



Cognitive
Behavioral
Science,
Treatment,
and
Technology

ABCT

52nd Annual Convention

November 15–18, 2018

Washington, DC

Association for Behavioral and Cognitive Therapies

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Message From the Program Chair

Kiara Timpano, *University of Miami*



As the 2018 Program Chair, I am delighted to welcome you to ABCT's 52nd Annual Convention in Washington, DC!

Washington, DC represents the perfect venue for our conference. As a city, DC recognizes and honors our past with a wealth of premier museums, celebrates our international role by welcoming an international spirit with embassies from across the globe, and supports and encourages scientific advances as the home for the National Institutes of Health. Our convention—with the theme of Cognitive Behavioral Science, Treatment, and Technology—is intended to similarly recognize the past, celebrate international and interdisciplinary collaborations, and look towards a future marked by important advances to help reduce the global impact of mental illness.

We find ourselves at the cusp of a new era, marked by technological advances in a range of different disciplines that have the potential to dramatically affect the science we conduct, as well as the treatments we deliver. Our program will showcase research and clinical practices and training that highlight a number of avenues, including how these innovations are influencing our investigations of the causes and consequences of psychological illness, how they are similarly opening new frontiers in the ways that assessments and treatments are developed, how patients access help, how clinicians monitor response, and how the broader field disseminates evidence-based practices.

Presentations will address how the strong, theoretical, and practical foundations of CBT give us the exciting opportunity to use our multidisciplinary values to identify new and emerging technologies that can catapult our research on mental health problems and well-being to the next level. I am incredibly honored and excited to highlight our invited speakers and special programming. Pim Cuijpers from the Vrije Universiteit Amsterdam will present “The Dodo Bird in the Digital Age: How e-Mental Health Can Improve Prevention and Treatment of Mental Health Problems,” which will showcase exciting work being conducted in Europe on CBT interventions delivered through the web. Matthew Nock from Harvard University will focus on new advances in assessing psychopathology by discussing real-time assessment of self-injurious behaviors in his talk “Using New Technologies to Better Understand, Predict, and Prevent Suicidal Behavior.” Pat Areán from the University of Washington will highlight next-generation possibilities for how treatments could be delivered with a talk entitled “Improving the Quality of Evidence-Based Treatments: Can (and Should) Technology Help?” Additional special programming will comprise discussions with our colleagues in the broader field, including a conversation between Bethany Teachman and Josh Gordon, the director of the National Institute of Mental Health, and panels focused on translating research to policy, as well as NIMH “office hours.” Finally, in her presidential address, “CBT in the Digital Age: Enhancing Effectiveness and Reach of Research and Psychotherapy,” Sabine Wilhelm will highlight how treatment might be enhanced with technology by incorporating virtual reality exercises, crowdsourced peer-to-peer cognitive reappraisal platforms, chat bots, smartphone-based treatment apps sensors, and several other tools into therapy.

It has been an honor to serve as Program Chair, and I am grateful to President Sabine Wilhelm and the ABCT Board for inviting me and supporting me through this process. Working with Sabine is a privilege and genuine pleasure, and I am so excited to see the

conference we dreamed about come to fruition. Making ABCT happen each year is said to “take a village” and there are many members of that village I would like to thank. First and foremost is the 2018 Program Committee for their expertise, careful reviews, and flexibility during the peer review process. This year we had a record number of 278 reviewers and 123 “Super Reviewers,” and I could not be prouder of the well-rounded and exciting program! Second, I thank the chairs of the Convention and Education Issues Committee for their dedication and exceptional job developing this year’s stimulating program: Barbara Kamholz (CIT), Aidan Wright (AMASS), Lauren Weinstock (Workshops), Courtney Benjamin Wolk (Master Clinician Seminars), Cole Hooley (Research & Professional Development), Christina Boisseau (Institutes), and Alyssa Ward (2019 Program Chair). I sincerely appreciate the valuable insights and support of Barbara Kamholz, Coordinator of Convention and Education Issues, and Sandra Pimentel, Board Liaison. Third, a hearty thanks to Mary Jane Eimer and her team at the Central Office—especially Tonya Childers and Stephen Crane—who showed extraordinary devotion to the Convention planning and ABCT in general. Fourth, I am incredibly grateful to the former Program Chair, Jordana Muroff, for her invaluable guidance, support, and friendship. Very special thanks go to Jamie Port, Assistant Program Chair. I am forever indebted to Jamie’s diligence, unwavering commitment, clear thinking, and, most important, humor—I know that I had the right partner-in-crime for this process and could not have done it with anyone else. Finally, a heartfelt thanks to my family for their patience, cheer, and teamwork!

Wishing you all a fun and stimulating convention!

ANNUAL MEETING *of* MEMBERS

Saturday, 12:30–1:30 P.M., Hoover, Mezzanine Level

All ABCT members are encouraged to attend this meeting. Learn about the Association’s 2019 Strategic Plan and our priorities for the next several years. Hear about our accomplishments throughout the 2018 membership year and what is on the agenda for 2019. Meet the newest members of the ABCT governance and help thank your colleagues who have contributed so much to ABCT’s success over the past year. And don’t forget to nominate a colleague or two for an officer position in the 2019 ABCT elections! See your addendum for nomination details.

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Program Chair Assistant

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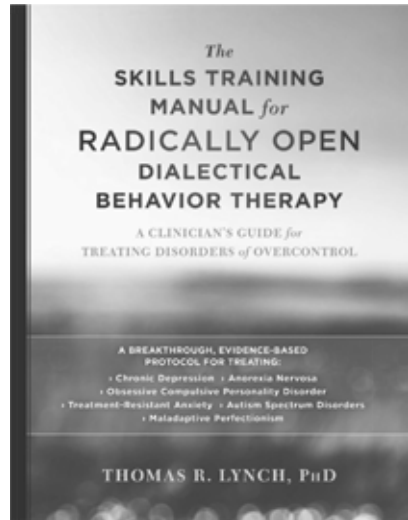
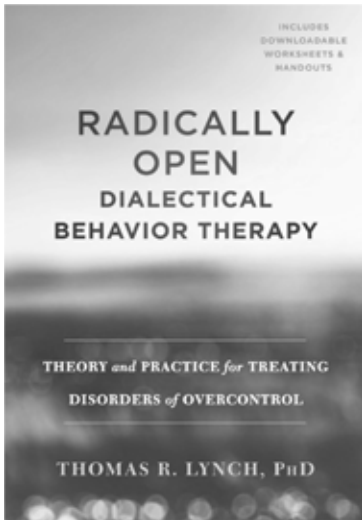
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Chad Wetterneck, *Rogers Memorial Hospital*
*Michael Wheaton, *Barnard College*
Bradley White, *Virginia Tech*
*Kamila White, *University of Missouri, St. Louis*
Shannon Wiltsey Stirman, *National Center for PTSD/Stanford*
*Jamie Winters, *VA Ann Arbor & U. Michigan*
Tracy Witte, *Auburn University*
Courtney Wolk, *University of Pennsylvania*
Erica Woodin, *University of Victoria*
Sheila Woody, *University of British Columbia*
Edward Wright, *Massachusetts General Hospital/Harvard Medical School*
Michael Wydo, *Federal Bureau of Prisons*
Scott Young, *University of South Florida*
*Matthew Young, *University of Chicago*
Kristyn Zajac, *University of Connecticut School of Medicine*
Alyson Zalta, *Rush University Medical Center*
Laurie Zandberg, *University of Pennsylvania School of Medicine*
Kim Zlomke, *University of South Alabama*

Radically Open Dialectical Behavior Therapy for Disorders of Overcontrol



RO DBT Intensive Training

Our intensive training is a two-part fast-track program consisting of 2 x 5-day workshops for professionals who want to develop Radically Open Dialectical Behavior Therapy services for patients with severe and difficult-to-treat mental health problems, such as anorexia nervosa, chronic depression, obsessive-compulsive personality disorder and autism spectrum disorder.

The next training dates are:

- **Palo Alto, CA:** Part 1 January 28 – Feb 1, 2019 & Part 2 September 23-27, 2019
- **Minneapolis, MN:** Part 1 May 20-24, 2019 & Part 2 November 11-15, 2019

For more information, please visit

www.radicallyopen.net/training-events

RADICALLYOPEN

Registration

PLEASE NOTE: Convention Program Books are distributed on-site.

To receive member registration fees, members *must* renew for 2019 before completing their registration process or to join as a New Member of ABCT. To renew, go to <https://www.abctcentral.org/eStore/index.cfm> or visit the membership counter in the registration area onsite.

- **Preconvention Ticketed Sessions & Registration** Preconvention sessions will be held on Thursday, November 15 at the Washington Marriott Wardman Park Hotel. All preconvention sessions are designed to be intensive learning experiences. Registration for all preconvention sessions (mHealth, AMASS, Clinical Intervention Seminars, Institutes) will take place in the Washington Marriott Wardman Park Hotel at the ABCT onsite registration area in the Atrium, Exhibition Level.

- **Thursday, November 15: 7:30 a.m. – 6:30 p.m.**

- **General Registration** Upon arrival at the Washington Marriott Wardman Park Hotel, you can pick up the program book, addendum, additional convention information, and ribbons at the preregistration desk in the Atrium, Exhibition Level.

Onsite Registration AND Preregistration pickup will be open:

- **Thursday, November 15: 7:30 a.m. – 6:30 p.m.**
- **Friday, November 16: 7:30 a.m. – 6:30 p.m.**
- **Saturday, November 17: 7:30 a.m. – 6:30 p.m.**
- **Sunday, November 18: 7:30 a.m. – 1:00 p.m.**

The general registration fee entitles the registrant to attend all events on November 16–November 18 except for ticketed sessions. Your canceled check is your receipt. You will also receive an automatic email receipt if you register onsite. (If you do not receive an email within 2 hours of registering, check with the registration personnel.)

You must wear your badge at all times to be admitted to all official ABCT sessions, events, and the exhibits. If you lose your badge there will be a \$15 charge for the replacement.

All presenters (except for the first two presenters of ticketed CE sessions) must pay the general registration fee. Leaders of ticketed sessions will receive information regarding their registration procedure from the ABCT Central Office.

Admission to all ticketed sessions is by ticket only. Preregistration is strongly advised as ticketed sessions are sold on a first-come, first-served basis.

- **Refund Policy/Cancellation** Refund requests must have been made in writing. Refunds were made until October 15, and a \$40 handling fee deducted. *Because of the many costs involved in organizing and producing the Convention, no refunds are given after October 15.*

- **Payment Policy** All fees must be paid in U.S. currency on a U.S. bank. Any bank fees charged to the Association will be passed along to the attendee. Please make checks payable to ABCT.

Continuing Education at ABCT

ABCT is proud to offer you opportunities to learn from proven educators. Here is an efficient and effective way to hone your clinical skills, learn the results of the latest research, and earn continuing education credits as well.

The continuing education fee must be paid (see registration form) for a personalized continuing education credit letter to be distributed. Those who have included CE in their preregistration will be given a booklet when they pick up their badge and registration materials at the ABCT Registration Desk. Others can still purchase a booklet at the registration area during the convention. The current fee is \$99.00.

For ticketed events attendees must sign in and sign out and complete and return an individual evaluation form. For general sessions attendees must sign in and sign out and answer particular questions in the CE booklet regarding each session attended. The booklets must be handed in to ABCT at the end of the Convention. It remains the responsibility of the attendee to sign in at the beginning of the session and out at the end of the session.

PSYCHOLOGY ABCT is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. ABCT maintains responsibility for this program and its content. Attendance at each continuing education session in its entirety is required to receive CE credit. No partial credit is awarded; late arrival or early departure will preclude awarding of CE credit.

SOCIAL WORK ABCT is approved by the National Association of Social Workers (NASW) (Approval # 886427222-7448) for 34 continuing education contact hours.

COUNSELING ABCT is approved by the National Board of Certified Counselors (NBCC) Approved continuing education provider. ACEP No. 5797 and may offer NBCC-approved clock hours for events that meet NBCC requirements. Programs that do not qualify for NBCC credit are clearly identified. ABCT is solely responsible for all aspects of the program.

LICENSED PROFESSIONALS ABCT is approved by the California Association of Marriage and Family Therapist (CAMFT) to sponsor continuing education for counselors and MFT's. This conference will provide up to 26 hours of continuing education credit for LMFT's, LCSW's LPCC's and/or LEPs required by the California Board of Behavioral Sciences, ABCT maintains responsibility for this program/course and its contents. (Approval #133136).

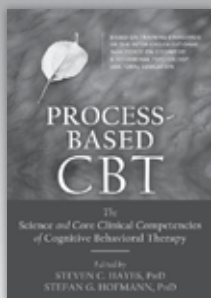
Exhibits, ABCT Information Booth Hours

- Friday & Saturday: 8:00 a.m. – 5:30 p.m.
- Sunday, 8:30 a.m. – 12:00 p.m.

New for 2018: Exhibitor Reception

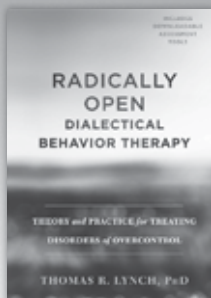
Thursday, November 15, 6:00 p.m.–8:00 p.m.

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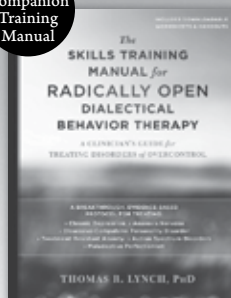
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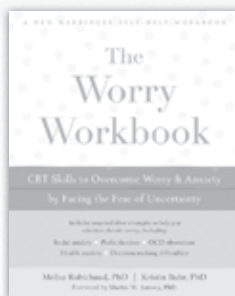
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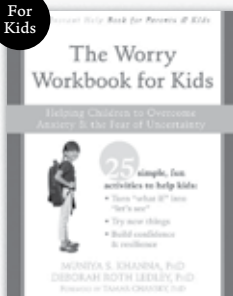
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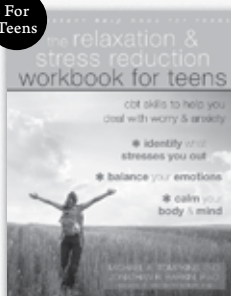
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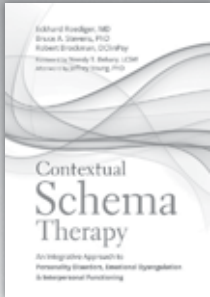
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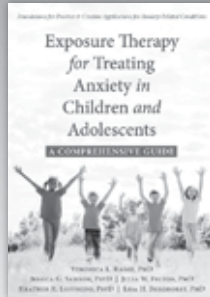
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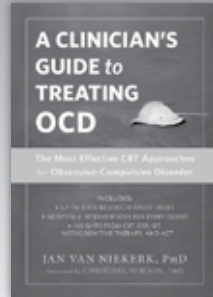


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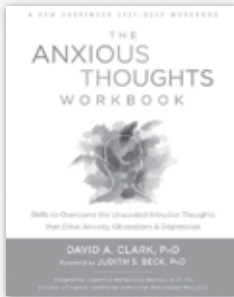
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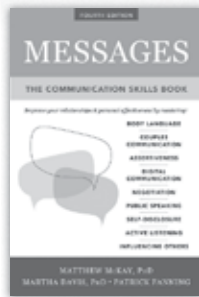
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ABCT ONLINE WEBINARS

Learning doesn't need to stop at the Convention!

ABCT is proud to provide webinars for psychologists and other mental health professionals. Our webinars can be attended live or viewed online at your convenience. Visit our website (abct.org) for the 2018 webinar calendar, or view live, recorded, or archived webinars. CE opportunities are available for many! E-mail Dakota at dmcpherson@abct.org for more information.

Recorded Webinars

David Mandell *When Training and Coaching Aren't Enough: Changing Practice and Outcomes in Low-Resource Public Schools*

Julia Reynolds & Stephen Schueller *Practical Guidance for Using Technology to Enhance Behavioral and Cognitive Treatments: Advice for Practitioners*

Lynn McFarr *Stuck Points in CBT Training in Community Mental Health*

Candice Alfano *Behavioral Treatment of Insomnia in Children: Beyond the Basics*

Rinad Beidas/Shannon Wiltsey Stirman *Applying Principles of Implementation Science to Your Work Across the Continuum of Research to Practice*

John Pachankis *Implementing LGB-affirmative CBT: A Transdiagnostic Minority Stress Treatment Approach*

Barbara Kamholz *Context, Considerations, and Curriculum: Training Psychiatry Residents in CBTs*

Craig Bryan *Brief CBT for Suicidal Military Personnel*

Anu Asnaani *Culture and Therapeutic Alliance: Seven Empirically Supported Guidelines for Improving Multicultural Competency in CBT*

Steve Safren *Intersecting Epidemics: Evidence-Based Approaches for Treating Depression and HIV/AIDS*

Sabine Wilhelm *Imagined Ugliness: The Cognitive Behavioral Treatment of Body Dysmorphic Disorder*

Jill Ehrenreich-May *Introduction to the Unified Protocols for Transdiagnostic Treatment of Emotional Disorders in Children and Adolescents*

Melba Vasquez *Dilemmas in Ethical Practice and Strategies for Decision Making*

Nancy J. Keuthen *CBT for Trichotillomania and Excoriation Disorder*

Anne Marie Albano *Anxiety in the Transition to Adulthood*

ABCT Membership

Added value for your membership dollars

[For a full listing of membership benefits, visit www.abct.org]

Your annual ABCT membership gives you the most from your dues dollars for all stages of your career. Members receive more than just the lowest registration rates at the Washington, DC Convention:

- Stay connected and updated with your colleagues and the latest developments in mental health research through our list serve, the ABCT membership directory, and our online resources. Join one of 40 SIGs, “like” us on Facebook, and follow us on Twitter! Share photos on our Instagram account and sign up for the convention app.
- Participate in our Find-a-CBT-Therapist online referral network at www.findcbt.org. It continues to be our most frequently visited web page. To expand your listing and include your practice particulars, pay just \$50 more per year.
- FREE on-line access to all issues of *the Behavior Therapist*, featuring articles and reviews of research and clinical import, and our outstanding journals *Cognitive and Behavioral Practice* and *Behavior Therapy* (BT is 6 issues per year!). The Institute for Scientific Information now ranks us 13th out of 121 clinical psychology journals, with an impact factor of 3.434.
- Expand your skill sets and earn CE with our growing list of webinars—attend live sessions or view online at your convenience. Planning for 2019 sessions is under way! Let us know what you’d like to see by responding to the survey right after the Washington, DC convention.
- Enrich the training growth of others by participating in our Mentorship Directory, where students in graduate programs can learn from your experiences as a mentor.
- Our on-line Job Bank connects job seekers with the best employment opportunities in CBT. Reasonable rates for employer listings.
- Access our growing library of syllabi and other teaching tools for the latest techniques and principles among CBT teaching resources.

Call for Continuing Education Sessions

53rd Annual Convention • November 21–24, 2019 | Atlanta, GA

Submissions will be accepted through the online submission portal, which will open after January 1, 2019. Submit a 250-word abstract and a CV for each presenter. For submission requirements and information on the CE session selection process, please visit www.abct.org and click on “Convention and Continuing Education.”

Workshops & Mini Workshops | Workshops cover concerns of the practitioner/ educator/researcher. Workshops are 3 hours long, are generally limited to 60 attendees, and are scheduled for Friday and Saturday. Please limit to no more than 4 presenters. Mini Workshops address direct clinical care or training at a broad introductory level. They are 90 minutes long and are scheduled throughout the convention. Please limit to no more than 4 presenters. When submitting for Workshops or Mini Workshop, please indicate whether you would like to be considered for the other format as well.

► For more information or to answer any questions before you submit your abstract, contact **Lauren Weinstock, Workshop Committee Chair, workshops@abct.org**

Institutes | Institutes, designed for clinical practitioners, are 5 hours or 7 hours long, are generally limited to 40 attendees, and are scheduled for Thursday. Please limit to no more than 4 presenters.

For more information or to answer any questions before you submit your abstract, contact **Christina Boisseau, Institute Committee Chair, institutes@abct.org**

Master Clinician Seminars | Master Clinician Seminars are opportunities to hear the most skilled clinicians explain their methods and show taped demonstrations of client sessions. They are 2 hours long, are limited to 40 attendees, and are scheduled Friday through Sunday. Please limit to no more than 2 presenters.

► For more information or to answer any questions before you submit your abstract, contact **Courtney Benjamin Wolk, Master Clinician Seminar Committee Chair, masterclinicianseminars@abct.org**

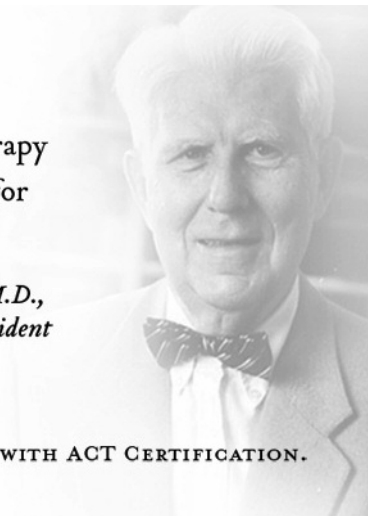
Research and Professional Development | Presentations focus on “how to” develop one’s own career and/or conduct research, rather than on broad-based research issues (e.g., a methodological or design issue, grantsmanship, manuscript review) and/or professional development topics (e.g., evidence-based supervision approaches, establishing a private practice, academic productivity, publishing for the general public). Submissions will be of specific preferred length (60, 90, or 120 minutes) and format (panel discussion or more hands-on participation by the audience). Please limit to no more than 4 presenters, and be sure to indicate preferred presentation length and format.

► For more information or to answer any questions before you submit your abstract, contact **Cole Hooley, Research and Professional Development Chair researchanddevelopmentseminars@abct.org**

Submission deadline: February 1, 2019

“The Academy of Cognitive Therapy
sets the standard of excellence for
cognitive therapists.”

- *Aaron T. Beck, M.D.,
Honorary President*



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Recognition

- Be recognized as a role model who has had a positive impact on colleagues, students, and community by encouraging participation and membership within ABCT
- Help your students and colleagues understand more about ABCT and supporting your professional home
- Be the local resource of association knowledge and be “in-the-know”

New: Student Ambassador Program

- Interested? Contact Amie Grills, Ph.D., at agrills@bu.edu

Rewards

- Be listed as an Ambassador on our website and listed in *tBT*
- Receive a ribbon to wear at convention

Join a growing group of members and convention attendees who support the association by renewing their memberships, attending annual conventions, and providing related information. The time commitment is small, no more than 30 minutes per month.

It's easy to become an ABCT ambassador

- Visit the Help Desk in the registration area during the Washington, DC convention for more information
- Attend the Ambassadors' Meeting during the convention, Saturday, November 17, 3:30 p.m.-4:30 p.m., Jackson, Mezzanine Level
- Learn about the ABCT Ambassadors Program at <http://www.abct.org/Members/?m=mMembers&fa=GetInvolvedABCT>

ABCT

Visit the Help Desk (Registration area) for more information.

9th World Congress of Behavioural & Cognitive Therapies

The CityCube, Berlin, Germany | 17th-20th July 2019



Registration is now open on wcbct2019.org

Download the Call for Papers at wcbct2019.org

Main Call for Papers closes: **6th January 2019**

Call for Posters closes: **17th February 2019**



COGNITIVE AND
BEHAVIOURAL THERAPIES
AT THE **CROSSROADS**



Special Interest Groups

Attendance at an ABCT Special Interest Group meeting is a wonderful networking opportunity. The SIGs focus on a diverse range of topics, including treatment approaches, specific disorders, or unique populations. SIGs are open to ABCT members only, so be sure to join or renew. The Friday-night Cocktail Party/SIG Exposition, 6:30 – 8:30 p.m. (Marriott Ballroom 1, 2, 3) is a fabulous chance to get an overview of ABCT's SIG program in a friendly, networking atmosphere.

To learn more about the SIGs, including how to join or to form a SIG, visit our website at www.abct.org/Members/?m=mMembers&fa=SIG.

Addictive Behaviors

Saturday, 12:00 p.m.- 1:30 p.m.,
Marriott Balcony A, Mezzanine Level

African Americans in Behavior Therapy

Friday, 10:15 a.m.- 11:45 a.m.
Truman, Mezzanine Level

Aging Behavior & Cognitive Therapy

Friday, 11:30 a.m.- 12:30 p.m.
Taft, Mezzanine Level

Anxiety Disorders

Saturday, 1:45 p.m.- 3:15 p.m.
Taft, Mezzanine Level

Attention-Deficit/Hyperactivity Disorder

Friday, 1:45 p.m.- 3:15 p.m.
Coolidge Mezzanine Level

Autism Spectrum and Developmental Disorders

Friday, 8:30 a.m.- 10:00 a.m.
Madison B, Mezzanine Level

Behavior Analysis

Friday, 12:30 p.m.- 1:30 p.m.
Cleveland 2, Mezzanine Level

Behavioral Medicine and Integrated Primary Care

Saturday, 1:45 p.m.- 3:15 p.m.
Wilson C, Mezzanine Level

Behavioral Sleep Medicine

Saturday, 10:15 a.m.- 11:45 a.m.
Wilson C, Mezzanine Level

Bipolar Disorders

Friday, 3:30 p.m.- 5:00 p.m.
Taft, Mezzanine Level

Child and Adolescent Anxiety

Saturday, 10:15 a.m.- 11:45 a.m.
McKinley, Mezzanine Level

Child and Adolescent Depression

Friday, 9:00 a.m.- 10:00 a.m.
Taft, Mezzanine Level

Child Maltreatment and Interpersonal Violence

Friday, 3:30 p.m.- 5:00 p.m.
Taylor, Mezzanine Level

Child and School-Related Issues

Friday, 10:00 a.m.- 11:00 a.m.
Taft, Mezzanine Level

Clinical Psychology at Liberal Arts Colleges

Saturday, 8:30 a.m.- 10:00 a.m.
Virginia C, Lobby Level

Clinical Research Methods and Statistics

Saturday, 12:00 p.m.- 1:00 p.m.
Taft, Mezzanine Level

Cognitive Therapy

Saturday, 10:45 a.m.- 11:45 a.m.

Taft, Mezzanine Level

Couples Research and Treatment

Friday, 2:30 p.m.- 3:30 p.m.

McKinley, Mezzanine Level

Dissemination and Implementation Science

Saturday, 1:45 p.m.- 3:15 p.m.

Lincoln 2, Exhibition Level

Forensic Issues and Externalizing Behaviors

Friday, 10:15 a.m.- 11:45 a.m.

McKinley, Mezzanine Level

Hispanic Issues in Behavior Therapy

Sunday, 10:00 a.m.- 11:30 a.m.

Buchanan, Mezzanine Level

Men's Mental and Physical Health

Saturday, 9:00 a.m.- 10:00 a.m.

Taft, Mezzanine Level

Military Psychology

Friday, 1:00 p.m.- 2:00 p.m.

Taft, Mezzanine Level

Mindfulness and Acceptance

Saturday, 3:30 p.m.- 4:30 p.m.

Taft, Mezzanine Level

Native American Issues in Behavior Therapy and Research

Friday, 10:15 a.m.- 11:45 a.m.,

Cleveland 2, Mezzanine Level

**Neurocognitive Therapies/
Translational Research**

Saturday, 2:30 p.m.- 3:30 p.m.

Virginia C, Lobby Level

Obesity and Eating Disorders

Saturday, 3:30 p.m.- 5:00 p.m.

Wilson C, Mezzanine Level

**Oppression and Resilience:
Minority Mental Health**

Sunday, 10:15 a.m.- 11:45 a.m.

Roosevelt 4, Exhibition Level

Parenting and Families

Saturday, 3:30 p.m.- 5:00 p.m.

McKinley, Mezzanine Level

Schizophrenia and Other Serious Mental Disorders

Saturday, 8:30 a.m.- 10:00 a.m.

Wilson C, Mezzanine Level

Sexual and Gender Minority

Sunday, 8:30 a.m.- 10:00 a.m.

Wilson A, Mezzanine Level

**Spiritual and Religious Issues
in Behavior Change**

Friday, 10:15 a.m.- 11:45 a.m.

Buchanan, Mezzanine Level

Student

Sunday, 9:00 a.m.- 10:00 a.m.

Johnson, Mezzanine Level

Suicide and Self-Injury

Friday, 1:45 p.m.- 2:45 p.m.

Madison A, Mezzanine Level

Technology and Behavior Change

Friday, 12:00 p.m.- 1:30 p.m.

McKinley, Mezzanine Level

TIC and Impulse Control Disorders

Friday, 2:00 p.m.- 3:00 p.m.

Taft, Mezzanine Level

Trauma and PTSD

Sunday, 9:00 a.m.- 10:00 a.m.

Taft, Mezzanine Level

Women's Issues in Behavior Therapy

Sunday, 9:00 a.m.- 10:00 a.m.

Cleveland 2, Mezzanine Level

Gender-Neutral Restrooms

Gender-neutral restrooms are located on the Mezzanine level of the conference center (same level as the FedEx Office), outside of the Thurgood Marshall Ballroom and up the ramp that leads from outside the McKinley meeting room.

Understanding

the ABCT Convention

The ABCT Annual Convention is designed for practitioners, students, scholars, and scientists. All of the ABCT members involved in making the convention have as their central goals the provision of opportunities to meet the needs of the diverse audiences interested in the behavioral and cognitive therapies. Attendees have varying disciplines, varying levels of experience, varying theoretical orientations, as well as special clinical concerns. Just as important are the opportunities to meet people with similar interests for social as well as professional networking.

Some presentations will offer the chance to see and hear what is new and exciting in behavioral and cognitive work from our dynamic and vibrant presenters. Other presentations will address the clinical-scientific issues of how we develop empirical support for our work.

General Sessions and Ticketed Events

• GENERAL SESSIONS

Symposia: Presentations of data, usually investigating efficacy of treatment protocol or particular research. Symposia are either 60 minutes or 90 minutes in length. They have one or two chairs, one discussant, and between three and five papers.

Panel Discussions and Clinical Round Tables: Discussions (sometimes debates) by informed individuals on an important topic. These are organized by a moderator and have between three and six panelists who bring differing experience and attitudes to the subject matter.

Membership Panel Discussions: Organized by representatives of the Membership Committees, these events generally have a particular emphasis on training or career development.

Special Sessions: These events are designed to provide useful information regarding professional, rather than scientific, issues. For more than 25 years our Internship Overview and Postdoctoral Overview have been helping people find their educational paths.

Research Facilitation Sessions: Organized by members of the Research Facilitation Committee, these events aim to highlight research resources for those who study or practice behavioral and cognitive principles.

Research and Professional Development (RPD): Presentations explicitly focused on broad-based research issues (e.g., a methodological or design issue, grantsmanship, manuscript review) and/or professional development topics (e.g., evidence-based supervision approaches, establishing a private practice, academic productivity, publishing for the general public).

Mini Workshops: Mini Workshops address direct clinical care or training at a broad, introductory level. They are 90 minutes in length and occur throughout the meeting.



After reviewing the 2018 Program, we hope you will turn to the online Itinerary Planner and begin to build your ultimate ABCT convention experience!

- ▶ **SEARCH** by topic, presenter, session, type, day/time
- ▶ **BROWSE** by day and view the entire program in time/day order
- ▶ **DEVELOP** your personal ABCT convention schedule

www.abct.org/conv2018

Clinical Grand Rounds: Master-level clinicians give simulated live demonstrations of therapy. Clients may be portrayed by graduate students studying with the presenter and specializing in the problem area to be treated.

Poster Sessions: One-on-one discussions between researchers, who display graphic representations of the results of their studies, and interested attendees. Because of the variety of interests and research areas of the ABCT attendees, between 1,200 and 1,500 posters are presented each year.

Special Interest Group Meetings: Nearly 40 SIGs meet each year to renew relationships, accomplish business (such as electing officers), and often offer presentations. SIG talks are not peer-reviewed by the Association, nor are they eligible for CE credit.

• **TICKETED EVENTS** *These listings—located throughout the program book—include a level of experience to guide attendees and offer CE credit.*

Workshops: Covering concerns of the practitioner/educator/researcher, Workshops are an anchor of the Convention. These sessions are 3 hours long and are generally limited to 60 attendees.

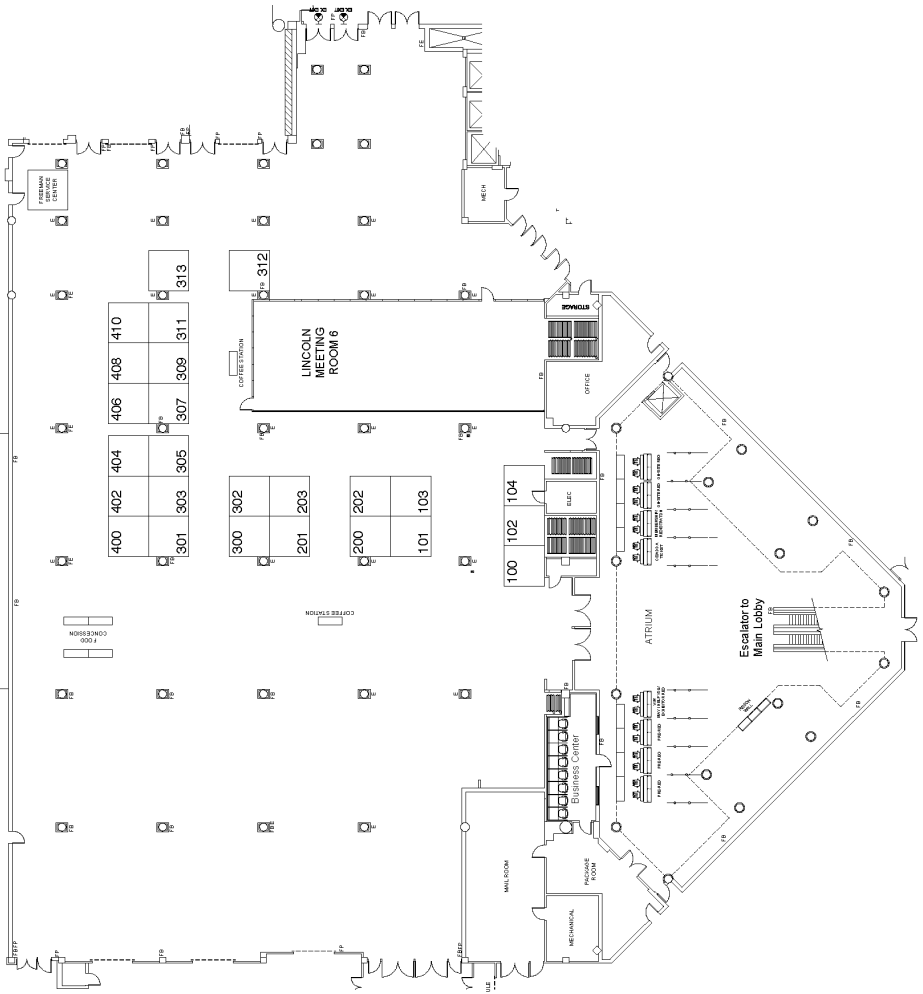
Master Clinician Seminars: The most skilled clinicians explain their methods and show taped demonstrations of client sessions. Offered throughout the Convention, these seminars are 2 hours long and are generally limited to 40 attendees.

Advanced Methodology and Statistics Seminars: Designed to enhance researchers' abilities, these are 4 hours long and limited to 40 attendees.

Institutes: Leaders and topics for Institutes are taken from previous ABCT Workshop and Master Clinician Seminar presentations in which a longer format is beneficial. They are offered as 8-hour or 5-hour sessions on Thursday, and are generally limited to 40 attendees.

Clinical Intervention Training: One-day event emphasizing the "how-to" of clinical intervention. The extended length of 8 hours allows for exceptional interaction.

Exhibits Floor Plan



AWARDS & RECOGNITION

AWARDS CEREMONY: Friday, 5:30–6:30 p.m., Delaware A & B

Career/Lifetime Achievement

Linda Carter Sobell, Ph.D., ABPP, Nova Southeastern University
Mark B. Sobell, Ph.D., ABPP, Nova Southeastern University

Outstanding Mentor *Ricardo Muñoz, Ph.D.*, Palo Alto University

Midcareer Innovator *Shannon Wiltsey Stirman, Ph.D.*,
National Center for PTSD and Stanford University

Outstanding Service to ABCT Former *Behavior Therapy* Editors
Richard G. Heimberg, Ph.D., Temple University; *Thomas H. Ollendick, Ph.D.*,
Virginia Tech; and *Michelle G. Newman, Ph.D.*, Pennsylvania State
University

Distinguished Friend to Behavior Therapy *Joel Sherrill, Ph.D.*,
Division of Services and Intervention Research, NIMH

Anne Marie Albano Early Career Award *Joseph McGuire, Ph.D.*,
Johns Hopkins University School of Medicine

President's New Researcher *Ryan Shorey, Ph.D.*,
University of Wisconsin-Milwaukee

Virginia A. Roswell Student Dissertation Award
Gabriela Khazanov, Ph.D., University of Pennsylvania

Leonard Krasner Student Dissertation Award *Eric Lee, M.A.*,
Utah State University

John R. Z. Abela Student Dissertation Award *Joanna Kim, M.A.*, UCLA

Student Research Grant Recipients *Laurel D. Sarfan*, Miami University
(Ohio); HONORABLE MENTION: *Daniel P. Moriarity*, Temple University

ADAA Travel Awards

Shannon Blakey, M.S., University of North Carolina, Chapel Hill
Martha Falkenstein, Ph.D., McLean Hospital/Harvard Medical School

Elsie Ramos Memorial Student Poster Awards

Emma Brett, Oklahoma State University; *Jonah Meyerhoff*, University of
Vermont; *Kristen E. Frosio*, Oklahoma State University

Student Travel Award *Lillian Reuman*, University of North Carolina
at Chapel Hill

Washington Marriott Wardman Park Hotel

2660 Woodley Road NW, Washington, DC 20008 • (202) 328-2000

Experience a quiet retreat in NW D.C. at Washington Marriott Wardman Park. Located on 16 scenic acres in the affluent Woodley Park neighborhood, the historic hotel is the favored destination among both business and leisure travelers. For those looking to explore, the hotel is just steps from the Woodley Park-Zoo/Adams Morgan Metro station, putting the White House and Renwick Gallery a quick metro ride away. A quick walk from the hotel is the National Zoo, Adams Morgan, and Rock Creek Park. Stylishly appointed rooms include modern amenities, plush bedding, and high-speed Wi-Fi. Dine in one of the hotel's top restaurants, including Stone's Throw Restaurant and Bar and Harry's Pub. Additional perks include a fitness center and a seasonal outdoor pool. Your adventure in the Nation's Capital awaits at the historic Washington Marriott Wardman Park.

The FedEx Office Print & Ship Center located on the mezzanine level offers last-minute presentation and exhibiting needs—from packing and shipping to signs, banners, office supplies, copying, and printing services. There is complimentary guest room Internet for all Marriott Rewards members and complimentary wireless Internet in the meeting space for the duration of the convention.

Floor plans of the meeting space are located on pp. xxxii-xxxiii and in the Addendum.

Restaurant and Dining Options at the Washington Marriott Wardman Park Hotel

● AMERICAN

Stone's Throw Restaurant and Bar

This stylish restaurant and bar showcases classic American fare with modern accents, prepared with farm-fresh, mid-Atlantic ingredients. Private dining rooms are available, for those planning an event in the Woodley Park area. Open for breakfast, lunch, and dinner. Dress code: Casual. Phone: +1 202-745-6920

● COFFEE HOUSE

Woodley Park Pantry

Stop by Woodley Park Pantry and enjoy a fresh, chef-crafted meal from our Fresh Bites menu, which also features Illy Coffee. Fresh Bites is perfect for any meal, snack, or delivery. Open for breakfast, lunch, and dinner. Dress code: Casual.

● AMERICAN

Harry's Pub

This relaxed, welcoming restaurant is open for lunch and dinner, and features an Old English menu with a modern, American twist. Feast on sandwiches, soups, and pizzas, as well as a microbrew from the bar. Open for lunch and dinner. Dress code: Casual.

- AMERICAN

Lobby Bar

After a long day at work or an exciting afternoon at the National Zoo, there's no better way to relax before the evening's activities than by taking a break at the Lobby Lounge in our hotel in downtown Washington, DC, where guests can enjoy great food. Open for breakfast, lunch, and dinner. Dress code: Casual. Phone: +1 202-328-2000

Dining Options Nearby

0.1 miles

Lebanese Taverna—2641 Connecticut Avenue, NW

Open for lunch and dinner. Dress code: Casual. Phone: +1 202-265-8681

- FRENCH, *0.1 miles*

Petits Plats—2653 Connecticut Avenue, NW

Breakfast only served on weekends. Open for lunch and dinner. Dress code: Casual. Phone: +1 202-518-0018

- AMERICAN, *0.2 miles*

Open City—2331 Calvert Street, NW

Pizza, all-day breakfast and more gourmet diner fare in an airy, tin-ceilinged space with a patio. Open for breakfast, lunch, and dinner. Dress code: Casual. Phone: +1 202-332-2331

- ENGLISH, *0.4 miles*

Duke's Counter—3000 Connecticut Avenue, NW

British fare and hefty sandwiches in a white-walled eatery, with a copper-topped bar and graffiti art. Brunch available Saturday and Sunday. Open for breakfast, lunch, and dinner. Dress code: Casual. Phone: +1 202-733-4808

- JAPANESE, *0.7 miles*

Perry's Restaurant—1811 Columbia Road, NW

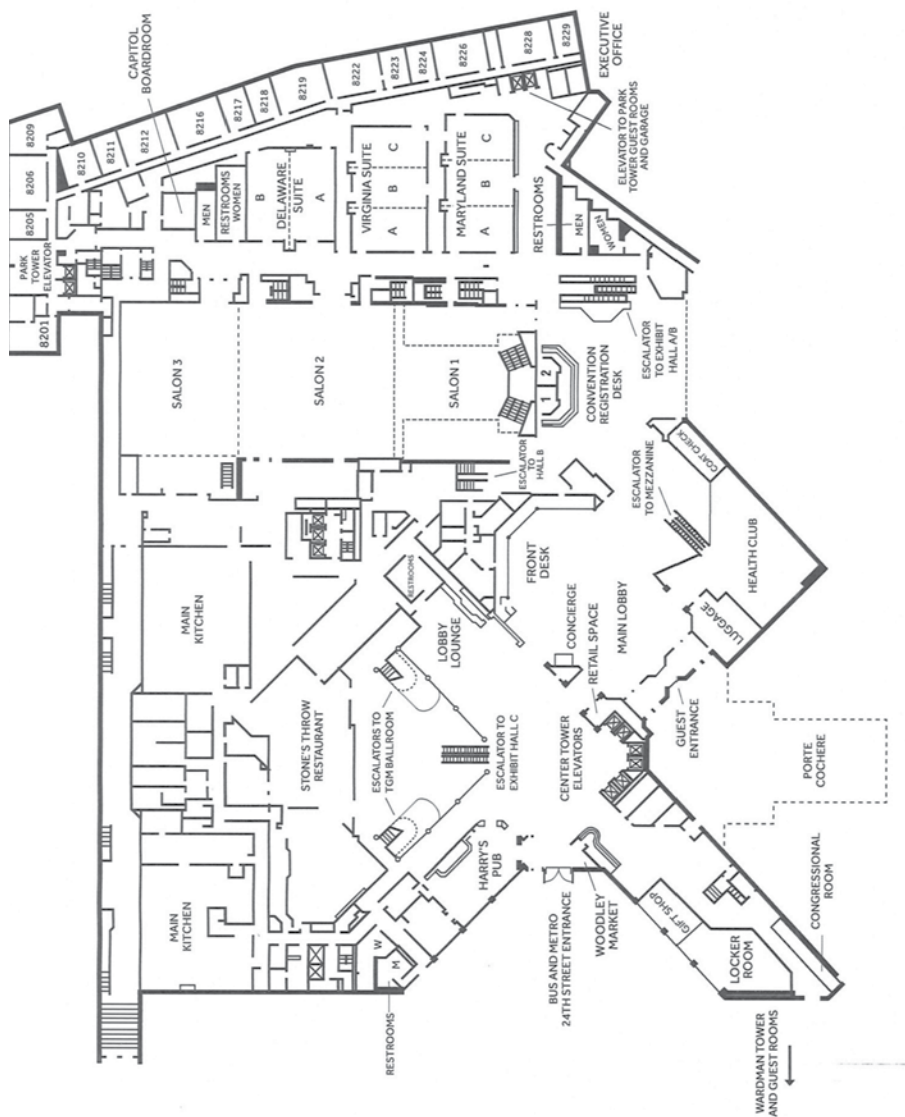
Sleek multilevel eatery serving Japanese fare, sushi, and speciality cocktails, with a rooftop bar. Open for dinner. Dress code: Casual. Phone: +1 202-234-6218

- SEAFOOD, *0.7 miles*

Johnny's Half Shell—1819 Columbia Road, NW

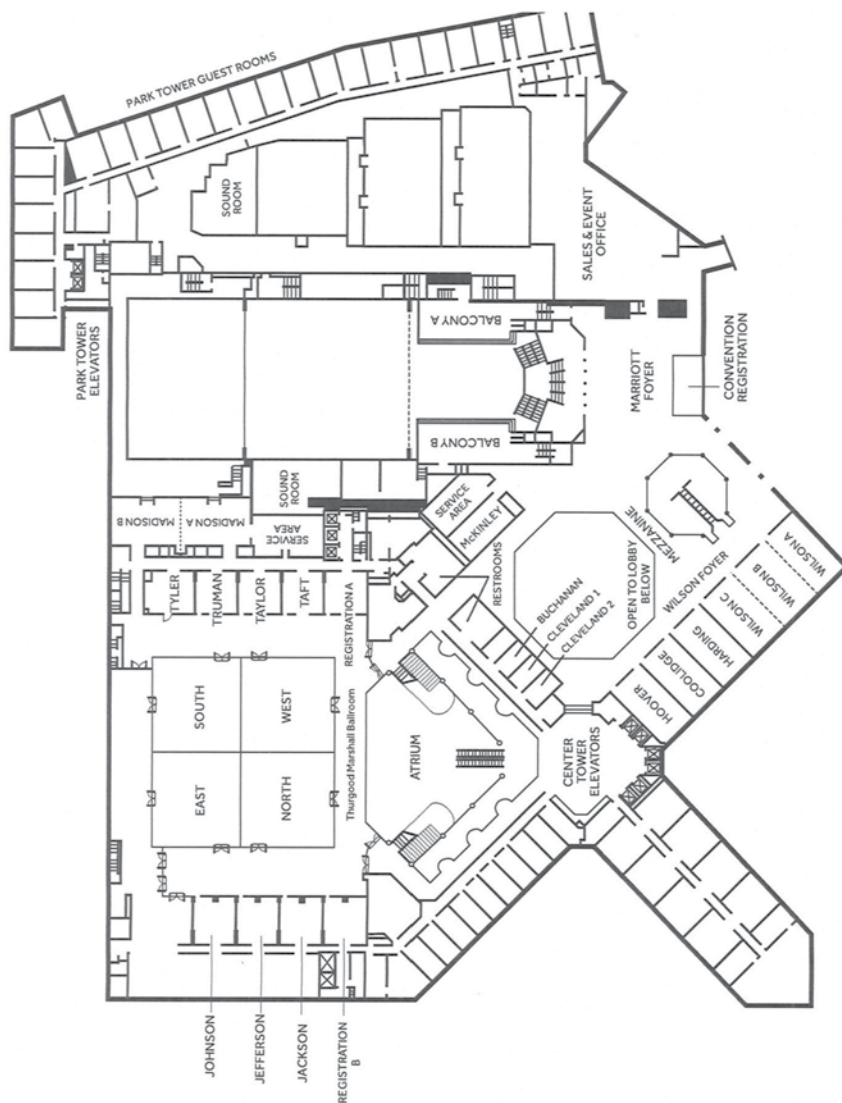
Fried oysters, gumbo, and cheffy seafood dishes in warm surrounds with a sociable bar and maritime feel. Open for dinner. Dress code: Casual. Phone: +1 202-506-5257

Hotel: Lobby Level



Hotel: Mezzanine Level

Hotel Exposition Level



Mark Your Calendars

- **November 1** 2019 Membership year begins
- **January 1** Submission portal opens for submitting Continuing Education sessions
- **January 31** Deadline for 2019 membership renewal without late fee penalty
- **February 1**
 - Deadline for ABCT officer nominations
 - Deadline for CE Submissions (AMASS, Workshop, Institute, and Master Clinician Seminars)
- **February 14** Call for General Sessions (Symposia, Panel Discussions, Clinical Roundtables)
- **March 1** Deadline for ABCT award nominations
- **March 15** Deadline for Call for General Sessions (Symposia, Panel Discussions, Clinical Roundtables)
- **April** Election month: time to vote!
- **November 21-24** 53rd Annual Convention, Atlanta, GA

Learn more about ABCT
Visit www.abct.org

Welcome to the 52nd Annual ABCT Convention

Cognitive Behavioral Science,
Treatment, and Technology

Sabine Wilhelm, Ph.D., President

Kiara R. Timpano, Ph.D., Program Chair

Descriptions follow of several hundred events to be presented November 15–18, 2018. There are sessions on a large array of topic areas and all familiarity levels.

If this is your first ABCT Convention, we recommend you attend the orientation session from 8:00 A.M. to 9:00 A.M. on Friday in Virginia A, Lobby Level.

Having opportunities to discuss your clinical concerns or research interests with colleagues is essential to a rewarding convention experience. Events that are particularly conducive to networking are indicated with this symbol:

networking 

Clinical Intervention Training 1

THURSDAY

ticket

Process-Based Cognitive-Behavioral Therapy

Thursday, 8:30 a.m. - 5:00 p.m.
Maryland A, Lobby Level

Steven C. Hayes, Ph.D., University of Nevada, Reno
Stefan G. Hofmann, Ph.D., Boston University Center for Anxiety and
Related Disorders

Earn 7 continuing education credits

Moderate level of familiarity with the material

Primary Category: Treatment-CBT, Psychotherapy Process, Change Process/Mechanisms

Key Words: *Treatment-CBT, Psychotherapy Process, Change Process/Mechanisms*



STEVEN
HAYES



STEFAN
HOFMANN

Cognitive Behavioral Therapy (CBT) has been an enormous empirical and practical success over its more than 50+ year history. The situation surrounding evidence-based care has dramatically changed, however, and it is important for CBT to change as well. For decades, evidence-based therapy has been defined in terms of scientifically validated protocols focused on syndromes. That era is now passing away. This workshop will feature didactic presentations, demonstration of practical strategies and exercises how to utilize the core competencies of CBT in a pragmatic way that honors the behavioral, cognitive, and acceptance and mindfulness wings of the tradition in a new form of process-based CBT.

You will learn:

- Recognizing the limitations and weaknesses of the contemporary medical model.
- Discuss the history of treatment models and their underlying philosophies.
- Articulate the core processes of CBT.
- Explain how to utilize an idiographic, functional diagnostic system that has treatment utility.
- Describe how to apply more progressive models and theories in clinical practice.

Recommended Readings: Hayes, S. C. & Hofmann, S. G. (2017). The third wave of CBT and the rise of process-based care. *World Psychiatry*, 16, 245-246. doi: 10.102/wps.20442
Hayes, S. C. & Hofmann, S. G. (Eds.) (2018). *Process-based CBT: The science and core clinical competencies of cognitive behavioral therapy*. Oakland, CA: New Harbinger Publications. ISBN-13: 978-1626255968. Hayes, S. C., & Hofmann, S. G. (in press). Survival circuits and therapy: From automaticity to the conscious experience of fear and anxiety. *Current Opinion in Behavioral Sciences*. Hofmann, S. G., & Hayes, S. C. (in press). The future of intervention science: Process-based therapy. *Clinical Psychological Science*. Kazdin, A. E. (2007). Mediators and mechanisms of change in psychotherapy research. *Annual Review of Clinical Psychology*, 3, 1-27. doi:10.1146/annurev.clinpsy.3.022806.091432. Klepac, R. K., Ronan, G. F., Andrasik, F., Arnold, K. D., Behar, C. D., Berry, S. L., . . . Strauman, T. J. (2012). Guidelines for cognitive behavioral training within doctoral psychology programs in the United States: Report of the inter-organizational task force on cognitive and behavioral psychology doctoral education. *Behavior Therapy*, 43, 687-697. doi: 10.1016/j.beth.2012.05.002. Paul, G. L. (1967). Strategy of outcome research in psychotherapy. *Journal of Consulting Psychology*, 31, 109-118. doi: 10.1037/h0024436.

Clinical Intervention Training 2

THURSDAY

ticket

Cognitive Processing Therapy for PTSD: Difficult Cases and Disruptions in Therapy

Thursday, 8:30 a.m. - 5:00 p.m.
Maryland B, Lobby Level

Patricia Resick, Ph.D., ABPP, Duke University School of Medicine
Kathleen M. Chard, Ph.D., Cincinnati VA Medical Center and University of Cincinnati

Earn 7 continuing education credits

High level of familiarity with the material

Primary Category: PTSD (posttraumatic stress disorder)

Key Words: *Cognitive Therapy, Cognitive Schemas/Beliefs, PTSD (posttraumatic stress disorder)*



PATRICIA
RESICK



KATHLEEN
CHARD

The purpose of this Clinical Intervention Training is to discuss and consult on difficult cases with PTSD or those cases that are disrupted by other serious life events while conducting cognitive processing therapy (CPT) for PTSD. The presenters will discuss common difficulties with comorbid disorders, traumatic brain injury or issues with aging, complicated trauma histories and disruptions during therapy and how to handle them while keeping fidelity to the CPT protocol. Having emergency sessions or conducting variable length therapy will be discussed. The presenters will show videotaped examples and may do role play with participants. Participants should be using CPT in their practice and should bring in questions and/or case material to be discussed. This will *not* be a basic training in CPT and is for participants who have been implementing it regularly. The presenters will also help participants differentiate between client readiness for CPT and therapist stuck points.

You will learn:

- Recognize common types of difficult PTSD clients.
- Demonstrate how to incorporate complex trauma histories into the CPT protocol in a role-play.
- Discuss handling emergency situations during CPT such as substance abuse, self-harm behavior, more trauma during treatment.
- Describe when to adapt worksheets or use alternative forms of worksheets.
- Explain how to work on engagement with noncooperative clients or decide when to refer them out.

Recommended Readings: Resick, P. A., Monson, C. M. & Chard, K. M. (2017). *Cognitive Processing Therapy for PTSD: A Comprehensive Manual*. New York: Guilford. Bovin, M. J., Wolf E. J., Resick, P. A. (2017). Longitudinal associations between posttraumatic stress disorder severity and personality disorder features among female rape survivors. *Frontiers in Psychiatry*, 8, 1-11, <https://doi.org/10.3389/fpsy.2017.00006>Wachen, J. S., Dondanville, K. A., Pruiksma, K. E., Molino, A., Carson, C. S., Blankenship, A. E., Wilkinson, C., Yarvis, J. S., & Resick, P. A.; for the STRONG STAR Consortium. (2016). Implementing cognitive processing therapy for posttraumatic stress disorder with active duty U.S. military personnel: Special considerations and case examples. *Cognitive and Behavioral Practice*, 23, 133-147. doi:10.1016/j.cbpra.2015.08.007Walter, K. H., Barnes, S. M., & Chard, K. M. (2012) The influence of comorbid MDD on outcome after residential treatment for veterans with PTSD and a history of TBI. *Journal of Traumatic Stress*, 25, 1-7.

mHealth Pre-conference

THURSDAY

ticket

The 2018 ABCT mHealth Preconference

8:30 a.m. - 5:00 p.m.
Delaware A & B, Lobby Level

*An Innovation Forum sponsored by the
Technology & Neurocognitive Therapies/Translational Research SIGs*

- CHAIRS: *Kiara R. Timpano, Ph.D., University of Miami*
*Kristen K. Ellard, Ph.D., Massachusetts General Hospital/
Harvard Medical School*
Emily Lattie, Ph.D., Northwestern University
*Christina L. Boisseau, Ph.D., Brown University Medical School
& Butler Hospital*
- SPEAKERS: *Stephen M. Schueller, Ph.D., Northwestern University Feinberg
School of Medicine*
Rebecca B. Price, Ph.D., University of Pittsburgh
Greg J. Siegle, Ph.D., University of Pittsburgh
Lisa Onken, Ph.D., National Institute on Aging
Sarah Lord, Ph.D., Dartmouth University
John Torous, Ph.D., Beth Israel Deaconess Medical Center
Armen Arevian, Ph.D., UCLA

Moderate level of familiarity with the material

Primary Category: Technology, Treatment-CBT, Professional Issues

Key Words: *Technology / Mobile Health, Neurocognitive Therapies, Professional Issues;
Dissemination; Implementation; Treatment- CBT*



KIARA
TIMPANO



KRISTEN
ELLARD



EMILY
LATTIE



CHRISTINA
BOISSEAU



STEPHEN M.
SCHUELLER



REBECCA
PRICE



GREG
SIEGLE



LISA
ONKEN



SARAH
LORD



JOHN
TOROUS



ARMEN
AREVIAN

Interdisciplinary mobile health (mHealth) and neuroscience-based technologies and approaches are changing the nature of health research, providing the opportunity to shift from more reactive approaches for patient care to a more proactive stance. More specifically, mHealth offers exciting possibilities for “P5 medicine,” which applies a prevention focus, is dedicated to personalized care, increases the predictive specificity of our methods, and emphasizes participatory aspects for individual clients with an eye on reducing the public health impact of disease. As with the larger field of medicine, mHealth and neuroscience-informed approaches in psychiatry are opening an unparalleled number of avenues to help reduce the risk for psychiatric disease and increase well-being for our patients. The 2018 ABCT mHealth pre-conference represents an innovation forum that will highlight a number of issues, including: new mHealth and neuroscience-based technologies as applied to psychological problems within the framework of CBT, empirical research support for these technologies, and the challenges one faces in disseminating and implementing psychiatric mHealth and neuroscience advances. One of the hallmark features

of the mHealth field is a strong interdisciplinary thread that helps connect technology developers with researchers and, ultimately, with treatment providers and patients. The ABCT mHealth pre-conference will bring together key individuals focused on developing mHealth methodologies and neuroscience-based, those who are devoted to evaluating the effectiveness of these approaches, and who are engaged in disseminating their gained knowledge. A series of six experts from multiple disciplines, along with a representative from the National Institutes of Health, will present talks focused on: (1) evaluating and disseminating mhealth and neuroscience-based tools, (2) harnessing mobile and neuroscience-based technology to enhance CBT, and (3) considering the ethical and interdisciplinary considerations for implementing mHealth and neuroscience-based interventions. Discussions throughout the day will ensure a dynamic and interactive forum, which will conclude with hands-on demonstrations of actual technologies.

You will learn:

- Understand research on evaluation and dissemination of technology-based tools.
- Explain efforts to use mHealth technologies to enhance CBT interventions.
- Discuss efforts to use neuroscience-based advances to enhance existing CBT interventions
- Present considerations for future research at the intersection of mHealth, neuroscience, and CBT, including national funding priorities, the ethics involved with technology, and interdisciplinary collaborations.
- Give hands-on demonstrations of actual mHealth technologies and neurocognitive interventions.

Recommended Readings: Bajbouj, M., & Padberg, F. (2014). A perfect match: noninvasive brain stimulation and psychotherapy. *European archives of psychiatry and clinical neuroscience*, 264(1), 27-33. Collier, A., & Siegle, G. J. (2015). Individual differences in response to prediction bias training. *Clinical Psychological Science*, 3(1), 79-90. Cramer, S. C., Sur, M., Dobkin, B. H., O'Brien, C., Sanger, T. D., Trojanowski, J. Q., ... & Chen, W. G. (2011). Harnessing neuroplasticity for clinical applications. *Brain*, 134(6), 1591-1609. Damschroder, L. J., Aron, D. C., Keith, R. E., Kirsh, S. R., Alexander, J. A., & Lowery, J. C. (2009). Fostering implementation of health services research findings into practice: a consolidated framework for advancing implementation science. *Implementation science*, 4(1), 50. Glasgow, R. E., & Chambers, D. (2012). Developing robust, sustainable, implementation systems using rigorous, rapid and relevant science. *Clinical and Translational Science*, 5(1), 48-55. Munoz, R.F., Chavira, D.A., Himle, J.A., Koerner, K., Muroff, J., Reynolds, J., Rose, R.D., Ruzek, J.I., Teachman, B.A., Schueller, S.M. (2018). Digital apothecaries: a vision for making health care interventions accessible worldwide. *mHealth*, 4, 1-13. Neary, M., Schueller, S.M. (in press). State of the Field of Mental Health Apps. *Cognitive and Behavioral Practice*. Proctor, E., Silmere, H., Raghavan, R., Hovmand, P., Aarons, G., Bunger, A., Griffey R., Hensley, M. (2011). Outcomes for Implementation Research: Conceptual Distinctions, Measurement Challenges, and Research Agenda. *Adm Policy Ment Health*, 38, 65-76. Siegle, G. J., Price, R. B., Jones, N. P., Ghinassi, F., Painter, T., & Thase, M. E. (2014). You gotta work at it: Pupillary indices of task focus are prognostic for response to a neurocognitive intervention for rumination in depression. *Clinical Psychological Science*, 2(4), 455-471. Koster, E. H., Hoorelbeke, K., Onraedt, T., Owens, M., & Derakshan, N. (2017). Cognitive control interventions for depression: a systematic review of findings from training studies. *Clinical psychology review*, 53, 79-92

AMASS 1

ticket

Decision-Making Statistics for Researchers and Clinicians-We Are Ready to ROC!*Eric A. Youngstrom, Ph.D., University of North Carolina at Chapel Hill***Earn 4 continuing education credits**

Moderate level of familiarity with the material

Primary Category: Research Methods and Statistics

Key Words: Assessment

Bayes' theorem is three centuries old, but its time has finally arrived. Although Meehl, Dawes and others described how Bayesian methods would be helpful to be able to revise probability estimates of key clinical status (e.g., diagnosis, treatment responder, risk of dropout or self-harm) using assessments or risk factors, they have been slow to permeate psychological research, training, or practice. Improvements in technology make it feasible to gather more data from clients, score it in real time, and feed it into Bayesian algorithms. These methods have transformed weather forecasting, prediction of elections and sporting events, and now medicine. IBM Watson is using these tools to build dashboards to integrate information and guide care, and Evidence-Based Medicine has developed a range of low-tech tools (e.g., probability nomograms) and supporting software. Evidence-based assessment in psychology (Youngstrom, 2013) is melding these methods with traditional strengths of psychological assessment. This AMASS will walk through steps from start to finish twice: (a) from a research design and analysis perspective, and (b) from finding a study to applying the results to an individual case. Participants can vet their own data to see if it is suitable for these analyses, and we will work through annotated examples. The research-oriented segment will cover optimal research design, checking assumptions, applying receiver operating characteristic analyses (ROC), considerations in choosing cut-points, and using logistic regression to adjust for covariates and test for moderators (Youngstrom, 2014). The clinical application segment will focus on finding studies, triaging them quickly for clinical validity and relevance, and then applying results to cases (including using free online tools to convert traditional effect sizes into ones more helpful in clinical decision-making). The focus will be on enhancing clinical utility of research reporting.

You will learn:

- Recognize statistical methods and alternate effect sizes that enhance the clinical utility of results;
- Apply Receiver Operating Characteristic analyses and supporting statistical methods to real data, and how to present the results effectively;
- Convert traditional effect sizes (e.g., r , Cohen's d) into ones that are more clinically useful for decision making (e.g., Areas Under the Curve; diagnostic likelihood ratios);

- Apply research results to guide interpretation of clinical findings to update probabilities for a specific client;
- Explain how ROC and Bayesian methods connect with machine learning and other statistical methods that are getting used with big data in other disciplines.

Recommended Readings: Swets, J. A., Dawes, R. M., & Monahan, J. (2000). Psychological science can improve diagnostic decisions. *Psychological Science in the Public Interest*, 1, 1-26. doi:10.1111/1529-1006.001

Youngstrom, E. A. (2013). Future directions in psychological assessment: Combining Evidence-Based Medicine innovations with psychology's historical strengths to enhance utility. *Journal of Clinical Child & Adolescent Psychology*, 42, 139-159. doi:10.1080/15374416.2012.736358

Youngstrom, E. A. (2014). A primer on Receiver Operating Characteristic analysis and diagnostic efficiency statistics for pediatric psychology: We are ready to ROC. *Journal of Pediatric Psychology*, 39, 204-221. doi:10.1093/jpepsy/jst062

Youngstrom, E. A., Van Meter, A., Frazier, T. W., Hunsley, J., Prinstein, M. J., Ong, M.-L., & Youngstrom, J. K. (2017). Evidence-based assessment as an integrative model for applying psychological science to guide the voyage of treatment. *Clinical Psychology: Science and Practice*. doi:10.1111/cpsp.12207

Youngstrom, E. A., Van Meter, A., Frazier, T. W., Hunsley, J., Prinstein, M. J., Ong, M.-L., & Youngstrom, J. K. (2017). Evidence-based assessment as an integrative model for applying psychological science to guide the voyage of treatment. *Clinical Psychology: Science and Practice*. doi:10.1111/cpsp.12207

Youngstrom, E. A., Van Meter, A., Frazier, T. W., Hunsley, J., Prinstein, M. J., Ong, M.-L., & Youngstrom, J. K. (2017). Evidence-based assessment as an integrative model for applying psychological science to guide the voyage of treatment. *Clinical Psychology: Science and Practice*. doi:10.1111/cpsp.12207

Youngstrom, E. A., Halverson, T. F., Youngstrom, J. K., Lindhiem, O., & Findling, R. L. (2017). Evidence-based assessment from simple clinical judgments to statistical learning: Evaluating a range of options using pediatric bipolar disorder as a diagnostic challenge. *Clinical Psychological Science*.

Institute 1

ticket

Technology and Insomnia: Friend or Foe?

Colleen Carney, Ph.D., Ryerson University

Earn 7 continuing education credits

Basic to Moderate level of familiarity with the material

Primary Category: Sleep / Wake Disorders, Technology

Key Words: *Sleep, Adult Depression, Pain*

The media has focused heavily on the presumed negative effects of light on sleep but light is essential for a healthy sleep-wake system. Understanding whether technology is disruptive or helpful is important for understanding how to best help your clients with comorbid insomnia. Additionally, what about apps or web-based CBT programs: what is the evidence, benefits and drawbacks? This Institute will teach you CBT-I for the 21st century; tackling technology and delivery questions while teaching how to effectively treat insomnia. The format for the Institute will be didactic instruction, experiential exercises, demonstrations, and clinical handouts from a leader in the field in case formulation and the cognitive behavioral treatment of comorbidly occurring insomnia.

You will learn:

- Describe how one can explain to clients the positive effects of light in treating insomnia and fatigue;
- Explain how one can articulate to clients whether evening light is sleep-interfering;
- Understand whether sleep apps are helpful for insomnia;
- Delineate the process of delivering CBT-I to adults;
- Describe how to troubleshoot and adapt CBT-I delivery issues for those with comorbid conditions.

Recommended Readings: Harvey, A. G. (2002). A cognitive model of insomnia. *Behaviour research and therapy*, 40(8), 869-893. Rahman, S. A., Flynn-Evans, E. E., Aeschbach, D., Brainard, G. C., Czeisler, C. A., & Lockley, S. W. (2014). Diurnal spectral sensitivity of the acute alerting effects of light. *Sleep*, 37(2), 271-281. Morin, C. M., Bootzin, R. R., Buysse, D. J., Edinger, J. D., Espie, C. A., & Lichstein, K. L. (2006). Psychological and behavioral treatment of insomnia: update of the recent evidence (1998-2004). *Sleep*, 29(11), 1398-1414. Cajochen, C., Frey, S., Anders, D., Späti, J., Bues, M., Pross, A., ... & Stefani, O. (2011). Evening exposure to a light-emitting diodes (LED)-backlit computer screen affects circadian physiology and cognitive performance. *Journal of applied physiology*, 110(5), 1432-1438. Edinger, J. D., Olsen, M. K., Stechuchak, K. M., Means, M. K., Lineberger, M. D., Kirby, A., & Carney, C. E. (2009). Cognitive behavioral therapy for patients with primary insomnia or insomnia associated predominantly with mixed psychiatric disorders: a randomized clinical trial. *Sleep*, 32(4), 499-510.

Institute 2

ticket

Anxiety and Emerging Adults: Integrating Virtual Reality and Wearable Technology Into the Launching Emerging Adults Program

Shannon Bennett, Ph.D., Weill Cornell Medicine

Lauren Hoffman, Psy.D., Columbia University Medical Center

Schuyler Fox, B.A., Columbia University Medical Center

Anne Marie Albano, Ph.D., ABPP, Columbia University Medical Center

Earn 7 continuing education credits

Moderate level of familiarity with the material

Primary Category: Adult Anxiety - Social, Technology

Key Words: *Adolescent Anxiety, Exposure, Virtual Reality*

Anxiety disorders are among the most common mental health problems plaguing emerging adults (EAs), with social anxiety disorder (SAD) being especially prominent (Auerbach et al., 2016). SAD in adolescence persists into young adulthood and often becomes comorbid with depression and substance abuse. Although CBT and medication are effective treatments for anxiety in youth (Walkup, et al., 2008), nearly half of effectively treated youth relapse (Ginsburg et al., 2014). Consequently, engaging in college or the workforce and establishing long term romantic and social outlets is hampered by ongoing anxiety that solidifies extended dependence on family and impedes independent functioning. We developed the Launching Emerging Adults Program (LEAP) model, combining both group and individual CBT for anxiety with developmentally informed interventions aimed at decreasing parent accommodation and improving age-appropriate family relationships. Although CBT is the gold standard treatment for SAD (APA Clinical Practice Guidelines, 2011), exposure therapy is not used enough (Deacon & Farrell, 2013). Barriers to using exposure therapy include difficulty of creating exposures in the clinic (Kendall, et al, 2012), negative beliefs held about exposures (Deacon & Farrell, 2013), and therapist focus on outcome instead of protocol; the exposures that are completed are often diminished in intensity (Shafran et al., 2009). This institute presents the benefits of enhancing exposures to include in vivo, contextually rich experiences typical of the real world for EAs, with a focus on how to make use of available technologies. Dr. Albano and her team, collaborating with a technology start up Headset Health, are implementing novel virtual reality exposures for the EA population. Dr. Bennett, working with HealthRhythms, is utilizing passive sensing assessment technology to measure behavioral and physical manifestations of anxiety disorders in day-to-day life. We will present our model and program components, and explain how to enhance exposures. Outcome data, case examples and video presentation will be presented. Attendees will gain a deeper understanding of how

to treat EAs, as well as the ability to use salient contextual clues and technology to enhance treatment.

You will learn:

- Describe the tasks of development necessary for adolescents and young adults to attain independence;
- Strategize with attendees for addressing parental over involvement and adolescent dependency, including family communication and problem-solving strategies that are conducted during transition sessions;
- Develop, with other attendees, realistic, developmentally appropriate exposures to enhance the ecological validity of treatment and help emerging adults reduce or develop tolerance for anxiety;
- Explain how to incorporate technology into the treatment of the emerging adult population;
- Develop an initial bank of exposure activities involving age-appropriate situations and challenges to engage the young adult patient.

Recommended Readings: Walkup, J., Albano, A. M., Piacentini, J., Birmaher, B., Compton, S., Sherrill, J., et al. (2008). Cognitive behavioral therapy, sertraline, or a combination in childhood anxiety. *New England Journal of Medicine*, 359, 2753-2766. Valmaggia LR, Latif L, Kempton MJ, Rus-Calafell M (2016) Virtual reality in the psychological treatment for mental health problems: a systematic review of recent evidence. *Psychiatry Res* 236:189-195 Auerbach, R. P., Alonso, J., Axinn, W. G., Cuijpers, P., Ebert, D. D., Green, J. G., ... & Nock, M. K. (2016). Mental disorders among college students in the World Health Organization World Mental Health Surveys. *Psychological Medicine*, 46(14), 2955-2970. Ginsburg, GS, Becker, EM, Keeton, CP, Sakolsky, D., Piacentini, J, Albano, AM, Compton, SN, Iyengar, S, Sullivan, K, Caporino, N, Peris, T, Birmaher, B, Rynn, M, March, J, & Kendall, PC (2014 on-line). Naturalistic follow-up of youths treated for pediatric anxiety disorders, Jan 29, *JAMA Psychiatry*. 2014;71(3):310-318. PMID: 24477837 Blanco C, Okuda M, Wright C, Hasin DS, Grant BF, Liu SM, et al. Mental health of college students and their non-college-attending peers: results from the National Epidemiologic Study on Alcohol and Related Conditions. *Archives of general psychiatry*. 2008;65(12):1429-37. doi: 10.1001/archpsyc.65.12.1429

Institute 3

ticket

Radically Open-Dialectical Behavior Therapy (RO-DBT) for Disorders of Overcontrol*Thomas R. Lynch, Ph.D., University of Southampton***Earn 7 continuing education credits**

Basic level of familiarity with the material

Primary Category: Transdiagnostic, Treatment- Other

Key Words: *Transdiagnostic, Depression, Anorexia Nervosa*

Failures in self-control are often posited to characterize many of the personal and social problems afflicting modern civilization. Yet, too much self-control or overcontrol has been shown to be equally problematic and highly associated with difficult-to-treat disorders such as anorexia nervosa, chronic depression, autism spectrum disorders, and obsessive-compulsive personality disorder. Individuals characterized by excessive self-control can be difficult to identify because they are expert at not ‘appearing’ deviant on the outside (in public). Their hyper-detailed focused brain tends to see ‘mistakes’ everywhere (including in themselves) and they compulsively work harder than most others in order to achieve long-term goals or prevent future problems occurring. They have too much of a good thing and suffer (quietly) as a consequence. The aim of this institute is to provide an overview of a manualized transdiagnostic treatment for disorders of overcontrol known as Radically Open-Dialectical Behavior Therapy (RO-DBT). RO-DBT is supported by 20+ years of translational research; including two NIMH funded randomized controlled trials (RCTs) with refractory depression, two open-trials targeting adult Anorexia Nervosa, one non-randomized trial targeting treatment resistant overcontrolled adults, and one multi-center RCT targeting overcontrol in refractory depression (<http://www.reframed.org.uk>). Interventions are informed by a neurobiosocial theory linking current brain-behavioral science to the development of close social bonds and altruistic behaviors. Participants will learn novel strategies designed to assess overcontrolled problems, enhance self-enquiry, relax inhibitory control via activation of differing neural substrates, repair alliance-ruptures, and increase social connectedness using slides, handouts, video clips, and role plays.

You will learn:

- Explain the neurobiosocial theory underlying RO-DBT and link this to new skills designed to activate a neural substrate linked to social-safety;
- Explain core clinical assessment issues for overcontrolled problems;
- Differentiate between alliance ruptures and disguised demands and the differing treatment approaches used in RO-DBT to manage them and describe how to use novel nonverbal social-signaling and heat-on/heat-off strategies to enhance client engagement;
- Describe how to integrate new RO mindfulness skills involving the cultivation of healthy self-doubt and skills linked to RO self-enquiry and outing oneself;

- Describe how to apply novel nonverbal social-signaling and heat-on/heat-off strategies to enhance client engagement.

Recommended Readings: Lynch, T. R. (2018a). *Radically Open Dialectical Behavior Therapy: Theory and Practice for Treating Disorders of Overcontrol*. Reno, NV: Context Press, an imprint of New Harbinger Publications, Inc. Lynch, T. R. (2018b). *Radically Open Dialectical Behavior Therapy Skills Manual*. Reno, NV: Context Press, an imprint of New Harbinger Publications, Inc. Lynch, T.R., Gray, K.L.H., Hempel, R.J., Titley, M., Chen, E.Y., O'Mahen, H.A. (2013). Radically Open-Dialectical Behavior Therapy for adult Anorexia Nervosa: Feasibility and outcomes from an inpatient program; *BMC Psychiatry*, 13; 293 Lynch, T.R., Hempel, R.J., & Dunkley, C. (2015). Radically Open-Dialectical Behavior Therapy for Disorders of Overcontrol: Signaling Matters. *American Journal of Psychotherapy*, 69(2), 141-162. Lynch, T.R., Whalley, B., Hempel, R., Byford, S., Clarke, P., Clarke, S., Kingdon, D., O'Mahen, H., Russell, I.T., Shearer, J., Stanton, M., Swales, M., Watkins, A., Remington, R. (2015). Refractory Depression: Mechanisms and Evaluation of Radically Open Dialectical Behaviour Therapy (RO-DBT) [REFRAMED]: Protocol for Randomised Trial. *BMJ Open Access*, 5(7).

1:00 p.m. – 5:00 p.m.

Wilson C, Mezzanine Level

AMASS 2

ticket

Affective Science for Clinical Scientists: Theory, Design, and Methodological Tools for Investigating Emotion Processing and Emotion Dysregulation

Karin G. Coifman, Ph.D., Kent State University

Earn 4 continuing education credits

Basic to Moderate level of familiarity with the material

Primary Category: Research Methods and Statistics

Key Words: *Emotion Regulation, Research Methods, Measurement*

Emotion-related disorders (e.g., depression, anxiety, stress, and some personality disorders) include some of the most common, burdensome, and costly diseases worldwide. Central to these disorders are patterns of rigid or inflexible emotion processing and dysregulation. Indeed, increasingly theorists point to emotion processing problems as a cause or maintaining factor across affective diseases. Unfortunately, direct assessment of emotion is complex. Emotion processing is largely outside of awareness and multidimensional, with responses manifesting behaviorally and physiologically with only loose coupling. Moreover, it is increasingly clear that patients have marked biases in emotion reporting and conceptualization (e.g., Kashdan, et al, 2015), notwithstanding established memory biases, so that reliance on self-report instruments has limitations. Accordingly, there is a need for increased attention to research design and measurement when seeking answers

to the important clinical questions that drive improved assessment and intervention. For individuals interested in studying emotional processes and regulation in clinical samples, this AMASS will facilitate an understanding of the complexity of affective phenomena, including the evolutionary origins and the relative uniqueness of overlapping constructs (affect v. emotion or mood; emotional reactivity v. recovery and regulation). Attendees will learn methodological and design parameters to study emotional constructs, including how to index specific behavioral and physiological indicators in the lab and in daily life. This includes demonstrations and materials to facilitate research planning (e.g., selecting emotion stimuli). Finally, attendees will learn specific methodological and statistical techniques to extract data representing three cutting-edge constructs highly relevant in clinical science: (a) emotion differentiation; (b) emotion polarity, and variability; (c) emotion inflexibility or rigidity. In each instance, measurement materials, design examples, and relevant syntax (with de-identified practice data) will be provided.

You will learn:

- Recognize the distinctness of overlapping affective phenomena and related research constructs, including: affect v. mood v. emotion; and reactivity v. recovery v. regulation;
- Utilize design parameters and tools to index emotion responding in lab elicitation paradigms;
- Utilize design parameters and tools to index emotion and related behavior in daily life via experience sampling paradigms;
- Employ techniques (including statistical and methodological tools) to index the following constructs: (a) emotion differentiation or granularity; (b) emotion lability, polarity, and variability; and (c) emotion inflexibility or rigidity.

Recommended Readings: Coifman, K.G., Flynn, J.J. & Pinto, L.A. (2016). When context matters: Negative emotions predict psychological health and adjustment. *Motivation & Emotion*, 40(4), 602-624. Coifman, K.G., Berenson, K., Rafaeli, E. & Downey, G. (2012). From negative to positive and back again; Polarized affective and relational experiences in borderline personality disorder. *Journal of Abnormal Psychology*, 121(3), 668-679. Ebner-Priemer, U., & Trull, T.J. (2009). Ecological momentary assessment of mood disorders and mood dysregulation. *Psychological Assessment*, 21(4) 463-475. Kashdan, T.B., Barrett, L.F. & McKnight, P.E. (2015). Unpacking emotion differentiation, transforming unpleasant experience by perceiving distinctions in negativity. *Current Directions in Psychological Science*, 24(1), 10-16. Lech, H.C., Flores, S.A., & Bench, S.W. (2011). Discrete emotions predict changes in cognition, judgment, experience, behavior and physiology: A meta-analysis of experimental emotion elicitation. *Psychological Bulletin*, 137(5), 835-855. Lech, H.C., Flores, S.A., & Bench, S.W. (2011). Discrete emotions predict changes in cognition, judgment, experience, behavior and physiology: A meta-analysis of experimental emotion elicitation. *Psychological Bulletin*, 137(5), 835-855. Rosenberg, E.L. (1998). Levels of analysis and the organization of affect. *Review of General Psychology*, 2(3), 247-270.

Institute 4

ticket

Desirable Difficulties: Optimizing Exposure Therapy for Anxiety Through Inhibitory Learning

Shannon M. Blakey, M.S., University of North Carolina at Chapel Hill

Ryan J. Jacoby, Ph.D., Massachusetts General Hospital

Jonathan S. Abramowitz, Ph.D., University of North Carolina at Chapel Hill

Earn 5 continuing education credits

Moderate to advanced level of familiarity with the material

Primary Category: Adult Anxiety- General, Treatment- CBT

Key Words: *Exposure, Anxiety, OCD (Obsessive Compulsive Disorder)*

Individuals with clinical anxiety and fear comprise a large proportion of many therapists' caseloads. Although exposure therapy is highly effective for anxiety and fear-related problems, many individuals fail to benefit during exposure or experience a return of fear at some point after treatment ends. New directions in the field of exposure therapy focus on an inhibitory learning model of fear extinction as derived from research on learning and memory. This model gives rise to specific techniques for implementing exposure that can optimize short- and long-term gains. Collectively, strategies derived from the inhibitory learning approach emphasize fear tolerance, as opposed to fear habituation, for protecting against return of fear. Moreover, they involve introducing desirable difficulties into exposure sessions by challenging patients to better consolidate and generalize learning via novel therapeutic strategies in order to foster a more desirable outcome (i.e., long-term maintenance). This Institute aims to help clinicians understand and apply this model and its strategies to optimize exposure therapy. The inhibitory learning model will be described and distinguished from traditional approaches to exposure; furthermore, a range of strategies to optimize inhibitory learning will be introduced and illustrated in detail. Strategies include how to maximize fear tolerance, track exposure progress using indices other than subjective units of discomfort (SUDS), introduce variability into exposure to decontextualize extinction learning, combine fear cues, and effectively use cognitive therapy techniques during exposure sessions to consolidate learning. The Institute will be interactive and include numerous case examples, video demonstrations, and experiential exercises.

You will learn:

- Distinguish the inhibitory learning approach to exposure from the traditional emotional processing approach;
- Explain how to foster fear tolerance during exposure, as opposed to relying solely on fear reduction and habituation;
- Describe how to select methods of tracking therapeutic progress during exposure therapy, other than (or in addition to) SUDS;
- Delineate how to strategically introduce variability into exposure sessions;

- Explain how to implement cognitive therapy during exposure sessions in ways that promote extinction via inhibitory learning.

Recommended Readings: Abramowitz, J. S., & Arch, J. J. (2014). Strategies for improving long-term outcomes in cognitive behavioral therapy for obsessive-compulsive disorder: Insights from learning theory. *Cognitive and Behavioral Practice*, 21(1), 20-31. Blakey, S. M., & Abramowitz, J. S. (2016). The effects of safety behaviors during exposure therapy for anxiety: Critical analysis from an inhibitory learning perspective. *Clinical Psychology Review*, 49, 115. <https://doi.org/10.1016/j.cpr.2016.07.002> Craske, M. G., Kircanski, K., Zelikowsky, M., Mystkowski, J., Chowdhury, N., & Baker, A. (2008). Optimizing inhibitory learning during exposure therapy. *Behaviour Research and Therapy*, 46(1), 527. <https://doi.org/10.1016/j.brat.2007.10.003> Craske, M. G., Treanor, M., Conway, C. C., Zbozinek, T., & Vervliet, B. (2014). Maximizing exposure therapy: an inhibitory learning approach. *Behaviour Research and Therapy*, 58, 10-23. Jacoby, R. J., & Abramowitz, J. S. (2016). Inhibitory learning approaches to exposure therapy: A critical review and translation to obsessive-compulsive disorder. *Clinical Psychology Review*, 49, 28-40.

1:00 p.m. – 6:00 p.m.

Wilson B, Mezzanine Level

Institute 5

ticket

Evidence-Based Assessment and Treatment of Bipolar Disorder and Mood Dysregulation in Youth and Early Adulthood

Eric A. Youngstrom, Ph.D., University of North Carolina at Chapel Hill

Mary Fristad, Ph.D., The Ohio State University Wexner Medical Center

Earn 5 continuing education credits

Moderate level of familiarity with the material

Primary Category: Bipolar Disorder, Assessment

Key Words: *Assessment, Treatment Development, Bipolar Disorder*

Mood dysregulation is one of the biggest problems in childhood, and it often worsens in adolescence and early adulthood. Yet there has been much uncertainty about how to conceptualize these problems diagnostically. DSM-5 added a new diagnosis, creating another label, but without an evidence base about course or treatment. Fortunately, there has been a surge of evidence about the validity of carefully diagnosed mood disorders in youth, along with better evidence-based tools for assessment and treatment. This Institute discusses key assessment and therapy issues, including: how bipolar and other mood disorders manifest clinically, presentation similarities and differences in children versus adults, how to use self-report and parent-report measures to aid diagnosis and treatment, and specific treatment strategies. We summarize the available biological interventions, emphasizing what nonprescribing clinicians need to know about these treatments. We then concentrate on how to implement therapeutic techniques used in individual-fam-

ily and multifamily psychoeducational psychotherapy (PEP), one of the most promising evidence-based approaches to managing mood dysregulation in youth. This program will utilize lecture format, case presentations, demonstrations, role-plays, and question-and-answer periods. Often challenging conventional wisdom, the Institute presents new evidence from NIMH grants that can be applied immediately in practice.

You will learn:

- Describe the use of evidence-based assessment methods that aid in differential diagnosis and measuring treatment response;
- Recognize which symptoms and risk factors are helpful in recognizing bipolar disorder, and which may be red herrings” that are common to other conditions;
- Explain how to adapt specific therapeutic techniques to treat youth with bipolar disorder and other mood dysregulation;
- Identify how to apply specific therapeutic techniques to address family concerns about mood dysregulation and treatment;
- Explain how to integrate a conceptual model for working within systems-of-care into your practice with cases dealing with mood dysregulation.

Recommended Readings: Freeman, A.J., Youngstrom, E.A., Youngstrom, J.K., & Findling, R.L. (2016). Disruptive mood dysregulation disorder in a community mental health clinic: Prevalence, comorbidity and correlates. *Journal of Child and Adolescent Psychopharmacology*, 6, 123-130. doi:10.1089/cap.2015.0061. Fristad, M.A. (2016). Evidence-based psychotherapies and nutritional interventions for children with bipolar spectrum disorders and their families. *Journal of Clinical Psychiatry*, 77(suppl 3):e04. PMID: 27570930 Goldstein, B., Birmaher, B., Carlson, G., DelBello, M., Findling, R., Fristad, M., ... Youngstrom, E. (in press). The International Society for Bipolar Disorders Task Force Report on pediatric bipolar disorder: Knowledge to date and directions for future research. *Bipolar Disorders*. Van Meter, A. R., Youngstrom, E. A., Birmaher, B., Fristad, M. A., Horwitz, S. M., Frazier, T. W., . . . Findling, R. L. (2017). Longitudinal course and characteristics of cyclothymic disorder in youth. *Journal of Affective Disorders*, 215, 314-322. doi:http://dx.doi.org/10.1016/j.jad.2017.03.019 Youngstrom, E.A., Choukas-Bradley, S., Calhoun, C.D., & Jensen-Doss, A. (2015). Clinical guide to the evidence-based assessment approach to diagnosis and treatment. *Cognitive and Behavioral Practice*, 22, 20-35. doi: 10.1016/j.cbpra.2013.12.005

Institute 6

ticket

Integrating Motivational Interviewing Into Cognitive-Behavioral Therapy

Daniel W. McNeil, Ph.D., West Virginia University

Trevor A. Hart, Ph.D., C.Psych, Ryerson University

Earn 5 continuing education credits

Moderate to Advanced level of familiarity with the material

Primary Category: Treatment - CBT, Treatment - Other

Key Words: *Motivational Interviewing, CBT, Treatment-CBT*

This institute includes a refresher on Motivational Interviewing (MI) approaches and skills, an update on recent definitional and conceptual changes to MI, and a focus on integrating MI with CBT in practice. Conceptual bases for this integration will be provided, with a specific focus on various ways in which both these evidence-based approaches can be utilized, including: (a) MI as a prelude to CBT, (b) “Motivational Interactions” throughout the course of CBT, (c) using MI to introduce, implement, and continue challenging aspects of CBT (e.g., exposure treatment), and (d) employing MI to consolidate CBT gains, to promote relapse prevention, and to maintain behavior change. Designed for professionals and trainees with prior experience using MI, this institute will cover intermediate and advanced methods to assist clients with behavior change, by developing and practicing of new skills. Using demonstrations, role-play, film, and clinical case examples from the presenters’ diverse practices, the application of new methods to increase and sustain client motivation in CBT will be discussed. Practice in evoking “change talk” (in contrast to “sustain talk” and avoidance) in sessions will be covered, along with applying MI at critical junctures in CBT. This institute offers the expertise of two experienced trainers in MI and CBT, both of whom offer trainings in MI on a yearly basis. The workshop will involve experiential components in which participants work with one another in dyads and groups, and with trainers, to polish skills in a comfortable, interactive, supportive, and enjoyable learning environment.

You will learn:

- Explain how to integrate MI with various CBT approaches;
- Describe how to employ methods for eliciting MI change talk in clients in the context of CBT;
- Deontic how to apply key MI processes to increase client motivation for behavior change within ongoing CBT treatments;
- Explain how to use MI to augment your use of CBT with difficult cases;
- Delineate how to facilitate behavior change for clients who are not responding to CBT.

Recommended Readings: Arkowitz, H., Westra, H. A., Miller, W. R., & Rollnick, S. (2015). *Motivational Interviewing in the treatment of psychological problems* (2nd ed.). New York: Guilford. McNeil, D. W., Addicks, S. H., & Randall, C. L. (2017). *Motivational*

Interviewing and motivational interactions for health behavior change and maintenance. New York: Oxford University Press. DOI: 10.1093/oxfordhb/9780199935291.013.21 Miller, W. R., & Rollnick, S. (2013). *Motivational Interviewing: Helping people change* (3rd ed.). New York: Guilford. Naar, S., and Safren, S. A. (2017). *Motivational Interviewing and CBT Combining Strategies for Maximum Effectiveness*. New York: Guilford. Hart, T. A., Willis, A. C., Simpson, S. H., Julien, R. E., Hoe, D., Leahy, B., ... Adam, B. D. (2016). Gay Poz Sex: A sexual health promotion intervention for HIV-positive gay and bisexual men. *Cognitive and Behavioral Practice*, 23, 517-529. doi: 10.1016/j.cbpra.2015.11.002

1:00 p.m. – 6:00 p.m.

Washington 3, Exhibition Level

Institute 7

ticket

Behavioral Activation Treatment for Adolescents

Sona Dimidjian, Ph.D., University of Colorado Boulder

Kelly Schloretd, Ph.D., Seattle Children's Hospital

Christopher Martell, Ph.D., University of Massachusetts Amherst

Gretchen Gudmundsen, Ph.D., St. Luke's Children's Hospital

Elizabeth McCauley, Ph.D., ABPP, Seattle Children's Hospital

Earn 5 continuing education credits

Basic to Moderate level of familiarity with the material

Primary Category: Child / Adolescent - Depression, Treatment-Other

Key Words: *Behavioral Activation, Adolescent Depression, Treatment Development*

Behavioral Activation (BA) is a brief treatment for depression that emphasizes the importance of activation and overcoming avoidance as a way to manage and recover from depression. Over the course of the last several years, Behavioral Activation Therapy has proven to be as effective as CBT and medication management in the treatment of moderately to severely depressed adults. More recently, this treatment approach has been increasingly used and studied in youth with depressive disorders. In the treatment of youth with depressive disorders, Behavioral Activation (BA) can be used in two different ways - as a stand-alone treatment and as a component in modular approaches to care. In this workshop, participants will be introduced to the BA model. The key strategies used in BA (e.g., mood monitoring, guided activation, goal setting, overcoming avoidance) related to helping adolescents increase activity and maximize reward in their lives will be introduced. Implementation of these strategies will be modeled via training videos and role-plays and participants will have the opportunity to practice these strategies and debrief their use with the facilitators. Time will also be devoted to conversation/discussion between participants and presenters about using this structured treatment in a flexible fashion based on individualized case conceptualization and with adolescents with co-occurring problems.

You will learn:

- Discuss the basic theory, model and techniques of behavioral activation;

- Explain how to conduct behavioral activation with adolescents and parents;
- Describe how to implement key BA skills;
- Explain how BA may be extended to address concerns in youth presenting with challenges other than depression.

Recommended Readings: Chu, B.C., Crocco, S.T., Esseling, P., Areizaga, M. J. Lindner, A. M., & Skriner, L.C. (2016). Transdiagnostic group behavioral activation and exposure therapy for youth anxiety and depression: Initial randomized controlled trial. *Behaviour Research and Therapy*, 76, 65-75. Curry, J. F. & Meyer, A. E. (2016) Can less yield more? Behavioral activation for adolescent depression. *Clinical Psychology: Science and Practice*, 23(1), pp. 62-65. McCauley E., Schloredt, K., Gudmundsen, G., Martell, C., & Dimidjian, S. (2016). Behavioral activation with adolescents: A clinician's guide. New York: Guilford. Pass, L., Lejuez, C.W., & Reynolds, S (2018). Brief behavioural activation (Brief BA) for adolescent depression: A pilot study. *Behavioural and Cognitive Psychotherapy*, 46(2), 182-194. Ritschel, L. A., Ramirez, C. L., Cooley, J. L., & Craighead, W. E. (2016). Behavioral activation for major depression in adolescents: Results from a pilot study. *Clinical Psychology: Science and Practice*, 23(1), 39-57. doi:10.1111/cpsp.12140, Patel, V., Weobong, B., Weiss, H.A., Anand, A., Bhat, B., Katti, B., ... Fairburn, C. (2017). The Healthy Activity Program (HAP): a lay counsellor-delivered brief psychological treatment for severe depression, in primary care in India: A randomised controlled trial. *Lancet*, 389, 176-185.

1:00 p.m. – 6:00 p.m.

Maryland C, Lobby Level

Institute 8

ticket

The Relationship Checkup: Using Technology to Broaden the Reach of Relationship Health Care

James Cordova, Ph.D., Clark University

Tatiana D. Gray, Ph.D., Clark University

Earn 5 continuing education credits

Basic to Moderate level of familiarity with the material

Primary Category: Couples / Close Relationships

Key Words: *Couple Therapy, Couples / Close Relationships, Prevention*

Working with couples is not at all like working with individuals. However, relatively few of us receive specialized training in working with couples. Despite that, the highest demand for therapy is from couples seeking help with their relationships. Additionally, most couples come to therapy after a long period of significant distress, as a last-ditch effort to save their relationship, and sometimes therapy is just too little too late. In short, the resources currently simply do not exist to reach and effectively serve the relationship health needs of the nation's couples. If we are to begin to treat relationship health as a public health issue, then we need to significantly increase the number of therapists who are trained to provide preventative and early intervention care. The Relationship Health

Checkup is the relationship health equivalent of our annual physical health or biannual dental checkup and is meant to have the broad public health effect in terms of helping couples to maintain strong, vibrant, healthy, sexy relationships for a lifetime. The Relationship Health Checkup uses technology to increase the reach of a fast and powerful prevention and early intervention for couples. The Relationship Health Checkup is also a fast and easy protocol for all levels of therapists to learn, and provides therapists who do not specialize in treating couples with an empirically supported, effective, and fun skill set for providing couples with a profoundly rich experience in just two sessions. In this workshop, participants will learn the fundamentals of conducting a Relationship Checkup, utilizing techniques from Integrative Behavioral Couple Therapy and Motivational Interviewing. Participants will learn about the unique challenges of working with couples, the structure and protocol of the Checkup, and the technological opportunities for effectively serving the broadest range of couples in need.

You will learn:

- Explain how to conduct a Relationship Checkup Assessment and Feedback session;
- Compare therapeutic techniques for working with couples versus individuals;
- Observe skillful examples of each therapeutic technique utilized in the Relationship Checkup;
- Practice the application of strategies for building intimacy bridges between partners through hands on practice of (a) celebrating partners strengths, (b) identifying soft emotions beneath anger, (c) uncovering understandable reasons for each perspective;
- Identify and explain the most common relationship themes and patterns between partners.

Recommended Readings: The Marriage Checkup Practitioner's Guide, James V. Cordova Cigrang, J. A., Cordova, J. V., Gray, T. D., Najera, E., Hawrilenko, M., Pinkley, C., Nielsen, M., Tatum, J., & Redd, K. (2016). The Marriage Checkup: Adapting and Implementing a Brief Relationship Intervention for Military Couples. *Cognitive and Behavioral Practice*, 23(4), 561-570. Trillingsgaard, T., Fentz, H. N., Hawrilenko, M., & Cordova, J. V. (2016). A Randomized Controlled Trial of the Marriage Checkup Adapted for Private Practice. *Journal of Consulting and Clinical Psychology*, 84(12), 1145. doi:10.1037/ccp0000141 Hawrilenko, M., Gray, T. D., & Córdova, J. V. (2016). The heart of change: Acceptance and intimacy mediate treatment response in a brief couples intervention. *Journal of Family Psychology*, 30(1), 93-103. doi:10.1037/fam0000160 Integrative Behavioral Couple Therapy: Acceptance and Change, Jacobson and Christensen, 2006

Friday

8:00 a.m. – 9:00 a.m.

Virginia A, Lobby Level

New Attendee Orientation

Hilary Vidair, Ph.D., Long Island University, CW Post

Kathleen C. Gunthert, Ph.D., American University

Joy R. Pemberton, Ph.D., University of Arkansas for Medical Sciences

Key Words: *Professional Issues*

Maximize your ABCT convention experience by joining us first thing Friday morning. Enjoy a cup of coffee or tea and get your personal blueprint to getting the most out of the Washington, DC Convention! Whether you are a new member, first-time convention attendee, or just want to refresh your memory on how to navigate the convention, all are welcome. Learn how to take full advantage of earning continuing education credits and the documentation required, note networking opportunities, gain insights into the convention program book and addendum; how to utilize the online itinerary planner, and/or master the convention app. You will learn how to stay connected to ABCT throughout the year via our website, Facebook page, Special Interest Groups, and other networking opportunities. Plus be on the lookout for members wearing Ambassador ribbons. They can answer any lingering questions about ABCT in general. We look forward to personally meeting you!

8:30 a.m. – 10:00 a.m.

Maryland Suite (A, B & C combined), Lobby Level

Internship Training Site Overview

Jeanette Hsu, Ph.D., VA Palo Alto Health Care System

Crystal S. Lim, Ph.D., University of Mississippi Medical Center

Key Words: *Career Development, Education, Training*

The Internship Training Site Overview is designed to help students learn about the internship application and selection process, including what to look for when applying to or selecting an internship, how to prepare for internship interviews, and how to find a good internship “fit.” The program will consist of two parts. The first 90 minutes will feature a panel discussion by behaviorally oriented internship directors from American and Canadian institutions. These presenters will address both the training director and the student perspectives of the application process, including the criteria used to assess

applicants. Questions from the audience will be accepted at the end of the segment. The second section will consist of informal meetings between internship site representatives and prospective internship applicants. A list of participating sites will be published in the program addendum distributed at the convention registration desk. If you are a student, and are either just beginning to learn about internships and the application process or are in the process of applying for internship now, we encourage you to attend. Internship sites that would like to be represented at this event should contact Dr. Tammy Schuler at the ABCT Central Office: tschuler@abct.org.

8:30 a.m. – 10:00 a.m.



Madison B, Mezzanine Level

SIG Meeting

Autism Spectrum and Developmental Disorders

Key Words: *Autism Spectrum Disorders, Developmental Disabilities, Evidence-Based Practice*

We will begin with an introduction and progress report from the past year, followed by a Keynote presentation by a scientific leader in the field, and the presentation of awards. The winner of the Best ASDD Poster from the SIG Expo will then present his or her research. We will conclude with a discussion of the strategic plan and goals for next year.

FRIDAY

Clinical Roundtable 1

**Do They “Like” Me or Just Want Me to #Follow Them?
The Relevance of Social Media to Clinical Issues and
Treatment**

MODERATOR: *Amanda McGovern, Ph.D.*, University Hospitals, Cleveland Medical Center

PANELISTS: *Erin K. Engle, Psy.D.*, Columbia University Medical Center
Rachel E. Ginsberg, Ph.D., Columbia University Medical Center

Jeneane Solz, Ph.D., Columbia University Clinic for Anxiety and Related Disorders (CUCARD)

Caitlin B. Shepherd, Ph.D., Wesleyan University

Sarah Anolik Katz, M.A., James Madison University

Earn 1.5 continuing education credits

Primary Category: Technology

Key Words: *Technology, CBT, Anxiety*

With over 65% of American adults, 90% of young adults, and 94% of adolescents connected to social networking sites (SNSs), social media offers opportunities to initiate and enhance communication, to stay connected with others, to exchange and develop ideas, and to learn new information. However, it is also a platform for individuals to continually monitor others’ social lives, compare friendship networks, and directly quantify their own friendships. It is no surprise that social media usage has been associated with high rates of anxiety, depressive symptoms, and preoccupations with body image and self-presentation. Further, it has been shown to contribute to feelings of inadequacy, disconnection, and loneliness, often in the form of “fear of missing out” (FOMO). Thus, in our work as clinicians, we are called upon to help individuals establish healthier relationships with social media.

Although our field has embraced and benefited from advances in technology, this clinical roundtable is geared towards understanding the psychological impact of social media on mental and behavioral health. It will address how to apply CBT and third-wave-informed (i.e., DBT and ACT) interventions to clinical issues that may be exacerbated by social media usage. Panelists specializing in the delivery of evidence-based treatments within diverse clinical settings will review recent research on the effects of social media on mental and behavioral health in childhood, adolescence, young adulthood, and adulthood. Panelists will share insights into how to effectively assess social media usage and its effects on mental and behavioral health as well as demonstrate how targeted interventions can be applied to decrease anxiety related to negative self-perceptions, feeling of inadequacy, and

obsessive thinking about social media presence. Discussion will also focus on how to help reduce compulsive checking, constant comparison-making, and reassurance seeking behavior. Clinicians will engage in discussion using case examples to highlight relevant issues and interventions, including diverse uses of SNS among different populations, the role of parents in guiding children's SNS usage, and challenges associated with managing usage.

8:30 a.m. – 10:00 a.m.

Hoover, Mezzanine Level

Clinical Roundtable 2

Intensive Therapies for PTSD: Minimizing Avoidance and Maximizing Engagement

MODERATOR: *Andrew M. Sherrill, Ph.D.*, Emory University School of Medicine

PANELISTS: *Michael Brennan, Psy.D.*, Rush University Medical Center
Kathleen M. Chard, Ph.D., Cincinnati VA Medical Center
Laura L. Meyers, Ph.D., Orlando VA Medical Center
Sheila A.M. Rauch, Ph.D., VA Atlanta Healthcare System and Emory University School of Medicine
Emily G. Marston, Ph.D., Salem VA Medical Center

Earn 1.5 continuing education credits

Primary Category: PTSD

Key Words: *PTSD (Posttraumatic Stress Disorder), Prolonged Exposure, CPT (Cognitive Processing Therapy)*

Treatment completion rates are low in evidence-based therapies for PTSD (Imel et al., 2013; Spont et al., 2010). The structure of conventional outpatient treatment, such as holding sessions once per week, may not be well suited for some patients. Intensive programming involves delivering active components of cognitive behavioral therapies nearly every day within several weeks. Benefits of this approach are decreasing opportunities for avoidance and dropout while increasing engagement and accountability. New evidence suggests massed cognitive behavioral treatments result in significant reductions in PTSD symptoms (Campbell et al., 2016; Ehlers et al., 2014; Foe et al., 2018; Yasinski et al., 2017). However, despite recent advancements in the PTSD treatment literature, there is no consensus on guidelines for intensive treatment delivery (Cook et al., 2014).

This clinical round table will benefit clinicians currently providing or considering to provide intensive therapies for PTSD, as well as clinical scientists interested in this innovative treatment approach. Presenters are clinical experts and coordinators of successful PTSD specialty clinics that use intensive formats. They will briefly describe their clinics and then answer several questions in a moderated forum. Questions will address their utilization of clinical research and theory to make decisions with respect to assessment strategies, treatment offerings, and program structure. Presenters will describe specific

costs and benefits of programming choices and their responses to challenges. Lastly, presenters will discuss important research questions that have emerged from their intensive treatment programs.

Dr. Chard's program at Cincinnati VAMC emphasizes cognitive processing therapy (CPT). Dr. Rauch's program at Emory University emphasizes prolonged exposure (PE). Dr. Brennan's program at Rush University provides the choice of CPT or PE. Dr. Marston's program at Salem VAMC emphasizes acceptance and commitment therapy in groups and offers individual CPT and PE. Dr. Meyers developed a program at Minneapolis VAHCS that simultaneously delivers PE and dialectical behavior therapy; currently, she is developing a similar program at the Orlando VAMC.

8:30 a.m. – 10:00 a.m.

McKinley, Mezzanine Level

Mini Workshop 1

Spirituality and Mental Health: What CBT Clinicians Need to Know

David H. Rosmarin, ABPP, Ph.D., McLean Hospital/Harvard Medical School

Earn 1.5 continuing education credits

Basic level of familiarity with the material

Primary Category: Spirituality and Religion

Key Words: *Spirituality and Religion, Case Conceptualization / Formulation, Cultural Diversity/ Vulnerable Populations*

Even in this increasingly secular age, more than eight in ten people worldwide identify with a religious group (Pew Research Center, 2010), and more than nine in ten Americans profess belief in God or a higher power (Gallup Poll, 2011). Furthermore, consistent research highlights that spirituality/religion can have both positive and negative effects on mental health, and that it is very common for individuals to turn to this domain in coping with distress (Pargament, Koenig & Perez, 2000). For these and other reasons, the statistical majority of psychotherapy patients profess a desire to discuss spirituality with their clinicians (Rose, Westefeld, & Ansley, 2001). However, due to a lack of training most CBT clinicians lack core competencies in how to address spiritual issues in treatment. As a result, this important aspect of patient diversity is often ignored in CBT practice, creating unnecessary barriers to accessing evidence-based treatment. This talk will discuss what clinicians need to know about spirituality as it pertains to mental health treatment. Attendees will learn how to conceptualize the clinical relevance of spiritual life based on current theory/research. Attendees will also emerge with concrete skills in how to conduct a brief assessment of this domain in the context of CBT.

You will learn:

- Learn about the relevance of spirituality to mental health and its treatment
- Learn how to formulate spiritual resources and struggles in clinically meaningful terms

- Learn how to implement a brief CBT-based assessment of spirituality in clinical practice

Recommended Readings: Rosmarin, D.H. (2018). *Spirituality & Cognitive Behavior Therapy: A Guide for Clinicians*. New York: Guilford Press. Pargament, K.I. (2007). *Spiritually integrated psychotherapy: Understanding and addressing the sacred*. New York: Guilford Press. Rosmarin, D.H., Pargament, K.I. & Robb, H. (2010). Spiritual and religious issues in behavior change. *Cognitive and Behavioral Practice*, 17(4), 343-347

8:30 a.m. – 10:00 a.m.

Roosevelt 3, Exhibition Level

Mini Workshop 2

Using Technology to Enhance Evidence-Based Treatment: Skill for Developing an Application From the Ground Up

Tatiana Davidson, Ph.D., Medical University of South Carolina

Leigh Ridings, Ph.D., Medical University of South Carolina

Zachary W. Adams, Ph.D., Indiana University School of Medicine

Earn 1.5 continuing education credits

Basic level of familiarity with the material

Primary Category: Technology

Key Words: *Technology, mHealth (Mobile Health), Methods*

Technology is playing an increasingly prominent role in behavioral health treatment and research. The primary aims of this mini-workshop are to 1) orient participants to the ways health technology applications can be applied to delivery of cognitive behavioral therapies; and 2) describe and provide hands-on exposure to best-practice app design, implementation, and evaluation practices. These aims will be accomplished through presentation of current best practices for behavioral health technology application development, discussion of case examples from our interdisciplinary clinical research group, and an active learning exercise that will give participants hands-on experience developing a work plan for app development. We will begin by summarizing various clinical functions behavioral health technology applications can serve, with an emphasis on patient- and provider-facing software. We will showcase prominent and innovative examples from the field to illustrate the range of possibilities afforded by current technologies. Next, we will outline the user-centered iterative design, development, and evaluation process used widely-including by our team—to create and test effective behavioral health apps. Emphasis will be placed on building interdisciplinary teams, engaging intended end users in every step of the process, and evaluating theoretically and clinically meaningful process and outcome variables. The case examples will include apps designed to address trauma-related mental health concerns among youth and adults, but the broad principles remain relevant across

a wide range of behavioral health domains. Finally, we will engage participants in an activity designed to help them plan and develop implementation steps required to take an app from an initial concept to the field. Participants will be provided handouts that offer key readings and resources related to behavioral health app development and evaluation.

You will learn:

- Participants will gain a better understanding of how health technology applications can be applied to delivery of cognitive behavioral therapies.
- Participants will gain a better understanding of the process from initial app design to implementation and evaluation.
- Participants will strengthen their knowledge of the current available technologies and their use in mental health treatment delivery.

Recommended Readings: Anton, M. T., & Jones, D. J. (2017). Adoption of technology-enhanced treatments: Conceptual and practical considerations. *Clinical Psychology: Science and Practice*, 24, 223-240. Donker, T., Petrie, K., Proudfoot, J., Clarke, J., Birch, M. R., & Christensen, H. (2013). Smartphones for smarter delivery of mental health programs: A systematic review. *Journal of medical Internet research*, 15(11), 239-251. Ruggiero, K. J., Bunnell, B. E., Andrews III, A. R., Davidson, T. M., Hanson, R. F., Danielson, C. K., ... & Adams, Z. W. (2015). Development and pilot evaluation of a tablet-based application to improve quality of care in child mental health treatment. *JMIR research protocols*, 4(4), e143.

Thurgood Marshall West, Mezzanine Level

Panel Discussion 1

Cross-Disciplinary Training in CBT: Using Behavioral Strategies and Technology to Enhance Psychotherapy Training in Academic Medical Centers

MODERATOR: *Michelle Pelcovitz, Ph.D.*, Weill Cornell Medicine

PANELISTS: *Angela Chiu, Ph.D.*, Weill Cornell Medicine
Megan Hughes-Feltenberger, Ph.D., Weill Cornell Medicine
Rebecca Erban, Psy.D., Columbia University Medical Center
Beryl Filton, Ph.D., NYU School of Medicine
Colby Tyson, M.D., Weill Cornell Medicine/Columbia University Medical Center - New York Presbyterian Hospital

Earn 1.5 continuing education credits

Primary Category: Education, Training, and Supervision - Graduate / Undergraduate / Postdoctoral

Key Words: *Supervision, Training / Training Directors, Education and Training - Graduate*

Recent Accreditation Council for Graduate Medical Education (ACGME) guidelines stipulate that psychiatry residents are now expected to achieve core competencies in conducting psychotherapy during their training. In response to these updated guidelines, psychologists and allied professionals are taking on larger teaching and supervision roles in medical and behavioral health settings. However, the structure, format and culture of training and supervision differ significantly between MDs and non-MDs, resulting in a potential mismatch in learning styles between disciplines. Difficulties overcoming this mismatch may be further compounded by limited time of both supervisors and trainees, particularly in acute care units. Given that clinicians and researchers rarely have direct training in evidence-based teaching and supervision skills, there is a need for concrete strategies to mitigate these challenges. The goal of this panel will be to highlight hurdles that may arise as a result of the complexities of cross-disciplinary training, and to discuss behavioral and technological strategies that can enhance supervision. The panelists include academic medical center-affiliated clinicians and clinical researchers from sites across the continuum of care. The panel will also include a child and adolescent psychiatry resident to provide a perspective through the lens of an MD learning CBT in these settings. Panelists will present a brief "case presentation" of how evidence-based teaching and/or supervision practice has enhanced learning in their MD trainees. The panel will also discuss the utility of technology, such as the use of web-based consultation or online didactic tools, to augment supervision and to alleviate the challenges discussed. Finally, future directions for enhancing cross disciplinary training will be discussed.

Panel Discussion 2

Cutting-Edge Developments in Transdiagnostic Research and Practice

MODERATOR: *David H. Barlow, ABPP*, Boston University Center for Anxiety and Related Disorders

PANELISTS: *Todd Farchione, Ph.D.*, Boston University

Peter Norton, Ph.D., Monash University

Cassidy A. Gutner, Ph.D., Boston University School of Medicine & the NCPTSD

Kristen K. Ellard, Ph.D., Massachusetts General Hospital/
Harvard Medical School

Earn 1.5 continuing education credits

Primary Category: Transdiagnostic

Key Words: *Transdiagnostic, CBT, Dissemination*

The latest development in evidence-based treatment for psychological disorders can be found in treatments that target temperamental characteristics and focus on addressing common and core maladaptive psychopathologic processes that underlie a range of disorders. These “transdiagnostic” treatments may prove to be more time-efficient, cost-effective, and have the potential to increase availability of evidence-based treatments to meet a significant public health need.

This panel discussion brings together distinguished researchers who will discuss several topics related to current research on transdiagnostic treatment development and delivery. Topics will include (1) identification of processes in psychopathology research and how these can best be translated into effective treatments; (2) how transdiagnostic treatments can be utilized to address some of the more significant challenges facing treatment dissemination and implementation efforts; (3) how we may best be able to combine a transdiagnostic approach with emerging technology to improve treatment efficacy and dissemination of evidence-based treatments. Panelists will discuss their current research, and existing evidence, in relation to these topics, including research on the development of new cutting-edge transdiagnostic treatments. Future directions for research on mechanistically guided, transdiagnostic treatment approaches will also be discussed.

Marriott Balcony A, Mezzanine Level

Symposium 1

Investigating Emotion Dysregulation in Worry: The Role of Emotional Contrast Avoidance

CHAIR: *Hanjoo Kim, M.S., The Pennsylvania State University*

DISCUSSANT: *Michelle G. Newman, Ph.D., The Pennsylvania State University*

Earn 1.5 continuing education credits

Primary Category: Adult Anxiety - GAD

Key Words: *Emotion Regulation, Worry, Transdiagnostic*

Emotional Activity During Worry With Neurobiological and Physiological Methods

Elisa Steinfurth, Ph.D., University of Greifswald

Manuela Alius, University Greifswald

Julia Wendt, University Greifswald

Alfons Hamm, University Greifswald

Contrast Avoidance Model for Interpersonal Stressors: Worry and Hair Cortisol

Thane M. Erickson, Ph.D., Seattle Pacific University

Jamie Lewis, M.S., Seattle Pacific University

Christina Quach, M.S., Seattle Pacific University

Momentary Worry Predicting Contrast Avoidance: Ecological Momentary Assessment

Kieun Shin, M.S., The Pennsylvania State University

Michelle G. Newman, Ph.D., The Pennsylvania State University

Emotional Perseveration of Worry and Rumination: Contrast Avoidance Model

Jamil Nimra, M.S., Towson University

Sandra Llera, Ph.D., Towson University

Paradoxical Increase in Anxiety During Relaxation Training

Hanjoo Kim, M.S., The Pennsylvania State University

Michelle G. Newman, Ph.D., Penn State University

Symposium 2

**Merging Theory with Methodological Advances:
Empirical Applications of a Dynamical Systems
Framework for an In-Depth Understanding of Couple
Functioning**

CHAIR: *Melanie S. Fischer*, University of North Carolina at Chapel Hill

DISCUSSANT: *Steffany J. Fredman, Ph.D.*, The Pennsylvania State University

Earn 1.5 continuing education credits

Primary Category: Couples / Close Relationships

Key Words: *Couples / Close Relationships, Emotion Regulation, Statistics*

Relationship Stress as Phenomenon in a Dynamic Systems Perspective

Brian R.W. Baucom, Ph.D., University of Utah

Melanie S. Fischer, Ph.D., University of North Carolina at Chapel Hill

Donald H. Baucom, Ph.D., University of North Carolina at Chapel Hill

Emotion Coregulation, Accommodation, and Moment-to-Moment Interdependence

Melanie S. Fischer, University of North Carolina at Chapel Hill

Donald H. Baucom, Ph.D., University of North Carolina at Chapel Hill

Jonathan S. Abramowitz, Ph.D., University of North Carolina at Chapel Hill

Brian R.W. Baucom, Ph.D., University of Utah

Emotional and Relationship Satisfaction at Baseline and 25-Year Follow-Up

Danielle M. Weber, M.A., University of North Carolina at Chapel Hill

Melanie S. Fischer, Ph.D., University of North Carolina at Chapel Hill

Donald H. Baucom, Ph.D., University of North Carolina at Chapel Hill

Brian R.W. Baucom, Ph.D., University of Utah

Joachim Engl, Ph.D., Institut für Forschung und Ausbildung in Kommunikationstherapie e.V.

Franz Thurmaier, Ph.D., Institut für Forschung und Ausbildung in Kommunikationstherapie e.V.

Kurt Hahlweg, Ph.D., Technische Universität Braunschweig

Temporal Dynamics of Anger Across Two Emotion Channels in Romantic Couples

Yunying Le, M.S., The Pennsylvania State University
Steffany J. Fredman, Ph.D., The Pennsylvania State University
Sy-Miin Chow, Professor, The Pennsylvania State University
Zita Oravec, Ph.D., Pennsylvania State University
Amy M. Smith Slep, Ph.D., New York University
Richard E. Heyman, Ph.D., New York University

Dynamics of Week-to-Week Change During Behavioral Couple Therapy

Grace Boyers, M.A., Southern Methodist University
Brian R.W. Baucom, Ph.D., University of Utah
Lorelei Simpson Rowe, Ph.D., Southern Methodist University

8:30 a.m. – 10:00 a.m.

Thurgood Marshall North, Mezzanine Level

Symposium 3

Using Cutting-Edge Approaches to Advance our Understanding and Treatment of Self-Harming Thoughts and Behaviors

CHAIRS: *Kiera James, B.A., Binghamton University (SUNY)*
Aliona Tsytes, M.S., Binghamton University (SUNY)

DISCUSSANT: *Mitchell J. Prinstein, ABPP, Ph.D., University of North Carolina at Chapel Hill*

Earn 1.5 continuing education credits

Primary Category: Suicide and Self-Injury

Key Words: *Suicide, Self-Injury, Transdiagnostic*

Self-Injury, Suicidality, and Psychopathology in Pregnancy: Baby Cry Stressor

Sheila Crowell, Ph.D., The University of Utah
Parisa Kaliush, B.S., The University of Utah
Robert Vlissides-Henry, B.S., The University of Utah
Sarah Terrell, B.S., The University of Utah
Elisabeth Conrath, Ph.D., The University of Utah

Suicidal Ideation and Affective Synchrony During Parent-Child Interactions

Kiera James, B.A., Binghamton University
Anastacia Kudinova, M.S., Binghamton University
Mary L. Woody, Ph.D., University of Pittsburgh
Brandon Gibb, Ph.D., Binghamton University

Reward Responsiveness in Children and Adults With Suicidal Behaviors

Aliona Tsybes, M.S., Binghamton University (SUNY)

Max Owens, Ph.D., University of South Florida-St Petersburg

Brandon Gibb, Ph.D., Binghamton University

Do People Self-Injure When They Exceed a Stress Threshold? Three Studies

Adam Miller, Ph.D., University of North Carolina at Chapel Hill

Tory Eisenlohr-Moul, Ph.D., University of Illinois at Chicago

Cassie Glenn, Ph.D., University of Rochester

Brianna J. Turner, Ph.D., University of Victoria

Matthew K. Nock, Ph.D., Harvard University

Karen D. Rudolph, Ph.D., University of Illinois Urbana-Champaign

Paul D. Hastings, Ph.D., University of California, Davis

Mitchell J. Prinstein, Ph.D., University of North Carolina at Chapel Hill

Using Digital Monitoring to Predict Suicidal Thoughts and Behaviors

Matthew K. Nock, Ph.D., Harvard University

Szymon Fedor, Ph.D., MIT Media Lab

Jeffrey Huffman, M.D., Massachusetts General Hospital/Harvard Medical School

Evan M. Kleiman, Ph.D., Harvard University

Alexander Millner, Ph.D., Harvard University

David Mou, MD, MBA, Massachusetts General Hospital/Harvard Medical School

Rosalind Picard, Ph.D., MIT Media Lab

Thurgood Marshall South, Mezzanine Level

Symposium 4

Innovative Training Regimes in Psychopathology in Childhood, Adolescence and Adulthood

CHAIRS: *Ellen Greimel, Ph.D.*, Department of Child and Adolescent Psychiatry and Psychotherapy Medical center of the university of Munich, Germany

Charlotte E. Wittkind, Ph.D., Clinical Psychology and Psychotherapy, LMU Munich, Germany

DISCUSSANT: *Eni Becker, Ph.D.*, Radboud University, Nijmegen, The Netherlands

Earn 1.5 continuing education credits

Primary Category: Translational

Key Words: *Cognitive Biases / Distortions, Information Processing, Translational Research*

Modification Training Reduces Social Anxiety in Clinically Anxious Children

Mike Rinck, Ph.D., Radboud University Nijmegen

Anke Klein, Radboud University Nijmegen

Ron Rapee, Macquarie University

Jennifer Hudson, Macquarie University

Interpretation Bias Modification Effects on Anxiety Using a Mobile VR Tool

Elske Salemink, Ph.D., University of Amsterdam, the Netherlands

Boris Otkhmezuri, University of Kent, UK

Marilisa Boffo, University of Amsterdam, the Netherlands

Panote Siriaraya, Kyoto Sangyo University, Japan

Bundy Mackintosh, University of Essex, UK

Chee Siang Ang, University of Kent, UK

Reappraisal Training in Adolescents With Major Depression Using Eye Tracking

Ellen Greimel, Ph.D., Department of Child and Adolescent Psychiatry and Psychotherapy Medical center of the university of Munich, Germany

Charlotte Piechaczek, Department of Child and Adolescent Psychiatry and Psychotherapy Medical center of the university of Munich, Germany

Lisa Feldmann, Department of Child and Adolescent Psychiatry and Psychotherapy Medical center of the university of Munich, Germany

Verena Pehl, Department of Child and Adolescent Psychiatry and Psychotherapy Medical center of the university of Munich, Germany

Gerd Schulte-Körne, Department of Child and Adolescent Psychiatry and Psychotherapy Medical center of the university of Munich, Germany

Web-Based Avoidance Training in Smoking: A Replication Study

Charlotte E. Wittekind, Ph.D., Clinical Psychology and Psychotherapy, LMU Munich, Germany

Daniel Luedecke, University Medical Center Hamburg-Eppendorf; Institute of Medical Sociology

Thomas Ehring, LMU Munich

Barbara Cludius, LMU Munich

Transfer After a Cognitive Control Training: Evidence From a Healthy Sample

Jasmien Vervaeke, Ph.D. – Ghent University & imec-mict-UGent

Thurgood Marshall East, Mezzanine Level

Symposium 5

**Novel Findings From the Fear Conditioning Laboratory:
Fear Conditioning as a Modern Tool for Cognitive
Behavioral Science**

CHAIRS: *Alexandra K. Gold, M.A., Boston University*
Maria Alexandra Kredlow, M.A., Boston University
DISCUSSANT: *Michael W. Otto, Ph.D., Boston University*

Earn 1.5 continuing education credits

Primary Category: Translational

Key Words: *Fear, Technology, Translational Research*

Criteria to Assess Fear Remission and Phenotypic Variability of Extinction in Rats

Marie H. Monfils, Ph.D., The University of Texas at Austin
Jason Shumake, Ph.D., The University of Texas at Austin
Carolyn Jones, Ph.D., Oregon Health and Science University
Allison Auchter, Ph.D., University of California, San Diego

Demographic and Stimulus Characteristics Predicting Fear Learning

Maria Alexandra Kredlow, M.A., Boston University
Scott P. Orr, Ph.D., Massachusetts General Hospital/Harvard Medical School
Michael W. Otto, Ph.D., Boston University

Mechanisms of Fear Reduction Targeting the Biological State of the Developing Brain

Dylan Gee, Ph.D., Yale University
Paola Odriozola, B.A., Yale University
Luise Pruessner, M.A., Yale University
Emily Cohodes, B.A., Yale University
Camila Caballero, M.A., Yale University
Hannah Spencer, Ph.D., Yale University

Neural Correlates of Safety Cue Learning in Children With and Without Anxiety Disorders

Anita Harrewijn, Ph.D., National Institute of Mental Health

Rany Abend, Ph.D., Emotion and Development Branch, National Institute of Mental Health

Anderson Winkler, M.D., DPhil, Emotion and Development Branch, National Institute of Mental Health

Ellen Leibenluft, M.D., Emotion and Development Branch, National Institute of Mental Health

Daniel S. Pine, M.D., Emotion and Development Branch, National Institute of Mental Health

Dylan Gee, Ph.D., Yale University

8:30 a.m. – 10:00 a.m.

Virginia B, Lobby Level

Symposium 6

To Accommodate or Not to Accommodate? Improving Academic Success for Children and Adolescents with Externalizing Problems

CHAIR: *Fiona L. Macphee*, M.S., Florida International University

DISCUSSANT: *George J. DuPaul*, Ph.D., Lehigh University

Earn 1.5 continuing education credits

Primary Category: Child / Adolescent - School-Related Issues

Key Words: *School, Child Externalizing*

Occupational Therapy Classroom: Student Behavior and Academic Productivity

Fiona L. Macphee, M.S., Florida International University

Natasha Olson, Minnesota State University

Carlos Panahon, Minnesota State University

Elizabeth Gnagy, Florida International University

Andrew Greiner, Florida International University

Erika Coles, Florida International University

Joseph Raiker, Florida International University

William Pelham, Florida International University

Activity Breaks as Classroom Accommodation for Students With ADHD

Erika Coles, Ph.D., Florida International University

Brittany Merrill, Florida International University

Fiona L. Macphee, Florida International University

Elizabeth Gnagy, Florida International University

Andrew Greiner, Florida International University

Joseph Raiker, Florida International University

William Pelham, Florida International University

Daily Report Card Intervention: History, Challenges, and Future Directions

Kellina Pyle, B.S., University at Buffalo, SUNY

Gregory Fabiano, University of Buffalo

School Services for Youth With Emotional and Behavioral Problems

Steven W. Evans, Ph.D., Ohio University

Julie S. Owens, Ohio University

Chelsea Hustus, Ohio University

Judy Harrison, Rutgers University

8:30 a.m. – 10:00 a.m.

Virginia C, Lobby Level

Symposium 7

Culture, Psychosis, and Help-Seeking Patterns for Mental Illness

CHAIR: *Ana Martinez de Andino, M.S.*, University of Miami

DISCUSSANT: *Shirley Glynn, Ph.D.*, UCLA/VA Greater Los Angeles
Healthcare System

Earn 1.5 continuing education credits

Primary Category: Schizophrenia / Psychotic Disorders

Key Words: *Psychosis / Psychotic Disorders, Cultural Diversity / Vulnerable Populations, Psychotherapy Outcome*

First Episode of Psychosis in Guam: Neighborhood Factors and Ethnicity

Irwin Rosenfarb, Ph.D., Alliant International University

Rita Sharma-Gopinath, Ph.D., Alliant University

Mother Tongue vs. Acquired Language in Bilingual People With Schizophrenia

Amy Weisman de Mamani, Ph.D., University of Miami

Ana Martinez de Andino, M.S., University of Miami

Caitlin A. Brown, M.S., University of Miami

Marc Weintraub, M.S., UCLA

Multicultural Identity as Predictor of Psychological Help-Seeking Attitudes

Ana Martinez de Andino, M.S., University of Miami
Amy Weisman de Mamani, Ph.D., University of Miami

Family-Based Treatment (FBT): Mexican Americans With Schizophrenia

Alex Kopelowicz, M.D., UCLA School of Medicine

Demographic, Clinical, and Psychosocial Characteristics: Latino Participants

Roberto Zarate, Ph.D., UCLA School of Medicine
Katherine Deckert, Ph.D., University of Minnesota Twin Cities
Josh Mervis, Ph.D., University of Minnesota Twin Cities
Piper S. Meyer-Kalos, Ph.D., Minnesota Center for Chemical and Mental Health
Kim T. Mueser, Ph.D., Boston University

8:30 a.m. – 10:00 a.m.

Delaware B, Lobby Level

Symposium 8

Advances in the Use of Social Norms in Risky Drinking Research: From Conceptualization to Intervention

CHAIRS: Sarah A. Hines, M.A., Concordia University
Roisin O'Connor, Ph.D., Concordia University

DISCUSSANT: Brian E. Borsari, Ph.D., UCSF Weill Institute for
Neurosciences and San Francisco VA Medical Center

Earn 1.5 continuing education credits

Primary Category: Addictive Behaviors

Key Words: Alcohol, Risky Behaviors, Substance Abuse

Social-Interpersonal Contributions to Substance Use and Risk Behavior

Jennifer Read, Ph.D., University at Buffalo
Craig R. Colder, Ph.D., University at Buffalo
Samuel Meisel, M.S., University at Buffalo
Laurden Rodriguez, B.A., University at Buffalo

Exploring Injunctive Norms Across Domains of Drinking Behaviors

Holly Boyle, M.S., Brown University
Miranda Lauher, B.A., Brown University
Jennifer Merrill, Ph.D., Brown University
Kate Carey, PhD, Brown University

Injunctive Norms Feedback With and Without Motivational Interviewing

Clayton Neighbors, Ph.D., University of Houston

Dipali Venkataraman Rinker, Ph.D., University of Texas

Chelsie M. Young, Ph.D., University of Houston

Melissa A. Lewis, Ph.D., University of Washington

Perceived Approval of Risky Drinking Inventory: Drinking Norms Measure

Sarah A. Hines, M.A., Concordia University

Roisin O'Connor, Ph.D., Concordia University

8:30 a.m. – 10:00 a.m.

Roosevelt 4, Exhibition Level

Symposium 9

Applications of Bayesian Estimation in Clinical Research

CHAIRS: *Alessandro De Nadai, Ph.D., Texas State University*

Craig Henderson, Ph.D., Sam Houston State University

DISCUSSANT: *Scott Baldwin, Ph.D., Brigham Young University*

Earn 1.5 continuing education credits

Primary Category: Research Methods and Statistics

Key Words: *Methods, Statistics, Mediation / Mediators*

New Bayesian Approaches to Clinical Science: An Overview

Alessandro De Nadai, Ph.D., Texas State University

Core Elements of Family Therapy for Adolescent Substance Use

Craig Henderson, Ph.D., Sam Houston State University

Molly Bobek, LCSW, The National Center on Addiction and Substance Abuse

Sarah Dauber, Ph.D., The National Center on Addiction and Substance Abuse

Aaron Hogue, Ph.D., The National Center on Addiction and Substance Abuse

Clinical Anxiety, Clinical Depression, and Momentary Affect in Daily Life

*Nicholas Jacobson, M.A., Harvard Medical School/Massachusetts General Hospital
and The Pennsylvania State University*

Michelle G. Newman, Ph.D., The Pennsylvania State University

FRIDAY

Bayesian Analysis of Stress Management for Adults With Misophonia

Brandon Frank, M.S., Fordham University

Katherine Crowe, Fordham University

Lauren Mancusi, Fordham University

Austin Harrison, Fordham University

Katherine Kennedy, Fordham University

Lauryl E. Garner, Fordham University

Dean McKay, Ph.D., ABPP, Fordham University

8:30 a.m. – 10:00 a.m.

Roosevelt 5, Exhibition Level

Symposium 10

Optimizing The Clinical Care of Youth With Tourette's Disorder

CHAIR: Joseph McGuire, Ph.D., Johns Hopkins University

DISCUSSANT: Douglas Woods, Ph.D., Marquette University

Earn 1.5 continuing education credits

Primary Category: Tic and Impulse Control Disorders

Key Words: *Tic Disorders, Tourette Syndrome, Habit Reversal*

Enhancing Behavior Therapy for Youth With Tourette's Syndrome

Joseph McGuire, Ph.D., Johns Hopkins University

Nathaniel Ginder, M.D., University of California Los Angeles

James McCracken, M.D., University of California Los Angeles

John Piacentini, Ph.D., University of California Los Angeles

Testing Tic Suppression: What We've Learned and Where We're Going

Christine Conelea, Ph.D., University of Minnesota

Brianna Wellen, B.A., University of Utah

Douglas Woods, Ph.D., Marquette University

Deanna Greene, Ph.D., Washington University In St. Louis

Kevin Black, M.D., Washington University In St. Louis

Matthew Specht, Ph.D., Weill Cornell Medical College

Michael Himle, Ph.D., University of Utah

Han-Joo Lee, Ph.D., University of Wisconsin-Milwaukee

Matthew Capriotti, Ph.D., San Jose State University

Randomized Controlled Trial Evaluating the Efficacy of TicHelper.Com

Michael Himle, Ph.D., University of Utah
Brianna Wellen, B.A., University of Utah
Douglas Woods, Ph.D., Marquette University
Christopher C. Bauer, M.A., Marquette University
Suzanne Mouton-Odum, Ph.D., PsycTech, Ltd.

Piloting Actigraphy Monitoring of Sleep in Youths With Persistent Tic Disorders

Emily Ricketts, Ph.D., University of California Los Angeles
Michelle Rozenman, Ph.D., University of California Los Angeles
Dana McMakin, Ph.D., Florida International University
Hannah Goldberg, B.A., University of California Los Angeles
Hardian Thamrin, B.A., University of California Los Angeles
Christopher Colwell, Ph.D., University of California Los Angeles
John Piacentini, Ph.D., University of California Los Angeles

8:30 a.m. – 10:00 a.m.

Lincoln 3, Exhibition Level

Symposium 11

Promoting Recovery After Sexual Violence in Diverse Populations

CHAIR: *RaeAnn Anderson, Ph.D., Kent State University*

DISCUSSANT: *Patti A. Timmons. Fritz, Ph.D., University of Windsor*

Earn 1.5 continuing education credits

Primary Category: Violence / Aggression

Key Words: *Violence / Sexual Assault, Cultural Diversity/ Vulnerable Populations, Trauma*

Evaluation of a Program to Reduce Female Genital Cutting in Somali Refugees

Melanie Hetzel-Riggin, Ph.D., Penn State Behrend
Nicole Rosen, Ph.D., Penn State Behrend

Rape and Mental Health Outcomes in Bisexual Gender Nonbinary People

RaeAnn Anderson, Ph.D., Kent State University
Lesley Tarasoff, Ph.D., University of Toronto
Nicole VanKim, University of Massachusetts-Amherst
Corey Flanders, Ph.D., Mt. Holyoke College

Gender Differences in Postsexual Assault Outcomes

Amie Newins, Ph.D., University of Central Florida
Laura Wilson, Ph.D., University of Mary Washington

Military Sexual Trauma Survivor Preference for Provider Gender: Role of Patient Gender

Diana Bennett, Ph.D., Albuquerque VA Healthcare System

RaeAnn Anderson, Phd, Kent State University

Edward Thomas, LCSW, Ann Arbor VA Healthcare System

Rachel B. Broman, LCSW, VA Ann Arbor Healthcare System

Sarah Richards, LCSW, VA Ann Arbor Healthcare System

Minden B. Sexton, Ph.D., VA Ann Arbor Healthcare System

Workshop 1

ticket

Case Formulation and Treatment Planning in DBT

Jennifer H.R. Sayrs, ABPP, Evidence Based Treatment Centers of Seattle

Shireen L. Rizvi, ABPP, Ph.D., Rutgers University

Earn 3 continuing education credits

Moderate level of familiarity with the material

Primary Category: Treatment - DBT

Key Words: *DBT (Dialectical Behavior Therapy), Treatment Integrity / Adherence / Compliance, Borderline Personality Disorder*

Dialectical Behavior Therapy (DBT) is a complex cognitive-behavioral treatment designed for a population with multiple problematic and high-risk behaviors. As with any behavioral treatment, the role of assessment in DBT is critical. Although there is a significant body of research supporting the efficacy of DBT, there is a relative dearth of practical and principle-based information that help therapists formulate cases and treatment from a DBT perspective. In this workshop, we will provide a step-by-step guide for creating an assessment-driven DBT case formulation. We will focus on identifying stage of treatment, determining goals, identifying the target hierarchy, assessing and treating the primary target behavior, and tracking outcomes. We will highlight the few rules that inform DBT assessment and practice, note and correct several common misconceptions, and demonstrate how the use of thorough assessment can result in a more nuanced case formulation and ultimately, a more effective treatment. Experiential exercises and case examples will be utilized to bring the principles to life. This workshop is designed for clinicians with some direct clinical experience conducting DBT; basic DBT principles will not be reviewed.

You will learn:

- Identify the key principles that inform case formulation in DBT;
- Explain how to apply a seven-step process of generating a DBT case formulation and treatment plan;
- Describe how to assess key variables in order to create an idiographic case formulation.

Recommended Readings: Rizvi, S.L., & Sayrs, J.H.R. (in press). Assessment-driven case formulation in Dialectical Behavior Therapy: Using principles to guide effective treatment. *Cognitive and Behavioral Practice*. Linehan, M.M. (1993). *Cognitive behavioral treatment of borderline personality disorder*. New York: Guilford Press. Koerner, K. (2012). *Doing dialectical behavior therapy: A practical guide*. Guilford Press. Rizvi, S. L., & Sayrs, J. H. (2017). Assessment-Driven Case Formulation and Treatment Planning in Dialectical Behavior Therapy: Using Principles to Guide Effective Treatment. *Cognitive and Behavioral Practice*. Kliem, S., Kröger, C., & Kosfelder, J. (2010). Dialectical behavior therapy for borderline personality disorder: a meta-analysis using mixed-effects modeling. *Journal of consulting and clinical psychology*, 78(6), 936.

Workshop 2

ticket

Developing a Trauma-Informed Treatment in Primary Care: The embrACE Model for Patients With Adverse Childhood Experiences (ACEs)

Dennis Pusch, Ph.D., Southport Psychological Services

Chantelle Klassen, M.A., Alberta Health Services

Keith S. Dobson, Ph.D., Fellow (ABCT), Founding Fellow (Academy of Cognitive Therapy); Fellow (Canadian Ass'n of CBT), University of Calgary

Earn 3 continuing education credits

Moderate level of familiarity with the material

Primary Category: Trauma and Stressor Related Disorders and Disasters, Primary Care

Key Words: *Trauma, Primary Care, Treatment-CBT*

The combined burden of chronic disease, addictions, and mental illness in primary care settings is staggering. Adverse childhood experiences (ACEs) have been found to be the most potent cumulative predictors of these problems in adults. Effective screening of patients can help physicians identify which patients have experienced ACEs, and are thus most likely to develop physical and mental health problems. Moreover, a trauma-informed approach to the care of these patients could reduce their chance of developing health problems. In this presentation, we briefly review recent data that shows how ACEs are significantly related to adult health risk behaviors, and a wide range of specific conditions and symptoms. The results showed that the association between ACEs and later outcomes was especially strong for adults who displayed low resilience, and that the relationship between ACEs and health outcomes was significantly mediated by emotional dysregulation and interpersonal problems. Based on these findings, combined with a published literature review and consultation with experts in the field of trauma, a 6-session treatment entitled the embrACE program was developed for adults who have experienced traumatic childhoods. The treatment uses CBT, mindfulness and ACT techniques, with an emphasis on increasing resilience, improving emotional regulation, and strengthening interpersonal connections. The process and rationale underlying the treatment development will be discussed, and the treatment model will be presented in detail. A thorough description of the skills-based program will be provided, coupled with experiential exercises so that participants can understand how the issue of ACEs can be meaningfully addressed in both primary care and mental health settings. Participants will understand the logic and content of the embrACE program, and the linkage between the science of trauma and its long-term effects. The workshop promotes knowledge mobilization and the transfer of science to practice. As ACEs are potent predictors of adult health problems, behavioral healthcare treatments that increase resilience, emotional regulation, and interpersonal functioning in primary care patients are a unique opportunity for hope.

You will learn:

- Recognize the long-term effects of childhood adversity (ACEs) on adult health;
- Examine the modifiable risk factors that result from ACEs;
- Describe a novel treatment program, designed to change risks factors associated with ACEs in adults in primary care settings.

Recommended Readings: Schnyder, U., & Cloitre, M. (Eds.) (2015). Evidence based treatments for trauma-related psychological disorders. New York, NY: Springer Books.

Korotana, L., Dobson, K.S, Pusch, D. & Josephson, T. (2016). A review of primary care interventions to improve the health outcomes in adult survivors of adverse childhood experiences. *Clinical Psychology Review* 46, 59-90. doi:10.1016/j.cpr.2016.04.007

Poole, J. C., Dobson, K. S., & Pusch, D. (2017). Childhood adversity and adult depression: The protective role of psychological resilience. *Child Abuse & Neglect*, 64, 89-100. <http://dx.doi.org/10.1016/j.chiabu.2016.12.012>

Marriott Balcony B, Mezzanine Level

Workshop 3

ticket

Identifying and Using Mobile Apps in Clinical Practice

Martha Neary, M.Sc., Northwestern University Feinberg School of Medicine
Stephen M. Schueller, Ph.D., Northwestern University Feinberg School of Medicine

Earn 3 continuing education credits

Basic to Moderate level of familiarity with the material

Primary Category: Technology, Treatment- Other

Key Words: *mHealth (Mobile Health), Technology, Telehealth & Internet Interventions*

Rapid advances in health technologies require clinicians to have a general working knowledge of consumer technologies, specifically mobile health apps, and to understand how these tools are used for patient monitoring, education, and treatment. Mobile mental health apps, however, are a rapidly growing field, with estimates as high as 30,000 apps aimed towards mental health and wellness. As such, clinicians require skills and resources to help parse these apps and to identify ones that might be usable and beneficial for one's practice. Mobile apps offer the promising potential to enhance cognitive and behavioral therapies when used in practice. This workshop will introduce key competencies in the use of mobile apps in clinical practice: evidence base, clinical integration, security and privacy, ethical issues, and cultural considerations. We will cover two competencies - evidence base and clinical integration - in greater detail to help attendees begin to use apps in their practices. We will discuss processes for assessing apps that include the app's credibility (direct and indirect evidence), the user experience, and transparency around data security and privacy. This evaluation structure draws from PsyberGuide, a non-profit effort to identify and dissemination information about mobile health apps. Training in the clinical integration of apps will draw on the Department of Defense's Mobile Health Practice Guide developed by the Connected Health group. Clinical integration will discuss how to include apps in one's workflow, introducing apps in sessions, practices and resources for prescribing apps, data review in session, and appropriate documentation of use of apps.

You will learn:

- Identify and evaluate consumer available mobile apps;
- Discuss core competencies required to address use of apps in their clinical practice;
- Identify resources created to help identify and understand mobile apps.

Recommended Readings: Armstrong, C. M., Edwards-Stewart, A., Ciulla, R. P., Bush, N. E., Cooper, D. C., Kinn, J. T., Pruitt, L. D., Skopp, N. A., Blasko, K. A., & Hoyt, T. V. (2017). Department of Defense Mobile Health Practice Guide (3rd ed.). Defense Health Agency Connected Health, U.S. Department of Defense. Lui, J. H., Marcus, D. K., &

Barry, C. T. (2017). Evidence-based apps? A review of mental health mobile applications in a psychotherapy context. *Professional Psychology: Research and Practice*, 48(3), 199-210.

Ameringen, M., Turna, J., Khalesi, Z., Pullia, K., & Patterson, B. (2017). There is an app for that! The current state of mobile applications (apps) for DSM-5 obsessive-compulsive disorder, posttraumatic stress disorder, anxiety and mood disorders. *Depression and anxiety*, 34(6), 526-539.

9:00 a.m. – 11:00 a.m.

Taylor, Mezzanine Level

Becoming Board Certified in Behavioral and Cognitive Psychology

Robert Klepac, Ph.D., ABPP, University of Texas Health Science Center at San Antonio

Linda C. Sobell, Ph.D. ABPP, Nova Southeastern University

Primary Category: Professional/Interprofessional Issues

This workshop will focus on how to become a Board Certified Specialist in Behavioral and Cognitive Psychology. Certification by ABPP demonstrates psychologists have met their specialty's standards and competencies. Board Certification is valuable for several reasons: (a) it is increasingly becoming an expectation in our profession; (b) it enhances practitioner credibility for patients; (c) it distinguishes you from other psychologists; (d) there are potential salary increases by the VA, hospitals, the military, and other health care facilities; (e) it enhances qualifications as an expert witness; (f) it facilitates inter-jurisdictional licensing and practice mobility; and (g) it streamlines the credentialing process for licensing boards, and insurance companies. The application process for regular, early entry (graduate students, interns, and residents), and senior option candidates will be reviewed.

9:00 a.m. – 10:00 a.m.



Taft, Mezzanine Level

SIG Meeting

Child and Adolescent Depression

Key Words: *Adolescent Depression, Child Depression, Depression*

The Child and Adolescent Depression SIG Annual Membership Meeting will include a presentation by our honored guest and an update members on SIG projects and upcoming initiatives. We invited you to join us to share ideas and connect with colleagues!

Symposium 12

Training Novice and Lay Professionals in Cognitive-Behavioral Therapy

CHAIR: *Flint M. Espil, Ph.D.*, Stanford University

DISCUSSANT: *Elizabeth Connors, Ph.D.*, University of Maryland School of Medicine

Earn 1 continuing education credit

Primary Category: Dissemination / Implementation

Key Words: *Dissemination, Implementation, CBT*

Training Professionals to Use Evidence-Based Practices in School Settings

Flint M. Espil, Ph.D., Stanford University

Ryan Matlow, Ph.D., Stanford University School of Medicine

Training Mental Health Professionals: An Evidence-Informed System of Care

Julia R. Cox, M.S., Virginia Commonwealth University

Phoebe Brosnan, Virginia Commonwealth University

Michael A. Southam-Gerow, Ph.D., Virginia Commonwealth University

Effect of Therapist Experience on Outcomes for Clients With Internalizing Disorders

Lucia M. Walsh, M.S., University of Miami

McKenzie K. Roddy, University of Miami

Kelli Scott, M.S., Northwestern University

Cara C. Lewis, Ph.D., MacColl Center for Health Care Innovation

Symposium 13

Parent-Child Relationships and Sexual-Minority Peoples' Mental Health

CHAIR: *Audrey Harkness, Ph.D.*, Department of Psychology, University of Miami

DISCUSSANT: *John E. Pachankis, Ph.D.*, Department of Social and Behavioral Sciences, Yale School of Public Health

Primary Category: Gay / Lesbian / Bisexual / Transgender Issues

Key Words: LGBTQ+, Parenting, Families

Parenting and Heterosexual Youth Attitudes Toward Sexual-Minority People

Audrey Harkness, Ph.D., Department of Psychology, University of Miami

Study of Sexual-Minority Young Mens' Parental Relationships and Mental Health

Timothy J. Sullivan, B.A., Department of Social and Behavioral Sciences, Yale School of Public Health

John E. Pachankis, Ph.D., Yale School of Public Health

Relationship-Focused Therapy for Sexual-Minority Individuals and Their Parents

Gary M. Diamond, Ph.D., Ben-Gurion University

Marriott Ballroom 1, 2 & 3, Lobby Level

Research and Professional Development 1

Conversation With NIMH Director Dr. Joshua Gordon on Clinical Psychological Science, and ABCT and NIMH's Shared Mission to Reduce the Burden of Mental Illness

CHAIR: *Kiara R. Timpano, Ph.D., University of Miami*

PANELISTS: *Bethany A. Teachman, Ph.D., University of Virginia*
Joshua Gordon, M.D., Ph.D., National Institute of Mental Health (NIMH)

Earn 1.5 continuing education credits

Primary Category: Professional Development

Key Words: *Research Methods*

Dr. Joshua Gordon, Director of the National Institute of Mental Health (NIMH), and Dr. Bethany Teachman will engage in a conversation about psychological science, psychosocial research and NIMH's strategic research priorities. This will include a discussion of NIMH-funded research developments on psychiatric biomarkers and experimental medicine. In addition, Dr. Gordon will be asked to reflect on the evolution of the NIMH portfolio in recent years, as it relates to supporting basic research and clinical trials aimed at solving complex mental health challenges. Finally, given that ABCT's mission to enhance "health and well-being by advancing the scientific understanding, assessment, prevention, and treatment of human problems" closely complements NIMH's mission, we will discuss how the two organizations can best support one another.

You will learn:

- Discuss how clinical psychological science can help NIMH achieve its strategic objectives.
- Learn about the relative balance of different types of research in the NIMH portfolio.
- Discuss how Dr. Gordon anticipates NIMH balances contributions from psychosocial and biomedical research.

10:00 a.m. – 11:00 a.m.

Washington 4 & 5, Exhibition level

Internship Meet and Greet

Jeanette Hsu, Ph.D., VA Palo Alto Health Care System

Crystal S. Lim, Ph.D., University of Mississippi Medical Center

For description please see “Internship Training Site Overview” at 8:30 a.m.

10:15 a.m. – 11:45 a.m.



Truman, Mezzanine Level

SIG Meeting

African Americans In Behavioral Therapy

Key Words: African Americans, Diversity

Many clinicians are well-equipped to provide services for those with a PTSD diagnosis, but when trauma is related to experiences involving racial discrimination and systemic racism, the mental health community is less prepared. This presentation will explain trauma resulting from experiences such as police harassment, workplace discrimination, community violence, loss, and incarceration. The presentation will also describe the various facets of racial trauma, including historical, cultural, and individual trauma, and how these may or may not fit into a DSM-5 framework. New research will also be discussed.

10:00 a.m. – 11:00 a.m.



Taft, Mezzanine Level

SIG Meeting

Child and School-Related Issues

Key Words: School, Child, Student issues

We plan to have an invited speaker to address the members, give away the annual Student Award for Outstanding Research and announce openings for new officer positions in the SIG.

10:15 a.m. – 11:45 a.m.



McKinley, Mezzanine Level

SIG Meeting

Forensic Issues and Externalizing Behaviors

Key Words: *Aggression/Disruptive Behaviors/Conduct Problems, Criminal Justice, Substance Abuse*

June Tangney, PhD, a professor in the Department of Psychology at George Mason University, will present on treatment needs of justice-involved individuals, such as guilt and shame, personality disorders, and criminogenic thinking. Time will also be allotted to discuss SIG business issues.

10:15 a.m. – 11:45 a.m.



Cleveland 2, Mezzanine Level

SIG Meeting

Native American Issues In Behavioral Therapy and Research

Key Words: *Native American, Race / Ethnicity, Career Development*

We will meet to renew connections, welcome new members, and discuss ongoing research and clinical endeavors in the area of Native American behavioral health. We will also elect new leadership, discuss ideas for activities between conventions, and develop new collaborations across research and clinical endeavors.

10:15 a.m. – 11:45 a.m.



Buchanan, Mezzanine Level

SIG Meeting

Spiritual and Religious Issues

Key Words: *Spirituality & Religion, Cultural Diversity, Treatment-CBT*

At this year's meeting, the SIG will discuss current research and developments in the field of spirituality and religion in psychology. Attendees will have time to network with others who share their interest in this area. Members and non-members are invited to attend.

