximizing the reach of cognitive and behavioral science through strategic coordination of individuals, institutions, and industries.

This year you will notice that we have made some innovations in our program process:

- This is the first year that we have offered child care services at our convention, and we thank the ongoing advocacy of the Women’s Issues SIG and the on-the-ground work of Stephen Crane, ABCT’s Convention Manager, for this addition. We are committed to making ABCT an inclusive experience for members who are caregivers and travel to the convention with their families. For the 4th year, we will have a lactation room available for nursing and pumping attendees.
- We invite you to join us for an Instagram-worthy moment at our Mission Wall near registration, where we all have an opportunity to share how *your work* enhances health and well-being. Contribute, post, and share to social media with the hashtag #ABCT2019Impact.
- For the first time ever, you will be able to VOTE at the convention! We hope that this will significantly raise our voting participation rates. Look for details in the registration area.
- Submitters noticed that the Cadmium system had several updates this year, including the ability for you to send notices to co-authors for them to complete their own information in the site. We also worked with great care to revise the categories for submission this year, to assure equity so that each Special Interest Group had an aligned category. We also have edited the key words for the program and encourage you to think of these as #hashtags that mark a label for each submission to ease the identification of content relevant to your interests.
- The forests of the world rejoice, as this is the first year that we will not have a printed program book and will ask that you rely on the PDF version available, the convention planner, and the smartphone application for navigation of this experience.
- We are also testing out a new poster template, developed and made internet viral by a psychology trainee. This new template is intended to improve the presenter and attendee experience, and we will be looking closely at your feedback on this to determine future directions.

- We are grateful to the esteemed Dr. Judith Beck, who will be providing a workshop on CBT for depression worth 3 CEUs on Sunday, for free! This session will be geared towards students but all are welcome.

It has been my privilege to serve as your Program Chair this year, and I am grateful to my mentor Dr. Bruce Chorpita and the ABCT Board for entrusting me with these duties. I would like to extend a special note of appreciation to Dr. Cameo Stanick, an ABCT colleague turned dear friend, for her support as program assistant. Further, Dr. Chorpita deserves an extra helping of thanks as he rolled up his sleeves (as always) and stepped in to support me during one of the most demanding periods of work when Dr. Stanick had a family emergency. I also would like to thank Dr. Kiara Timpano (2018 Program Chair) and Dr. Katharina Kircanski (Coordinator of Convention and Education Issues and 2017 Program Chair) for their validation and camaraderie. This year I celebrate my 15th year at ABCT and I have to thank Dr. Mike Southam-Gerow for first encouraging me to attend and for his steady support and keeping me laughing for nearly half my life now. This program comes to you via the substantial efforts of virtually hundreds of our members who have contributed to its creation. This includes first the 2019 Program Committee for their expertise,

careful reviews, and flexibility during the peer review process. This year we surpassed last year's record number of reviewers, with over 350 members participating in the peer review process and 126 "Super Reviewers," and we simply would not have a convention without their dedication and service. I also thank the chairs of the Convention and Education Issues Committee for their tireless work and exceptional job developing this year's excellent program: Brian Baucom (AMASS), Lauren Weinstock (Workshops), Courtney Benjamin Wolk (Master Clinician Seminars), Cole Hooley (Research & Professional Development), Christina Boisseau (Institutes), and Shannon Wiltsey-Stirman and Dan Cheron (2020 Program Chair and Assistant Program Chair). I have worked for years with ABCT's central office, particularly during my tenure as Chair of the Women's SIG as we worked to implement a lactation room. However, I have never been so closely tied to Mary Jane Eimer and the central office team—especially the steadfast Stephen Crane—who showed devotion to developing the best convention possible. Finally, I am forever grateful to my husband, Geoff, and my two young daughters, who have cheered me on and patiently tolerated the many hours that I spent in dedication to ABCT this year.

We hope that you experience this as an engaging convention that inspires new scientific collaborations that increase our collective impact! Thank you for joining us in Atlanta.

## NOTE

*Program details such as educational objectives, session level, fees, presenter credentials, and number of CE credits that can be earned may be found in the program book on ABCT's website.*

*Program subject to change.*

## PRESIDENT'S ADDRESS

### Increasing the World's Therapeutic Intelligence Through Strategic Alignment of Individuals, Institutions, and Industries

**Bruce F. Chorpita, Ph.D., UCLA**

Saturday, November 23, 6:15 p.m. - 7:30 p.m.  
Atrium Ballroom B&C, Atrium Level

♦ Participants earn 1 CE credit



The focus for ABCT this year is purposeful reflection on how we can better achieve the mission of health and wellness through cognitive behavioral science. I will begin by outlining the landscape that must be crossed to achieve that mission, noting where our current resources and strategies encounter seemingly unmanageable complexity. On the other hand, an inventory of our strengths will show that we know more than at any time in human history about how to address mental health challenges and that we have unprecedented technological capabilities to organize and deliver that knowledge to where it is needed. Accordingly, I will articulate a framework of Coordinated Strategic Action as a way to organize people and evidence to make efficient use of these historic capabilities to meet these extraordinary challenges, with working examples and empirical findings from mental health systems and interventions. Finally, in the spirit of our organization's behavioral intellectual rebellion, I will call for us to reflect on the contingencies or "token economies" in which we, our organizations, and our industries operate, to ask what we can do to engineer a society with greater capability of engaging in healthy and therapeutic behavior for ourselves and those around us.

## Convention Itinerary Planner

The pages that follow provide an overview of the ticketed sessions and general sessions that will be part of the 2019 convention in Atlanta, GA. In order to learn more details about the sessions, including full descriptions and times, skill levels, and learning goals, please utilize the Itinerary Planner. Feel free to access the Itinerary Planner at ABCT's website at [www.abct.org/conv2019](http://www.abct.org/conv2019). To view the entire convention program—including SIG meetings, poster sessions, invited addresses—you can **search** by session type, date, time, presenter, title, category, or keyword, or you can view the entire schedule at a glance. (Keep in mind, this year the program book will only appear online: there will be no physical program book onsite in Atlanta.) After reviewing this special Convention 2019 insert, we hope you will turn to the online Itinerary Planner and begin to build your ultimate ABCT convention experience!



**Search | Find | Plan**



[www.abct.org/conv2019](http://www.abct.org/conv2019)

THURSDAY, 8:30 a.m. - 5:00 p.m.

## CIT 1 | **Applying Exposure Principles to the Treatment of Depression: Exposure-Based Cognitive Therapy**

♦ *Participants earn 7 continuing education credits*

Adele M. Hayes, Ph.D., *University of Delaware*  
Charlotte Yasinski, Ph.D., *Emory University School of Medicine*

Antidepressants and psychotherapy are only about 50% effective, and recurrence rates are as high as 90% by the third episode. Holtzheimer and Mayberg (2011) urge a rethinking of depression as a persistent tendency to become “stuck in a rut” when negative mood states are activated. Treatment must therefore disrupt the processes associated with entering and staying in that rut. Exposure-based cognitive therapy (EBCT) integrates cognitive behavioral therapies for depression with principles of exposure, emotional processing, and inhibitory learning from the treatment of anxiety disorders. EBCT targets key factors that maintain depression (unproductive processing, avoidance, and impaired reward sensitivity and processing). It also facilitates their more adaptive counterparts (constructive emotional processing, distress tolerance, and the ability to sustain and process positive emotions), which together can serve inhibitory functions to prevent relapse. Exposure principles are applied in: (a) weekly narratives to facilitate processing of depressive material, (b) mindfulness exercises to promote distress tolerance, (c) imaginal exposure exercises to facilitate constructive processing of memories related to defectiveness, worthlessness, and failure, and (d) exposure exercises to activate and process positive emotions and related fear and avoidance. CIT participants will learn techniques to reduce depression-maintaining processes and promote emotional processing and inhibitory learning.

THURSDAY, 8:30 a.m. - 5:00 p.m.

## CIT 2 | **Integrative Behavioral Couple Therapy: Acceptance and Change in Couple Therapy**

♦ *Participants earn 7 continuing education credits*

Andrew Christensen, Ph.D., *UCLA*  
Brian D. Doss, Ph.D., *University of Miami*

Integrative Behavioral Couple Therapy (IBCT) is an evidence-based approach to the treatment of couples developed by Andrew Christensen and the late Neil S. Jacobson. IBCT is integrative in that it brings together the twin goals of emotional acceptance and behavior change. Also, it integrates a variety of treatment strategies under a consistent behavioral theoretical framework. In this session, Christensen will de-

scribe the theoretical notions that distinguish IBCT from traditional and cognitive behavioral couple therapies. Then he will describe the four stages of treatment: assessment, feedback, active intervention, and termination. He will illustrate some of the assessment and treatment strategies with videotaped examples of couples in IBCT. He will also briefly describe the empirical support for IBCT. Brian Doss will describe the translation of IBCT into an online version (OurRelationship.com). Doss will describe and illustrate the three main phases of the intervention captured by the acronym OUR: observe, understand, and respond. He will then discuss two nationwide clinical trials that demonstrate the effectiveness of the intervention. He will conclude with discussion of the integration of the online program with in person therapy.

THURSDAY, 8:30 a.m. - 5:00 p.m.

## CIT 3 | **Working With Anxious Youth: Clinical Strategies Within Empirically Supported Treatment**

♦ *Participants earn 7 continuing education credits*

Philip C. Kendall, Ph.D., ABPP, *Temple University*

This CIT will provide an initial description of the theory that guides the intervention and an overview of the nature, symptoms, and experience of anxiety in youth. We will consider when anxiety is developmentally reasonable and when it is disordered. Cognitive, behavioral, family (parenting), and emotional factors will be addressed.

The bulk of the CIT will address intervention strategies. Each of the strategies (e.g., coping modeling, changing self-talk, affect education, exposure tasks) will be described in detail and illustrated with case examples and some video illustrations. A flexible implementation of the manual-based approach will be described and encouraged.

Sample videos of actual sessions and reenacted sessions will be available to be played and discussed, and small groups of CIT participants will have an opportunity to engage in a role-play activity.

Research outcomes that inform decisions regarding the provision of clinical services for anxious youth will be considered and these findings highlight both (a) what we know and (b) what we do not yet know about the treatment of anxiety disorders in youth.



# Institutes

TICKETED SESSIONS

*Designed for clinical practitioners, discussions and display of specific intervention techniques.*

## THURSDAY

Institute 1 | 8:30 a.m. - 5:00 p.m.

◆ Participants earn 7 continuing education credits.

### **Desirable Difficulties: Optimizing Exposure Therapy for Anxiety Through Inhibitory Learning**

Jonathan S. Abramowitz, Ph.D., *University of North Carolina at Chapel Hill*

Ryan J. Jacoby, Ph.D., *Massachusetts General Hospital/Harvard Medical School*

Shannon M. Blakey, Ph.D., *VA Mid-Atlantic Mental Illness Research, Education & Clinical Center (MIRECC)/Durham VA Health Care System*

Institute 2 | 8:30 AM - 5:00 PM

◆ Participants earn 7 continuing education credits.

### **Motivational Interviewing for Health Behavior Change**

Nate Mitchell, Ph.D., *Spalding University*

Daniel McNeil, Ph.D., *West Virginia University*

Trevor Hart, Ph.D., *Ryerson University*

Institute 3 | 1:00 PM - 6:00 PM

◆ Participants earn 5 continuing education credits.

### **Written Exposure Therapy: A Brief Treatment for PTSD**

Denise Sloan, Ph.D., *Boston University School of Medicine & National Center for PTSD*

Brian Marx, Ph.D., *Boston University School of Medicine & National Center for PTSD*

Institute 4 | 1:00 PM - 6:00 PM

◆ Participants earn 5 continuing education credits.

### **Treating OCD in Children and Adolescents: A Cognitive Behavioral Approach**

Martin E. Franklin, Ph.D., *Perelman School of Medicine at the University of Pennsylvania*

Institute 5 | 1:00 PM - 6:00 PM

◆ Participants earn 5 continuing education credits.

### **Tricking Coyote: Cutting-Edge Strategies for Harnessing Motivation and Achieving Goals**

Michael W. Otto, Ph.D., *Boston University*

Institute 6 | 1:00 PM - 6:00 PM

◆ Participants earn 5 continuing education credits.

### **Anxiety and Emerging Adults: Incorporating Caregiver Involvement and Enhancing Exposures in the Treatment of Adolescents and Young Adults With Anxiety Disorders**

Anne Marie Albano, Ph.D., *Columbia University Medical Center*

Shannon Bennett, Ph.D., *Weill Cornell Medicine*

Lauren Hoffman, Psy.D., *Columbia University Medical Center*

Schuyler Fox, B.A., *Columbia University Medical Center*

Institute 7 | 1:00 PM - 6:00 PM

◆ Participants earn 5 continuing education credits.

### **Parent-Child Interaction Therapy: A Robust Intervention for Early Childhood Mental Health**

Cheryl B. McNeil, Ph.D., *West Virginia University*

Institute 8 | 1:00 PM - 6:00 PM

◆ Participants earn 5 continuing education credits.

### **Supervision Essentials in CBT**

Cory F. Newman, Ph.D., *Perelman School of Medicine at The University of Pennsylvania*

Danielle A. Kaplan, Ph.D., *New York University School of Medicine*

## Advanced Methodology and Statistics Seminars

*A special series of offerings for applied researchers, presented by nationally renowned research scientists.* TICKETED SESSIONS

## THURSDAY

AMASS 1 | Thursday, November 21, 8:30 a.m. - 12:30 p.m.

◆ Participants earn 4 continuing education credits.

### **Open Science Practices for Clinical Researchers: What You Need to Know and How to Get Started**

Jessica Schleider, Ph.D., *Professor of Social and Quantitative Psychology, Stony Brook University*

Michael Mullarkey, M.A., *University of Texas at Austin*

## THURSDAY

AMASS 2 | Thursday, November 21, 1:00 p.m. - 5:00 p.m.

◆ Participants earn 4 continuing education credits.

### **Incorporating Intensive Measurement and Modeling Into Clinical Trials**

Jonathan Butner, Ph.D., *Professor of Social and Quantitative Psychology, University of Utah*

# Master Clinician Seminars

TICKETED SESSIONS

*These seminars involve the presentation of case material, session videotapes, and discussion to enable participants to further understand the application of cognitive and behavioral techniques.*

## FRIDAY

MCS 1 | 9:00 a.m. - 11:00 a.m.

♦ Participants earn 2 continuing education credits

### **You Are Not Supposed to Feel That Way: Making Room for Difficult Emotions**

Robert Leahy, Ph.D., *American Institute for Cognitive Therapy*

MCS 2 | 1:00 p.m. - 3:00 p.m.

♦ Participants earn 2 continuing education credits

### **Evidence-Based Assessment and Treatment of Bipolar Disorder and Mood Dysregulation in Youth and Early Adulthood**

Mary A. Fristad, ABPP, Ph.D., *The Ohio State University*  
Eric A. Youngstrom, Ph.D., *University of North Carolina at Chapel Hill*

MCS 3 | 3:30 p.m. - 5:30 p.m.

♦ Participants earn 2 continuing education credits

### **Appetite Monitoring in Individual and Family-Based Healthy Weight Coaching**

Linda W. Craighead, Ph.D., *Emory University*

MCS 4 | 8:30 a.m. - 10:30 a.m.

♦ Participants earn 2 continuing education credits

### **Helping Suicidal Teens Build Lives Worth Living: Key Elements to Orienting and Committing Teens to DBT**

Alec L. Miller, Ph.D., *Cognitive & Behavioral Consultants, LLP*

## SATURDAY

MCS 5 | 8:30 a.m. - 10:30 a.m.

♦ Participants earn 2 continuing education credits

### **In-Depth Analysis of the Unified Protocol in Clinical Practice: Transdiagnostic Case Conceptualization and Application**

Todd J. Farchione, Ph.D., *Center for Anxiety and Related Disorders, Boston University*  
Shannon Sauer-Zavala, Ph.D., *Center for Anxiety and Related Disorders, Boston University*

MCS 6 | 11:00 a.m. - 1:00 p.m.

♦ Participants earn 2 continuing education credits

### **CBT for Body Dysmorphic Disorder**

Fugen A. Neziroglu, Ph.D., ABPP, *BioBehavioral Institute*

MCS 7 | 2:00 p.m. - 4:00 p.m.

♦ Participants earn 2 continuing education credits

### **Integrating Motivational Interviewing With CBT Interventions to Maximize Client Outcomes**

Sylvie Naar, Ph.D., *Wayne State University*  
Steven Safren, Ph.D., ABPP, *University of Miami*

MCS 8 | 8:30 a.m. - 10:30 a.m.

♦ Participants earn 2 continuing education credits

### **Comprehensive Behavioral Intervention for Tics**

Douglas W. Woods, Ph.D., *Marquette University*  
Michael B. Himle, Ph.D., *University of Utah*

# Workshops

TICKETED SESSIONS

*Workshops provide up-to-date integration of theoretical, empirical, and clinical knowledge about specific issues or themes*

## FRIDAY

Workshop 1 | 8:30 a.m. - 11:30 a.m.

