



COGNITIVE
BEHAVIORAL
SCIENCE,
TREATMENT,
AND
TECHNOLOGY

ABCT ⁱⁿ DC

**52nd Annual Convention
November 15–18, 2018**

Welcome From the Program Chair	—	ii
About the Itinerary Planner	—	ii
Clinical Intervention Trainings	—	iii
Institutes	—	iv
AMASS	—	iv
Master Clinician Seminars	—	v
Workshops	—	v
General Sessions	—	vii
• <i>Clinical Roundtables</i>	—	vii
• <i>Mini Workshops</i>	—	viii
• <i>Panel Discussions</i>	—	ix
• <i>Symposia</i>	—	xii
• <i>Research & Professional Development</i>	—	xx
• <i>Spotlight Research</i>	—	xxi
Invited Addresses	—	xxi
Special Interest Groups	—	xxii
Registration	—	xxiii
Hotel	—	xxiv
mHealth Preconference	—	xxiv



As the 2018 Program Chair, I am delighted to welcome you to ABCT's 52nd Annual Convention in Washington, DC!

Washington represents the perfect venue for our conference. As a city, D.C. recognizes and honors our past with a wealth of premier museums, celebrates our international role by welcoming an international spirit with embassies from across the globe, and supports and encourages scientific advances as the home for the National Institutes of Health. Our convention—with the theme of Cognitive Behavioral Science, Treatment, and Technology—is intended to similarly recognize the past, celebrate international and interdisciplinary collaborations, and look towards a future marked by important advances to help reduce the global impact of mental illness.

We find ourselves at the cusp of a new era, marked by technological advances in a range of different disciplines that have the potential to dramatically affect the science we conduct, as well as the treatments we deliver. Our program will showcase research and clinical practices and training that highlight a number of avenues, including how these innovations are influencing our investigations of the causes and consequences of psychological illness, how they are similarly opening new frontiers in the ways that assessments and treatments are developed, how patients access help, how clinicians monitor response, and how the broader field disseminates evidence-based practices.

Presentations will address how the strong, theoretical, and practical foundations of CBT give us the exciting opportunity to use our multidisciplinary values to identify new and emerging technologies that can catapult our research on mental health problems and well-being to the next level. I am incredibly honored and excited to highlight our invited speakers and special programming. Pim Cuijpers from the Vrije Universiteit Amsterdam will present "The Dodo Bird in the Digital Age: How e-Mental Health Can Improve Prevention and Treatment of Mental Health Problems," which will showcase exciting work being conducted in Europe on CBT interventions delivered through the web. Matthew Nock from Harvard University will focus on new advances in assessing psychopathology by discussing real-time assessment of self-injurious behaviors in his talk "Using New Technologies to Better Understand, Predict, and Prevent Suicidal Behavior." Pat Arean from the University of Washington will highlight next-generation possibilities for how treatments could be delivered with a talk entitled "Improving the Quality of Evidence-Based Treat-

ments: Can (and Should) Technology Help?" Additional special programming will comprise discussions with our colleagues in the broader field, including a conversation between Bethany Teachman and Josh Gordon, the director of the National Institute of Mental Health, and panels focused on translating research to policy, as well as NIMH "office hours." Finally, in her presidential address, "CBT in the Digital Age: Enhancing Effectiveness and Reach of Research and Psychotherapy," Sabine Wilhelm will highlight how treatment might be enhanced with technology by incorporating virtual reality exercises, crowdsourced peer-to-peer cognitive reappraisal platforms, chat bots, smartphone-based treatment apps sensors, and several other tools into therapy.

It has been an honor to serve as Program Chair, and I am grateful to President Sabine Wilhelm and the ABCT Board for inviting me and supporting me through this process. Working with Sabine is a privilege and genuine pleasure, and I am so excited to see the conference we dreamed about come to fruition. Making ABCT happen each year is said to "take a village" and there are many members of that village I would like to thank. First and foremost is the 2018 Program Committee for their expertise, careful reviews, and flexibility during the peer review process. This year we had a record number of 278 reviewers and 123 "Super Reviewers," and I could not be prouder of the well-rounded and exciting program! Second, I thank the chairs of the Convention and Education Issues Committee for their dedication and exceptional job developing this year's stimulating program: Barbara Kamholz (CIT), Aidan Wright (AMASS), Lauren Weinstock (Workshops), Courtney Benjamin Wolk (Master Clinician Seminars), Cole Hooley (Research & Professional Development), Christina Boisseau (Institutes), and Alyssa Ward (2019 Program Chair). I sincerely appreciate the valuable insights and support of Barbara Kamholz, Coordinator of Convention and Education Issues, and Sandra Pimentel, Board Liaison. Third, a hearty thanks to Mary Jane Eimer and her team at the Central Office—especially Tonya Childers and Stephen Crane—who showed extraordinary devotion to the Convention planning and ABCT in general. Fourth, I am incredibly grateful to the former Program Chair, Jordana Muroff, for her invaluable guidance, support, and friendship. Very special thanks go to Jamie Port, Assistant Program Chair. I am forever indebted to Jamie's diligence, unwavering commitment, clear thinking and, most important, humor—I know that I had the right partner-in-crime for this process and could not have done it with anyone else. Finally, a heartfelt thanks to my family for their patience, cheer, and teamwork!

Wishing you all a fun and stimulating convention!

Convention Itinerary Planner

The pages that follow provide an overview of the ticketed sessions and general sessions that will be part of the 2018 convention in Washington, DC. In order to learn more details about the sessions, including full descriptions and times, skill levels, and learning goals, please utilize the Itinerary Planner. Feel free to access the Itinerary Planner at ABCT's website at www.abct.org/conv2018. To view the entire convention program—including SIG meetings, poster sessions, invited addresses—you can **search** by session type, date, time, presenter, title, category, or keyword, or you can view the entire schedule at a glance. (Keep in mind, the physical program book will only be available onsite in DC.) After reviewing this special Convention 2018 insert, we hope you will turn to the online Itinerary Planner and begin to build your ultimate ABCT convention experience!



Search | Find | Plan



www.abct.org/conv2018

Note

Program details such as educational objectives, session level, fees, presenter credentials, and number of CE credits that can be earned may be found in ABCT's convention program book and on ABCT's website.

PROGRAM SUBJECT TO CHANGE

THURSDAY, 8:30 a.m. - 5:00 p.m.

CIT 1 | Process-Based CBT

◆ *Participants earn 7 continuing education credits*

Stefan G. Hofmann, Ph.D., *Boston University*

Steven C. Hayes, Ph.D., *University of Nevada, Reno*

Cognitive Behavioral Therapy (CBT) has been an enormous empirical and practical success over its 50+ year history. The situation surrounding evidence-based care has dramatically changed, however, and it is important for CBT to change as well. For decades, evidence-based therapy has been defined in terms of scientifically validated protocols focused on syndromes. That era is now passing. This Clinical Intervention Training will feature didactic presentations, demonstration of practical strategies and exercises that focus on how to utilize the core competencies of CBT in a pragmatic way that honors the behavioral, cognitive, and acceptance and mindfulness wings of the tradition—in a new form of process-based CBT.

THURSDAY, 8:30 a.m. - 5:00 p.m.

CIT 2 | Cognitive Processing Therapy for PTSD: Difficult Cases and Disruptions in Therapy

◆ *Participants earn 7 continuing education credits*

Patricia A. Resick, Ph.D., ABPP, *Duke University
Medical Center*

Kathleen M. Chard, Ph.D., *Cincinnati VA Medical
Center and University of Cincinnati*

The purpose of this Clinical Intervention Training is to discuss and consult on difficult cases with PTSD or those cases that are disrupted by other serious life events while conducting cognitive processing therapy (CPT) for PTSD. The presenters will discuss common difficulties with comorbid disorders, traumatic brain injury or issues with aging, complicated trauma histories, and disruptions during therapy and how to handle them while keeping fidelity to the CPT protocol. Having emergency sessions or conducting variable-length therapy will be discussed. The presenters will show videotaped examples and may conduct role-plays with participants. Participants should be using CPT in their practice and should bring in questions and/or case material to be discussed. This will not be a basic training in CPT and is for participants who have been implementing it regularly. The presenters will also help participants differentiate between client readiness for CPT and therapist stuck points.

presidents

MUSE

a blog for past presidents

www.abct.org

PRESIDENTIAL ADDRESS

Saturday, 5:30 – 6:30 PM | Marriott Ballroom, Lobby Level



Sabine Wilhelm, Ph.D.,

*Massachusetts General Hospital/
Harvard Medical School*

CBT in the Digital Age:
Enhancing Effectiveness
and Reach of Research
and Psychotherapy

Institutes

TICKETED SESSIONS

Designed for clinical practitioners, discussions and display of specific intervention techniques.

THURSDAY

Institute 1 | 8:30 a.m. - 5:00 p.m.

◆ *Participants earn 7 continuing education credits*

Technology and Insomnia: Friend or Foe?

Colleen Carney, Ph.D., *Ryerson University*

Institute 2 | 8:30 a.m. - 5:00 p.m.

◆ *Participants earn 7 continuing education credits*

Anxiety and Emerging Adults: Integrating Virtual Reality and Wearable Technology Into the Launching Emerging Adults Program

Anne Marie Albano, Ph.D., ABPP, *Columbia University Medical Center*

Shannon Bennett, Ph.D., *Weill Cornell Medicine*

Lauren Hoffman, Psy.D., *Columbia University Clinic for Anxiety & Related Disorders (CUCARD)*

Schuyler Fox, B.A., *Columbia University Clinic for Anxiety & Related Disorders (CUCARD)*

Institute 3 | 8:30 a.m. - 5:00 p.m.

◆ *Participants earn 7 continuing education credits*

Radically Open-Dialectical Behavior Therapy (RO-DBT) for Disorders of Overcontrol

Thomas R. Lynch, Ph.D., *University of Southampton*

Institute 4 | 1:00 p.m. - 6:00 p.m.

◆ *Participants earn 5 continuing education credits*

Desirable Difficulties: Optimizing Exposure Therapy for Anxiety Through Inhibitory Learning

Jonathan S. Abramowitz, Ph.D., *University of North Carolina at Chapel Hill*

Ryan J. Jacoby, Ph.D., *Massachusetts General Hospital/ Harvard Medical School*

Shannon M. Blakey, M.A., *University of North Carolina at Chapel Hill*

Institute 5 | 1:00 p.m. - 6:00 p.m.

◆ *Participants earn 5 continuing education credits*

Evidence-Based Assessment and Treatment of Bipolar Disorder and Mood Dysregulation in Youth and Early Adulthood

Mary A. Fristad, ABPP, *The Ohio State University Wexner Medical Center*

Eric A. Youngstrom, Ph.D., *University of North Carolina at Chapel Hill*

Institute 6 | 1:00 p.m. - 6:00 p.m.

◆ *Participants earn 5 continuing education credits*

Integrating Motivational Interviewing Into CBT

Trevor A. Hart, Ph.D., *Ryerson University*

Daniel McNeil, Ph.D., *West Virginia University*

Institute 7 | 1:00 p.m. - 6:00 p.m.

◆ *Participants earn 5 continuing education credits*

Behavioral Activation Treatment for Adolescents

Elizabeth McCauley, ABPP, Ph.D., *University of Washington/Seattle Children's Hospital*

Sona Dimidjian, Ph.D., *University of Colorado Boulder*

Kelly Schloedt, Ph.D., *Seattle Children's Hospital*

Christopher Martell, Ph.D., *University of Massachusetts Amherst/St. Luke's Children's Hospital*

Gretchen Gudmundsen, Ph.D., *St. Luke's Children's Hospital*

Institute 8 | 1:00 p.m. - 6:00 p.m.

◆ *Participants earn 5 continuing education credits*

The Relationship Checkup: Using Technology to Broaden the Reach of Relationship Health Care

Tatiana D. Gray, Ph.D., *Clark University*

James Cordova, Ph.D., *Clark University*

Advanced Methodology and Statistics Seminars

A special series of offerings for applied researchers, presented by nationally renowned research scientists. TICKETED SESSIONS

THURSDAY

AMASS 1 | 8:30 a.m. - 12:30 p.m.

◆ *Participants earn 4 continuing education credits*

Decision-Making Statistics for Researchers and Clinicians-We Are Ready to ROC!

Eric A. Youngstrom, Ph.D., *University of North Carolina, Chapel Hill*

THURSDAY

AMASS 2 | 1:00 p.m. - 5:00 p.m.

◆ *Participants earn 4 continuing education credits*

Affective Science for Clinical Scientists: Theory, Design, and Methodological Tools for Investigating Emotion Processing and Emotion Dysregulation

Karin Coifman, Ph.D., *Kent State University*

Master Clinician Seminars

TICKETED SESSIONS

These seminars involve the presentation of case material, session videotapes, and discussion to enable participants to further understand the application of cognitive and behavioral techniques.

FRIDAY

MCS 1 | 10:45 a.m. - 12:45 p.m.

◆ Participants earn 2 continuing education credits

Challenges to the Achievement of Optimal CBT Outcomes in Pediatric OCD Treatment

Martin E. Franklin, Ph.D., *University of Pennsylvania*

MCS 2 | 11:45 a.m. - 1:45 p.m.

◆ Participants earn 2 continuing education credits

Parent-Child Interaction Therapy

Cheryl B. McNeil, Ph.D., *West Virginia University*

MCS 3 | 1:45 p.m. - 3:45 p.m.

◆ Participants earn 2 continuing education credits

Engaging Parents/Caregivers Effectively in Treatment With Children Presenting With Behavior Problems, Depression and/or Traumatic Stress Symptoms

Esther Deblinger, Ph.D., *Child Abuse Research Education and Service Institute, Rowan University*

MCS 4 | 4:00 p.m. - 6:00 p.m.

