I would like to express my appreciation to ABCT President Dr. Frank Andrasik and the ABCT Board for giving me the opportunity to serve as the 2010 ABCT Program Chair.

The theme of the 44th annual meeting, “Cognitive Behavioral Therapy: Unifying Diverse Disciplines With a Common Thread,” is intended to emphasize the relevance of cognitive-behavioral theories across varied topics and disorders and across diverse health- and mental-health related professions and disciplines. While there are many specialties within the fields of physical and mental health, our shared understanding of the importance of applying evidence-based cognitive behavioral practices is a common thread that joins us together.

Clearly, this is a message that resonated strongly with ABCT members. We received over 1,965 submissions this year, many of which were in areas that had been underrepresented in the past. The ABCT program schedule is packed with diverse offerings in every time slot, so it is recommended that members use the ABCT Itinerary Planner—located on the ABCT website—to plan their daily schedule online and in advance of the conference so that they can take full advantage of this year’s exciting and innovative presentations and addresses.

This year, our Invited Addresses include presentations by Drs. Edna Foa, Albert Bandura, James Prochaska, and Helen Mayberg (see p. iii for titles of invited addresses). In addition, the conference features new presentations in the areas of behavioral medicine/health psychology, severe mental illness, couples treatment, and presentations on the NIH Loan Repayment Program as well as on advice from experts on recent changes in the NIH grant application process.

What an incredible location for our 44th Annual Conference—San Francisco! We are excited to have the Hilton San Francisco Union Square as our conference site. The hotel is located in the heart of the city, within walking distance of many of San Francisco’s famous neighborhoods, such as Chinatown and Nob Hill, in addition to the cable cars, shopping, dining, theatre, and nightlife. The hotel even has a spa and an outdoor pool for between-presentation rejuvenation.

On behalf of Dr. Andrasik and the entire ABCT Board, we invite all members to make your travel arrangements now to join us for the 2010 San Francisco conference!
Clinical Intervention Training

CLINICAL INTERVENTION TRAINING 1
Updates in Emotion Regulation and Crisis Survival Skills: Integrating DBT Skills Into Clinical Practice
Marsha M. Linehan and Kathryn E. Korsland, University of Pennsylvania School of Medicine

Invited Addresses

PRESIDENTIAL ADDRESS
Behavioral Medicine: Expanding our Reach
Frank Andrasik, University of Memphis

INVITED ADDRESS
On Alleviating Urgent Global Problems by Psychosocial Means
Albert Bandura, Stanford University

INVITED ADDRESS
Disseminating Evidence-Based Treatments Within Systems and Across Countries: Lessons Learned From Prolonged Exposure Therapy for PTSD
Edna B. Foa, University of Pennsylvania

INVITED ADDRESS
Paths to Recovery: Targeting Dysfunctional Limbic-Cortical Circuits in Depression
Helen S. Mayberg, Emory University School of Medicine

INVITED ADDRESS
Alternative Strategies for Changing Multiple Behaviors
James O. Prochaska, University of Rhode Island

“People who regard themselves as highly efficacious act, think, and feel differently from those who perceive themselves as inefficacious. They produce their own future, rather than simply foretell it.”
—Albert Bandura, Social Foundations of Thought and Action (1986)
WORKSHOPS

ABCT’s workshops provide participants with up-to-date integration of theoretical, empirical, and clinical knowledge about specific issues or themes.

**Friday**

**WORKSHOP 1**
Core Strategies in the Assessment and Treatment of Health Anxiety
Heather Hadjistavropoulos, University of Regina, Patricia Furer and John Walker, University of Manitoba, and Theo Bouman, University of Groningen

**WORKSHOP 2**
Schematic Mismatch in the Therapeutic Relationship: Using Roadblocks as Opportunities for Change
Robert L. Leahy, American Institute for Cognitive Therapy

**WORKSHOP 3**
Group Treatment for SAD
Stefan G. Hofmann, Boston University

**WORKSHOP 4**
DBT and CBT for Emotion Dysregulation and Nonsuicidal Self-Injury in Adolescents
W. Edward Craighead, Emory University School of Medicine and Emory University, and Lorie A. Ritschel, Emory University School of Medicine

**WORKSHOP 5**
Natural Setting Therapeutic Management: A Multiple Model Approach to Maintain Individuals with Developmental Disabilities and Severe Behaviors in Community Settings
Michael R. Petronko, Russell J. Kormann, and Doreen DiDomenico, Rutgers University