♦ Participants earn 3 continuing education credits

### **Risk Reduction Through Family Therapy: An Evidence-Based Treatment for Co-occurring Substance Use Problems and PTSD Among Adolescents**

Carla K. Danielson, Ph.D., *Medical University of South Carolina*  
Zachary W. Adams, Ph.D., *Indiana University School of Medicine*

Workshop 2 | 8:30 a.m. - 11:30 a.m.

♦ Participants earn 3 continuing education credits

### **How to Apply Cognitive Behavioral Principles to Transgender Care: An Evidence-Based Transdiagnostic Framework**

Colleen A. Sloan, Ph.D., *VA Boston Healthcare System and Boston University School of Medicine*

Danielle S. Berke, Ph.D., *Hunter College, City University of New York*

Workshop 3 | 11:00 a.m. - 2:00 p.m.

♦ Participants earn 3 continuing education credits

### **Regulation of Cues Treatment: Using Appetite Awareness Training and Cue-Exposure**

Dawn M. Eichen, Ph.D., *University of California, San Diego*  
Kerri N. Boutelle, Ph.D., *University of California, San Diego*

Workshop 4 | 11:00 a.m. - 2:00 p.m.

♦ Participants earn 3 continuing education credits

### **Emotion Regulation Training for Alcohol Use Disorders: Helping Clients to Manage Negative Emotions**

Kim S. Slosman, LMHC, *University of Buffalo*  
Clara M. Bradizza, Ph.D., *University of Buffalo*  
Paul R. Stasiewicz, Ph.D., *University of Buffalo*

Workshop 5 | 12:00 p.m.- 3:00 p.m.

♦ *Participants earn 3 continuing education credits*

**When Time Matters: A Process-Based Approach for Delivering Powerful Brief Interventions**

Kirk Strosahl, Ph.D., *HeartMatters Consulting, LLC*

Patricia J. Robinson, Ph.D., *Mountainview Consulting Group*

Workshop 6 | 12:00 p.m. – 3:00 p.m.

♦ *Participants earn 3 continuing education credits*

**Assessment and Case Conceptualization of Disgust in Anxiety Disorders and OCD**

Dean McKay, Ph.D., *Fordham University*

Workshop 7 | 3:00 p.m.- 6:00 p.m.

♦ *Participants earn 3 continuing education credits*

**ACT for Life: Using Acceptance and Commitment Therapy to Prevent Suicide and Build Meaningful Lives**

Sean M. Barnes, Ph.D., *Rocky Mountain MIRECC*

Lauren M. Borges, Ph.D., *Rocky Mountain MIRECC*

Nazanin Bahraimi, Ph.D., *Rocky Mountain MIRECC*

Robyn D. Walser, Ph.D., *VA National Center for PTSD*

Workshop 8 | 3:00 p.m. – 6:00 p.m.

♦ *Participants earn 3 continuing education credits*

**Functional Analysis in Process-Based CBT**

Stefan G. Hofmann, Ph.D., *Boston University*

Steven C. Hayes, Ph.D., *University of Nevada, Reno*

**SATURDAY**

Workshop 9 | 8:30 a.m. – 11:30 a.m.

♦ *Participants earn 3 continuing education credits*

**Practical and Effective Treatment Methods for Functional Deficits in Children and Teens With ADHD: Paths to Improving Home and School Functioning**

Richard Gallagher, Ph.D., *New York University School of Adolescent Psychiatry*

Jenelle Nissley-Tsiopinis, Ph.D., *Children's Hospital of Philadelphia*

Margaret Sibley, Ph.D., *Florida International University*

Workshop 10 | 8:30 a.m. – 11:30 a.m.

♦ *Participants earn 3 continuing education credits*

**Supervision and Clinical Case Consultation Strategies: Guided Discovery, Strengthening the Supervisory Relationship, and Experiential Teaching Techniques**

Scott H. Waltman, Psy.D., *Brooke Army Medical Center*

Brittany C. Hall, Ph.D., *UT Southwestern Medical Center*

Lynn McFarr, Ph.D., *UCLA Medical Center & CBT California*

Workshop 11 | 8:30 a.m. – 11:30 a.m.

♦ *Participants earn 3 continuing education credits*

**Trauma-Informed Mindfulness: Integrating Mindfulness-Based Practices Into Psychotherapy With Traumatized Clients**

Terri L. Messman-Moore, Ph.D., *Miami University*

Noga Zerubavel, Ph.D., *Duke University Medical Center*

Workshop 12 | 8:30 a.m. – 11:30 a.m.

♦ *Participants earn 3 continuing education credits*

**Designing and Implementing Contingency Management Interventions for Health Behaviors**

Carla Rash, Ph.D., *University of Connecticut Health*

Jeremiah Weinstock, Ph.D., *Saint Louis University*

Workshop 13 | 12:00 p.m. – 3:00 p.m.

♦ *Participants earn 3 continuing education credits*

**A Transdiagnostic Approach to Exposure-Based Treatment: A Memory-Centric Perspective**

Jasper A.J. Smits, Ph.D., *University of Texas at Austin*

Mark B. Powers, Ph.D., *Baylor University Medical Center*

Michael W. Otto, Ph.D., *Boston University*

Workshop 14 | 12:00 p.m. – 3:00 p.m.

♦ *Participants earn 3 continuing education credits*

**Self-Practice and Self-Reflection: Developing Personal and Professional Mastery of Acceptance and Commitment Therapy Through Self-Practice of Core ACT Processes**

R. Trent Codd III, Ed.S., *Cognitive-Behavioral Therapy Center of WNC, P.A.*

Dennis Tirsch, Ph.D., *The Center for Compassion Focused Therapy*

Laura Silberstein-Tirsch, Psy.D., *The Center for Compassion Focused Therapy*

Joann Wright, Ph.D., *ACT One*

Martin Brock, MSC, M.A., *University of Derby*

Workshop 15 | 12:00 p.m. – 3:00 p.m.

♦ *Participants earn 3 continuing education credits*

**Means Safety Counseling for Suicide Prevention**

Craig J. Bryan, Psy.D., *National Center for Veterans Studies*

Workshop 16 | 12:00 p.m. – 3:00 p.m.

♦ *Participants earn 3 continuing education credits*

**Case Formulation and Treatment Planning in Dialectical Behavior Therapy**

Jennifer Sayrs, Ph.D., *Evidence Based Treatment Centers of Seattle*

Shireen L. Rizvi, Ph.D., *Rutgers University*

# General Sessions

NO TICKET REQUIRED

*Clinical Roundtables, Mini Workshops, Panel Discussions, Symposia, and Research & Professional Development are part of the general program: no tickets are required. Participants earn 1.5 continuing education credits.*

## ■ CLINICAL ROUNDTABLES

### **Adaptations for Assessments and Increased Impact of Evidence Based Treatments for Individuals With Autism Spectrum and Co-Occurring Disorders**

*Moderator:* Daniel L. Hoffman, ABPP, Ph.D., Long Island Jewish Medical Center/Zucker Hillside Hospital

*Panelists:* Susan White, Ph.D., The University of Alabama

Lauren Moskowitz, Ph.D., St. John's University

Matthew Lerner, Ph.D., Stony Brook University

Valerie Gaus, Ph.D., Private Practice  
Connor Kerns, Ph.D., University of British Columbia

### **Athlete Mental Health: Strategies for Engaging Stakeholders in Identification and Treatment**

*Moderator:* Christopher Stanley, Ph.D., Florida Gulf Coast University

*Panelists:* Katherine Rovtar, Clemson University

Bailey J. Nevels, Ph.D., Clemson University

Ashley Hansen, M.A., Saint Louis University

Diana Rancourt, Ph.D., University of South Florida

### **Beyond Standard CBT: Innovative Developments in Behavioral Interventions for Eating Disorders**

*Moderator:* Loren Prado, M.S., Center for Dialectical and Cognitive Behavioral Therapies

*Panelists:* Christina Wierenga, Ph.D., University of California, San Diego  
Stephanie Knatz Peck, Ph.D., UCSD Eating Disorder Treatment Center  
Mima Simic, M.D., Maudsley Centre for Child and Adolescent Eating Disorders  
Nicholas R. Farrell, Ph.D., Rogers Behavioral Health

Leslie Karwoski Anderson, Ph.D., UC San Diego Eating Disorders Center

### **Beyond the Office: Benefits, Challenges, and Considerations for the Use of Telehealth in Diverse Clinical Settings**

*Moderator:* Amanda R. McGovern, Ph.D., McGovern Psychotherapy, LLC

*Panelists:* Erin K. Engle, Psy.D., Columbia University Medical Center

Caitlin B. Shepherd, Ph.D., Smith College

Nicholas Crimarco, Ph.D., Columbia University Medical Center

Elliot Kaminetzky, Ph.D., My OCD Care

### **Challenges of Treating Traumatized Adolescents: Successes, Failures, and the Value of Good Old-Fashioned Case Conceptualization**

*Moderators:* Elissa J. Brown, Ph.D., St. John's University

Carla K. Danielson, Ph.D., Medical University of South Carolina

*Panelists:* Chelsea N. Greffe McCann, Psy.D., UPMC Children's Hospital of Pittsburgh

Colleen Lang, Ph.D., Behavioral Wellness of NYC

Komal Sharma-Patel, Ph.D., St. John's University

### **Clinical Challenges and Opportunities for Family Involvement in the Treatment of Adult Psychopathology**

*Moderator:* Melanie S. Fischer, Ph.D., Institute of Medical Psychology, University Hospital, Heidelberg

*Panelists:* Donald H. Baucom, Ph.D., University of North Carolina at Chapel Hill

Steffany Fredman, Ph.D., Pennsylvania State University

Barbara S. McCrady, Ph.D., University of New Mexico

David Miklowitz, Ph.D., Director, Child and Adolescent Mood Disorders Program, UCLA Semel Institute for Neuroscience and Behavior

Karen H. Petty, Ph.D., Couples and Family Clinic, Ralph H. Johnson VA Medical Center; Medical University of South Carolina

### **Clinical Considerations for Culturally Tailored Couple Care With Underserved Groups**

*Moderator:* Kimberly Z. Pentel, M.A., University of North Carolina at Chapel Hill

*Panelists:* Anthony L. Chambers, Ph.D., Family Institute at Northwestern University, Center for Applied Psychological and Family Studies

Kristina Coop Gordon, Ph.D., University of Tennessee, Knoxville

Shalonda Kelly, Ph.D., Rutgers University, Graduate School of Applied and Professional Psychology

Sarah W. Whitton, Ph.D., University of Cincinnati

### **Embracing the Dialectics in the Implementation of Dialectical Behavior Therapy in the Veterans Health Administration**

*Moderators:* Christine A. Way, LCSW, William S. Middleton Memorial Veterans Hospital

Laura Meyers, ABPP, Ph.D., Orlando VAMC

*Panelists:* Sara J. Landes, Ph.D., Central Arkansas Veterans Healthcare System

Ren F. Stinson, ABPP, Ph.D., Minneapolis VAMC

Elizabeth Chapman, MSW, Ann Arbor Veterans Healthcare System

Jeanette R. DeVevo, LCSW, US Department of Veteran Affairs, Phoenix

Melanie S. Harned, ABPP, Ph.D., VA Puget Sound Health Care System

### **Exposures Gone Awry: Rallying and Recuperating From Unforeseen, Unanticipated, and Uncommon Blunders!**

*Moderator:* Simon A. Rego, ABPP, Psy.D., Montefiore Medical Center/Albert Einstein College of Medicine

*Panelists:* Anne Marie Albano, ABPP, Ph.D., Columbia University

Martin Franklin, Ph.D., Rogers Memorial Hospital

Adam Radomsky, Ph.D., Concordia University

Maureen L. Whittal, ABPP, Ph.D., Vancouver CBT Centre/University of British Columbia

### **Foundations and Flexible Applications of Behavioral Activation in Clinical Context**

*Moderators:* Katherine Crowe, Ph.D., NYU Langone Health

Carolyn Spiro-Levitt, Ph.D., NYU Langone Health



*Panelists:* R. Eric Lewandowski, Ph.D., NYU Langone Health  
 Jessica Jenness, Ph.D., University of Washington  
 Kathryn DeLonga, Psy.D., Mood Brain & Development Unit, National Institute of Mental Health  
 Christopher R. Martell, ABPP, Ph.D., University of Massachusetts-Amherst  
 Elizabeth McCauley, Ph.D., University of Washington

### **Improving Access to CBT in Rural Canada: Challenges and Opportunities**

*Moderator:* Amanda Lints-Martindale, Ph.D., University of Manitoba  
*Panelists:* Amanda Lints-Martindale, Ph.D., University of Manitoba  
 Jolene Kinley, Ph.D., University of Manitoba  
 Shelley Goodwin, Ph.D., Dalhousie University  
 Jennifer Richards, Ph.D., IWK Health Centre

### **Increasing Diversity in Clinical Training**

*Moderators:* Jenna B. Teves, Ph.D., Ralph H. Johnson VA Medical Center  
 Karen H. Petty, Ph.D., Couples and Family Clinic, Ralph H. Johnson VA Medical Center; Medical University of South Carolina  
*Panelists:* Aleja Parsons, Ph.D., New York University  
 Shawn Jones, Ph.D., MHS, LCP, Virginia Commonwealth University  
 Vickie Bhatia, Ph.D., Edward Hines Jr. VA Hospital  
 Nicole Cammack, Ph.D., Washington, DC, VA Medical Center  
 Delisa Brown, Ph.D., Medical University of South Carolina

### **Intensive CBT for Youth With Anxiety and OC Disorders: Special Considerations for the Design and Delivery of Treatment**

*Moderator:* Taylor Wilmer, Ph.D., McLean Hospital  
*Panelists:* Shannon Bennett, Ph.D., Weill Cornell Medicine  
 Sarah H. Morris, Ph.D., Bradley Hospital  
 Kendra L. Read, Ph.D., University of Washington School of Medicine & Seattle Children's Hospital  
 Michelle Rozenman, Ph.D., University of Denver  
 Lindsey Bergman, Ph.D., UCLA Semel Institute for Neuroscience & Human Behavior

### **Optimizing Success in Delivery of Trauma-Focused Treatments With Patients With Borderline Personality Disorder**

*Moderators:* Sarah C. Voss Horrell, Ph.D., Salem VA Medical Center  
 Ren F. Stinson, ABPP, Ph.D., Minneapolis VAMC  
*Panelists:* Lea Didion, Psy.D., US Department of Veterans Affairs  
 Laura Meyers, ABPP, Ph.D., Orlando VAMC  
 Dana R. Holohan, Ph.D., Ph.D., Salem VA Medical Center  
 Sara J. Landes, Ph.D., Central Arkansas Veterans Healthcare System  
 Melanie S. Harned, ABPP, Ph.D., VA Puget Sound Health Care System

### **Practicing CBT With Religious Patients From Christian, Muslim, and Jewish Communities**

*Moderator:* Amy Weisman de Mamani, Ph.D., University of Miami  
*Panelists:* David H. Rosmarin, ABPP, Ph.D., McLean Hospital/Harvard Medical School  
 Shadi Beshai, Ph.D., University of Regina  
 Jeremy Cummings, Ph.D., Southeastern University

### **Psychologists in Pediatric Medical Settings: Extending the Reach of Evidence-Based Treatment**

*Moderators:* Corinne Catarozoli, Ph.D., Weill Cornell Medicine, New York Presbyterian Hospital,  
 Rebecca Lois, Ph.D., New York University School of Medicine  
*Panelists:* Lara Brodzinsky, Psy.D., Hasenfeld Children's Hospital at NYU Langone  
 Laura Reigada, Ph.D., City University of New York, Brooklyn College and the Graduate Center  
 Christopher Smith, Ph.D., Samaritan Family Medicine  
 Joslyn Kenowitz, Ph.D., Nemours/A. I. DuPont Hospital for Children

### **The Application of Dialectical Behavior Therapy to Youth in Residential Care Settings in Norway's Northern Region: Lessons and Early Findings**

*Moderator:* André M. Ivanoff, Ph.D., Columbia University & Linehan Institute  
*Panelists:* Henry Schmidt, III, Ph.D., Bufetat, Region Nord, Håvard Jo-

hansen, B.S., Bufetat Region Nord,  
 Kristin Presteng, B.S., Bufetat, Region Nord

### **"The Way You Make Me Feel": Transtheoretical Approaches to Addressing Emotions in Couple Therapy**

*Moderator:* Alexandra Wojda, B.A., University of North Carolina at Chapel Hill  
*Panelists:* Donald Baucom, Ph.D., University of North Carolina at Chapel Hill  
 Christina Balderrama-Durbin, Ph.D., Binghamton University  
 Andrew Christensen, Ph.D., UCLA

## **MINI WORKSHOPS**

♦ *Participants earn 1.5 continuing education credits*

### **Behavioral Activation for Adolescents**

Allison LoPilato, Ph.D., Emory University School of Medicine  
 Edward Craighead, ABPP, Ph.D., Emory University