Clinical Roundtable 3

Borrowing Wisdom from the Anxiety Field: How Lessons Learned in the Exposure-Based Treatment of Anxiety Disorders Can Advance the Eating Disorders Field

MODERATORS: *Jamal H. Essayli, Ph.D.*, Pennsylvania State University Milton
S. Hershey Medical Center

Lisa M. Anderson, Ph.D., University of Minnesota

PANELISTS: *Richard G. Heimberg, Ph.D.*, Temple University

Bunmi Olatunji, Ph.D., Vanderbilt University

Elizabeth A. Hembree, Ph.D., University of Pennsylvania

Cheri A. Levinson, Ph.D., The University of Louisville

Stuart B. Murray, Ph.D., University of California, San Francisco

Earn 1.5 continuing education credits

Primary Category: Eating Disorders

Key Words: *Exposure, Eating Disorders, Anxiety*

Decades of research indicate that exposure therapy is an effective psychological intervention for anxiety disorders. Given that anxiety is a prominent feature of many eating disorder presentations, exposure therapy appears to be a logical choice when treating individuals with eating disorders. While there are elements of exposure in current cognitive-behavioral and family-based therapies for eating disorders, exposure has not traditionally been considered a fundamental component of these treatment protocols. However, a number of eating disorder-focused early-career investigators have recently postulated a more central role of anxiety in eating disorder psychopathology, which may call for the systematic application of exposure therapy for eating disorders. The goal of this clinical round table is to facilitate a discussion about exposure therapy between three established researchers from the anxiety disorders field and three early investigators from the eating disorders field. Established clinical scientists who have contributed to the development and understanding of exposure therapy for three different anxiety disorders - social anxiety disorder, obsessive-compulsive disorder, and post-traumatic stress disorder - will be asked to reflect on lesson learned from their years studying exposure therapy, questions about exposure therapy that remain unanswered, and directions for future research. The three eating disorder-focused early-career investigators will then comment on the experiences and ideas shared by the anxiety experts. Panelists will be asked to discuss similarities and differences between the application of exposure therapy for anxiety and eating disorders, consider how past research evaluating exposure therapy for anxiety disorders may impact treatment research for eating disorders, and compare and contrast potential future directions of exposure therapy for anxiety and eating disorders.

Mini Workshop 3

What We Didn't Learn in Graduate School About Exposure Therapy for Anxiety: Lessons Learned From Real-World Practice

Brett J. Deacon, Ph.D., Illawarra Anxiety Clinic

Patrick B. McGrath, Ph.D., AMITA Health Alexian Brothers

Earn 1.5 continuing education credits

Moderate level of familiarity with the material

Primary Category: Adult Anxiety - General

Key Words: *Exposure, Anxiety, Psychotherapy Process*

Exposure-based CBT is the recommended first-line treatment for numerous anxiety disorders. Although we were trained to use this approach following standard protocols, our real-world experience has taught us many lessons we wish we learned in graduate school. This Mini Workshop reviews these lessons learned. We discuss issues such as designing and implementing exposure tasks for challenging presentations, substance abuse, family accommodation, therapy-interfering behaviors, motivating ambivalent clients, co-occurring psychiatric treatment, and the role of anxiety-reducing “coping skills” alongside exposure. The presenters will use case examples, describe novel ways to implement exposure with difficult presentations, and openly review their challenges and successes in these areas. Attendees will have opportunity to discuss their difficult cases as well.

You will learn:

- This session is designed to help you successfully utilize ERP with your most challenging anxious patients.
- This session is designed to help you work with patients and families that may be difficult, unmotivated, or are not responding to therapy.
- This session is designed to assist therapists in challenging issues that can interfere with anxiety treatment, such as co-occurring substance abuse, family accommodation, or reliance on safety seeking behaviors.

Recommended Readings: Abramowitz, J. S., Deacon, B. J., & Whiteside, S. P.H. (2010). *Exposure therapy for anxiety: Principles and practice*. New York: Guilford. McGrath, P.B. (2007). *The OCD answer book: Professional answers to more than 250 top questions about OCD*. Naperville, IL.: Sourcebooks. Grayson, J. (2014). *Freedom from OCD: A personalized recovery program for living with uncertainty*. New York: Penguin.

Mini Workshop 4

#DBT: A Live, Annotated Demonstration of DBT With an Adolescent

Alison Yaeger, Psy.D., McLean Hospital, Harvard Medical School

Ashley Maliken, Ph.D., University of California San Francisco

Maggie Gorraiz, Ph.D., McLean Hospital, Harvard Medical School

Esme A L. Shaller, Ph.D., University of California, San Francisco

Earn 1.5 continuing education credits

Basic level of familiarity with the material

Primary Category: Treatment - DBT

Key Words: *DBT (Dialectical Behavior Therapy), Adolescents, Emotion Regulation*

Dialectical behavior therapy (DBT) is an empirically-supported treatment for suicide and self-injury among adults with emotion dysregulation (Linehan et al., 2015; Koons et al., 2001). DBT has been adapted for use with suicidal, multi-problem adolescents (Miller et al., 2007) and shown to be similarly effective in this population (Mehlum et al., 2014). While DBT is a well-known treatment, the nuances of implementing it moment to moment can be difficult for novices to learn and even more difficult to master (Koerner, 2011). Indeed, our collective experience implementing DBT in respected training hospitals has highlighted this as a challenging task for trainees from many disciplines. In this mini-workshop, we will do a live role-play demonstration of an individual DBT session with an adolescent while simultaneously “tweeting” key treatment strategies.

In three parts, we will offer an optimal environment to learn about and distinguish dialectical (e.g., extending, use of metaphor) and stylistic (movement, speed, and flow, reciprocal warmth, and irreverence) strategies in DBT. We will start with a brief overview of the DBT treatment frame and strategies, followed by a clinical vignette of an adolescent mid-treatment in DBT. We will then do a role-play of a DBT session. During the session, we will project a text scroll being entered in real time highlighting the specific strategies used (both the name of the strategy and a brief label describing its function/rationale). After the therapy demonstration, we will facilitate a discussion and answer questions.

While therapy demonstrations are interesting to learners at most levels, they often suffer from some weaknesses. They may be too scripted, ruining the spontaneity that is present in actual therapy. They can also lack context, so that the observer is left unclear as to why the clinician made the decisions they made. Because DBT is a principles-based treatment (Linehan, 1993), we hope to keep our role play loose and fresh, while still remaining clinically relevant. Through framing ahead of time and annotating throughout, we hope to deepen the experience of the workshop participant, so that they leave confident they could begin to use the dialectical and stylistic strategies immediately.

You will learn:

- Accurately identify the stylistic and dialectical strategies used in dialectical behavior therapy.
- Describe the ways in which stylistic and dialectical strategies can be used with adolescents.
- Prepare to use dialectical behavior therapy strategies with difficult-to-treat adolescent patients.

Recommended Readings: Cook, J.M., Schnurr, P.P., Biyanova, T., & Coyne, J.C. (2009). Apples Don't Fall Far From the Tree: Influences on Psychotherapists' Adoption and Sustained Use of New Therapies. *Psychiatric Services*, 60 (5), 671-676. Dimeff, L., & Linehan, M.M. (2001). DBT in a Nutshell. *The California Psychologist*, 34 (3), 1-13. Mehlum, L., Ramberg, M., Tormoen, A.J, Haga, E., Diep, L.M., Stanley, B.H., Miller, A.L., Sund, A.M., Groholt, B. (2016) Dialectical Behavior Therapy Compared With Enhanced Usual Care for Adolescents With Repeated Suicidal and Self-Harming Behavior: Outcomes Over a One-Year Follow-Up. *Journal of the American Academy of Child & Adolescent Psychiatry*, 55 (4), 295 - 300

Panel Discussion 3

Broadening Perspectives: Understanding the Challenges in Implementation of Evidence-Based Treatments From the Viewpoints of Policymakers, Clinicians, and Researchers

MODERATORS: *Anu Asnaani, Ph.D.*, University of Pennsylvania

Rinad Beidas, Ph.D., Perelman School of Medicine at the University of Pennsylvania

PANELISTS: *Jonathan S. Comer, Ph.D.*, Mental Health Interventions and Technology (MINT) Program, Florida International University

Kimberly Hoagwood, Ph.D., New York University Langone Health

Chris Molnar, Ph.D., Mindful Exposure Therapy for Anxiety and Psychological Wellness Center, Inc.

Liz Turk-Karan, Ph.D., University of Pennsylvania

Shannon Wiltsey-Stirman, Ph.D., VA Palo Alto Health Care System/Stanford

Earn 1.5 continuing education credits

Primary Category: Dissemination / Implementation

Key Words: *Community-Based Assessment / Intervention, Health Care System, Implementation*

Despite considerable evidence supporting evidence-based treatments for psychological disorders, the implementation of these treatments in community settings remains low. Given that the vast majority of individuals seeking psychological services do so outside of academic clinics in public health or private practice settings, it is crucial that our field understands the barriers to implementation of evidence-based protocols in order to generate effective solutions for this research-practice gap. Furthermore, it is imperative to bring together multiple stakeholders invested in provision of effective clinical care to address this seemingly intractable problem. This panel aims to meet this need by gathering policy makers, clinicians, and researchers to discuss these issues from multiple viewpoints. In addition to addressing a number of intersecting questions about improving the penetration of evidence-based treatments in “real world” settings, this panel will provide a unique and important context in which to contrast and compare the issues that each stakeholder experiences at multiple ecological levels (systems, organization, and individual).

Specifically, the panelists and moderators include: a Department of Behavioral Health Commissioner who oversees one of the largest implementation initiatives of evidence-based treatments in a public mental health system; an implementation science research scholar working with the Division of Children, Youth and Families in New York; two licensed psychologists, both of whom have been heavily involved in the training of community clinicians in evidence-based treatments and have been themselves in group and individual private practices for the past 25 years; and several academic researchers involved in expanding the accessibility and acceptability of evidence-based treatments for community youth in Florida and Philadelphia, and with veterans in the VA system nationally. Panelists will share their experiences around implementation of evidence-based treatments and training of clinicians in such treatments in these diverse settings, and will review their efforts to leverage technology and other innovations to optimize the reach and ecological validity of supported care.

10:15 a.m. – 11:45 a.m.

Coolidge, Mezzanine Level

Panel Discussion 4

Future of Network Analysis in Clinical Psychology: Perils and Possibilities

MODERATOR: *Esther Tung*, Boston University

PANELISTS: *Sacha Epskamp*, Ph.D., University of Amsterdam
Aaron J. Fisher, Ph.D., University of California, Berkeley
Robert F. Krueger, Ph.D., University of Minnesota
Richard J. McNally, Ph.D., Harvard University
Douglas Steinley, Ph.D., University of Missouri
Aidan G.C. Wright, Ph.D., University of Pittsburgh

Earn 1.5 continuing education credits

Primary Category: Research Methods and Statistics

Key Words: *Statistics, Methods*

Network analysis has rapidly become a very popular tool for psychopathology research in recent years. Researchers argue that network analysis has an advantage over latent variable analyses because symptoms likely causally influence each other, violating an assumption of latent variable models. Instead, network analysis conceptualizes mental disorders as systems of interrelated symptoms. These networks attempt to map out these relationships and allow for examination of central nodes that could present important implications for treatment targeting. Most research has examined data compiled across individuals, which does not take into consideration information about symptom associations within an individual across time. Thus, some researchers (e.g., Fisher, Reeves, Lawyer, Medaglia, & Rubel, 2017) have also begun expanding these analyses into looking at idiographic networks, examining within individuals' symptom dynamics over time. As

seen by the use of text messages and web-based survey systems in Fisher et al., (2017), technology-based data collection will be important in examining individuals' symptom networks. These and related methods could be very helpful in adapting CBT on a regular basis based on clients' symptom networks. However, recent research has debated the replicability of psychopathology networks in general, argued to be poor by some (Forbes, Wright, Markon, & Krueger, 2017; Steinley, Hoffman, Brusco, & Sher, 2017), but good by others (Borsboom et al. 2017). This panel discussion will bring together leaders in the field, professors of and experts in advanced quantitative methodology, network psychometrics, and latent variable modeling to discuss the future of network analysis in clinical psychology.

10:15 a.m. – 11:45 a.m.

Virginia B, Lobby Level

Panel Discussion 5

You Can Pay Someone to Do That for You: Partnering with Technology Companies for Behavioral Research

MODERATOR: *Laura Sockol, Ph.D.*, Davidson College

PANELISTS: *Erika Litvin Bloom, Ph.D.*, Alpert Medical School of Brown University & Rhode Island Hospital

Marie J. C. Forgeard, Ph.D., McLean Hospital / Harvard Medical School

Gabriela K. Khazanov, M.A., University of Pennsylvania

Michael E. Levin, Ph.D., Utah State University

Earn 1.5 continuing education credits

Primary Category: Technology

Key Words: *Technology, Research Methods, Professional Development*

As technology becomes more integral to behavioral research, a wide range of organizations have arisen to meet researchers' needs in this area. Partnering with organizations offering technological services has the potential to allow researchers to focus their time and energy on the elements of research that are most aligned with their own expertise, and to allow researchers to benefit from advances in technology without needing to develop advanced specializations outside their core areas of competence. However, navigating the available options, and considering pragmatic, financial, and ethical considerations related to these partnerships, also poses challenges to behavioral researchers.

This panel will address researchers' experiences integrating new technology into their research programs through partnerships with a range of organizations that offer technology-based services to researchers, including advertising studies, screening and recruiting participants, survey-based data collection, experience-sampling methodology, and designing and implementing mobile and e-health interventions. Panelists will discuss their experiences working with these organizations, including ways in which their research has

benefited from these partnerships and challenges that have resulted from working with external partners. Panelists will also address important considerations in deciding when and whether to use these services, including logistical considerations, the cost of services, and legal and ethical concerns that may arise from such partnerships.

10:15 a.m. – 11:45 a.m.

Madison B, Mezzanine Level

Symposium 14

Leveraging Technology to Improve Autism Acceptance and Treatment

CHAIR: *Lauren Kenworthy, Ph.D.*, Children's National Health System

DISCUSSANT: *Sharon daVanport*, Autism Women's Network

Earn 1.5 continuing education credits

Primary Category: Technology

Key Words: *Autism Spectrum Disorders, Parent Training, Randomized Controlled Trial*

Online Parent Training Modules: Executive Function in Autistic Children

Lauren Kenworthy, Ph.D., Children's National Health System

Deb Childress, Ph.D., 3C Institute

Alyssa Verbalis, Ph.D., Center for Autism Spectrum Disorders, Children's National

Anna Chelsea Armour, M.A., Center for Autism Spectrum Disorders, Children's National

Monica Adler Werner, M.A., Ivymount School and Programs

Kelly Kocher, 3C Institute

Mary E. Troxel, B.A., University of Colorado School of Medicine, Department of Psychiatry

Results of Sesame Street's See Amazing in All Children Online Initiative

Laura Anthony, Ph.D., University of Colorado, School of Medicine

Hillary Robertson, MPh, Department of Psychiatry, Georgetown University

Alyssa Verbalis, Ph.D., Children's National

Sydney Seese, B.A., Children's National

Celene Domitrovich, Ph.D., Georgetown University

Cheryl Dickter, Ph.D., College of William & Mary

Joshua Burk, Ph.D., Department of Psychology, College of William & Mary

Mary E. Troxel, B.A., University of Colorado School of Medicine, Department of Psychiatry

Bruno Anthony, Ph.D., University of Colorado School of Medicine, Children's Hospital of Colorado Pediatric Mental Health Institute

Parent-Mediated Sexual Education Curriculum for Youth With ASD

Cara Pugliese, Ph.D., Children's National Health System and The George Washington University School of Medicine

Allison Ratto, Ph.D., Center for Autism Spectrum Disorders, Children's National

• *Katerina Dudley, B.A.*, UNC Chapel Hill

Yael Granader, Ph.D., Center for Autism Spectrum Disorders, Children's National

Laura Anthony, Ph.D., University of Colorado Anschutz Medical Center, School of Medicine, Children's Hospital of Colorado

Developing Computer Games That Target Social Information Processing in ASD

John Herrington, Ph.D., Children's Hospital of Philadelphia

Lucero Cordero, B.A., The Children's Hospital of Philadelphia

Dravis Zachary, B.A., The Children's Hospital of Philadelphia

Benjamin Farber, B.A., BioStream Technologies LLC

Luc Robinson, B.A., BioStream Technologies LLC

Mary Jane Weiss, Ph.D., BioStream Technologies LLC

Michael Farber, B.A., BioStream Technologies LLC

10:15 a.m. – 11:45 a.m.

Harding, Mezzanine Level

Symposium 15

Improving Risk Assessment and Treatment Planning for Suicidal Emergency Department Patients

CHAIR: *Brooke A. Ammerman, M.A.*, University of Notre Dame

DISCUSSANT: *Evan M. Kleiman, Ph.D.*, Harvard University

Earn 1.5 continuing education credits

Primary Category: Suicide and Self-Injury

Key Words: *Suicide, Health Care System, Assessment*

Differentiating Suicide Ideators From Attempters at an Index ER Visit

Brooke A. Ammerman, M.A., University of Notre Dame

Anne Knorr, B.A., Geisinger Medical Center

Bethany Hileman, B.A., Geisinger Medical Center

Stephanie Carlson, M.D., Geisinger Medical Center

Robert Strony, D.O., Geisinger Medical Center

Suicide Attempts Among Suicidal Ideators After an Emergency Department Visit

Anne Knorr, B.A., Geisinger Medical Center
 Brooke A. Ammerman, M.A., University of Notre Dame
 Chadd Kraus, D.O., DrPH, Geisinger Medical Center
 Andrei Nemoianu, M.D., Geisinger Medical Center
 Robert Strony, D.O., Geisinger Medical Center

Important Factors in Treatment Planning for Suicidal Patients in the ER

Sean LaFleur, M.A., Geisinger Medical Center
 Anne Knorr, B.A., Geisinger Medical Center
 Brooke A. Ammerman, M.A., University of Notre Dame
 Quan Chen, B.A., Geisinger Commonwealth Medical School
 Bethany Hileman, B.A., Geisinger Medical Center
 Robert Strony, D.O., Geisinger Medical Center

Trajectories of Services Following ER Visits for Suicidal Patients

Brianna J. Turner, Ph.D., University of Victoria
 Katherine Comtois, Ph.D., University of Washington
 Amanda Kerbrat, MSW, University of Washington
 Brian Stiles, B.A., University of Washington

10:15 a.m. – 11:45 a.m.

Thurgood Marshall North, Mezzanine Level**Symposium 16****Novel Research Approaches to Self-Destructive Behaviors and Associated Psychopathology**

CHAIR: *Kenneth J.D. Allen, Ph.D.*, Alpert Medical School of Brown University

DISCUSSANT: *Michael F. Armev, Ph.D.*, Alpert Medical School of Brown University

Earn 1.5 continuing education credits

Primary Category: Research Methods and Statistics

Key Words: *Risky Behaviors, Borderline Personality Disorder, Methods*

Alcohol Consumption and Subjective Intoxication in Adolescent Problem Drinkers

Ryan W. Carpenter, Ph.D., Alpert Medical School of Brown University
 Hayley Treloar Padovano, Ph.D., Alpert Medical School of Brown University
 Robert Miranda Jr., Ph.D., Alpert Medical School of Brown University

Emotional Stop-Signal: Assessing Negative Urgency in Self-Destructive Behaviors

Kenneth J.D. Allen, Ph.D., Alpert Medical School of Brown University

Heather T. Schatten, Ph.D., Alpert Medical School of Brown University

Michael F. Armev, Ph.D., Alpert Medical School of Brown University

Jill M. Hooley, D.Phil., Harvard University

Emotion Regulation Strategy Selection in Self-Injury: Instruction-Based Tasks

Chelsea E. Boccagno, M.A., Harvard University

Jill M. Hooley, D.Phil., Harvard University

Central Features of BPD Using Network Analysis in a Large Clinical Sample

Noah N. Emery, Ph.D., Alpert Medical School of Brown University

Kasey Stanton, Ph.D., Western University

Mark Zimmerman, M.D., Alpert Medical School of Brown University

10:15 a.m. – 11:45 a.m.

Thurgood Marshall South, Mezzanine Level

Symposium 17

**Online Relationship Interventions for Low Income
Couples: Results From a Nationwide RCT**

CHAIR: *Brian D. Doss, Ph.D., University of Miami*

DISCUSSANT: *Alan J. Hawkins, Ph.D., Brigham Young University*

Earn 1.5 continuing education credits

Primary Category: Couples / Close Relationships

Key Words: *Telehealth & Internet Interventions, Couple Therapy, Technology*

ePREP: Description and Demonstration

Scott R. Braithwaite, Ph.D., Brigham Young University

Howard Markman, Ph.D., University of Denver

Scott Stanley, Ph.D., University of Denver

OurRelationship: Description and Demonstration

Karen Rothman, M.S., University of Miami

McKenzie K. Roddy, M.S., University of Miami

Brian D. Doss, Ph.D., University of Miami

Andrew Christensen, Ph.D., University of California, Los Angeles

Effectiveness of Online Relationship Interventions: Randomized Controlled Trial*Kayla Knopp, M.A., University of Denver**Galena Rhoades, Ph.D., University of Denver**Charlie Huntington, B.A., University of Denver**Kathryn Nowlan, M.S., University of Miami**Brian D. Doss, Ph.D., University of Miami***Comparing Effectiveness of ePREP and OurRelationship Online Interventions***Galena Rhoades, Ph.D., University of Denver**Kayla Knopp, M.A., University of Miami**Maggie O'Reilly Treter, B.A., University of Denver**McKenzie K. Roddy, M.S., University of Miami**Brian D. Doss, Ph.D., University of Miami***OurRelationship and ePREP: Mental and Physical Health for Low-Income Couples***McKenzie K. Roddy, M.S., University of Miami**Karen Rothman, M.S., University of Miami**Brian D. Doss, Ph.D., University of Miami*

10:15 a.m. – 11:45 a.m.

Delaware A, Lobby Level

Symposium 18**Harnessing Very Brief Interventions to Reduce Youth Anxiety and Depression at Scale: How, Where, and for Whom?**CHAIR: *Jessica L. Schleider, Ph.D., Stony Brook University*DISCUSSANT: *Thomas H. Ollendick, Ph.D., Virginia Polytechnic Institute and State University*

Earn 1.5 continuing education credits

Primary Category: Treatment - Other

Key Words: *Treatment-Other, Change Process / Mechanisms, Dissemination*

Long-Term Symptom Change? Web-Based Intervention for Adolescent Anxiety*Jessica L. Schleider, Ph.D., Stony Brook University**Madelaine Abel, M.A., University of Kansas**John Weisz, Ph.D., Harvard University*

Change in Brief, School Nurse-Delivered Interventions for Children With Anxiety

Golda Ginsburg, Ph.D., University of Connecticut School of Medicine

Michela Muggeo, Psy.D., University of Connecticut Health Center

Kelly Drake, Ph.D., The Johns Hopkins University School of Medicine; Anxiety Treatment Center of Maryland

Delivering a Brief Intervention to Homeless Youth Using Mobile Technology

Alyson K. Zalta, Ph.D., Rush University Medical Center

Angela C. Glover, B.A., Rush University Medical Center

Anne Rufa, Ph.D., Rush University Medical Center

Niranjan Karnik, MD, Ph.D., Rush University Medical Center

Stephen M. Schueller, Ph.D., Northwestern University, Feinberg School of Medicine

Predictors and Mechanisms of One-Session Treatment for Specific Phobias in Youth

Sarah Ryan, M.A., Virginia Polytechnic Institute and State University

Business Modeling May Improve Transportability of EBIs Into Natural Settings

Ryan Stoll, M.A., Arizona State University

Armando Pina, Ph.D., Arizona State University; REACH Institute

Nancy Gonzales, Ph.D., Arizona State University

Symposium 19

**Recent Advances in OC Spectrum Disorders: A
Transdiagnostic and Translational Perspective**

CHAIRS: *Berta Summers, M.S., Massachusetts General Hospital*
Brittany M. Mathes, B.A., Florida State University
DISCUSSANT: *Eric A. Storch, Ph.D., Baylor College of Medicine*

Earn 1.5 continuing education credits

Primary Category: Obsessive Compulsive and Related Disorders

Key Words: *Transdiagnostic, Translational Research*

Network Perspective on Body Dysmorphic Disorder and Major Depressive Disorder

Berta Summers, M.S., Massachusetts General Hospital
George Aalbers, B.S., University of Amsterdam
Payton Jones, B.S., Harvard University
Richard J. McNally, Ph.D., Harvard University
Katharine Phillips, Ph.D., Weill Cornell Medical College
Sabine Wilhelm, Ph.D., Massachusetts General Hospital/Harvard Medical School

Depression Among Individuals With Dermatological and Body Dysmorphic Concerns

Gina Q. Boullion, M.S., The University of Mississippi
Laura J. Dixon, Ph.D., University of Mississippi
Megan M. Perry, B.A., University of Mississippi
Sara M. Witcraft, B.A., University of Mississippi

Dysfunctional Beliefs and Flexibility in Understanding Body Image Disturbance

Lillian Reuman, M.A., University of North Carolina at Chapel Hill
Shannon M. Blakey, M.S., University of North Carolina
Jennifer L. Buchholz, University of North Carolina
Jonathan S. Abramowitz, Ph.D., University of North Carolina

Relationship Between ER Deficits and Body-Focused Repetitive Behavior

Jennifer Alexander, M.Sc.
David C. Houghton, M.S., Texas A&M University
Christopher C. Bauer, Marquette University
Douglas Woods, Ph.D., Marquette University

Investigation of Social Exclusion, Attachment to Possessions, and Saving Behaviors

Brittany M. Mathes, B.A., Florida State University
Norman Schmidt, Ph.D., Florida State University

Symposium 20

**Behavioral and Cognitive Science-Based Treatment:
Harnessing Technology to Enhance Accessibility and
Outcomes**

- CHAIRS: *Daniel W. McNeil, Ph.D.*, Departments of Psychology, and
Dental Practice & Rural Health
Jennifer Dahne, Ph.D., Medical University of South Carolina
- DISCUSSANT: *Stefan G. Hofmann, Ph.D.*, Boston University Center for
Anxiety and Related Disorders

Earn 1.5 continuing education credits

Primary Category: Technology

Key Words: *Technology, Telehealth & Internet Interventions, CBT*

Using Tablet Computers to Deliver Exposure Stimuli In Vivo

Matthew C. Arias, M.S., West Virginia University
Daniel W. McNeil, Ph.D., West Virginia University

**Virtual Reality Exposure in PE Treatment of PTSD From Military Sexual
Trauma**

Laura Loucks, Ph.D., Emory University School of Medicine
Carly Yasinski, Ph.D., Emory University School of Medicine
Jessica Maples-Keller, Ph.D., Emory University School of Medicine
Albert Rizzo, Ph.D., University of Southern California
Barbara Rothbaum, Ph.D., Emory University School of Medicine

Behavioral Activation Mobile App for Treatment of Depressive Symptoms

Jennifer Dahne, Ph.D., Medical University of South Carolina
Carl W. Lejuez, Ph.D., University of Kansas
Julia Felton, Ph.D., Michigan State University
Vanessa Diaz, M.D., Medical University of South Carolina
Marty Player, M.D., Medical University of South Carolina
Jacob Kustanowitz, M.S., MountainPass Technology
Matthew Carpenter, Ph.D., Medical University of South Carolina

Bounce Back Now: An Intervention to Facilitate Postdisaster Recovery

Tatiana Davidson, Ph.D., Medical University of South Carolina

Master Clinician Seminar 1

ticket

Challenges to the Achievement of Optimal CBT Outcomes in Pediatric OCD Treatment

Martin Franklin, Ph.D., University of Pennsylvania

Earn 2 continuing education credits

Basic to moderate level of familiarity with the material

Primary Category: OCD (Obsessive Compulsive Disorder), Treatment - CBT

Key Words: *OCD (Obsessive Compulsive Disorder), CBT, Pediatric*

In the last 20 years, the evidence base for CBT involving exposure plus response prevention for treating youth with OCD has grown considerably. Treatment typically involves a combination of in vivo and imaginal exposure to situations and thoughts that provoke obsessional anxiety, along with response prevention, which is aimed at reducing and ultimately eliminating compulsions and other passive forms of avoidance. Randomized controlled trials conducted around the world support the efficacy of exposure-based interventions, and effectiveness trials have since provided evidence that robust and durable outcomes can be achieved outside the academic medical contexts in which these treatments were developed and validated. These substantive advances notwithstanding, response to treatment is still neither universal nor complete. This Master Clinician Seminar will focus on common challenges presented in treatment and clinical strategies to address these challenges. Psychiatric comorbidity, family accommodation, motivational readiness, and other challenges to within- and between-session protocol adherence will be addressed in turn, and ample time will be available for discussion of clinical cases in which optimal outcomes are proving difficult to achieve.

You will learn:

- Explain the expected trajectories of response to CBT for pediatric OCD, which serve as a guide for treatment;
- Describe the common clinical challenges to achievement of optimal outcomes, including psychiatric comorbidity, family accommodation, and motivational readiness;
- Discover clinical strategies to address these common clinical challenges.

Recommended Readings: Franklin, M. E., Dingfelder, H. E., Coogan, C. G., Garcia, A. M., Sapyta, J. J., & Freeman, J. (2013). Cognitive behavioral therapy for pediatric obsessive compulsive disorder: Development of expert-level competence and implications for dissemination. *Journal of Anxiety Disorders* 27, 745-753. Franklin, M., Sapyta, J., Freeman, J., Khanna, M., Compton, S., Almirall, D., et al. (2011). Cognitive behavior therapy augmentation of pharmacotherapy in pediatric obsessive-compulsive disorder: The Pediatric OCD Treatment Study II (POTS II). *Journal of the American Medical Association* 306, 1224-1232. Leonard, R. C., Franklin, M. E., Wetterneck, C. T., Riemann, B. C., Simpson, H. B., Kinnear, K., . . . Lake, P. M. (2016). Residential treatment outcomes for adolescents with obsessive-compulsive disorder. *Psychotherapy Research*, 26, 727-736.

11:15 a.m. – 12:15 p.m.

Maryland Suite (A, B & C combined), Lobby Level

Post Grad Panel

Postdoctoral Paths for Professional Development

Debra Kaysen, Ph.D., Professor, University of Washington

Jeanette Hsu, Ph.D., VA Palo Alto Health Care System

Primary Category: Professional Issues

Key Words: *College Students, Education, Training- Graduate*

Panelists will address important issues for interns and others considering applying to a postdoctoral residency training program and those who are interested in postdoctoral research funding. Topics to be addressed include: what applicants should look for in a postdoctoral training program; the differences between research and clinical postdoctoral training, including how training is funded; the advantages or disadvantages of following a postdoctoral path in terms of professional development; how best to find and select a program that fits the applicant's needs; the impact of APA accreditation in the postdoctoral arena; what training sites are looking for in evaluating applications; tips on how to prepare for the interview; and how postdoctoral offers are made and the process of accepting an offer. There will be time for questions from the audience during the panel presentation. After the panel, prospective postdoctoral applicants will be able to meet with representatives from postdoctoral programs. A list of participating sites will be published in the program addendum distributed at the convention registration desk. Postdoctoral sites that would like to be represented in this event should contact Dr. Tammy Schuler at the ABCT Central Office: tschuler@abct.org.

11:30 a.m. – 12:30 p.m.



Taft, Mezzanine Level

SIG Meeting

Aging Behavior and Cognitive Therapy

Key Words: *Aging/Older Adults, Treatment-CBT*

The Aging Behavior and Cognitive Therapy SIG will be meeting to welcome returning and new members and discuss aging events of interest at the 2018 Convention.

FRIDAY

Marriott Balcony B, Mezzanine Level

Master Clinician Seminar 2

ticket

Parent-Child Interaction Therapy

Cheryl B. McNeil, Ph.D., West Virginia University

Earn 2 continuing education credits

Basic to Moderate level of familiarity with the material

Primary Category: Child / Adolescent - Externalizing

Key Words: PCIT (Parent Child Interaction Therapy), Parent Training, Child Externalizing

This Master Clinician Seminar describes Parent Child Interaction Therapy (PCIT), an evidence-based behavioral treatment for families of young children with disruptive behavior disorders. PCIT is based on Baumrind's developmental theory, which holds that authoritative parenting - a combination of nurturance, good communication, and firm limits - produces optimal child mental health outcomes. In PCIT, parents learn authoritative parenting skills through direct therapist coaching of parent child interactions, guided by observational data collected in each session. Parents receive immediate guidance and feedback on their use of techniques such as differential social attention and consistency as they practice new relationship enhancement and behavioral management skills. Video-tape review, slides, handouts, and experiential exercises will be used to teach participants the basic interaction skills and therapist coding and coaching skills used during treatment sessions. Applications of PCIT within physically abusive families and other special populations will be discussed.

You will learn:

- Articulate the theoretical background underlying PCIT;
- Explain how to employ the PRIDE skills that are used for relationship-enhancement component of PCIT;
- Practice coding parent-child interactions as a mechanism for assisting caregivers in mastering skills;
- Describe the basic skills of discipline in PCIT;
- Delineate how to draw on the research base for PCIT.

Recommended Readings: McNeil, C. B. & Hembree-Kigin, T. (2010). Parent-Child Interaction Therapy: Second Edition. New York: Springer. Hood, K. K. , & Eyberg, S. M. (2003). Outcomes of parent-child interaction therapy: Mothers' reports on maintenance three to six years after treatment. *Journal of Clinical Child and Adolescent Psychology*, 32, 419-429. Ward MA, Theule J, Cheung K. Parent-Child Interaction Therapy for child disruptive behaviour disorders: a meta-analysis. *Child Youth Care Forum*. 2016;45:675-690. PCIT International Inc [webpage on the Internet]. Get certified by PCIT International. Available from: <http://www.pcit.org/pcit-certification.html>. Accessed December 5, 2016. Thomas R, Zimmer-Gembeck MJ. Behavioral outcomes of Parent-Child Interaction Therapy and Triple P - Positive Parenting Program: a review and meta-analysis. *J Abnorm Child Psychol*. 2007;35(3):475-495.

Washington 6, Exhibition Level

Workshop 4

ticket

Supervision Essentials for Cognitive-Behavioral Therapy

Danielle A. Kaplan, Ph.D., NYU School of Medicine

Cory F. Newman, Ph.D., University of Pennsylvania, Perelman School of Medicine

Earn 3 continuing education credits

Moderate level of familiarity with the material

Primary Category: Professional / Interprofessional Issues

Key Words: *Supervision, Career Development, CBT*

Drawing on recent findings from evidence-based programs of CBT supervision, this presentation will highlight the essential contents and processes of CBT supervision. The following major areas of interest will be described: (1) The supervisory relationship, (2) The chief responsibilities and teaching methods of a CBT supervisor, (3) Promoting ethical behavior and cross-cultural sensitivity in supervisees, (4) Facilitating supervisee competency in CBT, (5) Managing the administrative tasks of documentation, and (6) Providing feedback and formal evaluations in a timely, constructive manner. Multi-modal aspects of the training methods will be highlighted, including the use of readings, audio-visual recordings, role-modeling, and role-playing. This 3-hour workshop is designed for early career professionals who anticipate or have recently commenced providing CBT supervision to trainees, as well as experienced CBT supervisors looking for a refresher course.

You will learn:

- Describe how to teach supervisees to conceptualize cases and use the techniques of CBT competently;
- Explain how to model professionalism, ethical behavior, cross-cultural sensitivity, and relational skills to trainees;
- State how to provide supervisees with constructive feedback and evaluations.

Recommended Readings: Corrie, S., & Lane, D. A. (2015). CBT supervision. London, United Kingdom: Sage. Cummings, J. A., Ballantyne, E. C., & Scallion, L. M. (2015). Essential processes for cognitive behavioral clinical supervision: Agenda setting, problem-solving, and formative feedback. *Psychotherapy, 52*, 158-163. Milne, D. (2009). Evidence-based clinical supervision: Principles and practice. Leicester, United Kingdom: BPS Blackwell. Milne, D. L., Sheikh, A. I., Pattison, S., & Wilkinson, A. (2011). Evidence-based training for clinical supervisors: A systematic review of 11 controlled studies. *The Clinical Supervisor, 30*, 53-71. Reiser, R. P., & Milne, D. (2012). Supervising cognitive-behavioral psychotherapy: Pressing needs, impressing possibilities. *Journal of Contemporary Psychotherapy, 42*, 161-71. Sudak, D. M., Codd, R. T., Ludgate, J., Sokol, L., Fox, M. G., Reiser,

12:00 p.m. – 1:00 p.m.

Thurgood Marshall South, Mezzanine Level

Panel Discussion 6

What Can an Evidence Based Mental Health Practitioner Do When Faced With Pseudoscience?

MODERATOR: *Daniel L. Hoffman, ABPP, Ph.D.*, Long Island Jewish Medical Center of Northwell Health & Private Practice

PANELISTS: *Daniel L. Hoffman, ABPP, Ph.D.*, Long Island Jewish Medical Center of Northwell Health & Private Practice

Rebecca Sachs, ABPP, Ph.D., Spectrum Services

Shane Owens, ABPP, Farmingdale State College

Dean McKay, ABPP, Ph.D., Fordham University

Earn 1 continuing education credits

Primary Category: Professional / Interprofessional Issues

Key Words: *Professional Issues, Scientist-Practitioner, Prevention*

In the age of Fake News, pharmaceutical scandals, “Dr. Google,” and for-profit journals, it is increasingly difficult for the public and professionals to discern fact from fiction. Misinformation and misinterpreted data promoted by media and in quasi-professional circles, along with bias, celebrity testimonials, and anecdotal “evidence” elicit emotional reasoning and other cognitive errors. Drowning in the deluge of inaccurate and biased reporting imperils professionals and the general public. It leads us away from effective treatments and toward ineffective treatments, causing waste, needless suffering, and public health crises.

Mental health professionals have an opportunity and a responsibility to use every method at their disposal to promote evidence-based science and practice.

This panel examines the processes that promote pseudoscientific beliefs and the mechanisms by which they are transmitted. We scrutinize pseudoscientific myths regarding causes of and treatments for various conditions such as OCD, ASD, and trauma. We discuss common methods by which evidence is misrepresented via traditional and social media. Finally, we demonstrate how to use existing media, social networks, and technology to promote evidence-based messages which are likely to influence both professionals and the general public.



SIG Meeting

Technology and Behavior Change

Key Words: *Technology/Mobile Health, Treatment Development, Dissemination*

The Technology and Behavior Change SIG meeting will discuss SIG business and will have members share research and clinical work relevant to the SIG focus. Members will have the opportunity to give brief presentations in a modified Ignite presentation format (5 minutes) to showcase their work using varying technologies to facilitate behavior change. Presentations can be about formal research projects or findings, work in progress, new ideas, and innovative uses of technology in clinical practice. All ABCT members are welcome to join this meeting, and we encourage all individuals with shared interest in technology and behavior change to attend and consider joining our SIG.

Symposium 21

Wisdom from the Front Line: Using Provider and Stakeholder Perspectives to Improve Implementation

CHAIR: *Elizabeth Connors, Ph.D., University of Maryland School of Medicine*

DISCUSSANT: *Lauren Brookman-Frazee, Ph.D., University of California, San Diego*

Earn 1.5 continuing education credits

Primary Category: *Dissemination / Implementation*

Key Words: *Translational Research, Evidence-Based Practice, Implementation*

Evidence-Based Parent Coaching Intervention for Toddlers at Risk for ASD

Rachel Haine-Schlagel, Ph.D., San Diego State University

Sarah Rieth, Ph.D., San Diego State University

Kelsey S. Dickson, Ph.D., UC San Diego

Lauren Brookman-Frazee, Ph.D., UC San Diego

Aubyn Stahmer, Ph.D., UC Davis

Training Providers at Childrens' Advocacy Centers: Early Childhood Trauma

Kathryn Parisi, M.A., University of Arkansas - Fayetteville

Alex Dopp, Ph.D., University of Arkansas - Fayetteville

Allison Smith, B.A., University of Arkansas - Fayetteville

Cameron Perrine, M.A., University of Arkansas - Fayetteville

Karin Vanderzee, Ph.D., University of Arkansas for Medical Sciences

Sufna John, Ph.D., University of Arkansas for Medical Sciences

Nicola Edge, Ph.D., University of Arkansas for Medical Sciences

Teresa Kramer, Ph.D., University of Arkansas for Medical Sciences

Adoption and Implementation Outcomes: State-Funded Measurement Feedback

Elizabeth Connors, Ph.D., University of Maryland School of Medicine

Kathy Lane, Anne Arundel County Public Schools

Melanie Bennett, Ph.D., University of Maryland School of Medicine

Measurement Use in Implementation Science: Insight From Stakeholders

Heather Halko, M.A., University of Montana

Caitlin Dorsey, BAH, Kaiser Permanente Washington Health Research Institute

Cameo F. Stanick, Ph.D., Hathaway-Sycamores Child and Family Services

Laura Damschroder, MPH, M.S., Veterans Affairs Ann Arbor Center for Clinical Management Research

Symposium 22

The Identification and Treatment of Behavioral Health Problems in Pediatric Primary Care

CHAIRS: *Jami F. Young, Ph.D.*, Children’s Hospital of Philadelphia, Perelman School of Medicine, University of Pennsylvania
Jennifer Mautone, Ph.D., Children’s Hospital of Philadelphia

DISCUSSANT: *Eric Lewandowski, Ph.D.*, New York University School of Medicine

Earn 1.5 continuing education credits

Primary Category: Primary Care

Key Words: *Primary Care, Child, Community-Based Assessment / Intervention*

Predicting and Improving Show Rates in Integrated Primary Care

Billie Schwartz, Ph.D., Children’s Hospital of Philadelphia
Stephanie Brennan, MHA, Children’s Hospital of Philadelphia
Andrew Orapallo, B.A., Children’s Hospital of Philadelphia
Jennifer Mautone, Ph.D., Children’s Hospital of Philadelphia

Insomnia Symptoms, Poor Sleep, Behavioral Concerns in Preschoolers

Ariel Williamson, Ph.D., Children’s Hospital of Philadelphia
Kristen Lanzilotta, B.S., St. Joseph’s University
Nicholas Ambrulavage, B.S., St. Joseph’s University
Julia Krasny, B.S., St. Joseph’s University
Jodi Mindell, Ph.D., Children’s Hospital of Philadelphia

Screening for Adolescent Depression in Large Pediatric Care Network

Alyssa McCarthy, M.S., Rutgers University
Morgan L. Bush, B.A., Children’s Hospital of Philadelphia
Jami F. Young, Ph.D., Children’s Hospital of Philadelphia

Integrated Behavioral Health Services in Pediatric Primary Care

Courtney B. Wolk, Ph.D., University of Pennsylvania School of Medicine
Cidaw Zuleyha, Ph.D., University of Pennsylvania School of Medicine
Mautone Jennifer, Ph.D., Children’s Hospital of Philadelphia
Jami F. Young, Ph.D., Children’s Hospital of Philadelphia
Rinad Beidas, Ph.D., University of Pennsylvania School of Medicine
David Mandell, Sc.D., University of Pennsylvania School of Medicine

Symposium 23

**Interpersonal Dysfunction in Social Anxiety Disorder:
The Role of Social Perceptions, Perfectionism, and
Empathy**

CHAIR: *Hanjoo Kim, M.S., The Pennsylvania State University*

DISCUSSANT: *Richard G. Heimberg, Ph.D., Temple University*

Earn 1.5 continuing education credits

Primary Category: Adult Anxiety - Social

Key Words: *Social Anxiety, Social Relationships, Cognitive Biases / Distortions*

Social Anxiety, Generalized Anxiety, Depression: Interpersonal Problems

Kieun Shin, M.S., The Pennsylvania State University

Michelle G. Newman, Ph.D., The Pennsylvania State University

Role of Social Anxiety and Perfectionism in Adolescents' Social Isolation

Hanjoo Kim, M.S., The Pennsylvania State University

Michelle G. Newman, Ph.D., Penn State University

Empathic Accuracy for Social Pain: Too Much of a Good Thing?

Lynn Alden, Ph.D., The University of British Columbia

Karen Auyeung, Ph.D., University of British Columbia

Empathy Predicts Response to Treatment for Social Anxiety Disorder

Amanda Morrison, Ph.D., California State University Long Beach

Maria Mateen, B.A., University College London

Faith Brozovich, Ph.D., Pacific Anxiety Group

Jamil Zaki, Ph.D., Stanford

Philippe R. Goldin, Ph.D., UC Davis

Richard G. Heimberg, Ph.D., Temple University

James Gross, Ph.D., Stanford

Symposium 24

Enhancing Evidence-Based Treatments for Youth Depression: Implications for the Use of Biological and Behavioral Tools in Identifying Candidate Mechanisms of Change

- CHAIRS: *Rachel A. Vaughn-Coaxum, M.A.*, Harvard University
Dikla Eckshtain, Ph.D., Massachusetts General Hospital,
Harvard Medical School
- DISCUSSANT: *V. Robin Weersing, Ph.D.*, SDSU-UC San Diego JDP in
Clinical Psychology

Earn 1.5 continuing education credits

Primary Category: Child / Adolescent - Depression

Key Words: *Depression, Change Process / Mechanisms, Evidence-Based Practice*

Self-Regulatory Function and Depression Symptomatology in Adolescents

Rachel A. Vaughn-Coaxum, M.A., Harvard University

Neha Dhawan, M.A., Harvard University

John Weisz, Ph.D., Harvard University

Cognitive Control of Depression in Adolescents and Young Adults

Meredith Gunlicks-Stoessel, Ph.D., University of Minnesota,

Nicole Morrell, M.A., University of Minnesota

Julie Nguyen, M.A., University of Minnesota

Anna Wagner, B.A., University of Minnesota

Lizzy Egbert, M.A., University of Minnesota

Development of Personalized Treatment for Child Depression

Dikla Eckshtain, Ph.D., Massachusetts General Hospital, Harvard Medical School

John Weisz, Ph.D., Harvard University

Inpatient Psychiatric Hospitalization Readmission of Family-Based Treatment

Jarrod M. Leffler, ABPP, Ph.D., Mayo Clinic

Neural Response to Reward as Treatment Response in Adolescent Depression

Erika Forbes, Ph.D., University of Pittsburgh

Symposium 25

**New Directions in the Study of Nonsuicidal Self-Injury:
Innovative Approaches to the Examination of NSSI in
Understudied Populations**

CHAIRS: *Matthew T. Tull, Ph.D.*, University of Toledo
Courtney Forbes, M.A., University of Toledo

DISCUSSANT: *Katherine Dixon-Gordon, Ph.D.*, University of Massachusetts
Amherst

Earn 1.5 continuing education credits

Primary Category: Suicide and Self-Injury

Key Words: *Self-Injury, Transdiagnostic, Research Methods*

Pain Response in Individuals With and Without History of NSSI

Michael Anestis, Ph.D., University of Southern Mississippi

Suicidal Ideation Among Male Veterans With Posttraumatic Stress Disorder

Katherine Cunningham, Ph.D., Durham Veterans Affairs Medical Center

Adam Mann, University of North Carolina

Jessica Grossman, VA Maryland Health Care System

Kathryn Seay, VA San Diego Healthcare System

Paul Dennis, Duke University

Carolina Clancy, VA Durham Health Care System

Michael Hertzberg, VA Durham Health Care System

Kate Berlin, VA Durham Health Care System

Rachel Ruffin, VA Durham Health Care System

Eric Dedert, Mid-Atlantic MIRECC/ VA Durham Health Care System

Kim L. Gratz, University of Toledo

Patrick Calhoun, Mid-Atlantic MIRECC/ VA Durham Health Care System; Duke
University

Jean Beckham, Mid-Atlantic MIRECC/ VA Durham Health Care System; Duke
University

Nathan Kimbrel, Mid-Atlantic MIRECC/ VA Durham Health Care System; Duke
University

Social Stressors Among Those With and Without NSSI

Lauren Haliczner, M.A., University of Massachusetts Amherst

Caroline Ball, University of Massachusetts Amherst

Katherine Dixon-Gordon, Ph.D., University of Massachusetts Amherst

NSSI With Relief in Posttraumatic Stress and Depressive Disorders

Courtney Forbes, M.A., University of Toledo

Matthew T. Tull, Ph.D., University of Toledo

Alexander L. Chapman, Ph.D., Simon Fraser University

Katherine Dixon-Gordon, Ph.D., University of Massachusetts Amherst

Kim L. Gratz, Ph.D., University of Toledo

12:00 p.m. – 1:30 p.m.

Washington 2, Exhibition Level

Symposium 26

In the Eye of the Beholder: Novel Approaches to Studying Mood Disorders Through the Use of Eyetracking and Pupillometry

CHAIR: *Kean J. Hsu, Ph.D., The University of Texas at Austin*

DISCUSSANT: *Greg J. Siegle, Ph.D., University of Pittsburgh*

Earn 1.5 continuing education credits

Primary Category: Cognitive Science / Cognitive Processes

Key Words: *Depression, Translational Research, Cognitive Biases / Distortions*

Contextual Changes Influence Attention (In)Flexibility in Dysphoria

Malvika Godara, M.S., Ghent University

Alvaro Sanchez-Lopez, Ghent University

Baptist Liefvooghe, Ghent University

Rudi de Raedt, Ghent University

Pupillary Responses to Complex Emotional Stimuli in Individuals

Kean J. Hsu, Ph.D., The University of Texas at Austin

Rochelle Stewart, University of Texas at Austin

Jocelyn Labrada, University of Texas at Austin

Alban Foulser, University of Texas at Austin

Jason Shumake, Ph.D., University of Texas at Austin

Christopher G. Beevers, Ph.D., University of Texas at Austin

Gaze Biases Linked to Depression in a Heterogeneous Patient Sample

Tom Armstrong, Ph.D., Whitman College

Courtney Beard, Ph.D., McLean Hospital

Sara Federman, Whitman College

Thróstur Björgvinsson, Ph.D., ABPP, McLean Hospital

Dysphoria in Teen Girls Is Related to Sustained Attention

Dana Rosen, M.S., University of Pittsburgh

Mary L. Woody, Ph.D., University of Pittsburgh Medical Center

Kristy Benoit Allen, Ph.D., University of Tennessee

Emily Hutchinson, B.S., University of Pittsburgh

Marlissa Amole, M.S., University of Pittsburgh

Rebecca B. Price, Ph.D., University of Pittsburgh Medical Center

Jennifer S. Silk, Ph.D., University of Pittsburgh

Eye-Tracking Training to Disengage From Negative Stimuli

Eni Becker, Ph.D., Radboud University, Nijmegen, The Netherlands

Gina Ferrari, Behavioural Science Institute, Radboud University, Nijmegen, The Netherlands

Martin Möbius, Behavioural Science Institute, Radboud University, Nijmegen, The Netherlands

Nessa Ikani, Behavioural Science Institute, Radboud University, Nijmegen, The Netherlands

12:00 p.m. – 1:30 p.m.

Washington 3, Exhibition Level**Symposium 27****Data-Informed Approaches to Pediatric OCD:
New Directions for Research and Clinical Practice**

CHAIR: *Amitai Abramovitch, Ph.D., Texas State University*

Discussant: *Eric A. Storch, Ph.D., Baylor College of Medicine*

Earn 1.5 continuing education credits

Primary Category: Obsessive Compulsive and Related Disorders

Key Words: *OCD (Obsessive Compulsive Disorder); Child*

**Defining Treatment Outcomes in Pediatric Obsessive-Compulsive Disorder
Using a Self-Report Scale**

Joseph McGuire, Ph.D., Johns Hopkins University

Daniel Geller, Massachusetts General Hospital and Harvard Medical School

Tanya Murphy, University of South Florida

Brent Small, University of South Florida

Arianna Unger, Brandeis University

Sabine Wilhelm, Ph.D., Massachusetts General Hospital and Harvard Medical School

Eric A. Storch, Ph.D., Baylor College of Medicine

Neurocognitive Function in Pediatric OCD: A Large Family Study in Children, Unaffected Siblings, and Parents

Amitai Abramovitch, Ph.D., Texas State University

Alessandro De Nadai, Ph.D., Texas State University

Daniel Geller, Massachusetts General Hospital and Harvard Medical School

Symptom Measurement in Pediatric OCD

Alessandro De Nadai, Ph.D., Texas State University

Daniel Geller, Massachusetts General Hospital and Harvard Medical School

Sabine Wilhelm, Ph.D., Massachusetts General Hospital and Harvard Medical School

Brent Small, University of South Florida

Joseph McGuire, Ph.D., Johns Hopkins University

Tanya Murphy, University of South Florida

Eric A. Storch, Ph.D., Baylor College of Medicine

Development and Evaluation of Children's Yale-Brown OC Scale

Amitai Abramovitch, Ph.D., Texas State University

Alessandro De Nadai, Ph.D., Texas State University

Eric A. Storch, Ph.D., Baylor College of Medicine

Monica Wu, Ph.D., UCLA School of Medicine

Joseph McGuire, Ph.D., Johns Hopkins University

Amitai Abramovitch, Ph.D., Texas State University

Alessandro De Nadai, Ph.D., Texas State University

12:00 p.m. – 1:30 p.m.

Lincoln 3, Exhibition Level

Symposium 28

Couples with Marginalized Identities: The Effects of Minority Stressors on Relationship Functioning and How Couples Cope

CHAIR: *Sarah W. Whitton, Ph.D., University of Cincinnati*

DISCUSSANT: *Anthony Chambers, ABPP, Ph.D., The Family Institute, Northwestern University*

Earn 1.5 continuing education credits

Primary Category: Couples / Close Relationships

Key Words: *Couples / Close Relationships, African Americans/Black Americans, LGBTQ+*

Sexual-Minority Stress in Female Same-Sex Relationships

Shelby B. Scott, Ph.D., VA Eastern Colorado Health Care System

Galena Rhoades, Ph.D., University of Denver

Howard Markman, Ph.D., University of Denver

Bisexual Individuals: Stigma in Context of Romantic Relationships

Brian A. Feinstein, Ph.D., Northwestern Institute for Sexual and Gender Minority Health and Wellbeing

Christina Dyar, Ph.D., University of Cincinnati

Joanne Davila, Ph.D., Stony Brook University

Jeremy Jabbour, B.A., Northwestern University

Racial Ideology and Couple Processes in African American Relationships

Aleja Parsons, M.A., University of Denver

Howard Markman, Ph.D., University of Denver

Scott Stanley, Ph.D., University of Denver

Galena Rhoades, Ph.D., University of Denver

Black Parenting Couples' Discussions of the Racial Socialization Process

Shawn C.T. Jones, Ph.D., University of Pennsylvania

Enrique W. Neblett Jr., Ph.D., University of North Carolina at Chapel Hill

Romantic Functioning in Female-Born Sexual and Gender Minorities

Sarah W. Whitton, Ph.D., University of Cincinnati

Gregory Swann, M.A., Northwestern Institute for Sexual and Gender Minority Health and Wellbeing

Michael E. Newcomb, Ph.D., Northwestern Institute for Sexual and Gender Minority Health and Wellbeing

12:15 p.m. – 1:15 p.m.

Washington 4 & 5, Exhibition level

Post Grad Meet and Greet

Jeanette Hsu, Ph.D., VA Palo Alto Health Care System, Palo, Alto, CA

Debra Kaysen, Ph.D., University of Washington, Seattle, WA

Primary Category: Professional Issues

Key Words: *College Students, Education and Training- Graduate*

Panelists will address important issues for interns and others considering applying to a postdoctoral residency training program and those who are interested in postdoctoral research funding. Topics to be addressed include: what applicants should look for in a postdoctoral training program; the differences between research and clinical postdoctoral training, including how training is funded; the advantages or disadvantages of following a postdoctoral path in terms of professional development; how best to find and select a program that fits the applicant's needs; the impact of APA accreditation in the postdoctoral arena; what training sites are looking for in evaluating applications; tips on how to prepare for the interview; and how postdoctoral offers are made and the process of accepting an offer. There will be time for questions from the audience during the panel presentation. After the panel, prospective postdoctoral applicants will be able to meet with representatives from postdoctoral programs. A list of participating sites will be published in the program addendum distributed at the convention registration desk. Postdoctoral sites that would like to be represented in this event should contact Dr. Tammy Schuler at the ABCT Central Office: tschuler@abct.org.

Marriott Ballroom 1, 2 & 3, Lobby Level

Invited Address 1

The Dodo Bird in the Digital Age: How E-Mental Health Can Improve Prevention and Treatment of Mental Health Problems

Pim Cuijpers, Ph.D., Vrije Universiteit Amsterdam

Earn 1 continuing education credit

Primary Category: Technology, Depression, Treatment- CBT

Key Words: *mHealth, Depression, Guided Self-help*



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According to the Dodo Bird Verdict all therapies are about equally effective in the treatment of mental health problems. But if that is the case, what do we need at least for a therapy to be effective? Can we minimize therapies without reducing the effects? Internet-based and mobile interventions offer new opportunities to minimize psychological interventions. In the past 20 years, several dozens of randomized trials have shown that interventions that are delivered through the Internet are effective in the treatment of mental disorders. But are they as effective as face-to-face therapies? Should they be based on cognitive behavioral techniques? Are Internet and mobile interventions only for mild and moderate mental health problems or can people with severe disorders also benefit from them? Should they be guided by professional coaches or can they also be effective without professional support? Do we know who does and does not benefit from these interventions? And if they are delivered by coaches, what kind of training should they have? In this address, these and other questions, as well as the answers that can be given with the current state of knowledge, will be explored. Although Internet and mobile interventions offer many new possibilities to treat large numbers of people with mental health problems, including people who do not currently seek help, it is not an easy solution. There are several dangers and negative aspects of these interventions that should be taken into account,

and research is needed on how and when these interventions can help with reducing the disease burden of mental disorders.

You will learn:

- Gain current knowledge on whether all therapies are equally effective and whether they can be minimized without reducing the effects
- Describe randomized trials and meta-analyses on Internet-delivered therapies
- Answer clinically important questions on how Internet-delivered therapies can be delivered
- Describe dangers and negative aspects of Internet-delivered therapies

Recommended Readings: Carlbring, P., Andersson, G., Cuijpers, P., Riper, H., & Hedman, E. (2018). Internet-based vs. face-to-face cognitive behavior therapy for psychiatric and somatic disorders: An updated systematic review and meta-analysis. *Cognitive Behavior Therapy*, 47, 1-18. Cuijpers, P., Kleiboer, A., Karyotaki, E., & Riper, H. (2017). Internet and mobile interventions for depression: Opportunities and challenges. *Depression and Anxiety*, 34(7), 596-602. Karyotaki, E., Riper, H., Twisk, J., Hoogendoorn, A., Kleiboer, A., Mira, A., . . . Cuijpers, P. (2016). Efficacy of self-guided internet-based cognitive behavioral therapy (iCBT) in treatment of depressive symptoms: An individual participant data meta-analysis. *JAMA Psychiatry*, 74(4), 351-359.

12:30 p.m. – 1:30 p.m.

networking

Cleveland 2, Mezzanine Level

SIG Meeting

Behavior Analysis

Key Words: Behavior Analysis, Behavior Economics, Transdiagnostic

Annual business meeting of SIG members. All are welcome to propose additional items for the meeting agenda by sending them to twaltz1@emich.edu.

Symposium 29

Innovative Approaches to Youth Dating and Sexual Violence Prevention

CHAIR: *Aliya R. Webermann, M.A., UMBC*

DISCUSSANT: *Tara Cornelius, Ph.D., Grand Valley State University*

Earn 1 continuing education credits

Primary Category: Violence / Aggression

Key Words: *Violence / Sexual Assault, Prevention, Student Issues*

Randomized Controlled Trial of a Dating Violence Prevention Program: Skills for Healthy Adult Relationships at University of Maryland, Baltimore County

Aliya R. Webermann, M.A., UMBC

Christopher Murphy, Ph.D., University of Maryland, Baltimore County

Rupsha Singh, B.A., University of Maryland, Baltimore County

Ana Maldonado, B.A., University of Maryland, Baltimore County

Rebecca Schacht, Ph.D., University of Maryland, Baltimore County

Randomized Controlled Trial of an Integrated Alcohol and Bystander Intervention for Mandated Male College Students

Ryan Shorey, Ph.D., Ohio University

Haley Kolp, Ohio University

Ellen E.H. Johnson, Ohio University

Sarah A. Horvath, Ohio University

Catherine V. Strauss, Ohio University

Brian E. Borsari, Ph.D., UCSF School of Medicine

Gregory L. Stuart, Ph.D., University of Tennessee Knoxville

Christine A. Gidycz, Ph.D., Ohio University

Social Norms and Bystander Intervention Program for High School Students

Lindsay Orchowski, Ph.D., Alpert Medical School of Brown University

Sandra Malone, M.S., Day One of Rhode Island

Deborah Pearlman, Ph.D., Brown University School of Public Health

Christine Rizzo, Ph.D., Northeastern University

Caron Zlotnick, Alpert Medical School of Brown University

1:00 p.m. – 2:00 p.m.



Taft, Mezzanine Level

SIG Meeting

Military Psychology

Key Words: *Veterans, Military, PTSD (Posttraumatic Stress Disorder)*

Please join the Military Psychology SIG for our annual meeting. Our meeting is to review accomplishments in the past year, elect new officers, and discuss future directions. Our student poster award winner will provide a brief presentation. ABCT members with an interest in military psychology are encouraged to attend, share ideas, and learn how to get involved.

1:45 p.m. – 3:15 p.m.

Delaware B, Lobby Level

Clinical Roundtable 4

Going All In Without Going Overboard: Drawing the Line Between Thorough and Gratuitous in Exposure Treatment

MODERATOR: *Anthony C. Puliafico, Ph.D.*, Columbia University Medical Center

PANELISTS: *Steven Tsao, Ph.D.*, Center for Anxiety and Behavior Therapy
Anne Marie Albano, Ph.D., ABPP, Columbia University Medical Center

Martin Franklin, Ph.D., University of Pennsylvania

John D. Guerry, Ph.D., Children's Hospital of Philadelphia and Perelman School of Medicine at the University of Pennsylvania

Earn 1.5 continuing education credits

Primary Category: Treatment - CBT

Key Words: *Exposure, Anxiety, Ethics*

Exposure therapy is considered an efficacious intervention across the range of anxiety disorders for both children and adults. Often during exposure therapy, clinicians must guide patients in confronting uncomfortable or "taboo" situations, such as blasphemous obsessions, social anxiety related to dating or sex, or excessive worry about loved ones

dying. This clinical roundtable will focus on determining how to design and execute exposures that sufficiently target presenting anxiety symptoms without being gratuitous or exploitative. Panelists will review general guidelines for determining “how far to go” in exposure therapy, and will provide examples of exposures for common symptoms across the range of anxiety disorders. Strategies for building and maintaining patient motivation and engagement during treatment will be reviewed. The panel will debate if and when to break societal or religious norms and rules when conducting exposures. Finally, panelists will discuss special considerations for conducting exposure therapy with children and adolescents when presenting symptoms involve topics such as religion, sex, or violence.

Master Clinician Seminar 3

ticket

Engaging Parents/Caregivers Effectively in Treatment With Children Presenting With Behavior Problems, Depression and/or Traumatic Stress Symptoms

Esther Deblinger, Ph.D., Rowan University

Earn 2 continuing education credits

Moderate level of familiarity with the material

Primary Category: Child/Adolescent- Trauma/Maltreatment, Child/Adolescent- Depression

Key Words: *Therapeutic Engagement, Caregivers, Childhood Trauma/Maltreatment, Child Depression, Parent Training*

It is well documented that children benefit from the participation of their caregivers when they present for treatment for a wide array of difficulties, including behavior problems, depression, and traumatic stress symptoms. This seminar will examine concrete and attitudinal obstacles that may explain why parents are often not active participants in treatment for their children. Moreover, methods for more effectively engaging caregivers in evidence-based treatment for their children will be discussed and demonstrated. Trauma-focused CBT will be the evidence-based practice used as an example for demonstration purposes. Strategies for addressing challenging issues (e.g., parental depression, parenting stress, etc.) will be shared via videotape examples and role-plays. Helping parents understand their children while helping children connect with their parents will be discussed as potential keys to long-term happiness and resilience respectively.

You will learn:

- Develop effective means of optimizing therapeutic engagement of parents/caregivers to support and enhance outcomes for their children;
- Highlight clinical research that documents the benefits of caregiver involvement in children's treatment;
- Present and explore strategies for addressing diverse challenges in working with parents/caregivers who present with high levels of personal distress and parenting stress.

Recommended Readings: Cohen, J., Deblinger, E., Mannarino, A., & R. Steer (2004). A multisite, randomized controlled trial for children with sexual abuse-related PTSD symptoms. *Journal of the American Academy of Child & Adolescent Psychiatry*, 43(4), 393-402. doi: 10.1097/00004583-200404000-00005Deblinger, E., Lipmann, J., & Steer, R. (1996). Sexually abused children suffering posttraumatic stress symptoms: Initial treatment outcome findings. *Child Maltreatment*, 1(4), 310-321. doi: 10.1177/1077559596001004003Deblinger, E., Mannarino, A. P., Cohen, J. A., & Steer,

R. A. (2006). Follow-up study of a multisite, randomized, controlled trial for children with sexual abuse-related PTSD symptoms: Examining predictors of treatment response. *Journal of the American Academy of Child & Adolescent Psychiatry*, 45(12), 1474-1484. doi: 10.1097/01.chi.0000240839.56114.bb

Deblinger, E., Pollio, E., Runyon, M. K., & Steer, R. (2017). Improvements in personal resiliency among youth who have completed Trauma-Focused Cognitive Behavioral Therapy: A preliminary examination. *Child Abuse & Neglect* 65, 132-139. doi: 10.1016/j.chiabu.2016.12.014

1:45 p.m. – 3:15 p.m.

Washington 4, Exposition Level

Membership Panel Discussion 1

Where to Begin? Practical Advice for Starting a Private Practice

Kathleen C. Gunthert, Ph.D., American University

Jonathan B. Grayson, Ph.D., The Grayson LA Treatment Center for Anxiety & OCD

Mitchell L. Schare, ABPP, Hofstra University

Earn 2 continuing education credits

Key Words: *Professional Development, Cognitive-behavioral Career, Private practice*

Young professionals often feel very prepared by their graduate programs to deliver evidence-based interventions and assessments. They frequently feel less prepared to handle the practical and logistical issues that they encounter in beginning a private practice. There are several important decision points and considerations in developing a practice, including: (1) Models of practice: What are the benefits/drawbacks of individual versus group practice? What are the legal/logistical options for setting up a group practice? (2) Developing an identity: What are some considerations in setting up a generalist versus specialist identity? (3) Insurance: How does one decide whether to take insurance and what are the necessary steps? (4) Logistics and Advertising: How does one go about renting office space? What are some creative ways that experienced practitioners have networked and spread the word about their practices? Our panelists will each briefly describe their route to developing a practice and the strategies they have learned along the way. The panel will reflect on their own experiences in models of practice, identity development, insurance, and logistics and advertising. The panel will conclude with a question and answer session.

Marriott Balcony A, Mezzanine Level

Mini Workshop 5

When Sounds Trigger Anger and Anxiety: An Introduction to Misophonia

Zachary Rosenthal, Ph.D., Duke University Medical Center

Earn 1.5 continuing education credits

Basic to Moderate level of familiarity with the material

Primary Category: Anger, Adult Anxiety - General

Key Words: *Anger / Irritability, Anxiety, Emotion Regulation*

It is ordinary for people to be bothered by certain sounds. Nails scraping a chalkboard or offensive sounds, for example, can elicit quick and intense emotional reactions in even the most mentally healthy and skillful people. But for some, there are specific sounds that automatically trigger strong, automatic, and distressing emotional reactions (e.g., acute anger and anxiety). Misophonia is the name of a recently coined syndrome that is characterized by heightened sensitivity and reactivity to particular sounds. This commonly takes the form of intense anger or anxiety and occurs in response to bodily and repetitive noises produced by others (e.g., sounds of others chewing, eating, slurping, or clearing their throat). The exact nature and causes of misophonia are unknown. However, new research suggests it may occur in up to 20% of adults, has possible underpinnings in emotional circuits of the brain, and is not related to one specific psychiatric or neurologic disorder. Making matters complicated, individuals struggling with misophonia may have a range of co-occurring and complex medical and psychiatric conditions (e.g., anxiety, obsessive-compulsive, mood, and/or personality disorders). These individuals may present for care at a variety of different specialty clinics/agencies, including those specializing in mental and behavioral health, occupational therapy, neurology, and audiology. As such, treatment approaches may need to be multi-disciplinary and team-based. In this mini-workshop, (a) an overview of misophonia is provided, (b) the scientific body of research is introduced in practical and clinician-friendly terms, and (c) steps are suggested for ways to be responsive in the assessment and care management of individuals suffering from misophonia. This Trainee can expect to receive information about misophonia interventions using a multi-disciplinary care pathway that is not limited to one specific branded or manualized treatment. Instead, an approach is outlined using empirically supported principles of behavioral, cognitive, and emotional change from contemporary cognitive behavioral therapies as part of the care pathway for preventing and skillfully managing anger and anxiety responses to misophonic triggers.

You will learn:

- Develop an understanding of misophonia as it relates to other related problems associated with sensitivity and reactivity to sounds
- Learn about the emerging scientific research on misophonia
- Understand reasons why it may be important to use a multi-disciplinary approach to the treatment of misophonia and related problems

Recommended Readings: Brout, J. J., Edelman, M., Erfanian, M., Mannino, M., Miller, L. J., Rouw, R., Kumar, S., & Rosenthal, M. Z. (accepted). Investigating misophonia: A review of the empirical literature, clinical implications, and a research agenda. *Frontiers in Neuroscience*. Kumar, S., Tansley-Hancock, O., Sedley, W., Winston, J. S., Callaghan, M. F., Allen, M., ... & Griffiths, T. D. (2017). The brain basis for misophonia. *Current Biology*, 27(4), 527-533. McKay, D., Kim, S. K., Mancusi, L., Storch, E. A., & Spankovich, C. (2017). Profile Analysis of Psychological Symptoms Associated With Misophonia: A Community Sample. *Behavior Therapy*.

1:45 p.m. – 2:45 p.m.

Harding, Mezzanine Level

Panel Discussion 7

Friend or Foe: Social Media's Relationship with Eating Disorders and its Impact on Research, Prevention, and Clinical Work

MODERATOR: *Laura E. Sproch, Ph.D.*, The Center for Eating Disorders at Sheppard Pratt

PANELISTS: *Laura E. Sproch, Ph.D.*, The Center for Eating Disorders at Sheppard Pratt

Kimberly P. Anderson, Ph.D., The Center for Eating Disorders at Sheppard Pratt

Kate Clemmer, LCSW, The Center for Eating Disorders at Sheppard Pratt

Earn 1 continuing education credit

Primary Category: Eating Disorders

Key Words: *Eating Disorders, Technology, Treatment-CBT*

For better or worse, for a large portion of society, social media has permeated much of the human experience. Unfortunately, this pervasive aspect of daily life, if used destructively, can have significant detrimental effects, particularly for vulnerable individuals struggling with mental illness. Specifically, for patients with eating disorders (EDs), the use of social media to negatively compare one's appearance and lifestyle to others has been shown to have a deleterious impact on self-esteem, body image, mood, and disordered eating. When used to promote positive body image and self-esteem, social media has shown to be beneficial for an individual's recovery. This panel discussion will consider the advantages and disadvantages of social media use on EDs by presenting on three important topics related to this subject: the current state of research on the impact of social media on EDs, social media's role in ED prevention, and important behavioral and cognitive clinical interventions to address social media use within this population.

Three ED experts with distinct specialties in ED research; prevention and education; and clinical psychology will make up this panel. Each member of the panel will focus on

their expertise (divided by topic as described above). Research related to the impacts of social media on body image and self-esteem both generally and in the ED population, pro-ED social media use, and the effect of behavioral approaches (e.g. uploading photographs, providing status updates) of social media will be reviewed. Social media's role as a factor in the development of EDs and ways in which shifting social media use can contribute to ED prevention will be highlighted. Behavioral interventions (e.g. self-monitoring social media use, critically examining the function of social media use, planned behavioral experiments) and cognitive interventions (e.g. assessing the inflated reality of social media) will be presented in the context of specific case presentations. Participants will leave the presentation with a better understanding of the specialized considerations related to social media use, negative body image, and EDs and how to integrate this understanding into clinical practice and prevention.

1:45 p.m. – 2:45 p.m.

Roosevelt 4, Exhibition Level

Panel Discussion 8

Managing an Online Mental Health Community for Latinx and Spanish-Speaking Populations

MODERATOR: *Sarah A. Hayes-Skelton, Ph.D.*, University of Massachusetts
Boston

PANELISTS: *Bryan Balvaneda, M.A.*, University of Massachusetts Boston
Natalie Arbid, M.A., University of Massachusetts Boston
Marta E. Pagán-Ortiz, M.S., University of Massachusetts
Boston

Earn 1 continuing education credit

Primary Category: Cultural Diversity / Vulnerable Populations

Key Words: *Service Delivery, Hispanic American/ Latinx, Telehealth & Internet Interventions*

As technology becomes more affordable and more individuals have access to the internet, online intervention services present a growing area of focus for delivering mental health services. Online mental health communities, defined as those sites in which consumers (i.e., individuals seeking mental health support) can communicate publicly with other community members and clinicians, present a growing and ethically complex sector of mental health support. These sites, including forums, comments sections, and social media groups, also present an opportunity for under-resourced individuals and those struggling with mental health stigma to access mental health support from the relative safety and comfort of their devices. In this session, our panelists will discuss these considerations in the context of their experiences managing online mental health communities for Latinx and monolingual Spanish speakers. Panelists will discuss experiences moderating suicidal and homicidal community posts, monitoring community discussions

to ensure that accurate information about mental health is being relayed, and navigating the boundaries between providing support and resources and delivering clinical services, particularly when individuals may be accessing these support sites from rural areas or countries in which services are not accessible or not in their language. Panelists will also present considerations for implementing online mental health community support sites, such as advertising, identifying a population of interest, and providing ideas for engaging members to maintain an active community. Lastly, our panel will provide considerations for sustaining these online mental health communities, such as structures for continuity (and discontinuity) of management staff, background and credentials for support staff, and plans for structural maintenance of communities when conducted in the context of research or other short-term projects.

1:45 p.m. – 3:15 p.m.

Lincoln 6, Exhibition Level

Panel Discussion 9

#Timesup: Strategies to Advance Women to the Top from Women Who've Made It There

MODERATOR: *Page L. Anderson, Ph.D.*, Georgia State University

PANELISTS: *Ileana Arias, Ph.D.*, Centers for Disease Control
Marsha Linehan, Ph.D., University of Washington
Lily McNair, Ph.D., Wagner College
Gail Steketee, Ph.D., Boston University School of Social Work
Michelle Williams, Ph.D., University of Connecticut

Earn 1.5 continuing education credits

Primary Category: Women's Issues / Gender

Key Words: *Professional Development, Professional Issues, Women's Issues*

Inequality persists. Women continue to be underrepresented at the highest levels of leadership in the academy, professional organizations, and other settings in which clinical scientists exert their influence. These inequities are old. They persist despite stated values, good intentions, and concrete initiatives to change them. They persist so much that they have come to be seen as normal. The normalization of gender inequality is fueled by the normalization of sexual harassment, and the Me Too movement has led to a cultural moment of reckoning. It is generally understood that sexual harassment is less likely to occur when women are in positions of power and leadership. How do more of us get there?

In this panel, women who have made it to the top will:

- Give a behind-the-scenes view of what things are like at the top and what it takes to get there.
- Describe institutional practices and cultures that support and suppress women's advancement.

- Explain how women at the top can help other women advance - and the barriers to doing so.
- Compare unspoken and spoken rules about advancement for women.
- Explore potential connections between sexual harassment and gender inequities in leadership, status, and salary.
- Demonstrate negotiation skills that will close gender gaps in leadership, status, and salary.
- Prepare women for backlash

1:45 p.m. - 3:15 p.m.

Thurgood Marshall West, Mezzanine Level

Panel Discussion 10

Integrating Technology in Behavioral Medicine and Primary Care: Opportunities and Challenges

MODERATORS: *Brooke G. Rogers, MPH*

Jessica F. Magidson, Ph.D., University of Maryland

PANELISTS: *Ethan H. Mereish, Ph.D., American University*

Joseph Trombello, Ph.D., Children's Health - Children's Medical Center/University of Texas Southwestern Medical Center

Rachel Tomko, Ph.D., Medical University of South Carolina

Lena S. Andersen, Ph.D., University of Cape Town

Jessica Yu, Ph.D., Mindstrong Health

Earn 1.5 continuing education credits

Primary Category: Health Psychology / Behavioral Medicine - Adult

Key Words: *Technology, Behavioral Medicine, Primary Care*

Technology is increasingly being used in behavioral medicine and integrated primary care. Novel uses of this technology include tracking of health behaviors (medication adherence, chronic disease levels, physical activity, mood, etc.) via apps, text messaging, ecological momentary assessment (EMA), actigraphy, and other real-time electronic monitoring. There are numerous strengths of this approach, including allowing for objective, real-time assessment, opportunities to intervene more rapidly and earlier in disease progression, and the potential to match objective data with laboratory clinical outcomes. However, there are also numerous challenges, particularly when working with underserved patient populations. The focus of this panel is two-fold: 1) to discuss the use of technology in behavioral medicine and integrated primary care for screening, assessment, and behavior monitoring, including the strengths and challenges of these approaches; and 2) to discuss specific challenges when applying this technology to underserved patient populations, for instance for racial/ethnic and sexual minority groups, individuals with psychiatric and

medical comorbidity, and those receiving care in under-resourced settings. Panelists have a range of experiences using technology in behavioral medicine and primary care, including the use of real-time electronic adherence monitoring called Wisepill to assess medication adherence in HIV/AIDS in the U.S. and sub-Saharan Africa; EMA for substance use; and actigraphy to monitor objective sleep behavior. The panel will serve as a platform to discuss operational and analytic challenges to these approaches, including understanding the impact of real-time electronic monitoring on intervention outcomes, interpretation difficulties when electronic assessments do not map onto disease outcomes, and challenges and lessons learned working with underserved populations. Future opportunities for using technology in behavioral medicine and integrated primary care and addressing these challenges will be discussed.

1:45 p.m. – 3:15 p.m.

Roosevelt 5, Exhibition Level

Panel Discussion 11

We Don't Have Time To Lose: Bridging the Gap Between Academia and Digital Health Industry

MODERATOR: *Christine Moberg, Ph.D.*, Pacifica Labs, Inc.

PANELISTS: *Jessica Lipschitz, Ph.D.*, Brigham and Women's Hospital/
Harvard Medical School

Athena Robinson, Ph.D., Woebot Labs, Inc.

Paula Willbourne, Ph.D., Sibly, Inc.

Mylea Charvat, Ph.D., Savonix

Ken Weingardt, Ph.D., Northwestern University Feinberg
School of Medicine

Megan Oser, Ph.D., Department of Psychology, Brigham and
Women's Hospital

Earn 1.5 continuing education credits

Primary Category: Technology

Key Words: *mHealth (Mobile Health), Telehealth & Internet Interventions*

Though technology-enabled mental health interventions are often based on well-validated clinical practices, critics are quick to point out that few apps or programs have substantive scientific evidence to support them. Concurrently, psychologists and behavioral scientists recognize the tremendous opportunity that technology presents for widely disseminating interventions to improve access to treatment and reduce stigma. Panelists were chosen to discuss their experiences working both in industry and in the non-profit sector to develop, research, and deploy technology-enabled interventions. Initial discussions will focus on challenges faced by researchers in industry working to validate the efficacy of their products. We will present our experiences balancing the ideas of product teams, the

demands of executives, the bounds of our ethical standards, and our commitment to meeting the needs of the public. Next, we will discuss the limitations of traditional academic research and development of digital tools including the fact that the rate of technology development far outpaces grant funding cycles. Examples of completed research studies and evidence which has emerged from industry will be discussed. Panelists will also discuss similarities between digital or virtual RCTs and traditional RCTs and how they are navigating some of the pitfalls which exist. Informally, panelists will share their experiences with communication gaps that may exist between individuals working in academic versus for-profit settings. Panelists will discuss how they navigate communicating scientific evidence to stakeholders in a business setting and how to accurately describe their products to lay audiences. Finally, we will describe future directions in academic-industry partnerships and models of research that will more effectively bridge this gap in order to produce quality digital tools with scientific evidence to back them up.

1:45 p.m. – 3:15 p.m.

Washington 2, Exhibition Level

Research and Professional Development 2

Translating Clinical Science to Enhance Practice: Policy and Products

PANELISTS: *Lynn Bufka, Ph.D.*, American Psychological Association
Raquel G. Halfond, Ph.D., American Psychological Association
Vaile Wright, Ph.D., American Psychological Association
Dean McKay, ABPP, Ph.D., Fordham University

Earn 1.5 continuing education credits

Primary Category: Professional/Interprofessional Issue

Key Words: *Professional Issues*

The best research on its own rarely changes healthcare. Scientists and practitioners need to work together to identify needs, conduct research and translate findings to inform policy and develop tools to promote evidence-based decision making and care. Doing so is complicated and challenging for individuals but harnessing the resources of organizations can leverage opportunities. Many ABCT members are involved in two American Psychological Association initiatives to advance science informed policy and develop products for practice. The first initiative is the development of clinical practice guidelines that meet international best practices for development and have resulted in 3 documents thus far (treatment of PTSD, overweight and obesity, and depression.) Distinguishing quality CPGs from the mass of guidance is critical to ensure that policies dictating care are grounded in evidence and relevant to the demands of practice. The second initiative is developing a qualified clinical data registry to respond to increased demands for accountability regarding outcomes. Collecting outcomes data can also guide individual practices towards improvement and demonstrate the value of care to external entities. Together, these initiatives can inform individual practice as well as system policies and state and

federal legislation. Partnering with professional organizations can serve to advance the mutual aims of all organizations while promoting best care for those we treat. Individuals and their professional organizations have important roles to play in this arena. Effective strategies to both develop partnerships between researchers, practitioners and patients as well as to communicate about research findings to colleagues, the public and policy makers will be emphasized. A discussion regarding how to build on organizational strengths to reach mutual aims and a consideration of future trends will conclude the program.

You will learn:

- Summarize three ways researchers can use their findings to influence health care policies.
- Describe the standards to identify quality clinical practice guidelines.
- Explain the role the clinical data registry plays for the future of mental health service delivery as it relates to quality measurement.

Recommended Readings: Bufka, L. F., & Halfond, R. (2016). Professional standards and guidelines. In J. C. Norcross, G. R. VandenBos, D. K. Freedheim, & L. F. Campbell (Eds.), *APA handbooks in psychology. APA handbook of clinical psychology: Education and profession* (pp. 355-373). Washington, DC, US: American Psychological Association. Garrison, E.G., DeLeon, P.H., & Smedley, B.D. (2017). Psychology, public policy, and advocacy: Past, present, and future. *American Psychologist*, 72(8), 737-752. doi: <http://dx.doi.org/10.1037/amp0000209>Nordal, K.C., Halfond, R., & Wright, C. V. (2016). QI and the APA. In W. O'Donohue & A. Maragakis (Eds.), *Quality Improvement and Behavioral Health* (pp. 229-245). https://doi.org/10.1007/978-3-319-26209-3_15

Maryland Suite (A, B & C combined), Lobby Level

Research and Professional Development 3

Q & A With NIMH Program Staff: Current Priorities and Funding Opportunities for Clinical Research and Research Training

PANELISTS: Joel Sherrill, *Ph.D.*, National Institute of Mental Health
Adam Haim, *Ph.D.*, National Institute of Mental Health
Denise Pintello, *Ph.D.*, MSW, Division of Services and Intervention Research, NIMH
Lauren Hill, *Ph.D.*, Division of Services and Intervention Research, NIMH
Sarah H. Morris, *Ph.D.*, Division of Translational Research, NIMH
Mary Rooney, *Ph.D.*, National Institute of Mental Health

Earn 1.5 continuing education credits

Primary Category: Research Methods

Key Words: *Professional Development*

This interactive session will provide opportunities for simultaneous, small-group conversations with multiple Program Officers from the National Institute of Mental Health (NIMH). Attendees will be encouraged to circulate among the discussions and interact with Program Staff who oversee research and research training portfolios in clinical research areas of interest to the ABCT membership, including psychopathology research, intervention development and testing, and services research, including dissemination and implementation research. The session will involve an informal, interactive format that will allow for in-depth discussions about current NIMH initiatives (e.g., Research Domain Criteria (RDoC), current strategies for supporting clinical trials research). Early-stage investigators and established researchers will be encouraged to ask questions about NIMH priorities and funding opportunities, including mechanisms used to support research projects and research training across career stages. NIMH Program Staff will discuss sources of information about NIMH priorities (e.g., The NIMH Strategic Plan and Strategic Objectives, National Mental Health Advisory Council Workgroup Reports, current Funding Opportunity Announcements) and share tips about how to follow up with NIMH Program Officers for more feedback on the match between their research plans and current funding priorities and mechanisms. New and experienced investigators are encouraged to attend.

You will learn:

- Identify sources of information about updated NIMH research priorities.

- Understand mechanisms NIMH uses to support clinical research and research training.
- Discuss the relevance of NIMH's current clinical research initiatives (e.g., mechanism-based, Experimental Therapeutics approach for developing, testing, and delivering interventions; NIMH Research Domain Criterion (RDoC) as a framework for understanding and studying psychopathology).

Recommended Readings: Kozak MJ, Cuthbert BN. The NIMH Research Domain Criteria Initiative: Background, issues, and pragmatics. *Psychophysiology*. 2016 Mar;53(3):286-97. doi:10.1111/psyp.12518. PMID: 26877115 Insel TR, Gogtay N. National Institute of Mental Health clinical trials: new opportunities, new expectations. *JAMA Psychiatry*. 2014 Jul 1;71(7):745-6. doi: 10.1001/jamapsychiatry.2014.426. PMID: 24806613 Barch DM, Gotlib IH, Bilder RM, Pine DS, Smoller JW, Brown CH, Huggins W, Hamilton C, Haim A, Farber GK. Common Measures for National Institute of Mental Health Funded Research. *Biological Psychiatry* 2016 Jun; 79 (12) , e91 - e96. DOI: <http://dx.doi.org/10.1016/j.biopsych.2015.07.006>

1:45 p.m. – 2:45 p.m.

Washington 1, Exhibition Level

Spotlight Research 1

Using Technology to Target Risk Factors for Psychopathology

CHAIR: *Kiara R. Timpano, Ph.D., University of Miami*

Panelist: *Brad B. Schmidt, Ph.D., FSU*

Earn 1 continuing education credit

Primary Category: Technology

Key Words: *Technology, Prevention, Treatment-CBT*

The public health burden created from mental health conditions such as anxiety, depression and suicide is considerable. Technology offers a means to help address this burden in a more efficient manner, but mental health lags behind many other fields in technology utilization. Our group has been interested in the use of technology in the prevention and treatment of anxiety and mood psychopathology. Our approach has been to focus on malleable risk factors that are theoretically linked with these outcomes, and to develop brief interventions that can be delivered via Web or Smartphone applications. Such applications are scalable and could be rapidly disseminated at a very low cost. We have now completed a number of randomized clinical trials suggesting that such Web applications have high levels of acceptability, that they can efficiently and substantially reduce known risk factors, that these reductions are durable for up to 24 months, and that changes in risk mediate change in symptoms over time. Strengths as well as key challenges to the use of technology in practice will be discussed.

You will learn:

- Understand translational research approaches to risk factor mitigation

- Understand recent empirical studies evaluating the efficacy of web applications on anxiety and mood symptoms
- Understand strengths and weaknesses of the use of technology in clinical practice

Recommended Readings: Schmidt, N.B., Norr, A.M., Allan, N.P., Raines, A.M., & Capron, D.W. (2017). A randomized clinical trial targeting anxiety sensitivity for patients with suicidal ideation. *Journal of Consulting and Clinical Psychology*, 85, 595-610. Schmidt, N.B., Capron, D.W., Raines, A.M., & Allan, N.P. (2014). Randomized clinical trial evaluating the efficacy of a brief intervention targeting anxiety sensitivity cognitive concerns. *Journal of Consulting and Clinical Psychology*, 82, 1023-1033., Capron, D.W., & Schmidt, N.B. (2016). Development and evaluation of a novel computer-delivered anxiety sensitivity intervention. *Behaviour Research and Therapy*, 81, 47-55.

1:45 p.m. – 3:15 p.m.



Coolidge, Mezzanine Level

SIG Meeting

Attention-Deficit/Hyperactivity Disorder (ADHD)

Key Words: *ADHD - Adult, ADHD - Child / Adolescent, Evidence-Based Practice*

A leader in the field of ADHD will present on her or his current research. Recent speakers have included Russell Barkley, Jeff Halperin, Marc Atkins, and Charlotte Johnston. SIG activities and plans will be discussed, including a report on our annual Pre-conference Research and Practice Exchange (PRECON). Winners of the student poster competition will also be recognized.

1:45 p.m. – 2:45 p.m.



Madison A, Mezzanine Level

SIG Meeting

Suicide and Self-Injury

Key Words: *Suicide, Self-injury, Professional Issues*

The Suicide and Self-Injury SIG meeting will consist of updates on research from members, including a data blitz presentation, and opportunities for collaboration. Senior faculty will be available for research consultation.

Symposium 104

Innovative Technology to Assess and Treat Core and Co-Occurring Problems in Autism

CHAIR: *Daniel L. Hoffman, ABPP, Ph.D.*, Long Island Jewish Medical Center of Northwell Health & Private Practice

DISCUSSANT: *Judith Reaven, Ph.D.*, Associate Professor in Psychiatry & Associate Director of JFK

Earn 1.5 continuing education credits

Primary Category: Autism Spectrum and Developmental Disorders

Key Words: *Technology, Autism Spectrum Disorders, PTSD (Posttraumatic Stress Disorder)*

Training System to Address Facial Emotion Recognition and Expression in Autism

Susan W. White, Ph.D., ABPP, University of Alabama

EMA for Evaluation of and In-Vivo Intervention for Social Competence in ASD

Matthew Lerner, Ph.D., Stony Brook University

Erin Kang, M.A., Stony Brook University

Alan Gerber, M.A., Stony Brook University

A Web-Based Interactive Trauma Scale for ASD

Daniel Hoover, ABPP, Kennedy Krieger Institute

Elizabeth Romero, Ph.D., ASD

A Systematic Review of High- and Low-Tech CBT for Anxiety in Youths With ASD

Daniel L. Hoffman, ABPP, Ph.D., Long Island Jewish Medical Center of Northwell Health & Private Practice

Symposium 30

Minority Stress, Gender Affirmation, and Mental Health in Transgender Individuals: Research and Clinical Perspectives

CHAIR: *Jae A. Puckett, Ph.D.*, University of South Dakota

DISCUSSANT: *Jillian C. Shipherd, Ph.D.*, Veterans Health Administration; VA Boston Healthcare System; National Center for PTSD; Boston University School of Medicine

Earn 1.5 continuing education credits

Primary Category: Gay / Lesbian / Bisexual / Transgender Issues

Key Words: LGBTQ+, Gender, Stress

Minority Stress Experiences and Depression In Transgender Youth

Connor Gallik, B.A., University of Connecticut

Timothy McKay, MFT, University of Connecticut

Ryan Watson, Ph.D., University of Connecticut

Minority Stress on Rural and Urban Transgender Nonconforming Individuals

Allura Ralston, M.A., University of Nebraska-Lincoln

Terrence Huit, B.A., University of Nebraska-Lincoln

Natalie R. Holt, M.A., University of Nebraska-Lincoln

Debra A. Hope, Ph.D., University of Nebraska-Lincoln

Richard MocarSKI, Ph.D., University of Nebraska-Kearney

Nathan Woodruff, Trans Collaborations Local Community Board

Transgender Identity Development, Gender Affirmation, and Mental Health

Jae A. Puckett, Ph.D., University of South Dakota

Brian Mustanski, Ph.D., Northwestern University; Institute for Sexual and Gender Minority Health and Wellbeing

Michael E. Newcomb, Ph.D., Northwestern University; Institute for Sexual and Gender Minority Health and Wellbeing

Cognitive-Behavioral Tools to Assess and Treat Gender Dysphoria

Colleen Sloan, Ph.D., VA Boston HCS; Boston University School of Medicine

Symposium 31

Putative Mechanisms of Response to CBT in Youth with Transdiagnostic Mood Symptoms

CHAIRS: *Amy West, Ph.D.*, Children's Hospital of Los Angeles
Victoria Cosgrove, Ph.D., Stanford University School of
Medicine

DISCUSSANT: *Edward Craighead, Ph.D.*, Department of Psychiatry and
Behavioral Sciences, Emory University

Earn 1.5 continuing education credits

Primary Category: Bipolar Disorders

Key Words: *Mood, Treatment-CBT, Change Process / Mechanisms*

Executive Control Stress and Association With Physiological Arousal

Meghan E. Quinn, Ph.D., Department of Psychology and Human Development,
Vanderbilt University

Role of Arousal in Emotion-Related Impulsivity: Potential Treatment Target?

Jennifer Pearlstein, B.A., University of California at Berkeley

Sheri Johnson, Ph.D., University of California at Berkeley

James Madole, B.A., University of Texas at Austin

Child- and Family-Focused CBT for Pediatric Bipolar Disorder

Amy West, Ph.D., Children's Hospital of Los Angeles

Heather McPherson, Ph.D., Warren Alpert Medical School of Brown University

Sally Weinstein, Ph.D., University of Illinois at Chicago

Does CBT Alter Stress-Induced Inflammatory Response in Pediatric Mood?

Victoria Cosgrove, Ph.D., Stanford University School of Medicine

Jennifer Pearlstein, B.A., University of California at Berkeley

Yael Rosenberg-Hasson, Ph.D., Human Immune Monitoring Core, Stanford University
School of Medicine

Neural Mechanisms as Targets in Family-Based Treatment

Patricia Walshaw, Ph.D., UCLA Department of Psychiatry and Biobehavioral Sciences
Casey Armstrong, B.A., Northwestern University

Amy Garnett, Ph.D., UT Health Science Center San Antonio

Susan Bookheimer, Ph.D., University of California, Los Angeles

Kiki Chang, Ph.D., Private Practice

David Miklowitz, Ph.D., UCLA Semel Institute for Neuroscience and Human Behavior

Thurgood Marshall North, Mezzanine Level

Symposium 32

Using Technology in the Treatment of Youth Anxiety Disorders

CHAIR: *Caroline Donovan, Ph.D.*, School of Applied Psychology,
Griffith University

DISCUSSANT: *Thomas H. Ollendick, Ph.D.*, Virginia Polytechnic Institute and
State University

Earn 1.5 continuing education credits

Primary Category: Child / Adolescent - Anxiety

Key Words: *Child Anxiety, CBT, Technology*

Computer-Assisted CBT for Childhood Anxiety: Mental Health Centers

Eric A. Storch, Ph.D., Baylor College of Medicine

Alison Salloum, Ph.D., School of Social Work and Department of Pediatrics, University
of South Florida

Adam Lewin, Ph.D., Psychiatry and Behavioural Neurosciences, University of South
Florida

Erika Crawford, Ph.D., Department of Psychology, Temple University, Philadelphia,
USA

Nicole McBride, Ph.D., Psychiatry and Behavioural Neurosciences, University of South
Florida

Unassisted BRAVE-ONLINE: Lessons Learned and Solutions Found

Caroline Donovan, Ph.D., School of Applied Psychology, Griffith University

Jade Booth, MPsych, Queensland Health

Sonja March, Ph.D., University of Southern Queensland

Sue Spence, Ph.D., Griffith University

CBT for Pediatric OCD: D-Cycloserine Three-Session CBT Webcam

Lara Farrell, Ph.D., School of Applied Psychology, Griffith University

Allison Waters, Ph.D., Griffith University

Evelin Tivalongo, Ph.D., Griffith University

Vinay Garbharran, M.D., Gold Coast University Hospital

Ella Oar, Ph.D., Macquarie University

Harry McConnell, Ph.D., Griffith University

Thomas H. Ollendick, Ph.D., Virginia Tech

Eric A. Storch, Ph.D., Baylor College of Medicine

Integrating ABM and EMA During CBT

Krystal Lewis, Ph.D., Emotion and Development Branch, NIMH

Ashley M. Smith, Ph.D., Emotion and Development Branch, NIMH

Katharina Kircanski, Ph.D., Emotion and Development Branch, NIMH

Melissa A. Brotman, Ph.D., Emotion and Development Branch, NIMH

Daniel S. Pine, M.D., Emotion and Development Branch, NIMH

Attention Control and CBT in Reducing Anxiety Symptoms in Children

Allison Waters, Ph.D., School of Applied Psychology, Griffith University

Steven Candy, Ph.D., Scandy Consultants

Melanie Zimmer-Gembeck, Ph.D., Griffith University

Michelle Craske, Ph.D., UCLA

Brendan Bradley, Ph.D., University of Southampton

Karin Mogg, Ph.D., University of Southampton

Thurgood Marshall South, Mezzanine Level

Symposium 33

Using Technology to Improve the Effectiveness of Cognitive Therapy (CT) and Interpersonal Psychotherapy (IPT) for Depression: Results From Two Large-Scale Randomized Trials

- CHAIR: *Frenk Peeters, M.D.*, 1. Department of Psychiatry and Psychology, Maastricht University Medical Center+, Maastricht, The Netherlands, 2. School for Mental Health and Neuroscience, Faculty of Health, Medicine and Life Sciences, Maastricht University, Maastricht
- DISCUSSANT: *Robert J. DeRubeis, Ph.D.*, Department of Psychology, University of Pennsylvania, Philadelphia, PA, USA

Earn 1.5 continuing education credits

Primary Category: Adult Depression / Dysthymia

Key Words: *Treatment-CBT, Treatment-Other, Adult Depression*

Outcomes of Acute Treatment With CT vs. IPT for Adult Depression

- Lotte Lemmens, Ph.D.*, Department of Clinical Psychological Science, Faculty of Psychology and Neuroscience, Maastricht University, Maastricht, the Netherlands
- Suzanne van Bronswijk*, Department of Psychiatry and Psychology, Maastricht University, Maastricht, the Netherlands
- Arnoud Arntz*, Department of Psychology, University of Amsterdam, Amsterdam, the Netherlands
- Frenk Peeters*, Department of Psychiatry and Psychology, Maastricht University, Maastricht, the Netherlands
- Steven D. Hollon*, Department of Psychology, Vanderbilt University, Nashville, TN, USA
- Anne Roefs*, Department of Clinical Psychological Science, Maastricht University, Maastricht, the Netherlands
- Marcus Huibers*, Department of Clinical Psychology, VU University Amsterdam, Amsterdam, the Netherlands; Department of Psychology, University of Pennsylvania, Philadelphia, PA, USA

Twice vs. Once-Weekly Sessions of CBT and IPT for Depression

Samne Bruijniks, M.S., Department of Clinical Psychology, Amsterdam Public Health Research Institute, Vrije Universiteit Amsterdam, the Netherlands

Judith Bosmans, Department of Health Sciences, EMGO Institute for Health and Care Research, Faculty of Earth and Life Sciences, Section of Health Economics & Health Technology Assessment, VU University Amsterdam, Amsterdam, the Netherlands

Frenk Peeters, Department of Psychiatry and Psychology, Maastricht University, Maastricht, the Netherlands

Steven D. Hollon, Department of Psychology, Vanderbilt University, Nashville, TN, USA

Patricia van Oppen, Department of Psychiatry VU Medical Centre/GGZ inGeest, Amsterdam and the EMGO Institute, Amsterdam, the Netherlands

Michael van den Boogaard, PsyQ, Parnassia Groep, Amsterdam, the Netherlands

Pieter Dingemans, Altrecht, Mental Health Institute, Utrecht, the Netherlands

Pim Cuijpers, Department of Clinical Psychology, Amsterdam Public Health research institute, Vrije Universiteit Amsterdam, the Netherlands

Arnoud Arntz, Department of Clinical Psychology, University of Amsterdam, Amsterdam, the Netherlands

Gerdien Franx, Program manager at 113 Zelfmoordpreventie, Amsterdam

Marcus Huibers, Department of Clinical Psychology, Amsterdam Public Health Research Institute, Vrije Universiteit Amsterdam, the Netherlands; Department of Psychology, University of Pennsylvania, Philadelphia, United States

Long-Term Outcomes After Successful Acute-Phase CT and IPT for MDD

Suzanne van Bronswijk, M.D., 1. Department of Psychiatry and Psychology, Maastricht University Medical Center+, Maastricht, The Netherlands, 2. School for Mental Health and Neuroscience, Faculty of Health, Medicine and Life Sciences, Maastricht University, Maastricht

Lotte Lemmens, Department of Clinical Psychological Science, Maastricht University, The Netherlands

John Keefe, Department of Psychology, University of Pennsylvania, Philadelphia, United States

Marcus Huibers, Department of Clinical Psychology, Amsterdam Public Health Research Institute, Vrije Universiteit Amsterdam, the Netherlands ; Department of Psychology, University of Pennsylvania, Philadelphia, United States

Robert J. deRubeis, Department of Psychology, University of Pennsylvania, Philadelphia, United States

Frenk Peeters, Department of Psychiatry and Psychology, Maastricht University, Maastricht, the Netherlands

Predicting Optimal Outcomes in CT or IPT for Depressed Individuals

Marcus Huibers, Ph.D., 1. Department of Clinical Psychology, Amsterdam Public Health Research Institute, Vrije Universiteit Amsterdam, the Netherlands, 2. Department of Psychology, University of Pennsylvania, Philadelphia, United States

Zachary D. Cohen, Department of Psychology, University of Pennsylvania, Philadelphia, PA, USA

Lotte Lemmens, Department of Clinical Psychological Science, Maastricht University, Maastricht, the Netherlands

Suzanne van Bronswijk, Department of Psychiatry and Psychology, Maastricht University, Maastricht, the Netherlands

Arnoud Arntz, Department of Psychology, University of Amsterdam, Amsterdam, the Netherlands

Frenk Peeters, Department of Psychiatry and Psychology, Maastricht University, Maastricht, the Netherlands

Pim Cuijpers, Department of Clinical Psychology, Amsterdam Public Health Research Institute, Vrije Universiteit Amsterdam, the Netherlands

Robert J. deRubeis, Department of Psychology, University of Pennsylvania, Philadelphia, PA, USA

1:45 p.m. – 3:15 p.m.

Thurgood Marshall East, Mezzanine Level

Symposium 34

Transdiagnostic Cognitive -Affective Vulnerability Factors in the Context of Comorbid Emotional Problems and Opioid Misuse

CHAIRS: Andrew H. Rogers, B.A., University of Houston
Jafar Bakhshaie, M.D., University of Houston

DISCUSSANT: Kevin E. Vowles, Ph.D., University of New Mexico

Earn 1.5 continuing education credits

Primary Category: Addictive Behaviors

Key Words: *Transdiagnostic, Substance Abuse, Behavioral Medicine*

Exploring Anxiety Sensitivity in Opioid Use Disorder Treatment Outcomes

Catherine Baxley, M.A., Saint Louis University

Jeremiah Weinstock, Ph.D., Saint Louis University

Annie Garner, Ph.D., Saint Louis University

Patrick Lustman, Ph.D., Washington University in St. Louis

Pain-Related Anxiety and Opioid Misuse Among Young Adults With Pain

Andrew H. Rogers, B.A., University of Houston

Jafar Bakhshaie, M.D., University of Houston

Hantin Lam, B.A., University of Houston

Kirsten J. Langdon, Ph.D., Rhode Island Hospital/Alpert Medical School Brown University

Joseph Ditre, Ph.D., Syracuse University

Michael Zvolensky, Ph.D., University of Houston

Effect of Opioid Use Disorder and Gender on Distress Tolerance

Julia R. Richmond, M.A., University of Toledo

Matthew T. Tull, Ph.D., University of Toledo

Courtney Forbes, M. Ed, University of Toledo

Kim L. Gratz, Ph.D, University of Toledo

Negative Affectivity and Opioid Misuse Among Young Adults

Jafar Bakhshaie, M.D., University of Houston

Andrew H. Rogers, B.A., University of Houston

Brooke Kauffman, M.A., University of Houston

Michael Zvolensky, Ph.D., University of Houston

Adherence to Medication-Assisted Treatment for Opioid Use Disorders

Kirsten J. Langdon, Ph.D., Rhode Island Hospital/Alpert Medical School of Brown University

Melissa Carbone, LCDP, Rhode Island Hospital

Stephen Chabot, M.D., Rhode Island Hospital

Tahir Tellioglu, M.D., Rhode Island Hospital

Symposium 35

On the Cusp of a ‘New Era’: Integrating Technological Advances into Evidence-Based Assessment and Treatment

CHAIR: *Lauren A. Rutter, Ph.D., McLean Hospital / Institute for Technology in Psychiatry*

DISCUSSANT: *Per Carlbring, Ph.D., Stockholm University*

Earn 1.5 continuing education credits

Primary Category: Technology

Key Words: *Technology, mHealth (Mobile Health), Clinical Utility*

MHealth Apps and Social Media Usage in Serious Mental Illness

Courtney Beard, Ph.D., McLean Hospital / Harvard Medical School

Marie J. C. Forgeard, Ph.D., McLean Hospital

M. Taylor Dryman, M.A., McLean Hospital

Alexandra Silverman, B.A., McLean Hospital

Thröstur Björgvinsson, Ph.D., McLean Hospital

Smartphone Apps for Self-Assessment After Discharge From Treatment

Marie J. C. Forgeard, Ph.D., McLean Hospital / Harvard Medical School

Courtney Beard, Ph.D., McLean Hospital

Danielle Shayani, McLean Hospital

Alexandra Silverman, B.A., McLean Hospital

Thröstur Björgvinsson, Ph.D., McLean Hospital

Veterans’ Attitudes Toward Smartphone App Use for Mental Health Care

Samantha Connolly, Ph.D., Center for Healthcare Organization and Implementation Research (CHOIR) / VA Boston Healthcare System

Christopher Miller, Ph.D., VA Boston Healthcare System

Christopher Koenig, Ph.D., San Francisco VAMC

Kara Zamora, M.A., San Francisco VAMC

Patricia Wright, Ph.D., Little Rock VAMC

Regina Stanley, B.S., Little Rock VAMC

Jeffrey Pyne, M.D., Little Rock VAMC

Dialectical Behavior Therapy Skills Training for Mobile Use

Chelsey Wilks, M.S., University of Washington, Seattle; Microsoft Research, Redmond, WA

Jessica Schroeder, M.S., University of Washington, Seattle

Mary Czerwinski, Microsoft Research

Kael Rowan, Microsoft Research

Ann Paradiso, Microsoft Research

Daniel McDuff, Microsoft Research

Arturo Toledo, Toledo Design

Marsha Linehan, Ph.D., University of Washington, Seattle

What We Can Learn From Our Research Participants

Lauren A. Rutter, Ph.D., McLean Hospital / Institute for Technology in Psychiatry

Laura Germiné, Ph.D., McLean Hospital

1:45 p.m. – 3:15 p.m.

Washington 3, Exhibition Level

Symposium 36

Sustaining EBPs Within Large-Scale Implementation Efforts in Public Mental Health Systems

CHAIR: Anna S. Lau, Ph.D., University of California, Los Angeles

DISCUSSANT: Shannon Wiltsey-Stirman, Ph.D., VA Palo Alto Health Care System/Stanford

Primary Category: Symposia

Key Words: Evidence-Based Practice, Implementation, Dissemination

System-Driven Implementation of Multiple EBPs for Youth

Anna S. Lau, Ph.D., University of California, Los Angeles

Ashley M. Smith, Ph.D., UCLA

Morgan Crawley, B.A., UCLA

Adriana Rodriguez, Ph.D., UCLA

Chanel Zhan, B.A., UCLA

Lauren Brookman-Frazee, Ph.D., UCSD

Implementation of Multiple EBPs for Children's Mental Health Services

Lauren Brookman-Frazee, Ph.D., University of California, San Diego

Chanel Zhan, B.A., UCLA

Debbie Innes-Gomberg, Ph.D., Los Angeles Department of Mental Health

Lillian Bando, JD, MSW, Los Angeles Department of Mental Health

Anna S. Lau, Ph.D., UCLA

A Longitudinal Examination of Turnover's Influence on CBT Use

Emily M. Becker-Haimes, Ph.D., University of Pennsylvania

Nathaniel Williams, Ph.D., LCSW, Boise State University

Rinad Beidas, Ph.D., University of Pennsylvania

Philadelphia's Evidence-Based Practice Program Designation

Kelsie Okamura, Ph.D., University of Pennsylvania & State of Hawaii Department of Health, Child and Adolescent Mental Health Division

Ronnie Rubin, Ph.D., City of Philadelphia Department of Behavioral Health and Intellectual Disability Services

Shawna Weaver, MSW, City of Philadelphia Department of Behavioral Health and Intellectual Disability Services

Organizational Factors and Training Model on Sustainability

Carrie Jackson, M.S., West Virginia University

Amy Herschell, Ph.D., West Virginia University

Sarah Thomas, Ph.D., University at Buffalo

Ashley Scudder, Ph.D., Chatham University

Jonathan Hart, M.S., University of Pittsburgh School of Medicine

Kristen Schaffner, Ph.D., West Virginia University

David Kolko, Ph.D., University of Pittsburgh School of Medicine

Stanley Mrozowski, Ph.D., Pennsylvania State University-Harrisburg

Symposium 37

Acceptance and Anxiety: Recent Advances in the Assessment and Treatment of Anxiety Disorders Using an ACT Framework

CHAIR: *Ryan J. Jacoby, Ph.D.*, Massachusetts General Hospital

DISCUSSANT: *Joanna J. Arch, Ph.D.*, University of Colorado Boulder

Earn 1.5 continuing education credits

Primary Category: Adult Anxiety - General

Key Words: *Adult Anxiety, ACT (Acceptance & Commitment Therapy), Experiential Avoidance*

ACT on Neurological Activity in Clinical Perfectionism

Clarissa W. Ong, B.A., Utah State University

Allison Hancock, B.S., Utah State University

Eric Lee, M.A., Utah State University

Ronald Gillam, Ph.D., Utah State University

Michael P. Twohig, Ph.D., Utah State University

Exposure Therapy for Social Anxiety In Emerging Adulthood

Rebecca L. Schneider, M.A., University of Colorado Boulder

Joanna J. Arch, Ph.D., University of Colorado Boulder

Therapy as Treatment for Veterans With Refractory PTSD

Ellen J. Bluett, Ph.D., VA Salt Lake City Health Care System

Michael P. Twohig, Ph.D., Utah State University

Brandon Yabko, Ph.D., VA Salt Lake City Health Care System

Validation of Acceptance and Action Questionnaire for OCD

Ryan J. Jacoby, Ph.D., Massachusetts General Hospital

Jonathan S. Abramowitz, Ph.D., University of North Carolina at Chapel Hill

Jennifer L. Buchholz, M.A., University of North Carolina at Chapel Hill

Lillian Reuman, M.A., University of North Carolina at Chapel Hill

Shannon M. Blakey, M.A., University of North Carolina at Chapel Hill

Symposium 38

Integrating Mobile and Internet Technology with Empirically Supported Treatments for Anxiety and Obsessive-Compulsive Disorder

CHAIR: *Jennifer L. Buchholz, M.A.*, University of North Carolina at Chapel Hill

DISCUSSANT: *Jonathan S. Abramowitz, Ph.D.*, University of North Carolina at Chapel Hill

Earn 1.5 continuing education credits

Primary Category: Technology

Key Words: *Technology, Anxiety, Treatment-CBT*

Acceptability and Effectiveness: App for Social Anxiety

Lillian Reuman, M.A., University of North Carolina at Chapel Hill

Jennifer L. Buchholz, M.A., University of North Carolina at Chapel Hill

Jonathan S. Abramowitz, Ph.D., University of North Carolina at Chapel Hill

Enhancing Clinical-Research Through Technological Integration

Nathaniel Van Kirk, Ph.D., McLean Hospital/Harvard Medical School

Brittany M. Mathes, Florida State University

Jordan Cattie, Ph.D., Emory University

Kenneth J.D. Allen, M.S., Harvard University

Lauryn E. Garner, Fordham University

Jason Krompinger, Ph.D., McLean Hospital

Jason Elias, Ph.D., McLean Hospital

Application to Disseminate Exposure Therapy for Childhood Anxiety Disorders

Stephen Whiteside, ABPP, Department of Psychiatry and Psychology, Mayo Clinic

Acceptability and Adherence: Web-Based CBT for Misophonia

Katherine Crowe, Ph.D., NYU Langone Medical Center

Brandon Frank, Fordham University

Austin Harrison, Fordham University

Katherine Kennedy, Fordham University

Antoine Lebeaut, B.A., Rutgers University

Lauren Mancusi, Fordham University

Lauryn E. Garner, Fordham University

Emily Steinberg, Fordham University

Dean McKay, Ph.D., Fordham University

CBT-Based Internet for Social Anxiety: Use, Retention, and Outcomes

M. Taylor Dryman, Ph.D., McLean Hospital

Lisa McTeague, Ph.D., Medical University of South Carolina

Thomas M. Olino, Ph.D., Temple University

Richard G. Heimberg, Ph.D., Temple University

1:45 p.m. – 3:15 p.m.

Lincoln 4, Exhibition Level

Symposium 39

Models and Methods for Capturing Affective Processes In Psychopathology

CHAIRS: Aaron S. Heller, Ph.D., University of Miami

Aidan G.C. Wright, Ph.D., University of Pittsburgh

DISCUSSANT: Aidan G.C. Wright, Ph.D., University of Pittsburgh

Earn 1.5 continuing education credits

Primary Category: Technology

Key Words: Ecological Momentary Assessment, Emotion, Transdiagnostic

Bi-Factor Models of Emotional Dynamics: Risks For Mood and Anxiety Disorders

Aaron S. Heller, Ph.D., University of Miami

Caitlin A. Brown, M.A., University of Miami

Nikki Puccetti, B.A., University of Miami

William Villano, B.S., University of Miami

Brittany A. Jaso, B.A., University of Miami

C.E. Chiemeka Ezie, B.S., New York University

Kiara R. Timpano, Ph.D., University of Miami

Ambulatory Psychophysiology: The Study of Adolescent Stress and Affective Processes

Leslie Horton, Ph.D., University of Pittsburgh School of Medicine

Gretchen Haas, Ph.D., University of Pittsburgh School of Medicine

Else Pergi, University of Pittsburgh

Emotion Regulation Efforts Among Those With MDD in Full Remission

Renee Thompson, Ph.D., Washington University in St. Louis

Tammy English, Ph.D., Washington University in St. Louis

Handling Temporal Trends and Dynamics in Repeated Measures Data

Aaron J. Fisher, Ph.D., University of California, Berkeley

FRIDAY

Methods for Arriving at Personalized Models of Psychopathological Processes

William C. Woods, M.A., University of Pittsburgh

Aidan G.C. Wright, Ph.D., University of Pittsburgh

Kathleen Gates, Ph.D., University of North Carolina

2:00 p.m. – 3:00 p.m.

networking 

Taft, Mezzanine Level

SIG Meeting

Tic and Impulse Control Disorders

Key Words: Tic Disorders, Tourette's Syndrome, Trichotillomania

In this meeting, Dr. Joe McGuire and Dr. Shannon Bennett will give presentations about their current SIG-relevant research. Following these presentations, audience members will be provided the opportunity to ask the presenters questions. At the end of the meeting, individuals interested in tic, impulse control, and related disorders will be given the opportunity to connect/network with others who are interested in these disorders.

FRIDAY

Symposium 40

Mediators and Moderators of the Association between PTSD and Suicide

CHAIR: *Lily Brown, Ph.D.*, Perelman School of Medicine at the University of Pennsylvania

DISCUSSANT: *Jesse R. Cogle, Ph.D.*, Florida State University

Earn 1 continuing education credit

Primary Category: PTSD

Key Words: *PTSD (Posttraumatic Stress Disorder), Suicide, Mediation / Mediators*

Shame Mediates PTSD Symptoms and Suicidal Ideation Among Veterans

Katherine Cunningham, Ph.D., Durham Veterans Affairs Medical Center

Stefanie T. LoSavio, Ph.D., Duke University

Paul Dennis, Ph.D., Duke University

Carolina Clancy, Ph.D., VA Durham Health Care System

Nathan Kimbrel, Ph.D., Duke University, Mid-Atlantic MIRECC/VA Durham Health Care System

Patrick Calhoun, Ph.D., Mid-Atlantic MIRECC/ VA Durham Health Care System, Duke University

Jean Beckham, Ph.D., Duke University

PTSD Symptoms, Fearlessness About Death, Suicidal Thoughts and Behaviors

Alexis May, Ph.D., National Center for Veterans Studies, University of Utah

Michael Allen, M.D., Department of Psychiatry, University of Colorado

Julia A. Harris, M.A., National Center for Veterans Studies, University of Utah

AnnaBelle Bryan, M.S., National Center for Veterans Studies, University of Utah

Millard Storms, PA, 75th Medical Group, Hill Air Force Base

Chase Fullerton, PA-C, 75th Medical Group, Hill Air Force Base

Brogan Enright, PA-C, 75th Medical Group, Hill Air Force Base

Kara Taylor, LCSW, 22nd Medical Group, McConnell Air Force Base

Michelle Wine, Ph.D., Evans Army Community Hospital, Ft. Carson

Craig Bryan, PsyD, ABPP, National Center for Veterans Studies, University of Utah

Does Prolonged Exposure Increase Suicide Risk? Active-Duty Military Sample
 Lily Brown, Ph.D., Perelman School of Medicine at the University of Pennsylvania
 Carmen McLean, Ph.D., 2National Center for PTSD, VA Palo Alto Health Care System

Yinyin Zang, Ph.D., University of Pennsylvania

Laurie J. Zandberg, PsyD, University of Pennsylvania

Jim Mintz, Ph.D., University of Texas Health Science Center at San Antonio

Jeffrey Yarvis, Ph.D., Ft. Hood, TX

Brett T. Litz, Ph.D., Boston University, Massachusetts Veterans Epidemiological Research Center, VA Boston Health Care System, Boston University School of Medicine

Alan Peterson, Ph.D., University of Texas Health Science Center at San Antonio

Craig Bryan, PsyD, ABPP, National Center for Veterans Studies, University of Utah

Brooke Fina, LCSW, University of Texas Health Science Center at San Antonio

Julie Petersen, B.S., University of Pennsylvania

Katherine A. Dondanville, PsyD, ABPP, University of Texas Health Science Center at San Antonio

John Roache, Ph.D., University of Texas Health Science Center at San Antonio

Stacey Young-McCaughan, RN, Ph.D., University of Texas Health Science Center at San Antonio

2:30 p.m. – 3:30 p.m.

networking

McKinley, Mezzanine Level

SIG Meeting

Couples Research and Treatment

Key Words: Couple Therapy, Couples/Close Relationships

At this meeting we will welcome new members; announce graduate student research award recipients; discuss content of future newsletters; elect new officers; obtain dues payments; provide briefs on activities of subcommittees; discuss the SIG's role in the larger ABCT organization; and discuss salient, novel couples research and intervention issues related to theory, methodology, statistics, grant funding, and public policy.

Panel Discussion 16

Using Technology to Improve the Training of Future and Current Clinical Scientists

MODERATOR: *Ashley Borders, Ph.D.*, The College of New Jersey

PANELISTS: *Lauren A. Stutts, Ph.D.*, Davidson College

Susan Wenzel, Ph.D., Lafayette College

Dara G. Friedman-Wheeler, Ph.D., Goucher College

Laura Knouse, Ph.D., University of Richmond

Zachary Rosenthal, Ph.D., Duke University Medical Center

Nicholas D. Mian, Ph.D., University of New Hampshire

Earn 1.5 continuing education credits

Primary Category: Education, Training, and Supervision - Graduate / Undergraduate/ Postdoctoral

Key Words: *Education and Training - Undergraduate, Education and Training - Graduate, Technology*

Technology has the potential to greatly enhance the training of clinical scientists at all levels of education and across disciplines. Research data support the use of various types of technology in pedagogical practice, both inside and outside of the classroom. In this discussion, six panelists will discuss their data-supported best practices for using technology for training purposes. First, we will examine the use of personal response systems (e.g., smartphones, clickers, laptops) in the classroom to enhance learning and foster student engagement. Second, we will discuss the practice of and evidence for “flipped” and hybrid (part-traditional, part-flipped) classrooms. In this increasingly popular practice, technology such as videos and online learning platforms allow students to learn material outside of the classroom, so that instructors can use class time to emphasize discussion and applied and/or problem-based learning activities. Third, we will explore ways to effectively use technology when training current professionals. Specifically, we will discuss using blended learning (a mix of online and in-person learning) to train clinicians in contemporary cognitive-behavioral techniques. We will also consider the application of video-based training tools (including clinical vignettes and role plays) in medical residency programs to improve and assess residents’ recognition of pediatric emotional disorders. Informally, we will also discuss some of the benefits and difficulties in effectively using technology for training purposes and how to seek out resources and data. Lastly, we will address how to adapt to new, evolving technologies.

Spotlight Research 2

Technological Advances in Clinical Consultation: Enhancing Practitioner Engagement

CHAIR: Tanya A. Freedland, MPS, University of Minnesota

Panelist: Julie Rohovit, Ph.D., University of Minnesota

Earn 1 continuing education credit

Primary Category: Dissemination / Implementation

Key Words: *Dissemination, Implementation, Technology*

Background: Clinical training workshops followed by consultation have better outcomes in comparison with workshops that do not offer consultation. (Herschell, Kolko, Baumann, & Davis, 2010). However, standard consultation models fail to engage practitioners who do participate for the duration of the consultation period (Jackson, 2017). This means that despite attempts to increase workforce competence with consultation, we are falling short due to lack of engagement. This study aims to examine an innovative consultation model utilizing an online learning platform with interactive learning modules. This model uses asynchronous and synchronous learning to enhance and enrich the clinical skills and strategies taught during a training workshop. Asynchronous and synchronous learning components allow practitioners to deepen and apply knowledge to practice.

Methods: Data collected from practitioner evaluations in clinical training workshops were used to develop an innovative consultation process utilizing available technology with an online learning platform. Evaluations were collected and analyzed using quantitative and qualitative data. Quantitative and qualitative responses were used to operationalize satisfaction and confidence of skill. Data are being collected from 129 practitioners in 4 consultation cohorts. Data collected over the course of the clinical consultation period utilizing the online consultation process will be analyzed to examine effectiveness of the learning components and then compared with standard consultation methods.

Results: Practitioner attendance, engagement, and evaluations will be analyzed along with practitioner outcomes and demographic data across consultation cohorts. Comparisons will be made to evaluate the effectiveness of consultation components, differences across cohorts and the nature of the differences found (*Data analysis is currently in progress*).

Conclusion: Results from this study will provide information informing the use of technology to enhance the clinical consultation process. Information gleaned from this study could inform broader areas of implementation and dissemination science. (*Note: Overall conclusion will be informed by the completion of data analyses.*)

You will learn:

- Understand the role of clinical consultation in conjunction with training workshops
- Recognize the need for innovation in clinical consultation to build competence in clinical practice.

- Learn what elements of clinical consultation are effective in engaging practitioners in the consultation process.

Recommended Readings: Proctor, E. K., Landsverk, J., Aarons, G., Chambers, D., Glisson, C., & Mittman, B. (2009). Implementation research in mental health services: an emerging science with conceptual, methodological, and training challenges. *Administration and Policy in Mental Health and Mental Health Services Research*, 36(1), 24-34. McHugh, R. K., & Barlow, D. H. (2010). The dissemination and implementation of evidence-based psychological treatments: a review of current efforts. *American Psychologist*, 65(2), 73. Herschell, A. D., Kolko, D. J., Baumann, B. L., & Davis, A. C. (2010). The role of therapist training in the implementation of psychosocial treatments: A review and critique with recommendations. *Clinical psychology review*, 30(4), 448-466.

3:30 p.m. – 5:00 p.m.

Hoover, Mezzanine Level

Mini Workshop 6

#MeToo: What You Need to Know About How to Treat Trauma, Even If You Don't Treat Trauma

Susan Paula, Ph.D., American Institute for Cognitive Therapy

Tamar Gordon, Ph.D., Tamar Gordon Psychology, LLC

Earn 1.5 continuing education credits

Basic to Moderate level of familiarity with the material

Primary Category: Adult Anxiety - General

Key Words: *Trauma, Women's Issues, Coping*

Approximately 30% of women and 15% of men experience childhood sexual abuse. Twenty percent of all children experience physical abuse. And 20% of women experience an assault during their adult years. Whatever your patients are presenting with—OCD, depression, GAD, panic—there is a good chance that a large percentage has a history of some trauma. Even if you don't want to be "a trauma person," you need to know how to ask about it, and how to think about it when your patient tells you about their #MeToo moment.

Together we will learn some specific clinical skills from Dr. Marylene Cloitre's STAIR/NST protocol, a treatment approach that is being used in the U.S. Veteran's Administration and has been shown to be effective in treating PTSD, depression, and interpersonal functioning deficits. This approach can enhance your treatment practice and help you get past roadblocks caused by an undiagnosed PTSD or trauma history. Areas addressed will include how undiagnosed symptoms of PTSD can inhibit or complicate treatment of other anxiety disorders, how to use the interpersonal schema worksheet, assertiveness training, role plays to improve interpersonal functioning, and how to use a modified version of Exposure (e.g., NST) to address PTSD symptoms.

You will learn:

- This session is designed to help you learn how symptoms of PTSD can complicate the treatment of other anxiety disorders, and how to decrease avoidance when asking patients about trauma.
- This session is designed to help you learn how to use Cloitre's model of interpersonal schemas to improve assertive communication and healthy relationships, across treatment populations
- This session is designed to help you learn how to use a modified form of exposure to address shame, guilt, fear, and numbing associated with memories of traumatic experiences.

Recommended Readings: Cloitre M, Stovall-McClough KC, Nooner K, Zorbas P, Cherry S, Jackson CL, Gan W, Petkova, E. Treatment for PTSD related to Childhood Abuse: A Randomized Controlled Trial. *American Journal of Psychiatry* 2010; Vol. 167; 915-924. Kristen Moeller-Saxone, Elise Davis, Donna E. Stewart, Natalia Diaz-Granados, Helen Herrman; Promoting resilience in adults with experience of intimate partner violence or child maltreatment: a narrative synthesis of evidence across settings, *Journal of Public Health*, Volume 37, Issue 1, 1 March 2015, Pages 125-137. Cloitre M, Stolbach B, Herman JL, van der Kolk B, Pynoos R, Wang J, Petkova E. (2009) Child and adult cumulative trauma as predictors of symptom complexity. *Journal of Traumatic Stress* 2009; Vol. 22, 399-408.

3:30 p.m. – 5:00 p.m.

Coolidge, Mezzanine Level

Mini Workshop 7

Family-Based Healthy Weight Coaching

Linda W. Craighead, Ph.D., Emory University

Earn 1.5 continuing education credits

Basic to Moderate level of familiarity with the material

Primary Category: Obesity / Overweight

Key Words: *Obesity / Overweight, Parenting, Behavioral Medicine*

Family-based Health Coaching (FBHC) is a psychoeducational intervention to help parents engage in family lifestyle change to promote healthy weight management. It is appropriate for parents and children who have current health concerns or those at risk for such problems due to their eating habits and/or family history. The primary goal is to empower parents to navigate making uncomfortable changes in family routines and norms about eating while taking into account the child's age and motivation. The intervention is based on Appetite Awareness Training (AAT), a self-monitoring strategy originally designed and evaluated within interventions targeting binge eating, bulimia and weight management for adults while minimizing the monitoring of food intake. AAT aims to restore a more natural feeling of control over eating by training individuals to be aware of, and then to use, internal cues of moderate hunger and fullness to regulate their eating rather than responding primarily to internal emotional cues, external environmental cues, or

trying to follow food plans or dieting rules. AAT discourages “getting too hungry” as well as “getting too full”, emphasizing mindful eating and normalization of amounts before targeting changes in food type. AAT teaches individuals to develop flexible, personal food guidelines that address the need for portion control while minimizing feelings of hunger or deprivation. In this adaptation for family use, parents are taught the model and encouraged to use the appetite monitoring app themselves so they can model adaptive healthy eating. Parents are given a child’s storybook to teach their children the model, establish positive eating norms within the household, and reinforce the child’s own self-awareness of appetite cues and use of strategies to moderate amount and type of foods in order to promote their own health. Fun, child-friendly metaphors are used to present the goal of healthy eating and activity in a positive way, emphasizing the benefits of health and feeling good rather than setting weight goals. Cases of families with targeted children ranging in age from 8 to 14 will be presented.

You will learn:

- Understand the rationale for Family-based Health Coaching and learn how to present the rationale to parents.
- Learn how to use a self-monitoring app and child-friendly metaphors to help parents make healthy lifestyle changes for themselves and their family.
- Respond to the most common parent concerns and difficulties in implementing healthy behavior change in the home.

Recommended Readings: Craighead, L.W. (2017) *Training Your Inner Pup to Eat Well: Let your stomach be your guide.* Lanier Press, Atlanta, GA. Greene, Tiger (2012). *Sacking Obesity.* Harper Collins, NY. Marx L. S., Reddy S. D., Welsh J. A., & Craighead L. W. (2015). Pilot study of appetite monitoring at a family-based camp for obese youth. *Clinical Practice in Pediatric Psychology*, 3(1), 59-70.

Washington 6, Exhibition Level

Workshop 5

ticket

You Were Meant for Primary Care: A Practical, Competency-Based Approach

Jeffrey L. Goodie, Ph.D., ABPP, Uniformed Services University of the Health Sciences

Lisa K. Kearney, Ph.D., ABPP, VA Center for Integrated Healthcare

Kathryn E. Kanzler, Psy.D., ABPP, University of Texas Health Science Center at San Antonio

Ryan R. Landoll, Ph.D., ABPP, Uniformed Services University

Earn 3 continuing education credits

Basic to Moderate level of familiarity with the material

Primary Category: Primary Care

Key Words: *Primary Care, Integrated Care, Military*

There has been growing interest in the integration of behavioral health services in primary care settings and recognition of the need to develop competencies for clinicians practicing in these diverse contexts. One well-established method of providing integrated care is the team-based Primary Care Behavioral Health (PCBH) model, which utilizes a population health approach and brief appointments to target functional improvements in patients presenting with a diverse range of concerns. The use of the PCBH model has resulted in positive health outcomes, as well as high levels of patient and provider satisfaction. This workshop will focus on teaching the evidence-informed and competency-based skills clinicians need to establish effective PCBH programs. This workshop will also address the cultural shifts necessary for PCBH programs to thrive across diverse contexts. Experts in the PCBH model will use available data and their experiences implementing the model in a range of civilian, Veterans Affairs and Department of Defense primary care clinics guide the training. The workshop will use a variety of pedagogical techniques (e.g., self-assessment with validated measures, didactics presentations, breakout discussions, role plays, videos) to ensure attendees leave with an understanding of not only of how to practice within the PCBH model, but an introduction to some of the cutting-edge research, training, and practice in primary care. In addition, this workshop will focus on a competency based approach to integrated care practice, delivering practical, hands-on skills not only in clinical assessment and intervention, but also in measuring and training competencies. Attendees will leave this workshop with techniques and tools not only for improving their own practice, but also to train, assess competency and model fidelity with other healthcare providers.

You will learn:

- Explain how to apply the key competencies necessary for practice and training in the primary care behavioral health model;

- Practice the skills necessary to be a successful behavioral health consultant in primary care and train others in primary care behavioral health;
- Describe how to evaluate your own abilities and primary care team members practice using validated tools and established best practices for competency and model fidelity.

Recommended Readings: Hunter, C., Goodie, J., Oordt, M., & Dobbmeyer, A. (2017). *Integrated behavioral health in primary care: Step-by-step guidance for assessment and intervention* (2nd ed.). Washington, DC: American Psychological Association.

Robinson, P. & Reiter, J. (2015). *Behavioral Consultation and Primary Care: A Guide to Integrating Services*, 2nd Edition. New York, NY: Springer.

Landoll, R. R., Nielsen, M. K., & Waggoner, K. K. (2016). U.S. Air Force Behavioral Health Optimization Program: Team Members' Satisfaction and Barriers to Care. *Family Practice*. doi: 10.1093/fampra/cm-w096

Dobbmeyer, A. C., Hunter, C. L., Corso, M. L., Nielsen, M. K., Corso, K. A., Polizzi, N. C., & Earles, J. E. (2016). Primary care behavioral health provider training: Systematic development and implementation in a large medical system. *Journal of Clinical Psychology in Medical Settings*, 23, 207-224.

Corso, K.A. Bryan, C.J., Corso, M.L, Kanzler, K.E., Houghton, D.C., Morrow, C.E. & Ray- Sannerud, B. (2012). Therapeutic alliance and treatment outcome in integrated primary care. *Families, Systems, & Health*, 30, 87-100.

Marriott Balcony B, Mezzanine Level

Workshop 6

ticket

Coordinated Interventions for School Avoidance: Family, Schools, and Clinicians

Laura C. Skriver, Ph.D., Evidence Based Practitioners of New Jersey

Brian C. Chu, Ph.D., Rutgers University

Earn 3 continuing education credits

Basic to Moderate level of familiarity with the material

Primary Category: Child / Adolescent - School-Related Issues, Child/Adolescent - Anxiety

Key Words: School, Child Anxiety, Child Depression

School attendance problems are one of the most vexing and impairing problem behaviors that affect childhood. An acute episode of school refusal can quickly become chronic and interfere in multiple domains of the youth and family's lives. Anxiety, depressed mood, and intolerance of negative affect are often at the root of school refusal. Successful intervention requires a concerted, coordinated effort involving the child, family, school and therapist/mental health professional. Early detection and direct, goal-oriented solutions are needed to prevent acute events from becoming prolonged episodes. Attendees of the workshop will become familiar with the scope of the problem, a mood-based conceptualization of school avoidance, and its associated strategies, including an emphasis on including families and schools in collaborative interventions. Attendees will also be exposed to, and gain practice in, easily implementable assessment tools and behavioral intervention strategies. Experiential exercises and case examples will be utilized to bring the strategies to life. This workshop is designed for clinicians with some direct clinical experience conducting CBT with school-aged youth.

You will learn:

- Explain how to use a mood-based conceptualization of school refusal behaviors and learn to use a brief functional assessment tool to identify four key functions that maintain school refusal.
- Describe how to apply a cognitive behavioral framework to school refusal and to implement basic treatment strategies, focusing on behavioral experiments and exposures and building challenge hierarchies;
- Specify roles for child, family, school, and clinic to play in addressing school refusal, including understanding common parent-child interactions that maintain school refusal and engaging school personnel in collaborative planning.

Recommended Readings: Kearney, C. A. (2008). School absenteeism and school refusal behavior in youth: A contemporary review. *Clinical psychology review*, 28(3), 451-471. Chu, B. C., Rizvi, S. L., Zendegui, E. A., & BonavitaCola, L. (2015). Dialectical Behavior Therapy for School Refusal: Treatment Development and Incorporation of Internet-based Coaching. *Cognitive and Behavioral Practice*, 22, 317-330. doi:10.1016/j.cb-

3:30 p.m. – 5:00 p.m.

Roosevelt 5, Exhibition Level

Panel Discussion 12

Bringing Evidence-Based Treatments for Youth Depression into Community Settings: Opportunities and Challenges

MODERATOR: *Jami F. Young, Ph.D.*, Children's Hospital of Philadelphia, Perelman School of Medicine, University of Pennsylvania

PANELISTS: *Elizabeth McCauley, Ph.D.*, University of Washington
Laura Mufson, Ph.D., Columbia University
V. Robin Weersing, Ph.D., SDSU-UC San Diego JDP in Clinical Psychology
Anat Brunstein-Klomek, Ph.D., Interdisciplinary Center of Herzilya, Israel

Earn 1.5 continuing education credits

Primary Category: Child / Adolescent - Depression

Key Words: *Adolescent Depression, Implementation, Evidence-Based Practice*

Depression in adolescence is prevalent and associated with lifelong impairment. Although there have been advances in psychological treatments for youth depression, implementation of empirically validated treatments in community settings has not yielded the same response and remission rates as when delivered in research settings. While both cognitive behavior therapy (CBT) and interpersonal psychotherapy (IPT-A) are well-established empirically supported therapies (EST) for adolescent depression, a significant number of adolescents do not have access to them. To improve access, treatments are being taken to schools and primary care clinics. It is essential to understand how to successfully implement these treatments in community settings.

Panelists will summarize efforts to implement ESTs in community settings and will present issues/challenges they have encountered in taking treatments out of the ivory tower. Dr. McCauley will review findings and lessons learned from a series of projects designed to enhance the integration of evidence-based practices into school based mental health services, focusing on her experiences developing and implementing Brief Intervention for School Clinicians (BRISC). Dr. Mufson will discuss her work implementing IPT-A in school-based health clinics and primary care. Dr. Weersing will discuss her work bringing cognitive and behavioral interventions to primary care and the pros and cons of trans-

diagnostic behavioral interventions for depression and anxiety. Dr. Brunstein-Klomek will discuss training of school psychologists in IPT-A and implementation of training as part of Israel's National Suicide Prevention program. All panelists will speak to the role of community settings in reducing ethnic disparities in access and outcomes. Lastly, Dr. Young will facilitate a group discussion about how to promote successful implementation of depression ESTs, as well as opportunities to leverage technology as a method for extending treatments and facilitating fidelity in community settings.

3:00 p.m. – 6:00 p.m.

Roosevelt 2, Exhibition Level

Workshop 7

ticket

Means Safety Counseling for Suicide Prevention

Craig Bryan, ABPP, Psy.D., National Center for Veterans Studies at The University of Utah

Earn 3 continuing education credits

Basic level of familiarity with the material

Primary Category: Suicide and Self-Injury, Violence/Aggression

Key Words: *Suicide, Aggression / Disruptive Behaviors / Conduct Problems, Clinical Utility*

Means safety counseling, also referred to as means restriction counseling, entails assessing whether an individual at risk for suicide has access to a firearm or other lethal means for suicide, and working with the individual and their support system to limit their access to these means until suicide risk has declined. Of the many interventions and strategies developed to prevent suicide, means restriction has garnered the most empirical support and is one of the only intervention that has consistently led to reductions in suicide across diverse samples and populations. Although means safety has long been considered an important component of clinical work with suicidal patients, clear guidance and recommendations for discussing means safety with patients has only recently emerged. This presentation will provide an overview of the means safety counseling approach used in brief cognitive behavioral therapy for suicide prevention (BCBT), with a particular focus on firearm safety. This workshop provides practical suggestions and tips for navigating conversations about firearm safety with high-risk patients, and includes skills training with feedback.

You will learn:

- Identify the key assumptions that underlie means safety counseling;
- Describe the evidence supporting means restriction for suicide prevention;
- Identify the three core assumptions of means safety counseling;
- Identify common barriers to means safety counseling;
- Explain how to use effective clinical strategies to increase an individual's willingness to enact firearm safety procedures.

Recommended Readings: Britton, P. C., Bryan, C. J., & Valenstein, M. (2016). Motivational interviewing for means restriction counseling with patients at risk for suicide. *Cognitive and Behavioral Practice*, 23(1), 51-61. Bryan, C. J., Stone, S. L., & Rudd, M. D. (2011). A practical, evidence-based approach for means-restriction counseling with suicidal patients. *Professional Psychology: Research and Practice*, 42(5), 339. Rudd, M.D., Bryan, C.J., Wertemberger, E.G., Peterson, A.L., Young-McCaughan, S., Mintz, J., Williams, S.R., Arne, K.A., Breitbach, J., Delano, K., Wilkinson, E., & Bruce, T.O. (2015). Brief cognitive behavioral therapy effects on post-treatment suicide attempts in a military sample: results of a 2-year randomized clinical trial. *American Journal of Psychiatry*, 172, 441-449. Berman, A.L. (2006). Risk management with suicidal patients. *Journal of Clinical Psychology*, 62, 171-184. Khazem, L. R., Houtsma, C., Gratz, K. L., Tull, M. T., Green, B. A., & Anestis, M. D. (2015). Firearms matter: The moderating role of firearm storage in the association between current suicidal ideation and likelihood of future suicide attempts among United States military personnel. *Military Psychology*, 28(1), 25-33.

3:30 p.m. – 5:00 p.m.

Roosevelt 3, Exhibition Level

Panel Discussion 13

Ethics and Policy in Technology-Based Research

MODERATORS: *Tommy Chou, M.S.*, Florida International University

Giovanni Ramos, B.A., University of California Los Angeles

PANELISTS: *Melissa DeRosier, Ph.D.*, CEO and Founder, 3C Institute

Stacy Frazier, Ph.D., Florida International University

Maryam Kia-Keating, Ph.D., University of California, Santa Barbara

Lynn Bufka, Ph.D., American Psychological Association

Ashley Isايا, M.A., University of Illinois at Chicago

Earn 1.5 continuing education credits

Primary Category: Technology

Key Words: *Technology, Ethics, Cultural Diversity/ Vulnerable Populations*

The rapid proliferation of increasingly sophisticated communication technologies in recent years has driven a drastic, disruptive shift in the modern landscape of mental health research and practice. Accordingly, research aiming to utilize consumer products has benefited from the unprecedented information exchange and access to target users that they provide (Mohr, 2009). As with any scientific frontier, however, the subfield of technology-based psychological research faces quandaries not sufficiently answered by traditional ethical standards, policies, and procedures. Thus, investigators' continued exploration into larger enterprises with novel services and settings necessitates thoughtful discourse on emerging challenges in both research and practice.

Panelists represent experience in (1) development of ethical standards and policy in technology-based research and practice - including emerging APA guidelines on social media use (Bufka); (2) data collection in vulnerable populations via consumer technologies (e.g., social media, GPS, ecological momentary assessment; Kia-Keating, Isaia); (3) community and industry partnership to develop online resources for dissemination and implementation of evidence-based socio-emotional curriculum for after school programs (Frazier, DeRosier); and (4) real-time telemental health intervention (Chou). Discussion will focus on ethical challenges in protection of privacy (e.g., informed consent, data collection practices, HIPAA-compliant data storage); managing risk and reporting concerns related to both assessment and intervention; inviting expertise in technology via consultation and partnership; and engaging in technology-based research with vulnerable or traditionally underrepresented populations (e.g., low income families, predominantly racial/ethnic minority communities, youth). Panelists will provide examples from their work and give recommendations for current and future practice.

3:30 p.m. – 5:00 p.m.

Roosevelt 4, Exhibition Level

Panel Discussion 14

Measuring Facets of Major Depressive Disorder in Everyday Life: A Practical Discussion of Pragmatics and Innovations

MODERATOR: *Rachel Hershenberg, Ph.D.*, Emory University

PANELISTS: *Lauren Bylsma, Ph.D.*, University of Pittsburgh

Jennifer Dahne, Ph.D., Medical University of South Carolina

Evan M. Kleiman, Ph.D., Harvard University

Renee Thompson, Ph.D., Washington University in St. Louis

Earn 1.5 continuing education credits

Primary Category: Adult Depression / Dysthymia

Key Words: *Depression, Ecological Momentary Assessment, Technology*

Research dating back nearly 50 years has documented discrepancies between assessments of depression collected in the laboratory versus daily life. Understanding the nature of these discrepancies and collecting precise data in vivo remains crucial to furthering our understanding of the causes of depression and how to effectively treat it. Technological advancements (e.g., mobile apps and passively collected sensor data) provide new platforms to learn more about the emotions, thoughts, and behaviors of depressed individuals in everyday life.

The panel discussion brings together clinical researchers who specialize in depression and have experienced the excitement and pitfalls of these emergent technologies. The goals of the panel are to (1) highlight technology-based innovations in the naturalistic assessment of depression and (2) discuss practical issues associated with applying technol-

ogy-based solutions in this clinical research area. Panelists will share their work assessing key facets of depression in daily life, such as emotional reactivity and regulation (LB, RJT), social behavior (RH), physical activity and time spent away from home (RH, RJT), planning/completion of activities (JD, RJT), sleep (LB), and suicidal ideation (EK). Methods include integration of passive data (e.g., geolocation, number of phone calls; RH; reaction times; RJT), objective metrics that prompt participant response (e.g., changes in physiology that trigger mood ratings; EK, LB), and self-report ratings integrated into treatment (e.g., development of two mobile treatment apps; JD). The moderator will pose pragmatic questions, including how to establish necessary collaborations with software development and bioinformatics experts, working with different populations (e.g., adults v. youth, clinical v. community samples), issues related to data sensitivity, and how to encourage transparency and collaboration between researchers.

3:30 p.m. – 5:00 p.m.

Maryland Suite (A, B & C combined), Lobby Level

Panel Discussion 15

Strategies for Augmenting and Optimizing CBT: Current Status and Links to Neuroscience

MODERATOR: *Peter F. Hitchcock, M.S., Drexel University*

PANELISTS: *Jan Mohlman, Ph.D., William Paterson University*
Anders Hovland, Ph.D., University of Bergen, Norway
Kieron O'Connor, Ph.D., University of Montreal
*Philippe R. Goldin, Ph.D., Betty Irene Moore School of
Nursing, University of California, Davis*
*Angela Fang, Ph.D., Massachusetts General Hospital/Harvard
Medical School*

Earn 1.5 continuing education credits

Primary Category: Treatment - CBT

Key Words: *Treatment-CBT, Evidence-Based Practice, Treatment-Other*

Despite the fact that cognitive behavior therapy (CBT) is widely recognized as one of the world's most effective psychosocial interventions for a variety of clinical problems, a recent review of meta-analyses of CBT yielded response rates of 38 to 82%, indicating a need for optimization. To mitigate this problem tests of augmented versions of CBT are now underway, developed through translation of empirical findings and neuroscience. This lively panel will discuss the rationale for and use of current augmentation strategies. O'Connor and colleagues will present the inference based approach, which targets doubts and has been successfully combined with CBT for treatment of OCD, body dysmorphic, hoarding and eating disorders. Hovland will discuss the rationale for augmenting CBT with physical exercise for treatment of anxiety disorders; and how to successfully extend this strategy to older patients with comorbid cognitive decline. Mohlman will provide

an overview of cognitive training and enhancement strategies for potentiating CBT, and the hypothesized mechanisms of this combined approach. Goldin will discuss brain and behavioral findings of CBT augmented with meditation practices that modify cognitive reappraisal and views of self to increase long-term treatment outcome in socially anxious adults. Last, Fang will present the rationale and success of augmenting CBT with the hormone oxytocin, and methodological issues associated with administering intranasal oxytocin in clinical trials. Hitchcock will moderate the discussion, connecting the panel's work to neural and decision sciences and identifying overarching concepts across these seemingly disparate strategies.

Goals of this discussion are to 1) familiarize clinicians and researchers with CBT augmentation strategies; 2) discuss the theoretical rationale and pragmatic elements of each; 3) present directions for future work. The final 15 minutes are reserved for audience Q and A.

3:30 p.m. – 5:00 p.m.

networking

Taft, Mezzanine Level

SIG Meeting

Bipolar Disorder

Key Words: Bipolar disorder, Depression, Severe Mental Illness

This year's meeting will focus on the exchange of ideas related to advancement of bipolar disorders research, particularly within the context of identified gaps in the literature, shifting funding priorities, and clinical need. Opportunities will be available for networking to promote collaborative projects. The remainder of the meeting will focus on SIG business, including presentation of the Johnson Youngstrom Prize for Outstanding Student Poster.

3:30 p.m. – 5:00 p.m.

networking

Taylor, Mezzanine Level

SIG Meeting

Child Maltreatment and Interpersonal Violence

Key Words: Child Trauma/Maltreatment, Intimate partner aggression, Violence and Sexual Assault

We will conduct elections as well as announce the winners of the Neil S. Jacobson Student Poster Award and the Deborah J. Rhatigan Early Career Award. We will hold a membership networking session for students and early career members to meet with mid-career and senior members to discuss both research partnerships and career development.

Research and Professional Development 4

Disseminating Psychology in a Post-Truth and Anti-Science World: How to Communicate Science Directly to the Public

MODERATOR: *Mitchell J. Prinstein, ABPP, Ph.D.*, University of North Carolina at Chapel Hill

PANELISTS: *Mitchell J. Prinstein, ABPP, Ph.D.*, University of North Carolina at Chapel Hill

Stephen Hinshaw, Ph.D., University of California at Berkeley

Joanne Davila, Ph.D., Stony Brook University

Anne Marie Albano, Ph.D., ABPP, Columbia University Medical Center

Dean McKay, ABPP, Ph.D., Fordham University

Earn 1.5 continuing education credits

Primary Category: Professional / Interprofessional Issues

Key Words: *Professional Development*

We live in a troubling world. Psychological science may be needed now more than ever to address increasing rates of mental illness and stigma against oppressed groups. It is therefore imperative that psychologists who represent the science of our discipline communicate directly with the public. Unfortunately, academics who produce psychological science typically are not trained in media communication or in writing for a lay audience. Consequently, psychologists are less likely than other scientists to initiate contact with journalists, respond effectively to reporters' questions, or produce original works for a lay audience (e.g., op-ed pieces, trade publications). Ironically, psychological science may have more relevance to the daily readership of many media outlets than other sciences, and thus it behooves us, and the populations we serve, to educate one another in media engagement. Indeed, media attention often leads to increased funding opportunities and influence policy discussions. This panel discussion aims to address these critical gaps. Including five clinical psychological scientists with experience in media interaction, this panel will cover the pros and cons of media interactions, common pitfalls, and opportunities to improve science dissemination. Each panelist (Stephen Hinshaw, Anne Marie Albano, Dean McKay, Joanne Davila, and Mitch Prinstein) is well-known for their scientific contributions to the psychology literature as well as in broadcast video/audio media, written op-eds or web-based consumer pieces, and nonfiction trade books, offering a range of media opportunities to discuss. Panelists will discuss a variety of essential media skills, including: (a) basic media training skills; (b) pitching and writing original op-ed/consumer-oriented web-based pieces; (c) gaining "generated" vs. "earned" media for research; (d) working

with a literary agent; (e) preparing a trade publication proposal; (f) engaging publicists and marketing professionals; and (g) communicating psychological science within the media.

You will learn:

- Learn introductory media training skills
- Learn about various types of media interactions, including work with journalists, writing original consumer-based pieces, and nonfiction books
- Learn details about the trade publication process, offering step-by-step guidance and advice
- Understand the barriers to media work within the field, and discuss possible solutions to help disseminate science directly to the public

3:30 p.m. – 5:00 p.m.

Marriott Balcony A, Mezzanine Level

Symposium 41

Challenges and Opportunities In Conducting Research With Suicidal Older Adults

CHAIR: *Dimitris Kiosses, Ph.D.*, Weill Cornell Medicine

DISCUSSANT: *Dora Kanellopoulos, Ph.D.*, Weill Cornell Medicine

Earn 1.5 continuing education credits

Primary Category: Aging and Older Adults

Key Words: *Suicide, Aging / Older Adults, Depression*

Recruiting Suicidal Older Adults for a Psychosocial Intervention After Hospitalization

Laurie Evans, M.S., Weill Cornell Medicine

Theresa Ebo, M.A., Weill Cornell Medicine

Joanna Pantelides, B.S., Weill Cornell Medicine

Psychosocial Interventions for Patients Hospitalized for Suicidality

Theresa Ebo, M.A., Weill Cornell Medicine

Joanna Pantelides, B.S., Weill Cornell Medicine

Dalynah Maldonado, M.S., Weill Cornell Medicine

Dimitris Kiosses, Ph.D., Weill Cornell Medicine

Conducting Psychotherapy for Vulnerable Older Adults With High Suicide Risk

Amy Stern, LCSW, Weill Cornell Medicine

Jody Monkovic, LCSW, Weill Cornell Medicine

Robin Hershkowitz, LCSW, Weill Cornell Medicine

Rebecca Bent, LMSW, Weill Cornell Medicine

WellPATH: ER App to Reduce Suicide Risk in Patients at High Risk

David Putrino, Ph.D., Ican School of Medicine at Mount Sinai

Dimitris Kiosses, Ph.D., Weill Cornell Medicine

Elizabeth Arslanoglou, B.A., Weill Cornell Medicine

Interventions for Older Adults With Depression/Cognitive Impairment in Hospitalizations

Dimitris Kiosses, Ph.D., Weill Cornell Medicine

Elizabeth Arslanoglou, B.A., Weill Cornell Medicine

Dora Kanellopoulos, Ph.D., Weill Cornell Medicine

Dalynah Maldonado, M.S., Weill Cornell Medicine

3:30 p.m. – 5:00 p.m.