◆ Participants earn 2 continuing education credits

Regret: A Cognitive Behavior Therapy Approach

Robert L. Leahy, Ph.D., *American Institute for Cognitive Therapy*

SATURDAY

MCS 5 | 8:00 a.m. - 10:00 a.m.

◆ Participants earn 2 continuing education credits

Mindfulness-Based Interventions in the Treatment of Substance Use Disorders

Katie Witkiewitz, Ph.D., *University of New Mexico*

MCS 6 | 10:15 a.m. - 12:15 p.m.

◆ Participants earn 2 continuing education credits

Violent, Sexual, Religious, and Neutral Obsessions: Paths to Exorcizing the Demons

Jonathan Grayson, Ph.D., *The Grayson LA Treatment Center for Anxiety & OCD*

MCS 7 | 11:45 a.m. - 1:45 a.m.

◆ Participants earn 2 continuing education credits

Interpersonal Psychotherapy for Depressed Adolescents: Principles and Techniques

Laura Mufson, Ph.D., *Columbia University Vagelos College of Physicians and Surgeons and New York State Psychiatric Institute*

MCS 8 | 2:30 p.m. - 4:30 p.m.

◆ Participants earn 2 continuing education credits

Cognitive Conceptualization

Judith S. Beck, Ph.D., *Beck Institute for Cognitive Behavior Therapy*

Workshops

TICKETED SESSIONS

Workshops provide up-to-date integration of theoretical, empirical, and clinical knowledge about specific issues or themes

FRIDAY

Workshop 1 | 8:30 a.m. - 11:30 a.m.

◆ Participants earn 3 continuing education credits

Case Formulation and Treatment Planning in Dialectical Behavior Therapy

Shireen L. Rizvi, ABPP, Ph.D., *Rutgers University*
Jennifer H.R. Sayrs, ABPP, Ph.D., *Evidence Based Treatment Centers of Seattle*

Workshop 2 | 8:30 a.m. - 11:30 a.m.

◆ Participants earn 3 continuing education credits

Developing a Trauma-Informed Treatment in Primary Care: The embrACE Model for Patients With Adverse Childhood Experiences

Keith S. Dobson, Ph.D., *University of Calgary*
Dennis Pusch, Ph.D., *Southport Psychological Services*
Chantelle Klassen, M.A., *Alberta Health Services*

Workshop 3 | 8:30 a.m. - 11:30 a.m.

◆ Participants earn 3 continuing education credits

Identifying and Using Mobile Apps in Clinical Practice

Stephen Matthew Schueller, Ph.D., *Northwestern University Feinberg School of Medicine*
Christina Armstrong, Ph.D., *Connected Health Branch, Defense Health Agency*
Martha Neary, M.Sc., *Northwestern University Feinberg School of Medicine*

Workshop 4 | 11:45 a.m. - 2:45 p.m.

◆ Participants earn 3 continuing education credits

Supervision Essentials for CBT

Cory F. Newman, Ph.D., *University of Pennsylvania, Perelman School of Medicine*
Danielle A. Kaplan, Ph.D., *New York University School of Medicine*

Workshop 5 | 3:00 p.m. - 6:00 p.m.

◆ *Participants earn 3 continuing education credits*

You Were Meant for Primary Care: A Practical, Competency-Based Approach

Ryan R. Landoll, ABPP, Ph.D., *Uniformed Services University*
Jeffrey L. Goodie, ABPP, Ph.D., *Uniformed Services University of the Health Sciences*

Lisa K. Kearney, ABPP, Ph.D., *VA Center for Integrated Healthcare*

Kathryn E. Kanzler, ABPP, Psy.D., *University of Texas Health Science Center at San Antonio*

Workshop 6 | 3:00 p.m. - 6:00 p.m.

◆ *Participants earn 3 continuing education credits*

Coordinated Interventions for School Avoidance: Engaging Family, Schools, and Clinicians

Brian Chu, Ph.D., *Rutgers University, Graduate School of Applied and Professional Psychology*

Laura C. Skriner, Ph.D., *Evidence Based Practitioners of New Jersey*

Workshop 7 | 3:00 p.m. - 6:00 p.m.

◆ *Participants earn 3 continuing education credits*

Means Safety Counseling for Suicide Prevention

Craig Bryan, ABPP, Psy.D., *National Center for Veterans Studies at the University of Utah*

SATURDAY

Workshop 8 | 8:00 a.m. - 11:00 a.m.

◆ *Participants earn 3 continuing education credits*

Comprehensive Behavioral Intervention for Tic Disorders

Douglas Woods, Ph.D., *Marquette University*

Michael Himle, Ph.D., *University of Utah*

Workshop 9 | 8:00 a.m. - 11:00 a.m.

◆ *Participants earn 3 continuing education credits*

Addressing Functional and Executive Deficits in Youth With ADHD: Evidence-Based Treatments With Individual, School, and Family Benefits

Richard Gallagher, Ph.D., *New York University School of Medicine*

Jenelle Nissley-Tsiopinis, Ph.D., *Children's Hospital of Philadelphia, Perelman School of Medicine, University of Pennsylvania*

Workshop 10 | 8:00 a.m. - 11:00 a.m.

◆ *Participants earn 3 continuing education credits*

CBT for Chronic GI Disorders

Melissa G. Hunt, Ph.D., *University of Pennsylvania*

Workshop 11 | 11:15 a.m. - 2:15 p.m.

◆ *Participants earn 3 continuing education credits*

Parenting Through the Pressure: Using CBT to Work With Parents of Anxious Teens

Deborah A. Ledley, Ph.D., *Children and Adult's Center for OCD and Anxiety*

Muniya Khanna, Ph.D., *Children and Adult's Center for OCD and Anxiety*

Workshop 12 | 11:15 a.m. - 2:15 p.m.

◆ *Participants earn 3 continuing education credits*

False Safety Behavior Elimination Treatment: A Transdiagnostic Strategy for Anxiety Disorders

Norman B. Schmidt, Ph.D., *Florida State University*

Kristina Korte, Ph.D., *Harvard Medical School*

Workshop 13 | 2:30 p.m. - 5:30 p.m.

◆ *Participants earn 3 continuing education credits*

Written Exposure Therapy: A Brief Treatment Approach for PTSD

Denise Sloan, Ph.D., *Boston University School of Medicine & National Center for PTSD*

Brian Marx, Ph.D., *Boston University School of Medicine & National Center for PTSD*

Workshop 14 | 2:30 p.m. - 5:30 p.m.

◆ *Participants earn 3 continuing education credits*

Cognitive-Behavior Therapy for Looming Vulnerability Distortions

John H. Riskind, Ph.D., *George Mason University*

Workshop 15 | 2:30 p.m. - 5:30 p.m.

◆ *Participants earn 3 continuing education credits*

Individual and Group Cognitive-Behavioral Therapy for Diverse Addictive Behaviors

Bruce S. Liese, Ph.D., *University of Kansas Medical Center*

General Sessions

NO TICKET REQUIRED

Clinical Roundtables, Mini Workshops, Panel Discussions, Symposia, and Research & Professional Development are part of the general program: no tickets are required.

CLINICAL ROUNDTABLES

Friday, November 16, 2018

8:30 a.m. – 10:00 a.m.

- ◆ *Participants earn 1.5 continuing education credits*
Do They "Like" Me or Just Want Me to #Follow Them? The Relevance of Social Media to Clinical Issues and Treatment
Moderator: Amanda McGovern, Ph.D.
Panelists: Erin K. Engle, Psy.D., Rachel E. Ginsberg, Ph.D., Jeneane Solz, Ph.D., Caitlin B. Shepherd, Ph.D., Sarah Anolik Katz, M.A.

- ◆ *Participants earn 1.5 continuing education credits*
Intensive Therapies for PTSD: Minimizing Avoidance and Maximizing Engagement
Moderator: Andrew M. Sherrill, Ph.D.
Panelists: Michael Brennan, Psy.D., Kathleen M. Chard, Ph.D., Laura L. Meyers, Ph.D., Sheila A. M. Rauch, Ph.D., Emily G. Marston, Ph.D.

10:15 a.m. – 11:45 a.m.

- ◆ *Participants earn 1.5 continuing education credits*
Borrowing Wisdom From the Anxiety Field: How Lessons Learned in the Exposure-Based Treatment of Anxiety Disorders Can Advance the Eating Disorders Field
Moderators: Jamal H. Essayli, Ph.D., Lisa M. Anderson, Ph.D.
Panelists: Richard G. Heimberg, Ph.D., Bunmi Olatunji, Ph.D., Elizabeth A. Hembree, Ph.D., Cheri A. Levinson, Ph.D., Stuart B. Murray, Ph.D.

1:45 p.m. – 3:15 p.m.

- ◆ *Participants earn 1.5 continuing education credits*
Going All In Without Going Overboard: Drawing the Line Between Thorough and Gratuitous in Exposure Treatment
Moderator: Anthony C. Puliafico, Ph.D.
Panelists: Steven Tsao, Ph.D., Anne Marie Albano, ABPP, Ph.D., Martin Franklin, Ph.D., John D. Guerry, Ph.D.

Saturday, November 17, 2018

8:30 a.m. – 10:00 a.m.

- ◆ *Participants earn 1.5 continuing education credits*
Addressing the Impact of Trauma on Youth With Autistic Spectrum Disorder and Other Developmental Disabilities
Moderator: Juliet Vogel, Ph.D.
Panelists: Peter J. D'Amico, ABPP, Connor M. Kerns, Ph.D., Daniel Hoover, ABPP, Michael Gomez, Ph.D.

- ◆ *Participants earn 1.5 continuing education credits*
In-Person and Technology-Mediated Relationship Interventions for Same-Sex Couples: Towards the Development and Dissemination of Affirming Couple Care
Moderator: Kimberly Z. Pentel, M.A.
Presenters: Sarah W. Whitton, Ph.D., David W. Pantalone, Ph.D., Kathryn Macapagal, Ph.D., Donald H. Baucom, Ph.D.

- ◆ *Participants earn 1.5 continuing education credits*
Telemental Health With Veteran Couples: Special Considerations for Providing Evidence-Based Psychotherapy Within the VA System
Moderator: Katherine Knies, Ph.D.
Panelists: Karen Petty, Ph.D., Anna Birks, Psy.D., Leigh Ridings, Ph.D., Vickie Bhatia, Ph.D.

10:15 a.m. – 11:45 a.m.

- ◆ *Participants earn 1.5 continuing education credits*
Using Technology Before, During, and After Intensives for Tweens/Teens With Selective Mutism to Enhance Motivation and Generalization
Moderator: Jami M. Furr, Ph.D.
Panelists: Shelley Avny, Ph.D., Laura Kirmayer, Ph.D., Lauren Knickerbocker, Ph.D., Steven Kurtz, ABPP, Ph.D.

1:45 p.m. – 3:15 p.m.

- ◆ *Participants earn 1.5 continuing education credits*
Managing Disruptive Behaviors in Classrooms With Technology: Interventions, Implications, and Obstacles
Moderator: Steven Kurtz, ABPP, Ph.D.
Panelists: Alexandra Barnett, Ph.D., Karen Budd, Ph.D., Chelsey Rosen, Psy.D., Tasha Brown, Ph.D.

3:30 p.m. – 5:00 p.m.

- ◆ *Participants earn 1.5 continuing education credits*
Developing a Life-Span Treatment Path for ADHD: Incorporating Recent Empirically Supported Treatments From Preschool to Young Adulthood
Moderator: Richard Gallagher, Ph.D.
Panelists: Richard Gallagher, Ph.D., Anil Chacko, Ph.D., Thomas Power, ABPP, Margaret Sibley, Ph.D., Joshua Langberg, Ph.D.

- ◆ *Participants earn 1.5 continuing education credits*
Exercise-Based Interventions for Psychopathology: Overcoming Barriers to Implementation and Adherence
Moderators: Stephen S. Ilardi, Ph.D., Stephanie E. Punt, B.S.
Panelists: James A. Blumenthal, Ph.D., Madhukar H. Trivedi, M.D., Katie M. Heinrich, Ph.D., Michael S. Namekata, M.A.

Sunday, November 18, 2018

8:30 a.m. – 10:00 a.m.

- ◆ *Participants earn 1.5 continuing education credits*
When Helping Is Hurting: The Role of Family Accommodation in Childhood Anxiety
Moderator: Jami Socha, Ph.D.
Panelists: Daniela Owen, Emily Berner, MFT, David A. Schuberth, M.A.

10:15 a.m. – 11:45 a.m.

◆ *Participants earn 1.5 continuing education credits*

How to Prepare Clinicians for the Changing Landscape of Healthcare: Increasing Treatment Access and Value Using Empirically Supported Mechanisms of Change

Moderator: Paul J. Geiger, M.S.
Panelists: Alex Brake, M.S., Jennifer Cheavens, Ph.D., Colleen Cowperthwait, Ph.D., Zach Rosenthal, Ph.D., Shannon Sauer-Zavala, Ph.D.

10:15 a.m. – 11:45 a.m.

◆ *Participants earn 1.5 continuing education credits*

Trauma-Focused Cognitive Behavioral Therapy for Maltreated Youth: Technological Advances for Training and Treatment

Moderator: Michael Gomez, Ph.D.
Panelists: Jan Newman, Ph.D., JD, Allison R. Morton, B.A., Babetta B. Mathai, B.S., Tabitha C. Fleming, M.A., Alexandra Gibson, M.A.

■ MINI WORKSHOPS

Friday, November 16
8:30 a.m. - 10:00 a.m.

