

# GENERAL SESSIONS

no ticket required

**Clinical Round Tables** and **Panel Discussions** feature discussion by experts on a current important topic. **Membership Panel Discussions** emphasize training or career development. **Symposia** are presentation of data, usually investigating efficacy of treatment protocol or particular research.

## Clinical Round Tables

CRT1

### **Treatment Resistant OCD and Spectrum Conditions in Adults and Children**

*Chair:* Cheryl Carmin

*Panelists:* Bradley Riemann, C. Alec Pollard, Jonathan Abramowitz, Martin Franklin, Randy Frost, Gail Steketee

CRT2

### **Can Posttraumatic Stress Disorder be Cured?**

*Chair:* Alan Peterson

*Panelists:* Edna Foa, Patrica Resick, Barbara Rothbaum

CRT3

### **Maximizing the Power of CBT: Enhancing Treatment Through the Use of Stories and Metaphors, the Judicious Use of Safety Behaviors, and Virtual Reality Therapy**

*Chair:* Simon Rego

*Panelists:* Adam Radomsky, Barbara Rothbaum, Michael Otto

CRT4

### **How Much Is Enough? Designing “Low-Dose” Mindfulness-Based Stress Reduction Programs for Crowded Schedules and Busy Lives**

*Chair:* Maryanna Klatt

*Panelists:* Chris Molnar, Donald Marks, Frank Gardner, Judson Brewer

CRT5

### **Cognitive Processing Therapy with Diverse Populations: Basic Principles and Adaptations to Support Novel Applications.**

*Chair:* Conall O’Cleirigh

*Panelists:* Debra Kaysen, Luana Marques, Shelley Griffiths

CRT6

### **Principles of Behavior Change Across Different Cognitive Behavioral Treatments for Clinical Anger, Aggression, and Violence: Implications for Research and Practice**

*Chair:* Raymond Chip Tafrate

*Panelists:* Eva Feindler, Frank Gardner, George Ronan, Raymond DiGiuseppe

CRT7

### **Constance “Connie” Hanf (1917–2002): Celebrating the Mentor and Her Contributions to the Development of the Behavioral Parent Training Model**

*Chairs:* David Reitman, Robert McMahon

*Panelists:* Mark Roberts, Rex Forehand

CRT8

### **New Directions at an Established Institution: Adapting Evidence Based Treatments at an Inpatient Psychiatric Facility for the Seriously Mentally Ill**

*Chair:* Wendy Olson

*Panelists:* A. Michelle Marsh, Travis Flower

CRT9

### **An Offer You Can't Refuse: Meeting With the Dons About Military Posttraumatic Headache**

*Chair:* Don McGeary

*Panelists:* Alan Peterson, Don Penzien

CRT10

### **Monitoring Therapy Process at Every Session: Development of a New Tool and Clinical Examples of Its Utility**

*Chair:* Jacqueline Persons

*Panelists:* Daniela Owen, Polina Eidelman, Janie Hong, Victoria Beckner

CRT11

### **From Efficacy to Effectiveness: Implementation of Empirically Supported Treatments in Public Sector Settings**

*Chair:* Michele Galietta

*Panelists:* Haleh Ghanizadeh, Helen Best, Laurel Johnson, Shari Manning

CRT12

### **Operation Half Smile: Grassroots Efforts to Implement Dialectical Behavior Therapy in the Veterans Affairs Healthcare System**

*Chair:* Carla Nappi

*Panelists:* Stephanie Eppinger, Christine Way, Carrie Dodrill, Laura Meyers, Sara Nett, Susan McIlvain, Elizabeth Chapman, Michael Tragakis, Dana Holohan, Cedar Koons, Linda VanEgeren, Sara Landes, Ann Aspnes

# Membership Panels

MPD

## **Report of the Inter-Organizational Task Force on Cognitive and Behavioral Psychology Doctoral**

*Chairs:* George Ronan and Robert Klepac

MPD

## **Getting in and Succeeding in Graduate School**

*Panelists:* Debora Bell, Karen Christoff, Martin Antony, Lauren Cox, David Hansen, Mitchell Prinstein, Jennifer Veilleux

MPD

## **What Are You Going to Do When You Grow Up? Career Paths for the Cognitive Behavior Therapist**

*Panelists:* Martin Antony, Sonja Batten, Thröstur Björgvinsson, Kristene Doyle, Jonathan Grayson, Mitchell Schare, Hilary Vidair

# Panel Discussions

PD1

## **Applying Old and New Principles of Behavior Change to Parents With Psychiatric Symptoms in the Context of Child Treatment**

*Chair:* Hilary Vidair  
*Panelists:* E. Katia Moritz, Eva Feindler, Richard Gallagher, Phyllis Ohr, Jill Rathus

PD2

## **Dissemination, Training, and Implementation of Cognitive Behavioral Principles in Acute and Long-Term Care Settings**

*Chair:* Daniel Hoffman  
*Panelists:* Jarrod Leffler, Paul Grant, Shelley Robbins, Richard Boesch

