



SATURDAY NOVEMBER 17, 2018 START TIME: 6:50AM

MEETING LOCATION: MARRIOTT PARK TOWER NEAR REGISTRATION

THREE POSSIBLE ROUTES:

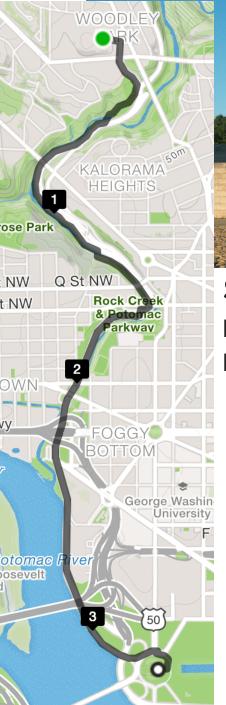
1. **LONG RUN**: MARRIOTT WARDMAN TO LINCOLN MEMORIAL VIA ROCK CREEK PARKWAY; OUT & BACK (7MI)

2.**MEDIUM RUN**: MARRIOTT WARDMAN TO LINCOLN MEMORIAL VIA ROCK CREEK PARKWAY; RETURN VIA METRO (4MI)



3. **SHORT RUN**:RUN AS FAR AS YOU WISH AND TURN AROUND! (.5-3.5MI)

Questions? Contact: Tom Fowles (tfowles@psych.udel.edu) or Kelsey Dickson (kdickson@sdsu.edu)





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