Mini Workshop 1

◆ *Participants earn 1.5 continuing education credits*

Spirituality and Mental Health: What CBT Clinicians Need to Know

David H. Rosmarin, ABPP, Ph.D., McLean Hospital/Harvard Medical School

Mini Workshop 2

◆ *Participants earn 1.5 continuing education credits*

Using Technology to Enhance Evidence-Based Treatment: Skill for Developing an Application From the Ground Up

Zachary W. Adams, Ph.D., Indiana University School of Medicine
Tatiana Davidson, Ph.D., Medical University of South Carolina
Leigh Ridings, Ph.D., Medical University of South Carolina

10:15 a.m. - 11:45 a.m.

Mini Workshop 3

◆ *Participants earn 1.5 continuing education credits*

What We Didn't Learn in Graduate School About Exposure Therapy for Anxiety: Lessons Learned From Real-World Practice

Patrick B. McGrath, Ph.D., Amita Health
Brett J. Deacon, Ph.D., Illawarra Anxiety Clinic

Mini Workshop 4

◆ *Participants earn 1.5 continuing education credits*

#DBT: A Live, Annotated Demonstration of DBT With an Adolescent

Esme A L. Shaller, Ph.D., UC-San Francisco
Alison Yaeger, Psy.D., McLean Hospital, Harvard Medical School
Ashley Maliken, Ph.D., UC-San Francisco
Maggie Gorraiz, Ph.D., McLean Hospital, Harvard Medical School

1:45 p.m. - 3:15 p.m.

Mini Workshop 5

◆ *Participants earn 1.5 continuing education credits*

When Sounds Trigger Anger and Anxiety: An Introduction to Misophonia

Zachary Rosenthal, Ph.D., Duke University Medical Center

3:30 p.m. - 5:00 p.m.

Mini Workshop 6

◆ *Participants earn 1.5 continuing education credits*

#MeToo: What You Need to Know About How to Treat Trauma, Even If You Don't Treat Trauma

Tamar Gordon, Ph.D., Tamar Gordon Psychology, LLC
Susan Paula, Ph.D., American Institute for Cognitive Therapy

Mini Workshop 7

◆ *Participants earn 1.5 continuing education credits*

Family-Based Healthy Weight Coaching

Linda W. Craighead, Ph.D., Emory University

Saturday, November 17

8:30 a.m. - 10:00 a.m.

Mini Workshop 8

◆ *Participants earn 1.5 continuing education credits*

Guided Discovery Strategies: Practical Strategies to Overcome Common Pitfalls

Scott H. Waltman, ABPP, Psy.D., Warrior Resiliency Program, Army, Central Regional Health Command
Brittany Hall, Ph.D., Children's Health-Children's Medical Center/University of Texas Southwestern Medical Center
Lynn McFarr, Ph.D., CBT California

Mini Workshop 9

◆ *Participants earn 1.5 continuing education credits*

Introduction to the Coping Long Term With Active Suicide Program

Ivan Miller, Ph.D., Brown University & Butler Hospital
Brandon Gaudiano, Ph.D., Brown University & Butler Hospital
Lauren Weinstock, Ph.D., Brown University

Mini Workshop 10

◆ *Participants earn 1.5 continuing education credits*

Learning to CARE: An Easy to Understand and Use Approach to Delivering Consistent High-Quality ACT Treatment

Kirk Strosahl, Ph.D., HeartMatters Consulting
Patricia Robinson, Ph.D., Mountainview Consulting Group

10:15 a.m. - 11:45 a.m.

Mini Workshop 11

◆ *Participants earn 1.5 continuing education credits*

Cognitive Behavior Therapy for Women With Anxiety During Pregnancy and the Postpartum

Sheryl Green, Ph.D., McMaster University and St. Joseph's Healthcare
Eleanor Donegan, Ph.D., St. Joseph's Healthcare

Mini Workshop 12

- ◆ *Participants earn 1.5 continuing education credits*

I'm FINE: Recovery-Oriented Cognitive Therapy for Individuals With Psychosis Lacking Insight
Aaron Brinen, Psy.D., Perelman School of Medicine, University of Pennsylvania

1:45 p.m. - 3:15 p.m.

Mini Workshop 13

- ◆ *Participants earn 1.5 continuing education credits*

The Semistructured Interview for Consideration of Ethnic Culture in Therapy Scale: An Evidence-Based Assessment and Intervention Demonstrated to Enhance Cultural Competence
Brad Donohue, Ph.D., University of Nevada, Las Vegas
Kelsey M. Bradshaw, Ph.D., Sharp HealthCare
Yulia Gavrilova, M.A., University of Nevada, Las Vegas
Marina Galante, M.A., University of Nevada, Las Vegas
Elena Gavrilova, B.A., University of Nevada, Las Vegas

3:30 p.m. - 5:00 p.m.

Mini Workshop 14

- ◆ *Participants earn 1.5 continuing education credits*

Focusing on Difficulties With Self-Regulation in Short-Term Therapy for Depression
Kari Eddington, Ph.D., University of North Carolina at Greensboro
Timothy Strauman, Ph.D., Duke University

Mini Workshop 15

- ◆ *Participants earn 1.5 continuing education credits*

Treating PTSD in High-Risk and Multi-Diagnostic Clients Receiving DBT
Melanie S. Harned, ABPP, Ph.D., University of Washington
Kathryn Korslund, ABPP, Ph.D., THIRA Health

■ PANEL DISCUSSIONS

Friday, November 16, 2018

8:30 a.m. – 10:00 a.m.

Panel Discussion 1

- ◆ *Participants earn 1.5 continuing education credits*

Cross-Disciplinary Training in CBT: Using Behavioral Strategies and Technology to Enhance Psychotherapy Training in Academic Medical Centers

Moderator: Michelle Pelcovitz, Ph.D.
Panelists: Angela Chiu, Ph.D., Megan Hughes-Feltenberger, Ph.D., Rebecca Erban, Psy.D., Beryl Filton, Ph.D., Colby Tyson, M.D.

Panel Discussion 2

- ◆ *Participants earn 1.5 continuing education credits*

Cutting-Edge Developments in Transdiagnostic Research and Practice

Moderator: David H. Barlow, ABPP
Panelists: Todd Farchione, Ph.D., Peter Norton, Ph.D., Cassidy Gutner, Ph.D., Kristen K. Ellard, Ph.D., Shannon Wiltsey-Stirman, Ph.D.

10:15 a.m. – 11:45 a.m.

Panel Discussion 3

- ◆ *Participants earn 1.5 continuing education credits*

Broadening Perspectives: Understanding the Challenges in Implementation of Evidence-Based Treatments From the Viewpoints of Policymakers, Clinicians, and Researchers

Moderators: Anu Asnaani, Ph.D., & Rinad Beidas, Ph.D.
Panelists: Jonathan Comer, Ph.D., Kimberly Hoagwood, Ph.D., Chris Molnar, Ph.D., Liz Turk-Karan, Ph.D., Shannon Wiltsey-Stirman, Ph.D.

Panel Discussion 4

- ◆ *Participants earn 1.5 continuing education credits*

The Future of Network Analysis in Clinical Psychology: Perils and Possibilities

Moderator: Esther Tung
Panelists: Sacha Epskamp, Ph.D., Aaron J. Fisher, Ph.D., Robert F. Krueger, Ph.D., Richard J. McNally, Ph.D., Douglas Steinley, Ph.D., Aidan G. C. Wright, Ph.D.

Panel Discussion 5

- ◆ *Participants earn 1.5 continuing education credits*

You Can Pay Someone to Do That for You: Partnering With Technology Companies for Behavioral Research

Moderator: Laura Sockol
Panelists: Erika Litvin Bloom, Ph.D., Marie J. C. Forgeard, Ph.D., Gabriela Kattan. Khazanov, M.A., Michael E. Levin, Ph.D.

12:00 p.m. – 1:00 p.m.

Panel Discussion 6

- ◆ *Participants earn 1 continuing education credit*

What Can an Evidence-Based Mental Health Practitioner Do When Faced With Pseudoscience?

Moderator: Daniel L. Hoffman, ABPP, Ph.D.
Panelists: Daniel L. Hoffman, ABPP, Ph.D., Rebecca Sachs, ABPP, Ph.D., Shane Owens, ABPP, Dean McKay, ABPP, Ph.D.

1:45 p.m. – 2:45 p.m.

Panel Discussion 7

- ◆ *Participants earn 1 continuing education credit*

Friend or Foe: Social Media's Relationship With Eating Disorders and its Impact on Research, Prevention, and Clinical Work

Moderator: Laura E. Sproch, Ph.D.
Panelists: Laura E. Sproch, Ph.D., Kimberly P. Anderson, Ph.D., Kate Clemmer, LCSW

Panel Discussion 8

- ◆ *Participants earn 1 continuing education credit*

Managing an Online Mental Health Community for Latinx and Spanish-Speaking Populations

Moderator: Sarah A. Hayes-Skelton, Ph.D.
Panelists: Bryan Balvaneda, M.A., Natalie Arbid, M.A., Marta E. Pagán-Ortiz, M.S.

1:45 p.m. – 3:15 p.m.

Panel Discussion 9

◆ *Participants earn 1.5 continuing education credits*

#Timesup: Strategies to Advance Women to the Top from Women Who've Made It There

Moderator: Page L. Anderson, Ph.D.
Panelists: Ileana Arias, Ph.D., Marsha Linehan, Ph.D., Lily McNair, Ph.D., Gail Steketee, Ph.D., Michelle Williams, Ph.D.

Panel Discussion 10

◆ *Participants earn 1.5 continuing education credits*

Integrating Technology in Behavioral Medicine and Primary Care: Opportunities and Challenges

Moderators: Brooke G. Rogers, M.P.H., & Jessica F. Magidson, Ph.D.
Panelists: Ethan H. Mereish, Ph.D., Joseph Trombello, Ph.D., Rachel Tomko, Ph.D., Lena Andersen, Ph.D., Jessica Yu, Ph.D.

Panel Discussion 11

◆ *Participants earn 1.5 continuing education credits*

We Don't Have Time To Lose: Bridging the Gap Between Academia and Digital Health Industry

Moderator: Christine Moberg, Ph.D.
Panelists: Jessica Lipschitz, Ph.D., Athena Robinson, Ph.D., Paula Willbourne, Ph.D., Mylea Charvat, Ph.D., Ken Weingardt, Ph.D., Megan Oser, Ph.D.

3:30 p.m. – 5:00 p.m.

Panel Discussion 12

◆ *Participants earn 1.5 continuing education credits*

Bringing Evidence-Based Treatments for Youth Depression Into Community Settings: Opportunities and Challenges

Moderator: Jami F. Young, Ph.D.
Panelists: Elizabeth McCauley, Ph.D., Laura Mufson, Ph.D., V. Robin Weersing, Ph.D., Anat Brunstein-Klomek, Ph.D.

Panel Discussion 13

◆ *Participants earn 1.5 continuing education credits*

Ethics and Policy in Technology-Based Research

Moderators: Tommy Chou, M.S., & Giovanni Ramos, B.A.
Panelists: Melissa DeRosier, Ph.D., Stacy Frazier, Ph.D., Maryam Kia-Keating, Ph.D., Lynn Bufka, Ph.D., Ashley Isaia, M.A.

Panel Discussion 14

◆ *Participants earn 1.5 continuing education credits*

Measuring Facets of Major Depressive Disorder in Everyday Life: A Practical Discussion of Pragmatics and Innovations

Moderator: Rachel Hershenberg, Ph.D.
Panelists: Lauren Bylsma, Ph.D., Jennifer Dahne, Ph.D., Evan M. Kleiman, Ph.D., Renee Thompson, Ph.D.

Panel Discussion 15

◆ *Participants earn 1.5 continuing education credits*

Strategies for Augmenting and Optimizing CBT: Current Status and Links to Neuroscience

Moderator: Peter F. Hitchcock, M.S.
Panelists: Jan Mohlman, Ph.D., Anders Hovland, Ph.D., Kieron O'Connor, Ph.D., Philippe Goldin, Ph.D., Angela Fang, Ph.D.

Panel Discussion 16

◆ *Participants earn 1.5 continuing education credits*

Using Technology to Improve the Training of Future and Current Clinical Scientists

Moderator: Ashley Borders, Ph.D.
Panelists: Lauren A. Stutts, Ph.D., Susan Wenzel, Ph.D., Dara G. Friedman-Wheeler, Ph.D., Laura Knouse, Ph.D., Zachary Rosenthal, Ph.D., Nicholas Mian, Ph.D.

Saturday, November 17, 2018

8:30 a.m. – 10:00 a.m.

Panel Discussion 17

◆ *Participants earn 1.5 continuing education credits*

Difficult-to-Treat Child Anxiety? Don't Fear: Innovative Formats and Strategies for Optimizing Treatment Delivery

Moderators: Danielle Cornacchio, M.S., & Natalie Hong, B.S.

Panelists: Anne Marie Albano, ABPP, Ph.D., Martin Franklin, Ph.D., Jennifer Freeman, Ph.D., Jonathan Comer, Ph.D.

Panel Discussion 18

◆ *Participants earn 1.5 continuing education credits*

Where Is the "C" in DBT?

Moderators: Lauren Bonavitacola, Psy.D., & Emma Zoloth, Psy.D.
Panelists: Alec L. Miller, Psy.D., Lata McGinn, Ph.D., Lynn McFarr, Ph.D.

10:15 a.m. – 11:45 a.m.

Panel Discussion 19

◆ *Participants earn 1.5 continuing education credits*

#NotFakeNews: Engaging With Journalists About Mental Health Research and Treatment

Moderator: Rachel Zelkowitz, M.S.
Panelists: David Grimm, Ph.D., Steven Hollon, Ph.D., Tina Hesman Saey, Ph.D., Kate Horowitz, M.A.