PD3

## **A Commitment to Diversity: Diversity Initiatives in Clinical Psychology Training Programs**

*Chair:* Kaitlin Gallo  
*Panelists:* Antonio Polo, Christina Boisseau, Shalonda Kelly, Eva Woodward, Christine Cooper-Vince, Jessica Graham, Lizabeth Roemer

PD4

## **Outreach, Prevention, Assessment and Intervention in Military Settings**

*Chair:* David Riggs  
*Panelists:* Anderson Rowan, Craig Bryan, Matthew Sacks, Kathryn Kanzler

PD5

## **Cognitive and Behavioral Therapies for Suicide: What Do We Know, and What Makes Them Work?**

*Chair:* Kevin Crowley  
*Panelists:* David Jobes, David Rudd, Gregory Brown, Marjan Holloway, Marsha Linehan

PD6

## **Reconsolidation of Amygdala-Based Fear Memories: A Newly Discovered Mechanism and Its Implications for Exposure**

*Chair:* Bradford Richards  
*Panelists:* Elizabeth Phelps, Michael Otto, Stefan Hofmann

PD7

## **Building Psychological Flexibility Within and Outside of the Classroom: ACT-Based Approaches in Higher Education**

*Chair:* Jennifer Block-Lerner and LeeAnn Cardaciotto  
*Panelists:* Andrew Wolanin, Jacqueline Pistorello, Susan Orsillo, Kelly Wilson, Karolina Kowarz, Matthew Boone

PD8

## **Meditation and Mindfulness-Based Interventions in Diverse Populations and Settings: Questioning Assumptions and Adapting Practices**

*Chairs:* Erin Harrop, Sarah Bowen  
*Panelists:* Erica Sibinga, Hannah Reese, Judson Brewer, Lisa Mistler, Zev Schuman-Olivier, Kirk Brown

PD9

## **Managing High-Risk Suicidal Adolescents in Research: Lessons From a Multisite Randomized Controlled Trial**

*Chair:* Marsha Linehan  
*Panelists:* Elizabeth McCauley, Jane Pearsons, Joan Asarnow, Michele Berk, Joel Sherrill

PD10

## **New Perspectives on the Integration of Exposure-based Principles in the Treatment of Generalized Anxiety Disorder**

*Chairs:* Jonathan Lee and Nehjla Mashal  
*Panelists:* Douglas Mennin, Richard Zinbarg, Michelle Newman, Susan Orsillo, Naomi Koerner

PD11

## **The Future of Motivation: Stage of Change Theory vs. Self-Determination Theory**

*Chair:* Nathaniel Van Kirk  
*Panelists:* Christopher Spofford, Jennifer Alosso

PD12

## **An Integrated Curriculum for Practice and Dissemination of an Evidence Based Intervention**

*Chair:* Julie Schumacher  
*Panelists:* Andres Viana, T. David Elkin, Scott Coffey