**WORKSHOP 6**
Hands-on Training in CBT for Insomnia in Those With Anxiety Disorders, Depression, and Other Comorbid Conditions
Rachel Manber, Stanford University Medical Center, and Colleen E. Carney, Ryerson University

**WORKSHOP 7**
Comprehensive Behavioral Intervention for Tics
Douglas W. Woods, University of Wisconsin-Milwaukee, and Christine A. Conelea, University of Wisconsin-Milwaukee and Brown University School of Medicine

**WORKSHOP 8**
ACT in Practice: Case Conceptualization in Acceptance and Commitment Therapy
Daniel J. Moran, Picklyde Consulting, and Patricia Bach, Illinois Institute of Technology

**WORKSHOP 9**
The Marriage Checkup: Using the Brief Checkup Model to Promote Marital Health and Prevent Relationship Deterioration
James V. Cordova, Clark University

**WORKSHOP 10**
Cognitive Behavioral Therapy for ADHD in Adults
Steven A. Safren, Susan Sprich, and Laura Knouse, Harvard Medical School and Massachusetts General Hospital
Saturday

WORKSHOP 11
Problem-Solving Therapy for Depression Among Medical Patient Populations
Arthur M. Nezu and Christine Maguth Nezu, Drexel University

WORKSHOP 12
Advanced Workshop on Cognitive Processing Therapy
Patricia A. Resick, VA National Center for PTSD, Women’s Health Sciences Division, National Center for PTSD, and Boston University

WORKSHOP 13
CBT for Couples Experiencing Economic Stress
Norman B. Epstein and Mariana K. Falconier, Virginia Polytechnic Institute and State University

WORKSHOP 14
Assessment and Treatment of Bipolar Disorder in Children
Mary A. Fristad, Ohio State University, and Jill S. Goldberg Arnold, Private Practice

WORKSHOP 15
Acceptance-Based Behavioral Therapy for GAD and Comorbid Disorders
Susan M. Orsillo and Lizabeth Roemer, University of Massachusetts, Boston

WORKSHOP 16
Cognitive Behavioral Treatment for Depression in Primary Care Medicine
Barbara A. Golden and Bruce S. Zahn, PCOM

WORKSHOP 17
Individual and Family-Based CBT for Treatment of First-Episode Psychosis
Jennifer Gottlieb and Corinne Cather, Massachusetts General Hospital and Harvard Medical School, Shirley Glynn, UCLA, and Kim Mueser, Dartmouth Medical School

WORKSHOP 18
Concurrent Treatment for Alcohol Dependence and PTSD
Edna B. Foa and David A. Yousko, University of Pennsylvania

WORKSHOP 19
Selective Mutism in Children: Characteristics, Assessment, and Treatment
Christopher A. Kearney, Harpreet Kaur, and Rachel Schafer, University of Nevada, Las Vegas

WORKSHOP 20
CBT for OCD: A Symptom Dimension Approach
Jonathan S. Abramowitz, University of North Carolina at Chapel Hill

Sunday

WORKSHOP 21
Personal Finance Solutions for Busy Mental Health Professionals
Barbara A. Friedberg, Lebanon Valley College

WORKSHOP 22
The Art and Science of Mindfulness: Integrating Mindfulness in Psychology
Shauna L. Shapiro, Santa Clara University

WORKSHOP 23
Integrating Spirituality into CBT
Harold B. Robb, III, and David H. Rosmarin, McLean Hospital/Harvard Medical School

WORKSHOP 24
Individual Dialectical Behavior Therapy Treatment Strategies Applied to Eating Disorders
Lucene Wisniewski and Denise D. Ben-Porath, John Carroll University

WORKSHOP 25
Introduction to Motivational Interviewing
Daniel W. McNeil, West Virginia University

“... Because we accept the role of reducing needless suffering and enhancing joyful living, we are right to direct our consulates on how to attempt steps to secure these ends. We are right, even if doing so means changing their supernatural beliefs...”

— Hank Robb, 2001 (“Facilitating REBT by Including Religious Beliefs” C&BP Vol 8, p. 33)
Master Clinician Seminars

These seminars involve the presentation of case material, session videotapes, and discussion to enable participants to further understand the application of cognitive and behavioral techniques.

