



44th

Annual Convention

San Francisco

*Unifying
Diverse
Disciplines
With a
Common
Thread*

Association for Behavioral and Cognitive Therapies

November 18–21, 2010 | Hilton San Francisco

 **ABCT**

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Welcome



John D. Otis, ABCT Program Chair

*VA Boston Healthcare System
and Boston University*

I would like to express my appreciation to ABCT President Dr. Frank Andrasik and the ABCT Board for giving me the opportunity to serve as the 2010 ABCT Program Chair.

The theme of the 44th annual meeting, “Cognitive Behavioral Therapy: Unifying Diverse Disciplines With a Common Thread,” is intended to emphasize the relevance of cognitive-behavioral theories across varied topics and disorders and across diverse health- and mental-health related professions and disciplines. While there are many specialties within the fields of physical and mental health, our shared understanding of the importance of applying evidence-based cognitive behavioral practices is a common thread that joins us together.

Clearly, this is a message that resonated strongly with ABCT members. We received over 1,965 submissions this year, many of which were in areas that had been underrepresented in the past. The ABCT program schedule is packed with diverse offerings in every time slot, so it is recommended that members use the ABCT Itinerary Planner—located on the ABCT website—to plan their daily schedule online and in advance of the conference so that they can take full advantage

of this year’s exciting and innovative presentations and addresses.

This year, our Invited Addresses include presentations by Drs. Edna Foa, Albert Bandura, James Prochaska, and Helen Mayberg (see p. iii for titles of invited addresses). In addition, the conference features new presentations in the areas of behavioral medicine/health psychology, severe mental illness, couples treatment, and presentations on the NIH Loan Repayment Program as well as on advice from experts on recent changes in the NIH grant application process.

What an incredible location for our 44th Annual Conference—San Francisco! We are excited to have the Hilton San Francisco Union Square as our conference site. The hotel is located in the heart of the city, within walking distance of many of San Francisco’s famous neighborhoods, such as Chinatown and Nob Hill, in addition to the cable cars, shopping, dining, theatre, and nightlife. The hotel even has a spa and an outdoor pool for between-presentation rejuvenation.

On behalf of Dr. Andrasik and the entire ABCT Board, we invite all members to make your travel arrangements now to join us for the 2010 San Francisco conference!

ABCT’s Online Convention Itinerary Planner

About the Itinerary Planner

The pages that follow provide an overview of the ticketed sessions and general sessions that will be part of the 2010 convention in San Francisco. In order to learn more details about the sessions, including full descriptions and times, skill levels, and learning goals, please utilize the Itinerary Planner.

The purpose of ABCT’s Itinerary Planner is to help you locate presenters, sessions, and topics quickly and easily. The Itinerary Planner is accessible on ABCT’s website at www.abct.org/conv2010. To view the entire convention program—including SIG meetings, poster sessions, invited addresses—you can *search* by session type, or you can *browse* by day. (Keep in mind, the ABCT convention program book will only be mailed to those who preregister by October 1. Programs will be distributed on-site to all other registrants.) After reviewing this special Convention 2010 insert, we hope you will turn to the online Itinerary Planner and begin to build your ultimate ABCT convention experience!



Search | Plan | Find



- ▶ *SEARCH* by topic, presenter, session type, day/time
- ▶ *BROWSE* by day and view the entire program in time/day order

www.abct.org/conv2010



Clinical Intervention Training

ticketed session

CLINICAL INTERVENTION TRAINING 1

Updates in Emotion Regulation and Crisis Survival Skills: Integrating DBT Skills Into Clinical Practice

Marsha M. Linehan and Kathryn E. Korsland,
University of Pennsylvania School of Medicine



Invited Addresses



PRESIDENTIAL ADDRESS

Behavioral Medicine: Expanding our Reach Frank Andrasik, *University of Memphis*

INVITED ADDRESS

On Alleviating Urgent Global Problems by Psychosocial Means Albert Bandura, *Stanford University*

INVITED ADDRESS

Disseminating Evidence-Based Treatments Within Systems and Across Countries: Lessons Learned From Prolonged Exposure Therapy for PTSD Edna B. Foa, *University of Pennsylvania*

INVITED ADDRESS

Paths to Recovery: Targeting Dysfunctional Limbic-Cortical Circuits in Depression Helen S. Mayberg, *Emory University School of Medicine*

INVITED ADDRESS

Alternative Strategies for Changing Multiple Behaviors James O. Prochaska, *University of Rhode Island*

“People who regard themselves as highly efficacious act, think, and feel differently from those who perceive themselves as inefficacious. They produce their own future, rather than simply foretell it.”