♦ *Participants earn 1.5 continuing education credits*

### **Bringing ERP from the Classroom to the Treatment Room: A Guide for Students and New Therapists to Motivate Patients to Do ERP**

Patrick B. McGrath, Ph.D., Amita Health Alexian Brothers

♦ *Participants earn 1.5 continuing education credits*

### **Building the Effective Workforce of the Future: A Comprehensive Model for Training Students in Evidence-Based Practice for Youth Mental Health**

Charmaine K. Higa McMillan, Ph.D., University of Hawaii at Hilo  
 Teri Bourdeau, Ph.D., PracticeWise, LLC  
 Kimberly Becker, Ph.D., University of South Carolina  
 Bruce F. Chorpita, Ph.D., UCLA

♦ *Participants earn 1.5 continuing education credits*

### **CBT Express for Young Patients: Bite-Sized Versions of Conventional Procedures**

Robert D. Friedberg, Ph.D., Palo Alto University  
 Jessica M. McClure, Psy.D., Cincinnati Children's Hospital Medical Center

◆ *Participants earn 1.5 continuing education credits*  
**CBT for Addictions: Customizing Your Strategies to Meet the Needs of People from Diverse Backgrounds**  
 Bruce S. Liese, ABPP, Ph.D., University of Kansas Medical Center

◆ *Participants earn 1.5 continuing education credits*  
**CBT for Looming Vulnerability Distortions in Anxiety**  
 John Riskind, Ph.D., George Mason University

◆ *Participants earn 1.5 continuing education credits*  
**CBT With Sexual and Gender Minorities**  
 Jeffrey M. Cohen, Psy.D., Columbia University Medical Center  
 Matthew D. Skinta, ABPP, Ph.D., Private Practice  
 Debra A. Hope, Ph.D., University of Nebraska-Lincoln

◆ *Participants earn 1.5 continuing education credits*  
**Evidence-Based Treatment With a Higher Purpose: Spiritually Integrated CBT**  
 David H. Rosmarin, ABPP, Ph.D., McLean Hospital/Harvard Medical School

◆ *Participants earn 1.5 continuing education credits*  
**How to Integrate Mindfulness Into a CBT Framework**  
 Robert K. Hindman, Ph.D., Beck Institute for Cognitive Behavior Therapy  
 Judith S. Beck, Ph.D., Beck Institute for Cognitive Behavior Therapy

◆ *Participants earn 1.5 continuing education credits*  
**Integration of Multiculturalism and CBTs for People of Color With Anxiety**  
 Jessica Graham-LoPresti, Ph.D., Suffolk University  
 Tahirah Abdullah, Ph.D., University of Massachusetts, Boston  
 Amber Calloway, Ph.D., University of Massachusetts, Boston

◆ *Participants earn 1.5 continuing education credits*  
**Overcoming Challenges in the Therapeutic Relationship**  
 Judith S. Beck, Ph.D., Beck Institute For Cognitive Behavior Therapy

◆ *Participants earn 1.5 continuing education credits*  
**Recovery-Oriented Cognitive Therapy for Schizophrenia**  
 Aaron P. Brinen, Psy.D., Drexel University College of Medicine

◆ *Participants earn 1.5 continuing education credits*  
**Sports, Superheroes, Star Wars and Beyond: Strategies for Teaching CBT Principles to Anxious Youth and Making Therapy Fun**  
 Sandra Pimentel, Ph.D., Montefiore Medical Center  
 Janina Scarlet, Ph.D., Center for Stress and Anxiety Management

◆ *Participants earn 1.5 continuing education credits*  
**Strategic Pressure for OCD: When All Else Fails**  
 Jonathan Grayson, Ph.D., Grayson LA Treatment Center for Anxiety & OCD

◆ *Participants earn 1.5 continuing education credits*  
**Stronger than OCD: Engaging Youth in Exposure and Ritual Prevention Treatment**  
 Anthony Puliafico, Ph.D., Columbia University Medical Center  
 Joanna Robin, Ph.D., Westchester Anxiety Treatment Psychological Services

◆ *Participants earn 1.5 continuing education credits*  
**Using Digital Tools to Facilitate CBT for Insomnia Treatment With Veterans**  
 Pearl A. McGee-Vincent, Psy.D., National Center for PTSD, VA Palo Alto Health Care System  
 Carolyn J. Greene, Ph.D., National Manager for Mental Health Web Services, VA  
 Christi S. Ulmer, Ph.D., VA Center of Innovation; Duke University School of Medicine  
 Katherine E. Miller, Ph.D., Department of Veterans Affairs

◆ *Participants earn 1.5 continuing education credits*  
**The Unified Protocol for Transdiagnostic Treatment of Emotional Disorders in Children: Applications for Anger and Irritability**  
 Sarah M. Kennedy, Ph.D., University of Colorado School of Medicine

Jessica Malmberg, Ph.D., University of Colorado Anschutz Medical Campus  
 Jill Ehrenreich-May, Ph.D., University of Miami

◆ *Participants earn 1.5 continuing education credits*  
**Treating Impulsive, Addictive, and Self-Destructive Behaviors**  
 Peggilee Wupperman, Ph.D., John Jay College/The Graduate Center/City University of New York

## ■ PANEL DISCUSSIONS

◆ *Participants earn 1.5 continuing education credits*  
**Advocacy in Action: Psychologists' Role in Advocacy to Improve the Health of Marginalized Populations**  
*Moderator:* Colleen A. Sloan, Ph.D., US Department of Veterans Affairs  
*Panelists:* Brian A. Feinstein, Ph.D., Northwestern University  
 Anu Asnaani, Ph.D., University of Pennsylvania  
 Abigail W. Batchelder, Ph.D., Massachusetts General Hospital/ Harvard Medical School & Fenway Health  
 Jae A. Puckett, Ph.D., Michigan State University  
 William Spaulding, Ph.D., University of Nebraska, Lincoln

◆ *Participants earn 1.5 continuing education credits*  
**Anxiety-Focused PCIT: Innovations in the Treatment of Early Childhood Anxiety Disorders**  
*Moderator:* Cheryl B. McNeil, Ph.D., West Virginia University  
*Panelists:* Steve Mazza, Ph.D., Columbia University Medical Center  
 Anthony Puliafico, Ph.D., Columbia University Medical Center  
 Steven Kurtz, ABPP, Ph.D., Kurtz Psychology Consulting  
 Jonathan Comer, Ph.D., Florida International University  
 Donna Pincus, Ph.D., Child Center for Anxiety and Related Disorders, Boston University  
 Andrea M. Chronis-Tuscano, Ph.D., University of Maryland

◆ *Participants earn 1.5 continuing education credits*  
**Bridging Anxiety, OCD, and Psychosis to Address Overlapping Symptoms and Provide Evidence-**

## **Based Care for Comorbid Presenting Problems**

*Moderator:* Jonathan Abramowitz, Ph.D., University of North Carolina at Chapel Hill

*Panelists:* Charlie A. Davidson, Ph.D., Mercer University College of Health Professions

Jennifer Buchholz, MA, UNC Chapel Hill

Rachel Waford, Ph.D., Emory University Rollins School of Public Health

Jordan E. Cattie, Ph.D., Emory University School of Medicine

- ◆ *Participants earn 1.5 continuing education credits*

### **CBT in the Media: Strategies for Communicating Cognitive Behavioral Science Effectively**

*Moderators:* Ilana Seager van Dyk, M.A., The Ohio State University

Gwilym Roddick, The Ross Center

*Panelists:* Jonathan Abramowitz, Ph.D., University of North Carolina, Chapel Hill  
Simon A. Rego, ABPP, Psy.D., Montefiore Medical Center

L. Kevin Chapman, Ph.D., L. Kevin Chapman, INC

Mary A. Fristad, ABPP, Ph.D., The Ohio State University

Carol Cassidy, M.A., Rutgers School of Social Work; New York University; MotherLion Media

- ◆ *Participants earn 1.5 continuing education credits*

### **Cognitive-Behavioral Interventions for Substance Use Disorders: Challenges and Future Directions**

*Moderators:* Korine Cabrera, B.S., Clark University

Kathleen M. Palm Reed, Ph.D., Clark University

*Panelists:* Robert Miranda, Ph.D., Brown University Center for Alcohol and Addiction Studies

Paola Pedrelli, Ph.D., Harvard Medical School, Massachusetts General Hospital

Christina S. Lee, Ph.D., Northeastern University

Andrea Taylor, Ph.D., University of Texas Health Science Center, McGovern Medical School

- ◆ *Participants earn 1.5 continuing education credits*

### **Community Violence: Promoting Change by Bridging Science, Training, Policy, and Practice**

*Moderator:* Tommy Chou, M.S., Florida International University

*Panelists:* Marc S. Atkins, Ph.D., University of Illinois at Chicago

Sonya Dinizulu, Ph.D., University of Chicago

Stacy Frazier, Ph.D., Florida International University

Michael A. Lindsey, M.P.H., Ph.D., M.S.W., Silver School of Social Work, New York University

Greta Massetti, Ph.D., Center for Disease Control and Prevention Division of Violence Prevention

- ◆ *Participants earn 1.5 continuing education credits*

### **Cultural Insiders: Ethics, Research, Training, and Practice for Investigators of Color Working in Diverse Communities**

*Moderators:* Jacqueline O. Moses, M.S., Florida International University

Tommy Chou, M.S., Florida International University

*Panelists:* Heather A. Jones, Ph.D., Virginia Commonwealth University

Kelsie H. Okamura, Ph.D., State of Hawaii Child and Adolescent Mental Health Division

Rosaura Orenco-Aguayo, Ph.D., Medical University of South Carolina

Erlanger A. Turner, Ph.D., University of Houston-Downtown

Miguel Villodas, Ph.D., San Diego State University

- ◆ *Participants earn 1.5 continuing education credits*

### **Designing Interventions People Will Use: An Introduction to User-Centered Design**

*Moderator:* Emily G. Lattie, Ph.D., Northwestern University Feinberg School of Medicine

*Panelists:* Alex R. Dopp, Ph.D., University of Arkansas

Andrea K. Graham, Ph.D., Center for Behavioral Intervention Technologies, Northwestern University

Ashley Knapp, Ph.D., Northwestern University

Pauli Lieponis, M.A., Actualize Therapy

Kathryn Ringland, Ph.D., Northwestern University

- ◆ *Participants earn 1.5 continuing education credits*

### **Ensuring Cultural Humility Across Clinical Research Designs**

*Moderators:* Rachel R. Ouellette, M.S., Florida International University

Jacqueline O. Moses, M.S., Florida International University

*Panelists:* Miya Barnett, Ph.D., University of California, Santa Barbara

Stacy Frazier, Ph.D., Florida International University

Omar G. Gudiño, ABPP, Ph.D., University of Kansas

David A. Langer, ABPP, Ph.D., Suffolk University

Jessica LoPresti, Ph.D., Suffolk University

- ◆ *Participants earn 1.5 continuing education credits*

### **Expanding the Reach of CBT Through Community, Industry, and Neuroscience Partnerships**

*Moderator:* Angela Fang, Ph.D., Massachusetts General Hospital/Harvard Medical School

*Panelists:* Cassidy A. Gutner, Ph.D., Boston University School of Medicine

Amanda Baker, Ph.D., Massachusetts General Hospital/Harvard Medical School

Stephen Schueller, Ph.D., University of California, Irvine

Sabine Wilhelm, Ph.D., Massachusetts General Hospital/Harvard Medical School

Philippe R. Goldin, Ph.D., University of California, Davis

- ◆ *Participants earn 1.5 continuing education credits*

### **Extending the Reach of Exposure Therapy: How Can We Maximize Dissemination and Delivery?**

*Moderator:* Nicholas R. Farrell, Ph.D., Rogers Behavioral Health

*Panelists:* Jonathan Abramowitz, Ph.D., University of North Carolina at Chapel Hill

Kate Wolitzky-Taylor, Ph.D., UCLA

Melanie Harned, Ph.D., University of Washington

Carolyn B. Becker, Ph.D., Trinity University

Brad Riemann, Ph.D., Rogers Behavioral Health

- ◆ *Participants earn 1.5 continuing education credits*

### **Facing Fear the Right Way: What We Know and Need to Learn About Maximizing Exposure Outcomes**

*Moderators:* Joseph K. Carpenter, M.A., Boston University

Hayley E. Fitzgerald, M.A., Boston University

*Panelists:* Michelle Craske, Ph.D., UCLA  
Michael Otto, Ph.D., Boston University



Dirk Hermans, Ph.D., KU Leuven  
David Tolin, Ph.D., Institute of Living  
Jonathan Abramowitz, Ph.D., University of North Carolina at Chapel Hill

- ◆ *Participants earn 1.5 continuing education credits*

**Having Faith in Acceptance-Based Science: Are the Spiritual Foundations of Mindfulness Compatible With Behavior Therapy?**

*Moderator:* Alexander L. Chapman, Ph.D., Simon Fraser University  
*Panelists:* Emily Cooney, Ph.D., Yale School of Medicine  
Philippe R. Goldin, Ph.D., UC Davis  
Steven C. Hayes, Ph.D., University of Nevada, Reno  
Stefan G. Hofmann, Ph.D., Boston University Center for Anxiety and Related Disorders  
Lynn C. Waelde, Ph.D., Palo Alto University; Stanford University School of Medicine  
Randy Wolbert, M.S.W., Behavioral Tech, LLC

- ◆ *Participants earn 1.5 continuing education credits*

**How Will Progress Continue After the Grant Ends? The Role of Purveyor Organizations in Sustainable Dissemination of Evidence-Based Programs**

*Moderators:* Margaret E. Crane, M.A., Temple University  
Philip Kendall, Ph.D., Temple University  
*Panelists:* Matthew Sanders, Ph.D., University of Queensland  
Eric Daleiden, Ph.D., PracticeWise  
Allen R. Miller, Ph.D., Beck Institute for Cognitive Behavior Therapy  
Dennis D. Embry, Ph.D., PAXIS Institute  
Ceth Ashen, Ph.D., C. Ashen Consulting

- ◆ *Participants earn 1.5 continuing education credits*

**Implementing and Sustaining Evidence-Based Practice for Serious Mental Health Conditions: Georgia's Recovery-Oriented Cognitive Therapy Initiative**

*Moderators:* Paul M. Grant, Ph.D., Perelman School of Medicine at the University of Pennsylvania  
Ursula Davis, Georgia State University  
*Panelists:* Paul M. Grant, Ph.D., Perelman School of Medicine at the University of Pennsylvania  
Monica Johnson, Georgia Department

of Behavioral Health and Developmental Disabilities  
Terri Timberlake, Ph.D., Georgia Department of Behavioral Health and Developmental Disabilities  
Jessica Austin, LCSW, Georgia State University  
Christian S. Hildreth, Psy.D., Central State Hospital  
Lynne Deigert, Behavioral Health Services of South Georgia

- ◆ *Participants earn 1.5 continuing education credits*

**Improving the Impact of Evidence-Based Treatments for Youth: What the Manuals Don't Tell You About Navigating Care-giver Challenges**

*Moderators:* H. Gemma Stern, B.S., Rutgers University  
Emily Badin, B.A., Rutgers University  
*Panelists:* Andrea M. Chronis-Tuscano, Ph.D., University of Maryland  
Brian C. Chu, Ph.D., Rutgers University  
Tom Hildebrandt, Psy.D., Icahn School of Medicine at Mount Sinai  
Cheryl B. McNeil, Ph.D., West Virginia University  
Anthony Puliafico, Ph.D., Columbia University Medical Center

- ◆ *Participants earn 1.5 continuing education credits*

**Integrating Community-Based Projects in the Training of Clinical Scientists for Social Impact**

*Moderator:* Lauren A. Stutts, Ph.D., Davidson College  
*Panelists:* Lauren A. Stutts, Ph.D., Davidson College  
Taryn A. Myers, Ph.D., Virginia Wesleyan University  
Elizabeth Dalton, Ph.D., Elizabethtown College  
Susan Wenzel, Ph.D., Lafayette College  
Cheri A. Levinson, Ph.D., University of Louisville

- ◆ *Participants earn 1.5 continuing education credits*

**Jumping Off the Academic Track: Extending the Social Impact of CBT in Unique Careers**

*Moderator:* Ilyse Dobrow DiMarco, Ph.D., North Jersey Center for Anxiety and Stress Management  
*Panelists:* Ilyse Dobrow DiMarco, Ph.D., North Jersey Center for Anxiety and Stress Management  
Jonathan Fader, Ph.D., Union Square Practice/SportStrata

Amelia Aldao, Ph.D., Private practice  
Kenneth R. Weingardt, Ph.D., Pear Therapeutics  
Paula Wilbourne, Ph.D., Sibly