Madison B, Mezzanine Level

Symposium 42

Digital Platforms for Youth With Psychosis: A Focus on Engagement and Treatment

CHAIR: *Michelle H. Lim, Ph.D., Swinburne University of Technology*

DISCUSSANT: *David L. Penn, Ph.D., University of North Carolina at Chapel Hill*

Earn 1.5 continuing education credits

Primary Category: Schizophrenia / Psychotic Disorders

Key Words: *Technology, Psychosis / Psychotic Disorders, Schizophrenia*

Using Digital Media Advertising in Early Psychosis Intervention

Michael L. Birnbaum, M.D., Zucker Hillside Hospital, Psychiatry Research

Chantel Garrett, B.S., Strong 365

Asra F Rizvi, Zucker Hillside Hospital, Psychiatry Research

Amit Baumel, Ph.D., Zucker Hillside Hospital, Psychiatry Research

Whitney Muscat, Zucker Hillside Hospital, Psychiatry Research

John M Kane, M.D, Zucker Hillside Hospital, Psychiatry Research

Developing a Novel Peer LED Digital Intervention for Youth With Psychosis

Claire Peck, B.A., Centre for Mental Health, Swinburne University of Technology

Michelle H Lim, Ph.D., Swinburne University of Technology

Fiona Foley, BSC (Hons), Swinburne University of Technology

Neil Thomas, DPsych, Swinburne University of Technology

Feasibility of +Connect: Pilot Digital Intervention: Loneliness in Youth With Psychosis

Michelle H. Lim, Ph.D., Swinburne University of Technology

John Gleeson, Ph.D., Australian Catholic University

Thomas L. Rodebaugh, Ph.D., Washington University in St Louis

Robert Eres, Ph.D., Swinburne University of Technology

Neil Thomas, DPsych, Swinburne University of Technology

Jo Abbott, DPsych, Swinburne University of Technology

David L. Penn, Ph.D., University of North Carolina Chapel Hill

Horizons USA: Moderated Online Social Therapy for First-Episode Psychosis

Kelsey Ludwig, M.A., University of North Carolina at Chapel Hill

Halverson T, B.S., University of North Carolina Chapel Hill

Mario AlvarezJimenez, Ph.D., Orygen, The National Centre of Excellence in Youth Mental Health

John Gleeson, Ph.D., Australian Catholic University

David L. Penn, Ph.D., University of North Carolina Chapel Hill

3:30 p.m. – 5:00 p.m.

Harding, Mezzanine Level

Symposium 43

Enhancing Evidence-Based Psychotherapies Through Fidelity Assessment

CHAIR: Clara Johnson, B.A., National Center for PTSD

DISCUSSANT: Aaron Hogue, Ph.D., The National Center on Addiction and Substance Abuse

Earn 1.5 continuing education credits

Primary Category: Dissemination / Implementation

Key Words: *Treatment Integrity / Adherence / Compliance, Implementation, Measurement*

Expert Practices in Observational Coding Training Methods for Treatment Fidelity

Natalie Rodriguez-Quintana, M.P.H., Indiana University

Madison R. Walker, B.S., Centerstone Research Institute

Cara C. Lewis, Ph.D., Indiana University, University of Washington & Kaiser Permanente Washington Health Research Institute

Role-Play Assessment for Measuring Trauma-Focused CBT Fidelity

Brigid Marriott, B.S., University of Missouri

Evelyn Cho, M.A., University of Missouri

Siena Tugendrajch, B.S., University of Missouri

J. Curtis McMillen, Ph.D., The University of Chicago

Enola K. Proctor, Ph.D., Center for Dissemination and Implementation at the Institute for Public Health

Kristin M. Hawley, Ph.D., University of Missouri

Developing a Method to Score CBT Fidelity Based on Worksheets

Clara Johnson, B.A., National Center for PTSD

Heidi La Bash, Ph.D., National Center for PTSD

Luana Marques, Ph.D., Harvard Medical School & Community Psychiatry Program for Research in Implementation and Dissemination of Evidence-Based Treatment at MGH

Torrey Creed, Ph.D., University of Pennsylvania/The Beck Community Initiative

Cassidy A. Gutner, Ph.D., Boston University School of Medicine & National Center for PTSD

Robert J. deRubeis, Ph.D., University of Pennsylvania

Eric Kuhn, Ph.D., National Center for PTSD & Stanford University

Kera Mallard, B.A., National Center for PTSD

Nicholas Affrunti, Ph.D., University of Pennsylvania

Caroline A. Canale, B.A., Boston University School of Medicine & National Center for PTSD

Soo J. Youn, Ph.D., Harvard Medical School & Community Psychiatry Program for Research in Implementation and Dissemination of Evidence-Based Treatment at MGH

Shannon Wiltsey Stirman, Ph.D., National Center for PTSD & Stanford University

Distilling the Core Elements of Family Therapy for Adolescent Substance Use

Craig Henderson, Ph.D., Sam Houston State University

Molly Bobek, LCSW, The National Center on Addiction and Substance Abuse

Sarah Dauber, Ph.D., The National Center on Addiction and Substance Abuse

Aaron Hogue, Ph.D., The National Center on Addiction and Substance Abuse

Thurgood Marshall North, Mezzanine Level

Symposium 44

Innovating Mental Health Science With an Ecological Momentary Approach: Applications to Clinical Samples, Treatment Data, and Treatment Delivery

CHAIR: *Kieun Shin, M.S., The Pennsylvania State University*

DISCUSSANT: *Nader Amir, Ph.D., San Diego State University*

Earn 1.5 continuing education credits

Primary Category: Technology

Key Words: *Ecological Momentary Assessment, Methods, Telehealth & Internet Interventions*

Emotion Regulation Strategy: Sample Momentary Affect and Internalizing Symptoms

Tierney P. McMahon, M.A., University at Buffalo, The State University of New York

Kristin Naragon-Gainey, University at Buffalo

Daily Anxiety Ratings: Time-Varying Moderation of Treatment Outcomes in GAD

Kieun Shin, M.S., The Pennsylvania State University

Michelle G. Newman, Ph.D., The Pennsylvania State University

Capturing the Process of Change During Therapy Using Daily Diary Assessments

Evelien Snippe, Ph.D., University Medical Center Groningen

Ivan Nyklicek, Tilburg University

Marieke Wichers, University of Groningen

Smartphone Treatment Mechanisms: Untrue Worries in a GAD Intervention

Lucas LaFreniere, M.S., The Pennsylvania State University

Michelle G. Newman, Ph.D., The Pennsylvania State University

Using Online Interventions to Treat GAD Among Indian University Students

Michelle G. Newman, Ph.D., The Pennsylvania State University

Nitya Kanuri, B.A.

Nicholas Jacobson, M.A., Penn State University

C. Barr Taylor, M.D., Stanford University and Palo Alto University Consortium

Thurgood Marshall South, Mezzanine Level

Symposium 45

**CBT for Anxiety and Emotion Dysregulation in ASD:
New Tools and Clinical Trials**

CHAIR: *Connor M. Kerns, Ph.D.*, Drexel University

DISCUSSANT: *Judy Reaven, Ph.D.*, University of Colorado Anschutz Medical
Campus

Earn 1.5 continuing education credits

Primary Category: Autism Spectrum and Developmental Disorders

Key Words: *Clinical Trial, Developmental Disabilities, Anxiety*

Standard and Adapted CBT and Usual Care for Anxiety in Youth With Autism

Jeffrey J. Wood, Ph.D., UCLA

Philip C. Kendall, Ph.D., Temple University

Karen Wood, Ph.D., University of California Los Angeles

Connor M. Kerns, Ph.D., Drexel University

Brent Small, Ph.D., University of South Florida

Adam Lewin, Ph.D., University of South Florida

Eric A. Storch, Ph.D., Baylor College of Medicine

Standard and Adapted CBT and Usual Care for Anxiety in Youth With Autism

Connor M. Kerns, Ph.D., Drexel University

Brent Small, Ph.D., University of South Florida

Jeffrey J. Wood, Ph.D., University of California Los Angeles

Philip C. Kendall, Ph.D., Temple University

Eric A. Storch, Ph.D., Baylor College of Medicine

Adam Lewin, Ph.D., University of South Florida

Decreasing Anxiety and Depression Among ASD Adolescents and Young Adults

Caitlin M. Conner, Ph.D., University of Pittsburgh School of Medicine

Susan W. White, Ph.D., Virginia Tech

Kelly Beck, Ph.D., University of Pittsburgh

Carla Mazefsky, Ph.D., University of Pittsburgh College of Medicine

Neural Mechanisms of CBT for Anxiety in Children With ASD

Denis G. Sukhodolsky, Ph.D., Yale University

Denis G. Sukhodolsky, Ph.D., Yale University

Theresa R. Gladstone, Yale University

Carolyn L. Marsh, Yale University

Karim Ibrahim, PsyD, Yale University

Kevin Pelphey, Ph.D., George Washington University

3:30 p.m. – 5:00 p.m.

Virginia B, Lobby Level

Symposium 48

Understanding and Addressing Substance Use and Related Psychological Barriers to HIV Prevention and Treatment among Men Who Have Sex with Men

CHAIR: *Abigail W. Batchelder, M.P.H., Ph.D.*, Massachusetts General Hospital/ Harvard Medical School

DISCUSSANT: *Steven A. Safren, Ph.D.*, University of Miami

Earn 1.5 continuing education credits

Primary Category: Gay / Lesbian / Bisexual / Transgender Issues

Key Words: *HIV / AIDS, Substance Abuse, LGBTQ+*

Stigmas of HIV Self-Care Among Men With Men Sex Who Use Substances

Abigail W. Batchelder, M.P.H., Ph.D., Massachusetts General Hospital/ Harvard Medical School

Aron Thiim, B.A., The Fenway Institute

Elsa Sweek, M.A., Massachusetts General Hospital

Conall O’Cleirigh, Ph.D., Massachusetts General Hospital

PTSD and Current Alcohol Use Through Negative Cognitions in Sexual-Minority Men

Conall O’Cleirigh, Ph.D., Massachusetts General Hospital/ Harvard Medical School

Nikhil Banerjee, M.S., University of Miami

Gail Ironson, Ph.D., M.D., University of Miami

PTSD and Crystal Methamphetamine Use in MSM With Childhood Sexual Abuse Histories

Calvin Fitch, M.S., University of Miami & Massachusetts General Hospital

Gail Ironson, Ph.D., M.D., University of Miami

Conall O’Cleirigh, Ph.D., Massachusetts General Hospital

Pain and Substance Use Disorders Among Older HIV-Infected Sexual-Minority Men

Wade Taylor, Ph.D., Wheelock College

Abigail W. Batchelder, Ph.D., M.P.H., Harvard Medical School

Samantha Marquez, MSW, The Fenway Institute, Fenway Health

Steven A. Safren, Ph.D., University of Miami

Conall O'Cleirigh, Ph.D., Massachusetts General Hospital

Social Anxiety, Alcohol Use, and HIV Prevention for HIV-Negative Gay and Bisexual Men

Trevor A. Hart, Ph.D., C.Psych, Ryerson University

Syed Noor, Ph.D., M.P.H., Ryerson University

Julia Vernon, B.A., Ryerson University

Martin M. Antony, Ph.D., Ryerson University

Conall O'Cleirigh, Ph.D., Massachusetts General Hospital

3:30 p.m. – 5:00 p.m.

Thurgood Marshall East, Mezzanine Level

Symposium 46

Transdiagnostic Group Psychotherapy for Children and Adolescents

CHAIR: *Nina Shiffrin, Ph.D., Alvord Baker & Associates*

DISCUSSANT: *Mary K. Alvord, Ph.D., Alvord Baker & Associates*

Earn 1.5 continuing education credits

Primary Category: Transdiagnostic

Key Words: *Transdiagnostic, Group Therapy, Child*

UP for Transdiagnostic Treatment of Emotional Disorders in Children

Jill Ehrenreich-May, Ph.D., University of Miami

Sarah Kennedy, Ph.D., Children's Hospital Colorado

Emily Bilek, Ph.D., University of Michigan

Niza A. Tonarely, M.S., University of Miami

Jamie Sherman, M.S., University of Miami

Dialectical Behavior Therapy for Multiproblem Adolescents

Kelly Graling, Ph.D., Cognitive Behavioral Consultants

Chad Brice, Ph.D., Cognitive and Behavioral Consultants

Alec L. Miller, Psy.D., Cognitive and Behavioral Consultants, LLC

Transdiagnostic Group Behavioral Activation and ET for Youth Anxiety and Depression

Brian C. Chu, Ph.D., Rutgers University

Sofia Crocco, Psy.M., Department of Clinical Psychology, Graduate School of Applied and Professional Psychology, Rutgers University

Petra Esseling, M.A., Department of Clinical Psychology, Graduate School of Applied and Professional Psychology, Rutgers University

Margaret J Areizaga, PsyD, Manhattan Psychology Group, PC

Alison Lindner, Ph.D., UW-Madison Wisconsin Center for Education Research

Laura C. Skriner, Ph.D., Rutgers Graduate School of Applied and Professional Psychology

Transdiagnostic Group Therapy for Disadvantaged Minority Youth in School Settings

Brendan A. Rich, Ph.D., Catholic University of America

Colleen Cummings, Ph.D., Alvord Baker & Associates

Nina Shiffrin, Ph.D., Alvord Baker & Associates

Anahi Collado, Ph.D., Alvord Baker & Associates

Melissa Zarger, M.A., Alvord Baker & Associates

Kristyn N. Donohue, B.S., Catholic University of America

Christopher J Senior, B.A., Catholic University of America

Sheina A Godovich, B.A., Alvord Baker & Associates

Mary K. Alvord, Ph.D., Alvord Baker & Associates

Thurgood Marshall West, Mezzanine Level

Symposium 47

Mechanisms of Behavior Change in the Treatment of Alcohol and Other Substance Use Disorders: Disseminating CBT Research Protocols

CHAIR: *Brett T. Hagman, Ph.D.*, National Institute on Alcohol Abuse and Alcoholism

DISCUSSANT: *Barbara McCrady, Ph.D.*, University of New Mexico

Earn 1.5 continuing education credits

Primary Category: Addictive Behaviors

Key Words: *Alcohol, Dissemination, Substance Abuse*

Computer-Delivered CBT For Alcohol Use: Identifying Mechanisms of Behavior Change

Brian D. Kiluk, Ph.D., Yale School of Medicine

Tami Frankforter, Ph.D., Yale University

Charla Nich, Yale University

Kathleen Carroll, Ph.D., Yale University

Meta-Analytic Report: Evolution of CBT for Alcohol and Drug Use Disorders

Molly Magill, Ph.D., Brown University

Brian D. Kiluk, Ph.D., Yale University

M. Berstein, Ph.D., Brown University

J. Walthers, Ph.D., Brown University

A. Hoadley, Brown University

J.S. Tonigan, Ph.D., University of New Mexico

Behavior Change Underlying AUD Treatment Research Assessment Reactivity

Patrick Clifford, Ph.D., Rutgers University

Christine Davis, Ph.D., Rutgers University

Stephen Maisto, Ph.D., Syracuse University

Robert Stout, Ph.D., Pacific Institute for Research and Evaluation

Alcohol Use Disorder Interventions: Comparability Hypothesis and Purported MoBC

Stephen Maisto, Ph.D., Syracuse University

Patrick Clifford, Ph.D., Rutgers University

Christine Davis, Ph.D., Rutgers University

Robert Stout, Ph.D., Pacific Institute for Research and Evaluation

Dezarie Moskal, M.A., Syracuse University

Symposium 49

Novel Methods in Clinical Psychology

CHAIR: *Alessandro De Nadai, Ph.D.*, Texas State University

DISCUSSANT: *Scott Baldwin, Ph.D.*, Brigham Young University

Earn 1.5 continuing education credits

Primary Category: Research Methods and Statistics

Key Words: *Statistics, Research Methods, Technology*

Recursive Partitioning of Network Models: A Statistical Approach to Network Analysis

Payton Jones, B.S., Harvard University

Thorsten Simon, University of Innsbruck

Achim Zeleis, University of Innsbruck

Patrick Mair, Harvard University

Ideographic Dynamic Factor Models of Affect in a Transdiagnostic Sample

Nicholas Jacobson, M.A., Harvard Medical School/Massachusetts General Hospital
and The Pennsylvania State University

Michelle G. Newman, Penn State University

Is Test-Retest Reliability an Analysis of Choice for Repeatability? Bland-Altman Tests

Hanjoo Kim, M.S., The Pennsylvania State University

Michelle G. Newman, Penn State University

Interpersonal and Affective Mechanisms in the Treatment of SAD

Lance M. Rappaport, Virginia Commonwealth University

Jennifer Russell, McGill University

Pierre Bleau, McGill University

Gilbert Pinard, McGill University

Debbie Moskowitz, McGill University

Symposium 50

Some Harm in Looking: Implications of Pornography Use for Relationship and Sexual Outcomes

CHAIR: *Charlie Huntington, B.A., University of Denver*

DISCUSSANT: *Sarah W. Whitton, Ph.D., University of Cincinnati*

Earn 1.5 continuing education credits

Primary Category: Couples / Close Relationships

Key Words: *Couples / Close Relationships, Sexuality, Technology*

Pornography Viewing and Marriage and Relationship Expectations in Adolescents

Charlie Huntington, B.A., University of Denver

Galena Rhoades, University of Denver

Romantic Relationship Pornography Consumption: Perceived Partner Acceptance

Ingrid Sotano, M.A., Stony Brook University

Does Viewing Sexually Explicit Material Influence Public Health Risk Behaviors?

Scott R. Braithwaite, Ph.D., Brigham Young University

Krista K. Dowdle, M.S., Brigham Young University

Zachary J. Blackhurst, Brigham Young University

Sean C Aaron, Brigham Young University

Frank Fincham, Ph.D., Florida State University

Effects of Solo and Joint Use of Sexually Explicit Material in Committed Relationships

Ronald D. Rogge, Ph.D., University of Rochester

Amanda Shaw, Ph.D., University of Rochester

Pornography Consumption and Sexual Sensation Seeking Across Multiple Time Lags

Charlotte R. Esplin, B.S., Brigham Young University

Gabe Hatch, B.S., Brigham Young University

Scott R. Braithwaite, Ph.D., Brigham Young University

Symposium 51

Thinking Beyond the Individual: Family Impacts of PTSD and Its Treatment

CHAIR: *Stefanie T. LoSavio, Ph.D.*, Duke University Medical Center

DISCUSSANT: *Steffany J. Fredman, Ph.D.*, The Pennsylvania State University

Earn 1.5 continuing education credits

Primary Category: PTSD

Key Words: *Trauma, Parenting, Families*

A Longitudinal Dyadic Analysis of PTSD Symptoms and Family Aggression

Amy D. Marshall, Ph.D., The Pennsylvania State University

Yunying Le, M.S., The Pennsylvania State University

Steffany J. Fredman, Ph.D., The Pennsylvania State University

Emily Taverna, B.A., The Pennsylvania State University

Mark Feinberg, Ph.D., The Pennsylvania State University

Damon Jones, Ph.D., The Pennsylvania State University

Child and Parenting Outcomes of Parents' Receipt of CPT for PTSD

Stefanie T. LoSavio, Ph.D., Duke University Medical Center

Kirsten Dillon, Ph.D., Durham VA Medical Center

Robin Gurwitch, Ph.D., Duke University Medical Center

Robert Murphy, Ph.D., Duke University Medical Center

Patricia Resick, Ph.D., Duke University Medical Center

Do Couple-Based Treatments for PTSD Improve the Lives of Children?

Kathleen M. Chard, Ph.D., Cincinnati VA Medical Center

Rich Gilman, Ph.D., Cincinnati Children Hospital Medical Center

PTSD and Parenting Stress: National Guard Families With Postdeployment Intervention

Tessa K. Kritikos, M.A., Boston University

Julianne Vikse Nicholson, MSW, Boston University School of Social Work

Fatima M. Mufti, M.A., Boston University Department of Psychological and Brain Sciences

Martha C. Tompson, Ph.D., Boston University Department of Psychological and Brain Sciences

Ellen R. DeVoe, Ph.D., Boston University School of Social Work

Symposium 52

Innovations in the Treatment of ADHD in College Students

CHAIRS: *Andrea Chronis-Tuscano, Ph.D.*, University of Maryland- College Park

Michael Meinzer, Ph.D., University of Maryland- College Park

DISCUSSANT: *George J. DuPaul, Ph.D.*, Lehigh University

Earn 1.5 continuing education credits

Primary Category: ADHD - Adult

Key Words: *ADHD - Adult, College Students, Treatment-CBT*

Brief Intervention for College Students With ADHD and Problematic Drinking

Michael Meinzer, Ph.D., University of Maryland- College Park

Andrea Chronis-Tuscano, Ph.D., University of Maryland

John M. Vasko, M.P.S., University of Maryland

Lauren E. Oddo, B.A., University of Maryland

James G. Murphy, Ph.D., University of Memphis

Carl W. Lejuez, Ph.D., University of Kansas

Organization, Time Management, and Study Skills in College Students With ADHD

Cynthia M. Hartung, Ph.D., University of Wyoming

Will H. Canu, Ph.D., Appalachian State University

Judah W. Serano, M.Ed., University of Wyoming

Patrick A. LaCount, M.S., University of Wyoming

Anne E. Stevens, M.A., University of Wyoming

Tara W. Clapp, M.S., University of Wyoming

Christopher R. Shelton, M.A., University of Wyoming

Cognitive-Behavioral Intervention: Executive Function in College Students With ADHD

Mary Solanto, Ph.D., Hofstra-Northwell School of Medicine

Anouk Scheres, Ph.D., Radbound University

Efficacy of Group CBT and Mentoring Program for College Students With ADHD

Arthur Anastopoulos, Ph.D., University of North Carolina at Greensboro

Joshua M. Langberg, Ph.D., Virginia Commonwealth University

Kristin A. King, Ph.D., University of North Carolina at Greensboro

Laura H. Besecker, Ph.D., University of North Carolina at Greensboro

3:30 p.m. – 4:30 p.m.

Lincoln 2, Exhibition Level

Symposium 53

Disclosure and Help-Seeking After Interpersonal Violence: Understanding the Role of Social Responses in Improving Survivors' Outcomes and Access to Care

CHAIR: *CJ E. Fleming, Ph.D., Elon University*

DISCUSSANT: *Kathleen Palm Reed, Ph.D., Clark University*

Earn 1.5 continuing education credits

Primary Category: Violence / Aggression

Key Words: *Violence / Sexual Assault, Technology, PTSD (Posttraumatic Stress Disorder)*

Undergrad Disclosures After Unwanted Sexual Experiences: Patterns and Predictors

CJ E. Fleming, Ph.D., Elon University

Assessing Social Reactions to Disclosures of Sexual Victimization on Twitter

Katherine Bogen, B.A., Alpert Medical School of Brown University

Kaitlyn Bleiweiss, B.S., Alpert Medical School of Brown University

Lindsay Orchowski, Ph.D., Alpert Medical School of Brown University

In-Person and Cyber Unwanted Pursuit Behavior and PTSD in Undergraduate Women

Christina Dardis, Ph.D., Towson University

Katie Davin, B.A., Towson University

Stephanie Lietzau, Towson University

Catherine V. Strauss, M.S., Ohio University

Christine A. Gidycz, Ph.D., Ohio University

Washington 1, Exhibition Level

Membership Panel Discussion 2

**Graduate School In Psychology and Social Work:
Getting In and Making It Work**

Debora J. Bell, Ph.D., University of Missouri - Columbia

Karen Christoff, Ph.D., University of Mississippi

Martin M. Antony, Ph.D., Ryerson University

Eva Feindler, Ph.D., Long Island University

David Hansen, Ph.D., University of Nebraska

Andre Ivanoff, Ph.D., Columbia University

Cynthia L. Battle, Ph.D., Alpert Medical School of Brown University

Mitchell J. Prinstein, ABPP, Ph.D., University of North Carolina at Chapel Hill

Earn 2 continuing education credits

Basic to moderate level of familiarity with the material

Primary Category: Education and Training

Key Words: *Education, Graduate School, Professional Development*

This session brings together the perspectives of well-established graduate program directors, faculty mentors, and current graduate students to provide useful information about graduate school to prospective and early-career graduate students, as well as the opportunity for attendees to interact with directors of specific graduate programs. The panelists include representatives from US clinical psychology Ph.D. and Psy.D. programs, Canadian Ph.D. programs, and US Social Work programs. Panelists will provide information about the graduate school application process, including, how undergraduate students and other prospective applicants can: (1) select a graduate degree and graduate program that meets their training and career goals, (2) best prepare themselves to be successful applicants to graduate programs, and (3) effectively navigate the application process. Panelists will also discuss how, once enrolled in graduate school, students can capitalize on the skills that got them there by focusing on their work ethic, love of learning, passion for research or practice, and channel those skills to build a vita and set of experiences that will prepare them for success at each future step of their graduate training and careers. The panel will be followed by a question and answer session and by a “Graduate Programs on Parade” session where representatives of graduate programs (typically 30-35 programs) will be available to discuss their particular programs with interested applicants.

Symposium 54

Sleep Disturbance as a Transdiagnostic Factor in Anxiety-Related Processes

CHAIR: *Rebecca Cox, M.A., Vanderbilt University*

DISCUSSANT: *Colleen Carney, Ph.D., Ryerson University*

Earn 1.5 continuing education credits

Primary Category: Adult Anxiety - General

Key Words: *Adult Anxiety, Sleep, Transdiagnostic*

Time of Day Effects on Relationship Between Daily Sleep and Anxiety: An EMA

Rebecca Cox, M.A., Vanderbilt University

Sonya Sterba, Ph.D., Vanderbilt University

David A. Cole, Ph.D., Vanderbilt University

Raghu Upender, MD, Vanderbilt University Medical Center

Bunmi Olatunji, Ph.D., Vanderbilt University

Intraindividual Sleep Variability: Functioning in Anxious and Nonanxious Children

Christine So, M.A., University of Houston

Candice Alfano, Ph.D., University of Houston

The Mediating Role of Distress Tolerance

Nicole A. Short, M.Sc., Florida State University

Norman Schmidt, Ph.D., Florida State University

AS and Cigarette Smoking Level in Sleep Onset Latency Among Adolescents

Rebecca Campbell, B.S., University of Arkansas

Sarah Bilsky, MA, University of Arkansas

Matthew Feldner, Ph.D., University of Arkansas

Ellen Leen-Feldner, Ph.D., University of Arkansas

Increased OCD Symptom Severity, Poorer Cognitive Functioning, and Outcomes

Jacob Nota, Ph.D., Harvard Medical School/McLean Hospital

Sriramya Pothuri, B.A., McLean Hospital

Jason Krompinger, Ph.D., McLean Hospital

Jason Elias, Ph.D., McLean Hospital

Master Clinician Seminar 4

ticket

Regret: A Cognitive-Behavioral Therapy Approach

Robert L. Leahy, Ph.D., American Institute for Cognitive Therapy

Earn 2 continuing education credits

Basic to Moderate level of familiarity with the material

Primary Category: Adult Depression / Dysthymia

Key Words: *Adult Depression, Rumination, Cognitive Processes*

FRIDAY

Although regret is a central element in depression, procrastination, indecision, self criticism, worry, rumination and avoidance, it has received little attention in the CBT literature. In contrast regret has been a focus in decision theory and research indicating that when people make decisions they often anticipate the possibility of post-decision regret and, therefore, attempt to minimize this experience. Regret is not always a negative process. Insufficient regret processes result in impulsive behavior and failure to learn from past decisions. During manic episodes there is under-utilization of anticipatory regret. We will view regret as a self-regulatory process where too much regret or too little regret may be problematic. Although people often believe that they will more likely regret taking new action, research indicates over time there is greater regret for actions not taken. Affective forecasting—that is, overprediction of emotion following events in the future—often contributes to anticipatory regret, with predictions leading to beliefs in greater impact of events than is warranted by the facts. In addition, some decision makers have idealized beliefs about decisions, rejecting ambivalence as an inevitable part of the tradeoffs underlying decision making under uncertainty. Specific decision styles are more likely to contribute to regret, including maximization, emotional perfectionism, intolerance of uncertainty, and over-valuation of “more” information rather than relevant information. In this presentation we will examine how regret is linked to hindsight bias, maximization rather than satisfaction strategies, intolerance of uncertainty, rejection of ambivalence, refusal to accept tradeoffs, excessive information demands and ruminative processes. Specific techniques will be elaborated to balance regret with acceptance, present utility, and flexibility to enhance more pragmatic decision processes, reverse ruminative focus on the past and replace self-criticism with adaptive self correction.

You will learn:

- Identify the role of anticipatory and retrospective regret in decision making and how this impacts procrastination, risk aversion, indecision, rumination, and self-criticism;
- Explain how to assist clients in accepting uncertainty and risk in order to make more pragmatic and effective decisions;
- Describe how to assist clients in reducing postdecision regret, self-criticism and rumination and accept tradeoffs in making decisions while enhancing satisfaction with imperfect outcomes.

Recommended Readings: Bell, D.E. (1982). Regret in decision making under uncertainty. *Operations Research*, 30, 961-981. Leahy, R.L. (2015). *Emotional Schema Therapy: A practitioner's guide*. New York: Guilford. Leahy, R.L. (2017). *Cognitive therapy techniques* (2nd ed.). New York: Guilford. Roese, N. J., & Summerville, A. (2005). What we regret most ... and why. *Personality and Social Psychology Bulletin*, 31, 1273-1285. doi:10.1177/0146167205274693. Zeelenberg, M., & Pieters, R. (2007). CA Theory of Regret Regulation. *Journal of Consumer Psychology*, 17(1), 3-18.

5:30 p.m. – 6:30 p.m.

Delaware Suite (A & B Combined), Lobby Level

Awards Ceremony

Congratulations to the 2018 ABCT Award Recipients

Career/Lifetime Achievement:

Linda C. Sobell, Ph.D., ABPP, Nova Southeastern University

Mark B. Sobell, Ph.D., ABPP, Nova Southeastern University

Outstanding Mentor:

Ricardo F. Muñoz, Ph.D., Palo Alto University

Midcareer Innovator:

Shannon Wiltsey Stirman, Ph.D., National Center for PTSD and Stanford University

Outstanding Service to ABCT:

Former *Behavior Therapy* Editors *Richard G. Heimberg, Ph.D., Temple University; Thomas H. Ollendick, Ph.D., Virginia Polytechnic Institute and State University; and Michelle G. Newman, Ph.D., Pennsylvania State University*

Distinguished Friend to Behavior Therapy:

Joel Sherrill, Ph.D., Division of Services and Intervention Research NIMH

Anne Marie Albano Early Career Award:

Joseph McGuire, Ph.D., Johns Hopkins University School of Medicine

Virginia A. Roswell Student Dissertation Award:

Gabriela K. Khazanov, Ph.D., University of Pennsylvania

Leonard Krasner Student Dissertation Award:

Eric Lee, M.A., Utah State University

John R. Z. Abela Student Dissertation Award:

Joanna Kim, M.A., University of California, Los Angeles

President's New Researcher:

Ryan Shorey, Ph.D., University of Wisconsin-Milwaukee

Elsie Ramos Memorial Student Poster Awards:

Emma Brett, Oklahoma State University

Jonah Meyerhoff, University of Vermont

Kristen E. Frosio, Oklahoma State University

Student Travel Award:

Lillian Reuman, University of North Carolina at Chapel Hill

2018 Student Research Grant Recipients:

Laurel D. Sarfan, Miami University (Ohio)

Honorable Mention: *Daniel P. Moriarity, Temple University*

ADAA Career Development Leadership Program 2018 Recipients:

Shannon M. Blakey, M.S., University of North Carolina at Chapel Hill

Martha Falkenstein, Ph.D., McLean Hospital/Harvard Medical School

6:30 p.m. – 8:30 p.m.

Marriott Ballroom 1, 2 & 3, Lobby Level

Friday Night Welcome Party and SIG Expo

Come and join your colleagues and friends at the first official networking event of the Convention. Enjoy this terrific opportunity to find like-minded colleagues at the Special Interest Groups tables. Each SIG selects poster presentations submitted by their members on their topic or population. You will get to speak with young researchers doing the most up-to-the-minute studies. See the program addendum, distributed at the Convention Registration Desk along with your printed program book, for a complete listing of titles and authors. Everyone attends, so be on the lookout for that friend from grad school—or that interesting person you met at last year's ABCT conference. Support the ABCT Student Awards by participating in the "Secure Our Future" fundraiser in conjunction with the Welcome Cocktail Party and SIG Expo. All donations, in any amount, are greatly appreciated.

Saturday

8:00 a.m. – 10:00 a.m.

Washington 6, Exhibition Level

ticket

Master Clinician Seminar 5

Mindfulness-Based Interventions in Treatment of Substance Use Disorders

Katie Witkiewitz, Ph.D., University of New Mexico

Earn 2 continuing education credits

Basic to moderate level of familiarity with the material

Primary Category: Substance Use Disorders

Key Words: *Addictive Behaviors, Substance Abuse, Mindfulness-Based Treatment*

This seminar provides an introduction to mindfulness-based interventions to increase awareness of triggers and automatic reactions in the service of reducing heavy drinking and drug use, as well as the risk of relapse to substance use following treatment. This Master Clinician Seminar will include a review of outcomes from three randomized clinical trials of mindfulness-based relapse prevention (MBRP) and our ongoing work using adaptations of MBRP in an outpatient alcohol clinic and a residential treatment facility for individuals with substance use disorder. The seminar will be experiential, providing the opportunity to learn about the intentions and principles of mindfulness-based interventions through mindfulness practices.

You will learn:

- Explain the theoretical and empirical foundations underlying a mindfulness-based approach to the treatment of substance use disorders;
- Describe the key practices, adaptations, and challenges of mindfulness practices for use with alcohol and drug users;
- Evaluate how to incorporate mindfulness-based practices into the clinical treatment of alcohol and substance use disorders and basic principles for conducting mindfulness-based intervention research.

Recommended Readings: Bowen, S., Witkiewitz, K., Clifasefi, S., Grow, J., Chawla, N., Hsu, S., . . . Larimer, M. E. (2014). Relative long-term efficacy of mindfulness-based relapse prevention, standard relapse prevention and treatment as usual for substance use disorders. *JAMA Psychiatry*, 71, 547-565. Witkiewitz, K., Bowen, S., Harrop, E., Douglas, H., Enkema, M., & Hendrickson, C. (2014). Mindfulness-based treatment to prevent addictive behavior relapse: Theoretical models and hypothesized mechanisms of change. *Substance Use and Misuse*, 49, 513-524. Witkiewitz, K., Greenfield, B. L., & Bowen, S.

(2013). Mindfulness-based relapse prevention with racial and ethnic minority women. Addictive Behaviors, 38, 2121-2824

8:00 a.m. – 9:00 a.m.

networking

McKinley, Mezzanine Level

SIG Leaders' Meeting

Special Interest Group Leaders will share activities and concerns of their groups.

SATURDAY

Workshop 9

ticket

Addressing Functional and Executive Deficits in Youth With ADHD: Evidence-Based Treatments With Individual, School, and Family Benefits

Jenelle Nissley-Tsiopinis, Ph.D., Children’s Hospital of Philadelphia, Perelman School of Medicine, University of Pennsylvania

Richard Gallagher, Ph.D. in *Clinical Psychology*, The Child Study Center of Hassenfeld Children’s Hospital, NYU Langone Health

Earn 3 continuing education credits

Moderate level of familiarity with the material

Primary Category: Child / Adolescent - Externalizing, ADHD- Child

Key Words: *ADHD - Child / Adolescent, CBT, School*

Recent major advances have been made in the psychosocial treatment of children and adolescents with ADHD. Challenges in organization, time management, and planning are one of the most prominent problems that impact individual, family, and school adjustment for youth with ADHD. Various forms of Organizational Skills Training (OST) are well-established treatments for children with ADHD (Evans et al., 2014). OST with elementary school children has wide impact in improving organization, time management, and planning which in turn contributes to improved achievement and to reduced homework problems and family conflict (Abikoff et al., 2013). OST has been fully tested for elementary school children in clinical settings with promising results being shown for adaptations for adolescents and in school settings. The manualized treatment is provided two times per week in 20 sessions to intensely alter the ways children respond to school and home demands. Conceptually, OST recognizes how the symptoms of ADHD interfere with practical execution of steps needed during school days and at home. Parents and teachers see these practical executive function deficits as a critical concern. This presentation will review the full protocol (Gallagher et al., 2014) with emphasis on child, parent, and teacher orientation and skills building in five areas: supportive parent behavior management, tracking assignments, managing materials, time management, and planning. In addition to didactics, specific exercises and role plays will be used similar to those used to train over 25 research therapists and other clinicians. Participants will learn how to collaboratively engage children so that they feel empowered and how to incorporate positive responses from parents and teachers to effectively motivate children. A substantial portion of the program will review the components of other empirically supported programs for middle school students and empirically supported and promising programs provided by school personnel. The presenters are two of the authors of the clinical intervention, the extension for middle school groups, and an adaptation of the elementary school program currently being evaluated in a randomized clinical trial.

You will learn:

- Describe the main skills deficits that over half of children with ADHD demonstrate in organization, time management, and planning;
- Explain how to evaluate candidates for treatment and how to implement all of the components of organizational skills training for children and adolescents;
- Describe how to implement treatments for children and adolescents in clinical settings and how to adapt treatment for school settings.

Recommended Readings: Abikoff H, Gallagher R, Wells KC, et al. (2013). Remediating organizational functioning in children with ADHD: Immediate and long-term effects from a randomized controlled trial. *Journal of Consulting and Clinical Psychology*, 81, 113-128. doi: 10.1037/a0029648 Sibley, M.H., Graziano, P.A., Kuriyan, A.B., Coxe, S., Pelham, W.E., Rodriguez, L.M. et al., (2016). Parent-Teen Behavior Therapy + Motivational Interviewing for Adolescents with ADHD. *Journal of Consulting & Clinical Psychology*, 84, 699-712. Evans, S.W., Owens, J.S., & Bunford, N. (2014). Evidence-based psychosocial treatments for children with Attention-Deficit/Hyperactivity Disorder. *Journal of Clinical Child and Adolescent Psychology*, 43, 527-551.

Workshop 10

ticket

Cognitive-Behavioral Therapy for Chronic Gastrointestinal Disorders

Melissa G. Hunt, Ph.D., University of Pennsylvania

Earn 3 continuing education credits

Moderate level of familiarity with the material

Primary Category: Health Psychology / Behavioral Medicine - Adult, Treatment-CBT

Key Words: *Behavioral Medicine, CBT, Health Psychology*

Gastrointestinal disorders of all kinds are exacerbated by stress and are also stressful. Irritable Bowel Syndrome (IBS) is a highly prevalent (approximately 10% of the population) functional bowel disorder that is highly co-morbid with anxiety disorders and depression and shares considerable conceptual overlap with both panic disorder and social anxiety. It also leads to considerable disability and distress. Managing these patients effectively requires a good conceptual understanding of the cognitive underpinnings of IBS as well as the kinds of avoidance behaviors (both obvious and subtle) that maintain and often exacerbate both symptoms and disability. There is significant empirical evidence supporting the use of CBT in treating IBS. The inflammatory bowel diseases (IBDs), such as Crohn's Disease and colitis, have clear biological pathophysiology, but share some of the same symptoms and can lead to heightened risk for IBS in a subset of patients. In addition, many IBD patients experience shame, avoidance and social anxiety about their condition. This workshop will cover what is known about the etiology and symptoms of IBS, how IBS patients present in clinical practice, IBS in the context of co-morbid panic and agoraphobia and/or social anxiety disorder, formulating appropriate treatment goals and basic cognitive and behavioral strategies for treating IBS, including IBS that is comorbid or secondary to a more serious IBD. Case material reflecting patients along a spectrum of severity will provide for lively discussion and acquisition of new skills and techniques. Audience participation, clinical questions and role-playing will be welcomed.

You will learn:

- Develop a case conceptualization that integrates GI disorders with any co-morbid mood or anxiety disorders.
- Recognize the unique cognitive distortions and behavioral avoidance strategies (especially dietary restrictions) tend to maintain and exacerbate distress and disability in GI disorders;
- Explain how to modify the standard CBT approach to anxiety disorders to treat GI patients effectively.

Recommended Readings: Kinsinger, S.W. (2017). Cognitive-behavioral therapy for patients with irritable bowel syndrome: current insights. *Psychology Research and Behavior*

Management, 10, 231-237. Drossman, D.A. (2016). Functional gastrointestinal disorders: History, Pathophysiology, clinical features, and Rome IV. *Gastroenterology*, 150(6), 1262-1279. Ballou, S. & Keefer, L. (2017). Psychological interventions for irritable bowel syndrome and inflammatory bowel diseases. *Clinical and Translational Gastroenterology*, 8, e214. doi:10.1038/ctg.2016.69

Marriott Balcony B, Mezzanine Level

Workshop 13

ticket

Written Exposure Therapy: Brief Treatment Approach for Post Traumatic Stress Syndrome

Brian Marx, Ph.D., Boston University School of Medicine & National Center for PTSD

Denise Sloan, Ph.D., Behavioral Science Division, National Center for PTSD

Earn 3 continuing education credits

Moderate level of familiarity with the material

Primary Category: Treatment- CBT, PTSD (Posttraumatic Stress Disorder)

Key Words: PTSD (*Posttraumatic Stress Disorder*), *Exposure*, *Evidence-Based Practice*

Although effective treatments for posttraumatic stress disorder (PTSD) are available, many of those who receive these treatments do not complete them or benefit from them even if they do complete treatment. Other research indicates that many providers do not implement these front-line treatments, even after being trained, due to time constraints and other resource limitations (e.g., Borah et al., 2013, Finley et al., 2015). Thus, there is a grave need for alternative evidence-based PTSD treatments that are better able to engage patients and that are less susceptible to the implementation barriers of the currently available treatments. One recently developed treatment that potentially meets these criteria is written exposure therapy (WET), a 5 session treatment protocol that promotes recovery through writing about the traumatic stressor as well as one's thoughts and feelings about it without any assigned homework. WET is now included in the 2017 VA/DoD PTSD Clinical Practice Guidelines as a first line treatment approach. Randomized controlled trial findings indicate that WET produces large between group effect sizes (Sloan et al., 2012; Sloan et al., 2013) and is non-inferior to Cognitive Processing Therapy, despite the substantially smaller treatment dose (Sloan et al., 2018). In contrast to other trauma-focused treatments, WET has significantly fewer treatment dropouts (e.g., 4-9%). In this workshop, we will review the development of WET and its underlying theory. Then, we will present the WET protocol and the data that support its efficacy. We will address commonly asked questions about the delivery of WET as well as solutions to clinical challenges. Finally, we will use case illustration and role-plays to demonstrate the delivery of WET.

You will learn:

- Describe the how Written Exposure Therapy was developed.
- Understand the evidence base for Written Exposure Therapy.
- Identify the core elements of Written Exposure Therapy and how to implement the treatment.

Recommended Readings: Sloan, D. M., Marx, B. P., *Lee, D. J., & Resick, P. A. (2018). A brief exposure based treatment for PTSD versus Cognitive Processing Therapy: A randomized non-inferiority clinical trial. *JAMA Psychiatry*. Published online January 17, 2018.

doi:10.1001/jamapsychiatry.2017.4249 Sloan, D. M., Marx, B. P., Bovin, M. J., Feinstein, B. A., & Gallagher, M. W. (2012). Written exposure as an intervention for PTSD: A randomized controlled trial with motor vehicle accident survivors. *Behaviour Research and Therapy*, 50, 627-635. doi:10.1016/j.brat.2012.07.001 Finley, E. P., Garcia, H. A., Ketchum, N. S., McGeary, D. D., McGeary, C. A., Stirman, S. W., & Peterson, A. L. (2015). Utilization of Evidence-Based Psychotherapies in Veterans Affairs Posttraumatic Stress Disorder Outpatient Clinics. *Psychological Services*, 12, 73-82. doi:10.1037/ser0000014

8:30 a.m. – 10:00 a.m.

Virginia A, Lobby Level

Clinical Roundtable 5

Addressing the Impact of Trauma on Youth with Autistic Spectrum Disorder and Other Developmental Disabilities

MODERATOR: *Juliet Vogel, Ph.D.*, Zucker School of Medicine @ Hofstra/
Northwell

PANELISTS: *Peter J. D'Amico, ABPP*, LIJ Medical Center
Connor M. Kerns, Ph.D., Drexel University
Daniel Hoover, ABPP, Kennedy Krieger Institute
Michael Gomez, Ph.D., Texas Tech University Health Sciences
Center

Earn 1.5 continuing education credits

Primary Category: Autism Spectrum and Developmental Disorders

Key Words: *Child Trauma / Maltreatment, Autism Spectrum Disorders, Developmental Disabilities*

While there has been growing interest in application of CBT treatments for anxiety in youth with Autism Spectrum (Kerns et al, 2016) and Developmental Disorders (AS/DD), little has been offered regarding the appropriate screening, assessment and treatment of trauma in this unique population. Some evidence suggests higher rates of some forms of trauma in youth with AS/DD (Ko, Pynoos, & Griffin, et al., 2015; Thompson, 2014), yet diagnostic overshadowing and low yield on self-report measures complicate accurate detection and proper evaluation. Further, traditional treatment approaches for youth with AS/DD are primarily focused on functional skills training from an applied behavioral analytic framework, which constrains efforts in recognition of trauma and in consideration of trauma informed intervention (Dymond & Roche, 2009). Five experienced panelists have been assembled to offer strategic recommendations to CBT and ABA clinicians working with youth with AS/DD experiencing the impact of trauma. Connor M. Kerns will discuss the presentation of trauma symptoms in youth with ASD, issues in assessment and the impact of diagnostic overshadowing on treatment. Dan Hoover will further the discussion on the symptom profile (deficits and strengths) of ASD and how that maps onto a

“matrix” of adaptations for Trauma-Focused Cognitive Behavior Therapy (TF-CBT). He will also detail the use of a technological phone application he is piloting to assist with self-report of trauma history and current symptom expression. Michael Gomez will offer specific technological applications for each of the treatment components of TF-CBT and will present on trauma based treatment (TF-CBT) of youth with developmental disabilities in foster care. Peter D’Amico will address the challenge of working with youth with more severe intellectual and developmental disabilities and the application of trauma informed behavioral interventions from Applied Behavior Analysis to Positive Behavioral Supports. Juliet Vogel will moderate and facilitate discussion on current advances and future directions, including the efforts occurring in the National Child Traumatic Stress Network (NCTSN).

8:30 a.m. – 10:00 a.m.

Maryland A, Lobby Level

Clinical Roundtable 6

In-Person and Technology-Mediated Relationship Interventions for Same-Sex Couples: Towards the Development and Dissemination of Affirming Couple Care

MODERATOR: *Kimberly Z. Pentel, M.A.*, University of North Carolina at Chapel Hill

PANELISTS: *Sarah W. Whitton, Ph.D.*, University of Cincinnati
David W. Pantalone, Ph.D., University of Massachusetts Boston
Kathryn Macapagal, Ph.D., Northwestern University Feinberg School of Medicine
Donald H. Baucom, Ph.D., University of North Carolina at Chapel Hill

Earn 1.5 continuing education credits

Primary Category: Couples / Close Relationships

Key Words: *Couple Therapy, LGBTQ+, Couples / Close Relationships*

While 70-90% of couple therapists work with sexual minority clients during their career (Godfrey et al., 2006), most therapists lack training in the conceptualization of clinical issues that arise with lesbian, gay, and bisexual couples. Thus, many providers struggle to ensure fidelity to effective CBT interventions (Green & Mitchell, 2015) and to provide the culturally tailored therapy which is desired by same-sex (SS) couples (Whitton & Buzzella, 2012).

Existing CBTs for relationship distress were developed primarily with male-female couples (Kelly et al., 2014), calling into question the generalizability of those programs for SS couples (Baucom et al., in press). Recent pilot studies and RCTs have begun develop-

ing and evaluating relationship programs for SS couples (e.g., Whitton et al., 2016, 2017; Newcomb et al., 2017). An emerging wave of research considers how to disseminate these programs using technology.

Technology-mediated (e.g., online) relationship programs show potential to disseminate services led by culturally competent providers, especially to rural areas where access to these services may be limited. Conversely, in-person programs may offer more intensive intervention for significant distress and an opportunity to tailor therapy more directly to the stressors impacting the relationship (i.e., general or sexual-minority specific).

This panel provides a novel combination of researcher-clinician-trainers (including experts in couple therapy, sexual minority mental health, and cultural competence) who are involved in development, evaluation, and dissemination of relationship-based programs for SS couples. Panelists will (a) discuss the types and modalities of interventions that are most realistic and efficacious for SS couples and (b) share insights from their cutting-edge work in this area, including ongoing projects involving in-person and technology-mediated delivery of couple-based programs.

8:30 a.m. – 10:00 a.m.

Maryland B, Lobby Level

Clinical Roundtable 7

Telemental Health with Veteran Couples: Special Considerations for Providing Evidence Based Psychotherapy within the VA System

MODERATOR: *Katherine Knies, Ph.D.*, University of South Carolina

PANELISTS: *Karen Petty, Ph.D.*, Ralph H. Johnson VA Medical Center

Anna Birks, Psy.D., Ralph H. Johnson VA Medical Center

Leigh Ridings, Ph.D., Medical University of South Carolina

Vickie Bhatia, Ph.D., Ralph H. Johnson VA Medical Center

Earn 1.5 continuing education credits

Primary Category: Technology

Key Words: *Telehealth & Internet Interventions, Veterans, Couple Therapy*

VA telemental health has revolutionized the delivery of mental health services, implementing the largest telemental health network in the world. The VA currently services more than 677,000 veterans through telehealth, approximately 12 percent of the 5.6 million veterans who receive healthcare from the VA (Department of Veteran Affairs, 2016). Furthermore, the dissemination of home-based telemental health services has created a viable method of providing quality mental health services to veterans thwarted by multiple barriers in accessing care. The Ralph H. Johnson VAMC is one of five telemental health hubs, created in part to offer implementation guidance for others around the country.

One important challenge for the VA during this expansion of mental health delivery is the ability to engage couples and families into treatment. Through the use of various

technologies, an increased number of Veteran couples and family members are engaged in care due to the flexibility of this modality. For example, clinical video teleconferencing into the home allows for increased access to care for those with transportation barriers or who are unable to engage in services during typical VA business hours. Couple and family therapy are specialty services requiring proficiency beyond that of individual general mental health services. Not only is there a significant shortage of these providers in the VA, but coordinating and tracking patient outcomes of this type of specialty care involves navigating various barriers.

Challenges to this service delivery include: 1) managing safety issues related to violence, 2) utilizing confidential assessment methods for measurement-based treatment and research, especially for non-veteran family members, and 3) VA providers being limited to one record management system. While VA telehealth protocols include parameters for addressing some of these challenges, providing quality services to couples and families via telehealth requires unique considerations. This clinical roundtable will discuss both barriers and modifications for delivering telemental health services to veteran couples/families, as well as present current research on engagement in telemental health services and monitoring clinical outcomes.

8:30 a.m. – 10:00 a.m.

Roosevelt 4, Exhibition Level

Mini Workshop 9

Introduction to the Coping Long Term With Active Suicide Program (CLASP)

Brandon Gaudiano, Ph.D., Brown University & Butler Hospital

Lauren Weinstock, Ph.D., Brown University

Ivan W. Miller, Ph.D.

All level of familiarity with the material

Earn 1.5 continuing education credits

Primary Category: Suicide and Self-Injury

Key Words: *Suicide*

Suicidal behavior is a major public health problem in this country. Despite the significance of this issue, relatively few interventions to reduce suicidal behavior have been developed and empirically tested/validated. We have developed a new intervention called Coping Long Term with Active Suicide Program (CLASP) that targets multiple risk factors for suicide using a unique combination of formats (in-person and telephone) and therapeutic strategies (values-goals clarification, problem solving, significant other support). The CLASP intervention is an adjunctive intervention specifically designed to reduce subsequent suicidal behavior in high risk populations during times of acute risk or transition. CLASP has three major components: 1) three individual, in-person meetings, 2) one significant other/family meeting and 3) and 11 brief (15-30 min) phone contacts with the patient and his/her significant other. The strategies used in CLASP are adapted from

two main therapeutic approaches: Acceptance and Commitment Therapy (ACT) and the McMaster Model of Family Functioning. Recent research has demonstrated that CLASP produces significant reductions in suicidal behavior in high risk patients transitioning from emergency departments and psychiatric inpatient units. This mini-workshop will provide an overview of the CLASP intervention, intervention materials, case examples and empirical research, so that clinicians and researchers can consider utilizing this intervention in their own settings. Teaching techniques will include didactics and individual and group role-playing.

You will learn:

- Obtain an in-depth understanding of the CLASP intervention, its components, and empirical research.
- Appreciate the advantages and challenges of providing a telephone-based intervention to high-risk, potentially suicidal, individuals
- Understand how values-goals clarification strategies can be adapted to target suicidal behaviors.

Recommended Readings: Miller, I., Gaudiano, B. & Weinstock, L. (2016). The Coping Long Term with Active Suicide Program (CLASP): Description and Pilot Data. *Suicide and Life Threatening Behavior*, 46, 752-761. Miller, I., Camargo, C., Arias, S., Sullivan, A., Allen, M., Goldstein, A., Manton, A., Espinola, J., Jones, R., Hasegawa, K., & Boudreaux, E. (2017). Suicide Prevention in an Emergency Department Population: the ED-SAFE Study. *JAMA-Psychiatry*, 74 (6), 563-570. Boudreaux ED, Miller I, Goldstein AB, Sullivan AF, Allen MH, Manton AP, Arias SA, Camargo CA, Jr. (2013) The Emergency Department Safety Assessment and Follow-up Evaluation (ED-SAFE): Methods and design considerations. *Contemporary Clinical Trials*, 36, 14-24. PMID: PMC3979300

8:30 a.m. – 10:00 a.m.

Virginia B, Lobby Level

Mini Workshop 10

Learning to CARE: An Easy to Understand and Use Approach to Delivering Consistent High- Quality ACT Treatment

Patricia Robinson, Ph.D., Mountainview Consulting Group

Kirk Strosahl, Ph.D., Mountainview Consulting Group

Earn 1.5 continuing education credits

Basic to Moderate level of familiarity with the material

Primary Category: Treatment - ACT

Key Words: ACT (*Acceptance & Commitment Therapy*), *Case Conceptualization / Formulation, Behavior Experiments*

Even experienced ACT therapists sometimes struggle to both recognize and create the proper “flow” in a therapy session. Indeed, It is easy to lose sight of the overall goals

and mechanisms of change that should be activated within any particular ACT therapy session, much more so for behavioral clinicians that are just learning ACT. This workshop will introduce the CARE approach to sequencing clinical activities within and across ACT treatment sessions. Each letter of the acronym stands for a specific clinical activity the therapist should engage in, and movement through the entire acronym creates the “flow” of the clinical conversation. Video demonstration will be used to show how each clinical activity specified in the CARE approach leads to the next clinical activity, resulting in a smooth and natural flow to a positive session outcome.

You will learn:

- Understand the four central clinical activities that go into every ACT session
- Appreciate the CARE approach as a mental heuristic for how to organize the flow of an ACT therapy session
- Learn specific clinical activities that help accomplish each letter of the CARE heuristic

Recommended Readings: Harris, R. (2008) ACT made simple. Oakland, CA: New Harbinger Publications. Luoma, J., Hayes, S. & Walser, R. (2017). Learning ACT: An Acceptance and Commitment Therapy skills training manual for therapists, 2nd Edition. Oakland, CA: New Harbinger Publications. Gordon, T., & Borushok, J. (2017) The ACT approach: A comprehensive guide for Acceptance and Commitment Therapy. Eau Claire, WI: Pesi Publishing and Media.

Panel Discussion 17

Difficult-to-Treat Child Anxiety? Don't Fear: Innovative Formats and Strategies for Optimizing Treatment Delivery

MODERATORS: *Danielle Cornacchio, M.S.*, Mental Health Interventions and Technology (MINT) Program, Florida International University

Natalie Hong, B.Sc., Florida International University

PANELISTS: *Anne Marie Albano, Ph.D., ABPP*, Columbia University Medical Center

Martin Franklin, Ph.D., University of Pennsylvania

Jennifer Freeman, Ph.D., Department of Psychiatry and Human Behavior, Alpert Medical School of Brown University, Bradley Hospital

Jonathan S. Comer, Ph.D., Mental Health Interventions and Technology (MINT) Program, Florida International University

Earn 1.5 continuing education credits

Primary Category: Child / Adolescent - Anxiety

Key Words: *Child Anxiety, Treatment-Other, Exposure*

Anxiety and related disorders are among the most commonly reported mental health problems in children and adolescents. Although recent decades have witnessed considerable scientific advances aimed at clarifying how best to treat youth with anxiety and related problems, rates of treatment non-response and insufficient response among affected youth remain high. For example, roughly 40% of anxious youth do not exhibit adequate symptom reduction or diagnostic remission following participation in our field's most well supported treatments. Importantly, many of these "difficult-to-treat" youth are those presenting with the most severe and/or complex symptom profiles, or who experience logistical barriers to care, underscoring the need for innovative treatment strategies and formats that transcend the constraints of traditional care models. A growing body of work has begun to focus on adapting supported treatment strategies to better meet the specific needs of such "difficult-to-treat" anxious youth. In this panel, leading experts in the treatment of child anxiety and related problems will share assessment strategies for identifying "difficult-to-treat" anxious youth, as well as state-of-the-science approaches to optimizing gains and outcomes for the most challenging anxiety cases. Particular emphasis will be placed on home-based exposure methods, intensive treatment formats, and Internet-delivered care models that simultaneously optimize the accessibility and ecological validity of

8:30 a.m. – 10:00 a.m.

Washington 5, Exhibition Level

Panel Discussion 18

Where is the “C” in Dialectical Behavior Therapy (DBT)?

MODERATORS: *Lauren Bonavitacola, Psy.D.*, Cognitive & Behavioral Consultants

Emma Zoloth, Psy.D., Child Mind Institute

PANELISTS: *Alec L. Miller, Psy.D.*, Cognitive & Behavioral Consultants

Lata K. McGinn, Ph.D., Cognitive & Behavioral Consultants

Lynn McFarr, Ph.D., CBT California

Earn 1.5 continuing education credits

Primary Category: Treatment - DBT

Key Words: *DBT (Dialectical Behavior Therapy), Cognitive Restructuring, Cognitive Biases / Distortions*

Cognitive dysregulation, characterized by extreme, non-dialectical thinking, is a core problem area identified in Dialectical Behavior Therapy (DBT) and is posited to contribute to pervasive emotional and behavioral dysregulation. However, cognitive flexibility is understudied and rarely considered a direct treatment target in DBT. This panel brings together three experts in CBT and DBT research and practice to explore this topic and to try and answer the question of where is the “C” in DBT. Alec L. Miller, co-founder of Cognitive & Behavioral Consultants (CBC) and clinical professor of psychiatry and behavioral sciences at Montefiore Medical Center/Albert Einstein College of Medicine, will present on the historical context of dialectical thinking in DBT including addressing why formally targeting cognitive change has traditionally been underutilized as a change strategy in DBT. He will also discuss how more recent editions and adaptations of DBT have included more direct targeting of cognitive change. Our next panelist, Lata K. McGinn, also co-founder of Cognitive Behavioral Consultants and professor of psychology at Ferkauf Graduate School of Psychology, Yeshiva University, will present on cognitive restructuring strategies from cognitive therapy (CT) models and will compare these with techniques used for targeting cognitive dysregulation in DBT. Our last panelist, Lynn McFarr, director of CBT California and professor in the Department of Psychiatry-Harbor-UCLA Medical Center, will represent the combined CBT/DBT perspective, discussing how she incorporates cognitive strategies from CT into her DBT practice as an expert in both treatment orientations. The moderators, Lauren Bonavitacola of CBC and Emma Zoloth of the Child Mind Institute, will facilitate a question and answer period with the panelists and audience to address various questions on this topic and to encourage debate on the role of cognitive strategies in DBT.

8:30 a.m. – 10:00 a.m.



Virginia C, Lobby Level

SIG Meeting

Clinical Psychology at Liberal Arts Colleges

Key Words: *Education and Training - Undergraduate, Career Development, Professional Development*

Our SIG is devoted to developing community and sharing resources among clinical psychology faculty, prospective faculty, and students of liberal arts colleges. This year's meeting will involve a review of SIG business and developments, presentation of our Student Poster Award, introduction of new officers, planning for 2019, and break-out discussions of topics selected by SIG members.

8:30 a.m. – 10:00 a.m.



Wilson C, Mezzanine Level

SIG Meeting

Schizophrenia and Other Serious Mental Illnesses

Key Words: *Psychosis / Psychotic Disorders, Schizophrenia, Serious Mental Disorders*

The first part of the meeting will include an invited research presentation by this year's Trail Blazer Award recipient, being recognized for his or her lifetime achievement in elucidating and treating schizophrenia and/or other serious mental disorders. The second part of the meeting will be a discussion of the board's efforts to serve our membership in the past year, adoption of a new mission statement, a vote on a new name for the SIG, and SIG goals for the coming year (e.g., continuing to expand membership size and engagement).

SATURDAY

Marriott Balcony A, Mezzanine Level

Symposium 55

Cognitive-Behavioral Technological Interventions: A Focus on Military Populations

CHAIR: *Amanda Edwards-Stewart, ABPP, Psychological Health Center of Excellence (West) Defense Health Agency*

DISCUSSANT: *Ari Lowell, Ph.D., New York State Psychiatric Institute Columbia University Medical Center and Military Family Wellness Center at NewYork-Presbyterian*

Earn 1.5 continuing education credits

Primary Category: Military and Veterans Psychology

Key Words: *Military, Technology, Telehealth & Internet Interventions*

Simulator Sickness Associated With VR Exposure and Prolonged Exposure

Nancy A. Skopp, Ph.D., Psychological Health Center of Excellence Defense Health Agency

Derek Smolenski, Ph.D., PHCoE

Amanda Edwards-Stewart, Ph.D., PHCOoE

Greg Reger, Ph.D., VHA

Increasing Fidelity to CBT Using Computer-Assisted CALM in Rural VA Clinics

Julianna Hogan, Ph.D., US Department of Veterans Affairs

Jan Lindsay, Ph.D., Micheal E. DeBakey VA Medical Center

Kathy Marchant-Miros, CCRP, CRA, Central Arkansas Veterans Healthcare System

Stephanie Day, Ph.D., Michael E. DeBakey VA Medical Center

Anthony H. Ecker, Ph.D., Michael E. DeBakey VA Medical Center

Penny White, B.S., Central Arkansas Veterans Healthcare System

Traci Abraham, Ph.D., Central Arkansas Veterans Healthcare System

Michelle Craske, Ph.D., UCLA

Michael Cucciare, Ph.D., Central Arkansas Veterans Healthcare System

Women Vets With MST: Web-Based Coaching for Trauma-Related Problems

Marylene Cloitre, Ph.D., US Department of Veterans Affairs

Kile Ortigo, Ph.D., National Center for PTSD Dissemination and Training Division,
VA Palo Alto Health Care System

Danielle M. Morabito, B.A., National Center for PTSD Dissemination and Training
Division, VA Palo Alto Health Care System

Jill Crowley, Ph.D., National Center for PTSD Dissemination and Training Division,
VA Palo Alto Health Care System

Margaret-Anne Mackintosh, Ph.D., National Center for PTSD Dissemination and
Training Division, VA Palo Alto Health Care System

Jan Lindsay, Ph.D., Michael E. DeBakey VA Medical Center, Menninger Department
of Psychiatry and Behavioral Sciences

Christie Jackson, Ph.D., VA New York Harbor Health Care System

Technology: Veteran Access to Cognitive-Behavioral Therapy for Insomnia

Carolyn Greene, Ph.D., University of Arkansas for Medical Sciences (UAMS)

Christi Ulmer, Ph.D., Duke University Medical Center Durham VA Center for Health
Services Research in Primary Care

8:30 a.m. – 10:00 a.m.

Wilson A, Mezzanine Level

Symposium 56

Transdiagnostic Processes in Eating Disorders: How Shared Mechanisms Can Inform Treatment

CHAIR: Leigh C. Brosof, B.A., University of Louisville

DISCUSSANT: Drew Anderson, Ph.D., Department of Psychology, University
at Albany, SUNY

Earn 1.5 continuing education credits

Primary Category: Eating Disorders

Key Words: *Eating Disorders, Transdiagnostic, Change Process / Mechanisms*

Emotional Impulsivity and Maladaptive Perfectionism of Higher Bulimic Symptoms

Leigh C. Brosof, B.A., University of Louisville

Irina Vanzhula, M.S., University of Louisville

Shruti Shankar Ram, B.A., University of Louisville

Caroline B. Christian, High School, University of Louisville

Lisa Michelson, M.A., University of Louisville

Cheri A. Levinson, Ph.D., University of Louisville

Rumination and Lack of Mindful Awareness Prospectively Predict ED Symptoms

Irina Vanzhula, M.S., University of Louisville

Caroline B. Christian, High School, University of Louisville

Leigh C. Broscof, B.A., University of Louisville

Shruti Shankar Ram, B.A., University of Louisville

Lisa Michelson, M.A., University of Louisville

Cheri A. Levinson, Ph.D., University of Louisville

The Relative Importance of Interoceptive Awareness Facets in Binge Eating

Lisa M. Anderson, Ph.D., University of Minnesota

Mary E. Duff, B.A., Florida State University

Drew Anderson, Ph.D., University at Albany-SUNY

A Predictor of Treatment Response for Individuals With Anorexia Nervosa

Erin E. Reilly, Ph.D., Department of Psychiatry, University of California, San Diego

Tiffany Brown, Ph.D., University of California, San Diego

Laura Berner, Ph.D., University of California, San Diego

Jason Lavender, Ph.D., University of California, San Diego

Christina Wierenga, Ph.D., University of California, San Diego

Walter Kaye, Ph.D., University of California, San Diego

8:30 a.m. – 10:00 a.m.

Wilson B, Mezzanine Level

Symposium 57

Hello World: Applying Machine Learning Data Analytic Approaches to Clinical Psychology Research

CHAIRS: *Megan Hughes-Feltenberger, Ph.D., Weill Cornell Medicine*

Madeline R. Marks, M.S., University of Central Florida

DISCUSSANT: *David H. Feltenberger, M.S., Google, Inc.*

Earn 1.5 continuing education credits

Primary Category: Research Methods and Statistics

Key Words: *Technology, Statistics, Research Methods*

Using Machine Learning to Improve Characterization of Social Deficits in ASD

Matthew Lerner, Ph.D., Stony Brook University

Erin Kang, M.A., Stony Brook University

Cara Keifer, M.A., Stony Brook University

Erin Libsack, B.A., Stony Brook University

Juan Mayor Torres, M.S., Stony Brook University

Machine Learning Methods to Identify Documentation of Psychological Symptoms Cancer Patients Experience During Chemotherapy

Miryam Yusufov, Ph.D., Harvard Medical School, Department of Psychiatry, Boston, MA

Alexander Forsyth, M. Eng, Dana-Farber Cancer Institute, Department of Psychosocial Oncology and Palliative Care, Boston, MA

Isabel Chien, Dana-Farber Cancer Institute, Department of Psychosocial Oncology and Palliative Care, Boston, MA

James Tulskey, M.D., Dana-Farber Cancer Institute, Department of Psychosocial Oncology and Palliative Care, Boston, MA

Charlotta Lindvall, M.D., Ph.D., Dana-Farber Cancer Institute, Department of Psychosocial Oncology and Palliative Care, Boston, MA

Machine Learning to Predict Longitudinal Illness Course of Eating Disorders

Shirley B. Wang, B.A., Harvard University

Scott Crow, M.D., University of Minnesota

Carol Peterson, Ph.D., University of Minnesota

Ross Crosby, Ph.D., Neuropsychiatric Research Institute

Stewart Agras, M.D., Stanford University

Katherine Halmi, M.D., Weill Cornell Medicine

James Mitchell, M.D., University of North Dakota

Ann Haynos, Ph.D., University of Minnesota

Using the Personalized Advantage Index Approach to Guide Treatment Decisions in Depressive Relapse

Zachary D. Cohen, M.A., University of Pennsylvania

Susanne Schweizer, Ph.D., U College London

Robert J. deRubeis, Ph.D., University of Pennsylvania

Willem Kuyken, Ph.D., Oxford

Tim Dalgleish, Ph.D., Cambridge

Using Machine Learning Algorithms to Build Just-In-Time Adaptive Interventions for Dietary Lapses, Emotional Eating, and Binge Eating Episodes

Adrienne S. Juarascio, Ph.D., Drexel University

Evan Forman, Ph.D., Drexel University

Stephanie Goldstein, M.S., Brown University

Zoe Zhang, Ph.D., Drexel University

Symposium 58

Diagnosing and Treating Callous-Unemotional Type Conduct Problems in Preschoolers: How Can We Do Better?

CHAIR: *Georgette E. Fleming, B.A., University of New South Wales*

DISCUSSANT: *Cheryl B. McNeil, Ph.D., West Virginia University*

Earn 1.5 continuing education credits

Primary Category: Child / Adolescent - Externalizing

Key Words: *Aggression / Disruptive Behaviors / Conduct Problems, Assessment, Evidence-Based Practice*

Interview Tool for Assessing Callous-Unemotional Traits in Preschoolers With DB

Bryan Neo, B.S., University of New South Wales

Eva R. Kimonis, Ph.D., University of New South Wales

David Hawes, Ph.D., University of Sydney

Valsamma Eapen, MBBS, DPM, DFT, PhD, FRCPsych, FRANZCP, Chair of Infant, Child and Adolescent Psychiatry at University of New South Wales

Do Callous-Unemotional Traits Moderate the Efficacy of Internet-Delivered PCIT?

Georgette E. Fleming, B.A., University of New South Wales

Eva R. Kimonis, Ph.D., University of New South Wales

Jonathan S. Comer, Ph.D., Florida International University

Callous-Unemotional Traits: Conduct Problem Outcomes in Early Childhood Settings

Naomi M. Cameron, B.S., University of New South Wales

Eva R. Kimonis, Ph.D., University of New South Wales

Sue Morgan, RN, RM, MMH (PerinatInf), Karitane Toddler Clinic, Sydney

School-Based Parent-Child Interaction Therapy for Children With Conduct Problems

Ashneeta H. Prasad, B.S., University of New South Wales

Eva R. Kimonis, Ph.D., University of New South Wales

Mary Lundeen, Ph.D., Coon Rapids Family Place, Minnesota

PCIT for Preschoolers With Callous-Unemotional Type Conduct Problems

Eva R. Kimonis, Ph.D., University of New South Wales

Georgette E. Fleming, BA, University of New South Wales

Nancy Briggs, Ph.D., Mark Wainwright Analytical Centre, University of New South Wales

8:30 a.m. – 10:00 a.m.

Coolidge, Mezzanine Level

Symposium 59

Emotional Regulation in Youth: More Than Keeping Calm and Carrying On

CHAIR: *Robert D. Friedberg, ABPP, Ph.D.*, CSTAY at Palo Alto University

DISCUSSANT: *Mary Fristad, Ph.D.*, The Ohio State University Wexner Medical Center

Earn 1.5 continuing education credits

Primary Category: Transdiagnostic

Key Words: *Emotion Regulation, Child, Adolescents*

Children's Emotional Experiences: Physiological Indices of Emotion Regulation

Elizabeth Davis, Ph.D., University of California Riverside

Emily Shih, M.A., University of California, Riverside

Parental Criticism and Emotion Regulation in Adolescents With Depression

Nishita Berla, M.S., PGSP-Stanford PSY. D. Consortium

Victoria Cosgrove, Ph.D., Stanford University School of Medicine

Emotion Dysregulation and DB Problems From Kindergarten to Grade 2

Urður Njarðvík, Ph.D., University of Iceland

Gudlaug Michison, Ms.C., UNiversity of Iceland

Juliette Liber, Ph.D., UNiversity of Iceland

Dagmar Hannesdottir, Ph.D., Reykjavik Center for Child Development and Behaviour,

Emotion Regulation During Acute Social Stress in Pediatric Mood Disorders

Victoria Cosgrove, Ph.D., Stanford University School of Medicine

Jennifer Pearlstein, B.A., University of California Berkeley

Emotional Regulation in Youth: Bench-to-Bedside Translations

Micaela Thordarson, Ph.D., Children's Hospital of Orange County

Robert D. Friedberg, Ph.D., CSTAY at Palo Alto University

SATURDAY

Thurgood Marshall South, Mezzanine Level

Symposium 60

Mental Illness and Violence: Risks, Misconceptions, and Role of Policy

CHAIR: *Miranda L. Beltzer, M.A., University of Virginia*

DISCUSSANT: *Heather O’Beirne Kelly, Ph.D., American Psychological Association*

Earn 1.5 continuing education credits

Primary Category: Violence / Aggression

Key Words: *Violence / Sexual Assault, Suicide, Stigma*

Sandy Hook to Sutherland Springs: Mass Shootings Stigma About Mental Illness

Miranda L. Beltzer, M.A., University of Virginia

Robert G. Moulder, M.A., University of Virginia

Casey Baker, University of Virginia

Kara Comer, University of Virginia

Bethany A. Teachman, Ph.D., University of Virginia

The Role of Shame Following Intimate Partner Violence

J. Gayle Beck, Ph.D., University of Memphis

Violence Predisposes Antisocial Behavior by Altering Cost-Benefit Decision Making

Franchesca Ramirez, M.A., Harvard University

Joshua Buckholtz, Ph.D., Harvard University; Massachusetts General Hospital

Arielle Baskin-Sommers, Ph.D., Yale University

Matthew K. Nock, Ph.D., Harvard University; Massachusetts General Hospital; Boston Children’s Hospital

State Firearm Legislation and Suicide Rates: Evidence for Means Safety

Michael Anestis, Ph.D., University of Southern Mississippi

Claire Houtsma, M.A., University of Southern Mississippi

Sarah E. Butterworth, B.S., University of Southern Mississippi

Samantha E. Daruwala, M.P.S., University of Southern Mississippi

Symposium 61

Flexing with Fidelity: Routine Care Delivery of Transdiagnostic and Modular Treatment

CHAIRS: *Kate H. Bentley, Ph.D.*, Massachusetts General Hospital
Cassidy A. Gutner, Ph.D., Boston University School of
Medicine & the NCPTSD

DISCUSSANT: *Shannon Wiltsey-Stirman, Ph.D.*, VA Palo Alto Health Care
System/Stanford

Earn 1.5 continuing education credits

Primary Category: Dissemination / Implementation

Key Words: *Implementation, Evidence-Based Practice, Treatment-CBT*

EB Transdiagnostic Treatment for a Hospital Inpatient Psychiatric Unit

Kate H. Bentley, Ph.D., Massachusetts General Hospital

Shannon Sauer-Zavala, Ph.D., Center for Anxiety and Related Disorders Boston
University

Kimberly Stevens, M.A., AMITA Health Behavioral Medicine, Department of
Psychology, Southern Illinois University

Jason Washburn, Ph.D., Department of Psychiatry and Behavioral Sciences,
Northwestern University Feinberg School of Medicine, AMITA Health
Behavioral Medicine

Transdiagnostic, CB Protocol in Safety Net Setting: Homeless Individuals

Shannon Zavala, Ph.D., Center for Anxiety and Related Disorders, Boston University

Amantia Ametaj, M.A., Center for Anxiety and Related Disorders, Boston University

Julianne Wilner, M.A., Center for Anxiety and Related Disorders, Boston University

Kate H. Bentley, Ph.D., Department of Psychiatry, Massachusetts General Hospital

Santiago Marquez, Center for Anxiety and Related Disorders, Boston University

Kaylie A. Patrick, MPH, Department of Psychiatry, Massachusetts General Hospital

Derri L. Shtasel, M.D., Department of Psychiatry, Massachusetts General Hospital,
Harvard Medical School

Luana Marques, Ph.D., Department of Psychiatry, Massachusetts General Hospital;
Harvard Medical School

Effectiveness and Implementation of UP in Trauma-Exposed Veterans

Cassidy A. Gutner, Ph.D., Boston University School of Medicine & the NCPTSD

Caroline A. Canale, Boston University School of Medicine & the National Center for PTSD at VA Boston

Scott Litwack, Ph.D., VA Boston Healthcare System

Barbara Niles, Ph.D., National Center for PTSD at VA Boston Healthcare System

Prevention of Anxiety and Depression in University Students: Online Program

Leslie Rith-Najarian, M.A., Department of Psychology, University of California - Los Angeles

Elizabeth Gong-Guy, Ph.D., Campus and Student Resilience, UCLA Division of Student Affairs

Bruce F. Chorpita, Ph.D., University of California-Los Angeles

Denise Chavira, Ph.D., University of California-Los Angeles

Traumatic Stress Its Prevalence and Impact on Therapy Practice

Dana Saifan, M.A., Department of Psychology, University of California - Los Angeles

Bruce F. Chorpita, Ph.D., University of California, Los Angeles (Dept of Psychology)

Sheryl Kataoka, University of California, Los Angeles (Dept of Psychiatry and Biobehavioral Sciences)

Symposium 68

Current Trends in Behavioral Medicine: Role of Cognitive Vulnerability in Chronic Health Conditions

CHAIR: *Samantha G. Farris, Ph.D.*, Rutgers, the State University of New Jersey/Warren Alpert Medical School of Brown University

DISCUSSANT: *Ana M. Abrantes, Ph.D.*, Butler Hospital/Alpert Medical School of Brown University

Earn 1 continuing education credit

Primary Category: Health Psychology / Behavioral Medicine - Adult

Key Words: *Behavioral Medicine, Cognitive Vulnerability, Comorbidity*

Anxiety, Depression, and Symptoms: Patients With Acute Coronary Syndrome

Christina M. Luberto, Ph.D., Massachusetts General Hospital/Harvard Medical School
Gloria Yeh, M.D., MPH, Beth Israel Deaconess Medical Center/Harvard Medical School

Sydney Crute, Boston University

Jeffrey Huffman, M.D., Massachusetts General Hospital/Harvard Medical School
Elyse Park, Ph.D., MPH, Massachusetts General Hospital/Harvard Medical School

Lung Function, Symptom Management, and Quality of Life of Adults With Asthma

Alison C. McLeish, Ph.D., University of Louisville

Kristen Craemer, Ph.D., Massachusetts General Hospital/Harvard Medical School
Emily M. O'Bryan, M.A., University of Cincinnati

Anxiety, Depression, and Headache Severity in Women With Migraines

Samantha G. Farris, Ph.D., Rutgers, the State University of New Jersey/Warren Alpert Medical School of Brown University

Ana M. Abrantes, Ph.D., Butler Hospital/Alpert Medical School of Brown University
Frederick Godley, M.D., FACS, University Otolaryngology

Julie Roth, M.D., Rhode Island Hospital/Alpert Medical School of Brown University
Dale Bond, Ph.D., The Miriam Hospital/Alpert Medical School of Brown University

Symposium 62

Harnessing Neuroimaging Technology in Understanding Mental Health in the Real World: Implications for Psychosocial Interventions

CHAIRS: *Thilo Deckersbach, Ph.D.*, Massachusetts General Hospital/
Harvard Medical School

Alexandra K. Gold, M.A., Boston University

DISCUSSANT: *Michael W. Otto, Ph.D.*, Boston University

Earn 1.5 continuing education credits

Primary Category: Cognitive Science / Cognitive Processes

Key Words: *Cognitive Processes, Neuroscience, fMRI (Function Magnetic Resonance Imaging)*

Frontoparietal and Frontolimbic Cortex Activation: Cognitive-Affective Interference

Thilo Deckersbach, Ph.D., Massachusetts General Hospital/Harvard Medical School

Amy Peters, M.A., University of Illinois at Chicago

Aishwarya Gosai, BA, Massachusetts General Hospital

Kristen K. Ellard, Ph.D., Massachusetts General Hospital/Harvard Medical School

Julia Felicione, B.A., Massachusetts General Hospital

Matthew Boggess, B.A., Massachusetts General Hospital

Alik Widge, M.D., Ph.D., Massachusetts General Hospital/Harvard Medical School

Andrew A. Nierenberg, M.D., Massachusetts General Hospital/Harvard Medical School

Darin Dougherty, M.D., Massachusetts General Hospital/Harvard Medical School

Do Executive Functioning Difficulties in BD Relate to Neural Markers?

Alexandra K. Gold, M.A., Boston University

Thilo Deckersbach, Ph.D., Massachusetts General Hospital/Harvard Medical School

Aishwarya Gosai, B.A., Massachusetts General Hospital

Amy Peters, M.A., University of Illinois at Chicago

Amanda Duffy, B.S., Brown University

Andrew Peckham, Ph.D., McLean Hospital/Harvard Medical School

Alexandra Rodman, M.A., Harvard University

Scott L. Rauch, M.D., McLean Hospital/Harvard Medical School

Andrew A. Nierenberg, M.D., Massachusetts General Hospital/Harvard Medical School

Michael W. Otto, Ph.D., Boston University

An fMRI Investigation of Sexual Decision Making in High-Risk Adolescents

Natasha S. Hansen, M.A., The University of Colorado at Boulder

Rachel Thayer, M.A., The University of Colorado at Boulder

Sarah Feldstein Ewing, Ph.D., Oregon Health & Science University

Rupa Sabbineni, M.S., The University of Colorado at Boulder

Angela Bryan, Ph.D., The University of Colorado at Boulder

Neuroimaging, Self-Report, and Outcomes Data: CBT Treatment of BD

Kristen K. Ellard, Ph.D., Massachusetts General Hospital/Harvard Medical School

Emily E. Bernstein, M.A., Harvard University

Anna Gilmour, B.A., The University of Colorado at Boulder

Louisa G. Sylvia, Ph.D., Massachusetts General Hospital/Harvard Medical School

Andrew A. Nierenberg, M.D., Massachusetts General Hospital/Harvard Medical School

Thilo Deckersbach, Ph.D., Massachusetts General Hospital/Harvard Medical School

8:30 a.m. – 10:00 a.m.

Roosevelt 3, Exhibition Level

Symposium 63

A Better Look at Attentional Bias to Threat: Influences of Attentional Control, Prefrontal Executive Function, and Stress

CHAIR: *Peter Putman, Ph.D., Institute of Psychology, Leiden University, Leiden, The Netherlands*

DISCUSSANT: *Willem van der Does, Ph.D., Institute of Psychology, Leiden University, Leiden, The Netherlands*

Earn 1.5 continuing education credits

Primary Category: Adult Anxiety - General

Key Words: *Anxiety, Cognitive Biases / Distortions, Neuroscience*

PTS, Attentional Control, and Bias to Threat Predict PTS Symptoms

Joseph R. Bardeen, Ph.D., Auburn University

Thomas Daniel, Westfield State University

EEG Theta/Beta Ratio: Moderation of Attention Toward and Away From Threat

Peter Putman, Ph.D., Institute of Psychology, Leiden University, Leiden, The Netherlands

Acute Stress on Threat Interference: Cognitive Control and Hydrocortisone
Angelos Angelidis, M.S., Institute of Psychology, Leiden University, Leiden, The Netherlands

Anastasia Chalkia, University of Leuven

Akrivi Kyrgiou, Leiden University

Peter Putman, Leiden University and Leiden Institute of Brain and Cognition

Inhibitory Ability Moderates Health Anxiety and Attentional Bias for Uncertainty

Travis Rogers, B.A., Auburn University

Joseph R. Bardeen, Auburn University

Thomas Daniel, Westfield State University

8:30 a.m. – 10:00 a.m.

Lincoln 2, Exhibition Level

Symposium 64

Intolerance of Uncertainty: Evidence from Experimental and Laboratory Tasks

CHAIRS: *Evelyn Behar, Ph.D.*, Hunter College, City University of New York

Rachel Ranney, M.A., University of Illinois at Chicago

DISCUSSANT: *Jonathan S. Abramowitz, Ph.D.*, University of North Carolina at Chapel Hill

Earn 1.5 continuing education credits

Primary Category: Adult Anxiety - General

Key Words: *Adult Anxiety, Transdiagnostic*

Examining Uncertainty-Related AB Using a Probe Detection Paradigm

Alexander Jendrusina, M.A., University of Illinois at Chicago

Evelyn Behar, Ph.D., Hunter College - City University of New York

Elizabeth S. Stevens, M.A., University of Illinois at Chicago

Reactivity to Unpredictable Threat: Startle Reflex and Event-Related Potentials

Brady Nelson, Ph.D., Stony Brook University

Felicia Jackson, M.A., Stony Brook University

Greg Hajcak, Ph.D., Stony Brook University

Stewart Shankman, Ph.D., University of Illinois at Chicago

Threat Level and Intolerance of Uncertainty in Anxiety: Test of IU Theory

Mary E. Oglesby, M.S., Florida State University

Norman Schmidt, Ph.D., Florida State University

An Experimental Test of the Intolerance of Uncertainty Model

Rachel Ranney, M.A., University of Illinois at Chicago

Evelyn Behar, Ph.D., Hunter College - City University of New York

Gregory Bartoszek, Ph.D., William Paterson University

Are OC Characteristics Associated With Ambivalence Behavior in Lab?

Asher Y. Strauss, M.A., The Hebrew University of Jerusalem

Isaac Fradkin, The Hebrew University of Jerusalem

Jonathan D. Huppert, The Hebrew University of Jerusalem

8:30 a.m. – 10:00 a.m.

Lincoln 3, Exhibition Level

Symposium 65

Closing the Treatment Gap: Technological Applications of Evidence-Based Interventions for Treatment and Training

CHAIR: Shona N. Vas, Ph.D., The University of Chicago

DISCUSSANT: Aaron R. Lyon, Ph.D., University of Washington

Earn 1.5 continuing education credits

Primary Category: Technology

Key Words: *Telehealth & Internet Interventions, CBT, Training / Training Directors*

Clinician-Delivered and Computer-Delivered CBT for SUD

Brian D. Kiluk, Ph.D., Yale School of Medicine

Charla Nich, M.S., Yale School of Medicine

Tami Frankforter, M.A., Yale School of Medicine

Kathleen Carroll, Ph.D., Yale School of Medicine

Computer-Based Module of Clinician's Acquisition of CBT Skills for SUD

Nadine R. Mastroleo, Ph.D., Binghamton University

Molly Magill, Ph.D., Brown University

Justin Walthers, Brown University

Callon Williams, B.A., Binghamton University

Aimee Moreno, Binghamton University

Charlotte Crinnin, Binghamton University

Laura Humm, SIMMersion Corporation

SATURDAY

Clinician Competency: CBT for Anxiety Disorders Using Simulated Assessment

Meredith E. Coles, Ph.D., Binghamton University

Nadine R. Mastroleo, Ph.D., Binghamton University

Matthew Smith, Ph.D., University of Michigan

Shona N. Vas, Ph.D., The University of Chicago

Justin Smith, Ph.D., Northwestern University

Laura Humm, SIMmersion Corporation

Cost of Virtual Reality Job Interview Training Program for Adults With SMI

Andrea K. Graham, Ph.D., Northwestern University

Matthew Smith, Ph.D., University of Michigan

Rachel Sax, Northwestern University

E-Shawn Spencer, Thresholds

Lisa Razzano, Ph.D., CPRP, University of Illinois at Chicago & Thresholds

Neil Jordan, Ph.D., Northwestern University

9:00 a.m. – 10:00 a.m.



Taft, Mezzanine Level

SIG Meeting

Men's Mental and Physical Health

Key Words: *Men's Health, Gender, Health Psychology*

The 2018 meeting will begin with research updates and discussion. We will also discuss of current issues and research in the field, potential for collaborations on research projects and symposia, and ways to grow the SIG membership and visibility in the ABCT community.

Madison A & B (Combined), Mezzanine Level

Symposium 66

As If Parenting Wasn't Hard Enough: The Attenuating Role of Parental Psychopathology on Behavioral Parent Training

CHAIR: *Alexis M. Garcia, M.S.*, Florida International University

DISCUSSANT: *Andrea Chronis-Tuscano, Ph.D.*, University of Maryland- College Park

Earn 1.5 continuing education credits

Primary Category: ADHD - Child

Key Words: *ADHD - Child / Adolescent, ADHD - Adult, Parent Training*

Parental ADHD: Additive Effects of Comorbidity and Parenting Stress

Rosmary Ros, M.S., Florida International University

Alexis M. Garcia, M.Sc., Florida International University

Paulo Graziano, Ph.D., Florida International University

Parental Psychopathology on BPT: ADHD and Emotion Dysregulation

Alexis M. Garcia, M.S., Florida International University

Paulo Graziano, Ph.D., Florida International University

Integrated Parenting Intervention for Mothers of Children With ADHD

Christina Danko, Ph.D., University of Maryland, College Park

Julia Felton, Ph.D., Michigan State University

Kelsey E. Woods, B.S., University of Maryland, College Park

Nicholas Wagner, Ph.D., University of Maryland, College Park

Andrea Chronis-Tuscano, Ph.D., University of Maryland, College Park

Symposium 67

Seeing the Trees for the Forest: Personalized and Precision Approaches to Discrete Behavior Change

CHAIRS: *Aaron J. Fisher, Ph.D.*, University of California, Berkeley
Peter D. Soyster, B.A., University of California, Berkeley

DISCUSSANT: *Aaron J. Fisher, Ph.D.*, University of California, Berkeley

Earn 1.5 continuing education credits

Primary Category: Health Psychology / Behavioral Medicine - Adult

Key Words: *Smoking, Eating Disorders, Treatment-Other*

Machine Learning for Selection and Behavioral Prediction of Routine Smoker

Peter D. Soyster, B.A., University of California, Berkeley

Aaron J. Fisher, Ph.D., University of California, Berkeley

Personalized Networks of Symptoms at Mealtime in Individuals With ED

Cheri A. Levinson, Ph.D., The University of Louisville

Irina Vanzhula, M.S., University of Louisville

Lisa Michelson, M.A., University of Louisville

Personalized Approaches to Interventions for Smoking Cessation

Beth Bock, Ph.D., Brown University Medical School

Symposium 69

Leveraging Technology to Understand and Address Bisexual Stigma and Health

CHAIR: *Brian A. Feinstein, Ph.D.*, Northwestern Institute for Sexual and Gender Minority Health and Wellbeing

DISCUSSANT: *Brian Dodge, Ph.D.*, Indiana University Bloomington

Earn 1.5 continuing education credits

Primary Category: Gay / Lesbian / Bisexual / Transgender Issues

Key Words: LGBTQ+, Technology, Telehealth & Internet Interventions

What Do Self-Identified Bisexual Men Want From Interventions?

Brian A. Feinstein, Ph.D., Northwestern Institute for Sexual and Gender Minority Health and Wellbeing

Brian Dodge, Ph.D., Indiana University Bloomington

Michael E. Newcomb, Ph.D., Northwestern University Feinberg School of Medicine

Brian Mustanski, Ph.D., Northwestern University Feinberg School of Medicine

#StillBisexual Campaign: Bisexual Marking in Online Video Confessionals

Kirsten A. Gonzalez, Ph.D., The University of Tennessee, Knoxville

Johanna Ramirez, M.A., Towson University

M. Paz Galupo, Ph.D., Towson University

Bisexual and Pansexual Youth and Online IM vs. LGBT Suicide Crisis Service

Ethan H. Mereish, Ph.D., American University

Jeremy T. Goldbach, Ph.D., University of Southern California

Wilson A, Mezzanine Level

Clinical Roundtable 8

Using Technology Before, During, and After Intensives for Tweens/Teens with Selective Mutism to Enhance Motivation and Generalization

MODERATOR: *Jami M. Furr, Ph.D.*, Florida International University

PANELISTS: *Shelley Avny, Ph.D.*, Kurtz Psychology Consulting PC

Laura Kirmayer, Ph.D., Milestones Psychology

Lauren Knickerbocker, Ph.D., NYU Langone Medical Center

Steven Kurtz, ABPP, Ph.D., Kurtz Psychology Consulting PC

Earn 1.5 continuing education credits

Primary Category: Child / Adolescent - Anxiety

Key Words: *Adolescent Anxiety, Technology*

The primary goal of this clinical roundtable is to illustrate the use of technology to enhance motivation, engagement, and generalization in intensive group treatment for tweens and teens with selective mutism (SM). Growing recognition of the prevalence and impairments associated with older youth with SM (Carbone et al., 2010; Keeton & Crosby Budinger, 2012; Muris et al., 2005) led to the development of the first upward extension of the SM intensive model. Among the most critical developmental adaptations for this subset of the SM population has been the incorporation of technology across all phases of treatment, from the initial contact through maintenance and follow-up. This includes: 1) pre-intensive efforts to remotely foster a relationship, receive buy-in for the behavioral approach, and begin the process of eliciting verbalizations; 2) direct intervention efforts that involve videos, apps, and virtual games; and 3) post-intensive efforts involving video consultation with parents and schools, weekly peer video groups for ongoing practice, and goal-setting around the use of social media and texting with peers in the home environment. This experienced panel will outline the theoretical and empirical literature on SM group intensives, including the recent developments with older youth. Specifically, the panelists will discuss how the application of technology has paved the way for a successful adaptation of SM intensives to tweens/teens, and they will outline the specific techniques involving technology that have been particularly effective in enhancing motivation, engagement, and generalization. Through the presentation of data (e.g., motivation levels before and after the pre-intensive video sessions), case vignettes, and a conceptual framework, panelists will highlight the limitations of SM intensives that are currently being addressed through the incorporation of modern technology, along with the next steps in further optimizing intensive treatment for older youth with SM.

Washington 6, Exhibition Level

Master Clinician Seminar 6

ticket

Violent, Sexual, Religious, and Neutral Obsessions: Paths to Exorcizing the Demons

Jonathan B. Grayson, Ph.D., The Grayson LA Treatment Center for Anxiety & OCD

Earn 2 continuing education credits

Moderate level of familiarity with the material

Primary Category: OCD, Neutral Obsessions

Key Words: *OCD (Obsessive Compulsive Disorder), Obsessing about Obsessing, Neutral Obsessions*

Obsessions that are primarily cognitive in their presentation are among the hardest for practitioners to treat. When the obsessions fall into the categories of violent, sexual and/or religious, sufferers tend to judge themselves quite harshly and the idea that such thoughts occur in the “normal” population is not enough to help them decide to undertake ERP, especially when they come to understand that the goal of treatment is learning to live with such thoughts as opposed to eradicating them. Sufferers feel as if they are being condemned to live in a nightmare where they are the monster. Sensory-focused obsessions/neutral obsessions/obsessing about obsessing pose a different problem for sufferers. In these presentations, the sufferer doesn’t find the content of the thoughts disturbing; generally, the sole problem is that the sufferer is bothered by having the thoughts. Examples would include focusing on any object (e.g., a picture), thoughts (with no threatening meaning), bodily sensations (heart rate, breathing, tinnitus without hypochondriacal concern), and obsessing about obsessing. These are among the most insidious obsessions and are the only ones in which the feared consequence appears to come true: that is, the sufferer is afraid life will be terrible as long as their attention is focused upon the stimulus and, indeed, they are miserable when this is happening. Explaining to a sufferer with this form of OCD sounds to them that they are being told their situation is hopeless and they should “just deal with it.” The “wishing ritual” is often the main compulsion for these sufferers and for many professional this is not a well understood concept. Although coming up with ERP protocols for mental obsessions can be challenging, the greater challenge is helping them to understand the nature of treatment, why it can work for them and what recovery looks like. The words we choose are critical, and scientific explanations and data are not unimportant—but they are worth little if our explanations fail to resonate with their experience. In order to provide the hope they need to be motivated to carry out treatment, our preparation and explanations have to convince them we understand what their lives are like. The best compliment you can receive is being asked whether or not you have OCD, because that would seem to be the only explanation for your understanding. In this presentation, the focus will be upon tailoring treatment for each of these different presentations, from helping clients to understand what has been happening to them, to

how we can help them to the actual implementation of ERP. This includes which cognitive techniques are useful to include and how to incorporate ACT into your treatment.

You will learn:

- Prepare sufferers for treatment using concepts tailored specifically for their form of OCD;
- Explain how to implement a program of exposure and response prevention that incorporates ACT that is tailored to the specific needs of these sufferers;
- Identify and address the wishing rituals that accompany neutral obsessions.

Recommended Readings: Carleton, R.N. (2012). The intolerance of uncertainty construct in the context of anxiety disorders: Theoretical and practical perspectives. *Expert Review of Neurotherapeutics*, 12(8), 937B947. Grayson, J.B. (2012). ACT vs ERP for OCD: Is It War or Marriage? *the Behavior Therapist*, 36(4), 12-17. Twohig, M., Hayes, S.C., Masuda, A. (2006). Increasing willingness to experience obsessions: Acceptance and Commitment Therapy as a treatment for obsessive compulsive disorder. *Behavior Therapy*, 37(1), 3-13.

10:15 a.m. – 11:45 a.m.

Lincoln 2, Exhibition Level

Research and Professional Development 5

Translating Research Into Action: Forming a Link Between Evidence and Policy

PANELISTS: *Cassidy A. Gutner, Ph.D.*, Boston University School of Medicine & the NCPTSD
Courtney Benjamin Wolk, Ph.D., University of Pennsylvania
Jillian C. Shipherd, Ph.D., Veterans Health Administration; VA Boston Healthcare System; National Center for PTSD; Boston University School of Medicine
Jonathan Purtle, DrPH, Drexel University
Lynn Bufka, Ph.D., American Psychological Association

Earn 1.5 continuing education credits

Primary Category: Translational

Key Words: *Professional Issues*

In an era when we are increasingly forging multidisciplinary collaborations among academic and clinical communities, evidence-based innovations (EBIs) are becoming more prominent in routine care. EBIs are also being discussed more in the media. However, widespread dissemination of EBIs may be limited by lack of a top-down endorsement from policy makers. Some of this challenge is likely driven by limited collaborations between researchers and policy makers. To effectively disseminate knowledge outside academia to the individuals that can enact policy change, academic-policy partnerships are needed. The goal of this panel is to start a discussion at ABCT about opportunities for collabora-

tion between researchers, clinicians, and policy makers. Providing various perspectives on this topic may ultimately lead to increased connections between a variety of experts and promote wide-spread change to increase use of EBIs at local and national levels. Expert panelists with extensive experience in mental health policy, mental health policy dissemination research, and policy writing/advocating will facilitate a discussion on translating research into action and fostering collaboration across research, clinical practice, and policy. The panelists will discuss their various efforts disseminating information about EBI to policy makers, using clinical and research knowledge to inform national policy change, experience mandating EBIs be used in public mental health systems, and advocating for legislative change to mental health coverage. They also will discuss current and past efforts to promote policy change that have and have not been successful, examples of lessons learned along the way, and suggestions for researchers, clinicians, and policy makers interested in working together more effectively to support widespread, top-down change to improve dissemination of EBIs.

You will learn:

- Present current initiatives to disseminate evidence-based innovation to policy makers.
- Describe current and past collaborations between clinicians, researchers and policy makers around mental health innovations.
- Discuss strategies for improving collaboration between clinicians, researchers and policy makers with attention to effective collaboration.

Recommended Readings: Purtle, J., Peters, R., & Brownson, R. C. (2015). A review of policy dissemination and implementation research funded by the National Institutes of Health, 2007-2014. *Implementation Science*, 11(1), 1. Purtle, J., Brownson, R. C., & Proctor, E. K. (2017). Infusing science into politics and policy: The importance of legislators as an audience in mental health policy dissemination research. *Administration and Policy in Mental Health and Mental Health Services Research*, 44(2), 160-163. Ruben, M. A., Shipherd, J. C., Topor, D., Ahnallen, C. G., Sloan, C. A., Walton, H. M., ... & Trezza, G. R. (2017). Advancing LGBT Health Care Policies and Clinical Care Within a Large Academic Health Care System: A Case Study. *Journal of homosexuality*, 64(10), 1411-1431.

Virginia B, Lobby Level

Mini Workshop 11

Cognitive Behavior Therapy for Women With Anxiety During Pregnancy and Postpartum

Eleanor Donegan, Ph.D., C. Psych. (Supervised Practice), St. Joseph's Healthcare, Hamilton

Benicio N. Frey, M.D., Ph.D., McMaster University and St. Joseph's Healthcare, Hamilton

Randi E. McCabe, Ph.D., C. Psych., Anxiety Treatment and Research Clinic, St. Joseph's Healthcare, Hamilton and McMaster University

Sheryl M. Green, Ph.D., C. Psych., McMaster University and St. Joseph's Healthcare, Hamilton

Earn 1.5 continuing education credits

Primary Category: Adult Anxiety - General

Key Words: *Adult Anxiety, Treatment- CBT*

The perinatal period (pregnancy and up to 12 months postpartum) is a time of tremendous biological, psychological and social change in a woman's life. Although this can be a joyful time, many women experience increased distress. The heightened risk for mood disorders during the perinatal period is well-known, but recent evidence shows that anxiety disorders are at least as prevalent, if not more so, than mood disorders (Goodman et al., 2016) and can also be incapacitating or disabling, making effective treatment critical. Psychoactive medications can be effective for anxiety but many women cannot or choose not to take medication during pregnancy or when breastfeeding (Goodman, 2009). Cognitive behavior therapy (CBT) is an empirically-supported psychological treatment for anxiety and depression but has received little attention in the context of perinatal anxiety. We developed a 6-session CBT program for women with a primary difficulty of anxiety during pregnancy or the postpartum. This new CBT program is associated with large and significant reductions in worry, anxiety and secondary depressive symptoms, as well as high treatment satisfaction (Green et al., 2015, Green et al., 2017). In this mini-workshop, participants will learn specific cognitive and behavioral strategies targeting anxiety and associated depressive symptoms tailored to meet the unique needs of women during the perinatal period. As consumer demand increases for non-medical interventions, this treatment may not only be preferred by some but necessary for others when pharmacological interventions are not a viable option given potential risks or side effects to mothers and their babies.

You will learn:

- Learn about the risk factors and clinical presentation of perinatal anxiety and its impact on mothers and babies
- Learn about current treatment options for perinatal anxiety

- Learn to tailor cognitive and behavioral strategies for anxiety and co-occurring depression for women in the perinatal period

Recommended Readings: Goodman, J. H. (2009). Women's attitudes, preferences, and perceived barriers to treatment for perinatal depression. *Birth*, 36, 60-69. Goodman, J. H., Watson, G. R., & Stubbs, B. (2016). Anxiety disorders in postpartum women: A systematic review and meta-analysis. *Journal of Affective Disorders*, 203, 292-331. doi: 10.1016/j.jad.2016.05.033 Green, S. M., Haber, E., Frey, B. N., & McCabe, R. E. (2015). Cognitive-behavioral group treatment for perinatal anxiety: a pilot study. *Archives of Women's Mental Health*, 18, 631-638. doi:10.1007/s00737-015-0498-z

10:15 a.m. – 11:45 a.m.

Lincoln 6, Exhibition Level

Research and Professional Development 6

Mentoring in the Age of #MeToo

MODERATORS: *Barbara W. Kamholz, ABPP, Ph.D.*, VA Boston HCS/ BU School of Medicine

Risa Weisberg, Ph.D., VA Boston Healthcare System and Boston University School of Medicine

PANELISTS: *Elizabeth Meadows, Ph.D.*, Central Michigan University
Megan Pinkston, Ph.D., Miriam Hospital
Mitchell J. Prinstein, ABPP, Ph.D., University of North Carolina at Chapel Hill
Keith Renshaw, Ph.D., George Mason University
Monnica Williams, Ph.D., University of Connecticut

Earn 1.5 continuing education credits

Primary Category: Education, Training, and Supervision - Graduate / Undergraduate/ Postdoctoral

Key Words: *Professional Development, Supervision, Gender*

Repeated examples of sexual misconduct in the workplace have made headlines in recent months. Though front page stories have centered on the entertainment industry, harassment, sexual misconduct, and the provision of differential opportunities based on gender occurs in any setting in which there is a clear power differential. As such, academic, training, and clinical settings are often home to such problems. Though issues of sexual harassment and unfair access to opportunities are not new, the #MeToo and #TimesUp movements have brought a heightened awareness of these problems to our workplaces. This panel seeks to discuss the impact of this awareness on the mentor / mentee relationship. Topics will include combatting the desire to ignore mentorship topics that may feel uncomfortable (e.g., clinical supervision about cases in which a patient makes sexually

inappropriate comments; feedback on professional dress codes); supporting trainees and mentees who report harassment from patients or faculty / staff; and discussion of the complex and nuanced range of behaviors and responses to behaviors that may occur in our work settings. Given that mentors of professional women are most likely to be men (Green & Hawley, 2009), we seek to discuss not only how to improve all of our mentorship, but how to train students of all genders to eventually become responsible, quality, mentors. These complex issues cannot be oversimplified and reduced to lists of “do’s” and “don’ts” for behavior. Rather, this panel brings together educators with decades of experience mentoring students, advanced trainees, and professionals in an effort to outline guiding principles and considerations in these areas. We will lead a discussion, with audience participation, addressing navigation of professional roles, relationships, and expectations; and responses to a range of professional interpersonal experiences, from those that are inappropriately gendered to those that are aggressive and/or criminal.

You will learn:

- You will learn: Gender-, value-, and culturally-based factors to consider when mentoring across gender lines.
- You will learn: Ways to help mentees navigate others’ gender-based expectations.
- You will learn: Considerations when supporting mentees facing situations that are inappropriately gendered and/or involve sexual misconduct.

10:15 a.m. – 11:45 a.m.

Hoover, Mezzanine Level

Mini Workshop 12

I’m FINE: Recovery-Oriented Cognitive Therapy for Individuals With Psychosis Lacking Insight

Aaron Brinen, Psy.D.

Earn 1.5 continuing education credits

Basic to Moderate level of familiarity with the material

Primary Category: Schizophrenia / Psychotic Disorders

Key Words: *Psychosis / Psychotic Disorders, Recovery, Cognitive Therapy*

Insight into the idea that an individual has a mental illness can seem like a prerequisite for successful treatment and recovery from serious mental illness. For many of these individuals, they do not interpret their experiences (hallucinations and delusions) as symptoms, some say they lack insight. This phenomenon has been labeled by clinicians and treatments developed to try and increase “insight.” For some individuals, the very treatment designed to address this lack of insight can increase conviction that the symptoms are not a part of an illness, make the delusions or hallucinations worse and precipitate avoidance of treatment. Recovery-oriented cognitive therapy (CT-R) for serious mental illness is an empirically-supported treatment that operationalizes recovery and resiliency in a collaborative way. This INTRODUCTORY workshop will introduce through lecture, video, and role-play the basic protocol of CTR and how to start using it to circumnavigate the “insight” requirement and engage the individual directly in the recovery

process. CTR applies across the range of severity, and includes a way to understand these challenges (low energy, disorganization, grandiosity, hallucinations, aggression, self-injury, etc.) that can keep the individual from engaging and getting the life of his choosing, along with strategies for action to promote that life to its fullest. This workshop will review the process of developing a formulation (beliefs, compensatory strategies, and emotions) and strategy for long term resolution of the symptoms with or without eventual identification of the experiences as symptoms of an illness. The strategy is grounded in the CTR protocol of activating a competing network of beliefs and an adaptive mode of functioning, collaborating on development of aspirations, increasing/evaluating the role of activity in the individual's life, and reinforcing belief networks to make the adaptive mode dominant.

You will learn:

- Name three reasons for individuals refusing they have a mental illness.
- Explain the methods for using the Recovery Oriented Cognitive Therapy protocol for flourishing in the absence of insight.
- Develop a formulation for individuals and strategy for overcoming obstacles in the absence of insight.

Recommended Readings: Perivoliotis, D., Grant, P. M., & Beck, A. T. (2009). Advances in cognitive therapy for schizophrenia: Empowerment and recovery in the absence of insight. *Clinical Case Studies*, 8(6), 424-437. Beck AT, Rector NA, Stolar NM, Grant PM. Schizophrenia: cognitive theory, research and therapy. NY: Guilford Press; 2009. Grant PM, Huh GA, Perivoliotis D, Stolar NM, Beck AT. Randomized trial to evaluate the efficacy of cognitive therapy for low-functioning patients with schizophrenia. *Arch Gen Psychiatry*. 2012;69(2):121-127.

Washington 2, Exhibition Level

Panel Discussion 19

#NotFakeNews: Engaging With Journalists About Mental Health Research and Treatment

MODERATOR: *Rachel Zelkowitz, M.S., Vanderbilt University*

PANELISTS: *David Grimm, Ph.D., American Association for the Advancement of Science*

Steven D. Hollon, Ph.D., Vanderbilt University

Tina Hesman Saey, Ph.D., Science News, Society for Science & the Public

Kate Horowitz, M.A., Palladian Partners, Inc

Earn 1.5 continuing education credits

Primary Category: Professional / Interprofessional Issues

Key Words: *Professional Development, Public Policy*

From school shootings to the opioid epidemic, dementia treatments to neural plasticity, mental health research and treatment findings play a critical role in today's top new stories. Yet researchers and clinicians are often reluctant to engage with journalists, even if directly called for comment on a story. This panel discusses barriers to connecting with journalists and offers an inside look at how science reporting works. Panelists will include representatives of health communication firms and award-winning publications and media organizations such as *Science* and *Science News*. Faculty with experience discussing their work with various media outlets will also take part in the discussion. Topics will include how journalists determine what to write (blog, broadcast, or tweet), what represents the typical timeline to produce a story, from short news briefs to longer, more in-depth pieces, and what makes for the most effective interviews with researchers and clinicians. Panelists will also discuss giving quotes and context for stories, as well as how they work to ensure the interviewee's views are accurately reflected. Finally, the panel will feature a question-and-answer period, where audience members can ask about the reporting process, how stories are edited, raise questions about different media formats, and more.

Research and Professional Development 7

Getting the Grant: A Discussion With Funding Agency Representatives About Priorities and Application Strategies for the Researchers of ABCT

PANELISTS: *Nathaniel R. Herr, Ph.D.*, American University
Holly Ramsawh, Ph.D.
Will M. Aklin, Ph.D.
Jill Harkavy-Friedman, Ph.D.
Joel Sherrill, Ph.D., National Institute of Mental Health
Brett T. Hagman, Ph.D., National Institute on Alcohol Abuse
and Alcoholism

Earn 1.5 continuing education credits

Primary Category: Professional / Interprofessional Issues

Key Words: *Professional Issues*

Speakers in this Invited Panel are all representatives of funding agencies that support the types of behavioral and psychosocial research that are the specialty of many ABCT members. Each panelist will present the current research priorities of their agency, an overview of relevant funding mechanisms, and discuss advice for applicants that can increase the chances of receiving funding. The panel will include an interactive discussion with the audience in which panelists will answer questions about how researchers can best design successful applications. Agency representatives on the panel are Dr. Joel Sherrill (NIMH), Dr. Jill Harkavy-Friedman (AFSP), Dr. Will M. Aklin (NIDA), Dr. Holly Ramsawh (PCORI), and Dr. Brett T. Hagman (NIAAA).

You will learn:

- Current priorities of various public and private funding agencies
- Information on funding mechanisms that would best fit your scope of research
- Tips for preparing competitive applications to public and private funding agencies

Washington 4, Exhibition Level

Panel Discussion 20

Addressing Gun Violence in America Begins With a Focus on Suicide

MODERATOR: *Michael Anestis, Ph.D.*, University of Southern Mississippi

PANELISTS: *Michael Anestis, Ph.D.*, University of Southern Mississippi

Craig Bryan, ABPP, Psy.D., National Center for Veterans Studies at The University of Utah

Christopher Maxwell, B.A., American Association of Suicidology

Vicka Chaplin, M.A., Educational Fund to Stop Gun Violence

Earn 1.5 continuing education credits

Primary Category: Suicide and Self-Injury

Key Words: *Suicide, Public Policy, Violence / Sexual Assault*

Gun violence claims the lives of over 30,000 Americans each year. National conversations about gun violence tend to be prompted by mass shootings like the massacre in Parkland, but the true story of gun violence in America is one primarily about suicide. Nearly two out of every three gun deaths each year is a suicide death and more than half of all suicides are gun deaths. The absence of suicide from most conversations about gun violence represents a substantial obstacle to any successful effort to meaningfully reduce the burden of gun deaths.

This panel will combine the perspective and expertise of academic psychologists and non-profit organizations. Panelists will include individuals working directly on efforts to guide policy aimed at reducing the burden of gun violence as well as scientists working to better understand why gun violence occurs and how it can be prevented. In each case, the focus will be primarily on suicide and we will approach this topic both from the perspective of civilians and the military.

We will open the panel with a discussion of the basic facts underlying gun violence in America. Next, discussion will turn to legislative (e.g. universal background checks, extreme risk protection orders) and non-legislative (e.g. lethal means counseling) solutions and how research and policy can inform one another to best address the problem on a large scale. We will then discuss the importance of perspective taking and effective messaging in an effort to engage the firearm owning community and optimize buy-in. The plausibility of broad implementation of proposed solutions depends upon successfully overcoming a cultural divide on the value and meaning of personally owned firearms and we are well positioned to discuss how to accomplish that difficult task with a diverse set of solutions.



SIG Meeting

Behavioral Sleep Medicine

Key Words: *Insomnia, Sleep, Circadian*

This meeting is open to any ABCT members with an interest in sleep. Our members vary from students who want to learn more about the field, sleep specialists and/or researchers, and those with very little sleep background. All our welcome. Greetings and introductions open the meeting. This is followed by a discussion of SIG business, including submission or collaborative ideas for the next meeting. To conclude the session, members provide a brief description of their activities over the past year.

Symposium 70

Bringing People Together: Using Technology to Broaden the Reach, Improve the Impact, and Evaluate the Effectiveness of Relationship Interventions

CHAIR: *Tatiana D. Gray, Ph.D., Clark University*

DISCUSSANT: *Brian D. Doss, Ph.D., University of Miami*

Earn 1.5 continuing education credits

Primary Category: *Couples / Close Relationships*

Key Words: *Couples / Close Relationships, Couple Therapy, Technology*

Benchmark Analysis of Program Completion of Our Relationship Program

Karen Rothman, M.S., University of Miami

McKenzie K. Roddy, M.S., University of Miami

Brian D. Doss, Ph.D., University of Miami

Texts 4 Romantic Relationships

Gabe Hatch, B.S., Brigham Young University

Brian D. Doss, Ph.D., University of Miami

Ronald D. Rogge, Ph.D., University of Rochester

Scott R. Braithwaite, Ph.D., Brigham Young University

Building Survey Tool Technology Into Protocol and Therapist Training

Tea Trillingsgaard, Ph.D., Aarhus University

Hanne Nørr Fentz, Ph.D., Aarhus University

Building Intimacy From Lab to Home: Translational Research of Telehealth

James Cordova, Ph.D., Clark University

Tatiana D. Gray, Ph.D., Clark University

10:15 a.m. – 11:45 a.m.

networking 

McKinley, Mezzanine Level

SIG Meeting

Child and Adolescent Anxiety

Key Words: *Child Anxiety, Adolescent Anxiety, CBT*

This year's meeting will include an update on the child anxiety literature, SIG business, a keynote speaker, and the presentation of the student travel award.

Panel Discussion 21

Current Directions in the Dissemination and Implementation of Evidence-Based Practice for Military Service Members and Veterans With PTSD

MODERATORS: *Andrew M. Sherrill, Ph.D.*, Emory University School of Medicine

Ari Lowell, Ph.D., New York State Psychiatric Institute
Columbia University Medical Center and Military
Family Wellness Center at NewYork-Presbyterian

PANELISTS: *Katherine A. Dondanville, Psy.D.*, University of Texas Health
Science Center at San Antonio

Kelly P. Maieritsch, Ph.D., Edward Hines Jr. VA Hospital

David S. Riggs, Ph.D., Uniformed Services University of the
Health Sciences

Josef I. Ruzek, Ph.D., National Center for PTSD

Liza C. Zawiebach, Ph.D., Emory University

Earn 1.5 continuing education credits

Primary Category: PTSD

Key Words: PTSD (*Posttraumatic Stress Disorder*), Dissemination, Implementation

Empirical evidence clearly supports the use of trauma-focused cognitive behavioral treatments for PTSD, especially prolonged exposure (PE) and cognitive processing therapy (CPT). However, the designation of these treatments as “gold standards” has not guaranteed adoption. Even when training in PE and CPT is available, utilization rates remain very low, even in PTSD specialty clinics. Dissemination and implementation research has now become arguably more important than replicating trials of efficacy and effectiveness.

Successful implementation requires the use of a coordinated set of strategies at multiple levels such as the clinic’s culture and leadership and the attributes and skills of its individual clinicians. This panel will discuss current barriers to PE and CPT implementation and innovative strategies being used to overcome these barriers. Special attention will be given to the use of emerging technologies to enhance these strategies. All panelists will describe their ongoing dissemination and implementation efforts and then answer several questions in a moderated forum. Panelists will describe their responses to challenges and share their anticipations of future challenges and areas of needed research.

Dr. Ruzek is the director of the Dissemination and Training Division of VA’s National Center for PTSD. Dr. Maieritsch is a VA national CPT trainer, a regional mentor in the VA PTSD Mentoring Program, and program manager for the PTSD outpatient specialty

program at the Hines VA Hospital. Dr. Riggs is the executive director of the Center for Deployment Psychology, which trains military and civilian clinicians nationwide to deliver evidence-based practices. Dr. Dondanville is the director of research for the STRONG STAR Consortium, where she leads a national training program that provides CPT and PE workshops, webinars, and consultation for community providers. Dr. Zwiebach is the associate clinical director of the Emory Healthcare Veterans Program, where she leads a national training program that helps community- and university-based PE providers develop competency in PE consultation through a consultation-of-consultation model.

10:15 a.m. – 11:45 a.m.

Washington 5, Exhibition Level

Panel Discussion 23

The Cutting Edge of Technology in CBT Research and Treatment: Where We Are Now, and Where We're Headed

MODERATOR: *Hilary Weingarden, Ph.D.*, Massachusetts General Hospital/
Harvard Medical School

PANELISTS: *Christian Rück, M.D., Ph.D.*, Karolinska Institutet
Adam Haim, Ph.D., National Institute of Mental Health
Richard G. Heimberg, Ph.D., Temple University
Stephen M. Schueller, Ph.D., Northwestern University Feinberg
School of Medicine
Athena Robinson, Ph.D., Woebot Labs, Inc.

Earn 1.5 continuing education credits

Primary Category: Technology

Key Words: *Technology, Telehealth & Internet Interventions*

Use of technology in CBT research and treatment is becoming both more common and more sophisticated. As a result, the field faces many important considerations as we advance this work and aim to maximize clinical impact. This panel gathers a diverse and experienced set of leaders from industry, NIMH, and academia to discuss topics related to the cutting edge of technology in psychology research and treatment. Panelists include: Stephen M. Schueller, PhD, executive director of PsyberGuide, who has spearheaded development and testing of digital health tools as adjuncts to mental health treatments; Athena Robinson, PhD, the Chief Clinical Officer and Head of Research at Woebot, an innovative CBT chatbot company; Adam Haim, PhD, Chief of the Treatment and Preventive Intervention Research Branch at NIMH, whose leadership has focused in large part on technology-enhanced mental health interventions; Christian Rück, MD PhD, whose team has pioneered development and validation of Internet-based CBT for OCD and related disorders; and Rick Heimberg, PhD, who is an advisor for the company Joyable,

which has developed online treatments for social anxiety, depression, generalized anxiety, and stress management. The panelists will discuss a series of questions, covering topics such as: NIMH's recommendations for technology-based proposals; ethical issues that panelists have navigated in their technology-based work; pros and cons of incorporating a therapist (human or "bot") into technology-based treatments; areas of greatest potential for technology in psychology (e.g., AI, treatment personalization); ideas for overcoming the lack of empirical evaluation of most mental health apps; the challenges of "going to market" with a technology-based mental health service; and potential downsides or pitfalls to incorporating technology into treatment or research. The panel will conclude with time for audience questions to the panelists.

10:15 a.m. – 11:45 a.m.

Madison A & B (Combined), Mezzanine Level

Symposium 71

Neural Mechanisms of Emotion Dysregulation in Autism Spectrum Disorder: How Neuroimaging Informs Next-Generation Treatments and the Development of Biomarkers

CHAIRS: *Denis G. Sukhodolsky, Ph.D., Yale University*

Karim Ibrahim, Psy.D., Yale University

DISCUSSANT: *Kevin Pelphrey, Ph.D., George Washington University and Children's National Health System*

Earn 1.5 continuing education credits

Primary Category: Autism Spectrum and Developmental Disorders

Key Words: *Autism Spectrum Disorders, Translational Research, Emotion Regulation*

Behavioral Interventions for Irritability in Adolescents With ASD

Denis G. Sukhodolsky, Ph.D., Yale University

Theresa R. Gladstone, Yale University

Carolyn L. Marsh, Yale University

Jeffrey Eilbott, Yale University

Brent Vander Wyk, Yale University

Disruptive Behavior vs. Autism Symptom Severity in Boys With ASD

Daniel Yang, Ph.D., George Washington University and Children's National Health System

Denis G. Sukhodolsky, Yale University

Kevin Pelphrey, George Washington University and Children's National Health System

Pamela Ventola, Yale University

Sensory Responses as Predictors of Uncertainty and Anxiety in Autism

Mikle South, Ph.D., Brigham Young University

D. N. Top, Brigham Young University

Kevin Stephenson, Nationwide Children's Hospital

Steven Luke, Brigham Young University

Naomi Hunsaker, Brigham Young University

Michele Furlan, University of Padova

Anna Carr, Brigham Young University

Jennifer Romano, Brigham Young University

Alex Henderson, Brigham Young University

Laurel Peacock, Brigham Young University

Valentina Parma, SISSA

Neural Response to CBI for Anxiety in Children With ASD and Circuitry of Fear

Karim Ibrahim, Psy.D., Yale University

Theresa R. Gladstone, Yale University

Carolyn L. Marsh, Yale University

Brent Vander Wyk, Yale University

Denis G. Sukhodolsky, Yale University

10:15 a.m. – 11:45 a.m.

Wilson B, Mezzanine Level

Symposium 72

Motivational and Self-Regulatory Processes Associated with Complicated Grieving

CHAIR: *Joah Williams, Ph.D.*, University of Missouri - Kansas City

DISCUSSANT: *Alyssa Rheingold, Ph.D.*, Medical University of South Carolina

Earn 1.5 continuing education credits

Primary Category: Trauma and Stressor Related Disorders and Disasters

Key Words: *College Students, Trauma, Grief / Bereavement*

Experiential Avoidance, Reward Sensitivity, and Prolonged Grief Symptoms

Joah Williams, Ph.D., University of Missouri - Kansas City

Madeleine Hardt, B.A., University of Missouri - Kansas City

Aisling Henschel, M.S., University of Missouri - Kansas City

Jasmine Eddinger, M.S., University of Missouri - Kansas City

Anxiety Sensitivity, Experiential Avoidance, and PTSD in Bereavement

Aisling Henschel, M.S., University of Missouri - Kansas City

Madeleine Hardt, B.A., University of Missouri - Kansas City

Jasmine Eddinger, M.S., University of Missouri - Kansas City

Lisa Jobe-Shields, Ph.D., University of Richmond

Joah Williams, Ph.D., University of Missouri - Kansas City

Dying Related Imagery and Prolonged Grief in Sudden Bereavement

Madeleine Hardt, B.A., University of Missouri - Kansas City

Jasmine Eddinger, M.S., University of Missouri - Kansas City

Aisling Henschel, M.S., University of Missouri - Kansas City

Lisa Jobe-Shields, Ph.D., University of Richmond

Joah Williams, Ph.D., University of Missouri - Kansas City

Rumination as Moderator of Prolonged Grief Disorder Symptomatology

Evgenia (Jane) Milman, M.A., McGill University

Robert A. Neimeyer, Ph.D., Memphis University

Marilyn Fitzpatrick, Ph.D., McGill University

Christopher MacKinnon, Ph.D., McGill University

Krista R. Muis, Ph.D., McGill University

S. Robin Cohen, Ph.D., McGill University

10:15 a.m. – 11:45 a.m.

Coolidge, Mezzanine Level

Symposium 73

Investigating Substance Use Motives: Intervention and Prevention Efforts

CHAIR: *Samuel R. Davis, B.A., Colorado State University*

DISCUSSANT: *Mark Prince, M.S., Ph.D., Colorado State University*

Earn 1.5 continuing education credits

Primary Category: Addictive Behaviors

Key Words: *Addictive Behaviors, Motivation, Substance Abuse*

Differences in Marijuana Use Between White and American Indian Youth

Samuel R. Davis, B.A., Colorado State University

Mark Prince, Ph.D., Colorado State University

Randall Swaim, Ph.D., Colorado State University

Linda Stanley, Ph.D., Colorado State University

Memory Impairment a Motive for Heavy Drinking Among College Students?

Mary Beth Miller, Ph.D., University of Missouri

Angelo DiBello, Ph.D., Center for Alcohol and Addiction Studies, Department of Behavioral and Social Sciences, Brown University School of Public Health, Providence, RI

Jennifer Merrill, Ph.D., Center for Alcohol and Addiction Studies, Department of Behavioral and Social Sciences, Brown University School of Public Health, Providence, RI

Kate Carey, Ph.D., Center for Alcohol and Addiction Studies, Department of Behavioral and Social Sciences, Brown University School of Public Health, Providence, RI

Concurrent and Prospective Association With Alcohol and Marijuana Use

Jennifer Cadigan, Ph.D., University of Washington, Seattle

Tim Janssen, Ph.D., Center for Alcohol and Addiction Studies, Department of Behavioral and Social Sciences, Brown University School of Public Health, Providence, RI

Anne Fairlie, Ph.D., University of Washington, Seattle

Christine Lee, Ph.D., University of Washington, Seattle

Cannabis-Related Problems: Negative and Positive Affect in Social Situations

Katherine A. Walukevich, B.A., Louisiana State University

Julia Buckner, Ph.D., Louisiana State University

Lincoln 3, Exhibition Level

Panel Discussion 22

How Tweet It Is: Social Media and Internet Platforms as a Means to Disseminate Knowledge to Behavioral Health Professionals and Consumers

MODERATOR: *Robert D. Friedberg, ABPP, Ph.D., CSTAY at Palo Alto University*

PANELISTS: *Simon A. Rego, ABPP, Psy.D., Montefiore Medical Center
Sara Becker, Ph.D., Center for Alcohol and Addictions Studies, Brown University School of Public Health
Brad J. Nakamura, Ph.D., University of Hawai'i at Manoa
Robert Meyers, Psy.D., New York Psychological Wellness, PC/
NYPW Continuing Education*

Earn 1.5 continuing education credits

Primary Category: Technology

Key Words: *Technology, Professional Issues, Dissemination*

There have been unprecedented advances in the identification and evaluation of evidence-based practices for behavioral health disorders. Yet the potential of EBPs has not been fully realized due to insufficient flow of information in the scholarly pipeline from treatment developers to practitioners and consumers. Advances in technology and communication could facilitate construction of new distribution channels to ensure efficient exchange of information. Social media outlets such as You Tube, Twitter, Instagram, Linked-In, podcasts, and blogs are potentially robust avenues for dissemination. Such outlets can complement traditional media, while also creating means for interacting with the media directly. These social media channels must be used strategically, since the online world has been clogged with information that is often inaccurate and not evidence-based. This is precisely the focus of this panel presentation which brings together four forward thinkers including Drs. Simon Rego, Brad Nakamura, Sara Becker, and Robert Meyers. In terms of objectives, panelists will present ideas and strategies for effective use of Twitter; describe internet sites such as Help Your Keiki and Effective Child Therapy; and review You Tube projects such as the Psychological States of America. Moreover, techniques to leverage social media and internet based platforms to propel direct-to-consumer marketing will be considered. Panelists will also discuss specific ways professionals can provide accessible yet accurate information to audiences via these distribution pathways. Finally, the importance of attractive packaging of materials and engaging presentation of information will be emphasized. The panel's focus fits with ABCT as a whole and this year's conference theme, "Cognitive Behavioral Science, Treatment, and Technology," which stresses leveraging technology for advancing scientific approaches for improving the human condition.

Thurgood Marshall South, Mezzanine Level

Panel Discussion 24

The Opportunities and Limitations of Digital Interventions for Emotional Difficulties

MODERATOR: *Kibby McMahon, M.A., Duke University*

PANELISTS: *Zachary Rosenthal, Ph.D., Duke University Medical Center*

Matthew K. Nock, Ph.D., Harvard University

Bethany A. Teachman, Ph.D., University of Virginia

Marcus Rodriguez, M.A., Pitzer College

Earn 1.5 continuing education credits

Primary Category: Technology

Key Words: *Technology, Telehealth & Internet Interventions, Emotion*

Although advancements in technology have immense promise to revolutionize mental health services, we have yet to consider digital interventions as part of “treatment as usual.” Thus, the aim of this panel is to highlight opportunities and limitations of web and phone-based digital interventions for mental health problems related to emotional difficulties, such as depression (Schueller et al., 2017), anxiety (Beadel et al., 2016; Clerken & Teachman, 2011), self-injury (Franklin et al., 2016) and substance abuse (Rosenthal & Kutlu, 2014). Panelists include Matthew K. Nock (Harvard University), Marcus Rodriguez (Pitzer College), M. Zachary Rosenthal (Duke University Medical Center) and Bethany Teachman (University of Virginia), moderated by Kibby McMahon (Duke University Medical Center). All of these panelists represent a diversity in expertise and diagnostic focus, yet have dedicated their efforts to developing digital, behavioral interventions for psychopathology characterized by emotional problems. They will discuss (a) new developments in the field, (b) evidence of their efficacy, (c) the potential for these interventions to improve current psychotherapy practices, and (d) key factors that have limited this potential and prevented these types of interventions from being used within real clinical settings, such as hospitals or private practice.

The main objectives for this panel are (1) to identify the current barriers to dissemination and implementation of digital interventions for emotional difficulties, and (2) to brainstorm solutions to overcoming these barriers that are not only effective, but also financially feasible, culturally acceptable, easily transportable and quickly scalable. For treatment researchers and clinicians alike, this may mean addressing systematic barriers or focusing our efforts on specific treatment approaches, populations or disorders. This discussion will serve to explore the role digital interventions realistically have within our current healthcare systems.

Thurgood Marshall North, Mezzanine Level

Symposium 74

Executive Function in Anxiety and Depressive Disorders

- CHAIRS: *Hani Zainal, M.S., The Pennsylvania State University*
Michelle G. Newman, Ph.D., The Pennsylvania State University
- DISCUSSANT: *Thomas H. Ollendick, Ph.D., Virginia Polytechnic Institute and State University*

Earn 1.5 continuing education credits

Primary Category: Adult Anxiety - General

Key Words: Anxiety, Depression, Cognitive Processes

Reasoning Deficits Mediate Anxiety: Predicting Depression Severity

Hani Zainal, M.S., The Pennsylvania State University

Michelle G. Newman, Ph.D., Professor of Psychology and Psychiatry

Which Variant of Anxiety Best Predicts Performance on Executive Skills Tasks?

Jan Mohlman, Ph.D., William Paterson University

Viviana Wuthrich, Ph.D., Macquarie University

Effects on Sustained Attention and Worry Severity During a Naturalistic Stressor

Lauren S. Hallion, Ph.D., University of Pittsburgh

Susan N. Kusmierski, B.A., University of Pittsburgh

COMT Genotype, Worry, and Late-Life Cognitive Control of Emotion

Sherry A. Beaudreau, ABPP, Ph.D., Psychiatry & Behavioral Sciences, Stanford University

Nathan Hantke, Ph.D., Oregon Health & Science University

Abigail Kramer, M.S., Stanford University

Christine E. Gould, Ph.D., Stanford University

Nehjla Mashal, Ph.D., Stanford University

Madhuvanathi Suresh, B.A., beaudreaulab@gmail.com

Joachim Hallmayer, M.D., Stanford University

Ruth O'Hara, Ph.D., Stanford University

Poor EF as Transdiagnostic Risk for Psychopathology in Emerging Adulthood

Hannah R. Snyder, Ph.D., Brandeis University

Naomi P. Friedman, Ph.D., University of Colorado at Boulder

Benjamin L. Hankin, Ph.D., University of Illinois at Urbana-Champaign

Thurgood Marshall East, Mezzanine Level

Symposium 75

School-Based Treatment of High School Students with ADHD: Results of a Large Randomized Controlled Trial

CHAIR: *Steven W. Evans, Ph.D., Ohio University*

DISCUSSANT: *Joshua M. Langberg, Ph.D., Virginia Commonwealth University*

Earn 1.5 continuing education credits

Primary Category: ADHD - Child

Key Words: ADHD - Child / Adolescent, Treatment-Other, School

School-Based Services Provided to High School Students With ADHD

Chelsea Hustus, M.S., Ohio University

Allyse Hetrick, M.Ed., Lehigh University

Steven W. Evans, Ph.D., Ohio University

George J. DuPaul, Ph.D., Lehigh University

Julie S. Owens, Ph.D., Ohio University

Bridges to (BEST) Program: Method, Design, and Intervention Integrity

Julie S. Owens, Ph.D., Ohio University

Steven W. Evans, Ph.D., Ohio University

George J. DuPaul, Ph.D., Lehigh University

Kari Benson, M.S., Ohio University

Georgia Belk, M.Ed., Lehigh University

Kristina Puzino, M.Ed., Lehigh University

W. John Monopoli, M.S., Ohio University

Elizabeth Wertz, Ohio University

Educational Success for Students: Effects on Social and Behavioral Functioning

Steven W. Evans, Ph.D., Ohio University

George J. DuPaul, Ph.D., Lehigh University

Julie S. Owens, Ph.D., Ohio University

Kari Benson, M.S., Ohio University

Raisa Ray, M.S., Ohio University

Bridges to (BEST) Program: Effects on Academic Functioning

George J. DuPaul, Ph.D., Lehigh University

Steven W. Evans, Ph.D., Ohio University

Julie S. Owens, Ph.D., Ohio University

Georgia Belk, M.Ed., Lehigh University

Kristina Puzino, M.Ed., Lehigh University

Kristen Kipperman, M.Ed., Lehigh University

Courtney Cleminshaw, M.Ed., Lehigh University

Aliza Jaffe, M.Ed., Lehigh University

10:15 a.m. – 11:45 a.m.

Thurgood Marshall West, Mezzanine Level

Symposium 76

The Hierarchical Taxonomy of Psychopathology: An Emerging Dimensional Approach to Mental Disorder Research and Treatment

CHAIR: *Christopher C. Conway, Ph.D., College of William & Mary*

DISCUSSANT: *Jennifer Tackett, Ph.D., Northwestern University*

Earn 1.5 continuing education credits

Primary Category: Transdiagnostic

Key Words: *Comorbidity, Diagnosis, Transdiagnostic*

Progress in Achieving Quantitative Classification of Psychopathology

Robert F. Krueger, Ph.D., University of Minnesota

General Factor: Clinical Outcomes in 25,000 Treatment-Seeking Adults

Christopher C. Conway, Ph.D., College of William & Mary

Maxwell Mansolf, UCLA

Steven Reise, PhD, UCLA

Transdiagnostic Dimensions: Mental Health Disparities in Minority Populations

Nicholas Eaton, Ph.D., Stony Brook University

Empirical Methods to Delineate Diagnostic Dimensions and Inform Care

Kelsie Forbush, Ph.D., University of Kansas

Po-Yi Chen, University of Kansas

Kelsey Hagan, University of Kansas

Danielle Chapa, University of Kansas

Nicholas Eaton, Ph.D., Stony Brook University

Robert F. Krueger, Ph.D., University of Minnesota

Symposium 77

Cognitions, Behaviors, and Emotions Across the Romantic Relationship Life Span: Assessing Relational Conflict Competencies Using Novel Methodology

CHAIRS: *Binghuang Wang*, Binghamton University
Judith Biesen, M.A., University of Notre Dame
DISCUSSANT: *Christina Balderrama-Durbin, Ph.D.*, Binghamton University

Earn 1.5 continuing education credits

Primary Category: Couples / Close Relationships

Key Words: *Couples / Close Relationships, Emotion*

Exploring Conflict in Emerging Adults' Romantic and Sexual Relationships

Neslihan James-Kangal, M.A., University of Cincinnati
Sarah W. Whitton, Ph.D., University of Cincinnati

Card-Task and “We-Talk”: Self-Reported Relationships in Dating Couples

Sarah Bannon, M.A., Stony Brook University
Caitlin Kehoe, B.S., Stony Brook University
K. Daniel O’Leary, Ph.D., Stony Brook University

Context vs. Communication Among Diverse Low-Income Couples

Teresa Nguyen, University of California Los Angeles
Benjamin Karney, Ph.D., University of California, Los Angeles
Thomas Bradbury, Ph.D., University of California, Los Angeles

Symptom Accommodation and Emotional Coregulation in Couples With BED

Danielle M. Weber, M.A., University of North Carolina at Chapel Hill
Melanie S. Fischer, Ph.D., University of North Carolina at Chapel Hill
Donald H. Baucom, Ph.D., University of North Carolina at Chapel Hill
Brian R.W. Baucom, Ph.D., University of Utah
Jennifer Kirby, Ph.D., University of North Carolina at Chapel Hill
Cristin Runfola, Ph.D., Stanford University
Camden Matherne, Ph.D., University of North Carolina at Chapel Hill
Cynthia Bulik, Ph.D., University of North Carolina at Chapel Hill

Postdeployment Parenting in Military Couples: Associations With PTSD

Sarah Giff, M.A., George Mason University
Keith Renshaw, Ph.D., George Mason University
Elizabeth Allen, Ph.D., University of Colorado Denver

Symposium 78

Looking Within the Black Box of Family Violence: How Assessment of Incidents of Aggression Can Inform Understanding of Etiological Processes

CHAIR: *Amy D. Marshall, Ph.D., The Pennsylvania State University*

DISCUSSANT: *Amy M. Smith Slep, Ph.D., New York University*

Earn 1.5 continuing education credits

Primary Category: Violence / Aggression

Key Words: *Intimate Partner Aggression, Families, Assessment*

Children, Intimate Relationships, and Conflictual Life Events (CIRCLE)

Interview

Amy D. Marshall, Ph.D., The Pennsylvania State University

Mark Feinberg, Ph.D., The Pennsylvania State University

Damon Jones, Ph.D., The Pennsylvania State University

Daniel Chote, Port Matilda, PA

Intimate Partner Aggression in Parenthood: Labor and Childcare Dissatisfaction

Jennifer Wong, M.S., The Pennsylvania State University

Amy D. Marshall, Ph.D., The Pennsylvania State University

Longitudinal Role of Positivity During Couples' Aggressive Conflicts

Feea Leifker, M.P.H., Ph.D., University of Utah

Amy D. Marshall, Ph.D., The Pennsylvania State University

Role of Exposure to Within-Incident, Cross-Dyad Aggression Spillover

Kelly Daly, M.S., The Pennsylvania State University

Amy D. Marshall, Ph.D., The Pennsylvania State University

Mark Feinberg, Ph.D., The Pennsylvania State University

Symposium 79

Promoting Mental Health Through Dyadic Functioning in Same-Sex Couples: From Basic Relationship Science to Technology-Based Intervention Development

CHAIR: *Kimberly Z. Pentel, M.A.*, University of North Carolina at Chapel Hill

DISCUSSANT: *Joanne Davila, Ph.D.*, Stony Brook University

Earn 1.5 continuing education credits

Primary Category: Gay / Lesbian / Bisexual / Transgender Issues

Key Words: LGBTQ+, Couples / Close Relationships, Stress

Associations Between Stress and Health: Young Male Same-Sex Couples

Brian A. Feinstein, Ph.D., Northwestern Institute for Sexual and Gender Minority Health and Wellbeing

Elizabeth A. McConnell, M.A., DePaul University, Chicago, IL

Christina Dyan, Ph.D., University of Cincinnati, Cincinnati, OH

Brian Mustanski, Ph.D., Northwestern University Feinberg School of Medicine, Department of Medical Social Sciences, Northwestern Institute for Sexual and Gender Minority Health and Wellbeing, Chicago, IL

Michael E. Newcomb, Ph.D., Northwestern University Feinberg School of Medicine, Department of Medical Social Sciences, Northwestern Institute for Sexual and Gender Minority Health and Wellbeing, Chicago, IL

Associations of Dyadic Communication and Depression in Gay Male Couples

Trey V. Dellucci, M.S., The Graduate Center of City University of New York

Jeffrey T. Parsons, Ph.D., Center for HIV/AIDS Educational Studies and Training (CHEST), The Graduate Center of CUNY, Hunter College of the City University of New York, New York, NY

Tyrel J. Starks, Ph.D., Center for HIV/AIDS Educational Studies and Training (CHEST), The Graduate Center of CUNY, Hunter College of the City University of New York, New York, NY

Video-Based Communication and Depression Among Gay Couples

Tyrel J. Starks, Ph.D., Center for HIV/AIDS Educational Studies and Training (CHEST), The Graduate Center of CUNY, Hunter College of the City University of New York

Gabriel Robles, Ph.D., Center for HIV/AIDS Educational Studies and Training (CHEST)

Trey V. Dellucci, M.S., : The Graduate Center of City University of New York

Tyrel J. Starks, Ph.D., Center for HIV/AIDS Educational Studies and Training (CHEST), The Graduate Center of CUNY, Hunter College of the City University of New York, New York, NY

Sexual-Minority Stress on Mental Health in Female Same-Sex Relationships

Shelby B. Scott, Ph.D., VA Eastern Colorado Health Care System

Galena Rhoades, Ph.D., University of Denver

Howard Markman, Ph.D., University of Denver

CBCT for Same-Sex Female Couples: Pilot Study of the ACCESS Program

Kimberly Z. Pentel, M.A., University of North Carolina at Chapel Hill

Donald H. Baucom, Ph.D., University of North Carolina at Chapel Hill

Alexandra K. Wojda, B.A., University of North Carolina at Chapel Hill

Danielle M. Weber, M.A., University of North Carolina at Chapel Hill

Matthew McCall, B.A. *expected spring 2018*, University of North Carolina at Chapel Hill

Symposium 80

Transcultural and Transdiagnostic Application of Behavioral Activation

CHAIR: *Yun Chen, M.A., University of North Carolina at Chapel Hill*
DISCUSSANT: *Stacey B. Daughters, Ph.D., University of North Carolina at Chapel Hill*

Earn 1.5 continuing education credits

Primary Category: Cultural Diversity / Vulnerable Populations

Key Words: *Behavioral Activation, Treatment Development, Dissemination*

Bilingual BA Teletherapy Intervention Among Low-Income Primary Care Patients

Joseph Trombello, Ph.D., Children's Health - Children's Medical Center/University of Texas Southwestern Medical Center
Charles South, Ph.D., University of Texas Southwestern Medical Center
Madhukar H. Trivedi, M.D., University of Texas Southwestern Medical Center

Outcomes in Community Mental Health: BA for First-Episode Psychosis

Maria Santos, Ph.D., University of Southern California
Alex Kopelowicz, M.D., University of California, Los Angeles
Sona Dimidjian, Ph.D., University of Colorado, Boulder
Steven Lopez, Ph.D., University of Southern California

Chinese Translated Behavioral Activation Treatment for Depression (C-BA)

Yun Chen, M.A., University of North Carolina at Chapel Hill
Stacey B. Daughters, Ph.D., University of North Carolina at Chapel Hill
Deepika Anand, Ph.D., University of North Carolina at Chapel Hill
Haolin Li, University of North Carolina at Chapel Hill

HIV Meds Adherence in Resource-Limited Care in South Africa

Jessica F. Magidson, Ph.D., University of Maryland
Lena S. Andersen, Ph.D., University of Cape Town, South Africa
Kristen S. Regenauer, B.A., Massachusetts General Hospital
Sybil Majokweni, B.S., University of Cape Town, South Africa
C.J. Seitz-Brown, Ph.D., University of Maryland, College Park
Bronwyn Myers, Ph.D., Medical Research Council, South Africa
Conall O'Cleirigh, Ph.D., Massachusetts General Hospital
Steven A. Safren, Ph.D., University of Miami
John Joska, Ph.D., University of Cape Town, South Africa

BA for Depression and Medication Adherence in HIV in South Africa

Lena S. Andersen, Ph.D., University of Cape Town

Ashraf Kagee, Ph.D., Stellenbosch University

Jessica F. Magidson, Ph.D., University of Maryland, College Park

Jade Witten, M.A., University of Cape Town

Conall O'Cleirigh, Ph.D., Massachusetts General Hospital

Steven A. Safren, Ph.D., University of Miami

Jasper S. Lee, B.Sc., Massachusetts General Hospital

Brittany Everitt-Penhale, M.A., Stellenbosch University

John Joska, Ph.D., University of Cape Town

10:15 a.m. – 11:45 a.m.

Delaware A, Lobby Level

Symposium 81

Longitudinal Investigations of the Complex Relationships Between Body Dissatisfaction, Coping Behaviors, and Health Outcomes

CHAIR: *Lauren A. Stutts, Ph.D., Davidson College*

DISCUSSANT: *C. Alix Timko, Ph.D., Children's Hospital of Philadelphia*

Earn 1.5 continuing education credits

Primary Category: Eating Disorders

Key Words: *Longitudinal, Body Image, Eating Disorders*

Body Dissatisfaction as a Predictor of Health and Wellness in Adult Women

Lisa S. Kilpela, Ph.D., UT Health San Antonio

Christina L. Verzijl, B.A., University of South Florida

Salome Wilfred, M.A., Assumption College

Tara Kams-Wright, Ph.D., UT Health San Antonio

Tiffany Stewart, Ph.D., Pennington Biomedical Research Center

Carolyn B. Becker, Ph.D., Trinity University

Self-Compassion on Weight and Shape Concerns and Eating Pathology

Kerstin K. Blomquist, Ph.D., Furman University

Lauren A. Stutts, Ph.D., Davidson College

Yoga , ED Symptoms, Body Dissatisfaction/Appreciation of University Students

Rachel Kramer, M.A., University of North Dakota

F. Richard Ferraro, Ph.D., University of North Dakota

SATURDAY

Symposium 83

**Getting Specific About Emotion Dysregulation in
Borderline Personality Disorder: A Multimethod
Approach**

CHAIR: *Matthew W. Southward, M.A., The Ohio State University*

DISCUSSANT: *Kim L. Gratz, Ph.D., University of Toledo*

Earn 1.5 continuing education credits

Primary Category: Personality Disorders

Key Words: *Borderline Personality Disorder, Emotion Regulation, Psychophysiology*

An Analysis of the Unique Skills Deficits Associated With BPD

Matthew W. Southward, M.A., The Ohio State University

Jennifer Cheavens, Ph.D., The Ohio State University

Inefficient Selection of ER Strategies in BPD Following Mood Induction

Alexander R. Daros, Ph.D., University of Virginia

Interpersonal Stressors in BPD and the Moderating Role of PTSD

Skye Fitzpatrick, M.A., University of Washington School of Medicine

Namita Patel, B.Sc., University of Toronto

Nouran Sakr, B.Sc., University of Guelph

Ashley Battaglini, B.Sc., University of Toronto

Janice Kuo, Ph.D., Ryerson University

ER Flexibility Among Individuals With Borderline Personality Features

Marykate Oakley, M.A., University of Massachusetts Amherst

Katherine Dixon-Gordon, Ph.D., University of Massachusetts-Amherst

Symposium 82

What's Going on in The Therapy Room? Measuring in-Session Client and Provider Behaviors Within the Community Implementation of Evidence-Based Practices for Youth

CHAIR: *Bryce McLeod, Ph.D.*, Virginia Commonwealth University

DISCUSSANT: *Aaron Hogue, Ph.D.*, The National Center on Addiction and Substance Abuse

Earn 1.5 continuing education credits

Primary Category: Dissemination / Implementation

Key Words: *Psychotherapy Process, Implementation, Evidence-Based Practice*

Caregiver-Mediated EB Intervention for Children With ASD in Community Settings

Teresa Lind, Ph.D., University of California, San Diego

Anna S. Lau, Ph.D., University of California, Los Angeles

Christopher Gomez, B.A., University of California, Los Angeles

Adriana Rodriguez, Ph.D., University of California, Los Angeles

Karen Guan, M.A., University of California, Los Angeles

Colby Chlebowski, Ph.D., University of California, San Diego, CA; Child and Adolescent Services Research Center (CASRC)

Bruce F. Chorpita, Ph.D., University of California, Los Angeles

Lauren Brookman-Frazee, Ph.D., University of California, San Diego, CA; Child and Adolescent Services Research Center (CASRC)

Aimee Zhang, B.A., N/A

Dimensions of Treatment Engagement Using Structural Equation Modeling

Alayna L. Park, M.A., University of California Los Angeles

Resham Gellatly, M.A., University of California, Los Angeles

Kimberly D. Becker, Ph.D., University of South Carolina

Bruce F. Chorpita, Ph.D., University of California, Los Angeles

Client Challenges and Community Therapists: EB Practices to Youth and Parents

Blanche Wright, M.A., University of California, Los Angeles

Tamar Kodish, M.A., University of California, Los Angeles

Joanna Kim, M.A., University of California, Los Angeles

Lauren Brookman-Fraze, Ph.D., University of California, San Diego

Anna S. Lau, Ph.D., University of California, Los Angeles

Engagement Barriers in System-Implementation of Multiple EB Practices

Joanna Kim, M.A., University of California, Los Angeles

Tamar Kodish, M.A., University of California, Los Angeles

Lauren Brookman-Fraze, Ph.D., University of California, San Diego

Anna S. Lau, Ph.D., University of California, Los Angeles

Youth-Therapist Alliance: EBT Manuals in Psychosocial Treatment for Youth Anxiety

Stephanie Violante, B.S., Virginia Commonwealth University

Julia R. Cox, M.S., Virginia Commonwealth University

Kristen Granger, Ph.D., Virginia Commonwealth University

Marieke de Gree, M.S., AN University of Applied Sciences; Radbound University

Vishnupriya Srivastava, B.A., Virginia Commonwealth University

Bryce McLeod, Ph.D., Virginia Commonwealth University

Michael A. Southam-Gerow, Ph.D., Virginia Commonwealth University

John Weisz, Ph.D., Harvard University

Bruce F. Chorpita, Ph.D., University of California, Los Angeles

Washington 3, Exhibition Level

Symposium 84

Applications of Individual Level Modeling: Promises, Pitfalls, and Possibilities

CHAIRS: *Marilyn L. Piccirillo, M.A.*, Washington University in St. Louis
Natasha A. Tonge, M.A., Department of Psychological and
Brain Sciences, Washington University in St. Louis
DISCUSSANT: *Richard J. McNally, Ph.D.*, Harvard University

Earn 1.5 continuing education credits

Primary Category: Comorbidity - Anxiety and Other

Key Words: *Adult Anxiety, Adult Depression, Research Methods*

Individual Dynamics in Bothersome Tinnitus Predict Intervention Response

Thomas L. Rodebaugh, Ph.D., Department of Psychological and Brain Sciences,
Washington University in St. Louis

Marilyn L. Piccirillo, Washington University in St. Louis

Dorina Kallogjeri, Washington University in St. Louis School of Medicine

Katherine Gerull, Washington University in St. Louis School of Medicine

Jay F. Piccirillo, Washington University in St. Louis School of Medicine

Comparison of Vector Autoregressive and Dynamic SEM Techniques

Marilyn L. Piccirillo, M.A., Washington University in St. Louis

Thomas L. Rodebaugh, Washington University in St. Louis

Individual Analysis of a Participant Nearing Relapse of Depression

Natasha A. Tonge, M.A., Department of Psychological and Brain Sciences, Washington
University in St. Louis

Thomas L. Rodebaugh, Ph.D., Washington University in St. Louis

J. Phillip Miller, Ph.D., Washington University in St. Louis

Evan Kharasch, MD, Ph.D., Washington University in St. Louis

Eric J. Lenze, M.D., Washington University in St. Louis

Symposium 85

A Revolution in Care: Updating Knowledge and Achieving Implementable Solutions in Digital Mental Health

CHAIR: *Cristina Botella, Ph.D.*, Universitat Jaume I, Castellón, España; CIBER Fisiopatología Obesidad y Nutrición (CIBERObn), Instituto Salud Carlos III, Valencia, España.