— Albert Bandura,
Social Foundations of Thought and Action (1986)



Workshops

ticketed sessions

ABCT's workshops provide participants with up-to-date integration of theoretical, empirical, and clinical knowledge about specific issues or themes.

Friday

WORKSHOP 1

Core Strategies in the Assessment and Treatment of Health Anxiety

Heather Hadjistavropoulos, *University of Regina*,
Patricia Furer and John Walker, *University of Manitoba*, and Theo Bouman, *University of Groningen*

WORKSHOP 2

Schematic Mismatch in the Therapeutic Relationship: Using Roadblocks as Opportunities for Change

Robert L. Leahy, *American Institute for Cognitive Therapy*

WORKSHOP 3

Group Treatment for SAD

Stefan G. Hofmann, *Boston University*

WORKSHOP 4

DBT and CBT for Emotion Dysregulation and Nonsuicidal Self-Injury in Adolescents

W. Edward Craighead, *Emory University School of Medicine* and *Emory University*, and Lorie A. Ritschel, *Emory University School of Medicine*

WORKSHOP 5

Natural Setting Therapeutic Management: A Multiple Model Approach to Maintain Individuals with Developmental Disabilities and Severe Behaviors in Community Settings

Michael R. Petronko, Russell J. Kormann, and Doreen DiDomenico, *Rutgers University*

WORKSHOP 6

Hands-on Training in CBT for Insomnia in Those With Anxiety Disorders, Depression, and Other Comorbid Conditions

Rachel Manber, *Stanford University Medical Center*, and Colleen E. Carney, *Ryerson University*

WORKSHOP 7

Comprehensive Behavioral Intervention for Tics

Douglas W. Woods, *University of Wisconsin-Milwaukee*, and Christine A. Conelea, *University of Wisconsin-Milwaukee* and *Brown University School of Medicine*

WORKSHOP 8

ACT in Practice: Case Conceptualization in Acceptance and Commitment Therapy

Daniel J. Moran, *Pickslyde Consulting*, and Patricia Bach, *Illinois Institute of Technology*

WORKSHOP 9

The Marriage Checkup: Using the Brief Checkup Model to Promote Marital Health and Prevent Relationship Deterioration

James V. Cordova, *Clark University*

WORKSHOP 10

Cognitive Behavioral Therapy for ADHD in Adults

Steven A. Safren, Susan Sprich, and Laura Knouse, *Harvard Medical School* and *Massachusetts General Hospital*

Saturday

WORKSHOP 11

Problem-Solving Therapy for Depression Among Medical Patient Populations

Arthur M. Nezu and Christine Maguth Nezu,
Drexel University

WORKSHOP 12

Advanced Workshop on Cognitive Processing Therapy

Patricia A. Resick, *VA National Center for PTSD, Women's Health Sciences Division, National Center for PTSD, and Boston University*

WORKSHOP 13

CBT for Couples Experiencing Economic Stress

Norman B. Epstein and Mariana K. Falconier,
Virginia Polytechnic Institute and State University

WORKSHOP 14

Assessment and Treatment of Bipolar Disorder in Children

Mary A. Fristad, *Ohio State University*, and Jill S. Goldberg Arnold, *Private Practice*

WORKSHOP 15

Acceptance-Based Behavioral Therapy for GAD and Comorbid Disorders

Susan M. Orsillo and Lizabeth Roemer, *University of Massachusetts, Boston*

WORKSHOP 16

Cognitive Behavioral Treatment for Depression in Primary Care Medicine

Barbara A. Golden and Bruce S. Zahn, *PCOM*

WORKSHOP 17

Individual and Family-Based CBT for Treatment of First-Episode Psychosis

Jennifer Gottlieb and Corinne Cather, *Massachusetts General Hospital and Harvard Medical School*, Shirley Glynn, *UCLA*, and Kim Mueser, *Dartmouth Medical School*