**Friday**

**MASTER CLINICIAN SEMINAR 1**
Implementing Prolonged Exposure for PTSD: Optimizing Outcomes
Edna B. Foa, University of Pennsylvania School of Medicine

**MASTER CLINICIAN SEMINAR 2**
Behavioral Activation Principles in Practice in the Treatment of Depression
Christopher R. Martell, Associates in Behavioral Health and University of Washington

**MASTER CLINICIAN SEMINAR 3**
Problem-Solving Therapy (PST) to Enhance Resilience and Improve Psychological and Emotional Immunity
Christine Maguth Nezu and Arthur M. Nezu, Drexel University

**MASTER CLINICIAN SEMINAR 4**
Artistic Adherence: Maximizing “Flex” While Minimizing “Drift” in Conducting Competent Cognitive-Behavioral Therapies
Cory F. Newman, University of Pennsylvania School of Medicine

**Saturday**

**MASTER CLINICIAN SEMINAR 5**
Conducting Therapeutic Exposures With Anxious Adolescents: Practicalities, Pitfalls, and Ultimately, Progress
Anne Marie Albano and Sandra Pimentel, Columbia University and New York State Psychiatric Institute

**MASTER CLINICIAN SEMINAR 6**
What to Do When You Don’t Know What to Do: Practical Guidelines for Keeping CBT With Youth Fresh
Robert D. Friedberg, Pennsylvania Psychiatric Institute and Penn State Milton Hershey Medical Center

**MASTER CLINICIAN SEMINAR 7**
Beginning and Ending Psychotherapy: Mindful, Ethical Practice in an Era of Manuals and Managed Care
Denise D. Davis, Vanderbilt University and Independent Practice

**MASTER CLINICIAN SEMINAR 8**
Exposure Therapy for Anxiety Disorders
Michelle G. Craske, UCLA

**AMASS**

Advanced Methodology and Statistics Seminars (AMASS) are for applied researchers, presented by renowned research scientists

**Thursday**

**AMASS 1**
Applied Structural Equation Modeling
James M. Henson, Old Dominion University

**AMASS 2**
Applied Longitudinal Data Analysis with HLM
David C. Atkins, University of Washington
“...Clinical improvements, healing, or psychotherapeutic change, all of which are acts of the client, also involve contingencies of reinforcement that occur in the relationship between client and therapist...”

—Kohlenberg & Tsai, 2000

(“Radical Behavioral Help for Katrina” C&BP Vol. 7, p. 500)


**Clinical Round Tables**

**CLINICAL ROUND TABLE 1**
Managing Treatment-Resistant OCD Spectrum Conditions in Adults and Children  
*Panelists:* Jonathan Abramowitz, Gail Steketee, Bradley Riemann, C. Alec Pollard, Randy Frost, Martin Franklin  
*Chair:* Cheryl Carmin

**CLINICAL ROUND TABLE 2**  
Can We Get an Encore, Do You Want More (Lessons Learned From Treatment Failures)?  
*Panelists:* David Barlow, Dennis Greenberger, Michelle Craske  
*Chair:* Simon Rego

**CLINICAL ROUND TABLE 3**
Therapist Self-Disclosure: Collective Wisdom  
*Panelists:* Linda Filetii, Rosemary Mennuti, Stephanie Mattea  
*Chair:* Andrea Bloomgarden

**CLINICAL ROUND TABLE 4**  
Transdisciplinary Training for Evidence-Based Behavioral Practice: Best Practices From Psychology, Medicine, and Practice Networks  
*Panelists:* Beverly Lehr, Jason Satterfield, Lynn Martin  
*Chair:* Bonnie Spring

**CLINICAL ROUND TABLE 5**  
Testing Case Formulation Hypotheses in Clinical Practice  
*Panelists:* Victoria Beckner, Michael Tompkins, Janie Hong  
*Chair:* Jacqueline Persons

**CLINICAL ROUND TABLE 6**  
Barriers to Engaging Couples in Therapy for Relationship Problems  
*Panelists:* Donald Baucum, Mark Whisman, Barbara McCrady, Kristina Gordon  
*Chair:* Norman Epstein

**CLINICAL ROUND TABLE 7**  
Novel Approaches to Changing Beliefs in CBT  
*Panelists:* Robert Friedberg, Donna Sudak  
*Chair:* Irismar de-Oliveira

**CLINICAL ROUND TABLE 8**  
Treatment of OCD During the CBT Renaissance  
*Panelists:* Jonathan Abramowitz, Michael Twohig, Jeff Szymanski, Denise Moquin, Jason Elias  
*Chair:* Jason Elias, Nate Gruner

