

**ABCT 2018 Convention Events
for the
Technology & Behavior Change SIG**

Thursday, November 15th

8:30 a.m. – 5:00 p.m – Ticketed Event

Title: 2018 ABCT mHealth Preconference— An Innovation Forum sponsored by the Technology & Neurocognitive Therapies/Translational Research SIGs

Chairs: Kiara Timpano, Kristin Ellard, Emily Lattie, Christina Boisseau

Presenters: Stephen Schueller, Sarah Lord, John Torous, Rebecca Price, Greg Siegle, Lisa Onken, Armen Arevian

Friday, November 16th

8:30 am - 11:30 am

Type: Workshop 3 - Ticketed Event

Title: Identifying and Using Mobile Apps in Clinical Practice

Presenters: Stephen Matthew Schueller, Ph.D., Northwestern University Feinberg School of Medicine Christina Armstrong, Ph.D., Connected Health Branch, Defense Health Agency Martha Neary, M.Sc., Northwestern University Feinberg School of Medicine

8:30 am – 10:00 am

Type: Mini Workshop

Title: Using Technology to Enhance Evidence-Based Treatment: Skill for Developing an Application from the Ground Up

Presenters: Zachary W. Adams, Ph.D., Indiana University School of Medicine Tatiana Davidson, Ph.D., Medical University of South Carolina Leigh Ridings, Ph.D., Medical University of South Carolina

10:15 am – 11:45 am

Type: Panel Discussion

Title: You Can Pay Someone to Do That for You: Partnering with Technology Companies for Behavioral Research

Moderator: Laura Sockol

Panelists: Erika Litvin Bloom, Ph.D., Marie J. C. Forgeard, Ph.D., Gabriela Kattan. Khazanov, M.A., Michael E. Levin, Ph.D.

10:15 am – 11:45 am

Type: Symposium

Title: Behavioral and Cognitive Science-Based Treatment: Harnessing Technology to Enhance Accessibility and Outcomes

Co-Chairs: Daniel W. McNeil, Ph.D., & Jennifer Dahne, Ph.D.

Presenters: Matthew C. Arias, M.S., West Virginia University, Laura Loucks, Ph.D., Emory University School of Medicine, Jennifer Dahne, Ph.D., Medical University of South Carolina, Tatiana Davidson, Ph.D., Medical University of South Carolina
Discussant: Stefan G. Hofmann, Ph.D.

10:15 am – 11:45 am

Type: Symposium

Title: Leveraging Technology to Improve Autism Acceptance and Treatment

Chair: Lauren Kenworthy, Ph.D.

Presenters: Lauren Kenworthy, Ph. D., Children’s National Health System, Laura Anthony, Ph.D., University of Colorado, Cara Pugliese, Ph.D., The George Washington University School of Medicine, John Herrington, Ph.D., Children’s Hospital of Philadelphia

Discussant: Sharon daVanport

10:15 am – 11:45 am

Type: Symposium

Title: Online Relationship Interventions for Low-Income Couples: Results from a Nationwide RCT

Chair: Brian D. Doss, Ph.D. *Discussant:* Alan J. Hawkins, Ph.D.

Presenters: Scott R. Braithwaite, Ph.D., Brigham Young University, Karen Rothman, M.S. University of Miami, Kayla Knopp, M.A., University of Denver, Galena Rhoades, Ph.D., University of Denver, McKenzie K. Roddy, M.S., University of Miami

12:00 pm – 1:30 pm

Technology and Behavior Change SIG Meeting - 12:00 p.m.- 1:30 p.m., McKinley, Mezzanine Level

12:30 pm – 1:30 pm

Type: Invited Address

Title: The Dodo Bird in the Digital Age: How E-Mental Health Can Improve Prevention and Treatment of Mental Health Problems

Presenter: Pim Cuijpers, Ph.D., Vrije Universiteit Amsterdam

1:45 pm – 2:45 pm

Type: Panel Discussion

Title: Friend or Foe: Social Media’s Relationship with Eating Disorders and its Impact on Research, Prevention, and Clinical Work

Moderator: Laura E. Sproch, Ph.D.

Panelists: Laura E. Sproch, Ph.D., Kimberly P. Anderson, Ph.D., Kate Clemmer, LCSW

1:45 pm – 2:45 pm

Type: Panel Discussion

Title: Managing an Online Mental Health Community for Latinx and Spanish-Speaking Populations

Moderator: Sarah A. Hayes-Skelton, Ph.D.