WORKSHOP 18

Concurrent Treatment for Alcohol Dependence and PTSD

Edna B. Foa and David A. Yusko, *University of Pennsylvania*

WORKSHOP 19

Selective Mutism in Children: Characteristics, Assessment, and Treatment

Christopher A. Kearney, Harpreet Kaur, and Rachel Schafer, *University of Nevada, Las Vegas*

WORKSHOP 20

CBT for OCD: A Symptom Dimension Approach

Jonathan S. Abramowitz, *University of North Carolina at Chapel Hill*

Sunday

WORKSHOP 21

Personal Finance Solutions for Busy Mental Health Professionals

Barbara A. Friedberg, *Lebanon Valley College*

WORKSHOP 22

The Art and Science of Mindfulness: Integrating Mindfulness in Psychology

Shauna L. Shapiro, *Santa Clara University*

WORKSHOP 23

Integrating Spirituality into CBT

Harold B. Robb, III, and David H. Rosmarin, *McLean Hospital/Harvard Medical School*

WORKSHOP 24

Individual Dialectical Behavior Therapy Treatment Strategies Applied to Eating Disorders

Lucene Wisniewski and Denise D. Ben-Porath, *John Carroll University*

WORKSHOP 25

Introduction to Motivational Interviewing

Daniel W. McNeil, *West Virginia University*

"... Because we accept the role of reducing needless suffering and enhancing joyful living, we are right to direct our consultants on how to attempt steps to secure these ends. We are right, even if doing so means changing their supernatural beliefs..."

—Hank Robb, 2001 ("Facilitating REBT by Including Religious Beliefs"
C&BP Vol 8, p. 33)



Master Clinician Seminars

ticketed sessions

These seminars involve the presentation of case material, session videotapes, and discussion to enable participants to further understand the application of cognitive and behavioral techniques.

Friday

MASTER CLINICIAN SEMINAR 1

Implementing Prolonged Exposure for PTSD: Optimizing Outcomes

Edna B. Foa, *University of Pennsylvania School of Medicine*

MASTER CLINICIAN SEMINAR 2

Behavioral Activation Principles in Practice in the Treatment of Depression

Christopher R. Martell, *Associates in Behavioral Health and University of Washington*

MASTER CLINICIAN SEMINAR 3

Problem-Solving Therapy (PST) to Enhance Resilience and Improve Psychological and Emotional Immunity

Christine Maguth Nezu and Arthur M. Nezu, *Drexel University*

MASTER CLINICIAN SEMINAR 4

Artistic Adherence: Maximizing “Flex” While Minimizing “Drift” in Conducting Competent Cognitive-Behavioral Therapies

Cory F. Newman, *University of Pennsylvania School of Medicine*

Saturday

MASTER CLINICIAN SEMINAR 5

Conducting Therapeutic Exposures With Anxious Adolescents: Practicalities, Pitfalls, and Ultimately, Progress

Anne Marie Albano and Sandra Pimentel, *Columbia University and New York State Psychiatric Institute*

MASTER CLINICIAN SEMINAR 6

What to Do When You Don’t Know What to Do: Practical Guidelines for Keeping CBT With Youth Fresh

Robert D. Friedberg, *Pennsylvania Psychiatric Institute and Penn State Milton Hershey Medical Center*

MASTER CLINICIAN SEMINAR 7

Beginning and Ending Psychotherapy: Mindful, Ethical Practice in an Era of Manuals and Managed Care

Denise D. Davis, *Vanderbilt University and Independent Practice*

MASTER CLINICIAN SEMINAR 8

Exposure Therapy for Anxiety Disorders

Michelle G. Craske, *UCLA*



AMASS

ticketed sessions

Advanced Methodology and Statistics Seminars (AMASS) are for applied researchers, presented by renowned research scientists

Thursday

AMASS 1

Applied Structural Equation Modeling

James M. Henson, *Old Dominion University*

AMASS 2

Applied Longitudinal Data Analysis with HLM

David C. Atkins, *University of Washington*



Institutes

ticketed sessions

Designed for clinical practitioners,
discussions and display of specific
intervention techniques.