PD13

## **The Future of Empirically Supported Psychological Treatments: Facing the**

- Challenges Ahead**  
*Chairs:* Brandon Gaudiano, Ivan Miller  
*Panelists:* Brett Deacon, V. Robin Weersing, Scott Lilienfeld, Marvin Goldfried, Steven Hayes
- PD14  
**Core Elements of Evidence-Based Treatments for Internalizing Disorders in Children and Adolescents**  
*Chairs:* David Hansen, Douglas Nangle  
*Panelists:* Cynthia Suveg, Rachel Grover, Julie Kingery
- PD15  
**Giving Students a Fish vs. Teaching Students to Fish: Evidence-Based Training Principles and Practical Guidelines**  
*Chair:* J. Gayle Beck  
*Panelists:* Andrea Chronis-Tuscano, David Klonsky, Eric Youngstrom, Louis Castonguay, Lata McGinn
- PD16  
**Unpacking and Maximizing Exposure-Based Strategies in CBT and ACT**  
*Chairs:* Amanda Russo, Kristin Herzberg  
*Panelists:* Dennis Tirch, Joanna Arch, Michael Twohig, Robyn Walser, Richard Zinbarg, Steven Hayes
- PD17  
**Challenges and Successes in Delivering Prolonged Exposure to Active Duty Soldiers**  
*Chair:* Edna Foa  
*Panelists:* Brittany Hall-Clark, Brooke Fina, Edward Wright, Tracey Lichner
- PD18  
**Personality Disorders: DSM-5 and Beyond!**  
*Chair:* Thomas Lynch  
*Panelists:* David Watson, Lee Anna Clark, Robert Krueger
- PD19  
**The Blister-Callus Model of Psychological Resilience**  
*Chair:* Tabatha Blount  
*Panelists:* Alan Peterson, Don McGeary, Mark Bates
- PD20  
**How to Get Published in Top Journals**  
*Chair:* Arthur Nezu  
*Panelists:* Maureen Whittal, Stefan Hofmann, Thomas Ollendick
- PD21  
**Doctoral Education in Behavior Change Principles and Evidence-Based Practice: Challenges, Controversies, and Future Directions**  
*Chair:* Raymond DiGiuseppe  
*Panelists:* Dianne Chambless, Frank Gardner, Lata McGinn, Mitchell Schare
- PD22  
**Staying to the End: What We Know About Premature Termination in CBT and What We Can Do About It**  
*Chairs:* Debra Hope, Kristin Anderson  
*Panelists:* Frank Andrasik, Idan Aderka, Robert DeRubeis, Jacqueline Persons, Kim Mueser, Linda Sobell
- PD23  
**Clinical Competencies for CBT With Lesbian, Gay, Bisexual, and Transgender Clients: What Clinicians Need to Know**  
*Chairs:* Brandon Weiss, Luis Morales Knight  
*Panelists:* Christopher Martell, David Pantalone, Steven Safren, Jillian Shipherd, Debra Kaysen, Trevor Hart
- PD24  
**Why Would You Say Such a Thing? ACT, FAP, and REBT Respond to a CBT Session**  
*Chair:* Stevan Nielsen  
*Panelists:* Kelly Wilson, Raymond DiGiuseppe, Robert Kohlenberg
- PD25  
**Experts in Search of Common Ground: Practical Advice for Clinicians**  
*Chair:* Christine Nezu  
*Panelists:* Arthur Nezu, David Barlow, Christopher Martell, Marsha Linehan, Steven Hayes, Robert Leahy
- PD26  
**Spreading the Message: Using Media to Promote Principles of Behavior Change**  
*Chair:* Andrea Macari  
*Panelists:* Daniel Hoffman, Mary Karapetian Alvord, Michael Anestis
- PD27  
**Exercise and Physical Activity Interventions as Adjunctive or Stand-Alone Treatments for Psychiatric and Substance Use Conditions: Design Issues and Mechanisms of Change**  
*Chair:* Cynthia Battle  
*Panelists:* Anna Abrantes, Jeremiah Weinstock, Jasper Smits
- PD28  
**Art of Exposure Therapy: Applying Innovation and Flexibility**  
*Chair:* Mitchell Schare  
*Panelists:* Dean McKay, Jonathan Abramowitz, Jonathan Grayson
- PD29  
**An Introduction to Compassion Focused Therapy (CFT): Clinical Applications of Compassion and Mindfulness in Cognitive Behavioral Therapy**  
*Chair:* Dennis Tirch

*Panelists:* Chris Irons, Robert Leahy, Lynne Henderson, Ricks Warren, Russell Kolts

PD30

**New Perspectives on Extending Behavior Change Principles for Anxiety Disorders through Couples Therapy**

*Chairs:* Roger Hicks, Jonathan Lee  
*Panelists:* Andrew Christensen, Candice Monson, Donald Baucom, Tamara Sher, Richard Zinbarg

PD31

**A Behavioral Approach to Opening Up Shop**

*Chair:* David Rosmarin  
*Panelists:* Barry Lubetkin, Charles Mansueto, Thröstur Björgvinsson, Jonathan Grayson, Steven Fishman, Sharon Morgillo Freeman

**Among Overweight and Eating Disorder Populations**

*Chairs:* Andrea Kass, Rachel Kolko  
*Discussant:* Michael Lowe

**Stretching the Study of Intimate Partner Violence to Include In Vivo Investigations of Situational Risk Factors**

*Chair:* David DiLillo  
*Discussant:* K. Daniel O'Leary

**Biobehavioral Processes of Change in Psychosocial Treatments: The Compass Is Pointing Toward the Translation of Basic Findings to Elucidate Mechanism and Improve Efficacy**

*Chair:* David Fresco  
*Discussant:* Michael Kozak

**Beyond Treatment Manuals: Implementation Process Contributors to Change in EBTs for Youth With Externalizing Behavior Problems**

*Chair:* Sharon Foster  
*Discussant:* Holly Waldron

**Building and Testing an Evidence-Based Milieu: Behavioral Activation Communication (BAC) Program for Acute Psychiatric Inpatients**

*Chair:* Jackie Gollan  
*Discussant:* David Ekers

**Mediators and Moderators of Behavioral Therapies for Anxiety Disorders**

*Chair:* Lily Brown  
*Discussant:* Evan Forman

**Cutting-Edge Assessment and Treatment of Tic Disorders**

*Chair:* Alessandro De Nadai  
*Discussant:* Sabine Wilhelm

**Combining Behavior Change With Medication in the Treatment of Social Anxiety and Phobias: In Pursuit of Principled Augmentation**

*Chair:* Thomas Rodebaugh  
*Discussant:* Michael Otto

**Discovering New Mechanisms That Underlie Nonsuicidal Self-Injury and Translating Them Into Effective Risk Assessments and Treatments**