Panel Discussion 20

◆ *Participants earn 1.5 continuing education credits*

Addressing Gun Violence in America Begins With a Focus on Suicide

Moderator: Michael Anestis, Ph.D.
Panelists: Michael Anestis, Ph.D., Craig Bryan, ABPP, Christopher Maxwell, B.A., Vicka Chaplin, M.A.

Panel Discussion 21

◆ *Participants earn 1.5 continuing education credits*

Current Directions in the Dissemination and Implementation of Evidence-Based Practice for Military Service Members and Veterans With PTSD

Moderators: Andrew M. Sherrill, Ph.D., & Ari Lowell, Ph.D.
Panelists: Katherine A. Dondanville, Psy.D., Kelly P. Maieritsch, Ph.D., David S. Riggs, Ph.D., Josef I. Ruzek, Ph.D., Liza C. Zwiebach, Ph.D.

Panel Discussion 22

◆ *Participants earn 1.5 continuing education credits*

How Tweet It Is: Social Media and Internet Platforms as a Means to Disseminate Knowledge to Behavioral Health Professionals and Consumers

Moderator: Robert D. Friedberg, ABPP, Ph.D.
Panelists: Simon A. Rego, ABPP, Psy.D., Sara Becker, Ph.D., Brad J. Nakamura, Ph.D., Robert Meyers, Psy.D.

Panel Discussion 23

◆ *Participants earn 1.5 continuing education credits*

The Cutting Edge of Technology in CBT Research and Treatment: Where We Are Now, and Where We're Headed

Moderator: Hilary Weingarden, Ph.D.
Panelists: Christian Rück, M.D., Ph.D., Adam Haim, Ph.D., Richard G. Heimberg, Ph.D., Stephen Schueller, Ph.D., Athena Robinson, Ph.D.

Panel Discussion 24

◆ *Participants earn 1.5 continuing education credits*

The Opportunities and Limitations of Digital Interventions for Emotional Difficulties

Moderator: Kibby McMahon, M.A.
Panelists: Zachary Rosenthal, Ph.D., Matthew K. Nock, Ph.D., Bethany A. Teachman, Ph.D., Marcus Rodriguez, M.A.

12:00 p.m. – 1:30 p.m.

Panel Discussion 25

◆ *Participants earn 1.5 continuing education credits*

A Duty to Warn? A Discussion of Potentially Harmful Therapies

Moderator: Amanda Jensen-Doss, Ph.D.
Panelists: Krista Jana, Ph.D., Scott Lilienfeld, Ph.D., Dean McKay, ABPP, Ph.D., Jean Mercer, Ph.D., Bethany A. Teachman, Ph.D., Bradley White, Ph.D.

Panel Discussion 26

◆ *Participants earn 1.5 continuing education credits*

Dissemination and Implementation Science to Reduce Mental Health Burden: Closing the Research to Training Gap

Moderators: Natalie Hong, B.S., & Rachel Ouellette, B.S.
Panelists: Stacy Frazier, Ph.D., Rinad Beidas, Ph.D., Tara G. Mehta, Ph.D., Risa Weisberg, Ph.D.

Panel Discussion 27

◆ *Participants earn 1.5 continuing education credits*

Wise Interventions for Psychopathology? Integrating Social and Clinical Psychological Science

Moderator: Jessica L. Schleider, M.A.
Panelists: Anil Chacko, Ph.D., Gabriele Oettingen, Ph.D., David Yeager, Ph.D., John Riskind, Ph.D., Andres De Los Reyes, Ph.D., David Valentiner, Ph.D.

1:45 p.m. – 3:15 p.m.

Panel Discussion 28

◆ *Participants earn 1.5 continuing education credits*

Community-Based Mental Health Treatment for Co-Occurring Psychiatric Conditions and ASD: Where We Are and Where We Need to Go

Moderator: Brenna Maddox, Ph.D.
Panelists: Valerie L. Gaus, Ph.D., Edward Brodtkin, M.D., Lauren Brookman-Frazee, Ph.D., Zonya Mitchell, Psy.D., Rebecca Sachs, ABPP, Ph.D., Dina Vivian, Ph.D.

3:30 p.m. – 5:00 p.m.

Panel Discussion 29

◆ *Participants earn 1.5 continuing education credits*

A Panel Discussion Commemorating the 50th Anniversary of CBT for Serious Mental Illness: Where Have We Been? Where Are We Going?

Moderators: Shirley Glynn, Ph.D., & Charlie A. Davidson, Ph.D.
Panelists: David Penn, Ph.D., Kim Mueser, Ph.D., Steven Silverstein, Ph.D., William D. Spaulding, Ph.D.

Panel Discussion 30

◆ *Participants earn 1.5 continuing education credits*

Adopting vs. Adapting DBT Across Cultures and Diagnoses

Moderator: Andre Ivanoff, Ph.D.
Panelists: Tony Dubose, Psy.D., Ahmed Abdelkarim, M.D., Helene Sher, M.D., A. Meltem Ustundag-Budak, M.D., Suhadee Henriquez, LCSW

Panel Discussion 31

◆ *Participants earn 1.5 continuing education credits*

This Idea Must Die: Scientific Theories That Are Blocking Progress

Moderator: Simon A. Rego, ABPP, Psy.D.
Panelists: David H. Barlow, ABPP, Anne Marie Albano, ABPP, Ph.D., William C. Sanderson, Ph.D., G. Terence Wilson, Ph.D.

Panel Discussion 32

◆ *Participants earn 1.5 continuing education credits*

Training as a Psychologist in Global Mental Health: Opportunities, Challenges, and the Expanding Role of Technology

Moderator: Jessica F. Magidson, Ph.D.
Panelists: Jennifer M. Belus, M.A., Lena S. Andersen, Ph.D., Alexandra Rose, M.S., Judith K. Bass, Ph.D., Steven A. Safren, Ph.D., Jessica N. Coleman, B.A.

Sunday, November 18, 2018

8:30 a.m. – 10:00 a.m.

Panel Discussion 33

◆ *Participants earn 1.5 continuing education credits*

Integrating Physiological Tools and Technology Into CBT Prevention and Treatment Outcome Research

Moderator: Elissa J. Brown, Ph.D.
Panelists: Komal Sharma-Patel, Ph.D., Kate Noonan, Ph.D., Lily Brown, Ph.D., Desmond Oathes, Ph.D.

Panel Discussion 34

◆ *Participants earn 1.5 continuing education credits*

Virtual Reality: Challenges and Opportunities in Clinical Research

Moderator: Michelle Pelcovitz, Ph.D.
Panelists: Patrick Bordnick, M.P.H., Ph.D., LCSW, JoAnn Difede, Ph.D., Azucena Garcia-Palacios, Ph.D., Hunter Hoffman, Ph.D.

10:15 a.m. – 11:15 a.m.

Panel Discussion 35

◆ *Participants earn 1 continuing education credit*

Portals to Healing: How to Meet the Challenges of Treating Veterans and Military Families Through Telemental Health Services

Moderator: Amanda Spray, Ph.D.
Panelists: Laura Price, Ph.D., Megan Olden, Ph.D., Cory K. Chen, Ph.D.

10:15 a.m. – 11:45 a.m.

Panel Discussion 36

◆ *Participants earn 1.5 continuing education credits*

Bridging the Gap Between Research and Practice in Clinical Applications of Digital Technology

Moderator: Maren Westphal, Ph.D.
Panelists: Maren Westphal, Ph.D., Per Carlbring, Ph.D., Patricia Frazier, Ph.D., Heather Hadjistavropoulos, Ph.D., Frederick Muench, Ph.D.

Panel Discussion 37

◆ *Participants earn 1.5 continuing education credits*

Prevention of Depression: Current Status and Future Directions
Moderators: Lata K. McGinn, Ph.D., & Judy Garber, Ph.D.

Panelists: Judy Garber, Ph.D., Bruce Compas, Ph.D., Jane Gilham, Ph.D., V. Robin Weersing, Ph.D., Jami F. Young, Ph.D.

■ SYMPOSIA

Friday, November 16, 2018

8:30 a.m. - 10:00 a.m.

◆ *Participants earn 1.5 continuing education credits*

Advances in the Use of Social Norms in Risky Drinking Research: From Conceptualization to Intervention

Co-Chairs: Sarah A. Hines, M.A., & Roisin O'Connor, Ph.D.
Discussant: Brian Borsari, Ph.D.

◆ *Participants earn 1.5 continuing education credits*

Applications of Bayesian Estimation in Clinical Research
Co-Chairs: Alessandro De Nadai, Ph.D., & Craig Henderson, Ph.D.
Discussant: Scott Baldwin, Ph.D.

◆ *Participants earn 1.5 continuing education credits*

Culture, Psychosis, and Help-Seeking Patterns for Mental Illness
Chair: Ana Martinez de Andino, M.S.
Discussant: Shirley Glynn, Ph.D.

◆ *Participants earn 1.5 continuing education credits*

Innovative Training Regimes in Psychopathology in Childhood, Adolescence, and Adulthood
Co-Chairs: Ellen Greimel, Ph.D., & Charlotte E. Wittekind, Ph.D.
Discussant: Mike Rinck, Ph.D.

◆ *Participants earn 1.5 continuing education credits*

Investigating Emotion Dysregulation in Worry: The Role of Emotional Contrast Avoidance
Chair: Hanjoo Kim, M.S.
Discussant: Michelle G. Newman, Ph.D.

◆ *Participants earn 1.5 continuing education credits*

Merging Theory With Methodological Advances: Empirical Applications of a Dynamical Systems Framework for an In-Depth Understanding of Couple Functioning
Chair: Melanie S. Fischer
Discussant: Steffany J. Fredman, Ph.D.

◆ *Participants earn 1.5 continuing education credits*

Novel Findings From the Fear Conditioning Laboratory: Fear Conditioning as a Modern Tool for Cognitive Behavioral Science
Co-Chairs: Alexandra K. Gold, M.A., & M. Alexandra Kredlow, M.A.
Discussant: Michael W. Otto, Ph.D.

◆ *Participants earn 1.5 continuing education credits*

Optimizing the Clinical Care of Youth With Tourette's Disorder
Chair: Joseph McGuire, Ph.D.
Discussant: Douglas W. Woods, Ph.D.

◆ *Participants earn 1.5 continuing education credits*

Promoting Recovery After Sexual Violence in Diverse Populations
Chair: RaeAnn Anderson, Ph.D.
Discussant: Patti A. Timmons. Fritz, Ph.D.

◆ *Participants earn 1.5 continuing education credits*

To Accommodate or Not to Accommodate? Improving Academic Success for Children and Adolescents With Externalizing Problems
Chair: Fiona L. Macphee, M.S.
Discussant: George J. DuPaul, Ph.D.

◆ *Participants earn 1.5 continuing education credits*

Using Cutting-Edge Approaches to Advance our Understanding and Treatment of Self-Harming Thoughts and Behaviors
Co-Chairs: Kiera James, B.A., & Aliona Tsypes, M.S.
Discussant: Mitchell J. Prinstein, ABPP, Ph.D.

9:00 a.m.- 10:00 a.m.

◆ *Participants earn 1.5 continuing education credits*

Parent-Child Relationships and Sexual Minority People's Mental Health
Chair: Audrey Harkness, Ph.D.
Discussant: John E. Pachankis, Ph.D.

◆ *Participants earn 1.5 continuing education credits*

Training Novice and Lay Professionals in CBT
Chair: Flint M. Espil, Ph.D.
Discussant: Elizabeth Connors, Ph.D.

10:15 a.m. - 11:45 a.m.

◆ *Participants earn 1.5 continuing education credits*

Behavioral and Cognitive Science-Based Treatment: Harnessing Technology to Enhance Accessibility and Outcomes
Co-Chairs: Daniel W. McNeil, Ph.D., & Jennifer Dahne, Ph.D.
Discussant: Stefan G. Hofmann, Ph.D.

◆ *Participants earn 1.5 continuing education credits*

Harnessing Very Brief Interventions to Reduce Youth Anxiety and Depression at Scale: How, Where, and for Whom?

Chair: Jessica L. Schleider, M.A.
Discussant: Thomas H. Ollendick, Ph.D.

◆ *Participants earn 1.5 continuing education credits*

Improving Risk Assessment and Treatment Planning for Suicidal Emergency Department Patients

Chair: Brooke A. Ammerman, M.A.
Discussant: Evan M. Kleiman, Ph.D.

◆ *Participants earn 1.5 continuing education credits*

Leveraging Technology to Improve Autism Acceptance and Treatment

Chair: Lauren Kenworthy, Ph.D.
Discussant: Sharon daVanport

◆ *Participants earn 1.5 continuing education credits*

Novel Research Approaches to Self-destructive Behaviors and Associated Psychopathology

Chair: Kenneth J.D. Allen, Ph.D.
Discussant: Michael F. Armev, Ph.D.

◆ *Participants earn 1.5 continuing education credits*

Online Relationship Interventions for Low-Income Couples: Results From a Nationwide RCT

Chair: Brian D. Doss, Ph.D.
Discussant: Alan J. Hawkins, Ph.D.

◆ *Participants earn 1.5 continuing education credits*

Recent Advances in OC Spectrum Disorders: A Transdiagnostic and Translational Perspective

Co-Chairs: Berta Summers, M.S., & Brittany M. Mathes, B.A.
Discussant: Eric A. Storch, Ph.D.

12:00 p.m. - 1:30 p.m.

◆ *Participants earn 1.5 continuing education credits*

Interpersonal Dysfunction in Social Anxiety Disorder: The Role of Social Perceptions, Perfectionism, and Empathy

Chair: Hanjoo Kim, M.S.
Discussant: Richard G. Heimberg, Ph.D.