**CLINICAL ROUND TABLE 9**  
Expanding Evidence-Based Psychological Services: From Traditional Therapy to Self-Help Books to Internet Interventions  
*Panelists:* William Miller, Ricardo Muñoz  
*Chair:* Andrew Christensen

**CLINICAL ROUND TABLE 10**  
Social Coping and Autism Spectrum Disorders: The Power Combination of Psychology and Speech Language Interventions  
*Panelists:* Valerie Gaus, Samara Pulver Tetenbaum, Stacey Kanin  
*Chair:* Shana Nichols

**CLINICAL ROUND TABLE 11**  
Providing CBT Behavioral Sleep Medicine in Primary Care Settings: Relevance to Clinical Necessity  
*Panelists:* Anne Bartolucci, Shannon Sullivan, Kathy Sexton-Radek, Jason Ong, Christina Nash, Brett Kuhn, Jacqueline Kloss, Shelby Freedman Harris  
*Chair:* Rachel Manber

**CLINICAL ROUND TABLE 12**  
Empirically Based CBT Supervision: Making Supervision More Effective  
*Panelists:* Derek Milne, Donna Sudak, Leslie Sokol  
*Chair:* Robert Reiser

**CLINICAL ROUND TABLE 13**  
Broadening Our Conceptualizations and Clinical Approaches for the Treatment of Chronic Anorexia Nervosa  
*Panelists:* Anita Federici, Jennifer Wildes, Thomas Lynch  
*Chair:* Lucene Wisniewski

**Membership Panels**

**MEMBER PANEL DISCUSSION 1**
What Professionals Look for When They Hire New Employees  
*Presenter:* Hilary Vidair

**MEMBER PANEL DISCUSSION 2**
What Every Student and Young Professional Needs to Know About Loan Repayment Programs Offered Through the National Institutes of Health  
*Presenter:* Todd Smitherman

**Panel Discussions**

**PANEL DISCUSSION 1**  
The Burgeoning Science of Integrating Spirituality Into CBT  
*Panelists:* Doug Oman, Melinda Stanley, Diane Spangler, David Rosmarin  
*Chairs:* Hank Robb, David Rosmarin, Fugen Neziroglu  
*Chair:* Jonathan Hoffman

**PANEL DISCUSSION 2**  
Using Technology in CBT Treatment of OCD  
*Panelists:* E. Katia Moritz, Eric Storch, Fugen Neziroglu  
*Chair:* Jonathan Hoffman
PANEL DISCUSSION 3
Enhancing Dissemination of Treatments Through Evidence-Based Training
Panelists: Shawn Cahill, Mark Whisman, Michael Otto, Marsha Linehan, Michael Kozak, Jonathan Kanter, Greg Hjajak, Cheryl Carmin
Chair: Douglas Woods

PANEL DISCUSSION 4
Implementing and Studying CBT Across Disciplines: Practical and Methodological Considerations
Panelists: Katherine Comtois, Amy Naugle, Sara Landes, David Kolko, Matthew Jameson, Matthew Jameson, Matthew Jameson, Suzanne Decker
Chair: Shannon Willsey Stirman

PANEL DISCUSSION 5
Trauma-Informed Services in the Treatment of Serious Mental Illness: Current Knowledge, Complications, and Future Directions
Panelists: Amanda Collins, Sophia Vinogradov, Kim Mueser, Maria Monroe-DeVita
Chair: Melissa Tarasenko, Ashley Wynne

PANEL DISCUSSION 6
Dissemination of Empirically Supported Treatments to Rural and Underserved Populations
Panelists: Tami DeCoteau, Thresa Yancey, Jacob Warren, Bryant Smallley
Chair: Thresa Yancey

PANEL DISCUSSION 7
Getting Published as a Student and Early Career Psychologist
Panelists: Joaquin Borrego, Erin Poinexter, David Pantalone, Holly Morrell, Shannon Couture
Chair: Joy Pemberton

PANEL DISCUSSION 8
Engaging Service Providers in Dissemination and Implementation: Effective Strategies Across Disciplines and Settings
Panelists: Kimberly Becker, Bradley Steinfeld, Amy Herschell, Rinad Beidas
Chair: Suzanne Decker

PANEL DISCUSSION 9
The Elusive Search: Finding Work-Life Balance Across Stages of Life and Stages of Career
Panelists: Elissa J. Brown, Alison McLeish, Amy House, Amie Grills-Taqquechel
Chair: Bethany Teachman