*Chair:* Joseph Franklin  
*Discussant:* David Klonsky

**Bringing Interventions to the Classroom: Enhancing Teacher-Led Interventions Using Innovative Approaches**

*Chairs:* Nora Bunford, Alex Holdaway  
*Discussant:* Steven Evans

**Treatment of Combat-Related PTSD With 2 Weeks of Intensive Prolonged Exposure Therapy**

*Chair:* Carmen McLean  
*Discussant:* Richard McNally

**Modeling Emotional Dynamics in Depression**

*Chair:* Peter Clasen  
*Discussant:* Christopher Beavers

**The Marriage Checkup: Do Annual Checkups Improve Relationship Health Outcomes?**

*Chairs:* James Cordova, C.J. Eubanks Fleming  
*Discussant:* Howard Markman

## Symposia

**Beyond Prediction: How Pretreatment Characteristics and Change Processes Can Be Used to Understand and Improve Clinical Outcomes in Depression**

*Chair:* Nicholas Forand  
*Discussant:* David Haaga

**Developing Integrated, Evidence-Based Interventions for HIV/AIDS: Universal Principles of Behavior Change to Address Mental Health and Health Behaviors**

*Chairs:* Aaron Blashill, David Pantalone  
*Discussant:* Conall O'Cleirigh

**Weight Status, Emotion Regulation, and Eating Pathology: Implications for Assessment and Intervention**

**Biased Outlooks on Past, Present, and Future Events: Time-oriented Cognitions as Risk and Maintenance Factors for Social Anxiety Disorder**

*Chair:* Ashley Howell  
*Discussant:* Lynn Alden

**Innovative Approaches to Enhance the Understanding and Treatment of Pediatric Obesity**

*Chairs:* Amy Sato, Kristoffer Berlin  
*Discussant:* Elissa Jelalian

**How Should We Measure “Functional Impairment” Among Anxious Youth?**

*Chairs:* Amie Grills-Taquechel, Candice Alfano  
*Discussant:* Thomas Ollendick

**Interventions for Children and Adolescents With Autism Spectrum Disorder: Treatment of Core and Comorbid Problems**

*Chair:* Susan White  
*Discussant:* Carla Mazefsky

**Real-Time Strategies: Advancing Training, Treatment, and Tracking with Technology**

*Chairs:* Kate Bentley, Aubrey Edson  
*Discussant:* Lynn Bufka

**Talking About My (Stress) Generation: Tracing the Roots of Self-Generated Stress in Depression**

*Chair:* Lisa Starr  
*Discussant:* Constance Hammen

**Disentangling the Relationships Among Borderline Personality**

**Disorder, PTSD, and Emotion Dysregulation**

*Chair:* Melanie Harned  
*Discussant:* Ruth Baer

**Affective and Cognitive Influences on Attitudes Toward Empirically Supported Treatments: Implications for Dissemination, Training, and Attitude Change**

*Chair:* Laura Seligman  
*Discussant:* Dianne Chambless

**Revitalizing Efforts to Extend Measures of Reactivity to Laboratory-Based Cue Elicitation Paradigms Beyond Self-Report**

*Chair:* Sarah Bujarski  
*Discussant:* Bunmi Olatunji

**A Second Generation of Treatment Studies in Childhood Anxiety Disorders**

*Chairs:* Silvia Schneider, Thomas Ollendick  
*Discussant:* Juergen Margraf

**An Examination of the Psychological Processes Involved in the Development and Maintenance of Binge Eating**

*Chair:* Ann Haynos  
*Discussant:* Marian Tanofsky-Kraff

**A Report on the Effects of Training and Implementation in the Community**

*Chair:* Cara Lewis  
*Discussant:* Kelly Koerner

**Couples and Psychopathology: Beyond Relationship Distress**

*Chair:* Sara Boeding  
*Discussant:* Douglas Snyder

**The Utility of Incorporating Eye-Tracking Methods Into Autism Spectrum Disorder Research**

*Chair:* Ashley Johnson  
*Discussant:* Rebecca Neal

**Weight, Eating, and Depression: Health Outcomes and Behavior Change Principles**

*Chair:* Aaron Blashill

**Integrating Cognitive and Behavioral Factors to Understand Sleep in Those With Insomnia and Comorbid Disorders**

*Chair:* Kathryn Roecklein  
*Discussant:* Charles Morin

**Culture and Cognition: Interplay in Explaining Risk and Identifying Culturally Sensitive Treatment Targets in Racially/Ethnically Diverse Young Adults**

*Chair:* Elizabeth Jeglic  
*Discussant:* B. Stanley

**Principles of Neuro-Behavioral Change During Cognitive Training: Advancing Personalized Treatment by Validating Neural Mechanisms**

*Chair:* Rebecca Price  
*Discussant:* Jan Mohlman

**Prevention and Early Intervention for Trauma Recovery: Implications for CBT Research and Practice**

*Chair:* Amit Bernstein  
*Discussant:* Patricia Resick

**Measurement Matters:  
Roadblocks and Innovations in  
the Assessment of Suicide**  
*Chairs:* Courtney Bagge, Catherine  
Glenn  
*Discussant:* David Jobes