Panelists: Bryan Balvaneda, M.A., Natalie Arbid, M.A., Marta E. Pagán Ortiz, M.S.

1:45 pm – 2:45 pm

Type: Spotlight Research

Title: Using Technology to Target Risk Factors for Psychopathology

Chair: Kiara Timpano, Ph.D., University of Miami

Panelist: Brad B. Schmidt, Ph.D., Florida State University

1:45 pm – 3:15 pm

Type: Symposium

Title: Integrating Mobile and Internet Technology with Empirically Supported Treatments for Anxiety and Obsessive-Compulsive Disorder

Chair: Jennifer L. Buchholz, M.A.

Presenters: Lillian Reuman, M.A., University of North Carolina at Chapel Hill, Nathaniel Van Kirk, Ph.D. Harvard Medical School, Stephen Whiteside, ABPP, Mayo Clinic, Katherine Crowe, Ph.D., NYU Langone Medical Center, Taylor Dryman, Ph.D., McLean Hospital

Discussant: Jonathan S. Abramowitz, Ph.D.

1:45 pm – 3:15 pm

Type: Symposium

Title: On the Cusp of a "New Era": Integrating Technological Advances into Evidence-Based Assessment and Treatment

Chair: Lauren A. Rutter, Ph.D.

Presenters: Courtney Beard, Ph.D., Harvard Medical School, Marie J.C. Forgeard, Ph.D., Harvard Medical School, Samantha Connolly, Ph.D. VA Boston Healthcare System, Chelsey Wilks, M.S., University of Washington, Seattle, Lauren A. Rutter, Ph.D., Institute for Technology in Psychiatry.

Discussant: Per Carlbring, Ph.D.

1:45 pm – 3:15 pm

Type: Symposium

Title: Using Technology in the Treatment of Youth Anxiety Disorders

Chair: Caroline Donovan, Ph.D.

Presenters: Caroline Donovan, Ph.D., Griffith University, Lara Farrell, Ph.D., Griffith University, Krystal Lewis, Ph.D., National Institute of Mental Health, Allison Waters, Ph.D., Griffith University

Discussant: Thomas H. Ollendick, Ph.D.

1:45 pm – 3:15 pm

Type: Symposium

Title: Using Technology to Improve the Effectiveness of Cognitive Therapy and Interpersonal Psychotherapy for Depression: Results from Two Large-Scale Randomized Trials

Chair: Frenk Peeters, M.D.

Presenters: Lotte Lemmens, Ph.D., Maastricht University, Sanne Brujniks, M.S., Vrije Universiteit, Suzanne van Bronswijk, M.D., Maastricht University, Marcus Huibers, Ph.D., Vrije Universiteit

Discussant: Robert J. DeRubeis, Ph.D.

1:45 pm – 3:15 pm

Type: Panel Discussion

Title: Integrating Technology in Behavioral Medicine and Primary Care: Opportunities and Challenges

Moderators: Brooke G. Rogers, M.P.H., & Jessica F. Magidson, Ph.D.

Panelists: Ethan H. Mereish, Ph.D., Joseph Trombello, Ph.D., Rachel Tomko, Ph.D., Lena Andersen, Ph.D., Jessica Yu, Ph.D.

1:45 pm – 3:15 pm

Type: Panel Discussion

Title: We Don't Have Time to Lose: Bridging the Gap Between Academia and Digital Health Industry

Moderator: Christine Moberg, Ph.D.

Panelists: Jessica Lipschitz, Ph.D., Athena Robinson, Ph.D., Paula Willbourne, Ph.D., Mylea Charvat, Ph.D., Ken Weingardt, Ph.D., Megan Oser, Ph.D.

3:00 pm – 4:00 pm

Type: Spotlight Research

Title: Technological Advances in Clinical Consultation: Enhancing Practitioner Engagement

Chair: Tanya Freedland, MPS, University of Minnesota

Panelist: Julie Rohovit, Ph.D., University of Minnesota

3:30 pm – 5:00 pm

Type: Symposium

Title: Digital Platforms for Young People with Psychosis: A Focus on Engagement and Treatment

Chair: Michelle H. Lim, Ph.D., Swinburne University of Technology

Presenters: Michael L. Birnbaum, M.D., Zucker Hillside Hospital, Claire Peck, B.A., Swinburne University of Technology, Michelle H. Lim, Ph.D., Swinburne University of Technology, Kelsey Ludwig, M.A., University of North Carolina at Chapel Hill

Discussant: David Penn, Ph.D.