- ◆ *Participants earn 1.5 continuing education credits*

**Ladies First! Perspectives and Pointers From Four Past Presidents for Women Pursuing a Path in the Profession**

*Moderator:* Simon A. Rego, ABPP, Psy.D., Montefiore Medical Center/Albert Einstein College of Medicine  
*Panelists:* Anne Marie Albano, ABPP, Ph.D., Columbia University  
Patricia A. Resick, Ph.D., Duke University Medical Center  
Jacqueline Persons, Ph.D., Oakland Cognitive Behavior Therapy Center  
Sabine Wilhelm, Ph.D., Massachusetts General Hospital/Harvard Medical School

- ◆ *Participants earn 1.5 continuing education credits*

**Levering Technology to Support Personalized Care: Applying User-Centered Design, Citizen Science, and Machine Learning Algorithms to Digital Interventions**

*Moderator:* Stephen Schueller, Ph.D., University of California, Irvine  
*Panelists:* Adrian Aguilera, Ph.D., UC Berkeley  
Naomi Pollock, LCSW, AbleTo, Inc.  
Lauren A. Rutter, Ph.D., McLean Hospital/Harvard Medical School

**Making CBT an Alternative to Medication at Scale: Emerging Pathways for Increasing the Accessibility of Evidence-Based Psychological Treatments**

*Moderator:* Michael Otto, Ph.D., Boston University  
*Panelists:* Jenna R. Carl, Ph.D., Big Health  
Steve D. Hollon, Ph.D., Vanderbilt University  
Michelle Craske, Ph.D., UCLA  
Jonathan Comer, Ph.D., Florida International University  
R. Kathryn McHugh, Ph.D., McLean Hospital/Harvard Medical School

- ◆ *Participants earn 1.5 continuing education credits*

**Making Our Science Palatable to the Hungry Public: Embracing the Power of Social Media**

*Moderator:* Daniel L. Hoffman, ABPP,



Ph.D., Long Island Jewish Medical Center/Zucker Hillside Hospital  
**Panelists:** Daniel L. Hoffman, ABPP, Ph.D., Long Island Jewish Medical Center/Zucker Hillside Hospital  
 Dean McKay, Ph.D., Fordham University  
 Rebecca Sachs, ABPP, Ph.D., CBT Spectrum  
 Shane G. Owens, ABPP, Ph.D., Farmingdale State College  
 Simon A. Rego, ABPP, Psy.D., Montefiore Medical Center/Albert Einstein College of Medicine  
 L. Kevin Chapman, Ph.D., Private Practice

◆ *Participants earn 1.5 continuing education credits*

**Parenting Gender Diverse Youth: Setting a Research and Clinical Agenda**

**Moderators:** T. Zachary Huit, M.A., University of Nebraska-Lincoln  
 Katie Meidlinger, M.A., University of Nebraska-Lincoln  
**Panelists:** Ashley Austin, Ph.D., Barry University  
 Shelley L. Craig, Ph.D., M.S.W., University of Toronto  
 Diane Chen, Ph.D., Ann & Robert H. Lurie Children's Hospital of Chicago/Northwestern University Feinberg School of Medicine  
 Arlene Noriega, Ph.D., Morehouse School of Medicine

◆ *Participants earn 1.5 continuing education credits*

**Research Recruitment Strategies for "Hard to Reach" Populations: A Panel to Share Lessons Learned and Tangible Takeaways**

**Moderator:** Lanay M. Mudd, Ph.D., National Institutes of Health  
**Panelists:** Lisa A. Uebelacker, Ph.D., Brown University & Butler Hospital  
 Jennifer L. Huberty, Ph.D., Arizona State University  
 Lauren Weinstock, Ph.D., Brown University & Butler Hospital

◆ *Participants earn 1.5 continuing education credits*

**Responding to #FakeNews With #RealScience: How to Disseminate Clinical Science to the Media**

**Moderator:** Ilyse Dobrow DiMarco, Ph.D., North Jersey Center for Anxiety and Stress Management  
**Panelists:** Ilyse Dobrow DiMarco, Ph.D., North Jersey Center for Anxiety and Stress Management

L. Kevin Chapman, Ph.D., Private Practice  
 Mitchell Prinstein, Ph.D., University of North Carolina, Chapel Hill  
 Simon A. Rego, ABPP, Psy.D., Montefiore Medical Center/Albert Einstein College of Medicine  
 Yael C. Schonbrun, Ph.D., Alpert Medical School of Brown University

◆ *Participants earn 1.5 continuing education credits*

**So You Want to Train People From Different Professions in CBT . . . Now What?**

**Moderator:** Barbara Kamholz, ABPP, Ph.D., VA Boston HCS/ Boston University School of Medicine  
**Panelists:** Pooja Dave, N/A, Ph.D., CHA/Harvard Medical School  
 Cory F. Newman, ABPP, Ph.D., Perelman School of Medicine at the University of Pennsylvania  
 Gail Steketee, Ph.D., Boston University  
 Shona Vas, Ph.D., University of Chicago

◆ *Participants earn 1.5 continuing education credits*

**Social Justice Advocacy: What It Is, Why It Matters, and How to Help Psychology Fellows Integrate It Into Their Professional Identity and Practice**

**Moderators:** Emily Treichler, Ph.D., VA San Diego MIRECC/UC San Diego  
 Jennifer N. Crawford, Ph.D., VA San Diego Healthcare System/UC San Diego  
**Panelists:** Robyn L. Gobin, Ph.D., University of Illinois at Urbana Champaign  
 Kirsten A. Gonzalez, Ph.D., The University of Tennessee, Knoxville  
 Erica Lee, Ph.D., Emory University School of Medicine  
 Wayne G. Siegel, ABPP, Ph.D., University of Minnesota

◆ *Participants earn 1.5 continuing education credits*

**Successful Career Paths for the Scientist-Practitioner: A "Branching Pipeline" Approach to Retaining Women in Clinical Psychology**

**Moderator:** Jennifer W. Malatras, Ph.D., SUNY Albany  
**Panelists:** Julia M. Hormes, Ph.D., SUNY Albany  
 Ilana R. Luft, Ph.D., St. Louis Children's Hospital, Washington University School of Medicine  
 Julie N. Morison, Ph.D., HPA/LiveWell  
 Julie L. Ryan, Ph.D., William James College

C. Alix Timko, Ph.D., University of Pennsylvania

◆ *Participants earn 1.5 continuing education credits*

**Supporting Graduate Students of Color: How to Identify and Overcome Barriers to Success in Predominantly White Institutions**

**Moderator:** Alexandria N. Miller, B.S., B.A., Suffolk University  
**Panelists:** Joaquin Borrego, Jr., Ph.D., Pacific University  
 Matthew J. Taylor, Ph.D., University of Missouri-St. Louis  
 Stevie N. Grassetti, Ph.D., West Chester University of Pennsylvania  
 Ana Bridges, Ph.D., University of Arkansas, Fayetteville  
 Jenny Phan, B.A., Loyola University Chicago  
 Roselee Ledesma, B.A., University of Arkansas

◆ *Participants earn 1.5 continuing education credits*

**Telehealth and mHealth: Innovations and Challenges in Clinical and Research Applications Across Private Sector, VA, and DoD Settings**

**Moderator:** Jessica Stern, Ph.D., NYU Langone Health Steven A. Cohen Military Family Clinic  
**Panelists:** Ariane Ling, Ph.D., NYU Langone Health Steven A. Cohen Military Family Clinic  
 Gina Raza, Ph.D., Puget Sound Healthcare System; Virginia Tech-Carilion School of Medicine  
 Jessica Watrous, Ph.D., Naval Health Research Center

◆ *Participants earn 1.5 continuing education credits*

**The MAP Toolkit for Enhancing the Connections Between Science and Practice: Common Elements and Much More**

**Moderator:** Kimberly D. Becker, Ph.D., University of South Carolina  
**Panelists:** Brad J. Nakamura, Ph.D., University of Hawaii at Manoa  
 Cameo Stanick, Ph.D., Hathaway-Sycamores Child and Family Services  
 Adam Bernstein, Ph.D., PracticeWise  
 Michael Southam-Gerow, Ph.D., Virginia Commonwealth University  
 Angela Chiu, Ph.D., Weill Cornell Medicine  
 Alyssa Ward, Ph.D., Department of Medical Assistance Services

- ◆ *Participants earn 1.5 continuing education credits*

**The Role of Cognitive Behavioral Science in Addressing Individual and Systemic Constraints to Evidence-Based Practice in the Changing Health Care Marketplace**

*Moderator:* Kathleen M. Palm Reed, Ph.D., Clark University  
*Panelists:* Kathleen M. Palm Reed, Ph.D., Clark University  
 Kerrie Toole, LICSW, MSW, Castlebrook Counseling Services, Inc.  
 Zachary Rosenthal, Ph.D., Duke University  
 Lauren Weinstock, Ph.D., Brown University & Butler Hospital

- ◆ *Participants earn 1.5 continuing education credits*

**Training Master's-Level Clinicians in Evidence-Based Cognitive-Behavioral Practice**

*Moderator:* Matthew Capriotti, Ph.D., San Jose State University  
*Panelists:* Deah Abbott, M.A., Georgia State University  
 Matthew Capriotti, Ph.D., San Jose State University  
 Daniel Houlihan, Ph.D., Minnesota State University Mankato  
 Elena Klaw, Ph.D., San Jose State University  
 Caleb W. Lack, Ph.D., University of Central Oklahoma  
 Sarah Nadeau, M.S., MFT, San Jose State University

- ◆ *Participants earn 1.5 continuing education credits*

**Translating Research Findings to Clinical Practice: Out of the Echo Chamber, Into the Marketplace!**

*Moderator:* Robert D. Friedberg, ABPP, Ph.D., Palo Alto University  
*Panelists:* Mary A. Fristad, ABPP, Ph.D., The Ohio State University Wexner Medical Center  
 Sara J. Becker, Ph.D., Center for Alcohol and Addictions Studies Brown University School of Public Health  
 Torrey A. Creed, Ph.D., Perelman School of Medicine at the University of Pennsylvania  
 Susmita Pati, M.D., Stony Brook University School of Medicine & Stony Brook Children's Hospital

- ◆ *Participants earn 1.5 continuing education credits*

**Treatment Engagement of Youth With Suicide Risk From Under-served Communities**

*Moderators:* Cindy Chang, B.A., Rutgers University  
 Sara Ghassemzadeh, B.A., Rutgers University  
*Panelists:* Shireen L. Rizvi, ABPP, Ph.D., Rutgers University  
 Kristin Scott, Ph.D., Children's Health, University of Texas at Southwestern  
 Betsy D. Kennard, Psy.D., University of Texas Southwestern Medical Center at Dallas  
 Ethan Mereish, Ph.D., American University  
 Pamela End of Horn, LICSW, M.S.W., US DHHS Indian Health Service

■ **SYMPOSIA**

- ◆ *Participants earn 1.5 continuing education credits*

**A Transdiagnostic, Stepped Care School Counselling System: The PRIDE Program in India**

*Chair:* Vikram Patel, Ph.D., Harvard Medical School  
*Discussant:* Bruce Chorpita, Ph.D., UCLA

- ◆ *Participants earn 1 continuing education credit*

**A Translational Approach to Suicide Risk Assessment: Novel Methodologies With Implications for Diverse Populations and Settings**

*Co-Chairs:* Kenneth J.D. Allen, Ph.D., Alpert Medical School of Brown University  
 Brooke Ammerman, Ph.D., University of Notre Dame  
*Discussant:* Christine B. Cha, Ph.D., Teachers College, Columbia University

- ◆ *Participants earn 1 continuing education credit*

**Act Well Your Part: Using Theater to Disseminate Evidence-Based Practices to Treat Core Deficits in Autism Spectrum Disorder**

*Chair:* Matthew Lerner, Ph.D., Stony Brook University  
*Discussant:* Susan White, Ph.D., The University of Alabama

- ◆ *Participants earn 1.5 continuing education credits*

**Addressing Violence, Abuse, and Trauma Throughout the Socioecological Model**

*Chair:* Melanie D. Hetzel-Riggin, Ph.D., Penn State Erie, The Behrend College  
*Discussant:* Emily Dworkin, Ph.D., University of Washington School of Medicine

- ◆ *Participants earn 1.5 continuing education credits*

**Advances in Perinatal Mental Health: Extending the Reach of Cognitive-Behavioral Science to an Understudied, Vulnerable Population**

*Co-Chairs:* Samantha N. Hellberg, B.A., University of North Carolina at Chapel Hill  
 Jonathan Abramowitz, Ph.D., University of North Carolina at Chapel Hill  
*Discussant:* Sheila Crowell, Ph.D., University of Utah

- ◆ *Participants earn 1 continuing education credit*

**ALACRITY Centers: Innovative Collaborations and Strategies for Research With Potential to Transform Practice**

*Chair:* Joel T. Sherrill, Ph.D., National Institute of Mental Health/NIH  
*Discussant:* Joel T. Sherrill, Ph.D., National Institute of Mental Health/NIH

- ◆ *Participants earn 1.5 continuing education credits*

**All the Skills, All the Time: Lessons Learned From Dialectical Behavior Therapy Intensive Outpatient, Partial Hospitalization, and Residential Programs**

*Chair:* Emily Cooney, Ph.D., Yale School of Medicine  
*Discussant:* Lorie Ritschel, Ph.D., University of North Carolina Chapel Hill School of Medicine

- ◆ *Participants earn 1.5 continuing education credits*

**Am I Good Enough? The Role of Self-Evaluation in the Context of Body Image and Disordered Eating**

*Chair:* Laurel D. Sarfan, M.A., Miami University  
*Discussant:* Drew Anderson, Ph.D., University at Albany, State University of New York

- ◆ *Participants earn 1.5 continuing education credits*  
**Anxiety Sensitivity and Substance Use: Associations and Novel Treatment Approaches**  
*Co-Chairs:* Amanda Raines, Ph.D., Southeast Louisiana Veterans Health Care System  
Nicholas Allan, Ph.D., Ohio University  
*Discussant:* Julia Buckner, Ph.D., Louisiana State University
- ◆ *Participants earn 1.5 continuing education credits*  
**Applying Acceptance and Commitment Therapy to the Treatment of Domestic Violence, Stalking, and Sexual Misconduct**  
*Chair:* Erika Lawrence, Ph.D., The Family Institute at Northwestern University  
*Discussant:* Miriam Ehrensaft, Ph.D., Duke University
- ◆ *Participants earn 1.5 continuing education credits*  
**Barriers and Facilitators to Implementing Evidence-Based Interventions for Sleep Problems**  
*Chair:* Jessica C. Levenson, Ph.D., University of Pittsburgh School of Medicine  
*Discussant:* Sairam Parthasarathy, M.D., University of Arizona
- ◆ *Participants earn 1.5 continuing education credits*  
**Behavioral Health Treatment Needs, Entry, and Outcomes Among Justice-Involved Individuals**  
*Co-Chairs:* Mandy D. Owens, Ph.D., VA Puget Sound Health Care System  
Kelly E. Moore, Ph.D., East Tennessee State University  
*Discussant:* Raymond DiGiuseppe, Ph.D., St. John's University
- ◆ *Participants earn 1 continuing education credit*  
**Beyond Academic Impairment: Additional Risk for College Students With ADHD**  
*Co-Chairs:* Anna Garner, B.A., University of Northern Iowa  
Elizabeth Lefler, Ph.D., University of Northern Iowa  
*Discussant:* Andrea M. Chronis-Tuscano, Ph.D., University of Maryland
- ◆ *Participants earn 1.5 continuing education credits*  
**Beyond Symptom Remission: Using CBT to Empower Youth to Achieve Normative Developmental Milestones**
- Chair:* Renae Beaumont, Ph.D., Weill Cornell Medicine, New York Presbyterian Hospital  
*Discussant:* Cynthia Suveg, Ph.D., University of Georgia
- ◆ *Participants earn 1.5 continuing education credits*  
**Bridging the Gap: Addressing Barriers and Improving Access to Evidence-Based Psychotherapy**  
*Co-Chairs:* Gabriella Ponzini, B.A., West Virginia University  
Shari Steinman, Ph.D., West Virginia University  
*Discussant:* Bethany Teachman, Ph.D., University of Virginia
- ◆ *Participants earn 1.5 continuing education credits*  
**Brief, Technology-Mediated Interventions to Expand the Reach of Cognitive-Behavioral Therapies**  
*Chair:* Jessica L. Schleider, Ph.D., Stony Brook University  
*Discussant:* Stephen Schueller, Ph.D., University of California, Irvine
- ◆ *Participants earn 1.5 continuing education credits*  
**Bringing Clinical Wisdom Home: Turning Effective in-Person Therapy Into Digitally Delivered Interventions for Attention and Behavior Problems**  
*Chair:* Richard Gallagher, Ph.D., NYU School of Medicine  
*Discussant:* Steven Evans, Ph.D., Ohio University
- ◆ *Participants earn 1 continuing education credit*  
**Building the Capacity of Primary Care Providers and Improving Experiences for Families: Findings From Trauma-Informed Training, Collaborative Care, and Specialized Medical Home Efforts**  
*Chair:* Elizabeth A. Miller, Ph.D., University of Pittsburgh School of Medicine  
*Discussant:* David J. Kolko, Ph.D., University of Pittsburgh School of Medicine
- ◆ *Participants earn 1.5 continuing education credits*  
**Change That Matters: What, Why, and How Meaningful Change Happens in CBT for Anxiety-Related Disorders**  
*Chair:* Jesse McCann, B.S., University of Pennsylvania  
*Discussant:* Anu Asnaani, Ph.D., University of Pennsylvania
- ◆ *Participants earn 1.5 continuing education credits*  
**Chronic Medical Illness and Anxiety/Depression**  
*Co-Chairs:* Arielle Horenstein, M.A., Temple University  
Andrew H. Rogers, M.A., University of Houston  
*Discussant:* Daniel W. McNeil, Ph.D., West Virginia University
- ◆ *Participants earn 1.5 continuing education credits*  
**Chronic Pain and Substance Use: Toward an Understanding of Psychological Vulnerabilities**  
*Co-Chairs:* Katherine McDermott, B.A., Florida State University  
Andrew H. Rogers, M.A., University of Houston  
*Discussant:* Gordon Asmundson, Ph.D., University of Regina
- ◆ *Participants earn 1.5 continuing education credits*  
**Cognition and Emotion in Self-Injury and Suicide: Evidence for Novel State and Trait Risk Markers Using Objective Assessment Methods and Intensive Longitudinal Designs**  
*Chair:* Kenneth J.D. Allen, Ph.D., Alpert Medical School of Brown University  
*Discussant:* Brooke Ammerman, Ph.D., University of Notre Dame
- ◆ *Participants earn 1.5 continuing education credits*  
**Cognitive and Electrophysiological Advances in Anxiety and Related Disorders**  
*Co-Chairs:* Hani Zainal, M.S., Pennsylvania State University  
Michelle G. Newman, Ph.D., Pennsylvania State University  
*Discussant:* Kiara Timpano, Ph.D., University of Miami
- ◆ *Participants earn 1.5 continuing education credits*  
**Cognitive Behavioral Science Beyond the Psychotherapy Room: Identifying Mental Health Disparities and Barriers to Care to Enhance Health and Well-Being Among Diverse and Vulnerable Medical Populations**  
*Co-Chairs:* Amelia Stanton, Ph.D., Harvard Medical School/Massachusetts General Hospital  
Miryam Yusuf, Ph.D., Dana-Farber Cancer Institute