PANEL DISCUSSION 10
The Contribution of Mindfulness to Psychotherapy
Panelists: Philippe Goldin, Kevin Ochsner, Alan Marlatt, Marsha Linehan, Hedy Kober
Chairs: Eunice Chen, Karla Fettich

PANEL DISCUSSION 11
Measuring Treatment Integrity in Clinic- and School-Based Treatments for Children
Panelists: Marc Atkins, Michael Southam-Gerow, Sonja Schoenwald, Julie Owens, Stacy Frazier, Steven Evans
Chair: Yuko Watabe

PANEL DISCUSSION 12
How to Develop and Sustain a Child and Adolescent Mood Program in a Medical School Setting
Panelists: Kiki Chang, Lorie Ritschel, David Miklowitz, John Curry
Chair: W. Edward Craighead

PANEL DISCUSSION 13
Leading the Way toward LGBT-Affirmative CBT: Clinician, Supervisor, and Trainee Perspectives
Panelists: Gina Cortesi, Jillian Shipherd, Christopher Martell, Trevor Hart
Chairs: Rebecca Cameron, Sarah Hayes-Skelton

PANEL DISCUSSION 14
Beyond Therapy: Brief Interventions for Couples and Families
Panelists: James Cordova, Lisa Uebelacker, Scott Stanley, Ronald Rogge
Chair: Caroline Eubanks

PANEL DISCUSSION 15
What Might Be the Mechanisms of Change within CBT for Social Anxiety?
Panelists: Richard Heimberg, Jasper Smits, Stefan Hofmann, James Herbert
Chairs: Timothy Emge, Debra Hope

PANEL DISCUSSION 16
Incorporating Cultural Factors Into Empirically Supported Treatments: Research and Clinical Considerations
Panelists: Joyce Chu, Nolan Zane, Gordon Nagayama Hall
Chairs: Janie Hong, Jin Kim

PANEL DISCUSSION 17
Defining, Assessing, and Fostering Therapist Competence
Panelists: Christopher Martell, Christine Nezu, Cory Newman
Chair: Arthur Nezu

PANEL DISCUSSION 18
What New Tricks Do Old (and New) Dogs Need to Know?: A Panel Discussion on the Recent Grant Application-Related Changes at the NIH
Panelists: Michael Kozak, Tracy Waldeck, Paul Stasiwicz, Stephen Maisto, Carl Lejuez
Chairs: Scott Coffey, Michael Twohig

PANEL DISCUSSION 19
Interventions to Reduce Alcohol-related Risks Among College Students: Where Do We Go From Here?
Panelists: Kate Carey, Clayton Neighbors, James Murphy, Mary Larimer
Chair: Matthew Martens

PANEL DISCUSSION 20
Needed: A Two-Way Bridge Between Research and Practice
Panelists: Steven Hollon, Linda Sobell, Michelle Newman, David Klonsky
Chair: Marvin Goldfried

PANEL DISCUSSION 21
Training in Evidence-Based Practice
Panelists: Judith Beck, Rachel Hershenberg, Deborah Drabick
Chair: Joanne Davila

PANEL DISCUSSION 22
Preparing for Research Careers in Canada
Panelists: Kathleen Corcoran, Sheila Woody, Anne Wagner, Sherry Stewart, Andrew Eekblad, Keith Dobson
Chair: Trevor Hart
SYMPOSIUM 1
Stress Processes in Depression
Chairs: Josephine Shih and Randy Auerbach
Discussant: Constance Hammen

SYMPOSIUM 2
Social Anxiety and Interpersonal Functioning: A Closer Look at Friendships and Romantic Relationships
Chair: Katya Fernandez
Discussant: J. Beck

SYMPOSIUM 3
The Role of Anxiety Sensitivity in Chronic Health Conditions
Chair: Alison McLeish
Discussant: Michael Zvolensky

SYMPOSIUM 4
The Treatment of Anxiety Among Older Adults
Chair: Amber Paukert
Discussant: Patricia Arean

SYMPOSIUM 5
Pushing the Envelope in ADHD Treatment: Testing Promising Psychosocial Interventions for Organizational Skills and Social Behavior
Chair: Richard Gallagher

SYMPOSIUM 6
Borderline Personality Disorder and the Effects of Emotion Vulnerability in the Laboratory: From Basic Science to Clinical Practice
Chairs: Thomas Lynch, Katherine Dixon-Gordon
Discussant: Scott Coffey