3:30 pm – 5:00 pm

Type: Panel Discussion

Title: Ethics and Policy in Technology-Based Research

Moderators: Tommy Chou, M.S., & Giovanni Ramos, B.A.

Panelists: Melissa DeRosier, Ph.D., Stacy Frazier, Ph.D., Maryam Kia-Keating, Ph.D., Lynn Bufka, Ph.D., Ashley Isaia, M.A.

3:30 pm – 5:00 pm

Type: Panel Discussion

Title: Using Technology to Improve the Training of Future and Current Clinical Scientists

Moderator: Ashley Borders, Ph.D.

Panelists: Lauren A. Stutts, Ph.D., Susan Wenze, Ph.D., Dara G. Friedman-Wheeler, Ph.D., Laura Knouse, Ph.D., Zachary Rosenthal, Ph.D., Nicholas Mian, Ph.D.

Saturday, November 17th

8:30 am – 10:00 am

Type: Symposium

Title: Closing the Treatment Gap: Technological Applications of Evidence-Based Interventions for Treatment and Training

Chair: Shona N. Vas, Ph.D.

Presenters: Brian D. Kiluk, Ph.D., Yale School of Medicine, Nadine R. Mastroleo, Ph.D., Binghamton University, Meredith E. Coles, Ph.D., Binghamton University, Andrea K. Graham, Ph.D., Northwestern University

Discussant: Aaron R. Lyon, Ph.D.

8:30 am – 10:00 am

Type: Symposium

Title: Cognitive-Behavioral Technological Interventions: A Focus on Military Populations

Chair: Amanda Edwards-Stewart, ABPP

Presenters: Nancy A. Skopp, Ph.D., Psychological Health Center of Excellence Defense Health Agency, Julianna Hogan, Ph.D., US Department of Veterans Affairs, Marylene Cloitre, Ph.D., US Department of Veterans Affairs, Carolyn Greene, Ph.D., University of Arkansas for Medical Sciences

Discussant: Ari Lowell, Ph.D.

9:00 am – 10:00 am

Type: Symposium

Title: Leveraging Technology to Understand and Address Bisexual Stigma and Health

Chair: Brian A. Feinstein, Ph.D.

Presenters: Brian A. Feinstein, Ph.D., Northwestern University Institute for Sexual and Gender Minority Health and Wellbeing, Kirsten A. Gonzalez, Ph.D., The University of Tennessee, Knoxville, Ethan H. Mereish, Ph.D., American University

Discussant: Brian Dodge, Ph.D.

10:15 am – 11:45 am

Type: Symposium

Title: A Revolution in Care: Updating Knowledge and Achieving Implementable Solutions in Digital Mental Health

Chair: Cristina Botella, Ph.D.

Presenters: Per Carlbring, Ph.D., Stockholm University, Heleen Riper, Ph.D., Vrije Universiteit, Rocio Herrero, Ph.D., Universitat Jaume I De Castelló, Desirée Colombo, M.A., Universitat Jaume I De Castelló

Discussant: Stefan G. Hofmann, Ph.D.

10:15 am – 11:45 am

Type: Symposium

Title: Bringing People Together: Using Technology to Broaden the Reach, Improve the Impact, and Evaluate the Effectiveness of Relationship Interventions

Chair: Tatiana D. Gray, Ph.D.

Presenters: Karen Rothman, M.S., University of Miami, Gabe Hatch, B.S., Brigham Young University, Tea Trillingsgaard, Ph.D., Aarhus University, James Cordova, Ph.D., Clark University

Discussant: Brian D. Doss, Ph.D.

10:15 am – 11:45 am

Type: Panel Discussion

Title: How Tweet It Is: Social Media and Internet Platforms as a Means to Disseminate Knowledge to Behavioral Health Professionals and Consumers

Moderator: Robert D. Friedberg, ABPP, Ph.D.

Panelists: Simon A. Rego, ABPP, Psy.D., Sara Becker, Ph.D., Brad J. Nakamura, Ph.D., Robert Meyers, Psy.D.

10:15 am – 11:45 am

Type: Panel Discussion

Title: The Cutting Edge of Technology in CBT Research and Treatment: Where We Are Now, and Where We're Headed

Moderator: Hilary Weingarden, Ph.D.