◆ *Participants earn 1.5 continuing education credits*

Couples With Marginalized Identities: The Effects of Minority Stressors on Relationship Functioning and How Couples Cope

Chair: Sarah W. Whitton, Ph.D.
Discussant: Anthony Chambers, ABPP, Ph.D.

◆ *Participants earn 1.5 continuing education credits*

Data-Informed Approaches to Pediatric OCD: New Directions for Research and Clinical Practice

Co-Chairs: Amitai Abramovitch, Ph.D., & Alessandro De Nadai, Ph.D.
Discussant: Eric A. Storch, Ph.D.

◆ *Participants earn 1.5 continuing education credits*

Enhancing Evidence-Based Treatments for Youth Depression: Implications for the Use of Biological and Behavioral Tools in Identifying Candidate Mechanisms of Change

Co-Chairs: Rachel A. Vaughn-Coaxum, M.A., & Dikla Eckshtain, Ph.D.
Discussant: V. Robin Weersing, Ph.D.

◆ *Participants earn 1.5 continuing education credits*

In the Eye of the Beholder: Novel Approaches to Studying Mood Disorders Through the Use of Eyetracking and Pupillometry

Chair: Kean J. Hsu, Ph.D.
Discussant: Greg J. Siegle, Ph.D.

◆ *Participants earn 1.5 continuing education credits*

New Directions in the Study of Nonsuicidal Self-Injury: Innovative Approaches to the Examination of NSSI in Understudied Populations

Co-Chairs: Matthew T. Tull, Ph.D., & Courtney Forbes, M.A.
Discussant: Zachary Rosenthal, Ph.D.

◆ *Participants earn 1.5 continuing education credits*

The Identification and Treatment of Behavioral Health Problems in Pediatric Primary Care

Co-Chairs: Jami F. Young, Ph.D., & Jennifer Mautone, Ph.D.
Discussant: Eric Lewandowski, Ph.D.

◆ *Participants earn 1.5 continuing education credits*

Wisdom From the Front Line: Using Provider and Stakeholder Perspectives to Improve Implementation

Chair: Elizabeth Connors, Ph.D.
Discussant: Lauren Brookman-Frazer, Ph.D.

12:30 p.m. - 1:30 p.m.

◆ *Participants earn 1 continuing education credit*

Innovative Approaches to Youth Dating and Sexual Violence Prevention

Chair: Aliya R. Webermann, M.A.
Discussant: Tara Cornelius, Ph.D.

1:45 p.m. - 3:15 p.m.

◆ *Participants earn 1.5 continuing education credits*

Acceptance and Anxiety: Recent Advances in the Assessment and Treatment of Anxiety Disorders Using an ACT Framework

Chair: Ryan J. Jacoby, Ph.D.
Discussant: Joanna J. Arch, Ph.D.

◆ *Participants earn 1.5 continuing education credits*

Integrating Mobile and Internet Technology With Empirically Supported Treatments for Anxiety and Obsessive-Compulsive Disorder

Chair: Jennifer L. Buchholz, M.A.
Discussant: Jonathan S. Abramowitz, Ph.D.

◆ *Participants earn 1.5 continuing education credits*

Minority Stress, Gender Affirmation, and Mental Health in Transgender Individuals: Research and Clinical Perspectives

Chair: Jae A. Puckett, Ph.D.
Discussant: Jillian C. Shipperd, Ph.D.

◆ *Participants earn 1.5 continuing education credits*

Models and Methods for Capturing Affective Processes in Psychopathology

Co-Chairs: Aaron S. Heller, Ph.D., & Aidan G. C. Wright, Ph.D.
Discussant: Aidan G. C. Wright, Ph.D.

- ◆ *Participants earn 1.5 continuing education credits*
On the Cusp of a "New Era": Integrating Technological Advances Into Evidence-Based Assessment and Treatment
Chair: Lauren A. Rutter, Ph.D.
Discussant: Per Carlbring, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Putative Mechanisms of Response to CBT in Youth With Transdiagnostic Mood Symptoms
Co-Chairs: Amy West, Ph.D., & Victoria Cosgrove, Ph.D.
Discussant: Edward Craighead, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Sustaining EBPs Within Large-Scale Implementation Efforts in Public Mental Health Systems
Chair: Anna S. Lau, Ph.D.
Discussant: Shannon Wiltsey-Stirman, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Transdiagnostic Cognitive-Affective Vulnerability Factors in the Context of Comorbid Emotional Problems and Opioid Misuse
Co-Chairs: Andrew H. Rogers, B.A., & Jafar Bakhshaie, M.D.
Discussant: Kevin E. Vowles, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Using Technology in the Treatment of Youth Anxiety Disorders
Chair: Caroline Donovan, Ph.D.
Discussant: Thomas H. Ollendick, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Using Technology to Improve the Effectiveness of Cognitive Therapy and Interpersonal Psychotherapy for Depression: Results From Two Large-Scale Randomized Trials
Chair: Frenk Peeters, M.D.
Discussant: Robert J. DeRubeis, Ph.D.
- 2:15 p.m.- 3:15 p.m.**
 - ◆ *Participants earn 1 continuing education credit*
Mediators and Moderators of the Association Between PTSD and Suicide
Chair: Lily Brown, Ph.D.
Discussant: Jesse R. Cougle, Ph.D.
- 3:30 p.m.- 4:30 p.m.**
 - ◆ *Participants earn 1 continuing education credit*
Disclosure and Help-Seeking After Interpersonal Violence: Understanding the Role of Social Responses in Improving Survivors' Outcomes and Access to Care
Chair: C. J. E. Fleming, Ph.D.
Discussant: Kathleen Palm Reed, Ph.D.
- 3:30 p.m. -5:00 p.m.**
 - ◆ *Participants earn 1.5 continuing education credits*
CBT for Anxiety and Emotion Dysregulation in ASD: New Tools and Clinical Trials
Chair: Connor M. Kerns, Ph.D.
Discussant: Judy Reaven, Ph.D.
 - ◆ *Participants earn 1.5 continuing education credits*
Challenges and Opportunities in Conducting Research With Suicidal Older Adults
Chair: Dimitris Kiosses, Ph.D.
Discussant: Dora Kanellopoulos, Ph.D.
 - ◆ *Participants earn 1.5 continuing education credits*
Digital Platforms for Young People With Psychosis: A Focus on Engagement and Treatment
Discussant: David Penn, Ph.D.
Chair: Michelle H. Lim, Ph.D.
 - ◆ *Participants earn 1.5 continuing education credits*
Enhancing Evidence-Based Psychotherapies in Routine Care Through Fidelity Assessment
Chair: Clara Johnson, B.A.
Discussant: Aaron Hogue, Ph.D.
 - ◆ *Participants earn 1.5 continuing education credits*
Innovating Mental Health Science With an Ecological Momentary Approach: Applications to Clinical Samples, Treatment Data, and Treatment Delivery
Chair: Ki Eun Shin, M.S.
Discussant: Nader Amir, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Innovations in the Treatment of ADHD in College Students
Co-Chairs: Andrea Chronis-Tuscano, Ph.D., & Michael Meinzer, Ph.D.
Discussant: George J. DuPaul, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Mechanisms of Behavior Change in the Treatment of Alcohol and Other Substance Use Disorders: Disseminating CBT Research Protocols
Chair: Brett T. Hagman, Ph.D.
Discussant: Barbara McCrady, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Novel Methods in Clinical Psychology
Chair: Alessandro De Nadai, Ph.D.
Discussant: Scott Baldwin, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Sleep Disturbance as a Transdiagnostic Factor in Anxiety-Related Processes
Chair: Rebecca Cox, M.A.
Discussant: Colleen Carney, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Some Harm in Looking: Implications of Pornography Use for Relationship and Sexual Outcomes
Chair: Charlie Huntington, B.A.
Discussant: Sarah W. Whitton, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Thinking Beyond the Individual: Family Impacts of PTSD and Its Treatment
Chair: Stefanie T. LoSavio, Ph.D.
Discussant: Steffany J. Fredman, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Transdiagnostic Group Psychotherapy for Children and Adolescents
Chair: Nina Shiffrin, Ph.D.
Discussant: Mary Alvord, Ph.D.

(Symposia, continued)

- ◆ *Participants earn 1.5 continuing education credits*
Understanding and Addressing Substance Use and Related Psychological Barriers to HIV Prevention and Treatment Among Men Who Have Sex With Men
Chair: Abigail W. Batchelder, M.P.H., Ph.D.
Discussant: Steven A. Safren, Ph.D.

Saturday, November 17, 2018

8:30 a.m.- 10:00 a.m.

- ◆ *Participants earn 1.5 continuing education credits*
A Better Look at Attentional Bias to Threat: Influences of Attentional Control, Prefrontal Executive Function, and Stress
Chair: Peter Putman, Ph.D.
Discussant: Willem van der Does, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Closing the Treatment Gap: Technological Applications of Evidence-Based Interventions for Treatment and Training
Chair: Shona N. Vas, Ph.D.
Discussant: Aaron R. Lyon, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Cognitive-Behavioral Technological Interventions: A Focus on Military Populations
Chair: Amanda Edwards-Stewart, ABPP
Discussant: Ari Lowell, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Diagnosing and Treating Callous-Unemotional Type Conduct Problems in Preschoolers: How Can We Do Better?
Chair: Georgette E. Fleming, B.A.
Discussant: Cheryl McNeil, Ph.D.

- ◆ *Participants earn 1.5 continuing education credits*
Emotional Regulation in Youth: More than Keeping Calm and Carrying On
Chair: Robert D. Friedberg, ABPP, Ph.D.
Discussant: Mary Fristad, Ph.D.

- ◆ *Participants earn 1.5 continuing education credits*
Flexing With Fidelity: Routine Care Delivery of Transdiagnostic and Modular Treatment
Co-Chairs: Kate H. Bentley, Ph.D., & Cassidy Gutner, Ph.D.
Discussant: Shannon Wiltsey-Stirman, Ph.D.

- ◆ *Participants earn 1.5 continuing education credits*
Harnessing Neuroimaging Technology in Understanding Mental Health in the Real World: Implications for Psychosocial Interventions
Co-Chairs: Thilo Deckersbach, Ph.D., & Alexandra K. Gold, M.A.
Discussant: Michael W. Otto, Ph.D.

- ◆ *Participants earn 1.5 continuing education credits*
Hello World: Applying Machine Learning Data Analytic Approaches to Clinical Psychology Research
Co-Chairs: Megan Hughes-Feltenberger, Ph.D., & Madeline R. Marks, M.S.
Discussant: David H. Feltenberger, M.S.

- ◆ *Participants earn 1.5 continuing education credits*
Intolerance of Uncertainty: Evidence From Experimental and Laboratory Tasks
Co-Chairs: Evelyn Behar, Ph.D., & Rachel Ranney, M.A.
Discussant: Jonathan S. Abramowitz, Ph.D.

- ◆ *Participants earn 1.5 continuing education credits*
Mental Illness and Violence: Risks, Misconceptions, and the Role of Policy
Chair: Miranda L. Beltzer, M.A.
Discussant: Heather O'Beirne Kelly, Ph.D.

- ◆ *Participants earn 1.5 continuing education credits*
Transdiagnostic Processes in Eating Disorders: How Shared Mechanisms Can Inform Treatment
Chair: Leigh C. Brosorf, B.A.
Discussant: Drew Anderson, Ph.D.

9:00 a.m.- 10:00 a.m.

- ◆ *Participants earn 1 continuing education credit*
As If Parenting Wasn't Hard Enough: The Attenuating Role of Parental Psychopathology on Behavioral Parent Training
Chair: Alexis M. Garcia, M.S.
Discussant: Andrea Chronis-Tuscano, Ph.D.
- ◆ *Participants earn 1 continuing education credit*
Current Trends in Behavioral Medicine: Role of Cognitive Vulnerability in Chronic Health Conditions
Chair: Samantha G. Farris, Ph.D.
Discussant: Ana M. Abrantes, Ph.D.
- ◆ *Participants earn 1 continuing education credit*
Leveraging Technology to Understand and Address Bisexual Stigma and Health
Chair: Brian A. Feinstein, Ph.D.
Discussant: Brian Dodge, Ph.D.
- ◆ *Participants earn 1 continuing education credit*
Seeing the Trees for the Forest: Personalized and Precision Approaches to Discrete Behavior Change
Co-Chairs: Aaron J. Fisher, Ph.D., & Peter D. Soyster, B.A.
Discussant: Aaron J. Fisher, Ph.D.

10:15 a.m.- 11:15 a.m.

- ◆ *Participants earn 1 continuing education credit*
Applications of Individual Level Modeling: Promises, Pitfalls, and Possibilities
Co-Chairs: Marilyn L. Piccirillo, M.A., & Natasha A. Tonge, M.A.
Discussant: Richard J. McNally, Ph.D.