*Discussant:* Conall O’Cleirigh, Ph.D.,  
Massachusetts General Hospital/Har-  
vard Medical School

- ◆ *Participants earn 1.5 continuing education credits*

**CBT in Global Mental Health: Trials and Implementation**

*Chair:* Laura Murray, Ph.D., Johns Hopkins University

*Discussant:* Lucy Berliner, M.S.W., University of Washington, Seattle

- ◆ *Participants earn 1 continuing education credit*

**Collaborating With Community Partners to Deliver Evidence-Based Practice and Increase Access to Care for Individuals With ASD Across the Life Span**

*Chair:* Judy Reaven, Ph.D., JFK Partners, University of Colorado Anschutz Medical Campus

*Discussant:* Laura G. Anthony, Ph.D., Children’s Hospital Colorado, University of Colorado Anschutz Medical Campus

- ◆ *Participants earn 1.5 continuing education credits*

**Community-Based Mental Health and Trauma-Focused Service Provision for Children and Adults With ASD**

*Chair:* Connor Kerns, Ph.D., University of British Columbia

*Discussant:* Ann Garland, Ph.D., UC San Diego, School of Medicine

- ◆ *Participants earn 1 continuing education credit*

**Considering Parenting in a Cultural Context: Class, Ethnicity, and Gender**

*Chair:* Deborah J. Jones, Ph.D., UNC Chapel Hill

*Discussant:* Robert J. McMahon, Ph.D., Simon Fraser University, British Columbia; BC Children’s Hospital, Vancouver

- ◆ *Participants earn 1.5 continuing education credits*

**Context Matters: Sociocultural Considerations for Psychosis Risk and Early Psychosis**

*Chair:* Emily He, M.A., Clark University

*Discussant:* Amy Weisman de Mamani, Ph.D., University of Miami

- ◆ *Participants earn 1.5 continuing education credits*

**Cost-Effectiveness of CBT: Critical Information for Dissemination and Implementation**

*Chair:* Alessandro S. De Nadai, Ph.D., Texas State University

*Discussant:* Eric A. Storch, Ph.D., Baylor College of Medicine

- ◆ *Participants earn 1 continuing education credit*

**Creating a National Resource Center for Victims of Mass Violence: Addressing Mental Health Response and Consequences**

*Chair:* Angela Moreland, Ph.D., Medical University of South Carolina

*Discussant:* Dean Kilpatrick, Ph.D., Medical University of South Carolina

- ◆ *Participants earn 1 continuing education credit*

**Cultural and Contextual Factors Affecting Individuals With Schizophrenia-Spectrum Disorders**

*Chair:* Daisy Lopez, B.A., University of Miami

*Discussant:* David Penn, Ph.D., University of North Carolina at Chapel Hill

- ◆ *Participants earn 1 continuing education credit*

**Cultural Competence and Evidence-Based Practice in Training and Provision of Care in Diverse Societies**

*Chair:* Vaishali Raval, Ph.D., Miami University

*Discussant:* Terri Messman-Moore, Ph.D., Miami University

- ◆ *Participants earn 1.5 continuing education credits*

**Current Practices and Future Directions in Addressing School Refusal**

*Co-Chairs:* Scott E. Hannan, Ph.D., & Elizabeth Davis, Ph.D., Institute of Living

*Discussant:* Micco Jamie, ABPP, Ph.D., Private Practice/Harvard Medical School

- ◆ *Participants earn 1.5 continuing education credits*

**Does How We Implement an EBT Matter? Measuring the Process of Therapy**

*Chair:* Jenelle Nissley-Tsiopinis, Ph.D., Children’s Hospital of Philadelphia

*Discussant:* Anne Marie Albano, ABPP, Ph.D., Columbia University

- ◆ *Participants earn 1.5 continuing education credits*

**Eating Disorders, Self-Injury, and Suicide: Common Pathways, Mechanisms, and Functions**

*Co-Chairs:* Kathryn Fox, M.A., Harvard University

Shirley Wang, B.A., Harvard University

*Discussant:* Smith April, Ph.D., Miami University

- ◆ *Participants earn 1.5 continuing education credits*

**Efficacy and Feasibility of Integrating Evidence-Based Treatment and Support Into Schools: Four Approaches From the United States and Japan**

*Chair:* Chelsey Bowman, Ed.M., Boston University

*Discussant:* Thomas Ollendick, Ph.D., Virginia Polytechnic Institute and State University

- ◆ *Participants earn 1.5 continuing education credits*

**Emerging Research Among Military Couples: Novel Investigations and Unique Considerations**

*Chair:* Feea Leifker, M.P.H., Ph.D., University of Utah

*Discussant:* Steven Sayers, Ph.D., University of Pennsylvania / CMC VA Medical Center (Philadelphia)

- ◆ *Participants earn 1 continuing education credit*

**Emotion Socialization Matters: Delving Into the Complexities of the Relations Between Emotion Socialization and Youth Internalizing and Externalizing Symptoms**

*Chair:* Laura G. McKee, Ph.D., Georgia State University

*Discussant:* Erin Tully, Ph.D., Georgia State University

- ◆ *Participants earn 1.5 continuing education credits*

**Empowering Patients With Direct-to-Consumer Marketing for Evidence-Based Psychotherapies**

*Chair:* Casey A. Schofield, Ph.D., Skidmore College

*Discussant:* Robert D. Friedberg, ABPP, Ph.D., Palo Alto University

- ◆ *Participants earn 1.5 continuing education credits*

**Evidence-Based Treatments to**



**Everybody: Feasibility and Efficacy of the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders Around the World**

*Co-Chairs:* Jorge Osma, Ph.D., Universidad de Zaragoza and Instituto de Investigación Sanitaria de Aragón  
Jorge Osma, Ph.D., Universidad de Zaragoza e Instituto de Investigación Sanitaria de Aragón  
*Discussant:* Shannon Sauer-Zavala, Ph.D., University of Kentucky

- ◆ *Participants earn 1.5 continuing education credits*

**Evidence-Based Treatments in Low-and Middle-Income Countries: Adapting Treatments to Meet Local Needs**

*Chair:* Lauren C. Ng, Ph.D., Boston University  
*Discussant:* Jessica F. Magidson, Ph.D., University of Maryland, College Park

- ◆ *Participants earn 1.5 continuing education credits*

**Exercise Your Mind and Body: Boosting Physical Activity and Cognition in Severe Mental Illness**

*Co-Chairs:* Abigail C. Wright, Ph.D., Massachusetts General Hospital  
Julia Browne, M.A., University of North Carolina at Chapel Hill  
*Discussant:* Kim Mueser, Ph.D., Boston University

- ◆ *Participants earn 1.5 continuing education credits*

**Expanding Impact: Addressing Co-occurring and Complicating Factors During Evidence-Based Treatments for PTSD**

*Chair:* Shannon M. Blakey, Ph.D., VA Mid-Atlantic MIRECC/Durham VA Healthcare System  
*Discussant:* Denise Sloan, Ph.D., National Center for PTSD

- ◆ *Participants earn 1.5 continuing education credits*

**Expanding the Impact of Youth Evidence-Based Mental Health Care Through Parents**

*Chair:* Vanesa Ringle, M.S., University of Miami  
*Discussant:* Jill Ehrenreich-May, Ph.D., University of Miami

- ◆ *Participants earn 1.5 continuing education credits*

**Exposure Therapy: From Bench to Bedside**

*Chair:* Joanna L. Kaye, M.S., VA San Diego Healthcare System  
*Discussant:* Michael Southam-Gerow, Ph.D., Virginia Commonwealth University

- ◆ *Participants earn 1.5 continuing education credits*

**Extending Research on the Interrelation of Interpersonal and Emotional Dysfunction Within Borderline Personality Disorder**

*Chair:* Kim Gratz, Ph.D., University of Toledo  
*Discussant:* Jennifer Cheavens, Ph.D., The Ohio State University

- ◆ *Participants earn 1.5 continuing education credits*

**Extending Suicide Research to the Most Marginalized Subgroups of Sexual and Gender Minority Individuals**

*Co-Chairs:* Brian A. Feinstein, Ph.D., Northwestern University  
Cindy Chang, B.A., Rutgers University  
*Discussant:* Mitchell Prinstein, Ph.D., University of North Carolina, Chapel Hill

- ◆ *Participants earn 1.5 continuing education credits*

**Extending the Impact of Professional Training: Innovative Models to Support Clinician Competence**

*Chair:* Kimberly A. Hepner, Ph.D., RAND Corporation  
*Discussant:* Donna Sudak, M.D., Drexel University

- ◆ *Participants earn 1.5 continuing education credits*

**Extending the Reach of Therapeutic Interventions: Technology-Based Interventions for Risky Substance Use**

*Co-Chair:* Julia Buckner, Ph.D., Louisiana State University  
Katherine Walukevich-Dienst, B.A., Louisiana State University  
*Discussant:* Clayton Neighbors, Ph.D., University of Houston

- ◆ *Participants earn 1.5 continuing education credits*

**Extending the Wisdom and Purpose of Mindfulness Across Couple and Families**

*Chair:* Katherine A. Lenger, M.A., University of Tennessee, Knoxville  
*Discussant:* Kristina Coop Gordon, Ph.D., University of Tennessee, Knoxville

- ◆ *Participants earn 1.5 continuing education credits*

**Families as a Source of Resilience for Youth Facing Stressors: Extending the Reach and Relevance of Family-Based Interventions**

*Chair:* Nada M. Goodrum, M.A., Medical University of South Carolina  
*Discussant:* Deborah J. Jones, Ph.D., University of North Carolina, Chapel Hill

- ◆ *Participants earn 1 continuing education credit*

**Fear and Anxiety about Chronic and Acute Pain: Mechanisms, Emotion Regulation, and Psychosocial Factors**

*Chair:* Daniel W. McNeil, Ph.D., West Virginia University  
*Discussant:* Gordon Asmundson, Ph.D., University of Regina

- ◆ *Participants earn 1 continuing education credit*

**Fidelity Assessment in Usual Care Settings: Implications for Implementation of Evidence-Based Treatment Models**

*Chair:* Craig E. Henderson, Ph.D., Sam Houston State University  
*Discussant:* Sara J. Becker, Ph.D., Center for Alcohol and Addictions Studies  
Brown University School of Public Health

- ◆ *Participants earn 1.5 continuing education credits*

**From Laboratory to Clinic: Mechanism-Focused Treatment of Borderline Personality Disorder**

*Chair:* Julianne Wilner Tirpak, M.A., Boston University  
*Discussant:* Kim Gratz, Ph.D., University of Toledo

- ◆ *Participants earn 1.5 continuing education credits*

**From the Ground Up to the Sky: Spanning the Arc of Implementation Supports**

*Chair:* Rachel E. Kim, Ph.D., Judge Baker Children's Center  
*Discussant:* Shannon Dorsey, Ph.D., University of Washington

- ◆ *Participants earn 1.5 continuing education credits*  
**Harnessing Clinical and Cognitive-Behavioral Science to Improve the Rigor of Paraprofessional Mentoring Interventions**  
*Co-Chairs:* Matthew Hagler, M.A., University of Massachusetts, Boston  
 Samuel D. McQuillin, Ph.D., University of South Carolina  
*Discussant:* Jean Rhodes, Ph.D., University of Massachusetts, Boston
  
- ◆ *Participants earn 1.5 continuing education credits*  
**How Can I Help This Angry Patient? Developments in the Understanding and Treatment of Dysregulated Anger**  
*Chair:* Clair Cassiello-Robbins, M.A., Boston University Center for Anxiety and Related Disorders  
*Discussant:* Raymond DiGiuseppe, Ph.D., St. John's University
  
- ◆ *Participants earn 1.5 continuing education credits*  
**Identity Concealment: Reasons, Consequences, and Associations With Mental and Physical Health**  
*Chair:* Courtney Beard, Ph.D., McLean Hospital/Harvard Medical School  
*Discussant:* Steven Safren, Ph.D., University of Miami
  
- ◆ *Participants earn 1.5 continuing education credits*  
**Impacts of Relationship Transitions on Romantic Relationship Quality and Individual Well-Being**  
*Chair:* Charlie Huntington, B.A., University of Denver  
*Discussant:* Howard Markman, Ph.D., University of Denver
  
- ◆ *Participants earn 1.5 continuing education credits*  
**Improving PTSD Treatment Access and Retention: Insights and Outcomes From the First 3 Years of the Warrior Care Network's Intensive PTSD Treatment Programs**  
*Chair:* Philip Held, Ph.D., Rush University Medical Center  
*Discussant:* Alan L. Peterson, ABPP, Ph.D., University of Texas Health Science Center at San Antonio
  
- ◆ *Participants earn 1.5 continuing education credits*  
**Improving the Delivery and Reach of CBT: The Role of Emerging Technology**  
*Chair:* Amanda Edwards-Stewart, Ph.D., Psychological Health Center of Excellence  
*Discussant:* Carolyn Greene, Ph.D., University of Arkansas for Medical Sciences
  
- ◆ *Participants earn 1.5 continuing education credits*  
**Improving Treatment Outcome With Clinical Decision-Making Tools**  
*Chair:* Jacqueline Persons, Ph.D., Oakland Cognitive Behavior Therapy Center  
*Discussant:* Philip Kendall, Ph.D., Temple University
  
- ◆ *Participants earn 1.5 continuing education credits*  
**Improving Treatments for Hoarding Disorder: From the Laboratory to the Clinic**  
*Chair:* Kiara Timpano, Ph.D., University of Miami  
*Discussant:* Randy Frost, Ph.D., Smith College
  
- ◆ *Participants earn 1.5 continuing education credits*  
**Increasing Diversity in Clinical Research: Reaching New Populations and Developing Diverse Workforces**  
*Chair:* Xieyining Huang, M.S., Florida State University  
*Discussant:* Esther C. Park, B.A., Florida State University
  
- ◆ *Participants earn 1.5 continuing education credits*  
**Individualized Assessment and Treatment: What Wisdom Does Ecological Momentary Assessment Offer to Clinician and Client Stakeholders?**  
*Co-Chairs:* Thomas Rodebaugh, Ph.D., Washington University in St. Louis  
 Madelyn Frumkin, B.A., Washington University in St. Louis  
*Discussant:* Bethany Teachman, Ph.D., University of Virginia
  
- ◆ *Participants earn 1.5 continuing education credits*  
**Innovations in Translating CBT for Depression From the Lab to the Clinic**  
*Chair:* Roecklein A. Kathryn, Ph.D., University of Pittsburgh  
*Discussant:* Michael A. Young, Ph.D., Illinois Institute of Technology
  
- ◆ *Participants earn 1.5 continuing education credits*  
**Innovative Strategies to Overcome Barriers to Care for Children With Selective Mutism**  
*Chair:* Brian E. Bunnell, Ph.D., Medical University of South Carolina  
*Discussant:* Deborah Beidel, Ph.D., University of Central Florida
  