**Emotion Regulation Flexibility  
and Psychopathology**  
*Chair:* Amelia Aldao  
*Discussant:* Kim Gratz

**Behavioral Mechanisms of  
Change in Substance Abuse  
Treatment**  
*Chairs:* Ashley Dennhardt, James  
Murphy  
*Discussant:* Brian Borsari

**Helping Parents Help Their  
Children: Examining Parent  
Participatory Engagement in  
Child Mental Health Treatment**  
*Chair:* Rachel Haime-Schlagel  
*Discussant:* Kimberly Hoagwood

**The LGB Minority Experience:  
The Form and Function of  
Minority Stress in the Lives of  
LGB Individuals**  
*Chair:* Justin Birnholz  
*Discussant:* Christopher Martell

**Low Resources and High Stress:  
Meeting the Needs of Youth of  
Low Socio-Economic  
Backgrounds Through  
Innovative Evidence-Based  
Protocols**  
*Chair:* Antonio Polo  
*Discussant:* Michael Southam-  
Gerow

**Toward an Improved  
Understanding of the  
Relationship Between Fatigue**

**and Sleep: Targets for Behavior  
Change**  
*Chair:* Tae Hart  
*Discussant:* Jason Ong

**Why People Ruminates: False  
Rewards and the Functions of  
Rumination**  
*Chair:* Vera Vine  
*Discussant:* Susan Nolen-Hoeksema

**Fundamental Frequency as a  
New, Voice-Based Measure of  
Arousal in Intimate Personal  
Relationships**  
*Chair:* Tanja Zimmermann  
*Discussant:* Donald Baucom

**A Next Generation of Molecular  
Genetics Research in  
Depression: Beyond Traditional  
Gene-Stress Interaction Models**  
*Chair:* Christopher Conway  
*Discussant:* Constance Hammen

**Minority or Majority?  
Contextual and Cultural  
Influences in Health and  
Substance Use Risk Behaviors  
Among Ethnic and Sexual  
Minorities**  
*Chair:* Ty Lostutter  
*Discussant:* Barbara McCrady

**Perceived Control as a  
Transdiagnostic Predictor of  
Vulnerability to and Recovery  
From Anxiety Disorders**  
*Chair:* Matthew Gallagher  
*Discussant:* David Barlow

**Social Functioning Among  
Adolescents and Young Adults  
With ADHD**  
*Chair:* Stephen Becker  
*Discussant:* Linda Pfiffner

**Beyond PTSD Symptoms:  
Improvements in Physical,  
Cognitive, and Social  
Functioning Following PTSD  
Treatment**  
*Chair:* Nina Rytwinski  
*Discussant:* Gordon Asmundson

**Empirical Investigations of the  
Relationship Between Self-  
Objectification and Eating  
Pathology**  
*Chair:* Courtney Warren  
*Discussant:* Janis Crowther

**New Directions in Human Fear  
Conditioning Research:  
Implications for the Etiology  
and Treatment of Anxiety  
Disorders**  
Dirk Hermans, Iris Engelhard,  
Thomas Armstrong

**Advances in the Diagnosis and  
Treatment of Generalized  
Anxiety Disorder**  
*Chair:* Thomas Armstrong  
*Discussant:* Dirk Hermans

**Antecedent Variables and  
Mechanisms of Behavior  
Change in Youth Psychotherapy**  
*Chair:* Marc Karver  
*Discussant:* Stephen Shirk

**The Role of Guilt and Shame in  
Suicide Risk**  
*Chairs:* Craig Bryan, Kathryn  
Kanzler  
*Discussant:* Candice Monson

**Implementing EBTs With Youth and Families in Poverty: Challenges and Lessons Learned**

*Chair:* Emma Peterson

*Discussant:* Sarah Kate Bearman

**Innovative Dissemination Strategies for CBT for Insomnia**

*Chair:* Kenneth Lichstein

*Discussant:* Colleen Carney

**Mechanisms and Explanatory Processes in Behavioral Activation Treatment for Major Depressive Disorder: A Research Update**

*Chair:* Kallio Hunnicutt-Ferguson

*Discussant:* Christopher Martell

**The Compass May Reverse Its Polarity: New Principles for Behavior Change in Couples**

*Chair:* Keith Sanford

*Discussant:* Richard Heyman

**Emotion and Addictive Behavior: Basic Research and Innovative Clinical Applications.**

*Chairs:* Kirsten Johnson, Samantha Farris

*Discussant:* Michael Otto

**CBT in Context: New Findings, Insights, and Developments in Treating Child Disruptive Behavior**

*Chair:* Gerly DeBoo

*Discussant:* Pier Prins

**The Importance of Coping Approaches Utilized in the Aftermath of Traumatic Events**

*Chair:* Amie Grills-Taquechel

*Discussant:* Jillian Shipherd

**The Promise of Mindfulness Based Strategies for the Treatment of Veterans with PTSD: Examining Research on Programs Tailored for Residential, Outpatient and Primary Care Settings**