SYMPOSIUM 7
Using the Internet for Smoking Cessation: A Fully Automated Spanish/English Smoking Cessation Website
Chairs: Ricardo Muñoz, Yan Leykin
Discussant: Jodi Prochaska

SYMPOSIUM 8
Extending Evidence-Based Assessment and Interventions to Military Couples and Families
Chair: Douglas Snyder
Discussant: Donald Baucom

SYMPOSIUM 9
Conceptualizing, Developing, and Testing a Transdiagnostic Approach: The View From the Unified Protocol
Chair: Kristen Ellard
Discussant: David Barlow

SYMPOSIUM 10
New Directions and Reflections in the Conceptualization of Readiness to Change
Chairs: Clayton Neighbors, Susan Collins
Discussant: Kate Carey

SYMPOSIUM 11
Cognitive Mediators of Distress, Impairment, and Outcome in Depression
Chair: Michael Young
Discussant: Robert DeRubeis

SYMPOSIUM 12
From University to Community Settings: Training Community Mental Health Practitioners in Evidence-Based Practice
Chairs: Amy Herschell, Amanda Costello
Discussant: Kimberly Hoagwood

SYMPOSIUM 13
Personalizing Patient Care: Data from Two Large-Scale PTSD Effectiveness Trials
Chair: Norah Feeny
Discussant: Daniel Weiss

SYMPOSIUM 14
Getting Unstuck: Alternatives to Ruminative Self-Focus
Chairs: Blair Wisco, Lori Hilt
Discussant: David M. Fresco

SYMPOSIUM 15
Using Technology to Develop and Adapt CBT Interventions: Challenges and Potential
Chairs: Blair Wisco, Alinne Barrera
Discussant: Ken Weingardt

SYMPOSIUM 16
Examining the Impact of Therapists’ Use of Evidence-based Therapeutic Strategies in Usual Care Youth Psychotherapy
Chair: Ann Garland
Discussant: Bruce Chorpita

SYMPOSIUM 17
HIV and Depression: A Multidisciplinary Approach to HIV Prevention and Care
Chair: Angela Wendorf
Discussant: Conall O’Cleirigh

SYMPOSIUM 18
An Innovative Application of Evidence-Based Practices to Unite Cognitive Behavioral Therapists and Teachers: Teacher-Child Interaction Training
Chairs: Christopher Campbell, David Hansen
Discussant: Sheila Eyberg

SYMPOSIUM 19
Cognitive Behavioral Assessment and Treatment of Criminal Justice Populations: Implications for Cross-Discipline Dissemination and Collaboration
Chair: Zella Moore
Discussant: Christopher Eckhardt

SYMPOSIUM 20
Modifications of CBT for a Diverse Spectrum of Older Adults with Comorbid Conditions
Chairs: Patricia Haynes, Jennifer Martin
Discussant: Richard Bootzin

SYMPOSIUM 21
Neuroeconomics and Psychopathology: Implications for Treatment
Chair: Carla Sharp
Discussant: Amy Roy

SYMPOSIUM 22
The Mindful Brain
Chairs: Hedy Kober, Judson Brewer

SYMPOSIUM 23
Recent Advances in the Treatment of Social Phobia
Chair: Meredith Coles

SYMPOSIUM 24
Experimental Manipulations of Emotion Regulation Strategies Across The Diagnostic Spectrum
Chairs: Amelia Aldao, Katherine Dixon-Gordon
Discussant: M. Zachary Rosenthal
SYMPOSIUM 25
Sexual Health and Functioning: Using Data to Inform CBT
Chair: Ty Lostu
Discussant: David Atkins

SYMPOSIUM 26
Expanding the Use of Prolonged Exposure Therapy for PTSD to Diverse Patient Populations and Clinical Settings
Chair: Melanie Harned
Discussant: Elizabeth Hembree

SYMPOSIUM 27
OCD in Youth and Its Comorbidities: Implications for Treatment
Chairs: Kristin Canavera, Thomas Ollendick
Discussant: John Piacentini

SYMPOSIUM 28
Innovative Acceptance-Based Approaches to the Assessment, Conceptualization, and Treatment of Complex Medical and Mental Health Problems
Chairs: Maria Karekla, Linda Brown
Discussant: Shelley Johns

SYMPOSIUM 29
The Impact of Parental Depression on Child Behavior: Timing Effects, Mechanisms, and Moderators of Risk
Chairs: Jeremy Pettit, Daniel Bagner
Discussant: Constance Hammen