- ◆ *Participants earn 1.5 continuing education credits*  
**Interpersonal Relationships Among Marginalized Populations: Implications for Mental Health and Treatment**  
*Chair:* Sarah Carter, Ph.D., VA Puget Sound Health Care System  
*Discussant:* Sarah W. Whitton, Ph.D., University of Cincinnati
  
- ◆ *Participants earn 1.5 continuing education credits*  
**Interventions for Suicidality: How Good Are They, and How Can We Improve Them?**  
*Co-Chairs:* Joseph Franklin, Ph.D., Florida State University  
 Jessica Ribeiro, Ph.D., Florida State University  
*Discussant:* Zachary Rosenthal, Ph.D., Duke University
  
- ◆ *Participants earn 1 continuing education credit*  
**Irritability in Childhood: Measurement, Predictive Utility and Treatment**  
*Chair:* Jeffrey D. Burke, Ph.D., University of Connecticut  
*Discussant:* Amy K. Roy, Ph.D., Fordham University
  
- ◆ *Participants earn 1.5 continuing education credits*  
**Lab-based Acquisition and Extinction of Conditioned Disgust: Novel Methods and Clinical Implications**  
*Co-Chairs:* Hannah Berg, B.A., University of Minnesota  
 Shmuel Lissek, Ph.D., University of Minnesota  
*Discussant:* Bunmi Olatunji, Ph.D., Vanderbilt University

- ◆ *Participants earn 1.5 continuing education credits*

**Labels Matter: The Role of Sexual Assault Perceptions in Risk and Outcomes**

*Co-Chairs:* Emily Bernstein, B.S., University of Central Florida  
Amie R. Newins, Ph.D., University of Central Florida  
*Discussant:* Patricia A. Resick, Ph.D., Duke University Medical Center

- ◆ *Participants earn 1.5 continuing education credits*

**Learning from Social Situations: Translating Research on Mechanisms to Reduce the Burden of Social Anxiety**

*Chair:* Miranda L. Beltzer, M.A., University of Virginia  
*Discussant:* Stefan G. Hofmann, Ph.D., Boston University Center for Anxiety and Related Disorders

- ◆ *Participants earn 1.5 continuing education credits*

**Lessons Learned From Peer- and Lay Health Worker–Delivered Evidence-Based Interventions in Underserved Settings Locally and Globally**

*Co-Chairs:* Jessica F. Magidson, Ph.D., University of Maryland, College Park  
Mary B. Kleinman, M.P.H., University of Maryland, College Park  
*Discussant:* Steven Safren, Ph.D., University of Miami

- ◆ *Participants earn 1 continuing education credit*

**Long-Term Effects of Youth Depression Prevention Programs: Patterns, Moderators, and Effects on Parental Depression**

*Chair:* Karen Schwartz, M.S., SDSU/UC San Diego Joint Doctoral Program in Clinical Psychology  
*Discussant:* V. Robin Weersing, Ph.D., SDSU-UC San Diego Joint Doctoral Program in Clinical Psychology

- ◆ *Participants earn 1.5 continuing education credits*

**Markers of Internalizing Disorders in Youth: The Interplay Between Cognitive, Psychophysiological, and Affective Processes**

*Chair:* Michelle Rozenman, Ph.D., University of Denver  
*Discussant:* V. Robin Weersing, Ph.D., SDSU-UC San Diego Joint Doctoral Program in Clinical Psychology

- ◆ *Participants earn 1.5 continuing education credits*

**Maternal Depression, Parenting Behavior, and Interventions: Relation to Children's Outcomes**

*Co-Chairs:* Judy Garber, Ph.D., Vanderbilt University  
Katherine Cullum, M.A., Emory University  
*Discussant:* Sherryl Goodman, Ph.D., Emory University

- ◆ *Participants earn 1.5 continuing education credits*

**Maximizing the Public Health Impact of Cognitive Behavioral Science Through Improving Consumer Engagement**

*Co-Chairs:* Davielle Lakind, Ph.D., University of South Carolina  
Alayna L. Park, M.A., UCLA  
*Discussant:* Kimberly D. Becker, Ph.D., University of South Carolina

- ◆ *Participants earn 1 continuing education credit*

**Mental Health Interventions in Schools: Examining Multiple Ecological Levels of Intervention**

*Chair:* Tara Kenworthy, M.A., University of South Carolina  
*Discussant:* Tara Mehta, Ph.D., University of Illinois at Chicago

- ◆ *Participants earn 1.5 continuing education credits*

**Mindfulness- and Acceptance-Based Approaches With Marginalized Communities**

*Chair:* Jennifer H. Martinez, M.A., University of Massachusetts Boston  
*Discussant:* Lindsey M. West, Ph.D., Augusta University

- ◆ *Participants earn 1.5 continuing education credits*

**Mindfulness, Compassion, and CBT Interventions for Mood and Anxiety Disorders: Brain and Behavioral Investigations of Therapeutic Change**

*Chair:* Philippe R. Goldin, Ph.D., University of California, Davis  
*Discussant:* Stefan G. Hofmann, Ph.D., Boston University Center for Anxiety and Related Disorders

- ◆ *Participants earn 1.5 continuing education credits*

**Misophonia (Selective Sound Sensitivity): Clinical Characteris-**

**tics and Cognitive-Behavioral Conceptualization**

*Chair:* Dean McKay, Ph.D., Fordham University  
*Discussant:* Joanna J. Arch, Ph.D., University of Colorado, Boulder

- ◆ *Participants earn 1.5 continuing education credits*

**Moderators and Mediators in Adult Anxiety and Obsessive-Compulsive Disorders**

*Chair:* Nathaniel Van Kirk, Ph.D., McLean Hospital/Harvard Medical School  
*Discussant:* David Tolin, Ph.D., Institute of Living

- ◆ *Participants earn 1.5 continuing education credits*

**More than Meets the Eye: Implications of Virtual Reality for Improving and Disseminating Anxiety and Depression Treatment**

*Chair:* Anne Marie Albano, ABPP, Ph.D., Columbia University  
*Discussant:* Muniya Khanna, Ph.D., Children's Hospital of Philadelphia

- ◆ *Participants earn 1.5 continuing education credits*

**Moving Effective Treatment for PTSD to Primary Care**

*Chair:* Jeffrey Cigrang, Ph.D., Wright State University  
*Discussant:* Jeffrey L. Goodie, ABPP, Ph.D., Uniformed Services University of the Health Sciences

- ◆ *Participants earn 1.5 continuing education credits*

**Moving From Efficacy to Effectiveness With High-Quality Implementation of Interventions for Children With ADHD**

*Chair:* Julie Sarno Owens, Ph.D., Ohio University  
*Chair:* Amori Y. Mikami, Ph.D., University of British Columbia  
*Discussant:* Marc S. Atkins, Ph.D., University of Illinois at Chicago

- ◆ *Participants earn 1.5 continuing education credits*

**Network Models Advancing the Understanding of Psychopathology**

*Chair:* Michael A. Young, Ph.D., Illinois Institute of Technology  
*Discussant:* Richard J. McNally, Ph.D., Harvard University



- ◆ *Participants earn 1.5 continuing education credits*

**New Directions in Learning Research: Clarifying Psychopathological Risk and Identifying Treatment Targets**

*Co-Chairs:* Adam Jaroszewski, M.A., Harvard University  
Emily E. Bernstein, M.A., Harvard University  
*Discussant:* Michelle Craske, Ph.D., UCLA

- ◆ *Participants earn 1.5 continuing education credits*

**New Directions in the Treatment of Suicidal People**

*Chair:* Kelly Zuromski, Ph.D., Harvard University  
*Discussant:* Mitchell Prinstein, Ph.D., University of North Carolina, Chapel Hill

- ◆ *Participants earn 1.5 continuing education credits*

**Novel Preventive Intervention Strategies for Couples and Families: Extending the Reach and Social Impact of CBT to Promote Relationship Quality and Adult and Child Well-Being**

*Chair:* Allen W. Barton, Ph.D., University of Georgia  
*Discussant:* Scott Stanley, Ph.D., University of Denver

- ◆ *Participants earn 1.5 continuing education credits*

**Novel Treatments for Affective Disorders: Leveraging Biological and Psychological Indicators for Treatment Personalization**

*Chair:* Alicia Meuret, Meuret, SMU  
*Discussant:* W. Edward Craighead, ABPP, Ph.D., Emory University

- ◆ *Participants earn 1.5 continuing education credits*

**Novel Ways to Recruit for and Increase Uptake Into Digital Mental Health Interventions**

*Co-chairs:* Emily G. Lattie, Ph.D., Northwestern University Feinberg School of Medicine  
Ashley Knapp, Ph.D., Northwestern University  
*Discussant:* Evan Forman, Ph.D., Drexel University

- ◆ *Participants earn 1.5 continuing education credits*

**Onward, Together! Patient-Centered Research to Expand the Impact of Behavioral Treatments for Tourette Syndrome**

*Chair:* Matthew Capriotti, Ph.D., San Jose State University  
*Discussant:* Amanda Talty, Tourette Association of America

- ◆ *Participants earn 1.5 continuing education credits*

**Oppressed Identities and Healing: Streamlining Intervention Targets and Coping**

*Chair:* Broderick Sawyer, Ph.D., Behavioral Wellness Clinic  
*Discussant:* Broderick Sawyer, Ph.D., Behavioral Wellness Clinic

- ◆ *Participants earn 1.5 continuing education credits*

**Outcome Data and Implications of a Novel, Optimization-Focused Cognitive-Behavioral Intervention Focused on Destigmatizing Mental Health**

*Chair:* Brad Donohue, Ph.D., University of Nevada Las Vegas  
*Discussant:* Al Light, M.S., Cirque du Soleil

- ◆ *Participants earn 1.5 continuing education credits*

**Participatory Action in Research: Building Interventions From the Ground Up**

*Chair:* Grace Lee Simmons, B.S., The University of Alabama  
*Discussant:* Brad J. Nakamura, Ph.D., University of Hawaii at Manoa

- ◆ *Participants earn 1.5 continuing education credits*

**Partnering With Families in Therapy: Leveraging Family Processes in the Treatment of Anxiety Disorders**

*Chair:* Ryan Jacoby, Ph.D., Massachusetts General Hospital  
*Discussant:* Eric Storch, Ph.D., Baylor College of Medicine

- ◆ *Participants earn 1 continuing education credit*

**Pre-Loss Grief in Family Members of Cancer and Dementia Patients: A Theoretical and Empirical Examination of PLG Leading to an Evidence-Based Intervention**

*Co-Chairs:* Jonathan Singer, M.A., University of Nevada, Reno  
Tony Papa, Ph.D., University of Nevada, Reno  
*Discussant:* Holly Prigerson, Ph.D., Weill Cornell Medical College

- ◆ *Participants earn 1.5 continuing education credits*

**Qualitative and Mixed Method Research on ADHD Treatment: The Importance of Stakeholders' Perspectives**

*Chair:* Anne Morrow, M.S., Nova Southeastern University  
*Discussant:* Marc S. Atkins, Ph.D., University of Illinois at Chicago

- ◆ *Participants earn 1.5 continuing education credits*

**Recruitment, Engagement, and Retention of Underrepresented Groups in Bio-Behavioral Research: Lessons Learned and Recommendations for Investigators**

*Chair:* Gabriela A. Nagy, Ph.D., Duke University Medical Center  
*Discussant:* Gabriela A. Nagy, Ph.D., Duke University Medical Center

- ◆ *Participants earn 1.5 continuing education credits*

**Reframing Behavioral Addictions as Reinforcer Pathologies: Implications for Theory and Practice**

*Chair:* Samuel F. Acuff, M.S., The University of Memphis  
*Discussant:* Carla Rash, Ph.D., University of Connecticut

- ◆ *Participants earn 1.5 continuing education credits*

**Relationship Health Across Diverse and Underserved Communities: Connecting Theory and Practice to Inform Therapeutic Processes for Couple Distress**

*Co-Chairs:* Judith Biesen, M.A., University of Notre Dame  
Binghuang A. Wang, M.S., Binghamton University, State University of New York  
*Discussant:* Emily Georgia Salivar, Ph.D., Nova Southeastern University

- ◆ *Participants earn 1.5 continuing education credits*

**Religion and Spirituality in Couple Relationships: Building a Foundation for Expansion of Couple Therapy Research and Practice to Religious Couples**



*Chair:* Victoria A. King, University of Georgia  
*Discussant:* Kristina Coop Gordon, Ph.D., University of Tennessee, Knoxville

- ◆ *Participants earn 1 continuing education credit*

**Remote Interventions With Couples: Using Technology to Extend our Reach**

*Chair:* Steven Sayers, Ph.D., University of Pennsylvania / CMC VA Medical Center (Philadelphia)  
*Discussant:* Brian Doss, Ph.D., University of Miami

- ◆ *Participants earn 1.5 continuing education credits*

**Responding to Stress Early in Life: Bench-to-Bedside Implications for Regulating Emotions**

*Co-Chairs:* Jennifer Pearlstein, M.A., University of California, Berkeley  
Victoria E. Cosgrove, Ph.D., Stanford University School of Medicine  
*Discussant:* Patricia Brennan, Ph.D., Emory University

- ◆ *Participants earn 1.5 continuing education credits*

**Response to Treatment for Adolescent Depression: Pathways to Efficient and Personalized Psychotherapy**

*Co-Chairs:* Molly Adrian, Ph.D., University of Washington  
Jennifer B. Blossom, Ph.D., Seattle Children's/UW School of Medicine  
*Discussant:* Elizabeth McCauley, Ph.D., University of Washington

- ◆ *Participants earn 1 continuing education credit*

**Risk and Resilience Factors in Racial and Ethnic Minority Populations**

*Chair:* Ana Martinez de Andino, M.S., Emory University School of Medicine  
*Discussant:* Sierra Carter, Ph.D., Georgia State University

- ◆ *Participants earn 1.5 continuing education credits*

**Serving the Underserved: Victories and Challenges in Global Dissemination of EBPs for Underserved Communities**

*Co-Chairs:* Kevin Narine, B.A., University of Pennsylvania  
Jeremy Tyler, Psy.D., University of Pennsylvania

*Discussant:* Shannon Wiltsey-Stirman, Ph.D., National Center for PTSD and Stanford University

- ◆ *Participants earn 1.5 continuing education credits*

**Social Media for Social Good: Using Social Media to Deliver Cognitive and Behavioral Interventions to Adolescents and Young Adults**

*Chair:* Danielle Ramo, Ph.D., Hopelab  
*Discussant:* Patricia Cavazos, Ph.D., Washington University in St. Louis

- ◆ *Participants earn 1.5 continuing education credits*

**Social Media: Friend or Foe? Investigating the Effects of Social Media on Mood, Body Image, and Internalizing Disorders**

*Chair:* Allison D. Altman, M.A., University of California, Berkeley  
*Discussant:* Melissa Hunt, Ph.D., University of Pennsylvania

- ◆ *Participants earn 1.5 continuing education credits*

**Strategies to Increase Caregiver Involvement in Treatment: Novel Workforces, Delivery Models, and System Reforms to Reach Underserved Populations**

*Chair:* Miya Barnett, Ph.D., University of California, Santa Barbara  
*Discussant:* Marc S. Atkins, Ph.D., University of Illinois at Chicago

- ◆ *Participants earn 1.5 continuing education credits*

**Suicidality in Underrepresented Populations**

*Chair:* Ana Rabasco, B.A., Fordham University  
*Discussant:* Richard Liu, Ph.D., Alpert Medical School of Brown University

- ◆ *Participants earn 1.5 continuing education credits*

**Suicide Prevention: From Biomarkers to Intervention Implementation**

*Chair:* Courtney Wolk, Ph.D., University of Pennsylvania  
*Discussant:* Matthew Nock, Ph.D., Harvard University

- ◆ *Participants earn 1.5 continuing education credits*

**Technology-Based Mindfulness Interventions: Development, Patterns of Use, and Clinical Impact**

*Chair:* Colleen Conley, Ph.D., Loyola University Chicago  
*Discussant:* Moria J. Smoski, Ph.D., Duke University

- ◆ *Participants earn 1.5 continuing education credits*

**Technology-Based Targeted Prevention of Post-Sexual Assault Substance Use and Mental Health Symptoms**

*Co-Chairs:* Emily Dworkin, Ph.D., University of Washington School of Medicine  
Amanda Gilmore, Ph.D., Medical University of South Carolina  
*Discussant:* Angela Moreland, Ph.D., Medical University of South Carolina

- ◆ *Participants earn 1.5 continuing education credits*

**The Feasibility of Exposure Therapy for Eating Disorders**

*Chair:* Jamal H. Essayli, Ph.D., Penn State College of Medicine  
*Discussant:* Carolyn B. Becker, Ph.D., Trinity University

- ◆ *Participants earn 1.5 continuing education credits*

**The Influence of Time of Day on Psychopathology and Implications for in-the-Moment and Personalized Interventions**

*Co-Chairs:* Caroline Christian, B.S., The University of Louisville  
Peter D. Soyster, B.A., University of California at Berkeley  
*Discussant:* Aaron Fisher, Ph.D., University of California, Berkeley