DISCUSSANT: *Stefan G. Hofmann, Ph.D.*, Boston University Center for Anxiety and Related Disorders

Earn 1.5 continuing education credits

Primary Category: Technology

Key Words: *Telehealth & Internet Interventions, Clinical Utility, Service Delivery*

Internet-Based vs. Face-to-Face CBT: Systematic Review and Meta-Analysis

Per Carlbring, Ph.D., Stockholm University

Pim Cuijpers, Vrije Universiteit Amsterdam

Heleen Riper, Vrije Universiteit Amsterdam

Erik Hedman, Karolinska Institutet

Alexander Rozental, Stockholms Universitet

Roz Shafraan, University College London

Gerhard Andersson, Linköping University

Predicting Dropout From Prolonged Exposure Therapy: Psychophysiological Tool

Heleen Riper, Ph.D., Vrije Universiteit Amsterdam
Annet Kleiboer, Vrije Universiteit, Amsterdam
Spyros Kolovos, Vrije Universiteit, Amsterdam
Jan Smit, GGZ inGeest, Amsterdam
Judith Bosmans, Vrije Universiteit, Amsterdam
Jeroen Ruwaard, GGZ inGeest, Amsterdam
Gerhard Andersson, Linköping University, Linköping
Naira Topooco, Linköping University, Linköping
Thomas Berger, Bern University, Bern
Tobias Krieger, Bern University, Bern
Cristina Botella, Jaume University, Castellón
Rosa Baños, University of Valencia, Valencia
Jean-Baptiste Haze, INSERM, Paris
Bruno Auizerate, Bordeaux University, Bordeaux
Ricardo Araya, London School of HTM, London
Arlinda Cerga-Pashoja, London School of HTM, London
Roman Cieslak, SWPS, University of Social Sciences and Humanities, Warsaw
Anna Rogala, SWPS, University of Social Sciences and Humanities, Warsaw
Christiaan Vis, Vrije Universiteit, Amsterdam
Sjasja Draisma, GGZ inGeest, Amsterdam
Anneke Van Schaik, GGZ inGeest, Amsterdam
David Ebert, Erlangen University, Erlangen
Ingrid Titzler, University of Erlangen, Erlangen
Burkhardt Funk, Leuphana University, Lüneburg
Eirini Karyotaki, Vrije Universiteit, Amsterdam
Pim Cuijpers, Vrije Universiteit, Amsterdam
Mark Hoogendoorn, Vrije Universiteit, Amsterdam
Artur Rocha, INESC, Porto
Pepijn Van der Ven, University of Limerick, Limerick
ECOMPARED Consortium, H2020 project, European Commission

Developing New Models for Safe and Efficient Internet-Based Treatments

Rocio Herrero, Ph.D., Universitat Jaume I de Castello
Corinna Jacobi, Technische Universität Dresden
Rosa Baños, Universitat de Valencia
Azucena Garcia-Palacios, Universitat Jaume I de Castello
Ina Beintner, Technische Universität Dresden
Jennifer Beecham, London School of Economics and University of Kent
David Daniel Ebert, Friedrich-Alexander-Universität Erlangen-Nürnberg
Dennis Görlich, Global Challenges Center
Megan Jones, Medical University of Vienna
Mark Willems, Minddistrict
Cristina Botella, Universitat Jaume I de Castello

Understanding, Assessing, and Treating Affective Disorders

Desirée Colombo, M.A., Universitat Jaume I de Castello

Javier Fernández-Alvarez, Università Cattolica del Sacro Cuore

Giuseppe Riva, Università Cattolica del Sacro Cuore

Azucena Palacios, Universitat Jaume I de Castello

Cristina Botella, Universitat Jaume I de Castello

10:15 a.m. – 11:15 a.m.

Roosevelt 4, Exhibition Level

Symposium 86

Translational Intervention Research in Depression: Exploring Mechanisms of Action

CHAIR: *Jaimie Lunsford, M.A., UNC-Greensboro*

DISCUSSANT: *Moria J. Smoski, Ph.D., Duke University*

Earn 1.5 continuing education credits

Primary Category: Adult Depression / Dysthymia

Key Words: *Depression, Translational Research, Treatment-CBT*

Transcranial Magnetic Stimulation and Self-System Therapy for Depression

Timothy Strauman, Ph.D., Duke University

Bruce Luber, Ph.D., NIMH

Andrada Neacsiu, Ph.D., Duke University

Simon Davis, Ph.D., Duke University

Sarah Lisanby, M.D., NIMH

Differential Efficacy: Therapy-Relevant Client Characteristics in Depression

Kari Eddington, Ph.D., University of North Carolina at Greensboro

Paul Silvia, Ph.D., UNC-Greensboro

Tamara Foxworth, Ph.D., James A Haley VA Hospital

Change in Treatment of Depression: Experience Sampling and Diary Methods

Ariana Hoet, M.A., University of North Carolina at Greensboro

Chris Burgin, Ph.D., Tennessee Tech University

Kari Eddington, Ph.D., UNC-Greensboro

Symposium 87

Examining the Role of Anxiety in Maladaptive Health Behaviors

CHAIRS: *Andrew H. Rogers, B.A., University of Houston*
Arielle Horenstein, M.A., Temple University

DISCUSSANT: *Jasper Smits, Ph.D., The University of Texas at Austin*

Earn 1.5 continuing education credits

Primary Category: Health Psychology / Behavioral Medicine - Adult

Key Words: *Anxiety, Health Psychology, Behavioral Medicine*

Bidirectional Associations Between Anxiety and Insomnia Symptoms

Nicole A. Short, M.Sc., Florida State University

Norman Schmidt, Ph.D., Florida State University

Intolerance of Uncertainty: Relationship of Health Anxiety and Medical Care

Arielle Horenstein, M.A., Temple University

Andrew H. Rogers, B.A., University of Houston

Jafar Bakhshaie, M.D., University of Houston

Michael Zvolensky, Ph.D., University of Houston

Relationship Between Body Mass Index and Motivation to Avoid Exercise

Sima Kaplan, M.A., Temple University

Arielle Horenstein, M.A., Temple University

Richard G. Heimberg, Ph.D., Temple University

Health Behaviors, PTSD, and Comorbid General Anxiety and Depression

Julia E. Mason, M.A., University of Regina

Daniel LeBouthillier, M.A., University of Regina

Gordon Asmundson, Ph.D., University of Regina

Negative Affect-Related Smoking Cognition of Treatment Seeking Smokers

Jafar Bakhshaie, M.D., University of Houston

Andrew H. Rogers, B.A., University of Houston

Brooke Kauffman, M.A., University of Houston

Melissa Fasteau, Psy.D., Houston OCD Program

Julia Buckner, Ph.D., Louisiana State University

Norman Schmidt, Ph.D., Florida State University

Michael Zvolensky, Ph.D., University of Houston



Taft, Mezzanine Level

SIG Meeting

Cognitive Therapy

Key Words: *Cognitive Therapy, Cognitive Processes, Evidence-Based Practice*

We will review efforts on social networking and dissemination, introduce new members, review our mentorship program, poster session, etc. We will then have an invited guest speaker present new work in a relevant topic area. We are particularly interested in having students attend , but all are welcome - even if you're not yet a member!

Workshop 11

ticket

Parenting Through the Pressure: Using CBT to Work With Parents of Anxious Teens

Muniya Khanna, Ph.D., Children and Adult's Center for OCD and Anxiety
Deborah A. Ledley, Ph.D., Children's and Adult Center for OCD and Anxiety

Earn 3 continuing education credits

Moderate level of familiarity with the material

Primary Category: Child / Adolescent - Anxiety, Parenting/Families

Key Words: *Adolescent Anxiety, Parenting, CBT*

Today's teens are more stressed than ever. Compared to teens of earlier generations, today's teens have higher rates of depression, anxiety, and other forms of psychopathology. Teens today are also more reliant on their parents, counting on them for emotional support well into early adulthood (see Lythcott-Haims, 2015). This leaves parents of teens with a great deal of uncertainty about how to help their kids navigate the challenges that they face. In this workshop, we will discuss various modalities for engaging parents of teens in the therapy process. Parents can learn plenty as an adjunct to their teen's therapy; can secure their own individual treatment; and can engage in group sessions with other parents. Attention will be paid to how technology can be used to facilitate ease of treatment for busy families. Regardless of format, specific ingredients are helpful to parents of anxious teens. First, cognitive work must be used to help parents explore and then reframe their own beliefs that might be feeding their teen's anxiety. These beliefs fall into two main (but related) categories: beliefs about the child's future (e.g., "If he doesn't go to an Ivy League school, he won't get a job," "If she doesn't play a sport at the very highest level, she won't get into college," "My friends will think I'm a total failure if my child doesn't go to a top college") and beliefs about the child's ability to cope (e.g., "If I don't stay up with her when she's doing her schoolwork, she'll fall apart from the stress," "If I don't study for the exam with him, he'll fail," "If she goes into the city on her own, she'll get lost"). Ample case examples will be used to show how we have accessed these beliefs in families and then worked to reframe them, leading to less anxiety and better functioning within the family. Second, we will demonstrate how to teach parents to carry out their own exposures in order to test out faulty beliefs in these areas (e.g., letting the child go into the city on her own, allowing the child to study for an important exam without help). Finally, we will discuss how to re-shape communication patterns within the family with the goal of nurturing independence while also helping teens to feel appropriately supported and empowered by their parents.

You will learn:

- Recognize possible factors driving high rates of teen anxiety, and how these factors and their concomitant anxiety impact the parent/child relationship.
- Examine various models for engaging parents of anxious teens in treatment, including ways that technology might be used to facilitate treatment.

- Delineate how to teach CBT skills to parents, aimed at reducing their own anxiety and being able to coach their teens within the home environment.

Recommended Readings: Lythcott-Haims, J. (2015). *How to raise an adult: Break free of the overparenting trap and prepare your kid for success*. Henry Holt and Company. Achar Josephs, S. (2017). *Helping your anxious teen: Positive Parenting Strategies to Help Your Teen Beat Anxiety, Stress, and Worry*. New Harbinger Publications. Leahy, R. L. (2017). *Cognitive therapy techniques: A practitioner's guide*. Guilford Publications.

Workshop 12

ticket

False Safety Behavior Elimination: Transdiagnostic Strategy for Anxiety Disorders

Kristina Korte, Ph.D., Harvard Medical School

Brad B. Schmidt, Ph.D., Florida State University

Earn 3 continuing education credits

Moderate to Advanced level of familiarity with the material

Primary Category: Adult Anxiety - General, Treatment- CBT

Key Words: *Anxiety, Transdiagnostic, Treatment-CBT*

In response to the ever-growing number of CBT-based therapy protocols, transdiagnostic approaches to anxiety treatment, based on models of anxiety emphasizing common elements across anxiety disorders, have been increasingly explored. We have developed a transdiagnostic treatment method (called False Safety Behavior Elimination Therapy) that focuses on the elimination of anxiety-maintaining behaviors and cognitive strategies (so-called “safety” aids) among individuals suffering from a range of anxiety disorders. Safety aids are strategies utilized by patients to help manage or cope with their anxiety, which paradoxically reinforce the fears they are intended to manage. The protocol has been evaluated in both a group (10-session) and an individually administered (5-session) format. In both clinical trials, the intervention showed large effect sizes that were maintained during follow-up. The results from the clinical trials support a simpler, focused form of CBT that can be delivered with minimal therapist training, at a low cost, and with minimal client contact time. The goals of this Workshop include (1) review the empirical evidence supporting the mechanistic role of safety behaviors as maintaining factors in anxiety psychopathology, and (2) explain the principles of false safety behavior elimination. Both the individual and group treatment protocols will be described in detail. Clinical examples will be provided along with examples of treatment materials.

You will learn:

- Discuss the empirical basis of safety behaviors as a maintaining mechanism in anxiety psychopathology;
- Explain how to assess safety behavior strategies in patients with anxiety disorders;
- Delineate how to utilize safety behavior elimination strategies in clinical samples.

Recommended Readings: Schmidt, N.B., Buckner, J.D., Pusser, A., Woolaway-Bickel, K., sPreston, J.L. (2012). Randomized controlled trial of False Safety Behavior Elimination Therapy (F-SET): A unified cognitive behavioral treatment for anxiety psychopathology. *Behavior Therapy*, 43, 518-532. Riccardi, C.J., Korte, K.J., & Schmidt, N.B. (2017). False safety behavior elimination therapy: A randomized study of a brief individual transdiag-

nostic treatment for anxiety disorders. *Journal of Anxiety Disorders*, 46, 35-45. Schmidt, N.B., Richey, J.A., Maner, J.K., & Woolaway-Bickel, K. (2006). Differential effects of safety in extinction of anxious responding to a CO2 challenge in patients with panic disorder. *Journal of Abnormal Psychology*, 115, 341-350.

Marriott Balcony B, Mezzanine Level

Master Clinician Seminar 7

ticket

Interpersonal Psychotherapy for Depressed Adolescents: Principles and Techniques

Laura Mufson, Ph.D., Columbia University

Earn 2 continuing education credits

Basic level of familiarity with the material

Primary Category: Child/Adolescent- Depression

Key Words: *Child /Adolescent- Depression*

Interpersonal Therapy for Depressed Adolescents (IPT-A) has been demonstrated to be an efficacious treatment for adolescent depression and is delineated in a published treatment manual (Mufson, Dorta, Moreau, & Weissman, 2004). IPT-A was adapted from the adult model of IPT and similarly is based on the premise that depression, regardless of its etiology, occurs in an interpersonal context. IPT-A is a 12-15 session treatment that focuses on improving depressive symptoms and interpersonal functioning. IPT-A meets the criteria of a “well-established treatment” for adolescent depression according to the American Psychological Association Task Force on the Promotion and Dissemination of Psychological Procedures. Most important, IPT-A is one of a few evidence-based psychotherapies that has been transported and implemented in community settings with demonstrated effectiveness when delivered by community therapists. IPT-A is considered to be an effective, evidence-based treatment for adolescent depression by the Society of Clinical Child and Adolescent Psychology (<http://effectivechildtherapy.com/content/depression>). This presentation will provide participants with an overview of IPT-A, examples of key IPT-A techniques, and a discussion of how IPT-A has been adapted for use in community settings.

You will learn:

- Describe how to apply the basic principles of Interpersonal Psychotherapy for Depressed Adolescents (IPT-A);
- Gain exposure to the key IPT-A techniques;
- Recognize how IPT-A has been implemented in community settings.

Recommended Readings: Baerg-Hall, E., & Mufson, L. (2009). Interpersonal Psychotherapy for Depressed Adolescents (IPT-A): A case illustration. *Journal of Clinical Child and Adolescent Psychology*, 38(4), 582-593. Mufson, L., Dorta, K. P., Moreau, D., & Weissman, M. M. (2004). *Interpersonal psychotherapy for depressed adolescents* (2nd ed.). New York: Guilford Press. Mufson, L., Rynn, M., Yanes-Lukin, P., Choo, T.H., Soren, K., Stewart, E., Wall, M. (2018). Stepped care interpersonal psychotherapy treatment for depressed adolescents: A pilot study in pediatric clinics. *Administration and Policy in Mental Health and Mental Health Services Research*, 45(3) 417-431. McGlinchey, E.L., Turner, J.B., & Mufson, L. *Innovations in Practice: The relationship between sleep disturbances, depression, and interpersonal functioning in treatment for adolescent depression.* *Child and*

Adolescent Mental Health. 2017; 22 (2):96-99. PMID 2894782. Reyes-Portillo, J.A., McGlinchey, E.L., Yanes-Lukin, P.K., Turner, J.B., & Mufson, L. (2017). Mediators of Interpersonal Psychotherapy for Depressed Adolescents on Outcomes in Latinos: The Role of Peer and Family Interpersonal Functioning. *Journal of Latina/o Psychology*; 5(4):248-260.

Marriott Ballroom 1, 2 & 3, Lobby Level

Invited Address 2

**Improving the Quality of Evidence-Based Treatments:
Can (and Should) Technology Help?**

Patricia Arean, Ph.D., University of Washington

Earn 1 continuing education credit

Primary Category: Technology, Translational, Neuroscience

Key Words: *Therapeutic Video Games, Targeted Treatment, Translational Research*



PATRICIA
AREAN

The purpose of this talk is to discuss the recent developments in the use of therapeutic video game technology as a potential means for treating mental health problems and for training clinicians in evidence-based treatments. The presentation will begin with a discussion of the Research Domain Criteria Project (RDoC), how findings from cognitive neuroscience can be used to personalize treatment for depression, and how interventions can be translated into digital therapeutics. Dr. Areán will present data from four studies using a therapeutic video game called Project EVO, the first three focused on adults and older adults with depression and co-occurring cognitive control deficits, and the last focused on sixth graders exhibiting behavioral problems in a low-income, largely minority public school. This talk will highlight the potential for these games to quickly remediate neuro-cognitive problems associated with depression, the opportunities these therapeutics have in overcoming access to barriers, as well as the limitations of these programs, and future directions for this body of research.

You will learn:

- Present latest information about the use of RDoC principles in developing targeted interventions
- Describe the recent data on effectiveness of therapeutic video treatments and future directions for research

- Discuss and present data on issues that patients raise about the rise of technology in mental health care

Recommended Readings: Anguera, J.A., Gunning, F.M., & Areán, P.A. (2017). Improving late life depression and cognitive control through the use of therapeutic video game technology: A proof-of-concept randomized trial. *Depression and Anxiety*, 34(6), 508-517.

Arean, P.A., Hallgren, K.A., Jordan, J.T., Gazzaley, A., Atkins, D.C., Heagerty, P.J., & Anguera, J.A. (2016). The use and effectiveness of mobile apps for depression: Results from a fully remote clinical trial. *Journal of Medical Internet Research*, 18(12), e330.

Areán, P. A., Hoa Ly, K., & Andersson, G. (2016). Mobile technology for mental health assessment. *Dialogues in Clinical Neuroscience*, 18(2), 163-169.

12:00 p.m. – 1:30 p.m.

Lincoln 2, Exhibition Level

Membership Panel Discussion 3

Getting Published as a Student or Early Professional: Multiple Perspectives

Miranda L. Beltzer, M.A., University of Virginia

David DiLillo, Ph.D., University of Nebraska - Lincoln

Lauren B. Quetsch, West Virginia University

Alayna R. Schreier, M.A., University of Nebraska-Lincoln

Earn 2 continuing education credits

Key Words: Career Development, Student Issues, Graduate Training

A successful publication record is important as a graduate student and essential to many career paths in psychology and related fields. However, many students and early professionals can find the process of publishing to be a considerable challenge. This panel, sponsored by the Student Membership Committee, will provide tips and discussion related to successful publishing. Panelists will speak about this process from a variety of career points, including graduate student, intern, postdoctoral fellow/early career, and faculty mentor. They will seek to provide practical, current information about the process of publication from start to finish. This will include seeking out mentorship, navigating collaborative relationships, and establishing a line of research. Other topics will include acquiring or gaining access to data, choosing appropriate journals, and writing in a time-efficient manner. In addition, the panel will highlight methods for maintaining publication success throughout a career. Audience participation is encouraged.

Thurgood Marshall South, Mezzanine Level

Panel Discussion 25

A Duty to Warn? A Discussion of Potentially Harmful Therapies

MODERATOR: *Amanda Jensen-Doss, Ph.D.*, University of Miami

PANELISTS: *Krista Jana, Ph.D.*, Private Practice

Scott Lilienfeld, Ph.D., Emory University; University of Melbourne

Dean McKay, ABPP, Ph.D., Fordham University

Jean Mercer, Ph.D., Stockton University

Bethany A. Teachman, Ph.D., University of Virginia

Bradley White, Ph.D., Virginia Tech

Earn 1.5 continuing education credits

Primary Category: Professional / Interprofessional Issues

Key Words: *Evidence-Based Practice, Ethics, Treatment-Other*

The field has invested significant resources in identifying evidence-based practices (e.g., Chorpita et al., 2011; Hollon et al., 2014) and disseminating that information to the public (e.g., effectivechildtherapy.com; ebbp.org). However, less attention has been paid to identifying potentially harmful therapies (PHTs), and several authors have argued that the field has a “duty to warn” the public about them (e.g., Lilienfeld, 2007; Wolpert, Deighton, Flemming, & Lachman, 2015; Mercer, 2017; Dimidjian & Hollon, 2010). This panel will bring together experts in the development of clinical practice guidelines and other evidence-based practice resources, the author of one of the seminal papers on PHTs, and a practitioner working in private practice to discuss issues related to the identification and dissemination of information about PHTs. The panel will begin with a brief overview of models that have been proposed to identify PHTs and their conclusions to date, including discussion of PHT lists in other disciplines (e.g., Beers Criteria). The moderator will then lead the panel and audience members in a discussion of a broad range of topics including: 1) What types of evidence should be used to classify an intervention as a PHT? 2) How might the field go about generating such evidence? 3) What are the potential pitfalls of identifying PHTs? 4) To what extent should we be trying to identify potentially harmful therapists as well as PHTs? 5) What role should professional organizations like ABCT play in efforts to identify PHTs? 6) If therapists encounter peers using PHTs, what are their ethical obligations and what types of information might require action? 7) What are the best avenues for disseminating information about PHTs? 8) Which stakeholders need to be informed about PHTs? The panel will conclude with a discussion of common themes and avenues for next steps.

Panel Discussion 26

Dissemination and Implementation Science to Reduce Mental Health Burden: Closing the Research to Training Gap

MODERATORS: *Natalie Hong, B.Sc.*, Florida International University
Rachel Ouellette, B.S., Florida International University

PANELISTS: *Stacy Frazier, Ph.D.*, Florida International University
Rinad Beidas, Ph.D., Perelman School of Medicine at the University of Pennsylvania
Tara G. Mehta, Ph.D., College of Medicine at the University of Illinois at Chicago
Risa Weisberg, Ph.D., VA Boston Healthcare System and Boston University School of Medicine

Earn 1.5 continuing education credits

Primary Category: Dissemination / Implementation

Key Words: *Dissemination, Implementation, Training / Training Directors*

Within the past two decades, the field of dissemination and implementation (D&I) science has gained significant traction, devoted to examining, and ultimately bridging, the gap between evidence-based treatments evaluated in controlled research settings and services provided in routine care settings. A rich and rigorous literature has emerged - sparking conferences, books, and special issues - yet, explicit priorities and opportunities for training in this area remain relatively scarce. *The goal for this panel is to introduce content and methods for infusing D&I science into training for the next generation of clinical scientists.* The panel consists of prominent D&I scientists who also serve in positions supporting clinical psychology training for research coordinators, doctoral students, clinical psychology interns, and post-doctoral fellows. Panelists will begin by describing their positions, experience with providing training and support related to D&I research, and the primary methods they utilize to develop core knowledge and skills for emerging researchers. Next, panelists will identify overlapping training methods utilized across settings and training levels toward highlighting a set of core competencies. Finally, panelists will offer recommendations for more widely and effectively infusing D&I science into training along the continuum from post-baccalaureate to post-doctoral levels. Opportunities and challenges will be discussed, with a focus on developing feasible and concrete recommendations for delivering and measuring training in dissemination, implementation, and services research.

Panel Discussion 27

Wise Interventions for Psychopathology? Integrating Social and Clinical Psychological Science

MODERATOR: *Jessica L. Schleider, Ph.D.*, Stony Brook University

PANELISTS: *Anil Chacko, Ph.D.*, New York University

Gabriele Oettingen, Ph.D., New York University

David Yeager, Ph.D., The University of Texas at Austin

John H. Riskind, Ph.D., George Mason University

Andres De Los Reyes, Ph.D., University of Maryland at College Park

David Valentiner, Ph.D., Northern Illinois University

Earn 1.5 continuing education credits

Primary Category: Translational

Key Words: *Translational Research, Treatment Development, Treatment-Other*

Efforts to deploy evidence-based treatments (EBTs) for psychopathology have advanced greatly, yet they have not reduced the overall burden of mental illness. This discrepancy stems partly from service accessibility and potency: Up to 67% of adults and 80% of youth with mental health problems do not receive services, and EBTs are not always effective for those who access them (SAMHSA, 2016). Social psychology research on *wise interventions* (WIs) may help address the need for potent strategies to reduce psychopathology that can also be delivered at scale. WIs “alter self-reinforcing processes that unfold over time and...improve people’s outcomes in diverse circumstances and long into the future” (Walton, 2014). Informed by social psychological theory, WIs can be brief (5-30 min.) web- or mobile-based activities delivered to large groups. WIs yielded robust benefits for academic, interpersonal, and medical outcomes, yet we know little about their applicability to mental health. **This panel aims to highlight new research on WIs to prevent and treat psychopathology, and spur cross-disciplinary discussion of WIs for mental health.** Panelists are social, developmental, and clinical psychologists with expertise in WIs (Drs. Oettingen, Yeager), traditional EBTs (Drs. Chacko, De Los Reyes), or both (Drs. Riskind, Valentiner). We will first overview past WI research and links between social psychology and clinical science. Next, we will share new work on WIs for mental health, including Growth Mindset WIs for youth depression and aggression and Mental Contrasting with Implementation Intentions WIs for diverse challenges (e.g. problem drinking; low treatment-seeking). We will discuss WIs as stand-alone strategies or adjuncts to longer EBTs, or *wise additions*. Finally, we will describe a vision for a modern, translational social-clinical intervention science, noting key next-steps in gauging WIs’ promise as a force for mental health.

12:00 p.m. – 1:30 p.m.



Marriott Balcony A, Mezzanine Level

SIG Meeting

Addictive Behaviors

Key Words: *Addictive Behaviors, Substance Abuse, Evidence-Based Practice*

The Addictive Behaviors SIG meeting will include a presentation of our annual report, award presentations for Early Career Award and the G. Alan Marlatt Research Memorial Award, and three minute presentations of selected SIG-Expo posters. There will also be ample opportunity to social and network with SIG members. Please join us!

12:00 p.m. – 1:00 p.m.



Taft, Mezzanine Level

SIG Meeting

Clinical Research Methods and Statistics

Key Words: *Research methods, Statistics*

During our meeting, we will have a designated speaker to discuss an issue related to clinical research methods and statistics. Following this, we will plan symposia and speakers for the ABCT 2018, Washington, DC conference.

12:00 p.m. – 2:00 p.m.

Taylor, Mezzanine Level

Shabbat

Please join us for Shabbat. All are welcome.

Symposium 88

What Can We Learn About CBT by Studying Trajectories of Change?

CHAIR: *Jacqueline B. Persons, Ph.D.*, CBT & Science Center

DISCUSSANT: *Stefan G. Hofmann, Ph.D.*, Boston University Center for Anxiety and Related Disorders

Earn 1.5 continuing education credits

Primary Category: Treatment - CBT

Key Words: *Change Process / Mechanisms, Therapy Process*

Linear Change and Random Fluctuation vs. Predictor of Treatment Outcome

Leigh A. Andrews, B.A., University of Delaware

Adele Hayes, Ph.D., University of Delaware

Anna Abel, Ph.D., Devon Partnership UK National Health Service

Willem Kuyken, Ph.D., University of Oxford

SA, Reappraisal, and Mindfulness: RCT of CBGT vs. MBSR for SAD

Philippe R. Goldin, Ph.D., Betty Irene Moore School of Nursing, University of California, Davis

Precision Intervention Targets With Machine Learning: Idiographic Approach

Aaron J. Fisher, Ph.D., University of California, Berkeley

Peter D. Soyster, B.A., University of California, Berkeley

Amanda Rabinowitz, Ph.D., Moss Rehabilitation Center

Relationship Between Dropout and Outcome in Naturalistic CBT

Garret G. Zieve, B.A., University of California, Berkeley

Jacqueline B. Persons, Ph.D., Oakland Cognitive Behavior Therapy Center

Lisa Ann Yu, B.A., Cognitive Behavior Therapy and Science Center

Symposium 89

Residential Dialectical Behavior Therapy for Adolescents: An Overview of Treatment Outcomes

CHAIR: *Luciana G. Payne, Ph.D.*, McLean Hospital/Harvard Medical School

DISCUSSANT: *Alec L. Miller, Psy.D.*, Cognitive & Behavioral Consultants

Earn 1.5 continuing education credits

Primary Category: Treatment - DBT

Key Words: *Adolescents, Emotion Regulation, DBT (Dialectical Behavior Therapy)*

DBT in a Residential Setting: Adolescents With Multiple Comorbidities

Wendy Bamatter, Ph.D., McLean Hospital/Harvard Medical School

Lyndsey Moran, McLean Hospital/Harvard Medical School

Cynthia Kaplan, McLean Hospital/Harvard Medical School

Blaise Aguirre, McLean Hospital/Harvard Medical School

Gillian Galen, McLean Hospital/Harvard Medical School

Naomi Tarlow, University of Miami

Jeremy Stewart, McLean Hospital/Harvard Medical School

Miriam Rowan, McLean Hospital/Harvard Medical School

Judy Mintz, McLean Hospital/Harvard Medical School

Randy Auerbach, McLean Hospital/Harvard Medical School

Outcomes for Adolescent Boys in DBT Residential Treatment Program

Alan Fruzzetti, Ph.D., McLean Hospital/Harvard Medical School

Caitlin McLean, Harvard Medical School

Luciana G. Payne, Harvard Medical School

Allison Ruork, University of Nevada Reno

Parent Skills Training in Residential DBT for Adolescents: Helping Families

Luciana G. Payne, Ph.D., McLean Hospital/Harvard Medical School

Alan Fruzzetti, McLean Hospital/Harvard Medical School

Type/Severity of Child Abuse on NSSI and Suicidality in Youth With BPD

Miriam Rowan, Psy.D., McLean Hospital/Harvard Medical School

Cynthia Kaplan, McLean Hospital/Harvard Medical School

Naomi Tarlow, University of Miami

Jeremy Stewart, McLean Hospital/Harvard Medical School

Blaise Aguirre, McLean Hospital/Harvard Medical School

Gillian Galen, McLean Hospital/Harvard Medical School

Wendy Bamatter, McLean Hospital/Harvard Medical School

Judy Mintz, McLean Hospital/Harvard Medical School

Randy Auerbach, McLean Hospital/Harvard Medical School

Symposium 98

**Increasing the Reach of Exposure Therapy for PTSD:
The Latest in Randomized Controlled Trials Designed to
Reduce Implementation Barriers**

CHAIR: *Laurie J. Zandberg, Psy.D.*, Perelman School of Medicine at the University of Pennsylvania

DISCUSSANT: *Shannon Wiltsey-Stirman, Ph.D.*, VA Palo Alto Health Care System/Stanford

Earn 1.5 continuing education credits

Primary Category: PTSD

Key Words: *PTSD (Posttraumatic Stress Disorder), Implementation, Treatment-CBT*

Massed vs. Spaced PE Therapy for Active-Duty Military Personnel

Carmen McLean, Ph.D., National Center for PTSD, Dissemination and Training Division, and Stanford University School of Medicine

Edna Foa, Ph.D., Center for the Treatment and Study of Anxiety, University of Pennsylvania Department of Psychiatry

Yinyin Zang, Ph.D., Center for the Treatment and Study of Anxiety, University of Pennsylvania Department of Psychiatry

David Rosenfield, Ph.D., Department of Psychology, Southern Methodist University

Elna Yadin, Ph.D., Center for the Treatment and Study of Anxiety, University of Pennsylvania Department of Psychiatry

Jeffrey Yarvis, Ph.D., Carl R. Darnall Army Medical Center

Jim Mintz, Ph.D., Department of Psychiatry, University of Texas Health Science Center at San Antonio

Stacey Young-McCaughan, Ph.D., Department of Psychiatry, University of Texas Health Science Center at San Antonio

Elisa Borah, Ph.D., Steve Hicks School of Social Work at The University of Texas at Austin

Katherine A. Dondanville, Psy.D., Department of Psychiatry, University of Texas Health Science Center at San Antonio

Brooke Fina, MSW, Department of Psychiatry, University of Texas Health Science Center at San Antonio

Brittany Hall-Clark, Ph.D., Department of Psychiatry, University of Texas Health Science Center at San Antonio

Tracey Lichner, Ph.D., Center for the Treatment and Study of Anxiety, University of Pennsylvania Department of Psychiatry

Brett T. Litz, Ph.D., Massachusetts Veterans Epidemiological Research and Information Center,
John Roache, Ph.D., Department of Psychiatry, University of Texas Health Science Center at San Antonio
Edward Wright, Ph.D., Massachusetts General Hospital and Harvard Medical School, Boston, Massachusetts
Alan Peterson, Ph.D., ABPP, Department of Psychiatry, University of Texas Health Science Center at San Antonio

Home-Based Delivery of PE Therapy: Clinical Efficacy of Service Modalities

Leslie Morland, Psy.D., VA San Diego Healthcare System
Mackintosh Margaret, NCPTSD
Kathleen Grubbs, Ph.D., VASD
Stephanie Wells, M.A., UCSD
S.A.M. Rauch, Ph.D., Emory University
Peter W. Tuerk, MUSC
Lisa Glassman, Ph.D., UCSD
Ron Acierno, Ph.D., MUSC

Treatment Gains of a Brief, Exposure-Based Treatment for PTSD

Denise Sloan, Ph.D., Behavioral Science Division, National Center for PTSD
Brian Marx, Ph.D., Boston University School of Medicine
Daniel Lee, Ph.D., Boston University School of Medicine
Johanna Thompson-Hollands, Ph.D., VA Boston Healthcare System

Prolonged Exposure in the Army: Consultation for Effective Dissemination?

Edna Foa, Ph.D., Perelman School of Medicine at the University of Pennsylvania
Carmen McLean, Ph.D., Center for the Treatment and Study of Anxiety, University of Pennsylvania Department of Psychiatry
Laurie J. Zandberg, Psy.D., Center for the Treatment and Study of Anxiety, University of Pennsylvania Department of Psychiatry
Yinyin Zang, Ph.D., Center for the Treatment and Study of Anxiety, University of Pennsylvania Department of Psychiatry
Kathy Benhamou, B.A., Center for the Treatment and Study of Anxiety, University of Pennsylvania Department of Psychiatry
David Rosenfield, Ph.D., Department of Psychology, Southern Methodist University
Heather Campbell, Ph.D., Evans Army Community Hospital
Jeremy Francis, M.D., Evans Army Community Hospital
Brenda Hanson, Ph.D., William Beaumont Army Medical Center
Ivett Lillard, LPC, Blanchfield Army Community Hospital
Thomas Patterson, Psy.D., Blanchfield Army Community Hospital
Valerie Scott, Psy.D., Blanchfield Army Community Hospital
Charles Weber, D.O., Evans Army Community Hospital
Joseph Wise, M.D., Blanchfield Army Community Hospital
Charles Zamora, MSW, William Beaumont Army Medical Center
Jim Mintz, Ph.D., Department of Psychiatry, University of Texas Health Science Center at San Antonio
Stacey Young-McCaughan, Ph.D., Department of Psychiatry, University of Texas Health Science Center at San Antonio
Alan Peterson, Ph.D., ABPP, Department of Psychiatry, University of Texas Health Science Center at San Antonio

Mini Workshop 8

Guided Discovery Strategies: Practical Strategies to Overcome Common Pitfalls

Brittany Hall, Ph.D., Children's Health - Children's Medical Center/
University of Texas Southwestern Medical Center

Lynn McFarr, Ph.D., CBT California

Scott H. Waltman, Board Certified Clinical Psychologist

Moderate level of familiarity with the material

Primary Category: Education, Training, and Supervision - Graduate / Undergraduate / Postdoctoral

Key Words: *Career Development, Cognitive Restructuring, CBT*

One of the most challenging CBT skills to learn is compassionately and artfully guiding a client to take a more balanced or helpful perspective. Socratic Questioning is at the heart of cognitive exploration; however, it is a complicated skill that is difficult to learn (Clark & Egan, 2015; Padesky, 1993). Common problems of clinicians learning Socratic Questioning included not knowing which questions to ask, trying to get the client to arrive at specific conclusions, or trying to convince the client. This mini-workshop will focus on demystifying the process of guided discovery and presenting a practical framework for implementation of Socratic strategies. Essential components such as identifying the key cognitions to target, gathering more information, curiously listening, providing a summary, and tying it all together will be reviewed and practiced. Mini-workshop participants will leave with an understanding of how to use two specific Socratic strategies. This mini-workshop is geared towards frontline clinicians, supervisors, and trainers and will focus on the strategies that have been found to be successful in two separate large-scale CBT implementation initiatives. Experiential methods of learning will be emphasized.

You will learn:

- How to identify key cognitions to targets with Socratic strategies
- How to use a framework to conceptualize the process of Guided Discovery
- How to use two specific Socratic strategies

Recommended Readings: Padesky, C. A. (1993). Socratic questioning: Changing minds or guiding discovery. Paper presented at the A keynote address delivered at the European Congress of Behavioural and Cognitive Therapies, London. Retrieved from: <http://padesky.com/newpad/wp-content/uploads/2012/11/socquest.pdf> Clark, G. I., & Egan, S. J. (2015). The Socratic method in cognitive behavioural therapy: A narrative review. *Cognitive Therapy and Research*, 39, 863-879. Waltman, S. H., Hall, B. C., McFarr, L. M., Beck, A. T., & Creed, T. A. (2017). In-session stuck points and pitfalls of community clinicians learning CBT: Qualitative investigation. *Cognitive and Behavioral Practice*, 24, 256-267. doi:10.1016/j.cbpra.2016.04.002

Hoover, Mezzanine Level

Annual Meeting of Members

All ABCT members are encouraged to attend this meeting. Learn about the Association's 2019 Strategic Planning Plan and our priorities for the next several years. Hear about our accomplishments throughout the 2018 membership and what is on the agenda for 2019. Meet the newest members of the ABCT governance and help thank your colleagues who have contributed so much to ABCT's success over the past year. And don't forget to nominate a colleague or two for an officer position in the 2019 ABCT elections! See your addendum for nomination details.

Maryland A, Lobby Level

Symposium 90

Participant Observations: Considerations and Applications Across Home, Outpatient, and School Contexts

CHAIR: *Michelle Grimes, Ph.D.*, Southern Utah University

DISCUSSANT: *David Reitman, Ph.D.*, Nova Southeastern University

Earn 1.5 continuing education credits

Primary Category: Assessment

Key Words: *Measurement, Evidence-Based Practice, Child Externalizing*

Teaching Parents to Observe Child Behavior: Comparison of Methods

Michelle Grimes, Ph.D., Southern Utah University

Stacy Forcino, Ph.D., California State University, San Bernardino

Cy Nadler, Ph.D., Children's Mercy Kansas City

Contingencies Reduce Child Impairment and Improve Parenting Efficacy

Carla C. Allan, Ph.D., Children's Mercy Kansas City

Emma Rogers, B.A., Ohio University

Greg Schutte, Ph.D., Briar Cliff University

Simone Moody, Ph.D., Children's Mercy Kansas City

Trista Perez Crawford, Ph.D., Children's Mercy Kansas City

Cy Nadler, Ph.D., Children's Mercy Kansas City

Vincent Staggs, Ph.D., Children's Mercy Kansas City

1:45 p.m. – 2:45 p.m.

McKinley, Mezzanine Level

How to Get Published in Cognitive and Behavioral Practice and Behavior Therapy

Brian C. Chu, Ph.D., Rutgers University

Denise Sloan, Ph.D., Behavioral Science Division, National Center for PTSD

Barbara W. Kamholz, ABPP, Ph.D., VA Boston HCS/ BU School of Medicine

Muniya Khanna, Ph.D., Children and Adult's Center for OCD and Anxiety

Christopher Martell, Ph.D., University of Massachusetts Amherst

Jonathan S. Comer, Ph.D., Mental Health Interventions and Technology (MINT) Program, Florida International University

Trevor A. Hart, Ph.D., C.Psych, Ryerson University

R. Kathryn McHugh, Ph.D., McLean Hospital

Dean McKay, ABPP, Ph.D., Fordham University

Rory O'Connor, University of Glasgow

Key Words: Career Development, Publishing, Professional Issues

Join the editors of both Behavior Therapy and Cognitive and Behavioral Practice as they discuss ways to tailor your manuscript for their journals. The editorial team of Cognitive and Behavioral Practice, ABCT's clinically oriented journal, will discuss the mission and objectives of the journal. The team will explain the strategies to help less experienced authors get published. The session is interactive, and is designed for both junior clinicians and academics as well as more senior therapists who may be less familiar with writing and publishing in clinically oriented scientific journals. This is essential for those who have clinical techniques they'd like to share but want help in developing them into an article. The team will also discuss the new online streaming video features the journal launched and ways to better illustrate therapeutic techniques. In addition, the team will talk about the newly section on multi-media reviews. The editors of Behavior Therapy, ABCT's research journal, will talk about the strategies that will help turn a manuscript into an accepted article. The editors will highlight areas they are hoping to increase and offer tips for getting the right mix of discussion, methods, and findings. Questions are welcomed and should be the order of the day.

Clinical Roundtable 9

Managing Disruptive Behaviors in Classrooms with Technology: Interventions, Implications, and Obstacles

MODERATOR: *Steven Kurtz, ABPP, Ph.D., Kurtz Psychology Consulting PC*

PANELISTS: *Alexandra Barnett, PhD, Milestones Psychology*

Karen Budd, Ph.D., DePaul University

Chelsey Rosen, Psy.D., Kurtz Psychology Consulting PC

Tasha Brown, Ph.D., Columbia University Medical Center

Earn 1.5 continuing education credits

Primary Category: Child / Adolescent - School-Related Issues

Key Words: *School, Telehealth & Internet Interventions, Child Externalizing*

With increasing academic demands on teachers and students, there is a high prevalence of disruptive behaviors in schools and a mandate to help manage these behaviors. In-service workshops are the most common form of teacher professional development, despite evidence that workshops alone make an insignificant difference in practice (Yoon et al., 2007). The primary objectives of this clinical roundtable are to share practical innovative interventions and implications regarding the use of technological devices aimed at helping teachers prevent and manage student disruptive behavior. Emerging research supports the role of in-room coaching with ear-bugs of teachers to enhance their effective use of behavior management skills (Kretlow & Bartholomew, 2010; Reinke, Stormont, Webster-Stratton, Newcomer, & Herman, 2012; Schultz, Arora, & Mautone, 2015; Sutherland, Conroy, Vo, & Ladwig, 2015). Emerging work also documents the value of collaborative telecommunication between parents and teachers to improve students' classroom behavior (Jones et al., 2013; Kraft, 2017). The panelists will describe the use of bug-in-the-ear technology during live coaching in Teacher-Child Interaction Training, and of team communication software to facilitate the use of parent-teacher collaborative problem-solving. They will also demonstrate preliminary findings regarding teacher, parent, and child receptivity to these techniques. Finally, they will discuss challenges in making technological innovations feasible, acceptable, and accessible for use in low-income school environments. The panel members will draw on their professional experiences providing teacher training and consultation in schools and their applied research on school-based interventions. Further, they will highlight research by others into the mechanisms of mental health technology in the classroom and identify research gaps where further work is needed.

Marriott Ballroom 1, 2 & 3, Lobby Level

Invited Address 3

**Using New Technologies to Better Understand, Predict,
and Prevent Suicidal Behavior**

Matthew K. Nock, Ph.D., Harvard University

Earn 1 continuing education credit

Primary Category: Suicide and Self-Injury, Technology,
Research Methods and Statistics

Key Words: *Ecological Momentary Assessment, Self-Injury, Suicide*



MATTHEW
NOCK

A major and long-standing challenge to understanding self-harm is that because these behaviors are transient in nature and cannot be induced for study in the laboratory for ethical reasons, until very recently, they have never been observed in research studies. Obtaining data on the actual occurrence of a phenomenon is essential for understanding why it occurs but has not previously been done in the case of suicidal/self-injurious behaviors. Toward this end, we have been conducting studies using electronic diaries and ambulatory physiological monitoring methods to measure suicidal/self-injurious thoughts and behaviors as they naturally occur in real-time. We have documented some of the first data on the real-time occurrence of self-injurious thoughts and behaviors, and our methods and results have been well-received by audiences at major conferences and universities throughout the country.

You will learn:

- Describe new methods for improving the prediction of suicidal behavior
- Describe how objective behavioral tests can better predict suicidal thoughts and behaviors
- Explain how learning/conditioning-based approaches can be used to decrease the risk of suicidal behavior

Recommended Readings: Kleiman, E.K., & Nock, M.K. (2018). Real-time assessment of suicidal thoughts and behaviors. *Current Opinion in Psychology*, 22, 33-37. PMID: Pending; PMCID: N/AKleiman, E.M., Turner, B.J., Fedor, S., Beale, E.E., Huffman, J.C., & Nock, M.K. (2017). Examination of real-time fluctuations in suicidal ideation and its risk factors: Results from two ecological momentary assessment studies. *Journal of Abnormal Psychology*, 126(6), 726-738. PMID: 28481571; PMCID: N/ANock, M. K., Prinstein, M. J., & Sterba, S. (2009). Revealing the form and function of self-injurious thoughts and behaviors: A real-time ecological assessment study among adolescents and young adults. *Journal of Abnormal Psychology*, 118(4), 816-827. PMID: 19899851; PMCID: PMC5258190

1:45 p.m. – 3:15 p.m.

Roosevelt 4, Exhibition Level

Mini Workshop 13

The Semistructured Interview for Consideration of Ethnic Culture in Therapy Scale: An Evidence- Based Assessment and Intervention Demonstrated to Enhance Cultural Competence

Kelsey M. Bradshaw, Ph.D., Sharp HealthCare

Yulia Gavrilova, M.A., University of Nevada, Las Vegas

Marina Galante, M.A., University of Nevada, Las Vegas

Elena Gavrilova, B.A., University of Nevada, Las Vegas

Brad Donohue, Ph.D., University of Nevada, Las Vegas

Basic to Moderate level of familiarity with the material

Primary Category: Cultural Diversity / Vulnerable Populations

Key Words: *Cultural Diversity/ Vulnerable Populations, Race / Ethnicity, Therapeutic Alliance*

Persons of ethnic minority background continue to be underserved in medical and mental health services (Awosogba et al., 2013). Indeed, this population experiences barriers to recruitment and retention, including beliefs that practitioners are culturally incompetent and perceived stigma (Arean et al., 2003; Brown et al., 2014). Multicultural competence continues to be emphasized as a vital component to assist treatment engagement and retention, although methods of teaching multicultural competence are conspicuously absent in controlled trials. Along this vein, the Semi-Structured Interview for Consideration of Ethnic Culture in Therapy Scale (SSICECTS) was developed to assist cultural competence of practitioners within the context of behavioral therapies (Donohue et al., 2006). In a factor analysis involving a diverse sample, scale items (7) were associated with two factors specific to positive and negative experiences with ethnic culture. These factors demonstrated excellent reliability and validity. In a RCT, a semi-structured interview was developed to facilitate positive and empathic discussion specific to item responses, and this interview was shown to enhance interviewee perceptions of the interviewers' knowledge and respect for ethnic culture (Donohue et al., 2006). In this workshop, both assessment and intervention components of the SSICECTS will be taught through modeling and behavioral rehearsal (e.g., role plays). Handouts and worksheets will be provided,

including the assessment scale and semi-structured interview protocols. These methods will serve to enhance cultural awareness and competences among practitioners, and are applicable in various clinical and research settings, including mental health and campus counseling centers, university research clinics, hospitals, and private practice.

You will learn:

- Objective 1: This session is designed to help you implement the Consideration of Ethnic Culture in Therapy Scale (CECTS) and conduct semi-structured interview based on responses.
- Objective 2: This session will use modeling and role-playing techniques to help you learn skills, build rapport, and facilitate cultural considerations in therapy.
- Objective 3: This session is designed help you implement a comprehensive evidence-based engagement strategy applicable to a variety of mental health concerns within a cultural context.

Recommended Readings: Donohue, B., Strada, M. J., Rosales, R., Taylor-Caldwell, A., Hise, D., Ahman, S., ... & Radkovich, B. (2006). The Semistructured Interview for Consideration of Ethnic Culture in Therapy Scale: Initial psychometric and outcome support. *Behavior Modification*, 30(6), 867-891.N/AN/A

Marriott Balcony A, Mezzanine Level

Panel Discussion 28

Community-Based Mental Health Treatment for Co-Occurring Psychiatric Conditions and ASD: Where We Are and Where We Need to Go

MODERATOR: *Brenna Maddox, Ph.D.*, University of Pennsylvania

PANELISTS: *Valerie L. Gaus, Ph.D.*, Private Practice

Edward Brodtkin, M.D., Perelman School of Medicine at the University of Pennsylvania

Lauren Brookman-Frazer, Ph.D., University of California, San Diego

Zonya Mitchell, Psy.D., Fay J. Lindner Center for Autism and Developmental Disabilities

Rebecca Sachs, ABPP, Ph.D., Spectrum Services

Dina Vivian, Ph.D., Stony Brook University

Earn 1.5 continuing education credits

Primary Category: Autism Spectrum and Developmental Disorders

Key Words: *Autism Spectrum Disorders, Comorbidity, Service Delivery*

People with ASD are prone to develop co-occurring psychiatric conditions and, at various points across the lifespan, may seek mental health treatment for problems other than ASD. As these individuals are appearing for treatment in an ever-widening variety of settings, it is critical that our service delivery systems are equipped to respond to their needs. This session will provide an overview of the current research on the status of community-based mental health treatment for the co-occurring psychiatric disorders commonly experienced by people with ASD. The panel is comprised of representatives from different types of settings, including an academic medical center, developmental disabilities clinic, private practice, and a clinical psychology doctoral training clinic. Each will describe the types of referrals they receive and the process they go through to ensure quality, evidence-based treatment for the psychiatric conditions presented in autistic patients. Common challenges will be emphasized, such as the service delivery gap created by separate systems of care in the United States for people with developmental disabilities and psychiatric disorders. The panel will discuss recommendations for improving the accessibility of evidence-based treatment for the co-occurring psychiatric conditions experienced by autistic people. Strategies for bridging the gap between systems will be reviewed. These include improving training for practitioners at the university level, increasing in-service training and expanding opportunities for cross-training between separate agencies. The advancement of digital technology has allowed for more cost-effective methods to bolster all of these efforts. Examples include teleconferencing for staff training, internet-based

therapy for remote access to intervention, and mobile data collection tools for handheld devices. Descriptions of these strategies will be woven throughout the discussion.

1:45 p.m. – 3:15 p.m.

networking

Taft, Mezzanine Level

SIG Meeting

Anxiety Disorders

Key Words: *Anxiety, OCD, Trauma*

Speakers will give brief and stimulating presentations about their innovative work towards understanding and ameliorating anxiety and its related disorders. We will recognize outgoing and incoming SIG leaders and recruit more folks who want to get involved in the SIG. We'll also have time set aside for networking and community-building.

1:45 p.m. – 3:15 p.m.

networking

Wilson C, Mezzanine Level

SIG Meeting

Behavioral Medicine and Integrated Primary Care

Key Words: *Behavioral Medicine, Health Psychology, Integrated Care*

1) Accomplishments of the SIG over the past year (successful conference submissions, growth in membership, etc.) 2) Managerial business (dues, adding new members, changes in leadership, etc.) 3) Presentation of awards: student research award, student travel award, and mentorship award 4) Special guest speaker will present on a topic related to BMed/IPC and technology 5) Generating ideas for next year's conference submission 6) Increasing SIG visibility and activity outside of annual conference

1:45 p.m. – 3:15 p.m.

networking

Lincoln 2, Exhibition Level

SIG Meeting

Dissemination and Implementation Science

Key Words: *Dissemination, Implementation, Translational Research*

The DIS SIG business meeting will include a membership update, announcement of awards, a keynote address from the SIG's Achievement Award winner, and discussion of general DIG business.

Symposium 91

Examination of Implementation Leadership and Climate on Implementation in Schools and Community Mental Health Services

CHAIR: *Kelsey S. Dickson, Ph.D., UCSD*

DISCUSSANT: *Gregory S. Aarons, Ph.D., University of California, San Diego*

Earn 1.5 continuing education credits

Primary Category: Dissemination / Implementation

Key Words: *Implementation, Evidence-Based Practice*

Principals Involved in EB Practice Implementation in Schools

Nicole A. Stadnick, Ph.D., University of California, San Diego

Rosemary Meza, M.S., University of Washington

Jessica Suhrheinrich, Ph.D., San Diego State University

Gregory S. Aarons, Ph.D., University of California, San Diego

Lauren Brookman-Frazee, Ph.D., University of California, San Diego

Aaron R. Lyon, Ph.D., University of Washington

David Mandell, Ph.D., University of Pennsylvania

Jill Locke, Ph.D., University of Washington

Implementation of EB Practices in School-Based Services for ASD

Allison Nahmias, Ph.D., MIND Institute, University of California, Davis

Melina Melgraejo, Ph.D., San Diego State University

Patricia Schetter, M.A., BCBA, University of California, Davis

Aubyn Stahmer, Ph.D., University of California, Davis

Jessica Suhrheinrich, Ph.D., San Diego State University

Adoption of EB Interventions for Children With ASD

Allison S. Jobin, Ph.D., University of California, San Diego

Aubyn Stahmer, Ph.D., University of California, Davis

Kelsey S. Dickson, Ph.D., University of California, San Diego

Allison Nahmias, Ph.D., University of California, Davis

Colby Chlebowski, Ph.D., University of California, San Diego

Lauren Brookman-Frazee, Ph.D., University of California, San Diego

Leader Perspectives on Sustainment of Multiple Child EB Practices

Adriana Rodriguez, Ph.D., University of California, Los Angeles

Anna S. Lau, Ph.D., University of California, Los Angeles

Blanche Wright, M.A., University of California, Los Angeles

Jennifer Regan, Ph.D., Hathaway-Sycamores Child and Family Services

Lauren Brookman-Frazer, Ph.D., University of California, San Diego

1:45 p.m. – 3:15 p.m.

Thurgood Marshall North, Mezzanine Level

Symposium 92

A Multimodal Approach to Abnormal Reward Processing and Affective Psychopathology

CHAIR: *Benjamin A. Katz, M.A., The Hebrew University of Jerusalem*

DISCUSSANT: *Lauren B. Alloy, Ph.D., Temple University*

Primary Category: Adult Depression / Dysthymia

Key Words: *Adult Depression, Risk / Vulnerability Factors, Comorbidity*

Reward and Motivation: Depression From Neuroeconomics Perspective

David H. Zald, Ph.D., Vanderbilt University

Jessica Cooper, PhD, Emory University

Michael Treadway, PhD, Emory University

Traits and History of Depression Related to Ventral Striatum Connectivity

Sophie DelDonno, M.A., University of Illinois at Chicago

Reward and Rumination Model of Inflammation and Mood Symptoms

Daniel P. Moriarity, M.A., Temple University

Tommy H. Ng, M.A., Temple University

Madison K. Titone, M.A., Temple University

Iris Chat, M.A., Northwestern University

Robin Nusslock, Ph.D., Northwestern University

Greg Miller, Ph.D., Northwestern University

Lauren B. Alloy, Ph.D., Temple University

Positive Emotionality: Predictor of Daily Affect, Cognition, and Symptoms

Gabriela K. Khazanov, M.A., University of Pennsylvania

Ayelet Meron Ruscio, Ph.D., University of Pennsylvania

Psychological Mediation Framework of Reinforcement Sensitivity

Benjamin A. Katz, M.A., The Hebrew University of Jerusalem

Iftah Yovel, Ph.D., The Hebrew University of Jerusalem

Symposium 94

**Early Identification of Risk for Attention-Deficit/
Hyperactivity Disorder in Infancy, Toddlerhood, and
Preschool: A Series of Longitudinal Investigations**

CHAIR: *Natalie Miller, Ph.D.*, University of Maryland - College Park

DISCUSSANT: *Andrea Chronis-Tuscano, Ph.D.*, University of Maryland- College
Park

Earn 1.5 continuing education credits

Primary Category: ADHD - Child

Key Words: *ADHD - Child / Adolescent, Parenting, Assessment*

Early Development of ADHD Symptoms

Hallie Brown, M.S., University of Massachusetts Amherst

Elizabeth Harvey, Ph.D., University of Massachusetts at Amherst

Does Maternal Parenting Buffer Risk for ADHD Behaviors?

Heather Joseph, D.O., University of Pittsburgh

Kirsten McKone, B.A., University of Pittsburgh

Brooke Molina, Ph.D., University of Pittsburgh Medical Center

Daniel Shaw, Ph.D., University of Pittsburgh

Infant Temperament Reactivity and Maternal Caregiving Link to ADHD

Natalie Miller, Ph.D., University of Maryland - College Park

Kathryn Degnan, Ph.D., Catholic University of America

Amie Hane, Ph.D., Williams College

Nathan A. Fox, Ph.D., University of Maryland

Andrea Chronis-Tuscano, Ph.D., University of Maryland

Treatment of Preschoolers With ADHD: Temperament and Parenting

Paulo Graziano, Ph.D., Florida International University

Rosmary Ros, M.S., Florida International University

Alexis M. Garcia, M.S., Florida International University

Katie Hart, Ph.D., Florida International University

Symposium 95

Adding to the CBT Evidence Database: Including Costs, and Benefits, for Cost-Effectiveness and Cost-Benefit Analyses

CHAIR: *Brian T. Yates, Ph.D.*

DISCUSSANT: *Michael C. Freed, Ph.D.*, National Institute of Mental Health

Earn 1.5 continuing education credits

Primary Category: Treatment - CBT

Key Words: *CBT, Research Funding, Telehealth & Internet Interventions*

Cost-Inclusive Research: What? How? What Will It Do for Me?

Brian T. Yates, Ph.D.

Alexis N. French, M.A., American University

Corinne Kacmarek, B.S., American University

Lana Wald, Ph.D., Program Evaluation Research Lab, American U.

Cost-Effectiveness of PCIT in Clinics vs. Homes

Alexis N. French, M.A., American University

Brian T. Yates, Ph.D., American University

Tim Fowles, Ph.D., University of Delaware

Cost-Effectiveness of Computerized CBT for Alcohol Use Disorders

Corinne Kacmarek, M.A., American University

Brian T. Yates, Ph.D., American University

Brian D. Kiluk, Ph.D., Yale University School of Medicine

Kathleen Carroll, Ph.D., Yale University School of Medicine

CBT vs. Light Therapy for Seasonal Affective Disorder: Costs/Benefits

Lana Wald, Ph.D., Program Evaluation Research Lab, American University

Brian T. Yates, Ph.D., American University

Kelly J. Rohan, Ph.D., University of Vermont

Symposium 96

Risk, Resilience, and Treatment Response: Statistical and Computational Advances in Understanding Mental Health

CHAIR: *Michael Mullarkey, M.A., University of Texas at Austin*

DISCUSSANT: *Richard J. McNally, Ph.D., Harvard University*

Earn 1.5 continuing education credits

Primary Category: Research Methods and Statistics

Key Words: *Research Methods, Risk / Vulnerability Factors, Resilience*

Social Status Variables and Relationship to Adolescent Depression

Mallory Dobias, B.S., The University of Texas at Austin

Jessica L. Schleider, M.A., Harvard University

Michael Mullarkey, M.A., University of Texas at Austin

Fixed Mind-Sets and Hopelessness to Anxiety and Depressive Symptoms

Jessica L. Schleider, Ph.D., Stony Brook University

Michael Mullarkey, M.A., University of Texas at Austin

Self-Compassion and Mindfulness to Adolescent Depressive Symptoms

Michael Mullarkey, M.A., University of Texas at Austin

Karen Bluth, Ph.D., UNC-Chapel Hill School of Medicine

Machine Learning and Internet-Based Treatments: Opportunities

Jason Shumake, Ph.D., The University of Texas at Austin

Rahel Pearson, M.S., University of Texas at Austin

Derek Piser, B.A., University of Texas at Austin

Christopher G. Beevers, Ph.D., University of Texas at Austin

Predictive Modeling: Improve Mental Health Outcomes in Depression

Zachary D. Cohen, M.A., University of Pennsylvania

Jaime Delgadillo, Ph.D., University of Sheffield

Robert J. deRubeis, Ph.D., University of Pennsylvania

Thurgood Marshall South, Mezzanine Level

Symposium 93

A Loneliness Epidemic? Examining Causes, Correlates, and Interventions for Social Disconnection in the Modern Age

CHAIRS: *Nicole J. LeBlanc, M.A.*, Department of Psychology, Harvard University

Emily E. Bernstein, M.A., Department of Psychology, Harvard University

DISCUSSANT: *Thomas L. Rodebaugh, Ph.D.*, Department of Psychological and Brain Sciences, Washington University in St. Louis

Earn 1.5 continuing education credits

Primary Category: Transdiagnostic

Key Words: *Social Relationships, Risk / Vulnerability Factors, Treatment-CBT*

Online Social Networks Influence People's Emotional Lives: Facebook

Ethan Kross, Ph.D., Department of Psychology, University of Michigan

Emotional Expression and Isolation in Demand-Withdraw Behavior

Karena Leo, M.S., Department of Psychology, University of Utah

Alexander O. Crenshaw, M.S., Department of Psychology, University of Utah

Jasara N. Hogan, M.S., Department of Psychology, University of Utah

Stacia Bourne, Ph.D., Department of Psychology, University of Utah

Theodora Chaspari, Ph.D., Department of Computer Science and Engineering, Texas A&M University

Katherine J.W. Baucom, Ph.D., Department of Psychology, University of Utah

Brian R.W. Baucom, Ph.D., Department of Psychology, University of Utah

Sleep Disturbances and Social Disconnection: Risk for Suicidal Thoughts

Carol Chu, M.S., Department of Psychology, Florida State University; McLean Hospital

RCT Examining Two, Single-Session CBT Interventions

Nicole J. LeBlanc, M.A., Department of Psychology, Harvard University

Richard J. McNally, Ph.D., Department of Psychology, Harvard University

Developing an Internet-Based CBT-Intervention Targeting Loneliness

Anton Käll, M.Sc., Department of Behavioural Sciences and Learning, Linköping University

Sofia Jägholm, MSc, Department of Behavioural Sciences and Learning, Linköping University

Hugo Hesser, Ph.D., Department of Behavioural Sciences and Learning, Linköping University

Frida Andersson, MSc, Department of Behavioural Sciences and Learning, Linköping University

Aleksi Mathaldi, MSc, Department of Behavioural Sciences and Learning, Linköping University

Beatrice Tiger Norkvist, Department of Behavioural Sciences and Learning, Linköping University

Roz Shafran, Ph.D., Institute of Child Health, University College London

Gerhard Andersson, Ph.D., Department of Behavioural Sciences and Learning, Linköping University

1:45 p.m. – 3:15 p.m.

Washington 2, Exhibition Level

Symposium 97

Using Technology to Advance Methods in Treatment Development Research for Couples

CHAIR: *Julianne C. Flanagan, Ph.D.*, Medical University of South Carolina

DISCUSSANT: *Dominic J. Parrott, Ph.D.*, Georgia State University

Earn 1.5 continuing education credits

Primary Category: Couples / Close Relationships

Key Words: *Methods, Couples / Close Relationships, Translational Research*

Smartphone App to Support Families Affected by DWI

Barbara McCrady, Ph.D., University of New Mexico

W. Gill Woodall, Ph.D., University of New Mexico

Randall Starling, Ph.D., University of New Mexico

Verner Westerberg, Ph.D., University of New Mexico

Julie Griffith, MSW, Klein Buendel, Inc

Sophia Burris, B.A., Klein Buendel, Inc

Couple and Parent-Child Coercion to Improve Health Behaviors

Richard E. Heyman, Ph.D., New York University

Amy M. Smith Slep, Ph.D., New York University

Danielle Mitnick, Ph.D., New York University

Central Autonomic Network Dysfunction in Alcohol-Related IPV

Brandi Fink, Ph.D., University of New Mexico

Neuroimaging to Examine Neural Correlates of Relationship Conflict

Julianne C. Flanagan, Ph.D., Medical University of South Carolina

Shayla Yonce, B.A., Medical University of South Carolina

Casey D. Calhoun, Ph.D., Medical University of South Carolina

Sudie E. Back, Ph.D., Medical University of South Carolina

Kathleen Brady, M.D., Ph.D., Medical University of South Carolina

Jane Joseph, Ph.D., Medical University of South Carolina

1:45 p.m. – 3:15 p.m.

Maryland B, Lobby Level

Symposium 150

A Gender-Responsive Analysis of Criminal Thinking: Elucidating the Role of Gender in the Nature and Impact of Criminal Thinking in Justice-Involved Clients

CHAIR: *Natalie J. Jones, Ph.D., Department of Psychology, Carleton University*

DISCUSSANT: *Raymond A. DiGiuseppe, ABPP, Ph.D., St. John's University*

Earn 1.5 continuing education credits

Primary Category: Criminal Justice / Forensics

Key Words: *Criminal Justice, Gender, Assessment*

Gender Differences in Criminal Thinking Patterns in Justice-Involved Clients

Raymond C. Tafra, Ph.D., Department of Criminology and Criminal Justice, Central Connecticut State University

Natalie J. Jones, Ph.D., Carleton University

Exploration of Predictive Validity of Criminal Thinking Patterns by Gender

Damon Mitchell, Ph.D., Department of Criminology and Criminal Justice, Central Connecticut State University

Natalie J. Jones, Ph.D., Carleton University

Empirical Derivation of Gender-Responsive Criminal Thinking Scales

Natalie J. Jones, Ph.D., Department of Psychology, Carleton University

Damon Mitchell, Ph.D., Central Connecticut State University

Raymond C. Tafrate, Ph.D., Central Connecticut State University

Assessment of CTP Scores Following Participation in a Criminal Thinking Group

Michael Wydo, ABPP, Federal Bureau of Prisons, FCI Terminal Island

Roosevelt 2, Exhibition Level

Master Clinician Seminar 8

ticket

Cognitive Conceptualization

Judith S. Beck, Ph.D., Beck Institute for Cognitive Behavior Therapy

Earn 2 continuing education credits

Basic to Moderate level of familiarity with the material

Primary Category: Treatment - CBT

Key Words: *Treatment-CBT, CBT, Cognitive Therapy*

How do you know what to do, moment-by-moment in a therapy session? You need to rely on an accurate case conceptualization. It lays the groundwork for overall treatment planning within and across sessions. In this workshop, I will demonstrate how to quickly and accurately conceptualize a case by using the Cognitive Conceptualization Diagram (J. Beck 2011; 2005). This diagram applies the cognitive model to specific current situations. It also illustrates how the perceptions of lifetime events influence clients' core beliefs, assumptions and rules for living, and coping strategies. Short demonstration roleplays will illustrate how to collect necessary data, develop a conceptualization, share the conceptualization with clients, and refine the conceptualization over time, as new data are gathered.

You will learn:

- Describe how to collect data to develop an accurate case conceptualization.
- Explain how to share the case conceptualization with clients.
- Delineate how to accept, reject, or refine hypotheses based on data.

Recommended Readings: Beck, J.S. (2011). *Cognitive behavior therapy: Basics and beyond*, 2nd ed., New York: Guilford. Huisman, P., & Kangas, M. (2018). Evidence-based practices in cognitive behaviour therapy (CBT) case formulation: What do practitioners believe is important, and what do they do? *Behaviour Change*, 35(1), 1-21. Kuyken, W., Beshai, S., Dudley, R., Abel, A., Görg, N., Gower, P., ... Padesky, C. A. (2016). Assessing competence in collaborative case conceptualization: Development and preliminary psychometric properties of the Collaborative Case Conceptualization Rating Scale (CCC-RS). *Behavioural and cognitive psychotherapy*, 44(2), 179-192. Kuyken, W., Padesky, C. A., & Dudley, R. (2011). Collaborative case conceptualization: Working effectively with clients in cognitive-behavioral therapy. New York: Guilford Press. Needleman, L. D. (2009). *Cognitive case conceptualization: A guidebook for practitioners*. New York: Routledge, Taylor & Francis Group. Mumma, G. H., Marshall, A. J., & Mauer, C. (2018). Person-specific validation and testing of functional relations in cognitive-behavioural case formulation: Guidelines and options. *Clinical Psychology & Psychotherapy*.

Marriott Balcony B, Mezzanine Level

Workshop 8

ticket

Comprehensive Behavioral Intervention for Tic Disorders

Michael Himle, Ph.D., University of Utah

Douglas Woods, Ph.D., Marquette University

Earn 3 continuing education credits

Basic level of familiarity with the material

Primary Category: Tic and Impulse Control Disorders

Key Words: *Tic Disorders, Tourette Syndrome, OCD (Obsessive Compulsive Disorder)*

Tourette Syndrome is a neurological condition consisting of multiple motor and vocal tics that are presumably due to failed inhibition within cortical-striatal-cortical motor pathways. In recent years, there has been a growing recognition among psychiatry and neurology about the utility of behavior therapy procedures in managing the symptoms of Tourette Syndrome in children and adults. Recently, the National Institute of Mental Health funded a multi-site group of researchers working with the Tourette Syndrome Association to conduct two parallel randomized clinical trials investigating the efficacy of these procedures in adults and children with TS. The procedures being tested in the study combine elements of habit reversal training with psychoeducation and function-based behavioral interventions, yielding a Comprehensive Behavioral Intervention for Tics (CBIT). Unfortunately, few clinicians have been trained in evidence-based treatments for Tourette Syndrome and tic disorders, and in most U.S. cities there are no behavior therapists who provide this treatment; despite the intervention being recommended as a first-line treatment in Europe, the USA, and Canada. In the current workshop, the presenters will describe CBIT and other relevant interventions used in the treatment of children and adults with Tourette Syndrome. In addition to learning the general therapeutic techniques, attendees will learn to appreciate the diagnostic complexities associated with tic disorders, and will learn about the underlying theory for behavioral intervention, the data supporting the model, and data on the efficacy of the treatment. Various instructional technologies will be employed including didactic instructions, and videotaped samples of actual treatment.

You will learn:

- Recognize tic disorders and understand their key phenomenological features;
- Identify the core elements of behavior therapy for tic disorders;
- Discuss the evidence base supporting the efficacy of behavior therapy for tic disorders.

Recommended Readings: Piacentini, J., Woods, D., Scahill, L., Wilhelm, S., Peterson, A., Chang, S., . . . Walkup, J. (2010). Behavior therapy for children with Tourette Disorder: A randomized controlled trial. *Journal of the American Medical Association*, 303, 1929-1937. Sukhodolsky, D. G., Woods, D. W., Piacentini, J., Wilhelm, S., Peterson, A. L., Katsoch, L., Dziura, J., Walkup, J. T., & Scahill, L. (2017). Moderators and predictors of response to behavior therapy for tics in Tourette's Disorder. *Neurology*, 88, 1029-1036.

Wile, D. J., & Pringsheim, T. M. (2013). Behavior therapy for Tourette Syndrome: A systematic review and meta-analysis. *Current Treatment Options in Neurology*, 15, 385-395.

Woods, D. W., Piacentini, J., Chang, S., Deckersbach, T., Ginsburg, G., Peterson, A., ... Wilhelm, S. (2008). *Managing Tourettes Syndrome: A behavioral intervention for children and adults (therapist guide)*. New York: Oxford University Press.

2:30 p.m. – 5:30 p.m.

Washington 6, Exhibition Level

Workshop 14

ticket

Cognitive-Behavioral Therapy for Looming Vulnerability Distortions

John H. Riskind, Ph.D., George Mason University

Earn 3 continuing education credits

Basic level of familiarity with the material

Primary Category: Treatment - CBT

Key Words: *Adult Anxiety, Cognitive Therapy, Change Process / Mechanisms*

Contemporary CBT/CT models focus predominantly on attributes of threat estimation such probability, cost, or proximity in the etiology and maintenance of anxiety. Are these attributes the only links to anxiety or do other features of threat appraisal also contribute to anxiety? The looming vulnerability model (Riskind et al., 2000; Riskind, Rector & Taylor, 2012). contends that we would do better to adopt a more dynamic perspective of threat overestimation. The present workshop introduces a set of new concepts, methods, and strategies that can be used as adjunctive tools in standard CBT protocols. For example, anxious individuals have “looming distortions” that bias the apparent spatial and temporal proximity of threat and speed with which time passes (e.g., Langer, et. al., 1961, 1965). Since many anxious individuals do not fully respond to treatment or relapse, despite the success of CBT (Hofmann & Smits, 2009), it would benefit our field to have a rich set of additional options. Converging evidence from many studies has amply documented that anxiety is directly related to a cognitive bias to overestimate dynamic patterns of change and approaching movement in threats. For example, individuals with a fear of spiders overestimate the extend that spiders are approaching as well as their speed; individuals with OCD or contamination fear overestimate the rapid spread of germs in their direction; and, individuals with social anxiety tend to overestimate the extent that ambiguous social events are rapidly growing threats of social rejection (Riskind, et al., 2012, for a review). A recent study has shown that these cognitive biases, referred to as the looming cognitive style, decrease with standard CBT (Katz, Rector, & Riskind, 2017).. Other evidence suggests that CBT interventions that are specifically designed to target looming vulnerability distortions can help augment the efficacy of standard CBT protocols (e.g., Dorfman & Woody, 2006). Specifically, imagery instructions to imagine a drop of urine that was placed on their hands as spreading impeded standard habituation, instructions to image the urine as static facilitated habituation.

You will learn:

- Identify spatial/temporal distortions of threat (looming vulnerability distortions) that are documented in multiple studies but not yet addressed by standard CBT protocols;
- Describe how to conceptualize anxiety cases and novel strategies for targeting cognitive biases and distortions in anxiety that standard protocols don't directly address;
- Promote understanding of how dynamic attributes of threat creating a sense of looming vulnerability can contribute to the etiology of anxiety and its treatment.

Recommended Readings: Riskind, J. H., Rector, N. A., & Taylor, S. (2012). Looming Cognitive Vulnerability to Anxiety and its Reduction in Psychotherapy. *Journal of Psychotherapy Integration*, 22, 37-61. Dorfan, N. M., & Woody, S. R. (2006). Does threatening imagery sensitize distress during contaminant exposure? *Behaviour Research and Therapy*, 44, 395-413. Katz, D., Rector, N.A., & Riskind, J.H. (2017). Reduction in looming cognitive style in cognitive-behavioral therapy: Effect on general and disorder-specific post-treatment symptoms. *International Journal of Cognitive Therapy*. Riskind, J. H., & Rector, N.A. (in press). Looming Vulnerability: Theory, Research, and Practice (Chapter 15: CBT for Reducing Looming Vulnerability Distortions: Translational Concepts and Clinical Applications). Springer Nature. Hong, R., Riskind, J., Cheung, M., Calvete, E., Gonzalez, Z., Atalay, A., ... Kleiman, E. (2017). The Looming Maladaptive Style Questionnaire: Measurement invariance and relations to anxiety and depression across 10 countries. *Journal of Anxiety Disorders*, 49, 1-11.

Thurgood Marshall South, Mezzanine Level

Panel Discussion 29

A Panel Discussion Commemorating the 50th Anniversary of CBT for Serious Mental Illness: Where Have We Been? Where Are We Going?

MODERATORS: *Shirley Glynn, Ph.D.*, UCLA/VA Greater Los Angeles Healthcare System

Charlie A. Davidson, Ph.D., Emory University

PANELISTS: *David L. Penn, Ph.D.*, University of North Carolina at Chapel Hill

Kim T. Mueser, Ph.D., Boston University

Steven Silverstein, Ph.D., Rutgers University

William D. Spaulding, Ph.D., University of Nebraska-Lincoln, Department of Psychology

Earn 1.5 continuing education credits

Primary Category: Schizophrenia / Psychotic Disorders

Key Words: CBT, Schizophrenia, ABCT

The past 50 years has witnessed a dramatic evolution in the care of individuals with serious mental illness (SMI). The number of institutionalized mentally ill patients fell from its peak of 560,000 in the 1950s to 130,000 by 1980 and by the year 2000, the number of state psychiatric hospital beds per 100,000 people was 22, down from 339 in 1955. Mental health care has been increasingly provided in community settings. Cognitive-behavioral and behavioral therapists specializing in SMI assessment and treatment, beginning with the seminal work of Ayllon and Azrin in 1968, have been at the forefront of this transformation in mental health care. Members of ABCT, and especially of the Schizophrenia Special Interest Group, have taken the lead in significant initiatives, such as developing effective behavioral programs to reduce bizarre and/or psychotic behavior which had previously precluded community placement, creating family-based interventions to support recovery, extending the use of techniques such as cognitive restructuring and challenging to address core psychotic beliefs, and creating comprehensive illness management programs to empower consumers to become better advocates for themselves and to increase adaptive functioning.

In this panel discussion, several senior ABCT SMI clinical researchers will discuss the evolution of their thinking and clinical practice as we approach the fifty-year anniversary of cognitive-behavioral work in SMI. Specific topics to be addressed include linking current evidence-based practices with their precursor clinical theories and interventions, detailing new technological advances that are moving the field forward, highlighting implementation and dissemination challenges in treating SMI in the 21st century, and

identifying the most pressing clinical issues still to be addressed. The discussion will be moderated by an ECP psychologist.

2:30 p.m. – 3:30 p.m.



Virginia C, Lobby Level

SIG Meeting

Neurocognitive Therapies/Translational Research SIG

Key Words: *Neurocognitive Therapies/Translational Research*

At this year's NTTR SIG meeting, we will be launching our Mentorship Program and "Year's Most Influential Paper" prize, followed by a presentation from this year's prize winner. We will hold an open forum discussion reviewing this year's Preconference Institute, and discuss our social media and website initiatives for increasing community engagement and resource sharing.

SATURDAY

Symposium 114

**Building Trauma-Informed Systems for Our Youth:
Perspectives From Implementing Trauma Focused-
Cognitive Behavioral Therapy in the Community**

CHAIR: *Briana S. Last, M.A., University of Pennsylvania*

DISCUSSANT: *Rinad Beidas, Ph.D., Perelman School of Medicine at the
University of Pennsylvania*

Earn 1.5 continuing education credits

Primary Category: Dissemination / Implementation

Key Words: *Implementation, Child Trauma / Maltreatment, Treatment-CBT*

Predictors of Engagement in a Community-Based Learning Collaborative

Amanda Jensen-Doss, Ph.D., University of Miami

Ashley M. Smith, Ph.D., The University of California, Los Angeles

Lucia M. Walsh, M.S., The University of Miami

Vanesa Mora Ringle, M.S., The University of Miami

Ashley M. Shaw, Ph.D., The University of Miami

Elizabeth Casline, MSc, the University of Miami

Zabin Patel, M.P.H., The University of Miami

Rochelle Hanson, Ph.D., Medical University of South Carolina

Ruthlyn Webster, Ed.D., Kristi House, Inc.

Sexually Abused Youth Symptom Profiles and Referral Patterns

Lucia M. Walsh, M.S., University of Miami

Elizabeth Casline, Msc, The University of Miami

Ruthlyn Webster, Ed.D., Kristi House, Inc.

Amanda Jensen-Doss, Ph.D., Department of Psychology, The University of Miami

Sociodemographic Characteristics and Symptom Severity in Community Study

Briana S. Last, M.A., University of Pennsylvania

Brittany Rudd, B.A., Department of Psychology, Indiana University

Courtney Gregor, B.A., Center for Mental Health Policy and Services Research, The University of Pennsylvania

Hilary Kratz, Ph.D., Center For Mental Health Policy & Services Research, The University of Pennsylvania

Arturo Zinny, L.P.C., M.A., The Philadelphia Department of Behavioral Health and Intellectual Disability Services (DBHIDS)

Danielle Adams, B.A., Center for Mental Health Policy and Services Research, The University of Pennsylvania

Lucia M. Walsh, M.S., Department of Psychology, The University of Miami

Kamilah Jackson, M.D., M.P.H., Community Behavioral Health (CBH) and the Department of Behavioral Health and Intellectual disability Services in Philadelphia (DBHIDS)

Steven Berkowitz, M.D., The Center for Youth and Family Trauma Response and Recovery, The University of Pennsylvania

Lauren Cliggitt, L.C.S.W., The Center for Youth and Family Trauma Response and Recovery, The University of Pennsylvania

Rinad Beidas, Ph.D., Center For Mental Health Policy & Services Research, The University of Pennsylvania

Trauma-Focused CBT: Effective in Community Mental Health Clinics?

Brittany Rudd, B.A., Indiana University

Briana S. Last, M.A., Department of Psychology, The University of Pennsylvania

Courtney Gregor, B.A., Center for Mental Health Policy and Services Research, The University of Pennsylvania

Hilary Kratz, Ph.D., Center For Mental Health Policy & Services Research, The University of Pennsylvania

Kamilah Jackson, M.D., M.P.H., Community Behavioral Health (CBH) and the Department of Behavioral Health and Intellectual disability Services in Philadelphia (DBHIDS)

Steven Berkowitz, M.D., Center for Youth and Family Trauma Response and Recovery, The University of Pennsylvania

Lucia M. Walsh, M.S., Department of Psychology, The University of Miami

Danielle Adams, B.A., Center For Mental Health Policy & Services Research, The University of Pennsylvania

Lauren Cliggitt, L.C.S.W., The Center for Youth and Family Trauma Response and Recovery, The University of Pennsylvania

Arturo Zinny, L.P.C., M.A., The Philadelphia Department of Behavioral Health and Intellectual Disability Services (DBHIDS)

Rinad Beidas, Ph.D., Center For Mental Health Policy & Services Research, The University of Pennsylvania

Washington 2, Exhibition Level

Clinical Grand Round

Using Innovative Inclusive Technologies to Transcend Barriers in Mental Health Service Utilization

Muniya Khanna, Ph.D., Children and Adult's Center for OCD and Anxiety
Michael Kyrios, Ph.D., Research School of Psychology, Australian National University

Christina Lee, Ph.D., Northeastern University

Jordana Muroff, Ph.D., LICSW, Boston University

Joseph A. Himle, Ph.D., University of Michigan

Earn 1.5 continuing education credits

Key Words: *Technology/ Mobile Health, Treatment development, Race/ethnicity*



MUNIYA
KHANNA



MICHAEL
KYRIOS



CHRISTINA
LEE



JORDANA
MUROFF



JOSEPH
HIMLE

Using innovative inclusive technologies to transcend barriers in mental health service utilization (For CE application)

You will learn:

- Describe models for developing and implementing technology-supported mental and behavioral health treatments for underserved clinical populations and communities
- Discuss theories of cultural adaptation and show specific culturally responsive digital treatments applied in diverse contexts
- Describe innovative approaches to tailoring of interventions and engagement and present research on feasibility and outcomes.

Recommended Readings: Eiraldi, R., Khanna, M.,Jawad, A.F., Fishman, J. et al. (2016). A hybrid effectiveness-implementation cluster randomized trial of group CBT for anxiety in urban schools: rationale, design, and methods. *Implementation science*,11:92.Hill, C.,

Creswell, C., Vigerland, S., Nauta, M.H., March, S., Donovan, C., Wolters, L., Spence, S.H., Martin, J.L., Wozney, L., McLellan, L.M., Kreuze, L., Gould, K., Nord, M., Hudson, J.L., Albers, C., Khanna, M., Albano, A.M., Kendall, P.C. (2018). Navigating the development and dissemination of internet cognitive behavioral therapy (iCBT) for anxiety disorders in children and young people: A consensus statement with recommendations from the #iCBTLorentz Workshop Group. *Internet Interventions*, 12, 1-10. Lee, C.S., Colby, S.M., Magill, M., Almeida, J., Tavares, T., Rohsenow, D.J. (2016). Theory and mechanisms of behavior change in a randomized controlled trial of culturally adapted motivational interviewing for Hispanic heavy drinkers: Study protocol. *Contemporary Clinical Trials*, 50, 193-200. Muñoz, R.F., Chavira, D.A., Himle, J.A., Koerner, K., Muroff, J., Reynolds, J., Rose, R.D., Ruzek, J.I., Teachman, B.A., Schueller, S.M. (in press). *Digital Apothecaries: A Vision for Making Health Care Interventions Accessible Worldwide*. mHealth.

Workshop 15

ticket

Individual and Group Cognitive-Behavioral Therapy for Diverse Addictive Behaviors

Bruce S. Liese, Ph.D., University of Kansas

Earn 3 continuing education credits

Moderate level of familiarity with the material

Primary Category: Addictive Behaviors, Treatment- CBT

Key Words: *Addictive Behaviors, Substance Abuse, Evidence-Based Practice*

This Institute provides participants an opportunity to learn about the latest developments in cognitive-behavioral therapy (CBT) for diverse addictive and problematic habitual behaviors, including substance misuse and gambling. We focus on five essential components of individual and group CBT: structure, collaboration, case conceptualization, psychoeducation, and techniques. Time spent in this institute will be divided between lectures, case presentations, discussions, critiques of recorded CBT sessions, demonstrations, and role playing.

You will learn:

- Describe five essential components of group and individual CBT for substance use disorders and addictive behaviors;
- Formulate CBT case conceptualizations for individuals with substance use disorders and addictive behaviors, including distal and proximal antecedents, cognitive, behavioral, and affective processes;
- Describe methods and challenges of goal-setting for people with substance use disorders and addictive behaviors at differing stages of readiness to change;
- Demonstrate motivational interviewing skills and explain how they are interwoven into CBT for substance use disorders and addictive behaviors.
- Describe and create the structure necessary for individual and group CBT for substance use disorders and addictive behaviors.

Recommended Readings: Liese, B. S., & Reis, D. (2016). Failing to Diagnose and Failing to Treat an Addicted Client: Two Potentially Life Threatening Clinical Errors, *Psychotherapy*, 53(3), 342-346. Satel, S., & Lilienfeld, S. O. (2014). Addiction and the brain-disease fallacy. *Frontiers in Psychiatry*, 4, 1-11. Grant, J. E., Potenza, M. N., Weinstein, A., & Gorelick, D. A. (2010). Introduction to behavioral addictions. *American Journal of Drug and Alcohol Abuse*, 36(5), 233-241. Magill, M., & Ray, L. A. (2009). Cognitive-behavioral treatment with adult alcohol and illicit drug users: A meta-analysis of randomized controlled trials. *Journal of Studies of Alcohol and Drugs*, 70, 516-527. Dutra, L., Stathopoulou, G., Basden, S. L., Leyro, T. M., Powers, M. B., & Otto, M. W. (2009). A meta-analytic review of psychosocial interventions for substance use disorders. *American Journal of Psychiatry*, 165, 179-187.

Clinical Roundtable 10

**Developing a Life-Span Treatment Path for ADHD:
Incorporating Recent Empirically-Supported Treatments
from Preschool to Young Adulthood**

MODERATOR: *Richard Gallagher, Ph.D. in Clinical Psychology*, The Child
Study Center of Hassenfeld Children’s Hospital, NYU
Langone Health

PANELISTS: *Richard Gallagher, Ph.D. in Clinical Psychology*, The Child
Study Center of Hassenfeld Children’s Hospital, NYU
Langone Health

Anil Chacko, Ph.D., New York University

Thomas Power, ABPP, Children’s Hospital of Philadelphia, Perelman School
of Medicine at University of Pennsylvania

Margaret Sibley, Ph.D., Florida International University

Joshua M. Langberg, Ph.D., Virginia Commonwealth University

Earn 1.5 continuing education credits

Primary Category: ADHD - Child

Key Words: *Evidence-Based Practice, ADHD - Child / Adolescent, Treatment Development*

ADHD is a neurodevelopmental disorder with a chronic trajectory for most individuals and effective psychosocial treatments for differing ages have been documented (Evans et al., 2014). As such, repeated evaluation and treatment for ADHD could be and should be offered to afflicted individuals and their families. This data-driven program will present summaries of psychosocial treatment studies to guide the creation of life-span treatment programs. Based upon their own randomized clinical trials and reviews of empirically-tested treatments, the roundtable will present clear choices for selecting treatments that improve functioning during each development period addressed. Content will incorporate reviews of programs applied in clinical and school settings. Richard Gallagher will moderate and introduce the rationale for a life-span perspective. Anil Chacko will present data from several trials of evidence-based treatment approaches in preschool ADHD. Childhood programs for improved family functioning, organizational and school functioning, and social interactions will be reviewed by Tom Power. Margaret Sibley presents multi-component programs for adolescents that address the challenges of parent-teen interactions, limits in motivation, and the potential of deteriorating school performance. Treatments during the stormy transition from high school to post-secondary education for emerging adults with ADHD are reviewed by Joshua M. Langberg. Richard Gallagher will incorporate consolidation of individual presentations and propose guidelines on how clinicians can utilize information through a chronic impact model. A moderated question

and discussion period is expected to spur clinicians to become a child's case manager and treater throughout development and young adulthood. The discussion will also challenge researchers to create plans for testing the impact of multiple doses of developmentally-appropriate treatment on outcome.

3:30 p.m. – 5:00 p.m.

Lincoln 4, Exhibition Level

Clinical Roundtable 11

Exercise-Based Interventions for Psychopathology: Overcoming Barriers to Implementation and Adherence

MODERATORS: *Stephen S. Ilardi, Ph.D.*, University of Kansas

Stephanie E. Punt, B.Sc., University of Kansas

PANELISTS: *James A. Blumenthal, Ph.D.*, Duke University School of
Medicine

Madhukar H. Trivedi, M.D., UT Southwestern Center for
Depression Research and Clinical Care

Katie M. Heinrich, Ph.D., Kansas State University

Michael S. Namekata, M.A., University of Kansas

Earn 1.5 continuing education credits

Primary Category: Health Psychology / Behavioral Medicine - Adult

Key Words: *Exercise, Behavioral Medicine, Treatment Integrity / Adherence / Compliance*

The primary goals for this clinical roundtable are to disseminate recent findings regarding exercise-based interventions for psychopathology, as well as to discuss strategies for overcoming barriers to successfully implementing exercise regimens. With the abundance of empirical research on the benefits of exercise for the treatment of disorders ranging from unipolar depression to generalized anxiety to Alzheimer's disease, this panel will bring their considerable expertise to bear in describing and evaluating recent findings within this field. They will pay particular attention to the expanding literature on the underlying biological mechanisms that mediate the beneficial effects of exercise, for example, reduced neuro-inflammation, enhanced glucose metabolism, and increased release of neural growth factors. The panelists will also address the common barriers regarding client adherence to exercise regimens. On the basis of their extensive clinical and research background, the panelists will bring their expertise to bear on intervention with populations ranging from cancer survivors, cardiac rehabilitation patients, psychiatric patients, to the geriatric population; they will discuss how these groups potentially differ in response to the array of exercise modalities available (interval training, aerobic exercise, resistance training, etc.). Additionally, they will discuss practical ways clinicians can facilitate engagement, and re-engagement following dropout from an exercise protocol. Finally, the panel will discuss future directions for exercise-based interventions as they pertain to mental health.

Mini Workshop 14

Focusing on Difficulties With Self-Regulation in Short-Term Therapy for Depression

Timothy Strauman, Ph.D., Duke University

Kari Eddington, Ph.D., University of North Carolina at Greensboro

Earn 1.5 continuing education credits

Basic to Moderate level of familiarity with the material

Primary Category: Treatment - Other

Key Words: *Treatment-Other, Adult Depression, Motivation*

Self-system therapy (SST) is an empirically-supported, short-term treatment for depression that targets motivational deficits and clients' pursuit of important personal goals (i.e., self-regulation). Two randomized controlled trials have shown that depressed clients with difficulties pursuing personal goals and standards that are most closely tied with positive affective experiences respond better to SST than to traditional CBT. This mini-workshop provides a basic introduction to working with clients' goals and standards in therapy by extracting several key components of SST that can complement practitioners' existing skill set in order to augment their treatment of clients with depression - particularly those with difficulties with self-regulation. The workshop will begin by providing a brief introduction to several key concepts drawn from motivational and affective science. We will first introduce the term self-regulation as a universal process of setting and pursuing important personal goals and of evaluating one's progress. We then explain how difficulties with self-regulation, such as those that often occur in depression, can contribute to emotional distress. We emphasize the idea that "not all goals are created equally" by introducing the important distinction between promotion and prevention goals, in particular how those goal categories are linked to emotional experiences in daily life. Throughout this more conceptual introduction, real-life examples from clients are described to bring the material to life. The workshop will then focus on translating these core concepts to intervention strategies. Drawing on SST, we will present and demonstrate several of the intervention strategies that are unique to SST. First, we discuss how to assess clients' self-regulatory style, including examining how that style "plays out" in daily life situations. Next, we identify potential problem areas that might be selected as treatment targets. Finally, we provide a brief overview of the strategies that map onto those targets, including strategies for modifying self-regulatory style and improving clients' progress toward their personal goals and standards.

You will learn:

- Understand the concept of self-regulation and its role in emotional functioning.
- Identify at least three potential treatment targets that address problems in self-regulation among clients with major depression.
- Understand strategies that can be used to enhance treatment for clients who have difficulties in self-regulation.

Recommended Readings: Strauman, T.J., & Eddington, K.M. (2017). Treatment of depression from a self-regulation perspective: basic concepts and applied strategies in self-system therapy. *Cognitive Therapy and Research*, 41(1), 1-15. Dickson, J.M., & MacLeod, A.K. (2004) Approach and avoidance goals and plans: Their relationship to anxiety and depression. *Cognitive Therapy and Research*, 28(3), 415-432. Miller, A.K., & Markman, K.D. (2007). Depression, regulatory focus, and motivation. *Personality and Individual Differences*, 43, 427-436.

3:30 p.m. – 5:00 p.m.

Hoover, Mezzanine Level

Mini Workshop 15

Treating PTSD in High-Risk and Multi-Diagnostic Clients Receiving DBT

Kathryn Korslund, ABPP, Ph.D., THIRA Health

Melanie S. Harned, Ph.D., University of Washington

Earn 1.5 continuing education credits

All level of familiarity with the material

Primary Category: Treatment - DBT

Key Words: *DBT (Dialectical Behavior Therapy), PTSD (Posttraumatic Stress Disorder), Suicide*

Dialectical Behavior Therapy (DBT) was originally developed to treat chronically suicidal and self-injuring individuals with multiple mental disorders and pervasive emotion dysregulation. From its inception, DBT has highlighted the role of trauma as a common etiological factor and posttraumatic stress disorder (PTSD) as an important treatment target for many clients who receive this treatment. The first two decades of DBT treatment development and research primarily focused on Stage 1 DBT to target behavioral dyscontrol, and DBT's Stage 2 in which PTSD is targeted was left largely undeveloped. As a result, formal treatment of PTSD during DBT has been the exception rather than the norm. The DBT Prolonged Exposure (DBT PE) protocol, an adapted version of Prolonged Exposure (PE) therapy, was developed specifically to provide a structured method of treating PTSD within DBT. This workshop will provide an overview of the basic structure and procedures of the DBT PE protocol, including discussing criteria for determining when clients are ready to begin PTSD treatment and strategies for overcoming common problems that arise when treating PTSD in this complex client population.

You will learn:

- Determine when high-risk and multi-problem clients are ready for PTSD treatment.
- Become familiar with the basic structure and procedures of the DBT Prolonged Exposure protocol.
- Identify strategies for addressing common problems encountered during PTSD treatment with this client population.

Recommended Readings: Harned, M. S., Korslund, K. E., & Linehan, M. M. (2014). A pilot randomized controlled trial of Dialectical Behavior Therapy with and without the Dialectical Behavior Therapy Prolonged Exposure protocol for suicidal and self-injuring women with borderline personality disorder and PTSD. *Behaviour Research and Therapy*, 55, 7-17. Harned, M. S., Korslund, K. E., Foa, E. B., & Linehan, M. M. (2012). Treating PTSD in suicidal and self-injuring women with borderline personality disorder: Development and preliminary evaluation of a Dialectical Behavior Therapy Prolonged Exposure protocol. *Behaviour Research and Therapy*, 50, 381-386. Harned, M. S. (2014). The combined treatment of PTSD with borderline personality disorder. *Current Treatment Options in Psychiatry*, 1, 335-344.

3:30 p.m. – 5:00 p.m.

Delaware A, Lobby Level

Panel Discussion 30

Adopting vs. Adapting DBT Across Cultures and Diagnoses

MODERATOR: *Andre Ivanoff, Ph.D.*, Columbia University

PANELISTS: *Tony Dubose, Psy.D.*, Behavioral Tech, LLC.

Ahmed Abdelkarim, M.D., Alexandria University, Egypt

Helene Sher, M.D., Soroka University Medical Center at Ben-Gurion University

A. Meltem Ustundag-Budak, M.D., Bahcesehir University, Istanbul

Suhadee Henriquez, LCSW, Multicultural CBT-DBT, LLC and The Flying Psychotherapist

Earn 1.5 continuing education credits

Primary Category: Dissemination / Implementation

Key Words: *Implementation, Cultural Diversity/ Vulnerable Populations, DBT (Dialectical Behavior Therapy)*

Dialectical behavior therapy (DBT) is a comprehensive, modular treatment with well-established efficacy in the treatment of individuals diagnosed with borderline personality disorder (Stoffers et al., 2012). DBT has also demonstrated efficacy in treating other disorders such as substance use disorders (Linehan et al., 1999; 2002), disordered eating (Safer et al., 2009), and bipolar disorder (Goldstein et al., 2015). Despite its broad use and popularity, cross-cultural applications are often still assumed to require significant adaptation from the treatment model, largely invalidating the transfer of the EBP. Transnationally, this assumption influences appeal and decisions to adopt and implement.

Given its effectiveness in difficult-to-treat client populations, training in DBT has been in high demand since the first randomized controlled trial. An estimated 6,000

provider teams in 19 countries have participated in DBT Intensive Training and the dissemination of DBT around the world continues to expand every year. Despite this, relatively little is known about how subsequent model adoption, rather than adaptation, occurs. Such findings have the potential to significantly improve our understanding of dissemination and implementation practices and improve the EST transfer. This panel brings together experts from around the world in the provision, training, and implementation of DBT to examine adoption implementation efforts.

The panelists will present summaries of their adoption and implementation efforts across the globe, including quantitative and qualitative data, and implementation challenges faced. This will include an overview and discussion of the following: 1) differences in adoption initiatives across countries, 2) training needs and possible solutions to improve implementation of DBT, and 3) discussion of treatment fidelity efforts in implementation efforts. Panelists work in 11 different countries and implement DBT with (in addition to BPD and high risk for suicide) substance users, eating disorders, and justice involved populations. This panel discussion will prove widely applicable to empirically based mental health practitioners, trainees, and implementation researchers in the U.S. and abroad.

3:30 p.m. – 5:00 p.m.

Washington 1, Exhibition Level

Panel Discussion 31

This Idea Must Die: Scientific Theories That Are Blocking Progress

MODERATOR: *Simon A. Rego, ABPP, Psy.D.*, Montefiore Medical Center

PANELISTS: *David H. Barlow, ABPP*, Boston University Center for Anxiety and Related Disorders

Anne Marie Albano, Ph.D., ABPP, Columbia University Medical Center

William C. Sanderson, Ph.D., Hofstra University

G. Terence Wilson, Ph.D., Rutgers University

Earn 1.5 continuing education credits

Primary Category: Education, Training, and Supervision - Graduate / Undergraduate/ Postdoctoral

Key Words: *ABCT, Evidence-Based Practice, Scientist-Practitioner*

Science is a matter of degree of systematic logical organization of phenomena; clinical psychology is a science to a degree that will rise in proportion to such systematization (Berenda, 1957), but its development depends upon creative thinking, discovering new things, and developing new ideas. Few truly new ideas however, are developed without abandoning old ones first. As theoretical physicist Max Planck (1858-1947) noted, "A new scientific truth does not triumph by convincing its opponents and making them see the

light, but rather because its opponents eventually die, and a new generation grows up that is familiar with it.” In other words, science advances by a series of funerals. Why wait that long? What scientific idea is ready for retirement? Ideas change, and the times we live in change. In fact, perhaps the biggest change today is the rate of change. The idea for this panel presentation was taken from The Edge Foundation’s “Annual Question” (2014). The Edge Foundation is an organization that was created “to seek out the most complex and sophisticated minds, put them in a room together and have themselves ask each other the questions they are asking themselves.” Once a year, via their website, Edge.org, The Edge Foundation asks, and then publishes, a collection of essays dedicated to a single question. In 2014, the question was devoted to what established scientific idea was ready to be moved aside so that science can advance. In the same vein, each year the ABCT convention provides its members with an excellent and often unique opportunity to attend presentations by, and witness discussions between, some of the most complex and sophisticated minds in our field. As such, this panel presentation will bring together four of our field’s brightest minds (David H. Barlow, Anne Marie Albano, William C. Sanderson, and G. Terence Wilson) to tackle the question: What scientific ideas have become relics blocking progress and need to be put aside in order to make room for new ideas to advance?

3:30 p.m. – 5:00 p.m.



Wilson C, Mezzanine Level

SIG Meeting

Obesity and Eating Disorder

Key Words: Body Image, Eating Disorders, Obesity/Overweight

A brief business discussion will proceed a presentation by a SIG faculty member about their research. The winner of our Graduate Student Research Award will present, and our Graduate Student Poster Award winner will be recognized. Anyone with interest in topics related to eating disorders or obesity is welcome to attend.

3:30 p.m. – 4:30 p.m.



Taft, Mezzanine Level

SIG Meeting

Mindfulness and Acceptance

Key Words: Mindfulness, Acceptance, Compassion / Empathy

We invite members and nonmembers alike to attend the first 20 minutes of our meeting for a guided mindfulness meditation practice. We can all use a some time out of “conference mind” and in “being mind!” Following the practice, we will attend to the business of the SIG and hear updates on research findings from SIG members.

Symposium 99

**Conceptualization of Sensory Over-Responsivity:
Implications for Classification of Psychopathology**

CHAIRS: *Martha Falkenstein, Ph.D.*, McLean Hospital/Harvard Medical School

David A.F. Haaga, Ph.D., American University

DISCUSSANT: *Eric A. Storch, Ph.D.*, Baylor College of Medicine

Earn 1.5 continuing education credits

Primary Category: Transdiagnostic

Key Words: *Transdiagnostic, Comorbidity, Diagnosis*

Sensory Overresponsivity in Trichotillomania (Hair-Pulling Disorder)

Martha Falkenstein, Ph.D., McLean Hospital/Harvard Medical School

Christine Conelea, Ph.D., University of Minnesota

Laury E. Garner, B.A., Fordham University

David A.F. Haaga, Ph.D., American University

Sensory Overresponsivity (SOR) in Pediatric OCD

Monica Wu, Ph.D., UCLA School of Medicine

Adam Lewin, Ph.D., University of South Florida

Tanya Murphy, Ph.D., University of South Florida

Eric A. Storch, Ph.D., Baylor College of Medicine

Clinical Characteristics of Misophonia

Brandon Frank, M.S., Fordham University

Katherine Crowe, M.A., Fordham University

Austin Harrison, B.A., Fordham University

Katherine Kennedy, B.S., Fordham University

Antoine Lebeaut, B.A., Fordham University

Lauren Mancusi, M.A., Fordham University

Dean McKay, Ph.D., Fordham University

Sensory Sensitivity and Picky Eating: Fruit/Vegetable Variety and Daily Intake

Hana Zickgraf, M.A., Penn State College of Medicine

Sensory Overresponsivity, Misophonia, and Difficulties With ER: Adults

Zachary Rosenthal, Ph.D., Duke University Medical Center

Jennifer Brought, PsyD, International Misophonia Research Network

Lisalynn Kelley, CCRP, Duke University Medical Center

Marissa Howard, LCSW, Duke University Medical Center

3:30 p.m. – 5:00 p.m.



McKinley, Mezzanine Level

SIG Meeting

Parenting and Families

Key Words: *Parenting, Families, Child*

The Parenting and Families SIG meeting will host a round table discussion that will include a panel of experts in the area of parenting and families. Panelists will be discussing pertinent topics relevant to this area, including future directions for the field. We will also honor this year's recipient of the student award in research excellence, discuss general SIG business, and vote on executive committee positions for the upcoming year.

1:45 p.m. – 3:15 p.m.

Roosevelt 5, Exhibition Level

Symposium 101

Helping Others Help Less: Assessing and Reducing Symptom Accommodation in Fear-Based Disorders

CHAIR: *Lillian Reuman, M.A., University of North Carolina at Chapel Hill*

DISCUSSANT: *Stephen Whiteside, ABPP, Department of Psychiatry and Psychology, Mayo Clinic*

Earn 1.5 continuing education credits

Primary Category: Parenting / Families

Key Words: *Transdiagnostic, OCD (Obsessive Compulsive Disorder), Parenting*

Relationship Between Parental Beliefs and Accommodation of Pediatric Anxiety

Brett J. Deacon, Ph.D., Illawarra Anxiety Clinic

Johanna Meyer, M.A., University of Wollongong

Parental Accommodation Patterns Across Mothers and Fathers of Anxious Youth

Bridget Poznanski, M.S., Florida International University

Leah Feinberg, M.S., Florida International University

Donna Pincus, Ph.D., Boston University

Jonathan S. Comer, Ph.D., Florida International University

SATURDAY

Family Accommodation Over the Course of Residential Treatment for OCD

Bradley C. Riemann, Ph.D., Rogers Memorial Hospital

Brenda Bailey, Ph.D., Rogers Memorial Hospital

Anthony Pinto, Ph.D., Zucker Hillside Hospital

Barbara VanNoppen, Ph.D., Keck School of Medicine

Lisa Calvocoressi, Ph.D., Yale University

Reduce Symptom Accommodation Among Caregivers of Anxious Relatives

Lillian Reuman, M.A., University of North Carolina at Chapel Hill

Jonathan S. Abramowitz, Ph.D., University of North Carolina at Chapel Hill

3:30 p.m. – 5:00 p.m.

Washington 3, Exhibition Level

Panel Discussion 32

Training as a Psychologist in Global Mental Health: Opportunities, Challenges, and the Expanding Role of Technology

MODERATOR: *Jessica F. Magidson, Ph.D., University of Maryland*

PANELISTS: *Jennifer M. Belus, M.A., University of Washington, Seattle*

Lena S. Andersen, Ph.D., University of Cape Town

Alexandra Rose, M.S., Partners in Health

Judith K. Bass, Ph.D., Johns Hopkins University School of Public Health

Steven A. Safren, Ph.D., University of Miami

Jessica N. Coleman, B.A., Duke University

Earn 1.5 continuing education credits

Primary Category: Education, Training, and Supervision - Graduate / Undergraduate/ Postdoctoral

Key Words: *Career Development, Cultural Diversity/ Vulnerable Populations, Technology*

The growing recognition of the global burden of psychological disorders requires greater attention to training psychologists to deliver, supervise, and evaluate behavioral health interventions in low-to-middle income countries (LMICs). Psychologists have a unique and important role, not only in developing evidence-based interventions tailored to local populations, but also in teaching and supporting local experts. Currently, however, psychologists comprise only a small percentage of professionals involved in advancing the global mental health (GMH) agenda, and few models for GMH training in psychology exist. Further, advances in technology have facilitated growing efforts for capacity building, training, and supervision of less specialized health care workers (e.g., peers, community health workers) in LMICs in evidence-based behavioral health interventions, such as

CBT. Yet, despite its strengths and effects on increasing reach of mental health interventions and training, the use of technology is not without its challenges. The aim of this panel is two-fold: (1) professional development: to discuss opportunities in GMH-oriented training programs for psychology trainees at various levels (masters, PhD, postdoctoral fellow, faculty); and (2) technology in GMH training: to discuss barriers and facilitators to using technology in GMH training and clinical research. The panelists are GMH researchers at all levels of training, including GMH training directors for US- and LMIC-based trainees, GMH clinical researchers in the US and abroad, and GMH trainees in graduate school and postdoctoral fellowship. Panelists will speak to successes and challenges using technology to facilitate their role in GMH when supervising and training other providers in a range of global settings (sub-Saharan Africa, India, Haiti, Southeast Asia), as well as for their own career development. Future priorities for GMH training using technology will also be discussed.

1:45 p.m. – 3:15 p.m.

Roosevelt 3, Exhibition Level

Symposium 100

Novel Approaches to Understanding and Treating Obsessive-Compulsive Disorder

CHAIR: *Amanda M. Raines, Ph.D.*, South Central Mental Illness
Research Education and Clinical Center

DISCUSSANT: *Bunmi Olatunji, Ph.D.*, Vanderbilt University

Earn 1.5 continuing education credits

Primary Category: Obsessive Compulsive and Related Disorders

Key Words: *OCD (Obsessive Compulsive Disorder), Risk / Vulnerability Factors, ERP (Exposure and Response Prevention)*

Association Between Perfectionism and OC Dimensions Among Rural Veterans

Amanda M. Raines, Ph.D., South Central Mental Illness Research Education and
Clinical Center

Michele Carroll, Psy.D., Southeast Louisiana Veterans Health Care System

Laurel Franklin, Ph.D., Southeast Louisiana Veterans Health Care System

Exaggerated Interpretation Bias for Uncertain Information as Predictor of OCD

Mary E. Oglesby, M.S., Florida State University

Lauren Stentz, B.A., Florida State University

Amberly Portero, B.S., Florida State University

Savannah L. King, B.S., University of Alabama

Norman Schmidt, Ph.D., Florida State University

Analysis of Incompleteness in Behavioral Treatment of Contamination-Based OCD

Brittany M. Mathes, B.A., Florida State University

Grace Kennedy, Florida State University

Natalie L. Wilver, Florida State University

Corinne Carlton, Florida State University

Jesse R. Cogle, Ph.D., Florida State University

Transdiagnostic Inhibitory Learning Approach to OCD Treatment

Kelly A. Knowles, M.A., Vanderbilt University

Bunmi Olatunji, Ph.D., Vanderbilt University

3:30 p.m. – 5:30 p.m.

Wilson A, Mezzanine Level

Directors of Clinical Training Meeting

Karen Christoff, Ph.D., University of Mississippi

Primary Category: Professional Issues

Key Words: *Professional Issues*

Join this informal discussion of issues of common concern to those responsible for the training of clinical psychologists. The first half of this session will be devoted to issues most relevant to academic doctoral program directors. Representatives from internship programs are invited to join the meeting for the second half of the session, which will be devoted to discussion of issues of concern to both groups.

Spotlight Research 3

Treatment for Anhedonia: A Neuroscience-Driven Approach

CHAIR: *Alicia E. Meuret, Ph.D.*, Southern Methodist University

Panelist: *Michelle Craske, Ph.D.*, University of California, Los Angeles,
Department of Psychology

Earn 1 continuing education credit

Primary Category: Treatment - CBT

Key Words: *Adult Depression, Clinical Trial, Neuroscience*

Anhedonia, or loss of interest or pleasure in usual activities, is characteristic of depression, some types of anxiety, as well as substance abuse and schizophrenia. Anhedonia is a predictor of poor long-term outcomes, including suicide and poor treatment response. Because extant psychological and pharmacological treatments have limited effects on anhedonia, there is an unmet therapeutic need for this high-risk symptom. Current psychological and drug treatments for anxiety and depression focus largely on reducing excesses in negative affect rather than improving deficits in positive affect.

Recent advances in affective neuroscience have elucidated specific processes that may underlie anhedonia and can be targeted in therapy. Specifically, anhedonia is associated with deficits in three cardinal sub-domains within the RDoC Positive Valence System: approach-motivation for reward, initial responsiveness to attainment of reward, and reward learning.

Through a collaborative effort between UCLA and SMU, we have developed a psychological treatment for anhedonia, Positive Affect Treatment (PAT; Craske, Meuret, Ritz, Treanor, & Dour, 2016), that targets approach-motivation, initial responsiveness to attainment, and learning of reward.

In this talk, we will (1) review anhedonia in relation to positive and negative valence systems and current treatment approaches, (2) discuss the evidence linking anhedonia to biological, experiential, and behavioral deficits in the reward subsystems, (3) present the key therapeutic principles and findings of a proof-of-principle intervention study designed to determine whether a novel intervention aimed at improving positive affect (PAT) was more efficacious in treating anhedonia than cognitive-behavior treatment aimed to decrease negative affect (NAT) in individuals with functionally-impairing and clinically severe symptoms of depression or anxiety. Improvements in anhedonia were statistically and clinically superior in PAT compared to NAT (by 240%) at post-treatment and six-month follow-up. PAT was 3 times more effective in reducing suicidal ideation and was also more effective in reducing symptoms of depression, negative affect, and stress for those with higher baseline levels.

You will learn:

- Discuss an overview of anhedonia in relation to positive and negative valence systems and current treatment approaches

- Understand the findings from experiments testing deficits in the reward sensitivity sub-domains in relation to anhedonia
- Learn the key therapeutic principles and data of a novel interventions that specifically target the mechanisms underlying anhedonia

Recommended Readings: Craske, M. G., Meuret, A. E., Ritz, T., Treanor, M., & Dour, H. J. (2016). Treatment for anhedonia: A neuroscience driven approach. *Depression and Anxiety*, 33(10), 927-938. Whitton, A. E., Treadway, M. T., & Pizzagalli, D. A. (2015). Reward processing dysfunction in major depression, bipolar disorder and schizophrenia. *Current Opinion in Psychiatry*, 28(1), 7-12. Winer, E. S., Nadorff, M. R., Ellis, T. E., Allen, J. G., Herrera, S., & Salem, T. (2014). Anhedonia predicts suicidal ideation in a large psychiatric inpatient sample. *Psychiatry Research*, 218(1-2), 124-128.

3:30 p.m. – 5:00p.m.

Maryland B, Lobby Level

Symposium 110

Evidence-Based Treatment With Gender Minority Individuals: Considerations for Affirmative Practice

CHAIR: *Debra A. Hope, Ph.D.*, University of Nebraska-Lincoln

DISCUSSANT: *John E. Pachankis, Ph.D.*, Department of Social and Behavioral Sciences, Yale School of Public Health

Earn 1.5 continuing education credits

Primary Category: Gay / Lesbian / Bisexual / Transgender Issues

Key Words: LGBTQ+, *Treatment-Other, Evidence-Based Practice*

Program Evaluation of VA Boston's Electronic Referral System

Colleen Sloan, Ph.D., VA Boston HCS; Boston University School of Medicine

Jillian C. Shipherd, Ph.D., VA Boston Healthcare System; Boston University School of Medicine; National Center for PTSD

Transgender Veterans' Trauma Recovery and Discrimination: Considerations

Jillian C. Shipherd, Ph.D., Veterans Health Administration; VA Boston Healthcare System; National Center for PTSD; Boston University School of Medicine

Mollie Ruben, Ph.D., VA Boston Healthcare System; Massachusetts College of Pharmacy and Health Sciences University

Danielle Berke, Ph.D., VA Boston Healthcare System; Boston University School of Medicine

Nicholas Livingston, Ph.D., VA Boston Healthcare System; Boston University School of Medicine

Provider Perspective on Mental Health Care for Transgender Individuals

Natalie R. Holt, M.A., University of Nebraska-Lincoln

Allura Ralston, M.A., University of Nebraska-Lincoln

Debra A. Hope, Ph.D., University of Nebraska-Lincoln

Richard MocarSKI, Ph.D., University of Nebraska at Kearney

Heather Meyer, Ph.D., University of Nebraska at Kearney

Robyn King, University of Nebraska at Kearney

Nathan Woodruff, Trans Collaborations

Psychological Services for Transgender and Gender-Nonconforming Adults

Debra A. Hope, Ph.D., University of Nebraska-Lincoln

Natalie R. Holt, M.A., University of Nebraska-Lincoln

Richard MocarSKI, Ph.D., University of Nebraska at Kearney

Nathan Woodruff, Trans Collaborations

3:30 p.m. – 5:00 p.m.

Delaware B, Lobby Level

Symposium 111

Innovative Approaches to Studying the Co-Occurrence of Posttraumatic Stress Disorder and Risky, Self-Destructive, and Health-Compromising Behaviors

CHAIR: *Nicole H. Weiss, Ph.D., University of Rhode Island*

DISCUSSANT: *Carla Danielson, Ph.D., Medical University of South Carolina*

Earn 1.5 continuing education credits

Primary Category: Trauma and Stressor Related Disorders and Disasters

Key Words: PTSD (*Posttraumatic Stress Disorder*), *Addictive Behaviors*, *Risky Behaviors*

Risk Taking Among Substance Dependent Patients With and Without PTSD

Courtney Forbes, M.A., University of Toledo

Matthew T. Tull, Ph.D., University of Toledo

Nicole H. Weiss, Ph.D., University of Rhode Island

Kim L. Gratz, Ph.D., University of Toledo

Heterogeneity in the Co-Occurrence of Substance Use and PTSD

Ateka Contractor, Ph.D., University of North Texas

Nicole H. Weiss, Ph.D., University of Rhode Island

Katherine Dixon-Gordon, Ph.D., University of Massachusetts Amherst

Heidemarie Blumenthal, Ph.D., University of North Texas

SATURDAY

Negative Affect Mechanism Linking Child Abuse and PTSD Symptoms to Risky Sex

Kate Walsh, Ph.D., Yeshiva University - Ferkauf Graduate School of Psychology
Sara Lowe, Ph.D., Montclair State University

Negative and Positive Emotions in PTSD and Behavioral Risk Taking in the Lab

Nicole H. Weiss, Ph.D., University of Rhode Island
Ateka Contractor, Ph.D., University of North Texas
June Gruber, Ph.D., University of Colorado Boulder
Rajita Sinha, Ph.D., Yale University
Mark Laudenslager, Ph.D., University of Colorado Anschutz Medical Campus
Tami Sullivan, Ph.D., Yale University

3:30 p.m. – 5:00 p.m.

Maryland A, Lobby Level

Symposium 109

Improving the Inclusivity, Replicability, and Generalizability of Couples Research Through Technological and Methodological Innovations

CHAIR: *Feea Leifker, M.P.H., Ph.D., University of Utah*

DISCUSSANT: *Brian D. Doss, Ph.D., University of Miami*

Earn 1.5 continuing education credits

Primary Category: Couples / Close Relationships

Key Words: *Couples / Close Relationships, Methods, Statistics*

Relationship Satisfaction Is Not a Normally Distributed Variable: Potential Solutions

Alexander O. Crenshaw, M.Sc.
Brian R.W. Baucom, Ph.D., University of Utah

Web-Based Technologies to Increase Generalizability in Observational Designs

Nicholas S. Perry, M.S., University of Utah
Karena Leo, M.S., University of Utah
David Hubner, Ph.D., MPH, George Washington University
Brian R.W. Baucom, Ph.D., University of Utah

Wearable Technology as a Tool for Inclusion in the Study of Relationship Conflict

Colin Adamo, B.S., University of Utah

Alexander O. Crenshaw, M.S., University of Utah

Jasara N. Hogan, M.S., University of Utah

Karena Leo, M.S., University of Utah

Stacia Bourne, M.S., University of Utah

Katherine J.W. Baucom, Ph.D., New York University

Brian R.W. Baucom, Ph.D., University of Utah

Group Differences: Disentangling Enactment and Perception of Behavior and Emotion

Karena Leo, M.S., Department of Psychology, University of Utah

Katherine J.W. Baucom, Ph.D., New York University

Brian R.W. Baucom, Ph.D., University of Utah

Replication Rates of Relationship Outcomes in Behavioral Couple Therapies

Jasara N. Hogan, M.S., University of Utah

Donald H. Baucom, Ph.D., University of North Carolina

Andrew Christensen, Ph.D., University of California, Los Angeles

Douglas Snyder, Ph.D., Texas A&M University

Brian R.W. Baucom, Ph.D., University of Utah

Symposium 105

From Intuition to Machine Learning: How Is Technology Changing Ways We Assess and See Progress With Clients With Mood Disorders?

CHAIR: *Stephanie Salcedo, M.A., University of North Carolina at Chapel Hill*

DISCUSSANT: *Eric A. Youngstrom, Ph.D., University of North Carolina at Chapel Hill*

Earn 1.5 continuing education credits

Primary Category: Bipolar Disorders

Key Words: *Bipolar Disorder, Assessment, Technology*

Pairing ROC and Meta-Analysis to Improve the Diagnosis of Bipolar Disorder

Anna Van Meter, Ph.D., The Feinstein Institute for Medical Research, The Zucker Hillside Hospital

Eric A. Youngstrom, Ph.D., University of North Carolina at Chapel Hill

Meta-Analysis to Determine Best Screening Measures for Depression in Youth

Stephanie Salcedo, M.A., University of North Carolina at Chapel Hill

Tate Halverson, M.A., University of North Carolina at Chapel Hill

Jacquelynne Genzlinger, University of North Carolina at Chapel Hill

Eric A. Youngstrom, Ph.D., University of North Carolina at Chapel Hill

eHealth Data to Evaluate Clinical Outcomes in Bipolar Disorder Research

Lauren Weinstock, Ph.D., Brown University

Brandon Gaudiano, Ph.D., Brown University and Butler Hospital

Ivan W. Miller, Ph.D., Brown University and Butler Hospital

MoodNetwork: Assessing and Monitoring Safety for an At-Risk Population Online

Louisa G. Sylvia, Ph.D., Massachusetts General Hospital, Harvard Medical School

Samantha Walsh, B.A., Massachusetts General Hospital

Jessica A. Janos, B.A., Massachusetts General Hospital

Roberta Tovey, Ph.D., Massachusetts General Hospital

Thilo Deckersbach, Ph.D., Massachusetts General Hospital

Andrew A. Nierenberg, M.D., Massachusetts General Hospital

Symposium 106

Multilocus Genetic Profile Scores: A Cutting-Edge Tool for Examining Genetic Risk for Depression and Related Constructs

CHAIR: *Suzanne Vrshek-Schallhorn, Ph.D.*, University of North Carolina at Greensboro

DISCUSSANT: *Lea R. Dougherty, Ph.D.*, University of Maryland, College Park

Earn 1.5 continuing education credits

Primary Category: Neuroscience

Key Words: *Depression, Neuroscience, Stress*

Serotonergic Multilocus Genetic Profile Score Interacts With Early Adversity (GxE)

Catherine B. Stroud, Ph.D., Williams College

Carey Marr, B.A., Williams College

Suzanne Vrshek-Schallhorn, Ph.D., University of North Carolina at Greensboro

HPA-Axis Multilocus Genetic Variation: Stress and Depressive Symptoms in Adolescents

Lisa R. Starr, Ph.D., University of Rochester

Meghan Huang, B.A., University of Rochester

Association of Chronic Stress and Diurnal Cortisol Secretion Among Adolescents

Kimberly A. Dienes, Ph.D., University of Manchester, School of Health Sciences,
Manchester Centre for Health Psychology

Zoey A. Shaw, M.A., University of Rochester

Irina Li, M.A., University of Rochester

Lisa R. Starr, Ph.D., University of Rochester

Dopaminergic Multilocus Genetic Variation in Young Adolescents

Vaibhav R. Sapuram, M.A., University of North Carolina at Greensboro

Suzanne Vrshek-Schallhorn, Ph.D., University of North Carolina at Greensboro

Lori Hilt, Ph.D., Lawrence University

Catherine B. Stroud, Ph.D., Williams College

Serotonergic Multilocus Genetic Vulnerability: Cortisol and Depressive Episodes
Suzanne Vrshek-Schallhorn, Ph.D., University of North Carolina at Greensboro
Emma Adam, Ph.D., Northwestern University
Susan Mineka, Ph.D., Northwestern University
Richard E. Zinbarg, Ph.D., Northwestern University
Eva Redei, Ph.D., Northwestern University
Constance Hammen, Ph.D., UCLA
Michelle Craske, Ph.D., UCLA

3:30 p.m. – 5:00 p.m.

Thurgood Marshall North, Mezzanine Level

Symposium 107

Predictors, Moderators, and Mediators in Youth Anxiety Disorders

CHAIR: *Dean McKay, ABPP, Ph.D., Fordham University*

DISCUSSANT: *Thomas H. Ollendick, Ph.D., Virginia Polytechnic Institute and State University*

Earn 1.5 continuing education credits

Primary Category: Child / Adolescent - Anxiety

Key Words: *Mediation / Mediators, CBT, Child Anxiety*

Treatment Outcome in Youth Anxiety and Depressive Disorders

Emily Steinberg, M.A., Fordham University

Julia Phillips, Fordham University

Dean McKay, Fordham University

Impact of Treatment Expectations on Exposure Therapy Variables in Child Anxiety

Monica Wu, Ph.D., UCLA School of Medicine

Nicole E. Caporino, Ph.D., American University

Jocelyn Perez, M.A., UCLA

Hardian Thamrin, M.A., UCLA

Tara Peris, Ph.D., UCLA

John Piacentini, Ph.D., UCLA

Evidence-Based Assessments in Clinical Practice for Child Anxiety Disorders

Joseph McGuire, Ph.D., Johns Hopkins University

Sophie A. Palitz, M.A., Temple University

Nicole E. Caporino, Ph.D., American University

Philip C. Kendall, Ph.D., Temple University

John Piacentini, Ph.D., UCLA

Predictors of Outcome in CBT for Anxiety in Youth With ASD

Katrina Rufino, Ph.D.

Sandra Cepeda, M.A., Baylor College of Medicine

Jill Ehrenreich-May, Ph.D., University of Miami

Jeffrey J. Wood, Ph.D., UCLA

Adam Lewin, Ph.D., University of South Florida

3:30 p.m. – 5:00 p.m.

Thurgood Marshall East, Mezzanine Level

Symposium 108

Disseminating CBT for OCD: Moving Exposure from the Clinic to the Community and the Computer

CHAIR: *Ryan J. Jacoby, Ph.D., Massachusetts General Hospital*

DISCUSSANT: *Pim Cuijpers, Ph.D., Vrije Universiteit Amsterdam*

Earn 1.5 continuing education credits

Primary Category: Obsessive Compulsive and Related Disorders

Key Words: *OCD (Obsessive Compulsive Disorder), Dissemination, Telehealth & Internet Interventions*

RCT of Exposure Therapy Delivered in a Community Mental Health Center

Maria C. Mancebo, Ph.D., Brown University & Butler Hospital

Caron Zlotnick, Ph.D., Brown Alpert Medical School

Steven A. Rasmussen, M.D., Brown Alpert Medical School

Internet-Delivered, Family-Based Treatment for Early-Onset OCD

Jami M. Furr, Ph.D., Florida International University

Martin Franklin, Ph.D., University of Pennsylvania

Muniya Khanna, Ph.D., Children's Hospital of Pennsylvania, University of Pennsylvania

Abbe Garcia, Ph.D., Brown University

Jennifer Freeman, Ph.D., Brown University

Jonathan S. Comer, Ph.D., Florida International University

Noninferiority Trial of Internet Versus Face-to-Face CBT for OCD

Christian Rück, M.D., Ph.D., Karolinska Institutet

Lina Lundström, MSc, Karolinska Institutet

Oskar Flygare, MSc, Karolinska Institutet

David Mataix-Cols, Ph.D., Karolinska Institutet

Erik Andersson, Ph.D., Karolinska Institutet

SATURDAY

Comparing Training Modalities of Disseminating CBT for OCD

Ryan J. Jacoby, Ph.D., Massachusetts General Hospital

Noah Berman, Ph.D., College of the Holy Cross

Hannah E. Reese, Ph.D., Bowdoin College

C. Alec Pollard, Ph.D., Saint Louis University School of Medicine

Jeff Szymanski, Ph.D., International OCD Foundation

Susan Sprich, Ph.D., Massachusetts General Hospital

Sabine Wilhelm, Ph.D., Massachusetts General Hospital

3:30 p.m. – 5:00 p.m.

Roosevelt 5, Exhibition Level

Symposium 115

“Positively Terrifying”: Multimethod Examinations of Positivity Impairments as an Integral Feature of Social Anxiety Disorder

CHAIR: *Justin W. Weeks, Ph.D., Nebraska Medicine, Nebraska Medical Center*

DISCUSSANT: *Lynn Alden, Ph.D., The University of British Columbia*

Earn 1.5 continuing education credits

Primary Category: Adult Anxiety - Social

Key Words: Social Anxiety, Fear

Fear of Evaluation: Link Between Social Anxiety and Positive Affect Deficits?

Justin W. Weeks, Ph.D., Nebraska Medicine, Nebraska Medical Center

Elizabeth Gordon, Ph.D., Haverford College

Richard G. Heimberg, Ph.D., Temple University

Dynamic Interplay of Social Comparisons and Positive Emotions: Adults With SAD

Fallon Goodman, M.A., George Mason University

Todd Kashdan, Ph.D., George Mason University

Mindfulness-Based Cognitive Therapy on Positive Affect and Social Anxiety

Marlene V. Strega, M.S., Virginia Tech

Deanna Swain, M.S., Virginia Tech

Lauren A. Bochicchio, B.S., Virginia Tech

Andrew Valdespino, M.S., Virginia Tech

John Richey, Ph.D., Virginia Tech

Anhedonia in Social Anxiety Linked to Immune and Inflammatory Responses

John Richey, Ph.D., Virginia Tech

Symposium 116

If You Build It, They Will Come... But How Do We Get Them to Stay? The Role of Support in e-Health Interventions.

CHAIR: *Carmen McLean, Ph.D.*, National Center for PTSD,
Dissemination and Training Division, and Stanford
University School of Medicine

DISCUSSANT: *Michelle G. Newman, Ph.D.*, The Pennsylvania State University

Earn 1.5 continuing education credits

Primary Category: Technology

Key Words: *Technology, mHealth (Mobile Health)*

Optimize Level of Supportive Accountability in Weight Loss Intervention

Evan Forman, Ph.D., Drexel University

Stephanie Kerrigan, M.S., Drexel University

Danielle Moskow, B.S., Drexel University

Diane Dallal, B.A., Drexel University

Adrienne S. Juarascio, Ph.D., Drexel University

Meghan Butryn, Ph.D., Drexel University

Stephanie M. Manasse, Ph.D., Drexel University

Internet-Based CBT for Adolescent and Older Adult Depression Care

Emily Lattie, Ph.D., Northwestern University

Kathryn Tomasino, Ph.D., Northwestern University

David Mohr, Ph.D., Northwestern University

Mobile App Engagement and Outcomes for Veterans With PTSD

Harry McCleary, M.S., Palo Alto University and Palo Alto VA

Jason Owen, Ph.D., MPH, National Center for PTSD, Veterans Affairs Palo Alto
Health Care System

Online Training: Coaching for Veteran Treatment Initiation for PTSD
Eric Kuhn, Ph.D., National Center for PTSD, Veterans Affairs Palo Alto Health Care System, and Stanford University School of Medicine
Christopher Erbes, Ph.D., Center for Chronic Disease Outcomes Research, Minneapolis VA HealthCare System and University of Minnesota Medical School
Christina Babusci, B.A., Corporal Michael J. Crescenz VA Medical Center
Catherine Conroy, MEd., Corporal Michael J. Crescenz VA Medical Center
Steven L. Sayers, Ph.D., Corporal Michael J. Crescenz VA Medical Center and University of Pennsylvania

3:30 p.m. – 5:00 p.m.

Washington 5, Exhibition Level

Symposium 113

Capitalizing on Children and Teens' Engagement with Technology to Improve Behavioral Health: Preliminary Progress and Pitfalls

CHAIR: *Jennifer S. Silk, Ph.D.*, University of Pittsburgh
DISCUSSANT: *Tina Goldstein, Ph.D.*, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center

Earn 1.5 continuing education credits

Primary Category: Technology

Key Words: *mHealth (Mobile Health), Technology, Telehealth & Internet Interventions*

Child Anxiety: There's an App for That, but Is It Evidence Based?

Jonathan S. Comer, Ph.D., Mental Health Interventions and Technology (MINT) Program, Florida International University

Laura Bry, M.S., University of Maryland, College Park

Elizabeth Miguel, B.A., New York State Psychiatric Institute, Columbia University

Tommy Chou, FIU

Smartphone App Efficacy of Brief CBT for Childhood Anxiety Disorders

Jennifer S. Silk, Ph.D., University of Pittsburgh

Jonathan S. Comer, Ph.D., Florida International University

Laura Bry, M.S., University of Maryland, College Park

Elizabeth Miguel, New York State Psychiatric Institute, Columbia University

Tommy Chou, M.S., FIU

Digital Therapeutics for Childhood Disruptive Behavior Problems

Oliver Lindhiem, Ph.D., University of Pittsburgh

Jordan L. Harris, B.S., University of Pittsburgh Medical Center (UPMC)

David Kolko, Ph.D., UPMC

Bambang Parmanto, Ph.D., University of Pittsburgh

Gede Pramana, Ph.D., Pitt

Jennifer S. Silk, Ph.D., Pitt

Effects of Blogging in Adolescents With Depression or Anxiety

Ana Radovic, M.D., University of Pittsburgh School of Medicine, Children's Hospital of Pittsburgh of UPMC

Elizabeth A. Miller, M.D./Ph.D., University of Pittsburgh School of Medicine, Children's Hospital of Pittsburgh of UPMC

3:30 p.m. – 4:30 p.m.

Madison A & B (Combined), Mezzanine Level

Symposium 102

Clinical Utility of Novel Psychophysiological Measures of Depression and Anxiety in the Age of RDoC

CHAIRS: *Emily Meissel, B.A.*, San Diego State University/UC San Diego Joint Doctoral Program in Clinical Psychology

Nader Amir, Ph.D., San Diego State University

DISCUSSANT: *Nader Amir, Ph.D.*, San Diego State University

Earn 1 continuing education credit

Primary Category: Translational

Key Words: *Psychophysiology, Depression, Anxiety*

Attentional Bias Modification: EEG Outperforms Reaction Times

Mario Reutter, B.S., University of Wurzburg

SATURDAY

Rostral Anterior Cingulate Cortex Theta Activity: Improvement in Depression

Christian A. Webb, Ph.D., Harvard Medical School- McLean Hospital

Diego Pizzagalli, Harvard Medical School

Daniel G. Dillon, Harvard Medical School

Craig Tenke, New York State Psychiatric Institute & Department of Psychiatry,
College of Physicians and Surgeons of Columbia University

Jurgen Kayser, New York State Psychiatric Institute & Department of Psychiatry,
College of Physicians and Surgeons of Columbia University

Maurizio Fava, Harvard Medical School - Massachusetts General Hospital

Patrick B. McGrath, New York State Psychiatric Institute & Department of Psychiatry,
College of Physicians and Surgeons of Columbia University

Myma Weissman, New York State Psychiatric Institute & Department of Psychiatry,
College of Physicians and Surgeons of Columbia University

Ramin Parsey, Stony Brook University

Phil Adams, New York State Psychiatric Institute & Department of Psychiatry, College
of Physicians and Surgeons of Columbia University

Joseph Trombello, University of Texas, Southwestern Medical Center,

Crystal Cooper, University of Texas, Southwestern Medical Center,

Patricia Deldin, University of Michigan

Maria Oquendo, University of Pennsylvania, Perelman School of Medicine

Melvin McInnis, University of Michigan

Thomas Carmody, University of Texas, Southwestern Medical Center

Gerard Bruder, New York State Psychiatric Institute & Department of Psychiatry,
College of Physicians and Surgeons of Columbia University

Madhukar H. Trivedi, University of Texas, Southwestern Medical Center

Neural Sensitivity to Rewards and Losses and Adolescent Depression

Emily Meissel, B.A., San Diego State University/UC San Diego Joint Doctoral
Program in Clinical Psychology

Lucia Nhan, San Diego State University

Maxwell Higgs, San Diego State University

Nader Amir, San Diego State University

Symposium 112

Multi-Modal Measurement of Emotion and Emotion Regulation: Opportunities for Enhancing Clinical Science and Treatment

CHAIR: *Vera Vine, Ph.D.*, University of Pittsburgh

DISCUSSANT: *Ann Kring, Ph.D.*, University of California at Berkeley

Earn 1.5 continuing education credits

Primary Category: Transdiagnostic

Key Words: *Emotion, Emotion Regulation, Psychophysiology*

Reappraisal and Acceptance on Subjective Experience, Physiology, and Cognition

Allison Troy, Ph.D., Franklin and Marshall College

Concordance Study of Myoelectrical Gastric Reactivity and Heart Rate Variability

Jean M. Quintero, M.A., Teachers College, Columbia University

Megan E. Renna, M.A., Teachers College, Columbia University

Saren Seeley, M.A., University of Arizona

Douglas S. Mennin, Ph.D., Teachers College, Columbia University

Emotional Reactivity, Parental Behavior, and Transdiagnostic Risk in Adolescents

Vera Vine, Ph.D., University of Pittsburgh

Amy Byrd, Ph.D., University of Pittsburgh

Stephanie Stepp, Ph.D., University of Pittsburgh

Emotional Reactivity and Regulation of Social Rejection in Adults With BPD

Kim L. Gratz, Ph.D., University of Toledo

Julia R. Richmond, M.A., University of Toledo

Matthew T. Tull, Ph.D., University of Toledo

Katherine Dixon-Gordon, Ph.D., University of Massachusetts Amherst

Alexander L. Chapman, Ph.D., Simon Fraser University

Symposium 103

Preventing Prescription Stimulant Misuse: Insights from Ecological Momentary Assessment and Simulation Studies

CHAIR: *Laura Holt, Ph.D.*, Trinity College

DISCUSSANT: *Christopher J. Correia, Ph.D.*, Auburn University

Earn 1 continuing education credit

Primary Category: Addictive Behaviors

Key Words: *Addictive Behaviors, Ecological Momentary Assessment, Prevention*

College Student Stimulant Misuse: Stress, Affect, and Stimulant Misuse History

Ty Schepis, Ph.D., Texas State University

Julia Buckner, Ph.D., Louisiana State University

The Effect of Expectation for Stimulant Type on Mood and Cognition

Alison Looby, Ph.D., University of Wyoming

Lauren M. Zimmerman, B.A., University of Wyoming

Jacqueline Ralph, Undergraduate, University of Wyoming

Evaluating Resistance Strategies for Prescription Stimulant Requests

Laura Holt, Ph.D., Trinity College

Ty Schepis, Ph.D., Texas State University

Alison Looby, Ph.D., University of Wyoming

Paige Marut, B.S., Veterans Affairs Medical Center West Haven, CT

Eliza Marsh, Undergraduate, Trinity College

Marriott Ballroom 1, 2 & 3, Lobby Level

Presidential Address

CBT in the Digital Age: Enhancing Effectiveness and Reach of Research and Psychotherapy

Sabine Wilhelm, Ph.D., Massachusetts General Hospital/Harvard Medical School

Earn 1 continuing education credit

Primary Category: Technology, Assessment, Treatment- CBT

Key Words: *Technology, mHealth (Mobile health), Assessment, Treatment- CBT*



SABINE
WILHELM

This year's ABCT conference focuses on Cognitive Behavioral Science, Treatment, and Technology. Our field has come a tremendous way in establishing CBT as the empirically-supported treatment of choice for a wide range of mental and behavioral health problems. Nevertheless, our field has also faced consistent challenges in expanding timely access to care, disseminating care that is consistently high in quality and fidelity, and determining which treatment components work - and for whom. Lack of progress on these key issues is due in large part to the time and cost that it has traditionally required to address these issues. We are entering an exciting period in which emerging technologies offer novel solutions to these barriers. Technology-based solutions are often more efficient, cost effective, and agile. I will discuss a number of technology-enabled solutions to our field's age-old challenges. I will also caution the audience that, as we venture into exciting new domains for research and treatment, we must stay attentive to potential pitfalls of these emerging technologies. These include issues of ethics and data privacy, low rates of engagement with technology-based treatments, a wide research to market gap, and lack of empirical support for most app-based treatments. I will conclude with suggestions for how we may approach these potential pitfalls effectively.

You will learn:

- Describe novel technology-enabled solutions to barriers the field faces

- Explain potential challenges of technology-based research and treatment
- Describe ways to address the challenges inherent to technology-enabled research and treatment

Recommended Readings: Mohr, D.C., Zhang, M., & Schueller, S. M. (2017). Personal sensing: Understanding mental health using ubiquitous sensors and machine learning. *Annual Review of Clinical Psychology*, 13, 23-47. National Advisory Mental Health Council (NAMHC), National Institute of Mental Health (NIMH). (n.d.). Opportunities and Challenges of Developing Information Technologies on Behavioral and Social Science Clinical Research. Retrieved August 15, 2018 from https://www.nimh.nih.gov/about/advisory-boards-andgroups/namhc/reports/bsscr-ops-dd-final_155109.pdfNeary, M., & Schueller, S. M. (in press). State of the field of mental health apps. *Cognitive and Behavioral Practice*.

10:30 p.m. – 1:00 a.m.

Marriott Ballroom Salon 3, Lobby Level

Saturday Night Dance Party

Dance away the evening - salsa, rumba, tango, or hip hop. We will have it all. Our DJ will take requests and the photo booth will have plenty of fun props for great pictures that you can take home as a memento of this great party. Connect with your colleagues or meet new friends one last time at this closing late night event. We hope to see you there!

Sunday

8:15 a.m. – 10:00 a.m.

Lincoln 3, Exhibition Level

Research Facilitation Committee

Strategies for Implementing Innovative Research Designs and Methodologies

MODERATOR: *Nathaniel R. Herr, Ph.D.*, American University

PANELISTS: *Zachary Rosenthal, Ph.D.*, Duke University Medical Center
Shannon Sauer-Zavala, Ph.D., Boston University Center for Anxiety and Related Disorders

Brian R.W. Baucom, Ph.D., University of Utah

Andrea Chronis-Tuscano, Ph.D., University of Maryland- College Park

Primary Category: Research Methods and Statistics, Couples/Close Relationships, Technology

Key Words: *Innovation, Smart trails, Technology, Couples, Experimental Therapeutics*

Sponsored by the Research Facilitation Committee of ABCT (Chair: Dr. Nathaniel R. Herr), this Invited Expert Panel will speak about their experiences integrating innovative research designs into their programs of research. “Innovation” is a fundamental requirement for obtaining grant support, thus it is crucial for researchers to consider ways to enhance the methodologies they choose to examine research questions. The aim of this panel is to explore, through the personal experiences of the panelists, the challenges and advantages of developing and implementing innovative research designs. Dr. Rosenthal will describe his experiences conducting a program using an online (Moodle) platform to disseminate principles of change in contemporary cognitive behavioral therapies to behavioral health clinicians in North Carolina. Dr. Sauer-Zavala will discuss methods for designing studies informed by the experimental therapeutics paradigm, primarily focusing on the use of single-case experimental design. For research designated as a clinical trial, the National Institute of Mental Health (NIMH) is currently prioritizing experimental therapeutics studies aimed at isolating the effects of an intervention’s putative mechanism of action, rather than chiefly focusing on symptom change. Dr. Baucom will discuss interdisciplinary methodologies for increasing the reach, inclusion, generalizability, and accessibility of behaviorally-based Clinical Science. Technological, methodological, and statistical innovations are occurring at an incredible rapid pace in the social and behavioral sciences and in numerous allied fields. Many of the advancements in fields outside of psychology present opportunities for addressing longstanding as well as newly emerging challenges in Clinical Science. Dr. Chronis-Tuscano will discuss the use of sequential, multiple assignment, randomized trial (SMART) designs in child and adolescent inter-

ventions research. The treatment or prevention of child and adolescent mental health disorders often requires an individualized, sequential approach to intervention, whereby prevention or treatment programs are adapted over time based on the youth's evolving status (e.g., early response, adherence). A SMART is a multistage randomized trial design, which is used explicitly for the purpose of developing a replicable guide for the provision of individualized sequences of interventions in real-world clinical practice.

You will learn:

- Successful research approaches which have effectively utilized innovative designs
- Strategies that have been used to integrate innovation into a research program
- Ideas for your own future innovative research projects

8:30 a.m. – 10:00 a.m.

Wilson C, Mezzanine Level

Clinical Roundtable 12

When Helping Is Hurting: The Role of Family Accommodation In Childhood Anxiety

MODERATOR: *Jami Socha, Ph.D.*, The Anxiety and OCD Treatment Center of Ann Arbor

PANELISTS: *Daniela Owen*, San Francisco Bay Area Center for Cognitive Therapy

Emily Berner, MFT, San Francisco Bay Area Center for Cognitive Therapy

David A. Schuberth, M.A., Simon Fraser University

Earn 1.5 continuing education credits

Primary Category: Parenting / Families

Key Words: *Parenting, OCD (Obsessive Compulsive Disorder), Child Anxiety*

While many effective treatments exist for pediatric anxiety disorders and OCD (e.g., CBT), there has been comparatively less emphasis on treating family accommodation (Selles et al., 2017). This is unfortunate because family accommodation is strongly associated with more severe and disabling symptoms (Caporino et al., 2012; Wu et al., 2017), and is thought to directly counter the goals of most OCD treatments (Garcia et al., 2010; Storch et al., 2007). As such, reducing family accommodation has been identified as an important process variable in CBT for OCD (Merlo et al., 2009), and there has been a growing interest in designing family-based treatment components targeting the parent-child dynamics that increase parents' risk for accommodating (Peris & Piacentini, 2014; Sukhodolsky et al., 2013). This clinical round table will examine the research on family accommodation, including child and family factors that predict increased rates of accommodation, as well as negative outcomes associated with higher levels of accommodation. As family accommodation can be both overt and covert, parents and families often struggle with how to avoid inadvertently accommodating OCD rituals and other anxious behaviors. In this round table,

presenters will discuss both types of accommodation, as well as how to effectively respond to various requests for accommodation. Panelists in this workshop will provide guidelines on how clinicians can work with families to create systematic plans to reduce accommodation. Panelists will also discuss examples of how to reduce family accommodation based on actual case examples from both a research study and clinical practice.

8:30 a.m. – 10:00 a.m.

Washington 6, Exhibition Level

Panel Discussion 33

Integrating Physiological Tools and Technology into CBT Prevention and Treatment Outcome Research

MODERATOR: *Elissa J. Brown, Ph.D.*, St. John's University

PANELISTS: *Komal Sharma-Patel, Ph.D.*, St. John's University

Kate Nooner, Ph.D., University of North Carolina Wilmington

Lily Brown, Ph.D., Perelman School of Medicine at the
University of Pennsylvania

Desmond Oathes, Ph.D., University of Pennsylvania

Earn 1.5 continuing education credits

Primary Category: Treatment - Other

Key Words: *Treatment-Other, Technology, Psychophysiology*

Although cognitive behavioral therapy (CBT) is effective for a variety of disorders, a subset of individuals do not respond to CBT. Integrating physiological measurements and technology may elucidate strategies to facilitate the transition from CBT non-responder to responder; however, these measurements and technologies are sparsely included in CBT-related practice. The purpose of the panel is to discuss the multifaceted ways that physiological measures and technology of hypothesized CBT and CBT-related constructs have been integrated into research and clinical designs aimed at increasing the efficacy of CBT. The panelists will describe the process, challenges and successes in its implementation. Dr. Sharma-Patel will present work on integrating developmentally appropriate physiological tools (e.g., heart rate; HR, respiratory sinus arrhythmia, skin conductance response; SCR) and technology (computerized tasks) associated with emotional regulation and cognitive processing with traumatized youth (ages 7-17). Dr. Nooner will discuss her NIH-NIAAA funded research aimed at providing more ecologically valid functional brain assessments by using home based mobile electroencephalography (EEG) with maltreated youth (ages 12-14). The goal of this longitudinal research is to identify key neural and physiological mechanisms pertaining to future risk of and resilience to alcohol use disorders. Dr. Lily Brown will discuss her experience in integrating technology (e.g., wearable devices, ecological momentary assessment, clinician accessible patient portals) into treatment studies of adult anxiety, to measure proposed mechanisms of change in exposure therapies including emotion regulation, in conjunction with physiological tools of SCR, HR, and

startle eye blink (EMG). Finally, Dr. Oathes will discuss how he has integrated a variety of physiological tools into his research on treating adult depression with transcranial magnetic stimulation including EMG, SCR, and facial EMG. Dr. Elissa Brown will moderate a discussion among the diverse panelists and attendees on how to bring new tools and technology to their CBT research with children through adults in a variety of situations from longitudinal investigations to outcome assessment.

8:30 a.m. – 10:00 a.m.

Wilson B, Mezzanine Level

Research and Professional Development 8

Conducting Research in Your Private Practice: Tips and Pointers

MODERATOR: *Jacqueline B. Persons, Ph.D., CBT & Science Center*

PANELISTS: *Jacqueline B. Persons, Ph.D., CBT & Science Center*

Kelly Koerner, Ph.D., Evidence-Based Practice Institute, LLC

Linda A. Dimeff, Ph.D., Evidence-Based Practice Institute, LLC

Travis L. Osborne, Ph.D., Evidence Based Treatment Centers of Seattle

Jason B. Luoma, Ph.D., Portland Psychotherapy Clinic, Research, and Training Center

Earn 1.5 continuing education credits

Primary Category: Professional / Interprofessional Issues

Key Words: *Professional Development, Professional Issues, Research Methods*

Several research-trained clinical psychologists who have developed careers conducting research in their private practice settings offer tips and pointers to graduate students, early career psychologists, and others who might wish to do the same. We will describe our experiences and offer practical assistance to audience members. We will encourage questions and contributions from the audience members as we address the following topics, and any others posed by the audience: collecting progress monitoring data as part of your clinical work that can serve as a foundation for research; ethical issues (why it is ethically important to do this work, when ethical review by an Institutional Review Board or other entity is needed); research designs that lend themselves well to a practice setting; advantages of partnering with practice-research networks, writing up your project for publication; and the key issues of time and money (how does the research get funded?).

You will learn:

- Design a study that can be implemented in a clinical practice setting
- Devise a plan to obtain a review of the ethics of the proposed study
- Identify some strategies for carving out time for research

Panel Discussion 34

Virtual Reality: Challenges and Opportunities in Clinical Research

MODERATOR: *Michelle Pelcovitz, Ph.D.*, Weill Cornell Medicine

PANELISTS: *JoAnn Difede, Ph.D.*, Weill Cornell Medicine

Azucena García-Palacios, Ph.D., Universitat Jaume I. Spain

Hunter Hoffman, Ph.D., University of Washington, Seattle

Earn 1.5 continuing education credits

Primary Category: Technology

Key Words: *Virtual Reality, Anxiety, Pain*

While applications of Virtual Reality (VR) to psychotherapeutic treatments have been studied for close to three decades, there has been a burgeoning of interest in recent years as the cost of the technology has decreased dramatically. VR has been studied as a component of interventions for a wide range of clinical problems, including anxiety disorders, posttraumatic stress disorder (PTSD), chronic and acute pain, substance use disorders, and in pediatric populations. Our panel of experts have been at the forefront of VR research, pioneering applications of VR since its inception. They have each made unique and groundbreaking contributions to the field in interventions for PTSD, anxiety disorders and phobias, substance use disorders, and pain. With their many years of experience, our panel has had the benefit of witnessing and navigating the issues that can arise in the application of cutting edge technology in clinical research. Their years of research have come with challenges, such as ethical concerns, safety considerations, software development and impediments to clinical integration. While each of these problems has been an obstacle, they have also presented opportunities for innovation and growth, evidenced by the progress made in the world of VR clinical research in the last several years. This panel discussion will cover issues and points of debate in VR research, with a focus on challenges and controversies that have arisen, strategies for overcoming barriers, and opportunities for growth and future directions in the field.