Thursday

INSTITUTE 1

Incorporating Motivational Interviewing and Cognitive Behavioral Techniques in Group and Individual Therapy

Linda C. Sobell, *Nova Southeastern University*

INSTITUTE 2

Cognitive Processing Therapy Basics: The How's and Why's of Implementing PTSD Treatment in Clinical Practice

Debra Kaysen, *University of Washington*, and Tara Galovski, *University of Missouri-St. Louis*

INSTITUTE 3

Cognitive-Behavioral Case Formulation and Progress Monitoring

Jacqueline B. Persons, *San Francisco Bay Area Center for Cognitive Therapy* and *UC-Berkeley*

INSTITUTE 4

Collaborative Case Conceptualization: Incorporate Strengths to Build Resilience

Christine A. Padesky and Kathleen A. Mooney, *Center for Cognitive Therapy*

INSTITUTE 5

Enhancing Treatment Outcome for OCD

David Yusko, Monica T. Williams, and Edna Foa, *University of Pennsylvania*

INSTITUTE 6

Functional Analytic Psychotherapy: Maximizing Therapeutic Impact by Using the Client-Therapist Relationship

Mavis Tsai, *Independent Practice* and *University of Washington*, and Robert J. Kohlenberg, *University of Washington*

INSTITUTE 7

Using ACT Principles and Strategies in the Treatment of Substance Use Disorders

Angela L. Stotts, *University of Texas–Houston Medical School*, William D. Norwood, *University of Houston, Clear Lake*, and Akihiko Masuda, *Georgia State University*

INSTITUTE 8

Using the Case Formulation Approach to Guide Treatment of Complicated PTSD in Clinical Practice

Claudia Zayfert, *Dartmouth Medical School*, Jason DeViva, *Connecticut VA Health System*, and Carolyn B. Becker, *Trinity University*

“...Clinical improvements, healing, or psychotherapeutic change, all of which are acts of the client, also involve contingencies of reinforcement that occur in the relationship between client and therapist...”

—Kohlenberg & Tsai, 2000

(“Radical Behavioral Help for Katrina” *C&BP* Vol. 7, p. 500)



General Sessions



Clinical Round Tables and **Panel Discussions** feature discussion by experts on a current important topic. **Membership Panel Discussions** emphasize training or career development. **Symposia** are presentation of data, usually investigating efficacy of treatment protocol or particular research.

Clinical Round Tables

CLINICAL ROUND TABLE 1

Managing Treatment-Resistant OCD Spectrum Conditions in Adults and Children

Panelists: Jonathan Abramowitz, Gail Steketee, Bradley Riemann, C. Alec Pollard, Randy Frost, Martin Franklin
Chair: Cheryl Carmin

CLINICAL ROUND TABLE 2

Can We Get an Encore, Do You Want More (Lessons Learned From Treatment Failures)?

Panelists: David Barlow, Dennis Greenberger, Michelle Craske
Chair: Simon Rego

CLINICAL ROUND TABLE 3

Therapist Self-Disclosure: Collective Wisdom

Panelists: Linda Filetti, Rosemary Mennuti, Stephanie Mattei
Chair: Andrea Bloomgarden

CLINICAL ROUND TABLE 4

Transdisciplinary Training for Evidence-Based Behavioral Practice: Best Practices From Psychology, Medicine, and Practice Networks

Panelists: Beverly Lehr, Jason Satterfield, Lynn Martin
Chair: Bonnie Spring

CLINICAL ROUND TABLE 5

Testing Case Formulation Hypotheses in Clinical Practice

Panelists: Victoria Beckner, Michael Tompkins, Janie Hong
Chair: Jacqueline Persons

CLINICAL ROUND TABLE 6

Barriers to Engaging Couples in Therapy for Relationship Problems

Panelists: Donald Baucom, Mark Whisman, Barbara McCrady, Kristina Gordon
Chair: Norman Epstein

CLINICAL ROUND TABLE 7

Novel Approaches to Changing Beliefs in CBT

Panelists: Robert Friedberg, Donna Sudak
Chair: Irismar de-Oliveira

CLINICAL ROUND TABLE 8

Treatment of OCD During the CBT Renaissance

Panelists: Jonathan Abramowitz, Michael Twohig, Jeff Szymanski, Denise Moquin, Jason Elias
Chairs: Jason Elias, Nate Gruner

CLINICAL ROUND TABLE 9

Expanding Evidence-Based Psychological Services: From Traditional Therapy to Self-Help Books to Internet Interventions