- ◆ *Participants earn 1 continuing education credit*

**The Integration of Religion/Spirituality Into Culturally Informed, Cognitive-Behavioral Mental Health Treatments**

*Chair:* Kayla K. Thayer, Ph.D., Nova Southeastern University  
*Discussant:* Stevan Lars Nielsen, Ph.D., Brigham Young University

- ◆ *Participants earn 1.5 continuing education credits*

**The Interpersonal Regulation of Emotion Within Couples Coping With Unique Stressors**

*Chair:* Steffany Fredman, Ph.D., Pennsylvania State University  
*Discussant:* Brian R. Baucom, Ph.D., University of Utah

- ◆ *Participants earn 1.5 continuing education credits*  
**The Neuroscience of Hoarding and OCD: Predictors of Treatment-Response, Decision Making, and the State vs Trait Debate**  
*Chair:* Amitai Abramovitch, Ph.D., Texas State University  
*Discussant:* Dean McKay, Ph.D., Fordham University
- ◆ *Participants earn 1.5 continuing education credits*  
**The Oxford Cognitive Approach to Understanding and Treating Persecutory Delusions**  
*Co-Chairs:* Daniel Freeman, Ph.D., Psy.D., University of Oxford  
 Emma Cernis, Psy.D., University of Oxford  
*Discussant:* Louise Isham, Psy.D., University of Oxford
- ◆ *Participants earn 1.5 continuing education credits*  
**The Process of Improving Care in Community Settings**  
*Chair:* Courtney Wolk, Ph.D., University of Pennsylvania  
*Discussant:* Rinad Beidas, Ph.D., University of Pennsylvania
- ◆ *Participants earn 1.5 continuing education credits*  
**The Treatment of Anxiety in Autism Spectrum Disorder (TAASD) Trial: Clinical Characteristics and Outcomes**  
*Chair:* Connor Kerns, Ph.D., University of British Columbia  
*Discussant:* Susan White, Ph.D., University of Alabama
- ◆ *Participants earn 1.5 continuing education credits*  
**The Wisdom of a Good Night's Sleep: Sleep Disturbance as a Mechanism and Target of Treatment in Depression and Anxiety**  
*Chair:* Y. Irina Li, M.A., University of Rochester  
*Discussant:* Michael L. Perlis, Ph.D., University of Pennsylvania
- ◆ *Participants earn 1.5 continuing education credits*  
**Therapeutic Potential of Oxytocin for Improving Social-Cognitive Processes and Behavior in PTSD and Substance Use Disorders**  
*Chair:* Lauren M. Sippel, Ph.D., National Center for PTSD
- Discussant:* Angela Fang, Ph.D., Massachusetts General Hospital/Harvard Medical School
- ◆ *Participants earn 1 continuing education credit*  
**To Approach, Avoid, or Both? Towards an Improved Characterization of Positive and Negative Valence Systems in Eating Disorders**  
*Chair:* Erin E. Reilly, Ph.D., University of California, San Diego  
*Discussant:* Katherine Schaumberg, Ph.D., University of Wisconsin, Madison
- ◆ *Participants earn 1.5 continuing education credits*  
**Transdiagnostic Approaches in the Aetiology and Treatment of Anxiety Disorders**  
*Co-Chairs:* Muriel A. Hagenaaers, Ph.D., Utrecht University  
 Iris M. Engelhard, Ph.D., Utrecht University  
*Discussant:* Dirk Hermans, Ph.D., KU Leuven
- ◆ *Participants earn 1.5 continuing education credits*  
**Transdiagnostic Implications of Parent's Socialization of Children's Emotions and Child Differences in Vulnerability**  
*Chair:* Julia D. McQuade, Ph.D., Amherst College  
*Discussant:* Andrea M. Chronis-Tuscano, Ph.D., University of Maryland
- ◆ *Participants earn 1.5 continuing education credits*  
**Transgender and Gender Diverse Health: Minority Stress, Coping, and Implications for Cognitive Behavioral Science**  
*Chair:* Jae A. Puckett, Ph.D., Michigan State University  
*Discussant:* Ethan Mereish, Ph.D., American University
- ◆ *Participants earn 1.5 continuing education credits*  
**Translating Research Findings Into Practical Tools for the Assessment of Mechanisms and Barriers in Real-World Treatment for OCD**  
*Co-Chairs:* Jennie M. Kuckertz, M.S., San Diego State University/University of California, San Diego  
 Nathaniel Van Kirk, Ph.D., McLean Hospital/Harvard Medical School  
*Discussant:* Thröstur Björgvinsson, Ph.D., ABPP, McLean Hospital's Behavioral Health Partial Program/Harvard Medical School
- ◆ *Participants earn 1.5 continuing education credits*  
**Treatment Fidelity Assessment: Developing Efficient Measurement Tools**  
*Chair:* Nicole B. Gumport, M.A., University of California, Berkeley  
*Discussant:* Shannon Dorsey, Ph.D., University of Washington
- ◆ *Participants earn 1.5 continuing education credits*  
**Trigger Warnings! Are They Helpful, Harmful, or Neither?**  
*Chair:* Richard J. McNally, Ph.D., Harvard University
- ◆ *Participants earn 1.5 continuing education credits*  
**Understanding and Modifying Cognitive Control and Processing Biases in Depression**  
*Chair:* Leanne Quigley, Ph.D., Ferkauf Graduate School of Psychology, Yeshiva University  
*Discussant:* Christopher Beevers, Ph.D., The University of Texas at Austin
- ◆ *Participants earn 1.5 continuing education credits*  
**Understanding Barriers to Engaging Traditionally Underserved Populations in Mental Health Services**  
*Chair:* Alayna L. Park, M.A., UCLA  
*Discussant:* Stanley Huey, Ph.D., University of Southern California
- ◆ *Participants earn 1.5 continuing education credits*  
**Understanding Exercise Approach-Avoidance Behavior in Women to Inform Feasible Transdiagnostic Intervention Development**  
*Co-Chairs:* Samantha G. Farris, Ph.D., Rutgers University  
 Kathryn A. Coniglio, B.A., Rutgers University  
*Discussant:* Brandon Alderman, Ph.D., Rutgers University
- ◆ *Participants earn 1.5 continuing education credits*  
**Understanding Relationship Functioning and Dynamics to Serve Diverse and Underserved Sexual Minority Individuals**

*Co-Chairs:* Cara Herbitter, M.P.H., M.A., University of Massachusetts Boston  
 Ellora Vilkin, B.A., Stony Brook University  
*Discussant:* Debra Hope, Ph.D., University of Nebraska, Lincoln

- ◆ *Participants earn 1.5 continuing education credits*

**Untangling the Intricate Relationship Between Alcohol Use and Social Anxiety: A Focus on Cognitive, Behavioural, and Emotional Processes in a Mixed-Method Framework**

*Chair:* Jean-Philippe Gagné, M.A., Concordia University  
*Discussant:* Julia Buckner, Ph.D., Louisiana State University

- ◆ *Participants earn 1.5 continuing education credits*

**Using Acceptance and Commitment Therapy for Different Clinical Presentations: Evidence-Based Adaptations**

*Chair:* Clarissa Ong, M.S., Utah State University  
*Discussant:* Lizabeth Roemer, Ph.D., University of Massachusetts, Boston

- ◆ *Participants earn 1.5 continuing education credits*

**Using Network Models to Explore Differential Relations Between Individual Depression Symptoms and Various Biological Markers**

*Chair:* Eiko Fried, Ph.D., Leiden University  
*Discussant:* Richard J. McNally, Ph.D., Harvard University

- ◆ *Participants earn 1.5 continuing education credits*

**Using Neurobiological Methods to Understand Childhood Adversity: Identifying Underlying Contributors to Psychopathology**

*Co-Chairs:* Robert Graziano, M.A., University of Missouri, St. Louis  
 Steven E. Bruce, Ph.D., University of Missouri, St. Louis  
*Discussant:* Kate Harkness, Ph.D., Queen's University

- ◆ *Participants earn 1.5 continuing education credits*

**Using Technology to Enhance Cognitive-Behavioral Interventions and Reduce Barriers to Access**

*Chair:* Jennifer Buchholz, M.A., UNC Chapel Hill  
*Discussant:* Jonathan Abramowitz, Ph.D., University of North Carolina at Chapel Hill

- ◆ *Participants earn 1.5 continuing education credits*

**Utilizing Social Connectedness to Alleviate Trauma-Related Distress in Veterans**

*Chair:* Adam P. McGuire, Ph.D., VISN 17 Center of Excellence for Research on Returning War Veterans  
*Discussant:* Sheila Rauch, Ph.D., Emory University School of Medicine

- ◆ *Participants earn 1.5 continuing education credits*

**Utilizing Technology to Extend the Social Impact of Cognitive Behavioral Science in National and International Samples**

*Co-Chairs:* Sabine Wilhelm, Ph.D., Massachusetts General Hospital/Harvard

Medical School  
 Nicholas C. Jacobson, M.S., Massachusetts General Hospital  
*Discussant:* Oliver Harrison, Ph.D., Telefónica Innovation Alpha

- ◆ *Participants earn 1.5 continuing education credits*

**Utilizing Text Mining in Clinical Research: Novel Applications for Improving the Prediction of Psychological Distress**

*Co-Chairs:* Ross Jacobucci, Ph.D., University of Notre Dame  
 Brooke Ammerman, Ph.D., University of Notre Dame  
*Discussant:* Evan Kleiman, Ph.D., Rutgers University

- ◆ *Participants earn 1 continuing education credit*

**What Protects or Harms the Mental Health of Sexual and Gender Minorities? Examinations of Psychological Inflexibility, Experiencing Sexual Racism, and Religiosity**

*Chair:* Brooke Catlin, Metropolitan State University of Denver  
*Discussant:* Matthew D. Skinta, ABPP, Ph.D., Private Practice

- ◆ *Participants earn 1 continuing education credit*

**Workforce Support in Nonclinical Settings: Leveraging Front-Line Staff to Promote Children's Mental Health in Schools, After-School, and Social Service Settings**

*Chair:* Tara Mehta, Ph.D., University of Illinois at Chicago  
*Discussant:* Sarah Kate Bearman, Ph.D., University of Texas

# Invited Addresses



Friday, November 22 | 11:00 a.m. – 12:00 p.m.

Lifetime Achievement Address

**Imagine Being Accused of Scientific Fraud!**

Linda C. Sobell, Ph.D. ABPP, *Nova Southeastern University*

Mark B. Sobell, Ph.D. ABPP, *Nova Southeastern University*



Friday, November 22 | 12:30 - 1:30 p.m.  
 Invited Address 1

**Building the Workforce to Deliver Psychological Therapies Globally**

Vikram Patel, Ph.D.,  
*Harvard Medical School*



Saturday, November 23 | 12:30 - 1:30 p.m.  
 Invited Address 2

**Transforming the Lives of Children, Parents, and Communities: Accomplishments and Future Opportunities**

Matthew R. Sanders, Ph.D.,  
*University of Queensland, Brisbane*



## ■ RESEARCH AND PROFESSIONAL DEVELOPMENT

- ◆ *Participants earn 1.5 continuing education credits*

### **Applying for F31 Predoctoral or F32 Postdoctoral Fellowship Awards**

*Chair:* Becky Kinkead, Ph.D., Emory University School of Medicine  
*Speakers:* Lou Ann Brown, Ph.D., Emory University School of Medicine  
Becky Kinkead, Ph.D., Emory University School of Medicine

- ◆ *Participants earn 1.5 continuing education credits*

### **Careers in Clinical Psychology: Which Path Makes Sense for Me?**

*Chair:* Jedidiah Siev, Ph.D., Swarthmore College  
Sabine Wilhelm, Ph.D., Harvard Medical School; Massachusetts General Hospital  
Matthew Nock, Ph.D., Harvard University  
Jonathan B. Grayson, Ph.D., The Grayson LA Treatment Center for Anxiety & OCD  
Barbara Kamholz, ABPP, Ph.D., VA Boston HCS & BU School of Medicine

- ◆ *Participants earn 1.5 continuing education credits*

### **Developing Your Research Career: NIH Training and Career Development Funding Opportunities**

*Chair:* Lanay M. Mudd, Ph.D., National Institute of Mental Health  
*Speakers:* Ashley Tipton, Ph.D., National Institute of Mental Health  
Lisa Uebelacker, Ph.D., Brown University & Butler Hospital  
Christina M. Luberto, Ph.D., Massachusetts General Hospital/Harvard Medical School  
Ivan W. Miller, Ph.D., Brown University  
Ana M. Abrantes, Ph.D., Brown University  
Lanay M. Mudd, Ph.D., National Institute of Mental Health  
Lauren Weinstock, Ph.D., Brown University & Butler Hospital

- ◆ *Participants earn 1.5 continuing education credits*

### **Improving Support for Parents During Psychology Training**

*Chair:* Gabriela Khazanov, Ph.D., Corporal Michael J. Crescenz VA  
*Speakers:* Stevie N. Grassetti, Ph.D., West Chester University of Pennsylvania

Keith D. Renshaw, Ph.D., George Mason University  
Lauren Weinstock, Ph.D., Brown University & Butler Hospital  
Lynn McFarr, Ph.D., Harbor-UCLA Medical Center & CBT California  
Jedidiah Siev, Ph.D., Swarthmore College  
*Contributor:* Aleesha Young, M.A., University of Hartford

- ◆ *Participants earn 1.5 continuing education credits*

### **It Never Hurts to Ask! Strategies to Negotiate Academic Job Offers**

*Chair:* Shona N. Vas, Ph.D., The University of Chicago  
*Speakers:* Andrea K. Graham, Ph.D., Northwestern University Feinberg School of Medicine  
Fabiana S. Araujo, Ph.D., University of Chicago  
Shona N. Vas, Ph.D., University of Chicago

- ◆ *Participants earn 1.5 continuing education credits*

### **Living as a Scientist-Practitioner: How to Conduct Research in Your Clinical Practice**

*Chair:* Jacqueline B. Persons, Ph.D., Oakland CBT Center  
*Speakers:* Travis L. Osborne, ABPP, Ph.D., Evidence Based Treatment Centers of Seattle  
Andrew White, Ph.D., Portland DBT Institute  
R. Trent Codd III, Ed.S., Cognitive-Behavioral Therapy Center of WNC, P. A.

- ◆ *Participants earn 1.5 continuing education credits*

### **The Power and Promise Individual Participant Data: Developing A Clinical Trial Repository for Pediatric OCD**

*Chair:* David H. Barker, Ph.D., Bradley Hasbro Children's Research Center  
*Speakers:* Scott N. Compton, Ph.D., Duke University  
Jennifer B. Freeman, Ph.D., Alpert Medical School of Brown University  
Kristen M. Benito, Ph.D., Bradley Hospital  
David H. Barker, Ph.D., Bradley Hasbro Children's Research Center

- ◆ *Participants earn 1.5 continuing education credits*

### **Values-Based Self-Care: Creating a Professional Self-Care Plan that Will Stick**

*Chair:* Jorden Cummings, Ph.D., Uni-

versity of Saskatchewan  
*Speakers:* Jessica Campoli, B.A., University of Saskatchewan  
Jorden Cummings, Ph.D., University of Saskatchewan

## ■ SPOTLIGHT RESEARCH

- ◆ *All Spotlight Research sessions are 1.5 continuing education credits*

### **How Can We Develop Therapeutic Interventions to Reduce the Harmful Effects of Adverse Childhood Experiences? A Modular, Multifocal, Trauma-Informed Solution**

*Chair:* Arnon Bentovim, M.D., Fellow of Royal College of Psychiatrists UK  
*Panelist:* Cameo Stanick, Ph.D., Hathaway-Sycamores Child and Family Services

### **Implicit Anti-Black Bias Predicts Black Mortality Rates**

*Chair:* Monnica T. Williams, Ph.D., University of Connecticut  
*Panelists:* Jamilah R. George, University of Connecticut  
Terence Ching, University of Connecticut

### **Toward a Dimensional Taxonomy of Perseverative Thought**

*Chair:* Kiara Timpano, Ph.D., University of Miami  
*Panelist:* Lauren Hallion, Ph.D., University of Pittsburgh  
Aidan Wright, Ph.D., University of Pittsburgh  
Marc Coutanche, Ph.D., University of Pittsburgh  
Jutta Joormann, Ph.D., Yale University  
Susan Kusmierski, B.A., University of Pittsburgh  
M. Kathleen Caulfield, B.A., University of Pittsburgh

### **Training Family and Caregivers in CBT for Psychosis-Informed Skills Within the Context of a CBTp Provider Network**

*Chair:* Sarah L. Kopelovich, Ph.D., University of Washington School of Medicine  
*Panelists:* Bryan Stiles, M.A., University of Washington School of Medicine  
Maria Monroe-DeVita, Ph.D., University of Washington School of Medicine  
Kate Hardy, Ph.D., Stanford University  
Doug Turkington, M.D., Newcastle University  
*Co-Author:* Samantha Davis, BFA, University of Washington



# Special Invited Panels

---

FRIDAY, NOVEMBER 22 | 9:00 a.m. – 10:30 a.m.