*Chair:* Kyle Possemato

*Discussant:* Dessa Bergen-Cico

**Integrating Culturally Based and Empirically Supported Knowledge About American Indian and Alaska Native Substance Use**

*Chairs:* Brenna Greenfield, Daniel McNeil

*Discussant:* Dennis Donovan

**DBT for Eating Disorders: Current Status and Directions for Treatment Development**

*Chair:* Angela Davis

*Discussant:* Drew Anderson

**Attentional Bias Modification: Novel Methodology and Objective Measures of Behavior Change**

*Chair:* Kimberly Arditte

*Discussant:* Nader Amir

**Refining the CBT Compass: Advancements in the Assessment of Anxiety-Related Risk Factors**

*Chairs:* Christina Luberto, Alison McLeish

*Discussant:* Bunmi Olatunji

**Emphasizing the “Transdiagnostic”: New Research on the Unified Protocols for the Transdiagnostic Treatment of Emotional Disorders in Children, Adolescents and Adults**

*Chair:* Jill Ehrenreich-May

*Discussant:* Amanda Jensen-Doss

**Ecological Momentary Assessment of Clinical Phenomena: Innovative Methods for Collecting and Analyzing Intensive Repeated Measures Data**

*Chair:* Aaron Fisher

*Discussant:* Jean-Philippe

Laurenceau

**Decentering, Theory of Mind, and Interoceptive Awareness: Distinct but Related Metacognitive Capacities Associated With Emotional Disorders and Treatment Mechanisms**

*Chair:* David Fresco

*Discussant:* Zindel Segal

**Improving the Delivery of Efficacious Treatments for Perinatal Depression**

*Chair:* Heather O'Mahen

*Discussant:* Mimi Le

**Transcending Anxiety Disorders: Examples of Cognitive Bias Modification in Autism and Anger**

*Chair:* Gregory Chasson

*Discussant:* Norman Schmidt

**Positive Emotion and Reward Dysregulation Across Disorders**

*Chair:* June Gruber

**Group Cognitive Processing Therapy Versus Present Centered Therapy for PTSD Among Active-Duty Military**

*Chair:* Patricia Resick

**Obsessive-Compulsive Disorder:  
New Insights From the  
Laboratory for the Clinic**

*Chair:* Richard McNally  
*Discussant:* Sabine Wilhelm

**Modifying Cognitive Biases:  
Emerging Data on Applications  
and Effects on Clinical  
Disorders**

*Chairs:* Anu Asnaani, Alice Sawyer  
*Discussant:* Rudi DeRaedt

**Neurobiological Factors in the  
Pathogenesis of Anxiety and  
Depression**

*Chair:* Alyson Zalta  
*Discussant:* Michelle Craske

**Resiliency Factors Predict  
Mental Health Outcomes in  
Lesbian, Gay, and Bisexual  
Populations: Identifying Targets  
for Cognitive and Behavioral  
Intervention**

*Chairs:* Michael Newcomb, John  
Pachankis  
*Discussant:* Steven Safren

**Expanding the Reach of DBT**

*Chair:* Dorian Hunter Reel

**Sex Offender Treatment:  
Effectiveness, Mechanisms and  
Policy Implications**

*Chair:* Elizabeth Jeglic  
*Discussant:* Ida Dickie

**But Why Is Paying Attention to  
the Present Moment Good for  
You? Neuro-Psycho-Behavioral  
Processes Underlying the  
Salutary Effects of Mindfulness**

*Chair:* Amit Bernstein  
*Discussant:* Susan Orsillo

**Breaking the Sound Barrier:  
Exploring Effective Cognitive  
Behavioral Treatments for  
Childhood Selective Mutism**

*Chairs:* Hayley Sacks, Priscilla  
Chan  
*Discussant:* Steven Kurtz

**Developing High Quality  
Remote Interventions for Youth**

*Chair:* Erica Yuen  
*Discussant:* James Herbert

**Understanding Intimate Partner  
Violence: The Interplay of  
Research, Outreach, and  
Advocacy**

*Chair:* J. Gayle Beck  
*Discussant:* Ileana Arias

**Overcoming Avoidance: A Basic  
Principle of Behavior Change**

*Chairs:* Lynn Alden, Jennifer Trew  
*Discussant:* Keith Dobson

**Treatment of Adolescents With  
ADHD, From Planning  
Problems, Effective Treatments  
to Predictors of Treatment  
Attrition and Change**

*Chairs:* Saskia van der Oord,  
Steven Evans

**Understanding Anxiety-Related  
Change Processes in Treatment:  
Predictors and Mediators of  
Cognitive Behavioral Therapy**

*Chair:* Jessica Bomyea  
*Discussant:* David Moscovitch

**Novel Approaches to Changing  
Eating Behavior in Pediatric  
Obesity**

*Chair:* Cynthia Radnitz  
*Discussant:* Linda Craighead

**Promoting Evidence-Based  
Assessment in Usual Care:  
Promising Practices, Barriers to  
Uptake, and the Impact of  
Training**