Panelists: William Miller, Ricardo Muñoz
Chair: Andrew Christensen

CLINICAL ROUND TABLE 10

Social Coping and Autism Spectrum Disorders: The Power Combination of Psychology and Speech Language Interventions

Panelists: Valerie Gaus, Samara Pulver Tetenbaum, Stacey Kanin
Chair: Shana Nichols

CLINICAL ROUND TABLE 11

Providing CBT Behavioral Sleep Medicine in Primary Care Settings: Relevance to Clinical Necessity

Panelists: Anne Bartolucci, Shannon Sullivan, Kathy Sexton-Radek, Jason Ong, Christina Nash, Brett Kuhn, Jacqueline Kloss, Shelby Freedman Harris • *Chair:* Rachel Manber

CLINICAL ROUND TABLE 12

Empirically Based CBT Supervision: Making Supervision More Effective

Panelists: Derek Milne, Donna Sudak, Leslie Sokol
Chair: Robert Reiser

CLINICAL ROUND TABLE 13

Broadening Our Conceptualizations and Clinical Approaches for the Treatment of Chronic Anorexia Nervosa

Panelists: Anita Federici, Jennifer Wildes, Thomas Lynch
Chair: Lucene Wisniewski

Membership Panels

MEMBER PANEL DISCUSSION 1

What Professionals Look for When They Hire New Employees

Presenter: Hilary Vidair

MEMBER PANEL DISCUSSION 2

What Every Student and Young Professional Needs to Know About Loan Repayment Programs Offered Through the National Institutes of Health

Presenter: Todd Smitherman

Panel Discussions

PANEL DISCUSSION 1

The Burgeoning Science of Integrating Spirituality Into CBT

Panelists: Doug Oman, Melinda Stanley, Diane Spangler, David Rosmarin

Chairs: Hank Robb, David Rosmarin
Fugen Neziroglu

Chair: Jonathan Hoffman

PANEL DISCUSSION 2

Using Technology in CBT Treatment of OCD

Panelists: E. Katia Moritz, Eric Storch, Fugen Neziroglu

Chair: Jonathan Hoffman

PANEL DISCUSSION 3

Enhancing Dissemination of Treatments Through Evidence-Based Training

Panelists: Shawn Cahill, Mark Whisman, Michael Otto, Marsha Linehan, Michael Kozak, Jonathan Kanter, Greg Hajcak, Cheryl Carmin
Chair: Douglas Woods

PANEL DISCUSSION 4

Implementing and Studying CBT Across Disciplines: Practical and Methodological Considerations

Panelists: Katherine Comtois, Amy Naugle, Sara Landes, David Kolko, Matthew Jameson, Matthew Jameson, Matthew Jameson, Suzanne Decker
Chair: Shannon Wiltsey Stirman

PANEL DISCUSSION 5

Trauma-Informed Services in the Treatment of Serious Mental Illness: Current Knowledge, Complications, and Future Directions

Panelists: Amanda Collins, Sophia Vinogradov, Kim Mueser, Maria Monroe-DeVita
Chairs: Melissa Tarasenko, Ashley Wynne

PANEL DISCUSSION 6

Dissemination of Empirically Supported Treatments to Rural and Underserved Populations

Panelists: Tami DeCoteau, Thresa Yancey, Jacob Warren, Bryant Smalley
Chair: Thresa Yancey

PANEL DISCUSSION 7

Getting Published as a Student and Early Career Psychologist

Panelists: Joaquin Borrego, Erin Poindexter, David Pantalone, Holly Morrell, Shannon Couture
Chair: Joy Pemberton

PANEL DISCUSSION 8

Engaging Service Providers in Dissemination and Implementation: Effective Strategies Across Disciplines and Settings

Panelists: Kimberly Becker, Bradley Steinfeld, Amy Herschell, Rinad Beidas
Chair: Suzanne Decker

PANEL DISCUSSION 9

The Elusive Search: Finding Work-Life Balance Across Stages of Life and Stages of Career

Panelists: Elissa J. Brown, Alison McLeish, Amy House, Amie Grills-Taquechel
Chair: Bethany Teachman

PANEL DISCUSSION 10

The Contribution of Mindfulness to Psychotherapy

Panelists: Philippe Goldin, Kevin Ochsner, Alan Marlatt, Marsha Linehan, Hedy Kober
Chairs: Eunice Chen, Karla Fettich