(Symposia, continued)

- ◆ *Participants earn 1 continuing education credit*
Translational Intervention Research in Depression: Exploring Mechanisms of Action
Discussant: Timothy J. Strauman, Ph.D.
Chair: Jaimie Lunsford, M.A.
- 10:15 a.m.- 11:45 a.m.**
- ◆ *Participants earn 1.5 continuing education credits*
Looking Within the Black Box of Family Violence: How Assessment of Incidents of Aggression Can Inform Understanding of Etiological Processes
Chair: Amy D. Marshall, Ph.D.
Discussant: Amy M. Smith Slep, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Promoting Mental Health Through Dyadic Functioning in Same-Sex Couples: From Basic Relationship Science to Technology-Based Intervention Development
Chair: Kimberly Z. Pentel, M.A.
Discussant: Joanne Davila, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
A Revolution in Care: Updating Knowledge and Achieving Implementable Solutions in Digital Mental Health
Chair: Cristina Botella, Ph.D.
Discussant: Stefan G. Hofmann, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Bringing People Together: Using Technology to Broaden the Reach, Improve the Impact, and Evaluate the Effectiveness of Relationship Interventions
Chair: Tatiana D. Gray, Ph.D.
Discussant: Brian D. Doss, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Cognitions, Behaviors, and Emotions Across the Romantic Relationship Life Span: Assessing Relational Conflict Competencies Using Novel Methodology
Co-Chairs: Binghuang Wang, & Judith Biesen, M.A.
Discussant: Christina Balderrama-Durbin, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Examining the Role of Anxiety in Maladaptive Health Behaviors
Co-Chairs: Andrew H. Rogers, B.A., & Arielle Horenstein, M.A.
Discussant: Jasper Smits, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Executive Function in Anxiety and Depressive Disorders
Co-Chairs: Hani Zainal, M.S., & Michelle G. Newman, Ph.D.
Discussant: Thomas H. Ollendick, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Getting Specific About Emotion Dysregulation in Borderline Personality Disorder: A Multi-method Approach
Chair: Matthew W. Southward, M.A.
Discussant: Kim Gratz, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Investigating Substance Use Motives to Inform Intervention and Prevention Efforts
Chair: Samuel R. Davis, B.A.
Discussant: Mark Prince, M.S., Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Longitudinal Investigations of the Complex Relationships Between Body Dissatisfaction, Coping Behaviors, and Health Outcomes
Chair: Lauren A. Stutts, Ph.D.
Discussant: C. Alix Timko, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Motivational and Self-Regulatory Processes Associated With Complicated Grieving
Chair: Joah Williams, Ph.D.
Discussant: Alyssa Rheingold, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Neural Mechanisms of Emotion Dysregulation in Autism Spectrum Disorder: How Neuroimaging Informs Next-Generation Treatments and the Development of Biomarkers
Co-Chairs: Denis G. Sukhodolsky, Ph.D., & Karim Ibrahim, Psy.D.
Discussant: Kevin Pelphrey, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
School-Based Treatment of High School Students With ADHD: Results of a Large Randomized Controlled Trial
Chair: Steven W. Evans, Ph.D.
Discussant: Joshua Langberg, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
The Hierarchical Taxonomy of Psychopathology: An Emerging Dimensional Approach to Mental Disorder Research and Treatment
Chair: Christopher C. Conway, Ph.D.
Discussant: Jennifer Tackett, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Transcultural and Transdiagnostic Application of Behavioral Activation
Chair: Yun Chen, M.A.
Discussant: Stacey B. Daughters, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
What's Going on in the Therapy Room? Measuring in-Session Client and Provider Behaviors Within the Community Implementation of Evidence-Based Practices for Youth
Chair: Bryce McLeod, Ph.D.
Discussant: Aaron Hogue, Ph.D.
- 12:00 p.m.- 1:30 p.m.**
- ◆ *Participants earn 1.5 continuing education credits*
Residential Dialectical Behavior Therapy for Adolescents: An Overview of Treatment Outcomes
Chair: Luciana G. Payne, Ph.D.
Discussant: Alec L. Miller, Psy.D.
- ◆ *Participants earn 1.5 continuing education credits*
What Can We Learn About CBT by Studying Trajectories of Change?
Chair: Jacqueline B. Persons, Ph.D.
Discussant: Stefan G. Hofmann, Ph.D.

(Symposia, continued)

12:30 p.m.- 1:30 p.m.

- ◆ *Participants earn 1 continuing education credit*
Participant Observations: Considerations and Applications Across Home, Outpatient, and School Contexts
Chair: Michelle Grimes, Ph.D.
Discussant: David Reitman, Ph.D.

1:45p.m.- 3:15p.m.

- ◆ *Participants earn 1.5 continuing education credits*
A Loneliness Epidemic? Examining Causes, Correlates, and Interventions for Social Disconnection in the Modern Age
Co-Chairs: Nicole J. LeBlanc, M.A., & Emily E. Bernstein, M.A.
Discussant: Thomas L. Rodebaugh, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
A Multimodal Approach to Abnormal Reward Processing and Affective Psychopathology
Chair: Benjamin A. Katz, M.A.
Discussant: Lauren B. Alloy, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Adding to the CBT Evidence Database: Including Costs, and Benefits, for Cost-Effectiveness and Cost-Benefit Analyses
Chair: Brian T. Yates, Ph.D.
Discussant: Michael C. Freed, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Conceptualization of Sensory Overresponsivity: Implications for Classification of Psychopathology
Co-Chairs: Martha Falkenstein, Ph.D., & David A. F. Haag, Ph.D.
Discussant: Eric A. Storch, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Early Identification of Risk for ADHD in Infancy, Toddlerhood, and Preschool: A Series of Longitudinal Investigations
Chair: Natalie Miller, Ph.D.
Discussant: Andrea Chronis-Tuscano, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Examination of Implementation Leadership and Climate on Implementation in Schools and Community Mental Health Services
Chair: Kelsey S. Dickson, Ph.D.
Discussant: Gregory S. Aarons, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Helping Others Help Less: Assessing and Reducing Symptom Accommodation in Fear-Based Disorders
Chair: Lillian Reuman, M.A.
Discussant: Stephen Whiteside, ABPP
- ◆ *Participants earn 1.5 continuing education credits*
Increasing the Reach of Exposure Therapy for PTSD: The Latest in Randomized Controlled Trials Designed to Reduce Implementation Barriers
Chair: Laurie J. Zandberg, Psy.D.
Discussant: Shannon Wiltsey-Stirman, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Novel Approaches to Understanding and Treating OCD
Chair: Amanda M. Raines, Ph.D.
Discussant: Bunmi Olatunji, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Risk, Resilience, and Treatment Response: Statistical and Computational Advances in Understanding Mental Health
Chair: Michael Mullarkey, M.A.
Discussant: Richard J. McNally, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Using Technology to Advance Methods in Treatment Development Research for Couples
Chair: Julianne C. Flanagan, Ph.D.
Discussant: Dominic J. Parrott, Ph.D.

3:30 p.m.- 4:30 p.m.

- ◆ *Participants earn 1 continuing education credit*
Clinical Utility of Novel Psychophysiological Measures of Depression and Anxiety in the Age of RDoC
Chair: Emily Meissel, B.A.
Discussant: Nader Amir, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Preventing Prescription Stimulant Misuse: Insights From Ecological Momentary Assessment and Simulation Studies
Chair: Laura Holt, Ph.D.
Discussant: Christopher J. Correia, Ph.D.

3:30 p.m.- 5:00 p.m.

- ◆ *Participants earn 1.5 continuing education credits*
“Positively Terrifying”: Multimethod Examinations of Positivity Impairments as an Integral Feature of SAD
Chair: Justin W. Weeks, Ph.D.
Discussant: Lynn Alden, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Building Trauma-Informed Systems for Our Youth: Perspectives From Implementing Trauma-Focused CBT in the Community
Chair: Briana S. Last, M.A.
Discussant: Rinad Beidas, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Capitalizing on Children and Teens’ Engagement With Technology to Improve Behavioral Health: Preliminary Progress and Pitfalls
Chair: Jennifer S. Silk, Ph.D.
Discussant: Tina Goldstein, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Disseminating CBT for OCD: Moving Exposure From the Clinic to the Community and the Computer
Chair: Ryan J. Jacoby, Ph.D.
Discussant: Pim Cuijpers, Ph.D.

(Symposia, continued)

- ◆ *Participants earn 1.5 continuing education credits*
Evidence-Based Treatment With Gender Minority Individuals: Considerations for Affirmative Practice
Chair: Debra A. Hope, Ph.D.
Discussant: John Pachankis, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
From Intuition to Machine Learning: How Is Technology Changing Ways We Assess and See Progress With Clients With Mood Disorders?
Chair: Stephanie Salcedo, M.A.
Discussant: Eric A. Youngstrom, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
If You Build It, They Will Come... But How Do We Get Them to Stay? The Role of Support in e-Health Interventions
Chair: Carmen McLean, Ph.D.
Discussant: Michelle G. Newman, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Improving the Inclusivity, Replicability, and Generalizability of Couples Research Through Technological and Methodological Innovations
Chair: Feea Leifker, M.P.H., Ph.D.
Discussant: Brian D. Doss, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Innovative Approaches to Studying the Co-Occurrence of Post-traumatic Stress Disorder and Risky, Self-Destructive, and Health-Compromising Behaviors
Chair: Nicole H. Weiss, Ph.D.
Discussant: Carla Danielson, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Innovative Technology to Assess and Treat Core and Co-Occurring Problems in Autism
Chair: Daniel L. Hoffman, ABPP, Ph.D.
Discussant: Judith Reaven, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Multilocus Genetic Profile Scores: A Cutting-Edge Tool for Examining Genetic Risk for Depression and Related Constructs
Chair: Suzanne Vrshek-Schallhorn, Ph.D.
Discussant: Lea R. Dougherty, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Multimodal Measurement of Emotion and Emotion Regulation: Opportunities for Enhancing Clinical Science and Treatment
Chair: Vera Vine, Ph.D.
Discussant: Ann Kring, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Predictors, Moderators, and Mediators in Youth Anxiety Disorders
Chair: Dean McKay, ABPP, Ph.D.
Discussant: Thomas H. Ollendick, Ph.D.
- Sunday, November 18**
- 8:30 a.m.- 10:00 a.m.**
- ◆ *Participants earn 1.5 continuing education credits*
Global Mental Health Applications of CBT: Contextual Adaptation and Outcomes of an RCT of the Unified Protocol for the Treatment of Emotional Disorders in Victims of Armed Conflict in Colombia
Chair: Leonidas Castro-Camacho, ABPP, Ph.D.
Discussant: David H. Barlow, ABPP
- ◆ *Participants earn 1.5 continuing education credits*
Interpersonal Violence and Intersecting Health Risks Among Young Women
Co-Chairs: Lindsay Orchowski, Ph.D., & Miryam Yusuf, Ph.D.
Discussant: Kathleen Palm Reed, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Bridging the Gap Between Observed and Real-World Behavior and in-lab Self-Report: Applications of Technology to Understanding Psychosis and Related Psychopathology
Chair: Charlie A. Davidson, Ph.D.
Discussant: William Spaulding, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Clinic-Based Research to Enhance the Effectiveness of Couple and Family Therapy
Chair: Steven L. Sayers, Ph.D.
Discussant: Shirley Glynn, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Couple and Family Functioning in the Face of Adversity: Examining the Intra- and Inter-Personal Consequences of Spousal and Parental Psychopathology Using Longitudinal Methodology
Chair: Judith Biesen, M.A.
Discussant: Keith Renshaw, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Friend or Foe? Technology Use in Individuals With ADHD
Chair: Rosanna Breaux, Ph.D.
Discussant: Amori Mikami, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Innovations in Behavioral Interventions for Disturbed Sleep
Chair: Jessica C. Levenson, Ph.D.
Discussant: Colleen Carney, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Innovative and Brief Methods to Decrease Rumination and Associated Outcomes
Chair: Ashley Borders, Ph.D.
Discussant: Edward Watkins, Ph.D.
- ◆ *Participants earn 1.5 continuing education credits*
Innovative Psychological Approaches to Assessing and Treating Pediatric Patients With Autonomic Dysfunction
Chair: Jessica Malmberg, Ph.D.
Discussant: Sally Tarbell, Ph.D.

(Symposia, continued)