*Chair:* Aaron Lyon  
*Discussant:* Eric Youngstrom

**Acceptance-based Behavioral  
Therapy Compared to Applied  
Relaxation in the Treatment of  
Generalized Anxiety Disorder**

*Chair:* Susan Orsillo  
*Discussant:* David Barlow

**Adjustments to Challenges  
in Military Couples:  
Reintegration and PTSD**

*Chair:* Keith Renshaw  
*Discussant:* Andrew Christensen

**Is DBT Effective With  
Multiproblem Adolescents?  
Show Me the Data! An  
International Presentation of  
Three Randomized Trials  
Evaluating DBT With  
Adolescents**

*Chair:* Alec Miller  
*Discussant:* Jill Rathus

**Repetitive Negative Thought:  
Innovative Approaches for  
Moving the Science Forward**

*Chair:* Ayelet Ruscio  
*Discussant:* Susan Nolen-Hoeksema

**Best Bets in Gambling  
Research: New Directions in  
Identification, Etiology, and  
Prevention of Problematic  
Gambling**

*Chairs:* Clayton Neighbors, Dawn  
Foster



**Training in Suicide Risk Assessment and Intervention**

*Chair:* Megan Spokas

*Discussant:* Gregory Brown

**Integrating CBT Approaches for Depression and Anxiety Into Medical Settings**

*Chair:* Lisa Uebelacker

*Discussant:* Abbie Beacham

**Sexual Minority Men and HIV/AIDS: Investigating Contextual Factors to Identify Targets of Behavior Change**

*Chair:* David Pantalone

**Cognitive Processing in Body Dysmorphic and Related Disorders**

*Chairs:* Jennifer Greenberg, Andrea Hartmann

*Discussant:* Sabine Wilhelm

**Depression Across Development: Psychosocial Risk Factors, Heterogeneous Courses, and Distal Outcomes**

*Chair:* Ilya Yaroslavsky

*Discussant:* Joanne Davila

**Emerging Evidence From Clinical Trials of Substance Dependent Women With Co-Occurring Disorders**

*Chairs:* Stephanie Gamble, Elizabeth Epstein

*Discussant:* Barbara McCrady

**Complicated Grief: Its Psychopathology and Treatment**

*Chair:* Richard McNally

**Emotional Contrast: Mood Swings and the Challenges They Bring**

*Chair:* Jan Mohlman

**Fear Generalization as a Crucial Mechanism in the Development of Anxiety Disorders: New Insights and Findings**

*Chair:* Dirk Hermans

*Discussant:* Bram Vervliet

**Characterization and Prediction of High Risk Sexual Behaviors: Implications for Prevention and Behavior Change**

*Chairs:* Kate Walsh, Carla Danielson

*Discussant:* Carl Lejuez

**Positive Affect in Youth Depression: Understanding Risk and Potential for Intervention From Research on Reward Processing, Family Savoring, Rumination, and Emotion Regulation**

*Chair:* Debora Bell

*Discussant:* Jennifer Silk

**Increasing Positive Outcomes With Couples From Diverse Backgrounds: Addressing Barriers to Services and Adapting Relationship Education Content**

*Chair:* Shelby Scott

*Discussant:* Richard Heyman

**OCD, Hoarding and Interpersonal Relationships**

*Chair:* Amy Przeworski

*Discussants:* David Tolin, Donald Baucom

**Heterogeneity in Social Anxiety Disorder: Expanding Conceptualizations**

*Chair:* Andrew Menatti

*Discussant:* Richard Heimberg

**Social Impairments in Youth With ADHD: Innovations for Treatment Targets and Intervention**

*Chair:* Julia McQuade

*Discussant:* Timothy Cavell

**Protective Behavioral Strategies and Alcohol-Related Outcomes: A Discussion of the Methodological and Theoretical Issues**

*Chair:* Matthew Pearson

*Discussant:* James Henson

**Physical Activity and Exercise in Psychiatric Disorders**

*Chair:* Eleanor McGlinchey

*Discussant:* Michael Otto

**Novel Treatment Approaches for Severe Mental Illness: Behavioral Interventions That Promote Functional Change**

*Chairs:* Katherine Holshausen, Maya Gupta

*Discussant:* William Spaulding

**Getting Effective Treatments to Where Youth Are: Fidelity and Technology in the Dissemination of CBT**

*Chairs:* Kathleen Herzig-Anderson, Carrie Masia Warner

*Discussant:* Laura Mufson

**Paving the Road for Community Dissemination and Implementation of Parent-Child Interaction Therapy: Lessons**

### **Learned From the Field**

*Chair:* Joshua Masse

*Discussant:* Cheryl McNeil

### **The Combined Cognitive Bias Hypothesis in Depression: Towards a Comprehensive Understanding of Cognitive Vulnerability**