PANEL DISCUSSION 11

Measuring Treatment Integrity in Clinic- and School-Based Treatments for Children

Panelists: Marc Atkins, Michael Southam-Gerow, Sonja Schoenwald, Julie Owens, Stacy Frazier, Steven Evans
Chair: Yuko Watabe

PANEL DISCUSSION 12

How to Develop and Sustain a Child and Adolescent Mood Program in a Medical School Setting

Panelists: Kiki Chang, Lorie Ritschel, David Miklowitz, John Curry
Chair: W. Edward Craighead

PANEL DISCUSSION 13

Leading the Way toward LGBT-Affirmative CBT: Clinician, Supervisor, and Trainee Perspectives

Panelists: Gina Cortesi, Jillian Shipherd, Christopher Martell, Trevor Hart
Chairs: Rebecca Cameron, Sarah Hayes-Skelton

PANEL DISCUSSION 14

Beyond Therapy: Brief Interventions for Couples and Families

Panelists: James Cordova, Lisa Uebelacker, Scott Stanley, Ronald Rogge
Chair: Caroline Eubanks

PANEL DISCUSSION 15

What Might Be the Mechanisms of Change within CBT for Social Anxiety?

Panelists: Richard Heimberg, Jasper Smits, Stefan Hofmann, James Herbert
Chairs: Timothy Emge, Debra Hope

PANEL DISCUSSION 16

Incorporating Cultural Factors Into Empirically Supported Treatments: Research and Clinical Considerations

Panelists: Joyce Chu, Nolan Zane, Gordon Nagayama Hall
Chairs: Janie Hong, Jin Kim

PANEL DISCUSSION 17

Defining, Assessing, and Fostering Therapist Competence

Panelists: Christopher Martell, Christine Nezu, Cory Newman
Chair: Arthur Nezu

PANEL DISCUSSION 18

What New Tricks Do Old (and New) Dogs Need to Know?: A Panel Discussion on the Recent Grant Application-Related Changes at the NIH

Panelists: Michael Kozak, Tracy Waldeck, Paul Stasiewicz, Stephen Maisto, Carl Lejuez
Chairs: Scott Coffey, Michael Twohig

PANEL DISCUSSION 19

Interventions to Reduce Alcohol-related Risks Among College Students: Where Do We Go From Here?

Panelists: Kate Carey, Clayton Neighbors, James Murphy, Mary Larimer
Chair: Matthew Martens

PANEL DISCUSSION 20

Needed: A Two-Way Bridge Between Research and Practice

Panelists: Steven Hollon, Linda Sobell, Michelle Newman, David Klonsky
Chair: Marvin Goldfried

PANEL DISCUSSION 21

Training in Evidence-Based Practice

Panelists: Judith Beck, Rachel Hershenberg, Deborah Drabick
Chair: Joanne Davila

PANEL DISCUSSION 22

Preparing for Research Careers in Canada

Panelists: Kathleen Corcoran, Sheila Woody, Anne Wagner, Sherry Stewart, Andrew Ekblad, Keith Dobson
Chair: Trevor Hart

Symposia

SYMPOSIUM 1

Stress Processes in Depression
Chairs: Josephine Shih and Randy Auerbach
Discussant: Constance Hammen

SYMPOSIUM 2

Social Anxiety and Interpersonal Functioning: A Closer Look at Friendships and Romantic Relationships
Chair: Katya Fernandez
Discussant: J. Beck

SYMPOSIUM 3

The Role of Anxiety Sensitivity in Chronic Health Conditions
Chair: Alison McLeish
Discussant: Michael Zvolensky

SYMPOSIUM 4

The Treatment of Anxiety Among Older Adults
Chair: Amber Paukert
Discussant: Patricia Arean

SYMPOSIUM 5

Pushing the Envelope in ADHD Treatment: Testing Promising Psychosocial Interventions for Organizational Skills and Social Behavior
Chair: Richard Gallagher

SYMPOSIUM 6

Borderline Personality Disorder and the Effects of Emotion Vulnerability in the Laboratory: From Basic Science to Clinical Practice
Chairs: Thomas Lynch, Katherine Dixon-Gordon
Discussant: Scott Coffey

SYMPOSIUM 7

Using the Internet for Smoking Cessation: A Fully Automated Spanish/English Smoking Cessation Website
Chairs: Ricardo Muñoz, Yan Leykin
Discussant: Jodi Prochaska