SYMPOSIUM 30
First Comes Love, Then Comes the Revolution: How Mobile Technology Is Changing the Way We Intervene
Chairs: Linda Dimeff, Shirreen Risvi
Discussant: Cecelia Spitznas

SYMPOSIUM 31
Gender as a Risk Factor: Examining the Impact of Gender-Related Risk Factors on Comorbid Affective Symptomptoms and Health Behaviors and Processes
Chair: Alison McLeish
Discussant: Judith Beck

SYMPOSIUM 32
Substance Use and Intimate Partner Violence: Risks, Expectancies, and Gender Symposiometry
Chair: Alan Rosenbaum
Discussant: Kathryn Bell

SYMPOSIUM 33
An Introduction to Behavioral Sleep Medicine
Chair: Robert Meyers
Discussants: Christina McCrae, Daniel Taylor, Michael Smith, Michael Perlis, Michael Perlis, Robert Meyers

SYMPOSIUM 34
Acceptance-Based Therapies for Anxiety Disorders and Obesity
Chair: Michelle Craske
Discussant: Steven Hayes

SYMPOSIUM 35
The Neural Mechanisms Underlying Emotion Regulation and Psychopathology: Bridging Cognitive Affective Neuroscience and Clinical Research
Chairs: Jessica Richards, Stacey Daughters
Discussant: Monique Ernst

SYMPOSIUM 36
Using and Quitting Marijuana: Implications for Advancing Treatment
Chair: Melissa Norberg
Discussant: Robert Stephens

SYMPOSIUM 37
New Directions in Research on Disgust in Specific Anxiety Disorders
Chair: Bunmi Olatunji
Discussant: Dean McKay

SYMPOSIUM 38
Treatments for Depression in Children and Adolescents: What are the Developmental Prerequisites for Skills Acquisition and Implementation?
Chair: Judy Garber
Discussant: Robin Weersing

SYMPOSIUM 39
New Directions in the Study of Attentional Biases to Threat in Anxious Youth and Adults
Chair: Kristy Benoit
Discussant: Richard McNally

SYMPOSIUM 40
Adaptations of DBT: Novel Modes of Delivery and New Populations Served
Chair: Andrew Ekblad
Discussant: Linda Dimeff

SYMPOSIUM 41
Treatment of Returning Service Members From Afghanistan and Iraq: Efforts to Enhance Treatment Delivery and Outcomes
Chair: Sonya Norman
Discussant: David Riggs

SYMPOSIUM 42
Individual Differences in Disgust and Risk for Anxiety Pathology
Chair: Jessica Bomyea
Chair: Nader Amir
Discussant: Jeffrey Lohr

SYMPOSIUM 43
From the Laboratory to the Therapy Room: National Dissemination and Implementation of Evidence-Based Psychotherapies in the Department of Veterans Affairs Health Care System
Chair: Bradley Karlin
Discussant: Antonette Zeiss

SYMPOSIUM 44
Sleep Across Axis I Disorders
Chair: Lisa Talbot
Discussant: Allison Harvey

SYMPOSIUM 45
New Directions in Brief Alcohol Interventions: Identifying Mechanisms of Change and Increasing Efficacy
Chair: James Murphy
Discussant: Clayton Neighbors

SYMPOSIUM 46
Self-Regulation Processes in Social Anxiety Disorder
Chair: Justin Weeks
Discussant: Stefan Hofmann

SYMPOSIUM 47
Evidence-Based Assessment in Research and Practice: What’s a Clinician to Do about Diagnostic Interviews?
Chair: Scott Anderson
Chair: Thomas Ollendick
Discussant: Peter Jensen

SYMPOSIUM 48
Exploring Emotional and Cognitive Mechanisms in Bipolar Disorder
Chair: June Gruber
Discussant: David Miklowitz
SYMPOSIUM 49
Teaching CBT for Psychosis Across Mental Health Disciplines
Chair: Eric Granholm
Discussant: Kim Mueser

SYMPOSIUM 50
Disseminating EBPs in a Statewide System of Care: Results of a 3-Year Trauma Focused CBT Learning Collaborative
Chairs: Robert Franks, Jan Markiewicz
Discussant: Jan Markiewicz

SYMPOSIUM 51
Expanding the Reach of CBT: Evaluating Alternative Delivery Methods Across Various Populations
Chair: Tiara Dillworth
Discussant: Linda Dimeff