- ◆ *Participants earn 1.5 continuing education credits*
Measurement-Based Care for Depression: Understanding the Current State and Large Scale Implementation Efforts
Chair: Kelli Scott, B.A.
Discussant: Aaron R. Lyon, Ph.D.
 - ◆ *Participants earn 1.5 continuing education credits*
Mediators of Change and Predictors of Outcome With Exposure-Based CBT for OCD
Chair: Michael Wheaton, Ph.D.
Discussant: Bunmi Olatunji, Ph.D.
 - ◆ *Participants earn 1.5 continuing education credits*
Novel Insights on Eating Disorder Treatment and Etiology From Network and Complexity Science
Co-Chair: Shirley B. Wang, B.A., & Payton Jones, B.S.
Discussant: Cheri A. Levinson, Ph.D.
 - ◆ *Participants earn 1.5 continuing education credits*
Out of the Ivory Tower, and Into the Real World: Effectiveness and Sustainability of CBT in Naturalistic Settings
Chair: Jeremy Tyler, Psy.D.
Discussant: Michael Southam-Gerow, Ph.D.
 - ◆ *Participants earn 1.5 continuing education credits*
Pediatric Irritability: Current Understandings and Implications for Care
Chair: Karen T. G. Schwartz, M.S.
Discussant: Melissa A. Brotman, Ph.D.
 - ◆ *Participants earn 1.5 continuing education credits*
Predictors of Treatment Response and Novel Strategies for the Augmentation of CBT for Body Dysmorphic Disorder
Chair: Fanny Alexandra Dietel, M.S.
Discussant: Jamie Feusner, M.D.
 - ◆ *Participants earn 1.5 continuing education credits*
Reducing Disparities: Strategies for Engaging Minority and Low-Income Families in Mental Health Care
Chair: Amanda L. Sanchez, M.S.
Discussant: Antonio Polo, Ph.D.
 - ◆ *Participants earn 1.5 continuing education credits*
Using Technology and Diverse Measurement Methodologies to Examine the Influence of Community Context on Children's Adjustment
Discussant: John Lochman, Ph.D.
Chair: Francesca Kassing, M.A.
- 9:00 a.m.- 10:00 a.m.**
- ◆ *Participants earn 1 continuing education credit*
Mapping the Functions of Self-Destructive Behaviors
Chair: Emily B. Cooney, Ph.D.
Discussant: Kim L. Gratz, Ph.D.
- 10:15 a.m.- 11:15 a.m.**
- ◆ *Participants earn 1 continuing education credit*
Ecological Momentary Assessment of Self-Injurious Thoughts and Behaviors: Identifying Near-Term Risk Factors in Daily Life
Chair: Sarah E. Victor, Ph.D.
Discussant: Heather T. Schatten, Ph.D.
 - ◆ *Participants earn 1 continuing education credit*
Implications of a Complex Behavioral Health Workforce for Implementing Cognitive-Behavioral Therapy: Challenges and Potential Solutions
Chair: Emily M. Becker-Haimes, Ph.D.
Discussant: Kristin Hawley, Ph.D.
 - ◆ *Participants earn 1 continuing education credit*
Treatment Implications for Working with Diverse Clients at Clinical High Risk for Psychosis
Chair: Emily He, M.A.
Discussant: Alex Kopelowicz, M.D.
 - ◆ *Participants earn 1 continuing education credit*
Using Mobile Apps to Achieve Cognitive and Behavioral Change: Three Different Approaches
Chair: Guy Doron, Ph.D.
Discussant: Anat Anat Brunstein-Klomek, Ph.D.
- 10:15 a.m.- 11:45 a.m.**
- ◆ *Participants earn 1.5 continuing education credits*
A Gender-Responsive Analysis of Criminal Thinking: Elucidating the Role of Gender in the Nature and Impact of Criminal Thinking in Justice-Involved Clients
Chair: Natalie J. Jones, Ph.D.
Discussant: Raymond A. DiGiuseppe, ABPP, Ph.D.
 - ◆ *Participants earn 1.5 continuing education credits*
Beyond Symptoms: Novel Applications of Network Analysis in Clinical Psychology
Chair: Richard J. McNally, Ph.D.
Discussant: Richard J. McNally, Ph.D.
 - ◆ *Participants earn 1.5 continuing education credits*
Developing and Testing Novel Treatments for Comorbid Anxiety and Addiction
Chair: Nicole A. Short, M.Sc.
Discussant: Sherry Stewart, Ph.D.
 - ◆ *Participants earn 1.5 continuing education credits*
Exploring Difficulties in Decision Making in Hoarding: A Focus on Cognitive, Emotional, and Motivational Factors
Chair: Kiara R. Timpano, Ph.D.
Discussant: Randy Frost, Ph.D.
 - ◆ *Participants earn 1.5 continuing education credits*
How Do Different PTSD Treatments Work? Clues From Media-tion Research
Co-Chairs: Carmen McLean, Ph.D., & Thea Gallagher, Psy.D.
Discussant: Denise Sloan, Ph.D.
 - ◆ *Participants earn 1.5 continuing education credits*
Innovative Interventions for Perinatal Mood Disorders: Developing and Evaluating Strategies to Improve Maternal and Child Outcomes
Chair: Cynthia L. Battle, Ph.D.
Discussant: Robert Ammerman, Ph.D.

(Symposia, continued)

- ◆ *Participants earn 1.5 continuing education credits*
Methodological Innovations in the Investigation of Refugee Mental Health
Chair: Yulisha Byrow, Ph.D.
Discussant: Anu Asnaani, Ph.D.

- ◆ *Participants earn 1.5 continuing education creditstion*
Methodological Innovations: Precision Neuroimaging, Machine Learning Tournaments, and Computational Modeling to Accelerate Clinical Science
Co-Chairs: Zachary D. Cohen, M.A., & Peter F. Hitchcock, M.S.
Discussant: Greg J. Siegle, Ph.D.

- ◆ *Participants earn 1.5 continuing education credits*
Novel Applications of Behavioral Economic Theory: Alcohol Misuse and PTSD
Chair: Meghan McDevitt-Murphy, Ph.D.
Discussant: Brian Borsari, Ph.D.

- ◆ *Participants earn 1.5 continuing education credits*
Novel, Group-Based Relationship Interventions: The Use of Technology in Implementation and Preliminary Evidence of Effectiveness
Chair: Galena Rhoades, Ph.D.
Discussant: Kristina C. Gordon, Ph.D.

- ◆ *Participants earn 1.5 continuing education credits*
Repetitive Negative Thinking as a Transdiagnostic Vulnerability Factor: A Focus on Mechanisms and Cognition-Emotion Interactions
Chair: Caitlin A. Brown, M.S.
Discussant: Douglas Mennin, Ph.D.

- ◆ *Participants earn 1.5 continuing education credits*
The Transdiagnostic Role of Anxiety-Related Factors in Treatment Outcomes Across Weight-Related Disorders
Co-Chairs: Diana Rancourt, Ph.D., & Nicholas R. Farrell, Ph.D.
Discussant: Carolyn B. Becker, Ph.D.

■ RESEARCH AND PROFESSIONAL DEVELOPMENT

Friday, November 16
10:00 a.m.–11:15 a.m.

- Research and Professional Development 1
- ◆ *Participants earn 1.5 continuing education credits*
Conversation With NIMH Director Dr. Joshua Gordon on Clinical Psychological Science, and ABCT and NIMH's Shared Mission to Reduce the Burden of Mental Illness
Chair: Kiara Timpano, Ph.D., University of Miami
Speakers: Joshua Gordon, M.D., Ph.D., National Institute of Mental Health, Bethany Teachman, Ph.D., University of Virginia & Coalition for the Advancement and Application of Psychological Science

1:45 p.m.–3:15 p.m.

- Research and Professional Development 2
- ◆ *Participants earn 1.5 continuing education credits*
Translating Clinical Science to Enhance Practice: Policy and Products
Chair: Lynn F. Bufka, Ph.D., American Psychological Association
Speakers: Lynn F. Bufka, Ph.D., Raquel G. Halfond, Ph.D., and Vaile Wright, Ph.D., American Psychological Association, and Dean McKay, Ph.D., Fordham University

- Research and Professional Development 3
- ◆ *Participants earn 1.5 continuing education credits*
Q & A With NIMH Program Staff: Current Priorities and Funding Opportunities for Clinical Research and Research Training
Chairs: Joel Sherrill, Ph.D., NIMH
Speakers: Adam Haim, Ph.D., Division of Services and Intervention Research (NIMH), Lauren Hill, Ph.D., Division of Services and Intervention Research (NIMH), Sarah Morris, Ph.D., Division of Translational Research (NIMH), Denise Pintello, Ph.D., Division of Services and Intervention Research

(NIMH), Mary Rooney, Ph.D., Division of Services and Intervention Research (NIMH)

3:30 p.m.–5:00 p.m.

- Research and Professional Development 4
- ◆ *Participants earn 1.5 continuing education credits*
Disseminating Psychology in a Post-Truth and Anti-Science World: How to Communicate Science Directly to the Public
Chair: Mitchell J. Prinstein, ABPP, Ph.D., University of North Carolina at Chapel Hill
Speakers: Mitchell J. Prinstein, ABPP, Ph.D., University of North Carolina at Chapel Hill, Stephen Hinshaw, Ph.D., UC-Berkeley, Joanne Davila, Ph.D., Stony Brook University, Anne Marie Albano, ABPP, Ph.D., Columbia University Medical Center, Dean McKay, ABPP, Ph.D., Fordham University

Saturday, November 17

10:15 a.m.–11:45 a.m.

- Research and Professional Development 5
- ◆ *Participants earn 1.5 continuing education credits*
Translating Research Into Action: Forming a Link Between Evidence and Policy
Co-Chairs: Cassidy Gutner, Ph.D., Boston University, VA National Center for PTSD, & Courtney Benjamin Wolk, Ph.D., University of Pennsylvania
Speakers: Jillian Shipherd, Ph.D., VA National Center for PTSD, Jonathan Purtle, DrPH, Drexel University, Lynn F. Bufka, Ph.D., American Psychological Association

- Research and Professional Development 6
- ◆ *Participants earn 1.5 continuing education credits*
Mentoring in the Age of #MeToo
Co-Chairs: Barbara W. Kamholz, ABPP, Ph.D., VA Boston HCS/ BU School of Medicine, & Risa Weisberg, Ph.D., VA Boston Healthcare System and Boston University School of Medicine
Speakers: Elizabeth Meadows, Ph.D.,

Trauma & Anxiety Disorders Clinic, Central Michigan University, Megan Pinkston, Ph.D., Miriam Hospital, Mitchell J. Prinstein, ABPP, Ph.D., University of North Carolina at Chapel Hill, Keith Renshaw, Ph.D., George Mason University, Monnica Williams, Ph.D., University of Connecticut

10:15 a.m.–11:45 a.m.

Research and Professional Development 7

◆ *Participants earn 1.5 continuing education credits*

Getting the Grant: A Discussion With Funding Agency Representatives About Priorities and Application Strategies for the Researchers of ABCT

Chair: Nathaniel R. Herr, Ph.D., American University
Speakers: Joel Sherrill, Ph.D., National Institute of Mental Health, Jill Harkavy-Friedman, Ph.D., American Foundation for Suicide Prevention, Will M. Aklin, Ph.D., National Institute on Drug Abuse, Holly Ramsawh, Ph.D., Patient-Centered Outcomes Research Institute, Brett T. Hagman, Ph.D., National Institute on Alcohol Abuse and Alcoholism

Sunday, November 18

8:30 a.m.–10:00 a.m.

Research and Professional Development 8

◆ *Participants earn 1.5 continuing education credits*

Conducting Research in Your Private Practice: Tips and Pointers

Chair: Jacqueline B. Persons, Ph.D., Oakland Cognitive Behavior Therapy Center
Speakers: Jacqueline B. Persons, Ph.D., Oakland Cognitive Behavior Therapy Center, Kelly Koerner, Ph.D., Evidence-Based Practice Institute, LLC, Linda A. Dimeff, Ph.D., Evidence-Based Practice Institute, LLC, Travis L. Osborne, Ph.D., Evidence Based Treatment Centers of Seattle, Jason B. Luoma, Ph.D., Portland Psychotherapy Clinic, Research, and Training Center

10:15 a.m.–11:45 a.m.

Research and Professional Development 9

◆ *Participants earn 1.5 continuing education credits*

Becoming the Most Prolific Writer You Know: Evidence-Based Strategies for Boosting Productivity in Your Academic Writing

Chair: Andres De Los Reyes, Ph.D., University of Maryland
Speaker: Andres De Los Reyes, Ph.D., University of Maryland

Research and Professional Development 10

◆ *Participants earn 1.5 continuing education credits*

Adding Cost Data to Make Your Research More Impactful (and Used): Cost-Effectiveness, Cost-Benefit, Cost-Utility Analyses for Psychological Treatments

Chair: Brian T. Yates, Ph.D., American University
Speaker: Brian T. Yates, Ph.D., American University

Invited Addresses

Invited Address 1

Friday, 12:30 p.m.– 1:30 p.m.
The Dodo Bird in the Digital Age: How E-Mental Health Can Improve Prevention and Treatment of Mental Health Problems
Pim Cuijpers, Ph.D., *Vrije Universiteit Amsterdam*

Invited Address 2

Saturday, 12:00 p.m.– 1:00 p.m.
Improving the Quality of Evidence-Based Treatments: Can (and Should) Technology Help?
Patricia A. Areán, Ph.D., *University of Washington*

Invited Address 3

Saturday, 1:45 p.m.– 2:45 p.m.
Using New Technologies to Better Understand, Predict, and Prevent Suicidal Behavior
Matthew K. Nock, Ph.D., *Harvard University*

SPOTLIGHT RESEARCH ◆ *Participants earn 1 continuing education credit*

Friday, November 16

1:45 p.m.–2:45 p.m.

SPOTLIGHT Research 1

Using Technology to Target Risk Factors for Psychopathology

Chair: Kiara Timpano, Ph.D., *University of Miami*
Panelist: Brad B. Schmidt, Ph.D., *Florida State University*

3:00 p.m.–4:00 p.m.

SPOTLIGHT Research 2

Technological Advances in Clinical Consultation: Enhancing Practitioner Engagement

Chair: Tanya Freedland, MPS, University of Minnesota
Panelist: Julie Rohovit, Ph.D., University of Minnesota

Saturday, November 17

3:30 p.m.–4:30 p.m.

SPOTLIGHT Research 3

Treatment for Anhedonia: A Neuroscience Driven Approach

Chair: Alicia E. Meuret, Ph.D., *Southern Methodist University*
Panelist: Michelle Craske, Ph.D., *UCLA*

Sunday, November 18

10:15 a.m.–11:15 a.m.

SPOTLIGHT Research 4

CBT for Core Autism Symptoms in Children: Extending CBT to the Treatment of Autism Spectrum Disorders Using

Technology-Assisted Outcomes Measurement

Chair: Jeffrey J. Wood, Ph.D., *UCLA*
Panelist: Karen Wood, Ph.D., *UCLA School of Medicine*

Special Interest Group Meetings

Attendance at an ABCT SIG meeting is a wonderful networking opportunity. The SIGs focus on a diverse range of topics, including treatment approaches, specific disorders, or unique populations.