SYMPOSIUM 8

Extending Evidence-Based Assessment and Interventions to Military Couples and Families
Chair: Douglas Snyder
Discussant: Donald Baucom

SYMPOSIUM 9

Conceptualizing, Developing, and Testing a Transdiagnostic Approach: The View From the Unified Protocol
Chair: Kristen Ellard
Discussant: David Barlow

SYMPOSIUM 10

New Directions and Reflections in the Conceptualization of Readiness to Change
Chairs: Clayton Neighbors, Susan Collins
Discussant: Kate Carey

SYMPOSIUM 11

Cognitive Mediators of Distress, Impairment, and Outcome in Depression
Chair: Michael Young
Discussant: Robert DeRubeis

SYMPOSIUM 12

From University to Community Settings: Training Community Mental Health Practitioners in Evidence-Based Practice
Chairs: Amy Herschell, Amanda Costello
Discussant: Kimberly Hoagwood

SYMPOSIUM 13

Personalizing Patient Care: Data from Two Large-Scale PTSD Effectiveness Trials
Chair: Norah Feeny
Discussant: Daniel Weiss

SYMPOSIUM 14

Getting Unstuck: Alternatives to Ruminative Self-Focus
Chairs: Blair Wisco, Lori Hilt
Discussant: David M. Fresco

SYMPOSIUM 15

Using Technology to Develop and Adapt CBT Interventions: Challenges and Potential
Chairs: Ricardo Muñoz, Alinne Barrera
Discussant: Ken Weingardt

SYMPOSIUM 16

Examining the Impact of Therapists' Use of Evidence-based Therapeutic Strategies in Usual Care Youth Psychotherapy
Chair: Ann Garland
Discussant: Bruce Chorpita

SYMPOSIUM 17

HIV and Depression: A Multidisciplinary Approach to HIV Prevention and Care
Chair: Angela Wendorf
Discussant: Conall O'Cleirigh

SYMPOSIUM 18

An Innovative Application of Evidence-Based Practices to Unite Cognitive Behavioral Therapists and Teachers: Teacher-Child Interaction Training
Chairs: Christopher Campbell, David Hansen
Discussant: Sheila Eyberg

SYMPOSIUM 19

Cognitive Behavioral Assessment and Treatment of Criminal Justice Populations: Implications for Cross-Discipline Dissemination and Collaboration
Chair: Zella Moore
Discussant: Christopher Eckhardt

SYMPOSIUM 20

Modifications of CBT for a Diverse Spectrum of Older Adults with Comorbid Conditions
Chairs: Patricia Haynes, Jennifer Martin
Discussant: Richard Bootzin

SYMPOSIUM 21

Neuroeconomics and Psychopathology: Implications for Treatment
Chair: Carla Sharp
Discussant: Amy Roy

SYMPOSIUM 22

The Mindful Brain
Chairs: Hedy Kober, Judson Brewer

SYMPOSIUM 23

Recent Advances in the Treatment of Social Phobia
Chair: Meredith Coles

SYMPOSIUM 24

Experimental Manipulations of Emotion Regulation Strategies Across The Diagnostic Spectrum
Chairs: Amelia Aldao, Katherine Dixon-Gordon
Discussant: M. Zachary Rosenthal

SYMPOSIUM 25

**Sexual Health and Functioning:
Using Data to Inform CBT**

Chair: Ty Lostutter

Discussant: David Atkins

SYMPOSIUM 26

**Expanding the Use of Prolonged
Exposure Therapy for PTSD to
Diverse Patient Populations and
Clinical Settings**

Chair: Melanie Harned

Discussant: Elizabeth Hembree

SYMPOSIUM 27

**OCD in Youth and Its
Comorbidities: Implications for
Treatment**

Chairs: Kristin Canavera,
Thomas Ollendick

Discussant: John Piacentini

SYMPOSIUM 28

**Innovative Acceptance-Based
Approaches to the Assessment,
Conceptualization, and Treatment of
Complex Medical and Mental Health
Problems**