Marriott Balcony A, Mezzanine Level

Symposium 117

Couple and Family Functioning in the Face of Adversity: Examining the Intra- and Inter-Personal Consequences of Spousal and Parental Psychopathology Using Longitudinal Methodology

CHAIR: *Judith Biesen, M.A., University of Notre Dame*

DISCUSSANT: *Keith Renshaw, Ph.D., George Mason University*

Primary Category: Couples / Close Relationships

Key Words: *Couples / Close Relationships, Child, Longitudinal*

Personality Symptoms Moderate Association Between Mood and Marital Happiness

Judith Biesen, M.A., University of Notre Dame

David Smith, Ph.D., University of Notre Dame

Associations of Army Fathers' PTSD Symptoms and Child Functioning

Aleja Parsons, M.A., University of Denver

Kayla Knopp, M.A., University of Denver

Galena Rhoades, Ph.D., University of Denver

Elizabeth Allen, Ph.D., University of Colorado Denver

Scott Stanley, Ph.D., University of Denver

Howard Markman, Ph.D., University of Denver

PTSD Symptom Clusters: Marital Functioning in Military Couples

Elizabeth Allen, Ph.D., University of Colorado Denver

Kayla Knopp, M.A., University of Denver

Galena Rhoades, Ph.D., University of Denver

Scott Stanley, Ph.D., University of Denver

Howard Markman, Ph.D., University of Denver

PTSD Symptoms and Partner Distress: Global and Daily Diary Findings

Sarah Carter, M.A., VA Puget Sound Health Care System

Sarah Campbell, Ph.D., VA Puget Sound

Keith Renshaw, Ph.D., George Mason University

Associations Among Marital Quality, Depression, and Other Psychopathologies

Ryan Egan, B.S., University of Notre Dame

David Smith, Ph.D., University of Notre Dame

10:00 a.m. – 11:30 a.m.



Buchanan, Mezzanine Level

SIG Meeting

Hispanic Issues in Behavior Therapy

Key Words: *Hispanic American/ Latinx, Cultural Diversity/ Vulnerable Populations, Technology / Mobile Health*

This SIG meeting includes: an overview of sessions related to diversity; discussion of the state of the field with regard to diversity and Latina/o mental health issues; invited student presentations; networking.

8:30 a.m. – 10:00 a.m.

Marriott Balcony B, Mezzanine Level

Symposium 118

Pediatric Irritability: Current Understandings and Implications for Care

CHAIR: *Karen T. G. Schwartz, M.S., SDSU/UC San Diego Joint Doctoral Program in Clinical Psychology*

DISCUSSANT: *Melissa A. Brotman, Ph.D., National Institute of Mental Health*

Primary Category: Anger

Key Words: *Anger / Irritability, Child, Adolescents*

Cross-Method Variation to Identify Clinically Salient Irritability in Early Childhood

Maria Kryza-Lacombe, M.A., SDSU/UC San Diego Joint Doctoral Program in Clinical Psychology

Jillian Lee Wiggins, Ph.D., SDSU/UC San Diego Joint Doctoral Program in Clinical Psychology; San Diego State University

Ryne Estabrook, Ph.D., Northwestern University

Amelie Petitclerc, Ph.D., Northwestern University

Margaret Briggs-Gowan, Ph.D., University of Connecticut School of Medicine

Lauren S. Wakschlag, Ph.D., Northwestern University

SUNDAY

Evidence-Based Care: The Colombian Mental Health System

Amantia Ametaj, M.A., Center for Anxiety and Related Disorders, Boston University
Fabio Idrobo, University of los Andes
Leonidas Castro-Camacho, Ph.D., ABPP, University of los Andes
Shannon Sauer-Zavala, Ph.D., Boston University
Cassidy A. Gutner, Ph.D., Assistant Professor in Psychiatry, Boston University
David H. Barlow, Ph.D., Professor Emeritus, Boston University

Living Conditions of Internally Displaced Victims in Colombia

Julian D. Moreno, M.A., University of los Andes
Michel Rattner, University of los Andes
Diana M Quant, University of los Andes
Laura Gonzalez, University of los Andes
Julian D Moreno, University of los Andes
Leonidas Castro-Camacho, University of los Andes

Neural Correlates of Eye Gaze to Face Emotion in Youth Irritability

Katharina Kircanski, Ph.D., National Institute of Mental Health
Jillian Lee Wiggins, Ph.D., SDSU/UC San Diego Joint Doctoral Program in Clinical Psychology; San Diego State University
Simone P. Haller, D.Phil., National Institute of Mental Health
Samantha C. Perlstein, B.A., National Institute of Mental Health
Gretchen Perhamus, B.A., National Institute of Mental Health
Kelsey Stiles, B.A., National Institute of Mental Health
Caroline Wambach, B.S., National Institute of Mental Health
Ellen Leibenluft, M.D., National Institute of Mental Health
Melissa A. Brotman, Ph.D., National Institute of Mental Health

Irritability as a Front-Running Symptom of Depression in Teens

Karen T. G. Schwartz, M.S., SDSU/UC San Diego Joint Doctoral Program in Clinical Psychology
Judy Garber, Ph.D., Vanderbilt University
Gregory N. Clarke, Ph.D., Kaiser Permanente Center for Health Research
David A. Brent, M.D., University of Pittsburgh School of Medicine
William R. Beardslee, M.D., Boston Children's Hospital
Tracy R. G. Gladstone, Ph.D., Wellesley College
Steven D. Hollon, Ph.D., Vanderbilt University
V. Robin Weersing, Ph.D., SDSU/UC San Diego Joint Doctoral Program in Clinical Psychology; San Diego State University

Emotional Problems in Victims of Political Violence in Colombia

Leonidas Castro-Camacho, ABPP, Ph.D., University of los Andes, Bogotá, Colombia
Fabio Idrobo, University of los Andes
David H. Barlow, Profesor Emeritus, Boston University

Clinical Trial Comparing the UP With Waitlist in Victims in Colombia

Iona Naismith, Ph.D., University of los Andes
Nicolás García, University of los Andes
Fabio Idrobo, University of los Andes
Leonidas Casro-Camacho, Associate Professor, University of los Andes

Biomarkers of Frustration in Children With Aggressive Behavior

Denis G. Sukhodolsky, Ph.D., Yale University

Carolyn L. Marsh, B.A., Yale University

Theresa R. Gladstone, B.A., Yale University

Karim Ibrahim, Psy.D., Yale University

8:30 a.m. – 10:00 a.m.

Madison A, Mezzanine Level

Symposium 119

Out of the Ivory Tower, and Into the Real World: Effectiveness and Sustainability of CBT in Naturalistic Settings

CHAIR: *Jeremy Tyler, Psy.D., University of Pennsylvania*

DISCUSSANT: *Michael A. Southam-Gerow, Ph.D., Virginia Commonwealth University*

Earn 1.5 continuing education credits

Primary Category: Dissemination / Implementation

Key Words: *Community-Based Assessment / Intervention, Implementation, Treatment-CBT*

Outcomes of Naturalistic, Treatment-Seeking Population Receiving CBT

Anu Asnaani, Ph.D., University of Pennsylvania

Antonia Kaczurkin, Ph.D., University of Pennsylvania

Kathy Benhamou, B.A., University of Pennsylvania

Elizabeth Turk-Karan, Ph.D., University of Pennsylvania

Jeremy Tyler, PsyD, University of Pennsylvania

Edna Foa, Ph.D., University of Pennsylvania

School-Based Cognitive-Behavioral Interventions for Anxious Inner-City Youth

Susan M. Panichell-Mindel, Ph.D., Philadelphia College of Osteopathic Medicine

Nicole Fleischer, M.A., Philadelphia College of Osteopathic Medicine

Kelsey Dailey, M.A., Philadelphia College of Osteopathic Medicine

Brooke Singer, M.A., Philadelphia College of Osteopathic Medicine

Melanie Levitt, M.A., Philadelphia College of Osteopathic Medicine

Internet-Delivered CBT for Social Anxiety Disorder: Therapeutic Alliance

Idan Aderka, Ph.D., University of Haifa

Jonathan Shalom, M.A., University of Haifa

Jonathan D. Huppert, Ph.D., Hebrew University of Jerusalem

Asher Y. Strauss, M.A., Hebrew University of Jerusalem

Gerhard Andersson, Ph.D., Linköping University

8:30 a.m. – 10:00 a.m.

Madison B, Mezzanine Level

Symposium 120

**Measurement-Based Care for Depression:
Understanding the Current State and Large Scale
Implementation Efforts**

CHAIR: *Kelli Scott, B.A., Northwestern University Feinberg School of
Medicine*

DISCUSSANT: *Aaron R. Lyon, Ph.D., University of Washington*

Primary Category: Dissemination / Implementation

Key Words: *Implementation, Evidence-Based Practice, Depression*

Measurement-Based Care Use in Community Mental Health Providers

Ajeng Puspitasari, Ph.D., Mayo Clinic

Meredith Boyd, B.A., University of California Los Angeles

Kelli Scott, B.A., Northwestern University Feinberg School of Medicine

Cara C. Lewis, Ph.D., Kaiser Permanente Washington Health Research Institute

Exploring the Differential Influence in a Measurement-Based Care Training

Hannah Kassab, B.S., Ohio University

David Endicott, M.S., Indiana University

Cara C. Lewis, Ph.D., Kaiser Permanente Washington Health Research Institute

**Implementation Strategies in a Community Mental Health Implementation
Initiative**

Meredith Boyd, B.A., University of California Los Angeles

Cara C. Lewis, Ph.D., Kaiser Permanente Washington Health Research Institute

Byron Powell, Ph.D., University of North Carolina at Chapel Hill

David Endicott, M.S., Indiana University

Strategies for Effectively Introducing New Clinical Practices

Iman Jarad, B.A., Centerstone Research Institute

Karen Albright, Ph.D., University of Denver

Elena Navarro, B.A., Kaiser Permanente Washington Health Research Institute

Meredith Boyd, B.A., University of California Los Angeles

Cara C. Lewis, Ph.D., Kaiser Permanente Washington Health Research Institute

Measurement-Based Care for Depression in Community Mental Health
Cara C. Lewis, Ph.D., Kaiser Permanente Washington Health Research Institute
C. Nathan Marti, Phd, Abacist Analytics
Elena Navarro, B.A., Kaiser Permanente Washington Health Research Institute
Madison R. Walker, B.A., Centerstone Research Institute
Iman Jarad, B.A., Centerstone Research Institute
Meredith Boyd, B.A., University of California Los Angeles
Kelli Scott, B.A., Northwestern University Feinberg School of Medicine
Ajeng Puspitasari, Ph.D., Mayo Clinic

8:30 a.m. – 10:00 a.m.

Harding, Mezzanine Level

Symposium 121

Innovative Psychological Approaches to Assessing and Treating Pediatric Patients With Autonomic Dysfunction

CHAIR: *Jessica Malmberg, Ph.D.*, Children’s Hospital Colorado/
University of Colorado School of Medicine

DISCUSSANT: *Sally Tarbell, Ph.D.*, Ann & Robert H. Lurie Children’s
Hospital/Northwestern Feinberg School of Medicine

Earn 1.5 continuing education credits

Primary Category: Health Psychology / Behavioral Medicine - Child

Key Words: *Adolescents, Behavioral Medicine, Transdiagnostic*

Postural Tachycardia and Orthostatic Intolerance in Adolescents: Pain Rehab Program

Gerard Banez, Ph.D., Cleveland Clinic Children’s Hospital for Rehabilitation
Helen Gutin, CPNP, Cleveland Clinic Children’s Hospital for Rehabilitation
Rachel Heines, DPT, Cleveland Clinic Children’s Hospital for Rehabilitation
Douglas Henry, M.D., Cleveland Clinic Children’s Hospital for Rehabilitation
Katherine Dell, M.D., Cleveland Clinic Children’s
Natalie Maxwell, Cleveland Clinic Children’s Hospital for Rehabilitation

Biofeedback in the Treatment of Postural Orthostatic Tachycardia Syndrome

Ethan Benore, ABPP, Ph.D., Cleveland Clinic Children’s Hospital for Rehabilitation

SUNDAY

Group-Based Intervention for Pediatric Autonomic Dysfunction and Comorbidities

Clio Pitula, Ph.D., University of Colorado, School of Medicine

Jessica Malmberg, Ph.D., Children's Hospital Colorado/University of Colorado School of Medicine

Sally Tarbell, Ph.D., Ann & Robert H. Lurie Children's Hospital of Chicago/ Northwestern University Feinberg School of Medicine

Rehabilitation for Youth With Dysautonomia/Postural Orthostatic Tachycardia Syndrome

Keith Slifer, Ph.D., Kennedy Krieger Institute & Johns Hopkins School of Medicine

Lindsay Cirincione, Psy.D., Kennedy Krieger Institute & Johns Hopkins School of Medicine

Margaret Tunney, Psy.D., Kennedy Krieger Institute & Johns Hopkins Hospital

Emily Wald, Ph.D., Kennedy Krieger Institute & Johns Hopkins School of Medicine

Samantha Kluger, Psy.D., Kennedy Krieger Institute & Johns Hopkins School of Medicine

Lauren Harrison, Ph.D., Kennedy Krieger Institute & Johns Hopkins School of Medicine

8:30 a.m. – 10:00 a.m.

Coolidge, Mezzanine Level

Symposium 122

Using Technology and Diverse Measurement Methodologies to Examine the Influence of Community Context on Children's Adjustment

CHAIR: *Francesca Kassing, M.A.*, The University of Alabama

DISCUSSANT: *John Lochman, Ph.D.*, The University of Alabama

Earn 1.5 continuing education credits

Primary Category: Child / Adolescent - Externalizing

Key Words: *Child Externalizing, Research Methods, Risk / Vulnerability Factors*

Community Violence, Conduct, and Oppositional Behaviors Among Latino Adolescents

Jonathan Poquiz, M.A., University of Kansas

Paula Fite, Ph.D., University of Kansas

Neighborhood Problems and Proactive and Reactive Functions of Aggression

Paula Fite, Ph.D., University of Kansas

Jonathan Poquiz, M.A., University of Kansas

John Cooley, University of Kansas

Laura Stoppelbein, Ph.D., The University of Alabama at Birmingham & Glenwood

Autism and Behavioral Health

Stephen P. Becker, Ph.D., Cincinnati Children's Hospital Medical Center

Aaron Luebbe, Ph.D., Miami University

Leilani Greening, Ph.D., University of Mississippi Medical Center

Parenting as a Moderator in Community Violence and Aggression Within a Natural Disaster

Francesca Kassing, M.A., The University of Alabama

John Lochman, Ph.D., The University of Alabama

Matthew Hudnall, Ph.D., The University of Alabama

Parent-Child Agreement on Tornado-Related Traumatic Experiences

Matthew A. Jarrett, Ph.D., The University of Alabama

Eric Vernberg, Ph.D., University of Kansas

Madelaine Abel, M.A., University of Kansas

Bridget Cho, M.A., University of Kansas

Kathleen I. Diaz, University of Kansas

Francesca Kassing, M.A., The University of Alabama

John Lochman, Ph.D., The University of Alabama

Thurgood Marshall South, Mezzanine Level

Symposium 123

Mediators of Change and Predictors of Outcome With Exposure-Based CBT for OCD

CHAIR: *Michael Wheaton, Ph.D.*, Barnard College

DISCUSSANT: *Bunmi Olatunji, Ph.D.*, Vanderbilt University

Earn 1.5 continuing education credits

Primary Category: Obsessive Compulsive and Related Disorders

Key Words: OCD (*Obsessive Compulsive Disorder*), ERP (*Exposure and Response Prevention*), Treatment-CBT

Behavioral Avoidance: Treating OCD With Exposure and Response Prevention

Michael Wheaton, Ph.D., Barnard College

Marina Gershkovich, Ph.D., New York State Psychiatric Institute/Columbia University

Thea Gallagher, PsyD, University of Pennsylvania

Edna Foa, Ph.D., University of Pennsylvania

Blair Simpson, M.D./Ph.D., New York State Psychiatric Institute/Columbia University

Intolerance of Uncertainty and Mental Rituals: Exposure Outcomes for Obsessional Fears

Ryan J. Jacoby, Ph.D., Massachusetts General Hospital

Shannon M. Blakey, M.A., UNC-Chapel Hill

Lillian Reuman, M.A., UNC-Chapel Hill

Jonathan S. Abramowitz, Ph.D., UNC-Chapel Hill

Emotion Regulation and Exposure Processes in OCD Patients: Physiological Habituation

Noah Berman, Ph.D., College of the Holy Cross

Angelina F. Gomez, M.A., MGH

Sabine Wilhelm, Ph.D., MGH/Harvard

Experiential Avoidance and Response to Exposure and Response Prevention for OCD

Shannon M. Blakey, M.S., University of North Carolina at Chapel Hill

Jonathan S. Abramowitz, Ph.D., UNC-Chapel Hill

Michael P. Twohig, Ph.D., Utah State University

Lillian Reuman, M.A., UNC-Chapel Hill

Jennifer L. Buchholz, M.A., UNC-Chapel Hill

Thurgood Marshall East, Mezzanine Level

Symposium 124

Bridging the Gap Between Observed and Real-World Behavior and in-lab Self-Report: Applications of Technology to Understanding Psychosis and Related Psychopathology

CHAIR: *Charlie A. Davidson, Ph.D.*, Emory University

DISCUSSANT: *William D. Spaulding, Ph.D.*, University of Nebraska-Lincoln,
Department of Psychology

Earn 1.5 continuing education credits

Primary Category: Schizophrenia / Psychotic Disorders

Key Words: *Psychosis / Psychotic Disorders, mHealth (Mobile Health), Psychometrics*

In-Lab Parent and Self-Report Assessment of Risk Syndromes in Adolescence

Charlie A. Davidson, Ph.D., Emory University

Elaine F. Walker, Ph.D., Emory University

Use of a Mobile App to Assess Daily Eating Behaviors

Linda W. Craighead, Ph.D., Emory University

Margaret Martinez, Ph.D., Veritas Collective

Social Functioning Using Ambulatory Assessment in Adolescents at Risk for Psychosis

Leslie Horton, Ph.D., University of Pittsburgh School of Medicine

Gretchen Haas, Ph.D., University of Pittsburgh School of Medicine

Cognitive Functioning in Schizophrenia: Implications for Assessment and Treatment

Steven Silverstein, Ph.D., Rutgers University

Jasmine Mote, Ph.D., Edith Nourse Rodgers Memorial Veterans' Hospital

Danielle Beaudette, B.A., Rutgers University

Lindsay Cherneski, M.A., Rutgers University

Symposium 125

Innovations in Behavioral Interventions for Disturbed Sleep

CHAIR: *Jessica C. Levenson, Ph.D.*, University of Pittsburgh School of Medicine

DISCUSSANT: *Colleen Carney, Ph.D.*, Ryerson University

Primary Category: Sleep / Wake Disorders

Key Words: *Sleep, Technology, Clinical Trial*

A Smartphone-Based Program for Insufficient Sleep Among Adolescents

Jessica C. Levenson, Ph.D., University of Pittsburgh School of Medicine

Tina Goldstein, Ph.D., University of Pittsburgh School of Medicine

Dana Rofey, Ph.D., University of Pittsburgh School of Medicine

Elizabeth A. Miller, M.D., Ph.D., University of Pittsburgh School of Medicine

Technology Assisted Intervention Among Individuals With Short Sleep Duration

Kelly Glazer Baron, M.P.H., Ph.D., Rush University Medical Center

Jennifer Duffecy, Ph.D., University of Illinois at Chicago

Better Sleep With Blue Light-Blocking Glasses

Anna Van Meter, Ph.D., The Feinstein Institute for Medical Research, The Zucker Hillside Hospital

Guillermo Perez Algorta, Ph.D., Lancaster University

Virtual Darkness as an Intervention for Insomnia

Samantha Sherwood, B.S., University of Nevada, Las Vegas

Andrew Freeman, Ph.D., University of Nevada Las Vegas

Digital CBT for Insomnia vs. Sleep Hygiene Education

Jenna R. Carl, Ph.D., Big Health Ltd.

Colin Espie, Ph.D., University of Oxford, Big Health Ltd

Richard Emsley, Ph.D., King's College London

Simon Kyle, Ph.D., University of Oxford

Christopher Gordon, Ph.D., The University of Sydney

Christopher Drake, Ph.D., Henry Ford Health System

A. Niroshan Siriwardena, Ph.D., University of Lincoln

John Cape, Ph.D., Big Health Ltd, University College London

Jason Ong, Ph.D., Northwestern University

Bryony Sheaves, DCLinPsy, University of Oxford

Russell Foster, Ph.D., University of Oxford

Daniel Freeman, Ph.D., University of Oxford

Joan Costa-Font, Ph.D., The London School of Economics and Political Science

Antonia Marsden, Ph.D., The University of Manchester

Annemarie Luik, Ph.D., Erasmus University Rotterdam

8:30 a.m. – 10:00 a.m.

Maryland C, Lobby Level

Symposium 126

Interpersonal Violence and Intersecting Health Risks Among Young Women

CHAIRS: Lindsay Orchowski, Ph.D., Alpert Medical School of Brown
University

Miryam Yusuf, Ph.D., Harvard Medical School/Dana-Farber
Cancer Institute

DISCUSSANT: Kathleen Palm Reed, Ph.D., Clark University

Earn 1.5 continuing education credits

Primary Category: Violence / Aggression

Key Words: Violence / Sexual Assault, Risk / Vulnerability Factors, Women's Health

Intimate Partner Violence and Condom Use Resistance Among College Women

Lindsay Orchowski, Ph.D., Alpert Medical School of Brown University

Miryam Yusuf, Ph.D., Dana-Farber Cancer Institute/Harvard Medical School,
Boston, MA

Katherine Bogen, B.A., Rhode Island Hospital

Caron Zlotnick, Ph.D., Boston University School of Medicine

SUNDAY

PTS Symptoms and Hazardous Drinking: Sexual-Risk Behavior in College Women

Seigie Kennedy, B.A., Binghamton University

Christina Balderrama-Durbin, Ph.D., Binghamton University

Heavy Drinking, Sexual Violence, and Health Risk Behaviors: ER Women

Nadine R. Mastroleo, Ph.D., Binghamton University

Suzanne Colby, Ph.D., Brown University

Don Operario, Ph.D., Brown University

Peter Monti, Ph.D., Brown University

8:30 a.m. – 10:00 a.m.

Virginia A, Lobby Level

Symposium 127

Reducing Disparities: Strategies for Engaging Minority and Low-Income Families in Mental Health Care

CHAIR: *Amanda L. Sanchez, M.S., Florida International University*

DISCUSSANT: *Antonio Polo, Ph.D., Department of Psychology DePaul University*

Earn 1.5 continuing education credits

Primary Category: Cultural Diversity / Vulnerable Populations

Key Words: *Cultural Diversity/ Vulnerable Populations, Child, Treatment Development*

Engaging Families From Underserved Communities Using Shared Decision Making

David A. Langer, Ph.D., Department of Psychological and Brain Sciences Boston University

Lindsay Holly, Ph.D., Department of Psychological and Brain Sciences, Boston University

Lydia Chevalier, M.A., Department of Psychological and Brain Sciences, Boston University

Alex Keller, M.A., Department of Psychological and Brain Sciences, Boston University

Cultural Formulation Interview to Optimize Engagement in Child Mental Health

Amanda L. Sanchez, M.S., Florida International University

Jason Jent, Ph.D., Department of Pediatrics Miller School of Medicine University of Miami

Denise Chavira, Ph.D., UCLA, Department of Psychology

Jonathan S. Comer, Ph.D., Florida International University

Evidence-Based Parenting Programs for Latino Immigrant Families

Miya Barnett, Ph.D., Department of Counseling, Clinical, & School Psychology
University of California, Santa Barbara
J.C. Gonzalez, B.S., University of California, Santa Barbara

PCIT Plus Natural Helper to Increase Treatment Among Urban, Latina/o Families

Bridget Davidson, Ph.D., University of Miami University of Miami Miller School of
Medicine Mailman Center for Child Development
Eileen Davis, Ph.D., University of Miami Miller School of Medicine
Dainelys Garcia, Ph.D., University of Miami Miller School of Medicine

Task Shifting a Child Mental Health EBT to Child Welfare Services

Cole Hooley, LCSW, Washington University in St. Louis
Andrew Winters, LCSW-C, University of Maryland School of Social Work
Geetha Gopalan, PhD, LCSW, University of Maryland School of Social Work

8:30 a.m. – 10:00 a.m.

Delaware A, Lobby Level

Symposium 130

Global Mental Health Applications of CBT: Contextual Adaptation and Outcomes of a RCT of the Unified Protocol for the Treatment of Emotional Disorders in Victims of Armed Conflict in Colombia

CHAIR: *Leonidas Castro-Camacho, ABPP, Ph.D., University of los Andes, Bogotá, Colombia*

DISCUSSANT: *David H. Barlow, ABPP, Boston University Center for Anxiety and Related Disorders*

Earn 1.5 continuing education credits

Primary Category: Adult Anxiety - General

Key Words: *Treatment-CBT, Clinical Trial, Transdiagnostic*

Assessing Contextual Factors to the Implementation of Evidence-based Care in the Colombian Mental Health System for Victims of the Armed Conflict

Amantia Ametaj, M.A., Center for Anxiety and Related Disorders, Boston University
Fabio Idrobo, University of los Andes
Leonidas Castro-Camacho, University of los Andes
Shannon Sauer-Zavala, Boston University
Cassidy A. Gutner, Boston University
David H. Barlow, Boston University

Adaptation of the UP to the Contextual, Cultural, and Living Conditions of Internally Displaced Victims of Armed Conflict in Colombia

Julian D. Moreno, M.A., University of los Andes

Michel Rattner, University of los Andes

Diana M. Quant, University of los Andes

Laura Gonzalez, University of los Andes

Julian D. Moreno, University of los Andes

Leonidas Castro-Camacho, University of los Andes

Procedure and Outcomes of a Randomized Controlled Trial of the Unified Protocol for Emotional Problems in Internally Displaced Victims of Political Violence in Colombia

Leonidas Castro-Camacho, ABPP, Ph.D., University of los Andes

Fabio Idrobo, University of los Andes

David H. Barlow, Boston University

Identifying Predictors of Attrition in a Clinical Trial Comparing the Unified Protocol With Waitlist in Victims of Armed Conflict in Colombia

Iona Naismith, Ph.D., University of los Andes

Nicolás García, University of los Andes

Fabio Idrobo, University of los Andes

Leonidas Castro-Camacho, University of los Andes

Clinical Roundtable 14

Trauma-Focused Cognitive Behavioral Therapy for Maltreated Youth: Technological Advances for Training and Treatment

MODERATOR: *Michael Gomez, Ph.D.*, Texas Tech University Health Sciences Center

PANELISTS: *Jan Newman, Ph.D., JD*, Auburn University
Allison R. Morton, B.A., Texas Tech University
Babetta B. Mathai, B.S., Texas Tech University
Tabitha C. Fleming, M.A., Texas Tech University
Alexandra Gibson, M.A., Texas Tech University

Earn 1.5 continuing education credits

Primary Category: Child / Adolescent - Trauma / Maltreatment

Key Words: *Child Trauma / Maltreatment, Training / Training Directors, Technology*

The primary goals of this clinical roundtable are to discuss treatment, training, and implementation of Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) with maltreated youth as well as with trainees at different levels of experience and backgrounds (e.g., LPC's to fifth year clinical psychology doctoral students). The tools used to implement and train range the technological spectrum from use of applications on iPhones and Androids (e.g., the Psychological First Aid app post-shooting) to webinars and Skype for consultees. While there is strong empirical evidence supporting the success of TF-CBT with youth, specifically over 50 peer-reviewed articles and over 20 randomized controlled trials (Ramirez de Arellano et al., 2014), it is important for clinicians to gain strong theoretical understanding of how to execute TF-CBT with maltreated youth and of how diverse trainees can be supported at different stages of expertise. The panelists will begin with a review of the recent evidence of the efficacy and effectiveness of TF-CBT in maltreated youth and provide guidelines to address the challenges of working with this population, including the presence of comorbid symptoms, multiple types of traumatic events, and common challenges of partnering with challenging systems (e.g., foster care, juvenile justice). The TF-CBT trained panelists will then describe various adaptations and share their insights into the effectiveness of such adaptations with use of technology across trainee expertise as the central focus.

Symposium 132

Friend or Foe? - Technology Use in Individuals with ADHD

CHAIR: *Rosanna Breaux, Ph.D.*, Virginia Commonwealth University
DISCUSSANT: *Amori Mikami, Ph.D.*, University of British Columbia

Earn 1.5 continuing education credits

Primary Category: ADHD - Adult

Key Words: *ADHD - Child / Adolescent, ADHD - Adult, Technology*

Internalizing Symptoms, Self-Esteem, and Technology Use in Adolescents

Zoe Smith, M.S., Virginia Commonwealth University
Cathrin Green, B.S., Virginia Commonwealth University
Hana-May Eadeh, B.S., Virginia Commonwealth University
Rosanna Breaux, Ph.D., Virginia Commonwealth University
Elizaveta Bourchtein, M.S., Virginia Commonwealth University
Stephen P. Becker, Ph.D., Cincinnati Children's Hospital Medical Center
Joshua M. Langberg, Ph.D., Virginia Commonwealth University

Sleep No More: Role of Technology in Sleep Problems and Daytime Sleepiness

Elizaveta Bourchtein, M.S., Virginia Commonwealth University
Rosanna Breaux, Ph.D., Virginia Commonwealth University
Zoe Smith, M.S., Virginia Commonwealth University
Hana-May Eadeh, B.S., Virginia Commonwealth University
Cathrin Green, B.S., Virginia Commonwealth University
Stephen P. Becker, Ph.D., Cincinnati Children's Hospital Medical Center
Josua Langberg, Ph.D., Virginia Commonwealth University

ADHD Symptoms: Negative Online Social Interactions Among Emerging Adults

Adri Khalis, M.A., The University of British Columbia
Amori Mikami, Ph.D., The University of British Columbia

Youth With ADHD Symptoms: Neurophysiological and Self-Report Measures

Dara Babinski, Ph.D., Penn State College of Medicine
Autumn Kujawa, Ph.D., Vanderbilt University
Ellen Kessel, M.A., Stony Brook University
Kodi Arfer, Ph.D., University of California, Los Angeles
Daniel Klein, Ph.D., Stony Brook University



SIG Meeting

Oppression and Resilience: Minority Mental Health

Key Words: *Resilience, Cultural Diversity/Vulnerable Populations, Race/Ethnicity*

The agenda for the second meeting for the Oppression and Resilience: Minority Mental Health SIG will include: Welcoming of new members in attendance. A brief introduction to the SIG from the chair, including updates and announcements from the previous meeting, and general ABCT happenings over the past year. An introduction to the online communication platform created by fellow members. Planning for the mentor/mentee program. Proposal brainstorming/collaboration for ABCT 2019. Networking time!

Symposium 135

Implications of a Complex Behavioral Health Workforce for Implementing Cognitive-Behavioral Therapy: Challenges and Potential Solutions

CHAIR: *Emily M. Becker-Haimes, Ph.D., University of Pennsylvania*

DISCUSSANT: *Kristin M. Hawley, Ph.D., University of Missouri-Columbia*

Earn 1 continuing education credit

Primary Category: Dissemination / Implementation

Key Words: *CBT, Evidence-Based Practice, Implementation*

Latent Profile Analysis to Characterize Clinician Practices in Community Settings

Emily M. Becker-Haimes, Ph.D., University of Pennsylvania

Viktor Lushin, Ph.D., University of Pennsylvania

Torrey Creed, Ph.D., University of Pennsylvania

Rinad Beidas, Ph.D., Department of Psychiatry

Therapist Stuck Points During Training in Cognitive Processing Therapy

Stefanie T. LoSavio, Ph.D., Duke University Medical Center

Kirsten Dillon, Ph.D., Durham VA Medical Center

Robert Murphy, Ph.D., Duke University Medical Center

Patricia Resick, Ph.D., ABPP, Duke University Medical Center

Dissemination and Implementation Research: Community Therapist Dropout

Ashley M. Shaw, Ph.D., University of Miami

Vanessa Mora Ringle, M.S., University of Miami

Elizabeth R. Halliday, B.S., University of Connecticut

Golda Ginsburg, Ph.D., University of Connecticut

Amanda Jensen-Doss, Ph.D., University of Miami

Jill Ehrenreich-May, Ph.D., University of Miami

10:15 a.m. – 11:45 a.m.

Lincoln 2, Exhibition Level

Clinical Roundtable 13

How to Prepare Clinician's for the Changing Landscape of Healthcare: Increasing Treatment Access and Value using Empirically Supported Mechanisms of Change

MODERATOR: *Paul J. Geiger, M.Sc., University of Kentucky*

PANELISTS: *Alex Brake, M.S., University of Kentucky*

Jennifer Cheavens, Ph.D., The Ohio State University

Colleen Cowperthwait, Ph.D., Duke University Medical Center

Zachary Rosenthal, Ph.D., Duke University Medical Center

Shannon Sauer-Zawala, Ph.D., Boston University Center for Anxiety and Related Disorders

Earn 1.5 continuing education credits

Primary Category: Education, Training, and Supervision - Graduate / Undergraduate / Postdoctoral

Key Words: *Dissemination, Health Care System, Training / Training Directors*

Providing mental health services is rapidly changing due to ongoing healthcare reform, escalating costs of healthcare, and dramatic growth in patient demand for services. Thanks to the Affordable Care Act, the majority of health insurance require mental health services be covered—resulting in almost half of 43.6 million American adults who had a mental illness receiving services in 2014 (SAMSA, 2015). Additionally, national payor reforms are underway to reduce healthcare costs by personalizing care and rewarding “value” over “volume.” In this changing landscape of healthcare, how do we quantify the value of our services? How can we most effectively personalize care and increase access to

the populations we treat? Are we equipping clinicians with the training to answer these questions? These are being asked by those in our field ranging from the graduate student clinicians to clinical educators and directors of training programs. This clinical roundtable will discuss novel ways to use empirically supported mechanisms of change to meet the growing demand for effective treatment. The discussion will include: defining healthcare buzzwords “access” and “value”—and how these relate to mental health services, ways to disseminate empirically supported treatments to more people, ways to increase the value of services and decrease costs, and how to effectively demonstrate the value of the care we provide to patients. Our panel consists of a passionate group of clinicians including a director of clinical training of a clinical science PhD program, a clinical-educator within an academic medical center, a clinical vice-chair of an academic medical center with expertise in increasing healthcare access via mobile devices and technology, the director of a training institute tasked to identify best practices for disseminating empirically supported treatments, and an assistant director of a graduate student clinic tracking therapist effectiveness and productivity. The clinical roundtable will be interactive with the audience to ensure questions are answered.

8:30 a.m. – 10:00 a.m.

Washington 5, Exhibition Level

Symposium 133

Innovative and Brief Methods to Decrease Rumination and Associated Outcomes

CHAIR: *Ashley Borders, Ph.D.*, The College of New Jersey

DISCUSSANT: *Edward Watkins, Ph.D.*, University of Exeter

Earn 1.5 continuing education credits

Primary Category: Cognitive Science / Cognitive Processes

Key Words: *Rumination, Treatment-Other*

Mindfulness Mobile Application to Reduce Rumination

Lori Hilt, Ph.D., Lawrence University

Renae Tuschner, Lawrence University

Kieran Laursen, Lawrence University

Effects of Inducing Rumination vs. Mindfulness on Emotional Clarity

Vera Vine, Ph.D., University of Pittsburgh

Peer-Facilitated Positive Psychology Intervention for Reducing Rumination

Josephine Shih, Ph.D., Saint Joseph's University

Stephanie Rescigno, M.S., Saint Joseph's University

Christopher Smith, B.S., Saint Joseph's University

Optimistic Future Thinking Decreases Certainty of Pessimistic Future Events

Regina Miranda, Ph.D., Hunter College & The Graduate Center

Valerie Khait, Ph.D., Hunter College, City University of New York

Shared Grievances: Reduce Individual Rumination and Improve Negative Mood

Ashley Borders, Ph.D., The College of New Jersey

10:15 a.m. – 11:15 a.m.

Virginia B, Lobby Level

Symposium 138

Treatment Implications for Working with Diverse Clients at Clinical High Risk for Psychosis

CHAIR: *Emily He, M.A., Clark University*

DISCUSSANT: *Alex Kopelowicz, M.D., UCLA School of Medicine*

Earn 1 continuing education credit

Primary Category: Cultural Diversity / Vulnerable Populations

Key Words: *Cultural Diversity / Vulnerable Populations, Psychosis / Psychotic Disorders, Early Intervention*

Clinical High-Risk For Psychosis: Stigma Within a Diverse Sample

Bernalyn Ruiz, M.A., University of Massachusetts Boston

Christopher J. Ceccolini, M.A., Boston College

Critical Review of Sociocontextual Factors and Cultural Considerations

Derek Novacek, M.A., Emory University

Allison LoPilato, Ph.D., Emory University

Katrina Goines, M.A., Emory University

Hanan Trotman, Ph.D., Mercer University

Michael Compton, M.D., MPH, Columbia University

Elaine F. Walker, Ph.D., Emory University

Stigma and Attitudes Toward Help Seeking in Chinese/Taiwanese Americans

Emily He, M.A., Clark University

Esteban Cardemil, Ph.D., Clark University

Panel Discussion 35

Portals to Healing: How to Meet the Challenges of Treating Veterans and Military Families Through Telemental Health Services

MODERATOR: *Amanda Spray, Ph.D.*, NYU School of Medicine

PANELISTS: *Laura Price, Ph.D.*, NYU Langone Health, NYU School of Medicine

Megan Olden, Ph.D., Weill Cornell Medical College

Cory K. Chen, Ph.D., VA New York Harbor Healthcare System, Manhattan Campus

Earn 1 continuing education credits

Primary Category: Military and Veterans Psychology

Key Words: *Veterans, Telehealth & Internet Interventions*

Veterans returning from OEF/OIF/OND missions face challenges reintegrating into life out of uniform: Reuniting with spouses and children, finding jobs, and pursuing education are a few such transitions. Aging Vietnam veterans, meanwhile, are wrestling with chronic conditions and cognitive declines. Military families of all service generations must adjust to these changes and new ones. This leaves mental health providers at a crossroads: How do we navigate this rapidly shifting landscape to best serve veterans and their families? Technology allows us to reach more people who have served our country. Telemental health services are one portal to healing.

Offering treatment to veterans and military family members who otherwise might not have access to care presents unique challenges. This panel will bring together telemental health leaders from both the public and private sectors to discuss the challenges and opportunities encountered at their unique sites.

The VA has been a pioneer in telemental health by facilitating treatment access to veterans unable to travel because of physical or psychological barriers. The VA recently created a network of medical centers equipped to reach veterans directly in their homes via video connection. Military family members, however, often are not eligible for these services. To address this gap in care, private centers have emerged to scaffold veterans' mental health treatment by including the military family as a unit, where spouses, children, and other family members may benefit. Panelists from the VA and private centers will offer insight into how telemental health programs are targeting and reaching this underserved population.

The panel will address such subjects as modifying evidence-based individual and couples protocols for use via telemental health, developing adequate risk assessment and emergency protocols for a historically higher-risk population, and other issues (e.g. documentation and troubleshooting) unique to remote treatment.

Panel Discussion 37

Prevention of Depression: Current Status and Future Directions

MODERATORS: *Lata K. McGinn, Ph.D.*, Cognitive & Behavioral Consultants
Judy Garber, Ph.D., Vanderbilt University

PANELISTS: *Judy Garber, Ph.D.*, Vanderbilt University
Bruce Compas, Ph.D., Vanderbilt University
Jane Gilham, Ph.D., Swarthmore College
V. Robin Weersing, Ph.D., SDSU-UC San Diego JDP in
Clinical Psychology
Jami F. Young, Ph.D., Children's Hospital of Philadelphia,
Perelman School of Medicine, University of Pennsylvania

Earn 1.5 continuing education credits

Primary Category: Child / Adolescent - Depression

Key Words: *Adolescent Depression, Prevention, Child Depression*

Based on the World Health Organization estimates, depression has risen by more than 18% since 2005 and is now the leading cause of disability and a major cause of morbidity worldwide. Given the seriousness of its consequences and limitations of treatments, the need to prevent depression is critical. Considerable progress has been made over the past few decades in the prevention of depression in youth. Panelists will briefly summarize outcome data, identify mediators and moderators, discuss unique obstacles, describe dissemination and implementation efforts, and make recommendations for future directions. Panel moderators will facilitate discussion among the panelists and audience.

In particular, the panelists will first summarize findings from randomized controlled trials. Recent meta-analyses suggest that depression prevention programs, particularly those using selective or indicated samples demonstrate a small but significant effect in preventing the onset of depressive disorders and reducing increases in depressive symptoms. Second, the panel will discuss moderators - for whom do the prevention programs work and not work? Can we do a better job matching people to programs (i.e., precision medicine)? Third, we will review mechanisms - how do the programs work, when they do work? How can existing programs be modified and improved? What risk processes associated with depression have not yet been targeted for prevention and how can these factors inform the construction of new interventions? Fourth, we will address practical obstacles in conducting research on depression prevention and in implementing programs in the real world (e.g., schools, primary care, pediatric clinics). Who should and can do the interventions? What are the challenges to dissemination and implementation? How do we maintain high quality implementation when disseminating widely? Finally, we will discuss future directions in depression prevention including the role of the internet, inter-

10:15 a.m. – 11:45 a.m.

Madison B, Mezzanine Level

Research and Professional Development 10

Adding Cost Data to Make Your Research More Impactful (and Used): Cost-Effectiveness, Cost-Benefit, Cost-Utility Analyses for Psychological Treatments

PANELISTS: *Brian T. Yates, Ph.D., American University*

Earn 1.5 continuing education credits

Basic to Moderate level of familiarity with the material

Primary Category: Research Methods and Statistics

Key Words: *Methods, Dissemination, Clinical Utility*

Measuring and analyzing costs of treatment and prevention programs - to clients as well as providers - can be the missing element that converts a good idea into research that is funded, published, and used. Evaluating the monetary outcomes (aka “benefits”) of programs, such as reduced client use of health services and increased client productivity and income, also can influence funders and policy-makers. You will finish this session being able to explain why including costs in clinical research is essential. You also will be able to explain key differences between cost, cost-effectiveness, cost-utility, and cost-benefit analyses. Examples from published studies of behavioral and cognitive-behavioral treatment and prevention programs are used throughout.

You will learn:

- Explain essential differences between research reporting costs, cost-effectiveness, cost-utility, and cost-benefit.
- Measure costs and benefits (monetary outcomes) as experienced by multiple interest groups, including clients as well as providers.
- “Cost-out” provider and client time consumed by treatment activities, considering ethical issues in this additional data collection.
- Measure costs of treatment or prevention programs with multiple components, for which only some data on resource use is available.
- Communicate findings from cost-effectiveness, cost-utility, and cost-benefit analyses to lay as well as professional audiences using readily-understood graphs as well as detailed tables and statistical analyses.

Recommended Readings: French, A. N., Yates, B. T., & Fowles, T. R. (2018). Cost-effectiveness of parent-child interaction therapy in clinics versus homes: Client, provider, administrator, and overall perspectives. *Journal of Child and Family Studies*, temporarily available online at: <https://rdcu.be/1h7w>. Also soon to be available at <https://doi.org/10.1007/s10826-018-11159-4> Yates, B. T. (2009). Cost-inclusive evaluation: A banquet

of approaches for including costs, benefits, and cost-effectiveness and cost-benefit analyses in your next evaluation. *Evaluation and Program Planning*, 32, 54-56. Kiluk, B. D., Devore, K., Buck, M., Nich, C., Frankforter, T. L., LaPaglia, D. M., Yates, B. T., Gordon, M.A., & Carroll, K. M. (2016). Randomized trial of computerized cognitive behavioral therapy for alcohol use disorders: efficacy as a virtual stand-alone and treatment add-on compared with standard outpatient treatment. *Alcoholism: Clinical and Experimental Research*, 40(9), 1991-2000. Sava, F. A., Yates, B. T., Lupu, V., Hatiganu, I., Szentagotai, A., & David, D. (2009). Cost-effectiveness and cost-utility of cognitive therapy, rational emotive behavioral therapy, and fluoxetine (Prozac®) in treating depression: A randomized clinical trial. *Journal of Clinical Psychology*, 65, 36-52. Freed, M. C., Rohan, K. J., & Yates, B. T. (2007). Estimating health utilities and quality adjusted life years in seasonal affective disorder research. *Journal of Affective Disorders*, 100, 83-89.

10:15 a.m. – 11:15 a.m.

Delaware B, Lobby Level

Spotlight Research 4

CBT for Core Autism Symptoms in Children: Extending CBT to the Treatment of Autism Spectrum Disorders Using Technology-Assisted Outcomes Measurement

CHAIR: *Jeffrey J. Wood, Ph.D., UCLA*

Panelist: *Karen Wood, Ph.D., UCLA School of Medicine*

Earn 1 continuing education credit

Primary Category: Autism Spectrum and Developmental Disorders

Key Words: *Autism Spectrum Disorders, CBT, Randomized Controlled Trial*

The application of CBT methods to the core symptoms of autism spectrum disorders (ASD), such as idiosyncratic language use and social disengagement, is a new direction for cognitive behavioral therapy. This study, a large scale clinical trial using an active control group, was conducted over the course of 6 years, representing the culmination of a decade of development of CBT for ASD (e.g., Wood et al., 2014). Although some preliminary research has targeted emotion regulation in youth with ASD, there has been no established CBT-based treatment for the core social-communication and repetitive behavior symptoms of ASD. This study evaluated the first individual CBT intervention for youth with ASD specifically designed to reduce ASD symptom severity. Youth (N=107) aged 6-13 years old with a diagnosis of ASD were randomized to either personalized CBT or a social skills treatment for ASD. Both treatments entailed 32 90-minute sessions. Outcome measures entailed traditional school-based observations of ASD symptom severity performed by independent evaluators (IE) as well as a technology-mediated personalized symptom assessment measure integrating the Youth Top Problems (Weisz et al., 2012) scale, a personalized symptom measure, with home-based video recording mediated via cell phone video streaming; and a parent-report measure of psychiatric comorbidity. Children who received CBT exhibited greater improvement than children in the comparison group on

all outcome measures ($ps < .05$). This is the first study to show that CBT is probably efficacious for treatment of core autism symptoms. A brief CBT treatment with the capacity to significantly improve functioning in youth with ASD could offer a feasible and effective intervention option for many affected children. The use of technology-assisted outcome measurement marks a departure in this field as well, highlighting the potential for more proximal and pragmatic outcome measures that may have particular clinical relevance, such as remote video taping of symptoms as exhibited on a daily basis at home.

You will learn:

- This session is designed to help you understand how CBT may be applied to autism symptoms.
- This session is designed to help you understand the use of technology-assisted assessment in CBT for autism symptoms.
- This session is designed to help you understand major outcome measures for clinical trials of CBT for autism symptoms.
- This session is designed to help you understand the magnitude of effect to be expected in CBT for autism symptoms.
- This session is designed to help you understand how to modify typical CBT practices within the autism population.

Recommended Readings: Kasari, C., Locke, J., Gulsrud, A., & Rotheram-Fuller, E. (2011). Social networks and friendships at school: comparing children with and without ASD. *Journal of Autism and Developmental Disabilities*, 41, 533-544. doi: 10.1007/s10803-010-1076-x. Lickel, A., MacLean, W. E. Jr., Blakeley-Smith, A., & Hepburn, S. (2012). Assessment of the prerequisite skills for cognitive behavioral therapy in children with and without autism spectrum disorders. *Journal of Autism and Developmental Disorders*, 42(6), 992-1000. doi: 10.1007/s10803-011-1330-x. Reaven, J., Blakeley-Smith, A., Culhane-Shelburne, K., & Hepburn, S. (2012). Group cognitive behavior therapy for children with high-functioning autism spectrum disorders and anxiety: A randomized trial. *Journal of Child Psychology and Psychiatry*, 53(4), 410-419. doi:10.1111/j.1469-7610.2011.02486.x

Panel Discussion 36

Bridging the Gap Between Research and Practice in Clinical Applications of Digital Technology

MODERATOR: *Maren Westphal, Ph.D., Pace University*

PANELISTS: *Maren Westphal, Ph.D., Pace University*

Per Carlbring, Ph.D., Stockholm University

Patricia Frazier, Ph.D., University of Minnesota

Heather Hadjistavropoulos, Ph.D., University of Regina

Frederick Muench, Ph.D., Northwell Health in Behavioral Health/Psychiatry

Earn 1.5 continuing education credits

Primary Category: Technology

Key Words: *Telehealth & Internet Interventions, CBT, Mindfulness*

Despite increasing evidence that cognitive-behavioral therapies (CBTs) involving digital technology are efficacious in the treatment of various psychological disorders and health problems, they are not yet widely disseminated. While the ubiquity of smartphones presents rich opportunities for leveraging technology to facilitate behavior change, there remain real and perceived barriers to implementation. This panel brings together researchers and clinicians to discuss promises and challenges in incorporating digital technology into mental health service delivery. Panelists will discuss key findings on the efficacy and effectiveness of internet-based and smartphone-delivered CBT to reduce stress, anxiety and depression in college students (Frazier); therapist-guided internet/smartphone-based CBT, acceptance and commitment therapy, and mindfulness-based interventions (MBIs) for mood and anxiety disorders (Carlbring); and therapist-guided internet-based CBT for mood and anxiety disorders and chronic medical conditions (Hadjistavropoulos). Panelist will also provide clinical case examples of incorporating text messaging, alert-based reminders, and commercially available apps to treat co-occurring psychological and health problems (Muench) and to promote acquisition and generalization of mindfulness and emotion regulation skills in dialectical behavior therapy for borderline personality disorder, depression, and anxiety disorders (Westphal). Collectively, panelists will address questions such as: Which components of CBTs and MBIs are particularly suited for internet-based/smartphone delivered self-help programs? In what form and how frequently should therapists be involved in guided internet- or smartphone-based treatments? Which therapist behaviors are predictive of worse outcome? What can be done to reduce attrition in self-guided interventions? For whom are technology-based interventions most appropriate?



SIG Meeting

Sexual and Gender Minority

Key Words: *LGBTQ+, Sexuality, Gender*

The Sexual and Gender Minority (SGM) SIG first and foremost provides networking and professional development opportunities for SGM attendees as well as allies who are interested in SGM health. At our annual meeting, we review SGM programming at the convention, plan for the next year's convention, discuss new and ongoing SIG initiatives, and provide networking opportunities. Additionally, the recipient of our Student Research Award gives a brief presentation about their research.

Symposium 128

Predictors of Treatment Response and Novel Strategies for the Augmentation of Cognitive-Behavioral Therapy for Body Dysmorphic Disorder

CHAIR: *Fanny Alexandra Dietel, M.S., University of Muenster, Muenster, Germany*

DISCUSSANT: *Hannah E. Reese, Ph.D., Bowdoin College*

Earn 1.5 continuing education credits

Primary Category: *Translational*

Key Words: *Body Dysmorphic Disorder, Treatment Development, Translational Research*

Visual Processing in Body Dysmorphic Disorder: Top-Down and Bottom-Up

Jamie Feusner, M.D., University of California Los Angeles

Rangaprakash Deshpande, University of California Los Angeles

Francesca Morfini, University of California Los Angeles

Ronald Ly, University of California Los Angeles

Courtney Sheen, University of California Los Angeles

Teena Moody, University of California Los Angeles

Oxytocin Modulates Higher-Order Social Cognition in Body Dysmorphic Disorder

Angela Fang, Ph.D., Massachusetts General Hospital/Harvard Medical School
Aishwarya Arora, B.A., Lifespan/Warren Alpert Medical School of Brown University
Eliza Davidson, B.A., Massachusetts General Hospital/Harvard Medical School
Dylan Abrams, B.A., Massachusetts General Hospital/Harvard Medical School
Elizabeth A. Lawson, M.D., Massachusetts General Hospital/Harvard Medical School
Sabine Wilhelm, Ph.D., Massachusetts General Hospital/Harvard Medical School

Web-Based Interpretation Bias Modification in an Analogue BDD Sample

Fanny Alexandra Dietel, M.S., University of Muenster, Muenster, Germany
Carina Zache, University of Muenster, Germany
Xenia Hartleb, University of Muenster, Germany
Annika Bischof, University of Muenster, Germany
Nicola Hohensee, University of Muenster, Germany
Sabine Wilhelm, Ph.D., Massachusetts General Hospital / Harvard Medical School
Ulrike Buhlmann, University of Muenster, Germany

Predictors of Response to CBT in Body Dysmorphic Disorder

Jennifer L. Greenberg, Psy.D., Massachusetts General Hospital

D-Cycloserine Augmented Behavior Therapy for Body Dysmorphic Disorder

Hilary Weingarden, Ph.D., Massachusetts General Hospital/Harvard Medical School
Suraj Mothi, MPH, Massachusetts General Hospital
Ilana Ladis, B.A., Massachusetts General Hospital
Hannah E. Reese, Ph.D., Bowdoin College
Kiara R. Timpano, Ph.D., University of Miami
Jedidiah Siev, Ph.D., Swarthmore College
Jessica Rasmussen, Ph.D., Massachusetts General Hospital
Jennifer Ragan, Ph.D., Massachusetts General Hospital
Sabine Wilhelm, Ph.D., Massachusetts General Hospital

Wilson C, Mezzanine Level

Research and Professional Development 9

Becoming the Most Prolific Writer You Know: Evidence-Based Strategies for Boosting Productivity in Your Academic Writing

Panelist: *Andres De Los Reyes, Ph.D.*, University of Maryland at College Park

Earn 1.5 continuing education credits

Basic level of familiarity with the material

Primary Category: Education, Training, and Supervision - Graduate / Undergraduate / Postdoctoral

Key Words: *Professional Development, Publishing, Student Issues*

Trainees and early-career professionals rarely receive formal training in principles and practices of academic writing. Thus, it is not surprising that within formalized instructional settings (e.g., doctoral program curricula), rarely discussed among trainees, early-career professionals, and their academic advisors is the key issue of how to develop and implement strategies for productive academic writing. Fortunately, evidence-based strategies exist for improving academic writing productivity that can be of use to trainees, early-career professionals, and academic advisors (e.g., Boice, 1990). This workshop will focus on evidence-based principles and practices geared toward increasing academic writing productivity, with an emphasis on writing manuscripts intended for submission to and publication in peer-reviewed journal outlets. First, barriers to productive academic writing will be identified and discussed, along with evidence-based strategies for overcoming these barriers to writing productively. Second, workshop attendees will be provided with concrete tools for implementing evidence-based writing productivity strategies in their daily lives, with the key goal of maintenance of these strategies for long-term use. Third, workshop attendees will receive a primer on the academic peer-review process, as well as learn strategies for attaining successful peer-review and publication outcomes within this process. This workshop is structured to include both lecture-based and interactional (e.g., group deliberation and discussion) material, as well as illustrative examples of key components (e.g., keeping writing productivity record logs and databases).

You will learn:

- Identify barriers to productive academic writing and evidence-based strategies for overcoming these barriers
- Implement productive writing strategies for long-term use and effectiveness
- Background information on academic peer-review process and strategies for success within this process

Recommended Readings: Boice, R. (1990). *Professors as writers: A self-help guide to productive writing*. Stillwater, OK: New Forums Press. Silvia, P.R. (2007). *How to write a lot*.

8:30 a.m.– 10:00 a.m.

Virginia C, Lobby Level

Symposium 129

Clinic-Based Research to Enhance the Effectiveness of Couple and Family Therapy

CHAIR: *Steven L. Sayers, Ph.D.*, University of Pennsylvania and CMC VA Medical Center

DISCUSSANT: *Shirley Glynn, Ph.D.*, UCLA/VA Greater Los Angeles Healthcare System

Earn 1.5 continuing education credits

Primary Category: Couples / Close Relationships

Key Words: *Couples / Close Relationships, Psychotherapy Outcome, Couple Therapy*

Treatment Engagement in VA Couple Therapy Clinic

Steven L. Sayers, Ph.D., University of Pennsylvania and CMC VA Medical Center
Hayley C. Fivcoast, Ph.D., CMC VA Medical Center

Couples Therapy Initiation and Retention in the VA

Karen Petty, Ph.D., Ralph H. Johnson VA Medical Center
Amber M. Jarnecke, Ph.D., MUSC
Melanie S. Fischer, Ph.D., University of North Carolina
Jenna Baddeley, Ph.D., Ralph H. Johnson VA Medical Center
Julian Libet, Ph.D., Ralph H. Johnson VA Medical Center

PTSD and IPV in Couple Therapy-Seeking Male Veterans

Kimberley Stanton, M.S., Charleston Consortium (MUSC/Ralph H. Johnson VAMC)
Julian Libet, Ph.D., Ralph H. Johnson VA Medical Center
Katherine Knies, M.A., MUSC/Ralph H. Johnson VAMC
Samuel Peer, M.A., MUSC/Ralph H. Johnson VAMC

Results of an RCT Conducted in a Clinical Setting: Lessons Learned

Anthony Chambers, ABPP, Ph.D., The Family Institute, Northwestern University

Symposium 131

Novel Insights on Eating Disorder Treatment and Etiology from Network and Complexity Science

CHAIRS: *Shirley B. Wang, B.A., Harvard University*

Payton Jones, B.S., Harvard University

DISCUSSANT: *Cheri A. Levinson, Ph.D., The University of Louisville*

Earn 1.5 continuing education credits

Primary Category: Eating Disorders

Key Words: *Eating Disorders, Statistics, Anxiety*

Core Psychopathology of Patients With Binge-Eating Disorder: Network Analysis

Shirley B. Wang, B.A., Harvard University

Payton Jones, B.S., Harvard University

Missy Dreier, Harvard University

Haley Elliot, Harvard University

Carlos Grilo, Ph.D., Yale University School of Medicine

Anorexia Core Symptoms Predict Poor Prognosis: A Network Analysis in a RCT

Payton Jones, B.S., Harvard University

Haley Elliot, Harvard University

Ulrike Schmidt, M.D., Ph.D., King's College London

Bridging Eating Disorder Symptoms and Anxiety Symptoms in Patients With ED

Lauren N. Forrest, M.A., Miami University

Laurel D. Sarfan, M.A., Miami University

Shelby N. Ortiz, B.A., Miami University

Tiffany Brown, Ph.D., University of California, San Diego

April R. Smith, Ph.D., Miami University

Walter Kaye, M.D., Ph.D., University of California, San Diego

Network Model: Symptoms in Two Eating Disorder Measures

Leigh C. Broscof, B.A., University of Louisville

Irina Vanzhula, M.S., University of Louisville

Cheri A. Levinson, Ph.D., University of Louisville

Using Social Network Analysis to Understand Peer Influences on Eating Pathology

Jean Forney, Ph.D., Ohio University

Teresa Schwendler, B.S., Miami University

Rose Marie Ward, Ph.D., Miami University

9:00 a.m. – 10:00 a.m.



Johnson, Mezzanine Level

SIG Meeting

Student SIG

Key Words: *Student Issues, College Students*

At the 2018 Student SIG meeting we will present the Best Poster Award, debut the new ABCT Student SIG website, update all membership rosters, and hold a graduate student panel for undergraduates who are interested in applying to graduate school.

9:00 a.m. – 10:00 a.m.



Cleveland 2, Mezzanine Level

SIG Meeting

Women's Issues in Behavior Therapy

Key Words: *Women's Issues, Women's Health, Career Development*

The annual meeting of the Women's SIG membership will begin with the announcement of the student poster award winner and an update on SIG initiatives. The remainder of the meeting will be devoted to a research presentation on the topic of interpersonal violence.

9:00 a.m. – 10:00 a.m.



Taft, Mezzanine Level

SIG Meeting

Trauma, Violence, and Posttraumatic Stress Disorder

Key Words: *Trauma, PTSD*

Annual meeting of Trauma & PTSD SIG, to include presentation by Student Poster Award winner

Symposium 134

Mapping the Functions of Self-Destructive Behaviors

CHAIR: *Emily B. Cooney, Ph.D., Yale University School of Medicine*

DISCUSSANT: *Kim L. Gratz, Ph.D., University of Toledo*

Earn 1 continuing education credit

Primary Category: Suicide and Self-Injury

Key Words: *Self-Injury, Suicide, Emotion Regulation*

Self-Damaging Behaviors: Matching the “What” to the “Why”

Brianna J. Turner, Ph.D., University of Victoria

Nicole Legg, University of Victoria

Julie Prud'homme, University of Victoria

Carolyn Helps, University of Victoria

Person-Centered Patterns of Motives for Self-Injury

Katherine Dixon-Gordon, Ph.D., University of Massachusetts, Amherst

Brianna J. Turner, Ph.D., University of Victoria

Alexander L. Chapman, Ph.D., Simon Fraser University

Matthew T. Tull, Ph.D., University of Toledo

Kim L. Gratz, Ph.D., University of Toledo

Functions of Suicide Attempts and NSSI Episodes in Adolescents

Emily B. Cooney, Ph.D., Yale University School of Medicine

Kirsten Davis, DBTNZ

Pania Thompson, Clinical Advisory Services Aotearoa

Julie Wharewera-Mika, Manu Arahi

Joanna Stewart, University of Auckland

Symposium 136

Ecological Momentary Assessment of Self-Injurious Thoughts and Behaviors: Identifying Near-Term Risk Factors in Daily Life

CHAIR: Sarah E. Victor, Ph.D., University of Pittsburgh School of Medicine

DISCUSSANT: Heather T. Schatten, Ph.D., Butler Hospital | Warren Alpert Medical School of Brown University

Earn 1 continuing education credit

Primary Category: Suicide and Self-Injury

Key Words: *Self-Injury, Suicide, Ecological Momentary Assessment*

People Engage in NSSI During Times When It Does Not Help Regulate Emotion

Evan M. Kleiman, Ph.D., Harvard University

Daniel Coppersmith, B.S., Department of Psychology, Harvard University

Catherine Glenn, Ph.D., Department of Clinical & Social Sciences in Psychology, University of Rochester

Matthew K. Nock, Ph.D., Department of Psychology, Harvard University

Cognitive and Affective Precipitants of NSSI Thoughts and Behaviors

Christopher D. Hughes, M.S., Rutgers University

Alexandra King, M.S., Rutgers University

Amy Kranzler, Ph.D., Columbia University Medical Center

Kiki Fehling, M.S., Rutgers University

Janne Lindqvist, D.Sc., Rutgers University

Edward Selby, Ph.D., Rutgers University

Within-Person Predictors of Suicidal Ideation, NSSI Urges, and Substance Use

Sarah E. Victor, Ph.D., University of Pittsburgh School of Medicine

Lori Scott, Ph.D., University of Pittsburgh School of Medicine

Symposium 137

Using Mobile Apps to Achieve Cognitive and Behavioral Change: Three Different Approaches

CHAIR: *Guy Doron, Ph.D., Interdisciplinary Center (IDC) Herzliya*

DISCUSSANT: *Anat Brunstein-Klomek, Ph.D., IDC Herzliya*

Earn 1 continuing education credit

Primary Category: Technology

Key Words: *Technology, mHealth (Mobile Health), Treatment-CBT*

Efficacy of GGRO in Reducing Maladaptive Beliefs and OC Symptoms.

Guy Doron, Ph.D., Interdisciplinary Center (IDC) Herzliya

María Roncero, Ph.D., University of Valencia, Spain

Amparo Belloch, Ph.D., University of Valencia, Spain

Neurocognitive Mechanisms Underlying Effects of a Gamified, Mobile ABM App

Tracy A. Dennis-Tiway, Ph.D., Hunter College and the Graduate Center of the City University of New York

Samantha Deneffrio, ABD, The Graduate Center of the City University of New York

Sarah Myruski, Ph.D., The Graduate Center of the City University of New York

Smokebeat: A Novel Smoking Cessation App Utilizing Big Data Over Wearables

Reuven Dar, Ph.D., Tel Aviv University

Marriott Balcony A, Mezzanine Level

Symposium 139

Novel, Group-based Relationship Interventions: The Use of Technology in Implementation and Preliminary Evidence of Effectiveness

CHAIR: Galena Rhoades, Ph.D., University of Denver

DISCUSSANT: Kristina C. Gordon, Ph.D., The University of Tennessee, Knoxville

Earn 1.5 continuing education credits

Primary Category: Couples / Close Relationships

Key Words: *Couple Therapy, Couples / Close Relationships, Evidence-Based Practice*

Evidence-Based Relationship Education for Pregnant Women

Galena Rhoades, Ph.D., University of Denver

Community-Based Education With Low-Income Couples and Individuals

Ryan Carlson, Ph.D., University of South Carolina

Sejal Barden, Ph.D., University of Central Florida

Technological Advances: A Program for Disadvantaged, Expectant Couples

Scott Stanley, Ph.D., University of Denver

Galena Rhoades, Ph.D., University of Denver

Lane Ritchie, MA, University of Denver

Initial Efficacy Study of CBCT for PTSD for Military and Veteran Couples

Steffany J. Fredman, Ph.D., The Pennsylvania State University

Alexandra Macdonald, Ph.D., The Citadel

Candice Monson, Ph.D., Ryerson University

Galena Rhoades, Ph.D., University of Denver

Katherine A. Dondanville, Ph.D., University of Texas Health Science Center at San Antonio

A Novel Partner-Assisted Smoking Cessation Treatment (PACT): Pilot RCT

Sarah W. Whitton, Ph.D., University of Cincinnati

Alison C. McLeish, Ph.D., University of Louisville

Lisa M. Godfrey, BA, University of Cincinnati

Neslihan James-Kangal, MA, University of Cincinnati

Marriott Balcony B, Mezzanine Level

Symposium 140

Methodological Innovations in the Investigation of Refugee Mental Health

CHAIR: *Yulisha Byrow, Ph.D.*, Refugee Trauma and Recovery Program, School of Psychology, University of New South Wales, Sydney, Australia

DISCUSSANT: *Anu Asnaani, Ph.D.*, University of Pennsylvania

Earn 1.5 continuing education credits

Primary Category: Cultural Diversity / Vulnerable Populations

Key Words: *Cultural Diversity / Vulnerable Populations, PTSD (Posttraumatic Stress Disorder), Trauma*

Cognitive Appraisals and Psychopathology in Refugees: Moral Injury Cognitions

Joel Hoffman, B.A., Refugee Trauma and Recovery Program, School of Psychology, University of New South Wales, Sydney, Australia

Belinda Liddell, University of New South Wales

Richard Bryant, University of New South Wales

Angela Nickerson, University of New South Wales

Mechanism Linking Trauma Exposure to Psychological Distress Among Refugees

Shraddha Kashyap, Ph.D., Refugee Trauma and Recovery Program, School of Psychology, University of New South Wales, Sydney, Australia.

Belinda Liddell, University of New South Wales

Angela Nickerson, University of New South Wales

PTSD Among Refugees Settled in Australia: Validating the DSM-5 Model

Philippa Specker, B.Psych(Hons), Refugee Trauma and Recovery Program, School of Psychology, University of New South Wales, Sydney, Australia

Belinda Liddell, University of New South Wales

Yulisha Byrow, University of New South Wales

Richard Bryant, University of New South Wales

Angela Nickerson, University of New South Wales

Relationship Between Mental Health Stigma, PTSD, and Help Seeking

Yulisha Byrow, Ph.D., Refugee Trauma and Recovery Program, School of Psychology, University of New South Wales, Sydney, Australia

Angela Nickerson, University of New South Wales

Symposium 141

Methodological Innovations: Precision Neuroimaging, Machine Learning Tournaments, and Computational Modeling to Accelerate Clinical Science

CHAIRS: Zachary D. Cohen, M.A., University of Pennsylvania

Peter F. Hitchcock, M.S., Drexel University

DISCUSSANT: Greg J. Siegle, Ph.D., University of Pittsburgh

Earn 1.5 continuing education credits

Primary Category: Translational

Key Words: *Research Methods, Adult Depression, Measurement*

Parsing Heterogeneity in Brain Connectivity of Depressed and Healthy Adults

Rebecca B. Price, Ph.D., University of Pittsburgh

Kathleen Gates, Ph.D., University of North Carolina, Chapel Hill

Thomas Kraynak, B.S., University of Pittsburgh

Greg J. Siegle, Ph.D., University of Pittsburgh

Using the Drift Diffusion Model to Dissect Decision Making in Depression

Daniel G. Dillon, Ph.D., McLean Hospital / Harvard Medical School

Victoria Lawlor, Center for Depression, Anxiety and Stress Research McLean Hospital/Harvard Medical School

Christian A. Webb, Ph.D., Center for Depression, Anxiety and Stress Research McLean Hospital/Harvard Medical School

Thomas Wiecki, Ph.D., Quantopian

Michael Frank, Ph.D., Brown University

Madhukar H. Trivedi, M.D., UT Southwestern Medical Center

Diego Pizzagalli, Ph.D., Center for Depression, Anxiety and Stress Research McLean Hospital/Harvard Medical School

Stratified Medicine Approaches for Treatment Selection (SMART) Tournament

Zachary D. Cohen, M.A., University of Pennsylvania

Jaime Delgado, Ph.D., University of Sheffield

Robert J. deRubeis, Ph.D., University of Pennsylvania

SMART Treatment Consortium, SMART Tournament

Computational Psychiatry Methods Toward a More Quantitative Clinical Science
Peter F. Hitchcock, M.S., Drexel University
Sims Chris, Ph.D., Rensselaer Polytechnic Institute
Angela Radulescu, B.A., Princeton University
Yael Niv, Ph.D., Princeton University

10:15 a.m. – 11:45 a.m.

Wilson A, Mezzanine Level

Symposium 142

Beyond Symptoms: Novel Applications of Network Analysis in Clinical Psychology

CHAIR: Richard J. McNally, Ph.D., Harvard University

DISCUSSANT: Richard J. McNally, Ph.D., Harvard University

Earn 1.5 continuing education credits

Primary Category: Research Methods and Statistics

Key Words: *Emotion Regulation, Ecological Momentary Assessment, Rumination*

Understanding the Emotion Regulation Benefits of Exercise

Emily E. Bernstein, M.A., Department of Psychology, Harvard University

Alexandre Heeren, Ph.D., Université catholique de Louvain

Richard J. McNally, Ph.D., Harvard University

Social Media and Depression: A Network Perspective

George Aalbers, M.A., University of Amsterdam

Richard J. McNally, Ph.D., Harvard University

Alexandre Heeren, Ph.D., Université catholique de Louvain

Sanne de Wit, Ph.D., University of Amsterdam

Eiko Fried, Ph.D., Leiden University

Network Dynamics of Positive and Negative Affect in Bipolar Disorder

Joshua Curtiss, M.A., Boston University Center for Anxiety and Related Disorders

Daniel Fulford, Ph.D., Boston University

Stefan G. Hofmann, Ph.D., Boston University

Anda Gershon, Ph.D., Stanford University

Deconstructing Trait Anxiety: A Network Perspective

Alexandre Heeren, Ph.D., Université catholique de Louvain

Emily E. Bernstein, M.A., Harvard University

Richard J. McNally, Ph.D., Harvard University

Symposium 143

The Transdiagnostic Role of Anxiety-related Factors in Treatment Outcomes Across Weight-related Disorders

CHAIRS: *Diana Rancourt, Ph.D.*, University of South Florida
Nicholas R. Farrell, Ph.D., Rogers Behavioral Health

DISCUSSANT: *Carolyn B. Becker, Ph.D.*, Trinity University

Earn 1.5 continuing education credits

Primary Category: Transdiagnostic

Key Words: *Transdiagnostic, Anxiety, Eating Disorders*

Severity and Change in ED Symptoms: CBT-Based Residential Treatment Program

Nicholas R. Farrell, Ph.D., Rogers Behavioral Health
Kathryn Smith, Ph.D., Neuropsychiatric Research Institute
Tyler Mason, Ph.D., University of Southern California
Brad Smith, M.D., Rogers Memorial Hospital
Bradley C. Riemann, Ph.D., Rogers Memorial Hospital

Food Anxiety During Exposure Therapy in Patients With Eating Disorder

Cheri A. Levinson, Ph.D., The University of Louisville
Margarita Sala, M.A., Southern Methodist University
Stuart B. Murray, Ph.D., UCSF School of Medicine
Thomas L. Rodebaugh, Ph.D., Washington University
Eric J. Lenze, M.D., Washington University School of Medicine

Family Accommodation and CBT Treatment Outcomes for Eating Disorders

Lisa M. Anderson, Ph.D., University of Minnesota
Kathryn Smith, Ph.D., Neuropsychiatric Research Institute
Nicholas R. Farrell, Ph.D., Rogers Memorial Hospital
Bradley C. Riemann, Ph.D., Rogers Memorial Hospital

Physical and Locus of Control Among Adolescents for Binge Eating

Rebecca C. Kamody, M.S., Yale University
Idia Thurston, Ph.D., University of Memphis; University of Tennessee Health Science Center; Le Bonheur Children's Hospital/Le Bonheur Children's Foundation Research Institute
E. Thomaseo Burton, Ph.D.; MPH, University of Tennessee Health Science Center; Le Bonheur Children's Hospital/Le Bonheur Children's Foundation Research Institute

Psychiatric Symptom Contributors to Weight Loss After Bariatric Surgery

Christina L. Verzijl, B.A., University of South Florida

Erica Ahlich, B.A., University of South Florida

Brittany Lang, M.A., University of South Florida

Emily Choquette, M.A., University of South Florida

Diana Rancourt, Ph.D., University of South Florida

10:15 a.m. – 11:45 a.m.

Hoover, Mezzanine Level

Symposium 144

Developing and Testing Novel Treatments for Comorbid Anxiety and Addiction

CHAIR: *Nicole A. Short, M.Sc., Florida State University*

DISCUSSANT: *Sherry Stewart, Ph.D., DalHousie University*

Primary Category: Adult Anxiety - General

Key Words: *Comorbidity, Transdiagnostic, Treatment Development*

BT for Insomnia: Intervention for CUD Risk Among At-Risk Cannabis Users

Nicole A. Short, M.Sc., Florida State University

Savannah Wöller, Florida State University

Allysa Quick, Florida State University

Norman Schmidt, Ph.D., Florida State University

Exaggerated Uncertainty Bias: Increased Alcohol Use and Motives for Use

Mary E. Oglesby, M.S., Florida State University

Norman Schmidt, PhD, Florida State University

Integrating Graded Pain Exposure Into Standard CBT for Smoking

Andrew H. Rogers, B.A., University of Houston

Joseph Ditre, Ph.D., Syracuse University

Michael Zvolensky, Ph.D., University of Houston

Barriers of Yoga Intervention Adherence for Anxiety-Sensitive Smokers

Johnna Medina, Ph.D., Stanford University

Lindsey Hopkins, Ph.D., San Francisco VA Medical Center

Jasper Smits, Ph.D., University of Texas Austin

Online Feedback Intervention for Cannabis Users With Elevated Social Anxiety

Julia Buckner, Ph.D., Louisiana State University

Katherine A. Walukevich, B.S., Louisiana State University

Michael Zvolensky, Ph.D., University of Houston

SUNDAY

Thurgood Marshall South, Mezzanine Level

Symposium 145

**Novel Applications of Behavioral Economic Theory:
Alcohol Misuse and PTSD**

CHAIR: *Meghan McDevitt-Murphy, Ph.D., University of Memphis*

DISCUSSANT: *Brian E. Borsari, Ph.D., UCSF Weill Institute for
Neurosciences and San Francisco VA Medical Center*

Earn 1.5 continuing education credits

Primary Category: Comorbidity - Substance Use and Other

Key Words: *Behavioral Economics, Alcohol, PTSD (Posttraumatic Stress Disorder)*

**Change in Alcohol Demand in Response to a Brief Behavioral Economic
Intervention**

Kathryn Soltis, M.S., University of Memphis

Kristoffer Berlin, Ph.D., University of Memphis

James G. Murphy, Ph.D., University of Memphis

PTSD Symptoms and Functional Impairment Among Male Combat Veterans

Yvette Szabo, Ph.D., Center of Excellence for Research on Returning War Veterans

Brian Konecky, Ph.D., Center of Excellence for Research on Returning War Veterans

*Nathan Kimbrel, Ph.D., Duke University Health System; VA Mid-Atlantic Mental
Illness Research, Education, and Clinical Center; Durham VA Medical Center*

Bryann DeBeer, Ph.D., Center of Excellence for Research on Returning War Veterans

Sandra Morissette, Ph.D., University of Texas at San Antonio

Eric Meyer, Ph.D., Center of Excellence for Research on Returning War Veterans

Combat Experiences and Post-Deployment Support on Future Orientation

Cecilia Olin, B.A., University of Memphis

Meghan McDevitt-Murphy, Ph.D., University of Memphis

Matthew Luciano, M.S., University of Memphis

Rebecca Zakarian, B.A., University of Memphis

James G. Murphy, Ph.D., University of Memphis

**PTSD in Young Adults: Investigating Future Orientation and Environmental
Reward**

Meghan McDevitt-Murphy, Ph.D., University of Memphis

Rebecca Zakarian, B.A., University of Memphis

Nichole Mazzulo, B.A., University of Memphis

Matthew Luciano, M.S., University of Memphis

Cecilia Olin, B.A., University of Memphis

Symposium 146

**Exploring Difficulties in Decision Making in Hoarding:
A Focus on Cognitive, Emotional, and Motivational
Factors**

CHAIR: *Kiara R. Timpano, Ph.D., University of Miami*

DISCUSSANT: *Randy Frost, Ph.D., Smith College*

Earn 1.5 continuing education credits

Primary Category: Obsessive Compulsive and Related Disorders

Key Words: *Hoarding, Cognitive Vulnerability, Translational Research*

Hoarding Symptoms and Anticipated Regret During a Decision-Making Task

Jedidiah Siev, Ph.D., Swarthmore College

Elise Cummings, Swarthmore College

Keith Lit, Ph.D., Jackson Health System

Carina Debuque, Swarthmore College

Intertemporal Decision-Making Deficits in Hoarding: Brain-Behavior Relationships

Kiara R. Timpano, Ph.D., University of Miami

Ashley M. Shaw, Ph.D., University of Miami

Travis Evans, M.A., University of Miami

Jennifer Britton, Ph.D., University of Miami

Psychophysiological Activation During Discarding in Hoarding Disorder

Hannah C. Levy, Ph.D., Hartford Healthcare Institute of Living

Alyssa Nett, B.A., Institute of Living

Akanksha Das, B.A., Institute of Living

David F. Tolin, Ph.D., Institute of Living

Virtual Reality: Enhancing Motivation for Change in Adults With Hoarding Disorder

Gregory S. Chasson, *Ph.D.*, Illinois Institute of Technology

C. Elizabeth Hamilton, Department of Psychology, Illinois Institute of Technology

Sage Bates, Department of Psychology, Illinois Institute of Technology

Nisha Jagannathan, Department of Psychology, Illinois Institute of Technology

Alexandria M. Luxon, Department of Psychology, Illinois Institute of Technology

Andrew J. De Leonardis, Department of Psychology, Illinois Institute of Technology

Natalie Herrmann, Department of Psychology, Illinois Institute of Technology

Pranathi Merneedi, Department of Psychology, Illinois Institute of Technology

Regina M. Minnis, Department of Psychology, Illinois Institute of Technology

Yadid Gutierrez Huerta, Department of Psychology, Illinois Institute of Technology

10:15 a.m. – 11:45 a.m.

Virginia C, Lobby Level

Symposium 147

Innovative Interventions for Perinatal Mood Disorders: Developing and Evaluating Strategies to Improve Maternal and Child Outcomes

CHAIR: Cynthia L. Battle, *Ph.D.*, Alpert Medical School of Brown University

DISCUSSANT: Robert Ammerman, *Ph.D.*, Cincinnati Children's Hospital

Earn 1.5 continuing education credits

Primary Category: Women's Issues / Gender

Key Words: *Pregnancy / Postpartum / Reproductive Issues, Treatment Development, Mood*

Interpersonal and Social Rhythm Therapy for Perinatal Bipolar Disorder

Lauren Weinstock, *Ph.D.*, Brown University

Jennifer Johnson, *Ph.D.*, Michigan State University

Maya Krek, *B.A.*, Alpert Medical School of Brown University

Cintly Celis-deHoyos, *M.A.*, Alpert Medical School of Brown University

Neha Hudepohl, *M.D.*, Alpert Medical School of Brown University

Teri Pearlstein, *M.D.*, Alpert Medical School of Brown University

Cynthia L. Battle, *Ph.D.*, Alpert Medical School of Brown University

Psychological Interventions for Common Mental Disorders During Pregnancy

Marlies Brouwer, M.S., Academic Medical Center, University of Amsterdam

Nina Molenaar, M.D., Erasmus Medical Center Rotterdam

Alishia Williams, Ph.D., Utrecht University

Huibert Burger, MD, Ph.D., University Medical Center Groningen

Mijke Lambregtse-van den Berg, M.D., Ph.D., Erasmus Medical Center Rotterdam

Claudi Bockting, Ph.D., University of Amsterdam

Good for the Baby? Effects of CBT on Mother and Child During Pregnancy

Claudi Bockting, Ph.D., University of Amsterdam

T Verbeek, MD, Ph.D., University Medical Center Groningen

JL Aris-Meijer, Ph.D., University Medical Center Groningen

MG van Pampus, MD, Ph.D., University Medical Center Groningen

Huibert Burger, Ph.D., University Medical Center Groningen

Structured Peer Mentoring Program for Depressed Perinatal Women

Sona Dimidjian, Ph.D., University of Colorado Boulder

Arne Beck, Ph.D., Kaiser Permanente Colorado Institute for Health Research

Jennifer Boggs, MSW, Kaiser Permanente Colorado Institute for Health Research

Anahi Collado, Ph.D., Alvord Baker and Associates LLC

Robert Gallop, Ph.D., Department of Mathematics West Chester University

Marta Genovez, M.A., Department of Psychology and Neuroscience, University of Colorado at Boulder

Sherryl Goodman, Ph.D., Department of Psychology Emory University

Peggy Hill, M.S., MEd, National Behavioral Health Innovation Center, University of Colorado

Sam Hubble, Ph.D., Department of Family Medicine, University of Colorado Anschutz Medical Campus

Anna Joseph, MPH, MSW, National Behavioral Health Innovation Center, University of Colorado

Elizabeth Lemon, M.A., Department of Psychology and Neuroscience, University of Colorado at Boulder

Caitlin McKimmy, MTS, Department of Psychology and Neuroscience, University of Colorado at Boulder

Rachel Vanderkruik, M.A., Department of Psychology and Neuroscience, University of Colorado at Boulder

Spencer Young, B.A., Department of Psychology and Neuroscience, University of Colorado at Boulder

Symposium 148

How Do Different PTSD Treatments Work? Clues from Mediation Research

CHAIRS: *Carmen McLean, Ph.D.*, National Center for PTSD, Dissemination and Training Division, and Stanford University School of Medicine

Thea Gallagher, Psy.D., University of Pennsylvania

DISCUSSANT: *Denise Sloan, Ph.D.*, Behavioral Science Division, National Center for PTSD

Earn 1.5 continuing education credits

Primary Category: PTSD

Key Words: *Mediation / Mediators, PTSD (Posttraumatic Stress Disorder), Psychotherapy Process*

Change Among Treatment-Seeking Active-Duty Military Personnel With PTSD

Carmen McLean, Ph.D., National Center for PTSD, Dissemination and Training Division, and Stanford University School of Medicine

Edna Foa, Ph.D., University of Pennsylvania

Thea Gallagher, PsyD, University of Pennsylvania

Yinyin Zang, Ph.D., University of Pennsylvania

Noah K. Suzuki, B.A., University of Pennsylvania

Jeffrey Yarvis, Ph.D., Carl R. Darnall Army Medical Center

Brett T. Litz, Ph.D., Massachusetts Veterans Epidemiological Research and Information Center and Boston University School of Medicine

Jim Mintz, Ph.D., University of Texas Health Science Center at San Antonio

Stacey Young-McCaughan, RN, Ph.D., University of Texas Health Science Center at San Antonio

Alan Peterson, Ph.D., ABPP, University of Texas Health Science Center at San Antonio, South Texas Veterans Health Care System, and University of Texas at San Antonio

Cognitive Change in SSRI and Prolonged Exposure and SSRI and Placebo

Sheila A.M. Rauch, Ph.D., VA Atlanta Healthcare System and Emory University School of Medicine

Myra Kim, ScD, University of Michigan

Margaret Venners, MPH, MSW, VA Ann Arbor Healthcare System

Katherine Porter, Ph.D., VA Ann Arbor Healthcare System

Sonya Norman, Ph.D., University of California San Diego and VA San Diego Healthcare System

Naomi M. Simon, M.D., MSc, New York University School of Medicine

Barbara Rothbaum, Ph.D., Emory University School of Medicine

Peter W. Tuerk, Ph.D., Medical University of South Carolina and Ralph H. Johnson VAMC

Eric Bui, M.D., Ph.D., Massachusetts General Hospital

Corey Powell, Ph.D., University of Michigan

Erin Smith, Ph.D., VA Ann Arbor Healthcare System

Elizabeth Goetter, Ph.D., Massachusetts General Hospital

Lauren McSweeney, Ph.D., Emory University School of Medicine

Traumatic Loss-Related PTSD in Active-Duty Military Personnel

Patricia Resick, ABPP, Ph.D., Duke University School of Medicine

Kirsten Dillon, Ph.D., Durham VA Medical Center and Duke University Medical Center

Vanessa Jacoby, Ph.D., University of Texas Health Science Center at San Antonio

Willie Hale, Ph.D., University of Texas Health Science Center at San Antonio

Katherine A. Dondanville, PsyD, ABPP, University of Texas Health Science Center at San Antonio

Jennifer Schuster Wachen, Ph.D., National Center for PTSD, VA Boston Healthcare System and Boston University

Jeffrey Yarvis, Ph.D., LCSW, BCD, Carl R. Darnall Army Medical Center

Therapeutic Alliance as a Mediator of PTSD Symptoms in STAIR vs. PCT

Danielle M. Morabito, B.A., National Center for PTSD, Dissemination and Training Division

Margaret-Anne Mackintosh, Ph.D., National Center for PTSD-Dissemination and Training Division, VA Palo Alto Health Care System

Marylene Cloitre, Ph.D., National Center for PTSD-Dissemination and Training Division, VA Palo Alto Health Care System, Stanford School of Medicine, and New York University Langone Medical Center

Mediators of Psychotherapies for Posttraumatic Stress Disorder

John Markowitz, M.D., New York State Psychiatric Institute and Columbia University College of Physicians & Surgeons

Yuwal Neria, Ph.D., New York State Psychiatric Institute and Columbia University College of Physicians & Surgeons

Anne Hilburn, M.A., New York State Psychiatric Institute

Ari Lowell, Ph.D., New York State Psychiatric Institute and Columbia University College of Physicians & Surgeons

Barbara Milrod, M.D., Weill Medical College of Cornell University

Symposium 149

Repetitive Negative Thinking as a Transdiagnostic Vulnerability Factor: A Focus on Mechanisms and Cognition-Emotion Interactions

CHAIR: *Caitlin A. Brown, M.S., University of Miami*

DISCUSSANT: *Douglas S. Mennin, Ph.D., Teachers College, Columbia University*

Earn 1.5 continuing education credits

Primary Category: Cognitive Science / Cognitive Processes

Key Words: *Worry, Rumination, Cognitive Processes*

Repetitive Negative Thinking: Risk and Loss Aversion in Response to Stress

Caitlin A. Brown, M.S., University of Miami

Nikki Puccetti, B.A., University of Miami

Aaron S. Heller, Ph.D., University of Miami

Kiara R. Timpano, Ph.D., University of Miami

Perseverative Thought: Incremental Contributions to Impaired Disengagement

Lauren S. Hallion, Ph.D., University of Pittsburgh

Susan N. Kusmierski, B.A., University of Pittsburgh

Differential Effects of Worry and Rumination on Attention to Emotional Stimuli

Elizabeth J. Lewis, M.S., Yale University

Ivan Blanco-Martinez, M.S., Universidad Complutense de Madrid

Hannah Raila, B.A., Yale University

Jutta Joormann, Ph.D., Yale University

Repetitive Negative Thinking: Impulsivity in Response to Negative Emotions?

Kimberly A. Arditte Hall, Ph.D., National Center for PTSD at VA Boston Healthcare System; Boston University School of Medicine

Charles Carver, Ph.D., University of Miami

Kiara R. Timpano, Ph.D., University of Miami

Friday Poster Sessions

8:30 a.m. – 9:30 a.m.



Exhibit Hall B South

Poster Session 1A

Addictive Behaviors

PS1

Key Words: *Native Americans, Addictive Behaviors, Motivation*

- (PS1-A1) **Latent Class Analysis of Marijuana Use Motives for American Indian Youth**
Samuel R. Davis, B.A., Mark Prince, M.S., Ph.D., Randall Swaim, Ph.D., Linda Stanley, Ph.D., Colorado State University
- (PS1-A2) **Who Waits to Feel Good? Impulsivity Predicting Positive Outcomes of Marijuana Use**
Jamie Parnes, M.Sc., Theodore Fetterling, B.S., Mark Prince, M.S., Ph.D., Bradley T. Conner, Ph.D., Colorado State University
- (PS1-A3) **Measuring the Abuse Liability of Video Games**
Drew T. Bassett, M.S., Christopher J. Correia, Ph.D., Auburn University
- (PS1-A4) **College Students' Alcohol Use/Problems and Compulsive Sexual Behaviors: The Moderating Effect of Alcohol-Related Sexual Expectancies**
Alisa Garner, M.A.¹, Hannah L. Grigorian, B.A.¹, Autumn Rae Florimbio, M.A.¹, Meagan J. Brem, M.A.², Caitlin Wolford-Clevenger, M.S.¹, Gregory L. Stuart, Ph.D.², 1. University of Tennessee - Knoxville, 2. The University of Tennessee, Knoxville
- (PS1-A5) **Alcohol-related Sexual Assault: Bystander's Gender and Alcohol Intoxication on Perceived Responsibility to Intervene**
Alita M. Mobley, B.A., Alexander J. Melkonian, M.A., Lindsay S. Ham, Ph.D., Kyle K. Jackson, B.S., University of Arkansas
- (PS1-A6) **What to Expect About Quitting Smoking: The Role of Smoking and Abstinence Expectancies**
Amanda Kaufmann, B.A., David A.F. Haaga, Ph.D., American University
- (PS1-A7) **Age of First Intoxication Moderates the Efficacy of a Personalized Feedback Intervention**
Amy L. Stamates, M.S., Peter Preonas, M.S., Rhiannon Roberts, Undergraduate, Cathy Lau-Barraco, Ph.D., Old Dominion University

- (PS1-A8) Protective Behavioral Strategy Use as a Moderator of a Brief Intervention Trial Targeting Nonstudent Drinkers**
Amy L. Stamates, M.S.¹, Cathy Lau-Barraco, Ph.D.¹, Abby L. Braitman, Ph.D.², Ashley Linden-Carmichael, Ph.D.³, 1. Old Dominion University, 2. Old Dominion University & Virginia Consortium Program in Clinical Psychology., 3. The Pennsylvania State University
- (PS1-A9) The Stress-Coping Hypothesis of Alcohol Use Among College Students: The Role of Self-Regulatory Deficits**
Anna J. Yeo, B.A., M.A., Joseph Bettcher, M.A., Elisabeth J. O'Rourke, M.A., Atara Siegel, B.A., Cheryl K. Best, B.A., Leslie F. Halpern, Ph.D., University at Albany, State University of New York
- (PS1-A10) Social Predictors of Alcohol Use Among College Students: Perceived Norms of Peer Drinking Behavior and Social Consequences**
Anna J. Yeo, B.A., M.A., Atara Siegel, B.A., Elisabeth J. O'Rourke, M.A., Joseph Bettcher, M.A., Cheryl K. Best, B.A., Leslie F. Halpern, Ph.D., University at Albany, State University of New York
- (PS1-A11) Poor Sleep Quality Predicts Substance Use Disorders: A Study with Parents of Adolescents With Substance Use Disorders**
Augustine Kang, M.S.¹, Tonya Mccallum, M.S.¹, Katherine Isabel. Escobar, B.A.¹, Sarah A. Helseth, Ph.D.¹, Sara Becker, Ph.D.², 1. Brown University, 2. Center for Alcohol and Addictions Studies, Brown University School of Public Health
- (PS1-A12) It Is Not 'How Much' But 'Why' You Play That Predicts Internet Gaming Disorder: Cross-Cultural Validation of the Motives for Online Gaming Questionnaire in Korean Online Gamers**
Bin-Na Kim, Ph.D., Seoul National University
- (PS1-A13) Can Cognitive Bias Modification (CBM) Improve Cannabis Treatment Outcomes? An Integrated Cognitive Treatment Protocol**
Brian J. Sherman, Ph.D., Aimee L. McRae-Clark, Pharm.D., Medical University of South Carolina
- (PS1-A14) Transdermal Monitoring of Alcohol Use in Heavy Drinking Soup Kitchen Attendees**
Carla Rash, Ph.D., Sheila Alessi, Ph.D., Nancy Petry, Ph.D., UConn Health School of Medicine
- (PS1-A15) Drinking and Sexual Behavior Motives for Spring Break vs Typical Days**
Cassie A. Vogt, M.A.¹, Zoe Peterson, Ph.D.², Jeffrey G. Noel, Ph.D.³, Amber M. Henslee, Ph.D.⁴, 1. Washington University School of Medicine, 2. University of Missouri St Louis, 3. Missouri Institute of Mental Health, 4. Missouri University of Science & Technology
- (PS1-A16) College Student Attitudes Toward Female Peers' Heavy Drinking**
Catherine B. Schuler, B.A., Susan L. Kenford, Ph.D., Xavier University

- (PS1-A17) Potential Mechanisms of Change of a Personalized Feedback Alcohol Intervention for Nonstudent Emerging Adult Drinkers**
Cathy Lau-Barraco, Ph.D.¹, Abby L. Braitman, Ph.D.², Ashley Linden-Carmichael, Ph.D.³, Amy L. Stamates, M.S.¹, 1. Old Dominion University, 2. Old Dominion University & Virginia Consortium Program in Clinical Psychology., 3. The Pennsylvania State University
- (PS1-A18) The Good, The Bad, and The Hangover: An Analysis of the Content and Context of Heavy Drinking Events in a Brief, Expressive Writing Alcohol Intervention**
Chelsie M. Young, Ph.D.¹, Jordanna Lembo, B.A.¹, Joanne Angosta, B.A.¹, Lindsey Rodriguez, Ph.D.², Qian Lu, Ph.D.³, Clayton Neighbors, Ph.D.¹, 1. University of Houston, 2. University of Florida-St. Petersburg, 3. MD Anderson Cancer Center
- (PS1-A19) Impulsive Personality Predicts Increased Problematic Substance Use and Increased OFC Activation in Anticipation of Rewards: Evidence from a Functional MRI Study**
Corinne P. Bart, M.A.¹, Ann L. Carroll, B.A.², Christina B. Young, M.S.², Katherine S. Damme, M.S.², Tommy H. Ng, M.A.¹, Madison K. Titone, M.A.¹, Robin Nusslock, Ph.D.², Lauren B. Alloy, Ph.D.¹, 1. Temple University, 2. Northwestern University
- (PS1-A20) Decreased Striatal Activity Predicts Problematic Substance Use: Evidence From a Functional MRI Study**
Corinne P. Bart, M.A.¹, Christina B. Young, M.S.², Katherine S. Damme, M.S.², Laura E. McLaughlin, B.S.¹, Madison K. Titone, M.A.¹, Tommy H. Ng, M.A.¹, Robin Nusslock, Ph.D.², Lauren B. Alloy, Ph.D.¹, 1. Temple University, 2. Northwestern University
- (PS1-A21) The Prediction of Nonmedical Prescription Stimulant Use in College Students**
Danielle Beyer, M.A., Dmitri Poltavski, Ph.D., University of North Dakota
- (PS1-A22) Gender Differences in the Relation of Mindfulness Skills and Drinking Motives**
Dennis Hoyer, M.A.¹, Andrew Philip, Ph.D.², Christopher J. Correia, Ph.D.¹, 1. Auburn University, 2. The National Council
- (PS1-A23) A Comparison of Homeless Veterans' Utilization of Substance Use and Other Kinds of Treatment in a Large Local VA Healthcare System**
Devin M. Hanson, M.A.¹, Jamie J. Winters, Ph.D.², C. Beau Nelson, Ph.D.¹, 1. Ann Arbor Veterans Healthcare System, 2. Ann Arbor Veterans Healthcare System/University of Michigan Department of Psychiatry
- (PS1-A24) The Chinese Behavioral Activation Treatment for Substance Use: Feasibility, Acceptability, and Efficacy**
Yun Chen, M.A.¹, Stacey B. Daughters, Ph.D.¹, Wang Zhou, M.D., Ph.D.², Haolin Li, none¹, 1. University of North Carolina at Chapel Hill, 2. Center for Disease Control, Wuhan, China

Poster Session 1B

Adult Anxiety - GAD; Adult Anxiety - Panic

PS1

Key Words: GAD (Generalized Anxiety Disorder), Mediation / Mediators, Mood

(PS1-B25) Symptoms of Stress and Depression Mediate the Relationship between Generalized Anxiety Disorder and Anxiety Symptoms in Two Independent Samples

Alex Buhk, B.A., Heather R. Schultz, M.A., Wesley Bullock, Ph.D., University of Toledo

(PS1-B26) Mindfulness Mediates the Relationship Between Generalized Anxiety Disorder and Emotion Regulation Difficulties in Two Independent Samples

Alex Buhk, B.A., Heather R. Schultz, M.A., Wesley Bullock, Ph.D., University of Toledo

(PS1-B27) Emotion Regulation Difficulties Mediate the Relationship Between Individuals with Generalized Anxiety Disorder and Trait Anxiety

Alex Buhk, B.A., Jason Levine, Ph.D., University of Toledo

(PS1-B28) Understanding of the Acceptance-based Behavioral Therapy Modell and Current Functioning

Alexandria Miller, B.S., B.A., Kristin Serowik, M.A., Susan Orsillo, Ph.D., Suffolk University

(PS1-B29) Stability of Threat Sensitivity Across One Year in Anxious and Depressed Individuals

Anna R. Franklin, M.A., Christina A. Johnson, B.S., Ayelet M. Ruscio, Ph.D., University of Pennsylvania

(PS1-B30) Negative Urgency and Generalized Anxiety Disorder Symptoms: The Role of Self-reported Cognitive Processes

Bailee L. Malivoire, M.A., Kathleen E. Stewart, B.S., Kathleen Tallon, M.A., Melina Ovanessian, M.A., Maya Schonbach, B.S., Shreya Jagtap, B.S., Elizabeth Pawluk, Ph.D., Naomi Koerner, Ph.D., Ryerson University

(PS1-B31) Is Mindfulness Key to Superiority of Using the Unified Protocol for Transdiagnostic Treatment for Generalized Anxiety Disorder?

Brittany K. Woods, M.A.¹, Todd Farchione, Ph.D.², Shannon Sauer-Zavala, Ph.D.², David H. Barlow, ABPP², 1. Center for Anxiety and Related Disorders, Boston University, 2. Boston University Center for Anxiety and Related Disorders

(PS1-B32) The Relationship Between Worry, Neural Indicators of Attention, and Autonomic Flexibility

Danielle L. Taylor, M.Sc., Evan J. White, M.S., Kristen E. Frosio, M.S., Jacob D. Kraft, B.A., DeMond M. Grant, Ph.D., Oklahoma State University

- (PS1-B33) A Comparison of the Relative Impact of Symptoms of Depression and Anxiety on Impairment**
Eva K. Harris, B.A.¹, Keith P. Klein, M.A.¹, Grace Lyons¹, Thröstur Björgvinsson, ABPP, Ph.D.², Sarah J. Kertz, Ph.D.¹, 1. Southern Illinois University, 2. McLean Hospital - Harvard Medical School
- (PS1-B34) The Influence of State Worry on Working Memory Suppression**
Evan J. White, M.S., Danielle L. Taylor, M.Sc., Jacob D. Kraft, B.S., Kristen E. Frosio, M.S., Emma Unruh-Dawes, B.S., DeMond M. Grant, Ph.D., Evan J. White, Oklahoma State University
- (PS1-B35) Generalized Anxiety Disorder is Related to Positive Affect Deficits Within a Hierarchical Structural Model of Psychopathology**
Hannah G. Bosley, M.A.¹, Katya Fernandez, Ph.D.², Aaron J. Fisher, Ph.D.³, Michelle G. Newman, Ph.D.⁴, 1. University of California at Berkeley, 2. Center for Creative Leadership, 3. University of California, Berkeley, 4. The Pennsylvania State University
- (PS1-B36) Exploring Mindfulness Interventions for Test Anxiety in College Students in Two Different Formats: Face-to-Face Mindfulness vs Online Mindfulness Interventions**
John Lothes, II, M.A., Ed.D., Morgan Wilson, University of North Carolina Wilmington
- (PS1-B37) Age-related Differences in Cognitive Variables in Generalized Anxiety Disorder**
Kathleen E. Stewart, B.S., Bailee L. Malivoire, M.A., Naomi Koerner, Ph.D., Kathleen E. Stewart, B.Sc., Ryerson University
- (PS1-B38) Generalized Anxiety Disorder: Investigating Components of the Emotion Dysregulation Model**
Kendall A. Deleurme, B.A., Alexander Penney, Ph.D., MacEwan University
- (PS1-B39) The Effects of Worry and Attention Control on Physiological Arousal to Safety Cues During Generalization**
Kristen E. Frosio, Jacob D. Kraft, B.A., Danielle L. Taylor, M.Sc., Evan J. White, M.S., DeMond M. Grant, Ph.D., Oklahoma State University
- (PS1-B40) Affective Styles Profiles in a Generalized Anxiety Disorder Sample**
Kristina Conroy, B.A.¹, Joshua Curtiss, M.A.¹, Abigail Barthel, B.A.¹, Sarah Wieman, B.A.², Rebecca Lubin, B.A.³, Eric Bui, M.D.², Naomi M. Simon, M.D.⁴, Stefan G. Hofmann, Ph.D.¹, 1. Boston University Center for Anxiety and Related Disorders, 2. Massachusetts General Hospital, 3. New York University School of Medicine, 4. NYU School of Medicine
- (PS1-B41) Video-conferencing to Augment Asynchronous Therapist Contact in Internet-Delivered Cognitive-Behavioural Therapy for Generalised Anxiety Disorder: Feasibility of a New Intervention**
Lauren Rossi, B.S., National eTherapy Centre, Centre for Mental Health, Swinburne University of Technology, Melbourne, Australia
- (PS1-B42) The Role of Emotional Control, Positive Thinking, and Negative Thinking in Predicting Anxiety and Depressive Symptoms in Student-Athletes**
Marina Galante, M.S., Brad Donohue, Ph.D., Ally Danlag, University of Nevada, Las Vegas

- (PS1-B43) **The Influence of State Worry and Rumination on Inflammation and Gastric Functioning: Relationships Between Cognitive, Immunological, and Physiological Markers**
Megan E. Renna, M.A., Jean M. Quintero, M.A., Douglas S. Mennin, Ph.D., Teachers College, Columbia University
- (PS1-B44) **Fear of Change: A New Concept and its Relationship to the Underlying Mechanisms of GAD**
Molly J. Schadegg, B.A., Sandra Llera, Ph.D., Towson University
- (PS1-B45) **Emotion Expressivity Predicts Treatment Improvement After Emotion Regulation Therapy in Adults with Generalized Anxiety Disorder**
Phillip E. Spaeth, B.A.¹, Christina F. Sandman, B.A.², Megan E. Renna, M.A.¹, Douglas S. Mennin, Ph.D.¹, 1. Teachers College, Columbia University, 2. University of California, Los Angeles
- (PS1-B46) **Predictors of Pain in Generalized Anxiety Disorder**
Rebecca Lubin, B.A.¹, Kristin L. Szuhany, Ph.D.², Susanne Hoeppner, Ph.D.³, Julia Spandorfer, B.A.⁴, Allison Young, M.D.⁴, Sarah Wieman, B.A.³, Kristina Conroy, B.A.⁵, Elizabeth Hoge, M.D.⁶, David Rosenfield, Ph.D.⁷, Sat Bir Khalsa, Ph.D.⁸, Eric Bui, M.D.³, Stefan G. Hofmann, Ph.D.⁵, Naomi M. Simon, M.D.⁴, 1. New York University School of Medicine, 2. NYU Langone Health, 3. Massachusetts General Hospital, 4. NYU School of Medicine, 5. Boston University Center for Anxiety and Related Disorders, 6. Georgetown University Medical School, 7. Southern Methodist University, 8. Brigham and Women's Hospital / Harvard Medical School
- (PS1-B47) **An Eye-Tracking Study of Attentional Biases for Uncertainty and Generalized Anxiety**
Travis Rogers, B.A.¹, Thomas Daniel, Ph.D.², Natasha Benfer, M.S.¹, Kate Clauss, M.A.¹, 1. Auburn University, 2. Westfield State University
- (PS1-B48) **The Role of Adherence and Alliance in Changing Cognitive Misinterpretations During Cognitive-Behavioral Therapy for Panic Disorder**
Armen Bagdasarov¹, Dianne L. Chambless, Ph.D.¹, Rachel A. Schwartz, M.A.¹, Kevin McCarthy, Ph.D.², Barbara Milrod, M.D.³, Jacques Barber, Ph.D.⁴, 1. University of Pennsylvania, 2. Chestnut Hill College, 3. Weill Cornell Medical College, 4. Adelphi University
- (PS1-B49) **The Best Years of Our Lives? How College Stressors and Reinforcement Sensitivity Interact When Predicting Anxiety Among Students**
Nicholas W. Talisman, B.S.¹, Cynthia A. Rohrbeck, Ph.D.², 1. George Washington University, 2. The George Washington University
- (PS1-B50) **Intolerance of Uncertainty and Responsibility for Harm Predict Nocturnal Panic Attacks**
Nicole S. Smith, B.S.¹, Brian J. Albanese, B.A.², Brad B. Schmidt, Ph.D.³, Daniel W. Capron, Ph.D.¹, 1. University of Southern Mississippi, 2. Florida State University, 3. FSU

(PS1-B51) Fear of Fear as Predictors of Symptoms Among Patients With Panic Disorder After Cognitive-Behavioral Therapy

Sei Ogawa, M.D., Ph.D.¹, Masaki Kondo, M.D., Ph.D.², Keiko Ino, M.D., Ph.D.², Risa Imai, M.D.², Toshitaka Ii, M.D.², Toshi A. Furukawa, M.D., Ph.D.³, Tatsuo Akechi, M.D., Ph.D.², 1. Nagoya City University Graduate School of Medical Sciences, 2. Department of Psychiatry and Cognitive-Behavioral Medicine, Nagoya City University Graduate School of Medical Sciences, Nagoya, Japan, 3. Department of Health Promotion and Human Behavior, Kyoto University Graduate School of Medicine / School of Public Health, Kyoto, Japan

Exhibit Hall B South

Poster Session 1C

Adult Depression / Dysthymia

PS1

Key Words: *Child Trauma/Maltreatment, Depression, Cognitive Schemas/Beliefs*

(PS1-C52) The Mediating Effects of Seasonal Beliefs and Dysfunctional Attitudes Between Childhood Trauma and Seasonal Affective Disorder

Abbey L. Friedman, Kathryn A. Roeklein, Ph.D., University of Pittsburgh

(PS1-C53) An Experimental Study on the Relationship Between Degree of Self-Preoccupation and Attentional Switching in Cognitive Task

Akiko Yamaguchi, B.A., Sakie Shimotsu, Yuji Hakoda, Kyoto Women's University

(PS1-C54) Visualize Yourself Along your Lifetime to Decrease Anxiety and Depression and Increase Wellbeing: A Pilot Study

Alba Carrillo, M.S.¹, Marian Martínez-Sanchis, M.S.¹, Ernestina Etchemendy, Ph.D.², Rosa Baños, Ph.D.³, 1. University of Valencia, 2. University of Zaragoza, 3. Universitat de Valencia

(PS1-C55) Caregiver Depression and Parenting: The Moderating Effects of Emotion Regulation in Caregivers of Children With Oppositional Behavior and Callous-Unemotional Traits

Alexis Dawson, B.A.¹, Kyrill Gurtovenko, M.S.¹, Robert J. McMahon, Ph.D.², Suzanne E.U. Kerns, Ph.D.³, Michael D. Pullmann, Ph.D.¹, Dave Pasalich, Ph.D.⁴, Shannon Dorsey, Ph.D.⁵, Lynn Fainsilber Katz, Ph.D.¹, 1. University of Washington, 2. Simon Fraser University and B.C. Children's Hospital, 3. University of Denver, 4. Australia National University, 5. University of Washington, Seattle

(PS1-C56) Mechanisms Involved in Cognitive Control Training for Dysphoria

Alisson Lass, M.S., Paul Rokke, Ph.D., North Dakota State University

(PS1-C57) A Pilot Study of Therapist Guided Activity Practice

Aliza Stein, B.A., Noura Alavi, B.S., Jasper Smits, Ph.D., The University of Texas at Austin

- (PS1-C58) Associations between Depressive Rumination, Emotion Regulation, and Anhedonia in Unipolar Depression**
Alora A. Rando, B.A., Shelley Kind, M.S., Hannah Carlon, Amanda Zarni, Gabrielle Liverant, Ph.D., Suffolk University
- (PS1-C59) Dispositional Mindfulness Buffers Against the Risk of Depression in Individuals With Poor Distress Tolerance**
Amber L. Billingsley, B.A.¹, Lauren S. Hallion, Ph.D.², Natalie Shook, Ph.D.¹, Shari Steinman, Ph.D.¹, 1. West Virginia University, 2. University of Pittsburgh
- (PS1-C60) Evaluating the Impact of Telehealth-delivered CBT Treatments for Depression Within a Complex Veteran Population**
Amy Palfrey, Ph.D.¹, Brittney Silvestri, Psy.D.¹, Tamara Opplinger, B.A.¹, Destiny Eden¹, Nicole Nehrig, Ph.D.¹, Cory K. Chen, Ph.D.², 1. VA New York Harbor Healthcare System, 2. VA New York Harbor Healthcare System, Manhattan Campus
- (PS1-C61) Cultural Constructs Associated With Depression, Anxiety, and Stress in Hispanic College Students**
Analisse Acosta, n/a, Diana Villegas, n/a, Jennifer Kim, N/A, Roman Fregoso, B.S., Karla Llanes, B.A., Theodore V. Cooper, Ph.D., University of Texas at El Paso
- (PS1-C62) Cognitive Vulnerability as a Predictor of Risk for Relapse Following Successful Cognitive Therapy for Depression**
Andre J. Plate, M.A., Justin D. Braun, M.A., Benjamin J. Pfeifer, M.A., Iony D. Schmidt, M.A., Daniel R. Strunk, Ph.D., The Ohio State University
- (PS1-C63) Cognitive Therapy of Depression Reduces Negative Bias in Social Perception**
Andre J. Plate, M.A., Katherine E. Sasso, Ph.D., Daniel R. Strunk, Ph.D., The Ohio State University
- (PS1-C64) Differences in Cortisol Reactivity for Those With Higher Levels of Depression During a Laboratory-Induced Stressor**
Andres Roque, B.A.¹, Alicia E. Meuret, Ph.D.¹, Halina Dour, Ph.D.², Michael Treanor, Ph.D.², Michelle Craske, Ph.D.³, Thomas Ritz, Ph.D.¹, 1. Southern Methodist University, 2. University of California Los Angeles, 3. University of California, Los Angeles, Department of Psychology
- (PS1-C65) Web-based Information About Depression: How Different Etiological Models Influence Prognostic Outlook and Stigma**
Andrew R. Devendorf, B.A., Jon Rottenberg, Ph.D., University of South Florida
- (PS1-C66) Neural Profile of Rumination Predicts Efficacy of Mindfulness Meditation**
Angelina F. Gomez, M.A., Joseph K. Carpenter, M.A.¹, Greg J. Siegle, Ph.D.², Stefan G. Hofmann, Ph.D.³, 1. Boston University, 2. University of Pittsburgh, 3. Boston University Center for Anxiety and Related Disorders
- (PS1-C67) Predicting Depression and Anxiety Severity Using Individual Profiles of Mindfulness**
Angelina F. Gomez, M.A., Joshua Curtiss, M.A.¹, Joseph K. Carpenter, M.A.², Masaya Ito, Ph.D.³, Stefan G. Hofmann, Ph.D.¹, 1. Boston University Center for Anxiety and Related Disorders, 2. Boston University, 3. National Center of Cognitive Behavior Therapy and Research

- (PS1-C68) Comparing the Effects of Resilience and Dispositional Hope on Positive Emotionality**
Arianna A. Delgado, Undergraduate student, Joey K. Smith, Ph.D. graduate student, Bradley T. Conner, Ph.D., Colorado State University
- (PS1-C69) The Interaction of Rumination and Negative Cognitive Styles on Depression**
Arishna Agarwal, M.A., Han Na Lee, M.A., Angie Bush, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University
- (PS1-C70) Accounting for Sex Differences in Depression: The Distinct Contributions of a Sense of Autonomy and Positive Relations with Others**
Aslihan Imamoglu, B.S., Brad A. Brown, B.S., Fallon Goodman, M.A., James Doorley, M.A., Todd Kashdan, Ph.D., George Mason University
- (PS1-C71) Client Preferences for Depression-Related Interventions**
Ava J. Reck, B.S., Joshua J. Broman-Fulks, Ph.D., Taylor Szucs, Appalachian State University
- (PS1-C72) A Problem-solving Approach to Distress Intolerance and Depression**
Brad A. Brown, B.S., Aslihan Imamoglu, B.S., David Disabato, Ph.D., Fallon Goodman, M.A., Todd Kashdan, Ph.D., Bradley A. Brown, George Mason University
- (PS1-C73) Metacognitive Beliefs and Cognitive Control in Depression**
Brage Kraft¹, Rune Jonassen¹, Tore Stiles², Nils Inge Landrø¹, 1. University of Oslo, 2. NTNU
- (PS1-C74) Effects of Attention Bias Modification in Residual Depression: A Computational Network Approach**
Brage Kraft¹, Alexandre Heeren, Ph.D.², Rune Jonassen¹, Catherine Harmer³, Nils Inge Landrø¹, 1. University of Oslo, 2. Université catholique de Louvain, 3. University of Oxford
- (PS1-C75) Seasonal Beliefs and Dysfunctional Attitudes in Seasonal and Nonseasonal Major Depressive Disorder: Evidence for a SAD-Specific Cognitive Vulnerability**
Brandy E. Nunez, B.S.¹, Kelly J. Rohan, Ph.D.², Kathryn A. Roecklein, Ph.D.¹, 1. University of Pittsburgh, 2. University of Vermont
- (PS1-C76) Temporal Stability of Reward Responsiveness in a Clinical Sample**
Gabriela K. Khazanov, M.A.¹, Courtney Forbes, M.A.², Ayelet M. Ruscio, Ph.D.¹, 1. University of Pennsylvania, 2. University of Toledo

Poster Session 1D

PTSD

PS1

Key Words: Trauma, Psychometrics, Assessment

- (PS1-D77) **Development and Psychometric Properties of the Functional Impairment Post Sexual Assault (FIPSA) Scale**
Aaron Baker, Ph.D., Brittany Tolstoy, M.S., Katherine S. Courtney, M.S., Marquis Gardner, M.S., Niki Sarrafian, M.S., Anushka Gokhale, M.S., University of La Verne
- (PS1-D78) **Self Disgust Mediates the Relation Between Trauma-related Self-blame and PTSD Symptoms in Veterans**
Adam P. McGuire, Ph.D.¹, Lisa M. Anderson, Ph.D.², Kevin M. Connolly, Ph.D.³, 1. VISN 17 Center of Excellence for Research on Returning War Veterans, 2. University of Minnesota, 3. Alvin C. York VA Medical Center
- (PS1-D79) **Utilization of Social Supports Among Trauma Survivors: Relations With Rumination and Hostility**
Adam J. Ripley, M.S., Shira Kern, M.S., Ryan M. Kozina, M.S., Mary K. Lear, M.S., Joshua D. Clapp, Ph.D., University of Wyoming
- (PS1-D80) **Race/Ethnicity as a Moderator in the Association Between PTSD Symptom Severity and Cannabis Use**
Alisa Payne, Nathan T. Kearns, M.S., Renee Cloutier, M.S., Quadreon Miller, Heidemarie Blumenthal, Ph.D., University of North Texas
- (PS1-D81) **Posttraumatic Stress Disorder and Substance Use Disorders: Examining Dropout and Substance Use Following Imaginal Exposure**
Amber M. Jarnecke, Ph.D.¹, Nicholas Allan, Ph.D.², Christal Badour, Ph.D.³, Julianne C. Flanagan, Ph.D.¹, Therese Killeen, Ph.D.¹, Sudie E. Back, Ph.D.¹, 1. Medical University of South Carolina, 2. Ohio University, 3. University of Kentucky
- (PS1-D82) **Examination of the Heterogeneity in PTSD and Impulsivity Facets: A Latent Profile Analysis.**
Ateka Contractor, Ph.D.¹, Stephanie Caldas, M.A.¹, Nicole H. Weiss, Ph.D.², Anna Chelsea Armour, Ph.D.³, 1. University of North Texas, 2. University of Rhode Island, 3. Ulster University
- (PS1-D83) **Mindfulness Predicts Decreased Psychophysiological Responding Following Exposure for Participants with PTSS**
Benjamin Darnell, B.S., Anthony Reffi, B.A., David Valentiner, Ph.D., Northern Illinois University
- (PS1-D84) **Fear and Distress Across Mood and Anxiety-related Symptoms: Clarifying Their Relationship to PTSD Symptom Clusters**
Danielle M. Cooper, M.A., M.S.¹, Marija Volarov, M.A.², Kateryna Kolmogorova, B.A.², Nicholas Allan, Ph.D.², 1. Ann Arbor Veterans Healthcare System, Ohio University, 2. Ohio University

- (PS1-D85) Evaluating the Effectiveness of Seeking Safety Treatment on Homeless Women who have Substance Use Disorders and have Experienced Trauma**
Danniella E. Jones, M.A., Amber J. Gorzynski, M.A., Sarah Denen, B.A., Norah Chapman, Ph.D., Spalding University
- (PS1-D86) Confirmatory Factor Analysis and Incremental Validity of the Metacognitions Questionnaire-PTSD**
David Valentiner, Ph.D., Benjamin Darnell, B.S., Anthony Reffi, B.A., Northern Illinois University
- (PS1-D87) Trauma Exposure, PTSD and Smoking: Evaluation of the Psychosocial and Clinical Characteristics of Smokers**
Julie Petersen, B.S.¹, Yinyin Zang, Ph.D.², Antonia Kaczurkin, Ph.D.², Jafar Bakhsaie, M.D.³, Amanda M. Raines, Ph.D.⁴, Brad B. Schmidt, Ph.D.⁵, Edna Foa, Ph.D.⁶, Michael Zvolensky, Ph.D.⁷, 1. Center for the Treatment and Study of Anxiety, University of Pennsylvania, 2. University of Pennsylvania, 3. University of Houston, 4. South Central Mental Illness Research Education and Clinical Center, 5. FSU, 6. Perelman School of Medicine at the University of Pennsylvania, 7. University of Houston and The University of Texas MD Anderson Cancer Center
- (PS1-D88) Integrated Treatment for PTSD and Substance Use Disorders: The Impact of Sexual Trauma on Outcome**
Gili Z. Oman, B.A., Amber M. Jarnecke, Ph.D., Casey D. Calhoun, Ph.D., Taylor F. Laffey, B.S., Callah M. Davis, B.A., Julianne C. Flanagan, Ph.D., Sudie E. Back, Ph.D., Medical University of South Carolina
- (PS1-D89) Posttraumatic Stress and Problematic Alcohol Use in College Students: The Moderating Role of Alcohol Protective Behavioral Strategies**
Hallie R. Jordan, B.S.¹, Michael B. Madson, Ph.D.¹, Daniel W. Capron, Ph.D.¹, Bonnie C. Nicholson, Ph.D.¹, Adrian J. Bravo, Ph.D.², Matthew R. Pearson, Ph.D.², 1. University of Southern Mississippi, 2. Center of Alcoholism, Substance Use, and Addictions, University of New Mexico
- (PS1-D90) Exploring the Association Between Facets of Mindfulness and PTSD Among Treatment-Seeking Veterans**
Hasan Mustafic, B.A.¹, Adam G. Horwitz, Ph.D.¹, Philip Held, Ph.D.¹, Patricia Normand, M.D.¹, Mark H. Pollack, M.D.², Alyson K. Zalta, Ph.D.¹, 1. Rush University Medical Center, 2. Rush Medical College
- (PS1-D91) A Novel Topographical Map Approach to Visually Display the Efficacy of PTSD Intervention Components**
Hayley E. Fitzgerald, B.A.¹, Eugenia Gorlin, Ph.D.¹, Aliza Stein, B.A.², Samantha Moshier, Ph.D.³, Damion Grasso, Ph.D.⁴, Jacob Roden-Foreman, B.A.⁵, Mark Powers, Ph.D.², Michael W. Otto, Ph.D.¹, 1. Boston University, 2. The University of Texas at Austin, 3. VA Boston Healthcare System, 4. University of Connecticut, 5. Baylor University
- (PS1-D92) Association Between Tobacco Use, PTSD Symptom Clusters, and Mood Among Veterans Presenting to a VA Outpatient Posttraumatic Stress Disorder Clinic**
Heather M. Cochran, Ph.D.¹, Katherine Porter, Ph.D.¹, Minden B. Sexton, Ph.D.², Erin Smith, Ph.D.¹, 1. Ann Arbor Veterans Healthcare System, 2. Ann Arbor Veterans Administration Healthcare System

(PS1-D93) A Network Analysis of Posttraumatic Stress Disorder Symptoms in Adult Victims of Sexual Abuse

James Kyle. Haws, M.A., Alexandra Brockdorf, B.A., Emily A. Sonnen, B.A., David DiLillo, Ph.D., Arthur R. Andrews, Ph.D., University of Nebraska-Lincoln

(PS1-D94) Moral Injury Appraisals and Psychopathology in Refugees: A Structural Equation model

Joel Hoffman, B.A.¹, Belinda Liddell, Ph.D.¹, Richard A. Bryant, Ph.D.², Angela Nickerson, Ph.D.³, 1. Refugee Trauma and Recovery Program, School of Psychology, University of New South Wales, Sydney, Australia, 2. UNSW Sydney, 3. Refugee Trauma and Recovery Program, School of Psychology, University of New South Wales, Sydney, Australia.

(PS1-D95) Cognitive Appraisals and Psychopathology in Refugees: A Latent Profile Analysis of Moral Injury Cognitions

Joel Hoffman, B.A.¹, Belinda Liddell, Ph.D.¹, Richard A. Bryant, Ph.D.², Angela Nickerson, Ph.D.³, 1. Refugee Trauma and Recovery Program, School of Psychology, University of New South Wales, Sydney, Australia, 2. UNSW Sydney, 3. Refugee Trauma and Recovery Program, School of Psychology, University of New South Wales, Sydney, Australia.

(PS1-D96) Comorbid PTSD and Depression Among Active Duty Military Members

John Moring, Ph.D.¹, Erica Nason, Ph.D.², Willie Hale, Ph.D.¹, Jennifer Schuster Wachen, Ph.D.³, Katherine A. Dondanville, Psy.D.¹, Jim Mintz, Ph.D.¹, Brett T. Litz, Ph.D.³, Jeffrey Yarvis, Ph.D.⁴, Alan Peterson, Ph.D.¹, Patricia Resick, ABPP, Ph.D.⁵, 1. University of Texas Health Science Center at San Antonio, 2. Texas State University, 3. Boston University School of Medicine & National Center for PTSD, 4. Carl R. Darnall Army Medical Center, 5. Duke University School of Medicine

(PS1-D97) Exploring the Role of Anxiety Sensitivity Cognitive Concerns and Response to Intrusions in PTSD Prevention

Joseph W. Boffa, III., M.S.¹, Brad B. Schmidt, Ph.D.², Brian J. Albanese, B.A.¹, 1. Florida State University, 2. FSU

(PS1-D98) The Role of Insomnia Symptoms in Predicting Reactivity to Personalized Trauma Script Driven Imagery

Nicole A. Short, M.Sc.¹, Alexa Raudales, B.A.¹, Emmalina Mozier, B.S.¹, Brad B. Schmidt, Ph.D.², 1. Florida State University, 2. FSU

(PS1-D100) Examining the Mechanisms Underlie the Association of PTSD and Nicotine Dependence: A Parallel Multiple Mediator Analysis

Julie Petersen, B.S.¹, Yinyin Zang, Ph.D.², Antonia Kaczurkin, Ph.D.², Jafar Bakhshai, M.D.³, Amanda M. Raines, Ph.D.⁴, Brad B. Schmidt, Ph.D.⁵, Edna Foa, Ph.D.⁶, Michael Zvolensky, Ph.D.⁷, 1. Center for the Treatment and Study of Anxiety, University of Pennsylvania, 2. University of Pennsylvania, 3. University of Houston, 4. South Central Mental Illness Research Education and Clinical Center, 5. FSU, 6. Perelman School of Medicine at the University of Pennsylvania, 7. University of Houston and The University of Texas MD Anderson Cancer Center

Poster Session 2A

Eating Disorders

PS2

Key Words: *Eating Disorders, Anxiety, Mindfulness*

(PS2-A1) Avoidance Predicts Lower Anxiety in the Short-term but Increased Eating Disorder Symptoms Over Time

Inira Vanzhula, M.S.¹, Margarita Sala, M.A.², Caroline B. Christian, B.A.¹, Cheri A. Levinson, Ph.D.³, 1. University of Louisville, 2. Southern Methodist University, 3. The University of Louisville

(PS2-A2) Core Symptoms of Eating Disorders: Using Network Analysis to Examine Variability Across Eating Disorder Diagnoses

Inira Vanzhula, M.S.¹, Caroline B. Christian, B.A.¹, Victoria Perko, B.A.², Cheri A. Levinson, Ph.D.³, Kelsie Forbush, Ph.D.², Jenna Tregarthen, Ph.D.⁴, 1. University of Louisville, 2. University of Kansas, 3. The University of Louisville, 4. Recovery Record

(PS2-A3) Social Appearance Anxiety Moderates the Relationship Between Thin Ideal Internalization and Eating Disorder Symptoms

Leigh C. Brosf, B.A.¹, Betty Ngo², Cheri A. Levinson, Ph.D.³, 1. University of Louisville, 2. duPont Manual High School, 3. The University of Louisville

(PS2-A4) Maladaptive Perfectionism Uniquely Contributes to Eating Disorder Impairment

Leigh C. Brosf, B.A.¹, William B. Adams, High School¹, Cheri A. Levinson, Ph.D.², 1. University of Louisville, 2. The University of Louisville

(PS2-A5) Problematic Drinking and Binge Eating: The Impact of Avoidant Coping Styles on Clinical Impairment

Angeline R. Bottera, B.A., Lauren M. Zimmerman, B.A., Kyle P. De Young, Ph.D., University of Wyoming

(PS2-A6) An Examination of Co-occurring Psychopathology Among Three Avoidant/Restrictive Food Intake Disorder Profiles

Ani Keshishian, B.A.¹, Kendra Becker, Ph.D.¹, Olivia B. Wons, B.S.¹, Elisa Asanza, N.P.¹, Reitumetse L. Pulumo, B.S.¹, Madhusmita Misra, M.D.¹, Kamryn Eddy, Ph.D.¹, Elizabeth A. Lawson, M.D.², Nadia Micali, M.D.¹, Jennifer Thomas, Ph.D.¹, 1. Massachusetts General Hospital, 2. Massachusetts General Hospital/Harvard Medical School

(PS2-A7) Transactions Between Depression and Thinness Expectancies Predict Weight Restricting Behaviors in Youth

Anna Marie L. Ortiz, B.A., Heather A. Davis, M.S., Gregory T. Smith, Ph.D., University of Kentucky

- (PS2-A8) Cognitive Dissonance-Based Eating Disorders Prevention: Results of a Cultural Adaptation for the Orthodox Jewish Community**
Arielle C. Feldman, M.A.¹, Kathryn M. Huryk, B.A.¹, Devorah Levinson², Sara Markowitz, Ph.D.³, Shoshana Friedman, Psy.D.⁴, Eric Stice, Ph.D.⁵, Katharine L. Loeb, Ph.D.¹, 1. Fairleigh Dickinson University, 2. Eating Disorders Division of Relief Resources, 3. The Center for Applied Psychology, 4. Bruriah High School Counseling and Guidance Services, 5. Oregon Research Institute
- (PS2-A9) Measurement of Beliefs and Attitudes Towards Food in Youth: Psychometric Evaluation of the Food-Life Questionnaire (FLQ) in an Adolescent Population**
Arielle S. Wolinsky, M.A.¹, Julia M. Holmes, Ph.D.¹, Charlotte N.H. Markey, Ph.D.², 1. University at Albany, State University of New York, 2. Rutgers University
- (PS2-A10) Meditating Your Way to a Healthy Body Image: A Comparison of Loving Kindness Meditation and Mindful Breathing**
Bridget A. Hearon, Ph.D., Stephanie Michel, B.A., Albright College
- (PS2-A11) Pressures on Appearance: Differences Across Ethnicities**
Brooke L. Bennett, M.S.¹, Katrina Obleada, M.A.¹, Allison Wagner, M.A.², Rachel Marshall, M.A.¹, Janet Latner, Ph.D.¹, 1. University of Hawai'i at Manoa, 2. University of Hawaii at Manoa
- (PS2-A12) Subscription to Gender Roles as a Predictor of Thin-Ideal and Muscular-Ideal Internalization**
Brooke L. Bennett, M.S.¹, Allison Wagner, M.A.², Kaitlin Hill, M.A.¹, Janet Latner, Ph.D.¹, 1. University of Hawai'i at Manoa, 2. University of Hawaii at Manoa
- (PS2-A13) Shared and Unique Vulnerabilities for Alcohol Abuse and Binge Eating**
Caroline B. Christian, B.S., Cheri A. Levinson, Ph.D., The University of Louisville
- (PS2-A14) Prevalence of Eating Disorders, Suicidality, and Non-suicidal Self Injury in a Sample of Low-income, Ethnic Minority Adolescents**
Carolyn Spiro, M.S., Rachel Terry, M.S., Lindsey Wallace, M.A., Michelle Lupkin, Ph.D., Montefiore Medical Center
- (PS2-A15) The Association Between Social Media and Eating Disorder Risk: Exploring a Specific Mechanism of Action**
Catherine E. Byrne, M.A., Sophia Yedigarian, B.A., Naomi Pak, B.A., Hans Christian Lauritzen, Jose Dinh, Sarah Fischer, Ph.D., George Mason University
- (PS2-A16) Development of the Japanese Version of the Eating Disorder Diagnostic Scale—DSM-5 and Prevalence Estimation of Eating Disorders in Japan**
Chisato Kuribayashi, M.A.¹, Masaya Takebe, Ph.D.², Satsuki Ueda, M.A.³, Eric Stice, Ph.D.⁴, Hiroshi Sato, Ph.D.¹, 1. Kwansei Gakuin University, 2. Rissho University, 3. Kansai Medical University, 4. Oregon Research Institute
- (PS2-A17) Interpersonal Problems in Residential Eating Disorder Patients: Differences by Diagnosis**
Christina R. Felonis, B.A.¹, Hallie M. Espel-Huynh, M.S.², 1. The Renfrew Center, 2. Drexel University
- (PS2-A18) Interpersonal Problems in Residential Eating Disorder Patients: Predicting Treatment Outcomes**
Christina R. Felonis, B.A.¹, Adela Scharff, B.S.², Hallie M. Espel-Huynh, M.S.³, 1. The Renfrew Center, 2. Temple University, 3. Drexel University

(PS2-A19) Examining Associations Between Eating Pathology and Social Media Behaviors in Male and Female College Students.

Christina Scharmer, B.A.¹, Joseph M. Donahue, M.A.¹, Drew Anderson, Ph.D.², 1. University at Albany, State University of New York, 2. Department of Psychology, University at Albany, SUNY

(PS2-A20) Self-Compassion Moderates the Association Between Compulsive Exercise and Eating Pathology

Christina Scharmer, B.A.¹, Joseph M. Donahue, M.A.¹, Yael Dror², Kira Githens², Nicole Nunez², Taylor Swanson², Drew Anderson, Ph.D.³, 1. University at Albany, State University of New York, 2. SUNY Albany, 3. Department of Psychology, University at Albany, SUNY

(PS2-A21) Understanding Driven Exercise Behaviors in College Undergraduates: Do Body Image and Eating Pathology Matter?

Christina Scharmer, B.A.¹, Joseph M. Donahue, M.A.¹, Drew Anderson, Ph.D.², 1. University at Albany, State University of New York, 2. Department of Psychology, University at Albany, SUNY

(PS2-A22) Rapid Improvements in Emotion Regulation Predict 6-Month Follow-Up Outcomes in Individuals with Bulimia Nervosa and Purging Disorder

Danielle E. MacDonald, Ph.D., Kathryn Trottier, Ph.D., 1) University Health Network 2) University of Toronto

(PS2-A23) Implicit Body Dissatisfaction Predicts Disordered Eating Behaviors

Elizabeth A. Velkoff, M.A., April R. Smith, Ph.D., Miami University

Exhibit Hall B South

Poster Session 2B

Comorbidity - Substance Use and Other; Addictive Behaviors

PS2

Key Words: *Substance Abuse, Emotion Regulation*

(PS2-B24) Emotional Dysregulation and Coping Motives in Opioid-Dependent Outpatients

Alexandra K. Gold, M.A.¹, Michael W. Otto, Ph.D.¹, Georgia Stathopoulou, Ph.D.², 1. Boston University, 2. Massachusetts General Hospital/Harvard Medical School

(PS2-B25) Environmental Reward, Goal-Directed Activation, and Depressive Symptoms as Predictors of Nicotine Patch Adherence in a Randomized Controlled Trial of Behavioral Activation for Smoking Cessation

Elana Hoffman, Ph.D.¹, Julia Felton, Ph.D.², Laura MacPherson, Ph.D.³, Andrea Chronis-Tuscano, Ph.D.², 1. University of Maryland College Park, 2. University of Maryland-College Park, 3. University of Maryland Medical Center

- (PS2-B26) Marijuana and Tobacco Smoking: Exposure to Toxins and the Influence of Cigarette Brand Selection**
Ellen M. Meier, Ph.D.¹, Eric Donny, Ph.D.², Stephen Hecht, Ph.D.¹, Steven Carmella, Ph.D.¹, Sharon Murphy, Ph.D.¹, Xiangua Lou, Ph.D.¹, Irina Stepanov, Ph.D.¹, Nathan Rubin, M.S.¹, Dorothy Hatsukami, Ph.D.¹, 1. University of Minnesota, 2. Wake Forest University
- (PS2-B27) Non-daily Smokers Responses to Measures of Nicotine Dependence**
Emily Carlson, B.A.¹, Kevin Conway, Ph.D.², Nathaniel R. Herr, Ph.D.¹, David A.F. Haaga, Ph.D.¹, 1. American University, 2. RTI International
- (PS2-B28) The Association Between Attention Deficit Hyperactivity Disorder Symptoms and Nonmedical Use of Prescription Stimulants**
Emily Junkin¹, Nicole Schultz, M.A.¹, Mark Silvesti, Ph.D.², Bryan Messina, Ph.D.³, Christopher J. Correia, Ph.D.¹, 1. Auburn University, 2. Cincinnati VA Medical Center, 3. VA San Diego Healthcare System
- (PS2-B29) Addressing Myths Around Alcohol and HIV Treatment: A Target for Behavioral Intervention in HIV Care in South Africa**
Emily Satinsky, M.S.¹, Bronwyn Myers, Ph.D.², Lena S. Andersen, Ph.D.², John Joska, Ph.D.², Kristen S. Regenauer, B.A.³, Conall O'Cleirigh, Ph.D.³, Steven A. Safren, Ph.D.⁴, Jessica F. Magidson, Ph.D.¹, 1. University of Maryland, 2. University of Cape Town, 3. Massachusetts General Hospital, 4. University of Miami
- (PS2-B30) Incorporating Values Into Personalized Feedback Interventions for College Student Drinking: A Novel Approach**
Emma Brett, M.S., Susanna Lopez, B.S., Elly Leavens, M.S., Callee Falcon, Thad Leffingwell, Ph.D., Oklahoma State University
- (PS2-B31) Sensitivity of Purchase Tasks in Distinguishing Individual Differences in Risk Among Substance Users: A Literature Review**
Ivori Zvorsky, B.A., Tyler Nighbor, Ph.D., Allison Kurti, Ph.D., Stephen Higgins, Ph.D., University of Vermont
- (PS2-B32) Perceived Life Significance Moderates the Relationship Between Drinking Norms and Alcohol Use**
Jacob L. Scharer, M.A.¹, Veronica High, B.A.¹, Rachel Hibberd, Ph.D.², 1. University of Missouri - St. Louis, 2. Durham VA Medical Center
- (PS2-B33) Lay persons' perception of Alcohol Use and Binge Eating Disorders as addictions**
Jaime A. Coffino, M.P.H., M.A., Lauren Blau, B.S., Julia M. Hormes, Ph.D., University at Albany, State University of New York
- (PS2-B34) Risky Patterns of Alcohol Use Alter the Emotional Impact of Daily Events in the Real World**
Allegra S. Anderson, B.A.¹, Matthew G. Barstead, M.S.², Kathryn A. DeYoung, M.A.², Alexander J. Shackman, Ph.D.², 1. University of Maryland, College Park, 2. University of Maryland- College Park
- (PS2-B35) Seeking Safety and its Effect on Self-Efficacy in Addicted and Trauma-Exposed Women**
Amber J. Gorzynski, M.A., Danniella E. Jones, M.A., John Penezic, B.A., Lauren B. Peterson, B.A., Sarah Denen, B.A., Norah Chapman, Ph.D., Spalding University

- (PS2-B36) Mental Health and Substance Use Disorder Comorbidity Among Veterans With Cannabis Use Disorder**
Anthony H. Ecker, Ph.D., Julianna Hogan, Ph.D.¹, Stephanie Day, Ph.D.¹, Annette Walder, M.A.², Jan Lindsay, Ph.D.¹, 1. Michael E. DeBakey Veterans Affairs Medical Center, 2. VA South Central MIRECC
- (PS2-B37) Predicting Depressive Symptoms Among Alcohol and Marijuana Using College Students**
China R. Bolden, B.A., Jordan Skalisky, B.A., Amy H. Mezulis, Ph.D., Seattle Pacific University
- (PS2-B38) Differences in Drug and Alcohol Use Among Veterans With and Without Probable Traumatic Brain Injury Seeking Substance Use Treatment**
David Howard. Morris, Ph.D.¹, Andrew C. Hale, Ph.D.², Brian D. Gradwohl, M.S.³, Robert J. Spencer, ABPP, Ph.D.², Stephen T. Chermack, Ph.D.⁴, 1. VA Ann Arbor Healthcare/ University of Michigan, 2. VA Ann Arbor Healthcare System/University of Michigan, 3. VA Ann Arbor Healthcare System & Fuller Graduate School of Psychology, 4. Ann Arbor Veterans Healthcare System/ University of Michigan
- (PS2-B39) Barriers and Facilitators to Successful Implementation of an Evidenced Based Treatment for Youth in Louisiana**
Jennifer C. Piscitello¹, Georgia Shaheen, M.A.¹, Sam Robison, Ph.D.², 1. Louisiana State University, 2. Social Research and Evaluation Center, Louisiana State University
- (PS2-B40) Emotional Intelligence as a Predictor for High Risk Drinking in College Students**
Jordan A. Burko Macatee, B.A., Steven Pfeiffer, Ph.D., Florida State University
- (PS2-B41) Intersecting Stigmas of HIV and Substance Use: Barriers at Multiple Levels to HIV Self-care in South Africa**
Kristen S. Regenauer, B.A.¹, John Joska, Ph.D.², Bronwyn Myers, Ph.D.², Lena S. Andersen, Ph.D.², Sybil Majokweni, B.S.², Emily Satinsky, M.S.³, Abigail W. Batchelder, M.P.H., Ph.D.⁴, Conall O'Cleirigh, Ph.D.¹, Steven A. Safren, Ph.D.⁵, Jessica F. Magidson, Ph.D.³, 1. Massachusetts General Hospital, 2. University of Cape Town, 3. University of Maryland, 4. Massachusetts General Hospital/ Harvard Medical School, 5. University of Miami
- (PS2-B42) Taking the Blame Versus Taking Responsibility: Self-blaming Thinking About Nicotine Craving as a Mediator Between Depressive Symptoms and Smoking Outcomes**
Meagan A. Henry, M.A., Erin E. Shelton, Joshua C. Magee, Ph.D., Miami University

Poster Session 2C

Child / Adolescent - Externalizing; ADHD-Child

PS2

Key Words: ADHD- Child/Adolescent, Motivation, School

(PS2-C43) Associations of Specific Facets of Motivation with Academic Functioning in Adolescents with Attention-Deficit/Hyperactivity Disorder
Alex S. Holdaway, Ph.D., Paul A. Isaacson, M.A., Stephen P. Becker, Ph.D., Cincinnati Children's Hospital Medical Center

(PS2-C44) Factors Associated With Receiving Behavioral Treatment for Attention Deficit/Hyperactivity Disorder in a Nationally Representative Sample
Anne Morrow, M.S., Florida International University

(PS2-C45) Last Night's Sleep in Relation to Academic Achievement and Neurocognitive Functioning in Adolescents with and without ADHD
Caroline N. Cusick, B.Sc., Paul A. Isaacson, M.A.¹, Joshua M. Langberg, Ph.D.², Stephen P. Becker, Ph.D.¹, 1. Cincinnati Children's Hospital Medical Center, 2. Virginia Commonwealth University

(PS2-C46) Behavioral Parent Training for Preschool ADHD: The Influence of Child and Parental Factors on Change in Parenting and Child Outcomes
Chelsea Dale, B.A.¹, Justin Parent, Ph.D.¹, Rex Forehand, Ph.D.², Edmund Sonuga-Barke, Ph.D.³, Howard Abikoff, Ph.D.⁴, 1. Florida International University, 2. University of Vermont, 3. Kings College London, 4. Hassenfeld Children's Hospital at NYU Langone Medical Center

(PS2-C47) Examining Treatment Outcomes for Children with Attention Deficit-Hyperactivity Disorder in the Resilience Builder Program®
Christopher J. Senior, B.A.¹, Ashley A. Pallathra, B.A.², Mary K. Alword, Ph.D.³, Brendan A. Rich, Ph.D.², 1. The Catholic University of America, 2. Catholic University of America, 3. Alvord Baker & Associates

(PS2-C48) Social Functioning in Adolescents with ADHD: A Moderated Mediation Model of Emotion Dysregulation and Depression
Courtney Cleminshaw¹, George J. DuPaul, Ph.D.¹, Steven W. Evans, Ph.D.², Julie S. Owens, Ph.D.², Kristen Kipperman¹, Georgia Belk¹, Aliza Jaffe¹, 1. Lehigh University, 2. Ohio University

(PS2-C49) Depressed Mood Treatment Focus Predicts Progress on Anger, and Oppositional/Non-compliant Behavior but not Aggression in a Youth Public Mental Health Care System
Austen Taylor K.M. Matro, B.A., Daniel P. Wilkie, M.A., Brad J. Nakamura, Ph.D., Charles W. Mueller, Ph.D., University of Hawai'i at Manoa

- (PS2-C50) **The Modulating Role of Family Interaction in Adolescent Substance Users' Self-regulation**
Bonita Sur, M.S.¹, Audrey Cleary, Ph.D.², Michael J. Rohrbaugh, Ph.D.³, Emilio Ferrer, Ph.D.⁴, David Sbarra, Ph.D.¹, 1. University of Arizona, 2. University of Miami, 3. George Washington University, 4. University of California, Davis
- (PS2-C51) **Disruptive Behavior Progress in Youth Usual Care as a Function of Evidence-Based Practices for Disruptive Behavior and Depressed Mood**
Daniel P. Wilkie, M.A.¹, Brandon Moeller², Eric Daleiden, Ph.D.³, Charles W. Mueller, Ph.D.², 1. University of Hawaii at Manoa, 2. University of Hawai'i at Manoa, 3. PracticeWise, LLC
- (PS2-C52) **Dimensions of Sleep Health Predict Externalizing Behavior Problems in a Sample of Disadvantaged Preschoolers**
Daryl T. Cooley, B.A., Sandra T. Azar, Ph.D., Devin J. McGuire, M.S., William Horton, Ph.D., Paul A. Bartell, Ph.D., The Pennsylvania State University
- (PS2-C53) **Differential Associations Between Individual Characteristics and Proactive and Reactive Aggression**
Elizabeth C. Tampke, B.A., Paula Fite, Ph.D., University of Kansas
- (PS2-C54) **Maternal Psychopathology as a Moderator Between Father Psychopathology and Child Externalizing Behavior**
Emily N. Bailey, M.S., Craig D. Marker, Ph.D., Mercer University
- (PS2-C55) **The Relationship Between Mental Representations of Children with Oppositional Defiant Disorder (ODD) and Racial Bias in Clinician Diagnosis**
Isabel Ghisolfi, B.A., Columbia University
- (PS2-C56) **Compassion Meditation as an Intervention for At-Risk Elementary Aged Children**
Jeremy Jewell, Ph.D.¹, Taylor Herriman, M.S.², 1. Southern Illinois University Edwardsville, 2. Southern Illinois University Edwardsville
- (PS2-C57) **Parent Child-Interaction Therapy for Children with Oppositional Defiant Disorder and Functional Constipation: A Single Case Study**
Juliana Yanguas, M.S., Yukari Tomozawa, Psy.D., Nova Southeastern University
- (PS2-C58) **Using Physiology to Understand Associations Between Child Callous-Unemotional Traits (CU) and Trauma: Child Parasympathetic Arousal as a Function of CU and Trauma Exposure**
Kathleen I. Crum, Ph.D.¹, Joseph M. Aloï, B.S.², Jonathan S. Comer, Ph.D.³, Erica Musser, Ph.D.⁴, Angela Moreland, Ph.D.¹, Tommy Chou, M.A.⁴, Christina Flores, B.A.⁴, Michelle Lorenzo, B.A.⁴, 1. Medical University of South Carolina, 2. University of Nebraska Medical Center, 3. Mental Health Interventions and Technology (MINT) Program, Florida International University, 4. Florida International University
- (PS2-C59) **Eye Tracking: Unveiling the Mechanisms Between Callous-Unemotional Behaviors and Emotion Recognition in Young Children**
Lauren Delk, M.S.¹, Bradley White, Ph.D.², 1. Virginia Polytechnic Institute and State University, 2. Virginia Tech
- (PS2-C60) **A Reciprocal Model of Internalizing and Externalizing Dysfunction Across Adolescent Development**
Leila Guller, Ph.D., Gregory T. Smith, Ph.D., University of Kentucky

- (PS2-C61) **Internalizing and Externalizing Symptoms' Relation to Risky Sexual Behavior in Adolescence: A Systematic Review**
Melanie C. Morse, M.S., Kate Flory, Ph.D., University of South Carolina
- (PS2-C62) **Moderating Effects of Parent Monitoring and the Parent-child Relationship on Early Child Temperament and the Development of Delinquency in Adolescence: A Longitudinal Study of Coercive Family Cycles**
Monica Martinez, M.A., Laurel Casillas, M.A., Thu Nguyen, M.A., Karina Turner, B.A., Paige Patterson, B.S., Sara Elkins, Ph.D., University of Houston - Clear Lake
- (PS2-C63) **Proactive Aggression as a Predictor of Cortisol Reactivity in Youth**
Rachel Clegg, M.S., Stephanie Emhoff, M.A., Samantha Barry, Ph.D., Ari Rabkin, Ph.D., Alison Rivers, Ph.D., Bridget Szczypinski, M.A., Elana Gordis, Ph.D., University at Albany, State University of New York
- (PS2-C64) **Child ADHD Symptoms Moderate the Relation Between Parental Support and Parental Stress**
Robyn S. Herbert, B.S., Alexis Fuller, B.A., Tammy D. Barry, Ph.D., Washington State University
- (PS2-C65) **The Relation Between Child Executive Functioning and Callous-Unemotional Traits**
Robyn S. Herbert, B.S., Alexis Fuller, B.A., Tammy D. Barry, Ph.D., Washington State University
- (PS2-C66) **Peer Emotion Socialization, Anger Regulation, and Aggressive Behavior in Early Adolescence**
Sara Franklin-Gillette¹, Janice Zeman, Ph.D.², 1. College of William and Mary, 2. College of William and Mary
- (PS2-C67) **HOT DOCS: Preliminary Evaluation and Clinical Utility in an Outpatient Clinic**
Sara Hinojosa, Ph.D., Jaime Benson, Ph.D., Michael Schwartz, Ph.D., Susan Perkins-Parks, Ph.D., Behavior Management Clinic, The Kennedy Krieger Institute
- (PS2-C68) **The Role of Inattention in the Relationship Between Executive Function and Externalizing Problems**
Savannah L. King, B.A.¹, Nicole M. Ferretti, B.S.¹, Matthew A. Jarrett, Ph.D.¹, Thomas H. Ollendick, Ph.D.², 1. The University of Alabama, 2. Virginia Polytechnic Institute and State University
- (PS2-C69) **Conduct Problems: College Student Beliefs about a Truth and a Myth**
Stephen Hupp, Ph.D., Jeremy Jewell, Ph.D., LeAnna Kehl, B.A., Miranda Meeker, B.A., Emily Fischer, B.A., Southern Illinois University Edwardsville

Poster Session 2D

Technology; Professional / Inter-professional Issues; Child / Adolescent - Trauma / Maltreatment; Education, Training, and Supervision - Graduate / Undergraduate/ Postdoctoral

PS2

Key Words: *Professional Issues, Career Development, Service Delivery*

- (PS2-D70) **Cost Borne by the Clinician: Comparing Burnout Between DBT and Non-DBT Clinicians**
Craig A. Warlick, M.Sc.¹, Nicole Farmer, Ph.D.², Kaylee Vigil, Ph.D.³, Bruce Frey, Ph.D.¹, Thomas Krieshok, Ph.D.¹, Juliet Nelson, Ph.D.⁴, 1. University of Kansas, 2. Southern Arizona VA Medical Center, University of Kansas, 3. Western Reception Diagnostic and Correctional Center, 4. Bert Nash Center
- (PS2-D71) **Running on Fumes: Predictors of Professional Burnout and Compassion Satisfaction in 911 Telecommunicators**
Emily A. Rooney, M.A., Genelle K. Sawyer, Ph.D., The Citadel
- (PS2-D72) **Phone Coaching and Burnout Among Clinicians at an Outpatient Dialectical Behavior Therapy Center**
Kerry Haddock, M.A.¹, Madelaine Ellberger, LCSW, MSEd², Jennifer Byrnes, Ph.D.³, 1. Hofstra University, 2. Center for Cognitive and Dialectical Behavior Therapy, 3. Cognitive Behavioral Therapy and Dialectical Behavior Therapy
- (PS2-D73) **The Influence of Social Skills, Problem Solving Skills and Rumination on Burnout During Nursing Education**
Misuzu Matsumoto, B.A.¹, Yoshitaka Saito, M.A.¹, Kohei Kambara, M.D.¹, Akiko Ogata, Ph.D.¹, Sayaka Tanabe, M.A.², Hanae Minami, M.A.², Minoru Takebayashi, Ph.D.², 1. Hiroshima University, 2. National Hospital Organization Kure Medical Center and Chugoku Cancer Center
- (PS2-D74) **A Multidimensional Approach to Preventing and Managing Participant Perpetrated Harassment in Research Settings**
Shelby E. Zuckerman, Psy.D.¹, Christina L. Goodwin, Ph.D.¹, Jane A. Driver, M.P.H., M.D.¹, Jillian C. Shipherd, Ph.D.², DeAnna L. Mori, Ph.D.¹, 1. VA Boston Healthcare System, 2. Veterans Health Administration; VA Boston Healthcare System; National Center for PTSD; Boston University School of Medicine
- (PS2-D75) **Longitudinal Evaluation of a New Rating Scale Assessing Supervisor Competency in Delivering Clinical Supervision**
Andrea K. Graham, Ph.D.¹, Steven Miller, Ph.D.², Pooja Dave, Ph.D.³, Shona N. Vas, Ph.D.⁴, 1. Northwestern University, 2. Rosalind Franklin University of Medicine and Science, 3. Cambridge Health Alliance/Harvard Medical School, 4. The University of Chicago

- (PS2-D76) **Psychological Flexibility and Student-Centered Learning**
Caitlin T. Daigle, B.S., Brooke Loiseau, B.S., Michael J. McDermott, Ph.D., University of Louisiana at Lafayette
- (PS2-D77) **The Barriers to Referral and Influences on Clinical Decision-Making for Pediatric Emotional Disorders**
Hannah C. Curran, Claudia Maynard, Jasmine Huffman, Nicholas D. Mian, Ph.D., University of New Hampshire at Manchester
- (PS2-D78) **Design and Implementation of an Objective Structured Clinical Examination (OSCE) for Evaluating Clinical Psychology Students**
Jeffrey L. Goodie, Ph.D., ABPP, Layne Bennion, Ph.D., Natasha Schwey, Ph.D., Michael Montgomery, B.S., Uniformed Services University of the Health Sciences
- (PS2-D79) **Providing Education and Training in Cognitive-Behavioral Therapy to Social Workers: Facilitating Learning through a Department-Wide Initiative**
Olita Day-Berger, LCSW¹, Arabelle Rowe, LCSW¹, Patricia Marino, Ph.D.², Victoria Wilkins, Ph.D.², 1. NewYork-Presbyterian Hospital, 2. Weill Cornell Medicine
- (PS2-D80) **Development of a Training Curriculum for Competency-based Supervision**
Shona N. Vas, Ph.D., Matthew Young, Ph.D., The University of Chicago
- (PS2-D81) **Identifying What Works: Improving Measurement Feedback Systems for Measurement-Based Care**
Alexandra Paige Peterson, M.Sc., Corey Fagan, Ph.D., University of Washington, Seattle
- (PS2-D82) **Fear of Missing Out Mediates Relations Between Social Anxiety and Problematic Facebook Use**
Abigail E. Dempsey, B.A., Kelsey O'Brien, Mojisola Tihamiyu, Ph.D., Jon D. Elhai, Ph.D., University of Toledo
- (PS2-D83) **How Well do Individuals Recognize Their EMA Data? The Role of Alexithymia**
Alec C. Trahan, Joseph Pinzon, William D. Ellison, Ph.D., Trinity University
- (PS2-D84) **Exploring the Feasibility of an Online Measurement Feedback System With Emerging Adults**
Alyssa J. Gatto, M.S., Aadila Lynch, Lee Cooper, Ph.D., Virginia Polytechnic Institute and State University
- (PS2-D85) **Feasibility and Acceptability of a Mobile Mental Health Intervention for Homeless Youth**
Angela C. Glover, B.A.¹, Anne Rufa, Ph.D.¹, Alyson K. Zalta, Ph.D.¹, Stephen M. Schueller, Ph.D.², Nirvanjan Kamik, M.D., Ph.D.¹, 1. Rush University Medical Center, 2. Northwestern University Feinberg School of Medicine
- (PS2-D86) **Relationship with Therapist or Relationship With the Program in Guided Internet-based Cognitive Behavioral Therapy for Panic Disorder: Development, Course, and Associations with Outcome**
Asher Y. Strauss, M.A.¹, Asala Halaj, M.A.¹, Dina Zalaznik, M.A.¹, Isaac Fradkin, M.A.¹, Gerhard Andersson, Ph.D.², Jonathan D. Huppert, Ph.D.¹, Asher Y. Struss, M.A., 1. The Hebrew University of Jerusalem, 2. Linköping University

- (PS2-D87) **I Can Hear It in Your Voice: A Weakly Supervised Machine Learning Framework for Detecting Social Anxiety and Depression Symptoms from Features of Speech**
Asif Salekin, M.S., Jeremy W. Eberle, B.S., B.A., Jeffrey J. Glenn, M.A., Bethany A. Teachman, Ph.D., John A. Stankovic, Ph.D., University of Virginia
- (PS2-D88) **The eTAP: A Brief Measure of Attitudes and Process in e- Interventions for Mental Health**
Bonnie A. Clough, Ph.D., School of Applied Psychology, Griffith University
- (PS2-D89) **Not All Activities are Created Equal: Using Brief Behavioral Activation (BA) in an Online Intervention**
Caitriona Tilden, B.A.¹, Tyler Lyckberg, B.A.², Melissa J. Bond, B.A.², Taylor N. Stephens, B.A.¹, Ricardo F. Muñoz, Ph.D.², Eduardo L. Bunge, Ph.D.¹, 1. Children and Adolescents Psychotherapy and Technology (CAPT) Research Lab at Palo Alto University, 2. Institute for International Internet Interventions for Health (i4Health), Palo Alto University, Palo Alto, CA
- (PS2-D90) **Development of the Parent and Child Technoconflict Scale (PACTS)**
Danielle Francois, M.S., Camilo Ortiz, Ph.D., Long Island University
- (PS2-D91) **Exploring How Technology Can Enhance Mental Health Treatment for Transitional Aged Women with Co-occurring Substance Use**
Dawn E. Sugarman¹, Meghan E. Reilly, B.A.¹, Scott L. Rauch, M.D.¹, Shelly F. Greenfield, M.P.H., M.D.², 1. McLean Hospital, 2. McLean Hospital/Harvard Medical School
- (PS2-D92) **Smartphone Mindfulness to Reduce Anxiety and Worry: A Randomized Trial**
Deah Abbott, B.A., Caleb W. Lack, Ph.D., University of Central Oklahoma
- (PS2-D93) **Pilot Study on UpLift - A Computerized Cognitive Behavioral Therapy Mobile App for Depression**
Eddie Liu, B.S.¹, Aislinn Pluta, MAPP¹, Keith S. Dobson, Ph.D.², 1. UpLift, 2. University of Calgary
- (PS2-D94) **Interest in Mobile Applications for Mental Health Among Veterans**
Emy Willis, B.A.¹, Mark Greenbaum, M.A.², Beth Jaworski, Ph.D.², Margaret-Anne Mackintosh, Ph.D.², Eric Kuhn, Ph.D.³, Robert H. Pietrzak, Ph.D.⁴, Jason Owen, Ph.D.², 1. University of Central Florida, 2. National Center for PTSD, Veterans Affairs Palo Alto Health Care System, 3. National Center for PTSD, Veterans Affairs Palo Alto Health Care System, and Stanford University School of Medicine, 4. National Center for PTSD, VA Connecticut Healthcare System & Yale University School of Medicine, Department of Psychiatry
- (PS2-D95) **The Day Reconstruction Method for Repetitive Thinking: Preliminary Validation of a Novel Computerized Assessment Tool**
Eve A. Rosenfeld, B.A.¹, John Roberts, Ph.D.², 1. The State University at New York, The University at Buffalo, 2. The State University of New York at Buffalo
- (PS2-D96) **Effects of Pre-Treatment Expectations on Program Satisfaction and Reported Barriers in an Online Anxiety and Depression Intervention for University Students**
Hayley R. Hammons, Giovanni Ramos, B.A., Denise Chavira, Ph.D., Leslie Rith-Najarian, M.A., University of California Los Angeles

- (PS2-D97) **Associations Between Forms of Peer Victimization and Depressive Symptoms Among Middle School Youth Over an Academic Year**
Kathleen I. Diaz, M.A.¹, Paula Fite, Ph.D.², 1. Clinical Child Psychology Program University of Kansas, 2. University of Kansas
- (PS2-D98) **Scoping Review of Sleep Apps for Youth: What's Available and What's Needed**
Kristin Maich, M.A.¹, Rana Abujazar, B.A.¹, Rachael Burnett, B.A.², Carly Cosgrove, B.A.¹, William Maich, B.S.³, Nouran Sakr, B.A.⁴, Colleen Carney, Ph.D.¹, 1. Ryerson University, 2. Centre for Addiction and Mental Health, 3. St. Joseph's Healthcare, Hamilton, 4. University of Toronto
- (PS2-D99) **Does MoodTools, a Depression Self-help Smartphone App, Circumvent Traditional Barriers to Care for People Who Need It?**
Langting Su, B.S., Page L. Anderson, Ph.D., Georgia State University
- (PS2-D100) **The Effects of Adverse Childhood Experiences on Children's Flourishing and Mental Health & Protective Community Factors**
Atara Siegel, B.A.¹, Elisabeth J. O'Rourke, M.A.², Joseph Bettcher, M.A.², Anna J. Yeo, M.A.², Leslie F. Halpern, Ph.D.², 1. University at Albany, 2. University at Albany, State University of New York

11:00 a.m. – 12:00 p.m.