Addictive Behaviors • Saturday, 12:00 p.m.- 1:30 p.m.,
Marriott Balcony A, Mezzanine Level

African Americans in Behavior Therapy • Friday, 10:15
a.m.- 11:45 a.m., Truman, Mezzanine Level

Aging Behavior & Cognitive Therapy • Friday, 11:30 a.m.-
12:30 p.m., Taft, Mezzanine Level

Anxiety Disorders • Saturday, 1:45 p.m.- 3:15 p.m., Taft,
Mezzanine Level

Attention-Deficit/Hyperactivity Disorder • Friday, 1:45
p.m.- 3:15 p.m., Coolidge, Mezzanine Level

Autism Spectrum and Developmental Disorders
Friday, 8:30 a.m.- 10:00 a.m., Madison B, Mezzanine Level

Behavior Analysis • Friday, 12:30 p.m.- 1:30 p.m., Cleveland
2, Mezzanine Level

Behavioral Medicine and Integrated Primary Care
Saturday, 1:45 p.m.- 3:15 p.m., Wilson C, Mezzanine Level

Behavioral Sleep Medicine • Saturday, 10:15a.m.- 11:45
a.m., Wilson C, Mezzanine Level

Bipolar Disorders • Friday, 3:30 p.m.- 5:00 p.m., Taft,
Mezzanine Level

Child and Adolescent Anxiety • Saturday, 10:15 a.m.- 11:45
a.m., McKinley, Mezzanine Level

Child and Adolescent Depression • Friday, 9:00 a.m.-
10:00 a.m., Taft, Mezzanine Level

Child Maltreatment and Interpersonal Violence
Friday, 3:30 p.m.- 5:00 p.m., Taylor, Mezzanine Level

Child and School-Related Issues • Friday, 10:00 a.m.-
11:00 a.m., Taft, Mezzanine Level

Clinical Psychology at Liberal Arts Colleges
Saturday, 10:15 a.m.- 11:45 a.m., Virginia C, Lobby Level

Clinical Research Methods and Statistics • Saturday,
12:00 p.m.- 1:00 p.m., Taft, Mezzanine Level

Cognitive Therapy • Saturday, 10:45 a.m.- 11:45 a.m., Taft,
Mezzanine Level

Couples Research and Treatment • Friday, 2:30 p.m.- 3:30
p.m., McKinley, Mezzanine Level

Dissemination and Implementation Science
Saturday, 1:45 p.m.- 3:15 p.m., Lincoln 2, Exhibition Level

Forensic Issues and Externalizing Behaviors
Friday, 10:15 a.m.- 11:45 a.m., McKinley, Mezzanine Level

Hispanic Issues in Behavior Therapy • Sunday, 10:00
a.m.- 11:00 a.m., Buchanan, Mezzanine Level

Men's Mental and Physical Health • Saturday, 9:00 a.m.-
10:00 a.m., Taft, Mezzanine Level

Military Psychology • Friday, 1:00 p.m.- 2:00 p.m., Taft,
Mezzanine Level

Mindfulness and Acceptance • Saturday, 3:30 p.m.- 4:30
p.m., Taft, Mezzanine Level

**Native American Issues in Behavior Therapy and
Research** • Friday, 10:15 a.m.- 11:45 a.m., Cleveland 2,
Mezzanine Level

Neurocognitive Therapies/Translational Research
Saturday, 2:30 p.m.- 3:30 p.m., Virginia C, Lobby Level

Obesity and Eating Disorders • Saturday, 3:30 p.m.- 5:00
p.m., Wilson C, Mezzanine Level

Oppression and Resilience: Minority Mental Health
Sunday, 10:15 a.m.- 11:45 a.m., Roosevelt 4, Exhibition Level

Parenting and Families • Saturday, 3:30 p.m.- 5:00 p.m.,
McKinley, Mezzanine Level

Schizophrenia and Other Serious Mental Disorders
Saturday, 8:30 a.m.- 10:00 a.m., Wilson C, Mezzanine Level

Sexual and Gender Minority • Sunday, 8:30 a.m.- 10:00
a.m., Wilson A, Mezzanine Level

Spiritual and Religious Issues in Behavior Change
Friday, 10:15 a.m.- 11:45 a.m., Buchanan, Mezzanine Level

Student • Sunday, 10:15 a.m.- 11:15 a.m., Taft, Mezzanine Level

Suicide and Self-Injury • Friday, 1:45 p.m.- 2:45 p.m.,
Madison A, Mezzanine Level

Technology and Behavior Change • Friday, 12:00 p.m.-
1:30 p.m., McKinley, Mezzanine Level

TIC and Impulse Control Disorders • Friday, 2:00 p.m.-
3:00 p.m., Taft, Mezzanine Level

Trauma and PTSD • Sunday, 9:00 a.m.- 10:00 a.m., Taft,
Mezzanine Level

Women's Issues in Behavior Therapy • Sunday, 9:00 a.m.-
10:00 a.m., Cleveland 2, Mezzanine Level

Registration

Preregister on-line at www.abct.org. To pay by check, complete the registration form available in PDF format on the ABCT website. Participants are strongly urged to register by the preregistration deadline of October 15. Beginning October 16 all registrations will be processed at the on-site rates.

Please note: Convention Program Books will be distributed on-site. (To view the entire program, access the Itinerary Planner at www.abct.org/conv2018; also, a PDF of the program book will be online after November 1.)

To receive member registration fees, members must renew for 2019 before completing their registration process or to join as a New Member of ABCT: (<https://www.abctcentral.org/eStore/index.cfm>)

Preconvention Ticketed Sessions & Registration Preconvention Sessions will be held on Thursday, November 16 at the Washington Marriott Wardman Park Hotel. All preconvention sessions are designed to be intensive learning experiences. Preregister to ensure participation.

Registration for all PRE-Convention Sessions (AMASS, Clinical Intervention Seminars, Institutes) will take place in the Washington Marriott Wardman Park Hotel at the ABCT Onsite Registration area in the Atrium, Exhibition Level.

- **Thursday, November 15: 7:30 a.m. – 6:30 p.m.**

General Registration

Upon arrival at the Washington Marriott Wardman Park Hotel, you can pick up the program book, addendum, additional convention information, and ribbons at the Pre-Registration Desk in the Atrium, Exhibition Level.

PLEASE REMEMBER to BRING CONFIRMATION LETTER WITH YOU to the MEETING.

Onsite Registration AND Preregistration pickup will be open:

- Thursday, November 15: 7:30 a.m. – 6:30 p.m.
- Friday, November 16: 7:30 a.m. – 6:30 p.m.
- Saturday, November 17: 7:30 a.m. – 6:30 p.m.
- Sunday, November 18: 7:30 a.m. – 1:00 p.m.

The general registration fee entitles the registrant to attend all events on November 15 – November 18 except for ticketed sessions. Your canceled check is your receipt. Email confirmation notices will be generated automatically for on-line registrations and will be sent via email the same day you register. Email confirmations will be sent within 1 week for faxed and mailed registrations. If you do not receive an email confirmation in the time specified, please call the ABCT central office, (212) 647-1890, or email Tonya Childers-Collens at tchilders@abct.org.

You must wear your badge at all times to be admitted to all official ABCT sessions, events, and the exhibits. If you lose your badge there will be a \$15 charge for the replacement.

All presenters (except for the first two presenters of ticketed CE sessions) must pay the general registration fee. Leaders of ticketed session will receive information regarding their registration procedure from the ABCT Central Office.

Admission to all ticketed sessions is by ticket only. Preregis-

tration is strongly advised as ticketed sessions are sold on a first-come, first-served basis.

Please note: **NO PURCHASE ORDERS WILL BE ACCEPTED.**

To register, please choose one format:

Registering On-Line The quickest method is to register on-line (go to abct.org and click on the convention banner on the home page, or go to www.abct.org/conv2018). Use this method for immediate feedback on which ticketed sessions you will be attending. To receive members' discounted rates, your ABCT dues must be up to date. If your membership has lapsed, use this opportunity to renew (<https://www.abctcentral.org/eStore/index.cfm>).

To get member rates at this conference, your ABCT dues must be paid through October 31, 2019. The ABCT membership year is November 1, 2018 – October 31, 2019. To renew, go to abct.org or the on-site membership booth.

Registering by Fax You may fax your completed registration form, along with credit card information and your signature, to (212) 647-1865. If you choose this method please DO NOT send a follow-up hard copy. This will cause double payment. For preregistration rates, please register BEFORE the deadline date of October 15.

Registering by Mail All preregistrations that are paid by check must be mailed to ABCT, 305 Seventh Avenue, 16th Floor, New York, NY, 10001. For preregistration rates, forms must be postmarked by the deadline date of Monday, October 15. Forms postmarked beginning Tuesday, October 16 will be processed at on-site rates. Forms postmarked October 23, or later will be processed on-site. There will be no exceptions. Refund Policy Cancellation refund requests must be in writing. Refunds will be made until the October 15 deadline, and a \$40 handling fee will be deducted. Because of the many costs involved in organizing and producing the Convention, no refunds will be given after October 15.

Payment Policy

All fees must be paid in U.S. currency on a U.S. bank. Any bank fees charged to the Association will be passed along to the attendee. Please make checks payable to ABCT.

Exhibits, ABCT Information Booth Hours

New for 2018: Exhibitor Reception, Thursday, November 15, 6:00 p.m. – 8:00 p.m.

- Friday & Saturday: 8:00 a.m. – 5:30 p.m.
- Sunday, 8:00 a.m. – 1:00 p.m.

Hotel

Washington Marriott Wardman Park
2600 Woodley Park Road NW,
Washington, DC 20008

To make a reservation online, go to:
<https://book.passkey.com/e/49544704>

To make a reservation by phone, call +1 800-228-9290 and use the group code ABCT for the ABCT Convention group rate.

Through this website, you can book, modify or cancel your hotel reservations at any time. When making your reservation you will be asked for a one night deposit, which is refundable up to 72 hours prior to date of arrival.

We look forward to seeing you!

The special ABCT Convention rate is \$225 single/double, \$275 concierge level room, per night plus 14.5% tax. These rates will be offered, based on mutual agreement with the Hotel, 3 days before and 3 days after the official Convention dates of November 15–18, 2018. The block is limited and available on a first-come basis until the block is depleted. If you are interested in upgrading your hotel accommodations, there are limited options available, at an increased rate. Contact the hotel directly.

All ABCT Convention scientific sessions will take place at the Washington Marriott Wardman Park Hotel. General registration includes panel discussions, clinical round tables, symposia, mini-workshops, and dozens of poster sessions. SIG meetings and social events will enable non-stop networking. And don't forget to check out the limited-attendance CE events—both on Thursday and throughout the Convention on Friday through Sunday. Register for the mHealth and Technology preconference session on Thursday that will feature two mini-keynotes and a demo fair.

Also new for 2018—don't miss the exhibitor reception that will take place on Thursday from 6:00 p.m. to 8:00 p.m. in the exhibit hall. One complimentary drink will be provided for use either at the Exhibitor Reception on Thursday or the Saturday-night party (10:30 p.m.–1:00 a.m.).

Stay at the Headquarters Hotel to meet your friends and colleagues on the elevator, in the coffee shop, as well as in the meeting rooms. Your support of the headquarter hotel also helps to keep the overall convention expenses to a minimum.

Rooms are available at the ABCT Convention rate until Monday, October 15, 2018. After this date, rooms and rates are subject to rate and room availability. Please be sure to book your reservation early!

mHealth Preconference

**Join us on Thursday, November 15, 2018
for the 2018 ABCT mHealth Preconference—**

*An Innovation Forum sponsored by the Technology
& Neurocognitive Therapies/Translational Research SIGs*

Chairs: Kiara Timpano, Kristin Ellard, Emily Lattie,
Christina Boisseau

Sponsors: Technology SIG & Neurocognitive Therapies/
Translational Research SIG

Full-day pre-conference from 8:30 a.m. – 5:00 p.m.
3 sessions plus a demonstration fair

◆ *Participants earn 5 continuing education credits*

Interdisciplinary mobile health (mHealth) and neuroscience-based technologies and approaches are changing the nature of health research, providing the opportunity to shift from more reactive approaches for patient care to a more proactive stance. mHealth offers exciting possibilities for “P5 medicine,” which applies a prevention focus, is dedicated to personalized care, increases the predictive specificity of our methods, and emphasizes participatory aspects for individual clients with an eye on reducing the public health impact of disease. As with the larger field of medicine, mHealth and neuroscience-informed approaches in psychiatry are opening an unparalleled number of avenues to help reduce the risk for psychiatric disease and increase well-being for our patients. The 2018 ABCT mHealth pre-conference represents an innovative forum that will highlight a number of issues, including: new mHealth and neuroscience-based technologies as applied to psychological problems within the framework of CBT, empirical research support for these technologies, and the challenges to disseminating and implementing psychiatric mHealth and neuroscience advances. The ABCT mHealth pre-conference will bring together key leaders focused on developing new methodologies, those who are devoted to evaluating the effectiveness of these approaches, and who are engaged in disseminating their gained knowledge. A series of presentations will focus on: (1) evaluating and disseminating mhealth and neuroscience-based tools, (2) harnessing mobile and neuroscience-based technology to enhance CBT, and (3) considering the ethical and interdisciplinary considerations for implementing mHealth and neuroscience-based interventions. Discussions throughout the day will ensure a dynamic and interactive forum, which will conclude with hands-on demonstrations of actual technologies.

This preconference is designed to help you:

1. Understand research on evaluation and dissemination of technology-based tools.
2. Explain efforts to use mHealth technologies to enhance CBT interventions.
3. Discuss efforts to use neuroscience-based advances to enhance existing CBT interventions
4. Present considerations for future research at the intersection of mHealth, neuroscience, and CBT, including national funding priorities, the ethics involved with technology, and interdisciplinary collaborations.
5. Give hands-on demonstrations of actual mHealth technologies and neurocognitive interventions.

For more information and a listing of all the speakers, visit:
http://www.abct.org/conv2018/?mn=15&fn=ss_mHealth