Chairs: Maria Karekla, Linda Brown

Discussant: Shelley Johns

SYMPOSIUM 29

**The Impact of Parental Depression
on Child Behavior: Timing Effects,
Mechanisms, and Moderators of Risk**

Chairs: Jeremy Pettit, Daniel Bagner

Discussant: Constance Hammen

SYMPOSIUM 30

**First Comes Love, Then Comes the
Revolution: How Mobile Technology
Is Changing the Way We Intervene**

Chairs: Linda Dimeff, Shireen Rizvi

Discussant: Cecelia Spitznas

SYMPOSIUM 31

**Gender as a Risk Factor: Examining
the Impact of Gender-Related Risk
Factors on Comorbid Affective
Symptoms and Health
Behaviors and Processes**

Chair: Alison McLeish

Discussant: Judith Beck

SYMPOSIUM 32

**Substance Use and Intimate
Partner Violence: Risks,
Expectancies, and Gender
Symposiummetry**

Chair: Alan Rosenbaum

Discussant: Kathryn Bell

SYMPOSIUM 33

**An Introduction to Behavioral Sleep
Medicine**

Chair: Robert Meyers

Discussants: Christina McCrae, Daniel
Taylor, Michael Smith, Michael Perlis,
Michael Perlis, Robert Meyers

SYMPOSIUM 34

**Acceptance-Based Therapies for
Anxiety Disorders and Obesity**

Chair: Michelle Craske

Discussant: Steven Hayes

SYMPOSIUM 35

**The Neural Mechanisms Underlying
Emotion Regulation and
Psychopathology: Bridging
Cognitive Affective Neuroscience
and Clinical Research**

Chairs: Jessica Richards,
Stacey Daughters

Discussant: Monique Ernst

SYMPOSIUM 36

**Using and Quitting Marijuana:
Implications for Advancing
Treatment**

Chair: Melissa Norberg

Discussant: Robert Stephens

SYMPOSIUM 37

**New Directions in Research on
Disgust in Specific Anxiety
Disorders**

Chair: Bunmi Olatunji

Discussant: Dean McKay

SYMPOSIUM 38

**Treatments for Depression in
Children and Adolescents: What are
the Developmental Prerequisites for
Skills Acquisition and
Implementation?**

Chair: Judy Garber

Discussant: Robin Weersing

SYMPOSIUM 39

**New Directions in the Study of
Attentional Biases to Threat in
Anxious Youth and Adults**

Chair: Kristy Benoit

Discussant: Richard McNally

SYMPOSIUM 40

**Adaptations of DBT: Novel Modes
of Delivery and New
Populations Served**

Chair: Andrew Ekblad

Discussant: Linda Dimeff

SYMPOSIUM 41

**Treatment of Returning Service
Members From Afghanistan and
Iraq: Efforts to Enhance Treatment
Delivery and Outcomes**

Chair: Sonya Norman

Discussant: David Riggs

SYMPOSIUM 42

**Individual Differences in Disgust
and Risk for Anxiety Pathology**

Chair: Jessica Bomyea

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Discussant: Jeffrey Lohr

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Registration



Preregister on-line at www.abct.org. Or, to pay by check, download the PDF registration form.

Participants are strongly urged to register by the preregistration deadline of Friday, October 15, 2010.

- ➔ Only those registrations received by midnight, Friday, October 1, will receive the program book by mail. All other registrants will receive their program book on-site.
- ➔ To receive discounted member registration fees, renew for 2011 before completing the registration process.
- ➔ The general registration fee entitles the registrant to attend all general events on November 19–21.
- ➔ Admission to the Clinical Intervention Training, AMASS, Institutes, Workshops, and Master Clinician Seminars is by ticket only. Preregistration is strongly advised as tickets are sold on a first-come, first-served basis.

For further registration information please consult the Convention page of the ABCT website: <http://www.abct.org/conv2010>



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- ➔ Go to <http://www.abct.org/conv2010/>, ABCT's convention page, and click on HOTEL RESERVATIONS to reserve your room at the convention discounted rate of \$189 single or \$209 double occupancy.
- ➔ Remember to pack your bathing suit so that after a day of learning you can relax at the outdoor swimming pool, which is open nightly to 9:00 P.M. and will be open in November.
- ➔ There is also a complete Fitness Center, open daily from 5:00 a.m. to 10:00 P.M.
- ➔ You may want to check out Nourish by Spa Chakra, a luxurious option at the Hilton. Look on-line for the list of services and to reserve your appointment.