Exhibit Hall B South

Poster Session 3A

Parenting/Families

PS3

Key Words: *Parenting, Child Anxiety, Child Depression*

- (PS3-A1) **Cross-Informant Ratings of Parenting Behaviors and Relations to Anxiety and Depressive Symptoms in Elementary School-Age Children**
Alexandra M. Gasbarro, B.A.¹, Bethany Kisser, Undergraduate¹, Jeremy K. Fox, Ph.D.¹, Julie L. Ryan, Ph.D.², Leslie F. Halpern, Ph.D.³, 1. Montclair State University, 2. William James College, 3. University at Albany, State University of New York
- (PS3-A2) **Does Parenting Mediate the Relationship Between Cumulative SES Risk and Child Outcomes? A Structural Equation Modeling Approach**
Alexandra Sullivan, B.S.¹, Renee Benoit, high school (in college)¹, Nicole Breslend, Ph.D.¹, Allison Vreeland, M.A.², Rex Forehand, Ph.D.¹, Bruce Compas, Ph.D.², 1. University of Vermont, 2. Vanderbilt University
- (PS3-A3) **Cumulative Risk of Socioeconomic Status Factors in the Context of Parent Depression: Are There Associations with Child Outcomes?**
Alexandra Sullivan, B.S.¹, Renee Benoit, Some College¹, Nicole Breslend, Ph.D.¹, Allison Vreeland, M.A.², Rex Forehand, Ph.D.¹, Bruce Compas, Ph.D.², 1. University of Vermont, 2. Vanderbilt University

- (PS3-A4) **Association of Parenting Behaviors with Child and Adolescent Cognitive Functioning and Externalizing Behaviors and Parents' Depressive Symptoms**
Allison Vreeland, M.S.¹, Meredith Gruhn, M.A.¹, Alex Bettis, M.S.², Kelly Watson, Ph.D.¹, Michelle Reising, Ph.D.¹, Jennifer Dunbar, Ph.D.¹, Bruce Compas, Ph.D.¹, 1. Vanderbilt University, 2. Alpert Medical School of Brown University
- (PS3-A5) **Effects of Enhanced Teaching Methods on Parental Utilization of Skills in Parent-Child Interaction Therapy**
Althea Bardin, Ph.D., Michael Accardo, M.A., Ilana Eisenberg, M.A., Katie Fogarty, M.A., Erin McLean, M.A., Hannah Walcoe, M.A., Phyllis S. Ohr, Ph.D., Hofstra University
- (PS3-A6) **Rigidity of Mothers' Emotion Expressions During Parent-Child Interactions in Relation to Mothers' Depression**
Alyssa M. Ames-Sikora, M.A., Emilie Lefrancois-Gijzen, B.A., Warda Abdi, Megan Dishman, B.A., Erin C. Tully, Ph.D., Georgia State University
- (PS3-A7) **Remorse is Associated with Self-Blame for Mothers' Sadness When Mothers are Over-Reactive**
Alyssa M. Ames-Sikora, M.A., Kyrsten Buote, Alley Christopher, Erin C. Tully, Ph.D., Georgia State University
- (PS3-A8) **Examining the Effects of Parent Anxiety and Child Developmental Stage on Parenting Behaviors**
Angela H. Lee, B.A., Colette Gramszlo, M.Sc., Janet Woodruff-Borden, Ph.D., University of Louisville
- (PS3-A9) **We Are Family: Examining Extended Family Involvement in American Indian Families**
Ashleigh D. Coser, M.S., Maureen A. Sullivan, Ph.D., Oklahoma State University
- (PS3-A10) **Examining Associations Between Parental Psychopathology Symptoms and Marital Satisfaction as Predictors of Infant Emotion Regulation Strategies**
Ashley N. Quigley, B.S., Diane M. Lickenbrock, Ph.D., Western Kentucky University
- (PS3-A11) **Are Maternal Social Anxiety Symptoms Uniquely Related to Maternal Psychological Control?**
Babetta B. Mathai, B.S., Allison R. Morton, B.A., James A. Ward, B.S., Catherine Epkins, Ph.D., Texas Tech University
- (PS3-A12) **The Relationship Between Parent-Child Interaction Therapy and Parenting Stress in Highly Stressed Parents**
Benjamin A. Glueck, Ph.D., Michael Accardo, M.A., Phyllis S. Ohr, Ph.D., Alana Gross, M.A., Lauren Webb, M.A., Katie Fogarty, M.A., Jennifer Lent, M.A., Hofstra University
- (PS3-A13) **Parenting Styles Moderate the Relationship between Exposure to Violence and Acceptance of Aggression among Children**
Brooke Puharic¹, Sarah J. Ehlke, M.A.¹, Michelle L. Kelley, Ph.D.², 1. Old Dominion University, 2. Old Dominion University & Virginia Consortium Program in Clinical Psychology
- (PS3-A14) **A Replication and Extension of Online Intervention for College Students of Late Life Divorce**
Caroline E. Shanholtz, M.C.¹, David Messer, Ph.D.², John Horan, Ph.D.², Connie J. Beck, Ph.D.¹, 1. University of Arizona, 2. Arizona State University

- (PS3-A15) Effects of a Multidisciplinary Pediatric Obesity Treatment Program on Stress and Depression Levels in Latino Parents**
Claire E. Niehaus, B.A., Sina Gallo, Ph.D., Amara Channell Doig, M.P.H., Margaret T. Jones, Ph.D., Joseph Wonderlich, M.A., Robyn Mehlenbeck, Ph.D., George Mason University
- (PS3-A16) What's App with Apps for Parents Managing Child Behavior? A Review of Behavioral Parenting Mobile Applications**
Melyssa M. Mandelbaum, B.A., Allison Rumelt, B.A., Miriam Korbman, M.A., Eva Feindler, Ph.D., Hilary Vidair, Ph.D., Long Island University
- (PS3-A17) Associations Between Family Stress and Body Image: Findings from an Ethnically Diverse, Low-Income Population**
Claire Trainor, B.A., Jocelyn Carter, Ph.D., Kathryn Grant, Ph.D., DePaul University
- (PS3-A18) Feasibility and Effectiveness of a One-Session Dialectical Behavior Therapy Workshop for Parents**
Collen Cook Flannery, M.A., Sarah Maiza Lehman, M.A., Phyllis S. Ohr, Ph.D., Lauren Webb, M.A., Erin McLean, M.A., Jennifer Lent, M.A., Hofstra University
- (PS3-A19) Child and Caregiver Emotion Regulation and Attrition During Parent-Child Interaction Therapy (PCIT)**
Corey C. Lieneman, M.S.¹, Lauren B. Quetsch, M.S.¹, Emma I. Girard, Psy.D.², Cheryl B. McNeil, Ph.D.¹, 1. West Virginia University, 2. University of California Riverside, School of Medicine; Riverside University Health System - Behavioral Health: Preschool 0-5 Programs
- (PS3-A20) Family/Parenting Profiles and Latino Youth Adjustment: A Replication Study**
Darren Winograd, B.A.¹, Nelson Leu¹, Sara Berzenski, Ph.D.¹, Scott W. Plunkett, Ph.D.², Andrew Behnke, Ph.D.³, 1. California State University Northridge, 2. California State University, Northridge, 3. North Carolina State University
- (PS3-A21) Associations Between Parental Injury Prevention Beliefs and Children's Medically-attended Injuries: Evidence From a Sample of Disadvantaged Fathers**
Elizabeth A. Miller, M.S., Sandra T. Azar, Ph.D., The Pennsylvania State University
- (PS3-A22) Additive Contributions of Social Information Processing Factors and Economic Stress to Parenting Risk in Disadvantaged Rural Fathers**
Elizabeth A. Miller, M.S., Sandra T. Azar, Ph.D., The Pennsylvania State University
- (PS3-A23) Embedding Social-emotional Learning in Parent-child Interactions with Preschool Children: Parent Education and Resources Support Implementation**
Elizabeth Schaughency, Ph.D., Shika Das, B.A., PgDipArts, Amanda Clifford, B.S., Honours, Jessica Riordan, B.A., PgDipSci, Jane Carroll, Ph.D., Elaine Reese, Ph.D., University of Otago
- (PS3-A24) Emerging Adult Psychological Problems and Paternal Parenting Style: Moderation by Father-Child Relationship Quality**
Ellen H. Steele, M.A., Cliff McKinney, Ph.D., Mississippi State University
- (PS3-A25) Parental Socialization of Positive Emotions: Investigating Gender Differences in Dampening**
Ellie Lisitsa, B.A., Jaclyn T. Aldrich, M.A., M.S., Amy H. Mezulis, Ph.D., Seattle Pacific University

(PS3-A26) **Nonresident Paternal Factors and the Psychosocial Adjustment of Black Adolescents from Single-Mother Households**
*Erica E. Coates, Ph.D.*¹, *Quynh Tran*², *Vicky Phares, Ph.D.*², 1. University of Maryland-College Park, 2. University of South Florida

Exhibit Hall B South

Poster Session 3B

Assessment

PS3

Key Words: *REBT (Rational Emotive Behavior Therapy), Assessment Child*

- (PS3-B27) **A New Vignette-Driven Measure of Children's Irrational Beliefs: Development, Expert Consensus and Predictive Validity of Emotions and Behaviors**
*Alexa Pata, B.A.*¹, *Christine O'Brien, M.A.*², *Mark Terjesen, Ph.D.*², 1. St. John's University, 2. St. John's University
- (PS3-B28) **How does Faking Good Affect Parent Ratings?**
Allison Cotter, M.S., Elizabeth Brestan Knight, Ph.D., Auburn University
- (PS3-B29) **Differential Implementation of Online Routine Outcome Monitoring With Childhood Internalizing and Externalizing Disorders**
Alyssa J. Gatto, M.S., Faith Schiefelbein, Lee Cooper, Ph.D., Virginia Polytechnic Institute and State University
- (PS3-B30) **The Development of a New Temporal Perception Measure: The Sorrell-Canu Orientation To Time (SCOTT) Questionnaire**
*Anne E. Sorrell, B.S.*¹, *Will H. Canu, Ph.D.*¹, *Judah W. Serrano, M.S.Ed.*², *Erik G. Willcutt, Ph.D.*³, *Elizabeth K. Lefler, Ph.D.*⁴, *Cynthia M. Hartung, Ph.D.*², 1. Appalachian State University, 2. University of Wyoming, 3. The University of Colorado at Boulder, 4. University of Northern Iowa
- (PS3-B31) **Psychometrics of the PTSD and Depression Screener for Bereaved Youth Caregiver Report**
*Augustine Lombera, III, B.A.*¹, *Elissa J. Brown, Ph.D.*², *Robin F. Goodman, Ph.D.*³, 1. Child HELP Partnership, 2. St. John's University, 3. A Caring Hand, Founded in Memory of Billy Esposito, Inc.
- (PS3-B32) **Leveraging Parent and Adolescent Reports of Adolescent Internalizing Problems at Intake in a Psychiatric Inpatient Sample**
*Bridget A. Makol*¹, *Andres De Los Reyes, Ph.D.*², *Rick Ostrander, Ph.D.*³, *Elizabeth K. Reynolds, Ph.D.*³, 1. DePaul University, 2. University of Maryland at College Park, 3. Johns Hopkins School of Medicine
- (PS3-B33) **Moderation of Physiological Distress Tolerance on Stress, Anxiety, and Depression**
*Casey Thornton, M.A.*¹, *Emma K. Evanovich, M.A.*², *Kaley Roberts, B.A.*¹, *Gregory Mumma, Ph.D.*¹, 1. Texas Tech University, 2. Texas Tech Univeristy

- (PS3-B34) Quantifying Psychiatric Acuity to Improve Quality of Care**
Elizabeth K. Reynolds, Ph.D.¹, Nancy Pragowski, RN², Rick Ostrander, Ph.D.¹, Marco Grados, M.D.¹, 1. Johns Hopkins School of Medicine, 2. Johns Hopkins Hospital
- (PS3-B35) Psychometric Evaluation and Longitudinal Measurement Invariance of a Modified Distress Tolerance Scale**
Emma K. Evanovich, M.A.¹, Kaley Roberts, B.A.², Casey Thornton, M.A.², Gregory Mumma, Ph.D.², 1. Texas Tech University, 2. Texas Tech University
- (PS3-B36) The Valued Action and Satisfaction Questionnaire: A Novel Measure of Valued Living**
J. MacLaren Kelly, M.A.¹, Bruce Clark, B.A.¹, Chad E. Drake, Ph.D.², 1. Southern Illinois University - Carbondale, 2. Southern Illinois University-Carbondale
- (PS3-B37) The Role of Perceived Life Significance in the Psychological Flexibility Model**
Jacob L. Scharer, M.A.¹, Rachel Hibberd, Ph.D.², Caleb Pardue, M.A.¹, 1. University of Missouri - St. Louis, 2. Durham VA Medical Center
- (PS3-B38) Using the MMPI-2-RF to Predict VA Treatment Utilization Following Participation in a VA Psychiatric Partial Hospitalization Program**
Merav Silverman, M.A., Paul Thuras, Ph.D., Christopher Erbes, Ph.D., Paul Arbisi, Ph.D., Minneapolis VAMC
- (PS3-B39) Validation of the Affective Style Questionnaire and Cultural Differences in the Use of Emotion Regulation Strategies**
Michaela Paraskeva-Siamata, B.S., M.S., Michaela Michael, Maria Karekla, Ph.D., University of Cyprus
- (PS3-B40) The Clinician Affective Reactivity Index: Initial Validation of a Clinician-Rated Assessment of Irritability**
Michal E. Clayton, B.A., Simone P. Haller, Ph.D., Katharina Kircanski, Ph.D., Ellen Leibenluft, M.D., Melissa A. Brotman, Ph.D., National Institute of Mental Health
- (PS3-B41) Reliability and Validity of a Single-Item Caregiver Report of Medication Impairment in Older Adults**
Nicholas E. Schmidt, M.S., Ann Steffen, ABPP, Ph.D., University of Missouri - St. Louis
- (PS3-B42) Comparing the Psychometric Properties of the Hamilton Rating Scale for Anxiety and the Depression Anxiety Stress Scales in individuals With Insomnia Disorder**
Nicole E. Carmona, B.S.¹, Aleksandra Usyatynsky, B.S.¹, Colleen Carney, Ph.D.¹, Sheryl M. Green, Ph.D.², Arela Agako, B.A.³, 1. Ryerson University, 2. McMaster University and St. Joseph's Healthcare Hamilton, 3. McMaster University
- (PS3-B43) Using Crowd-Sourcing Technology to Refine and Evaluate Parenting Measures**
Raelyn Loiselle, M.A.¹, Justin Parent, Ph.D.², Rex Forehand, Ph.D.³, David Thissen, Ph.D.¹, Deborah J. Jones, Ph.D.¹, 1. University of North Carolina at Chapel Hill, 2. Florida International University, 3. University of Vermont
- (PS3-B44) Crying the Pain Away: The Nature, Measurement and Function of Benign Masochism**
Samantha P. Spoor, Julia M. Hormes, Ph.D., University at Albany, State University of New York

- (PS3-B45) **Developing a Short Form for Myalgic Encephalomyelitis and Chronic Fatigue Syndrome: Improving Diagnostic Efficiency and Patient Screening Time**
Savitri Lazarus, Undergraduate, Madison Sunnquist, M.A., Leonard A. Jason, Ph.D., DePaul University
- (PS3-B46) **The Development and Preliminary Validation of a Launching Emerging Adults Functioning (LEAF) Scale to Assess Independence in Young Adults**
Schuyler Fox, B.A.¹, Payal Desai, M.P.H.², Eva Schonfeld, B.A.¹, Cristiane Duarte, M.P.H., Ph.D.¹, Prudence Fisher, Ph.D.³, Anne Marie Albano, PhD, ABPP³, 1. New York State Psychiatric Institute/Columbia University Medical Center, 2. Columbia University/ New York State Psychiatric Institute, 3. Columbia University Medical Center
- (PS3-B47) **Assessing State Self-esteem in Spanish Population: Validation of the “State Self-esteem Scale”**
Tamara Escrivá Martínez, M.S.¹, Giulia Corno, Ph.D.¹, Guadalupe Molinari, Ph.D.², Rosa Baños, Ph.D.³, 1. University of Valencia (Spain), 2. University Jaume I of Castellón (Comunidad Valenciana, Spain), 3. Universitat de Valencia
- (PS3-B48) **The Relationship Between Executive Function and Articulation in Children With Neurodevelopmental Disorders**
Tyler C. McFayden, B.S.¹, Thomas H. Ollendick, Ph.D.¹, Susan W. White, Ph.D.², 1. Virginia Polytechnic Institute and State University, 2. Virginia Tech

Exhibit Hall B South

Poster Session 3C

Adult Depression / Dysthymia

PS3

Key Words: *Adult Depression, Stress, Cognitive Processes*

- (PS3-C49) **Theory of Mind Decoding and Stress Exposure in Depression**
Chloe Hudson, M.S., Kate Harkness, Ph.D., Queen’s University
- (PS3-C50) **Level and Stability of Rumination and its Association With Depressive History**
Christian A. L. Bean, B.S.¹, Luke F. Heggeness, B.A.¹, David A. Kalmbach, Ph.D.², Mansi H. Mehta, M.S.¹, Jennifer A. Cooks, M.A.¹, Jeffrey A. Ciesla, Ph.D.¹, 1. Kent State University, 2. Henry Ford Health System
- (PS3-C51) **Co-rumination and Depressive Symptoms: The Moderating Effects of Seeking Social Support to Cope**
Clorinda E. Velez, Ph.D., Quinnipiac University
- (PS3-C52) **The Effect of Seasonal Light on Treatment for Depression: A Secondary Analysis of TDCRP Data**
Daniel J. Reis, M.A.¹, Stephen S. Ilandi, Ph.D.¹, Holger Brandt, Ph.D.², Christina Menager, Ph.D.³, 1. University of Kansas, 2. University Of Kansas - Lawrence Campus, 3. Washburn University

- (PS3-C53) Wanting Versus Liking: Differential Depressive Symptom Reduction Based in Reward-System Deficits**
Divya Kumar, B.A.¹, Thomas Ritz, Ph.D.¹, David Rosenfield, Ph.D.¹, Michael Treanor, Ph.D.², Halina Dour, Ph.D.², Michelle Craske, Ph.D.³, Alicia E. Meuret, Ph.D.¹, 1. Southern Methodist University, 2. University of California Los Angeles, 3. University of California, Los Angeles, Department of Psychology
- (PS3-C54) Predicting Maladaptive Coping in College Students: A Mediation Model of Perceived Stress and Rumination**
Elisabeth J. O'Rourke, M.A., Joseph Bettcher, M.A., Atara Siegel, B.A., Anna J. Yeo, M.A., Cheryl K. Best, B.A., Leslie F. Halpern, Ph.D., University at Albany, State University of New York
- (PS3-C55) Emotion Malleability Beliefs Influence Currently Depressed Individuals' Beliefs About their Depression and Willingness for Treatment**
Elizabeth T. Kneeland, Ph.D.¹, John Dovidio, Ph.D.², 1. Harvard Medical School, 2. Yale University
- (PS3-C56) Emotion Beliefs, Emotion Regulation, and Emotional Experiences in Daily Life**
Elizabeth T. Kneeland, Ph.D.¹, John Dovidio, Ph.D.², 1. Harvard Medical School, 2. Yale University
- (PS3-C57) The Influence of Self-Compassion on Prenatal Depression**
Elizabeth Schol, Psy.D., Randy Fingerhut, Ph.D., Molly Norman, M.A., LeeAnn Cardaciotto, Ph.D., Cori McMahon, Psy.D., La Salle University
- (PS3-C58) Coping Moderates Emotional Reactivity to Daily Events During College**
Emma Young, Joanna Herres, Ph.D., The College of New Jersey
- (PS3-C59) Reward Sensitivity, Gender, and Depressive Symptoms**
Erick A. Rogers, B.A., Brianna Mann, B.A., Andrew Freeman, Ph.D., University of Nevada, Las Vegas
- (PS3-C60) The Role of Mind-Wandering and Dysphoric Symptomatology in the Sustainment of Induced Negative Mood: A Multilevel Modeling Analysis**
Erik K. Wing, M.A., Daniel J. Reis, M.A., Michael S. Namekata, M.A., Stephanie E. Punt, B.S., Stephen S. Iardi, Ph.D., University of Kansas
- (PS3-C61) Actigraphy Monitoring to Measure Sleep Disturbance in a Community Sample of Adults on a Continuum of Depressive Symptoms**
Esther Goetze, MSW, Laura Green, B.A., Rochelle Stewart, B.A., Jocelyn Labrada, B.A., Henry Rossiter, Christopher G. Beevers, Ph.D., David Schnyer, Ph.D., The University of Texas at Austin
- (PS3-C62) Depression and Emotional Reactivity: A Closer Examination of Daily Variations in Affect**
Esther Howe, B.A.¹, Maya Nauphal, B.A.¹, Benjamin G. Shapero, Ph.D.², Kate H. Bentley, Ph.D.¹, David Mischoulon, M.D., Ph.D.¹, Asma Ghandeharioun, M.A.³, Szymon Fedor, Ph.D.³, Rosalind Picard, ScD³, Paola Pedrelli, Ph.D.¹, 1. Massachusetts General Hospital, 2. Massachusetts General Hospital/Harvard Medical School, 3. Massachusetts Institute of Technology

- (PS3-C63) **Mood Symptoms to Aggression: Irritability as a Mediator**
Breanna Garcia, B.A.¹, Samantha Sherwood, B.S.², Andrew Freeman, Ph.D.², 1. The University of Nevada, Las Vegas, 2. University of Nevada, Las Vegas
- (PS3-C64) **Moderators of the Alliance-outcome Relationship in Cognitive Therapy for Depression: Examining Maladaptive Personality Traits and Prior Episodes of Depression**
Graham C. Bartels, Daniel R. Strunk, Ph.D., The Ohio State University
- (PS3-C65) **Understanding the Role of Hedonic Capacity in Emotion Regulation**
Han Na Lee, M.A., Arishna Agarwal, M.A., Ilya Yaroslavsky, Ph.D., Cleveland State University
- (PS3-C66) **Attention Control Indexed via Eye-tracking Predicts Effectiveness of Instructed Emotion Regulation**
Han Na Lee, M.A., Arishna Agarwal, M.A., Ilya Yaroslavsky, Ph.D., Cleveland State University
- (PS3-C67) **Ruminating on Mental Images Versus Words: The Impact on Negative Affect**
Hannah R. Lawrence, M.A., Rebecca A. Schwartz-Mette, Ph.D., University of Maine
- (PS3-C68) **Searching for Meaning and Finding Loneliness: The Mediating Role of Extreme Valuing of Happiness**
Hillary R. Hoagwood, M.A.¹, Kate L. Stewart, Ph.D.², Anthony H. Ahrens, Ph.D.¹, 1. American University, 2. Brown University
- (PS3-C69) **Brooding Predicts Symptom Severity and Residual Symptoms During Remission in Seasonal Affective Disorder**
Isabella Starvaggi¹, Lauren S. Hallion, Ph.D.², Kathryn A. Roecklein, Ph.D.¹, 1. University of Pittsburgh, Department of Psychology, 2. University of Pittsburgh
- (PS3-C70) **The Impact of Social Media on Symptoms of Depression**
Jessica Marie. Herbst, B.S.¹, Michael Moore, Ph.D.², 1. Children's Community Services, 2. Adelphi University

Exhibit Hall B South

Poster Session 3D

Treatment - Mindfulness; Treatment-DBT

PS3

Key Words: *Depression, Mindfulness, Primary Care*

- (PS3-D71) **Preliminary Results of a Brief Online Mindfulness-based Psychological Intervention for Mild to Moderate Depression in Primary Care**
Alba López Montoro¹, Soledad Quero, Ph.D.², María Beltrán-Ruiz³, Javier García-Campayo, Ph.D.⁴, 1. Jaume I University Castellón, 2. Jaume I University, Castellón, Spain, 3. University of Zaragoza, Zaragoza, Spain, 4. Department of Psychiatry, Miguel Servet Hospital, Aragon Institute of Health Sciences (I+CS), Zaragoza, Spain

- (PS3-D72) **Moderators of a Brief Self-Compassion Intervention for Undergraduates**
Andrew S. Connors, B.A., Natalie K. Anderson, M.A., Richard Raymond, M.A., Barry M. Wagner, Ph.D., The Catholic University of America
- (PS3-D73) **Qualitative Study of a Mindfulness-based Smoking Cessation Treatment Among Racially/Ethnically Diverse Adults**
Charlayne A. Scarlett, B.S.¹, Courtney Strosnider, M.S.², Hala Elahi, B.S.¹, Amanda Grant¹, Sharrill A. Bell, B.A.¹, Brittani P. Carter, M.P.H.¹, Cherell Cottrell-Daniels, M.P.H.¹, Maitreyi Bandlamudi¹, Claire A. Spears, Ph.D.¹, 1. Georgia State University, School of Public Health, 2. Georgia State University, College of Education and Human Development
- (PS3-D74) **Using Virtual Reality to Explore the Relationship Between Trait Mindfulness and Meditation Outcomes in Focused Attention Meditation and Open Monitoring Meditation**
Hannah C. Herc, M.S., Peter G. Mezo, Ph.D., Kelsey J. Pritchard, M.A., University of Toledo
- (PS3-D75) **Convergent Validity of State Mindfulness Self-Report Measures in Two Large Independent Samples**
Heather R. Schultz, M.A., Alex Buhk, B.A., Wesley Bullock, Ph.D., University of Toledo
- (PS3-D76) **Convergent Validity of Trait Mindfulness Self-Report Measures in Two Large Independent Samples**
Heather R. Schultz, M.A., Alex Buhk, B.A., Wesley Bullock, Ph.D., University of Toledo
- (PS3-D77) **Momentary Attentional Focus and Its Relationship with Mindfulness and Rumination**
J. MacLaren Kelly, M.A.¹, Samuel L. Kramer, M.A.¹, Sarah J. Kertz, Ph.D.², 1. Southern Illinois University - Carbondale, 2. Southern Illinois University
- (PS3-D78) **Self-Compassion, Social Connectedness, and Interpersonal Competence**
Jacob Bloch, B.A., Jennifer Waltz, Ph.D., University of Montana
- (PS3-D79) **The Influence of Age and Previous Mindfulness and Meditation History on Mindful Eating and Trait/State Mindfulness**
Jennifer A. Battles, M.S., Tamara Loverich, Ph.D., Eastern Michigan University
- (PS3-D80) **The Acute Effect of Mindfulness Meditation on Heart Rate Variability**
Joseph K. Carpenter, M.A.¹, Priyanka Alluri, B.A.², Stefan G. Hofmann, Ph.D.³, 1. Boston University, 2. Massachusetts General Hospital, 3. Boston University Center for Anxiety and Related Disorders
- (PS3-D81) **Feasibility and Acceptability of Mindfulness in an Integrated Family-Based Approach to Treating Youth Mood Disorders**
Kate J. Zelic, Ph.D., Jarrod M. Leffler, ABPP, Ph.D., Mayo Clinic
- (PS3-D82) **Impulsivity and Suicidal Behavior: A Multiple Mediation Model of Mindfulness Skills**
M. Troy Weathers, B.S., Evita C. Persaud, B.S., Nicholas L. Salsman, ABPP, Ph.D., Xavier University
- (PS3-D83) **Non-reactivity Impacts the Relationship Between Daily Mindful Attention and Negative Affect**
Millicent S. Curlee, B.A., Anthony H. Ahrens, Ph.D., American University

- (PS3-D84) Pilot of a Mind-Body, Stress Management Program for Student Veterans**
Rafaella J. Jakubovic, B.S.¹, Eric Bui, M.D.², Julia Sager, B.S.², John Denninger, M.D., Ph.D.², Darshan Mehta, M.P.H., M.D.², Elyse Park, M.P.H., Ph.D.², Gregory Fricchione, M.D.², Louisa G. Sylvia, Ph.D.³, 1. Massachusetts General Hospital, 2. Massachusetts General Hospital, 3. Massachusetts General Hospital, Harvard Medical School
- (PS3-D85) Effect of State and Trait Mindfulness on Affect Intensity to Predict Depression, Anxiety, and Stress**
Taylor Nezich, B.A., Jennifer A. Battles, M.S., Tamara Loverich, Ph.D., Eastern Michigan University
- (PS3-D86) The Roles of Clinicians' Mindfulness on Treatment Outcomes for Substance-Using Adolescents**
Virginia K. A. Mutch, Ph.D.¹, Susan Evans, Ph.D.¹, Katarzyna Wyka, Ph.D.¹, David G. Stewart, ABPP, Ph.D.², Virginia K. Arlt³, 1. Weill Cornell Medicine, 2. Harvard Medical School, 3. Seattle Pacific University
- (PS3-D87) Making Meaning of Diary Cards in a DBT Residential Treatment Center**
Anjali T. Jain, M.A.¹, Aditi Vijay, Ph.D.², Theresa Carpenter, Psy.D.³, 1. Miami University of Ohio, 2. Georgetown University, 3. Sheppard Pratt Healthcare Systems
- (PS3-D88) DBT in a Partial Hospital Program and its Effects on Depression, Anxiety, Hopelessness, and Degrees of Suffering**
Carlie Carter¹, John Lothes, II, M.A., Ed.D.¹, Kirk Mochrie, M.A.², Jane St. John, M.A.³, Emalee Quickel, Ph.D.⁴, Eric Guendner, M.A.¹, 1. University of North Carolina Wilmington, 2. East Carolina University, 3. Delta Behavioral Health, 4. Loyola University Maryland
- (PS3-D89) An Experimental Manipulation of Validating and Invalidating Responses: Impact on Motivation, Cognitive Flexibility, and Heightened BPD Features**
Cinthia Benitez, Ph.D.¹, Kristen P. Howard, M.A.², Jennifer Cheavens, Ph.D.², 1. The Ohio State University, 2. The Ohio State University
- (PS3-D90) Does Hope Matter? Examining a Popular Positive Psychology Construct in a DBT Intensive-outpatient Community Health Population**
Craig A. Warlick, M.Sc.¹, Juliet Nelson, Ph.D.², Thomas Krieschok, Ph.D.¹, Bruce Frey, Ph.D.¹, Barbara Kerr, Ph.D.¹, Mary Fry, Ph.D.¹, Kelsey Moffitt, M.A.³, Brynne Schellenger, M.A.⁴, 1. University of Kansas, 2. Bert Nash Center, 3. University of Kansas, Bert Nash Community Mental Health Center, 4. Bert Nash Community Health Center
- (PS3-D91) Comparing DBT in a Partial Hospital (PH) and Intensive Outpatient (IO) and its effects on Depression, Anxiety, Hopelessness, and Degrees of Suffering**
Haylie Parks¹, John Lothes, II, M.A., Ed.D.¹, Eric Guendner, M.A.¹, Kirk Mochrie, M.A.², Jane St. John, M.A.³, Emalee Quickel, Ph.D.⁴, 1. University of North Carolina Wilmington, 2. East Carolina University, 3. Delta Behavioral Health, 4. Loyola University Maryland
- (PS3-D92) How Does Validation Work? Exploring the Effects of Validation and Invalidation on Emotional Reactivity for Specific Emotions**
Jennifer Ip, B.S.¹, Skye Fitzpatrick, M.A.², Janice Kuo, Ph.D.¹, 1. Ryerson University, 2. University of Washington School of Medicine

(PS3-D93) DBT in a Partial Hospital Program and its Effects on Measures of Mindfulness

*John Lothes, II, M.A., Ed.D.*¹, *Emalee Quickel, Ph.D.*², *Kirk Mochrie, M.A.*³, *Carlie Carter*¹, *Jane St. John, M.A.*⁴, 1. University of North Carolina Wilmington, 2. Loyola University Maryland, 3. East Carolina University, 4. Delta Behavioral Health

(PS3-D94) Comparing DBT in a Partial Hospital (PH) and Intensive Outpatient (IO) and its Effects on Measures of Mindfulness from Intake to Discharge

*John Lothes, II, M.A., Ed.D.*¹, *Eric Guendner, M.A.*¹, *Haylie Parks*¹, *Kirk Mochrie, M.A.*², *Jane St. John, M.A.*³, *Emalee Quickel, Ph.D.*⁴, 1. University of North Carolina Wilmington, 2. East Carolina University, 3. Delta Behavioral Health, 4. Loyola University Maryland

(PS3-D95) Do Dialectical Behavior Therapy Skills Modules Exert Module-specific or General Effects?

Kristen P. Howard, M.A., *Matthew W. Southward, M.A.*, *Erin M. Altenburger, M.A.*, *Jennifer Cheavens, Ph.D.*, The Ohio State University

(PS3-D96) Regulating Emotions Through Adapted Dialectical Behavior Skills for Youth (READY-Nepal): Pilot Feasibility, Acceptability and Efficacy Trial in Post-earthquake Nepal

*Megan Ramaiya, M.S.*¹, *Manjila Pokharel, M.A.*², *Caitlin McLean, M.A.*³, *Melissa Schmidt, M.S.*⁴, *Martha Berg, M.S.*⁵, *Alan Fruzzetti, ABPP, Ph.D.*⁶, *Brandon Kohrt, M.D., Ph.D.*⁷, 1. University of Washington, 2. Transcultural Psychosocial Organization, Nepal, 3. University of Nevada, Reno, 4. Pacific University, 5. University of Michigan, 6. Harvard Medical School, 7. George Washington University

(PS3-D97) Examining Effectiveness of a DBT-A Program in a Population of Predominantly Hispanic Youth seen in a Public Health Academic Medical Setting

Michelle L. Hendrickson, Ph.D., *Claudia Ranaldo, Psy.D.*, *Melisa Oliva, Psy.D.*, Jackson Behavioral Health Hospital

(PS3-D98) Moderating Effects of Brooding Rumination on Borderline Symptoms in DBT

*Robert M. Montgomery, B.F.A.*¹, *Allen Liao, Ph.D.*¹, *Keren Shemesh, M.A.*¹, *Amber Smith, M.A.*¹, *Hollie Granato, Ph.D.*², *Miriam Wollesen, Psy.D.*¹, *Lynn McFarr, Ph.D.*¹, 1. CBT California/DBT California, 2. Harbor UCLA Medical Center, CBT California/DBT California

(PS3-D99) Development of the Teen-Family Conflict Scale

*Shimon Littman, M.S.*¹, *Desiree L. Curcio, B.A.*¹, *Gregory Inzinna, B.A.*¹, *Loey Bromberg, B.A.*¹, *Yaacov Wenick, B.A.*², *Jennifer Byrnes, Ph.D.*³, *Alec L. Miller, Psy.D.*⁴, *Jill H. Rathus, Ph.D.*¹, 1. Long Island University Post, 2. Long Island University, 3. Cognitive Behavioral Therapy and Dialectical Behavior Therapy, 4. Cognitive & Behavioral Consultants

(PS3-D100) Effectiveness of Dialectical Behavior Therapy for Adolescent Females with Borderline Symptoms Admitted for Residential Care

*Taylor Davine, M.S.*¹, *HanJoo Lee, Ph.D.*¹, *Kim Skerven, Ph.D.*², *Erik Ulland, M.D.*³, 1. University of Wisconsin-Milwaukee, 2. Alverno College, 3. Rogers Memorial Hospital

Poster Session 4A

Child / Adolescent - Depression

PS4

Key Words: *Child Depression, Child Anxiety, Parenting*

- (PS4A1) **The Specific Relation Between Maternal Psychological Control and Children's Symptoms of Depression, Anxiety, and Social Anxiety**
Allison R. Morton, B.A., Babetta B. Mathai, B.S., James A. Ward, B.S., Catherine Epkins, Ph.D., Texas Tech University
- (PS4A2) **Are Maternal Psychological Control, Warmth, and Hostility/Rejection/Neglect Uniquely Related to Youth Internalizing Symptoms?**
Allison R. Morton, B.A., Babetta B. Mathai, B.S., James A. Ward, B.S., Catherine Epkins, Ph.D., Texas Tech University
- (PS4A3) **Developmental Changes in the Inflammatory Biology of Females and Males During Adolescence**
Allison Stumper, B.A.¹, Daniel P. Moriarity, M.A.¹, Lyn Abramson, Ph.D.², Christopher Coe, Ph.D.², Lauren Ellman, Ph.D.¹, Lauren B. Alloy, Ph.D.¹, 1. Temple University, 2. University of Wisconsin - Madison
- (PS4A4) **Examining the Role of Future Orientation Among African American Adolescents Facing Racial Discrimination**
Amber A. Graham, M.A., Molly Seltzer, M.A., Lauren B. Alloy, Ph.D., Temple University
- (PS4A5) **Emotion Regulation Predicts Variability in Positive Mood in Urban Adolescents**
Ashley Isaia, M.A., Katie Bessette, M.A., Amanda Roy, Ph.D., University of Illinois at Chicago
- (PS4A6) **Effects of a Cognitive Behavioral Prevention Program on Parent Criticism and Positive Remarks: Adolescent Sex Differences**
Bridget Nestor, B.A.¹, Chrystyna Kouros, Ph.D.², Susanna Sutherland, M.S.¹, V. Robin Weersing, Ph.D.³, Gregory N. Clarke, Ph.D.⁴, William R. Beardslee, Ph.D.⁵, David A. Brent, Ph.D.⁶, Steven D. Hollon, Ph.D.¹, Tracy R. G. Gladstone, Ph.D.⁷, Judy Garber, Ph.D.¹, 1. Vanderbilt University, 2. Southern Methodist University, 3. SDSU-UC San Diego JDP in Clinical Psychology, 4. Kaiser Permanente Center for Health Research, 5. Boston Children's Hospital/Harvard Medical School, 6. University of Pittsburgh School of Medicine, 7. Wellesley College

- (PS4-A7) Early Adolescent Romantic Experiences: Phenomenology and Concurrent Associations with Youth Psychiatric Symptoms and Functioning**
Chelsey S. Barrios¹, Joanne Davila, Ph.D.², Daniel Klein, Ph.D.², Lea R. Dougherty, Ph.D.³,
1. University of Maryland, 2. Stony Brook University, 3. University of Maryland, College Park
- (PS4-A8) Youth Aware of Mental Health (YAM) Program: Initial Feedback and Ratings**
Daniel K. Elledge, B.A.¹, Anne Fuller, Ph.D.¹, Marshall Motsenbocker, M.S.¹, Luis Gutierrez, M.S.¹, Jennifer Hughes, M.P.H., Ph.D.², 1. University of Texas Southwestern Medical Center, 2. UT Southwestern Center for Depression Research and Clinical Care
- (PS4-A9) Parent and Child Endorsement and Symptom-Type as Predictors of Service Use Among Ethnic-Minority Adolescents**
Danielle Adams, B.A.¹, Alyssa Donovan, B.A.², Antonio Polo, Ph.D.³, 1. University of Chicago, 2. DePaul University, 3. Department of Psychology DePaul University
- (PS4-A10) Understanding the Language of Depression in Late Childhood and Early Adolescence**
Elena Geronimi, M.A., Janet Woodruff-Borden, Ph.D., University of Louisville
- (PS4-A11) Adolescent Social Media Usage and Depression: A Systematic Review and Meta-analysis**
Elizabeth J. Ivie, M.S., Adam Pettitt, Nicholas B. Allen, Ph.D., University of Oregon
- (PS4-A12) Cognitive Style and Coping Style as Vulnerability Factors for Depression**
Emily Hanau, M.A.¹, Lata K. McGinn, Ph.D.², Catherine A. Nobile, M.A.¹, Stephanie L. Nelson, M.A.¹, Carly Geller, M.A.¹, Sara Dobosh, M.A.¹, 1. Yeshiva University - Ferkauf Graduate School of Psychology, 2. Ferkauf Graduate School of Psychology, Yeshiva University/Cognitive Behavioral Consultants
- (PS4-A13) The Role of Emotional Reactivity in the Association Between Interpersonal Stress and Depressive Symptoms**
Erin Curley, B.A.¹, Benjamin G. Shapero, Ph.D.², Lauren B. Alloy, Ph.D.¹, 1. Temple University, 2. Massachusetts General Hospital/Harvard Medical School
- (PS4-A14) Chronic Familial Conflict: A Predictor of Reactive Aggression and Depressive Symptoms**
Evan Basting, Angie Bush, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University
- (PS4-A15) The Relationship Between Maternal Psychological Abuse, Depression, and Self-Blame**
Evan Basting, Angie Bush, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University
- (PS4-A16) Family Conflict and Self-Blaming Behavior Predicting Elevated Depressive Symptoms**
Evan Basting, Angie Bush, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University
- (PS4-A17) Cognitive Emotion Regulation Strategies Mediate the Effect of Trait Negative Affect on Adolescent Depressive Symptoms**
Hailey E. Caudle, B.S., Jordan Skalisky, B.A., Tara M. Rutter, B.A., Jaclyn T. Aldrich, M.A., M.S., Amy H. Mezulis, Ph.D., Seattle Pacific University

- (PS4-A18) **Children's Evaluation of Everyday Social Encounters Questionnaire - Short Form Validation**
Jasmine R. Berry, B.A.¹, Debora J. Bell, Ph.D.², 1. University of Missouri - Columbia, 2. University of Missouri-Columbia
- (PS4-A19) **Perfectionism, Mindfulness Meditation, and Depression in Adolescents**
Jennifer A. Cooks, M.A.¹, Kate J. Zelic, Ph.D.², Jeffrey A. Ciesla, Ph.D.¹, 1. Kent State University, 2. Mayo Clinic
- (PS4-A20) **Construction and Validation of a Measure to Assess Mental Health Literacy**
Jennifer M. Gamara, M.A.¹, Denise Chavira, Ph.D.², Bruce F. Chorpita, Ph.D.², 1. UCLA, 2. University of California Los Angeles
- (PS4-A21) **Does Emotion Regulation Moderate the Relation Between Anxiety Sensitivity and Youth Depressive, Anxiety, and Social Anxiety Symptoms?**
Jessica Hoffmann, M.A.¹, Catherine Epkins, Ph.D.¹, David Heckler, Ph.D.², Natalie Scanlon, Ph.D.¹, 1. Texas Tech University, 2. Dell Children's Medical Center/ University of Texas at Austin
- (PS4-A22) **Friendship Quality Moderates the Association Between Romantic Experience Stress and Depressive Symptoms**
Jessica Shankman, B.A., Rebecca A. Schwartz-Mette, Ph.D., University of Maine
- (PS4-A23) **Preventing Depression in the Offspring of Parents with Depression: A Systematic Review and Meta-analysis of Randomized Controlled Trials**
Johanna Loechner, Ph.D.¹, Kornelija Starman, M.S.², Katharina Galuschka, Ph.D.², Jeanette Tamm, B.S.³, Gerd Schulte-Körne, Ph.D.², Julian Rubel, Ph.D.⁴, Belinda Platt, Ph.D.², 1. Ludwig-Maximilians University Munich, Germany, 2. Department of Child and Adolescent Psychiatry, Psychosomatics and Psychotherapy, Ludwig-Maximilians-University Munich, 3. Ludwig-Maximilians-University Munich, 4. University of Trier, Germany

Exhibit Hall B South

Poster Session 4B

Adult Depression / Dysthymia

PS4

Key Words: *Adult Depression, Mediation/Mediators, Treatment-CBT*

- (PS4-B24) **Cognitive and Chronobiological Vulnerabilities as Mediators of Acute Outcomes in CBT-SAD and Light Therapy for Winter Depression**
Julia Camuso, B.Sc., Keith Burt, Ph.D., Kelly J. Rohan, Ph.D., Jessica Perez, B.A., Jonah Meyerhoff, B.A., University of Vermont
- (PS4-B25) **Psychological and Physiological Predictors of Treatment Outcome in Light Therapy and Cognitive-Behavioral Therapy for Seasonal Affective Disorder**
Julia Camuso, B.Sc., Kelly J. Rohan, Ph.D., University of Vermont

- (PS4-B26) Antidepressant Direct-to-Consumer Advertising: Predictors of Attitudes and Behavioral Intent Toward Antidepressant Medications**
Kelly J. Martin, B.A.¹, Jenna M. Moore, B.S.², Kobi R. Oakes, B.S.¹, R. J. Ballotti, B.S.³, Raymond Daniel¹, Sean A. Lauderdale, Ph.D.⁴, 1. Texas A&M University Commerce, 2. The University of Texas at Tyler, 3. Texas A&M University-Commerce, 4. Texas A&M-Commerce
- (PS4-B27) Detecting Critical Decision Points During Cognitive-Behavioral Therapy and Light Therapy for Winter Depression**
Kelly J. Rohan, Ph.D.¹, Julia Camuso, B.Sc., Jessica Perez, B.A.¹, Jonah Meyerhoff, B.A.¹, Pamela Vacek, Ph.D.², 1. University of Vermont, 2. University of Vermont College of Medicine
- (PS4-B28) Positive Emotion Regulation and Reward Positivity**
Kelsey M. Irvin, B.A., Debora J. Bell, Ph.D., University of Missouri-Columbia
- (PS4-B29) Attention Bias Variability, Depression Risk, and Gender**
Kristin L. Boyd, B.A.¹, Staci Schield, M.A.², Jessica Balderas, M.A.³, Gabriela Romero², Stephanie Segovia², Steven L. Bistricky, Ph.D.², 1. University of Houston-Clear Lake, 2. University of Houston - Clear Lake, 3. University of Kansas
- (PS4-B30) Stressed? Exercise Can Help! The Impact of an Exercise Augmentation Intervention on Distress Intolerance and Perceived Stress**
Kristin L. Szuhany, Ph.D.¹, Michael W. Otto, Ph.D.², 1. NYU Langone Health, 2. Boston University
- (PS4-B31) Using Mobile Health to Assay Change in Real World Affect in Women With Peripartum Depression**
Lara Baez, B.A., Sahana Kamisetty, William Villano, B.S., D. Jeffrey Newport, M.D., Aaron S. Heller, Ph.D., University of Miami
- (PS4-B32) Depressive Cognitions and Substance Use to Cope: A Prospective Study on Behavioral Disengagement Using a Clinical Sample**
Luke F. Heggeness, B.A.¹, Mansi H. Mehta, M.S.¹, Christian A. L. Bean, B.S.¹, David A. Kalmbach, Ph.D.², Jeffrey A. Ciesla, Ph.D.¹, 1. Kent State University, 2. Henry Ford Health System
- (PS4-B33) Reduced Loneliness as an Interpersonal Outcome of Co-Rumination**
Mansi H. Mehta, M.S.¹, Kate J. Zelic, Ph.D.², Jennifer A. Cooks, M.A.¹, Luke F. Heggeness, B.A.¹, Christian A. L. Bean, B.S.¹, Laura C. Hruska, Ph.D.³, Shannon N. Ciesla, Ph.D.¹, Jeffrey A. Ciesla, Ph.D.¹, 1. Kent State University, 2. Mayo Clinic, 3. Syracuse VA Medical Center
- (PS4-B34) Predicting Stress Generation: Executive Control Under Stress**
Meghan E. Quinn, Ph.D.¹, Jutta Joormann, Ph.D.², 1. Vanderbilt University, 2. Yale University
- (PS4-B35) Efficacy of the Unified Protocol in Changing Depression via Negative Affectivity in Outpatients with Emotional Disorders**
Mengxing Wang, M.A.¹, Shannon Sauer-Zavala, Ph.D.¹, Timothy A. Brown, Psy.D.², 1. Boston University Center for Anxiety and Related Disorders, 2. Boston University

- (PS4-B36) **Comparing Unsupervised Interval Training Versus Continuous Training Among Individuals with Elevated Depression Symptomatology**
Michael S. Namekata, M.A., Daniel J. Reis, M.A., Erik K. Wing, M.A., Stephanie E. Punt, B.S., Stephen S. Ilardi, Ph.D., University of Kansas
- (PS4-B37) **The Buffering Effect of Grit on the Relationship Between Perceived Stress and Symptoms of Depression**
Morganne A. Kraines, M.S., Lucas JA. Kelberer, M.S., Cassandra P. Krug, M.S., Tony T. Wells, Ph.D., Oklahoma State University
- (PS4-B38) **Differentiating Between Self-Efficacy and Mastery as Predictors of Depression in Family Caregivers**
Nicholas E. Schmidt, M.S., Ann Steffen, ABPP, Ph.D., University of Missouri - St. Louis
- (PS4-B39) **Does High-frequency Heart Rate Variability/respiratory Sinus Arrhythmia Predict Cognitive or Mood Reactivity to Sadness in Formerly Depressed Individuals? Findings from the Maine Mood Disorders Lab**
Olivia E. Bogucki, M.A., Colin M. Bosma, M.A., Liv LiaBraaten, J.D., Emily A.P. Haigh, Ph.D., University of Maine
- (PS4-B40) **Using Behavioral Health Tracking to Understand the Relationship Between Depressive Symptoms and Smartphone-Based Social Engagement**
Olivia D. Russak, B.A.¹, Victor Chen, Ph.D.², Julia Hammett, M.A.³, Katie Patel, B.A.¹, Alesandra Espinoza, B.A.¹, Belinda Chen, B.A.¹, Eliza Congdon, Ph.D.¹, Elizabeth Gong-Guy, Ph.D.⁴, William Kaiser, Ph.D.⁵, Michelle Craske, Ph.D.³, Nelson Freimer, M.D.¹, 1. University of California, Los Angeles, Department of Psychiatry and Biobehavioral Sciences, 2. University of California Los Angeles, Semel Institute for Neuroscience and Human Behavior, 3. University of California, Los Angeles, Department of Psychology, 4. University of California, Los Angeles, Division of Student Affairs, Campus and Student Resilience, 5. Henry Samueli School of Engineering and Applied Science
- (PS4-B41) **Trait Rumination and Substance Use Independently Predict Depressive Symptoms**
Pranav Bolla, B.A., Kayla Scamaldo, B.A., Kristyn Oravec, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University
- (PS4-B42) **Why Change?: Individuals With Depression Describe Their Reasons For and Against Getting Better**
Robert A. Curland, B.S., Michelle Tran, M.S., Felipe Barba, M.S., Yan Leykin, Ph.D., Palo Alto University
- (PS4-B43) **Commitment is Not Enough: The Role of Depressive Symptoms, Commitment, and Confidence in Personal Goal Pursuit**
Sara Moss, M.A., Anne Wilson, M.A., Jennifer Cheavens, Ph.D., The Ohio State University
- (PS4-B44) **Hopelessness and Suicidality Among Students Seeking Treatment: Co-Occurring Conditions and Increased Symptom Severity**
Scott Perkins, Ph.D.¹, Carolyn Casada, B.S.², 1. Abilene Christian University, 2. Abilene Christian University
- (PS4-B45) **The Stereotype of the Suffering Artist: Relationships Between Emotion, Emotion Regulation, and Creativity**
Shelley Kind, M.S., Alora A. Rando, B.A., Gabrielle Liverant, Ph.D., Suffolk University

- (PS4-B46) **The Relationship Between Daily Mood and Procrastination in Liberal Arts College Students**
Shira R. Pollack, Joanna Herres, Ph.D., The College of New Jersey
- (PS4-B47) **Momentary Experiential Avoidance: Within-Person Correlates, Antecedents, and Consequences and Between-Person Moderators**
Susan Wenze, Ph.D.¹, Erin Sheets, Ph.D.², Jennifer DeCicco, Ph.D.³, 1. Lafayette College, 2. Colby College, 3. Holy Family University
- (PS4-B48) **Transactional Effects of Maternal Depressive Symptoms, Behavioral Difficulties in Early Childhood, and the Mediating Role of Parenting Stress**
Tangeria R. Adams, M.A.¹, Elizabeth Handley, Ph.D.¹, Fred Rogosch, Ph.D.¹, Dante Cicchetti, Ph.D.², Sheree Toth, Ph.D.¹, 1. University of Rochester, 2. University of Minnesota
- (PS4-B49) **Assessing a Multi-Item Measure of Expectancies for Therapy Among Depressed Adults**
William J. Sasiela, B.S.¹, Kari Eddington, Ph.D.², 1. University of North Carolina Greensboro, 2. University of North Carolina at Greensboro
- (PS4-B50) **Sex Differences in Emotion Recognition in Individuals With Depressive Disorders**
Yolanda I. Whitaker¹, Esther S. Tung¹, Svetlana Goncharenko, B.A.², Evdokiya E. Knyazhanskaya², Timothy A. Brown, Psy.D.², 1. Boston University Center for Anxiety and Related Disorders, 2. Boston University

Exhibit Hall B South

Poster Session 4C

Addictive Behaviors

PS4

Key Words: *Substance Abuse, Emotion Regulation*

- (PS4-C51) **Negative Mood Regulation Expectancies and the Course of Depression and Substance Use in Severe Opioid Dependence**
Alexandra K. Gold, M.A.¹, Hayley E. Fitzgerald, B.A.¹, Bridget A. Hearon, Ph.D.², Steven A. Safren, Ph.D.³, R. Kathryn McHugh, Ph.D.⁴, Mark H. Pollack, M.D.⁵, Michael W. Otto, Ph.D.¹, 1. Boston University, 2. Albright College, 3. University of Miami, 4. McLean Hospital, 5. Rush Medical College
- (PS4-C52) **Sleep Moderates the Relationship Between Stress and Craving in Individuals With Prescription Opioid Use Disorder**
Jenni B. Teeters, Ph.D.¹, Sudie E. Back, Ph.D.², 1. Western Kentucky University, 2. Medical University of South Carolina
- (PS4-C53) **Does Gender Moderate the Relationship Between Borderline Personality Symptoms and Changes in Alcohol Dependence after Release From Jail?**
Jennifer M. Loya, M.A., Jeffrey B. Stuewig, Ph.D., June P. Tangney, Ph.D., George Mason University

(PS4-C54) Characteristics of Veterans Prescribed Buprenorphine for Opioid Use**Disorder in the Veterans Health Administration**

Jesica L. Kalmbach, Ph.D.¹, Rebecca Grekin, Ph.D.², Joseph VanderVeen, Ph.D.³, Avinash Hosanager, M.D.⁴, Jamie J. Winters, Ph.D.⁴, Stephen T. Chermack, Ph.D.⁵, Jesica L. Rapiet, M.A.⁶, 1. Veteran's Affairs Ann Arbor Healthcare System/University of Michigan Consortium, 2. Ann Arbor Veterans Healthcare System/University of Michigan, 3. VA Ann Arbor Healthcare System, 4. Ann Arbor Veterans Healthcare System/University of Michigan Department of Psychiatry, 5. University of Michigan, 6. Veteran's Affairs Ann Arbor Healthcare System

(PS4-C55) The Effects of Facial Flushing on Problem Drinking Among Different Asian Ethnic Subgroups

Joanne Angosta, B.A., Chelsie M. Young, Ph.D., Jordanna Lembo, B.A., Clayton Neighbors, Ph.D., University of Houston

(PS4-C56) Excessive Reassurance Seeking Behavior Mediates Relations Between Rumination and Problematic Smartphone Use Symptoms

Jon D. Elhai, Ph.D.¹, Dmitri Rozgonjuk, M.A.², Jason Levine, Ph.D.¹, Brian Hall, Ph.D.³, 1. University of Toledo, 2. University of Tartu, 3. University of Macau

(PS4-C57) Peer Reinforcement of Alcohol and Cannabis Use

Karen Kelley, Diana Rancourt, Ph.D., University of South Florida

(PS4-C58) Correlates of Social Media Use in a Predominantly Hispanic College Student Sample

Karla Llanes, B.A., Analisse Acosta, n/a, Perla Perez, N/A, Roman Fregoso, B.S., Lizette Salcido, n/a, Theodore V. Cooper, Ph.D., University of Texas at El Paso

(PS4-C59) Distress Intolerance as a Mediator of the Association Between Pain Catastrophizing and Behavioral Activation in a Community Sample of Frequent Marijuana Users

Katherine McDermott, B.A., Jesse R. Cougle, Ph.D., Florida State University

(PS4-C60) Substance Use Frequency, Risk Characteristics and Protective Factors Among Veterans Seeking Substance Use Treatment: Military Sexual Trauma and Gender Relationships

Kathryn Smagur, Ph.D.¹, Minden B. Sexton, Ph.D.², Kirstin Lauritsen, Ph.D.¹, Joseph VanderVeen, Ph.D.¹, Heather M. Cochran, Ph.D.², Jamie J. Winters, Ph.D.³, 1. VA Ann Arbor Healthcare System, 2. Ann Arbor Veterans Administration Healthcare System, 3. Ann Arbor Veterans Healthcare System/University of Michigan Department of Psychiatry

(PS4-C61) Examining the Impact of Current Pain Status on Buprenorphine Treatment Response for Patients with Opioid Use Disorder

Kelly R. Peck, Ph.D., Joanna Streck, B.A., Taylor Ochalek, M.A., Stacey Sigmon, Ph.D., University of Vermont

(PS4-C62) Impact of Alcohol Use on Emotional Inertia and Depression

Kevin Jaworski, B.S., Ilya Yaroslavsky, Ph.D., Cleveland State University

- (PS4-C63) **Using Substances to Cope: Differences in Interpersonal Emotion Regulation Strategies**
Kevin Jaworski, B.S., Pranav Bolla, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University
- (PS4-C64) **Alcoholic Beverage Preference Predicts Specific Negative Consequences in a College Student Sample**
Kirk Mochrie, M.A., Jordan Ellis, M.A., Matthew Whited, Ph.D., East Carolina University
- (PS4-C65) **Alcohol-Related Compensatory Behaviors and College Students: Correlates and Consequences**
Kirsten P. Peterson, B.S.¹, Kristen Lindgren, ABPP, Ph.D.², Jessica Cronce, Ph.D.³, 1. University of Washington, 2. University of Washington School of Medicine, 3. University of Oregon
- (PS4-C66) **Difficulty in Emotion Regulation Results in Marijuana-Related Negative Consequences via Marijuana Use Motives**
Kirstyn N. Smith-LeCavalier, Samuel R. Davis, B.S., Mark Prince, M.S., Ph.D., Colorado State University
- (PS4-C67) **Physical Dependence on Caffeine: Withdrawal Effects After Three Weeks of Daily Energy Drink Use Among Young Adults**
Kristina Murani, B.A., Naomi F. Stahl, B.S., Kathleen C. Gunthert, Ph.D., Laura M. Juliano, Ph.D., American University
- (PS4-C68) **Assertive Alcoholic Drink Refusal Among Female College Students**
Kristina C. Murphy, B.A., Olivia L. Bolts, M.A., Nora E. Noel, Ph.D., University of North Carolina Wilmington
- (PS4-C69) **Social Modelling of Social Anxiety Reduction from Drinking: Testing A Novel Video Manipulation**
Kyle K. Jackson, B.S., Lindsay S. Ham, Ph.D., Ryan W. Grant, B.A., Alexa K. Fifield, Undergrad, University of Arkansas
- (PS4-C70) **Context Matters for the Socially Anxious: Moderating Role of Drinking Context and Gender on Alcohol Outcome Expectancies**
Lauren E. Hurd¹, Lindsay S. Ham, Ph.D.¹, Alexander J. Melkonian, M.A.¹, Kyle K. Jackson, B.S.¹, Byron L. Zamboanga, Ph.D.², 1. University of Arkansas, 2. Smith College
- (PS4-C71) **Alcohol-related Protective Behavioral Strategies Mediate the Relationship Between Drinking Motives and Risky Sexual Behaviors**
Lauren M. Zimmerman, B.A.¹, Alison Looby, Ph.D.¹, Tess M. Kilwein, M.A., Adrian J. Bravo, Ph.D.², Matthew R. Pearson, Ph.D.², 1. University of Wyoming, 2. Center of Alcoholism, Substance Use, and Addictions, University of New Mexico
- (PS4-C72) **Craving as a Moderator of the Relationship Between Mood and Smoking**
Leslie F. Rubin, M.S.¹, David A.F. Haaga, Ph.D.¹, Jennifer L. Pearson, M.P.H., Ph.D.², 1. American University, 2. University of Nevada, Reno

(PS4-C73) Is Exercise Protective of Cognitive Functioning in the Presence of Substance Use?

Lindsey Poe, B.S.¹, Catherine Baxley, M.A.¹, Qiang Fu, M.D., Ph.D.¹, Edward Weiss, Ph.D.¹, Jeremiah Weinstock, Ph.D.², 1. Saint Louis University, 2. Saint Louis University Department of Psychology

(PS4-C74) Testing Values Activation to Experimentally Influence Temptation Coping and Compassionate Goals

Malini Varma, M.S.¹, David G. Stewart, ABPP, Ph.D.², Thane M. Erickson, Ph.D.¹, 1. Seattle Pacific University, 2. Harvard Medical School

(PS4-C75) Recruitment Challenges of a Social Media-based Skills and Support Group for Parents of Teens in Substance Use Disorder Treatment

Marya Schulte, Ph.D.¹, Annemarie Kelleghan, B.A.², 1. University of California, Los Angeles, 2. University of Southern California

Exhibit Hall B South

Poster Session 4D

Cultural Diversity / Vulnerable Populations; Gay / Lesbian / Bisexual / Transgender Issues

PS4

Key Words: LGBTQ+, Alcohol, Risky Behaviors

(PS4-D76) Bisexual Women's Sex-Related Alcohol Expectancies Moderate the Relationship between Hazardous Drinking and Risky Sexual Behavior

Sarah J. Ehlke, M.A.¹, Michelle L. Kelley, Ph.D.², Abby L. Braitman, Ph.D.³, Amy L. Stamates, M.S.¹, 1. Old Dominion University, 2. Old Dominion University & Virginia Consortium Program in Clinical Psychology, 3. Old Dominion University & Virginia Consortium Program in Clinical Psychology.

(PS4-D77) Using Community-Based Participatory Research to Improve Clinical Practice With Underserved Populations: Methodology for the Development of TGNC Affirming Principles

Terrence Zachary Huit, B.A.¹, Natalie R. Holt, M.A.¹, Allura Ralston, M.A.¹, Debra A. Hope, Ph.D.¹, Richard MocarSKI, Ph.D.², Nathan Woodruff³, 1. University of Nebraska-Lincoln, 2. University of Nebraska at Kearney, 3. Trans Collaborations

(PS4-D78) Mental Health and Suicidality in Transgender Adults: The Role of Resilience and Identity Pride

Timothy Cronin, B. Psychology, MA Clinical Psychology, Christopher A. Pepping, Ph.D., Anthony Lyons, Ph.D., La Trobe University

(PS4-D79) Latina Distrust in the Healthcare System; The involvement of Ethnic Identity: Bridging the Gap - V

Alex Jaffe, B.A., Pierre Leon, M.S., Anthony Eldridge, B.A., Samantha Weiss, N/A, Larissa Thiele, N/A, Rebecca Ashmore, N/A, Georita Frierson, Ph.D., Rowan University

- (PS4D80) **Innovation and Culture: Using Telecommunication and Face-to-Face Modalities to Address Unmet Mental Health Care Needs Among African American Children**
Ayanda Chakawa, Ph.D.¹, Steven Shapiro, Ph.D.², 1. Auburn University; Children's Mercy, 2. Auburn University
- (PS4D81) **African Americans' Help Seeking Intentions for Suicidal Ideation From Mental Health Providers**
David W. Hollingsworth, Ph.D., Fairfield University
- (PS4D82) **Adherence to Asian Cultural Values Moderates the Relationship Between Emotion Regulation Deficits and Social Functioning: Implications for Depressed Young Adults Across Cultures**
Erika S. Trent, M.Ed.¹, Alicia R. Fenley, M.A.¹, Lindsay Holly, Ph.D.¹, David A. Langer, Ph.D.², 1. Boston University, 2. Department of Psychological and Brain Sciences Boston University
- (PS4D83) **Food Insecurity in Graduate Students: Assessing the Prevalence and Mental Health Status**
Jaime A. Coffino, M.P.H., M.A., Samantha P. Spoor, Julia M. Hormes, Ph.D., University at Albany, State University of New York
- (PS4D84) **Retention of Ethnic and Racial Minority Patients Through the Intake and Treatment Process at an Academic Training Clinic: The Impact of Lowering Session Fees**
Jeannette K. Correa, M.A.¹, Yolanda I. Whitaker², Lisa Smith, Ph.D.², 1. Boston University, 2. Boston University Center for Anxiety and Related Disorders
- (PS4D85) **Disability and Disasters: The Role of Self-Efficacy in Emergency Preparedness**
Jennifer E. Marceron, Ph.D., Cynthia A. Rohrbeck, Ph.D., The George Washington University
- (PS4D86) **The Effectiveness of an Adapted Version of the Unified Protocol in an Urban, Community Mental Health Training Clinic: A Further Investigation**
Julie Rones, M.A.¹, Shira Kelin, M.A.², Sara Rothschild, M.A.², Jenna Feldman, M.A.², Elaina P. Servidio, M.A.³, Catherine A. Nobile, M.A.², Nikki Press, M.A.³, Cait Arutiunov, M.A.³, Jamie Schumpf, Psy.D.², 1. Ferkauf Graduate School of Psychology, Yeshiva University, 2. Yeshiva University - Ferkauf Graduate School of Psychology, 3. Ferkauf Graduate School of Psychology
- (PS4D87) **Evaluating the Validity of DSM-5 Alcohol Use Disorder Criteria in a Sample of Treatment Seeking Native Americans**
Kelsey N. Serier, M.S., Kamilla Venner, Ph.D., Ruth Sarafin, M.S., University of New Mexico
- (PS4D88) **Examining Caregiver Well-being and Service Use Between Latino and Non-Latino Caregivers**
Laura Saldana, B.A.¹, Lauren Kenworthy, Ph.D.², Laura Anthony, Ph.D.³, Bruno Anthony, Ph.D.³, Allison Ratto, Ph.D.¹, 1. Children's National Health System, 2. Children's National Health System, 3. University of Colorado, School of Medicine

- (PS4-D89) **Comparisons in Child Behaviors, Therapeutic Skills, and Barriers to Treatment Participation for a Hispanic vs. non-Hispanic Low-income Sample: Outcomes in Parent-Child Interaction Therapy**
Lauren B. Quetsch, M.S.¹, Emma I. Girard, Psy.D.², Corey C. Lieneman, M.S.¹, Cassandra Drain, B.S.¹, Kelsey Eackles¹, Cheryl B. McNeil, Ph.D.¹, 1. West Virginia University, 2. University of California Riverside, School of Medicine; Riverside University Health System - Behavioral Health: Preschool 0-5 Programs
- (PS4-D90) **Does Racism Impact the Mental Health of Teenagers?**
Lillian Polanco, M.A., Catherine Bihun, B.A., Brittany Klimek, B.A., Melissa Dackis, Ph.D., Sandra Pimentel, Ph.D., Montefiore Medical Center
- (PS4-D91) **Latino/a's Cognitive & Affective Processes in Relation to Immigration & Living Experiences in the United States**
Miriam Ortiz, B.S., Paola Callejas, Rafael Hernandez, Oswaldo Moreno, Ph.D., Virginia Commonwealth University
- (PS4-D92) **Acculturation as a Predictor of Mental and Physical Health Among Hispanic Adults with Elevated Depressive Symptoms**
Noelle E. Natale, B.S., Lisa Coles, B.S., Vanessa Diaz, M.D., Matthew Carpenter, Ph.D., Jennifer Dahne, Ph.D., Medical University of South Carolina
- (PS4-D93) **Religious Socialization and its Impact on Latinx's Expression of Cognition, Affect, and Behaviors**
Paola Callejas, Miriam Ortiz, B.S., Rafael Hernandez, Oswaldo Moreno, Ph.D., Virginia Commonwealth University
- (PS4-D94) **Enhancing Emotional Health of Bronx Youth: Screening and Coordinating Care for Mental Illness within a Local, Urban Faith Community**
Ryan CT. DeLapp, Ph.D.¹, Sandra Pimentel, Ph.D.², Olivia Peros, M.A.³, Brittany Klimek, B.A.², 1. Alvord, Baker & Associates, LLC, 2. Montefiore Medical Center, 3. Hofstra University
- (PS4-D95) **Factor Analysis of Our Youth, Our Future Survey's Drinking Motives Measure**
Samuel R. Davis, B.S., Alexandria E. Robredo, B.S., Mark Prince, M.S., Ph.D., Linda Stanley, Ph.D., Randall Swaim, Ph.D., Colorado State University
- (PS4-D96) **Does Neighborhood Provide Protection Against Discrimination?: Using Geocoding Technology to Understand Experiences of LGBTQ Ethnic Minorities**
Sylwanna M. Vargas, M.A.¹, Stanley J. Huey, Ph.D.¹, Mariah Williams¹, Jeanne Miranda, Ph.D.², 1. University of Southern California, 2. UCLA
- (PS4-D97) **Serving High-risk Latina Young Mothers in Community Settings: The Adaptation of a Cognitive Behavioral Theory Skills Curriculum**
Yesenia Aguilar Silvan, B.A.¹, Soo J. Youn, Ph.D.², Kaylie A. Patrick, M.P.H.¹, Emily M Ahles, B.A.¹, Derri L. Shtasel, M.P.H., M.D.², Luana Marques, Ph.D.², 1. Massachusetts General Hospital, 2. Massachusetts General Hospital, Harvard Medical School
- (PS4-D98) **Mental Health and Resource Utilization Among Underrepresented College Students**
Yoojin Kook, B.S.¹, Thomas Le, B.A.², Elizabeth Raposa, Ph.D.¹, 1. College of William and Mary, 2. University of Maryland

(PS4-D99) Barriers to Help-seeking Amongst Refugee Men: Modelling the Relationship Between Mental Health Stigma, Post-traumatic Stress Disorder and Help-seeking

*Yulisha Byrow, Ph.D.*¹, *Angela Nickerson, Ph.D.*², 1. Refugee Trauma and Recovery Program, School of Psychology, University of New South Wales, Sydney, Australia, 2. Refugee Trauma and Recovery Program, School of Psychology, University of New South Wales, Sydney, Australia.

(PS4-D100) Chinese Translated Behavioral Activation Treatment for Depression (C-BA): Feasibility and Preliminary Efficacy

Yun Chen, M.A., *Stacey B. Daughters, Ph.D.*, *Deepika Anand, Ph.D.*, *Haolin Li, none*, University of North Carolina at Chapel Hill

1:30 p.m. – 2:30 p.m.

Exhibit Hall B South

Poster Session 5A

Couples / Close Relationships

PS5

Key Words: *Couples/Close Relationships, Research Methods, Methods*

(PS5-A1) Demand/Withdraw Behavior and the Structure of Couple Conflict: Reexamining an Old Question With New Methods

Alexander O. Crenshaw, M.Sc., *Karena Leo, B.A.*¹, *Andrew Christensen, Ph.D.*², *Jasara N. Hogan, M.S.*¹, *Katherine J.W. Baucom, Ph.D.*¹, *Brian R.W. Baucom, Ph.D.*¹, 1. University of Utah, 2. University of California Los Angeles

(PS5-A2) Differences in Emotional Flooding and Attitudes Toward Violence Between Aggressive and Non-Aggressive Men

*Alexandra K. Wojda, B.A.*¹, *Donald H. Baucom, Ph.D.*¹, *Richard E. Heyman, Ph.D.*², *Amy M. Smith Slep, Ph.D.*², 1. University of North Carolina at Chapel Hill, 2. New York University

(PS5-A3) Methods for Reducing Socially Desirable Response Bias when Assessing Couple Relationship Functioning: An Investigation of the Couple Resilience Inventory

Amanda Proctor, M.S., *Brittany Sherrill, B.A.*, *Keith Sanford, Ph.D.*, Baylor University

(PS5-A4) Multilevel Growth Curve Modeling of the Effect of Attachment Anxiety and Dyadic Trust on Affective Stress Response

Binghuang Wang, Christina Balderrama-Durbin, Ph.D., Binghamton University

(PS5-A5) I'm Drowsy, You're Lousy: The Independent Impact of Subjective Sleep Quality on Emotional Closeness in Dyadic Partner Relationships

Caitlyn Loucas, B.A., *Alanna Covington, M.A.*, *Nathaniel R. Herr, Ph.D.*, *Kathleen C. Gunther, Ph.D.*, American University

- (PS5-A6) Associations of Pornography Use and Romantic Relationship Skills With Internalizing Symptoms in Adolescents**
Charlie Huntington, B.A.¹, Galena Rhoades, Ph.D.¹, Franklin C. Huntington, B.A.², 1. University of Denver, 2. Rhode Island Hospital
- (PS5-A7) The Association Between Vocally Encoded Emotional Arousal and Observed Nonverbal and Verbal Negative Behaviors in Couples' Conversations**
Danielle M. Weber, M.A.¹, Melanie S. Fischer, Ph.D.¹, Donald H. Baucom, Ph.D.¹, Brian R.W. Baucom, Ph.D.², Joachim Engl, Ph.D.³, Franz Thurmaier, Ph.D.³, Kurt Hahlweg, Ph.D.⁴, 1. University of North Carolina at Chapel Hill, 2. University of Utah, 3. Institut für Kommunikationsforschung, 4. Technische Universität Braunschweig
- (PS5-A8) Interactional Synchrony and Relationship Quality in Romantic Dyads**
Darren J. Garcia, M.S.¹, Michael T.M. Finn, Ph.D.², Erin Crittendon, Undergraduate¹, Sierra Pedigo, Undergraduate¹, Rami Eid, Undergraduate¹, Jack Moran, Undergraduate¹, Kristina C. Gordon, Ph.D.¹, 1. The University of Tennessee, Knoxville, 2. SUNY Upstate Medical University
- (PS5-A9) Partner-Seeking in Committed Relationships: Beneficial or Harmful? The Importance of Assessing Commitment Structures When Interpreting the Meaning of Behaviors in Couples**
Forrest Hagen, Dev Crasta, M.A., Ronald D. Rogge, Ph.D., University of Rochester
- (PS5-A10) A Life History Approach to the Dark Triad and Romantic Relationship Duration**
Hadley Brochu, B.S.¹, Robert Hill, Ph.D.¹, Lisa Curtin, Ph.D.¹, Timothy Huelsman, Ph.D.¹, Peter Jonason, Ph.D.², 1. Appalachian State University, 2. Western Sydney University
- (PS5-A11) Barriers to Seeking Couple Therapy Among Low-income Couples**
Hannah C. Williamson, Ph.D.¹, Thomas Bradbury, Ph.D.², Benjamin Karney, Ph.D.², 1. The University of Texas at Austin, 2. University of California Los Angeles
- (PS5-A12) I'll Be There For You: The Relationship Between Intra- and Interpersonal Emotion Regulation in Female Friends**
Ilana Seager¹, Kara A. Christensen, M.A.¹, Emily J. Dunn, M.A.¹, Amelia Aldao, Ph.D.², Michael Vasey, Ph.D.¹, 1. The Ohio State University, 2. Boston Consulting Group
- (PS5-A13) Does my Parent's marriage Affect my Own?: The Impact of Parental Relationship Satisfaction on Offspring Relationship Satisfaction and Stability Later in Life**
Jenna Rice, B.A.¹, Valentina Anderegg, Ph.D.², Kate Petrova³, Marc Schulz, Ph.D.³, Robert Waldinger, M.D.¹, 1. Massachusetts General Hospital, 2. Harvard Medical School, 3. Bryn Mawr College
- (PS5-A14) Development and Validation of the Global Relationship Awareness Measure (GRAM): Examining Mindful Awareness as a Relationship Process**
Jennifer S. Daks, B.S., Ronald D. Rogge, Ph.D., University of Rochester
- (PS5-A15) Using Communal Activation to Increase Relationship Enhancing Behaviors and Attitudes and Decrease Vulnerable and Grandiose Narcissistic Tendencies**
Judith Biesen, M.A., David Smith, Ph.D., University of Notre Dame
- (PS5-A16) Exploring Interpersonal Emotion Regulation in Female Friend Dyads**
Kara A. Christensen, M.A.¹, Ilana Seager, M.A.¹, Ashley Brancamp¹, Amelia Aldao, Ph.D.², Michael Vasey, Ph.D.¹, 1. The Ohio State University, 2. Boston Consulting Group

- (PS5-A17) Development of a Novel Computer-Based Intervention to Increase Flexible Thinking in Couples**
Karl C. Fua, M.A., Maryam Farooqui, Claire Friedmann, Kirby Eule, Claudia Calichomamani, Aradhana Khubani, Bethany A. Teachman, Ph.D., University of Virginia
- (PS5-A18) Virtual and Psychological Violence in Mexican Young Romantic Couples**
Karla Fernanda Ledesma Ortega, Blanca Elizabeth Jiménez-Cruz, Ph.D., Gabriela Amare-Pelayo, Angélica Riveros-Rosas, Ph.D., National University of Mexico
- (PS5-A19) No, No, After You...I Insist: The Examination of Perceived Humility and Relationship Satisfaction Among Long-Term Married Couples**
Katherine A. Lenger, M.A.¹, Kristina C. Gordon, Ph.D.¹, Lydia L. Eisenbrandt, M.A.², Patricia N. E. Roberson, Ph.D.³, Robyn Sessler⁴, Cameron L. Gordon, Ph.D.⁴, 1. The University of Tennessee, Knoxville, 2. East Tennessee State University, 3. University of California, Davis, 4. Middle Tennessee State University
- (PS5-A20) Attributions, Perceived Criticism, and Upset: An Examination Among Patients with Anxiety and Normal Control Participants**
Kelly M. Allred, M.A., Dianne L. Chambless, Ph.D., University of Pennsylvania
- (PS5-A21) Desired Retribution in Divorcing Couples: A New Scale Explains Unique Variance in Co-parenting and Child Outcomes**
Kiley A. Schneider, B.Sc., Brittany Sherrill, B.A., Keith Sanford, Ph.D., Baylor University
- (PS5-A22) Self-Regulation in Relationships Based on Family-of-Origin**
Krista K. Dowdle, M.S.¹, Zachary J. Blackhurst, M.S.¹, Frank Fincham, Ph.D.², Scott R. Braithwaite, Ph.D.¹, 1. Brigham Young University, 2. Florida State University
- (PS5-A23) A Self-fulfilling Prophecy in Friendships: Rejection Sensitivity and Hostility as Predictors of Reduced Closeness and Increased Discord**
Laura A. Andrews, B.A., Douglas W. Nangle, Ph.D., Natalie M. Holbrook, M.A., The University of Maine
- (PS5-A24) Domains of Vulnerable Behavior: The Multifactorial Structure and Influence of Intimate Safety**
Laura Bartos, M.A., Ph.D., Fuller School of Psychology
- (PS5-A25) The Division of Household Labor During the Transition to Parenthood: Do Social Comparisons Matter?**
Lauren P. Matheson, B.A., Erica M. Woodin, Ph.D., University of Victoria

Poster Session 5B

Suicide and Self-Injury

PS5

Key Words: *Rumination, Suicide, Self-Injury***(PS5-B26) Rumination, Brooding, and Reflection: Prospective Associations With Suicidal Ideation and Suicide Attempts***Adam G. Horwitz, Ph.D.¹, Ewa K. Cysz, Ph.D.², Johnny Berona, Ph.D.², Cheryl A. King, Ph.D.², 1. Rush University Medical Center, 2. University of Michigan***(PS5-B27) Emotion Dysregulation as a Risk Factor for Future Suicidal Ideation in a Clinical Sample***Alexa Raudales, B.A.¹, Nicole A. Short, M.A.¹, Thomas J. Preston, B.S.¹, Brad B. Schmidt, Ph.D.², 1. Florida State University, 2. FSU***(PS5-B28) The Implementation of an Adolescent Suicide Prevention Program for Latinos in a Community Mental Health Setting***Alexandra Moorehead, B.S.¹, Mikael Ferm, MSW¹, Ana El-Behadli, M.A.¹, Hayden Mbroh, B.S.², Sunita Stewart, ABPP¹, Betsy Kennard, ABPP, Psy.D.¹, 1. Children's Health - Children's Medical Center/University of Texas Southwestern Medical Center, 2. University of Texas Southwestern Medical Center***(PS5-B29) Mid-nocturnal Insomnia as a Predictor of Lifetime Suicide Attempt Frequency***Alyson B. Randall, B.A.¹, Jessica F. Sandler, B.A.¹, David J. Schillinger, B.S.¹, William C. Kelner, B.A.¹, Heather T. Schatten, Ph.D.², Ivan W. Miller, Ph.D.², Michael F. Armev, Ph.D.², 1. Butler Hospital, 2. Butler Hospital | Warren Alpert Medical School of Brown University***(PS5-B30) Early Pubertal Timing and Onset of Suicidal Ideation in Adolescent Girls***Ana Ortin, Ph.D.¹, Regina Miranda, Ph.D.², 1. Hunter College, City University of New York, 2. Hunter College & The Graduate Center***(PS5-B31) Dissociation and Pain Tolerance as Moderators of the Suicidal Ideation and Attempt Relationship***Ana Rabasco, B.A., Vincent Corcoran, B.S., Margaret S. Andover, Ph.D., Fordham University***(PS5-B32) Racial and Ethnic Differences in Mental Health Service Utilization in Suicidal adults: A Nationally Representative Study***Ana Sheehan, B.A., Rachel Walsh, B.S., Richard Liu, Ph.D., Brown University***(PS5-B33) Correlates of Suicidal Behavior Among Native Americans: An Understudied, But High-Risk Group for Self-Injury***Andrea Wiglesworth, B.S., Mitchell J. Prinstein, ABPP, Ph.D., University of North Carolina at Chapel Hill*

- (PS5-B34) Suicidal Ideation in Non-depressed Individuals: Fighting the Stigma and Hopelessness of a Chronic, Misunderstood Illness**
Andrew R. Devendorf, B.A.¹, Stephanie McManimen, B.S.², Leonard A. Jason, Ph.D.³, 1. University of South Florida, 2. Idaho State University, 3. DePaul University
- (PS5-B35) The Associations of Self-hatred With the Presence and Frequency of Past Year Self-injurious Thoughts: Unique Contributions Over-and-Above Self-esteem and Shame**
Andrew Porter, M.Ed., Annabelle Mournet, Catherine Glenn, Ph.D., University of Rochester
- (PS5-B36) Examining the Relationship Between Peer Victimization and Suicidal Ideation in American Indian/Alaska Native Adolescents**
Anita O. Rich, B.A., Katherine A. DiVasto, B.A., Christine B. Cha, Ph.D., Teachers College, Columbia University
- (PS5-B37) Effect of Emergency Department Factors on Patients' Death from Self-Inflicted Injuries**
Anna R. Gai, M.S.¹, Brian Bauer, M.S.², Daniel W. Capron, Ph.D.², Thomas E. Joiner, Ph.D.¹, 1. Florida State University, 2. University of Southern Mississippi
- (PS5-B38) Differential Impact of Negative Cognitive Errors on the Relationship Between Perceived Social Support and Suicidal Ideation**
Annamarie B. Defayette, B.A., Emma D. Whitmyre, B.A., Caitlin A. Williams, M.A., Julio Lopez Martinez, Julia Silvia. Clark, Christianne Esposito-Smythers, Ph.D., George Mason University
- (PS5-B39) Early Conflict Detection Disruptions Differentiate Suicide Attempters From Ideating Non-attempters: Evidence From Event-related Potentials**
Brian J. Albanese, B.A.¹, Alexa Raudales, B.A.¹, Thomas J. Preston, B.S.¹, Richard Macatee, M.S.², Brad B. Schmidt, Ph.D.³, 1. Florida State University, 2. University of Illinois at Chicago, 3. FSU
- (PS5-B40) Initial Findings for a Comprehensive Measurement of Suicidal Capability: The Suicide Capacity Scale-3-Expanded**
Brian Bauer, M.S.¹, Samantha E. Daruwala, M.S.¹, Sarah E. Butterworth, B.S.¹, Claire Houtsuma, M.A.¹, Lauren Khazem, M.A.¹, Keyne Law, M.A.¹, Rachel L. Martin, B.A.¹, Michael Anestis, Ph.D.¹, Alexis May, Ph.D.², David Klonsky, Ph.D.³, Daniel W. Capron, Ph.D.¹, 1. University of Southern Mississippi, 2. National Center for Veterans Studies, University of Utah, 3. The University of British Columbia
- (PS5-B41) Problem Solving Efficacy in Families of Suicidal Youth**
Bridget A. Lynn, B.A., Barry M. Wagner, Ph.D., The Catholic University of America
- (PS5-B42) When Lethal People Need Lethal Means to Survive**
Caitlin Cassidy, M.A.¹, Jocelyn Elderton, M.A.¹, Virginia O'Hayer, Ph.D.², 1. La Salle University, 2. Drexel University
- (PS5-B43) Testing an Integrated Model in Understanding Alcohol-Related Suicidal Ideation and Behavior**
Caitlin Wolford-Clevenger¹, Anthony Spirito, Ph.D.², Lawrence Christian Elledge, Ph.D.³, James McNulty, Ph.D.⁴, Gregory L. Stuart, Ph.D.³, 1. University of Tennessee, 2. Alpert Medical School of Brown University, 3. The University of Tennessee, Knoxville, 4. Florida State University

- (PS5-B44) Affect Regulation via Sex and Alcohol is Associated With Elevated Suicide Ideation Among Emerging Adults**
Carlos E. Yeguez, B.S.¹, Ryan M. Hill, Ph.D.², Jeremy W. Pettit, Ph.D.¹, 1. Florida International University, 2. Baylor College of Medicine
- (PS5-B45) Title: Cessation is Not Equivalent to Recovery: Mental Health in Students With a History of Non-suicidal Self-injury**
Carolyn Helps, B.A., Brianna J. Turner, Ph.D., University of Victoria
- (PS5-B46) The Associations Between Mental Illness, Abuse, Family Function, and NSSI**
Chloe P. Bryen, B.A.¹, Ruth K. Smith, M.A.², Mian-Li Ong, M.A.², Morgan Wittmer, B.A.², Jennifer K. Youngstrom, Ph.D.², Robert L. Findling, M.D., M.B.A.³, Eric A. Youngstrom, Ph.D.², 1. University of Pittsburgh, 2. University of North Carolina at Chapel Hill, 3. Johns Hopkins University
- (PS5-B47) Demographic Characteristics of Youth Who Screen Positive for Suicide Risk in a Medical Setting**
Christian Goans, MS, M.S.¹, Mawuena Agbonyitor, M.D., MSc², Robert Portley, M.D.³, Kimberly Roaten, Ph.D., CRC⁴, Lisa Horowitz, M.P.H., Ph.D.⁵, Jeffrey Bridge, Ph.D.⁶, Carol North, M.D.⁷, 1. University of North Texas, 2. Mercy Care Atlanta, 3. The University of Texas Southwestern Medical Center, 4. The University of Texas Southwestern Medical Center, Parkland Health & Hospital System, 5. National Institute of Health, 6. The Ohio State University College of Medicine, 7. The Altschuler Center for Education & Research, Metrocare Services, The University of Texas Southwestern Medical Center
- (PS5-B48) Affect Intensity Moderates the Relationship Between Alexithymia and Suicidal Ideation: Potential Risk and Protective Factors**
Claudia G. Feldhaus, B.S., Tess M. Lewis, B.S., Cole E. Duncan, B.A., Nicholas L. Salsman, ABPP, Ph.D., Xavier University
- (PS5-B49) Attenuated Physiological Reactivity to a Social Stressor Predicts Feeling Generation Motives for NSSI**
Courtney Forbes, M.A.¹, Julia R. Richmond, M.A.¹, Matthew T. Tull, Ph.D.¹, Alexander L. Chapman, Ph.D.², Katherine Dixon-Gordon, Ph.D.³, 1. University of Toledo, 2. Simon Fraser University, 3. University of Massachusetts Amherst
- (PS5-B50) Self-Reported Impulsivity and Suicidal Behaviors: Examining Group Differences Between Those With and Without a History of Suicide Attempts, Aborted Attempts, and Preparatory Acts**
David J. Schillinger, B.S.¹, Alyson B. Randall, B.A.¹, William C. Kelner, B.A.¹, Jessica F. Sandler, B.A.¹, Heather T. Schatten, Ph.D.², Ivan W. Miller, Ph.D.², Michael F. Arney, Ph.D.², 1. Butler Hospital, 2. Butler Hospital | Warren Alpert Medical School of Brown University
- (PS5-B51) Affective Disorder Symptoms, Problematic Drinking Behavior, and Suicide Risk: The Impact of Acute Suicidal Affective Disturbance Symptoms**
Elizabeth J. Lewis, B.S., Raymond Tucker, Ph.D., Julia Buckner, Ph.D., Louisiana State University

(PS5-B52) The Relationship Between Binge Drinking and Suicide Attempts in College Students is Moderated by Ethnic/racial Harassment and Race

Emily M. Bartholomay, M.A., Keith P. Klein, Thomas Ticheur, B.A., Laura A. Rowald, Ph.D., Sarah J. Kertz, Ph.D., Southern Illinois University

Exhibit Hall B South

Poster Session 5C

Schizophrenia / Psychotic Disorders

PS5

Key Words: *Schizophrenia, Psychosis/Psychotic Disorders, Recovery*

(PS5-C53) Clinical Utility and Psychometric Properties of the Penn Excitement and Apathy Inventory (PEAI)

Aelita Sadykova, M.S., Paul M. Grant, Ph.D., Aaron T. Beck, M.D., Perelman School of Medicine at the University of Pennsylvania

(PS5-C54) Are There Racial Biases in Clinical Interviews of Schizophrenia Symptoms? A Differential Item Functioning Study of the Positive and Negative Syndrome Scale

Arundati Nagendra, M.A., Yun Chen, M.A., Stephanie Salcedo, M.A., David L. Penn, Ph.D., University of North Carolina at Chapel Hill

(PS5-C55) Racial Disparities in Neuro- and Social Cognitive Assessments: An Investigation of Contextual, Physiological, and Individual-Difference Factors

Carrington C. Merritt, B.A., Arundati Nagendra, M.A., Maku C. Orleans-Pobee, B.A., Mahogany Monette, B.A., Chloe Doris, Sophia Edelman, Ali Wiggins, Olivia Widman, David L. Penn, Ph.D., University of North Carolina at Chapel Hill

(PS5-C56) Suicidality Among Individuals With Psychosis: Assessing Risk and Protective Factors

Daisy Lopez, B.A., Amy Weisman de Mamani, Ph.D., University of Miami

(PS5-C57) The Effects of Neighborhood Crime Rates on Negative Symptoms of Psychosis

Daniel Gordon, B.S., Zachary Millman, M.A., Pamela Rakhshan, B.A., Nicole Andorko, M.A., John Fitzgerald, B.A., Samantha Jay, B.S., LeeAnn Shan, M.S., Samantha Redman, M.A., Jason Schiffman, Ph.D., University of Maryland, Baltimore County

(PS5-C58) Participants with Schizophrenia Spectrum Disorders Do Not Detect Cognitive Improvement Following Computerized Cognitive Training

Emily Treichler, Ph.D.¹, Michael Thomas, Ph.D.², William Hochberger, Ph.D.¹, Yifeng Du, B.A.², Lauren Cordoso, M.A.², John Nungaray, B.A.², Wendy Zhang, B.A.³, Yash Joshi, M.D., Ph.D.², Andrew Bismark, Ph.D.⁴, Melissa Tarasenko, Ph.D.⁴, Gregory Light, Ph.D.¹, 1. VA San Diego MIRECC/University of California, San Diego, 2. University of California San Diego, 3. University of California San Diego/San Diego State University, 4. VA San Diego

- (PS5-C59) Relationship Between Abuse Type and Symptomology in Psychosis**
Jennifer M. Blank¹, Rebecca M. Wolfe, B.A.², William D. Spaulding, Ph.D.³, 1. University of Nebraska-Lincoln, 2. University of Nebraska-Lincoln, 3. University of Nebraska-Lincoln, Department of Psychology
- (PS5-C60) Sociocultural Variables that Predict Attrition from a Culturally Informed Group Therapy for Patients with Schizophrenia and Their Family Members**
Jessica Maura, M.S., Amy Weisman de Mamani, Ph.D., Renata Zatarain, University of Miami
- (PS5-C61) Financial Management and Technology Use Among Individuals with Serious Mental Illness**
Jessica Palmer-Bacon, B.S.¹, William D. Spaulding, Ph.D.², 1. University of Nebraska-Lincoln, 2. University of Nebraska-Lincoln, Department of Psychology
- (PS5-C62) Revising the Hinting Task for Use with Higher-functioning Populations**
Joel Martin, Ph.D., Briana Paul, Bri Borri, Jeff Carter, Emily Stark, Kimi Selgrad, Alaina Hanke, Christopher Sanders, Butler University
- (PS5-C63) The Role of Parenting and Family Functioning in the Development of Psychotic Experiences in Adolescence (TRAILS)**
Laura Steenhuis, M.A.¹, Marieke Pijnenborg, Ph.D.², Elise van der Stouwe, M.A.², Catharina Hartman, Ph.D.³, Andre Aleman, Ph.D.³, Agna Bartels-Veldhuis, Ph.D.³, Maaïke Nauta, Ph.D.¹, 1. University of Groningen, 2. University of Groningen, the Netherlands, 3. University Medical Center Groningen, the Netherlands
- (PS5-C64) Race in the “Decade of the Brain”: A Twenty-year Update**
Maku C. Orleans-Pobee, B.S., Arundati Nagendra, M.A., Mahogany Monette, B.A., David L. Penn, Ph.D., University of North Carolina at Chapel Hill
- (PS5-C65) CommonGround: An Exploration of Positive and Negative Experiences of the Program**
Melanie A. Watkins, M.A.¹, Kelsey Bonfils, Ph.D.², Callie Zaborenko, B.A.¹, Kimberly Drieson, Ph.D.¹, Michelle Salyers, Ph.D.¹, Melanie A. Watkin, M.A., 1. Indiana University Purdue University Indianapolis, 2. UCLA Department of Psychiatry and Biobehavioral Sciences
- (PS5-C66) An Examination of Heterosexual and Sexual Minority Targets with Schizophrenia**
Michelle L. Pattison, M.A., Debbie M. Warman, Ph.D., University of Indianapolis
- (PS5-C67) An Investigation of the Psychological Underpinnings of Control Delusions Using the Cognitive Model of Schizophrenia**
Nina Bertolami, B.A., Aaron T. Beck, M.D., Paul M. Grant, Ph.D., Perelman School of Medicine at the University of Pennsylvania
- (PS5-C68) Caregiver Depression and Anxiety Relate to Patient Dementia Severity**
Olivia Altamirano, B.A., Amy Weisman de Mamani, Ph.D., University of Miami
- (PS5-C69) Free Will Relates to Expressed Emotion in Caregivers of Patients with Dementia**
Olivia Altamirano, B.A., Amy Weisman de Mamani, Ph.D., University of Miami

(PS5-C70) Personal Beliefs/experiences and Stigma Toward Voice-hearers

*Peter Lee. Phalen, M.A.*¹, *Debbie M. Warman, Ph.D.*¹, *Joel Martin, Ph.D.*², 1. University of Indianapolis, 2. Butler University

(PS5-C71) Parental Psychological Control, Peer Victimization, Ethnic Discrimination, and Family Cohesion in Relation to University Students' Schizotypy

Vanessa S. Kuhlmann, B.A., *Marika Tsaturyan, Scott W. Plunkett, Ph.D.*, California State University, Northridge

Exhibit Hall B South

Poster Session 5D**Health Psychology / Behavioral Medicine - Adult;
Health Psychology / Behavioral Medicine - Child****PS5**

Key Words: *Behavioral Medicine, Pain, Child*

(PS5-D72) The Utility of Biofeedback Technology in Interoceptive Sensitivity for Pediatric Migraine Pain

Angela Antonikowski, Ph.D., *Karen Powers, M.D.*, Albany Medical College

(PS5-D73) Psychological Risk Factors Differentiating Pediatric NCCP From Children With Benign Cardiac Conditions

*Caleb Pardue, M.A.*¹, *Kamila White, Ph.D.*¹, *Jared Israel, Ph.D.*², *Mark Grady, M.D.*³, 1. University of Missouri-St. Louis, 2. Fiji National University, 3. University of Washington School of Medicine

(PS5-D74) Health indicators, Depression and Anxiety in Brazilian 13 Year Old Adolescents

Carmem B. Neufeld, Ph.D., *Juliana Maltoni*, University of São Paulo

(PS5-D75) The Relationship Between Cognitive Regulation and Exercise Intent in Adolescents Considering Future Consequences

Chelsy S. Simmons, Ph.D., *Adam T. Schmidt, Ph.D.*, *Jason Van Allen, Ph.D.*, Texas Tech University

(PS5-D76) Coping Strategies Used by Siblings and Parents When a Child Has Cancer

*Lydia Chevalier*¹, *Emily Pariseau, M.A.*¹, *Anna Muriel, M.D.*², *Kristin Long, Ph.D.*¹, 1. Boston University, 2. Dana Farber Cancer Institute and Harvard Medical School

(PS5-D77) Longitudinal Relations Among Glycemic Control and Internalizing Symptoms Among Youth with Type 1 Diabetes

Mary E. Keenan, B.A., *Kristoffer Berlin, Ph.D.*, *Rachel Ankney, M.S.*, *Kimberly Klages, M.S.*, *Tiffany Rybak, M.S.*, *Katherine Semenkovich, M.S.*, *Gabrielle Banks, M.S.*, *Ramin Alemzadeh, M.D.*, *Angelica Eddington, Ph.D.*, University of Memphis

- (PS5-D78) **Primary and Secondary Control Coping Strategies Predict Posttraumatic Stress, Depressive, and Anxious Symptoms in Parents of Pediatric Brain Tumor Patients**
Rachel Siciliano, B.A., Meredith Gruhn, Victoria Lawson, B.A., Jessica Cook, B.S., Radha Sathanayagam, Katherine Merritt, Bruce Compas, Ph.D., Vanderbilt University
- (PS5-D79) **Bringing Mindfulness to the Inner City: A Modified Mindfulness-Based Stress Reduction Group Intervention for Chronic Pain in Psychiatric Outpatients**
Alexandra P. Woods, Other, Laurie Gallo, Ph.D., Montefiore Medical Center
- (PS5-D80) **Health- and Risky-Behavior Clustering in a Sample of Emerging-adult College Students: Examining Differences in Executive Functioning**
Andrew Brauer, McGrath, B.A.¹, Renee Cloutier, M.S.², Maxwell Christensen, B.A.³, Surabhi Swaminath, High School¹, Sumejja Sobic, High School¹, Mauna Nolan, High School¹, Trent Foulkrod, High School¹, Mallory Francis, High School¹, Reece Thornton, High School¹, Craig Henderson, Ph.D.³, Daniel Taylor, Ph.D.², Jeremiah Weinstock, Ph.D.⁴, 1. Saint Louis University, 2. University of North Texas, 3. Sam Houston State University, 4. Saint Louis University Department of Psychology
- (PS5-D81) **Depression and the Use of Health Behaviors to Cope With Stress: A Daily Diary Study**
Anne E. Werkheiser, Dara G. Friedman-Wheeler, Ph.D., Kayla R. Prince, M.A., Abby R. Litovsky, B.A., Goucher College
- (PS5-D82) **Gut Microbiome and Psychological Distress: Is Gut Bacteria Associated With Mood?**
Ashley R. Polokowski, M.A.¹, Haque M. Shakil, B.S.², Laura C. Reigada, Ph.D.², 1. The Graduate Center, City University of New York, 2. Brooklyn College, City University of New York
- (PS5-D83) **Subjective Social Status and Eating Expectancies Among College Students: An Examination of the Role of Emotion Dysregulation**
Brooke Kauffman, M.A.¹, Jafar Bakhshaie, M.D.¹, Kara Manning, B.A.¹, Andrew H. Rogers, B.A.¹, Michael Zvolensky, Ph.D.², 1. University of Houston, 2. University of Houston and The University of Texas MD Anderson Cancer Center
- (PS5-D84) **Investigation of the Occurrence and Maintenance of Fear of Needles**
Suzuka Hako, Kohei Kambara, M.D., Akiko Ogata, Ph.D., Hiroshima University
- (PS5-D85) **The Effect of Trauma Exposure and PTSD on HIV Medication Adherence**
Tiffany R. Glynn, M.S.¹, Steven A. Safren, Ph.D.¹, Adam W. Carrico, Ph.D.², Deborah L. Jones, Ph.D.², Daniel J. Feaster, Ph.D.², Allan E. Rodriguez, M.D.², 1. University of Miami, 2. University of Miami Miller School of Medicine
- (PS5-D86) **Distress Tolerance as an Etiological Factor in the Relation Between Stress and Gut-related Malady?**
Casey D. Wright, M.S.¹, Daniel W. McNeil, Ph.D.², 1. West Virginia University, 2. Departments of Psychology, and Dental Practice & Rural Health

(PS5-D87) Anxiety and Depression Mediate the Relation Between Experiential Avoidance in Asthma and Clinical Outcomes

Chelsey A. Werchan, M.A.¹, Hans-Ulrich Wittchen, Ph.D.², Jens Klotsche, Ph.D.³, Andrew Gloster, Ph.D.⁴, Oliver Riedel, Ph.D.⁵, Thomas Ritz, Ph.D.¹, 1. Southern Methodist University, 2. Technische Universität Dresden, 3. Deutsches Rheumaforschungszentrum, 4. University of Basel, 5. Leibniz-Institute for Prevention Research and Epidemiology

(PS5-D88) Examining Sex Differences in Dimensions of Compulsive Exercise

Christina Scharmer, B.A.¹, Joseph M. Donahue, M.A.¹, Drew Anderson, Ph.D.², 1. University at Albany, State University of New York, 2. Department of Psychology, University at Albany, SUNY

(PS5-D89) Cognitive Behavior Therapy for Menopausal Symptoms: Outcomes from a Randomized Controlled Trial Evaluating the CBT-Meno Program

Sheryl M. Green, Ph.D.¹, Eleanor Donegan², Benicio N. Frey, M.D.¹, Donna M. Fedorkow, M.D.³, Brenda E. Key, Ph.D.¹, David L. Streiner, Ph.D.³, Randi E. McCabe, Ph.D.⁴, 1. McMaster University and St. Joseph's Healthcare Hamilton, 2. St. Joseph's Healthcare Hamilton, 3. McMaster University, 4. Anxiety Treatment and Research Clinic, St. Joseph's Healthcare, Hamilton

(PS5-D90) Cognitive-Behavioral Coping Strategies and Acceptance in Women With Parkinson's Disease

Lauren A. Stutts, Ph.D., Kianna Speight, Seeley Yoo, Davidson College

(PS5-D91) Trauma in Israeli Lone Soldiers on Active Duty: Magnifying the Impact of Child Abuse and Neglect on Current Trauma Symptoms

Faigy Mandelbaum¹, Jordan Conrad², Rochel Ozur³, Laura Rabin, Ph.D.¹, 1. Brooklyn College of CUNY, 2. Maimonides Medical Center, 3. Sara Schenirer

2:45 p.m. – 3:45 p.m.

Exhibit Hall B South

Poster Session 6A

PTSD

PS6

Key Words: PTSD (Posttraumatic Stress Disorder), CPT (Cognitive Processing Therapy), Social Relationships

(PS6-A1) The Relationship Between PTSD and Interpersonal Functioning During Cognitive Processing Therapy

Kayla A. Lord, B.A.¹, Michael K. Suwak, Ph.D.¹, Jeanine Lane, M.A.², Anne Wagner, Ph.D.², Norman Shields, Ph.D.³, Shannon Wiltsey-Stirman, Ph.D.⁴, Candice Monson, Ph.D.², 1. Suffolk University, 2. Ryerson University, 3. Veterans Affairs Canada, 4. US VA National Center for PTSD & Department of Psychiatry and Behavioral Sciences, Stanford University

- (PS6-A2) **Psychological Inflexibility and Altered Frontal to Basal Ganglia Resting State Functional Brain Connectivity in Posttraumatic Stress Disorder**
Kenia M. Velasquez, M.A.¹, Savannah Gosnell², Steven L. Bistricky, Ph.D.¹, Stephanie Segovia¹, Gabriela Romero¹, Tyler Duke¹, Ramiro Salas, Ph.D.², 1. University of Houston - Clear Lake, 2. Baylor College of Medicine
- (PS6-A3) **Trauma Symptoms and Barriers to the Utilization of Social Networks: Moderating Effects of Disclosure Expectancies and Existing Support**
Kenneth E. McClure, B.S., B.A., Adam J. Ripley, M.S., Shira Kern, M.S., Mary K. Lear, M.S., Ryan M. Kozina, M.S., Joshua D. Clapp, Ph.D., University of Wyoming
- (PS6-A4) **Interceptive Accuracy Among Sexual Trauma Survivors: Ecological Momentary Assessment Future Directions**
Kristen M. Reinhardt, M.S.¹, Nancy L. Zucker, Ph.D.², 1. University of Oregon, 2. Duke University Medical Center
- (PS6-A5) **A Meta-Analytic Review of the Relationship Between Self-Efficacy and Posttraumatic Stress Disorder**
Laura J. Long, B.A., Matthew W. Gallagher, Ph.D., University of Houston
- (PS6-A6) **(De)Constructing Trauma: Using an Ecological Momentary Assessment Approach to Examine Maintenance of Posttraumatic Symptoms in Daily Life**
Lauren E. Szkodny, Ph.D.¹, Michelle G. Newman, Ph.D.², 1. Dartmouth-Hitchcock Medical Center, 2. The Pennsylvania State University
- (PS6-A7) **Treating Complex PTSD Using a Cognitive Restructuring Approach in a Community Mental Health Setting**
Leonard A. Doerfler, Ph.D.¹, Andrea Wolloff, M.A.², Stefanie Gregware, M.A.², 1. Assumption College, 2. Bridge of Central Massachusetts
- (PS6-A8) **Interpreter-Mediated Prolonged Exposure Therapy for Posttraumatic Stress Disorder: A Case Study**
Matthew J. Woodward, Ph.D.¹, Rosawa Orengo-Aguayo, Ph.D.², Regan Stewart, Ph.D.², Alyssa Rheingold, Ph.D.², 1. Western Kentucky University, 2. Medical University of South Carolina
- (PS6-A9) **A Novel Program for Identifying and Addressing the Mental Health Needs of Rural Traumatically Injured Patients**
Meagan Camp, M.A., Olivia Eilers, B.S., Kayla Whaley, B.S., Jennifer Winkelmann, M.A., Lauren Barnes, M.A., Tatiana Davidson, Ph.D., Kenneth J. Ruggiero, Ph.D., Medical University of South Carolina
- (PS6-A10) **Exploring Predictors of Resilience Among First Responders**
Michael L. Dolezal, B.A., Jeff Holguin, M.A., Jacob Bentley, ABPP, Brandy Tidwell, B.A., Seattle Pacific University
- (PS6-A11) **Retention in Trauma-Focused Therapy Among Military Sexual Trauma Survivors: Relationship Between Veterans' Sexual or Gender Minority Identification**
Minden B. Sexton, Ph.D.¹, Heather M. Cochran, Ph.D.¹, Katherine Porter, Ph.D.², Erin Smith, Ph.D.², Jessica R. Schubert, Ph.D.², Brian Martis, M.D.², 1. Ann Arbor Veterans Administration Healthcare System, 2. Ann Arbor Veterans Healthcare System

- (PS6-A12) **PTSD and Dysfunctional Parenting: Emotional and Biological Mechanisms**
Molly R. Franz, M.A., Alexandra Brockdorf, B.A., Elizabeth Alexander, Abbie Sanders, David DiLillo, Ph.D., University of Nebraska-Lincoln
- (PS6-A13) **Borderline Personality Features Mediate the Relationship Between Child Abuse and PTSD Symptoms Among Adult Treatment-Seeking Women**
Nicole M. Heath, Ph.D., Vanessa Tirone, Ph.D., Teresa Lillis, Ph.D., Natalie Stevens, Ph.D., Rush University Medical Center
- (PS6-A14) **Psychometric Properties and Validation of PCL-5 in Colombian Armed Conflict Victim Population**
Julian D. Moreno, M.A.¹, Nicolás García, M.A.², Leonidas Castro-Camacho, ABPP¹, 1. University of los Andes, 2. University of Los Andes
- (PS6-A15) **Using Technology as an Engaging Tool to Screen for Pediatric PTSD**
Noah K. Suzuki, B.A., Rebecca Yeh, B.A., Kevin Narine, Yinyin Zang, Ph.D., Anu Asnaani, Ph.D., Perelman School of Medicine at the University of Pennsylvania
- (PS6-A16) **The Latent Structure of Post-traumatic Stress Disorder Among Refugees Settled in Australia: Culturally Validating the DSM-5 Model**
Philippa Specker, B.Psych(Hons)¹, Belinda Liddell, Ph.D.¹, Yulisha Byrow, Ph.D.¹, Richard A. Bryant, Ph.D.², Angela Nickerson, Ph.D.¹, 1. Refugee Trauma and Recovery Program, School of Psychology, University of New South Wales, Sydney, Australia, 2. UNSW Sydney
- (PS6-A17) **The Mechanisms of Effect of Resilience on Posttraumatic Stress: An Exploratory Study**
Ping Zheng, Ph.D., Elmira College
- (PS6-A18) **Distress Tolerance as a Moderator of the Association of PTSD Symptom Severity and Alcohol Use in a Trauma-Exposed College Sample**
Rachel Ranney, M.A.¹, Salpi Kevorkian, B.A.², Nadia Chowdhury, B.S.³, Ananda Amstadter, Ph.D.³, Danielle Dick, Ph.D.³, Erin Berenz, Ph.D.¹, 1. University of Illinois at Chicago, 2. Columbia University, 3. Virginia Commonwealth University
- (PS6-A19) **The Effect of Multiple Traumatic Events on Coping Strategies in Female Interpersonal Trauma Survivors**
Rebecca Cheshier, M.A.¹, Michael Griffin, Ph.D.², Rebecca Delgado¹, 1. University of Missouri - St. Louis, 2. University of Missouri-St. Louis
- (PS6-A20) **Differences in PTSD as a Principal and Comorbid Diagnosis**
Reina Kiefer, B.A., Caroline E. Balling, B.S., Sophie Kerr, B.A., Mark Zimmerman, M.D., Rhode Island Hospital/Alpert Medical School of Brown University
- (PS6-A21) **A Crosswalk for the PTSD Checklist: Translating Scores From DSM-IV to DSM-5**
Samantha Moshier, Ph.D.¹, Michelle Bovin, Ph.D.², Daniel Lee, Ph.D.², Gabrielle Gauthier, B.A.², Alexandra Zax, B.A.², Raymond Rosen, Ph.D.³, Terence Keane, Ph.D.¹, Brian Marx, Ph.D.², 1. VA Boston Healthcare System, 2. National Center for PTSD, Behavioral Sciences Division and VA Boston Healthcare System, 3. New England Research Institutes, Inc.

(PS6-A22) Demographic Predictors of Psychotherapy Utilization at VA Hospitals Among Veterans Diagnosed With PTSD: Who Gets an Adequate Dose?

Sarah E. Kleiman, Ph.D.¹, Samantha Moshier, Ph.D.¹, Hassen Abdulkерim, M.S.¹, Michelle Bovin, Ph.D.², Gabrielle Gauthier, B.A.², Alexandra Zax, B.A.², Daniel Bertenthal, M.P.H.³, Raymond Rosen, Ph.D.⁴, Terence Keane, Ph.D.⁵, Brian Marx, Ph.D.², 1. Boston VA Healthcare System, 2. National Center for PTSD, Behavioral Sciences Division and VA Boston Healthcare System, 3. San Francisco VA Medical Center, 4. New England Research Institutes, Inc., 5. VA Boston Healthcare System

(PS6-A23) Assumptive World Beliefs Predicts Public Stigma for Men and Women Veterans With Combat-Related PTSD

Sean A. Lauderdale, Ph.D.¹, Raymond Daniel², Heather Caldwell, M.S.³, 1. Texas A&M-Commerce, 2. Texas A&M University Commerce, 3. Pittsburg State University

(PS6-A24) Self-Medication With Alcohol Among Individuals With PTSD: The Intervening Role of Negative Affect

Shira Kern, M.S., Mary K. Lear, M.S., Ryan M. Kozina, M.S., Adam J. Ripley, M.S., Joshua D. Clapp, Ph.D., University of Wyoming

(PS6-A25) Perceived Injustice: A Novel Mechanism Linking Trauma Exposure to Psychological Distress Among Refugees

Shraddha Kashyap, Ph.D.¹, Belinda Liddell, Ph.D.², Angela Nickerson, Ph.D.¹, 1. Refugee Trauma and Recovery Program, School of Psychology, University of New South Wales, Sydney, Australia., 2. Refugee Trauma and Recovery Program, School of Psychology, University of New South Wales, Sydney, Australia

(PS6-A26) Acceptability of Peer Support Specialists in the Treatment of Trauma: A Mixed-Methods Pilot Study

Stacey B. Armstrong, Ph.D.¹, Alan K. Davis, Ph.D.², 1. Summa Health, 2. Johns Hopkins School of Medicine

Exhibit Hall B South

Poster Session 6B

ADHD-Child

PS6

Key Words: ADHD- Child/Adolescent, Parenting, Comorbidity

(PS6-B27) Comorbid Child Psychopathology as a Predictor of Treatment Seeking for African American Caregivers of Children With ADHD

Dahila Pettie, B.S., Alfonso L. Floyd, Jr., M.Sc., Heather A. Jones, Ph.D., Laura Eddy, M.S., Virginia Commonwealth University

- (PS6-B28) Increased Working Memory Load in a Dual-Task Design Impairs Nonverbal Social Encoding in Children With and Without Attention-Deficit/Hyperactivity Disorder**
Dane C. Hilton, M.A.¹, Matthew A. Jarrett, Ph.D.¹, Ana Rondon, M.A.¹, Joshua Tutek, M.A.¹, Mazheruddin M. Mulla², 1. The University of Alabama, 2. University of Alabama
- (PS6-B29) Inattention and Hyperactivity-Impulsivity Symptoms and Their Relation to Single-Word Reading and Reading Comprehension**
Elizabeth SM. Chan, M.A.¹, Jan Frijters, Ph.D.², Joan Bosson-Heenan¹, 1. Yale Medical School, 2. Brock University
- (PS6-B30) ADHD Symptoms Do Not Moderate Outcomes to a Community-based Behavioral Parent Training Model Delivered in the Voluntary Sector in Denmark**
Elizabeth Parham Horn¹, Maria Michelle Vardanian¹, Christoffer Scavenius², Anil Chacko, Ph.D.¹, 1. New York University, 2. VIVE - The National Research and Analysis Center for Welfare
- (PS6-B31) Associations Between Impulsivity and Impairment in Adolescents with ADHD: Examining DSM-5 Symptoms and the Barratt Impulsiveness Scale-11**
Emma Rogers, B.A.¹, Kari Benson, M.S.¹, Samantha Margherio, M.A.¹, W. John Monopoli, M.A.¹, Steven W. Evans, Ph.D.¹, George J. DuPaul, Ph.D.², Julie S. Owens, Ph.D.¹, 1. Ohio University, 2. Lehigh University
- (PS6-B32) Neurocognitive Therapy for Youth with ADHD: Baseline Working Memory Status as a Moderator for Treatment Outcomes**
Gabrielle A. MacNaughton¹, Anil Chacko, Ph.D.¹, Anne C. Bedard², David Marks³, Alyssa Chimiklis¹, 1. New York University, 2. University of Toronto, 3. New York University School of Medicine
- (PS6-B33) Examining the Relationship Between Teacher Acceptability and Integrity in the Context of a Teacher-implemented Social Inclusion Intervention**
Hannah Kassab, B.S.¹, Ann Justice¹, Julie S. Owens, Ph.D.¹, Amori Mikami, Ph.D.², Steven W. Evans, Ph.D.¹, 1. Ohio University, 2. University of British Columbia
- (PS6-B34) Sugar Consumption, Emotion Regulation, and Intrinsic Functional Connectivity of the Amygdala in Children with ADHD**
Jill M. Stadterman, B.A., Krystin Belthoff, B.A., Amy K. Roy, Ph.D., Fordham University
- (PS6-B35) Objective Measurement of Hyperactivity Using Sensors and Machine Learning**
Jordan L. Harris, B.S.¹, Oliver Lindhiem, Ph.D.², Mayank Goel, Ph.D.³, Sam Shaaban, MBA⁴, 1. University of Pittsburgh Medical Center, 2. University of Pittsburgh, 3. Carnegie Mellon University, 4. NuRelm
- (PS6-B36) Temperamental Negative Affect, Anger Dysregulation, and Externalizing Problems in Children With ADHD**
Kirsten Leaberry, M.A., Kelly Slaughter, M.S., Nicholas Fogleman, M.S., Paul Rosen, Ph.D., The University of Louisville

- (PS6-B37) Trajectories of Depression Symptoms in Adolescence: The Interplay of Maternal Emotion Regulation Difficulties and Youth ADHD Symptomatology**
Lauren E. Oddo, B.A.¹, Julia Felton, Ph.D.², Michael Meinzer, Ph.D.¹, Heather Mazursky-Horowitz, M.A.¹, Carl W. Lejuez, Ph.D.³, Andrea Chronis-Tuscano, Ph.D.¹, 1. University of Maryland- College Park, 2. Michigan State University, 3. University of Kansas
- (PS6-B38) ADHD Parent Survey of Traditional and Non-Traditional Intervention Attitudes and Utilization**
Lawrence A. Vitulano, ABPP, Ph.D.¹, Hedy Kober, Ph.D.², John Mitchell, Ph.D.³, Michael Vitulano, Ph.D.⁴, James Leckman, M.D., Ph.D.¹, David Saunders, M.D., Ph.D.¹, Naomi Davis, Ph.D.³, Bethany Goodhue, B.A.², Bekir Artukoglu, M.D.⁵, 1. Yale School of Medicine, 2. Yale Department of Psychiatry, 3. Duke University Medical Center, 4. Seattle Children's Hospital and University of Washington, 5. Yale University School of Medicine
- (PS6-B39) Treatment Response Among Preschoolers With ADHD: The Role of Emotion Understanding**
Megan Hare, M.A., Alexis M. Garcia, M.S., Katie Hart, Ph.D., Paulo Graziano, Ph.D., Florida International University
- (PS6-B40) Impact of ADHD Diagnosis and Treatment on Conceptions of Self, Other, and Identity: A Systematic Qualitative Review of Young People With ADHD**
Michael D. Levy, M.A., Gabrielle A. MacNaughton, Madhavi Challa, New York University
- (PS6-B41) Predictors of Change in ADHD Symptom Severity: The Role of Parent Stress and Treatment Fidelity**
Molly Daffner, M.Ed., George J. DuPaul, Ph.D., Lee Kern, Ph.D., Lehigh University
- (PS6-B42) Attention Problems as a Mediator in the Relation Between Executive Function and Social Skills**
Nicole M. Ferretti, B.S.¹, Savannah L. King, B.A.¹, Matthew A. Jarrett, Ph.D.¹, Thomas H. Ollendick, Ph.D.², 1. The University of Alabama, 2. Virginia Polytechnic Institute and State University
- (PS6-B43) Emotion Regulation and Working Memory in ADHD**
Nicole B. Groves, B.S., Michael Kofler, Ph.D., Erica Wells, M.S., Taylor Day, M.S., Florida State University
- (PS6-B44) Child Attention-Deficit/Hyperactivity Disorder Treatment in Medical Homes**
Rashed AlRasheed, B.S., University of California, San Francisco
- (PS6-B45) The Relationship Between Maternal Distress and Adjustment Problems in Adolescents with Attention-Deficit/Hyperactivity Disorder: An Examination of Routines and Communication as Moderators**
Ryan N. Cummins, M.A., Mary Lou Kelley, Ph.D., Louisiana State University
- (PS6-B46) Early Development of Comorbidity Between Symptoms of ADHD and Anxiety**
Shannon Gair, B.A., Hallie Brown, M.S., Sungha Kang, B.A., Elizabeth Harvey, Ph.D., University of Massachusetts Amherst
- (PS6-B47) Teachers' Racial Attitudes and Ratings of Inattention and Hyperactivity**
Sungha Kang, B.A., Elizabeth Harvey, Ph.D., University of Massachusetts Amherst

- (PS6-B48) **Targeting Self-Regulation and Academic Functioning Among Preschoolers With Behavior Problems: Are There Incremental Benefits to Including Cognitive Training as Part of a Classroom Curriculum?**
Taylor Landis, B.S., Katie Hart, Ph.D., Paulo Graziano, Ph.D., Florida International University
- (PS6-B49) **Does Monitoring ADHD Symptoms Improve Them? A Smartphone-based Ecological Momentary Assessment (EMA) Study of Adolescents With ADHD**
Traci M. Kennedy, Ph.D., Sarah E. White, M.A., Brooke Molina, Ph.D., Sarah Pedersen, Ph.D., University of Pittsburgh

Exhibit Hall B South

Poster Session 6C

Child / Adolescent - Anxiety

PS6

Key Words: *Child Anxiety, Parenting*

- (PS6-C50) **Maternal Minimizing Reactions Moderate the Relationship Between Frustration Intolerance and Anxiety Symptoms in Late Childhood**
Abigail E. Hanna, B.A., Emma C. Woodward, M.A., Elizabeth M. Raines, B.S., Andres G. Viana, Ph.D., University of Houston
- (PS6-C51) **Catastrophizing Reactions Mediate the Relationship Between Inhibited Temperament and Social Anxiety Symptom Severity in Late Childhood**
Abigail E. Hanna, B.A., Elizabeth M. Raines, B.S., Emma C. Woodward, M.A., Andres G. Viana, Ph.D., University of Houston
- (PS6-C53) **The Relation Between Risk Perception and Anxiety in Youth: An Investigation Using a Novel Behavioral Paradigm**
Alicia R. Fenley, M.A.¹, David A. Langer, Ph.D.², Donna Pincus, Ph.D.³, Madeleine Rassaby⁴, Peter Blake, Ed.D.³, 1. Boston University, 2. Department of Psychological and Brain Sciences Boston University, 3. Boston University, Department of Psychological and Brain Sciences, 4. Boston University Center for Anxiety and Related Disorders
- (PS6-C54) **Cognitive Restructuring and Exposure Tasks Outperform Relaxation Training and Mentorship in Clinically Anxious Youth**
Amanda Hicks, M.S.¹, Claire Morrison, B.S.¹, Kate Fitzgerald, M.D.¹, Chris Monk, Ph.D.¹, John Piacentini, ABPP, Ph.D.², Emily Bilek, Ph.D.¹, 1. University of Michigan, 2. UCLA School of Medicine
- (PS6-C55) **Developmental Trajectories of Specific Anxiety Symptoms in Early Childhood Relate to the Error-Related Negativity in Kindergarten**
Anne E. Kalomiris, M.A.¹, Robin D. Thomas, Ph.D.², Elizabeth J. Kiel, Ph.D.³, 1. Miami University, 2. Miami University Psychology Department, 3. Miami University of Ohio

- (PS6-C56) The Indirect Effect of Parity on Child Anxiety Risk Through Maternal Protective Behavior is Conditional on Maternal Respiratory Sinus Arrhythmia**
Anne E. Kalomiris, M.A.¹, Sydney M. Risley, B.S.², Lauren B. Jones, B.A.³, Elizabeth J. Kiel, Ph.D.², 1. Miami University, 2. Miami University of Ohio, 3. Miami University Psychology Department
- (PS6-C57) Does Cognitive Control Moderate the Relation Between Risk Factors for Psychopathology and Later Outcomes?**
Anni R. Subar, B.A.¹, George A. Buzzzell, Ph.D.², Jessica F. Sachs, B.S.¹, Nathan A. Fox, Ph.D.², Ellen Leibenluft, M.D.¹, Daniel S. Pine, M.D.¹, Courtney Filippi, Ph.D.¹, 1. National Institute of Mental Health, 2. University of Maryland, College Park
- (PS6-C58) Working From Home: An Initial Pilot Examination of Videoconferencing-Based Cognitive Behavioral Therapy for Anxious Youth Delivered to the Home Setting**
Aubrey L. Carpenter, Ph.D.¹, Donna Pincus, Ph.D.², Jami M. Furr, Ph.D.³, Jonathan S. Comer, Ph.D.⁴, 1. Massachusetts General Hospital/Harvard Medical School, 2. Boston University, Department of Psychological and Brain Sciences, 3. Florida International University, 4. Mental Health Interventions and Technology (MINT) Program, Florida International University
- (PS6-C59) Testing the Cognitive Control Model of Pathological Worry in Youth**
Briana Brownlow, M.A.¹, Margot Bastin, M.A.², Patricia Bijttebier, Ph.D.², Michael Vasey, Ph.D.¹, 1. The Ohio State University, 2. University of Leuven
- (PS6-C60) Optimizing Adolescent, Parent, and Peer Confederate Reports in Evidence-Based Assessment of Adolescent Social Anxiety**
Bridget A. Makol¹, Lara Glenn, MPS², Eric A. Youngstrom, Ph.D.³, Sarah Racz, Ph.D.⁴, Andres De Los Reyes, Ph.D.⁵, 1. DePaul University, 2. University of Maryland, College Park, 3. University of North Carolina at Chapel Hill, 4. University of Maryland-College Park, 5. University of Maryland at College Park
- (PS6-C61) Fear Conditioning in a Large Sample of Pre-adolescent Youth With and Without Anxiety Disorders**
Carly Johnco, Ph.D.¹, Ella Oar, Ph.D.¹, Jasmine Fardouly, Ph.D.¹, Natasha Magson, Ph.D.¹, Allison Waters, Ph.D.², Jennifer Britton, Ph.D.³, Ron Rapee, Ph.D.¹, 1. Macquarie University, 2. School of Applied Psychology, Griffith University, 3. University of Miami
- (PS6-C62) Maternal and Paternal Anxiety Disorders and Early Intervention Outcomes for Behaviorally Inhibited Preschool Children**
Christine H. Wang, M.S.¹, Christina Danko, Ph.D.², Rebekah Badders, M.A.², Rachael Clinton, B.S.¹, Danielle Novick, B.A.¹, Matthew G. Barstead, M.S.¹, Nicholas Wagner, Ph.D.¹, Kelly Smith, B.A.¹, Lea R. Dougherty, Ph.D.², Kenneth Rubin, Ph.D.¹, Andrea Chronis-Tuscano, Ph.D.¹, 1. University of Maryland-College Park, 2. University of Maryland, College Park
- (PS6-C63) Young Child Behavior and Distress During Structured Health Care Appointments**
Christopher K. Owen, B.S.¹, Kelsey Eackles¹, Morgan Simpson¹, Francesca Folio¹, Lauren B. Quetsch, M.S.¹, Christa Lilly, Ph.D.¹, Masahiro Heima, Ph.D.², Cheryl B. McNeil, Ph.D.¹, Daniel W. McNeil, Ph.D.³, 1. West Virginia University, 2. Case Western Reserve University, 3. Departments of Psychology, and Dental Practice & Rural Health

- (PS6-C64) Cognitive and Emotional Risk Factors for Victims of Bullying: Moderators of Symptomatology in Anxious/Depressed Youth**
Cindy Chang, B.A., Emily Badin, B.A., Brian C. Chu, Ph.D., Rutgers University
- (PS6-C65) Perceived Control of Anxiety as a Protective Factor for Worry Beliefs and Symptoms**
Clayton Alfred, B.S., Shannon Manley, M.A., Sarah E. Francis, Ph.D., University of Toledo
- (PS6-C66) Pupillary Differences During Decision-Making are Associated with Intolerance of Uncertainty**
Colette Gramszlo, M.Sc., Angela H. Lee, B.A., Katherine Dixon, M.S., Cara Cashon, Ph.D., Janet Woodruff-Borden, Ph.D., University of Louisville
- (PS6-C67) Child Age as a Moderator of the Relationship Between Maternal Over-control and Child Anxiety**
Coralanne J. Hocking, B.S., Elizabeth M. Raines, B.S., Emma C. Woodward, M.A., Abigail E. Hanna, B.A., Andres G. Viana, ABPP, Ph.D., University of Houston
- (PS6-C68) Latent Classes of Emotion Expressivity During Mid-adolescence: Relations to Social Functioning**
Daniel W. McNeil¹, Casey D. Wright, M.S.¹, Janice Zeman, Ph.D.², 1. West Virginia University, 2. College of William and Mary
- (PS6-C69) Predictors and Moderators of Treatment Attendance in Early Intervention Programs for Behaviorally Inhibited Preschool Children**
Danielle Novick, B.A.¹, Christina Danko, Ph.D.², Matthew G. Barstead, M.S.¹, Rebekah Badders, M.A.², Rachael Clinton, B.S.¹, Christine H. Wang, M.S.¹, Kelly Smith, B.A.¹, Nicholas Wagner, Ph.D.¹, Lea R. Dougherty, Ph.D.², Robert J. Coplan, Ph.D.³, Kenneth Rubin, Ph.D.¹, Andrea Chronis-Tuscano, Ph.D.¹, 1. University of Maryland- College Park, 2. University of Maryland, College Park, 3. Carleton University
- (PS6-C70) Social Reticence and Adolescent Anxiety**
Dominique A. Phillips, B.S.¹, Anni R. Subar, B.A.¹, Kaylee Seddio, Ph.D.², George A. Buzzell, Ph.D.², Nathan A. Fox, Ph.D.², Daniel S. Pine, M.D.¹, Anita Harrewijn, Ph.D.¹, Courtney Filippi, Ph.D.¹, 1. National Institute of Mental Health, 2. University of Maryland, College Park
- (PS6-C71) Examining the Differential Relationships Between Components of Anxiety Sensitivity and Internalizing Symptoms in Youth**
Elizabeth R. Halliday, B.S., Ashley M. Shaw, Ph.D., Jill Ehrenreich-May, Ph.D., University of Miami
- (PS6-C72) Cognitive Distortions Mediate the Relationship Between Inhibitory Control and Anxiety Symptom Severity in a Sample of Anxious Youth**
Elizabeth M. Raines, B.S., Abigail E. Hanna, B.A., Emma C. Woodward, M.A., Andres G. Viana, Ph.D., University of Houston

Poster Session 6D

Dissemination / Implementation; Treatment - Other

PS6

Key Words: Cognitive Biases/Distortions

- (PS6-D73) **Using Cognitive Bias Modification to Alter Attachment Security**
Emma L. Doolan, B.Psych Sci, Richard A. Bryant, Ph.D., UNSW Sydney
- (PS6-D74) **Treatment Seeking Processes in an Online Sample of Non-Treatment-Engaged Adults**
Erin F. Ward-Ciesielski, Ph.D.¹, Shireen L. Rizvi, ABPP, Ph.D.², 1. Hofstra University, 2. Rutgers University
- (PS6-D75) **Long-term Service Use Outcomes From the Child STEPs in California Effectiveness Trial**
Glory A. Oh, B.A.¹, Alayna L. Park, M.A.², Bruce F. Chorpita, Ph.D.², 1. University of California, Los Angeles, 2. University of California Los Angeles
- (PS6-D76) **Treatment Seeking Behavior and Perceived Barriers in a Diverse Undergraduate Sample**
Jaime A. Coffino, M.P.H., M.A., Lauren Blau, B.S., Julia M. Hormes, Ph.D., University at Albany, State University of New York
- (PS6-D77) **Impact of Early Exposure to CM Reinforcement**
Julia Osborne, M.A.¹, Jeremiah Weinstock, Ph.D.², Carla Rash, Ph.D.³, 1. Saint Louis University, 2. Saint Louis University Department of Psychology, 3. UConn Health School of Medicine
- (PS6-D78) **Investigation of the Relationship Between Number of Treatment Targets and Improvement Ratings**
Kalyn L. Holmes, B.S.¹, Trina Orimoto, Ph.D.², David Jackson, Ph.D.², Jonathan Ahuna¹, Charles W. Mueller, Ph.D.¹, 1. University of Hawai'i at Manoa, 2. Child & Adolescent Mental Health Division, Department of Health Hawai'i
- (PS6-D79) **Implementation and Evaluation of Treatment Outcomes Research Among Children Admitted to an Evidence-Based Partial Hospital Program**
Katharine E. Musella, B.A.¹, Mona Yaptangco, Ph.D.², Teri Preddy, Ph.D.², Stephanie H. Parade, Ph.D.², Anne S. Walters, Ph.D.², 1. E. P. Bradley Hospital, 2. Alpert Medical School of Brown University
- (PS6-D80) **Self-Regulation in Youth Psychotherapy: A Systematic Review of Randomized Controlled Trials**
Katherine Venturo-Conerly, Akash Wasil, John Weisz, ABPP, Ph.D., Harvard University
- (PS6-D81) **Ecologically Valid Evaluation of a Video Bystander Program for Sexual Assault Prevention: A Randomized Controlled Trial**
Kathleen Herzig, Ph.D., Plymouth State University

- (PS6-D82) Individual Difference Predictors of Attentional Vigilance and Avoidance and Effectiveness of an Attention Bias Modification Treatment in Social Anxiety**
Klavdia Neophytou, M.S.¹, Georgia Panayiotou, Ph.D.², Demetra Spyrou, B.A.¹, 1. University of Cyprus, 2. Department of Psychology, University of Cyprus
- (PS6-D83) Informed Decision Making in Psychotherapy: Child and Parent Preferences for Information About Treatment**
Laura J. Nelson, B.A.¹, Lindsay Holly, Ph.D.², David A. Langer, Ph.D.³, 1. Center for Anxiety and Related Disorders, Boston University, 2. Boston University, 3. Department of Psychological and Brain Sciences Boston University
- (PS6-D84) Evaluating Attention-Training Paradigms in Attention Bias Modification for Depression**
Lucas JA. Kelberer, M.S., Morganne A. Kraines, M.S., Cassandra P. Krug, M.S., Tony T. Wells, Ph.D., Oklahoma State University
- (PS6-D85) The Acute Effects of 5-Methoxy-N,N-Dimethyltryptamine are Associated With Improvements in Depression and Anxiety Symptoms**
Sara So, M.S.¹, Rafael Lancelotta, B.A.², Joseph P. Barsuglia, Ph.D.³, Robert Grant, M.P.H., M.D.⁴, Roland Griffiths, Ph.D.⁵, Alan K. Davis, Ph.D.⁶, 1. Johns Hopkins University School of Public Health, 2. University of Wyoming, 3. No Current Academic Affiliation, 4. University of California San Francisco, 5. Johns Hopkins University School of Medicine, 6. Johns Hopkins School of Medicine
- (PS6-D86) Examining Factors that Explain the Relationship Between Identifying a Mental Illness and Recommending Treatment**
Vinushini Arunagir, M.A., Olivia Peros, M.A., Erin F. Ward-Ciesielski, Ph.D., Hofstra University
- (PS6-D87) Evaluation of the Unified Protocol in a Community Mental Health Center: Feasibility and Preliminary Effectiveness Compared to Treatment as Usual**
Abigail Barthel, B.A., Kristina Conroy, B.A., Shannon Sauer-Zavala, Ph.D., David H. Barlow, ABPP, Stefan G. Hofmann, Ph.D., Boston University Center for Anxiety and Related Disorders
- (PS6-D88) Acceptability and Feasibility of a School Mental Health Consultation Service**
Abigail M. Stark, B.A., M.S.¹, Julia Martin Burch, Ph.D.², Katie Thorpe Blaha, Ph.D.³, Charles Jodoin⁴, Mona Potter, M.D.², 1. Suffolk University, 2. McLean Hospital, 3. McLean Hospital/Harvard Medical School, 4. Falmouth Public Schools
- (PS6-D89) Behavioral Intentions for Evidence-based Practice Implementation: Differences Between Community Mental Health and School Mental Health Therapists**
Albert C. Mah, B.A.¹, Taylor A. Stacy, B.S.², Brad J. Nakamura, Ph.D.², 1. University of Hawaii at Manoa, 2. University of Hawai'i at Manoa
- (PS6-D90) Predicting Duration of Treatment Across Multiple Evidence Based Practices in a Community Mental Health Agency**
Amanda G. Gentz, B.A., Britni M. Kay, B.A., Jennifer Regan, Ph.D., Cameo F. Stanick, Ph.D., Debbie Manners, LCSW, Hathaway-Sycamores Child and Family Services

- (PS6-D91) Process Evaluation of Dialectical Behavior Therapy Dissemination: Knowledge Retention and Recursive Training Effects**
Amber M. Holbrook, Ph.D.¹, Susan Hunt, Psy.D.², 1. West Chester University, 2. Resources for Human Development
- (PS6-D92) Service User and Clinician Perspectives on the Acceptability of Two Technology-based Shared Decision-making Interventions in Community Mental Health**
Annalee V. Johnson-Kwochka, B.A.¹, Kelly Williams, M.P.H.², Kim MacDonald-Wilson, Sc.D., C.R.C.², 1. Indiana University - Purdue University Indianapolis, 2. UPMC Center for High-Value Healthcare
- (PS6-D93) Use of Web-based Implementation Supports for a School-Based Trauma Intervention**
Avital Hoschander, M.S.¹, Monica M. Rojas, M.A., M.S.¹, Sarah Miller, M.S.¹, Talya Ramchandani, M.S.¹, Pamela Vona, M.A.², Erum Nadeem, Ph.D.¹, 1. Yeshiva University - Ferkauf Graduate School of Psychology, 2. Treatment and Services Adaptation Center for Resilience, Hope and Wellness in Schools
- (PS6-D94) Systematic Cultural Adaptation of Unified Protocol for Veterans**
Caroline A. Canale, B.A.¹, Shannon Wiltsey-Stirman, Ph.D.², Cassidy A. Gutner, Ph.D.¹, 1. Boston University School of Medicine & National Center for PTSD, 2. VA Palo Alto Health Care System/Stanford
- (PS6-D95) A comparative qualitative analysis: Burnout perspectives among bilingual Spanish- and English-only speaking therapists**
Christopher Gomez, B.A.¹, Anna S. Lau, Ph.D.¹, Morgan Crawley, B.A.², Adriana Rodriguez, Ph.D.², Lauren Brookman-Frazer, Ph.D.³, 1. University of California, Los Angeles, 2. University of California Los Angeles, 3. University of California, San Diego
- (PS6-D96) Clinician Experiences and Implementation Outcomes from a Trauma-focused Community-based Learning Collaborative**
Elizabeth Casline, M.Sc.¹, Lucia M. Walsh, M.S.¹, Vanesa Mora Ringle, M.S.¹, Ruthlyn Webster, LCSW, Ed.D.², Amanda Jensen-Doss, Ph.D.¹, 1. University of Miami, 2. Kristi House Children's Advocacy Center
- (PS6-D97) Expanding the Reach of Mental Healthcare: An Analysis of key Scale-up Frameworks**
Cole Hooley, LCSW, Christopher Weatherly, LCSW, Enola K. Proctor, Ph.D., MSW, Washington University in St. Louis
- (PS6-D98) Predictors of Premature Treatment Termination in a Community Effectiveness Study**
Colleen A. Maxwell, B.A.¹, Ashley M. Shaw, Ph.D.¹, Vanesa Mora Ringle, M.S.¹, Amanda Jensen-Doss, Ph.D.¹, Jill Ehrenreich-May, Ph.D.¹, Golda Ginsburg, Ph.D.², Heather Souer, B.A.², Jamie LoCurto, Ph.D.², 1. University of Miami, 2. University of Connecticut School of Medicine
- (PS6-D99) Frequency and Predictors of Out-of-Office Youth Mental Health Services in Usual Care**
Cynthia Brown, M.A.¹, Estee Hausman, Ph.D.², Evelyn Cho, M.A.¹, Kristin M. Hawley, Ph.D.¹, 1. University of Missouri-Columbia, 2. Stony Brook University

(PS6-D100) Use of Simulated Patients in Dissemination & Implementation of Evidence-Based Psychotherapies

Diana C. Dolan, Ph.D.¹, Carin M. Lefkowitz, Psy.D.¹, Paula Domenici, Ph.D.¹, Renee Dorsey, B.S.², Louise Clark, Ph.D.³, David S. Riggs, Ph.D.⁴, 1. Center for Deployment Psychology, 2. Uniformed Services University of the Health Sciences Val G. Hemming Simulation Center, 3. -, 4. Uniformed Services University of the Health Sciences

4:00 p.m. – 5:00 p.m.