*Chairs:* Ernst Koster, Jonas

Everaert

### **Novel Approaches to Training in Evidence-Based Treatments**

*Chair:* Aubrey Edson

*Discussant:* Amanda Jensen-Doss

### **Developmentally Informed Applications of Mindfulness, ACT, and DBT for Internalizing Disorders in Youth**

*Chairs:* Caroline Kerns, Priscilla Chan

*Discussant:* Lisa Coyne

### **Emotion Regulation in Psychopathology: What Works for Whom?**

*Chair:* Moria Smoski

*Discussant:* Kim Gratz

### **Intimate Partner Violence Perpetrators: Trauma, PTSD, and Trauma-Informed Therapy**

*Chair:* Lorig Kachadourian

*Discussant:* K. Daniel O'Leary

### **Informing Transdiagnostic Models of Psychopathology: Implications for Behavior Change**

*Chair:* Zackary Adams

*Discussant:* Susan Nolen-Hoeksema

### **Principles of Change in School-Based Mentoring and Coaching Interventions: New Findings and Implications From Five Randomized Controlled Studies**

*Chair:* Samuel McQuillin

*Discussant:* Timothy Cavell

### **A Novel Direction in Understanding OCD: Delayed Sleep Phase Disorder and Related Influences on OC Symptoms**

*Chair:* Jessica Schubert

*Discussant:* Gail Steketee

### **Advances in the Understanding and Treatment of Comorbid Mood, Anxiety, and Substance Use Disorders: Toward an Integrated Approach**

*Chair:* Irena Milosevic

*Discussant:* Martin Antony

### **Anxiety Disorders and Their Treatment Across Racial and Ethnic Groups: Similarities and Differences**

*Chair:* Page Anderson

*Discussant:* Stefan Hofmann

### **Recollective and Anticipatory Processes in Social Anxiety Disorder: Two Sides of the Same Coin? New Insights From Experimental and Clinical Studies**

*Chair:* David Moscovitch

### **An Evaluation of Current Trends in the Treatment of Eating Disorders and Obesity**

*Chair:* Danae Drab-Hudson

*Discussant:* Janis Crowther

### **Safety Behavior in CBT: Theory, Research, and Proposed Mechanisms**

*Chair:* Hannah Levy

*Discussant:* Michael Telch

### **Examining Principles of Mindfulness in Lab-based Settings: Promises for Guiding Intervention Research**

*Chair:* Jonathan Lee

*Discussant:* David Fresco

### **Nonsuicidal Self-Injury: Who and When?**

*Chair:* Christopher Robertson

*Discussant:* Mitchell Prinstein

### **A Closer Look at Coaching: New Developments in the Use of Live Therapist Feedback in Parent Child Interaction Therapy**

*Chair:* Rhea Chase

*Discussant:* Cheryl McNeil

### **Exploration of New Applications and Neurocognitive Mechanisms of Action of the Cognitive Behavioral Analysis System of Psychotherapy (CBASP)**

*Chair:* J. Kim Penberthy

*Discussant:* Christopher Gioia

### **Developing and Testing Innovative Cognitive Modification Interventions for Youth**

*Chair:* V. Robin Weersing

*Discussant:* Joel Sherrill

**Attentional Biases Across the Emotional Disorders**

*Chair:* Blair Wisco

*Discussant:* Meredith Coles

**Innovative Behavioral Approaches to Weight Loss**

*Chair:* Meghan Butryn

*Discussant:* Patrick O'Neil

**The Role of Positive Emotions in Social Anxiety Disorder: Behavioral and Neurobiological Evidence for a New Treatment Approach.**

*Chair:* John Richey

*Discussant:* Lynn Alden

**From the Front Lines to the Home Front: Impact of Deployment on the Mental and Behavioral Health of OEF/OIF Military Personnel**

*Chair:* Mandy Rabenhorst

*Discussant:* Matthew Jakupcak

**Innovative Application of Common Element Methodologies for Steering Youth Mental Health Dissemination and Implementation Efforts in Public Sector Settings**

*Chair:* Brad Nakamura

*Discussant:* Michael Southam-Gerow

**Recent Advances in Peer Contagion Research: Novel Theories and Techniques for Studying Adolescent Psychopathology**

*Chair:* Christopher Conway

*Discussant:* Joanne Davila

**New Directions for Parent Training Interventions: Using Behavioral Principles to Guide Innovative Adaptations**

*Chair:* Erika Coles

*Discussant:* Robert McMahon

**Nonsuicidal Self-Injury Disorder and Borderline Personality Disorder: Emerging Evidence to Inform Diagnostic Clarification**

*Chair:* Brianna Turner

*Discussant:* Jennifer Muehlenkamp

**Towards a Better Understanding of Phenomenology, Assessment and Intervention for Compulsive Hoarding**

*Chair:* Jennifer Park

**Processing Emotional Information Across Time: Thinking About the Past and Future in Mood and Anxiety Disorders**

*Chair:* Shari Steinman

*Discussant:* Richard McNally



**conventioners**

- ➔ **Renew** your membership for 2013
- ➔ **Register** by October 10 for discounted registration rates
- ➔ **Remember**, only those individuals who register by midnight of October 10 will receive the convention program book in the mail. Otherwise, you will receive your program book on-site.