Events Recommended by the Mindfulness and Acceptance SIG

Friday, November 16

• 12:00 PM – 1:30 PM

Symposium 23

Empathy Predicts Response to Treatment for Social Anxiety Disorder

Location: Room Delaware A

Amanda Morrison, Ph.D. - California State University Long Beach

• 12:30 PM – 1:30 PM

Invited Address 1

The Dodo Bird in the Digital Age: How E-Mental Health Can Improve Prevention and Treatment of Mental Health Problems

Location: Room Marriott Ballroom 1, 2 & 3, Lobby Level

• 1:45 PM – 3:15 PM

Symposium 37

Acceptance and Anxiety: Recent Advances in the Assessment and Treatment of Anxiety

Disorders Using an ACT Framework

Location: Room Roosevelt 3, Exhibition Level

• 6:30 PM – 8:30 PM

Friday Night Welcome Party and SIG Expo

Location: Room Marriott Ballroom 1, 2 & 3, Lobby Level

Saturday, November 17

• 8:00 AM – 10:00 AM

MCS-5

Mindfulness-Based Interventions in Treatment of Substance Use Disorders

Location: Room Washington 6, Exhibition Level

• 8:30 AM – 10:00 AM

Mini Workshop 9

Introduction to the Coping Long Term With Active Suicide Program (CLASP)

Location: Room Roosevelt 4, Exhibition Level

• 8:30 AM – 10:00 AM

Mini Workshop 10

Learning to CARE: An Easy to Understand and Use Approach to Delivering Consistant

<u>High- Quality ACT Treatment</u>

Location: Room Virginia B, Lobby Level

• 8:30 AM – 10:00 AM

Symposium 56

Transdiagnostic Processes in Eating Disorders: How Shared Mechanisms Can Inform

Treatment

Location: Room Wilson A, Mezzanine Level Irina Vanzhula, M.S. – University of Louisville

• 10:15 AM – 11:45 AM

Symposium 81

Body Dissatisfaction, Coping Behaviors, and Health Outcomes

Location: Room Delaware A, Lobby Level

• 12:00 PM – 1:30 PM

Symposium 88, speaker 2

SA, Reappraisal, and Mindfulness: RCT of CBGT vs. MBSR for SAD

Location: Room Delaware A, Lobby Level

Philippe R. Goldin, Ph.D. - Betty Irene Moore School of Nursing, University of California, Davis

• 1:45 PM – 3:15 PM

Symposium 96, Speaker 3

Self-Compassion and Mindfulness to Adolescent Depressive Symptoms

Location: Room Delaware B, Lobby Level

Michael Mullarkey, M.A. - University of Texas at Austin

• 3:30 PM – 4:30 PM

SIG Meeting

Mindfulness and Acceptance

Location: Room Taft, Mezzanine Level

• 3:30 PM – 5:00 PM

Mindfulness-Based Cognitive Therapy on Positive Affect and Social Anxiety

Location: Room Roosevelt 5, Exhibition Level Marlene V. Strege, M.S. – Virginia Tech • 3:30 PM – 5:00 PM

Symposium 115, speaker 3

Reappraisal and Acceptance on Subjective Experience, Physiology, and Cognition

Location: Room Washington 4, Exhibition Level Allison Troy, Ph.D. – Franklin and Marshall College

Sunday, November 18

• 8:30 AM – 10:00 AM

Symposium 133

Innovative and Brief Methods to Decrease Rumination and Associated Outcomes

Location: Room Washington 5, Exhibition Level