Exhibit Hall B South

Poster Session 7A

Parenting / Families

PS7

Key Words: *Parenting, Child, Cognitive Processes*

(PS7-A1) Listening to Fathers' Voices: Becoming a Father of a Preterm Infant in the Neonatal Intensive Care Unit (NICU)

Evelyn Berger, M.S.¹, Greta Doctoroff, Ph.D.², Alana Garvey, M.S.¹, Suhas Nafday, M.D.³, 1. Yeshiva University - Ferkauf Graduate School of Psychology, 2. Yeshiva University - Ferkauf Graduate School, 3. Montefiore Medical Center

(PS7-A2) Specific and Transdiagnostic Associations Between Parent Stress and Adolescent Psychiatric Disorders

Francesca Penner, M.Ed., Carla Sharp, Ph.D., University of Houston

(PS7-A3) The Influence of Stigmatization on Problem Recognition Among Mothers and Fathers

Ilayna Mehrtens, M.A., Kasia Plessy, M.A., Mary Lou Kelley, Ph.D., Louisiana State University

(PS7-A4) Examining Parent Attitudes, Competencies, and Preferences for Reinforcement- and Punishment-Based Skills in a Behavioral Parent Training Program

Jennifer Meeter, Psy.D.¹, Camilo Ortiz, Ph.D.², 1. Kennedy Krieger Institute, 2. Long Island University

(PS7-A5) The Effects of Topic Sequencing on Engagement, Attrition, and Satisfaction in a Behavioral Parent Training Program

Jennifer Meeter, Psy.D.¹, Camilo Ortiz, Ph.D.², 1. Kennedy Krieger Institute, 2. Long Island University

(PS7-A6) Using the Parent Motivation Inventory as a Tool for Predicting Dropout From a Behavioral Parent Training Program

Julia Halloran, B.A., Paolo Raymundo, B.A., Scott Jensen, Ph.D., University of the Pacific

- (PS7-A7) **The Strong Families Program: Differential Impacts of Resilience and Parent Management Training**
Katie Slusher, B.S., C. Thresa Yancey, Ph.D., Georgia Southern University
- (PS7-A8) **Prosocial Behavior Mediates the Relationship Between Daily Child Routines and Peer Problems**
Kristy L. Larsen, B.A., Sara S. Jordan, Ph.D., Lovina R. Bater, M.S., Amanda K. Stary, Ph.D., University of Southern Mississippi
- (PS7-A9) **Hovering or Accommodating? An Examination of Differences in Helicopter Parenting and Parental Accommodations Related to Child Psychopathology**
Laurel Casillas, M.A.¹, Thomas Schanding, Ph.D.², Mary Short, Ph.D.², Christine Walther, Ph.D.², Sara Elkins, Ph.D.², 1. University of Houston - Clear Lake, 2. University of Houston - Clear Lake
- (PS7-A10) **Maternal Emotion Regulation and Child Soothability as Moderators for the Relation Between Maternal Borderline Personality Disorder and Critical Control**
Lauren B. Jones, B.A.¹, Elizabeth J. Kiel, Ph.D.², 1. Miami University Psychology Department, 2. Miami University of Ohio
- (PS7-A11) **Risk Factors for Not Starting Court Referred Mediation among Separating and Divorcing Parents with High Levels of Intimate Partner Violence**
Lily J. Jiang, B.S.¹, Claire S. Tomlinson, B.S.¹, Fernanda S. Rossi, B.A.¹, Amy Holtzworth-Munroe, Ph.D.¹, Connie J. Beck, Ph.D.², Amy G. Applegate, J.D.¹, Jeannie M. Adams, M.A.³, 1. Indiana University, 2. University of Arizona, 3. DC Superior Court
- (PS7-A12) **Emerging Adult Impulsivity, Family Conflict, and Antisocial Personality Problems**
Mary Moussa. Rogers, M.A., Melanie Stearns, M.S., Cliff McKinney, Ph.D., Mississippi State University
- (PS7-A13) **Examining the Utility of the Parenting Scale With American Indian Families**
Maureen A. Sullivan, Ph.D., Sean D. Seabridge, M.S., Ashleigh D. Coser, M.S., Maddison Lynn, B.A., Devanshi Patel, B.A., Oklahoma State University
- (PS7-A14) **The Importance of a Mother's Perceived Ability to Regulate Emotions in Postpartum Maternal Quality of Life and Parenting Distress**
Megan M. Perry, B.A.¹, Gina Q. Boullion, M.S.¹, Sara M. Witcraft, B.A.¹, Andres G. Viana, Ph.D.², Laura J. Dixon, Ph.D.¹, 1. The University of Mississippi, 2. University of Houston
- (PS7-A15) **Parental Warmth as a Moderator of Parental Control and Anxiety and Depressive Symptoms in Elementary School-Age Children**
Melissa Sital, B.A.¹, Stephanie M. Canete, B.A.¹, Jeremy K. Fox, Ph.D.¹, Julie L. Ryan, Ph.D.², Leslie F. Halpern, Ph.D.³, 1. Montclair State University, 2. William James College, 3. University at Albany, State University of New York
- (PS7-A16) **Online Parenting Programs for Separating and Divorcing Parents: Technology Uptake?**
Claire S. Tomlinson, B.S., Lily J. Jiang, B.S., Brittany Rudd, B.A., Amy Holtzworth-Munroe, Ph.D., Amy G. Applegate, J.D., Indiana University

- (PS7-A17) **Effects of Interparental Conflict During Divorce on Offspring: Focusing on Key Subscales**
Phillip A. Radetzk, B.A., Sean Rogers, M.A., Kendall A. Deleurme, B.A., MacEwan University
- (PS7-A18) **Caregiver Perceptions of Stigma Associated with Youth Psychopathology and its Treatment: Development and Initial Validation of a Novel Measure**
Rachel Weinstock, M.A., Erin B. Tone, Ph.D.¹, Wing Yi Chan, Ph.D.², Nicole E. Caporino, Ph.D.³, 1. Georgia State University, 2. RAND Corporation, 3. American University
- (PS7-A19) **Modeling Longitudinal Associations Between Maternal Parenting Practices and Child Externalizing Behavior from Preschool to Adolescence**
Sean T. Tams, M.S., Brian T. Wymbs, Ph.D., Ohio University
- (PS7-A20) **Ethnic Differences in the Relation Between Parenting and Child Functioning**
Sungha Kang, B.A.¹, Shannon Gair, B.A.¹, Mariajosé J. Paton, B.S.², Elizabeth Harvey, Ph.D.¹, 1. University of Massachusetts Amherst, 2. University of South Carolina
- (PS7-A21) **Are Pre-Parent Aggressive Discipline Attitudes and Intentions Unique Constructs? Latent Modeling with the Theory of Planned Behavior**
Tabitha C. Fleming, M.A., Allison R. Morton, B.A., Joaquin Borrego, Ph.D., Texas Tech University
- (PS7-A22) **Parent Socialization of Coping and Child Emotion Regulation Abilities: A Longitudinal Examination**
Virginia Peisch, M.S.¹, Chelsea Dale, B.A.², Justin Parent, Ph.D.², Keith Burt, Ph.D.¹, 1. University of Vermont, 2. Florida International University
- (PS7-A23) **Parental Mindfulness Associated With Parental Stress and Children's Adjustment: A Comparison Between Mindfulness and Social Support**
Yuki Mizusaki, M.A., Misaki Nishikawa, Undergraduate Student, Nao Masauji, Undergraduate Student, Hiroshi Sato, Ph.D., Kwansei Gakuin University

Exhibit Hall B South**Poster Session 7B****Child / Adolescent - Anxiety; Child / Adolescent - School-Related Issues****PS7**Key Words: *Child Anxiety, Parenting, Attention*

- (PS7-B25) **Attention Shifting Moderates the Relationship Between Maternal Behavioral Anxiety and Child Anxiety Symptom Severity**
Elizabeth M. Raines, B.S., Emma C. Woodward, M.A., Abigail E. Hanna, B.A., Andres G. Viana, Ph.D., University of Houston

- (PS7-B26) The Relationship Between Parental and Family Factors and School Refusal in Youth with Anxiety and Depression**
Emily Badin, B.A., Cindy Chang, B.A., Brian C. Chu, Ph.D., Rutgers University
- (PS7-B27) The Role of Mothers' Expressive Encouragement in the Relationship Between Mothers' Internalizing Symptoms and Children's Fear Experiences**
Emma C. Woodward, M.A., Elizabeth M. Raines, B.S., Abigail E. Hanna, B.A., Andres G. Viana, ABPP, Ph.D., University of Houston
- (PS7-B28) Perceptual Sensitivity Predicting Children's Fear Fluctuations Before and After an Anxiety-Provoking Speech Task**
Emma C. Woodward, M.A., Abigail E. Hanna, B.A., Elizabeth M. Raines, B.S., Andres G. Viana, ABPP, Ph.D., University of Houston
- (PS7-B29) Improving Mental Health Literacy Through a Psychoeducation Program for Middle School Students**
Erica Victoria. Rozbruch, M.S.¹, Robert D. Friedberg, ABPP, Ph.D.¹, Eduardo L. Bunge, Ph.D.², Alvin Thomas, Ph.D.³, 1. CSTAY at Palo Alto University, 2. Children and Adolescents Psychotherapy and Technology (CAPT) Research Lab at Palo Alto University, 3. Palo Alto University
- (PS7-B30) The Effects of Moral and Religious Values in the Family Environment on Worry Related to Anxious Coping**
Jessica R. Guidry, M.A., Peter J. Castagna, M.A., Thompson Davis III, Ph.D., Louisiana State University
- (PS7-B31) The Relationship Between Conflict in the Family Environment and Social Anxiety Among Children with Anxiety Sensitivity**
Jessica R. Guidry, M.A., Peter J. Castagna, M.A., Thompson Davis III, Ph.D., Louisiana State University
- (PS7-B32) Cognitive Features Associated with Worry Among Low Income African American Youth**
Judy Mier-Chairez, M.S.¹, Allyn Richards, Ph.D.², Colette Gramszlo, M.Sc.³, Elena Geronimi, M.A.³, Janet Woodruff-Borden, Ph.D.³, 1. University of Louisville, 2. The Wright Psychology and Learning Center, 3. University of Louisville
- (PS7-B33) Disgust as a Marker of OCD Phenomenology and Treatment Response**
Kaitlyn Westerberg¹, Alessandro De Nadai, Ph.D.¹, Eric A. Storch, Ph.D.², 1. Texas State University, 2. Baylor College of Medicine
- (PS7-B34) Family Accommodation and Child Anxiety: The Moderating Role of Cultural Competence**
Karina Silva, B.A.¹, Cristina del Busto, Ph.D.¹, Amanda L. Sanchez, M.S.¹, Leah Feinberg, M.S.¹, Eleni Tsalikis, B.A.¹, Jami M. Furr, Ph.D.¹, Jonathan S. Comer, Ph.D.², 1. Florida International University, 2. Mental Health Interventions and Technology (MINT) Program, Florida International University
- (PS7-B35) Separation Anxiety Symptom Profiles and Accommodation Across Pediatric Anxiety Disorders: A Person-Centered Approach**
Katherine E. Phillips, B.S., Lesley A. Norris, B.A., Philip C. Kendall, ABPP, Temple University

- (PS7-B36) Acculturative Stress: What Role Does it Play in the Relationship Between Threat Interpretation Bias and Anxiety?**
Loures Suarez-Morales, Ph.D., Gilly Kahn, M.A., M.S., Nova Southeastern University
- (PS7-B37) Are Mother-Child Discrepancies on Children's Anxiety Symptoms Related to Maternal Anxiety, Depression, or Both?**
Lauren Pascarella, M.A., Shannon Harper, M.A., Megan Hamil, B.A., Jordan Smith, Catherine Epkins, Ph.D., Texas Tech University
- (PS7-B38) Utilizing Observational Measures to Evaluate the Efficacy of Intensive Group Behavior Therapy for Children with Selective Mutism**
Natalie Hong, B.S.¹, Danielle Cornacchio, M.S.², Jami M. Furr, Ph.D.², Jonathan S. Comer, Ph.D.¹, 1. Mental Health Interventions and Technology (MINT) Program, Florida International University, 2. Florida International University
- (PS7-B39) Bystander Behavior in an Online Social Exclusion Game**
Abigail M. Stark, B.A., M.S., Hope Forbes, Ph.D., Olivia Tousignant, B.A., M.S., Gary Fireman, Ph.D., Suffolk University
- (PS7-B40) Bullying Victimization as a Predictor of Anabolic-Androgenic Steroid Abuse in a Nationally Representative Sample of Adolescent Males**
Angelo Cruz Loeza, B.S., Denise M. Martz, Ph.D., Mary Ballard, Ph.D., Appalachian State University
- (PS7-B41) Early Adolescence and Cognitions: Examining the Differential Impact of Underlying Mechanisms of Relational Aggression by Gender**
Cody Solesbee, B.S., Susan Swearer, Ph.D., University of Nebraska-Lincoln
- (PS7-B42) Contributions of Student Grit and Purpose in Life to GPA**
Danielle R. Hatchimonji, M.S.¹, Arielle Linsky, M.S.², Samuel Nayman, B.A.², Esha Vaid, B.A.², Maurice Elias, Ph.D.², 1. Rutgers University, 2. Rutgers University, Social Emotional and Character Development Lab
- (PS7-B43) Teacher-Child Interaction Training: Evaluating the Effectiveness of an Early Childhood Intervention in a Head Start Setting**
Ellis T. King, B.S., Megan J. Pruitt, Lauren Tucker, Meghan McManners, Christopher Campbell, Ph.D., East Central University
- (PS7-B44) Reinforcers for Today's Youth: A Revised Version of the Children's Reinforcement Schedule**
Jessica K. Prizer, B.A., Mark Terjesen, Ph.D., St. John's University
- (PS7-B45) Effects of Teachers' Mental Health Literacy on Depression and Anxiety in Children**
Keiko Takemori, Sakie Shimotsu, Kyoto Women's University
- (PS7-B46) Exploring Contributors to Parents' Ideal and Realistic Goals for Involvement in School Trainings**
Marissa Miller, Ph.D.¹, Laura Anthony, Ph.D.², Allison Ratto, Ph.D.¹, Meredith D. Powers, M.Ed.³, Mary E. Troxel, B.A.⁴, Yetta Myrick, B.A.³, Cara Pugliese, Ph.D.⁵, Lauren Kenworthy, Ph.D.¹, 1. Children's National Health System, 2. University of Colorado, School of Medicine, 3. Children's National Health System, 4. University of Colorado, Denver, 5. Children's National Health System and The George Washington University School of Medicine

- (PS7-B47) **Internalizing Symptoms as Predictors of Problematic School Absenteeism**
 Mirae J. Fornander, B.A., Victoria Bacon, M.P.S., Amanda Howard, B.A., Andrew Gerthoffer, B.A., Christopher Kearney, Ph.D., University of Nevada, Las Vegas
- (PS7-B48) **Predicting School Refusal Behavior with Youth Report of School Climate**
 Mirae J. Fornander, B.A., Victoria Bacon, M.P.S., Amanda Howard, B.A., Andrew Gerthoffer, B.A., Christopher Kearney, Ph.D., University of Nevada, Las Vegas
- (PS7-B49) **A Pilot Study of a School-based Strength-intervention: Effects on Depression and Well-being Among Japanese Adolescents**
 Nozomi Abe, B.A., Kohei Kishida, M.A., Shin-ichi Ishikawa, Ph.D., Faculty of Psychology, Doshisha University
- (PS7-B50) **The Impact of Parental and Individual Factors on School Refusal: A Multiple Mediation Model**
 Phillip Hughes, M.S., Tabitha Ostrout, B.A., Shana Ingram, B.A., Michael Feeney, M.A., Haley Hickey, B.A., Hannah Hinkle, B.A., Jenn Miller, B.A., Salli Lewis, Ph.D., Center for Research Assessment, and Treatment Efficacy (CRATE)
- (PS7-B51) **Understanding the Socialization Effects of Social-Emotional CBT Skills Among Elementary School Students**
 Seahyun O, B.A.¹, Chad Ebesutani, Ph.D.¹, Jingu Kim, B.ED.², Eunjung Noh, B.A.¹, Dooran Kim, B.A.¹, Soyeon An, B.A.¹, Seokyoung Yun, B.A.¹, JiSeon Lee, B.A.¹, 1. Duksung Women's University, 2. Konkuk University
- (PS7-B52) **Examining the Role of Mentorship on Urban Youth: The Effect of Locus of Control on Academic Achievement**
 Stacy Alaina Stewart, M.A., Kathryn Grant, Ph.D., DePaul University
- (PS7-B53) **Impact on Stress Response and Resilience of Cognitive Behavioral Technique in Adolescence**
 Takahito Takahashi, Ph.D.¹, Shin-ichi Ishikawa, Ph.D.², Shoji Sato, M.A.¹, 1. University of Miyazaki, 2. Faculty of Psychology, Doshisha University

Exhibit Hall B South

Poster Session 7C

Treatment - ACT; Treatment- CBT

PS7

Key Words: ACT (Acceptance & Commitment Therapy), HIV/AIDS, Treatment Integrity/Adherence/Compliance

- (PS7-C54) **Predictors of Initial Engagement in and Overall Completion of Psychotherapy Among People Living With HIV**
 Caitlin M. O'Loughlin, B.A., David Bennett, Ph.D., Virginia O'Hayer, Ph.D., Drexel University

- (PS7-C55) The Synergistic Effect of Cognitive Fusion and Experiential Avoidance in Explaining Distress**
Claire Stark, B.A., Tate Overbey, B.A., Lillian Reuman, M.A., Jennifer L. Buchholz, M.A., Shannon M. Blakey, M.S., Jonathan S. Abramowitz, Ph.D., University of North Carolina at Chapel Hill
- (PS7-C56) The Efficacy of Focused Acceptance and Commitment Therapy: A Randomized Controlled Trial**
Corey D. Kundert, B.A.¹, Laird Edman, Ph.D.², 1. Appalachian State University, 2. Northwestern College
- (PS7-C57) Flexible or Inflexible: Predicting Stress, Anxiety, and Depression Using the Hexaflex Model**
Dustin Seidler¹, Bryant M. Stone, B.S.², Chad E. Drake, Ph.D.¹, 1. Southern Illinois University-Carbondale, 2. Southern Illinois University
- (PS7-C58) Effects of School-based Acceptance and Commitment Therapy on Mental Health and Behavior Problems in Adolescents**
Fumito Takahashi, Ph.D., Shinshu University
- (PS7-C59) Integrating Acceptance and Commitment Therapy Processes With Information-Processing Theory in Anxious Early Adolescents**
Gilly Kahn, M.A., M.S., Lourdes Suarez-Morales, Ph.D., Nova Southeastern University
- (PS7-C60) A Clinical Intervention Study Exploring Value Based Self-Care in Professional Health Students**
Jessica Campoli, B.A., Jorden Cummings, Ph.D., University of Saskatchewan
- (PS7-C61) Implicit Beliefs of Anxiety and Emotion in a Treatment-Seeking Sample: Relationships with Symptom Distress**
Anthony Reffi, B.A., Sara Himmerich, M.A., Benjamin Damell, B.S., Karen White, Ph.D., Northern Illinois University
- (PS7-C62) Predictors of Treatment Adherence in Internet-Delivered Cognitive Behavioral Therapy for a Student Population**
Belinda Chen, B.A.¹, Leslie Rith-Najarian, M.A.², Olivia D. Russak, B.A.³, Eliza Congdon, Ph.D.¹, Robert Gibbons, Ph.D.⁴, Nelson Freimer, M.D.¹, Elizabeth Gong-Guy, Ph.D.³, Michelle Craske, Ph.D.⁵, 1. University of California, Los Angeles, Department of Psychiatry and Biobehavioral Sciences, 2. University of California Los Angeles, 3. University of California, Los Angeles, 4. University of Chicago, 5. University of California, Los Angeles, Department of Psychology
- (PS7-C63) Controlled Evaluation of an Optimization Approach to Mental Health and Sport Performance**
Brad Donohue, Ph.D., Yulia Gavrilova, M.A., Marina Galante, M.S., Elena Gavrilova, B.A., Daniel Allen, Ph.D., University of Nevada, Las Vegas
- (PS7-C64) Informing a Tailored CBT Implementation Project: The Use of an Organization-Wide Reassessment Survey Feedback Process**
Chandler A. Boys¹, Natalie Rodriguez-Quintana, M.P.H.², Cara C. Lewis, Ph.D.³, 1. Indiana University Bloomington, 2. Indiana University, 3. Kaiser Permanente Washington Health Research Institute

- (PS7-C65) The Effect of Perceived Criticism on CBT Treatment Outcomes in a Transdiagnostic Sample of Adolescents**
Elizabeth Capps, B.S., Kurt Michael, Ph.D., Arina Cotuna, B.S., Rebecca Schenk, B.S., Rebekah Smith, B.S., Twila Wingrove, Ph.D., Jp Jameson, Ph.D., Rachel E. Capps, B.Sc., Appalachian State University
- (PS7-C66) Parental Depression and Child Treatment Response: The Mediating Role of Parental Stress**
Emilie J. Bertschinger, B.A., Jeffrey D. Burke, Ph.D., University of Connecticut
- (PS7-C67) Internet-based intervention for Adjustment Disorder: Preliminary Efficacy Data of a Randomized Waiting-list Controlled Trial**
Iryna Rachyla, M.S.¹, Sonia Mor, M.S.¹, Cintia Tur, M.S.¹, Cristina Botella, Ph.D.², Soledad Quero, Ph.D.¹, 1. Universitat Jaume I, 2. Universitat Jaume I, Castellón, España; CIBER Fisiopatología Obesidad y Nutrición (CIBEROBn), Instituto Salud Carlos III, Valencia, España.
- (PS7-C68) Cognitive Behavioral Therapy (CBT) to Sustain and Enhance Improvements Associated With Intranasal Ketamine for Treatment-resistant Depression: A Case Series**
Joey C. Cheung, B.S., Kate H. Bentley, Ph.D., Paola Pedrelli, Ph.D., Cristina Cusin, M.D., Massachusetts General Hospital
- (PS7-C69) The Effects of Relevant Treatment Information on Preferences for Depression-Related Interventions**
Joshua J. Broman-Fulks, Ph.D., Ava J. Reck, B.S., Appalachian State University
- (PS7-C70) What is “Cognitive Change”? Interviews With Cognitive Behavior Therapy Psychologists in Japan**
Jun Shigematsu, M.A., Akiko Ogata, Ph.D., Hiroshima University
- (PS7-C71) The Working Alliance and Group Cohesion in CBT to Prevent Partner Violence**
Katherine E. Gnall, B.A.¹, Christopher Chiu, B.A.², Casey T. Taft, Ph.D.³, Erika J. Wolf, Ph.D.³, 1. National Center for PTSD, VA Boston Healthcare System, 2. University of Massachusetts Boston, 3. National Center for PTSD, VA Boston Healthcare System, and Boston University School of Medicine
- (PS7-C72) Drop Out or Just Impolite? Predicting Premature Termination in a Clinical Psychology Doctoral Training Clinic**
Lindsay M. Miller, M.A., Sara Himmerich, M.A., Karen White, Ph.D., Northern Illinois University
- (PS7-C73) Within-individual Emotional Changes During Tapering or Continuation of Antidepressants During Pregnancy: Results From a Micro Trial**
Marlies Brouwer, M.S.¹, Nina Molenaar, M.D.², Alishia Williams, Ph.D.³, Mijke Lambregtsevan den Berg, M.D., Ph.D.², Huibert Burger, M.D., Ph.D.⁴, Claudi Bockting, Ph.D.⁵, 1. Academic Medical Center, University of Amsterdam, 2. Erasmus Medical Center, Rotterdam, 3. University of Utrecht, 4. University Medical Center Groningen, 5. University of Amsterdam

- (PS7-C74) The Impact of Cognitive Behavioral Therapies on Hope: Examining Timing and Consistency across Treatment Protocols**
Matthew W. Gallagher¹, Laura J. Long, B.A.¹, Angela L. Richardson, M.A.¹, Johann M. D'Souza, M.A.¹, David H. Barlow, ABPP², 1. University of Houston, 2. Boston University Center for Anxiety and Related Disorders
- (PS7-C75) Evaluating Group Cognitive Processing Therapy (CPT) for College Student Survivors of Sexual Assault**
Nicole Barlé, M.A., Sarah Bannon, M.A., K. Daniel O'Leary, Ph.D., Stony Brook University
- (PS7-C76) How Low Can You Go? Clinical Utility of Subjective Habituation in Exposure Therapy for OCD**
Noah Berman, Ph.D.¹, Jumi Hayaki, Ph.D.¹, Sabine Wilhelm, Ph.D.², 1. College of the Holy Cross, 2. Massachusetts General Hospital/Harvard Medical School
- (PS7-C77) Cognitive Behavioral Therapy for Body Image and Self-Care (CBT-BISC) Among Sexual Minority Men Living with HIV: Skills-Based Treatment Mediators**
Patrycja Klimek, B.A.¹, Sabine Wilhelm, Ph.D.², Steven A. Safren, Ph.D.³, Aaron Blashill, Ph.D.⁴, 1. San Diego State University/University of California, San Diego Joint Doctoral Program in Clinical Psychology, 2. Massachusetts General Hospital/Harvard Medical School, 3. University of Miami, 4. San Diego State University
- (PS7-C78) The Relationship Between Sudden Gains and Treatment Outcome for Social Anxiety Disorder**
Rachel Butler, B.A.¹, Katya Fernandez, Ph.D.², Arielle Horenstein, M.A.¹, Emily B. O'Day, B.A.¹, Michaela B. Swee, M.A.¹, Sima Kaplan, M.A.¹, Amanda Morrison, Ph.D.³, Hooria Jazaieri, M.A.⁴, Philippe R. Goldin, Ph.D.⁵, James Gross, Ph.D.², Richard G. Heimberg, Ph.D.¹, 1. Temple University, 2. Stanford University, 3. California State University, East Bay, 4. University of California, Berkeley, 5. Betty Irene Moore School of Nursing, University of California, Davis
- (PS7-C79) The Mediating Effects of CBT Skill Use on Internalizing Symptoms: A Practice Elements-based Analysis**
Seojeong Kim¹, Eunjung Noh, B.A.², JiSeon Lee, B.A.², Dooran Kim, B.A.², Chad Ebesutani, Ph.D.², 1. University of Texas at Austin, 2. Duksung Women's University
- (PS7-C80) Remotely Conducted Versus Office-Based Virtual Reality Treatment for Fear of Flying**
Stephanie Cherestal, M.A., Mitchell L. Schare, ABPP, Brittany Tusa, M.A., Kayla Costello, B.A., Stephanie Grimaldi, M.A., Christopher Dejesus, M.A., Hofstra University
- (PS7-C81) Stage of Change as a Predictor of Psychotherapy Engagement and Effectiveness for Inner-city Women**
Vanessa Tirone, Ph.D., Nicole M. Heath, Ph.D., Rush University Medical Center

Poster Session 7D

Primary Care; Health Care System / Public Policy; Sleep / Wake Disorders**PS7**

Key Words: *Sleep, Depression, Treatment Integrity/Adherence/Compliance*

(PS7-D82) Adherence to Behavioral Components of CBT-I and Early Insomnia Outcomes

Aleksandra Uсыatynsky, B.S., Nicole E. Carmona, B.S., Colleen Carney, Ph.D., Ryerson University

(PS7-D83) Association of Insomnia Complaints With Comorbid Psychiatric Symptoms and Medical Conditions (A proposed study)

Amna Ursani, B.S.¹, Lauren Cudney, M.S.¹, Arela Agako, B.A.¹, Sheryl M. Green, Ph.D.², 1. McMaster University, 2. McMaster University and St. Joseph's Healthcare Hamilton

(PS7-D84) Are There Subtypes of Insomnia in Adolescent? : The Effect of Dysfunctional Beliefs About Sleep on Adolescent's Insomnia Symptoms With and Without Delayed Sleep Phase (DSP).

Ayaka Ubara, Kohei Kishida, M.A., Shin-ichi Ishikawa, Ph.D., Faculty of Psychology, Doshisha University

(PS7-D85) Temporal Associations Between Sleep and Daytime Functioning in Parkinson's Disease: A Smartphone-based Ecological Momentary Assessment

Jade Q. Wu, Ph.D., Alice Cronin-Golomb, Ph.D., Boston University

(PS7-D86) A Prospective Pathway Between Evening Chronotype and Insomnia Symptomology

Joshua Tutek, M.A., Kenneth Lichstein, Ph.D., Joshua Tutek, The University of Alabama

(PS7-D87) Mothers' Objective Time Awake After Sleep Onset is Associated With Lower Observed Sensitivity During a Parent-infant Interaction in the Postpartum Period

Lucy King, B.A., Elizabeth Rangel, B.A., Rachel Manber, Ph.D., Stanford University

(PS7-D88) Feasibility of a Behavioral Intervention to Reduce Bedtime Phone Use and its Impact on Sleep Quality

Rebecca M. Wolfe, B.A.¹, Charlie A. Davidson, Ph.D.², Elaine F. Walker, Ph.D.², 1. University of Nebraska-Lincoln, 2. Emory University

(PS7-D89) Sleep Chronotype, Mood, and Irritability

Samantha Sherwood, B.S.¹, Breanna Garcia, B.A.², Alexa Cachero¹, Andrew Freeman, Ph.D.¹, 1. University of Nevada, Las Vegas, 2. The University of Nevada, Las Vegas

- (PS7-D90) Effects of the SHUTi Online CBT Program for Insomnia on Objective Sleep Measured Nightly Using SleepScore by ResMed Technology in Suboptimal Sleepers: A Pilot Study**
Sharon DanoffBurg, Ph.D.¹, Edith Dourleijn, M.S.¹, Jennifer Kim, B.S.¹, Holly M. Rus, Ph.D.¹, Frances P. Thorndike, Ph.D.², Roy J.E.M. Raymann, Ph.D.¹, 1. SleepScore Labs, 2. BeHealth Solutions
- (PS7-D91) Chronotype Associations Among Individuals With Major Depressive Disorder: Age, Severity, and Psychotherapy Attendance**
Syb Pongracic, Ph.D.¹, Robert D. Levitan, M.D.², Judith M. Laposa, Ph.D.², 1. Centre for Addiction and Mental Health (CAMH), 2. Centre for Addiction and Mental Health (CAMH), University of Toronto
- (PS7-D92) Couples Coping When Their Children Have Medical Conditions: Negative Couple Behavior is More Consequential than Positive Behavior or Relationship Satisfaction**
Brittany Sherrill, B.A., Marissa Strebeck, B.A., Keith Sanford, Ph.D., Baylor University
- (PS7-D93) Evidence-Based Treatment of Generalized Anxiety Disorder in Primary Care**
Dagoberto Heredia, Jr., Ph.D.¹, Craig Sawchuk, ABPP, Ph.D.¹, Julia Craner, ABPP, Ph.D.², Summer Berg, LICSW¹, John Mack, LICSW¹, Kileen Smyth, LICSW¹, Sean Haggerty, LICSW¹, Lisa Burke, LICSW¹, Melissa Glader, LICSW¹, Sara Sedivy, M.A.¹, Marcia Johnson, LICSW¹, Denise Morcomb, LICSW¹, 1. Mayo Clinic, 2. Mary Free Bed Rehabilitation Hospital
- (PS7-D94) Panic Disorder Outcomes in Primary Care**
Dagoberto Heredia, Jr., Ph.D.¹, Craig Sawchuk, ABPP, Ph.D.¹, Julia Craner, ABPP, Ph.D.², Summer Berg, LICSW¹, John Mack, LICSW¹, Kileen Smyth, LICSW¹, Sean Haggerty, LICSW¹, Melissa Glader, LICSW¹, Sara Sedivy, M.A.¹, Marcia Johnson, LICSW¹, Denise Morcomb, LICSW¹, Lisa Burke, LICSW¹, 1. Mayo Clinic, 2. Mary Free Bed Rehabilitation Hospital
- (PS7-D95) CBT for Comorbid Anxiety and Depression in Primary Care**
Julia Craner, ABPP, Ph.D.¹, Rachel Goetze, Ph.D.², Craig Sawchuk, ABPP, Ph.D.², Dagoberto Heredia, Jr., Ph.D.², Summer Berg, LICSW², John Mack, LICSW², Kileen Smyth, LICSW², Sean Haggerty, LICSW², Melissa Glader, LICSW², Sara Sedivy, M.A.², Marcia Johnson, LICSW², Denise Morcomb, LICSW², Lisa Burke, LICSW², 1. Mary Free Bed Rehabilitation Hospital, 2. Mayo Clinic
- (PS7-D96) Correlates of the Adverse Childhood Experiences Screen (ACEs) and Mental Health Symptoms of Adults in a Primary Care Setting**
Stacey Farmer¹, Mitch Earleywine, Ph.D.¹, Angela Antonikowski, Ph.D.², 1. University at Albany, 2. Albany Medical College
- (PS7-D97) Internalized Stigma and Psychological Help-seeking Attitudes: The Moderating Role of Social Support**
Ana Martinez de Andino, M.S., Amy Weisman de Mamani, Ph.D., University of Miami

(PS7-D98) Reconceptualizing Attrition in PCIT: “Dropouts” Demonstrate Impressive Improvements in Behavior

Corey C. Lieneman, M.S.¹, Rebecca E. Olson, M.S.¹, Lauren B. Quetsch, M.S.¹, Laurie L. Theodorou, LCSW², Kathleen A. Newton, M.P.H.², Cheryl B. McNeil, Ph.D.¹, 1. West Virginia University, 2. Oregon Health Authority, Health Systems Division, Operations and Policy, Office of Health Analytics

(PS7-D99) Treatment Attitudes and Inpatient Satisfaction Predict Aftercare Engagement in a Public-Sector Context

Kristen Keefe, M.A., Esteban Cardemil, Ph.D., Clark University

(PS7-D100) Mental Illness Evaluation and Referrals in Medical Care

Olivia Peros, M.A., Erin F. Ward-Ciesielski, Ph.D., Alyssa Conigliaro, M.A., Daniel Sullivan, MA, Hofstra University

Saturday Poster Sessions

8:30 a.m. – 9:30 a.m.

Exhibit Hall B South

Poster Session 8A

Adult Anxiety - General; Adult Anxiety - Social

PS8

Key Words: *Psychophysiology, Anxiety Sensitivity, Emotion Regulation*

(PS8-A1) Psychophysiological Correlates of Anxiety Sensitivity and Emotion

Dysregulation in Anxiety and Obsessive Compulsive Disorder

Akanksha Das, B.S.¹, Hannah C. Levy, Ph.D.², Benjamin W. Katz, B.A.³, David F. Tolin, ABPP², 1. Miami University, 2. Hartford Healthcare Institute of Living, 3. Institute of Living/Hartford Hospital

(PS8-A2) Examining Associations Between Urgency and Cyberchondria

Alexis Humenik, M.A., Kelsi Clayson, M.S., Sara Dolan, Ph.D., Thomas Fergus, Baylor University

(PS8-A3) A Meta-analysis of the Effect of Cognitive-behavioral Therapy for Anxiety and Related Disorders on Threat Reappraisal

Amanda A. Benbow, M.A., Page L. Anderson, Ph.D., Georgia State University

(PS8-A4) Early Treatment Process Predictors of Clinical Improvement in Anxiety

Disorders: A Comparison of the Unified Protocol with Single Disorder Protocols

Andrew Curren¹, Shannon Sauer-Zavala, Ph.D.², Todd Farchione, Ph.D.², David H. Barlow, ABPP², 1. National Center for PTSD, 2. Boston University Center for Anxiety and Related Disorders

(PS8-A5) Development and Psychometric Properties of the Skidmore Anxiety Stigma Scale (SASS)

Gabriella Ponzini, B.A., Casey Schofield, Ph.D., Skidmore College

(PS8-A6) Further Examining the Psychometric Properties of the Mental Health Anxiety Inventory (MHAI)

Anne Kleinsasser, M.A., Thomas Fergus, Baylor University

(PS8-A7) Treatment Expectancies and Early Treatment Outcome in a Community-Based Anxiety Specialty Clinic

Ariel Ravid, Ph.D., Madeline Johnson, B.S., Elizabeth Lagbas, B.S., Sarah Huffman, B.A., Travis L. Osborne, Ph.D., Evidence Based Treatment Centers of Seattle

- (PS8-A8) Profiles of Psychophysiological Indices in Anxiety and Related Disorders: A Latent Class Analysis**
Carolyn Davies, Ph.D.¹, Hannah C. Levy, Ph.D.², Akanksha Das¹, Blaise Worden¹, Benjamin W. Katz¹, David F. Tolin, ABPP², 1. Anxiety Disorders Center, The Institute of Living, 2. Hartford Healthcare Institute of Living
- (PS8-A9) Relationship Between Trauma Experiences, Threat Sensitivity, and Anxiety**
Christina A. Johnson, B.S., Ayelet M. Ruscio, Ph.D., University of Pennsylvania
- (PS8-A10) Who's In My House? The Relations Among Publishing House, Journal Impact Factor, and the Reporting of Demographics in Randomized Controlled Trials for Anxiety Disorders**
Donovan Ellis, B.S., Grace Packard, Page L. Anderson, Ph.D., Georgia State University
- (PS8-A11) Authenticity Mediates the Influence of Fear of Negative Evaluation on Trait Anxiety in Socially Anxious Individuals**
Abigail Barthel, B.A.¹, Kristina Conroy, B.A.¹, Masaya Ito, Ph.D.², Stefan G. Hofmann, Ph.D.¹, 1. Boston University Center for Anxiety and Related Disorders, 2. National Center for Cognitive Behavior Therapy and Research, National Center of Neurology and Psychiatry, Tokyo, Japan
- (PS8-A12) Reassurance Seeking as a Mediator Between Memory Confidence and Standardized Test Scores**
Alexia K. Kingzette, David Valentiner, Ph.D., Jessica Winder, B.A., Northern Illinois University
- (PS8-A13) Social Reward and Threat Anticipation are Related to Outcome Expectancy for Psychotherapy in Social Anxiety Disorder: An fMRI Study**
Anthony Molloy, B.A., Page L. Anderson, Ph.D., Jessica Turner, Ph.D., Sharee Light, Ph.D., Erin B. Tone, Ph.D., Georgia State University
- (PS8-A14) Does Visceral Sensitivity Moderate the Relationship Between Irritable Bowel Symptoms and Social Anxiety?**
Arielle Horenstein, Sima Kaplan, M.A., Richard G. Heimberg, Ph.D., Temple University
- (PS8-A15) Variety and Frequency of Cognitive Distortions in Clients Participating in Treatment for Social Anxiety Disorder (SAD)**
Ashley M. Smith, B.S., Bryan Balvaneda, M.A., Sarah A. Hayes-Skelton, Ph.D., University of Massachusetts Boston
- (PS8-A16) Effects of Message Framing on Socially Anxious Undergraduates' Willingness to Engage in Exposure Therapy**
Bradford Stevens, M.A., Kayla Costello, B.A., Hofstra University
- (PS8-A17) Expressive Suppression Moderates the Relationship Between Childhood Emotional Trauma and Social Anxiety in Adults**
Brennah Ross, B.S., Arielle Horenstein, Richard G. Heimberg, Ph.D., Temple University
- (PS8-A18) The Effects of Contrast Avoidance on the Relationship Between Social Anxiety, Depression, Worry, and Alcohol Use**
Daniel Gordon, B.S., Sandra Llera, Ph.D., Towson University
- (PS8-A19) The Value of Shame as a Predictor of Social Anxiety Disorder Symptom Severity**
E. Marie Parsons, M.A., Laurel D. Sarfan, M.A., Elise Clerkin, Ph.D., Miami University

Poster Session 8B

Child / Adolescent - Trauma / Maltreatment

PS8

Key Words: Resilience, Child Trauma/Maltreatment, Adolescents

- (PS8-B20) **Protective Factors Against Complex Trauma Among a Community Sample of Adolescents**
Abigail L. Wren, M.A., Margaret S. Andover, Ph.D., Fordham University
- (PS8-B21) **Coping after Loss: Associations with Prolonged Grief and Posttraumatic Stress**
Amanda J. Hasselle, M.S., Kathryn H. Howell, Ph.D., Laura E. Schwartz, M.S., Lauren M. Schaefer, M.S., University of Memphis
- (PS8-B22) **I Can Do It, But I Forget To: Childhood Abuse is Associated Reduced Adaptive Emotion Repertoires, But not Their Effectiveness**
Angie Bush, B.A., Kristyn Oravec, B.A., Pranav Bolla, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University
- (PS8-B23) **The Mediating Role of Negative Cognitive Styles Between Childhood Maltreatment and Depression**
Angie Bush, B.A., Evan Basting, Elizabeth Goncy, Ph.D., Ilya Yaroslavsky, Ph.D., Cleveland State University
- (PS8-B24) **From Childhood Abuse to Aggression in Adulthood: A Mechanistic Test of Depression and Emotion Regulation Failure**
Angie Bush, B.A., Kayla Scamaldo, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University
- (PS8-B26) **Lower Implicit Self-Esteem as a Mechanism Linking Childhood Abuse to Depression and Suicidal Ideation**
Azure J. Reid-Russell, B.S., Dario Cvencek, Ph.D., Andrew N. Meltzoff, Ph.D., Katie McLaughlin, Ph.D., University of Washington, Seattle
- (PS8-B27) **Clusters of Symptom Presentation with Sexually Abused Youth: Relationship with Abuse Attributions**
Brittany Biles, Jessie Pogue, M.A., Kate Theimer, M.A., Katie Meidlinger, M.A., Kelsey M. McCoy, B.A., Emily A. Sonnen, B.A., Zach Huit, B.A., Mary Fran Flood, Ph.D., David Hansen, Ph.D., University of Nebraska-Lincoln
- (PS8-B28) **Parental Guilt and Posttraumatic Stress Symptoms Influence Child Quality of life following Burn Injury**
Carolina Daffre, H.S.¹, Alison A. Papadakis, Ph.D.¹, Carisa Perry-Parrish, Ph.D.², 1. Johns Hopkins University, 2. Johns Hopkins School of Medicine, Division of Child and Adolescent Psychiatry

- (PS8-B29) Therapist Use of Behavioral Parent Training Strategies in Trauma-Focused Evidence-Based Treatments (EBTs)**
Catherine A. Kennedy, B.A.¹, Anna S. Lau, Ph.D.², Teresa Lind, Ph.D.¹, Lauren Brookman-Fraze, Ph.D.¹, 1. University of California, San Diego, 2. University of California, Los Angeles
- (PS8-B30) Results from a Randomized Controlled Trial of Community-Based Trauma-Specific CBT for Black and Latino Families**
Elissa J. Brown, Ph.D.¹, Vanessa M. Rodriguez, Ph.D., Maria C. Jimenez, B.S.², Amy Hyeoun Lee, M.A.¹, Komal Sharma-Patel, Ph.D.¹, 1. St. John's University, 2. Fordham University
- (PS8-B31) Relationships Between Parent Depression, Parent Expectations, and Sexually Abused Children's Symptom Presentation at a Child Advocacy Center**
Emily A. Sonnen, B.A., Zach Huit, B.A., Kate Theimer, M.A., Brittany Biles, Kelsey M. McCoy, B.A., Jessie Pogue, M.A., Katie Meidlinger, M.A., Mary Fran Flood, Ph.D., David Hansen, Ph.D., University of Nebraska-Lincoln
- (PS8-B32) Trauma Symptoms and ERP Components in Maltreated Children**
Gloria A. Meiers, B.A., Kate Nooner, Ph.D., University of North Carolina Wilmington
- (PS8-B33) Adverse Childhood Experiences (ACEs) and Health-Related Quality of Life: Examining the Role of Health Care Transition Readiness**
Hannah C. Espeleta, M.S., Dana M. Bakula, M.S., Alexandria M. Delozier, M.S., Megan N. Perez, M.S., MBA, Christina M. Sharkey, M.S., Larry L. Mullins, Ph.D., Oklahoma State University
- (PS8-B34) Child Sexual Abuse: How the Maternal Caregiver's Relationship to the Perpetrator Relates to Mother's Support**
Hannah Mitchell, B.A.¹, David T. Solomon, Ph.D.¹, Heather N. Styles-Turbyfill, B.A.¹, Sydney Warren, Current undergraduate¹, Daniel Smith, Ph.D.², 1. Western Carolina University, 2. Medical University of South Carolina
- (PS8-B35) The Impact of Maternal History on Response to Child's Current Sexual Abuse**
Heather N. Styles-Turbyfill, B.A.¹, David T. Solomon, Ph.D.¹, Hannah Mitchell, B.A.¹, Samantha Klaver, B.A.¹, Brynn Shaver, Current Undergraduate¹, Daniel Smith, Ph.D.², 1. Western Carolina University, 2. Medical University of South Carolina
- (PS8-B36) Examining the Association Between Specific Adverse Childhood Experiences, Brooding, and Depression Among Adolescents**
Heeyewon Jeong, B.A., Eleonora M. Guzman, M.Phil, Christine B. Cha, Ph.D., Teachers College, Columbia University
- (PS8-B37) Children Experiencing Maltreatment Versus Divorce Litigation: More Similar than Divergent?**
Jan Faust, ABPP, Ph.D., Anita M. Alexander, M.S., Clara Ko, M.S., Nova Southeastern University

Poster Session 8C

Eating Disorders; Obesity / Overweight

PS8

Key Words: *Eating Disorders, Ecological Momentary Assessment, Exercise*

(PS8-C38) Guilt Following Exercise Episodes and the Role of Body Dissatisfaction**Using Novel 3D Technology and Ecological Momentary Assessment**

Chelsea Greenberg, B.S., Drew Mathews, B.S., Menna Amin, B.S., Chrysantha Davis, B.S., Sonakshi Negi, B.S., Paige Trojanowski, B.S., Lauren Breithaupt, M.A., Sarah Fischer, Ph.D., George Mason University

(PS8-C39) In Normal Weight to Mildly Overweight Adults, Calorie Restriction for 2 Years Increases State Measures of Appetite, Which is Countered by Increased Restraint and Self-efficacy

Corby Martin¹, Manju Bhatkar, M.S.², Sai Das, Ph.D.³, Susan Racette, Ph.D.⁴, John Apolzan, Ph.D.¹, Nicole Feambach, Ph.D.¹, Kelly Lynch, B.A.¹, Tiffany Stewart, Ph.D.¹, 1. Pennington Biomedical, 2. Duke University Medical Center, 3. JM, USDA, Human Nutrition Research Center on Aging at Tufts University, 4. Washington University, St. Louis

(PS8-C40) Evaluation of the ICT Supported Prevention and Treatment Program for Mexican Adolescent Obesity

Georgina Cardenas-lopez, Ph.D.¹, Rosa Baños, Ph.D.², Elia Oliver, Ph.D.³, Cristina Botella, Ph.D.⁴, Betzabe C. Sanchez, B.A.¹, Emmanuel Castillo, B.A.¹, 1. Universidad Nacional Autonoma de Mexico UNAM, 2. Universitat de Valencia, 3. Departamento de Personalidad, Evaluación y Tratamientos Psicológicos, Universitat de València, España., 4. Universitat Jaume I, Castellón, España; CIBER Fisiopatología Obesidad y Nutrición (CIBERObn), Instituto Salud Carlos III, Valencia, España.

(PS8-C41) Efficacy of a Cognitive and Behavioral Treatment Supported by ETIOBE Web Platform in the Childhood Obesity

Jessica Navarro, M.S.¹, María Dolores Vara, M.S.¹, Elia Oliver, Ph.D.¹, Ausiàs Cebolla, Ph.D.², Cristina Botella, Ph.D.³, Rosa Baños, Ph.D.⁴, Jessica Navarro Garrido, M.Sc., 1. Departamento de Personalidad, Evaluación y Tratamientos Psicológicos, Universitat de València, España., 2. Departamento de Personalidad, Evaluación y Tratamientos Psicológicos, Universitat de València, España; CIBER Fisiopatología Obesidad y Nutrición (CIBERObn), Instituto Salud Carlos III, Valencia, España, 3. Universitat Jaume I, Castellón, España; CIBER Fisiopatología Obesidad y Nutrición (CIBERObn), Instituto Salud Carlos III, Valencia, España., 4. Polibienestar • Instituto de Investigación en Políticas de Bienestar Social, Valencia, España; CIBER Fisiopatología Obesidad y Nutrición (CIBERObn), Instituto Salud Carlos III, Valencia, España.

- (PS8-C42) Examining Substance Use and Maladaptive Eating in the Bariatric Population**
Jessie Schulman, M.A.¹, Shannon Walsh, B.A.¹, Erika Robbins, M.A.¹, Lydia Hackenberg, M.A.¹, Edie Goldbacher, Ph.D.¹, Ralph J. Petrucci, Ed.D.², Elizabeth Renza-Stingone, M.D.³, 1. La Salle University, 2. Drexel University, 3. Drexel University College of Medicine
- (PS8-C43) The Nuances of Emotion Regulation Difficulties and Mindfulness in Food Addiction**
Lindsey K. Bunio, B.A., Jennifer A. Battles, M.S., Tamara Loverich, Ph.D., Eastern Michigan University
- (PS8-C44) Fat Women's Experiences in Therapy: 'You Can't See Beyond... Unless I Share It With You'**
Liya M. Akoury, M.A.¹, Kerri Schafer, Ph.D.², Courtney Warren, Ph.D.¹, 1. University of Nevada, Las Vegas, 2. University of Missouri
- (PS8-C45) Adverse Childhood Experiences, Suicidality and Non-suicidal Self-Injury In Pre-operative Bariatric Patients**
Lydia Hackenberg, M.A.¹, Erika Robbins, M.A.¹, Edie Goldbacher, Ph.D.¹, Ralph J. Petrucci, Ed.D.², Andres Castellanos, M.D.³, Elizabeth Renza-Stingone, M.D.³, 1. La Salle University, 2. Drexel University, 3. Drexel University College of Medicine
- (PS8-C46) Walk this Way : An Accelerometer-Based Intervention to Increase Physical Activity**
Marie LePage, Ph.D.¹, Marley Felthousen, B.A.¹, Eliza Stone-Cribb, B.A.², 1. Converse College, 2. Eating Recovery Center
- (PS8-C47) Food Cravings Predict Excess Gestational Weight Gain: Novel Targets for Preventing Overweight/Obesity Across the Lifespan**
Natalia C. Orloff, M.A.¹, Lauren Blau, B.S.¹, Rebecca Adler, M.D.², Carolyn Slatch, M.D.², Julia M. Hormes, Ph.D.¹, 1. University at Albany, State University of New York, 2. Albany Medical Center
- (PS8-C48) Ecological Momentary Assessment of Weight Stigmatizing Cognitions and Disorder Eating Behaviors**
Sonakshi Negi, Chelsea Greenberg, B.S., Menna Amin, B.S., Chrysantha Davis, B.S., Drew Mathews, B.S., Paige Trojanowski, B.S., Lauren Breithaupt, M.A., Sarah Fischer, Ph.D., George Mason University
- (PS8-C49) The Comparative Effects of Viewing Thinspiration and Fitspiration**
Faith Stoneking, B.A., Allison Cuning, B.A., Natalia Alvarez, B.A., James Gray, Ph.D., American University
- (PS8-C50) Food Insecurity and Eating Disorder Pathology: A Replication Study**
Francesca Gomez, B.A., Autumn Sutherland, B.A., Eden White, B.A., Andrea Martinez-Abrego, B.A., Calista Struby, Keesha Middlemass, Ph.D., Carolyn B. Becker, Ph.D., Trinity University
- (PS8-C51) The Relationship Between Emotion Differentiation and Disordered Eating Behaviors Among Women With High Appearance-Schema Activation**
Gail A. Williams, M.S., Janis H. Crowther, Ph.D., Kent State University

- (PS8-C52) **Latent Symptom Change Trajectories During Residential Eating Disorder Treatment and Their Impact on Risk for Early Relapse**
Hallie M. Espel-Huynh, M.S.¹, Heather Thompson-Brenner, Ph.D.², James Boswell, Ph.D.³, Fengqing Zhang, Ph.D.¹, Michael R. Lowe, Ph.D.¹, 1. Drexel University, 2. Boston University, 3. University at Albany, State University of New York
- (PS8-C53) **Transactions Between Early Binge Eating and Personality Predict Transdiagnostic Risk**
Heather A. Davis, M.S., Anna Marie L. Ortiz, B.A., Gregory T. Smith, Ph.D., University of Kentucky
- (PS8-C54) **An Integrative Model of Risk for High School Disordered Eating**
Heather A. Davis, M.S., Gregory T. Smith, Ph.D., University of Kentucky
- (PS8-C55) **Body Image-Related Cognitive Fusion as a Mediator of the Relationship Between Body Image Disturbance and Eating Disorder Symptomatology**
Honor Woodward, B.S., Danielle Lindner, Ph.D., Stetson University
- (PS8-C56) **Exploring Body Image Ideals in College Women and Men: A Qualitative Approach**
Ilana Brodzki, B.A.¹, Danielle Lindner, Ph.D.², 1. Fairleigh Dickinson University, 2. Stetson University
- (PS8-C57) **What Motivates Eating Disorder Patients to Initiate Treatment? A Qualitative Interview Study With Former Eating Disorder Patients**
Akash Wasil, Katherine Venturo-Conerly, Rebecca Shingleton, Ph.D., John Weisz, ABPP, Ph.D., Harvard University
- (PS8-C58) **Weight-Based Stigmatization of Anorexia Nervosa Among College Students**
Allison Cunning, B.A., Faith Stoneking, B.A., Natalia Alvarez, B.A., James Gray, Ph.D., American University
- (PS8-C59) **Weight Control Strategies Used by Dieters, Concerned Eaters, and Unconcerned Eaters**
Jamie Smith, M.S.¹, Elizabeth McLaughlin, Ph.D.², Jane Smith, Ph.D.¹, 1. University of New Mexico, 2. VA Connecticut Healthcare System
- (PS8-C60) **Comparison of Social Attributions in Eating Disorders and Depression**
Jessica A. Harper, B.A.¹, Marisa S. Toups, M.D.², Carrie J. McAdams, M.D., Ph.D.¹, 1. University of Texas Southwestern Medical Center, 2. The University of Texas at Austin
- (PS8-C61) **Examining the Interaction of Urgency and Anger on Binge Eating Using Ecological Monetary Assessment**
Jose Dinh, Joseph Wonderlich, M.A., Sarah Fischer, Ph.D., George Mason University
- (PS8-C62) **Evaluating an Objectification Theory Framework in Eating Disorder Symptomatology Among Heterosexual and Sexual Minority Men**
Joseph M. Donahue, M.A.¹, Christina Schamer, B.A.¹, Drew Anderson, Ph.D.², 1. University at Albany, State University of New York, 2. Department of Psychology, University at Albany, SUNY

- (PS8-C63) **Shame, Fear of Food, and Fear of Weight Gain Uniquely Relate to Eating Disorder Psychopathology**
*Kaitlyn Coale*¹, *Irina Vanzhula*, M.S.¹, *Caroline B. Christian*, B.A.¹, *Cheri A. Levinson*, Ph.D.², 1. University of Louisville, 2. The University of Louisville
- (PS8-C64) **Acceptability of Negative Mood Induction and Food Exposure in a Bulimia Nervosa Outpatient Sample**
Kelsey E. Clark, B.A., *Rowan A. Hunt*, B.A., *Helen B. Murray*, B.A., *Adrienne S. Juarascio*, Ph.D., Drexel University
- (PS8-C65) **The Effect of Actual-ideal Weight Discrepancy on Eating Pathology: Does Weight Status Matter?**
Lauren E. Ehrlich, M.A.¹, *Drew Anderson*, Ph.D.², *Lauren E. Knauff*¹, 1. University at Albany, SUNY, 2. Department of Psychology, University at Albany, SUNY
- (PS8-C66) **Changes in Eating Disorder-related Internet Searches Following the Release of Two Eating Disorder Films**
Lauren N. Forrest, M.A., *Shelby N. Ortiz*, B.A., *April R. Smith*, Ph.D., Miami University
- (PS8-C67) **Thin- and Fit-Ideal Internalization: Eating, Body Image, and Health Behaviors**
Allison Wagner, M.A.¹, *Brooke L. Bennett*, M.S.², *Rachel Marshall*, M.A.², *Janet Latner*, Ph.D.², 1. University of Hawaii at Manoa, 2. University of Hawai'i at Manoa
- (PS8-C68) **The Independent and Interacting Effects of Weight Suppression and Admission BMI on Weight Gain During Residential Treatment for Anorexia Nervosa and Bulimia Nervosa**
Amani D. Piers, B.S., *Hallie M. Espel-Huynh*, M.S., *Michael R. Lowe*, Ph.D., Drexel University
- (PS8-C69) **Associations of Exercise Motivations with Affect, Body Change Thoughts, and Behaviors in Male Exercisers: A Study Using In-Vivo Assessment**
Marie LePage, Ph.D., Converse College
- (PS8-C70) **Interoceptive Deficits Mediate the Association Between Dietary Restraint and Weight Fluctuation**
Mary E. Duffy, B.A.¹, *Lisa M. Anderson*, Ph.D.², *Drew Anderson*, Ph.D.³, *Thomas E. Joiner*, Ph.D.¹, 1. Florida State University, 2. University of Minnesota, 3. University at Albany, State University of New York

Poster Session 8D

Military and Veterans Psychology; PTSD; Trauma and Stressor Related Disorders and Disasters**PS8**Key Words: *Trauma, Emotion Regulation, Adult Anxiety***(PS8-D71) PTSD and Interpersonal Difficulties: A Mediation Model with Contrast Avoidance and Mindfulness***Allison Schuck, B.S., Daniel Gordon, B.S., Sandra Llera, Ph.D., Towson University***(PS8-D72) PTSD Symptom Networks Among Virginia Tech Shooting Survivors Vary by Use of Mental Health Services***Amelia P. Tankersley, B.A., Connor P. Sullivan, M.S., Russell T. Jones, Ph.D., Virginia Polytechnic Institute and State University***(PS8-D73) Comparing Treatment Outcomes for Single vs. Poly-Substance Use Disorders***Stephanie M. Jeffirs, B.A.¹, Taylor F. Laffey, B.S.², Amber M. Jarnecke, Ph.D.², Callah M. Davis, B.A.², Julianne C. Flanagan, Ph.D.², Therese Killeen, Ph.D.², Sudie E. Back, Ph.D.², 1. The Medical University of South Carolina, 2. Medical University of South Carolina***(PS8-D74) Stereotyping Sexual Violence Victims in Korea and its Effect on Victims' Behavior and Recovery***Sunyoung Kim, Ph.D.¹, Minjeong Kim, M.A.², Lawrence Cariaga, M.A.³, Adam Wieland, B.A.³, Insook Kwon, Ph.D.⁴, 1. University of HAWAII, 2. Seoul National University, 3. university of hawaii, 4. Myungji University***(PS8-D75) Cross-Network Functional Connectivity Predicts Change in Transdiagnostic Symptoms after Cognitive Processing Therapy in Women with PTSD***Tessa C. Vuper, M.A.¹, Carissa L. Philippi, Ph.D.², Steven Bruce, Ph.D.³, 1. University of Missouri- St Louis, 2. University of Missouri- St. Louis, 3. University of Missouri-St. Louis***(PS8-D76) PTSD and Regulation of Positive and Negative Emotion***Victor Fox, B.A.¹, Casey May, B.S.², Blair Wisco, Ph.D.², 1. University of North Carolina at Greensboro, 2. University of North Carolina Greensboro***(PS8-D77) Anxiety Sensitivity Moderates the Effect of Intolerance of Uncertainty on PTSD Avoidance Symptom Severity Among Trauma-Exposed College Students***Zoey N. Bass¹, Sarah E. Ely¹, Emily M. O'Bryan¹, Alison C. McLeish, Ph.D.², Kristen E. Jastrowski Mano, Ph.D.¹, 1. University of Cincinnati, 2. University of Cincinnati, University of Louisville*

(PS8-D78) Contextual Predictors of Treatment Engagement and Retention Following Military Sexual Trauma

Diana Bennett, Ph.D.¹, Edward Thomas, LCSW², Katherine Porter, Ph.D.², Sarah Richards, LCSW², Megan Kloep, Ph.D.², Minden B. Sexton, Ph.D.³, 1. Albuquerque VA Healthcare System, 2. Ann Arbor Veterans Healthcare System, 3. Ann Arbor Veterans Administration Healthcare System

(PS8-D79) Military and Veteran Caregiver's Perspectives of Stressors and a Mind-Body Program.

Allyson M. Blackburn, B.A.¹, Lauren Brenner, Ph.D.¹, Lauren Laifer, B.A.¹, Louisa G. Sylvia, Ph.D.², Eric Bui, M.D.¹, 1. Massachusetts General Hospital, 2. Massachusetts General Hospital, Harvard Medical School

(PS8-D80) Utility of a One-item Distress Measure in Clinical Practice With Veterans and Family Members

Amanda Spray, Ph.D.¹, Ariane Ling, Ph.D.², Jessica Stern, Ph.D.³, Naomi M. Simon, M.D.¹, Charles Marmar, M.D.¹, 1. NYU School of Medicine, 2. NYU Langone Health/NYU School of Medicine, 3. NYU Langone Health, NYU School of Medicine

(PS8-D81) Perceived Social Support and Help-Seeking Intentions In a Sample of Service Members and Veterans With Symptoms of PTSD

Brook M. Sims, M.S., Joseph M. Currier, Ph.D., University of South Alabama

(PS8-D82) Improving Treatment Engagement and Completion Through peer Support: Does It Matter?

C. Beau Nelson, Ph.D., Rebecca Lusk, ABPP, Laurie Boore, M.D., Anusha Ranganathan, M.D., Mark Lyubkin, M.D., Ann Arbor Veterans Healthcare System

(PS8-D83) Barriers and Facilitators to the Implementation of a VA Telemental Health Program

Erica Shreck, Ph.D.¹, Alyssa Baer, Psy.D.¹, Amy Palfrey, Ph.D.¹, Jennifer Schneider, Ph.D.¹, Nicole Nehrigh, Ph.D.¹, Brittney Silvestri, Psy.D.¹, Sagiv Ashkenazi, Psy.D.¹, Cory K. Chen, Ph.D.², 1. VA New York Harbor Healthcare System, 2. VA New York Harbor Healthcare System, Manhattan Campus

(PS8-D84) Institutional Betrayal Following Military Sexual Trauma is Associated With Depression and Specific PTSD Symptom Clusters.

Felicia J. Andresen, M.A.¹, Jordan Kugler, M.S.¹, Lindsey L. Monteith, Ph.D.², Rebecca K. Blais, Ph.D.¹, 1. Utah State University, 2. Rocky Mountain MIRECC for Suicide Prevention University of Anschutz Medical Campus, Department of Psychiatry

(PS8-D85) The Differential Influence of Rumination and Mindfulness on the Associations Between Subtypes of Morally Injurious Events, Moral Injury, and Suicidality

Hannah C. Hamrick, B.A.¹, Michelle L. Kelley, Ph.D.², 1. Old Dominion University, 2. Old Dominion University & Virginia Consortium Program in Clinical Psychology

(PS8-D86) Self-Reported Pain and Mental Health Among Injured Service Members With and Without Low Back Pain: Results From the Wounded Warrior Recovery Project

Jessica Watrous, Ph.D.¹, Gretchen Moran, B.S.¹, Cameron McCabe, Ph.D.¹, Brittney Mazzone, PT, DPT², Shawn Farrokhi, PT, Ph.D.², Daniel Sack, B.S.¹, Susan Eskridge, PT, Ph.D.¹, Michael Galameau, M.S.¹, 1. Naval Health Research Center, 2. DoD-VA Extremity Trauma and Amputation Center of Excellence, Naval Medical Center San Diego

(PS8-D87) Couples-Based Interventions for PTSD and Relationship Satisfaction Among Military Veterans and Their Romantic Partners: An Empirical Review

Jordan Kugler, M.S., Felicia J. Andresen, M.A., Ron Bean, M.S., Rebecca K. Blais, Ph.D., Utah State University

(PS8-D88) Frequency and Perception of Positive and Negative Social Exchanges Is Related to Heightened Suicide Risk in Male Service Members/Veterans

Jordan Kugler, M.S., Rebecca K. Blais, Ph.D., Utah State University

(PS8-D89) Military Members' Perceptions of Military Suicide: A Qualitative Analysis

Julia A. Harris, M.S.¹, Patty Jiang¹, Rae Kovnick¹, Mindy Mangelson, B.S.¹, Mollie Lyon, B.S.¹, Craig Bryan, ABPP, Psy.D.², 1. University of Utah, 2. National Center for Veterans Studies at The University of Utah

(PS8-D90) PTSD and IPV in Couple Therapy-Seeking Male Veterans: The Mediating Role of Difficulties with Impulse Control

Kimberley Stanton, M.S., Ph.D.¹, Julian Libet, Ph.D.¹, Katherine Knies, Ph.D.², Samuel Peer, M.A., Ph.D.³, 1. Ralph H. Johnson VAMC, 2. Ralph H. Johnson VA Medical Center, 3. Medical University of South Carolina

(PS8-D91) Evaluating Changes in Sleep During a 3-Week Intensive Outpatient Program for Veterans With PTSD

Lindy M. Wagner, B.S.¹, Alyson K. Zalta, Ph.D.¹, Zerbrina Valdespino-Hayden, B.A.², Helen J. Burgess, Ph.D.¹, Randy A. Boley, B.A.¹, Philip Held, Ph.D.¹, Mark H. Pollack, M.D.³, 1. Rush University Medical Center, 2. Montclair State University, 3. Rush Medical College

(PS8-D92) Mental Health Outcomes of Premature Discharge From United States Air Force Basic Military Training

Logan M. Smith, B.S.¹, Thomas E. Joiner, Ph.D.², Ian H. Stanley, M.S.², 1. University of Utah, 2. Florida State University

(PS8-D93) Self in the Service: The Moderating Effect of Group Self-identification on the Relationship Between Drinking Norms and Alcohol-Related Consequences Among Veterans

Mai-Ly N. Steers, M.A., Ph.D.¹, Clayton Neighbors, Ph.D.¹, Eric R. Pedersen, Ph.D.², 1. University of Houston, 2. RAND Corporation

(PS8-D94) Therapeutic Mechanisms of Virtual Reality Intensive Exposure Therapy for Combat-related Posttraumatic Stress Disorder

Michael Gramlich, M.S.¹, Benjamin Trachik, Ph.D.², Vu Nguyen, M.S.¹, Sandra Neer, Ph.D.¹, Deborah Beidel, ABPP, Ph.D.¹, 1. University of Central Florida, 2. Sheridan VA Medical Center

(PS8-D95) Racial Differences in Mental Healthcare Use in a Veteran Population**Endorsing Military Sexual Trauma**

Michelle Fernando, B.S.¹, Ellen Koch, Ph.D.², Heather M. Cochran, Ph.D.³, Minden B. Sexton, Ph.D.³, 1. Eastern Michigan University, 2. Eastern Michigan University, 3. Ann Arbor Veterans Administration Healthcare System

(PS8-D96) Killing During Combat and Negative Mental Health and Substance Use Outcomes Among Recent-era Combat Veterans: The Mediating Effects of Rumination

Michelle L. Kelley, Ph.D.¹, Adrian J. Bravo, Ph.D.², Hannah C. Hamrick, B.A.³, Matt R. Judah, Ph.D.¹, 1. Old Dominion University & Virginia Consortium Program in Clinical Psychology, 2. University of New Mexico, 3. Old Dominion University

(PS8-D97) Data Privacy Expectations of Trauma-Exposed Veterans Enrolled in Research: Associations with Psychopathology and Demographic Characteristics

Rachel E. Guetta, B.A.¹, Elizabeth S. Wilcox, B.A.¹, Hannah Maniates, B.A.¹, Karen A. Ryabchenko, Ph.D.¹, Mark W. Miller, Ph.D.¹, Erika J. Wolf, Ph.D.², 1. VA Boston Healthcare System, 2. National Center for PTSD, VA Boston Healthcare System, and Boston University School of Medicine

(PS8-D98) Variables Influencing Veterans' Preference to Participate in Virtual Reality Exposure and Prolonged Exposure Therapies

Tiffany Bruder, M.A., Mitchell L. Schare, ABPP, Christopher DeJesus, M.A., Hofstra University

(PS8-D99) Lessons Learned from the Development and Implementation of an Interprofessional Experiential Exercise for Military Clinical Psychology Graduate Students

Sybil Mallonee, M.A.¹, Julia Garza, M.S.¹, Hannah Martinez, B.A.¹, Kathryn Eklund, M.S.¹, Ryan R. Landoll, Ph.D., ABPP², JoEllen Schimmels, PMHNP-BC, DNP¹, Eric Pauli, PMHNP-BC, DNP¹, Jeffrey L. Goodie, Ph.D., ABPP¹, 1. Uniformed Services University of the Health Sciences, 2. Uniformed Services University

9:45 a.m. – 10:45 a.m.

Exhibit Hall B South

Poster Session 9A**Transdiagnostic****PS9**

Key Words: *Transdiagnostic, Comorbidity, Neuroscience*

(PS9-A1) The 'p Factor' Predicts Broad Range of Dysfunctional Behaviors and Structural Brain Alterations

Adrienne Romer, M.A., Annchen Knodt, M.S., Bartholomew Brigidi, Ph.D., Ahmad Hariri, Ph.D., Duke University

- (PS9-A2) **Impulsivity and Approach Behaviors as Predictors of Anhedonia**
Angela M. Pisoni, B.A., Moria J. Smoski, Ph.D., Duke University
- (PS9-A3) **The Impact of Emotion Malleability Beliefs on Emotion Regulation Choice**
Anne Wilson, M.A., Sara Moss, M.A., Jennifer Cheavens, Ph.D., The Ohio State University
- (PS9-A4) **The Relationship Between Neuroticism, Distress Tolerance, Mindfulness, Behavioral Activation, and Experiential Avoidance: A Moderated Mediation**
Ashley M. Griffith, B.S., Jordan Ellis, M.A., Alexander M. Schoemann, Ph.D., John T. Freeman, M.A., Ansley T. Corson, M.A., Emily P. Midgette, B.A., Matthew Whited, Ph.D., East Carolina University
- (PS9-A5) **Relationship Satisfaction is Cubically Associated with Psychological Flexibility**
Bryant M. Stone, B.S.¹, Emily M. Bartholomay, M.A.¹, Chad E. Drake, Ph.D.², 1. Southern Illinois University, 2. Southern Illinois University-Carbondale
- (PS9-A6) **Sleep Onset Latency Does Not Equal Autonomic Flexibility**
Christopher Summers, M.A., Karin G. Coifman, Ph.D., Kent State University
- (PS9-A7) **Anxiety Sensitivity and Emotion Dysregulation: Associations with Posttraumatic Stress, Depressive, and Anxiety Symptoms among Trauma-Expose Firefighters**
Daniel J. Paulus, M.A.¹, Matthew W. Gallagher, Ph.D.¹, Brooke Bartlett, M.A.¹, Jana Tran, Ph.D.², Anka Vujanovic, Ph.D.¹, 1. University of Houston, 2. Houston Fire Department
- (PS9-A8) **Emotion Malleability Beliefs and Coping with a Stressful Life Transition**
Elizabeth T. Kneeland, Ph.D.¹, John Dovidio, Ph.D.², 1. Harvard Medical School, 2. Yale University
- (PS9-A9) **Network Analysis of the Transdiagnostic Latent Dimensional Features of Emotional Disorders**
Esther Tung, Evdokiya E. Knyazhanskaya, Grace N. Anderson, Anthony J. Rosellini, Ph.D., Timothy A. Brown, Psy.D., Boston University
- (PS9-A10) **Impulsivity, Sensation-seeking, and Emotion Dysregulation as Predictors of Cognitive Emotion Regulation Strategies**
Gemma T. Wallace, B.A., Ryan L. Rahm-Knigge, M.A., M.S., Bradley T. Conner, Ph.D., Colorado State University
- (PS9-A11) **The role of Posttraumatic Cognitions and Emotions in the Co-occurrence of Posttraumatic Stress Disorder, Generalized Anxiety Disorder, and Depressive Disorders**
Han N. Tran, M.S., Mary K. Reynolds, Rimsha Majeed, B.S., Thomas S. Dodson, M.S., Samuel C. Peter, M.S., Ulysses C. Savage, B.S., Alexandra J. Lipinski, M.S., J. Gayle Beck, Ph.D., University of Memphis
- (PS9-A12) **Self-discrepancy as a Transdiagnostic Factor Related to Fear- and Distress-Based Disorders**
Jabeene Bhimji, M.S., Xiaomeng (Mona) Xu, Ph.D., Idaho State University

- (PS9-A13) Is the Relationship Between Mindfulness and Depressive Symptoms Mediated by Emotion Regulation?**
Joseph Diehl¹, Patrick McGonigal, B.A.¹, Lauren Harris, B.A.¹, Theresa Morgan, Ph.D.¹, Mark Zimmerman, M.D.², 1. Alpert Medical School of Brown University, 2. Rhode Island Hospital/Alpert Medical School of Brown University
- (PS9-A14) Distinctive Differences in Emotion Dysregulation and Interpersonal Problems Across Disorders: A Transdiagnostic Investigation**
Kathryn A. Coniglio, B.A.¹, Kiki Fehling, M.S.¹, Emily Panza, M.S.², Edward Selby, Ph.D.¹, 1. Rutgers University, 2. Alpert Medical School of Brown University
- (PS9-A15) Interpersonal Perfectionism, Attributions, Expectations, and Social Disconnection in Daily Life: An Extension of the Social Disconnection Model**
Kelly Harper, M.A.¹, Kari Eddington, Ph.D.², 1. University of North Carolina, Greensboro, 2. University of North Carolina at Greensboro
- (PS9-A16) A Prospective Analysis of the Relationship between Perceived Stress, Distress Tolerance, and Intolerance of Uncertainty**
Kelly A. Knowles, M.A., Rebecca Cox, M.A., Bunmi Olatunji, Ph.D., Vanderbilt University
- (PS9-A17) An Open Trial of Exposure Based Transdiagnostic Intervention Program (ETP) for Anxiety and Depression in Children and Adolescents**
Kohei Kishida, M.A., Shin-ichi Ishikawa, Ph.D., Faculty of Psychology, Doshisha University
- (PS9-A18) A Daily Diary Experimental Manipulation of Validation and Invalidiation**
Madison Guter, B.S., Alexandra D. Long, B.A., Erika A. Fenstermacher, B.A., Nathaniel R. Herr, Ph.D., American University
- (PS9-A19) The Interactive Effect of Cognitive Fusion and Experiential Avoidance on Generalized and Social Anxiety Symptoms**
Natalie E. Conboy, Joseph R. Bardeen, Ph.D., Natasha Benfer, M.S., Auburn University
- (PS9-A20) Role of Emotion Dysregulation in Experiential Responding During Stress Induction**
Natalie Tunnell, B.A.¹, Ashton Steele, Ph.D.², Noelle Smith, Ph.D.³, Meara Weitzman, Ph.D.⁴, Thomas Ritz, Ph.D.¹, Alicia E. Meuret, Ph.D.¹, 1. Southern Methodist University, 2. Steven A. Cohen Military Family Clinic at Metrocare, 3. James A. Haley Veteran's Hospital; University of South Florida, Department of Psychiatry and Behavioral Neurosciences, 4. Dallas VA Medical Center
- (PS9-A21) Internal and External Regulation Strategies Modify the Relationship Between Metacognitive Beliefs and Psychological Distress**
Natasha Benfer, M.S., Joseph R. Bardeen, Ph.D., Travis Rogers, B.A., Kate Clauss, M.A., Auburn University
- (PS9-A22) Psychometric Properties and Validation of ODSIS and OASIS in Colombian Clinical, Community and Armed Conflict Victim Populations**
Nicolás García, M.A.¹, Julian D. Moreno, M.A.², Jose Angel, M.A.³, Leonidas Castro-Camacho, ABPP², Nicolás García, M.Sc., 1. University of Los Andes, 2. University of los Andes, 3. Universidad de los Andes

- (PS9-A23) If You're Stressed, Don't Suppress: Understanding the Relationship Between Affect Intolerance, Maladaptive Emotion Regulation, and Psychological Symptoms**
Stephanie E. Hudiburgh, B.A., Brittany A. Jaso, B.A., Aaron S. Heller, Ph.D., Kiara R. Timpano, Ph.D., University of Miami
- (PS9-A24) A Preliminary Meta-analysis of the Unified Protocol**
Susan Longley, Ph.D.¹, Jason Washburn, Ph.D.², Fabio Idrobo, Ph.D.³, Leonidas Castro-Camacho, ABPP⁴, Stephanie Harris, M.A.¹, Jackson Newsome, M.S.¹, Tali Gleiser, B.A.², 1. Roosevelt University, 2. Clinical Psychology PhD Program in the Department of Psychiatry and Behavioral Sciences, Northwestern University Feinberg School of Medicine, 3. Boston University, 4. University of Los Angeles
- (PS9-A25) Uncertainty Avoidance and the Perceived Utility of Low Arousal Positive Emotions**
Whitney Mhoon-Mock, B.A., Anthony H. Ahrens, Ph.D., American University

Exhibit Hall B South

Poster Session 9B

Obsessive Compulsive and Related Disorders

PS9

Key Words: Trichotillomania, OCD (Obsessive Compulsive Disorder), Adult Anxiety

- (PS9-B26) Social Concerns in Individuals with Body Focused Repetitive Behaviors**
Abel S. Mathew, B.S., Han-Joo Lee, Ph.D., University of Wisconsin-Milwaukee
- (PS9-B27) Implicit Learning and Hoarding Symptoms in Older Adults**
Adam Mathy, M.S., John E. Calamari, Ph.D., Brandon DeJong, Ph.D., Jessica Gerfen, Ph.D., Rosalind Franklin University of Medicine and Science
- (PS9-B28) Symptom Presentation and Treatment Response in Latinx Individuals in Intensive/Residential Treatment for Obsessive-Compulsive Related Disorders (OCDs)**
Alexandra Hernandez-Vallant, B.S., Sriramya Potluri, B.A., Martha Falkenstein, Ph.D., Jason Elias, Ph.D., McLean Hospital/Harvard Medical School
- (PS9-B29) Scrupulosity and Perceived Decision-Making Styles Among Individuals with OCD**
Alexandra Marsh, Caitlin Strachan, Jedidiah Siev, Ph.D., Swarthmore College
- (PS9-B30) Pinning Our Possessions: Associations Between Digital Hoarding and Symptoms of Hoarding Disorder**
Alexandria M. Luxon, M.A., Sage Bates, B.A., Regina M. Minnis, Gregory S. Chasson, Ph.D., Illinois Institute of Technology

- (PS9-B31) Trauma Exposure & OC Symptom Severity: The Contributing Role of Anxiety Sensitivity**
Amberly Portero, B.S.¹, Lauren Stentz, B.A.¹, Brad B. Schmidt, Ph.D.², 1. Florida State University, 2. FSU
- (PS9-B32) Obsessive-Compulsive Disorder as a Protective Factor Against Overweight and Obesity**
Amitai Abramovitch, Ph.D.¹, Gideon Anholt, Ph.D.², Allison Cooperman, B.S.³, Nathan Wofford, B.A.¹, Anton van Balkom, M.D., Ph.D.⁴, Erik Giltay, M.D., Ph.D.⁵, Brenda Penninx, Ph.D.⁴, Patricia van Oppen, Ph.D.⁴, 1. Texas State University, 2. Ben Gurion University of the Negev, 3. Massachusetts General Hospital, 4. VU University Amsterdam, 5. Leiden University Medical Center
- (PS9-B33) Maladaptive Religious Coping as a Mediator in Relation to Resilience and Obsessive-Compulsive Symptoms in a Hispanic Sample**
Andrew Dials, B.Sc., Michiyo Hirai, Ph.D., The University of Texas Rio Grande Valley
- (PS9-B34) Feasibility of a Global, Internet-Based, Cognitive Behavioral Therapy Intervention for Body Dysmorphic Disorder**
Andrew Gentile, M.A.¹, Christopher La Lima, Ph.D.², Christian Rück, M.D., Ph.D.³, Jesper Enander, Ph.D.³, 1. Hofstra University, 2. Hassenfeld Children's Hospital at NYU Langone Medical Center, 3. Karolinska Institutet
- (PS9-B35) Expectancy Violations During Exposure and Response Prevention for Childhood Obsessive-Compulsive Disorder**
Andrew G. Guzick, M.A., Adam M. Reid, Ph.D., M.S.E.¹, Gary R. Geffken, Ph.D.², Joseph P.H. McNamara, Ph.D.³, 1. McLean Hospital/Harvard Medical School, 2. The Geffken Group, 3. University of Florida
- (PS9-B36) The Transdiagnostic Nature of Obsessional, Dismorphic, Hypochondriacal and ED-related Unwanted Mental Intrusions (UMI): A Cross-cultural Study**
Belen Pascual Vera, M.A., Amparo Belloch, Ph.D., University of Valencia, Valencia, Spain
- (PS9-B37) Emotion Dysregulation Predicts Saving Cognitions in Patients with Hoarding Disorder**
Benjamin W. Katz, B.A.¹, Hannah C. Levy, Ph.D.², Akanksha Das, B.S.³, Michael C. Stevens, Ph.D.¹, David F. Tolin, ABPP², 1. Institute of Living/Hartford Hospital, 2. Hartford Healthcare Institute of Living, 3. Miami University
- (PS9-B38) OCD and OCPD: Examining Features of a Common Comorbidity**
Brianna Prichett, B.S.¹, Christina L. Boisseau, Ph.D.², Sarah G. Gamaat, Ph.D.², Anthony Pinto, Ph.D.³, Maria C. Mancebo, Ph.D.², Jane L. Eisen, M.D.⁴, Steven A. Rasmussen, M.D.¹, 1. Brown University Medical School, 2. Brown University Medical School & Butler Hospital, 3. Brown University Medical School & Donald and Barbara Zucker School of Medicine at Hofstra/Northwell, 4. Brown University Medical School & Icahn School of Medicine
- (PS9-B39) Disorder-specific Cognitions and Neuroeconomic Decision-making in Hoarding and Obsessive-compulsive Symptoms**
Caitlin A. Brown, M.S.¹, Jan B. Engelmann, Ph.D.², Gregor Hasler, M.D.³, Kiara R. Timpano, Ph.D.¹, 1. University of Miami, 2. University of Amsterdam, 3. University of Bern

- (PS9-B40) **A Comparison of Intraindividual Lead-Lag Bivariate Network Analyses in OCD**
Casey Thornton, M.A., Sarah Jo David, M.A., Kaley Roberts, B.A., Gregory Mumma, Ph.D., Texas Tech University
- (PS9-B41) **Cognitive Confidence in Obsessive-Compulsive Disorder: Differences Across Subtypes**
Catherine Ouellet-Courtois, M.S.¹, Kieron O'Connor, Ph.D.², 1. University of Montreal/ Université de Montréal, 2. University of Montreal
- (PS9-B42) **Attitudes Towards Sexual Intrusive Thoughts and Response to Education About Them**
Colter Snethen, M.A., Debbie M. Warman, Ph.D., University of Indianapolis
- (PS9-B43) **Decision Making About and Attitudes Towards Intrusive Thoughts**
Debbie M. Warman, Ph.D., University of Indianapolis
- (PS9-B44) **Gender Differences in Religious Coping and Anxiety Control Beliefs and Their Relationship to Obsessive-Compulsive Symptomology in a Hispanic Sample**
Delia Villarreal, M.A.¹, Michiyo Hirai, Ph.D.², 1. Valley Psychological Services, 2. The University of Texas Rio Grande Valley
- (PS9-B45) **Computer Assessments of Misperceptions in Body Dysmorphic Disorder**
Deniz Sidali, M.A.¹, Desiree L. Curcio, B.A.², Brittany Bonasera³, Casey Ferri³, Fugen Neziroglu, ABPP³, 1. Hofstra University, 2. Long Island University Post, 3. Bio Behavioral Institute
- (PS9-B46) **The Role of Distress Tolerance in the Relationship Between Anxiety Sensitivity and Obsessive-Compulsive Symptom Domains**
Emily M. O'Bryan¹, Jessica R. Beadel, Ph.D.¹, Alison C. McLeish, Ph.D.², 1. University of Cincinnati, 2. University of Cincinnati, University of Louisville
- (PS9-B47) **A Latent Class Analysis of Obsessive-Compulsive Symptoms Among Individuals with Substance Use Disorders**
Evdekiya E. Knyazhanskaya, Anthony J. Rosellini, Ph.D., Boston University
- (PS9-B48) **Unpacking Inhibitory Differences Between OCD and Trichotillomania**
Gregory Berlin, M.S., Abel Matthew, B.S., Taylor Davine, M.S., Han-Joo Lee, Ph.D., University of Wisconsin-Milwaukee
- (PS9-B49) **Identification of Belief-Based Subtypes in Obsessive-Compulsive Disorder Using Latent Profile Analysis**
Gregory M. Dams, B.A.¹, John E. Calamari, Ph.D.¹, Neil A. Rector, Ph.D.², Bradley C. Riemann, Ph.D.³, 1. Rosalind Franklin University of Medicine and Science, 2. Sunnybrook Research Institute, 3. Rogers Memorial Hospital
- (PS9-B50) **Hoarding Symptoms and Physical Symptomology in a Patient Population With Chronic Fatigue Syndrome**
Jamie Port, B.S.¹, Lara Juan Martinuzzi, B.S.¹, Sara Milrad, M.S.¹, Daniel Hall, Ph.D.², Michael Antoni, Ph.D.¹, Kiara R. Timpano, Ph.D.¹, 1. University of Miami, 2. Massachusetts General Hospital

Poster Session 9C

Health Psychology / Behavioral Medicine - Adult

PS9

Key Words: *Health Care System, Primary Care, Treatment-Other*

- (PS9-C51) **Addressing Mental Health Concerns in Primary Care: Practices and Perceived Competency Among Medical Residents**
Danielle L. Terry, Ph.D.¹, Christopher P. Terry, Ph.D.², 1. Guthrie Medical System, 2. Elmira College
- (PS9-C52) **Toward Validation of a Broad Behavioral Health Screener for Primary Care - The Adult Wellbeing Survey**
Desiree Green, M.A.¹, Janet Schultz, Ph.D.¹, Abbie Beacham, Ph.D.², 1. Xavier University, 2. University of Colorado Denver
- (PS9-C53) **Social Problem Solving as a Predictor of Posttraumatic Growth in Postoperative Breast Cancer Survivors**
Elisabeth S. Markman, Psy.D.¹, Kelly McClure, Ph.D.¹, Cori McMahan, Psy.D.², Nataliya Zelikovsky, Ph.D.¹, Brian Macone, Psy.D.¹, 1. La Salle University, 2. Cooper University Hospital
- (PS9-C54) **Depression and Anxiety Among HIV-positive Men Who Have Sex With Men and Men Who Have Sex With Women in China**
Frances M. Aumon, M.S.¹, Jane Simoni, Ph.D.¹, Joyce Yang, Ph.D.², 1. University of Washington, 2. VA Palo Alto Health Care System/Stanford
- (PS9-C55) **Trajectories of Self-Care Confidence in Patients With Heart Failure are Associated With Instrumental Support**
Hayley C. Fiwecoat, Ph.D.¹, Steven L. Sayers, Ph.D.¹, Barbara Riegel, Ph.D., RN², 1. Corporal Michael J. Crescenzo VA Medical Center, 2. University of Pennsylvania
- (PS9-C56) **Examining Associations Between HIV Acquisition Risk Behavior and Syndemic Conditions Among Young Latino Men Who Have Sex With Men**
Jasper S. Lee, B.S.¹, Carlos E. Rodríguez-Díaz, Ph.D.², Steven A. Safren, Ph.D.¹, Aaron Blashill, Ph.D.³, 1. University of Miami, 2. University of Puerto Rico, 3. San Diego State University
- (PS9-C57) **Which Factors Predict Level of Exercise Engagement in College Students?**
Jingwen Ni, M.A.¹, Cynthia Radnitz, Ph.D.¹, Julie DiMatteo, Ph.D.², 1. Fairleigh Dickinson University, 2. Seton Hall University
- (PS9-C58) **Pain-related Decrements in CVLT-2 Performance are Not Explained by Pain Catastrophizing**
Joe Etherton, Ph.D.¹, Chas Jones, M.A.², 1. Texas State University, 2. University of Texas-Arlington
- (PS9-C59) **Positive Thinking and Physical Health in German Adults: The Unique Effects of Hope, Optimism, and Self-Efficacy**
Johann M. D'Souza, M.A., Matthew W. Gallagher, Ph.D., University of Houston

- (PS9-C60) Impact of Cognitive Behavioral Factors on Depressive Symptoms in Recipients With Undergoing Living-related Kidney Transplantation**
Junichiro Kanazawa, Ph.D.¹, Ryo Motoya, Ph.D.¹, Mayu Sekiguchi, Ph.D.¹, Shuntaro Aoki, M.A.², Megumi Hachiya, B.A.³, Mayu Ishida, B.A.³, Mizuki Fujimoto, B.A.³, Masumi Sato⁴, Hiroshi Harada, M.D.⁴, Yuji Sakano, Ph.D.¹, Tetsuo Hirano, M.D.⁴, 1. School of Psychological Science, Health Science University of Hokkaido, 2. Graduate School of Psychological Science, Health Science University of Hokkaido; Research Fellow of Japan Society for the Promotion of Science, 3. Graduate School of Psychological Sciences, Health Sciences University of Hokkaido, 4. Sapporo City General Hospital
- (PS9-C61) Racial Differences in Knowledge Pertaining to Smoking After a Cancer Diagnosis**
Kinsey Pebley, M.A., Leslie Robinson, Ph.D., University of Memphis
- (PS9-C62) Racial Differences in Substance-Free and Substance-Related Activity Engagement: Preliminary Results from Project BETA**
Kinsey Pebley, M.A.¹, Andrew T. Voss, B.A.², Kevin W. Campbell, M.A.², Allison Wallace, M.S.², Ashley A. Dennhardt, Ph.D.², Michael Amlung, Ph.D.³, Mark S. Goldman, Ph.D.⁴, Jalie A. Tucker, Ph.D.⁵, James MacKillop, Ph.D.³, James G. Murphy, Ph.D.², 1. University of Memphis, 2. The University of Memphis, 3. McMaster University, 4. University of South Florida, 5. University of Florida
- (PS9-C63) Abstract Processing Mode is Not Effective For Pursuing a Difficult Personal Goal**
Kohei Kambara, B.A.¹, Yugo Kira, M.A.², Akiko Ogata, Ph.D.², 1. Hiroshima University, 2. Hiroshima University
- (PS9-C64) Stress Sensitivity Moderates the Relationship Between Occurrence of Naturally Occurring Stressful Life Events and Changes in Inflammatory Biomarkers**
Daniel P. Moriarity, M.A.¹, Caroline O'Brien¹, Naoise Mac Giollabhui, M.A.¹, Lauren Ellman, Ph.D.¹, Christopher Coe, Ph.D.², Lyn Abramson, Ph.D.², Lauren B. Alloy, Ph.D.¹, 1. Temple University, 2. University of Wisconsin - Madison
- (PS9-C65) Brief Psychological Interventions Supported by Technologies for the Promotion of Wellbeing of Cancer Inpatients: Who Benefits the Most?**
Macarena Espinoza, Ph.D.¹, Cristina Botella, Ph.D.², Azucena García-Palacios, Ph.D.³, Rosa Baños, Ph.D.⁴, 1. Universidad de Valencia, 2. Universitat Jaume I, Castellón, España; CIBER Fisiopatología Obesidad y Nutrición (CIBEROBN), Instituto Salud Carlos III, Valencia, España., 3. Universitat Jaume I. Spain, 4. Universitat de Valencia
- (PS9-C66) Examining the Roles of Anxiety Sensitivity and Perceived Stress in the Relation Between Stress, Anxiety, and Physical Health**
Madison K. Knox, B.S., Tyler M. Laurent, B.S., Morgan E. Maples, Celeste G. Manuel, Michael J. McDermott, Ph.D., University of Louisiana at Lafayette
- (PS9-C67) The Relative Contributions of Neuroticism and Depression to Somatic Symptom Reporting, Symptom-Related Distress, and Intentions to Engage in Illness Behavior**
Mazheruddin M. Mulla¹, James Hamilton, Ph.D.², Caitlin Moran, M.A.², Kathryn Kouchi, B.A.², James Rankin, M.A.², Christopher Coffey, M.A.², 1. University of Alabama, 2. The University of Alabama

- (PS9-C68) Irritable Bowel Syndrome, Fecal Incontinence and Quality of Life: It Depends on How You Think About It**
Melissa G. Hunt, Ph.D., Syed Aajmain, undergraduate, Ife Dawodu, undergraduate, Connie Wong, undergraduate, University of Pennsylvania
- (PS9-C69) Stress, Social Problem Solving, and Irritable Bowel Syndrome: An Investigation of Interactive Influences**
Natalie M. Holbrook, M.A., Laura A. Andrews, B.A., Douglas W. Nangle, Ph.D., The University of Maine
- (PS9-C70) Facilitators and Barriers to Using Actigraph Technology to Study Sleep in an Underserved Sample of People Living With HIV/AIDS**
Noelle A. Mendez, B.A., Brooke G. Rogers, MPH, Rosana Smith-Alvarez, B.A., Kyle E. Hafkey, Jacqueline E. Rodriguez, Steven A. Safren, Ph.D., University of Miami
- (PS9-C71) Body Vigilance in the Prediction of Health Anxiety: The Moderating Role of Experiential Avoidance**
Rachel A. Silver, Shannon M. Blakey, M.S., Emily Stokes, Joseph B. Friedman, Jennifer L. Buchholz, M.A., Lillian Reuman, M.A., Jonathan S. Abramowitz, Ph.D., University of North Carolina at Chapel Hill
- (PS9-C72) Disgust Regulation Across Menstrual Cycle Phase**
Rebecca Cox, M.A., Irene Li, Hunter Savage, Bunmi Olatunji, Ph.D., Vanderbilt University
- (PS9-C73) The Indirect Effect of Pain in the Relationship Between Sleep Disturbance and Illness Intrusiveness in Patients with Multiple Sclerosis**
Crystal Hare, M.A.¹, Tae Hart, Ph.D.², Colleen Carney, Ph.D.¹, 1. Ryerson University, 2. RYERSON UNIVERSITY
- (PS9-C74) Modeling Trajectories of Insomnia in an Underserved Sample of People Living With HIV/AIDS: The Role of Depressive Symptoms**
Brooke G. Rogers, MPH, Rosana Smith-Alvarez, B.A., Samantha Brindley, Sierra Bainter, Ph.D., Steven A. Safren, Ph.D., University of Miami
- (PS9-C75) Feasibility, Adherence, and Validity of Actigraphy and Sleep Diary Monitoring to Study Sleep Behavior in an Underserved Sample of People Living With HIV/AIDS**
Brooke G. Rogers, MPH, Noelle A. Mendez, B.A., Samantha Brindley, Rosana Smith-Alvarez, B.A., Jacqueline E. Rodriguez, Kyle E. Hafkey, Steven A. Safren, Ph.D., University of Miami

Poster Session 9D

Violence/Aggression

PS9

Key Words: *Aggression/Disruptive Behaviors/Conduct Problems, Alcohol, Gender*

- (PS9-D76) **The Separate and Combined Effects of Gender and Alcohol Use Disorder on Intoxicated Aggression Among Those With Intermittent Explosive Disorder**
Alexander A. Puhalla, M.A., Martha K. Fahlgren, M.A., Kristen M. Sorgi, B.S., Lorena G. Silva, Brighid McCauley, Michael S. McCloskey, Ph.D., Temple University
- (PS9-D77) **Differential Predictors of Intimate Partner Sexual Coercion Perpetration**
Alexandra Snead, Victoria E. Bennet, M.A., Nicholas A. Armenti, M.A., Julia C. Babcock, Ph.D., University of Houston
- (PS9-D78) **Centrality of Traumatic Events and Abuse Perpetration**
Aliya R. Webermann, M.A., Ana Maldonado, B.A., Rupsha Singh, B.A., Samantha Bushee, Christopher Murphy, Ph.D., UMBC
- (PS9-D79) **Yes Means Yes, But What Does No Response Mean? Situational and Dispositional Predictors of Men's Sexually Coercive Tactics**
Allison M. McKinnon, B.A.¹, Ashton M. Lofgreen, Ph.D.², Maggie M. Parker, B.A.¹, Samantha A. Wagner, M.S.¹, Edwin G. Ortiz, M.S.¹, Richard E. Mattson, Ph.D.¹, 1. Binghamton University, 2. Rush University Medical Center
- (PS9-D80) **The Definition of Sexual Consent: A Quantitative Study of Student Responses**
Alyssa Pallo, B.S., Joel Hughes, Ph.D., RaeAnn Anderson, Ph.D., Kent State University
- (PS9-D81) **PTSD Symptomatology and Intimate Partner Aggression: The Moderating Effect of Anger Rumination**
Andrea A. Massa, B.A.¹, Christopher I. Eckhardt, Ph.D.¹, Dominic J. Parrott, Ph.D.², 1. Purdue University, 2. Georgia State University
- (PS9-D82) **Experiential Avoidance and Distress Among Rape Survivors: The Cumulative Impact of Trauma**
Benjamin W. Katz, B.A.¹, Patricia J. Long, Ph.D.², 1. Institute of Living/Hartford Hospital, 2. University of New England
- (PS9-D83) **Bystander Attitudes and Intervention Behaviors: How Personal History of Intimate Partner Violence Affects Attitudes and Behaviors**
Calvin Hesse¹, Tara Cornelius, Ph.D.¹, Mikhila Wildey, Ph.D.¹, Ryan Shorey, Ph.D.², 1. Grand Valley State University, 2. Ohio University
- (PS9-D84) **The Role of Rape Myths in Risk Reduction Programming**
Cari B. Lee, B.A., Laura E. Ball, Shawn P. Cahill, Ph.D., University of Wisconsin - Milwaukee

- (PS9-D85) **Developing a Measure of Peer Victimization for Use with College Students**
Cassandra R. Mick, B.S., Sophia R. Lubarsky, B.A., David A. Cole, Ph.D., Vanderbilt University
- (PS9-D86) **Proximal Antecedents to Violence, Impulsivity, and Physical Dating Violence Perpetration in College Students**
Catherine V. Strauss, M.S., Haley Kolp, B.S., Sarah A. Horvath, M.S., Ellen E.H. Johnson, M.S., Brian T. Wymbs, Ph.D., Ryan Shorey, Ph.D., Ohio University
- (PS9-D87) **Sexual Assault and Mental Health Outcomes: Does Severity of Sexual Trauma Predict Depressive Symptoms and Alcohol Use?**
Emily E. Bernstein, B.S., Amie Newins, Ph.D., University of Central Florida
- (PS9-D88) **Rape Myth Acceptance, Empathy, and Sexual Violence in Emerging Adults**
Emily Johnson, B.A., Jacob Harris, Lorelei Simpson Rowe, Ph.D., Southern Methodist University
- (PS9-D89) **Barriers to & Facilitators of Sexual Assault Help-Seeking Behavior in Undergraduates**
Emma C. Muscari, CJ E. Fleming, Ph.D., Elon University
- (PS9-D90) **Exploring the Effect of Community Violence Exposure on Autonomic Correlates of Reactive and Proactive Aggression in At-Risk Youth**
Francesca Kassing, M.A., John Lochman, Ph.D., The University of Alabama
- (PS9-D91) **Does Having a History of Sexual Victimization Relate to Bystander Intervention Attitudes, Efficacy, and Behaviors**
Hanna M. Grandgenett, B.A.¹, Michelle Haikalis, M.A.¹, Evan McCracken, B.A.¹, Sarah Eagan, M.A.¹, Joshua Zosky, B.A.¹, Sarah Gervais, Ph.D.¹, David DiLillo, Ph.D.², 1. University of Nebraska Lincoln, 2. University of Nebraska-Lincoln
- (PS9-D92) **Sleep Impairment and Emotion Dysregulation as Risk Factors for Intimate Partner Violence Perpetration Among College Students**
Hannah L. Grigorian¹, Alisa Garner, M.A.², Autumn Rae Florimbio, M.A.², Meagan J. Brem, M.A.³, Caitlin Wolford-Clevenger, M.S.², Ryan Shorey, Ph.D.⁴, Gregory L. Stuart, Ph.D.³, 1. University of Tennessee-Knoxville, 2. University of Tennessee - Knoxville, 3. The University of Tennessee, Knoxville, 4. Ohio University
- (PS9-D93) **Attention Bias Modification for Aggression: A Preliminary Investigation With Perpetrators of Intimate Partner Aggression**
Joel G. Sprunger, Ph.D.¹, Christopher I. Eckhardt, Ph.D.², Dominic J. Parrott, Ph.D.³, Thomas F. Denson, Ph.D.⁴, Tracy A. Dennis-Tiwary, Ph.D.⁵, 1. University of Cincinnati College of Medicine, 2. Purdue University, 3. Georgia State University, 4. University of New South Wales, 5. Hunter College and the Graduate Center of the City University of New York
- (PS9-D94) **Additive and Interactive Effect of Cybervictimization Types on Depression Among Hispanic Emerging Adults**
Jorge Cantu, B.A.¹, Ruby Charak, Ph.D.², Claire Hsieh, B.A.¹, Stephanie Arellano, B.A.¹, Genesis Dominguez, B.A.¹, Laura Seligman, Ph.D.¹, 1. The University of Texas Rio Grande Valley, 2. University of Texas Rio Grande Valley

- (PS9-D95) **Examining Attitudinal Acceptance of Intimate Partner Violence: A Multi-Factorial Vignette Design**
Maggie M. Parker, B.A., Samantha A. Wagner, M.S., Allison M. McKinnon, B.A., Richard E. Mattson, Ph.D., Mindy Wong, B.A., Binghamton University
- (PS9-D96) **But He Had 12 Touchdowns This Season: Analyzing Text Within Media Articles on College Sexual Assault**
Maggie M. Parker, B.A., Richard E. Mattson, Ph.D., Binghamton University
- (PS9-D97) **Rumination Predicts Aggression and Quality of Life in IED**
Martha K. Fahlgren, M.A., Kristen M. Sorgi, B.S., Ester Chung, Michael S. McCloskey, Ph.D., Alexander A. Puhalla, M.A., Temple University
- (PS9-D98) **Drinking and Texting: Alcohol Problems as a Risk Factor for College Cyber Dating Abuse Perpetration**
Meagan J. Brem, M.A.¹, Hannah L. Grigorian, B.A.², Alisa Garner, M.A.², Autumn Rae Florimbio, M.A.², Caitlin Wolford-Clevenger, M.S.², Gregory L. Stuart, Ph.D.¹, 1. The University of Tennessee, Knoxville, 2. University of Tennessee - Knoxville
- (PS9-D99) **A Longitudinal Examination of Alcohol Problems, Cyber Dating Abuse, and Face-to-Face Dating Abuse: The Moderating Role of Emotion Regulation**
Meagan J. Brem, M.A.¹, Ryan Shorey, Ph.D.², Gregory L. Stuart, Ph.D.¹, Calvin Hesse³, Charlotte Spehn³, Tara Cornelius, Ph.D.³, 1. The University of Tennessee, Knoxville, 2. Ohio University, 3. Grand Valley State University
- (PS9-D100) **The Mediating Roles of Social and Community Support After Interpersonal Violence**
Melanie Hetzel-Riggin¹, Kameron Landers, B.S.², Sinara Hinton, B.S.², Hannah Heukeshoven², 1. Penn State, 2. Penn State Behrend

11:00 a.m. – 12:00 p.m.

Exhibit Hall B South

Poster Session 10A

Suicide and Self-Injury

PS10

Key Words: *Self-Injury, Adolescents*

- (PS10-A1) **Self-Harm and Behavioral Traits in an Adolescent Inpatient Sample: Distinct and Overlapping Contributions From Emotion Dysregulation, Sensation-Seeking, and Impulsivity**
Gemma T. Wallace, B.A., Shane Kentopp, M.S., Bradley T. Conner, Ph.D., Colorado State University

- (PS10-A2) The Effect of Emotion Dysregulation on Distress Tolerance and Suicidal Behavior**
HaeJoon Kim, B.A., Vincent Corcoran, B.S., Margaret S. Andover, Ph.D., Fordham University
- (PS10-A3) PTSD Symptom Clusters and Suicidal Behaviors Among High-Risk Military Service Members: A Three-Month Prospective Investigation**
Ian H. Stanley, M.S.¹, Megan L. Rogers, M.S.¹, Jetta E. Hanson, M.A.², Peter M. Gutierrez, Ph.D.³, Thomas E. Joiner, Ph.D.¹, 1. Florida State University, 2. Military Suicide Research Consortium, 3. Rocky Mountain Mental Illness Research, Education and Clinical Center (MIRECC), Denver Veterans Affairs Medical Center, Denver, CO and Department of Psychiatry, University of Colorado School of Medicine, Denver, CO
- (PS10-A4) Does Positive Future Thinking Moderate the Association Between Brooding and Suicidal Ideation?**
Ilana Gratch, B.A., Katherine A. DiVasto, B.A., Christine B. Cha, Ph.D., Teachers College, Columbia University
- (PS10-A5) Assessing the Association Between Parent- and Peer-driven Perceived Criticism and Suicidal Ideation Among Adolescents**
Irene Zhang, B.A., Eleonora M. Guzman, M.Phil., Christine B. Cha, Ph.D., Teachers College, Columbia University
- (PS10-A6) Understanding Individual Experiences Prior to a Suicide Attempt: A Qualitative Study**
Jacqueline K. Krychiw, M.A., Erin F. Ward-Ciesielski, Ph.D., Olivia Peros, M.A., Hofstra University
- (PS10-A7) Hypersomnia and Difficulties in Emotion Regulation Among Adult Psychiatric Inpatients at Risk for Suicide**
Jessica F. Sandler, B.A.¹, William C. Kelner, B.A.¹, Alyson B. Randall, B.A.¹, David J. Schillinger, B.S.¹, Heather T. Schatten, Ph.D.², Ivan W. Miller, Ph.D., Michael F. Armev, Ph.D.², 1. Butler Hospital, 2. Warren Alpert medical School of Brown University
- (PS10-A8) Culturally-responsive Suicide Assessment Among Bhutanese Refugees Living in the United States**
Jonah Meyerhoff, B.A., Kelly J. Rohan, Ph.D., Karen Fondacaro, Ph.D., Michael Werner, University of Vermont
- (PS10-A9) The Self-Injury IAT Predicts NSSI Severity in Young Adults**
Jordan Gregory, B.S.¹, Jeffrey Powers, B.S.¹, Amy M. Brausch, Ph.D.¹, Jennifer J. Muehlenkamp, Ph.D.², 1. Western Kentucky University, 2. University of Wisconsin - Eau Claire
- (PS10-A10) Evaluating Suicidality Within a Randomized Controlled Trial of the Unified Protocol for the Transdiagnostic Treatment of Emotional Disorders**
Julianne Wilner, M.A.¹, Stephanie Jarvi Steele, Ph.D.², Shannon Sauer-Zavala, Ph.D.³, Danyelle Pagan, B.A.¹, Todd Farchione, Ph.D.³, David H. Barlow, ABPP³, 1. Boston University, 2. Center for Anxiety and Related Disorders, Boston University, 3. Boston University Center for Anxiety and Related Disorders

- (PS10-A11) Understanding the Penetration of Evidence-based Practices for Suicide Prevention in College Mental Health Centers**
Kathryn DeWitt, B.A., Shari Jager-Hyman, Ph.D., Abby Adler, Ph.D., Shiv Nadkarni, Yunhee Hyun, Hannah Listerud, Rinad Beidas, Ph.D., Perelman School of Medicine at the University of Pennsylvania
- (PS10-A12) Short-term Prediction of Suicide Plans Using Machine Learning**
Kathryn P. Linthicum, B.A.¹, Xieyining Huang, M.S.¹, Kathryn Fox, M.A.², Jessica D. Ribeiro, Ph.D.¹, 1. Florida State University, 2. Harvard University
- (PS10-A13) Impaired Negative Emotional Response Inhibition is Associated With Suicidal Ideation in a High-risk Community Sample**
Kenneth J.D. Allen, Ph.D.¹, Michael F. Armey, Ph.D.¹, Heather T. Schatten, Ph.D.², Jill M. Hooley, D.Phil.³, 1. Alpert Medical School of Brown University, 2. Warren Alpert medical School of Brown University, 3. Harvard University
- (PS10-A14) Suicide and Risk-Taking Behaviors: Results from an Experimental Study Using Virtual Reality**
Kensie Funsch, Katherine Jolly, Xieyining Huang, M.S., Joseph Franklin, Ph.D., Florida State University
- (PS10-A15) Interrelations Between Interpersonal-Psychological Risk Factors, Aggression, and Non-Suicidal Self-Injury**
Kristen M. Sorgi¹, Martha K. Fahlgren, M.A.², Alexander A. Puhalla, M.A.², Brooke A. Ammerman, M.A.³, Michael S. McCloskey, Ph.D.², 1. Butler Hospital, Brown University Alpert Medical School, 2. Temple University, 3. University of Notre Dame
- (PS10-A16) The Role of Emotion Regulation Difficulties in Self-damaging Behaviors and Suicidality Among College Students**
Lauren Harnedy, Marykate Oakley, M.A., M.S., Katherine Dixon-Gordon, Ph.D., University of Massachusetts Amherst
- (PS10-A17) Examining Suicide Intervention Training in Clinical and Counseling Psychology Doctoral Programs**
Lauren B. Johnson, M.Ed., Christine M. Nezu, ABPP, Ph.D., Arthur M. Nezu, ABPP, Gina Vitale, Drexel University
- (PS10-A18) Association Between Childhood Victimization Types on Suicide Ideation and Attempts in a Sample of Predominantly Latinx Young Adults: The Interpersonal-Psychological Theory of Suicide**
Leonilo Gonzalez, B.A.¹, Claire Hsieh, B.A.¹, Michelle Roley-Roberts, Ph.D.², Joseph Hovey, Ph.D.¹, Ruby Charak, Ph.D.³, 1. The University of Texas Rio Grande Valley, 2. The Ohio State University, 3. University of Texas Rio Grande Valley
- (PS10-A19) Stress-Mediated Heart Rate Variability Among Individuals With a History of Nonsuicidal Self-Injury**
Meaghan L. Delcourt, B.A., Victoria E. Quinones, M.A., Ryan Boucher, B.A., Emily A.P. Haigh, Ph.D., University of Maine
- (PS10-A20) Interpersonal and Achievement-Related Stress Moderate the Risk for Suicidality in First-Year College Students**
Melissa S. Jankowski, B.A., Cynthia A. Erdley, Ph.D., University of Maine

(PS10-A21) **Knowledge and Accepting Attitudes of Suicide are Greater Among College Students Who Watched 13 Reasons Why Compared to Their Peers Who Did Not**
Michelle K. Rosselli, M.A.¹, Megan Chesin, Ph.D.¹, William Tsang, M.A.¹, Elizabeth Jeglic, Ph.D.², Michele Cascardi, Ph.D.¹, 1. William Paterson University, 2. John Jay College

(PS10-A23) **Reciprocal Relationships Between Suicidal Ideation and Suicide Risk Factors: A Longitudinal Study of Psychiatric Inpatients**
Mindy Chiang, B.A., David Klonsky, Ph.D., The University of British Columbia

(PS10-A24) **Suicide Risk Among Ethnic Minority College Students: The Role of Perceived Discrimination, Acculturative Stress, Thwarted Belongingness, and Burdensomeness**
Mun Yee Kwan, Ph.D.¹, Kathryn H. Gordon, Ph.D.², Yessenia Castro, Ph.D.³, Valerie Douglas, M.A.², 1. West Texas A&M University, 2. North Dakota State University, 3. The University of Texas at Austin

(PS10-A25) **It's the Thought that Counts: Belief in Suicide as an Escape Moderates the Relationship Between Emotion Dysregulation and Suicidal Ideation at Baseline and 6-Months Later**
Nadia Al-Dajani, M.A., Amanda Uliaszek, Ph.D., Kevin Hamdullahpur, M.S., University of Toronto Scarborough

Exhibit Hall B South

Poster Session 10B

Child/Adolescent Depression

PS10

Key Words: College Student, Adolescent Depression, Adolescent Anxiety

(PS10-B26) **Past Economic Stress, Problem Orientation, and Problem-Solving Skills Predict Depression and Anxiety Symptoms in College Students**
Kaitlyn E. Tobin, B.S., Carolina Daffre, H.S., Youlim Song, Alison A. Papadakis, Ph.D., Johns Hopkins University

(PS10-B27) **Cost Effectiveness of Cognitive Behavioral Therapy for Pediatric Depression**
Kaitlyn Westerberg, Tara Earle, M.A., Jordan Mazik, Alessandro De Nadai, Ph.D., Texas State University

(PS10-B28) **Considering Health Service for University Students: From a Systematic Review of the Relationships Between Cognitive Behavioral Processes and Mental Health Among University Students**
Kengo Yokomitsu, Ph.D.¹, Tomonari Irie, M.A.², Yokomitsu Kengo, Ph.D., 1. College of Comprehensive Psychology, Ritsumeikan University, 2. School of Education and Culture, Hokusho University

(PS10-B29) **Early Parenting Predicts Changes in Children's Cognitive Styles**
Kohrissa Joseph, M.P.S.¹, Kapil Chauhan, B.S.², Lea R. Dougherty, Ph.D.², 1. University of Maryland College Park, 2. University of Maryland, College Park

- (PS10-B30) Social Status Variables and their Relationship to Adolescent Depression: Relative Importance Analyses**
Mallory Dobias, B.S.¹, Jessica L. Schleider, M.A.², Michael Mullarkey, M.A.³, 1. The University of Texas at Austin, 2. Harvard University, 3. University of Texas at Austin
- (PS10-B31) The Depression Prevention Initiative: Does Trauma Moderate Prevention Outcomes?**
Marissa D. Sbrilli, B.A.¹, Jason D. Jones, Ph.D.², Robert Gallop, Ph.D.³, Jami F. Young, Ph.D.⁴, 1. Children's Hospital of Philadelphia, 2. The Children's Hospital of Philadelphia, 3. West Chester University, 4. Children's Hospital of Philadelphia, Perelman School of Medicine, University of Pennsylvania
- (PS10-B32) Rumination Mediates the Relation Between Gender Identity and Depressive Symptoms During Adolescence**
Mazneen Havewala, M.A.¹, Julia Felton, Ph.D.², 1. University of Maryland- College Park, 2. Michigan State University
- (PS10-B33) Interpreting Happy Facial Emotions and Risk for Internalizing Problems in Young Children**
Meghan S. Goyer, M.A.¹, Sarah E. Garcia, Ph.D.², Erin C. Tully, Ph.D.¹, 1. Georgia State University, 2. Georgia State University and the University of Denver
- (PS10-B34) Interpersonal Childhood Adversity and Stress Generation in Adolescence: Moderation by HPA Axis Genetic Variation**
Meghan Huang, B.A., Lisa R. Starr, Ph.D., University of Rochester
- (PS10-B35) Reassurance Seeking, Friendship Quality, Emotional Reactivity Among at-risk Adolescents with Psychopathology**
Melanie S. Fischer¹, Donald H. Baucom, Ph.D.¹, Danielle M. Weber, M.A.¹, Matthew K. Nock, Ph.D.², Karen D. Rudolph, Ph.D.³, Paul D. Hastings, Ph.D.⁴, Mitchell J. Prinstein, ABPP, Ph.D.¹, 1. University of North Carolina at Chapel Hill, 2. Harvard University, 3. University of Illinois Urbana-Champaign, 4. University of California, Davis
- (PS10-B36) Observed Parenting and Automatic Stress Responses in At-Risk Youth**
Meredith Gruhn¹, Alex Bettis, M.S.², Kelly Watson, Ph.D.¹, Rex Forehand, Ph.D.³, Bruce Compas, Ph.D.¹, 1. Vanderbilt University, 2. Alpert Medical School of Brown University, 3. University of Vermont
- (PS10-B37) Contributions of Self-compassion and Mindfulness to Adolescent Depressive Symptoms: A Mixed Graphical Model Network Approach**
Michael Mullarkey, M.A.¹, Karen Bluth, Ph.D.², 1. University of Texas at Austin, 2. University of North Carolina at Chapel Hill
- (PS10-B38) A Preliminary Investigation of the Safety, Neurocognitive Side Effects, and Feasibility of Deep Transcranial Magnetic Stimulation for Treatment Resistant Depression in Adolescents**
Michelle E. Thai, B.A., Michelle Corkrum, Nathan Horek, N.D., Christina Albott, M.D., Bonnie Klimes-Dougan, Ph.D., Kelvin Lim, M.D., Kathryn Cullen, M.D., University of Minnesota

(PS10-B39) Family Stress as a Moderator of Internalizing Symptoms in Children With Serious Mental Illness

Mona Yaptangco, Ph.D.¹, Katharine E. Musella, B.A.², Teresa M. Preddy, Ph.D.², Stephanie H. Parade, Ph.D.², Anne S. Walters, Ph.D.², 1. Warren Alpert medical School of Brown University, 2. Alpert Medical School of Brown University

(PS10-B40) Prevalence and Predictors of Mental Health Service Utilization in a Non-Clinical Sample of Adolescents

Morgan L. Bush, B.A.¹, Jason D. Jones, Ph.D.¹, Jami F. Young, Ph.D.², 1. The Children's Hospital of Philadelphia, 2. Children's Hospital of Philadelphia, Perelman School of Medicine, University of Pennsylvania

(PS10-B41) Reducing Health Risk Behaviors and Improving Depression in Adolescents: A Randomized Controlled Trial in Primary Care Clinics

Olivia Fitzpatrick, B.A.¹, Sunhye Bai, Ph.D.¹, Luis Zeledon, M.D.², Elizabeth D'Amico, Ph.D.³, Steven Shoptaw, Ph.D.¹, Claudia Avina, Ph.D.¹, Anne LaBorde, Psy.D.², Martin Anderson, M.D.¹, Joan Asarnow, Ph.D.¹, 1. University of California Los Angeles, 2. Kaiser Permanente Center for Health Research, 3. RAND Corporation

(PS10-B42) Indian Adolescents' and Parents' Perspectives on Happiness and Relations With Youth Depression - A Mixed Methods Study

Pankhuri Aggarwal, B.A., M.A.¹, Aaron Luebbe, B.A., M.A., Ph.D.¹, Vaishali Raval, B.A., M.A., Ph.D.¹, Anuradha Sathiyaseelan, B.S., M.A., Ph.D.², 1. Miami University, 2. Christ University

(PS10-B43) The role of Cognitive and Psychophysiological Self-regulatory Processes as Distinct Moderators of the Association Between Multiple Forms of Adversity and Adolescent Depression Symptom Severity

Rachel A. Vaughn-Coaxum, M.A.¹, Neha Dhawan, M.A.¹, Mackenzie Hart, B.A.², John Weisz, ABPP, Ph.D.¹, 1. Harvard University, 2. University of South Carolina

(PS10-B44) Big Five Personality Traits Moderate the Association Between Pubertal Timing and Depressive Symptom Trajectories Among Females

Sarah M. Thompson, Ph.D.¹, Constance Hammen, Ph.D.², 1. Durham VA Health Care System, 2. University of California Los Angeles

(PS10-B45) Difficulties in Emotion Regulation Predict Depressive Symptoms From Early to Middle Adolescence

Stefanie F. Goncalves, B.S., Caitlin C. Turpyn, M.A., Claire E. Niehaus, B.A., Tara M. Chaplin, Ph.D., George Mason University

(PS10-B46) The Relation Between Parental Depression and Children's Psychopathology Over Two Years: Test of Psychological Control as a Mediator and Expressed Emotion as a Moderator

Susanna Sutherland, M.S.¹, Bridget Nestor, B.A.¹, Elizabeth McCauley, PHD, Guy Diamond, Ph.D.², Kelly Schloretd, Ph.D.³, Judy Garber, Ph.D.¹, 1. Vanderbilt University, 2. Drexel University, 3. Seattle Children's Hospital

(PS10-B47) Meta-analysis of the Relationship Between Cognitive Behavioral Processes and Mental Health Among University Students

Tomonari Irie, M.A.¹, Kengo Yokomitsu, Ph.D.², Yuji Sakano, Ph.D.³, 1. School of Education and Culture, Hokusho University, 2. College of Comprehensive Psychology, Ritsumeikan University, 3. School of Psychological Science, Health Science University of Hokkaido

(PS10-B48) Adolescents' Sleep Quality, Affective Reactivity, and Depressive Symptoms in Daily Life

Y. Irina Li, M.A., Lisa R. Starr, Ph.D., University of Rochester

(PS10-B49) Experience of Adolescents in School-based Universal Cognitive-behavioral Intervention for Preventing Depression and its Effectiveness

Yugo Kira, M.A., Suzuka Hako, B.A., Jun Shigematsu, M.A., Yoshitaka Saito, M.A., Haruka Hirose, B.A., Kimi Masunaga, B.A., Akiko Ogata, Ph.D., Hiroshima University

(PS10-B50) Biases in Parental Appraisals of Childhood Adversities: Links to Parental and Offspring Depression Vulnerability

Zoey A. Shaw, M.A., Allison N. Friske, B.A., Lisa R. Starr, Ph.D., University of Rochester

Exhibit Hall B South

Poster Session 10C

Addictive Behaviors

PS10

Key Words: Alcohol, Risk/Vulnerability Factors, Risky Behaviors

(PS10-C51) What About This Time? An Examination of Event-level Drinking Motives and Consequences Among College Students

Matthew A. Cook, B.A., Amie Newins, Ph.D., Robert Smith-Dvorak, ABPP, Ph.D., University of Central Florida

(PS10-C52) Marijuana Use in Traditional College Students and College Student Veterans: The Moderating Effect of Anxiety

Matthew J. Woodward, Ph.D., Autumn C. Zwakenberg, B.S., Alexandra P. Bruce, B.S., Jenni B. Teeters, Ph.D., Western Kentucky University

(PS10-C53) Marijuana 'The Forbidden Fruit' and Reactance-Related Craving

Melissa N. Slavin, M.A., Mitch Earleywine, Ph.D., University at Albany

(PS10-C54) Contingency Management Treatment in Cocaine Using Methadone Patients With and Without Concurrent Marijuana Use

Meredith K. Ginley, Ph.D.¹, Carla Rash, Ph.D.¹, Kristyn Zajac, Ph.D.¹, Nancy Petry, Ph.D.², 1. University of Connecticut School of Medicine, 2. UConn Health School of Medicine

(PS10-C55) Main and Interactive Relationships Between Insomnia and Alcohol and Cocaine Use Frequency With Aggression Towards Partners and Non-Partners Among Veterans Engaged in Substance Use Treatment

Minden B. Sexton, Ph.D.¹, Spencer C. Dawson, Ph.D.², Jacklyn Reckow, Ph.D.², Robert J. Spencer, Ph.D.², David Phillips, Ph.D.³, Deirdre A. Conroy, Ph.D.⁴, Jamie J. Winters, Ph.D.⁵, Stephen T. Chermack, Ph.D.⁶, 1. Ann Arbor Veterans Administration Healthcare System, 2. Ann Arbor Veterans Healthcare System, 3. Eastern Michigan University, 4. University of Michigan Medical School, 5. Ann Arbor Veterans Healthcare System/ University of Michigan Department of Psychiatry, 6. Ann Arbor Veterans Healthcare System/ University of Michigan

- (PS10-C56) **Anxiety Sensitivity Moderates the Effects of Beliefs About Abstinence on Cigarette Smoking Following a Quit Attempt**
Mindy Kibbey, B.A.¹, Allison Borges, M.S.², Teresa Leyro, Ph.D.¹, 1. Rutgers University, 2. Rutgers, the State University of New Jersey
- (PS10-C57) **Predictors of Smoking Lapse During a 4-day Simulated Smoking Quit Attempt**
Naomi F. Stahl, B.A., Tommy Gunawan, B.A., Kristina Murani, B.A., Christine Muench, Ph.D., Nicole Schaller, Laura M. Juliano, Ph.D., American University
- (PS10-C58) **Effects of Bodily Arousal on Desire to Drink Alcohol Among Trauma-Exposed Emerging Adult College Students**
Nathan T. Kearns, M.S., Heidemarie Blumenthal, Ph.D., Ateka Contractor, Ph.D., Casey Guillot, Ph.D., Angeles Astorga, University of North Texas
- (PS10-C59) **Negative Urgency and Alcohol Problems: Serial Mediation by Alcohol Expectancies and Valuations**
Noah R. Wolkowicz, M.Sc., Alexander J. Melkonian, M.A., Lindsay S. Ham, Ph.D., University of Arkansas
- (PS10-C60) **A Stepped Wedge Randomized Controlled Trial of a Healthy Lifestyle Intervention for People With Substance Use Disorders: 6-month Behavioral Health Outcomes**
Peter James. Kelly, Ph.D., University of Wollongong
- (PS10-C61) **Consumers' Perception of Responsible Gaming Messages on Lottery Tickets**
Qian Li, B.A.¹, Abigail Armstrong², Rimsha Majeed, B.S.², Rory A. Pfund, M.S.², James P. Whelan, Ph.D.², Andrew W. Meyers, Ph.D.², 1. university of memphis, 2. University of Memphis
- (PS10-C62) **Alcohol Screening and Brief Intervention in a Representative Sample of Veterans Receiving Primary Care Services**
Rachel L. Bachrach, Ph.D.¹, John Blosnich, M.P.H., Ph.D.¹, Emily Williams, M.P.H., Ph.D.², 1. VA Pittsburgh Healthcare System, 2. VA Puget Sound Health Care System and Department of Health Services, University of Washington
- (PS10-C63) **Substance Use and Exposure to Potentially Traumatic Events: Psychological Flexibility as a Moderator**
Craig A. Stanton, Rachel C. Bock, B.S., Emily A. Kalantar, B.A., Christopher R. Berghoff, Ph.D., University of South Dakota
- (PS10-C64) **Examining Sex Differences in Marijuana Expectancies**
Rachel R. Luba, M.A., Melissa N. Slavin, M.A.¹, Stacey Farmer¹, Brianna R. Altman, B.A.², Maha Mian, B.S.², Mitch Earleywine, Ph.D.², 1. University at Albany, 2. University at Albany, State University of New York
- (PS10-C65) **Commitment to Quitting Smoking, Quit Date Success, and Abstinence Among Adult Daily Smokers**
Rachel L. Rosen, B.S.¹, Elizabeth Epstein, Ph.D.², Jill Williams, M.D.³, Marc Steinberg, Ph.D.³, 1. Rutgers University, 2. University of Massachusetts, 3. Robert Wood Johnson Medical School

- (PS10-C66) **AMA Discharge Among Patients with Substance Use Disorder: The Impact of an Addiction Consult Team**
Rachel L. Snow, M.A., Sarah E. Wakeman, M.D., Susan E. Regan, Ph.D., Massachusetts General Hospital
- (PS10-C67) **Does Binge Eating/Alcohol Use Endorsement Affect Impressions of Similar Others?**
Rae D. Drach, M.A., Jaime A. Coffino, M.P.H., M.A., Lauren Blau, B.S., Julia M. Hornes, Ph.D., University at Albany, State University of New York
- (PS10-C68) **Past Month and Past Year Associates of Marijuana Use in a Predominantly Hispanic College Student Sample**
Roman Fregoso, B.S., Ileana Acosta, B.A., Lizette Salcido, n/a, Analisse Acosta, n/a, Diana Villegas, n/a, Theodore V. Cooper, Ph.D., University of Texas at El Paso
- (PS10-C69) **Examining College Student Motives for Nonmedical Prescription Drug Use: Self-medication Motives Predict Nonmedical Drug Use Problems Above Frequency of Use Among Opioid Users**
Alexander J. Melkonian, M.A.¹, Lindsay S. Ham, Ph.D.¹, Renee Cloutier, M.S.², Heidemarie Blumenthal, Ph.D.², Isabel Augur, B.S.³, Lauren Milner, Ph.D.⁴, Alexander J. Melkonian¹, 1. University of Arkansas, 2. University of North Texas, 3. Medical University of South Carolina, 4. Meridian Behavioral Health Services
- (PS10-C70) **The Role of Tolerance of Specific Negative Emotions in Coping-Oriented Marijuana Use Motives**
Sarah Hartmann, Alison C. McLeish, Ph.D., University of Louisville
- (PS10-C71) **Perceptions of Parenting and College Student Alcohol Use**
Stephanie Moss, B.A., Lisa Curtin, Ph.D., Jp Jameson, Ph.D., Kurt Michael, Ph.D., Chelsea Gruenwald, M.A., Appalachian State University
- (PS10-C72) **Soon, Sure, but Minor or Later, Unlikely, but Awful: College Student Perceptions of Temporal Estimations, Probability, and Subjective Evaluations of Alcohol-related Consequences**
Susanna Lopez, B.S., Emma Brett, M.S., Elly Leavens, M.S., Thad Leffingwell, Ph.D., Oklahoma State University
- (PS10-C73) **Preliminary Examination of a Brief Alcohol Intervention Targeting Social Motives for Drinking**
Tess M. Kilwein, M.A., Alison Looby, Ph.D., University of Wyoming
- (PS10-C74) **Examining How Consequences Reinforce the Relation Between Sensation Seeking and Marijuana Use Among College Students**
Theodore Fetterling, B.S., Mark Prince, M.S., Ph.D., Bradley T. Conner, Ph.D., Colorado State University
- (PS10-C75) **Boredom Proneness and Fear of Missing Out (FOMO) are Related to Depression, Anxiety, and Problematic Smartphone Use**
Dmitri Rozgonjuk, M.A.¹, Claire Wolniewicz², Jon D. Elhai, Ph.D.², 1. University of Tartu, 2. University of Toledo

Poster Session 10D

Gay/Lesbian/Bisexual/Transgender Issues

PS10

Key Words: LGBTQ+, OCD (Obsessive Compulsive Disorder), Rumination

- (PS10-D76) **Let's Talk About Sexual Orientation: Experimental Test of Diagnostic Impressions of Clients with Sexual Orientation Rumination Versus Sexual Orientation Obsessions**
Alexandria M. Luxon, M.A., Andrew J. De Leonardis, M.Ed., Gregory S. Chasson, Ph.D., Illinois Institute of Technology
- (PS10-D77) **Examining the Intersections Between Self-Regulation, Bullying, Homophobic Teasing, Harassment and Victimization among Sexual Minority Adolescents**
Alyssa L. Norris, Ph.D., Lindsay Orchowski, Ph.D., Alpert Medical School of Brown University
- (PS10-D78) **The Influence of Parental Attitudes on Discomfort With Identity Disclosure in LGBQ+ Men. Does Need for Acceptance Mediate this Relationship?**
Ashley M. Hosey, B.S., David T. Solomon, Ph.D., Western Carolina University
- (PS10-D79) **Examining the Predictors From the Brief Cope Inventory on Potential Substance Use Dependency in LGBTQ Individuals With Interpersonal Trauma**
Ashley M. Hosey, B.S., David T. Solomon, Ph.D., Elizabeth Combs, B.S., Western Carolina University
- (PS10-D80) **Perceived Parenting Behaviors Related to Mental Health in Lesbian, Gay, Bisexual, and Heterosexual College Students**
Brent S. Skibiski, B.A. In Progress, Nouha H. Hallak, M.A., Antranik T. Kirakosian, B.A., Scott W. Plunkett, Ph.D., California State University, Northridge
- (PS10-D81) **Examining Psychosocial Syndemics in an Online U.S. National Cohort of Sexual Minority Men**
Christopher Chiu, B.A.¹, Eva Woodward, Ph.D.², David W. Pantalone, Ph.D.¹, 1. University of Massachusetts Boston, 2. Central Arkansas Veterans Healthcare System
- (PS10-D82) **Effect of Micro-aggression Faced by Gay, Lesbian, and Bisexual People of Color on their Alcohol use: The Mediating Role of Emotion Dysregulation**
Claire Hsieh, B.A.¹, Lillianne M. Villarreal, B.S.¹, Ruby Charak, Ph.D.², 1. The University of Texas Rio Grande Valley, 2. University of Texas Rio Grande Valley
- (PS10-D83) **From Adversity to Adaptation: Stress-Related Growth in Marginalized Sexual Orientations**
Dana Ergas, B.A., Christina Balderrama-Durbin, Ph.D., Binghamton University

- (PS10-D84) **How social aspects of sexual orientation and discrimination impact self-injurious behaviors in LGBTQ adults**
Darla Bonagura, B.A., Kiki Fehling, M.S., Kathryn A. Coniglio, B.A., Edward Selby, Ph.D., Rutgers University
- (PS10-D85) **Applying the Minority Stress Model to Predicting PTSD Symptoms in an LGBTQ+ Population With Interpersonal Trauma Histories**
David T. Solomon, Ph.D.¹, Kaylie Allen, Ph.D.², Elizabeth Combs, B.A.¹, Samantha Klaver, B.A.¹, 1. Western Carolina University, 2. Central Michigan University and the Center for OCD & Anxiety-Related Disorders, St. Louis Behavioral Medicine Institute
- (PS10-D86) **The Relationship Between Substance Misuse and Internalized Homonegativity in a Sample of LGBTQ+ Survivors of Interpersonal Violence**
David T. Solomon, Ph.D., Elizabeth Combs, B.A., Western Carolina University
- (PS10-D87) **Trauma and Alcohol use among Transwomen: An Examination of Stress-Buffering Hypothesis of Social Support**
Ellen E.H. Johnson, M.S., Catherine V. Strauss, M.S., Sarah A. Horvath, M.S., Haley Kolp, B.S., Shannon Wilder, M.S., Christine A. Gidycz, Ph.D., Ryan Shorey, Ph.D., Ohio University
- (PS10-D88) **Sexuality- and Gender-Based Discrimination and Trauma in an LGBTQ+ Sample: Toward Improvements in Clinical Practice**
Emma R. Toner, B.A., Sumati Gupta, Ph.D., Barnard College
- (PS10-D89) **Project EQUiP: Developing an Evidence-Based Psychosocial Intervention for Sexual Minority Women's Depression, Suicidality, and Alcohol Use**
Erin McConocha, B.A.¹, John E. Pachankis, Ph.D.², 1. Yale School of Public Health, 2. Department of Social and Behavioral Sciences, Yale School of Public Health
- (PS10-D90) **Gender Minority Stress, Sleep Disturbances, and Sexual Victimization in Adults Who Identify as Transgender**
Haley Kolp, B.S., Sarah A. Horvath, M.S., Catherine V. Strauss, M.S., Shannon Wilder, M.S., Christine A. Gidycz, Ph.D., Ryan Shorey, Ph.D., Ohio University
- (PS10-D91) **Traditional Machismo, Caballerismo, and Anabolic Steroid Misuse Among Young Latino Sexual Minority Men**
John P. Brady, M.S.¹, Devon Kimball, B.A.², Bethany Mendenhall², Aaron Blashill, Ph.D.², 1. San Diego State University/UC San Diego, 2. San Diego State University
- (PS10-D92) **Attitudes Towards Seeking Professional Help and Eating Pathology: Evaluating Differences Among Sexual Minority and Heterosexual Men**
Joseph M. Donahue, M.A.¹, Christina Schamer, B.A.¹, Drew Anderson, Ph.D.², 1. University at Albany, State University of New York, 2. Department of Psychology, University at Albany, SUNY
- (PS10-D93) **Sexual Minority Status, Coping (In)effectiveness, and Self-Damaging Behaviours in First-Year University Students**
Julie Prud'homme, M.S., Holly Pellatt, B.A., Brianna J. Turner, Ph.D., University of Victoria
- (PS10-D94) **Temporal Associations Between Anxious and Depressive Symptoms and University-Specific Covitality in Sexual Minority Students' First Year of Study**
Julie Prud'homme, M.S., Holly Pellatt, B.A., Brianna J. Turner, Ph.D., University of Victoria

- (PS10-D95) **SMART Sex Ed: Technological and Content Development of a Psychoeducational, eHealth Program to Promote Healthy Sexuality in Sexual Minority Adolescent Boys**
Kathryn Macapagal, Ph.D., Andres Carrion, M.S., Rana Saber, M.S., MSL, Dennis Li, M.P.H., Ph.D., David Moskowitz, Ph.D., Brian Mustanski, Ph.D., Northwestern University Feinberg School of Medicine
- (PS10-D96) **Behavioral Health Interventions for LGBTQ Youth: A Systematic Review**
Lauren A. Bochicchio, MSW¹, Kelsey Reeder, MSW², Andre Ivanoff, Ph.D.¹, 1. Columbia University School of Social Work, 2. Harlem Children's Zone
- (PS10-D97) **Sexual Orientation Outness and its Association with Anxiety Among Gay, Lesbian, and Bisexual Individuals: Serial Mediation of Daily Heterosexism and Emotion Dysregulation**
Lillianne M. Villarreal, B.S.¹, Claire Hsieh, B.A.¹, Jorge Cantu, B.A.¹, Ruby Charak, Ph.D.², 1. The University of Texas Rio Grande Valley, 2. University of Texas Rio Grande Valley
- (PS10-D98) **Creative Adaptations of Group Cognitive Behavioral Therapy for Social Anxiety Disorder Aimed Towards Transgender Youth With co-occurring Gender Dysphoria**
Samantha Busa, Psy.D., Jeremy Wernick, LMSW, Aron Janssen, M.D., Hassenfeld Children's Hospital at NYU Langone Medical Center
- (PS10-D99) **Interpersonal Trauma and Coping Within the LGBTQ+ Community: A Stepwise Regression Analysis**
Sara E. Roles, David T. Solomon, Ph.D., Elizabeth Combs, B.A., Western Carolina University
- (PS10-D100) **The Role of Lesbian, Gay, and Bisexual Identity in Youth Dating Anxiety and Internalizing Symptoms**
Sara B. Wigderson, M.S., Kristin Lindahl, Ph.D., Neena Malik, Ph.D., University of Miami

Poster Session 11A

Obsessive Compulsive and Related Disorders; Tic and Impulse Control Disorders

PS11

Key Words: *Tic Disorders, Tourette Syndrome, Treatment- CBT*

(PS11-A1) Effectiveness and Acceptability of a Social-Emotional Skills Group for Children With Tics

Danielle R. Hatchimonji, M.S.¹, Madison Perry, B.A.², Brittany Cabanas, B.A.², Alina Khomenko, Psy.D.², Daniela Colognori, Psy.D.³, 1. Rutgers University, 2. Rutgers University, Graduate School of Applied and Professional Psychology, 3. Rutgers, Graduate School of Applied and Professional Psychology

(PS11-A2) Differentiating Tic-Related From Non-Tic-Related Impairment in Children With Persistent Tic Disorders

Jordan T. Stiede, B.A.¹, Jennifer Alexander, M.Sc., Brianna Wellen, B.A.², Christopher C. Bauer, M.S.¹, Michael Himle, Ph.D.³, Suzanne Mouton-Odum, Ph.D.⁴, Douglas Woods, Ph.D.¹, 1. Marquette University, 2. The University of Utah, 3. University of Utah, 4. Psychology Houston, PC

(PS11-A3) Increasing Identification and Treatment of Youth with Tic Disorders: A Stepped Care Model for Primary Care and Non-Psychiatric Providers

Rebecca Rialon Berry, Ph.D., Anna Swan, Ph.D., Samantha Busa, Psy.D., Michelle Miller, Psy.D., Michal Johnson, M.A., Aleta Angelosante, Ph.D., Hassenfeld Children's Hospital at NYU Langone Medical Center

(PS11-A4) Avoidance as a Mediator of the Relationship Between Disgust and Obsessive-Compulsive Disorder Symptoms: Testing Disgust Within the CBT Model of OCD

Ilana Ladis, B.A.¹, Hilary Weingarden, Ph.D.², Keith Renshaw, Ph.D.³, Sabine Wilhelm, Ph.D.², 1. Massachusetts General Hospital, Department of Psychiatry, 2. Massachusetts General Hospital/Harvard Medical School, 3. George Mason University

(PS11-A5) Effect of Oxytocin on Threat Interpretations in Body Dysmorphic Disorder and Healthy Control Participants: The Moderating Effects of Anxious Attachment and Interpersonal Sensitivity

Ilana Ladis, B.A.¹, Jin Shin, B.A.¹, Elizabeth A. Lawson, M.D.², Sabine Wilhelm, Ph.D.², Angela Fang, Ph.D.², 1. Massachusetts General Hospital, Department of Psychiatry, 2. Massachusetts General Hospital/Harvard Medical School

(PS11-A6) Modification of Automatic Action Tendencies in Pediatric Obsessive Compulsive Disorder

Jennie M. Kuckertz, M.S., Nader Amir, Ph.D., San Diego State University/University of California, San Diego, Joint Doctoral Program in Clinical Psychology

- (PS11-A7) Boredom Proneness in Body Focused Repetitive Behaviors**
Jennifer Alexander, M.Sc., David C. Houghton, M.S.¹, Christopher C. Bauer, M.S.², Douglas Woods, Ph.D.², 1. Texas A & M University, 2. Marquette University
- (PS11-A8) Maladaptive Emotional Reactivity in Body-Focused Repetitive Behaviors**
Jennifer Alexander, M.Sc., David C. Houghton, M.S.¹, Christopher C. Bauer, M.S.², Douglas Woods, Ph.D.², 1. Texas A & M University, 2. Marquette University
- (PS11-A9) You Want Me to Have My Patient Do What?!: Examining Therapists Changing Views on Exposure Therapy Following the Behavior Therapy Training Institute (BTII)**
Jin Shin, B.A.¹, Ryan J. Jacoby, Ph.D.², Noah Berman, Ph.D.³, Hannah E. Reese, Ph.D.⁴, C. Alec Pollard, Ph.D.⁵, Jeff Szymanski, Ph.D.⁶, Sabine Wilhelm, Ph.D.⁷, 1. Massachusetts General Hospital, Department of Psychiatry, 2. Massachusetts General Hospital, 3. College of the Holy Cross, 4. Bowdoin College, 5. Saint Louis University School of Medicine, 6. International OCD Foundation, 7. Massachusetts General Hospital/Harvard Medical School
- (PS11-A10) Effect of Oxytocin on Trust Behavior in Body Dysmorphic Disorder**
Jin Shin, B.A.¹, Ilana Ladis, B.A.¹, Elizabeth A. Lawson, M.D.², Sabine Wilhelm, Ph.D.², Angela Fang, Ph.D.², 1. Massachusetts General Hospital, Department of Psychiatry, 2. Massachusetts General Hospital/Harvard Medical School
- (PS11-A11) Examination of the Relationship Between Emotional Control and Behavioral Task Performance in Individuals with Contamination Concerns**
Katie P. Hurley, B.S., Sara Conley, M.A., Kevin D. Wu, Ph.D., Northern Illinois University
- (PS11-A12) Predictors of Obsessive-Compulsive Symptom Dimensions: An Examination of Experiential Avoidance, Cognitive Fusion, and Beliefs in a Clinical Sample**
Keith P. Klein¹, Vanessa Moran, Undergraduate¹, Thröstur Björgvinsson, ABPP, Ph.D.², Sarah J. Kertz, Ph.D.¹, 1. Southern Illinois University, 2. McLean Hospital - Harvard Medical School
- (PS11-A13) Metacognition and Body Dysmorphic Disorder in a College Population**
Kerrie Armstrong, Ph.D.¹, John E. Calamari, Ph.D.², 1. Anxiety Treatment Center of Greater Chicago, 2. Rosalind Franklin University of Medicine and Science
- (PS11-A14) Paying Attention To NJREs: Preliminary Evidence for Bottom-Up and Top-Down Processing Biases**
Laura B. Bragdon, M.S., Meredith E. Coles, Ph.D., Binghamton University
- (PS11-A15) Politically Oriented Obsessive-Compulsivity: Associations With Local, State, and National Representation and Individual Party Affiliation**
Lauryn E. Garner, B.A.¹, Dean McKay, ABPP, Ph.D.¹, Sandra Cepeda², Eric A. Storch, Ph.D.², 1. Fordham University, 2. Baylor College of Medicine
- (PS11-A16) Habit Reversal Training for OCD: A Multiple Baseline Open Trial**
Marieke Toffolo, Ph.D., Sanjaya Saxena, M.D., University of California San Diego

(PS11-A17) Trajectories of Treatment Response in Obsessive-compulsive Disorder: A Growth Mixture Modeling Approach

Martha Falkenstein, Ph.D.¹, Jacob Nota, Ph.D.¹, Jason Kropfing, Ph.D.¹, Meghan Schreck, Ph.D.¹, Lauryn E. Garner, B.A.², Sriramya Potluri, B.A.¹, Nathaniel Van Kirk, Ph.D.¹, Gabriella Ponzini, B.A.³, Eric Tiff, B.A.¹, Brian Brennan, Ph.D.¹, Brittany M. Mathes, B.A.⁴, Jordan Cattie, Ph.D.¹, Jesse Crosby, Ph.D.¹, Jason Elias, Ph.D.¹, 1. McLean Hospital/Harvard Medical School, 2. Fordham University, 3. Skidmore College, 4. Florida State University

(PS11-A18) Obsessive Beliefs, Cognitive Fusion, and Experiential Avoidance as Predictors of Obsessive-compulsive Symptom Dimensions

Megan K. Lanier¹, Jennifer L. Buchholz, M.A.¹, Lillian Reuman, M.A.¹, Shannon M. Blakey, M.S.¹, Michael P. Twohig, Ph.D.², Jonathan S. Abramowitz, Ph.D.¹, 1. University of North Carolina at Chapel Hill, 2. Utah State University

(PS11-A19) Trauma Types in Hoarding Disorder

Melise Ouellette, M.S., Karen Rowa, Ph.D., Noam Soreni, M.D., Randi E. McCabe, Ph.D., Anxiety Treatment and Research Clinic, St. Joseph's Healthcare, Hamilton

(PS11-A20) Thoughts and Thoughts about Thoughts: The Relative Contribution of Obsessive Beliefs and Metacognitive Beliefs in Predicting Obsessive-compulsive Symptom Dimensions

Melissa Nance, Shannon M. Blakey, M.S., Lillian Reuman, M.A., Jennifer L. Buchholz, M.A., Tate Overbey, B.A., Jonathan S. Abramowitz, Ph.D., University of North Carolina at Chapel Hill

(PS11-A21) An Exploration of Disgust Propensity in Body Dysmorphic Disorder

Natalie L. Wilver, M.S., Jesse R. Cougle, Ph.D., Florida State University

(PS11-A22) Metacognitive Differences Between Autogenous and Reactive Subtypes of Obsessions in a Non-Clinical Sample

Nisha Jagannathan, M.S.¹, Gregory S. Chasson, Ph.D.¹, Natalie Hermann¹, Brittany Gibby, M.A.², 1. Illinois Institute of Technology, 2. Florida State University

(PS11-A23) My Child's Thoughts Frighten Me: How Parental Interpretation of Children's Intrusions Influences Youth's Obsessive-Compulsive Symptomology

Noah Berman, Ph.D.¹, Taylor Ene¹, Abigail Szkutak¹, Natalie L. Wilver, M.A.², Sabine Wilhelm, Ph.D.³, 1. College of the Holy Cross, 2. Florida State University, 3. Massachusetts General Hospital/Harvard Medical School

(PS11-A24) Treating Incompleteness in Obsessive-Compulsive Disorder: A Meta-Analytic Review

Rachel A. Schwartz, M.A., University of Pennsylvania

(PS11-A25) Relationship Between Childhood Maltreatment and Obsessive-Compulsive Disorder

Sabrina Christine. Boger, M.S., Thomas Ehring, Ph.D., Gabriela Werner, Ph.D., Ludwig-Maximilians University Munich, Department of Clinical Psychology and Psychotherapy

(PS11-A26) Examining Thought-Action Fusion as a Mediator of the Relationship Between a Bi-dimensional Model of Mindfulness and Obsessive Compulsive Disorder

Samantha Deana, M.A.¹, LeeAnn Cardaciotto, Ph.D.¹, Randy Fingerhut, Ph.D.¹, Marla Deibler, Psy.D., MSCP², 1. La Salle University, 2. The Center for Emotional Health of Greater Philadelphia

(PS11-A27) Ordering and Arranging Behaviors in Obsessive-Compulsive Disorder: The Challenges of Experimental Replication

Sarah R. Bragg, B.S., Kevin D. Wu, Ph.D., Northern Illinois University

(PS11-A28) Response Inhibition and Obsessive Compulsive Symptomatology in a Non-clinical Sample

Sarah H. Morris, M.A.¹, Han-Joo Lee, Ph.D.², Martin Franklin, Ph.D.³, 1. Alpert Medical School of Brown University, 2. University of Wisconsin-Milwaukee, 3. University of Pennsylvania

(PS11-A29) Obsessional Beliefs and Treatment Outcome in Treatment-Refractory Obsessive-Compulsive and Related Disorders (OCRDs)

Sriramya Potluri, B.A.¹, Martha Falkenstein, Ph.D.¹, Meghan Schreck, Ph.D.¹, Courtney Beard, Ph.D.², Jason Elias, Ph.D.¹, 1. McLean Hospital/Harvard Medical School, 2. McLean Hospital / Harvard Medical School

(PS11-A30) Repetitive Negative Thinking Mediates the Relation Between Perfectionistic Beliefs and Treatment Outcome in Individuals with Severe Obsessive Compulsive and Related Disorders (OCRDs)

Sriramya Potluri, B.A., Jacob Nota, Ph.D., Alexandra Hernandez-Vallant, B.S., Jason Krompinger, Ph.D., Jason Elias, Ph.D., McLean Hospital/Harvard Medical School

(PS11-A31) More Impulsive or More Conservative? : Motivational Context and Cognitive Diathesis Influence Response Inhibitory Control in Obsessive-Compulsive Disorder

Sue-Hwang Chang, Ph.D.¹, Ming-Been Lee, M.D.², Hwa-Sheng Tang, M.D.³, Hong-Yi Yeh, M.S.¹, 1. Department of Psychology, National Taiwan University, Taipei, Taiwan, 2. Department of Psychiatry, National Taiwan University Hospital, Taipei, Taiwan, 3. Songde Branch, Taipei City Hospital, Taipei, Taiwan

Poster Session 11B

Child / Adolescent - Trauma / Maltreatment

PS11

Key Words: *Child Trauma/Maltreatment, Cognitive Biases/Distortions, Cognitive Restructuring*

- (PS11-B33) **The Moderating Role of Maltreatment Type in the Relationship Between Trauma Severity and Children's Trauma-Specific Attributions**
Jessica Huntt, B.S.¹, Augustine Lombera, III, B.A.², Amanda Tamman, M.S.², Komal Sharma-Patel, Ph.D.², Elissa J. Brown, Ph.D.², Jessica Stinnette, B.Sc.¹, 1. St John's University, 2. St. John's University
- (PS11-B34) **Long-Term Effects of Family Violence on Serious Juvenile Offenders**
Kaitlin Sheerin, M.A.¹, Benjamin D. Johnides, M.A.², Cynthia Brown, M.A.¹, Charles M. Borduin, Ph.D.², 1. University of Missouri-Columbia, 2. University of Missouri
- (PS11-B35) **Coping with Chronic Illness: Psychological Adjustment of Children and Adolescents Living with HIV**
Kaitlyn Ahlers, M.A., Anisa Goforth, Ph.D., Cameo F. Stanick, Ph.D., University of Montana
- (PS11-B36) **Perceptions of Child Sexual Abuse: Influence of Perpetrator Gender and Age**
Kalynn C. Gruenfelder, B.A., C. Thresa Yancey, Ph.D., Georgia Southern University
- (PS11-B37) **Parents' Negative Expectations for Child Sexual Abuse Victim Recovery: Abuse Severity and Child Externalizing and Internalizing Behavior Problems as Predictors**
Kate Theimer, M.A., Katie Meidlinger, M.A., Jessie Pogue, M.A., Brittany Biles, Kelsey M. McCoy, B.A., Emily A. Sonnen, B.A., Zach Huit, B.A., Mary Fran Flood, Ph.D., David Hansen, Ph.D., University of Nebraska-Lincoln
- (PS11-B38) **Associations Between Socioeconomic Status, Adverse Events, and Internalizing and Externalizing Symptoms in Children Seeking Treatment**
Kelsey Yonce, LCSW, MSW¹, Spencer Evans, Ph.D.¹, Erica Lee, Ph.D.², John Weisz, ABPP, Ph.D.¹, 1. Harvard University, 2. Boston Children's Hospital/Harvard Medical School
- (PS11-B39) **Associations Between Adverse Child Experiences (ACEs), Respiratory Sinus Arrhythmia (RSA), and Psychopathology**
Kerry O'Loughlin, B.A., Merelise Ametti, B.A., Hannah Frering, B.A., Robert Althoff, M.D., Ph.D., University of Vermont
- (PS11-B40) **Variations in PTSD Characteristics Among Trauma-exposed Urban Black and Non-Black Youth**
Kevin Narine, Noah K. Suzuki, B.A., Rebecca Yeh, B.A., Anu Asnaani, Ph.D., Perelman School of Medicine at the University of Pennsylvania

- (PS11-B41) **Associations Among Emotion Regulation, Physiological Reactivity, and Posttraumatic Stress Symptoms in Children with Interpersonal Trauma Histories: A Preliminary Investigation**
Komal Sharma-Patel, Ph.D.¹, Amy Hyeoun. Lee, M.A.², Augustine Lombera III, B.A.³, Elissa J. Brown, Ph.D.², 1. St. John's University, 2. St. John's University, 3. Child HELP Partnership, St. John's University
- (PS11-B42) **Measuring Early Adversity in Children: Categorical and Dimensional Approaches to the Dimensional Model of Adversity and Psychopathology**
Lauren Henry, B.A., Kathy Gracey, MEd, April Shaffer, M.P.H., Jon Ebert, Psy.D., Tarah Kuhn, Ph.D., Kelly Watson, Ph.D., Meredith Gruhn, M.A., Allison Vreeland, M.A., Rachel Siciliano, B.A., Lindsay Dickey, B.A., Victoria Lawson, B.A., Cassandra Broll, M.A., Bruce Compas, Ph.D., Vanderbilt University
- (PS11-B43) **Findings From a Pilot Pre-post Study of a Psychoeducational Program With Latino Caregivers to Prevent Abuse and Bullying**
Margaret Fesmire. Canter, M.A.¹, Kelsey Butler¹, Aubrey Faber, B.S.¹, Jenni Marques, M.A.¹, Lois Beekman, B.A.², Elissa J. Brown, Ph.D.¹, 1. St. John's University, 2. Child HELP Partnership
- (PS11-B44) **The Effect of Childhood Trauma on Development of Cognitive Control in Adolescence**
Melissa D. Latham, M.S., Nicholas B. Allen, Ph.D., University of Oregon
- (PS11-B45) **Confirmatory Factor Analysis of the Early Life Experiences Scale, and its Relationship With Anxiety, Depression, and Stress**
Nicole M. Christ, B.A.¹, Emily Meadows, B.A.¹, Anna Chelsea Armour, Ph.D.², Jon D. Elhai, Ph.D.¹, 1. University of Toledo, 2. Ulster University
- (PS11-B46) **The Relationship Between Trauma, Treatment Attendance and Behavioral Outcomes in Minority Youth**
Tamara L. Greak, M.A., Ariel U. Smith, RN, Brian E. McCabe, Ph.D., Daniel A. Santisteban, Ph.D., University of Miami

Exhibit Hall B South**Poster Session 11C****Child / Adolescent - Anxiety****PS11**

Key Words: *Child Anxiety, Child Depression, Emotion*

- (PS11-C47) **Differential Association of Face-emotion Recognition With Depression and Generalized Anxiety Symptoms in Childhood and Adolescence**
Lance M. Rappaport¹, Daniel S. Pine, M.D.², Melissa A. Brotman, Ph.D.², Ellen Leibenluft, M.D.², Roxann Roberson-Nay, Ph.D.¹, John Hettema, M.D., Ph.D.¹, 1. Virginia Commonwealth University, 2. National Institute of Mental Health

- (PS11-C48) **The Contribution of Specific CBT Components and CBT Program Characteristics in Treating Anxiety Disorders in Youth: A Meta-regression Analysis**
Maaïke Nauta, Ph.D.¹, Laura Steenhuis, M.A.¹, Leonie Kreuze, M.A.¹, Evelien Vermeulen, Ph.D.², Denise Bodden, Ph.D.³, 1. University of Groningen, 2. Christian University of Applied Sciences Ede, 3. University of Utrecht
- (PS11-C49) **Maternal Depression and Anxiety: An Influence on Parenting and Early Childhood Internalizing Symptomatology**
Madeleine F. Cohen, B.A., Patricia Brennan, Ph.D., Emory University
- (PS11-C50) **Psychometric Evaluation of the Coping Questionnaire for Youths With Anxiety Disorders**
Margaret E. Crane, B.A., Philip C. Kendall, ABPP, Temple University
- (PS11-C51) **Maternal Anxious Behaviors Moderate the Relationship Between Interpretation Biases and Social and Adaptive Functioning Among Clinically Anxious Children**
Mischa A. Catalani, B.A., Elizabeth M. Raines, B.S., Emma C. Woodward, M.A., Abigail E. Hanna, B.A., Andres G. Viana, ABPP, Ph.D., University of Houston
- (PS11-C52) **Anxiety Sensitivity as a Mediator in the Relationship Between Perceptual Sensitivity and Anxiety Disorder Symptom Severity in Clinically Anxious Children**
Mischa A. Catalani, B.A., Elizabeth M. Raines, B.S., Emma C. Woodward, M.A., Abigail E. Hanna, B.A., Andres G. Viana, ABPP, Ph.D., University of Houston
- (PS11-C53) **Maternal Emotion Dysregulation Predicts Child Anxiety Risk: Parallel Mediation by Worry Socialization and Moderation by Child Gender**
Natalee N. Price, B.S.¹, Elizabeth J. Kiel, Ph.D.², 1. Miami University, 2. Miami University of Ohio
- (PS11-C54) **Psychometrics of a Parent Report of Child Reward Sensitivity**
Lesley A. Norris, B.A., Philip C. Kendall, ABPP, Temple University
- (PS11-C55) **Emotion Regulation and Obsessive-Compulsive Phenomena in Youth**
Noah Berman, Ph.D.¹, Abigail Szkutak¹, Robert Basic¹, Ashley M. Shaw, Ph.D.², Erin Curley, B.A.³, Sabine Wilhelm, Ph.D.⁴, 1. College of the Holy Cross, 2. University of Miami, 3. Temple University, 4. Massachusetts General Hospital/Harvard Medical School
- (PS11-C56) **The Effects of Childhood Inattention, Hyperactivity/Impulsivity, and Anxiety on Dimensions of Executive Functioning**
Peter J. Castagna, M.A., Matthew Calamia, Ph.D., Scott Roye, B.A., Steven Greening, Ph.D., Thompson Davis, III, Ph.D., Louisiana State University
- (PS11-C57) **FaceTime Versus Face-time: An Examination of the Use of Technology in Follow-up Services for an Intensive Selective Mutism Program**
Rachel Lacks, Ed.M., Omievier Joseph, B.S., Shelley Awny, Ph.D., Kurtz Psychology Consulting PC
- (PS11-C58) **Infant Behavioral Inhibition Predicts Toddler Dysregulated Fear Through Maternal Protective Parenting Behaviors**
Randi A. Phelps, M.A.¹, Elizabeth J. Kiel, Ph.D.², 1. Miami University, 2. Miami University of Ohio

- (PS11-C59) **Concurrent Child and Parent Anxiety Groups and the Reduction of Parental Accommodation and Symptoms of Childhood Anxiety**
Samantha A. Glickman, M.A., M.S.¹, Shea Fedigan, Ph.D.², Elizabeth Reichert, Ph.D.², 1. PGSP-Stanford PSY. D. Consortium, 2. Stanford University
- (PS11-C60) **Parent and Child Anxiety Sensitivity - Does Assessment Matter?**
Sarah E. Francis, Ph.D., Shannon Manley, M.A., University of Toledo
- (PS11-C61) **Examining Age, Gender, and Parental Beliefs About Anxiety in the Relationship between Child and Parent Anxiety Sensitivity**
Sarah E. Francis, Ph.D., Shannon Manley, M.A., University of Toledo
- (PS11-C62) **Network Analysis of Anxiety and Depression Symptoms in Adolescents**
Shaan McGhie, B.S.¹, Nader Amir, Ph.D.², 1. SDSU Research Foundation, 2. San Diego State University
- (PS11-C63) **Implications for Using the Screen for Child Anxiety Related Disorders (SCARED) to identify Anxiety Disorders Within Irritable Youth**
Shannon N. Bressler, M.S., Jackie Cacia, M.S., Rebecca Kanine, Ph.D., Destiny Frazier, Billie Schwartz, Ph.D., Ricardo Eiraldi, Ph.D., Children's Hospital of Philadelphia
- (PS11-C64) **The Role of Child Sex in the Relationship Between Perceived Parent Overprotection, Perceived Control of Anxiety, and Child Anxiety**
Shannon Manley, M.A., Sarah E. Francis, Ph.D., University of Toledo
- (PS11-C65) **A Randomized Control Trial of Cognitive Behavior Therapy for Children and Adolescents With Anxiety Disorders in Japan**
Shin-ichi Ishikawa, Ph.D.¹, Kikuta Kazuyo, M.A.², Mie Sakai, Ph.D.³, Takashi Mitamura, Ph.D.⁴, Naoyasu Motomura, Ph.D.⁵, 1. Faculty of Psychology, Doshisha University, 2. Doshisha University, 3. Naogyu City University, 4. Ritsumeikan University, 5. Osaka Medical College
- (PS11-C66) **But What Will the Results Be?: Learning to Tolerate Uncertainty Predicts Treatment-Produced Gains**
Sophie A. Palitz, M.A., Philip C. Kendall, ABPP, Temple University
- (PS11-C67) **Effects of a PCIT-Informed Modular Treatment Program on Anxiety Disorders with Co-Morbid Disruptive Behavior in Early Childhood**
Steven J. Mazza, Ph.D.¹, Phyllis S. Ohr, Ph.D.¹, Rohrig Stephanie, M.A.¹, Sarah Maza Lehman, M.A.¹, Ilana Eisenberg, M.A.¹, Mazzer Caroline, M.A.², Renee Smucker, M.A.¹, Hannah Walcoe, M.A.¹, 1. Hofstra University, 2. hof
- (PS11-C68) **Family Accommodation Moderates Link Between Child Temperament and Generalized Anxiety**
Sydney M. Risley, B.S., Elizabeth J. Kiel, Ph.D., Miami University of Ohio
- (PS11-C69) **Examining Child Anxiety Treatment Progress Related to Usual Care Therapists' Use of Youth-focused Versus Family-focused Practices**
Tristan Maesaka, B.A., Devon Shook, Ph.D., Matthew Millette-Winfrey, Ph.D., Charles W. Mueller, Ph.D., University of Hawai'i at Manoa
- (PS11-C70) **Does it Always Have to be a Questionnaire? Assessing Children's Approach Avoidance Tendencies With Direct and Indirect Measures**
Verena Pflug, M.S., Silvia Schneider, Prof., Clinical Child and Adolescent Psychology, Ruhr-Universität Bochum

(PS11-C71) **Dynamic Variation and Person Means as Predictors of Global Adolescent Psychopathology**
William C. Woods, M.A., Stefanie Sequeira, B.A., Jennifer S. Silk, Ph.D., University of Pittsburgh

Exhibit Hall B South

Poster Session 11D

Cognitive Science / Cognitive Processes

PS11

Key Words: *Emotion Regulation, Worry, Rumination*

(PS11-D72) **When are Worry and Rumination Negatively Related to Resting Respiratory Sinus Arrhythmia? It Depends - The Moderating Role of Cognitive Reappraisal**
Andre J. Plate, M.A.¹, Emily J. Dunn, M.A.¹, Kara A. Christensen, M.A.¹, Amelia Aldao, Ph.D.², 1. The Ohio State University, 2. Boston Consulting Group

(PS11-D73) **Flexible Goal Adjustment as a Mediator in the Relationship Between Hope and Affect**
Angela L. Richardson, M.A., Matthew W. Gallagher, Ph.D., University of Houston

(PS11-D74) **An Examination of the Associations Between Self-Report Measures and the RDoC Negative Valence Systems Domain Constructs**
Anni M. Hasratian, M.A., Alicia E. Meuret, Ph.D., Michael Chmielewski, Ph.D., Grace Boyers, M.A., Thomas Ritz, Ph.D., Southern Methodist University

(PS11-D75) **Difficulties in Regulating Emotion: The Effect on the Late Positive Potential**
AnnMarie Huet, B.S.¹, Nicholas Allan, Ph.D.¹, Brian J. Albanese, B.A.², Brad B. Schmidt, Ph.D.³, 1. Ohio University, 2. Florida State University, 3. FSU

(PS11-D76) **A Meta-Analysis of The Relationship Between Affective Pathology and Reinforcement Sensitivity**
Benjamin A. Katz, M.A., Kathryn Matanky, B.A., Iftah Yovel, Ph.D., The Hebrew University of Jerusalem

(PS11-D77) **Measuring Emotion Regulation Over the Years: A Systematic Review**
Cassandra J. Fehr, B.A., Allison J. Ouimet, Ph.D., University of Ottawa

(PS11-D78) **How Will You Feel on Valentine's Day? Affective Forecasting as a Function of Anxiety, Depression, and Borderline Personality Disorder Symptoms**
Christopher D. Hughes, M.S., Maria Alba, B.A., Katharine Bailey, B.A., Alexandra King, M.S., Shireen L. Rizvi, ABPP, Ph.D., Rutgers University

(PS11-D79) **Rumination, Working Memory, and Attentional Demand: A Pilot Study**
Curtis Wojcik, B.A.¹, Eve A. Rosenfeld, B.A.², John Roberts, Ph.D.¹, 1. The State University of New York at Buffalo, 2. The State University at New York, The University at Buffalo

- (PS11-D80) **Unwanted Intrusive Thoughts of Infant-Related Harm, Negative Emotionality, and Self-Confidence Among Adolescent Caregivers**
Debra Torok, B.A.¹, Nichole Fairbrother, Ph.D., RPsych², Ronald G. Barr, M.D.C.M., FRCPC³, 1. University of Victoria, 2. The University of British Columbia, 3. BC Children's Hospital Research Institute
- (PS11-D81) **Executive Function as a Mechanism Linking Socioeconomic Status to Risk For Psychopathology in Children**
Elizabeth A. McNeilly, M.A., Matthew Peverill, M.S., Jiwon Jung, B.S., Katie McLaughlin, Ph.D., University of Washington, Seattle
- (PS11-D82) **Construct Validity of the Attentional Control Scale**
Emily M. Bartholomay, M.A., Devin Petersen, B.S., Megan Watkins, Sarah J. Kertz, Ph.D., Southern Illinois University
- (PS11-D83) **Exploring Pattern Separation and Risk for Emotional Disorders**
Emily E. Bernstein, M.A.¹, Richard J. McNally, Ph.D.², 1. Department of Psychology, Harvard University, 2. Harvard University
- (PS11-D84) **Early Life Stress Predicts Reduced Brain Volume and Poorer Cognitive Functioning in School Age Children**
Emma L. Chad-Friedman, B.A.¹, Morgan Botdorf, B.A.¹, Tracy Riggins, Ph.D.¹, Lea R. Dougherty, Ph.D.², 1. University of Maryland-College Park, 2. University of Maryland, College Park
- (PS11-D85) **Confirmatory Factor Analysis of Revised Indecisiveness Scale**
Jenna M. Moore, B.S.¹, Kelly J. Martin, B.A.², Kobi R. Oakes, B.S.², R. J. Ballotti, B.S.³, Sean A. Lauderdale, Ph.D.⁴, 1. The University of Texas at Tyler, 2. Texas A&M University Commerce, 3. Texas A&M University-Commerce, 4. Texas A&M-Commerce
- (PS11-D86) **Hot and Cool Executive Function as Protective Factors Moderating the Relation Between Temperamental Variation and Heavy Episodic Drinking in Young Adulthood**
Joseph Bettcher, M.A., Anna J. Yeo, M.A., Elisabeth J. O'Rourke, M.A., Atara Siegel, B.A., Cheryl K. Best, B.A., Leslie F. Halpern, Ph.D., University at Albany, State University of New York
- (PS11-D87) **Aversive Indecisiveness is a Transdiagnostic Process for Anxiety and Depression**
Kobi R. Oakes, B.S.¹, R. J. Ballotti, B.S.², Kelly J. Martin, B.A.¹, Jenna M. Moore, B.S.³, Sean A. Lauderdale, Ph.D.⁴, 1. Texas A&M University Commerce, 2. Texas A&M University-Commerce, 3. The University of Texas at Tyler, 4. Texas A&M-Commerce
- (PS11-D88) **Cognitive Responses to Positive Affect Prospectively Predict Mood Symptoms and Life Events in Adolescents**
Laura E. McLaughlin, B.S., Lauren B. Alloy, Ph.D., Temple University

(PS11-D89) Racial Differences in Skin Conductance Levels and Responses During Fear Conditioning

Maria Alexandra Kredlow, M.A.¹, Alexandra K. Gold, M.A.¹, Gabrielle Figueroa, Undergraduate¹, Suzanne L. Pineles, Ph.D.², Sabra S. Inslicht, Ph.D.³, Marie-France Marin, Ph.D.⁴, Mohammed R. Milad, Ph.D.⁵, Scott P. Orr, Ph.D.⁶, Michael W. Otto, Ph.D.¹, 1. Boston University, 2. Boston VA Healthcare System, 3. San Francisco VA Medical Center, 4. L'Université de Montréal, 5. University of Illinois at Chicago, 6. Harvard Medical School

(PS11-D90) Manipulating the Body Posture to Change Interpretation Bias, Imagery, and Depression-related Emotions

Marta Miragall, M.S.¹, Adrián Borrego, M.S.², Ausiàs Cebolla, Ph.D.¹, Ernestina Etchemendy, Ph.D.³, Jéssica Navarro-Siurana, B.S.¹, Roberto Llorens, Ph.D.², Simon Blackwell, Ph.D.⁴, Rosa Baños, Ph.D.⁵, 1. University of Valencia, 2. Universitat Politècnica de València, 3. University of Zaragoza, 4. Ruhr-Universität Bochum, 5. Universitat de Valencia

(PS11-D91) The Impact of Abstract and Concrete Processing on False Memory

Meghan E. Bauer, B.S.¹, John Roberts, Ph.D.², 1. State University of New York at Buffalo, 2. The State University of New York at Buffalo

(PS11-D92) Using Cognitive, Social, and Environmental Benefit Enhancement Strategies is Associated with Increased Positive Effects of 5-MeO-DMT in Recreational Users

Rafael Lancelotta, B.A.¹, Joseph P. Barsuglia, Ph.D.², Alan K. Davis, Ph.D.³, 1. University of Wyoming, 2. No Current Academic Affiliation, 3. Johns Hopkins School of Medicine

(PS11-D93) Depressive and Anxiety Symptoms as Mediators in the Relationship Between Perfectionism and Daily Life

Yuta Takano, B.A.¹, Yui Tsuji, M.A.², Shuntaro Aoki, M.A.³, Yuji Sakano, Ph.D.⁴, 1. A graduate student in a master course at Graduate School of Psychological Science, Health Science University of Hokkaido, 2. Graduate School of Psychological Science, Health Science University of Hokkaido, 3. Graduate School of Psychological Science, Health Science University of Hokkaido; Research Fellow of Japan Society for the Promotion of Science, 4. School of Psychological Science, Health Science University of Hokkaido

(PS11-D94) Neurofeedback: An ERP-Based Approach to Reducing Anxiety

Alessandro D'Amico, B.S.¹, Nader Amir, Ph.D.², 1. Center for Understanding and Treating Anxiety; San Diego State University, 2. San Diego State University/University of California, San Diego, Joint Doctoral Program in Clinical Psychology

(PS11-D95) Electrophysiological Study of Attention Bias Under Safe and Threatening Contexts

Emily Meissel, B.A.¹, Nader Amir, Ph.D.², Emily Kappenman, Ph.D.², 1. San Diego State University/UC San Diego Joint Doctoral Program in Clinical Psychology, 2. San Diego State University

(PS11-D96) Tele-rehabilitation for Attention and Memory for Patients with Traumatic Brain Injury Through Virtual Reality

Georgina Cardenas-lopez, Ph.D.¹, Pedro Gamito, Ph.D.², Maura C. Ramirez, Ph.D.¹, Gaspar C. Ayora, B.A.¹, Derian C. Torres, B.A.¹, 1. Universidad Nacional Autonoma de Mexico UNAM, 2. Universidade Lusofona

- (PS11-D97) **Assessing Neurocognitive Correlates of Neuroticism, Anger, Anxiety, and Depression: An ERP/LORETA Analysis of EEG and fMRI Using a Go/NoGo Task**
 Keith P. Klein, Matthew Ruehle, M.A., Matthew Gunn, B.A., Norka E. O. Rabinovich, B.S., John Lindt, B.A., David G. Gilbert, Ph.D., Southern Illinois University
- (PS11-D98) **Resting State Functional Connectivity of Three Neural Networks is Related to Depression Symptom Severity, Rumination, and Emotion Dysregulation**
 Laura M. Lesnewich, B.A.¹, Sarah G. Helton, B.A.¹, Jennifer Buckman, Ph.D.¹, Suril Gohel, Ph.D.², Marsha Bates, Ph.D.¹, 1. Rutgers, The State University of New Jersey, 2. Rutgers University-Newark
- (PS11-D99) **A Moderator in Clinical Psychophysiology: SES Only Predicts Frontal Asymmetry in Never Depressed but not Previously Depressed Participants**
 Samantha J. Reznik, M.A., John Allen, Ph.D., University of Arizona
- (PS11-D100) **Mindfulness and Proposed Neural Biomarkers of Perceived Stress in Depression: A Resting State fMRI Study**
 Sarah G. Helton, B.A.¹, Laura M. Lesnewich, B.A.¹, Suril Gohel, Ph.D.², Jennifer Buckman, Ph.D.¹, Marsha Bates, Ph.D.¹, Sarah G. Helton, B.A., 1. Rutgers, The State University of New Jersey, 2. Rutgers University-Newark

1:30 p.m. – 2:30 p.m.