Atrium Ballroom B & C, Atrium Level

1.5 CE Credits

## **Increasing Impact of Cognitive Behavioral Therapies: Why Public Health?**

*Moderator:* Sonja Schoenwald, Ph.D., Oregon Social Learning Center

*Panelists:*

Ileana Arias, Ph.D., *Centers for Disease Control and Prevention*

Craig Thomas, Ph.D., *Centers for Disease Control and Prevention*

Richard Puddy, Ph.D., MPH, *Centers for Disease Control and Prevention*

This invited session explores the intersection of public health principles and essential services with the conference theme of extending the social impact of cognitive behavioral science. Sonja Schoenwald facilitates a guided discussion among a panel from Atlanta-based, U.S. Centers for Disease Control and Prevention that includes, Ileana Arias, Ph.D., Craig Thomas, Ph.D., and Richard Puddy, Ph.D., MPH. Topics addressed include: public health foundational concepts, the benefits of adopting a public health perspective; what's needed (and limitations) for interventions to work on the ground in a wide variety of potentially diverse and challenging contexts; and illustrations of comprehensive public health strategies that span the continuum from individual to population health. Success stories and battle scars will be highlighted from across a range of strategies that impact health (from individual behavioral science interventions to wide-scale policy interventions), all the while taking into account implementation factors. Come experience how ABCT as an organization and as a collection of individuals can gain a public health perspective on scaling solutions to increase the impact of cognitive behavioral science.

SATURDAY, NOVEMBER 23 | 10:30 a.m. – 12:00 p.m.

Atrium Ballroom B & C

## **Realizing ABCT's Mission in a Politicized World**

*Moderator:* Lynn F. Bufka, Ph.D., *American Psychological Association*

*Panelists:*

Laura D. Seligman, Ph.D., *University of Texas Rio Grande Valley*

Anita Brown, Ph.D.,

Megan Gordon-Kane, *Feminist Women's Health Center*

Lauren Thompson, Ph.D., *McKendree University*

Brandon Gaudiano, Ph.D., *Brown University*

ABCT is “committed to the enhancement of health and well-being by advancing the scientific understanding, assessment, prevent and treatment of human problems through the global application of behavioral, cognitive, and biological evidence-based principles.” How can ABCT as an organization and individual ABCT members leverage this mission and knowledge to inform public policy and legislation? Members may be energized by recent issues—such as Georgia’s restrictive abortion laws—but enhancing the health and well-being of others through the application of evidence-based principles extends to many domains. Panelists will address the realities of policy development in our modern era and discuss the best strategies for ensuring that science appropriately informs the process. Panelists will also address the challenging realities of working within divisive and partisan politics to find solutions that advance health and well-being. Challenges include “fake news,” the public’s lack of understanding of science, attempting to advance multiple priorities that require political good will, “irrational” decision making, and working within the legal and ethical bounds of the organization and our disciplines. Panelists include Dr. Laura Seligman, an active member of ABCT’s Women’s SIG; Dr. Anita Brown, an advocate for psychology within the state of Georgia; Dr. Lauren Thompson, a historian specializing in law and health; Ms. Megan Gordon-Kane, an advocate for state-level reproductive justice policies from Atlanta-based Feminist Women’s Health Center; and Dr. Brandon Gaudiano, an expert in science and pseudoscience. The panel will be moderated by Dr. Lynn Bufka, who oversees policy and research development for professional practice at the American Psychological Association.

# Special Interest Group Meetings

---

*Attendance at an ABCT Special Interest Group meeting is a wonderful networking opportunity. The SIGs focus on a diverse range of topics, including treatment approaches, specific disorders or unique populations. SIGs are open to ABCT members only, so be sure to join or renew your membership. The Friday-night Cocktail Party/SIG Exposition, 6:30 PM – 8:30 PM, is a fabulous chance to get an overview of ABCT's SIG Program in a friendly, networking atmosphere. All SIG meetings will take place in the Hyatt Regency.*

**Addictive Behaviors** • Friday, 12:30p.m.- 2:00 p.m.,  
Embassy C, Embassy Level

**African Americans in Behavior Therapy**  
Friday, 8:30a.m.- 10:00 a.m., Embassy E, Embassy Level

**Anxiety Disorders** • Saturday, 9:30 a.m.- 11:00 a.m.,  
International North, Ballroom Level

**Asian American Issues in Behavior Therapy and Research** • Saturday, 11:30 a.m. – 12:30 p.m., International  
North, Ballroom Level

**Attention-Deficit/Hyperactivity Disorder (ADHD)**  
Saturday, 4:00p.m.- 5:30 p.m., Embassy C, Embassy Level

**Autism Spectrum and Developmental Disorders**  
Friday, 10:30a.m.- 12:00 p.m., Embassy E, Embassy Level

**Behavioral Medicine and Integrated Primary Care**  
Saturday, 9:30a.m.- 11:00 a.m., Embassy A, Embassy Level

**Behavioral Sleep Medicine** • Saturday, 4:00p.m.- 5:30 p.m.,  
Embassy A, Embassy Level

**Bipolar Disorders** • Saturday, 4:00p.m.- 5:30 p.m.,  
International North, Ballroom Level

**Child and Adolescent Anxiety** • Saturday, 2:00p.m.- 3:30  
p.m., Embassy D, Embassy Level

**Child and Adolescent Depression**  
Friday, 3:30p.m.- 5:00 p.m., Embassy B, Embassy Level

**Child Maltreatment and Interpersonal Violence**  
Friday, 10:30a.m.- 12:00 p.m., Embassy D, Embassy Level

**Child and School-Related Issues**  
Friday, 8:30a.m.- 9:30 a.m., Embassy C, Embassy Level

**Clinical Psychology at Liberal Arts Colleges**  
Saturday, 4:00p.m.- 5:30 p.m., Embassy D, Embassy Level

**Clinical Psychological Science**  
Saturday, 4:00p.m.- 5:30 p.m., Embassy D, Embassy Level

**Clinical Research Methods and Statistics**  
Friday, 1:45p.m.- 2:45 p.m., Vinings, Conference Level

**Cognitive Therapy** • Friday, 10:30a.m.- 11:30 a.m.,  
Marietta, Conference Level

**Couples Research and Treatment**  
Friday, 9:00a.m.- 10:00 a.m., Embassy F, Embassy Level

**Dissemination and Implementation Science** • Friday,  
12:30 p.m.- 2:00 p.m., International North, Ballroom Level

**Forensic Issues and Externalizing Behaviors**  
Friday, 4:30 p.m.- 6:00 p.m., Marietta, Conference Level

**Hispanic Issues in Behavior Therapy** • Saturday,  
9:30 a.m.- 11:00 a.m., Embassy D, Embassy Level

**Men's Mental and Physical Health**  
Friday, 12:00 p.m.- 1:00 p.m., Marietta, Conference Level

**Military Psychology** • Friday, 8:30 a.m.- 10:00 a.m.,  
Marietta, Conference Level

**Mindfulness and Acceptance** • Friday, 4:00 p.m.- 5:30 p.m.,  
Embassy E, Embassy Level

**Native American Issues in Behavior Therapy and Research** • Saturday, 2:00 p.m.- 3:30 p.m., International  
North, Ballroom Level

**Neurocognitive Therapies/Translational Research**  
Saturday, 9:30 p.m.- 10:30 a.m., Embassy C, Embassy Level

**Obesity and Eating Disorders** • Friday, 4:00 p.m.- 5:30  
p.m., Embassy F, Embassy Level

**Oppression and Resilience: Minority Mental Health**  
Friday, 10:30 a.m.- 12:00 p.m., Embassy B, Embassy Level

**Parenting and Families** • Friday, 2:00 p.m.- 3:30 p.m.,  
Embassy E, Embassy Level

**Psychosis and Schizophrenia Spectrum** • Friday, 10:15  
a.m.- 11:45 a.m., Embassy C, Embassy Level

**Sexual and Gender Minority** • Saturday, 2:00 p.m.- 3:30  
p.m., Embassy A, Embassy Level

**Spiritual and Religious Issues in Behavior Change**  
Friday, 10:30a.m.- 11:30 a.m., Embassy F, Embassy Level

**Student** • Friday, 9:00a.m.- 10:00 a.m., Embassy D,  
Embassy Level

**Suicide and Self-Injury** • Friday, 2:00p.m.- 3:30 p.m.,  
Embassy D, Embassy Level

**Technology and Behavior Change** • Saturday,  
2:00 p.m.- 3:30 p.m., Embassy C, Embassy Level

**TIC and Impulse Control Disorders** • Saturday,  
11:30a.m.- 1:00 p.m., Embassy A, Embassy Level

**Trauma and PTSD** • Saturday, 11:30a.m.- 12:30 p.m., Em-  
bassy A, Embassy Level

**Women's Issues in Behavior Therapy**  
Friday, 3:30 p.m.-4:30 pm, Embassy B, Embassy Level

# Registration

---

Preregister on-line at [www.abct.org](http://www.abct.org). To pay by check, complete the registration form available in PDF format on the ABCT website. Participants are strongly urged to register by the preregistration deadline of October 15. Beginning October 16 all registrations will be processed at the on-site rates.

*Please note:* Convention Program Books will NOT be distributed. A PDF of the program book will be available and posted to the ABCT convention page. Please download the convention app to view and create your own personalized schedule.

To receive the member-discounted convention registration rate, members must renew for 2020 before completing the registration process or they must join as a new member of ABCT.

Preconvention ticketed sessions and registration for preconvention sessions will be held on Thursday, November 21 at the Atlanta Marriott Marquis Hotel. All preconvention sessions are designed to be intensive learning experiences. Preregister to ensure participation.

Registration for all PRE-convention sessions (AMASS, Clinical Intervention Seminars, Institutes) will take place in the Atlanta Marriott Marquis Hotel at the ABCT onsite registration area in the International Ballroom South, International Level.

- Thursday, November 21: 7:30 a.m. - 6:30 p.m.

## General Registration

Upon arrival at the Atlanta Marriott Marquis Hotel, you can pick up the program addendum, additional convention information, and ribbons at the Pre-Registration Desk in the Atrium, Exhibition Level. If you are a member of ABCT, please vote for the 2020-2021 candidates using the computers provided.

### PLEASE REMEMBER TO BRING CONFIRMATION LETTER WITH YOU TO THE MEETING.

Onsite Registration AND Preregistration pickup will be open:

- Thursday, November 21: 7:30 a.m. - 6:30 p.m.
- Friday, November 22: 7:30 a.m. - 6:30 p.m.
- Saturday, November 23: 7:30 a.m. - 6:30 p.m.
- Sunday, November 24: 7:30 a.m. - 1:00 p.m.

The general registration fee entitles the registrant to attend all events on November 21–November 24 except for ticketed sessions. Your canceled check is your receipt. Email confirmation notices will be generated automatically for on-line registrations and will be sent via email the same day you register. Email confirmations will be sent within 1 week for faxed and mailed registrations. If you do not receive an email confirmation in the time specified, please call the ABCT central office, (212) 647-1890, or email Tonya Childers at [tchilders@abct.org](mailto:tchilders@abct.org).

You must wear your badge at all times to be admitted to all official ABCT sessions, events, and the exhibits. If you lose your badge there will be a \$15 charge for the replacement.

All presenters (except for the first two presenters of ticketed CE sessions) must pay the general registration fee. Leaders of ticketed session will receive information regarding their registration

procedure from the ABCT Central Office.

Admission to all ticketed sessions is by ticket only. Preregistration is strongly advised as ticketed sessions are sold on a first-come, first-served basis.

*Please note:* **NO PURCHASE ORDERS ACCEPTED.**

*To register, please choose one format:*

**Registering On-Line** The quickest method is to register on-line (go to [abct.org](http://abct.org) and click on the convention banner on the home-page, or go to [www.abct.org/conv2019](http://www.abct.org/conv2019)). Use this method for immediate feedback on which ticketed sessions you will be attending. To receive members' discounted rates, your ABCT dues must be up to date. If your membership has lapsed, use this opportunity to renew.

To get member rates at this conference, your ABCT dues must be paid through October 31, 2020. The ABCT membership year is November 1, 2019–October 31, 2020. To renew, go to [abct.org](http://abct.org) or visit the membership booth on-site in Atlanta.

**Registering by Fax** You may fax your completed registration form, along with credit card information and your signature, to (212) 647-1865. If you choose this method please DO NOT send a follow-up hard copy. This will cause double payment. For preregistration rates, please register BEFORE the deadline date of October 15.

**Registering by Mail** All preregistrations that are paid by check must be mailed to ABCT, 305 Seventh Avenue, 16th Floor, New York, NY, 10001. For preregistration rates, forms must be postmarked by the deadline date of Monday, October 15. Forms postmarked beginning Tuesday, October 16 will be processed at on-site rates. There will be no exceptions. Refund Policy Cancellation refund requests must be in writing. Refunds will be made until the October 15 deadline, and a \$40 handling fee will be deducted. Because of the many costs involved in organizing and producing the Convention, no refunds will be given after October 15.

## Payment Policy

All fees must be paid in U.S. currency on a U.S. bank. Any bank fees charged to the Association will be passed along to the attendee. Please make checks payable to ABCT.

## Exhibits, ABCT Information Booth Hours

- Friday & Saturday: 8:00 a.m. - 5:30 p.m.
- Sunday, 8:30 a.m. - 11:00 a.m.

# Hotels

## Marriott Marquis Atlanta

265 Peachtree Center Avenue NE  
Atlanta, Georgia, 30303 USA  
Telephone: (404) 521-0000

- Online reservations:

<https://book.passkey.com/go/ABCT2019ANNUALCONVENTION>

A stay at Atlanta Marriott Marquis places you in the heart of Atlanta, within a 15-minute walk of AmericasMart and World of Coca Cola. This 4-star hotel is 0.6 mi (0.9 km) from Centennial Olympic Park and 0.6 mi (1 km) from Georgia Aquarium. Free Internet, WiFi, Fitness Center, Spa, Swimming Pool, and access to concierge Level lounge for selected sleeping rooms, just steps away from MARTA Peachtree Center Station.

*Sleeping Room Rate:* \$189 Single or Double Occupancy

*Reservation Cut-off Date:* October 25, 2019

*Taxes:* 16% plus an additional \$5 per night flat State Hotel fee.

All reservations must be accompanied by a first night room deposit or guaranteed with a major credit card.

Attendees are able to book via phone with Marriott Central Reservations at 866-469-5475.

Concierge level rooms may be available with \$50 surcharge.

## Hyatt Regency Atlanta on Peachtree Street

265 Peachtree Street NE  
Atlanta, Georgia, 30303 USA  
Telephone: (404) 577-1234

- Online reservations:

<https://www.hyatt.com/en-US/group-booking/ATLRA/G-ASBE>

Hyatt Regency Atlanta is a 30-minute train ride from the airport and a short walk to Mercedes-Benz stadium and Atlanta's arena, convention center and top attractions. The hotel is famous for the Polaris rotating lounge and their acclaimed Chefs, who partner with 70 local farms to plate the freshest ingredients. Welcome to the landmark hotel in the heart of Atlanta. Free WiFi, Fitness Center, Seasonal Swimming Pool and business services available.

*Sleeping Room Rate:* \$184 Single or Double Occupancy

*Reservation Cut-off Date:* October 24, 2019

*Taxes:* 16% plus an additional \$5 per night flat State Hotel fee.

An early departure fee will be charged in the amount of one night's room and tax in the event that a guest checks out before the confirmed departure date.

All reservations must be accompanied by a first night room deposit or guaranteed with a major credit card.

If the group rate is no longer available, prevailing rates may be offered for some or all of your dates.

*The special ABCT Convention rates will be offered, based on mutual agreement with the Hotel, 3 days before and 3 days after the official Convention dates of November 21 – 24, 2019. The block is limited and available on a first-come basis until the block is depleted. If you are interested in upgrading your hotel accommodations, there are limited options available, at an increased rate. Contact the hotel directly.*

*All ABCT Convention scientific sessions will take place at the Atlanta Marriott Marquis Hotel. General registration includes panel discussions, clinical round tables, symposia, mini-workshops, and over a dozen poster sessions. SIG meetings will take place at the Hyatt Regency Atlanta on Peachtree Street. Remember to check out the limited-attendance CE events – both on Thursday and throughout the Convention on Friday and Saturday. One complimentary beverage ticket will be provided for use at the Welcoming Reception/SIG Exposition on Friday night from 6:30 p.m. to 8:30 p.m.*

*Stay at the Marriott Marquis Headquarters Hotel or the Hyatt Regency Atlanta to meet your friends and colleagues on the elevator, in the coffee shop, as well as in the meeting rooms. Your support of the convention hotels also helps to keep the overall expenses to a minimum.*

*Rooms and rates are subject to rate and room availability. Please be sure to book your reservation early!*