Panelists: Christian Rück, M.D., Ph.D., Adam Haim, Ph.D., Richard G. Heimberg, Ph.D., Stephen Schueller, Ph.D., Athena Robinson, Ph.D.

10:15 am – 11:45 am

Type: Panel Discussion

Title: The Opportunities and Limitations of Digital Interventions for Emotional Difficulties

Moderator: Kibby McMahon, M.A.

Panelists: Zachary Rosenthal, Ph.D., Matthew K. Nock, Ph.D., Bethany A. Teachman, Ph.D., Marcus Rodriguez, M.A.

12:00 pm – 1:00 pm

Type: Invited Address

Title: Improving the Quality of Evidence-Based Treatments: Can (and Should) Technology Help?

Presenter: Patricia A. Areán, Ph.D., University of Washington

1:45 pm – 2:45 pm

Type: Invited Address

Title: Using New Technologies to Better Understand, Predict, and Prevent Suicidal Behavior

Presenter: Matthew K. Nock, Ph.D., Harvard University

1:45 pm – 3:15 pm

Type: Symposium

Title: Using Technology to Advance Methods in Treatment Development Research for Couples

Chair: Julianne C. Flanagan, Ph.D.

Presenters: Barbara McCrady, Ph.D., University of New Mexico, Richard Heyman, Ph.D., New York University, Brandi Fink, Ph.D., University of New Mexico, Julianne C. Flanagan, Ph.D., Medical University of South Carolina

Discussant: Dominic J. Parrott, Ph.D.

3:30 pm – 5:00 pm

Type: Symposium

Title: Capitalizing on Children and Teens' Engagement with Technology to Improve Behavioral Health: Preliminary Progress and Pitfalls

Chair: Jennifer S. Silk, Ph.D.

Presenters: Jonathan Corner, Ph.D., Florida International University, Jennifer S. Silk, Ph.D., University of Pittsburgh, Oliver Lindhiem, Ph.D., University of Pittsburgh, Ana Radovic, M.D., University of Pittsburgh School of Medicine

Discussant: Tina Goldstein, Ph.D.

3:30 pm – 5:00 pm

Type: Symposium

Title: If You Build It, They Will Come... But How Do We Get Them to Stay? The Role of Support in e-Health Interventions

Chair: Carmen McLean, Ph.D.

Presenters: Evan Forman, Ph.D., Drexel University, Emily Lattie, Ph.D., Northwestern University, Harry McCleary, M.S., Palo Alto University, Eric Kuhn, Ph.D., Stanford University School of Medicine

Discussant: Michelle G. Newman, Ph.D.

Sunday, November 18th

8:30 am – 10:00 am

Type: Symposium

Title: Bridging the Gap Between Observed and Real-World Behavior and in-lab Self-Report: Applications of Technology to Understanding Psychosis and Related Psychopathology

Chair: Charlie A. Davidson, Ph.D.

Presenters: Charlie A. Davidson, Ph.D., Emory University, Linda W. Craighead, Ph.D., Emory University, Leslie Horton, Ph.D., University of Pittsburgh School of Medicine, Steven Silverstein, Ph.D., Rutgers University
Discussant: William Spaulding, Ph.D.

8:30 am – 10:00 am

Type: Panel Discussion

Title: Virtual Reality: Challenges and Opportunities in Clinical Research

Moderator: Michelle Pelcovitz, Ph.D.

Panelists: Patrick Bordnick, M.P.H., Ph.D., LCSW, JoAnn Difede, Ph.D., Azucena Garcia-Palacios, Ph.D., Hunter Hoffman, Ph.D.

10:15 am – 11:45 am

Type: Symposium

Title: Using Mobile Apps to Achieve Cognitive and Behavioral Change: Three Different Approaches

Chair: Guy Doron, Ph.D.

Presenters: Guy Doron, Ph.D., Interdisciplinary Center Herzelya, Tracy A. Dennis-Tiwary, Ph.D., Reuven Dar, Ph.D., Tel Aviv University

Discussant: Anat Brunstein-Klomek, Ph.D.

10:15 am – 11:45 am

Type: Panel Discussion

Title: Bridging the Gap Between Research and Practice in Clinical Applications of Digital Technology

Moderator: Maren Westphal, Ph.D.

Panelists: Maren Westphal, Ph.D., Per Carlbring, Ph.D., Patricia Frazier, Ph.D., Heather Hadjistavropoulos, Ph.D., Frederick Muench, Ph.D.