Exhibit Hall B South

Poster Session 12A

Adult Anxiety - General

PS12

Key Words: *Distress Tolerance, Assessment*

- (PS12-A1) **Assessing Longitudinal Measurement Invariance of a Modified, 16-Item Frustration Discomfort Scale Across Eight Weeks**
 Emma K. Evanovich, M.A.¹, Casey Thornton, M.A.², Kaley Roberts, B.A.², Gregory Mumma, Ph.D.², 1. Texas Tech Univeristy, 2. Texas Tech University
- (PS12-A2) **The Effect of Cognitive Performance Anxiety-related Stress on WM Performance and Objectively Assessed Threat-interference During Performance**
 Angelos Angelidis, M.S.¹, Ericka Solis, M.S.², Franziska Lautenbach, Ph.D.³, Willem van der Does, Ph.D.¹, Peter Putman, Ph.D.¹, 1. Institute of Psychology, Leiden University, Leiden, The Netherlands, 2. Department of Psychiatry, Leiden University Medical Center, Leiden, The Netherlands, 3. Institute of Sport Psychology and Sport Pedagogy, Leipzig University, Germany

(PS12-A3) Can Curiosity Buffer Against the Potentially Harmful Effects of Anxiety on Meaning in Life?

Irene Regalario, B.S., Molly Miller, B.A., Ateeb Asim, B.S., James Doorley, M.A., Fallon Goodman, M.A., Todd Kashdan, Ph.D., George Mason University

(PS12-A4) Anxiety and Marijuana Use: Comparing Frequency, Motives, and Consequences Among College Students

Jama Bettis, B.A., Ali Yurasek, Ph.D., University of Florida

(PS12-A5) Distress and Distress Tolerance as Predictors of Experiential Avoidance

Jeremiah T. Hartssock, Shannon M. Blakey, M.S., Rachel A. Silver, Lillian Reuman, M.A., Jennifer L. Buchholz, M.A., Jonathan S. Abramowitz, Ph.D., University of North Carolina at Chapel Hill

(PS12-A6) Influence of Automatic Thinking on Job-hunting Anxiety in Chinese University Students

Jie Dong, Ph.D.¹, Kohei Matsubara, Psy.D.², Hiroshi Sato, Ph.D.³, Dong Jie, Ph.D., 1. Graduate School of Psychology, Kansai University, Japan, 2. Faculty of Education, Shinshu University Japan, 3. Kwansei Gakuin University

(PS12-A7) Examining Relations Between Schizotypal Personality Traits and Error-Related Negativity

Joshua T. Bailey, AnnMarie Huet, B.S., Kaley Angers, B.S., Julie A. Suhr, Ph.D., Nicholas Allan, Ph.D., Ohio University

(PS12-A8) Updating Memories for Fear-Relevant Material Using Reactivation Plus Extinction

Julia Marinos, B.A.¹, Andrea Ashbaugh, Ph.D.², 1. University Of Ottawa, 2. University of Ottawa

(PS12-A9) Association Between Family History of Suicide and Anxiety Disorders

Julia Spandorfer, B.A.¹, Kristin L. Szuhany, Ph.D.², Susanne Hoepfner, Ph.D.³, Rebecca Lubin, B.A.⁴, Allison Young, M.D.¹, Samantha N. Hellberg, B.A.⁵, Sarah Wieman, B.A.⁵, Eric Bui, M.D.³, Naomi M. Simon, M.D.¹, 1. NYU School of Medicine, 2. NYU Langone Health, 3. Massachusetts General Hospital, 4. New York University School of Medicine, 5. Massachusetts General Hospital / Harvard Medical School

(PS12-A10) Coping With Academic Worry: The Role of Experiential Avoidance and Intolerance of Uncertainty as Underlying Mechanisms of Symptom Change

Junwen Chen, Ph.D., Lei Huang, B.A., School of Psychology, Flinders University

(PS12-A11) Longitudinal Invariance, Convergent and Discriminant Validity of the Brief Penn State Worry Questionnaire

Kateryna Kolnogorova, M.A., Nicholas Allan, Ph.D., Kevin G. Saulnier, B.A., AnnMarie Huet, B.S., Shahrzad Moradi, B.S., Marija Volarov, M.A., Ohio University

(PS12-A12) Meaning in Life Weakens the Influence of Experiential Avoidance

Kerry Kelso, M.A., Aslihan Imamoglu, B.S., Ameena Ashraf, B.S., Todd Kashdan, Ph.D., George Mason University

(PS12-A13) Intolerance of Uncertainty Dimensions Differentially Predict Symptoms of Distress Disorders

Kevin G. Saulnier, B.A., Nicholas Allan, Ph.D., Ohio University

- (PS12-A14) Examining the Specificity of Anxiety Sensitivity and Intolerance of Uncertainty as Parallel Mediators of the Relationship between Mindfulness and Health Anxiety**
Kristen M. Kraemer, Ph.D.¹, Emily M. O'Bryan², Alison C. McLeish, Ph.D.³, 1. Beth Israel Deaconess Medical Center/Harvard Medical School, 2. University of Cincinnati, 3. University of Louisville
- (PS12-A15) Stress Mindsets as a Moderator of the Link Between Prenatal Stress and Postpartum Symptoms of Anxiety and Depression**
Laura H. Taouk, B.S.¹, Kathleen C. Gunthert, Ph.D.¹, Jay Schulkin, Ph.D.², 1. American University, 2. University of Washington School of Medicine
- (PS12-A16) Mediating Effects of Self-Compassion and Self-Efficacy on the Relationship Between Perceived Stress and Anxiety in College Students**
Maria C. DiFonte, M.A.¹, Melissa Schick, B.S.², Nichea Spillane, Ph.D.¹, 1. University of Rhode Island, 2. The University of Rhode Island
- (PS12-A17) Gender Moderates the Relationship Between Executive Function and Internalizing Symptoms**
Marlene V. Strege, M.S.¹, Reina S. Factor, M.S.¹, Holly Sullivan-Toole, B.A.¹, Ligia Antezana, M.S.¹, Jonathan Waldron, Ph.D.², Angela Scarpa, Ph.D.¹, 1. Virginia Tech, 2. Kaiser Permanente San Rafael Psychiatry Services
- (PS12-A18) Indirect Effect of Childhood Trauma on Psychopathology through Distress Intolerance**
Vyom Sawhney, Min-Jeong Yang, M.S., Teresa Leyro, Ph.D., Rutgers University
- (PS12-A19) Worry and Anxiety Account for Unique Variance in the Relationship Between Intolerance of Uncertainty and Depression**
Michaela B. Swee, M.A., Thomas M. Olino, Ph.D., Richard G. Heimberg, Ph.D., Temple University
- (PS12-A20) The Relationship Between Test Anxiety in College Students and the Use of Mindfulness Practices Over an Eight-week Period With a 6-month Follow Up**
Morgan Wilson, John Lothes, II, M.A., Ed.D., Colby Jones, M.A., University of North Carolina Wilmington
- (PS12-A21) An Exploration of Fear of Intimacy in Social and Generalized Anxiety**
Nora E. Mueller, B.A., Jesse R. Coughle, Ph.D., Florida State University
- (PS12-A22) Reducing Fear Over Generalization: The Effects of a Novel Perceptual Discrimination Training Task Among Adults, Children and Individuals with Spider Phobia**
Rivkah Ginat-Frolich, M.A., Zohar Klein, B.A., Tomer Shechner, Ph.D., University of Haifa
- (PS12-A23) Exploring Frontal Midline Theta Activity During a Thought Suppression Task in a Highly Trait-Anxious Sample**
Salahadin Lotfi, M.A.¹, Gregory Berlin, M.S.², Maryam Ayazi, M.A.³, Han-Joo Lee, Ph.D.², 1. University of Wisconsin- Milwaukee, 2. University of Wisconsin-Milwaukee, 3. University of Wisconsin - Milwaukee

Poster Session 12B

Autism Spectrum and Developmental Disorders

PS12

Key Words: *Autism Spectrum Disorders, Behavior Analysis, Child*

- (PS12-B24) **A Meta-Analytic Review of Interventions Based on Applied Behavior Analysis for Japanese Children With Autism Spectrum Disorders**
Akiho Matsumoto, B.A.¹, Yumi Kaneyama, M.A.², Hiroshi Sato, Ph.D.², 1. Kwansei Gakuin University, 2. Kwansei Gakuin University
- (PS12-B25) **The Durability of Improvements in Social Behavior and Social Anxiety Among Youth With Autism Receiving a Social Skills Treatment**
Alana J. McVey, M.S.¹, Hillary K. Schiltz, M.S.¹, Bridget K. Dolan, Ph.D.², Sheryl S. Pleiss, Ph.D.³, Kirsten S. Willar, Ph.D.⁴, Jeffrey S. Karst, Ph.D.², Audrey M. Carson, Ph.D.⁵, Christina C. Murphy, Ph.D.¹, Amy V. Van Hecke, Ph.D.¹, 1. Marquette University, 2. Medical College of Wisconsin, 3. Great Lakes Neurobehavioral Center, 4. Stanford University, 5. Texas Children's Hospital
- (PS12-B26) **Effect of Psychiatric Comorbidity on Treatment of Children With Autism Spectrum Disorder and Anxiety**
Allison T. Meyer, Ph.D.¹, Eric Moody, Ph.D.¹, Amy Keefer, Ph.D.², Laura Klinger, Ph.D.³, Amie Duncan, Ph.D.⁴, Sarah O'Kelley, Ph.D.⁵, Susan Hepburn, Ph.D.⁶, Audrey Blakely-Smith, Ph.D.⁷, Judy Reaven, Ph.D.¹, 1. University of Colorado Anschutz Medical Campus, 2. Johns Hopkins School of Medicine, 3. University of North Carolina at Chapel Hill TEACCH Autism Program; Department of Psychiatry, 4. Cincinnati Children's Hospital Medical Center, 5. University of Alabama Birmingham, 6. Colorado State University, 7. University of Colorado, School of Medicine
- (PS12-B27) **Evidence of Enhanced Social Skills in Young Dual-Language Learners on the Autism Spectrum**
Allison Ratto, Ph.D.¹, Laura Saldana, B.A.¹, Anna Chelsea Armour, M.A.², Alyssa Verbalis, Ph.D.², Deborah Potvin, Ph.D.², Abigail Brandt, M.A.², Colleen Morgan, M.A.², Lauren Kenworthy, Ph.D.¹, 1. Children's National Health System, 2. Children's National Health System
- (PS12-B28) **Measurement-based Care and Systematic Assessment of Adults With ASD**
Amanda M. Pearl, Ph.D., Michael J. Murray, M.D., Sierra Brown, Ph.D., Penn State College of Medicine
- (PS12-B29) **Comparing Activation, Knowledge, and Self-Management of Parents With Children with ASD Following a Parent Training Program for Families in Rural Versus Urban Areas**
Angela V. Dahiya-Singh, Lisa Ruble, Ph.D.¹, Grace Kuravackel, Ph.D.², Angela Scarpa, Ph.D.³, 1. University of Kentucky, 2. University of Louisville School of Medicine, 3. Virginia Tech

- (PS12-B30) **Autism Severity and Bully Behaviors: Both the Victim and the Perpetrator**
Ashley Dawn Greathouse, M.A., Jessica VanOrmer, M.A., Kimberly Zlomke, Ph.D., Ashley Dawn Greathouse, M.A., University of South Alabama
- (PS12-B31) **Using Cognitive-Behavioral Strategies to Motivate Individuals With Autism to Participate in an Immersive Virtual Reality Intervention**
Ashley Zitter, B.A.¹, Julia Parish-Morris, Ph.D.¹, Rita Solorzano, M.A.², Sinan Turnacioglu, M.D.², Vijay Ravindran, B.S.², Vibha Sazawal, Ph.D.², Joseph McCleery, Ph.D.¹, 1. The Children's Hospital of Philadelphia, 2. Floreo, Inc.
- (PS12-B32) **Parents' Use of Medication for Autism Spectrum Disorder: A First or Last Treatment of Choice?**
Austin F. Lau, B.S., Rebecca A. Lindsey, M.S., Tammy D. Barry, Ph.D., Washington State University
- (PS12-B33) **The Effects of Social Functioning on the Relationship Between Emotion Regulation and Anxiety Among Children and Adolescents With Autism Spectrum Disorder**
Caitlin M. Conner, Ph.D.¹, Susan W. White, Ph.D.², Lawrence Scahill, Ph.D.³, Carla Mazefsky, Ph.D.¹, 1. University of Pittsburgh School of Medicine, 2. Virginia Tech, 3. Emory University School of Medicine
- (PS12-B34) **Parent - child Agreement on Anxiety Symptoms in Children With Autism Spectrum Disorder**
Carolyn L. Marsh, B.A., Karim Ibrahim, Psy.D., Anthony Anzano, Theresa R. Gladstone, B.A., Denis G. Sukhodolsky, Ph.D., Yale University
- (PS12-B35) **How Transition Planning Defines Students' Post High-school Success: Need for Student and Supports Coordinator Involvement**
Dane C. Bluestone, B.A., Anthony Goreczny, Ph.D., Terrie Haggey, M.A., Jennifer Kramer, B.A., Hunter Helsel, B.A., Phillip Suess, M.A., Zachary Hankle, B.A., Chatham University
- (PS12-B36) **Development & Initial Feasibility Data of a Computer-Based Social Cognitive Outcome Battery**
Eileen Crehan, Ph.D., Zachary Arnold, B.S., Edith Ocampo, M.S., Latha Soorya, Ph.D., Rush University Medical Center
- (PS12-B37) **Pre-pubertal Signs of Future Gender Dysphoria in Youth With Autism Spectrum Disorder: A Critical Item Analysis**
Eleonora Sadikova, B.A.¹, David Call, M.D.¹, Laura Willing, M.D.¹, Anna Chelsea Armour, M.A.¹, Megan Knauss, MSW¹, Dena Gohari¹, John Strang, Psy.D.², 1. Children's National Health System, 2. Children's National Health System and The George Washington University School of Medicine
- (PS12-B38) **Deconstructing the SRS-2: An Examination of Structural Consistency in Adults With Autism Spectrum Disorder**
Grace L. Simmons, B.S., Susan W. White, Ph.D., Virginia Tech
- (PS12-B39) **Maternal Broader Autism Phenotype in Relation to Emotion-related Behaviors**
Hannah M. Rea, M.S.¹, Reina S. Factor, M.S.², Angela Scarpa, Ph.D.², 1. University of Georgia, 2. Virginia Tech
- (PS12-B40) **Comorbidity, Quality of Life, and Overall Outcome for Adults With ASD**
Isaac C. Smith, M.S., Susan W. White, Ph.D., Virginia Tech

- (PS12-B41) Sleep Disturbances in Adults With Autism Spectrum Disorder**
Jamal H. Essayli, Ph.D., Amanda M. Pearl, Ph.D., Susan L. Calhoun, Ph.D., Julio Fernandez-Mendoza, Ph.D., Michael J. Murray, M.D., Penn State College of Medicine
- (PS12-B42) Impact of ACES on Family Resilience in ASD and Non-ASD Families**
Jessica VanOrmer, M.A., Kristina Rossetti, B.A., Kimberly Zlomke, Ph.D., University of South Alabama
- (PS12-B43) The Moderating Effects of ASD Status on Family Resilience and Parental Aggravation**
Jessica VanOrmer, M.A., Kristina Rossetti, B.A., Ashley Dawn Greathouse, M.A., Kimberly Zlomke, Ph.D., University of South Alabama
- (PS12-B44) Anger Rumination in Children With Autism Spectrum Disorder and Disruptive Behavior Disorders: Associations With Emotion Dysregulation and Restricted and Repetitive Behaviors**
Karim Ibrahim, Psy.D., Theresa R. Gladstone, B.A., Carolyn L. Marsh, B.A., Kimberly Cimino, M.A., Denis G. Sukhodolsky, Ph.D., Yale University
- (PS12-B45) Youth With ASD and Anxiety: Underrepresentation of Diverse Youth and Families in CBT Research**
Katherine Pickard, Ph.D., Nuri Reyes, Ph.D., Judy Reaven, Ph.D., University of Colorado Anschutz Medical Campus
- (PS12-B46) Identifying and Measuring Common Elements of Naturalistic Developmental Behavioral Interventions for ASD**
Kyle M. Frost, B.A., Brooke Ingersoll, Ph.D., Michigan State University
- (PS12-B47) Comparing Outcomes in Parent-Child Interaction Therapy for Children With and Without ASD**
Lauren B. Quetsch, M.S.¹, Christopher K. Owen, B.S.¹, Emma I. Girard, Psy.D.², Cheryl B. McNeil, Ph.D.¹, 1. West Virginia University, 2. University of California Riverside, School of Medicine; Riverside University Health System - Behavioral Health: Preschool 0-5 Programs

Exhibit Hall B South

Poster Session 12C

Trauma and Stressor Related Disorders and Disasters

PS12

Key Words: *Substance Abuse, Trauma*

- (PS12-C48) Investigating Longitudinal Associations Between Sexual Assault, Substance Use, and Delinquency**
Angela Moreland, Ph.D.¹, Kate Walsh, Ph.D.², Chelsey Hartley, Ph.D.³, Benjamin E. Saunders, Ph.D.¹, Dean Kilpatrick, Ph.D.¹, 1. Medical University of South Carolina, 2. Yeshiva University - Ferkauf Graduate School of Psychology, 3. University of Rochester

- (PS12-C49) Mother's Trauma History Predicts Disrupted Physiological Reactivity to Daughters' Stress**
Arden M. Cooper¹, Lindsey B. Stone, Ph.D.¹, Marlissa Amole, M.S.², Dana Rosen, B.S.², Mary L. Woody, Ph.D.³, Jennifer S. Silk, Ph.D.², 1. Christopher Newport University, 2. University of Pittsburgh, 3. University of Pittsburgh School of Medicine
- (PS12-C50) The Interactive Effects of Age of Worst Trauma and Trauma Burden on Resilience, Physical Health, and Suicidality: Results from the National Health and Resilience in Veterans Study**
Brienna N. Meffert, B.S., B.A.¹, Danielle M. Morabito, B.A.¹, Steven M. Southwick, M.D.², Robert H. Pietrzak, Ph.D.², Adrienne J. Heinz, Ph.D.³, 1. National Center for PTSD, Dissemination and Training Division, 2. National Center for PTSD, VA Connecticut Healthcare System & Yale University School of Medicine, Department of Psychiatry, 3. National Center for PTSD, Dissemination and Training Division and Center for Innovation to Implementation, VA Palo Alto Health Care System
- (PS12-C51) Associations Between Trauma Type, Race, and Therapeutic Alliance in a Comorbid Sample**
Callah M. Davis, B.A.¹, Amber M. Jarnecke, Ph.D.¹, Isabel Augur, B.S.¹, Gili Z. Ornan, B.A.¹, Stephanie M. Jeffirs, B.A.², Therese Killeen, Ph.D.¹, Sudie E. Back, Ph.D.¹, 1. Medical University of South Carolina, 2. The Medical University of South Carolina
- (PS12-C52) Perceptions of Early Life Experiences and Poly-Victimization in Childhood Among Trauma-Exposed Adults**
Emily Meadows, B.A.¹, Nicole M. Christ, B.A.¹, Ruby Charak, Ph.D.², Jon D. Elhai, Ph.D.¹, 1. University of Toledo, 2. University of Texas Rio Grande Valley
- (PS12-C54) Understanding Stigma Related to Use of Mental Health Services in 911 Telecommunicators**
Genelle K. Sawyer, Ph.D., Emily A. Rooney, M.A., The Citadel
- (PS12-C55) Predictors of Positive Adjustment in Children Exposed to Hurricane Katrina**
Jennifer C. Piscitello, Mary Lou Kelley, Ph.D., Louisiana State University
- (PS12-C56) Patterns of Change in PTSD and Aggression Over the Course of Evidence-based Psychotherapy for PTSD in Trials of Deployed Soldiers**
Jessica R. Carney, B.A.¹, Danielle Berke, Ph.D.¹, Nora K. Kline, M.A.¹, Jim Mintz, Ph.D.², Jeffrey Yarvis, Ph.D.³, Alan Peterson, Ph.D.², Stacey Young-McCaughan, Ph.D.², Edna Foa, Ph.D.⁴, Patricia Resick, ABPP, Ph.D.⁵, Brett T. Litz, Ph.D.¹, 1. VA Boston Healthcare System, 2. University of Texas Health Science Center at San Antonio, 3. Carl R. Darnall Army Medical Center, 4. Perelman School of Medicine at the University of Pennsylvania, 5. Duke University School of Medicine
- (PS12-C57) Stability of Reported Trauma Over Extended Intervals: Initial Evaluation of an Exposure Screening Protocol**
Joshua D. Clapp, Ph.D., Shira Kern, M.S., Ryan M. Kozina, M.S., Adam J. Ripley, M.S., Mary K. Lear, M.S., University of Wyoming

- (PS12-C58) **PTSD Symptoms are Not Created Equal: A ‘Symptomics’ Approach to Evaluating Associations Between Individual DSM-5 PTSD Symptoms, and Functioning and Quality of Life in U.S. Military Veterans**
Lorig Kachadourian, Ph.D., Ilan Harpaz-Rotem, Ph.D., Jack Tsai, Ph.D., Steven M. Southwick, M.D., Robert H. Pietrzak, Ph.D., National Center for PTSD, VA Connecticut Healthcare System & Yale University School of Medicine, Department of Psychiatry
- (PS12-C59) **Causal Language in Stressor Narratives Predicts PTSD Symptoms: Results from a Computerized Linguistic Analysis**
Meghan W. Cody, Ph.D., Anna-Leigh Powell, M.S., M. Scott Smith, M.A., Mercer University
- (PS12-C60) **Assessment of PTSD’s E2 Criterion: Development, Pilot Testing, and Validation of the Posttrauma Risky Behaviors Questionnaire**
Nicole H. Weiss, Ph.D.¹, Ateka Contractor, Ph.D.², Katherine Dixon-Gordon, Ph.D.³, Stephanie Caldas, B.S.², 1. University of Rhode Island, 2. University of North Texas, 3. University of Massachusetts Amherst
- (PS12-C61) **Prospective Effects of Compassionate Goals on Depression Following Trauma: Mechanism for Increasing Social Support**
Oxana L. Stebbins, M.S., Janarthan Sivaratnam, B.S., Thane M. Erickson, Ph.D., Oxana L. Kramareusky, Seattle Pacific University
- (PS12-C62) **Treating PTSD in Veterans With a History of Non-Suicidal Self-Injury: Implications for Treatment Participation**
Rebecca Lusk, ABPP¹, Heather M. Cochran, Ph.D.², Chelsea Cawood, Ph.D.¹, Kathryn Smagur, Ph.D.¹, Minden B. Sexton, Ph.D.², 1. Ann Arbor Veterans Healthcare System, 2. Ann Arbor Veterans Administration Healthcare System
- (PS12-C63) **Factors Associated With the Completion of Mental Health Assessment for Female Survivors of Intimate Partner Violence**
Samuel C. Peter, M.S., Jacob G. Berkley, Alexandra J. Lipinski, M.S., Ulysses C. Savage, B.S., Thomas S. Dodson, M.S., Han N. Tran, M.S., Rimsha Majeed, B.S., J. Gayle Beck, Ph.D., University of Memphis
- (PS12-C64) **Coping Skills and Emotional Reactivity as Moderators of the Association Between Flood Exposure Severity and Negative Outcome**
Sarah Pardue, M.A., Monique M. LeBlanc, Ph.D., Southeastern Louisiana University
- (PS12-C65) **Sexual Assault Tactics and Posttraumatic Stress Symptoms in College Students: Do Negative Social Reactions Account for the Link?**
Shaina A. Kumar, M.A., Christina L. Hein, M.A., Anna E. Jaffe, M.A., David DiLillo, Ph.D., University of Nebraska-Lincoln
- (PS12-C66) **Meaning of Life as a Predictive Variable for Clinical Symptoms in Patients With Adjustment Disorder**
Sonia Mor, M.S.¹, Soledad Quero, Ph.D.¹, Iryna Rachyla, M.S.¹, Cintia Tur, M.S.¹, Helio Marco, Ph.D.², 1. Universitat Jaume I, 2. Universidad Católica de Valencia
- (PS12-C67) **Making Meaning After Military Deployment and Service: A Mixed-methods Examination of Benefit-finding Amongst Service Members, Their Partners, and Children**
Tessa K. Kritikos, M.A., Fatima M. Mufti, M.A., Juliann Vikse Nicholson, MSW, Vi Tran, B.A., Ellen R. DeVoe, Ph.D., Martha C. Tompson, Ph.D., Boston University

(PS12-C68) Profiles of Maladaptive Coping Strategies Following Intimate Partner Violence

Thomas S. Dodson, M.S., Mallory E. Udell, Undergraduate Student, Ulysses C. Savage, B.S., Rimsha Majeed, B.S., Han N. Tran, M.S., Alexandra J. Lipinski, M.S., Samuel C. Peter, M.S., J. Gayle Beck, Ph.D., University of Memphis

(PS12-C69) Coping and Trauma: Longitudinal Bi-directional Associations

Tiffany Jenzer, M.A., Meisel Samuel, M.A., Quinn Carroll, B.A., Jessica Blayney, M.A., Jennifer Read, Ph.D., University at Buffalo

(PS12-C70) Culturally Adapted CBT With Afghan Refugees: A Randomized Controlled Study

Ulrich Stangier, Ph.D.¹, Schahryar Kananian, MSc¹, Yasaman Soltani, MSc¹, Devon E. Hinton, Ph.D.², 1. University of Frankfurt, 2. Harvard Medical School Boston

(PS12-C71) The Associations of Symptoms of Posttraumatic Stress Disorder and Depression With Perceptions of Social Support Among Intimate Partner Violence Survivors

Ulysses C. Savage, B.S.¹, Thomas S. Dodson, M.S.², Han N. Tran, M.S.², Rimsha Majeed, B.S.², Alexandra J. Lipinski, M.S.², Samuel C. Peter, M.S.², J. Gayle Beck, Ph.D.², 1. The University of Memphis, 2. University of Memphis

(PS12-C72) The Implementation and Evaluation of Trauma-Informed Care in Public Health Service

Wilson J. Brown, Ph.D.¹, Melanie Hetzel-Riggin², 1. Pennsylvania State University, The Behrend College, 2. Penn State

Exhibit Hall B South

Poster Session 12D**Eating Disorders****PS12**

Key Words: *Eating Disorders, Prevention, Eating*

(PS12-D73) Development and Validation of the Japanese Version of the Perceived Sociocultural Pressure Scale

Masaya Takebe, Ph.D.¹, Satsuki Ueda, M.A.², Chisato Kuribayashi, M.A.³, Yuko Yamamiya⁴, Eric Stice, Ph.D.⁵, Hiroshi Sato, Ph.D.³, 1. Rissho University, 2. Kansai Medical University, 3. Kwansei Gakuin University, 4. Temple University Japan, 5. Oregon Research Institute

(PS12-D74) The Effect of Fitspiration Versus Thinspiration Images on Body Image, Self-Esteem, and Mood

Meagan C. Russell, B.S., D. Catherine Walker, Ph.D., Union College

(PS12-D75) The Associations Among Momentary Urges, Negative Affect, and Binge Episodes in Individuals Who Engage in Binge Planning

Megan N. Parker, B.S., Stephanie M. Manasse, Ph.D., Helen B. Murray, B.A., Adrienne S. Juarascio, Ph.D., Drexel University

- (PS12-D76) **Latent Class Analysis of Binge Eating and Non-Suicidal Self-Injury: Similarities and Differences in Coping Motives, Eating Disorder Symptoms, Psychiatric History, Distress Tolerance, and Impulsivity**
Naomi Pak, B.A., Leah Adams, Ph.D., Sarah Fischer, Ph.D., George Mason University
- (PS12-D77) **Exposure to Body- and Food-Related “Fitspiration” Photos on Instagram: Effects on Affect and Body Dissatisfaction in an Undergraduate Sample**
Natalia C. Orloff, M.A.¹, Erin E. Reilly, Ph.D.², Sasha Gorrell, M.A.¹, Lisa M. Anderson, Ph.D.³, Lauren E. Ehrlich, M.A.⁴, Martha Niemiec, M.A.¹, Julia M. Hornes, Ph.D.¹, 1. University at Albany, State University of New York, 2. Department of Psychiatry, University of California, San Diego, 3. University of Minnesota, 4. University at Albany, SUNY
- (PS12-D78) **Negative Emotions Before and After Binge Eating: An Ecological Momentary Assessment Study**
Natasha Haradhvala, M.A.¹, Pete Koval, Ph.D.², Elise Holland, Ph.D.², Nick Haslam, Ph.D.², Renee Thompson, Ph.D.¹, 1. Washington University in St. Louis, 2. University of Melbourne
- (PS12-D79) **Psychiatric Comorbidities Contribute to Psychosocial Impairment in College Women with Eating Disorders**
Neha J. Goel, B.A.¹, Grace E. Monterubio, B.A.², Shiri Sadeh-Sharvit, Ph.D.³, Rachael E. Flatt, B.S.⁴, Ellen E. Fitzsimmons-Craft, Ph.D.², Katherine N. Balantekin, Ph.D., RD⁵, Marie-Laure Firebaugh, MSW², Mickey Trockel, M.D., Ph.D.⁶, Denise Wilfley, Ph.D.², C. Barr Taylor, M.D.⁴, 1. Department of Psychology, Virginia Commonwealth University, Richmond, VA, USA & Institute for Inclusion, Inquiry and Innovation (iCubed), Virginia Commonwealth University, Richmond, VA, USA, 2. Department of Psychiatry, Washington University School of Medicine, St. Louis, MO, USA, 3. Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine, Stanford, CA, USA; Center for m2Health, Palo Alto University, Palo Alto, CA, USA; School of Psychology, Interdisciplinary Center, Herzliya, Israel, 4. Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine, Stanford, CA, USA & Center for m2Health, Palo Alto University, Palo Alto, CA, USA, 5. Department of Exercise and Nutrition Sciences, University at Buffalo, Buffalo, NY, USA, 6. Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine, Stanford, CA, USA
- (PS12-D80) **Unpacking Emotion Regulation in Eating Disorder Psychopathology: The Differential Relationships Between Rumination, Thought Suppression, and Eating Disorder Symptoms Among Males and Females**
Nicholas L. Anderson, Ph.D.¹, Kathryn Smith, Ph.D.², Tyler Mason, Ph.D.³, Jason Lavender, Ph.D.⁴, 1. Alliant International University, 2. Neuropsychiatric Research Institute, 3. University of Southern California, 4. University of California San Diego
- (PS12-D81) **Differences Between Continued and Discontinued Disordered Eating in First Year Undergraduate Students**
Nicole Legg, B.S., Cassandra Turner, Holly Pellatt, B.A., Brianna J. Turner, Ph.D., University of Victoria

- (PS12-D82) **Olfactory Performance in Avoidant Restrictive Food Intake Disorder**
Olivia B. Wons, B.S., Reittumetse L. Pulumo, B.S., Alyssa M. Izquierdo, B.S., Elisa Asanza, N.P., Madhusmita Misra, M.D., Kamryn Eddy, Ph.D., Elizabeth A. Lawson, M.D., Micali Nadia, M.D., Ph.D., Jennifer Thomas, Ph.D., Massachusetts General Hospital
- (PS12-D83) **Social Appearance Anxiety as a Mediator of the Relation Between Weight-Based Teasing and Disordered Eating**
Paige Hildreth, M.A., Jessica Fiske-Baier, M.A., Sarah Scalse, B.S., Eleanor Benner, Psy.D., Edie Goldbacher, Ph.D., La Salle University
- (PS12-D84) **Momentary Differences in the Affect-regulating Role of Exercise in Individuals With and Without Bulimia Nervosa**
Paige Trojanowski, B.S., Chelsea Greenberg, B.S., Sonakshi Negi, Menna Amin, B.S., Drew Mathews, B.S., Chrysantha Davis, Lauren Breithaupt, M.A., Sarah Fischer, Ph.D., George Mason University
- (PS12-D85) **Examining the Relationship Between Motivation to Change and Fasting Frequency in Individuals With Eating Disorders**
Paraskevi E. Kambanis, B.A., Kyle P. De Young, Ph.D., University of Wyoming
- (PS12-D86) **The Relative Effects of Body Image Disturbance and Distorted Beliefs About Appearance in the Prediction of Pathological Eating Attitudes**
Rachel A. Silver, Shannon M. Blakey, M.S., Jonathan S. Abramowitz, Ph.D., University of North Carolina at Chapel Hill
- (PS12-D87) **Examining the Relationship Between Emotion Dysregulation, Suicidality, and Non-suicidal Self-injury in a Sample of Low-income, Ethnic Minority Adolescents With Eating Disorder Diagnoses**
Rachel Zukerman, B.A., Michelle Lupkin, Ph.D., Montefiore Medical Center
- (PS12-D88) **Psychological Distress Mediates the Relationship Between Self-compassion and Eating Pathology in Female Adolescents With Eating Disorders**
Rachelle Pullmer, M.A.¹, Shannon Zaitsoff, Ph.D.¹, Jennifer Coelho, Ph.D.², 1. Simon Fraser University, 2. BC Children's Hospital
- (PS12-D89) **Relationships Between Eating Pathology, Alcohol Use, and Emotion Dysregulation Among Men Sanctioned to Receive an Alcohol Intervention**
Sarah A. Horvath, M.S.¹, Haley Kolp, B.S.¹, Ellen E.H. Johnson, M.S.¹, Catherine V. Strauss, M.S.¹, Sarah Racine, Ph.D.², Brian E. Borsari, Ph.D.³, Gregory L. Stuart, Ph.D.⁴, Ryan Shorey, Ph.D.¹, 1. Ohio University, 2. McGill University, 3. University of California, San Francisco, 4. The University of Tennessee, Knoxville
- (PS12-D90) **Development of the Japanese Version of the Ideal-Body Stereotype Scale-Revised and Examination of its Reliability and Validity**
Satsuki Ueda, M.A.¹, Chisato Kuribayashi, M.A.², Masaya Takebe, Ph.D.³, Yuko Yamamiya⁴, Eric Stice, Ph.D.⁵, Hiroshi Sato, Ph.D.², 1. Kansai Medical University, 2. Kwansai Gakuin University, 3. Rissho University, 4. Temple University Japan, 5. Oregon Research Institute
- (PS12-D91) **Stigma and Perfectionism Influence Help-Seeking for Disordered Eating Among Collegiate Athletes: A Moderated-Mediation Model**
Shelby J. Martin, M.S., Timothy Anderson, Ph.D., Ohio University

- (PS12-D92) **Examining the Longitudinal Relationship Between Eating Disorder Symptoms and Suicidal Ideation**
Shelby N. Ortiz, B.A., April R. Smith, Ph.D., Miami University
- (PS12-D93) **The Relationship Between Parenting Styles, Body Confidence, and Eating Disorder Pathology**
Siera Howard, B.A.¹, Taryn A. Myers, Ph.D.², 1. Alumna, 2. Virginia Wesleyan University
- (PS12-D94) **Is ‘Clean Eating’ a Healthy or Harmful Dietary Strategy? An Exploratory Investigation**
Suman Ambwani, Ph.D., Meghan Shippe, Ziting Gao, Mary Taylor Goeltz, Scott Elder, Dickinson College
- (PS12-D95) **Confirmatory Factor Analysis of the Dutch Eating Behavior Questionnaire in Vegans and Omnivores**
Sydney K. Heiss, M.A.¹, Julia M. Hormes, Ph.D.², 1. University at Albany, SUNY, 2. University at Albany, State University of New York
- (PS12-D96) **But I Can’t Live Without Bacon! Food Addiction and Vegetarianism**
Sydney K. Heiss, M.A.¹, Julia M. Hormes, Ph.D.², 1. University at Albany, SUNY, 2. University at Albany, State University of New York
- (PS12-D97) **Vegetarian Status and Sex Interact to Influence Drive for Muscularity**
Sydney K. Heiss, M.A.¹, Joseph M. Donahue, M.A.², Drew Anderson, Ph.D.², Julia M. Hormes, Ph.D.², 1. University at Albany, SUNY, 2. University at Albany, State University of New York
- (PS12-D98) **Which Dissonance? The Impact of Appearance-related Versus Non-appearance-related Cognitive Dissonance Statements on Factors Related to Body Image Disturbance**
Taryn A. Myers, Ph.D.¹, Tayler Wilson, B.A.¹, Taylor Doughtie, B.A.², 1. Virginia Wesleyan University, 2. Regent University
- (PS12-D99) **Not Just More Knowledge: Examining a Psychology of Eating Disorders Course as an Intervention Against Risk Factors For Disordered Eating**
Tayler Wilson, B.A., Jenna Dayan Serna, B.A., Amber McDonald, Taryn A. Myers, Ph.D., Virginia Wesleyan University
- (PS12-D100) **Veterans Affairs-Enrolled Homeless Veterans are at Increased Risk For Eating Disorder Diagnoses**
Whitney S. Livingston, B.A.¹, Emily Brignone, Ph.D.¹, Jamison D. Fargo, Ph.D.¹, Adi V. Gundlapalli, M.D., Ph.D.², Shira Maguen, Ph.D.³, Rebecca K. Blais, Ph.D.¹, 1. Utah State University, 2. VA Salt Lake City Health Care System, 3. San Francisco VA Medical Center

Poster Session 13A

Technology

PS13

Key Words: *Technology, Social Anxiety, Virtual Reality*

(PS13-A1) Social Anxiety and Preferences for Clinical Assessments With Virtual Humans

Laura Marcela. Garcia, M.A., Gale Lucas, Ph.D., Jonathan Gratch, Ph.D., Gerald Davison, Ph.D., University of Southern California

(PS13-A2) Using an Iterative Design Process to Refine a Technology-Based Resource to Improve Quality of Child Mental Health Care

Leigh Ridings, Ph.D., Margaret T. Anton, M.A., Tatiana Davidson, Ph.D., Kenneth J. Ruggiero, Ph.D., Medical University of South Carolina

(PS13-A3) Contrasting Telemental Health and In-Person Approaches to PTSD Treatments for Military Sexual Trauma: An Examination of Attrition Status and Speed

Lisa M. Valentine, Ph.D., Shannon D. Donofry¹, Rachel B. Broman¹, Minden B. Sexton, Ph.D.², 1. Ann Arbor Veterans Healthcare System, 2. Ann Arbor Veterans Administration Healthcare System

(PS13-A4) The Associations Between Perceived Partner Media Usage and Unmarried Romantic Relationship Functioning

Maggie O'Reilly Treter, B.A., Galena Rhoades, Ph.D., University of Denver

(PS13-A5) A Model for Moving Technology-Enhanced Interventions from Efficacy to Effectiveness: A Multi-Site Hybrid I Randomized Controlled Trial

Margaret T. Anton, M.A.¹, Leigh Ridings, Ph.D.¹, Rochelle Hanson, Ph.D.¹, Matthew Price, Ph.D.², Benjamin E. Saunders, Ph.D.¹, Tatiana Davidson, Ph.D.¹, Carla Danielson, Ph.D.¹, Brian C. Chu, Ph.D., Kenneth J. Ruggiero, Ph.D.¹, 1. Medical University of South Carolina, 2. University of Vermont

(PS13-A6) Examining Predictors of Improvement in an Online Anxiety and Depression Intervention for University Students

Maria Hanano, Denise Chavira, Ph.D., Leslie Rith-Najarian, M.A., University of California Los Angeles

(PS13-A7) A Computerized Cognitive Behavioral Therapy For Cancer Patients With Major Depressive Disorder

Marlena Ryba, Ph.D.¹, Mary Carson, B.S.², Stephen Lo, M.A.², David Weiss, M.A.², Barbara Andersen, Ph.D.², 1. Coastal Carolina University, 2. The Ohio State University

- (PS13-A8) Examining Adherence to an Online Cognitive Behavioral Therapy For Cancer Patients With Major Depressive Disorder**
Mary Carson, B.S.¹, Marlena Ryba, Ph.D.², David Weiss, M.A.¹, Stephen Lo, M.A.¹, Barbara Andersen, Ph.D.¹, 1. The Ohio State University, 2. Coastal Carolina University
- (PS13-A9) Tech-Interventions in Substance Using Populations: A Review of the Literature and Pilot Results From a Feasibility Study**
Matthew J. Dwyer, M.S., Julie L. Weiss, B.S., Connor A. Burrows, B.S., Devin M. Massaro, M.A., James A. Haugh, Ph.D., Kimberly C. Kirby, Ph.D., Rowan University
- (PS13-A10) Reducing Social Media Use Reduces Depression and Loneliness: An Experimental Investigation**
Melissa G. Hunt, Ph.D., Courtney Lipson, undergraduate, Rachel Marx, undergraduate, Jordyn Young, undergraduate, University of Pennsylvania
- (PS13-A11) Facebook Use & Mood: When Digital Interaction Turns Maladaptive**
Natalia Macrynika, M.A.¹, Regina Miranda, Ph.D.², 1. The Graduate Center & Hunter College, 2. Hunter College & The Graduate Center
- (PS13-A12) Emotional Effects of Socially Processing Distressing Political News**
Olivia M. Losiewicz¹, Nicole J. LeBlanc, M.A.², Richard J. McNally, Ph.D.¹, 1. Harvard University, 2. Department of Psychology, Harvard University
- (PS13-A13) Homework Helpers: Exploring the Use of Online Project Management Programs in Parent Child Interaction Therapy**
Omievier Joseph, B.S., Rachel Lacks, Ed.M., Shelley Avny, Ph.D., Kurtz Psychology Consulting PC
- (PS13-A14) An Experimental Test of the Emotion Regulatory Function of Social Networking**
Rae D. Drach, M.A., Natalia C. Orloff, M.A., Julia M. Hormes, Ph.D., University at Albany, State University of New York
- (PS13-A15) Alcohol-Impaired Driving Text Intervention Outcomes Moderated by Linguistic Attributes**
Robert E. Twidwell, B.A., Jenni B. Teeters, Ph.D., Lance W. Hahn, Ph.D., Western Kentucky University
- (PS13-A16) Psychoeducation-based Video Game: A Comparison to Traditional Learning**
Santiago Marquez, Undergraduate student¹, Sara Bensadon Catalan, Undergraduate student¹, Amantia Ametaj, M.A.¹, Shannon Sauer-Zavala, Ph.D.², 1. Center for Anxiety and Related Disorders, Boston University, 2. Boston University Center for Anxiety and Related Disorders
- (PS13-A17) Using Virtual Reality for Assessing Categorical Boundaries of Body From First and Third Person Perspectives**
Sara Fonseca, Marta Miragall, M.S.¹, Giulia Corno, Ph.D.², Adrián Borrego, Ph. D. Candidate³, Clara Sangador¹, Sara Bolo¹, Roberto Llorens, Ph.D.⁴, Rosa Baños, Ph.D.⁵, 1. University of Valencia, 2. University of Valencia (Spain), 3. Universitat Politècnica de València, 4. Universitat Politècnica de València, 5. Universitat de Valencia

- (PS13-A18) Intervention to Prevent Cyber-victimization Among Adolescents Through Text Messaging (iPACT) Program: Feasibility and Acceptability**
Sarah K. Pittman, B.A.¹, Rochelle K. Rosen, Ph.D.², Isabelle Moseley², Alison Riese, M.P.H., M.D.³, Anthony Spirito, Ph.D.³, Michele Ybarra, M.P.H., Ph.D.⁴, Kristen E. Morgan, M.P.H.¹, Megan L. Ranney, M.P.H., M.D.³, 1. Rhode Island Hospital, 2. Brown University, 3. Alpert Medical School of Brown University, 4. Center for Innovative Public Health Research
- (PS13-A19) Acceptability of App-Based Treatment: Comparisons with Traditional and Other Technologically Innovative Treatment Delivery Formats**
Sarah Rabbitt, Ph.D., Alicia King, B.A., Oberlin College
- (PS13-A20) Suicidal Ideation in College Populations: Effects of an Online Mental Health Prevention Program on Symptom Levels**
Shreya Chadda, Denise Chavira, Ph.D., Leslie Rith-Najarian, M.A., University of California Los Angeles
- (PS13-A21) Regaining 'MUMentum': Findings From a Randomized Controlled Trial of Online Cognitive Behavioral Therapy for Psychological Distress, Anxiety, and Depression During the Perinatal Period**
Siobhan A. Loughnan, BSocSc(Psych)(Hons)¹, Jill Newby, M.S., Ph.D.², Gavin Andrews, M.D., Ph.D.³, 1. Clinical Research Unit for Anxiety & Depression, University of New South Wales, 2. Clinical Research Unit for Anxiety and Depression, University of New South Wales, 3. University of New South Wales
- (PS13-A22) Providing Mental Health Services to Veterans Where They Live via Video Telehealth to Home: Who is Being Reached?**
Stephanie Day, Ph.D.¹, Julianna Hogan, Ph.D.¹, Terri Barrera, Ph.D.², Miryam Nessim, LCSW¹, Annette Walder, M.A.³, Nancy Dailey, RN, MSN⁴, Byron Bair, M.D., FACP, MBA⁵, Jan Lindsay, Ph.D.¹, 1. Michael E. DeBakey Veterans Affairs Medical Center, 2. Michael E. DeBakey VA Medical Center, 3. VA South Central MIRECC, 4. Veterans Rural Health Resource Center - Salt Lake City, 5. Veterans Rural Health Resource Center Salt Lake City
- (PS13-A23) Role of the Therapist When Simultaneously Using Video Telehealth and an Online Program: webSTAIR for Treatment of Military Sexual Trauma**
Stephanie Day, Ph.D.¹, Julianna Hogan, Ph.D.¹, Terri Barrera, Ph.D.², Miryam Nessim, LCSW¹, Fallon Keegan, B.A.¹, Jan Lindsay, Ph.D.¹, Marylene Cloitre, Ph.D.³, 1. Michael E. DeBakey Veterans Affairs Medical Center, 2. Michael E. DeBakey VA Medical Center, 3. National Center for PTSD Dissemination and Training Division, VA Palo Alto Health Care System
- (PS13-A24) A Thematic Analysis of Adolescents Utilizing an Online Teen Wellness Program**
Taylor N. Stephens, B.A., Erin E. Furay, B.S., Caitriona Tilden, B.A., Eduardo L. Bunge, Ph.D., Children and Adolescents Psychotherapy and Technology (CAPT) Research Lab at Palo Alto University
- (PS13-A25) Artificial Intelligence-Based Approaches for Health Behavior Change**
Tetsuya Yamamoto, Ph.D.¹, Junichiro Yoshimoto, Ph.D.², 1. Graduate School of Technology, Industrial and Social Sciences, Tokushima University, 2. Nara Institute of Science and Technology

(PS13-A26) **Perceived Utility of Smartphone-Based Tools for Diagnosis and Outcome Monitoring**

William D. Ellison, Ph.D., Megan Gillespie, Logan Simmons, Trinity University

Exhibit Hall B South

Poster Session 13B

Adult Anxiety - Social

PS13

Key Words: *Social Anxiety, Social Relationships, Emotion Regulation*

(PS13-B27) **Social Anxiety, Loneliness, and the Moderating Effects of Emotion Regulation**

Emily B. O'Day, B.A.¹, Amanda Morrison, Ph.D.², Philippe R. Goldin, Ph.D.³, James Gross, Ph.D.⁴, Richard G. Heimberg, Ph.D.¹, 1. Temple University, 2. California State University, East Bay, 3. Betty Irene Moore School of Nursing, University of California, Davis, 4. Stanford University

(PS13-B28) **Assessment of Impairment in Developmental Tasks for Emerging Adults With Social Anxiety Disorder**

Eva Schonfeld, B.A.¹, Payal Desai, M.P.H.², Schuyler Fox, B.A.¹, Cristiane Duarte, M.P.H., Ph.D.¹, Anne Marie Albano, PhD, ABPP³, 1. New York State Psychiatric Institute/Columbia University Medical Center, 2. Columbia University/New York State Psychiatric Institute, 3. Columbia University Medical Center

(PS13-B29) **The Effect of Comorbid Depression on Emotion Recognition in Social Anxiety Disorder**

Evdokiya E. Knyazhanskaya¹, Yolanda I. Whitaker², Svetlana Goncharenko, B.A.¹, Timothy A. Brown, Psy.D.¹, 1. Boston University, 2. Boston University Center for Anxiety and Related Disorders

(PS13-B30) **Imagery-Enhanced Computerized Interpretation Training for Public-Speaking Anxiety**

Hannah Broos, B.A., Hannah E. Reese, Ph.D., Bowdoin College

(PS13-B31) **A Network Analysis of Social Anxiety Symptoms, Behavior Avoidance, Attentional Bias and Attention Control**

Ian Shryock, B.S.¹, Shaan McGhie, B.S.¹, Nader Amir, Ph.D.², 1. SDSU Research Foundation, 2. San Diego State University

(PS13-B32) **Manipulating Self-imagery Moderates the Relationship Between Trait Self-imagery and Neural Indicators of Attention**

Jacob D. Kraft, B.A., Kristen E. Frosio, M.S., Evan J. White, M.S., Danielle L. Taylor, M.S., DeMond M. Grant, Ph.D., Jacob D. Kraft, B.A., Oklahoma State University

- (PS13-B33) The Hidden Self: The Effect of Self-Concealment on Relationships Over Time**
Jason T. Grossman, B.S.¹, Michelle H. Lim, Ph.D.², Thomas L. Rodebaugh, Ph.D.³, 1. Washington University in St. Louis, 2. Swinburne University of Technology, 3. Department of Psychological and Brain Sciences, Washington University in St. Louis
- (PS13-B34) Ecological Momentary Assessment of Differential Impact of Emotion Regulation Strategies on Negative Affect Based on Social Anxiety Severity**
Katharine E. Daniel, B.A., Sonia Bae, M.S., Laura Barnes, Ph.D., Bethany A. Teachman, Ph.D., University of Virginia
- (PS13-B35) Teasing Apart Trait and State Behavioral and Experiential Avoidance in the Context of Social Anxiety Symptoms and Well-being**
Laurel D. Sarfan, M.A., Sarah Dreyer-Oren, B.A., Kathryn Nadkarni, Elise Clerkin, Ph.D., Miami University
- (PS13-B36) Intra- and Intergroup Social Anxiety in Different Demographics**
Lingyan Yu, Natasha A. Tonge, M.A., Thomas L. Rodebaugh, Ph.D., Department of Psychological and Brain Sciences, Washington University in St. Louis
- (PS13-B37) The Effects of Blushing Propensity on Panic and Rumination in an Experimental Manipulation of Blushing**
Madison Getz, B.A.¹, Kateryna Kolmogorova, M.A.², Brad B. Schmidt, Ph.D.³, Nicholas Allan, Ph.D.², 1. Ohio University, 2. Ohio University, 3. FSU
- (PS13-B38) The Effect of Social Support on Positive Mental Health for those With Social Anxiety**
Meagan B. MacKenzie¹, Nancy Kocovski², 1. Ryerson University, 2. Wilfrid Laurier University
- (PS13-B39) A Randomized Clinical Trial of Imaginal Rescripting versus Imaginal Exposure for Social Anxiety Disorder**
Mia Romano, Ph.D.¹, Vanja Vidovic, BSc. (Hons)¹, Nick Zabara, M.A.¹, Kerri Adams, B.A.¹, Jonathan D. Huppert, Ph.D.², Susanna G. Reimer, Ph.D.³, Morris Moscovitch, Ph.D.⁴, David A. Moscovitch, Ph.D.¹, 1. Department of Psychology, University of Waterloo, 2. The Hebrew University of Jerusalem, 3. Private Practice, Kitchener-Waterloo, 4. Department of Psychology, University of Toronto
- (PS13-B40) Understanding the Treatment Mechanisms of Imaginal Rescripting For Social Anxiety Disorder: A Controlled Experimental Study**
Mia Romano, Ph.D.¹, Maggie Michaelis, B.A.¹, Jessica R. Dupasquier, M.A.¹, Taylor Hudd, B.A.¹, Jonathan D. Huppert, Ph.D.², Susanna G. Reimer, Ph.D.³, Morris Moscovitch, Ph.D.⁴, David A. Moscovitch, Ph.D.¹, 1. Department of Psychology, University of Waterloo, 2. The Hebrew University of Jerusalem, 3. Private Practice, Kitchener-Waterloo, 4. Department of Psychology, University of Toronto
- (PS13-B41) Self-Compassion as a Mechanism of Change Across Mindfulness and Acceptance-based Group Therapy For Social Anxiety Disorder**
Nancy Kocovski¹, Jan Fleming, M.D.², Rebecca A. Blackie, M.A.¹, 1. Wilfrid Laurier University, 2. Mindfulness Clinic

- (PS13-B42) **Comparison of a Social Approval Rational-Irrational Beliefs Subscale of the ABS-2 in a Clinical and Non-Clinical Sample**
Natasha Mann, M.A.¹, Michael Shachat, B.A.¹, Joanne Raptis, B.S.², Raymond A. DiGiuseppe, ABPP, Ph.D.¹, Natasha Kostek, M.A., 1. St. John's University, 2. St. John's University
- (PS13-B43) **Anticipatory Processing of a Social Interaction Increases Attentional Bias to Disgust Faces**
Nathan M. Hager, B.A., Matt R. Judah, Ph.D., Old Dominion University & Virginia Consortium Program in Clinical Psychology
- (PS13-B44) **Social Anxiety and Emotional Contagion**
Pam V. Shaw, B.Comm., B.Ed. (ADED), Gillian A. Wilson, M.A., Martin M. Antony, Ph.D., Ryerson University
- (PS13-B45) **Examining the Impact of Social Anxiety on Post-Event Processing Over Time**
Rebecca A. Blackie, M.A., Kayleigh A. Abbott, Ph.D., Nancy Kocovski, Wilfrid Laurier University
- (PS13-B46) **A Comparison of Socially and Physically Aversive Unconditioned Stimuli in a Differential Fear Conditioning Paradigm**
Richard Kim, B.A.¹, Richard LeBeau, Ph.D.¹, Michelle Craske, Ph.D.², 1. University of California Los Angeles, 2. University of California, Los Angeles, Department of Psychology
- (PS13-B47) **Investigating Judgements of Others in Social Anxiety: Does Social Valence Matter?**
Ryan J. Ferguson, M.A., Allison J. Ouimet, Ph.D., University of Ottawa
- (PS13-B48) **Social Context as a Key Determinant of Socially Anxious Individuals' Real-World Emotion**
Samiha Islam, B.S.¹, Juyoen Hur, Ph.D.¹, Allegra S. Anderson, B.A.¹, Danica Limon, B.A.¹, Kathryn A. DeYoung, M.A.², Matthew G. Barstead, M.S.², Alexander J. Shackman, Ph.D.², 1. University of Maryland, College Park, 2. University of Maryland- College Park
- (PS13-B49) **The Impact of Rumination on Socially Anxious Individuals in Romantic Relationships**
Sarah Nelson, B.A., Cynthia Turk, Ph.D., Washburn University
- (PS13-B50) **Mediated Moderation in the Relationship Between Morningness-eveningness and the Avoidance of Social Situations: The Role of Emotion Regulation Difficulties and Wake-time**
Shaunt A. Markarian, B.A., Daniel J. Gildner, B.A., Sean E. Taylor, Undergraduate Student, Scott M. Pickett, Ph.D., Oakland University
- (PS13-B51) **Examining the Impact of East Asian Culture on Social Anxiety Disorder and Taijin Kyofusho Symptoms**
Stephanie L. Nelson, B.S., M.A.¹, Lata K. McGinn, Ph.D.², 1. Yeshiva University - Ferkauf Graduate School of Psychology, 2. Ferkauf Graduate School of Psychology, Yeshiva University/Cognitive Behavioral Consultants

(PS13-B52) **Negative Emotion Differentiation as a Protective Factor Against Social Avoidance: Results From Two Studies Involving Clinical and Non-Clinical Samples**

Tien Hong Stanley Seah, B.Soc.Sc., Karin G. Coifman, Ph.D., Kent State University

Exhibit Hall B South

Poster Session 13C

Dissemination / Implementation

PS13

Key Words: *Treatment Integrity/Adherence/Compliance, CPT (Cognitive Processing Therapy), Training /Training Directors*

(PS13-C53) **The Feasibility and Effectiveness of an Online Message Board Used to Enhance Therapist Fidelity in Cognitive Processing Therapy For PTSD**

Clara Johnson, B.A.¹, Kera Mallard, B.A.², Patricia Carreno, B.A.³, Matthew Beristianos, Ph.D.², Tasoula Masina, B.A.⁴, Norman Shields, Ph.D.⁵, Candice Monson, Ph.D.⁴, Shannon Wiltsey Stirman, Ph.D.⁶, 1. National Center for PTSD, 2. National Center for PTSD & Stanford University, 3. UT Health San Antonio, 4. Ryerson University, 5. Royal Canadian Mounted Police, 6. National center for PTSD & Stanford University

(PS13-C54) **Predicting the Effectiveness of Youth Mentoring Interventions: The Role of Mentors' Depressive Symptoms and Stress Exposure**

Emma G. Preston, B.A.¹, Elizabeth Raposa, Ph.D.², 1. College of William & Mary, 2. College of William and Mary

(PS13-C55) **Learning Gains from a One-day Training in Acceptance Based Behavioral Therapy**

Grace Gu, M.S., Jessica Pan, M.S., Susan Orsillo, Ph.D., Suffolk University

(PS13-C56) **Perceived Barriers and Strategies for Promoting Parent Engagement in School-Based Mental Health Services**

Isabel Lopez, B.A.¹, Jenny Moran¹, Sarai Aguirre¹, Jessie Bridgewater, B.A.¹, Jonathan Martinez, Ph.D.¹, Anna S. Lau, Ph.D.², Laurel Bear, Ph.D.³, Pia Escudero, LCSW⁴, 1. California State University, Northridge, 2. University of California, Los Angeles, 3. Alhambra Unified School District, 4. Los Angeles Unified School District

(PS13-C57) **Randomized Controlled Trial Comparing a Targeted Infographic Versus Standard Health Information Among Parents of Adolescent Substance Users**

Katherine Isabel. Escobar, B.A.¹, Tonya Tavares, M.S.¹, Sarah A. Helseth, Ph.D.¹, Augustine Kang, M.S.¹, Sara Becker, Ph.D.², 1. Brown University, 2. Center for Alcohol and Addictions Studies, Brown University School of Public Health

(PS13-C58) **Client Engagement Challenges Associated With Use of Evidence-Based Strategies in Community Mental Health Settings**

Mary J. Kuckertz, B.A.¹, Lauren Brookman-Frazer, Ph.D.¹, Teresa Lind, Ph.D.¹, Anna S. Lau, Ph.D.², 1. University of California, San Diego, 2. University of California, Los Angeles

POSTER SESSIONS

SATURDAY

- (PS13-C59) **What Questionnaire Should I Use: Free, Brief, Validated Open-Access Screeners for Mental Healthcare Providers**
Mian-Li Ong, M.A., Kenny Le, B.A., Eric A. Youngstrom, Ph.D., University of North Carolina at Chapel Hill
- (PS13-C60) **Using Prospect Theory to Increase Engagement in Web-Based Treatment For Depression**
Michael J. Itzkowitz, Ph.D., Mitchell L. Schare, ABPP, Hofstra University
- (PS13-C61) **Examining How Therapist Characteristics Affect Evidence-Based Practice Sustainment in a System-Driven Mandate**
Morgan Crawley, B.A.¹, Chanel Zhan, B.A.¹, Anna S. Lau, Ph.D.², Ashley M. Smith, Ph.D.¹, Debbie Innes-Gomberg, Ph.D.³, Lillian Bando, MSW, JD³, Lauren Brookman-Frazer, Ph.D.⁴, 1. University of California Los Angeles, 2. University of California, Los Angeles, 3. Los Angeles Department of Mental Health, 4. University of California, San Diego
- (PS13-C62) **Community Clinician Attitudes Toward Evidence-Based Practice During Sustained Implementation**
Nicholas Affrunti, Ph.D.¹, Paola Pinedo-Vargas¹, Courtney B. Wolk, Ph.D.², Torrey Creed, Ph.D.¹, 1. Perelman School of Medicine at the University of Pennsylvania, 2. University of Pennsylvania School of Medicine
- (PS13-C63) **Screening and Identification of Elementary-age Students for an Organizational Skills Training Intervention for Schools**
Phylicia F. Fleming, Ph.D.¹, Jenelle Nissley-Tsiopinis, Ph.D.², Jennifer Mautone, Ph.D.¹, Howard Abikoff, Ph.D.³, Richard Gallagher, Ph.D.³, Thomas Power, ABPP⁴, 1. Children's Hospital of Philadelphia, 2. Children's Hospital of Philadelphia, Perelman School of Medicine, University of Pennsylvania, 3. Hassenfeld Children's Hospital at NYU Langone Medical Center, 4. Children's Hospital of Philadelphia, Perelman School of Medicine at University of Pennsylvania
- (PS13-C64) **Enhancing Caregiver Engagement in a Behavioral Caregiver Training Program for Families Served by the Child Welfare System: A Pilot Study**
Rachel Haine-Schlagel, Ph.D.¹, Danielle Fettes, Ph.D.², Natalie Finn, B.S.³, Michael Hurlburt, Ph.D.⁴, Gregory S. Aarons, Ph.D.², 1. San Diego State University, 2. University of California San Diego, 3. Virginia Commonwealth University, 4. University of Southern California
- (PS13-C65) **Potential of the Supervisory Alliance for the Implementation of Empirically-Supported Strategies in the Community Setting**
Rafaella Sale, M.A., Abby Bailin, M.A., Sarah Kate Bearman, Ph.D., The University of Texas at Austin
- (PS13-C66) **Predictors of Objectively Coded Supervision Techniques in Community Mental Health**
Rosemary Meza, M.Sc., Michael D. Pullmann, Ph.D.¹, Prerna Martin, M.P.H.², Shannon Dorsey, Ph.D.², 1. University of Washington, 2. University of Washington, Seattle
- (PS13-C67) **Disseminating EBTs for High-risk Youth: Adolescent Psychopathology and Legal Problems Moderate Parent Preferences on Direct-to-Consumer Marketing**
Sarah A. Helseth, Ph.D.¹, Katherine Isabel. Escobar, B.A.¹, Tonya Tavares, M.S.¹, Augustine Kang, M.S.¹, Sara Becker, Ph.D.², 1. Brown University, 2. Center for Alcohol and Addictions Studies, Brown University School of Public Health

- (PS13-C68) Costs of Implementing a Resilience-Based Cognitive Behavioral Group Treatment in Schools**
Sheina A Godovich, B.A.¹, Morganne Reid, B.A.¹, Mary K. Alvord, Ph.D.², Brendan A. Rich, Ph.D.³, 1. The Catholic University of America, 2. Alvord Baker & Associates, 3. Catholic University of America
- (PS13-C69) Examining the Psychometric Properties of the Acceptability, Feasibility, and Appropriateness Scale**
Siena Tugendrajch, B.A.¹, Evelyn Cho, M.A.¹, Brigid Marriott, B.S.², Aaron R. Lyon, Ph.D.³, Kristin M. Hawley, Ph.D.¹, 1. University of Missouri-Columbia, 2. University of Missouri, 3. University of Washington
- (PS13-C70) Psychometric Properties of the Parental Attitudes Toward Psychological Services Inventory with an Ethnically Diverse Community Sample**
Spencer K. J. Choy, B.A.¹, Albert C. Mah, B.A.², Tommie Laba, B.A.¹, Brad J. Nakamura, Ph.D.¹, 1. University of Hawai'i at Manoa, 2. University of Hawaii at Manoa
- (PS13-C71) Psychometric Properties of the Family Empowerment Scale With an Ethnically Diverse Community Sample**
Spencer K. J. Choy, B.A.¹, Albert C. Mah, B.A.², Kayla Soma Tsutsuse, Undergraduate¹, Brad J. Nakamura, Ph.D.¹, 1. University of Hawai'i at Manoa, 2. University of Hawaii at Manoa
- (PS13-C72) Back to the Future: Evaluating the Implementation of an Evidence-based Treatment in Psychoncology With the Theory of Planned Behavior**
Stephen Lo, M.A.¹, Marlena Ryba, Ph.D.², Barbara Andersen, Ph.D.¹, 1. The Ohio State University, 2. Coastal Carolina University
- (PS13-C73) Implementation of Evidence Based Psychology in Brazil: Steps of Structured Academic and Research Programme**
Tamara Melnik, Ph.D., Álvaro Atallah, Ph.D., Federal University of Sao Paulo
- (PS13-C74) Community Therapist Attitudes Toward Standardized Progress Monitoring After Training in An Online Measurement Feedback System**
Vanessa Mora Ringle, M.S.¹, Ashley M. Shaw, Ph.D.¹, Zabin Patel, M.P.H.¹, Colleen A. Maxwell, B.A.¹, Elizabeth Casline, M.Sc.¹, Lucia M. Walsh, M.S.¹, Jamie LoCurto, Ph.D.², Heather Souer, B.A.², Golda Ginsburg, Ph.D.², Jill Ehrenreich-May, Ph.D.¹, Amanda Jensen-Doss, Ph.D.¹, 1. University of Miami, 2. University of Connecticut School of Medicine
- (PS13-C75) Does Training in Evidence-Based Treatments Predict Provider and Supervisor Knowledge about Treatment Engagement Strategies?**
Wendy Chu, B.A.¹, Maya M. Boustani, Ph.D.¹, Alayna L. Park, M.A.¹, Kendra Knudsen, B.S.¹, Kimberly D. Becker, Ph.D.², Bruce F. Chorpita, Ph.D.¹, 1. University of California Los Angeles, 2. University of South Carolina
- (PS13-C76) ASA-MF: A Psychometric Analysis of Attitudes Towards Measurement Based Care**
Zabin Patel, M.P.H., Amanda Jensen-Doss, Ph.D., University of Miami

Poster Session 13D

Suicide and Self-Injury

PS13

Key Words: *Suicide, Risky Behaviors, Veterans*

- (PS13-D77) **Identifying Subtypes of Suicide Risk Among Trauma-Exposed Veterans**
Nadia Bounoua, B.S., Naomi Sadeh, Ph.D., University of Delaware
- (PS13-D78) **Predictors of Hospitalization Among Adolescents Seeking Psychiatric Emergency Services: A Focus on Parental Expectations of Suicide Risk**
Nathaniel Healy, B.A.¹, Ewa K. Czyz, Ph.D.¹, Cheryl A. King, ABPP, Ph.D.¹, Johnny Berona, Jr., Ph.D.², Adam G. Horwitz, Ph.D.³, 1. University of Michigan, 2. University of Chicago, 3. Rush University Medical Center
- (PS13-D79) **The Grim Side of Narcissism: Examining Pathological Traits, Depressive Symptoms, and Suicidal Ideation in Military Personnel**
Olivia C. Preston, B.A., Samantha E. Daruwala, M.S., Sarah E. Butterworth, B.S., Joye Anestis, Ph.D., Bradley Green, Ph.D., Michael Anestis, Ph.D., University of Southern Mississippi
- (PS13-D80) **The Pathway of Aggression: How Aggression Provides an Indirect Relationship Between Anxiety Sensitivity Cognitive Concerns and Suicidality**
Rachel L. Martin, B.A., Nicole S. Smith, B.S., Daniel W. Capron, Ph.D., University of Southern Mississippi
- (PS13-D81) **Painful Problems: A Sequential Mediation Examining Psychological vs. Physical Pain in Predicting Suicidality**
Rachel L. Martin, B.A.¹, Brad B. Schmidt, Ph.D.², Daniel W. Capron, Ph.D.¹, 1. University of Southern Mississippi, 2. FSU
- (PS13-D82) **Prospective Prediction of First Lifetime Onset of Suicidal Ideation in a National Study of Substance Users**
Rachel Walsh, B.S., Ana Sheehan, B.A., Richard Liu, Ph.D., Brown University
- (PS13-D83) **Voice of the Dying: The Perspective and Narratives of Male Farmers on Farmer Suicide**
Raksha Kandlur, B.A., Srishti Sardana, M.A., M.S., Randall Richardson-Vejlgaard, Ph.D., Teachers College, Columbia University
- (PS13-D84) **Suicide Kills Extremely Poor Farmers in India: Blame Distress Not Debt**
Raksha Kandlur, B.A., Srishti Sardana, M.A., M.S., Randall Richardson-Vejlgaard, Ph.D., Teachers College, Columbia University

(PS13-D85) Unit-level Predictors of Suicidal Ideation and Attempts in a National Guard Sample

Rene M. Lento, Ph.D.¹, Lydia E. Federico, B.A.², Bettina B. Hoepfner, Ph.D.¹, L. Nick Krupica³, Naomi M. Simon, M.D.⁴, Louisa G. Sylvia, Ph.D.⁵, 1. Red Sox Foundation and Massachusetts General Hospital Home Base Program; Harvard Medical School, 2. Red Sox Foundation and Massachusetts General Hospital Home Base Program, 3. Dynamic Systems Technology, 4. NYU School of Medicine, 5. Massachusetts General Hospital, Harvard Medical School

(PS13-D86) PTSD Symptom Clusters, Suicidal Ideation, and Social Support Among Hospitalized Adolescents

Roberto Lopez, Jr.¹, Annamarie B. Defayette, B.A.², Emma D. Whitmyre, B.A.², Caitlin A. Williams, M.A.², Christianne Esposito-Smythers, Ph.D.², 1. Butler Hospital & Brown University, 2. George Mason University

(PS13-D87) Using Machine Learning to Identify Suicide Risk: A Classification Tree Approach to Prospectively Identify Adolescent Suicide Attempters

Ryan M. Hill, Ph.D., Benjamin Oosterhoff, Ph.D., Calvin Do, B.S., Baylor College of Medicine

(PS13-D88) The Three-Step Theory of Suicide: An Examination of Conditional Indirect Effects

Ryan M. Kozina, M.S., Mary K. Lear, M.S., Stephanie Stacy, M.S., Carolyn Pepper, Ph.D., Joshua D. Clapp, Ph.D., University of Wyoming

(PS13-D89) Masculinity's Influence on the Interpersonal Theory of Suicide

Samantha E. Daruwala, M.S., Michael Anestis, Ph.D., University of Southern Mississippi

(PS13-D90) Number of Firearms Owned as an Indicator of Elevated Practical Capability for Suicide

Sarah E. Butterworth, B.S., Michael Anestis, Ph.D., University of Southern Mississippi

(PS13-D91) Examining the Relationship Between Muscle Dysmorphia Symptoms and Suicidality Through the Lens of the Interpersonal Theory of Suicide

Shelby N. Ortiz, B.A., April R. Smith, Ph.D., Miami University

(PS13-D92) Changes in Suicide Search Term Volumes Following Celebrity Suicides

Shelby N. Ortiz, B.A., Lauren N. Forrest, M.A., April R. Smith, Ph.D., Miami University

(PS13-D93) Talking About Suicide: Trends in Suicide Decedents

Sydney Waitz-Kudla, B.A., Michael Anestis, Ph.D., University of Southern Mississippi

(PS13-D94) Relief and Negative Affect in Individuals With Recent Self-Injurious Thoughts and Behaviors

Tara L. Spitzzen, M.A., Anthony H. Ahrens, Ph.D., American University

(PS13-D95) Male Gender Role Stress, Acquired Capability for Suicide, and Lethality of Suicide Attempt Method in a Sample of Psychiatric Inpatients at Risk for Suicide

Theresa H. Trieu, M.A.¹, Kanchana U. Perera, M.Sc.¹, Jessica M. LaCroix, Ph.D.¹, Margaret M. Baer, B.A.¹, Kaitlyn R. Schuler, M.A.¹, David B. Goldston, Ph.D.², Jennifer J. Weaver, M.D.³, Alyssa A. Soumoff, M.D.⁴, Marjan Ghahramanlou-Holloway, Ph.D.¹, 1. Uniformed Services University of the Health Sciences, 2. Duke University School of Medicine, 3. Fort Belvoir Community Hospital, 4. Walter Reed National Military Medical Center

- (PS13-D96) **The Relationship Between Non-Suicidal Self-Injury and Suicidal Ideation: Understanding the Role of Depressive Symptoms and Maladaptive Problem Solving**
Victoria E. Quinones, M.A., Meaghan L. Delcourt, B.A., Ryan Boucher, B.A., Emily A.P. Haigh, Ph.D., University of Maine
- (PS13-D97) **Non-suicidal self-injury and E-communities: Investigating the Influence of Online Disinhibition**
Vincent Corcoran, B.S., Margaret S. Andover, Ph.D., Fordham University
- (PS13-D98) **PTSD and Depression Diagnoses Mediate the Association of Military Sexual Trauma and Suicidal Ideation in Veterans Affairs-Enrolled Iraq/Afghanistan Veterans**
Whitney S. Livingston, B.A.¹, Jamison D. Fargo, Ph.D.¹, Adi V. Gundlapalli, M.D., Ph.D.², Rebecca K. Blais, Ph.D.¹, 1. Utah State University, 2. VA Salt Lake City Health Care System
- (PS13-D99) **Depression Severity as a Mediator Between Dysfunctional Attitudes and Suicide Severity**
William C. Kelner, B.A.¹, David J. Schillinger, B.S.¹, Jessica F. Sandler, B.A.¹, Alyson B. Randall, B.A.¹, Heather T. Schatten, Ph.D.², Ivan W. Miller, Ph.D.², Michael F. Armev, Ph.D.², 1. Butler Hospital, 2. Butler Hospital | Warren Alpert Medical School of Brown University
- (PS13-D100) **Identifying Risk Factors for Youth Hospitalization in Crisis Settings**
Yen-Ling Chen, B.Sc.¹, Megan Freeman, Ph.D.², Andrew Freeman, Ph.D.¹, 1. University of Nevada, Las Vegas, 2. Nevada Department of Health and Human Services, Division of Child and Family Services

4:00 p.m. – 5:00 p.m.

Exhibit Hall B South

Poster Session 14A

Autism Spectrum and Developmental Disorders

PS14

Key Words: *Autism Spectrum Disorders, Stigma, Stress*

(PS14-A1) **Lack of Social Support, Mother-Directed Stigma, and Child-Directed Stigma Predict Stress in Mothers of Children With Autism**

Levi Lipovenko, M.A., Sophie Manevich, M.A.¹, Gabrielle Massi, M.A.¹, Sally M. Minkovich, M.A.¹, Lydia Hackenberg, M.A.¹, Sharon Lee Armstrong, Ph.D.¹, Ruth L. Fischbach, Ph.D.², 1. La Salle University, 2. Columbia University

- (PS14-A2) Social Support Mediates the Relationship Between Perceived Stigma and Stress in Mothers of Children With Autism for Both Child-Directed Stigma and Mother-Directed Stigma**
Levi Lipovenko, M.A., Gabrielle Massi, M.A.¹, Sally M. Minkovich, M.A.¹, Sophie Manevich, M.A.¹, Lydia Hackenberg, M.A.¹, Ruth L. Fischbach, Ph.D.², Sharon Lee Armstrong, Ph.D.¹, 1. La Salle University, 2. Columbia University
- (PS14-A3) The Role of Insistence on Sameness on Social Skills and Problem Behaviors in Young Children with Autism**
Ligia Antezana, M.S., Reina S. Factor, M.S., Jordan Albright, M.S., Marlene V. Strege, M.S., John Richey, Ph.D., Angela Scarpa, Ph.D., Virginia Tech
- (PS14-A4) Gender Differences in an Early Intervention ASD sample**
Lindsay Bungert, B.S., Brigid Garvin, Ed.S., Emily Scott, B.A., James Connell, Ph.D., Drexel University
- (PS14-A5) Association Between Maternal Factors and Treatment Response to a Group CBT Treatment for Youth With ASD and Co-occurring Anxiety**
Lindsey DeVries, Ph.D.¹, Katherine Pickard, Ph.D.¹, Eric Moody, Ph.D.¹, Amy Keefer, Ph.D.², Laura Klinger, Ph.D.³, Amie Duncan, Ph.D.⁴, Sarah O'Kelley, Ph.D.⁵, Susan Hepburn, Ph.D.⁶, Audrey Blakely-Smith, Ph.D.⁷, Judy Reaven, Ph.D.¹, 1. University of Colorado Anschutz Medical Campus, 2. Johns Hopkins School of Medicine, 3. University of North Carolina at Chapel Hill TEACCH Autism Program; Department of Psychiatry, 4. Cincinnati Children's Hospital Medical Center, 5. University of Alabama Birmingham, 6. Colorado State University, 7. University of Colorado, School of Medicine
- (PS14-A6) Emotions, Cognitions, and Disciplinary Behaviors Among Parents of Children With ASD**
Maria Kambouras, Psy.D., Raymond A. DiGiuseppe, ABPP, Ph.D., St. John's University
- (PS14-A7) Anxiety and Self-Determination in Transition-Age Youth With Autism**
Mary F. Skapek, B.S.¹, Laura Saldana, B.A.¹, Lauren Kenworthy, Ph.D.², Laura Anthony, Ph.D.³, Cara Pugliese, Ph.D.⁴, 1. Children's National Health System, 2. Children's National Health System, 3. University of Colorado, School of Medicine, 4. Children's National Health System and The George Washington University School of Medicine
- (PS14-A8) What's Missing In Your Toolbox?: A Lack of Execution Function Interventions in U.S. Schools**
Meredith D. Powers, M.Ed.¹, Lauren Kenworthy, Ph.D.², Yetta Myrick, B.A.², Mary E. Troxel, B.A.³, Laura Anthony, Ph.D.⁴, 1. Children's National Health System, 2. Children's National Health System, 3. University of Colorado, Denver, 4. University of Colorado, School of Medicine
- (PS14-A9) Effectiveness of a Social Skills Intervention for Young Adults With Autism Spectrum Disorder Modified for Use on a College Campus**
Natalie Ridgeley, B.S., Ashley A. Pallathra, B.A., Caitlin Rothwell, M.A., Brendan A. Rich, Ph.D., Catholic University of America
- (PS14-A10) Stakeholder Feedback on Ways to Enhance the Feedback Process During in an Initial ASD Diagnostic Evaluation**
Rachel Haine-Schlagel, Ph.D.¹, Christina Corsello, Ph.D.², Lauren Brookman-Frazer, Ph.D.³, 1. San Diego State University, 2. University of North Carolina at Chapel Hill, 3. University of California, San Diego

- (PS14-A11) **Felt but Not Seen: Observed Restricted Repetitive Behaviors Predict Self-Report - but not Parent-Report - OCD Symptoms in Youth With ASD**
Rebecca Bianchi, M.S., Bianca Marro, M.A., Lee Ann Santore, Cassie Donohue, Matthew Lerner, Ph.D., Stony Brook University
- (PS14-A12) **Early Parenting Behaviors Predict Later Behavior Problems in Children With Autism Spectrum Disorder**
Rebecca A. Lindsey, M.S., Tammy D. Barry, Ph.D., Austin F. Lau, B.S., Stephanie R. Saltness, B.S., Washington State University
- (PS14-A13) **Longitudinal Examination of Perceived and Actual Knowledge of Autism Spectrum Disorder Predicting Parenting Behaviors**
Rebecca A. Lindsey, M.S.¹, Laura K. Hansen, M.S.², Tammy D. Barry, Ph.D.¹, 1. Washington State University, 2. University of Southern Mississippi
- (PS14-A14) **Teaching Emotion Regulation to Children With ASD: Examining Outcomes of the Stress and Anger Management Program (STAMP)**
Reina S. Factor, M.S.¹, Deanna Swain, M.S.², Ligia Antezana, M.S.¹, Ashley Muskett, M.S.², Alyssa J. Gatto, M.S.², Sarah Ryan, M.A.², Marlene V. Strege, M.S.¹, Angela Scarpa, Ph.D.¹, 1. Virginia Tech, 2. Virginia Polytechnic Institute and State University
- (PS14-A16) **Structural Differences of BASC-2 Anxiety Symptoms in Youth With and Without Autism Spectrum Disorders**
Tamara Rosen, M.A.¹, Megan Tudor, Ph.D.², Matthew Lerner, Ph.D.¹, 1. Stony Brook University, 2. UC Davis Mind Institute
- (PS14-A17) **Irritability in Children with Autism and Co-occurring Anxiety or Aggression**
Theresa R. Gladstone, B.A., Carolyn L. Marsh, B.A., Karim Ibrahim, Psy.D., Denis G. Sukhodolsky, Ph.D., Theresa R. Gladstone, B.A., Yale University
- (PS14-A18) **A Meta-Analytic Review of Peer-Mediated Intervention for Children and Adolescents With Autism Spectrum Disorders**
Yumi Kaneyama, M.A.¹, Masako Tanabe¹, Akiho Matsumoto, B.A.², Hiroshi Sato, Ph.D.¹, 1. Kwansei Gakuin University, 2. Kwansei Gakuin University

Exhibit Hall B South

Poster Session 14B

Research Methods and Statistics

PS14

Key Words: *Methods, Research Methods*

- (PS14-B19) **Examining Study Compliance in College Students Using Two Recruitment Modalities: A Two-study Investigation**
Abby L. Braitman, Ph.D.¹, Elizabeth Bauer, B.S.², Kristin Heron, Ph.D.², Cathy Lau-Barnaco, Ph.D.², 1. Old Dominion University & Virginia Consortium Program in Clinical Psychology, 2. Old Dominion University

- (PS14-B20) **Replication of the DASS-42 Bifactor Model in a Non-Clinical Sample**
Casey Thornton, M.A.¹, Emma K. Evanovich, M.A.², Gregory Mumma, Ph.D.¹, 1. Texas Tech University, 2. Texas Tech Univeristy
- (PS14-B21) **Psychometric Properties of the Distress Tolerance Scale in a Clinical Sample**
Esther Tung, Jeannette K. Correa, M.A., Svetlana Goncharenko, B.A., Timothy A. Brown, Psy.D., Boston University
- (PS14-B22) **Implicit Assessment of Anxiety Sensitivity Using the Questionnaire-Based Implicit Association Test (qIAT)**
Gidi Aviram, M.A., Ariela Friedman, M.A., Benjamin A. Katz, M.A., Iftah Yovel, Ph.D., The Hebrew University of Jerusalem
- (PS14-B23) **Testing the Factor Structure of the Original and Modified Attentional Control Scale**
Kate Clauss, M.A., Joseph R. Bardeen, Ph.D., Travis Rogers, B.A., Natasha Benfer, M.S., Auburn University
- (PS14-B24) **A Cross Cultural Comparison of the Latent Structure of Optimism In American and Japanese Adults**
Laura J. Long, B.A., Matthew W. Gallagher, Ph.D., University of Houston
- (PS14-B25) **Ratio of Distances: Using a New Effect Size Measure with Single Case Research**
Michael Carlin, Ph.D., Mack Costello, Ph.D., Rider University
- (PS14-B26) **Factor Analysis of the Self-Compassion Scale**
Wesley E. Gregory, M.A.¹, David Fresco, Ph.D.², Mark Lau, Ph.D.³, Michael Moore, Ph.D.¹, 1. Adelphi University, 2. Kent State University, 3. Vancouver CBT Centre/University of British Columbia

Exhibit Hall B South

Poster Session 14C**Women's Issues / Gender; Spirituality and Religion****PS14**Key Words: *Pregnancy/Postpartum/Reproductive Issues, Mindfulness, Depression*

- (PS14-C27) **The Relation Between Facets of Mindfulness and Prenatal Emotional Distress**
Caitlin Cassidy, M.A., Randy Fingerhut, Ph.D., Samiram Saghafi, M.A., La Salle University
- (PS14-C28) **Fat Talk and Romantic Relationships: Does Fat Talk Affect Relationship Satisfaction and Sexual Satisfaction?**
Cassidy M. Miles, B.S., Denise M. Martz, Ph.D., Rose Mary M. Webb, Ph.D., Doris Bazzini, Ph.D., Madison Morsch, B.S., Appalachian State University

(PS14-C29) Social Integration Among Women in Late Midlife: Does Tobacco Use Predict Isolation?

DeVante J. Cunningham, M.P.H.¹, Jung Yeon Lee, Ph.D.², Judith S. Brook, Ed.D.², Kerstin Pahl, Ph.D.³, Carrie Masia Warner, Ph.D.⁴, 1. Montclair State University, 2. Department of Psychiatry, New York University School of Medicine, 3. Department of Psychiatry, New York University School of Medicine; Nathan S. Kline Institute for Psychiatric Research, 4. Montclair State University; Nathan S. Kline Institute for Psychiatric Research

(PS14-C30) Women's Representation in the 2017 Annual Meeting of the Association for Behavioral and Cognitive Therapies

Laura Sockol, Emily S. Redler, Julia G. Relova, Isabella K. Pallotto, Maria Rojas, Davidson College

(PS14-C31) Development of Vignettes That Effectively Manipulate Women's Fat Talk in the Context of Heterosexual Relationships

Madison Morsch, B.S., Denise M. Martz, Ph.D., Cassidy M. Miles, B.S., Doris Bazzini, Ph.D., Appalachian State University

(PS14-C32) When User-Centered Design Meets Implementation Science: Integrating Provider Perspectives on Implementation Characteristics in the Development of an IPV Intervention

Sara B. Danitz, Ph.D.¹, Alessandra R. Grillo, B.S.¹, Shannon Wiltsey-Stirman, Ph.D.², Mary Driscoll, Ph.D.³, Alison Hamilton, M.P.H., Ph.D.⁴, Katherine M. Iverson, Ph.D.⁵, 1. Women's Health Sciences Division, National Center for PTSD, VA Boston Healthcare System, Boston, MA, 2. VA Palo Alto Health Care System/Stanford, 3. VA Connecticut Healthcare System; Yale School of Medicine, 4. VA Center for the Study of Healthcare Innovation, Implementation and Policy; UCLA Dept of Psychiatry and Biobehavioral Sciences., 5. Women's Health Sciences Division, National Center for PTSD, VA Boston Healthcare System, Boston, MA; Department of Psychiatry, Boston University School of Medicine, Boston MA

(PS14-C33) Why are Sex Crime Victims Blamed?: A Survey on the Rape Myths Among Japanese University Students

Saya Urushidani, B.A., Yasuko Morinaga, Ph.D., Department of Psychology, Hiroshima University

(PS14-C34) Religious Strength of Faith and Substance Use Frequency Predict Use-related Impairment in College Students

Benjamin D. Johnson, B.A., Jordan Skalisky, B.A., Andrew R. Fox, M.S., Madeline D. Wielgus, M.S., Amy H. Mezulis, Ph.D., Seattle Pacific University

(PS14-C35) Effectiveness of Cognitive Behavioral Therapy for Anxiety and Depression Among Orthodox Jews

Elizabeth S. Bocanegra, B.A.¹, Moses Appel, M.A.², Gabriel Hoffnung, Ph.D.¹, David H. Rosmarin, ABPP³, 1. Center for Anxiety, New York NY, 2. Center for Anxiety, New York NY; Hofstra University, Long Island NY, 3. McLean Hospital/Harvard Medical School, Belmont MA

(PS14-C36) Abundant Life: A 10-Week Intervention to Teach Emotion-Coping Skills in Churches

Jeremy Cummings, Ph.D., Ian Jones, B.S., Josue Deslauriers, Melissa Crou, B.S., Marci Poppell, B.S., David Stone, B.S., Southeastern University

- (PS14-C37) **Religious Gratitude and Psychological Health Outcomes Among African American Older Adults**
Kelcie D. Willis, B.S., B.A., Oswaldo Moreno, Ph.D., Virginia Commonwealth University
- (PS14-C38) **Spirituality as the Mechanism in Mantram Repetition for Veterans With PTSD**
Maureen Nugent, M.A.¹, Jill Bormann, Ph.D.², Steven Thorp, ABPP, Ph.D.¹, Ariel Lang, M.P.H., Ph.D.³, Lisa TapiaFleck, M.A.¹, 1. California School of Professional Psychology at Alliant International University, 2. US Department of Veterans Affairs, 3. UCSD and VA San Diego Center for Stress and Mental Health
- (PS14-C39) **Significant Other and Personal Religiosity Traits that Predict Emerging Adult Risky Sexual Behavior**
Melanie Stearns, M.S., Mary Moussa. Rogers, M.A., Cliff McKinney, Ph.D., Mississippi State University
- (PS14-C40) **Relationship Between Calmness and Spirituality Influenced by Type of Spirituality**
Millicent S. Curlee, B.A., Anthony H. Ahrens, Ph.D., American University
- (PS14-C41) **Spiritual Struggles and Affective Symptoms Among Geriatric Mood Disordered Patients: Which Comes First?**
Sarah Salcone, B.A.¹, David Harper, Ph.D.², Brent Forester, M.D.², David H. Rosmarin, ABPP³, 1. McLean Hospital, 2. McLean Hospital, Harvard Medical School, 3. McLean Hospital/Harvard Medical School, Belmont MA
- (PS14-C42) **Spiritual Cognitions/Behaviors and Depression: Neural Mediators of Effect**
Sarah Salcone, B.A.¹, Michael Rohan, Ph.D.², David Harper, Ph.D.², Brent Forester, M.D.², David H. Rosmarin, ABPP³, 1. McLean Hospital, 2. McLean Hospital, Harvard Medical School, 3. McLean Hospital/Harvard Medical School, Belmont MA

Exhibit Hall B South

Poster Session 14D

Anger; Violence/Aggression; Criminal Justice / Forensics

PS14

Key Words: Stigma, Compassion/Empathy, Legal Issues

- (PS14-D43) **A Motion for Mindfulness: Psychiatric Stigma and Compassion in the Courtroom**
Arielle Bernstein, M.A.¹, Donald Marks, Psy.D.¹, Jennifer Block-Lerner, Ph.D.¹, Melodie Foellmi, Ph.D.², 1. Kean University, 2. EAC Network
- (PS14-D44) **Evidence-Based Substance Use Treatments for Justice-involved Populations Reentering the Community After Incarceration: A Systematic Review**
Kelly E. Moore, Ph.D., Sherry A. McKee, Ph.D., Yale University School of Medicine

- (PS14-D45) Do Different Components of Self-control Predict Different Outcomes Following Incarceration?**
Shannon W. Schrader, B.A.¹, Dan V. Blalock, Ph.D.², Jeffrey B. Stuewig, Ph.D.¹, June P. Tangney, Ph.D.¹, 1. George Mason University, 2. Duke University School of Medicine
- (PS14-D46) Hostile Interpretation Bias in Depression: The Importance of Irritability**
Cassandra P. Krug, M.S., Morganne A. Kraines, M.S., Lucas JA. Kelberer, M.S., Tony T. Wells, Ph.D., Oklahoma State University
- (PS14-D47) Exploring the Effects of Two Modules From the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders on Dysregulated Anger in the Context of Emotional Disorders**
Clair Robbins¹, Leslie R. Brody, Ph.D.¹, Shannon Sauer-Zavala, Ph.D.², David H. Barlow, ABPP², 1. Boston University, 2. Boston University Center for Anxiety and Related Disorders
- (PS14-D48) Delivering Anger Management Treatment Through a Web-Based Intervention Supplemented With Brief Coaching: A Pilot Study**
Emy Willis, B.A.¹, Lisa Glassman, Ph.D.², Kim Schaper, M.A.³, Carolyn Greene, Ph.D.⁴, Leslie Morland, Psy.D.², Margaret-Anne Mackintosh, Ph.D.⁵, 1. University of Central Florida, 2. VA San Diego Healthcare System, 3. Pacific Health Research and Education Institute, 4. University of Arkansas for Medical Sciences (UAMS), 5. National Center for PTSD, Veterans Affairs Palo Alto Health Care System
- (PS14-D49) Understanding the Association Between Anger and Depression in Active Duty Military Personnel: The Role of Social Support and Negative Cognitions**
Gina Belli, B.A.¹, Yinyin Zang, Ph.D.², Thea Gallagher, Psy.D.¹, Carmen McLean, Ph.D.³, Hallie Tannahill, B.A.⁴, Julie Petersen, B.S.¹, Jeffrey Yarvis, Ph.D.⁵, Brett T. Litz, Ph.D.⁶, Jim Mintz, Ph.D.⁷, Stacey Young-McCaughan, Ph.D.⁷, Alan Peterson, Ph.D.⁷, Edna Foa, Ph.D.², 1. University of Pennsylvania, 2. Perelman School of Medicine at the University of Pennsylvania, 3. National Center for PTSD, Dissemination & Training Division, 4. Utah State University, 5. Carl R. Darnall Army Medical Center, 6. Boston University School of Medicine & National Center for PTSD, 7. University of Texas Health Science Center at San Antonio
- (PS14-D50) Honor Code as a Predictor for Anger and Aggression**
Kathryn McGill, B.A., M.A.¹, Raymond A. DiGiuseppe, ABPP, Ph.D.², Olga Gulyayeva, B.A.¹, Kayla Copeland-Livingston¹, 1. St. John's University, 2. St. John's University
- (PS14-D51) Does Mindfulness Explain Why Some Anxious People Get Angry? An Examination of Mindfulness as a Moderator in the Relationship Between Anxiety and Anger**
Madeleine Rassaby¹, Clair Robbins², Shannon Sauer-Zavala, Ph.D.¹, 1. Boston University Center for Anxiety and Related Disorders, 2. Boston University
- (PS14-D53) The Revised Anger Cognitions Scale: Factor Structure and Construct Validity**
Michael Shachat, B.A.¹, Kristine Mc Kiernan, M.S.², Brittany Soto, Psy.D.³, Raymond A. DiGiuseppe, ABPP, Ph.D.¹, 1. St. John's University, 2. StJohns University, 3. Nassau Board of Cooperative Educational Services

- (PS14-D54) **The Romantic Partner Anger Scale: Psychometric Properties in a Clinical Population**
Olga Gulyayeva, B.A.¹, Amanda Fisher, B.A.¹, Taylor Heedles, B.A.¹, Natasha Kostek, M.A.¹, Kathryn McGill, B.A., M.A.¹, Raymond A. DiGiuseppe, ABPP, Ph.D.², 1. St. John's University, 2. St. John's University
- (PS14-D55) **How are Negative Post Traumatic Cognitions Associated With Anger Expression and Control?**
Rimsha Majeed, B.S., Han N. Tran, M.S., Thomas S. Dodson, M.S., Alexandra J. Lipinski, M.S., Ulysses C. Savage, B.S., Samuel C. Peter, M.S., J. Gayle Beck, Ph.D., University of Memphis
- (PS14-D56) **Traumatic Brain Injury (TBI) and Family Violence: A Prospective Longitudinal Examination of an Emergency Department Cohort of Patients and Family/Significant Other Reporters**
Sarah Bannon, M.A., Yvette Karvay, M.A., Caitlin Kehoe, M.A., Stony Brook University
- (PS14-D57) **Perceived Partner Infidelity and Women's Cyber Dating Abuse Perpetration: The Role of Emotion Regulation**
Mikaela R. Trussell, Meagan J. Brem, M.A., Gregory L. Stuart, Ph.D., The University of Tennessee, Knoxville
- (PS14-D58) **How Frequent is Sexual Perpetration in College Men? A Systematic Review of Reported Prevalences from 2000-2016**
RaeAnn Anderson, Ph.D.¹, Kristin Silver, M.S.², Alyssa Ciampaglia, M.S.³, Amanda Vitale, B.A.⁴, Douglas Delahanty, Ph.D.⁵, 1. Kent State University, 2. University of Akron, 3. Children's Hospital of Philadelphia; St. Joseph's University, 4. Icahn School of Medicine Mt. Sinai, 5. Kent State university
- (PS14-D59) **Incapacitated Sexual Assault: The Role of Drinking With the Intention of Getting Drunk**
Roselyn Peterson, B.A., Amie Newins, Ph.D., University of Central Florida
- (PS14-D60) **A Recovery-oriented Intervention for Women Veterans Experiencing Intimate Partner Violence: The Important Role of Patient-centered Outcomes**
Sara B. Danitz, Ph.D.¹, Alessandra R. Grillo, B.S.¹, Melissa Dichter, Ph.D., MSW², Mary Driscoll, Ph.D.³, Megan Gerber, M.P.H., M.D.⁴, Katherine M. Iverson, Ph.D.⁵, 1. Women's Health Sciences Division, National Center for PTSD, VA Boston Healthcare System, Boston, MA, 2. VA Center for Health Equity Research and Promotion (CHERP); University of Pennsylvania Perelman School of Medicine, Department of Family Medicine and Community Health, 3. VA Connecticut Healthcare System; Yale School of Medicine, 4. VA Boston Healthcare System, Boston, MA; Boston University School of Medicine, Boston MA, 5. Women's Health Sciences Division, National Center for PTSD, VA Boston Healthcare System, Boston, MA; Department of Psychiatry, Boston University School of Medicine, Boston MA

(PS14-D61) A Randomized Controlled Trial of Interventions Combining Motivational Interviewing, Cognitive Behavioral Treatment and Continuing Care for Violence and Substance Use Among Veterans

Stephen T. Chermack, Ph.D.¹, Erin Bonar, Ph.D.¹, Frederic Blow, Ph.D.¹, Steven Friday, M.A.², Jason Goldstick, Ph.D.¹, Sheila A.M. Rauch, Psy.D.³, Jamie J. Winters, Ph.D.⁴, Maureen Walton, M.P.H., Ph.D.¹, 1. University of Michigan, 2. Ann Arbor Veterans Healthcare System, 3. Emory University School of Medicine, 4. Ann Arbor Veterans Healthcare System/University of Michigan Department of Psychiatry

Sunday Poster Sessions

9:00 a.m. – 10:00 a.m.

Exhibit Hall B South

Poster Session 15A

ADHD-Adult

PS15

Key Words: *ADHD-Adult*

(PS15-A1) DSM-IV to DSM-5 ADHD Symptom Changes: College Student Collateral Reports

Anna Garner, B.A.¹, Judah W. Serrano, M.S.Ed.², Anne E. Stevens, M.A.², Erik G. Willcutt, Ph.D.³, Will H. Canu, Ph.D.⁴, Cynthia M. Hartung, Ph.D.², Elizabeth K. Lefler, Ph.D.¹, 1. University of Northern Iowa, 2. University of Wyoming, 3. The University of Colorado at Boulder, 4. Appalachian State University

(PS15-A2) Availability and Transparency of University-based Services for Students With ADHD

Anne E. Sorrell, B.S., Will H. Canu, Ph.D., Kimberly Parrish, Laekan Holzworth, Appalachian State University

(PS15-A3) Subjective Well-being in Adults With or Without ADHD Symptoms and Diagnosis

Fumito Takahashi, Ph.D., Mana Oguchi, B.A., Shinshu University

(PS15-A4) Healthy Lifestyle Behaviors of College Students With ADHD: Physical Activity, Sleep Functioning, Eating Habits, and Alcohol Use

Judah W. Serrano, M.S.Ed.¹, Anne E. Stevens, M.A.¹, Patrick A. LaCount, M.S.¹, Christopher R. Shelton, M.S.¹, Will H. Canu, Ph.D.², Elizabeth K. Lefler, Ph.D.³, Erik G. Willcutt, Ph.D.⁴, Cynthia M. Hartung, Ph.D.¹, 1. University of Wyoming, 2. Appalachian State University, 3. University of Northern Iowa, 4. The University of Colorado at Boulder

(PS15-A5) Exploring Predictors of Veterans Not Showing For ADHD Assessments

Karl Nelson, Ph.D., Fargo VA Health Care System

(PS15-A6) ADHD Symptoms and Adult Romantic Relationships: The Role of Partner Attachment Style, Emotion Recognition, and Personality

Katherine Knies, Ph.D.¹, Kate Flory, Ph.D.², 1. Ralph H. Johnson VA Medical Center, 2. University of South Carolina

- (PS15-A7) The Unique Contributions of Maternal ADHD Symptoms and Emotion Dysregulation to Parenting Difficulties**
Kelsey E. Woods, M.S.¹, Heather Mazursky-Horowitz, M.A.¹, Sharon R. Thomas, Ph.D.², Lea R. Dougherty, Ph.D.³, Andrea Chronis-Tuscano, Ph.D.¹, 1. University of Maryland- College Park, 2. Alvord, Baker & Associates, LLC, 3. University of Maryland, College Park
- (PS15-A8) Does Computer-Assisted Test Practice Enhance Memory for College Students with ADHD?**
Laura Knouse, Ph.D.¹, Katherine Rawson, Ph.D.², John Dunlosky, Ph.D.², 1. University of Richmond, 2. Kent State University
- (PS15-A9) ADHD Symptoms Moderate the Relationship Between Protective Behavioral Strategies and Alcohol Use Among Treatment-mandated College Students**
Lauren M. Zimmerman, B.A.¹, Alison Looby, Ph.D.¹, Carolyn Cleveland, Ph.D.², Cynthia M. Hartung, Ph.D.¹, 1. University of Wyoming, 2. Central Washington University
- (PS15-A10) Attention-Deficit/Hyperactivity Disorder Symptoms as Moderators of the Effects of Cognitive Training on Executive Functioning**
Maddison Franklin, M.S.¹, Alex Bettis, M.S.², Mary J. Coiro, Ph.D., Bruce Compas, Ph.D.³, 1. Loyola University Maryland, 2. Alpert Medical School of Brown University, 3. Vanderbilt University
- (PS15-A11) The Effect of Rumination and Motivation Systems on Depression & Anxiety in University Students With Tendency to ADHD**
Mana Oguchi, B.A., Fumito Takahashi, Ph.D., Shinshu University
- (PS15-A12) The Influence of ADHD Symptoms and Executive Function Deficits on Global Impairment and Quality of Life**
Michael J. Silverstein, B.A.¹, Stephen V. Faraone, Ph.D.², Terry Leon, M.S., RN³, Thomas Spencer, M.D.⁴, Joseph Biederman, M.D.⁴, Lenard Adler, M.D.³, 1. Drexel University, 2. SUNY Upstate Medical University, 3. NYU School of Medicine, 4. Massachusetts General Hospital
- (PS15-A13) Relationships Between ADHD Symptomatology and Multiple Aspects of Creativity in a Community Sample**
Morgan Jusko, B.A., Leslie McMahon, Larry Hawk, Jr., Ph.D., University at Buffalo
- (PS15-A14) The Compensatory ADHD Behaviors Scale (CABS): Development and Initial Validation**
Peter J. Castagna, M.A., Scott Royce, B.A., Matthew Calamia, Ph.D., Louisiana State University
- (PS15-A15) The Factor Structure of ADHD Symptoms in College Students: A Comparison of Competing Models**
Rebecca Lynch, Ph.D.¹, Janet A. Kistner, Ph.D.², Frances Prevatt, Ph.D.², 1. Tulane University, 2. Florida State University

(PS15-A16) Psychosocial Treatment Utilization in the Transition From Childhood to Adulthood Among Individuals With ADHD in the MTA

Traci M. Kennedy, Ph.D.¹, Swanson James, Ph.D.², L. Eugene Arnold, M.D.³, Arunima Roy, Ph.D.⁴, Lily Hechtman, M.D.⁵, Margaret Sibley, Ph.D.⁶, John Mitchell, Ph.D.⁷, Annamarie Stehli, M.S.², Andrea Howard, Ph.D.⁸, Brooke Molina, Ph.D.¹, 1. University of Pittsburgh, 2. University of California, Irvine, 3. The Ohio State University, 4. University of Wuerzburg, 5. McGill University, 6. Florida International University, 7. Duke University Medical Center, 8. Carleton University

(PS15-A17) Eye Movement, Visual Attention, and ADHD Traits in College Students

Will H. Canu, Ph.D., Zach Saint, B.S., Chris Dickinson, Ph.D., Appalachian State University

(PS15-A18) Impact of Financial Recessions on Young Adults With ADHD Diagnosis in Childhood

Xin Zhao, B.A.¹, Timothy Page, Ph.D.¹, Elizabeth Gnagy, B.A.¹, Amy Altszuler, M.S.¹, William Pelham, III, M.S.², Timothy Hayes, Ph.D.¹, Fiona L. Macphee, M.S.¹, Nicole Schatz, Ph.D.¹, Brittany Merrill, M.S.¹, Marcela Ramos, B.A.¹, Andrew Greiner, B.A.¹, Brooke Molina, Ph.D.³, 1. Florida International University, 2. Arizona State University, 3. University of Pittsburgh

Exhibit Hall B South

Poster Session 15B

Couples / Close Relationships; Sexual Functioning

PS15

Key Words: *Violence/Sexual Assault, Sexuality, PTSD (Posttraumatic Stress Disorder)*

(PS15-B19) The Sexual Self-schemas of Sexual Assault Survivors: Examining the Role of Negative Posttraumatic Cognitions

Alexandra J. Lipinski, M.S.¹, Elana Norman, B.A.², Han N. Tran, M.S.¹, Ulysses C. Savage, B.S.², Samuel C. Peter, M.S.¹, Thomoas S. Dodson, M.S.², Rimsha Majeed, B.S.¹, J. Gayle Beck, Ph.D.¹, 1. University of Memphis, 2. The University of Memphis

(PS15-B20) Validation of the Pornography Consumption Scale (General)

Charlotte R. Esplin, B.S., Gabe Hatch, B.S., Krista K. Dowdle, M.S., Scott R. Braithwaite, Ph.D., Brigham Young University

(PS15-B21) Moving Beyond Grindr Users to Understand Sources of Sexual Risk: Contrasting Sexual Risk Associated With Intensity of Partner-Seeking From Risk Associated With Specific Online and Offline Venues

Dev Crasta, M.A., Ronald D. Rogge, Ph.D., University of Rochester

(PS15-B22) Pornography Purchase Task

Emily Miller Short, B.A.¹, Kyler Mulhauser, M.A.², Laura April, M.S.², Jeremiah Weinstock, Ph.D.², 1. Saint Louis University, 2. Saint Louis University Department of Psychology

- (PS15-B23) The Effects of Sexual Assault and Subsequent Trauma on Experiences of Sexual Dysfunction**
Katherine S. Courtney, M.S., Angelica Guerro, Alexa Connors, Aaron Baker, Ph.D., University of La Verne
- (PS15-B24) Sexual Agreements Among Young Men Who Have Sex With Men: Associations with Relationship Quality and Stability**
Lisa M. Godfrey, B.A.¹, Sarah W. Whitton, Ph.D.¹, Michael E. Newcomb, Ph.D.², Brian Mustanski, Ph.D.², 1. University of Cincinnati, 2. Northwestern University Feinberg School of Medicine
- (PS15-B25) Predictors of Partner Support Adequacy and Overprovision During Smokers' Quit Attempts**
Lisa M. Godfrey, B.A.¹, Neslihan James-Kangal, M.A.¹, Alison C. McLeish, Ph.D.², Sarah W. Whitton, Ph.D.¹, 1. University of Cincinnati, 2. University of Cincinnati, University of Louisville
- (PS15-B26) Mechanisms of Change in a Brief Self-help Online Relationship Intervention**
McKenzie K. Roddy, M.S., Caitlin A. Brown, M.S., Karen Rothman, M.S., Brian D. Doss, Ph.D., University of Miami
- (PS15-B27) Relationship Talk in College Students' "Hook Ups"**
Neslihan James-Kangal, M.A., Eliza M. Weitbrecht, Ph.D., Sarah W. Whitton, Ph.D., University of Cincinnati
- (PS15-B28) Observed Behavior as a Mechanism For the Effects of Minority Stress on Relationship Quality Among Same-sex Couples**
Nicholas S. Perry, M.S.¹, Karena Leo, B.A.², David Huebner, M.P.H., Ph.D.³, Brian R.W. Baucom, Ph.D.², 1. Alpert Medical School of Brown University, 2. University of Utah, 3. George Washington University
- (PS15-B29) Facebook-Related Arguments: Associations With Relationship Outcomes and Mental Health in Adult Romantic Partners**
Penny A. Leisring, Ph.D., Gary W. Giumetti, Ph.D., Clorinda E. Velez, Ph.D., Daniela M. Scotto, Quinnipiac University
- (PS15-B30) Attitudes Towards Reciprocal Physical and Psychological Aggression Between Intimate Partners: A Factorial Vignette Analysis**
Richard E. Mattson, Ph.D.¹, Ashley M. Waters, Ph.D.², Edwin G. Ortiz, M.S.¹, Samantha A. Wagner, M.S.¹, Tarah Midy, M.S.¹, 1. Binghamton University, 2. Auburn University
- (PS15-B31) Posttraumatic Cognitions, Coping, and Romantic Relationship Quality in a Sample of First Responders**
Samuel B. Rennebohm, M.S., Michael L. Dolezal, B.A., John Charleson, M.S., Jeff Holguin, M.S., Jacob Bentley, ABPP, Seattle Pacific University
- (PS15-B32) Investigating Motivations for Using Dating Websites and Geosocial Apps**
Sean C. Aaron, M.S.¹, Scott R. Braithwaite, Ph.D.¹, Ronald D. Rogge, Ph.D.², 1. Brigham Young University, 2. University of Rochester
- (PS15-B33) Daily Depression During Pregnancy: The Protective Role of Partner Support in the Context of Pregnancy Stress**
Shayla A. Wieser, B.A., Erin L. Ramsdell, B.S., Rebecca L. Brock, Ph.D., University of Nebraska-Lincoln

- (PS15-B34) **The Marriage Benefit: Can It be Extended to Long-distance Marriages?**
Tidarat Puvanachaikere, M.D., Christine Aiello, B.S., Tamara Sher, Ph.D., Northwestern University
- (PS15-B35) **Assortative Mating with Borderline Personality Disorder**
Vincent A. Barbieri, M.A., Evelyn P. Meier, M.A., Alexandra D. Long, B.A., Kathleen C. Gunther, Ph.D., Nathaniel R. Herr, Ph.D., American University
- (PS15-B36) **The Influence of Self-Regulation and Relationship Qualities on Communication Patterns**
Zachary J. Blackhurst, M.S., Krista K. Dowdle, M.S., Scott R. Braithwaite, Ph.D., Brigham Young University

Exhibit Hall B South

Poster Session 15C

Bipolar Disorder/Personality Disorder

PS15

Key Words: *Bipolar Disorder, Gender, Adolescents*

- (PS15-C37) **Correlates of Gender Differences in Mania Treatment in Adolescent Bipolar I Disorder**
Anabel F. Potts, Renee Cloutier, M.S., Alisa Payne, Rachel Armour, Heidemarie Blumenthal, Ph.D., University of North Texas
- (PS15-C38) **Functional Connectivity Under Frustration in Pediatric Bipolar Disorder**
Andrew J. Ross, B.A., Wan-Ling Tseng, Ph.D., Christen M. Deveney, Ph.D., Alexandra L. Roule, B.A., Kenneth E. Towbin, M.D., Argyris Stringaris, M.D., Ph.D., Daniel S. Pine, M.D., Melissa A. Brotman, Ph.D., Ellen Leibenluft, M.D., National Institute of Mental Health
- (PS15-C39) **Temporal Discounting and Anxiety in Suicidal Bipolar Patients**
Brett J. Davis, B.A.¹, Samantha L. Pegg, B.S.¹, Julia Felicione, B.S.¹, Jennifer Lerner, Ph.D.², Ye Li, Ph.D.³, Steven C. Dufour, B.A.¹, Jessica A. Janos, B.A.¹, Flora Or, B.S.², Louisa G. Sylvia, Ph.D.⁴, Thilo Deckersbach, Ph.D.⁴, Andrew A. Nierenberg, M.D.⁴, 1. Massachusetts General Hospital, 2. Harvard University, 3. University of California, Riverside, School of Business Administration, 4. Massachusetts General Hospital, Harvard Medical School
- (PS15-C40) **Differentiating Borderline Personality Disorder From Bipolar Disorder With the Mood Disorder Questionnaire (MDQ): A Replication and Extension of the International Mood Network (IMN) Nosology Project**
Caroline E. Balling, B.S., Sophie Kerr, B.A., Reina Kiefer, B.A., Mark Zimmerman, M.D., Rhode Island Hospital/Alpert Medical School of Brown University
- (PS15-C41) **Independence of Mania and Depression Across Four Years**
Charles Bennett, B.S.¹, Camilo Ruggero, Ph.D.¹, Roman Kotov, Ph.D.², 1. University of North Texas, 2. Stony Brook University

(PS15-C42) Developmental Evaluation of Family Functioning Deficits in Youths and Young Adults With Childhood-Onset Bipolar Disorder

Heather MacPherson, Ph.D.¹, Amanda Ruggieri, B.S.², Rachel Christensen, B.S.², Elana Schettini, B.S.², Kerri Kim, Ph.D.¹, Sarah Thomas, Ph.D.¹, Daniel Dickstein, M.D.¹, 1. Alpert Medical School of Brown University; Bradley Hospital, PediMIND Program, 2. Bradley Hospital, PediMIND Program

(PS15-C43) Associations Between Mood and Sleep Characteristics in a Pilot Study of CBT For Bipolar Outpatients

Jessica A. Janos, B.A.¹, Samantha L. Pegg, B.S.¹, Rebecca Montana, B.S.², Brett J. Davis, B.A.¹, Steven C. Dufour, B.A.¹, Matt Bianchi, M.D., Ph.D.³, Thilo Deckersbach, Ph.D.³, Andrew A. Nierenberg, M.D.³, Louisa G. Sylvia, Ph.D.³, 1. Massachusetts General Hospital, 2. Thomas Jefferson University, Sidney Kimmel Medical College, 3. Massachusetts General Hospital, Harvard Medical School

(PS15-C44) Dynamic Network Structure of Positive and Negative Affect in Bipolar Disorder

Joshua Curtiss, M.A.¹, Daniel Fulford, Ph.D.², Stefan G. Hofmann, Ph.D.¹, Anda Gershon, Ph.D.³, 1. Boston University Center for Anxiety and Related Disorders, 2. Boston University, 3. Stanford University

(PS15-C45) The Relationship Between Participant Engagement in an SMS Based Adherence Intervention and Medication Adherence

Logan Eskew, B.A.¹, Michelle Aebi, M.A.², Martha Sajatovic, M.D.², David Moore, Ph.D.³, Colin Depp, Ph.D.³, Clint Cushman³, Carol Blixen, Ph.D.⁴, Mahboob Rachman, M.D.², Curt Tatsuoka, Ph.D.², Kristin Cassidy, M.A.², Edna Fuentos-Casiano, M.A., LCSW², Peter Klein, B.S.², Jennifer B. Levin, Ph.D.², 1. Cleveland State University, 2. University Hospitals Cleveland Medical Center, 3. University of California San Diego, 4. Case Western Reserve University

(PS15-C46) Eye Gaze Fixation Patterns During Face-Emotion Labeling in Youth at Familial Risk for Bipolar Disorder

Samantha C. Perlstein, B.A.¹, Simone P. Haller, Ph.D.¹, Katharina Kircanski, Ph.D.¹, Jillian Lee Wiggins, Ph.D.², Gretchen Perhamus, B.A.¹, Kelsey Stiles, B.A.¹, Alexa Curhan, B.A.¹, Ellen Leibenluft, M.D.¹, Melissa A. Brotman, Ph.D.¹, 1. National Institute of Mental Health, 2. San Diego State University

(PS15-C47) Association of Sleep Duration and Quality With Suicidal Ideation in a Bipolar Sample

Samantha L. Pegg, B.S.¹, Jessica A. Janos, B.A.¹, Rebecca Montana, B.S.², Steven C. Dufour, B.A.¹, Brett J. Davis, B.A.¹, Matt Bianchi, M.D., Ph.D.³, Thilo Deckersbach, Ph.D.³, Andrew A. Nierenberg, M.D.³, Louisa G. Sylvia, Ph.D.³, 1. Massachusetts General Hospital, 2. Thomas Jefferson University, Sidney Kimmel Medical College, 3. Massachusetts General Hospital, Harvard Medical School

(PS15-C48) Personality and Clinical Correlates of Aggression in Adolescent Bipolar Disorders

Sarah J. Rinehart, Ph.D.¹, Snezana Urošević, Ph.D.², 1. Minneapolis Veterans Affairs Health Care System, 2. Minneapolis Veterans Affairs Health Care System; University of Minnesota-Twin Cities

- (PS15-C49) **The Relationship Between Mood, Risky Behaviors, and Emotion Regulation**
Vanessa Diaz, Yen-Ling Chen, B.Sc., Maya Cohen, Andrew Freeman, Ph.D., University of Nevada, Las Vegas
- (PS15-C50) **An Empathy Prime Study of Narcissism and Rape Myth Acceptance Among Heterosexual College Males**
Alexandra D. Long, B.A., Danielle M. Cohn, M.A., Vincent A. Barbieri, M.A., Nathaniel R. Herr, Ph.D., American University
- (PS15-C51) **Shame and Aggression in a National Sample of Individuals With Borderline Personality Disorder**
Danielle M. Cohn, M.A., Erika A. Fenstermacher, B.A., Evelyn P. Meier, Nathaniel R. Herr, Ph.D., American University
- (PS15-C52) **Daily Social Interaction Quality and Global Perceptions of Social Support in Borderline Personality Disorder**
Evelyn P. Meier, Vincent A. Barbieri, M.A., Madison Guter, B.S., Nathaniel R. Herr, Ph.D., American University
- (PS15-C53) **Examining Levels of Romantic Competence in Individuals With Elevated BPD Features**
Ian B. Penzel, M.S.¹, Blake Herd, M.A.¹, Michael Robinson, Ph.D.², Rosemary O. Nelson-Gray, Ph.D.¹, 1. University of North Carolina at Greensboro, 2. North Dakota State University
- (PS15-C54) **Reward Sensitivity and BPD Features in Social Learning**
Elle Waite¹, Leor Hackel, Ph.D.², Katherine Dixon-Gordon, Ph.D.¹, 1. University of Massachusetts Amherst, 2. Stanford University
- (PS15-C55) **Emotion Differentiation, Borderline Personality Features, and Risky Sexual Behaviour**
Matthew A. Wakefield, M.A., Alexander L. Chapman, Ph.D., Simon Fraser University
- (PS15-C56) **Recalling Autobiographical Memories With Borderline Personality Disorder**
Megan N. Mancini, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University
- (PS15-C57) **Correlates and Predictors of Borderline Features in a Clinical Sample of Youth With Emotional Disorders**
Niza A. Tonarely, M.S., Jill Ehrenreich-May, Ph.D., University of Miami
- (PS15-C58) **Clarifying Empathy Deficits Across Psychopathy and Narcissism: A Comparison of Conceptualizations and Subdimensions of Empathy**
Olivia C. Preston, B.A., Tiffany Harrop, M.A., Joye Anestis, Ph.D., University of Southern Mississippi
- (PS15-C59) **Will a Prosocial Manipulation Improve Mood and Increase Prosocial Behavior in Individuals Higher in Borderline Personality Disorder Traits?**
Shannon Adcock, B.A.¹, Rosemary O. Nelson-Gray, Ph.D.², 1. University of North Carolina, 2. University of North Carolina at Greensboro

- (PS15-C60) **Initial Psychometric Evaluation of the Revised Life Problems Inventory**
 Shimon Littman, M.S.¹, Jennifer Lee, M.A.¹, Stefanie Iwanciw, M.S.¹, Carly J.R. Meyer, M.S.¹, Laura P. Fitzgerald, B.A.¹, Jennifer Byrnes, Ph.D.², Alec L. Miller, Psy.D.³, Jill H. Rathus, Ph.D.¹, 1. Long Island University Post, 2. Cognitive Behavioral Therapy and Dialectical Behavior Therapy, 3. Cognitive & Behavioral Consultants
- (PS15-C61) **Exploring the Impact of Labeling Emotions on Emotional Reactivity in Individuals With Borderline Personality Disorder Compared to Healthy Controls**
 Sonya Varma, B.Sc.¹, Skye Fitzpatrick, M.A.², Richard Zeifman, M.A.³, Lillian Krantz, M.A.³, Janice Kuo, Ph.D.³, 1. Centre for Addiction and Mental Health, 2. University of Washington School of Medicine, 3. Ryerson University
- (PS15-C62) **Does Borderline Personality Disorder Without a History of Trauma Suggest Occult Bipolar Disorder?**
 Sophie Kerr, B.A., Reina Kiefer, B.A., Caroline E. Balling, B.S., Kristy Dalrymple, Ph.D., Iwona Chelminski, Ph.D., Mark Zimmerman, M.D., Rhode Island Hospital/Alpert Medical School of Brown University
- (PS15-C63) **Friendship Affection, Emotion Dysregulation, & Borderline Personality Disorder Features**
 Sudheera Ranaweera, B.S., B.A., Blake Herd, M.A., Rosemary O. Nelson-Gray, Ph.D., University of North Carolina at Greensboro

Exhibit Hall B South

Poster Session 15D

Adult Anxiety - Phobias; Adult Anxiety - General; Comorbidity - Anxiety and Other

PS15

Key Words: *Exposure, Adult Anxiety, Phobias*

- (PS15-D64) **Recalling Courage: A Brief Writing Intervention to Activate a 'Courageous Mindset' and Courageous Behavior for Use in Exposure Therapy**
 Amanda M. Kramer, M.Sc., Richard E. Zinbarg, Ph.D., Northwestern University
- (PS15-D65) **Development and Preliminary Evaluation of the Circumscribed Fear Measure Short Form (CFM-SF)**
 Anna E. Snyder, B.S., David Valentiner, Ph.D., Northern Illinois University
- (PS15-D66) **Specific Phobia Symptoms, Threat/Safety Discrimination, and Executive Functioning Performance**
 Ashley N. Howell, Ph.D.¹, Julie A. Suhr, Ph.D.², 1. Medical University of South Carolina; Ohio University, 2. Ohio University
- (PS15-D67) **The Effect of Remote Virtual Reality Exposure Therapy on Presence and Related Technological Issues**
 Brittany Tusa, M.A., Mitchell L. Schare, ABPP, Tom Buqo, M.A., Victoria Argento, M.A., William C. Sanderson, M.A., Hofstra University

(PS15-D68) Assessing Dental Fear: Which Measure to Use When?

Cierra Edwards, M.S.¹, Cameron Randall, Ph.D.², Casey D. Wright, M.S.¹, Daniel W. McNeil, Ph.D.³, 1. West Virginia University, 2. University of Washington, 3. Departments of Psychology, and Dental Practice & Rural Health

(PS15-D69) Anxiety, Disgust Sensitivity, and Enhanced Attentional Bias in Dental Phobia

Elizabeth S. Stevens, M.A.¹, Victoria Schlaudt, M.S.², Meghan R. Fortune, B.S.¹, Jedidiah Siev, Ph.D.³, Evelyn Behar, Ph.D.⁴, 1. University of Illinois at Chicago, 2. Nova Southeastern University, 3. Swarthmore College, 4. Hunter College, City University of New York

(PS15-D70) Eating Rituals Associated With Avoidant Restrictive Food Intake Disorder Symptoms in Adults With Vomit Phobia

Hana Zickgraf, M.A., Andrea Rigby, Psy.D., Penn State College of Medicine

(PS15-D71) Are Disgust Sensitivity and Propensity, and Anxiety Sensitivity Differentially Related to Disgust-Relevant and Fear-Relevant Specific Phobias?

Jessica Winder, B.A., David Valentiner, Ph.D., Katie P. Hurley, B.S., Anna E. Snyder, B.S., Northern Illinois University

(PS15-D72) Arousal Effects Temporal Attention in Specific Phobia

Kade Thornton, B.S., Brandon Saxton, M.S., Paul Rokke, Ph.D., North Dakota State University

(PS15-D73) The Pattern of Visual Attention to Aversive Stimuli During Exposure

Minoru Takahashi, M.A., Faculty of Human Sciences, Mejiro University

(PS15-D74) The Moderating Role of Anxiety Sensitivity Social Concerns in Stress and Quality of Life Among Adults With Skin Disease

Sara M. Witcraft, B.A., Megan M. Perry, B.A., Gina Q. Bouillion, M.S., Laura J. Dixon, Ph.D., The University of Mississippi

(PS15-D75) Mindfulness Facet Moderators of the Relation Between Implicit and Explicit Anxiety

Sarah Dreyer-Oren, B.A.¹, Akanksha Das, B.S.¹, Meghan Huang, B.A.², Elise Clerkin, Ph.D.¹, Lisa R. Starr, Ph.D.², 1. Miami University, 2. University of Rochester

(PS15-D76) The Effects of Expressive Writing on Mental Health Symptoms in College Freshmen: Wait-List Control Design

Sarah Robertson, Ph.D., Leslie Sawyer, B.S., Monica Connelly, B.S., Scott Sweazy, B.S., College of Charleston

(PS15-D77) Effects of Regular Aerobic Exercise on Experiential Avoidance

Sarah E. White, B.S.¹, Nikki Rosenbaum¹, Joshua J. Broman-Fulks, Ph.D.¹, Correy Dowd², 1. Appalachian State University, 2. Appalachian State University

(PS15-D78) Examining Chained Mediation Pathways From an Anxiety Sensitivity Intervention to Reductions in Depression

Shahrzad Moradi, B.S.¹, Nicholas Allan, Ph.D.¹, Brad B. Schmidt, Ph.D.², 1. Ohio University, 2. FSU

(PS15-D79) Investigating the Relation Between Anxiety Sensitivity, Intolerance of Uncertainty, and Performance Monitoring

Shahrzad Moradi, B.S., Nicholas Allan, Ph.D., Ohio University

- (PS15-D80) **The Development and Initial Validation of a Measure to Assess Distress and Frequency of Difficulty Concentrating Due to Perseverative Thought**
Susan N. Kusmierski, B.A., Lauren S. Hallion, Ph.D., University of Pittsburgh
- (PS15-D81) **The Role of Emotion Regulation Difficulties in Anxiety Response to a Speech Task**
Thomas J. Preston, B.S.¹, Nicole A. Short, M.A.¹, Alexa Raudales, B.A.¹, Brad B. Schmidt, Ph.D.², 1. Florida State University, 2. FSU
- (PS15-D82) **The Structure and Function of Coping in Emerging Adults**
Virginia Peisch, M.S., University of Vermont
- (PS15-D83) **Negative Interpretations of Distress-related Information: A Novel Assessment Tool for Distress Tolerance**
Mary E. Oglesby, M.S.¹, Nicole A. Short, M.A.¹, Brian J. Albanese, B.A.¹, Amberly Portero, B.S.¹, Brad B. Schmidt, Ph.D.², 1. Florida State University, 2. FSU
- (PS15-D84) **Maladaptive Coping Associated with Comorbid Post-Traumatic Stress Symptoms and Social Anxiety Symptoms in a Hispanic Sample**
Andrew Dials, B.Sc., Michiyo Hirai, Ph.D., The University of Texas Rio Grande Valley
- (PS15-D85) **Do Positive and Negative Emotional Coping Strategies Predict Transdiagnostic Outcomes Among Anxious and Depressed Youth?**
Evan E. Alvarez, M.A., Brian C. Chu, Ph.D., Rutgers University
- (PS15-D86) **Modelling Dimensionally Assessed Anxiety and Irritability in Youth**
Julia Brooks, B.S., Elise Cardinale, Ph.D., Katharina Kircanski, Ph.D., Daniel S. Pine, M.D., Ellen Leibenluft, M.D., Melissa A. Brotman, Ph.D., National Institute of Mental Health
- (PS15-D87) **Assessment Utility of Intraindividual Network Analyses in Obsessive Compulsive Disorder**
Kaley Roberts, B.A., Sarah Jo David, M.A., Casey Thornton, M.A., Gregory Mumma, Ph.D., Texas Tech University
- (PS15-D88) **Examining Psychological Pain and its Relationship With Depression, Interpersonal Needs, and Social Anxiety**
Madelyn R. Frumkin, B.A.¹, Marilyn L. Piccirillo, M.A.¹, Thomas L. Rodebaugh, Ph.D.², 1. Washington University in St. Louis, 2. Department of Psychological and Brain Sciences, Washington University in St. Louis
- (PS15-D89) **Autonomic and Subjective Reactivity to Emotional Images is Associated Transdiagnostically with Emotional Disorder Dimensions**
Maria Lamazabal, B.A., Aaryan Bhandari, B.A., Katie Brownfiel, B.A., Florence Glynn, B.A., Molly Penrod, B.A., Megan Serody, B.A., Christopher C. Conway, Ph.D., College of William & Mary
- (PS15-D90) **Responses to Social Events in Generalized Anxiety Disorder and Major Depressive Disorder: Does Social Anxiety Improve Prediction?**
Megha V. Nagaswami, Ayelet M. Ruscio, Ph.D., University of Pennsylvania
- (PS15-D91) **Using Smartphone Technology For Idiographic Ecological Momentary Assessment in a Comorbid Case**
Sarah Jo David, M.A., Casey Thornton, M.A., Kaley Roberts, B.A., Gregory Mumma, Ph.D., Texas Tech University

(PS15-D92) Transdiagnostic Treatment for Comorbid Psychopathology: Evaluation of the Unified Protocol For Co-Occurring Emotional Disorders

*Stephanie Jarvi Steele, Ph.D.*¹, *Clair Robbins*², *Amantia Ametaj, M.A.*¹, *Sophia Sbi, B.S.*³, *Shannon Sauer-Zavala, Ph.D.*³, *Todd Farchione, Ph.D.*³, *David H. Barlow, ABPP*³, 1. Center for Anxiety and Related Disorders, Boston University, 2. Boston University, 3. Boston University Center for Anxiety and Related Disorders

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Deadline for Submissions: 11:59 PM ET, Friday, March 15, 2019

Call for Papers

ABCT

Wisdom of Experience and Perspectives: Extending the Social Impact of Cognitive-Behavioral Science

53rd Annual Convention
November 21–24, 2019 | Atlanta, GA

With ABCT now in its sixth decade, it is more important than ever to reflect on how well we are achieving our core mission of enhancing health and well-being. What can we do together to extend the reach and social impact of our vast accumulation of scientific knowledge? How can we produce healthy, therapeutic behavior on a grand scale? The purpose of this call is to engage us in ongoing reflection, commitment, and the effortful habit of evaluating our accomplishments in terms of this high-level goal of reducing mental health burden and improving lives; in other words, to measure our work against our mission.

We encourage submissions that investigate novel ways to extend the reach of our current therapeutic processes and products, and especially the scientific knowledge behind them. Thematic examples include:

- Reaching and partnering with new and diverse populations (e.g., global mental health, underutilized behavioral health audiences, underserved communities, intersecting interests among two or more Special Interest Groups);
- Leveraging or developing new workforces or stakeholders (e.g., paraprofessional health workers, instructional models for professional training and development, supervision models for training and/or distributing expertise in health systems, scientific/mental health literacy of the general population);
- Improving knowledge delivery and the efficiency to guide behavioral health decisions (e.g., innovative protocol designs; decision support or feedback systems to inform treatment or implementation; models to better connect theory or emergent scientific findings to impending therapeutic action, personalized treatments, translation across problem or practice ontologies, such as DSM and RDoC; use of research evidence);
- Interacting with industry (e.g., the role of emerging technology; the relationship between science and entrepreneurship, between human helpers and machines; models for scaling our most effective solutions);
- Striving to solve problems that are meaningful to stakeholders (e.g., clients, therapists, mental health system administrators); dissecting our failures or the unintended consequences of our prior successes; developing extensible resources today that anticipate the world of tomorrow.

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