SYMPOSIUM 52
A Component Analysis of DBT for Suicidal Women With Borderline Personality Disorder
Chair: Melanie Harned
Discussant: Steven Hollon

SYMPOSIUM 53
Trauma Exposure: Transdiagnostic Risk and Resilience Factors
Chairs: Erin Marshall, Anka Vujanovic
Discussant: Patricia Resick

SYMPOSIUM 54
Detection and Early Intervention of Child Anxiety Disorders: Exploring CBT Treatment Modalities
Chair: Christine Yu
Discussant: Lynn Miller

SYMPOSIUM 55
Recent Advances in Pediatric OCD Research
Chair: Nicole Caporino
Discussant: Dean McKay

SYMPOSIUM 56
Response Patterns in Eating Disorders: Measures, Monitoring, and Mechanisms
Chair: Diane Spangler
Discussant: Terence Wilson

SYMPOSIUM 57
Addressing Commonalities Across Mental Health Disorders With Transdiagnostic Treatments
Chair: Matthias Berking
Discussant: Robert Leahy

SYMPOSIUM 58
OCD Research Collaborative Association: Evaluating the Effectiveness of Residential and Intensive Outpatient Treatment Programs in Adolescents and Adults
Chair: Chad Wetternack
Discussant: Throstur Bjorgvinsson

SYMPOSIUM 59
Post-Event Processing in Social Phobia: Experimental and Clinical Treatment Studies
Chair: Neil Rector
Discussant: Lynn Alden

SYMPOSIUM 60
Going Beyond Self-Report to Understand the Anxiety Disorders
Chair: Thomas Rodebaugh
Discussant: Thomas Oltmanns

SYMPOSIUM 61
Sleep and Internalizing Disorders in Children and Adolescents
Chairs: Courtney Weiner, Donna Pincus
Discussant: Ron Dahl

SYMPOSIUM 62
Improving the Impact of Training: Strategies for Increasing Clinician Motivation to Learn and Use Empirically Supported Treatments
Chair: Linda Dimeff
Discussant: David Barlow

SYMPOSIUM 63
Exploring the Etiology and Correlates of Risky and Addictive Behavior
Chair: Bradley Conner
Discussant: Roisin O’Connor

SYMPOSIUM 64
Expanding the Treatment of Behavioral Problems: New Applications of ACT
Chairs: Amie Langer, Ethan Moitra
Discussant: Kelly Wilson

SYMPOSIUM 65
Integrating Cognitive and Genetic Models of Depression and Anxiety
Chairs: Christopher Beever, Brandon Gibb
Discussant: John McGeady

SYMPOSIUM 66
New Developments in Remote and Internet-Based Treatment
Chair: James Herbert
Discussant: Scott Coffey

SYMPOSIUM 67
Innovations in CBT for Adolescent Depression
Chair: Stephen Shirk
Discussant: Joel Sherrill

SYMPOSIUM 68
Understanding the Role of Couple Functioning in Depression
Chair: Mark Whisman
Discussant: Daniel O’Leary

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Registration

Preregister on-line at www.abct.org. Or, to pay by check, download the PDF registration form.

Participants are strongly urged to register by the preregistration deadline of Friday, October 15, 2010.

➤ Only those registrations received by midnight, Friday, October 1, will receive the program book by mail. All other registrants will receive their program book on-site.

➤ To receive discounted member registration fees, renew for 2011 before completing the registration process.

➤ The general registration fee entitles the registrant to attend all general events on November 19–21.

➤ Admission to the Clinical Intervention Training, AMASS, Institutes, Workshops, and Master Clinician Seminars is by ticket only. Preregistration is strongly advised as tickets are sold on a first-come, first-served basis.

For further registration information please consult the Convention page of the ABCT website: http://www.abct.org/conv2010

Hotel Information

Hilton San Francisco Union Square Hotel

➤ Go to http://www.abct.org/conv2010/, ABCT’s convention page, and click on HOTEL RESERVATIONS to reserve your room at the convention discounted rate of $189 single or $209 double occupancy.

➤ Remember to pack your bathing suit so that after a day of learning you can relax at the outdoor swimming pool, which is open nightly to 9:00 P.M. and will be open in November.

➤ There is also a complete Fitness Center, open daily from 5:00 a.m. to 10:00 P.M.

➤ You may want to check out Nourish by Spa Chakra, a luxurious option at the Hilton. Look on-line for the list of services and to reserve your appointment.